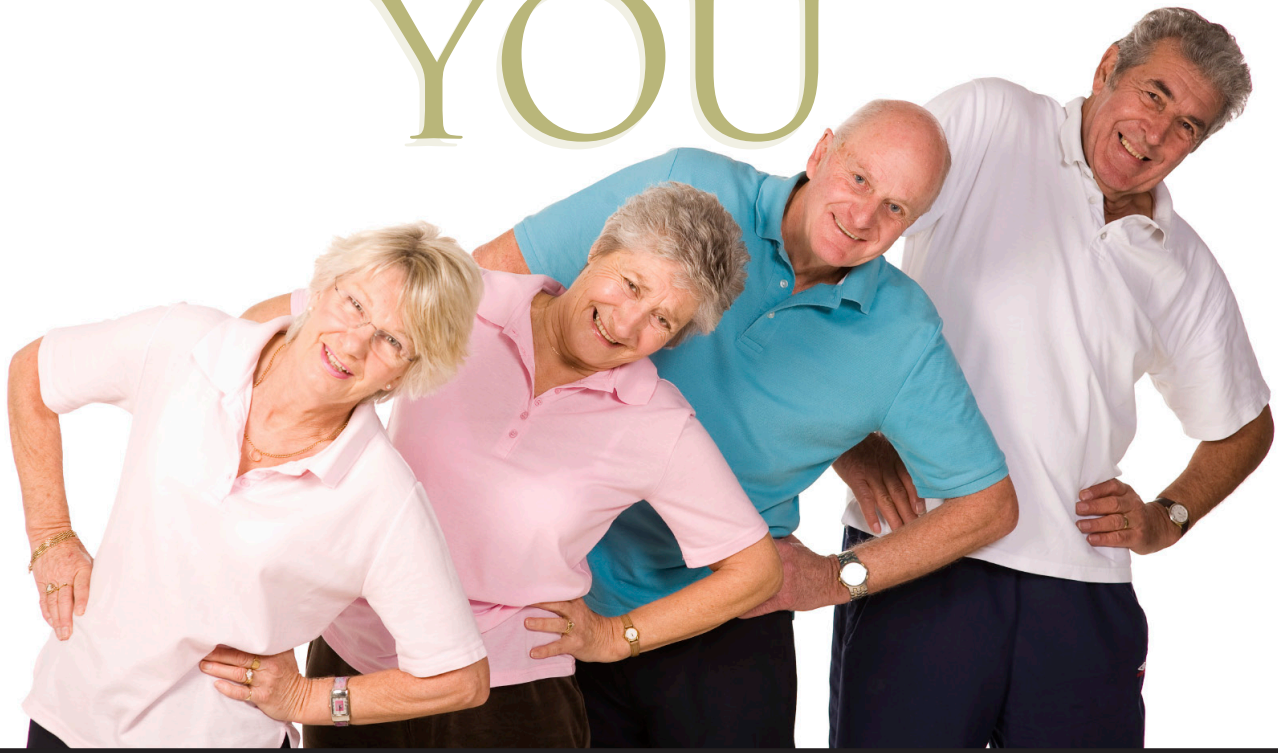
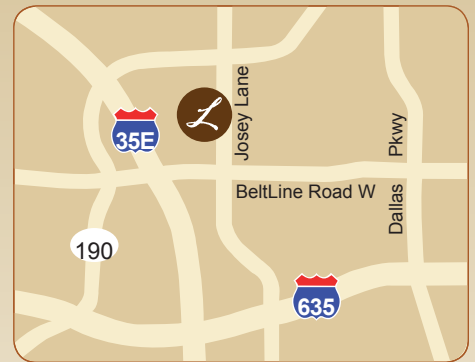


# A HEALTHIER YOU



Resolve to be a healthier you and get started at our health fair! Lakeview and area health providers are joining together to provide you help in managing all your health needs this year. Whether you need to speak to a chiropractor, a pharmacist, an optometrist, a nutritionist or a geriatric care manager, we'll have you covered. Testing will begin on January 20th and will include: hearing, blood pressure, glucose, medication interaction, bone density analysis and eyeglass cleaning... so don't miss out on this event!



The first 25 RSVPs will receive a choice of a free personal training session or a cookbook of healthy meal options for everyday living.

**JANUARY 20, 2011 • 9AM - 3PM**  
Call 972.466.4433 to RSVP

screenings-sponsored by:  
 **BAYLOR**  
Medical Center  
at Carrollton

Blood Pressure  
Body Fat Analysis  
Body Mass Index (BMI)  
Heel Bone Density  
Lipid Panel\* (Cholesterol,  
HDL, LDL, Triglyceride)  
and Glucose



**LAKEVIEW**  
AT JOSEY RANCH  
RETIREMENT REDEFINED

2105 NORTH JOSEY LANE  
CARROLLTON, TEXAS 75006

[WWW.LAKEVIEWATJOSEYRANCH.COM](http://WWW.LAKEVIEWATJOSEYRANCH.COM)

A Legend Retirement Corporation Community. 

\*For a more accurate reading, do not eat or drink anything after midnight before the screening. You may take your regular medications as directed.