

LEISURE

CONNECTION

JANUARY-APRIL 2024



Register for Classes and Events Now!



753



FREE



SAT. MARCH 2 • 3-9PM
DOWNTOWN CARROLLTON
SEE PAGE 22 FOR MORE INFORMATION





From the Parks & Recreation Director ...

Welcome to the City of Carrollton's guide to family fun! *Leisure Connections* lists all the activities, classes, events, recreation, and good times to be found within this great City of ours. Spring into fun this season at one of the City's many events, such as TEXFest, the Special Needs Bash, and the Earth Day Celebration at the Josey Ranch Lake Pocket Prairie. The Parks & Recreation Department is continuously seeking new and better ways to engage the community with rewarding experiences. Carrollton provides many opportunities to stay fit this winter and spring, so let 2024 be the year to keep those resolutions. Outdoor and indoor programming provides residents the opportunity to stay healthy, regardless of their fitness level and preference for exercise. Make sure to register for the Carrollton "Tails & Trails" 5K Run and 1-Mile Fun Run/Walk, and bring your dog along for the run. All proceeds from the race directly benefit the animals in the Carrollton Animal Services & Adoption Center. We love our trails, and we know you will, too. Check out the new Sounds on the Square music series as well.

Scott Whitaker, Carrollton Parks & Recreation Director

On the cover ...

Join dog lovers and outdoor enthusiasts on Saturday, April 27 in celebrating the Carrollton "Tails & Trails" 5K and 1-Mile Fun Run/Walk event benefiting the animals in the Carrollton Animal Services & Adoption Center. So, grab your friends, family, and four-legged running buddies. The 5K race starts at 8am along Carrollton's scenic Blue Trail. Did we say fast? This course consists of concrete trails, downhill adventures, and a beautiful snapshot of Carrollton's hike and bike trails system. The 1-Mile Walk/Run begins at 8:30am and affords similar scenic pathways and downhill adventures. For more information, see page 26.



Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 20.

Non-resident registration begins December 4. Classes begin January 2.

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Facilities

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HOURS AND FEES ARE
SUBJECT TO CHANGE

Facility Listings

CHECK WEBSITE FOR MODIFIED
HOURS AND CURRENT PRICING



A.W. PERRY HOMESTEAD MUSEUM (AWP) (PAGE 8)

1509 N. Perry Road
972-466-6380
cityofcarrollton.com/museum
facebook.com/PerryHomesteadMuseum

Hours: Tu-Th/Sa 11am-1pm

For more information or group tour
reservations, call or visit online.
Free admission.



CARROLLTON SENIOR CENTER (SRC) (PAGE 9)

1720 Keller Springs Road
972-466-4850
cityofcarrollton.com/seniorcenter

Hours: M/W/F 7am-5pm
Tu 7am-7:30pm
Th 7am-9:30pm
Sa 9am-1pm
Su Closed

Amenities: Three 9' Billiard Tables
Big Screen TV • Fitness Cardio/Strength Room
Aerobics • Wii Games • Arts & Crafts Room
Piano & Music Room • Stage • Dance Floor
Variety of Table Games, Puzzles, & Books
Large Day Room Area with Tables & Chairs
Free Wi-Fi

Holiday Hours:
Open 1/1 & 1/15
10am-4pm

Outdoor Amenities: Pond with Walking Track
Outdoor Patio • Half Basketball Court • Cornhole



CROSBY RECREATION CENTER (CRC)

1610 E. Crosby Road
972-466-9810
cityofcarrollton.com/crosby

Hours: M-F 6am-9pm
Sa 9am-6pm
Su Closed

Amenities: Gymnasium • Weight/Cardio
Room • Functional Fitness Gym • Esports
Center • Game Room/Snack Area
Public Computers • Video Games
Ping-Pong • Two Pool Tables • Board Games
Locker Rooms w/Showers • Pickleball
Free Wi-Fi

Holiday Hours:
Open 1/1 & 1/15
10am-4pm

Outdoor Amenities: Public Playground



PARKS & RECREATION ADMINISTRATION

1610 E. Crosby Road
972-466-3080
cityofcarrollton.com/parksandrec

Hours: M-F 6am-5:30pm
Sa 9am-6pm
Su Closed

Event Hotline: 972-466-9135

Holiday Hours:
Closed 1/1 & 1/15



ELM FORK NATURE CENTER (EFNC)

2335 Sandy Lake Road
(located within McInnish Sports Complex)

Hours: March-April
Th 1-5pm

Additional Hours:
Open Sa, 2/10 12-2pm
Tu, 3/12 10am-1pm
Th, 3/14 1-5pm
Sa, 4/13 12-2pm



INDIAN CREEK GOLF CLUB (PAGE 36)

1650 W. Frankford Road
972-466-9850
indiancreekgolfclub.com
facebook.com/indiancreekgolfclub
instagram.com/indiancreekgolfclub_dfw
twitter.com/IndianCreek_gc

Hours: M-Su Sunrise to
Sunset



LIBRARY AT HEBRON & JOSEY (H&J) (PAGE 14)

4220 N. Josey Lane
(at Hebron Parkway)
972-466-4800
cityofcarrollton.com/library
facebook.com/carrolltonpubliclibrary
instagram.com/carrolltonxlib
twitter.com/CarrolltonTxLib
youtube.com/cityofcarrolltonx

Hours: Su 1-5pm
M 10am-8pm
Tu 10am-8pm
W 10am-8pm
Th 10am-8pm
F Closed
Sa 10am-5pm
Closed: 1/1, 1/15, & 3/31



LIBRARY AT JOSEY RANCH LAKE (JRL) (PAGE 14)

1700 Keller Springs Road
(west of Josey Lane)
972-466-4800
cityofcarrollton.com/library
facebook.com/carrolltonpubliclibrary
instagram.com/carrolltonxlib
twitter.com/CarrolltonTxLib
youtube.com/cityofcarrolltonx

Hours: Su 1-5pm
M 10am-8pm
Tu 10am-8pm
W 10am-8pm
Th Closed
F 10am-5pm
Sa 10am-5pm
Closed: 1/1, 1/15, & 3/31



OAK CREEK TENNIS CENTER (OCTC) (PAGE 42)

2531 Oak Creek Drive
972-466-6389
oakcreektenniscenter.com
Players should call 972-466-6389 (option 1) for the status of programs.

Winter Hours

End February 18
M-Th 9:30am-10pm
F 9am-8pm
Sa 8:30am-6pm
Sun 10am-7pm

Spring Hours

Begin February 19
M-Th 8:30am-10pm
F 8:30am-8pm
Sa 8:30am-6pm
Sun 10am-7pm

Holiday Hours: Closed 1/1 & 3/31

Courts may be closed due to inclement weather and/or lack of court demand.



ROSEMEADE RECREATION CENTER (RRC)

1330 E. Rosemeade Parkway
972-466-9800
cityofcarrollton.com/rosemeade

Amenities: Two Gymnasiums
Weight Room • Cardio Room • Spin
Room • Four Racquetball Courts Game
Room/Snack Area • Dance/Fitness
Studio • Locker Rooms w/Showers •
Video Games • Pool Table Ping-Pong •
Board Games • Pickleball • Free Wi-Fi

Hours: M-F 5:30am-9pm
Sa 9am-6pm
Su Noon-6pm

Holiday Hours:
Open 1/1 & 1/15
10am-4pm
Closed 3/31

Outdoor Amenities: Public Playground

FEES ARE
SUBJECT TO CHANGE

Membership

CHECK WEBSITE FOR
CURRENT PRICING



MEMBERSHIP FEES

| | Annual Resident/ Non-resident | 3-month Resident/ Non-resident |
|--|----------------------------------|-----------------------------------|
|--|----------------------------------|-----------------------------------|

Memberships are also valid at the Carrollton Senior Center for members age 50+.

| | | |
|-------------------|-------------|------------|
| Senior 65+ | \$45/\$70 | \$25/\$35 |
| Adult 16-64 | \$115/\$165 | \$50/\$65 |
| Youth 9-15 | \$40/\$65 | \$20/\$30 |
| Family/Group* | \$200/\$285 | \$75/\$105 |
| Additional Member | \$20/\$25 | \$10/\$15 |

1 Month Membership \$20 Resident/\$25 Non-resident

Replacement Card \$5

*Includes four members. **All members must reside at the same address.**

Active military members on leave can use any center for \$5 for the duration of their leave. Military leave orders must be shown.

Senior Center: ONLY valid at the Carrollton Senior Center.

| | | |
|--------------|--------------------------|----------|
| Senior 50-59 | \$25/\$40 | \$9/\$15 |
| Senior 60-69 | \$15/\$30 | \$6/\$11 |
| Senior 70+ | \$10/\$25 (lifetime fee) | |

Replacement Card \$5

Library: Library Cards are valid at both library locations. Visit cityofcarrollton.com/library for more information.

| | Resident | Non-resident |
|--|----------|--------------|
| | \$0 | \$40* |

Replacement Card \$1*

*Fees are non-refundable.

DAILY PASSES

| | Resident | Non-resident |
|--|----------|--------------|
|--|----------|--------------|

Rosemeade and Crosby Recreation Centers

| | | |
|-------------|-----|------|
| Senior 65+ | \$5 | \$8 |
| Adult 16-64 | \$7 | \$10 |
| Youth 9-15 | \$5 | \$8 |

Senior Center

| | | |
|------------|-----|-----|
| Senior 50+ | \$2 | \$5 |
|------------|-----|-----|

Memberships and daily fees are subject to change in accordance with the most recent Municipal fee ordinance. Visit cityofcarrollton.com for the most up to date fees.

ACCESSIBILITY ACCOMMODATION REQUEST

Carrollton takes pride in its commitment to the Americans with Disabilities Act. Our ongoing mission is to foster an inclusive environment where everyone, regardless of their abilities, can fully engage in City programs and events without any barriers or concerns for their safety and comfort. If you require assistance, please reach out to us at least two weeks before the program or event's commencement by calling 972-466-4862. Your well-being and participation matter to us.

We're excited to announce our partnership with Kulture City, aimed at further enhancing the experience for visitors to our recreation and library facilities. For additional information, please explore cityofcarrollton.com/adaptive. Your convenience and enjoyment are our top priorities. Adaptive programming and events can be found on pages 27-28.



REFUND POLICY

Refund policies may vary for different classes, sports, and events. Refer to the Parks & Recreation general information page on the website or see front desk staff at any facility for more information.

FINANCIAL ASSISTANCE FOR PROGRAMS AND MEMBERSHIPS

In line with our commitment to our mission of "providing innovative, diverse, and high-quality recreation and leisure opportunities for all, while safeguarding our city parks and natural resources," Carrollton Parks & Recreation extends financial assistance to eligible residents for all classes, programs, and facility fees. To learn more, please contact us at 972-466-9813. Your access to recreation matters to us.

Facility Rentals

Looking for that perfect location for a meeting or a place to celebrate a special occasion?

Look no further than the City of Carrollton.

Ask about rental rates and book your next event close to home.

INDOOR FACILITIES

Facility room occupancy varies from a classroom of 15 to a ballroom of 700. Call or visit the website for detailed information.

Carrollton Senior Center*

972-466-4850 • 1720 Keller Springs Road
5 rooms ranging in capacity and kitchen is an add on

Crosby Recreation Center*

972-466-9810 • 1610 E. Crosby Road
3 rooms ranging in capacity, 1 gymnasium, esports room, and kitchen is an add on

Hebron & Josey Library**

972-466-4800 • 4220 N. Josey Lane
2 rooms ranging in capacity

Indian Creek Golf Club Clubhouse*

972-466-9859 • 1650 W. Frankford Road
Provides a great view of the golf course

Josey Ranch Lake Library**

972-466-4800 • 1700 Keller Springs Road
3 rooms ranging in capacity

Rosemeade Recreation Center

972-466-9800 • 1330 E. Rosemeade Parkway
2 classrooms ranging in capacity with one that includes a kitchen, 2 gymnasiums, and a dance room



OUTDOOR FACILITIES

OF PEOPLE

A.W. Perry Homestead Museum*

972-466-3080 • 1509 N. Perry Road 100

Historic Downtown Carrollton Gazebo*

972-466-3080 • 1106 S. Broadway Street 50

Indian Creek Golf Club Pavilion

972-466-9850 • 1650 W. Frankford Road 100

Provides a great view of the golf course

Pavilion at Mary Heads Carter Park

972-466-3080 • 2320 Heads Lane 120

Sports Fields

972-466-3083 • (various locations) Varies

(other fees such as field preparation and lighting may apply)

* Alcohol allowed with additional permitting

** For Library meeting rooms, visit cityofcarrollton.com/library.



Parks & Rec Rentals



Library Meeting Rooms

cityofcarrollton.com/rentals

A.W. Perry Homestead Museum

1509 N. Perry Road • 972-466-6380 • cityofcarrollton.com/museum

Open Tuesday through Thursday and Saturday • Tours between 11am-1pm or by appointment

FREE ADMISSION

Situated within the beautiful Pearl Perry Gravley Park, the A.W. Perry Homestead Museum offers a glimpse into life in North Central Texas at the turn of the 20th century. A.W. and Sarah Perry, pioneer homesteaders of the Peters Colony, arrived here in 1844 after a journey from Carrollton, Illinois. They built a house on the site in 1857. In 1909, their son Dewitt Perry and his wife Francis replaced the original house with the current structure, utilizing some of the lumber from the original dwelling. This historic home was lovingly restored in 1976 as the community's U.S. Bicentennial celebration project and was officially recognized as a State Historic Landmark by the Texas Historical Commission in 1977.



PERRY SPECIAL EXHIBITS

The A.W. Perry Homestead Museum is proud to begin offering special exhibits. Twice a year, the Museum will display focused exhibits on various historical topics during the Victorian period. The new body of work will bridge historical research with artifact interpretation, so a visit to the Museum will teach visitors so much more about the past. For parents and teachers, an educational packet will be available for kids and students. Check the Museum's social media for updates and details at facebook.com/PerryHomesteadMuseum. *"If you don't know where you've come from, you don't know where you're going."* ~ Maya Angelou

SCHOOL AND GROUP TOURS

The guided tour begins at the state historical marker and continues through the 1909 farmhouse with antique furnishings, where you will discover daily life as it was in Carrollton at the turn of the 20th century. School tours are aligned with the Texas Essential Knowledge and Skills (TEKS) standards for each grade level. To schedule a school or group tour, contact the Museum two weeks before your requested tour date. Group tours are free, but donations are accepted. Call 972-466-9811 to make a reservation or register online at cityofcarrollton.com/museum.

TRAVELING TRUNKS

The A.W. Perry Homestead Museum provides trunks to local schools as a FREE service. Each trunk contains hands-on artifacts for students to examine and an activity guide for teachers. All activities are TEKS-aligned according to state-mandated curriculum guidelines.



HISTORY MYSTERY TRUNKS are designed for grades three, four, and five. Students will uncover the past using artifacts, learn the basic principles of material culture, and observe and analyze objects in the trunk in order to discover their uses.

SCHOOL DAYS TRUNKS are designed for grades one, two, and three. Students will compare and contrast how education has changed over the past 150 years, try on pioneer clothing, and even imagine what it will be like to go to school in the future.

Call the A.W. Perry Homestead Museum today at 972-466-9811 to reserve a trunk for your class.

DOCENT PROGRAM - INTERESTED IN BECOMING A DOCENT AT THE A.W. PERRY HOMESTEAD MUSEUM?

EMAIL JUSTIN.SWANEY@CITYOFCARROLLTON.COM OR CALL 972-466-6380.

Senior Center

1720 Keller Springs Road • 972-466-4850

cityofcarrollton.com/seniorcenter • facebook.com/groups/carrolltonseniors

Carrollton Senior Center Advisory Council (CSCAC)

Meets first Tuesday • 11am

Jim Rogers - President • Jesse Alvarado - Vice President • Ruth Nelson - Secretary • Don Couch - Treasurer
John Storey - Welfare Liaison • Jo Anne Blair, Judy Reichenbach, Karen Martin, and Judy Vaughn

CARROLLTON SENIOR CENTER ADVISORY COUNCIL MEETING

The CSCAC is comprised of elected members of the Carrollton Senior Center. They convene to discuss the welfare of members, upcoming events, programs, classes, and other Senior Center related issues. CSCAC also recommends to Carrollton City staff member preferences regarding topics related to the Senior Center, including facility design and layout, programs and events offered, and various facility operations. Also during these meetings, City of Carrollton staff will introduce new or modified programs and inform about changes within the center. All Senior Center members are welcome to attend. **Held monthly on the first Tu (1/9, 2/6, 3/5, & 4/2), 11am.**

MEDICARE CARD LAMINATION

A continuing project, the CSCAC offers free lamination of new Medicare cards. Check the entry credenza for dates and times that CSCAC members will be available to protect this valuable health care identification card.

NEW MEMBER TOUR

New to the Senior Center? Find out what it's all about and receive a tour by a member of the CSCAC. They can answer questions and show you everything the Carrollton Senior Center has to offer. **Held weekly, M-F, 2-3pm.**

VETERANS' VOICES

Preserve the memories of family and loved ones for all time. Veterans' Stories keep the recollections alive and shared with new generations. If you have stories, news clippings, or pictures about veterans and warriors you would like to see preserved for our community, contact one of the CSCAC members to make an appointment to review documentation and photos that tell the amazing stories of friends and families. Photos and other documents may be reproduced, but all will be returned to you.

ALL SENIOR CENTER PROGRAMS AND EVENTS ARE FOR SENIORS 50 AND OLDER AND HELD AT THE CARROLLTON SENIOR CENTER UNLESS OTHERWISE SPECIFIED.

Seniors on Tour

The Senior Center is excited to be able to offer trips. These outings come with lots of laughs while visiting exciting places. Trips are always escorted by a Parks & Recreation staff member. For updates on trips, follow the Senior Center at facebook.com/groups/carrolltonseniors.

MEMORIALS OF WORLD WAR II

Trip Dates: September 2-11, 2024; space is limited. Explore a journey of discovery and remembrance. From London to Paris, experience a once-in-a-lifetime opportunity on the 80th Anniversary of D-Day. Join us as we commemorate the courage and strength of the courageous Allied Troops who set out to liberate Europe from the Nazis. **Double occupancy cost is \$5,448/person, single is \$6,648/person. A deposit of \$1,147 per person (which includes cancellation waiver and insurance) is due upon reservation.**



DAY TRIPS

Explore entertaining and educational sites in North Texas with the Carrollton Senior Center. **The Senior Center is not responsible for refunds on cancelled trips due to inclement weather when rescheduling is not available. Preregistration is required as space is limited.**

| CLASS# | DATES | DESTINATION | DAY | TIME | (RES/NR) |
|-----------|-------|----------------------------------------|-----|---------------|--------------|
| 102020-00 | 1/26 | Fort Worth Rodeo | F | 12:45-5pm | \$35/\$38.50 |
| 102020-20 | 3/6 | The Bureau of Engraving & Printing | W | 9:15am-3:30pm | \$10/\$11 |
| 102020-30 | 4/8 | Bluebonnets in Ennis/ Solar Eclipse | M | 1-4:30pm | \$40/\$44 |

OUT TO LUNCH

Join the Carrollton Senior Center for a good time at a local restaurant. Lunch is on your own. Everyone meets at the restaurant at 11am. **Limited transportation is available for a fee of \$3 (res)/\$3.50 (non-res). Participants will need to bring money for lunch. Preregistration is required by everyone attending so that the restaurant will have an accurate head count.**

| CLASS# | DATES | DESTINATION | DAY | TIME | \$(RES/NR) |
|-----------|-------|--------------------------------------------------------------|-----|------|------------|
| 102010-00 | 1/26 | Cristina's Fine Mexican Restaurant 3432 E. Hebron Parkway | F | 11am | Dutch |
| 102010-10 | 2/23 | Maggiano's Little Italy 6001 W. Park Boulevard, Plano | F | 11am | Dutch |
| 102010-20 | 3/29 | Prairie House Restaurant 119 E. Main Street, Lewisville | F | 11am | Dutch |
| 102010-30 | 4/26 | Nates Seafood & Steakhouse 14951 Midway Road, Addison | F | 11am | Dutch |

Senior Activities & Classes 50+

| MONDAY | | TUESDAY | | WEDNESDAY | |
|---------|------------------------------------------------------------|---------|---------------------------------------------------------|-----------|----------------------------------------------------------|
| 7am | Walking | 7am | Walking | 7am | Walking |
| 9am | Notary Service (1/8, 2/5, 3/4, & 4/1) | 9am | FUNctional Fitness \$ | 9am | Aerobics \$ |
| 9:30am | Chair Yoga \$ | 9am | Ceramics \$ | 9am | Dominoes |
| 9:30am | Knit & Crochet Group | 9am | Dominoes | 10am | Book Club (1/10, 2/14, 3/13, & 4/10) |
| 11am | Aging Gracefully Yoga \$ | 10am | Health Screening (1/9, 2/13, 3/12, & 4/9) | 10:15am | BINGO \$ |
| 12:30pm | Cribbage | 10:30am | Stretch & Strength \$ | 10:30am | Core and More \$ |
| 1pm | Bridge | 11am | CSCAC Meeting (1/9, 2/6, 3/5, & 4/2) | 10:30am | We ♥ Our Seniors Lunch (1/3, 2/7, 3/6, & 4/3) |
| 1pm | Movie Monday (1/29, 2/26, 3/25, & 4/30) | 12pm | Super Mexican Train | 11am | CSCAC Hot Dog Wednesday \$ (1/10, 2/14, 3/13, & 4/10) |
| 2:30pm | Fitness Equipment Orientation (1/8, 2/12, 3/11, & 4/22) | 12pm | Canasta International | 1pm | Fun Chair Volleyball |
| | | 12pm | Red Hat Society (1/2, 2/6, 3/5, & 4/2) | 2:30pm | Drama Group (ACT) |
| | | 1pm | Ping-Pong Group | | |
| | | 1pm | Team Chair Volleyball | | |
| | | 1pm | Texas Hold 'Em Tournament (1/30, 2/27, 3/26, & 4/30) | | |
| | | 2pm | Guitar Jam Sessions | | |
| | | 3pm | Reunión Hispana Group (1/16, 2/20, 3/19, & 4/16) | | |
| 5pm | Closed | 3:15pm | Korean Drum | | |
| LEGEND: | \$ Fee required | 7:30pm | Closed | 5pm | Closed |

ART CLASS: YOU CAN OIL PAINT A MASTERPIECE

Even if you have never held a paintbrush or cannot draw a straight line, you will be amazed at the beautiful painting you can create in one inspiring lesson. Beginners learn the basics of color mixing, brushstrokes, and perspective while completing a landscape, seascape, or still life in this fun and easy class taught by master artist and award-winning instructor Robert Garden. **All supplies including canvas, paint, brushes, medium, easel, and instruction are provided and included in the fee. Bring paper towels and wear old clothes. For more information, visit robertgardenart.com. Deadline to register is three days before each class.**

| CLASS # | THEME | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|--------------------|-------|-----|-------|-------|--------------|
| 152090-10 | Midwestern Sundown | 1/19 | F | 1-4pm | 1 | \$40/\$41.50 |
| 152090-11 | Poppies with Knife | 2/16 | F | 1-4pm | 1 | \$40/\$41.50 |
| 152090-12 | Mount Fuji | 3/29 | F | 1-4pm | 1 | \$40/\$41.50 |
| 152090-13 | Rainbow Road | 4/19 | F | 1-4pm | 1 | \$40/\$41.50 |

ART GROUP

Come get inspired by your peers, while painting with others who love to paint. Participants must bring their own materials and go at their own pace. **Held weekly, F, 9am.**



BINGO

Play a game of chance in which each player has one or more cards printed with differently numbered squares on which to place markers when the respective numbers are drawn and announced by a caller. The first player to mark a complete row or other pattern of numbers is the winner. Bingo is played weekly. Arrive by 10:15am. Payment is to be made to the event organizers. **Held weekly, W, 10:15am, \$1/card.**

BOOK CLUB

Enjoy reading and want to share thoughts with other Seniors on a good book? Enrich the reading experience with some lively discussion.

| DATE | DAY | TIME | BOOK AND AUTHOR |
|------|-----|------|----------------------------------------------------------------------|
| 1/10 | W | 10am | <i>The Tobacco Wives: A Novel</i> by Adele Myers |
| 2/14 | W | 10am | <i>The Elephant Whisperer</i> by Lawrence Anthony & Graham Spence |
| 3/13 | W | 10am | <i>A Piece of the World: A Novel</i> by Christina Baker Kline |
| 4/10 | W | 10am | <i>The Book of Lost Friends: A Novel</i> by Lisa Wingate |



CERAMICS

Students will learn how to clean, decorate, shape, mold, and glaze items. **Paint and firing ONLY are included in the class fee. No other supplies will be provided. Deadline to register is three days before each class.** Instructor: Postma

| CLASS # | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----------|-----|-----------|-------|--------------|
| 152010-25 | 1/2-1/30 | Tu | 9-11:30am | 5 | \$33/\$36.50 |
| 152010-27 | 2/16-2/27 | Tu | 9-11:30am | 4 | \$33/\$36.50 |
| 152010-30 | 3/5-3/26 | Tu | 9-11:30am | 4 | \$33/\$36.50 |
| 152010-35 | 4/2-4/30 | Tu | 9-11:30am | 5 | \$33/\$36.50 |

| THURSDAY | FRIDAY | SATURDAY |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7am Walking 9am FUNctional Fitness \$ 9am Dominoes 10:30am Stretch & Strength \$ 10:30am Quilting Group 11am Monthly Luncheons \$ (1/18, 2/15, 3/21, & 4/18) 12pm Super Mexican Train 12pm Bridge 12pm Mahjong 1pm Jazz & Blues Band Practice 1pm FUN Chair Volleyball 1pm Ping-Pong Group 6:05pm Dance Lessons 7pm Thursday Night Dance 9:30pm Closed | 7am Walking 9am Art Group 9:30am Fitness Friday \$ 11am Aging Gracefully Yoga \$ 11am Sing-Along Group (1/5, 1/19, 2/2, 2/16, 3/1, 3/15, 4/5, & 4/19) 11am Out to Lunch (1/26, 2/23, 3/29, & 4/26) 12:30pm Pinochle 1pm Team Chair Volleyball 1pm Art Class \$ (1/19, 2/16, 3/29, & 4/19) 5pm Closed | 10am Tai Chi \$ 10am Technology Saturdays (1/6, 1/20, 2/3, 2/14, 3/2, 3/16, 4/6, & 4/20) 1pm Closed SUNDAY Center is Closed For more information on groups, games, and activities in the daily calendar, talk with your Senior Center staff. |

CHAIR VOLLEYBALL

RECREATIONAL FUN PLAY

Stay active with a fun game of Chair Volleyball. Stay seated while stretching and laughing your way through a good time. Join today to enjoy a new sport and make new friends. If you're looking for a little more competition, join the Team Chair Volleyball group. **Held weekly, W/Th, 1pm.**

TEAM PRACTICE

Have you tried our fun play chair volleyball, and are you looking for a little more competition? Join the Chair Volleyball team. Stay seated while stretching and laughing your way through a good time. Team play includes some optional local tournaments that the team(s) can participate in. **Held weekly, Tu/F, 1pm.**

DRAMA GROUP: ACTORS COMING TOGETHER (ACT)

This talented group continues to entertain us with their hilarious performances. You don't need a particular talent to join, just a good sense of humor and desire to laugh. **Held weekly, W, 2:30pm.**

GUITAR JAM SESSIONS

Acoustic jam with no plug ins except bass and autoharp. Music is of all genres. Must know your basic chords before joining but welcome to sit in. Learning together and having fun. **Held weekly, Tu, 2pm.**

JAZZ & BLUES BAND PRACTICE

Join other musicians for an acoustic jam. Have fun playing music from a variety of genres. You must know basic chords before strumming along, but all are welcome to sit in. Only plug-ins for base and autoharp are allowed. **Held weekly, Th, 1pm.**



KNIT & CROCHET GROUP

If you like to knit and/or crochet, come join us. Work on your own project with your own yarn or use ours to make items for charity. We will help you with the basics. We have made hats, blankets, scarves, and baby items for hospitals and other charitable organizations. Enjoy the craft of knitting and/or crocheting and make some new friends. **Held weekly, M, 9:30am.**

NOTARY SERVICE

This is a free service offered to Senior Center members. A notary witnesses and authenticates signatures, administers oaths, verifies signatures, and takes affidavits for guests. Service provided by Maxine Pride. **Held monthly, M (1/8, 2/5, 3/4, & 4/1), 9am.**

FREE>> PING-PONG CLINIC

Participants will learn the fundamentals of ping-pong including grip, stance, basic forehand, and backhand strokes. In addition, serves, footwork, and game tactics will also be emphasized. Players will be immersed in a fun, supportive, and safe learning environment. The clinic will be taught by a former Paralympic Table Tennis team coach. **Players will need to bring their own paddles (facility paddles available to borrow as needed), water bottle, and towel. Appropriate athletic attire/footwear should be worn.**

| CLASS# | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-------|-----|------------|-------|------------|
| 160225-80 | SRC | 50+ | 2/15 | Tu | 10-11:30am | 1 | FREE |

PING-PONG GROUP

Stay active with a fun pickup game of ping-pong. The ping-pong tables will be set up for a little more competition. Join a group of like-minded players. **Held weekly, Tu/Th, 1pm.**

PONG ON WHEELS - SEE PAGE 41

QUILTING GROUP

If you can sew, you can quilt. Join us to work on different projects each month, or you can bring your own project and enjoy sewing with the group. Bring your own sewing machine and materials. **Held weekly, Th, 10:30am.**

SING-ALONG GROUP

Everyone is invited to join this member-led group of seniors who love to sing for fun. Song selection varies each time and includes classics that will take you down memory lane along with patriotic tunes. **Held every first and third F (1/5, 1/19, 2/2, 2/16, 3/1, 3/15, 4/5, & 4/19), 11am.**

TECHNOLOGY SATURDAY

This is a great opportunity to resolve your technology challenges and learn from others doing the same. Receive one-on-one assistance on a first-come, first-served basis on any of your portable devices that you bring in. **Held every other Sa (1/6, 1/20, 2/3, 2/14, 3/2, 3/16, 4/6, & 4/20), 10am.**

TEXAS HOLD 'EM TOURNAMENT

Seating begins at 12:30pm and games begin at 1pm. The first 64 participants will be seated. **No registration is required. Held monthly, Tu (1/30, 2/27, 3/26, & 4/30), 1pm. Doors open at 12:30pm.**



Fellowship, Food, and Fun

HOT DOG WEDNESDAY

Get a jumbo hot dog and all the fixin's prepared by members of the CSCAC. Fee is collected by the event organizers. **\$3/hotdog. Held monthly, W (1/10, 2/14, 3/13, & 4/10), 11am.**

LUNCH AND LEARN

Hear presentations from vendors on a variety of topics. Specific topics and presenters will be posted closer to the dates scheduled and will be published on the facility calendar and facebook.com/groups/carrolltonseniors. **Preregistration is required to get an accurate head count. Space is limited. Held monthly, W (see facility calendar for dates), 12:15pm.**

MONTHLY LUNCHEONS

Come for a delicious meal cooked and prepared by a professional chef. Enjoy a variety of entertainment and activities while socializing with friends. **Registration ends at 12pm on the Tuesday before the luncheon.**

| CLASS# | DATE | DAY | TIME | \$(RES/NR) |
|-----------|------|-----|----------|------------|
| 102000-00 | 1/18 | Th | 11am-1pm | \$8/\$9 |
| 102000-10 | 2/15 | Th | 11am-1pm | \$8/\$9 |
| 102000-20 | 3/21 | Th | 11am-1pm | \$8/\$9 |
| 102000-30 | 4/18 | Th | 11am-1pm | \$8/\$9 |

MOVIE MONDAY

Enjoy a free movie in a modified and socially distanced setting. Due to the excitement of new releases, titles will not be available until one month prior and will be published on the facility calendar and facebook.com/groups/carrolltonseniors. **Held monthly, M (1/29, 2/26, 3/25, & 4/30), 1pm.**

RED HAT SOCIETY GROUP

Join the world's largest community of women who unite in the spirit of fun and friendship. You can be proud to know you are supporting a Society that is reshaping the way women are viewed in today's culture by promoting freedom from stereotypes and fulfillment of goals and dreams. **Held monthly, Tu (1/2, 2/6, 3/5, & 4/2), 12pm.**

REUNIÓN HISPANA GROUP

This is a social group for our Spanish-speaking members. Bring your favorite stories to share and participate in games. **To participate in this program, you are required to be over 50 years of age and have a Senior Center membership or a day pass. Held monthly, Tu (1/16, 2/20, 3/19, & 4/16), 3pm.**

Este es un grupo social para nuestros miembros hispanohablantes. Comparta con nosotros sus historias favoritas y participe en juegos. **Para participar en este evento se requiere ser mayor de 50 años de edad y tener una membresía al Senior Center o un pase por el día. Celebrado mensualmente, Tu (1/16, 2/20, 3/19, & 4/16), 3pm.**

THURSDAY NIGHT DANCE

Live music and dancing will make your Thursday nights amazing. Local live bands each week and free refreshments served during break for adults 50+ or adults accompanied by someone 50+ years of age. **\$5 (res)/\$5.50 (non-res). Held weekly, Th, 7pm.**

WE ♥ OUR SENIORS LUNCH

Looking for great food and fellowship? Spend time with friends while enjoying a free delicious meal provided by Joe's Pizza Pasta and Subs located at 1904 E. Belt Line Road. **Meals are served on a first-come, first-served basis, so be sure to arrive early. There is a limit of one meal per person, and you must be present to pick it up. Held monthly, W (1/3, 2/7, 3/6, & 4/3), 10am.**

Health & Fitness

DROP IN>> AEROBICS

This class is open to all participants regardless of athletic ability or coordination. The 60-minute workout is designed with warm up, aerobic moves followed by a stretching and cool down period. Regular participation offers benefits for your heart, lungs, muscles, and bones. The instructor incorporates basic choreography, ab work, and strength training. This is accomplished without weights or mats. Come ready to have fun, enjoy a variety of music, and feel rejuvenated when you leave. **Bring a water bottle. \$3 (res)/\$3.50 (non-res) drop in fee.**

| CLASS # | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|----------|-----|--------|-------|--------------|
| 132010-00 | 1/3-1/31 | W | 9-10am | 4 | \$12/\$13.25 |
| 132010-10 | 2/7-2/28 | W | 9-10am | 3 | \$9/\$10 |
| 132010-20 | 3/6-3/27 | W | 9-10am | 3 | \$9/\$10 |
| 132010-30 | 4/3-4/24 | W | 9-10am | 3 | \$9/\$10 |

DROP IN>> AGING GRACEFULLY YOGA

Increase your strength, flexibility, and balance with yoga. This class will relieve stress and tension and is designed to accommodate older adults. Come experience yoga to feel energized and revitalized. **\$3 (res)/\$3.50 (non-res) drop in fee.**

| CLASS # | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|----------|-----|-----------|-------|--------------|
| 132050-00 | 1/5-1/29 | M/F | 11am-12pm | 8 | \$24/\$26.50 |
| 132050-10 | 2/2-2/26 | M/F | 11am-12pm | 8 | \$24/\$26.50 |
| 132050-20 | 3/1-3/29 | M/F | 11am-12pm | 9 | \$27/\$29.75 |
| 132050-30 | 4/1-4/29 | M/F | 11am-12pm | 9 | \$27/\$29.75 |

DROP IN>> CHAIR YOGA

Chair Yoga is catered for those seniors who prefer the support of a chair while exercising. This class will relieve stress and tension and is designed to accommodate older adults. Come experience yoga to feel energized and revitalized. **\$3 (res)/\$3.50 (non-res) drop in fee.**

| CLASS # | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|----------|-----|--------------|-------|--------------|
| 132020-00 | 1/5-1/29 | M | 9:30-10:30am | 4 | \$12/\$13.25 |
| 132020-10 | 2/5-2/26 | M | 9:30-10:30am | 4 | \$12/\$13.25 |
| 132020-20 | 3/4-3/25 | M | 9:30-10:30am | 4 | \$12/\$13.25 |
| 132020-30 | 4/1-4/29 | M | 9:30-10:30am | 5 | \$15/\$16.50 |

FITNESS EQUIPMENT ORIENTATION

Not sure how machines in our weight room work or how to set up a machine? This class provides a walk-through to give you a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized workout plan, contact one of our personal trainers. **Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.**

| CLASS # | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-------|-----|----------|-------|------------|
| 132170-00 | 1/8 | M | 2:30-4pm | 1 | \$6/\$7 |
| 132170-10 | 2/12 | M | 2:30-4pm | 1 | \$6/\$7 |
| 132170-20 | 3/11 | M | 2:30-4pm | 1 | \$6/\$7 |
| 132170-30 | 4/22 | M | 2:30-4pm | 1 | \$6/\$7 |



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.



DROP IN>> FITNESS FRIDAY

Join us in the Texas Room for Fitness Friday. Instructor Tom Nouné will lead a full-body workout that can be done with or without a chair. Workouts will utilize free-weights, stretch bands, and other equipment. Tom specializes in resistance training, primarily with baby boomers and seniors! **\$3 (res)/\$3.50 (non-res) drop in fee.** Instructor: Nouné

| CLASS # | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|----------|-----|--------------|-------|--------------|
| 132080-00 | 1/5-1/26 | F | 9:30-10:30am | 4 | \$12/\$13.25 |
| 132080-10 | 2/2-2/23 | F | 9:30-10:30am | 4 | \$12/\$13.25 |
| 132080-20 | 3/1-3/29 | F | 9:30-10:30am | 5 | \$15/\$16.50 |
| 132080-30 | 4/5-4/26 | F | 9:30-10:30am | 4 | \$12/\$13.25 |

DROP IN>> FUNCTIONAL FITNESS

Work your muscles in this class designed to build strength, add definition, increase bone density, and decrease body fat by building lean muscle. FUNCTIONAL Fitness will improve your back health, posture, balance, flexibility, and muscular endurance. **\$3 (res)/\$3.50 (non-res) drop in fee. No class 1/18, 2/15, 3/21, & 4/18.**

| CLASS # | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|----------|-------|--------|-------|--------------|
| 132030-00 | 1/2-1/30 | Tu/Th | 9-10am | 8 | \$24/\$26.50 |
| 132030-10 | 2/1-2/29 | Tu/Th | 9-10am | 8 | \$24/\$26.50 |
| 132030-20 | 3/5-3/28 | Tu/Th | 9-10am | 7 | \$21/\$23.50 |
| 132030-30 | 4/2-4/30 | Tu/Th | 9-10am | 8 | \$24/\$26.50 |

HEALTH SCREENING: BLOOD PRESSURE & SUGAR LEVELS

Do you need to check your blood pressure or blood sugar? Visit the Senior Center for free blood pressure and blood sugar screenings provided by members of Carrollton Fire Rescue. No appointment necessary. **Held monthly, Tu (1/9, 2/13, 3/12, & 4/9), 10am.**

PERSONAL TRAINING OPTIONS - SEE PAGE 34

DROP IN>> STRETCH & STRENGTH

This chair-based class has its roots in yoga and is designed specifically for participants who are unable to get up off the floor or stand/walk for long periods of time. You will leave class feeling stretched, strengthened, balanced, and relaxed. This class will challenge all fitness levels. **\$3 (res)/\$3.50 (non-res) drop in fee. No class 1/18, 2/15, 3/21, & 4/18.**

| CLASS # | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|----------|-------|---------------|-------|--------------|
| 132040-00 | 1/2-1/30 | Tu/Th | 10:30-11:30am | 8 | \$24/\$26.50 |
| 132040-10 | 2/1-2/29 | Tu/Th | 10:30-11:30am | 8 | \$24/\$26.50 |
| 132040-20 | 3/5-3/28 | Tu/Th | 10:30-11:30am | 7 | \$21/\$23.50 |
| 132040-30 | 4/2-4/30 | Tu/Th | 10:30-11:30am | 8 | \$24/\$26.50 |

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

Carrollton Public Library

Free programs and events for all ages. Events are subject to change. Visit cityofcarrollton.com/Library for more information.

HEBRON & JOSEY

4220 N. JOSEY LANE
(AT HEBRON PARKWAY)

| | |
|-----------------|----------|
| Sunday | 1-5pm |
| Monday-Thursday | 10am-8pm |
| Friday | Closed |
| Saturday | 10am-5pm |

WINDOW HOURS

| | |
|-------------------|----------|
| Sunday | 1-5pm |
| Monday-Thursday | 10am-7pm |
| Friday & Saturday | 10am-5pm |

The Library will be CLOSED:

Sunday-Monday, 12/24-25 – Both locations closed.
Monday, 1/1 – Both locations closed.
Monday, 1/15 – Both locations closed.
Sunday, 3/31 – Both locations closed.
No Story Times the week of 3/11-3/15

Children under 9 years of age must be accompanied by a parent or caregiver.

JOSEY RANCH LAKE

1700 KELLER SPRINGS ROAD
(WEST OF JOSEY LANE)

| | |
|-------------------|----------|
| Sunday | 1-5pm |
| Monday-Wednesday | 10am-8pm |
| Thursday | Closed |
| Friday & Saturday | 10am-5pm |

WINDOW HOURS

| | |
|-------------------|----------|
| Sunday | 1-5pm |
| Monday-Wednesday | 10am-7pm |
| Thursday-Saturday | 10am-5pm |

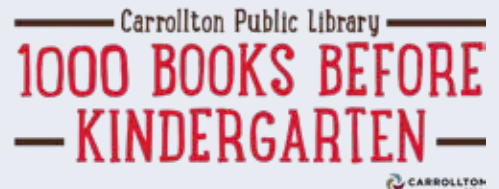
Information: 972-466-4800 | cityofcarrollton.com/library
The Library Advisory Board meets quarterly at Josey Ranch Lake Library at 6:30pm.
Meetings are open to the public. See our website for scheduled meeting dates.

Early Literacy

For children ages birth-5 years and their caregivers
January 8-April 24 (no classes January 15 and March 11-13)

1,000 BOOKS BEFORE KINDERGARTEN

Give your child a head start on the path to success by developing early literacy skills through reading books together. This self-paced program is open to children from birth to age 5. **Pick up a starter kit at the Library.** Register online at carrollton.beanstack.org.



STORY TIME

Children and their families develop early literacy skills through stories, songs, fingerplays, action rhymes, and movement. Story times are designed to help children of all abilities practice the skills needed to prepare for school.

| LIBRARY | AGE | DAY | TIME | #WKS |
|------------------|-----|-----|---------|---------|
| Hebron & Josey | 1-5 | M | 10:15am | Ongoing |
| Josey Ranch Lake | 1-5 | M | 7pm | Ongoing |
| Josey Ranch Lake | 1-5 | Tu | 11:15am | Ongoing |
| Hebron & Josey | 1-5 | W | 10:15am | Ongoing |

BABY TIME

These 20-minute sessions are designed for “pre-walkers” and a parent or caregiver. Interact with baby as you develop a love of language through rhymes and music. Stay afterward for a time for baby play and adult conversation. Siblings are welcome.

| LIBRARY | AGE | DAY | TIME | #WKS |
|------------------|-------------|-----|---------|---------|
| Josey Ranch Lake | Pre-Walkers | W | 10:15am | Ongoing |
| Josey Ranch Lake | Pre-Walkers | W | 2pm | Ongoing |

LIBROS Y AMIGOS/BOOKS AND FRIENDS

Participa en cuentas, canciones, juegos con los dedos, rimas de acción, y movimiento en español e inglés. Todos son bienvenidos, ya sea que sepa español o le gustaría aprender.

Participate in stories, songs, fingerplays, action rhymes, and movement in Spanish and English. Everyone is welcome – whether you know Spanish or would like to learn.

| LIBRARY | AGE | DAY | TIME | #WKS |
|------------------|----------|-----|---------|---------|
| Josey Ranch Lake | Birth-5+ | Tu | 10:15am | Ongoing |

SATURDAY STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, rhymes, and movement. Siblings are welcome.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|-----|-----|---------|
| 1/13 | Hebron & Josey | 1-5 | Sa | 10:15am |
| 1/27 | Josey Ranch Lake | 1-5 | Sa | 10:15am |
| 2/10 | Hebron & Josey | 1-5 | Sa | 10:15am |
| 2/24 | Josey Ranch Lake | 1-5 | Sa | 10:15am |
| 3/9 | Hebron & Josey | 1-5 | Sa | 10:15am |
| 3/23 | Josey Ranch Lake | 1-5 | Sa | 10:15am |
| 4/6 | Hebron & Josey | 1-5 | Sa | 10:15am |
| 4/20 | Josey Ranch Lake | 1-5 | Sa | 11:00am |

PRESCHOOL PLAYDATE

Children of all abilities and their families learn and explore through play by participating in sensory-rich activities that promote healthy development and learning.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|-----|-----|---------|
| 1/18 | Hebron & Josey | 2-5 | Th | 10:15am |
| 2/15 | Hebron & Josey | 2-5 | Th | 10:15am |
| 3/12 | Josey Ranch Lake | 2-5 | Tu | 10:15am |
| 4/11 | Hebron & Josey | 2-5 | Th | 10:15am |

OUTDOOR STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, rhymes, and movement. Join Library staff on-site at Mary Heads Carter Park, weather permitting. Visit the website and social media channels for weather-related cancellations.

| DATE | LOCATION | AGE | DAY | TIME |
|------|------------------------|-----|-----|------|
| 4/25 | Mary Heads Carter Park | 1-5 | Th | 10am |

SUNDAY MOVIE MATINEE

Come to the Library to enjoy a family-friendly movie. BYOblanket and snacks. All movies are rated PG and begin promptly at 2pm.

| DATE | LIBRARY | AGE | DAY | TIMES | MOVIE |
|------|---------|-----|-----|-------|----------------------------------------|
| 1/21 | JRL | All | Su | 2-4pm | <i>How to Train Your Dragon</i> (2010) |
| 2/18 | JRL | All | Su | 2-4pm | <i>Kung Fu Panda</i> (2008) |
| 4/14 | JRL | All | Su | 2-4pm | <i>Madagascar</i> (2005) |

CREATIVE CORNER

Unwind and get creative. This come and go self-directed program invites kids to color and create. Supplies are provided.

| DATE | LIBRARY | AGE | DAY | TIME |
|-----------|----------------|------|-----|-------|
| 1/11-4/25 | Hebron & Josey | 5-12 | Th | 3-5pm |

LEGO® BUILDERS

Elementary aged kids are invited to build and create with LEGO® bricks. If you can think it, you can build it. Materials are provided.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|------|-----|-------|
| 1/6 | Josey Ranch Lake | 5-12 | Sa | 2-3pm |
| 2/3 | Josey Ranch Lake | 5-12 | Sa | 2-3pm |
| 3/2 | Josey Ranch Lake | 5-12 | Sa | 2-3pm |
| 3/30 | Josey Ranch Lake | 5-12 | Sa | 2-3pm |
| 4/27 | Josey Ranch Lake | 5-12 | Sa | 2-3pm |

PAWS TO READ

Kids are invited to practice reading aloud to our friend Hershey, the Therapy Dog. *Space is limited, and registration is required.*

| DATE | LIBRARY | AGE | DAY | TIME | REG.BEGINS |
|------|----------------|-----|-----|----------|------------|
| 1/21 | Hebron & Josey | All | Su | 1-2:30pm | 12/15 |
| 2/18 | Hebron & Josey | All | Su | 1-2:30pm | 1/15 |
| 3/17 | Hebron & Josey | All | Su | 1-2:30pm | 2/15 |
| 4/14 | Hebron & Josey | All | Su | 1-2:30pm | 3/15 |



Sweet Solar Science

Saturday, April 4 • 2-3pm • Free
Josey Ranch Lake Library
Registration Begins: March 6

Solar science and sugar cookies seem worlds apart, but we can learn a lot about the sun using sugar cookies. In honor of the Solar Eclipse on April 8, join us for this fun, interactive, and tasty program. **Registration is required and reserves one pair of eclipse glasses and supplies.** Eclipse glasses provided through SEAL—Solar Eclipse Activities for Libraries

ECLIPSE WATCH PARTY - SEE PAGE 24

Miss Humblebee's Academy

An award-winning online resource presented by Gale giving kids ages 3-6 access to hundreds of guided lessons using videos, music, eBooks, hands-on activities, and more.



GAMING ADVENTURES

Get ready for an action-packed gaming adventure like no other. Discover thrilling challenges, epic battles, and exciting gameplay in a safe and inclusive environment. No more randoms, no more bullies. Pizza, and devices for gaming during the program, will be provided. Program presented by Squads.Win.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|------|-----|----------|
| 1/13 | Josey Ranch Lake | 9-12 | Sa | 11am-1pm |
| 2/17 | Josey Ranch Lake | 9-12 | Sa | 11am-1pm |
| 3/23 | Josey Ranch Lake | 9-12 | Sa | 11am-1pm |



FAMILY PLACE PLAYGROUP

Children ages 1-3 and their caregivers are invited to join us for our Family Place Playgroup series. This five-week interactive play program offers opportunities for children and parents to play together, meet other families, and talk one-on-one with local professionals who specialize in areas of child development. Caregivers must commit to attend the entire five-week series. Siblings ages 0-5 are welcome. **Registration is required.**

| DATES | LIBRARY | AGE | DAY | TIME | REG. BEGINS |
|-----------|---------|-----|-----|---------------|-------------|
| 3/18-4/15 | JRL | 1-3 | M | 10:15-11:30am | 2/15 |



Spring Break Fun!

March 11-15

SPRING BREAK TIE DYE

Middle and high schoolers are invited to get creative as we tie dye bandanas this spring break. Supplies provided. **Registration is required.**

| DATE | LIBRARY | AGE | DAY | TIME | REG BEGINS |
|------|----------------|-------|-----|----------|------------|
| 3/11 | Hebron & Josey | 11-19 | M | 2-3:30pm | 2/15 |

SPRING BREAK OUTDOORS - SEED BOMBS

Get messy at the Library as we make seed bombs with the Denton County Master Gardeners and scatter them at the Pocket Prairie at Josey Ranch Lake. **Registration is required.**

| DATE | LIBRARY | AGE | DAY | TIME | REG BEGINS |
|------|------------------|-----|-----|-------|------------|
| 3/12 | Josey Ranch Lake | 5+ | Tu | 2-3pm | 2/15 |

MAGIC WITH JOHN O'BRYANT

The reading magic show offers illusion, music, stories, goofy props, audience participation, and giveaways. Be sure to make books vanish from the Library shelves after the show.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|----------------|-----|-----|-------|
| 3/13 | Hebron & Josey | 5+ | W | 2-3pm |

SPRING BREAK CREATIVE CORNER

Unwind and get creative with this special spring break edition of Creative Corner. This come and go self-directed program invites kids to color and create. Supplies are provided.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|----------------|------|-----|-------|
| 3/14 | Hebron & Josey | 5-12 | Th | 3-5pm |

C-CON

Come as you are or dress up in Cosplay as your favorite anime, comic book, fantasy, science fiction, superhero, television, or video game personality. Challenge yourself in an escape room or a fun round of trivia. Enjoy anime, make crafts, and more. Sensory Friendly space will be available throughout the event. Snacks and craft materials are provided. Costumes are optional.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|-----|-----|-------|
| 3/15 | Josey Ranch Lake | All | F | 5-8pm |

For the most up-to-date information, visit cityofcarrollton.com/library.

Just for Teens

Programs and activities for ages 13-19

TEEN ANIME CLUB

Hang out with friends, eat snacks, and watch anime. Anime episodes provided by Crunchyroll, rated TV-G to TV-14.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|----------------|-------|-----|----------|
| 1/13 | Hebron & Josey | 13-19 | Sa | 2-3:30pm |
| 2/10 | Hebron & Josey | 13-19 | Sa | 2-3:30pm |
| 3/9 | Hebron & Josey | 13-19 | Sa | 2-3:30pm |
| 4/6 | Hebron & Josey | 13-19 | Sa | 2-3:30pm |

TEENS TAKE OVER

Hang out with friends, play video and board games, make crafts, and more while the Library is closed to the public. Pizza, snacks, and drinks are provided. See Programs & Events at cityofcarrollton.com/library for details. Pick up a permission slip at either Library location or on the website. **Registration is required. Must have signed permission slip to enter.**

| DATE | LIBRARY | AGE | DAY | TIME |
|------|----------------|-------|-----|-------------|
| 2/16 | Hebron & Josey | 13-19 | F | 5:30-7:30pm |
| 4/12 | Hebron & Josey | 13-19 | F | 5:30-7:30pm |

READ, LEARN, & DISCOVER

Residents of Carrollton can get a free library card in 3 EASY STEPS:

1. YOU

Those under 18 years old will need a parent or guardian.

2. PHOTO ID

A photo ID such as a driver's license, Texas ID card, or passport.

3. PROOF OF RESIDENCE

Proof of current Carrollton address, such as a driver's license, lease, bill, or financial statement.

Not a Carrollton Resident? Find out more about your options on our website.

cityofcarrollton.com/library



COMPUTER CLASSES

Need help with computers? Learn the basics of computers, Excel, and Word. Classes are free and last approximately one and a half hours (1-1/2 hours). **Registration is required. See Programs & Events at cityofcarrollton.com/library or call 972-466-4800 for details.**

COMPUTER BASICS

Receive training and assistance in learning basic computer and digital skills. Learn about computer parts and functionalities, including maneuvering a mouse, highlighting text, and manipulating the keyboard. **Registration is required.**

| DATE | LIBRARY | AGE | DAY | TIME | REG. BEGINS |
|------|------------------|--------|-----|------------|-------------|
| 1/11 | Hebron and Josey | Adults | Th | 6-7:30pm | 12/21 |
| 2/13 | Josey Ranch Lake | Adults | Tu | 6-7:30pm | 1/23 |
| 2/17 | Josey Ranch Lake | Adults | Sa | 2-3:30pm | 1/27 |
| 3/30 | Hebron & Josey | Adults | Sa | 10-11:30am | 3/9 |

INTRODUCTION TO WORD

Learn how to start, open, save, and print documents, starting from scratch or using a template, plus other basic Word functions. **Registration is required.**

| DATE | LIBRARY | AGE | DAY | TIME | REG. BEGINS |
|------|------------------|--------|-----|------------|-------------|
| 1/18 | Hebron and Josey | Adults | Th | 6-7:30pm | 12/28 |
| 2/20 | Josey Ranch Lake | Adults | Tu | 6-7:30pm | 1/30 |
| 3/2 | Josey Ranch Lake | Adults | Sa | 2-3:30pm | 2/10 |
| 4/13 | Hebron and Josey | Adults | Sa | 10-11:30am | 3/23 |

INTRODUCTION TO EXCEL

Learn basic commands for performing calculations and entering data for creating tables and graphs. **Registration is required.**

| DATE | LIBRARY | AGE | DAY | TIME | REG. BEGINS |
|------|------------------|--------|-----|------------|-------------|
| 1/25 | Hebron and Josey | Adults | Th | 6-7:30pm | 1/4 |
| 2/27 | Josey Ranch Lake | Adults | Tu | 6-7:30pm | 2/6 |
| 3/16 | Josey Ranch Lake | Adults | Sa | 2-3:30pm | 2/24 |
| 4/27 | Hebron and Josey | Adults | Sa | 10-11:30am | 4/6 |

CRAFTING & FUN AT THE LIBRARY

WINTER CRAFTIVITY: CANDLE MAKING

Learn the basics of candle making and take your creation home with you. All materials provided. **Registration is required.**

| DATE | LIBRARY | AGE | DAY | TIME | REG. BEGINS |
|------|------------------|-------|-----|----------|-------------|
| 1/27 | Josey Ranch Lake | Adult | Sa | 1-2:30pm | 1/13 |

SPRING CRAFTIVITY: SCRAPBOOKING

Let your creativity bloom as you design a two-page layout. Bring four to eight photos with you, all other materials are provided. This program is for newbies and experience scrapbookers alike.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|--------|-----|----------|
| 3/8 | Josey Ranch Lake | Adults | F | 1-2:30pm |

BEGINNING ART INSTRUCTION: DENIM JACKET WORKSHOP

Repurpose an old denim jacket with paint and an artist from the Farmers Branch Carrollton Art Association. Attendees must bring their own prewashed denim jacket. All other materials are provided. Class is limited to 15 attendees. Ages 18 and up. **Registration is required.**

| DATE | LIBRARY | AGE | DAY | TIME | REG. BEGINS |
|------|------------------|--------|-----|-------|-------------|
| 3/30 | Josey Ranch Lake | Adults | Sa | 1-4pm | 3/15 |



AFRICAN AMERICAN GENEALOGY - YOUR ROOTS AND WHERE TO LOOK

Join the Library for an informative program, entitled "Your Roots and Where to Look," presented by the President of the African American Genealogy Interest Group (a branch of the Dallas Genealogical Society). He has dedicated over 35 years to tracing family histories and doing historical workshops across America. **Registration is open.**

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|--------|-----|---------------|
| 2/10 | Josey Ranch Lake | Adults | Sa | 10:30-11:30am |

THE HISTORY OF SOUL FOOD

Discover the rich history of Soul Food. Share your own recipes and swap with others. **Registration begins March 3.**

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|--------|-----|-------|
| 2/24 | Josey Ranch Lake | Adults | Sa | 1-2pm |

SOIL, COMPOST, AND MULCH

Soil quality is key for a prosperous garden. Composting is the best way to build nutritious soil for plants while mulch maintains temperature and moisture levels. In this class, a Master Gardener will share the secrets of these keys to soil health and how to use them to replenish a home garden. Then step outside with the DCMGA Project Manager and take a tour of the Pocket Prairie, if the weather permits. Presented by Denton County Master Gardeners.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|--------|-----|--------------|
| 4/6 | Josey Ranch Lake | Adults | Sa | 10:30am-12pm |

SPRING CRAFTIVITY: FLOWERPOT PAINTING

Decorate a flowerpot and then take home some seeds from our Seed Library to grow – part of Earth Day Celebration at Josey Ranch Lake.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|--------|-----|----------|
| 4/20 | Josey Ranch Lake | Adults | Sa | 1-2:30pm |

GAME ON!

Spend time playing board games with new friends at this volunteered program. Whether you're a gaming veteran or want to get more into the hobby, this is the place for you. Bring a game from home or play ones from the Library.

| DATE | LIBRARY | AGE | DAY | TIME |
|---------|------------------|--------|-----|-------|
| Ongoing | Josey Ranch Lake | Adults | W | 6-8pm |

MONEY SMART

FINANCIAL FITNESS – THE POWER OF BUDGETING

Learn the importance of creating and maintaining a budget, examine the difference between wants and needs, and set goals for personal spending, savings, and debt repayment. Presented by a Financial Advisor from Edward Jones.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|--------|-----|-------|
| 1/30 | Josey Ranch Lake | Adults | Tu | 6-7pm |

MEDICARE 101

Confused about Medicare? Learn about parts A, B, C, and D, and also learn about election periods, eligibility, enrollment, and possible penalties. Bring your questions with you. Presented by Four Square Senior Benefits.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|----------------|--------|-----|---------------|
| 3/9 | Hebron & Josey | Adults | Sa | 10:30-11:30am |

TIME MATTERS: A WOMAN'S OUTLOOK

This Women's History Month, learn and prepare for financial concerns facing women who are near or recently retired. This includes information on social security, inflation risk, and the rising cost of healthcare and long-term care. All adults are welcome to this program. Presented by a financial advisor from Edward Jones.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|--------|-----|-------|
| 3/12 | Josey Ranch Lake | Adults | Tu | 6-7pm |

HOW TO PROTEST YOUR PROPERTY TAX VALUATION

Did your most recent property tax valuation throw you for a loop? Are you wondering how to present your case to the county tax office? This program will walk you through the valuation and protest process and highlight the pros and cons of hiring professional agents versus protesting as an individual homeowner.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|----------------|--------|-----|-------|
| 3/23 | Hebron & Josey | Adults | Sa | 2-4pm |

CREATING A SUCCESSFUL BUDGET

Budgeting is all about successfully managing how you spend your income. Learn the process for creating a budget that works for you.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|----------------|--------|-----|----------|
| 3/25 | Hebron & Josey | Adults | M | 6:30-8pm |

Udemy

Presented by Gale, Udemy offers many topics, skill levels, and languages. Shop thousands of high-quality, on-demand video courses taught by world-class instructors across 75 categories for upskilling in the areas of business, technology, design, and more. Start learning today.



Celebrate Financial Literacy Month with these Money Smart Programs covering everything from budgeting basics to healthcare and beyond.

PAY YOURSELF FIRST: SAVING & INVESTING

Creating a successful saving and investing strategy begins with understanding important financial concepts, including the rule of 72, the three Ds of investing, the different types of investment and retirement accounts, and how taxes play a role in these accounts and impact your retirement income.

| DATE | LIBRARY | AGE | DAY | TIME | REG. BEGINS |
|------|----------------|--------|-----|----------|-------------|
| 4/1 | Hebron & Josey | Adults | M | 6:30-8pm | 3/15 |

DEBT MANAGEMENT

Paying off debt is key to the success of any financial plan. Learn about the different kinds of debt, a process to help you pay off your debt, and how your credit score works.

| DATE | LIBRARY | AGE | DAY | TIME | REG. BEGINS |
|------|----------------|--------|-----|----------|-------------|
| 4/8 | Hebron & Josey | Adults | M | 6:30-8pm | 3/15 |

SOCIAL SECURITY

An educational program for people who are nearing retirement, ages 55 and up who have questions about social security. Presented by a financial advisor from Edward Jones.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|--------|-----|-------|
| 4/9 | Josey Ranch Lake | Adults | Tu | 6-7pm |

PROTECTING YOUR FAMILY & LEAVING A LEGACY

The foundation of a good financial plan includes protection for your family and assets. Learn about the different types of insurance and legal documents you need for peace of mind.

| DATE | LIBRARY | AGE | DAY | TIME | REG. BEGINS |
|------|----------------|--------|-----|----------|-------------|
| 4/15 | Hebron & Josey | Adults | M | 6:30-8pm | 3/15 |

MEDICARE UNDERSTANDING THE BASICS

Medicare is the key source of health care coverage for retirees ages 65 and older; however, it's not designed to pay for all health care costs in retirement. Medicare doesn't cover many items, so it's important to understand what costs you'll still be responsible for as you consider your health care expenses in retirement. Presented by a financial advisor from Edward Jones.

| DATE | LIBRARY | AGE | DAY | TIME |
|------|------------------|--------|-----|-------|
| 4/23 | Josey Ranch Lake | Adults | Tu | 6-7pm |

For the most up-to-date information, visit cityofcarrollton.com/library.

SMALL BUSINESS

CONFIDENTIAL MENTORING – FREE!

SCORE has been providing free mentoring for new and existing businesses for over 40 years and has a network of over 13,000 volunteers who donate their time to help entrepreneurs. As highly successful and experienced business professionals and entrepreneurs, SCORE mentors deliver no-cost, confidential, valuable business counseling tailored to meet the needs of your business, whether you are a start-up or an existing business. Appointments are available online and in person, are one hour, and may be held virtually or at Josey Ranch Lake Library, depending on availability. Visit score.org/dallas/local-mentors to schedule a time to meet with a SCORE volunteer about your business.

BUSINESS PLAN 101

The business plan is the foundation of any business. It is the tool used to guide the business and convince people that working with a business owner - or investing in the company - is a smart choice. SCORE Dallas has designed this one-hour workshop to present the basics to help owners get started developing a plan for their business. Presented by SCORE. **Registration is required at score.org/dallas/event/business-plan-101-carrollton-library-person-0.**

| DATE | LIBRARY | AGE | DAY | TIME | REG. BEGINS |
|------|------------------|--------|-----|---------------|-------------|
| 3/19 | Josey Ranch Lake | Adults | Tu | 10:30-11:30am | Open |

HOLDS PICK-UP

online: cityofcarrollton.com/library

by phone: 972-466-4800

1. PLACE A HOLD.

Place holds on items online 24/7 or by phone during service hours.



2. GET NOTIFIED.

You'll receive an email once your items are ready for pick up. You may also call during service hours to check your hold status.



3. PICK UP.

Visit the Library to pick up your holds inside or at the drive-up window during service hours.



Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

Special Events



**Friday, December 1 -
Thursday, February 1**

Sign up to challenge yourself during those slow winter months by taking part in this reading adventure without leaving the comfort of your favorite reading nook. Register at carrollton.beanstack.org beginning Wednesday, November 1.

BOOKMARK CONTEST

Monday, February 12 -

Sunday, March 17

Both Library

Locations & Online

In celebration of National Library Week, we want YOU to create a bookmark that tells us why you love libraries, reading, and books. Winners will receive a prize, and their bookmarks will be reproduced and distributed at both Library locations during National Library Week, Sunday, April 7-Saturday, April 13. Entry forms will be available online and at both Library locations. Submit entries beginning Monday, February 12 through Sunday, March 17. Winners will be announced the week of March 18.



OPENING DOORS: CONTEMPORARY AFRICAN AMERICAN SURGEONS

Monday, December 18 – Saturday, January 27
Josey Ranch Lake Library • Free

Celebrate the achievements and contributions of past and contemporary African American surgeons. This exhibit showcases surgeons and educators who exemplify excellence in their fields and foster continued excellence through the education and mentoring of aspiring African American physicians. *Part of the National Library of Medicine traveling exhibition program.*

Visit the Community Section for more events at the Library:

African American Read-In

New Year Celebration

C-Con

Friends of the Carrollton Public Library

Book Sale

Earth Day Celebration

Library Services

Free Library cards are available to Carrollton residents and qualifying non-residents. Learn more about how to get a card at cityofcarrollton.com/library. A card is not required to access a computer, use resources in the Library, or attend Library programs.

Services with an* require a Library card for access.

Ask A Librarian

Connect with a Librarian for help with book advice, business resources, computer instruction, eBooks, eAudiobooks, job search resources, research questions, and genealogy resources.



BOOK A LIBRARIAN*

Schedule a 30-minute appointment with a professional Librarian to receive individual, focused assistance.

BUSINESS RESEARCH*

Reference Solutions from Data Axle is the premier source of business and residential information for reference and research.

COMPUTER CLASSES

Classes about computer basics, Microsoft Word, and Microsoft Excel are taught in-person year-round. See the Computer Classes calendar at cityofcarrollton.com/library.

COMPUTERS & INTERNET ACCESS

Open Wi-Fi is available in the Library buildings during business hours and in the parking lots (from 5am to 10:30pm). Access Library computers with a valid Library card. Guest passes for computer use are issued at the service desks.

EARLY LITERACY RESOURCES

For parents and caregivers of the littlest learners, attend story times and participate in the 1000 Books Before Kindergarten year-round reading program. Find educational resources and activities with Miss Humblebee's Academy* and TumbleBookLibrary*.

eBooks & eAudiobooks

Access eBooks & eAudiobooks with cloudLibrary. Read over 7,000 digital newspapers and magazines with PressReader, available online and via app on supported devices.

GED PREPARATION*

Reinforce skills with lessons and tutorials in preparation of the GED examination with Learning Express Library.

GENEALOGY & ARCHIVES

Josey Ranch Lake Library has a genealogy and archives collection. Access Ancestry (in-house use only) and Fold3 Military Records, and other resources.

INTERLIBRARY LOAN*

Books, books on CD, DVDs, and articles not owned by Carrollton Public Library can be requested. For Carrollton residents only.

MOBILE HOTSPOTS*

Borrow a mobile hotspot for a week for internet access at home or on the go. For Carrollton residents only.

SEED LIBRARY

At the Josey Ranch Lake Library, find a collection of free seeds for the community that people can take, grow, and share. Donations of open-pollinated, non-GMO seeds are accepted year-round.

STEM KITS FOR KIDS

Explore science, technology, engineering and math with fun activities you can do at home. For ages 8+

SPECIAL COLLECTIONS*

The Library offers more than books. Check out board games, educational tablets called Launchpads, STEM kits, DVDs, and more.

STUDY ROOMS*

Both Library locations offer study rooms available for up to 4 hours per day. Book online a day in advance at cityofcarrollton.com/library.

TEST PREP & STUDY GUIDES*

Access study materials and practice tests for AP classes, career-specific exams, citizenship, college admissions, GED, and STAAR, through Learning Express Library.

TEXSHARE

TexShare is a consortium of Texas libraries, and its services are available to patrons of participating member libraries. Carrollton Public Library is a member library and issues TexShare cards to Carrollton resident cardholders only and accepts TexShare cards from other participating libraries.

Language Learning

English speakers can learn over 70 languages in the Mango app.

The app also offers English as a second language (ESL) courses in over 20 languages, including Arabic, Korean, Russian, Spanish, and Somali. Discover world language collections on-site at the Library or download the app to start learning.



FOLLOW US ON SOCIAL MEDIA



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CarrolltonTxLib



carrolltontxlib



CityofCarrolltonTX

Community Events

NEW! Sounds on the Square

ALL EVENTS ARE FREE | Downtown Carrollton | 1106 S. Broadway Street

Events are Subject to Change Dependent on Weather

Friday, January 12 • 5-7pm

Friday, February 9 • 5-7pm

Friday, March 8 • 5-7pm

Friday, March 22 • 5-7pm

Friday, April 12 • 6-8pm

Friday, April 26 • 6-8pm



DOWNTOWN
CARROLLTON

For more information or
to see all Downtown
events, visit
[cityofcarrollton.com/
downtown](http://cityofcarrollton.com/downtown).

Sounds on the Square is an exciting community live music series bringing the downtown scene to life with captivating melodies and rhythms of talented local artists. Join us in Historic Downtown Carrollton for a series designed to elevate shopping and dining experiences. Carrollton – Where Connections Happen!

Martin Luther King Jr. Day Parade

Saturday, January 13 • 10am • Free

Come celebrate Martin Luther King Jr. Day by watching a memorial parade through the streets of Carrollton. The parade will begin on Rainwater Lane (behind Carrollton City Hall) and proceed west to Josey Lane; south on Josey Lane to Keller Springs Road; east on Keller Springs Road to Kelly Boulevard; and south on Kelly Boulevard to end at Ted Polk Middle School (2001 Kelly Boulevard). The parade is sponsored by Christ Community Connection, Inc. in partnership with the City of Carrollton. Call 972-242-0933 for more information.



African American Read-In

Sunday, February 4 • 3:30-4:30pm • Free
Josey Ranch Lake Library • Meeting Room
1700 Keller Springs Road

Bring the whole family. All are welcome to hear excerpts from stories, poems, and songs written by African American authors. Special guests will read selections aloud for your enjoyment. This program is presented by Professional Achievers for Community Excellence (PACE). Free books, written by African American authors, will be available to children and teens, while supplies last.





New Year Celebration

Sunday, February 11 • 2-4pm • Free

Hebron & Josey Library

4220 N. Josey Lane

The Carrollton Sun Ray Chinese School will lead attendees in a variety of activities celebrating Chinese culture. Join us in welcoming 2024, the Year of the Dragon.



CPOA Daddy Daughter Dance

Saturday, February 24 • 6-9pm

Bent Tree Bible Fellowship Church

4141 International Parkway

The Carrollton Police Officers' Association (CPOA) presents the annual Daddy Daughter Dance. Fathers, come dance the night away with your little angel. Join us for a lively dance party with cookies, punch, crafts, games, prizes, and photo opportunities. Proceeds benefit the CPOA. For more information and to register, visit cityofcarrollton.com/daddydaughterdance, or email cole.langston@cityofcarrollton.com. Preregistration ensures a discounted price. *Sorry, no moms or sons allowed.*



TEXFest

Saturday, March 2 • 3-9pm • Free

Downtown Carrollton

1106 S. Broadway Street

Carrollton is proud to announce the return of TEXFest, our annual beer festival honoring Texas Independence Day. TEXFest is once again bringing live Texas music, local craft beer vendors, and a mouthwatering food village to Historic Downtown. Get ready for unforgettable photo moments, a lively beer garden, and the thrill of riding a mechanical bull. So, dust off your boots and don your finest buckle for a Texas-sized good time in Carrollton. For additional details, visit cityofcarrollton.com/textfest.

C-Con

Friday, March 15 • 5-8pm • Free
Josey Ranch Lake Library
1700 Keller Springs Road

Celebrate all things fandom with fun for all ages. Come as you are or dress up in Cosplay as your favorite anime, comic book, fantasy, science fiction, superhero, television, or video game personality. Challenge yourself in an escape room or a fun round of trivia. Enjoy anime, make crafts, and more. You might discover your new favorite thing. Sensory Friendly space will be available throughout the event. Snacks and craft materials are provided. Costumes are optional. For more information visit the.cityofcarrollton.com/library closer to the date.



\$5 Rabies Vaccinations

Saturday, March 16 • 10am-Noon
Carrollton Animal Services & Adoption Center
2247 Sandy Lake Road

This event will include \$5 rabies vaccinations, free City registration with proof of rabies vaccination for Carrollton residents, hot dogs, pretzels, drinks, a bounce house, and wildlife information. Carrollton animal owners must register their pets with the City each year. Since proof of rabies vaccination is required with registration, it is convenient to register with the City when animals receive their shots. Identification, convenience, and savings all come with a pet's City registration tag. A current City tag clearly shows the public that a pet has been vaccinated against rabies. Registered pets may also be more quickly reunited with their owners if lost. For more information, call Carrollton Animal Services & Adoption Center at 972-466-3420 or visit cityofcarrollton.com/animalservices.



Carrollton Health & Safety Fair

Saturday, March 23 • 10am-2pm • Free
Standridge Stadium, 1330 Valwood Parkway

Bring the whole family to Carrollton's second annual Health & Safety Fair highlighting the services provided by Carrollton's Fire Rescue (CFR), Police (CPD), and Office of Emergency Management (OEM) Departments. There will be multiple scheduled attractions and demonstrations suitable for all ages, fun and games for the kids, and free CPR education for all with assistance from the American Heart Association. Community health and human services partners will operate informational booths and limited on-site medical services will be provided. Food vendors will also be at the event. More information will be available closer to the date at cityofcarrollton.com/HealthSafetyFair.



Facilities

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Aquatics

Sports



Citizens' Evening

Wednesday, March 27 • 6-8:30pm • Free
 Carrollton Senior Center, Texas Ballroom
 1720 Keller Springs Road

Join us for the State of the City address presented by Mayor Steve Babick at Citizens' Evening. Meet and mingle with friends and neighbors, learn about the development projects in Carrollton, community updates, the services provided by various City departments, and other non-city agencies which benefit Carrollton residents. *Hosted by the City of Carrollton with the Neighborhood Advisory Commission (NAC).* For questions, contact communitydevelopment@cityofcarrollton.com.



Wildflower Watch

Month of April Throughout Carrollton

Spring is here, and Carrollton is bursting with colorful blooms. Take a stroll through our beautiful parks and enjoy the sight of bluebonnets, Indian firewheels, Indian paintbrush, and a vibrant array of other wildflowers. Bring your family along and snap some photos – selfie stands are set up at each site so everyone can join in on the fun. For the best wildflower spots, check out Carrollton's ever-changing Parks & Recreation map under "Arts" at cityofcarrollton.com/arts. Have questions? Give us a shout at 972-466-3080. Let's make this spring a memorable one.



Total Solar Eclipse

Monday, April 8 • 12-2pm • Free
 Josey Ranch Lake • 1700 Keller Springs Road

Don't miss the celestial watch party right here in Carrollton. The City is uniquely positioned in the eclipse's path, to witness the exact moment when the moon entirely obscures the sun, creating a twilight midday. Experience the cosmic wonder, and enjoy outdoor games, crafts for the little ones, light snacks, and refreshments. Join fellow enthusiasts and be a part of this extraordinary event. The City is providing complimentary solar viewers on-site for a safe and unforgettable eclipse experience. To reserve one pair of eclipse glasses for use during the watch party, register at cityofcarrollton.com/library. Eclipse glasses are being provided through the Solar Eclipse Activities for Libraries (SEAL) program, and will also be provided to walk-ups, while supplies last.



Friends of the Carrollton Public Library Book Sale

Wednesday, April 10 • 6-8pm (members only)
 Friday, April 12 • 10am-5pm
 Saturday, April 13 • 10am-5pm
 Josey Ranch Lake Library • Meeting Room

Stop by the Josey Ranch Lake Library during the Friends of the Carrollton Public Library Book Sale. Donated adult and children's books, movies, and music will be available for purchase. Cash, checks, and credit cards are accepted. All proceeds benefit the Friends of the Carrollton Public Library to fund Library programming. Want to attend the book sale before everyone else? Become a friend, visit friendscarrolltonlibrary.org.

Carrollton Women's First Responder Day

Saturday, April 20 • 9am-4:30pm • Free
Carrollton Senior Center
1720 Keller Spring Road

Learn what it means to be part of a close-knit family of women first responders for the City of Carrollton. Experience a 911 call for service and learn about the different positions and roles within the Carrollton Police and Fire Rescue Departments. Lunch will be provided along with a guest speaker. More information will be available closer to the date at cityofcarrollton.com/police.



Earth Day Celebration

Saturday, April 20 • 11am-3pm • Free
Josey Ranch Lake Library

Celebrate Earth Day in Carrollton. Explore the Pocket Prairie, attend a special Earth Day-themed Story Time, meet an Eco-Artist, enjoy take-and-make crafts and activities, release ladybugs, plus Recycling Education and Touch a Truck with Republic Services. This event is for all ages. A Sensory Friendly area will be available throughout the event. Returning this year is the Recycled Art Contest & Show. For more information, visit the cityofcarrollton.com/earthday.



Special Needs Spring Bash

Saturday, April 20 • 11am-2pm • Free
Josey Ranch Sports Complex Field #6
1440 Keller Springs Road

Come for a fun-filled day as the City spotlights special needs programming on Carrollton's Adaptive Field #6 at Josey Ranch Sports Complex. There will be plenty of activities including giant games. Participants won't leave hungry either. This free event includes lunch in addition to all the fun. Registration is required at cityofcarrollton.com/signupnow using class # 236001-30.



Facilities

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Aquatics

Sports

NEW!



Carrollton "Tails & Trails" 5K & 1-Mile Fun Run/Walk

Benefiting Carrollton Animal Services

Saturday, April 27 • 8am

Parking at Creekview High School, 3201 Old Denton Road

(Participants will be bused to the starting line along Carrollton's Blue Trail and bused from the finish line back to Creekview High School).

| | |
|----------------------------------|----------|
| Race Day Registration & Warm-up: | 7-7:45am |
| 5K Run: | 8am |
| 1-Mile Fun Run/Walk: | 8:30am |
| Awards Ceremony: | 9am |

Preregistration by 4/22 Race Day Registration

| | | |
|-----------------------------|-----------------------|-----------------------|
| 5K & 1-Mile Run: | \$35/\$38.50 | \$45/\$49.50 |
| Group* | \$175/\$192.50 | \$180/\$197.50 |

*Maximum of six people from the same group participating in the same race.

Packet Pickup: April 25 & 26 • 8am-8pm

Rosemeade Recreation Center, 1330 E. Rosemeade Parkway

Note: The 1-Mile Fun Run/Walk is not a timed event, and no awards will be given. **5K runners who register by 4/22 are guaranteed a race T-shirt, race bag, and timing chip. All participants will receive a race packet.** Any changes made to a registration after 4/22 will incur a \$5 change fee.

Grab your running shoes, your four-legged running buddy, and hit one of Carrollton's best assets, the hike and bike trails, in support of Carrollton Animal Services & Adoption Center. Don't have a dog? Your new best friend is waiting for you at the Adoption Center. Enjoy the post-race celebration with games, music, and an awards ceremony. Refreshments will be provided at the end of the race for all participants. Awards will be given for overall male and female runners and the top three finishers in each age category of the 5K competitive run (10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over). For more information, visit cityofcarrollton.com/carrolltontrails5k

If you want to support Carrollton Animal Services, but do not want to participate in the event, donations of Purina Dog Chow, Special Kitty Cat Chow, non-clumping kitty litter, cleaning supplies, etc. will be accepted at Carrollton Animal Services as well as all three recreation facilities. For a complete list of items to donate, visit cityofcarrollton.com/donations.

Call for Chalk Artists!

Calling all artists with a passion for creativity and a knack for chalk art. The City of Carrollton is searching for talented individuals to dress up the park and add their artistic touch at the annual Chalk Art Festival at Mary Heads Carter Park on 5/18. Whether an art enthusiast or an aspiring competing artist to be, this is your chance to shine. Secure a spot by registering now at cityofcarrollton.com/signupnow. Act fast, as registration closes on 5/10, and space is limited. Let your artistic vision come to life.

Facilities

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The Arts

Fitness

Aquatics

Sports

Adaptive Recreation

NEW >> FREE >> ALL ABILITIES SUNSET STROLL & ROLL WITH A TEXAS MASTER NATURALIST

Take part in a sunset and early evening stroll or roll at the Elm Fork Nature Preserve led by a Texas Master Naturalist. Keep a look out for captivating nocturnal animals that come to life when the sun sets, and for those who are brave enough, maybe an encounter with some fascinating creepy crawlers may come along. It's a unique opportunity to connect with nature before and after dark to gain a deeper appreciation for the creatures that thrive in the wilderness. Though not necessary to participate, one adult and one adult/child all-terrain wheelchairs are available to reserve. **Bring a hat, bottle of water, small snack, wear long pants and closed-toe shoes. For more information, email shelby.carradine@cityofcarrollton.com.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | \$(RES/NR) |
|-----------|------|-----|-------|-----|-------|------------|
| 236001-21 | EFNC | All | 3/20 | W | 7-8pm | Free |

ARCHERY

This class will focus on range safety, proper shooting techniques, and target practice in a fun and safe environment. Instruction is provided by a certified archery instructor who has a degree in recreation therapy and experience teaching adaptive activities. This class is intended for newcomers, but all are welcome to participate. **Come and see what it is all about for FREE on 1/6. A parent or caregiver must be present and able to assist their participant as needed. All equipment is included in the registration fee.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-----------|-----|-------------|-------|--------------|
| 170009-01 | CRC | 12+ | 1/11-1/25 | Th | 4:45-5:45pm | 3 | \$13.50/\$15 |
| 170009-10 | CRC | 12+ | 2/1-2/22 | Th | 4:45-5:45pm | 4 | \$18/\$20 |
| 170009-20 | CRC | 12+ | 3/7-3/28 | Th | 4:45-5:45pm | 4 | \$18/\$20 |
| 170009-30 | CRC | 12+ | 4/4-4/25 | Th | 4:45-5:45pm | 4 | \$18/\$20 |

B.E.S.T. MULTI-SPORT

This class is specifically designed for athletes in the autism spectrum. This industry-leading three-sport program brings you multiple weeks of three fantastic sports: soccer, baseball, and track. Players will learn how to kick and control a soccer ball; how to hit, catch, throw, and run bases; and how to run, jump, and build strength plus endurance in the track and field program. The goal and focus of this class are to maintain an energetic and highly active program that will teach, encourage, and advance young players regardless of their individual skill level. **A parent/guardian or caregiver must be available to assist as needed. Bring an age-appropriate soccer ball for the first week, a hitting tee/bat, and a few whiffles.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | \$(RES/NR) |
|-----------|---------|------|-----------|-----|-----------------|------------|
| 236001-10 | JRSC-F6 | 7-12 | 2/17-3/16 | Sa | 11:30am-12:15pm | \$90/\$99 |

FAMILY GAME NIGHT

Join us for a game night for families and friends of all ages and abilities. Bring your favorite board game from home to play or choose one from our collection. There will also be free crafts and snacks to enjoy. **Registration is required.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | \$(RES/NR) |
|-----------|-----|-----|-------|-----|----------|------------|
| 102098-10 | RRC | All | 2/28 | W | 4-5:30pm | Free |

FAMILY GAME NIGHT - ESPORTS

Join us for a game night for families and friends of all ages and abilities. The state-of-the-art Esports Center at Crosby Recreation Center will be open for free play. Board games and crafts will also be available. **Registration is required.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | \$(RES/NR) |
|-----------|-----|-----|-------|-----|----------|------------|
| 171900-31 | CRC | All | 4/24 | W | 5-6:30pm | Free |

PONG ON WHEELS - PING-PONG

Adaptive ping-pong is offered for athletes of all abilities including those with physical and intellectual disabilities. Students will learn and develop the skills to play the sport of ping-pong including grip, stance, basic forehand, and backhand strokes. Serves, footwork, and game tactics will also be emphasized. Participation in adaptive ping-pong can help improve fine and gross motor skills, muscle development, range of motion, balance, and social skills while in a fun, safe, and supportive environment. All sessions will be taught by a former Paralympic Table Tennis team coach supported by advanced players, as needed. **Appropriate athletic attire/footwear should be worn, and players should bring a water bottle, towel, and can borrow a facility paddle if needed.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|----------|-----|-------------|-------|------------|
| 160235-35 | RRC | 6-17 | 1/9-1/30 | Tu | 5:30-6:30pm | 4 | \$40/\$44 |
| 160235-40 | RRC | 6-17 | 2/6-2/27 | Tu | 5:30-6:30pm | 4 | \$40/\$44 |
| 160235-50 | RRC | 6-17 | 3/5-3/26 | Tu | 5:30-6:30pm | 4 | \$40/\$44 |
| 160235-60 | RRC | 6-17 | 4/2-4/30 | Tu | 5:30-6:30pm | 5 | \$40/\$44 |

REC NIGHT OUT!

Hang out with your friends and make new ones during our REC Night Out! program. We meet at Crosby Recreation Center for a pizza party, games, crafts, and some nights go on outings like bowling or to the arcade. This is an opportunity to practice life, social, and communication skills as well as develop friendships and have fun.

| CLASS # | LOC | AGE | DATES | DAY | TIME | \$(RES/NR) |
|-----------|-----|-----|-------|-----|-------|------------|
| 171900-00 | CRC | 18+ | 1/12 | F | 5-8pm | \$20/\$22 |
| 171900-20 | CRC | 18+ | 3/8 | F | 5-8pm | \$20/\$22 |

REC OUT!

Recreation outings are for adults of varying abilities to get together and have fun. Participants meet at Crosby Recreation Center then set off in our Carrollton City vehicle for lunch and an adventure in the community. This is an opportunity to practice life, social, and communication skills as well as develop friendships. **Participants will need to bring money for lunch.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | \$(RES/NR) |
|-----------|-----|-----|-------|-----|----------|------------|
| 171900-10 | CRC | 18+ | 2/13 | Tu | 11am-3pm | \$20/\$22 |
| 171900-30 | CRC | 18+ | 4/9 | Tu | 11am-3pm | \$20/\$22 |

SPECIAL NEEDS FAMILY NATURE NIGHT

Bring the whole family for a special night of free outdoor adventure inside the climate-controlled Nature Center located in the Elm Fork Nature Preserve. **Enjoy nature crafts, and snacks provided by Chic-fil-A while enjoying the Nature Center. Email any questions to shelby.carradine@cityofcarrollton.com.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | \$(RES/NR) |
|-----------|------|-----|-------|-----|-------|------------|
| 171900-32 | EFNC | All | 4/11 | Th | 5-6pm | Free |

SPECIAL NEEDS SPRING BASH - SEE PAGE 25

TURF TIME – FRISBEE GOLF

We would like to invite everyone in the community to Josey Ranch Field #6 for fun and games. This is free for participants of all ages and abilities, their friends, families, and caregivers. **Registration is required.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | \$(RES/NR) |
|-----------|---------|-----|-------|-----|--------------|------------|
| 236001-40 | JRSC-F6 | 6+ | 3/16 | Sa | 12:30-1:30pm | Free |

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

ADAPTIVE BASEBALL FIELD #6

The City of Carrollton has a fully accessible baseball field designed for people of all abilities. In place of natural dirt, the field features a synthetic turf surface, chosen for its superior attributes in terms of safety, performance, and durability. Field #6 at Josey Ranch Sports Complex features a reduced outfield distance, shorter base paths, wider gate openings, and improved accessibility for wheelchairs and walkers. Adaptive Field #6 is available for rent to groups interested in hosting various sports activities or field days. For more information, call 972-466-4862.

SENSORY FRIENDLY BREAK AREA

Sensory Break Areas at select Carrollton special events offer a quieter, focused space for children and adults with Autism or other special needs to relax and take a break from the noise and crowd. Break areas include relaxing focused activities such as coloring, sensory toys, noise cancelling headphones, and bean bag chairs. **Break area location will be available at TEXFest.**

INTERESTED IN VOLUNTEERING?

Email Shelby.Carradine@cityofcarrollton.com if you or your organization are interested in volunteering for any of the City's adaptive programs or the Sensory Break Areas during events. Must be at least 16 years old and pass a background check.

KultureCity® Certified

The City of Carrollton has partnered with KultureCity® to make six of Carrollton's facilities Sensory Inclusive™. This expands Carrollton's adaptive offerings and promotes an accommodating and positive experience for all guests with a sensory need, no matter their age or ability. Four of the locations are the first Parks & Recreation facilities in Texas to be certified Sensory Inclusive™, including the Crosby Recreation Center, the Rosemeade Recreation Center, the Carrollton Senior Center, and the A.W. Perry Homestead Museum. The other two locations are Carrollton's Hebron & Josey Library and Josey Ranch Lake Library.

Chefsville

Chefsville classes allow kids to explore different aspects of cooking and take their cooking to a new level. Participants eat the fresh, healthy, and fun dishes made while in class. Imagine your kids eating more fruits and vegetables, enjoying baking, and showing off their cooking skills. Cooking connects family and community by spending quality time cooking together. ***Parents must sign an allergen waiver before class. No open-toe shoes or dangling jewelry allowed. Long hair must be put in a ponytail or braids. Due to food availability, market conditions, and food allergies, recipes may change.**

NOODLES, NOODLES, NOODLES!

Kids will make and explore Ramen and Udon noodles. They will make soups, stock and garnishes for the noodles. **A supply fee of \$12 is due at the time of registration.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-------|-----|-----------|-------|------------|
| 170104-01 | RRC | 7-12 | 1/20 | Sa | 10am-12pm | 1 | \$20/\$22 |

DUNKERS

Kids will make dunk-able treats like Biscotti, soft pretzels, and cookie sticks. Come dunk in for some sweet fun! **A supply fee of \$12 is due at the time of registration.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-------|-----|-----------|-------|--------------|
| 170104-11 | CRC | 7-12 | 2/17 | Sa | 10am-12pm | 1 | \$22/\$24.20 |

TWEEN AND TEEN COOKING CAMP

Tweens and teens love the kitchen. This program will build confidence, character, organization & planning skills as they explore the world of cooking. Program covers breakfast, lunch, and dinner foods in addition to topics related to basic cooking, nutrition, and making healthy choices. Chefsville wants tweens to develop healthy eating habits. **A supply fee of \$35 is due at the time of registration.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-----------|------|-------|-------|------------|
| 170104-21 | RRC | 10+ | 3/11-3/14 | M-Th | 1-4pm | 4 | 170/\$187 |

Community Development

FREE>> ANNUAL CITIZENS' EVENING

The event gives citizens a chance to mingle with City officials, representatives from City departments, members of the Neighborhood Advisory Commission, and various social service organizations within the community. The agenda includes the presentation of the Carrollton Volunteer Awards, which recognize outstanding individuals and organizations who have gone above and beyond to deliver exceptional service to the Carrollton community in 2023. Mayor Steve Babick will present the annual State of the City address at 7:30 p.m. Doors open at 6 p.m. **For more information, email communitydevelopment@cityofcarrollton.com or visit cityofcarrollton.com/workshops.**

| LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----|-----|-------|-----|----------|-------|------------|
| SRC | 18+ | 3/27 | W | 6-8:30pm | 1 | Free |

FREE>> BEST LANDSCAPE & GARDENING PRACTICES

Learn more about what it takes to build a landscape design and irrigation plan for your home or neighborhood. Topics include building a landscape design, plant selection, irrigation, soil, planning, pest protection, and more. **For more information, email communitydevelopment@cityofcarrollton.com or visit cityofcarrollton.com/workshops.**

| LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----|-----|-------|-----|--------|-------|------------|
| JRL | 18+ | 2/17 | Sa | 9-11am | 1 | Free |

FREE>> COMMUNITY DEVELOPMENT GRANTS & INCENTIVES

Learn more about the various grants and incentives Carrollton's Neighborhood Partnership Office has to offer and the City's role in working with neighborhood associations and homeowners from conception to completion on various beautification and enhancement projects around the community. This workshop will go over the Neighborhood Enhancement Matching Grant, Sign-Topper Grant, Minor Home Repair Program, Emergency Repair Program, People Helping People Program, Single Family Rehab Incentive, and more. Speakers include the City's Community Development Program Specialists. **For more information, email communitydevelopment@cityofcarrollton.com or visit cityofcarrollton.com/workshops.**

| LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----|-----|-------|-----|-------|-------|------------|
| JRL | 18+ | 1/8 | Sa | 6-8pm | 1 | Free |

CPR/AED

A sudden cardiac arrest is often a survivable event, but usually only with bystander intervention prior to EMS arrival. Carrollton Fire Rescue (CFR) wants to see everyone trained in CPR/AED. Under their tutelage, take a few hours to get trained to help save a life when every second counts.

Classes will be held on the second floor of the Carrollton Fire Administration (CFA) at the Gravley Center. It is the two-story building at the clock tower located at 1111 W. Belt Line Road #100. Enter the building through the glass double doors between the main Carrollton Fire Administration entry and Frost Bank. Take the stairs or the elevator to the second floor.

The City of Carrollton encourages local businesses to schedule on-site training courses with CFR to establish what could be a safer environment should a cardiac episode occur in the workplace. For more information or to schedule a workplace training, call 972-466-4901.

CPR/AED TRAINING

This class is designed for those who do not need a nationally accredited course completion card (such as American Heart Association or American Red Cross). The focus of the class is on Compressions-Only Adult CPR and AED while also covering choking, and pediatric & infant CPR. Participants will receive a course completion card from Carrollton Fire Rescue. Classes will be held on the second floor of Carrollton Fire Administration (CFA) at the Gravley Center. It is a two-story building with the clock tower located at 1111 W. Beltline Rd. #100. Enter the building through the glass double doors between the main Carrollton Fire Admin entry and Frost Bank. Take the stairs or the elevator to the second floor.

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-------|-----|-----------|-------|------------|
| 171050-02 | CFA | 10+ | 1/11 | Th | 6-7:30pm | 1 | Free |
| 171050-11 | CFA | 10+ | 2/17 | Sa | 9-10:30am | 1 | Free |
| 171050-21 | CFA | 10+ | 3/28 | Th | 6-7:30pm | 1 | Free |
| 171050-32 | CFA | 10+ | 4/20 | Sa | 9-10:30am | 1 | Free |

ENTRENAMIENTO CPR/AED

Esta clase está diseñada para aquellos que no necesitan una tarjeta de finalización del curso acreditada a nivel nacional (como la Asociación Americana del Corazón o la Cruz Roja Americana). El enfoque de la clase está en la RCP y el DEA para adultos solo con compresión, mientras que también cubre la asfixia y la RCP pediátrica e infantil. Los participantes recibirán una tarjeta de finalización del curso de Carrollton Fire Rescue. Las clases se llevarán a cabo en el segundo piso de Carrollton Fire Administration en el Gravley Center. Es un edificio de dos pisos con la torre del reloj ubicada en 1111 W. Beltline Rd. #100 Carrollton, TX 75006. Ingrese al edificio a través de las puertas dobles de vidrio entre la entrada principal de Carrollton Fire Admin y Frost Bank. Tome las escaleras o el ascensor hasta el segundo piso.

| CLASE # | LOC | EDAD | FECHA | DIA | HORA | #CLASE | \$(RES/NR) |
|-----------|-----|------|-------|-----|----------|--------|------------|
| 171050-13 | CFA | 10+ | 2/20 | Tu | 6-7:30pm | 1 | Gratis |

Play-Well

NEW >> SPRING INTO STEM CHALLENGE WITH LEGO® MATERIALS

Spring into STEM with Play-Well and tens of thousands of LEGO® parts. Play baseball in spring training, visit the Cherry Blossom Festival, and explore raging waterfalls. Apply real-world mechanical engineering as you design, build, and explore your craziest ideas.

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-----------|-----|----------|-------|-------------|
| 171075-21 | CRC | 7-12 | 3/11-3/15 | M-F | 9am-12pm | 5 | \$200/\$220 |

Wize Computing Academy

Students will gain such skills as logical thinking, creativity, and critical reasoning; learn how to be a better team player; and gain self-esteem and confidence. Students will develop better cognitive skills like hand-eye coordination and focus on learning the consequences of their actions. Students will also have an opportunity to participate in coding and robotics competitions like First LEGO® League.

JOURNEY IN MINECRAFT

Go beyond playing Minecraft and program it! Create design, codes, and mods in Minecraft by learning programming concepts and applying them to display ideas. The camp provides a game-based learning platform in Minecraft Education that promotes creativity, collaboration and problem-solving in an immersive digital environment. This is a great camp for programming, designing, and gaming to run simultaneously allowing the players to hop between playing the game and coding a new modification very quickly. **Participants must bring their own device (laptop or iPad). If you do not have your own device, reach out to divya.dornadula@wizeacademy.com in advance, and it can be arranged for an additional supply fee of \$25 for the week.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-----------|-----|----------|-------|----------------|
| 171011-22 | RRC | 7-12 | 3/11-3/15 | M-F | 9am-12pm | 5 | \$225/\$247.50 |

Korea

GET TO KNOW KOREA

Learn about the many aspects of traditional Korean culture, including clothing, food, games, an introduction to the Korean language, and more. The class will focus on cultural learning and experiences.

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|---------|-----|-----------|-------|--------------|
| 171065-20 | RRC | 16+ | 3/7-4/4 | Th | 7-8pm | 5 | \$55/\$60.50 |
| 171065-21 | RRC | 16+ | 3/5-4/2 | Tu | 11am-12pm | 5 | \$55/\$60.50 |

EXPLORING THE HANGUL LANGUAGE

Explore the Hangul language as children will learn to read, write, and pronounce the Korean alphabet through interactive activities, and more. **A supply fee of \$13.50 is due at the time of registration.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|---------|-----|-------|-------|--------------|
| 171069-21 | RRC | 4-12 | 3/8-4/5 | F | 6-7pm | 5 | \$55/\$60.50 |

Outdoor

BEGINNER ARCHERY

Our archery class will focus on range safety, proper shooting techniques, and target practice in a fun and safe environment. Instruction is proved by a certified archery instructor. This class is intended for newcomers, but all are welcome to participate. **All equipment is included in the registration fee. Dress appropriately for the weather, and wear closed-toe shoes. Class may be cancelled or postponed due to inclement weather.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|----------|-------|-------------|-------|--------------|
| 170011-05 | CRC | 17+ | 1/9-1/30 | Tu/Th | 7:30-8:30c | 7 | \$31/\$34 |
| 170011-12 | CRC | 17+ | 2/1-2/27 | Tu/Th | 7:30-8:30pm | 8 | \$35/\$38.50 |
| 170011-22 | CRC | 17+ | 3/5-3/28 | Tu/Th | 7:30-8:30pm | 8 | \$35/\$38.50 |
| 170011-32 | CRC | 17+ | 4/2-4/30 | Tu/Th | 7:30-8:30pm | 9 | \$40/\$44 |

YOUTH BEGINNER ARCHERY

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|----------|-------|-------|-------|--------------|
| 170011-04 | CRC | 7-16 | 1/9-1/30 | Tu/Th | 6-7pm | 7 | \$31/\$34 |
| 170011-15 | CRC | 7-16 | 2/1-2/27 | Tu/Th | 6-7pm | 8 | \$35/\$38.50 |
| 170011-23 | CRC | 7-16 | 3/5-3/28 | Tu/Th | 6-7pm | 8 | \$35/\$38.50 |
| 170011-33 | CRC | 7-16 | 4/2-4/30 | Tu/Th | 6-7pm | 9 | \$40/\$44 |

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

Texas Master Naturalists

NEW>> FREE>> BIOBLITZ HIKE

Embark on a Bioblitz hike led by a Texas Master Naturalist. To make the most of this experience, download the Seek app – a free, child and family-friendly tool. For those aged 13 and older, an account can be set up with the iNaturalist app. Armed with a smartphone and the app, participants will explore the great outdoors and be able to point a camera at any organism that piques their curiosity. The app's incredible technology will do its best to identify the organism found along the way, making this hike an educational and interactive adventure for all ages. Discover the biodiversity that surrounds us, and be a part of the scientific discovery. **Bring a water bottle, sunscreen, bug spray, and a small snack. Wear long pants and closed-toe shoes.** For more information, email daniela.flores@cityofcarrollton.com.

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|------|-----|-------|-----|--------|-------|------------|
| 160104-20 | EFNP | All | 03/23 | Sa | 12-1pm | 1 | Free |

NEW>> FREE>> BUG WALK

Enjoy a bug walk at the Elm Fork Nature Preserve led by Texas Master Naturalist Greg Tonian. Step into the great outdoors and embark on a journey to discover the fascinating world of insects that call this place home. **Bring a hat, a water bottle and a small snack. Wear long pants and closed-toe shoes.** For more information, email daniela.flores@cityofcarrollton.com.

| LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|------|-----|-------|-----|--------|-------|------------|
| EFNP | All | 3/2 | Sa | 12-1pm | 1 | Free |

NEW>> NIGHT HIKE

Come for a night hike at the Elm Fork Nature Preserve led by a Texas Master Naturalist. Watch for captivating nocturnal animals that come to life when the sun sets, and those who are brave enough, might even encounter some fascinating creepy crawlers along the way. It's a unique opportunity to connect with nature after dark and gain a deeper appreciation for the creatures that thrive in the nighttime wilderness. **Bring a flashlight, a hat, a water bottle, and a small snack. Wear long pants and closed-toe shoes.** For more information, email daniela.flores@cityofcarrollton.com.

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|------|-----|-------|-----|----------|-------|------------|
| 170601-10 | EFNP | 7+ | 02/24 | Sa | 6-7:30pm | 1 | \$2/\$2.25 |
| 170601-30 | EFNP | 7+ | 04/27 | Sa | 7:30-9pm | 1 | \$2/\$2.25 |

FREE>> CITY OF CARROLLTON AND FRIENDS OF FURNEAUX CREEK NATURE WALK

Looking for a way to get back to nature without leaving the City of Carrollton? All ages can explore a nature trail along Furneaux Creek (the Carrollton Blue Trail), revealing exactly that. Join a Texas Master Naturalist or nature expert at the information kiosk and bench on the nature trail near **4100 Arbor Creek Drive**. Walks are led every month on the second Saturday. For more information, email daniela.flores@cityofcarrollton.com.

| AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----|-------|-----|--------|-------|------------|
| All | 1/13 | Sa | 9-11am | 1 | Free |
| All | 2/10 | Sa | 9-11am | 1 | Free |
| All | 3/9 | Sa | 9-11am | 1 | Free |
| All | 4/13 | Sa | 9-11am | 1 | Free |



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

NEW>> FREE>> CONTAINER GARDENING

Elevate your small balcony or yard with a container garden. Learn innovative techniques to maximize any space with Mike James from the Texas Master Gardeners. Explore herb, succulent, and vegetable gardens. Get expert tips on plant selection, container care, and more. **A virtual option is also available.** For more information, email daniela.flores@cityofcarrollton.com or visit cityofcarrollton.com/signupnow.

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-------|-----|-------|-------|------------|
| 171098-10 | RRC | All | 2/23 | F | 6-7pm | 1 | Free |

NEW>> DUTCH OVEN COOKING WORKSHOP

Ever wanted to cook in a Dutch oven while camping? Now's the chance. Learn the basics of Dutch oven cooking during this four-hour workshop taught by a former park interpreter. The program is intended for beginners, but all are welcome to attend. Learn to make a main dish, side, and even enjoy a delicious dessert at this class. Bring a sense of adventure and your taste buds. **Disclose any dietary needs at registration. A supply fee of \$35 is due at the time of registration. All materials including food are provided.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|------|-----|-------|-----|----------|-------|--------------|
| 150601-20 | EFNP | 16+ | 3/23 | Sa | 10am-2p | 1 | \$35/\$38.50 |
| 150601-30 | EFNP | 16+ | 4/13 | Sa | 10am-2pm | 1 | \$35/\$38.50 |
| 150601-31 | EFNP | 16+ | 4/27 | Sa | 10am-2pm | 1 | \$35/\$38.50 |

FAMILY CAMPOUT

Carrollton Parks & Recreation Department invites your family to come for a night beneath the stars, a time to enjoy the outdoors and spend quality time together. The campout will be held at the R.E. Good Soccer Complex opening at 3pm. Set up camp quickly, so you can enjoy the games. There will be ongoing activities at the Elm Fork Nature Center from 4:30-6pm for all ages, children up to 14 years old will have to be accompanied by a parent. The evening includes dinner, a bonfire, and a screening of *The Greatest Showman* (2017), PG. **Campers must provide their own camping gear. Breakfast will be provided in the morning while you break camp. Registration is required for each individual camper online or on-site registration will be allowed from 3pm until dark.** For more information, visit cityofcarrollton.com/signupnow or call 972-466-9811.

| Class # | LOC | AGE | DATES | DAY | TIME | \$(RES/NR) |
|-----------|-----------|-----|---------|-------|------------|------------|
| 122015-31 | R.E. Good | All | 4/6-4/7 | Sa-Su | 3pm-9:30am | \$10/\$11 |

FREE>> FLY FISHING

Learn to cast, tie basic fishing knots, tie flies, review equipment, learn about aquatic ecosystems, safety, fishing, ethics, and regulations. The introduction to fly fishing class offered by Dallas Fly Fishers (DFF) includes all equipment and materials. DFF has been an active club for over 50 years with instructors certified by the Texas Parks and Wildlife Department (TPWD) and Federation of Fly Fishers. Upon completion, fishers will receive a TPWD Basic Fly-Fishing Certificate. **Bring a hat, glasses, and lunch to eat on-site.** Visit dallasfishers.org or call Richard Johnson at 469-877-0695.

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-------|-----|---------|-------|------------|
| 127000-11 | RRC | 12+ | 2/24 | Sa | 9am-3pm | 1 | Free |

NEW>> FREE>> JUNIOR GARDENERS PROGRAM

This program offers children a chance to learn about edible gardening, from planting to harvesting, in designed garden beds. Through hands-on experiences, participants will discover how to care for plants, including watering and protection from critters. Join us to cultivate valuable skills and a love for gardening in a fun and engaging way. We will meet behind the A.W. Perry Homestead Museum. **Bring a hat, a water bottle, small snack, and dress appropriately for the weather.** For more information, email daniela.flores@cityofcarrollton.com.

| Class # | LOC | AGE | DATES | DAY | TIME | \$(RES/NR) |
|-----------|------|------|-------|-----|-------|------------|
| 170506-30 | AWPM | 4-16 | 4/20 | Sa | 4-5pm | Free |

Elm Fork Nature Center

2335 Sandy Lake Road • 972-466-3080 • daniela.flores@cityofcarrollton.com • cityofcarrollton.com/parksandrec



NEW HOURS

March-April
Thursday 1-5pm

Spring Break Hours
March 12 10am-1pm
March 14 1-5pm

Stop by during open hours, and enjoy nature activities, interactive exhibits, arts & crafts, and fun for all ages (activities will vary each day).

NEW>> FREE>> HEARTS AND NATURE

Celebrate with us by crafting Nature Valentine cards, capturing sun prints, and pressing flowers. Share the gift of nature with your loved ones this Valentine's. Join in for creativity and connection!

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|------|-----|-------|-----|--------|-------|------------|
| 190105-10 | EFNC | All | 2/10 | Sa | 12-2pm | 1 | Free |

NEW>> FREE>> SPRING BLOOMING

Celebrate the season of renewal with activities for all ages. Get your hands dirty making seed balls filled with wildflower wonders, engage in nature activities, and explore vibrant nature trails.

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|------|-----|-------|-----|--------|-------|------------|
| 190105-30 | EFNC | All | 4/13 | Sa | 12-2pm | 1 | Free |

Junior Rangers

FREE>> JUNIOR RANGER PROGRAM

Children ages 4-11 can become a Junior Ranger by going on self-adventures with a parent in the wild throughout Carrollton. Learn about plants, recycling, water conservation, and more. *After registration, visit Crosby or Rosemeade Recreation Center during operating hours to pick up your Junior Ranger Activity Book. Once you finish, email daniela.flores@cityofcarrollton.com to set up a time to pick up a Junior Ranger badge and certificate. Don't forget to bring the completed activity book with you. Sign up with class #170106-00.*

FREE>> JUNIOR RANGER ARCHERY DAY

Participate in a FREE Archery Day specific to Junior Rangers only. Sign up at cityofcarrollton.com/signupnow and complete the Junior Ranger Activity Book before signing up for this program. *For more information, email daniela.flores@cityofcarrollton.com or visit cityofcarrollton.com/signupnow.*

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-------|-----|--------|-------|------------|
| 170106-22 | CRC | 7-11 | 3/30 | Sa | 12-2pm | 1 | Free |

FREE>> JUNIOR RANGER FISHING 101

Participate in Fishing 101 led by the Dallas Fly Fishers. Learn the basics of fishing such as choosing the best spot, setting up gear, and baiting hooks. Sign up at cityofcarrollton.com/signupnow and complete the Junior Ranger Activity Book before signing up for this program. *For more information, email daniela.flores@cityofcarrollton.com or visit cityofcarrollton.com/signupnow.*

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-------|-----|----------|-------|------------|
| 170106-08 | RRC | 4-11 | 1/27 | Sa | 9am-12pm | 1 | Free |

NEW>> FREE>> STAR PARTY

Hosted by the Texas Astronomical Society of Dallas, bring the family for a fun and educational evening under the stars. Look at planets, stars, and other celestial wonders at the A.W. Perry Homestead Museum. *Feel free to bring a picnic, books, or games to enjoy under the night sky. Time is subject to change.*

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|------|-----|-------|-----|--------|-------|------------|
| 180406-30 | AWPM | ALL | 4/25 | Th | 8-10pm | 1 | Free |

Scouts

Earn patches, badges, or complete certain requirements at the A.W. Perry Homestead Museum (PHM) and Elm Fork Nature Preserve (EFNP). Reserve a program date for your troop by calling 972-466-9811. All program fees must be received to secure your date. One adult must be present for every five scouts and a minimum of three students is needed to offer any program. Badges will be given out for any of the paid options.

GIRL SCOUTS:

BADGES FOR DAISIES

Outdoor Art Maker - \$7 per scout
Rosie: Make the World a Better Place - \$7 per scout

BADGES FOR BROWNIES

It's Your Planet Badge: Pottery Craft - \$12 per scout
Outdoor Art Creator - \$12 per scout

BADGES FOR JUNIORS

Gardener - \$12 per scout
It's Your Story Badge: Manners - Social Butterfly - \$12 per scout
Outdoor Art Explorer - \$12 per scout

BADGES FOR CADETTEs

Outdoor Art Apprentice - \$12 per scout

BOY SCOUTS:

CUB SCOUTS

Bear Adventures: Paws for Action - Free by appointment
Bear Elective Adventures: Marble Madness - \$7 per scout
Tiger Adventures: Tigers in the Wild - Free by appointment
Webelos Elective Adventures: Webelos in the Wild - Free by appointment
Wolf Adventures: Paws on the Path - Free by appointment
Wolf Elective Adventures: Collections and Hobbies - \$7 per scout

BOY SCOUT MERIT BADGES

Merit Badge: American Heritage - Free by appointment
Merit Badge: Archaeology - \$12 per scout
Merit Badge: Collections - Free by appointment

EAGLE SCOUTS

EAGLE SCOUT PROJECT: BY APPOINTMENT

The PHM and EFNP welcome all Eagle Scouts seeking service, impact, and leadership with their Eagle Projects. To propose an idea for your Eagle Project, email parksadmin@cityofcarrollton.com.

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

Cultural Arts



NEW>> ART BREAK! SPRING BREAK ART CAMP

Enjoy spring break with an artistic celebration. The class will include practice sketching, quick draw, oodles of doodles, mythical beasts, rock painting, and best of all, art games. All artistic levels are welcome. Students are going to have a blast! All supplies are provided. Clothes must be casual, comfortable, and protective, as the class will be using permanent acrylic paint. Instructor: Storch

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-------|-----------|-----|----------|-------|-------------|
| 150070-00 | RRC | 10-17 | 3/11-3/15 | M-F | 9am-12pm | 5 | \$130/\$143 |

NEW>> DROP IN>> ART IN AN HOUR

Creative minds, start your engines. Encourage the young artists in your life to explore their talents and learn about the fine arts in a fun and engaging way. Come to unleash their imagination in this powerful hour of creativity. **\$14 (res)/\$15.50 (non-res) drop in fee.** Instructor: Waheed

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|---------|-----|---------|-------|--------------|
| 150175-30 | RRC | 4-18 | 2/3-3/9 | Sa | 10-11am | 6 | \$85/\$93.50 |

NEW>> ROSEMEADE QUARTERLY

Are you an artist, creator, or craft maker? The City of Carrollton is looking for artisans and crafts people to display their art in a new gallery area. **If you're interested in participating or have questions about the gallery display, contact Jace Earwood, Cultural Arts Coordinator, at jace.earwood@cityofcarrollton.com.**

NEW>> STAINED GLASS BASICS

Create a beautiful six-inch circle of stained glass to take home to proudly display and treasure. Participants will become comfortable with stained glass practices, from start to finish, and have fun while learning. Several patterns are available to choose from. **All supplies are provided. Clothes must be casual, comfortable, and protective, as the class will be cutting glass.** Instructor: Storch

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-----------|-----|----------|-------|----------------|
| 150099-00 | RRC | 18+ | 1/16-1/30 | Tu | 5:30-8pm | 3 | \$115/\$126.50 |
| 150099-01 | RRC | 18+ | 2/13-2/27 | Tu | 5:30-8pm | 3 | \$115/\$126.50 |
| 150099-02 | RRC | 18+ | 3/12-3/26 | Tu | 5:30-8pm | 3 | \$115/\$126.50 |
| 150099-03 | RRC | 18+ | 4/9-4/23 | Tu | 5:30-8pm | 3 | \$115/\$126.50 |

NEW>> WATERCOLOR PAINTING BASICS

During this class, we will learn about painting materials and experiment with paints on paper. Our goal over the eight weeks will be to help students improve their technical skills, be introduced to basic design considerations, and develop an approach to painting that will allow them to confidently begin to work independently on future paintings. Instructor: Byfield

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|----------|-----|----------|-------|----------------|
| 150027-00 | RRC | 18+ | 2/8-3/28 | Th | 10am-1pm | 8 | \$160/\$181.50 |

Dance

Dynasty Dance Academy offers year-round classes that have a variety of different dance styles for various ages. Participants will refine motor skills, use creative thinking, learn dance terminology, and develop performance skills throughout each class.

INTRO TO BALLET

In this class, we explore ballet skills, technique, and choreography. Parents will enjoy a fun show-off at the end of this session. **Attire will be pink ballet shoes, purple leotard, black or white ballet skirt or tights. For more information, contact ddatexas.com@gmail.com. No class 3/16.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-----------|-----|------------|-------|----------------|
| 150175-00 | RRC | 3-5 | 1/27-4/20 | Sa | 10-11:15am | 12 | \$165/\$181.50 |

BEGINNING BALLET

In this class, kids will focus on ballet skills, technique, and choreography. Parents will enjoy a fun show-off at the end of this session. **Attire will be pink ballet shoes, purple leotard, black or white ballet skirt or tights. For more information, contact ddatexas.com@gmail.com. No class 3/16.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-----------|-----|-----------------|-------|----------------|
| 150140-00 | RRC | 6-10 | 1/27-4/20 | Sa | 11:15am-12:15pm | 2 | \$165/\$181.50 |

BALLET & TAP

In this class, kids will explore ballet and tap skills, technique, and choreography. Parents will enjoy a fun show-off at the end of this session. **Attire will be pink ballet shoes, purple leotard, black or white ballet skirt or tights. For more information, contact ddatexas.com@gmail.com. No class 3/11.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-----------|-----|-------------|-------|----------------|
| 150050-00 | RRC | 4-6 | 1/22-4/15 | M | 5-5:45pm | 12 | \$165/\$181.50 |
| 150050-01 | RRC | 7-12 | 1/22-4/15 | M | 5:45-6:45pm | 12 | \$165/\$181.50 |

BALLET FOLKLÓRICO

Students will focus on ballet folklórico movement, culture, rhythm, technique, and performance skills. Parents will enjoy a fun show-off at the end of this session. **Attire will be ballet and tap shoes, folklórico flamenco skirt or ballet leotard and any color ballet skirt. For more information, contact ddatexas.com@gmail.com. No class 3/14.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-----------|-----|----------|-------|----------------|
| 150045-00 | RRC | 6-12 | 1/25-4/18 | Th | 6:15-7pm | 12 | \$165/\$181.50 |

HIP HOP DANCE

In this class, kids will explore hip-hop skills, technique, current dances, and fresh beats. Parents will enjoy a fun show-off at the end of this session. **Loose fitting clothing and tennis shoes are required. For more information, contact ddatexas.com@gmail.com. No class 3/12 & 3/16.**

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-----------|-----|--------------|-------|----------------|
| 150185-00 | RRC | 6-8 | 1/23-4/16 | Tu | 5:30-6:30pm | 12 | \$165/\$181.50 |
| 150185-01 | RRC | 9-12 | 1/23-4/16 | Tu | 6:30-7:30pm | 12 | \$165/\$181.50 |
| 150185-02 | RRC | 7-12 | 1/27-4/20 | Sa | 12:15-1:15pm | 12 | \$165/\$181.50 |



For your convenience, recreation centers accept
Visa, Mastercard, and Discover
for all parks & recreation fees.

Fitness Dance

Welcome to B.A.D. BABES in Fitness where B.A.D. stands for **B**eautiful, **A**uthentic, **D**ancer. The place to fill your cup from the inside out. This program offers a range of adult dance classes, support, resources, and more. B.A.D. BABES in Fitness is a division of Dynasty Dance Academy. *Attire for all classes is loose-fitting clothing you can move in. For more information, contact ddatexas.com@gmail.com.*

ADULT BALLET

Students will explore the body through ballet technique and movement and strengthen the body from the core down to the feet.

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-----------|-----|-------|-------|--------------|
| 130065-00 | RRC | 18+ | 1/22-4/15 | M | 7-8pm | 13 | \$65/\$71.50 |

BEAUTY BURLESQUE

Learn how to tap into yourself with this self-love inspired burlesque, jazz class.

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-----------|-----|-------------|-------|--------------|
| 130067-00 | RRC | 18+ | 1/17-4/10 | W | 7:30-8:30pm | 13 | \$65/\$71.50 |

ADULT HIP HOP

Work up a sweat in this fun upbeat class that includes hip-hop movement for beginners.

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-----------|-----|-------------|-------|--------------|
| 130069-00 | RRC | 18+ | 1/23-4/16 | Tu | 7:30-8:30pm | 13 | \$65/\$71.50 |

LATIN FUSION

This beginner level Latin class will focus on salsa and bachata dances. No partner needed.

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-----------|-----|-------------|-------|--------------|
| 130071-00 | RRC | 18+ | 1/18-4/11 | Th | 7:30-8:30pm | 13 | \$65/\$71.50 |

Group Exercise, Pilates, Yoga

FREE>> FITNESS ON DEMAND

Fitness On Demand brings the world's most in-demand fitness brands and trending workouts to on-demand users everywhere – anywhere they are. Get high intensity interval training (HIIT), core-strength, cycling, yoga, and other specialty fitness classes and content from global, powerhouse fitness brands that include Jillian Michaels, Daily Burn, Sweat Factor, GymRa, SHIFT, Zumba and Strong by Zumba, Move23, and more. Formats include 60-, 30-, and 5-7 minute classes and workouts, plus individual exercises for total programming customization. *Available now for free at Rosemeade Recreation Center with a valid membership.*

DROP IN>> INDOOR CYCLING

The instructor brings an outdoor cycling experience indoors with this athletic and authentic cycling ride. Motivating instruction and driving music will keep the class energized as all are led through a workout comprised of a variety of hill climbs, flat terrains, head winds, tail winds, sprints, and aerobic intervals. Each workout is different as the instructor picks the terrain and sets the goals for each class. This class is multi-level and no outdoor cycling experience is required. If you are serious about burning calories, losing weight, and elite cardio-respiratory fitness, this class is for you. *Bring a water bottle, towel, and gel bike seat cover (optional). \$8 (res)/\$9 (non-res) drop in fee.* Instructor: McGehee

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|----------|-----|-------|-------|--------------|
| 130130-00 | RRC | 16+ | 1/2-1/30 | Tu | 6-7pm | 5 | \$35/\$38.50 |
| 130130-10 | RRC | 16+ | 2/6-2/27 | Tu | 6-7pm | 4 | \$28/\$31 |
| 130130-20 | RRC | 16+ | 3/5-3/26 | Tu | 6-7pm | 4 | \$28/\$31 |
| 130130-30 | RRC | 16+ | 4/2-4/30 | Tu | 6-7pm | 5 | \$35/\$38.50 |

DROP IN>> PILATES/YOGA FOR EVERYONE

Pilates is a total body conditioning exercise that combines flexibility and strength to restore natural balance while boosting the immune system and reducing stress, fatigue, and pain. *No food or drink one hour prior to class. Wear comfortable clothing that is not too loose and bring a mat, towel, and water bottle. \$12 (res)/\$13.25 (non-res) drop in fee. No class 1/15.* Instructor: Mashreghi

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|----------|-----|-------|-------|------------|
| 130220-00 | RRC | 13+ | 1/8-2/26 | M | 6-7pm | 7 | \$70/\$77 |
| 130220-20 | RRC | 13+ | 3/4-4/22 | M | 6-7pm | 8 | \$80/\$88 |

DROP IN>> STEP - STRENGTH - CORE

Try an interval class that combines basic step aerobics, upper body strength training, and core conditioning into one well-designed workout. This class allows you to work both the heart and muscles extensively in a one-hour-long class. Doing circuits of cardio on the step, followed by strategic intervals of upper body strength training, and wrapping up with intense core conditioning uses the time efficiently. *\$8 (res)/\$9 (non-res) drop in fee.* Instructor: Campo

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|----------|-----|-------|-------|--------------|
| 130215-00 | RRC | 15+ | 1/4-1/25 | Th | 6-7pm | 4 | \$24/\$26.50 |
| 130215-10 | RRC | 15+ | 2/1-2/22 | Th | 6-7pm | 5 | \$30/\$33 |
| 130215-20 | RRC | 15+ | 3/7-3/28 | Th | 6-7pm | 4 | \$24/\$26.50 |
| 130215-30 | RRC | 15+ | 4/4-4/25 | Th | 6-7pm | 4 | \$24/\$26.50 |

DROP IN>> ZUMBA TONING

Zumba Toning is a cardio workout aimed at sculpting and toning the body that targets specific muscle groups and works the thighs, abs, and arms. Toning sticks add resistance to the highly acclaimed Zumba workout, pushing muscles to the limit. *No dance experience necessary. \$10 (res)/\$11 (non-res) drop in fee. No class 1/15.* Instructor: Muggli

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|----------|-----|-------------|-------|--------------|
| 130385-00 | RRC | 15+ | 1/8-1/29 | M | 7:30-8:30pm | 3 | \$24/\$26.50 |
| 130385-10 | RRC | 15+ | 2/5-2/26 | M | 7:30-8:30pm | 4 | \$32/\$35.25 |
| 130385-20 | RRC | 15+ | 3/4-3/25 | M | 7:30-8:30pm | 4 | \$32/\$35.25 |
| 130385-30 | RRC | 15+ | 4/8-4/29 | M | 7:30-8:30pm | 4 | \$32/\$35.25 |

SENIORS 50+ CLASSES SEE PAGE 13

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 20.

Non-resident registration begins December 4. Classes begin January 2.

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

Training

FITNESS EQUIPMENT ORIENTATION FOR ADULTS

Not sure how machines in the weight room work or how to set a machine up? The class provides a walk-through of the weight room to give a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized work out plan, contact a personal trainer. ***Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate. \$6(res)/\$7(non-res). To schedule, email justin.swaney@cityofcarrollton.com or call 972-466-9813.*** Instructor: Staff

WEIGHT ROOM ORIENTATION FOR MINORS

Parks & Recreation's qualified staff will teach youth proper weight room and cardio room etiquette. Teens will receive a weight room authorization card, allowing them to work out in the weight room independently upon completion of class. Both parent and child must sign the weight room user agreement form. If a person is interested in obtaining a personalized work out plan, contact one of the personal trainers. ***There are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.*** Instructor: Staff

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-------|-------|-----|----------|-------|------------|
| 130245-00 | RRC | 13-15 | 1/9 | Tu | 6:30-7pm | 1 | \$6/\$7 |
| 130245-10 | RRC | 13-15 | 2/13 | Tu | 6:30-7pm | 1 | \$6/\$7 |
| 130245-20 | RRC | 13-15 | 3/12 | Tu | 3:30-4pm | 1 | \$6/\$7 |
| 130245-30 | RRC | 13-15 | 4/9 | Tu | 6:30-7pm | 1 | \$6/\$7 |



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

Personal Trainers

City of Carrollton personal trainers are available to work with you at Crosby and Rosemeade Recreation Centers and the Carrollton Senior Center.

Personal trainers have their own philosophies and unique styles to create an individual training program to meet your needs. Sessions are charged at an hourly rate and trainers' rates vary. Visit cityofcarrollton.com/parksandrec and click on Programs & Events for more information on our trainers. For additional information about the personal training program, call 972-466-9834.

TOM NOUNE

214-957-3694 • tgounne@aol.com
hearthealthandwellness.com • \$65/\$60 hr
 Tom specializes in weight resistance training, primarily with baby boomers and seniors. He also provides nutritional coaching and emphasizes the importance and benefits of proper stretching techniques.

KERRY STALLO

214-244-7004 • ageintercept@aol.com
ageintercept.com • \$40 initial assessment
 \$55/45 min or \$70/hr
 two clients \$95/45 min or \$110/hr
 Kerry specializes in corrective exercise and developing exercise strategies for older adults. Key programs include weight loss, overall body conditioning, and increasing muscle strength.





Esports

GAMING MEMBERSHIPS

Open play gaming passes are available on a first-come, first-served basis. Availability is subject to change daily due to leagues, tournaments, and other programming. **All gaming passes are non-refundable. Staff has final discretion on time limits during peak/non-peak times. Hours expire one year from date of purchase.**

| DURATION | \$(RES/NR) |
|-----------|--------------|
| 1 Hour: | \$5/\$5.50 |
| 5 Hours: | \$12/\$13.25 |
| 20 Hours: | \$35/\$38.50 |
| 50 Hours: | \$75/\$82.50 |

BIRTHDAY PARTY GAMING PACKAGE

Book a birthday party gaming package and enjoy amazing gaming equipment, age-appropriate games, and knowledgeable staff that are sure to help take the party to the next level. Bookings made less than 30 days from the event date will be subject to approval by the Recreation Coordinator. **Full payment, as well as damage deposit, is due at the time of booking.**

| | \$(RES/NR) |
|-------------------------------------------------|-------------|
| Security Deposit | \$100/\$125 |
| 20 PCs (Full Room) + 2 Nintendo Switch Stations | \$300/\$350 |

NEW>> ESPORTS SPRING SHOWCASE

Carrollton Esports is excited to announce the inaugural Esports Spring Showcase. This event is for players and teams of all levels, including high school, college, amateur, and professional, to celebrate gaming in North Texas. Keep an eye out for registration links, raffle prizes, and more. **For more information, email cody.wager@cityofcarrollton.com or call 972-466-9834.**

| LOC | DATE | DAY | TIME | #CLSS | \$(RES/NR) |
|-----|------|-----|--------|-------|------------|
| CRC | 3/16 | Sa | 12-6pm | 1 | \$20/\$22 |



Join the Carrollton Esports Discord to get the latest news on our tournaments, bootcamps, and community competitions.

NEW>> MINECRAFT TWO-DAY CAMP

Join our Minecraft Camp designed for beginners and intermediate level students. Discover the fundamentals of material progressions, crafting, survival, and thriving in adventure mode. Engage in collaborative world-building activities. Even if you're already intermediate, you'll gain additional knowledge and techniques such as an extended command prompt library, various farming methods, and the camaraderie of like-minded individuals. **For more information, email cody.wager@cityofcarrollton.com or call 972-466-9834.** Instructor: Starlight Fusion

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-----------|-------|-------|-------|--------------|
| 500100-07 | CRC | 7+ | 1/16-1/18 | Tu/Th | 6-8pm | 2 | \$75/\$82.50 |

NEW>> APEX LEGENDS TWO-DAY CAMP

Experience an adrenaline rush as you're thrown into a last team standing scenario and witness the hairs on your arms rise. Whether you're a Battle Royale veteran or a newcomer to the genre, this camp is designed to help you refine your abilities as you engage in heated battles against a variety of adversaries. We'll delve into the nuances of various weapon categories and devote time to practical training in the field. Next, we'll shift our focus to mastering building techniques. The highlighted game for this program will be Apex Legends. **For more information, email cody.wager@cityofcarrollton.com or call 972-466-9834.** Instructor: Starlight Fusion

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-----------|-------|-------|-------|--------------|
| 500100-08 | CRC | 13+ | 2/27-2/29 | Tu/Th | 6-8pm | 2 | \$75/\$82.50 |

ROCKET LEAGUE TWO-DAY CAMP

Accelerate your Rocket League journey with our high-intensity camp. Gain mastery in ball control, personal movement, aerial maneuvers, and effective striking and defending techniques. Collaborate with teammates to eradicate ball chasing and solidify strong rotations and communication skills. Push your understanding of physics and geometry to the limit as you strive to reach the pinnacle of gaming achievement: Supersonic Legend! **For more information, email cody.wager@cityofcarrollton.com or call 972-466-9834.** Instructor: Starlight Fusion

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-----------|-------|-------|-------|--------------|
| 500100-08 | CRC | 13+ | 4/23-4/25 | Tu/Th | 6-8pm | 2 | \$75/\$82.50 |

Indian Creek Golf Club

1650 W. Frankford Road • 972-466-9850 • indiancreekgolfclub.com



indian creek
golf club

 **TOPTRACER RANGE**



BLACK BELT GOLF ACADEMY (BBGA)

This BBGA FORE kids and teens programs are for youth interested in social and recreational golf to start, while giving them the ability to progress to high school and collegiate level play, with graduation to the "competition" level of the academy as the ultimate goal.

To inquire about either program, call Coach Bruce Smith at 214-727-8857 or email blackbeltgolfacademy@gmail.com.

FORE KIDS - AGES 7-11

Classes are offered three days/week.

SCHEDULE

- Tuesdays & Thursdays: 5-6:30pm
- Saturdays: 12-1:30pm

BBGA STUDENT BENEFITS

- Range access one hour per day
- Professional instruction
- Play Mon-Fri, after 1pm on Sat-Sun (walk-on only basis)*

*Parental supervision may be required for youth 12 years and younger.

FEES

- Annual Dues: \$150
- Monthly Dues: \$235**

**Multiple sibling discounts are available.



FORE TEENS - AGES 12-16

Classes are offered three days/week.

SCHEDULE

- Tuesdays & Thursdays: 5-6:30pm
- Saturdays: 12-1:30pm

BBGA STUDENT BENEFITS

- Range access one hour per day
- Professional Instruction
- Play Mon-Fri, after 1pm on Sat-Sun (walk-on only basis)

FEES

- Annual Dues: \$150
- Monthly Dues: \$235**



MORE INFO



BOOKING POLICIES

- Tee times may be made seven days in advance. Phone reservations are accepted 7:30am to 6:30pm daily (online reservations may be made starting at midnight seven days out.).
- Saturday-Sunday tee times require prepayment to accommodate all players wanting reservations. (Call volume is high, book at indiancreekgolfclub.com/tee times to avoid hold times, online rates include golf car). OR for walking rates, resident card discount, and raincheck/gift card redemptions, call the Golf Shop to reserve.
- **Book now or call 972-466-9850.**
- You may book online for Monday-Friday tee times without prepaying or call the golf shop.
- Select your preferred course/date/tee time then select 'PAY NOW' to prepay (rates include a golf car).
- OR you may select 'PAY AT COURSE' to pay your assigned rate (senior, walking, junior, or member) when you check-in at the course.
- Single players may reserve tee times online if there is availability to fill in with another group. We recommend calling in advance for walk-ons to ensure availability.

Residents with a current driver's license showing a City of Carrollton address are eligible for a discount on green fees. Go to the website for a link to register for a resident discount card.

CONTACT INFORMATION

For the latest calendar of events, visit
indiancreekgolfclub.com/events/calendar.

Call us: 972-466-9850

Email: info@indiancreekgolfclub.com

Give the Gift of Golf!

To Purchase an E-Gift Certificate:
indiancreekgolfclub.com/onlinestore

PGA™

Junior Golf Camps

PGA JUNIOR GOLF CAMPS

The NTPGA Junior Golf Foundation teams up with local golf courses to introduce kids to the game of golf by conducting week-long summer golf camps. Kids learn full swing fundamentals, putting, chipping, bunker play, rules, etiquette, and safety. For more information, visit indiancreekgolfclub.com/lessons/juniors.

CAMP HIGHLIGHTS INCLUDE:

- Action-packed camps offer hands-on instruction led by certified PGA professionals.
- Signature PGA camp curriculum focuses on developing golf skills, including full swing, short game, rules, and etiquette, while keeping the experience fun and engaging with games and activities
- A fun, safe, and educational environment designed with each child's wellbeing in mind
- Low student to instructor ratio of approximately 6:1

For information on Indian Creek's upcoming camp schedule, visit pgajuniorgolfcamps.com/camp-locations/indian-creek-golf-club-carrollton-texas.

Arrowhead Bar & Grill at
Indian Creek Golf Club

HOLIDAY CATERING

Contact Megan Atkinson for catering
options, menus & pricing
matkinson@orion-mgmt.com

Happy Holidays!

GRILL OPEN FOR BREAKFAST & LUNCH
8AM - 5PM
CALL AHEAD (972) 466-9857

[@arrowhead_barandgrill](https://www.instagram.com/arrowhead_barandgrill)

DOWNLOAD OUR APP INDIAN CREEK GOLF



GPS



NEWS &
EVENTS



SCOREKEEPING



DEALS



TEE TIMES

AND MORE...



Adult Leagues



ADULT BASKETBALL LEAGUE

This League includes eight scheduled games plus an end of season playoffs for top finishers. Competitive and recreational leagues offered. Games are played on Sundays at the Rosemeade Recreation Center. **No games 3/31.**

Contact the Athletics Office for login information at 972-466-9836. Email athletics@cityofcarrollton.com with any questions regarding the upcoming league.

| | | \$(RES/NR) | | | | | |
|---------------------------------------------|--------|----------------|-----|-----|-----|--------|------|
| Spring Early-Bird Registration is 1/8-2/11: | | \$395 | | | | | |
| Spring Standard Registration is 2/12-2/19: | | \$420 | | | | | |
| CLASS# | STARTS | DIV | LOC | AGE | DAY | TIME | #WKS |
| 20700-30 | 3/3 | Men's Rec/Comp | RRC | 18+ | Su | 1-10pm | 8 |

ADULT CORNHOLE LEAGUE

Grab a partner and come out for the summer Adult Cornhole League! This is a doubles league open to all genders and skill levels. Matches will take place on Tuesday nights at 3 Nations Brewery. Boards and bags will be provided. **Matches will run 3/19-5/7 and playoffs will take place on 5/14. Players may register individually or as a team. Individual registrants will be assigned partners. Contact the Athletics Office for login information or questions for the upcoming league at [Athletics@cityofcarrollton.com](mailto:athletics@cityofcarrollton.com) or 972-466-9836.**

| | | \$(RES/NR) | | | | | |
|---------------------------------------------|--------|------------|-----------|-----|-----|--------------|------|
| Spring Early-Bird Registration is 1/29-3/3: | | \$40/\$44 | | | | | |
| Standard Registration is 3/4-3/11: | | \$55/\$59 | | | | | |
| CLASS# | STARTS | DIV | LOC | AGE | DAY | TIME | #WKS |
| 207120-20 | 3/19 | Doubles | 3 Nations | 21+ | Tu | 6:30-10:45pm | 8 |

ADULT FLAG FOOTBALL LEAGUE

Join us for our Spring 8v8 Adult Flag Football League! Competitive and Recreational divisions offered. Games are played on Thursday nights at the McInnish Sports Complex. Contact athletics@cityofcarrollton.com with any questions regarding the league. **Games will run 2/22-4/11 and playoffs will take place on 4/18. Teams will be responsible for providing their own flags and game balls. For more information, visit cityofcarrollton.com/athletics.**

| | | \$(RES/NR) | | | | | |
|--------------------------------------------|--------|------------|----------|-----|-----|--------------|------|
| Spring Early-Bird Registration is 1/1-2/4: | | \$395 | | | | | |
| Spring Standard Registration is 2/5-2/14: | | \$420 | | | | | |
| CLASS# | STARTS | DIV | LOC | AGE | DAY | TIME | #WKS |
| 207051-30 | 2/22 | Men's | McInnish | 18+ | Th | 6:45-10:45pm | 8 |

ADULT SOFTBALL LEAGUE

All games are played at McInnish Softball Complex, Sunday through Friday. **Softballs must be purchased from the City.** League Divisions include Men's 5HR, Men's 3HR, Men's 1HR, Church, and Men's Senior (40+). **A free agent list for individuals looking for a team is available at cityofcarrollton.com/athletics or by calling 972-466-9836. No games 1/15, 3/29-3/31.**

| | | \$(RES/NR) |
|-------------------------------------|--|------------|
| WINTER 250' | | |
| Early Bird Registration: 11/6-12/10 | | \$360 |
| Standard Registration: 12/11-12/18 | | \$385 |
| SPRING SINGLE GAMES | | |
| Early Bird Registration: 1/8-1/28 | | \$415 |
| Standard Registration: 1/29-2/12 | | \$440 |
| SPRING DOUBLE HEADER GAMES | | |
| Early Bird Registration: 1/8-1/28 | | \$360 |
| Standard Registration: 1/29-2/12 | | \$385 |

WINTER 250'

| CLASS # | STARTS | DIVISION | AGE | DAY |
|-----------|--------|----------|-----|-----|
| 207152-00 | 1/7 | Men's DH | 40+ | Su |
| 207152-02 | 1/8 | Men's DH | 18+ | M |
| 207152-04 | 1/9 | Men's DH | 18+ | Tu |
| 207152-06 | 1/10 | Men's DH | 18+ | W |

SPRING

| CLASS # | STARTS | DIVISION | AGE | DAY |
|-----------|--------|-----------------|-----|-----|
| 207153-00 | 2/25 | Men's SG | 18+ | Su |
| 207153-01 | 2/25 | Men's Senior DH | 40+ | Su |
| 207153-02 | 2/26 | Men's DH | 18+ | M |
| 207153-03 | 2/27 | Men's DH | 18+ | Tu |
| 207153-04 | 2/28 | Men's DH | 18+ | W |
| 207153-05 | 2/29 | Men's Church SG | 18+ | Th |
| 207153-06 | 3/1 | Coed SG | 18+ | F |

PONG ON WHEELS PING-PONG SINGLES LEAGUE

Players will be put in groups based on skills and ability. This is a non-sanctioned single ping-pong matches league. Everyone gets to play single matches in a fun setting environment. Competition will be round-robin groups, all players advance to double-elimination brackets – single matches to 11 points. **Games will take place on Saturdays from 3-5:30pm at Rosemeade Recreation Center. The winter league runs from 1/20 through 2/24 and spring league runs 3/16 through 4/27.** All levels, skills, and abilities are welcome to join. Organizer: Pong on Wheels.

| | | \$(RES/NR) | | |
|-----------------------------------|--------|------------|-----------|------|
| WINTER SINGLES LEAGUE | | | | |
| Standard Registration: 12/20-1/20 | | | \$30/\$33 | |
| CLASS # | STARTS | DIVISION | AGE | #WKS |
| 207070-07 | 1/20 | Seniors | 55+ | 6 |
| 207070-08 | 1/20 | Adults | 18-55 | 6 |
| SPRING SINGLES LEAGUE | | | | |
| Standard Registration: 2/16-3/16 | | | \$30/\$33 | |

| CLASS # | STARTS | DIVISION | AGE | #WKS |
|-----------|--------|----------|-------|------|
| 207070-07 | 3/16 | Seniors | 55+ | 7 |
| 207070-08 | 3/16 | Adults | 18-55 | 7 |



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

Youth Leagues

PONG ON WHEELS – PING-PONG SINGLES LEAGUE

Players will be put in groups based on skills and ability. This is a non-sanctioned single ping-pong matches league. Everyone gets to play single matches in a fun setting environment. Competition will be round-robin groups, all players advance to double-elimination brackets – single matches to 11 points. *Games will take place on Saturdays from 3-5:30pm at Rosemeade Recreation Center. The winter league runs from 1/20 through 2/24 and spring league runs 3/16 through 4/27.* All levels, skills, and abilities are welcome to join. Organizer: Pong On Wheels

\$(RES/NR)

WINTER SINGLES LEAGUE

Standard Registration: 12/20-1/20

\$30/\$33

| CLASS # | STARTS | DIVISION | AGE | #WKS |
|-----------|--------|----------|-----|------|
| 207070-09 | 1/20 | Youth | 7+ | 6 |

SPRING SINGLES LEAGUE

Standard Registration: 2/16-3/16

\$30/\$33

| CLASS # | STARTS | DIVISION | AGE | #WKS |
|-----------|--------|----------|-----|------|
| 207070-09 | 3/16 | Youth | 7+ | 7 |

YOUTH VOLLEYBALL – RECREATION LEAGUE

Carrollton Parks and Recreation youth volleyball is a great way to introduce kids to the sport of volleyball. FUN for girls ages 7-14 (as of September 1, 2023). Participants learn the fundamentals of the game, from game strategy, rules, and mechanics, to basic volleyball techniques including passing, setting, bumping, and hitting. All levels focus on player development, having fun, and sportsmanship. Participants will have one practice a week, and at least one game per week. Registration includes a league jersey, and end of season tournament. Practice begins the week of 2/12 and games begin on 3/2. *Closed-toe athletic shoes are required; volleyball knee pads are recommended. No practice 3/10-3/15. No games on 3/16 & 3/31.*

\$(RES/NR)

Early-Bird Registration is 12/4-1/22

\$100/\$120

Standard Registration is 1/23-1/29

\$120/\$140

| CLASS # | STARTS | DIVISION | AGE |
|-----------|--------|----------|--------|
| 207400-01 | 3/2 | Rec. | 7/8U |
| 207400-02 | 3/2 | Rec. | 9/10U |
| 207400-03 | 3/2 | Rec. | 11/12U |
| 207400-04 | 3/2 | Rec. | 13/14U |



Volunteer Coaches

Are you interested in coaching in any of the City's youth sports leagues like basketball or volleyball? This is your opportunity. For more information on opportunities, email Brittani.shand@cityofcarrollton.com.

Martial Arts

KARATE

Karate teaches self-defense, self-discipline, self-control, poise, and politeness. This class offers a chance to advance as you learn more skills. Earn colored belts by testing and paying an additional fee. Instructor: Nakaya

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-----|-----------|-----|-------------|-------|--------------|
| 161150-33 | CRC | 6+ | 1/11-2/15 | Th | 6:30-7:45pm | 6 | \$46/\$50.75 |
| 161150-34 | CRC | 6+ | 2/22-3/28 | Th | 6:30-7:45pm | 6 | \$46/\$50.75 |
| 161150-35 | CRC | 6+ | 4/4-5/9 | Th | 6:30-7:45pm | 6 | \$46/\$50.75 |

RED TIGER KARATE

Learn American karate in this white through black belt program that runs year-round. The junior program develops self-esteem, positive behavior, academic achievement, and respect for others. In addition to practicing karate techniques, abduction prevention training and bully self-defense skills are integrated into the lessons. Adult classes focus on street self-defense, fitness, and personal development. Benefits of the program will reach beyond the class by improving everyday focus and quality of life, while reducing daily stress. *For more information, visit redtigerkarate.com or call 817-845-1557.* Instructor: Margach

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-----------|-----|-------------|-------|------------|
| 160170-36 | RRC | 5-12 | 1/12-3/8 | F | 6:30-7:30pm | 9 | \$80/\$88 |
| 160170-37 | RRC | 13+ | 1/20-3/8 | F | 7:30-8:30pm | 9 | \$80/\$88 |
| 160170-46 | RRC | 5-12 | 3/22-5/17 | F | 6:30-7:30pm | 9 | \$80/\$88 |
| 160170-47 | RRC | 13+ | 3/22-5/17 | F | 7:30-8:30pm | 9 | \$80/\$88 |

Sports Camps

NEW-YEAR KICKOFF BASKETBALL CAMP

This camp will set you apart from other players by helping you develop an elite mindset. We will cover fundamentals in a new way to help you: Master ballhandling and feel for the ball; become a stifling defensive player; Learn leadership and life lessons; perfect shooting, scoring, and dribble moves; ensure your layups are automatic; and handle game situations like the pros. Our camps are fast-paced, fun, and jam-packed with golden nuggets of basketball knowledge. You WILL leave a more complete and elite player than you came. Instructor: Attack Basketball

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-------|---------|------|----------|-------|--------------|
| 161540-05 | RRC | 6-10 | 1/2-1/3 | Tu-W | 9am-12pm | 2 | \$75\$/82.50 |
| 161540-06 | RRC | 11-16 | 1/2-1/3 | Tu-W | 1pm-4pm | 2 | \$75\$/82.50 |

PONG ON WHEELS – PING-PONG SPRING BREAK CAMP

Students will learn and develop the skills required to learn how to play the sport of ping-pong and elevate their game to the next level. In our intense camp, players will learn some of the fundamentals including serves, forehand and backhand strokes, game play strategy, footwork, agility training, ball placement, chopping, loop and smashes, and fun activities. Sessions will be conducted in a fun, supportive, and safe learning environment. All sessions will be taught by a national table tennis coach supported by advanced players, as needed. *Players will need to bring their own paddles (facility paddles available to borrow), water bottle, and towel. Appropriate athletic attire/footwear should be worn.* Instructor: Pong on Wheels

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-----------|-----|----------|-------|-------------|
| 160270-40 | RRC | 7-18 | 3/11-3/15 | M-F | 9am-12pm | 5 | \$180/\$200 |

SPRING BREAK BASKETBALL CAMP

This camp will set you apart from other players by helping you develop an elite mindset. We will cover fundamentals in a new way to help you: Master ballhandling and feel for the ball; become a stifling defensive player; learn leadership and life lessons; perfect shooting, scoring, and dribble moves; ensure your layups are automatic; and handle game situations like the pros. Our camps are fast-paced, fun, and jam-packed with golden nuggets of basketball knowledge. You WILL leave a more complete and elite player than you came. Instructor: Attack Basketball

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|-------|-----------|------|----------|-------|----------------|
| 161540-25 | RRC | 6-10 | 3/12-3/14 | T-Th | 9am-12pm | 3 | \$110/\$121 |
| 161540-26 | RRC | 11-16 | 3/11-3/15 | M-F | 1pm-4pm | 5 | \$185/\$203.50 |

Sports Classes

AMO VOLLEYBALL

Allison and Michelle Operations (AMO) Volleyball covers all aspects of the game for athletes at any level. We pride ourselves in providing experienced coaches who are able to give personalized instruction, high intensity, and fun. Our goals for each class and camp are to teach the fundamental aspects of the game (physical, technical, mental, and emotional), emphasize efficiency, correct technique, and increase volleyball knowledge. AMO will make class session recommendations based on player assessment to better fit the athlete's skill level after the second week of class (if applicable). This will ensure each player is learning in an environment that can facilitate growth. [Email amovolley1@gmail.com for more information.](mailto:amovolley1@gmail.com) Instructor: AMO Volleyball

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|-----|------|-----------|-----|-------------|-------|-------------|
| 160120-03 | RRC | 7-18 | 1/22-2/26 | M | 6:30-7:30pm | 6 | \$120/\$132 |
| 160120-05 | RRC | 7-18 | 1/22-2/26 | M | 7:30-8:30pm | 6 | \$120/\$132 |
| 160120-23 | RRC | 7-18 | 3/18-4/22 | M | 6:30-7:30pm | 6 | \$120/\$132 |
| 160120-25 | RRC | 7-18 | 3/18-4/22 | M | 7:30-8:30pm | 6 | \$120/\$132 |
| 160120-06 | RRC | 7-18 | 1/24-2/28 | W | 6:30-7:30pm | 6 | \$120/\$132 |
| 160120-07 | RRC | 7-18 | 1/24-2/28 | W | 7:30-8:30pm | 6 | \$120/\$132 |
| 160120-26 | RRC | 7-18 | 3/20-4/24 | W | 6:30-7:30pm | 6 | \$120/\$132 |
| 160120-27 | RRC | 7-18 | 3/20-4/24 | W | 7:30-8:30pm | 6 | \$120/\$132 |

B.E.S.T. MULTI SPORT

Our industry-leading three-Sport program brings you multiple weeks of three fantastic sports: soccer, baseball and track. We will teach your player how to kick and control a soccer ball; how to hit, catch, throw and run the bases; run, jump and building strength plus endurance in our Track & Field program. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage and advance your young players regardless of their skill level. **Bring an age-appropriate soccer ball for the first week, hitting tee/bat and a few whiffles.** No class 3/30.

Instructor: Beginners Edge Sports Training

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|------|------|-----------|-----|---------------|-------|------------|
| 160800-65 | JRSC | 3-6 | 1/13-1/20 | Sa | 9-9:45am | 5 | \$90/\$99 |
| 160800-66 | JRSC | 2-4 | 1/13-1/20 | Sa | 9:50-10:35am | 5 | \$90/\$99 |
| 160800-67 | JRSC | 7-10 | 1/13-1/20 | Sa | 10:40-11:25am | 5 | \$90/\$99 |
| 160800-71 | JRSC | 3-6 | 2/17-3/16 | Sa | 9-9:45am | 5 | \$90/\$99 |
| 160800-72 | JRSC | 2-4 | 2/17-3/16 | Sa | 9:50-10:35am | 5 | \$90/\$99 |
| 160800-73 | JRSC | 7-10 | 2/17-3/16 | Sa | 10:40-11:25am | 5 | \$90/\$99 |



For your convenience, recreation centers accept
Visa, Mastercard, and Discover
for all parks & recreation fees.

B.E.S.T. SOCCER TRAINING

Our industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting scrimmaging), and more. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young players regardless of their skill level. **Bring an age appropriate soccer ball with your child's name on it and a water bottle.** No class 3/30. Instructor: Beginners Edge Sports Training

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-----------|------|--------|-----------|-----|---------------|-------|------------|
| 160800-65 | JRSC | 16mo-2 | 1/13-1/20 | Sa | 9-9:45am | 5 | \$90/\$99 |
| 160800-66 | JRSC | 3-6 | 1/13-1/20 | Sa | 9:50-10:35am | 5 | \$90/\$99 |
| 160800-67 | JRSC | 7-10 | 1/13-1/20 | Sa | 10:40-11:25am | 5 | \$90/\$99 |
| 160800-71 | JRSC | 16mo-2 | 2/17-3/16 | Sa | 9-9:45am | 5 | \$90/\$99 |
| 160800-72 | JRSC | 3-6 | 2/17-3/16 | Sa | 9:50-10:35am | 5 | \$90/\$99 |
| 160800-73 | JRSC | 7-10 | 2/17-3/16 | Sa | 10:40-11:25am | 5 | \$90/\$99 |



ESSENTIAL BASKETBALL SKILLS

These skills sessions focus on developing the complete basketball player, no matter their skill level or ability. No player can build an elite game on a shaky foundation. Let us teach you the most effective way to execute the basic basketball fundamentals in a fun environment through innovative drills, simple exercises, and games. We will cover: ball handling, shooting, offensive and defensive skills, passing, rebounding, and intensity training awareness. **No class 3/12 & 3/13.** Instructor: Attack Basketball

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|-------------------|-----|------|-----------|-----|-------|-------|--------------|
| ELEMENTARY | | | | | | | |
| 161500-05 | RRC | 6-10 | 1/9-1/30 | Tu | 4-5pm | 4 | \$60/\$66 |
| 161500-15 | RRC | 6-10 | 2/6-2/27 | Tu | 4-5pm | 4 | \$60/\$66 |
| 161500-25 | RRC | 6-10 | 3/5-3/26 | Tu | 4-5pm | 4 | \$45/\$51 |
| 161500-35 | RRC | 6-10 | 4/2-4/30 | Tu | 4-5pm | 4 | \$75/\$82.50 |
| 161500-06 | RRC | 6-10 | 1/10-1/31 | W | 5-6pm | 4 | \$60/\$66 |
| 161500-16 | RRC | 6-10 | 2/7-2/28 | W | 5-6pm | 3 | \$45/\$49.50 |
| 161500-26 | RRC | 6-10 | 3/6-3/27 | W | 5-6pm | 4 | \$60/\$66 |
| 161500-36 | RRC | 6-10 | 4/3-4/24 | W | 5-6pm | 4 | \$60/\$66 |

PRE-TEEN/TEEN

| | | | | | | | |
|-----------|-----|-------|----------|----|-------|---|--------------|
| 161505-05 | RRC | 10-15 | 1/9-1/30 | Tu | 5-6pm | 4 | \$60/\$66 |
| 161505-15 | RRC | 10-15 | 2/6-2/27 | Tu | 5-6pm | 4 | \$60/\$66 |
| 161505-25 | RRC | 10-15 | 3/5-3/26 | Tu | 5-6pm | 3 | \$45/\$49.50 |
| 161505-35 | RRC | 10-15 | 4/2-4/30 | Tu | 5-6pm | 5 | \$75/\$82.50 |

INDIVIDUAL & SMALL GROUP BASKETBALL TRAINING

Whether your child is just getting started with basketball, or he or she has been developing skills on the court for years, they can benefit from individual basketball training. We offer both one-on-one training, such as having a personal trainer at the gym, and small group training with two to four players per session, where players can practice in a real-time, game-like application. **For more details and scheduling, call 214-223-7865 or email meredith@attackbball.com.** Instructor: Attack Basketball

| LOC | AGE | \$(IND/GROUP) |
|------|-----|-----------------|
| JRSC | 9+ | \$85/hr/\$65/hr |

PICKLEBALL

This instructed course will cover the basics of pickleball rules, terminology, primary skills, coordination, and more. Join us for some fun time where you will learn how to play the sport. By the end of the session, you should be ready to play a match. During this class, we will help you develop technique and strategy for the basic strokes as well as grip, ready position, basic footwork, split step, the dink shot, third, and shot drop. Sessions will be taught by a certified International Pickleball Teaching Professional Association (IPTPA) instructor. **Players will need to bring their own paddles, water bottle, and towel. Appropriate athletic attire/footwear should be worn.** Instructor: Franco Racquet Sports

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|---------|-----|-----|-------|-----|------|-------|------------|
|---------|-----|-----|-------|-----|------|-------|------------|

INTRODUCTION

| | | | | | | | |
|-----------|-----|-----|-----------|----|-------------|---|-----------|
| 160550-01 | RRC | 18+ | 1/9-1/30 | Tu | 5:30-6:30pm | 4 | \$72/\$80 |
| 160550-11 | RRC | 18+ | 2/6-2/27 | Tu | 5:30-6:30pm | 4 | \$72/\$80 |
| 160550-20 | RRC | 18+ | 3/5-3/26 | Tu | 5:30-6:30pm | 4 | \$72/\$80 |
| 160550-30 | RRC | 18+ | 4/2-4/23 | Tu | 5:30-6:30pm | 4 | \$72/\$80 |
| 160550-35 | RRC | 18+ | 4/30-5/21 | Tu | 5:30-6:30pm | 4 | \$72/\$80 |
| 160550-04 | RRC | 18+ | 1/4-1/25 | Th | 6:30-7:30pm | 4 | \$72/\$80 |
| 160550-13 | RRC | 18+ | 2/1-2/22 | Th | 6:30-7:30pm | 4 | \$72/\$80 |
| 160550-23 | RRC | 18+ | 2/29-3/21 | Th | 6:30-7:30pm | 4 | \$72/\$80 |
| 160550-02 | RRC | 18+ | 3/28-4/18 | Th | 6:30-7:30pm | 4 | \$72/\$80 |
| 160550-12 | RRC | 18+ | 4/25-5/16 | Th | 6:30-7:30pm | 4 | \$72/\$80 |

INTERMEDIATE

| | | | | | | | |
|-----------|-----|-----|-----------|----|-------------|---|-----------|
| 160555-01 | RRC | 18+ | 1/9-1/30 | Tu | 6:30-7:30pm | 4 | \$72/\$80 |
| 160555-11 | RRC | 18+ | 2/6-2/27 | Tu | 6:30-7:30pm | 4 | \$72/\$80 |
| 160555-20 | RRC | 18+ | 3/5-3/26 | Tu | 6:30-7:30pm | 4 | \$72/\$99 |
| 160555-30 | RRC | 18+ | 4/2-4/23 | Tu | 6:30-7:30pm | 4 | \$72/\$80 |
| 160555-35 | RRC | 18+ | 4/30-5/21 | Tu | 6:30-7:30pm | 4 | \$72/\$80 |
| 160555-04 | RRC | 18+ | 1/4-1/25 | Th | 5:30-6:30pm | 4 | \$72/\$80 |
| 160555-13 | RRC | 18+ | 2/1-2/22 | Th | 5:30-6:30pm | 4 | \$72/\$80 |
| 160555-23 | RRC | 18+ | 2/29-3/21 | Th | 5:30-6:30pm | 4 | \$72/\$80 |
| 160555-02 | RRC | 18+ | 3/28-4/18 | Th | 5:30-6:30pm | 4 | \$72/\$80 |
| 160555-12 | RRC | 18+ | 4/25-5/16 | Th | 5:30-6:30pm | 4 | \$72/\$80 |

PONG ON WHEELS – INDIVIDUAL & SMALL GROUP PING-PONG TRAINING

Beginners, intermediate, and advanced ping-pong level players can now benefit from individual table tennis training sessions. This program offers both one-on-one or small group training with two or three players per session. **For more details and scheduling, call Pong On Wheels at 972-977-7034 or email at info@pongonwheels.com.** Instructor: Pong on Wheels.

| LOC | AGE | \$(IND/GROUP) |
|------|-----|-----------------|
| JRSC | 7+ | \$50/hr/\$30/hr |

PONG ON WHEELS – PING PONG CLUB OPEN PLAY

All players must have a membership or daily pass to play pickup games. Open Play is available to all players of any level, ability, or experience. Players must sign-up for an available club table on sign-up sheet/board if no tables available. A match consists of a best two out of three games to 11 points – however, a game must be won by at least a two-point margin, if other players are waiting for an open table. Pong on Wheels will occasionally stop in to provide tips and feedback. **Players will need to bring their own paddles (facility paddles available to check out), water bottle, and towel. Appropriate athletic attire/footwear should be worn.**

Organizer: Pong on Wheels

| OPEN PLAY TIMES: | Rosemeade Recreation Center |
|------------------|-----------------------------|
| | Tuesdays 4:30-7:30pm |
| | Wednesdays 5:30-8:30pm |

PONG ON WHEELS – PING-PONG GROUP LESSONS

Students of all abilities will learn and develop the skills required to learn how to play the sport of ping-pong. In our weekly sessions, players will learn some of the fundamentals including grip, stance, basic forehand, and backhand strokes. In addition, serves, footwork, and game tactics will also be emphasized. Players will be immersed in a fun, supportive, and safe learning environment. All sessions will be taught by a former Paralympic Table Tennis team coach supported by advanced players, as needed. **Players will need to bring their own paddles (facility paddles available to borrow), water bottle, and towel. Appropriate athletic attire/footwear should be worn.** Instructor: Pong on Wheels

| CLASS # | LOC | AGE | DATES | DAY | TIME | #CLSS | \$(RES/NR) |
|---------|-----|-----|-------|-----|------|-------|------------|
|---------|-----|-----|-------|-----|------|-------|------------|

YOUTH BEGINNERS / INTERMEDIATE

| | | | | | | | |
|-----------|-----|------|----------|----|-------------|---|-----------|
| 160230-65 | RRC | 7-17 | 1/9-1/30 | Tu | 5:30-6:30pm | 4 | \$40/\$44 |
| 160230-70 | RRC | 7-17 | 2/6-2/27 | Tu | 5:30-6:30pm | 4 | \$40/\$44 |
| 160230-80 | RRC | 7-17 | 3/5-3/26 | Tu | 5:30-6:30pm | 4 | \$40/\$44 |
| 160230-90 | RRC | 7-17 | 4/2-4/30 | Tu | 5:30-6:30pm | 5 | \$40/\$44 |

ADULT & SENIOR – ALL LEVELS

| | | | | | | | |
|-----------|-----|-----|----------|----|-------------|---|-----------|
| 160240-35 | RRC | 18+ | 1/9-1/30 | Tu | 7:30-8:30pm | 4 | \$40/\$44 |
| 160240-40 | RRC | 18+ | 2/6-2/27 | Tu | 7:30-8:30pm | 4 | \$40/\$44 |
| 160240-50 | RRC | 18+ | 3/5-3/26 | Tu | 7:30-8:30pm | 4 | \$40/\$44 |
| 160240-60 | RRC | 18+ | 4/2-4/30 | Tu | 7:30-8:30pm | 5 | \$40/\$44 |

Online Basketball Training

Students will improve their basketball skills and knowledge. Purchase the bundle and receive online access to Attack Basketball's exclusive Training Vault for one year.

TRAINING VAULT BUNDLE

1. Access to exclusive Training Vault with more than 130 videos in 10 skills playlist categories
2. Tight Ball-handlers Course – eight-week course designed to take a player's dribbling game to the next level, whether they are a beginner, intermediate, or advanced player.
3. High Percentage Finisher Course – eight-week course designed to teach players the most important finishes, when to implement them in games, and how to become a beast of a player in the paint.
4. Consistent Sharpshooter Course – eight-week course designed to make a player a confident shooter who knows their "Next Shot is Their Best Shot." This course will teach player how to find and embrace their own shooting technique, identify their shooting sweet spots, and ensure they can CONSISTENTLY knock down those shots in games.

CLASS # 161555-01 RES/NR: \$87/\$95.70

EIGHT-WEEK SHOT FIX ONLINE COURSE

This online shooting program will teach a player how to be an accurate, consistent, straight-line shooter in just eight weeks. If students follow this program, they will be able to diagnose why they are not currently shooting with the confidence and accuracy they desire, learn to adjust accordingly, and shoot like elite players, such as Steph Curry or Klay Thompson, at EVERY practice and in EVERY game.

CLASS # 161557-01 RES/NR: \$40/\$44

PRE-PRACTICE & PRE-GAME ROUTINE ONLINE COURSE

Players who do not have a set routine they perform before each practice or game to get physically and mentally focused are missing out on becoming an elite player. This online course gives players the reasons why they need routines, presents sample routines, even without access to a court/ball, and reveals insights into Steph Curry's routines.

CLASS # 161558-01 RES/NR: \$25/\$27.50

VERTICAL JUMP ONLINE TRAINING COURSE

This training system has three stages: foundational/technique, building, and explosiveness. Upon completion of all three stages and 12 weeks, a player will learn how to jump higher, finish stronger around the basket, become a willing rebounder, gain a margin of error on jump shots, and prevent injuries.

CLASS # 161556-01 RES/NR: \$60/\$66

Oak Creek Tennis Center

2531 Oak Creek Drive • 972-466-6389 • oakcreektenniscenter.com

Oak Creek Tennis Center (OCTC), conveniently located northwest of the Dallas North Tollway and President George Bush Turnpike, features 12 lighted hard courts with shaded spectator and court benches. Our Pro Shop includes apparel, racquets, stringing, accessories, and snacks. The City of Carrollton prides itself on having one of the premier full-service municipal tennis facilities in North Texas.

OCTC has several U.S. Professional Tennis Association (USPTA) certified tennis professionals on staff. A full array of adult and junior programs, tournaments, and special events are held year-round. It is home to numerous men's, women's, mixed, and senior teams competing in United States Tennis Association (USTA), Tennis Competitors of Dallas (TCD), and metro league play and is also home to local middle school and high school teams.

HOURS OF OPERATION

Winter Hours (End February 18)

Monday-Thursday 9am-10pm
Friday 9am-8pm
Saturday 8:30am-6pm
Sunday 10am-7pm
Holiday Hours:..... Closed 1/1

Spring Hours (Begin February 19)

Monday-Thursday 8:30am-10pm
Friday 8:30am-8pm
Saturday 8:30am-6pm
Sunday 10am-7pm
Holiday Hours:..... Closed 3/31

The OCTC reserves the right to close due to inclement weather. Players should call 972-466-6389 (option 1) for the status of programs.

PRO SHOP/RACQUET SERVICING

OCTC carries Prince™, Head™, Wilson™, and Babolat racquets, strings, grips, and accessories at competitive prices. United States Racquet Stringers Association (USRSA) certified master racquet technicians on staff provide complete racquet servicing for all your stringing needs. Stringing is generally completed within three days. Stringing labor is \$18. A 24-hour express fee is available for an additional \$5. Racquet demos are available for no charge on site and for a \$5 fee when taking off site.

PRIVATE LESSONS

OCTC has several USPTA certified professionals on staff available for private lessons. Unable to find an adult or junior class that fits your schedule? Inquire about our private group rates. To schedule a private lesson, call 972-466-6389.

ADULT TEAM TENNIS

OCTC is home to numerous men's, women's, mixed, and senior teams competing in USTA, TCD, and metro league play. Call 972-466-6389 if you are interested in joining an existing team or starting a new one.

FACILITY USE PRICES

*Fees are subject to change. Please view website for most accurate information.

Court Fees

| | Resident | Non-resident |
|---------------|----------|--------------|
| Adult & Youth | \$3.50 | \$5 |

Court fees are per person and reflect 1½ hours of play. Reservations are accepted up to 3 days in advance.

Ball Machine Rental

| | Resident | Non-resident |
|-------------|----------|--------------|
| 1 Hour | \$15 | \$17 |
| 30-Day Pass | \$50 | \$55 |

Ball machine rental includes court fees for one person. Additional family members may join at no charge. Additional non-family members will incur regular court fee charges. Reservations are accepted up to three days in advance.

Satellite Tennis & Pickleball Court Fees

| | Resident | Non-resident |
|--------------|----------|--------------|
| 1 Hour/Court | \$3 | \$4.50 |

The City of Carrollton offers 13 satellite tennis and six satellite pickleball courts. Courts at unstaffed parks are available on a first-come, first-served basis. Court usage is free at all neighborhood sites as a walk-on unless reserved. If you would like to secure a spot, courts may be reserved in one-hour increments through OCTC. The courts are available during park hours, which are 5am* to 10:30pm daily. Lights are available at all facilities. Parks & Recreation tennis classes may be scheduled at court locations; signage regarding class/league schedules will be posted at the courts when applicable. Reservations are accepted up to one week in advance, excluding same day reservations, which are not permitted.

*We ask that you be considerate to the neighbors with boisterous play prior to 7am.

Reservations are accepted up to one week in advance. Day-of reservations are not permitted. Reservations are non-refundable. However, OCTC accounts will be credited for all cancellations made within 24 hours of the reservation.



Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

Adult Tennis Classes

DROP-IN PRICE \$26

ADULT CLASSES PACKAGE COST:

5 PUNCH PACKAGE / 5 WEEKS: \$110 PER PLAYER

10 PUNCH PACKAGE / 5 WEEKS: \$200 PER PLAYER

- 1 Class = 1 Punch
- All punches must be used by expiration time (5 weeks from the package purchase date)
- Any punches not used by the expiration time will not be refunded.
- NO MAKEUPS PERMITTED.

CLASS POLICIES

- Payment is required at the time of registration.
- Inclement weather cancellations will be issued as a credit or punch (whichever is applicable) to your Oak Creek account.
- **Refunds will not be issued for cancellations made less than 48 hours before the start of the class.**
- **No Makeups permitted for any missed class.**
- Medical refunds will be granted if a doctor's note is provided. Oak Creek must be notified of the injury/illness in a timely manner.
- Cancellations must be made at least 48 hours before the class to qualify for a refund, unless missed due to a medical reason in which a doctor's note must be provided.
- Any refund due will be given as a credit to your Oak Creek account. Refunds back to credit cards include a \$5 processing fee.
- If minimum enrollment is not met, classes may be combined or cancelled 24 hours prior to the start of the class.
- All players must check in at the tennis center front desk before going out to the courts.

CLASS LEVEL AND DAYS OFFERED

BEGINNER: (NTRP 2.0-2.5)

| | |
|-----------|----------------------|
| Monday | 6-7:30pm |
| Wednesday | 9-10:30am & 7:30-9pm |
| Friday | 10:30am-12pm |
| Saturday | 9-10:30am |

ADVANCED BEGINNER: (NTRP 2.5-3.0)

| | |
|-----------|----------------------|
| Monday | 6-7:30pm |
| Wednesday | 9-10:30am & 7:30-9pm |
| Friday | 10:30am-12pm |
| Saturday | 9-10:30am |

INTERMEDIATE I: (NTRP 3.0-3.5)

| | |
|-----------|--------------|
| Tuesday | 7:30-9pm |
| Wednesday | 10:30am-12pm |
| Thursday | 6-7:30pm |
| Friday | 9-10:30am |
| Saturday | 12-1:30pm |

INTERMEDIATE II: (NTRP 3.5-4.5)

| | |
|----------|--------------|
| Tuesday | 6-7:30pm |
| Thursday | 7:30-9pm |
| Saturday | 10:30am-12pm |

Adult Tennis Leagues

LEAGUE SESSION DATES:

Session 1: January 15 - March 1

Session 2: March 11 - April 27

** Leagues meet once a week for seven weeks.*

MEN'S SINGLE LEAGUE

| | | |
|----------------------|-------------|-------------|
| Tuesday 4.0 Singles | 7:30-9:30pm | \$25/Player |
| Thursday 4.0 Singles | 7:30-9:30pm | \$25/Player |

MEN'S PROGRESSIVE DOUBLES

| | | |
|--------------------------------|-------------|-------------|
| Monday 3.5 Progressive Doubles | 7:30-9:30pm | \$25/Player |
|--------------------------------|-------------|-------------|

WOMEN'S SINGLES LEAGUE

| | | |
|--------------------|-------------|-------------|
| Monday 3.5 Singles | 7:30-9:30pm | \$25/Player |
|--------------------|-------------|-------------|

WOMEN'S PROGRESSIVE DOUBLES LEAGUES

| | | |
|---------------------------------------|-------------|-------------|
| Wednesday 3.5 Progressive Doubles | 7:30-9:30pm | \$25/Player |
| Friday AM 3.0-3.5 Progressive Doubles | 9-11am | \$25/Player |

For Progressive Doubles leagues, register as an individual player and Oak Creek will assign you a partner and schedule for each week.

Junior Tennis Classes

The OCTC Junior Program is conducted by USPTA certified tennis professionals.

- If minimum enrollment is not met, classes may be cancelled.
- Inclement weather cancellations will be credited to your Oak Creek account.
- Medical refunds will be granted if a doctor's note is provided. Oak Creek must be notified of the injury/illness in a timely manner.

TENNIS SPROUTS (AGE 3)

This specialized program is designed to challenge, stimulate and build confidence in children. Tennis Sprouts focuses on building key motor skills, eye-hand coordination, and comfortability in a group setting to prepare children for our Tiny Shots program (ages 4-6). Students will use the red, USTA-approved low-compression ball on the 36' court. Players are required to wear athletic shoes to participate.

| AGE | DAY | TIME |
|-----|-----|----------|
| 3 | Sa | 8:30-9am |

TINY SHOTS TENNIS (AGES 4-6)

This class is designed to stimulate, challenge, and appeal to budding tennis players. Children will learn motor skills necessary to play tennis and other sports throughout their lives. Students will use the red USTA-approved low-compression ball. The 36' court will also be used.

| AGE | DAY | TIME |
|-----|-----|-------------|
| 4-6 | M | 4:30-5:30pm |
| 4-6 | Tu | 4:30-5:30pm |
| 4-6 | W | 4:30-5:30pm |
| 4-6 | Th | 4:30-5:30pm |
| 4-6 | Sa | 9-10am |



ORANGE BALL

(10 YRS & UNDER BEGINNER/INTERMEDIATE)

This is an introductory class. Basic tennis skills are learned while using the orange ball on the 60' court. Orange balls have a slightly softer bounce than regular balls, allowing students to learn at a quicker rate, with the correct technique. Players need a 25-inch racquet and non-marking shoes.

| AGE | DAY | TIME |
|------|-----|-----------|
| 7-10 | M | 4:30-6pm |
| 7-10 | Tu | 4:30-6pm |
| 7-10 | W | 4:30-6pm |
| 7-10 | Th | 4:30-6pm |
| 7-10 | Sa | 9-10:30am |

MEAN GREEN BALL

(10 YRS & UNDER INTERMEDIATE/ADVANCED)

This class is designed for intermediate level players participating in USTA events and tournaments and emphasizes advanced spins and court movement/tactics. Players in this group are required to play tournaments throughout the year and set goals for their improvement. Approval is needed by Junior Director. Tennis-specific shoes are required.

| AGE | DAY | TIME |
|------|-----|--------------|
| 7-10 | M | 4:30-6pm |
| 7-10 | Tu | 4:30-6pm |
| 7-10 | W | 4:30-6pm |
| 7-10 | Th | 4:30-6pm |
| 7-10 | Sa | 10:30am-12pm |

INSTRUCTIONAL PLAYER DEVELOPMENT

This is a great way to hit the ball, gain confidence, and begin learning skills to advance to higher-level play. After learning skills, players advance to junior development level. *Beginner to Advanced-Beginner.*

| AGE | DAY | TIME |
|-------|-----|--------------|
| 11-18 | M | 5:30-7pm |
| 11-18 | Tu | 5:30-7pm |
| 11-18 | W | 5:30-7pm |
| 11-18 | Th | 5:30-7pm |
| 11-18 | Sa | 10:30am-12pm |

COMPETITIVE-ADVANCED

Designed for players participating in Champ, SuperChamp, or high school varsity tennis, this camp emphasizes advanced tactics, movement, and tournament-level competition. Players in this group are required to play tournaments throughout the year. Travel teams are available for out-of-town tournaments. Approval is needed by Junior Director.

| AGE | DAY | TIME |
|-------|-----|-------------|
| 11-18 | M | 5:30-7:30pm |
| 11-18 | Tu | 5:30-7:30pm |
| 11-18 | W | 5:30-7:30pm |
| 11-18 | Th | 5:30-7:30pm |



Pickleball

The pickleball craze has made its way to Carrollton. Join the fun by getting started with the City's beginner leagues or, with prior experience, jump right into the intermediate level. Each league is 1.5 hours in duration and meets for seven weeks.

Carrollton is home to six lighted outdoor satellite courts. Courts at unstaffed parks are available on a first-come, first-served basis. Pickleball court usage is free at all neighborhood sites as a walk-on. However, if you would like to ensure a reservation, all courts may be reserved in one-hour increments through OCTC. The courts are available during park hours, which are 5am to 10:30pm daily. Lights are available at all facilities. Parks & Recreation pickleball classes, lessons, and leagues may be scheduled at court locations; signage regarding class/league schedules will be posted at the courts when applicable. Reservations are accepted up to one week in advance, excluding same day reservations, which are not permitted.

Pickleball Classes

DROP-IN PRICE \$20

ADULT PICKLEBALL CLASSES PACKAGE COST:

4 PUNCH PACKAGE / 4 WEEKS: \$60 PER PLAYER

- 1 Class = 1 Punch
- All punches must be used by expiration time (4 weeks from package purchase date)
- Any punches not used by the expiration time will not be refunded.
- NO MAKE-UPS PERMITTED.

BEGINNER:

| | |
|----------|----------------|
| Thursday | 9-10am & 7-8pm |
| Saturday | 9-10am |

ADVANCED BEGINNER:

| | |
|----------|-----------------|
| Thursday | 10-11am & 8-9pm |
| Saturday | 10-11am |

INTERMEDIATE:

| | |
|----------|-----------|
| Saturday | 11am-12pm |
|----------|-----------|

Location: Martha Pointer Park, 2742 Scott Mill Road

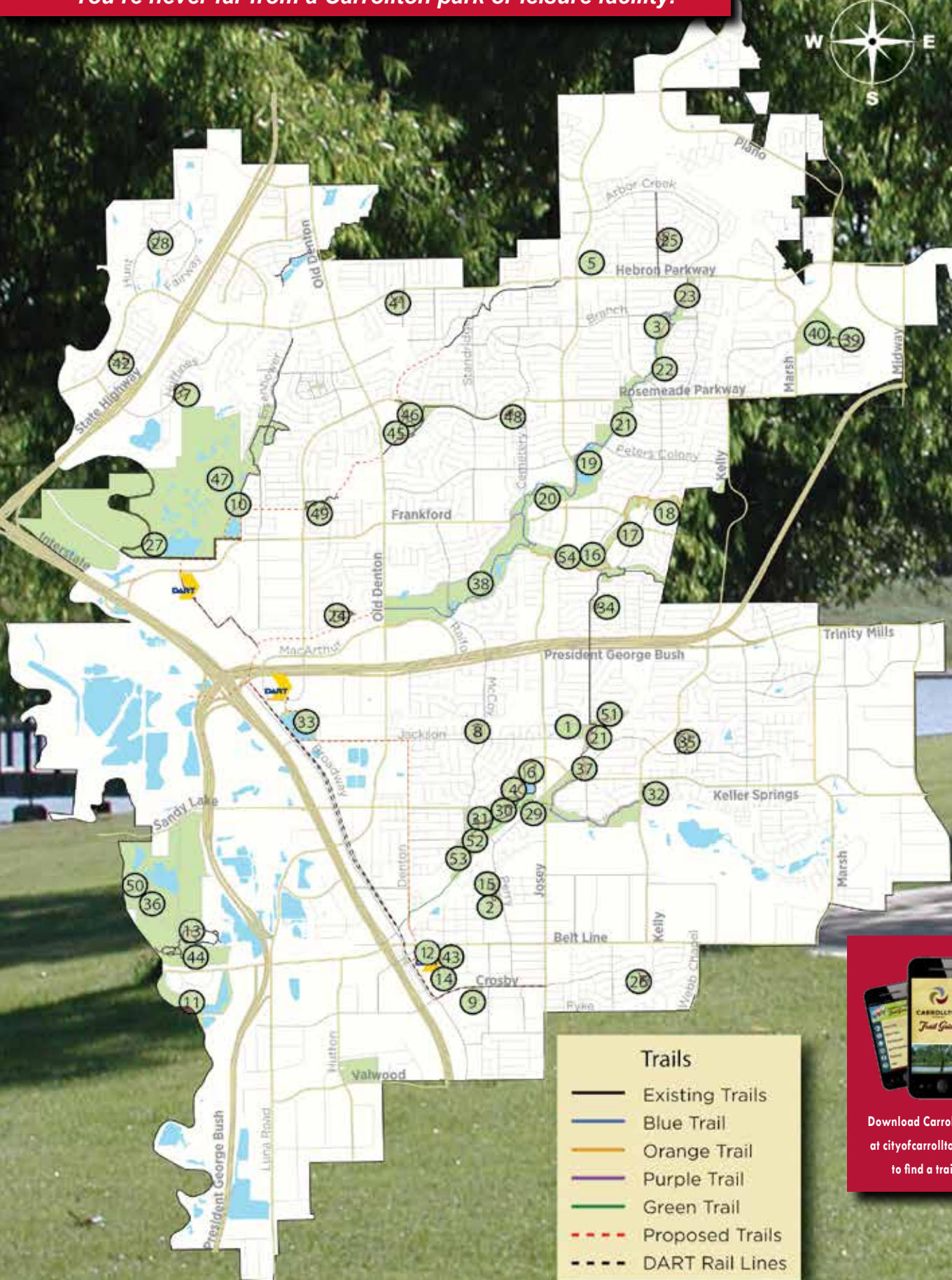
CLASS POLICIES

- Payment is required at the time of registration.
- Inclement weather cancellations will be issued as a credit or punch (whichever is applicable) to your Oak Creek account.
- **Refunds will not be issued for cancellations made less than 48 hours before the start of the class.**
- **Make-Up permitted for any missed class.**
- Medical refunds will be granted if a doctor's note is provided. Oak Creek must be notified of the injury/illness in a timely manner.
- Cancellations must be made at least 48 hours before the class to qualify for a refund, unless missed due to a medical reason in which a doctor's note must be provided.
- Any refunds due will be issued as a credit to your Oak Creek account. Refunds back to credit cards include a \$5 processing fee.

If minimum enrollment is not met, classes may be combined or cancelled 24 hours prior to the start of the class.

Visit Carrollton Leisure Facilities

You're never far from a Carrollton park or leisure facility!



Trails

- Existing Trails
- Blue Trail
- Orange Trail
- Purple Trail
- Green Trail
- Proposed Trails
- DART Rail Lines

Download Carrollton's Trail App
at cityofcarrollton.com/trailapp
to find a trail near you!

Celebrate the end of Spring Break Fun with



C-CON 2024

FREE
for ALL AGES

FRIDAY,

MARCH 15
5-8 PM

YAY

CRAFTS
K-POP DANCE
ESCAPE ROOMS
COSPLAY • ANIME
PHOTO BOOTHS

WOW!

   Josey Ranch Lake Library • 1700 Keller Springs Road

See page 16 for details.

LEISURE

CALENDAR



January-April 2024

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

January

- 1 New Year's Day (no classes, City facilities closed; for recreation facilities, see holiday hours pp. 4-5)
- 1 Library Winter Reading Challenge continues, Both Library Locations, 972-466-4800
- 12 Sounds on the Square, Historic Downtown Carrollton, 972-466-9135
- 13 Martin Luther King Jr. Day Parade, 972-242-0933
- 15 Martin Luther King Jr. Day (City facilities closed; for recreation facilities, see holiday hours pp. 4-5)



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | | |

February

- 1 Library Winter Reading Challenge ends
- 4 African American Read-In, Josey Ranch Lake Library, 972-466-4800
- 9 Sounds on the Square, Historic Downtown Carrollton, 972-466-9135
- 11 New Year Celebration, Hebron & Josey Library, 972-466-4800
- 24 CPOA Daddy Daughter Dance, Bent Tree Bible Fellowship Church, register at cityofcarrollton.com/daddydaughterdance



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|----------|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 31 | 25 | 26 | 27 | 28 | 29 | 30 |

March

- 2 TEXFest, Downtown Carrollton, 972-466-9808
- 8 Sounds on the Square, Historic Downtown Carrollton, 972-466-9135
- 15 C-Con, Josey Ranch Lake Library, 972-466-4800
- 16 \$5 Rabies Vaccinations & Free Pet Registration, Carrollton Animal Services & Adoption Center, 972-466-3420
- 22 Sounds on the Square, Historic Downtown Carrollton, 972-466-9135
- 23 Carrollton Health & Safety Fair, Standridge Stadium, cpr@cityofcarrollton.com
- 27 Citizens' Evening, Carrollton Senior Center, Texas Ballroom, 972-466-4299



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

April

- 1-30 Wildflower Watch, Citywide throughout Carrollton, 972-466-3080
- 8 Total Solar Eclipse Watch Party, Josey Ranch Lake, 972-466-4800
- 12 Sounds on the Square, Historic Downtown Carrollton, 972-466-9135
- 12-13 Friends of the Carrollton Public Library Book Sale, Josey Ranch Lake Library, 972-466-4800
- 20 Carrollton Women's First Responder Day, City Hall, cityofcarrollton.com/police
- 20 Earth Day Celebration, Josey Ranch Lake Library, 972-466-4800
- 23 Special Needs Spring Bash, Josey Ranch Sports Complex Field #6, 972-466-9816
- 26 Sounds on the Square, Historic Downtown Carrollton, 972-466-9135
- 27 Carrollton "Tails & Trails" 5K Run/1-Mile Fun Run/Walk, 972-466-9816

