

LEisure

CONNECTIONS

MAY-AUGUST 2023



Register for Classes and Events Now!





Earn great rewards by reading this summer through the ...



Carrollton Public Library
SUMMER READING CHALLENGE

**REGISTER
REGISTRARSE**



Starting May 1 / *Empezando el 1 de mayo* @
carrollton.beanstack.org
and Beanstack app / *y la aplicación Beanstack*

Register before
Thursday, June 1
for a chance to win
a signed book!



**READ.
LEA.**



**LOG MINUTES.
REGISTRA MINUTOS.**
June 1-August 1
1 de junio-1 de agosto



**EARN PRIZES.
GANA PREMIOS.**

Minutes/Minutos	Prizes/Premios
300	Book / Libro
600	Coupon & Drawing Ticket / <i>Cupón y Boleto para Sorteo</i>
900	Prize Choice & Drawing Ticket / <i>Elección de Premio y Boleto para Sorteo</i>
1,200	Book / Libro
2,400	Deluxe Prize Choice & Drawing Ticket / <i>Elección de Premio de Lujo y Boleto para Sorteo</i>
4,800	Book or Deluxe Prize Choice / <i>Libro y Elección de Premio de Lujo</i>

**DRAWING PRIZE HIGHLIGHTS
LOS PREMIOS MÁS DESTACADOS**

- ★ Amazon Fire Tablet*
- ★ Gift cards from / *Tarjetas de regalo en:* Amazon, Cinemark, LEGO® Store



**You must read at least 1,200 minutes. Awarded to one person per age group (kids and teens/adults). / Debes leer por lo menos 1.200 minutos. El premio será entregado a una persona por grupo de edad (niños y adolescentes/adultos).*



Earn additional drawing ticket entries by completing activities. / *Gana entradas adicionales para el sorteo por cumpliendo actividades.*

More information / *Más información:*
cityofcarrollton.com/summerreading



Sponsored by the Friends of the Carrollton Public Library



From the Parks & Recreation Director

Welcome to the City of Carrollton's guide to family fun! *Leisure Connections* lists all the classes, activities, events, and good times to be found within this great City of ours for the whole family to enjoy. Spend your weekends in eclectic Downtown Carrollton where there is always something to do. There are many opportunities for live music, great food, and local craft vendors at our year-round programs on the Square. Come in costume for Carrollton's galactic May the 4th Be With You event including booths, space-themed virtual-reality activities, crafts, and games. Improve your fitness or expand your skill set with classes for all age groups and interests. Fitness memberships at our facilities are always affordable, and our goal is to help you achieve yours. Start today and find out how exciting a healthy lifestyle can be. For more information, visit cityofcarrollton.com/parksandrec.

Scott Whitaker, Carrollton Parks & Recreation Director

On the cover ...

The City of Carrollton will host a 15-minute community fireworks display over Josey Ranch Lake (1700 Keller Springs Road) in celebration of Independence Day on Monday, July 3. The fireworks are scheduled to start after sunset at approximately 9:30pm. Residents are encouraged to view the display from surrounding neighborhoods or from one of the few parking areas available. There will be no on-site event. Bring blankets and lawn chairs to enhance your viewing experience. For more information, visit cityofcarrollton.com/fireworks.



Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins March 27.
Non-resident registration begins April 10.
Classes begin May 1.

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A.W. PERRY HOMESTEAD MUSEUM (AWP) (PAGE 8)

1509 N. Perry Road
972-466-6380
cityofcarrollton.com/museum
facebook.com/PerryHomesteadMuseum

Hours: Tu-Th, Sa, 11am-1pm

For more information or group tour
reservations, call or visit online.
Free admission.

CARROLLTON SENIOR CENTER (SRC) (PAGE 9)

1720 Keller Springs Road
972-466-4850
cityofcarrollton.com/seniorcenter

Hours: M/W/F 7am-5pm
Tu 7am-7:30pm
Th 7am-9:30pm
Sa 9am-1pm
Su Closed

Amenities: Three 9' Billiard Tables
Big Screen TV • Fitness Cardio/ Strength Room
Aerobics • Wii Games • Arts & Crafts Room
Piano & Music Room • Stage • Dance Floor
Variety of Table Games, Puzzles, & Books
Large Day Room Area with Tables & Chairs
Free Wi-Fi

Holiday Hours:
Open 5/29, 10am-4pm
Closed 7/4

Outdoor Amenities: Pond with Walking Track
Outdoor Patio • Half Basketball Court • Cornhole



CROSBY RECREATION CENTER (CRC)

1610 E. Crosby Road
972-466-9810
cityofcarrollton.com/crosby

Hours: M-F 6am-9pm
Sa 9am-6pm
Su Closed

Amenities: Gymnasium • Weight/Cardio
Room • Functional Fitness Gym • Esports
Center • Game Room/Snack Area
Public Computers • Video Games
Ping-Pong • Two Pool Tables • Board Games
Locker Rooms w/Showers • Pickleball
Outdoor Public Playground • Free Wi-Fi

Holiday Hours:
Open 5/29, 10am-4pm
Closed 7/4



PARKS & RECREATION ADMINISTRATION

1610 E. Crosby Road
972-466-3080
cityofcarrollton.com/parksandrec

Hours: M-Th 7:30am-5:30pm
F 7:30-11:30am

Event Hotline: 972-466-9135

Holiday Hours:
Closed 5/29 & 7/4



INDIAN CREEK GOLF CLUB (PAGE 40)

1650 W. Frankford Road
972-466-9850
indiancreekgolfclub.com
facebook.com/indiancreekgolfclub
instagram.com/indiancreekgolfclub_dfw
twitter.com/IndianCreek_gc

Hours: M-Su Sunrise to
Sunset



LIBRARY AT HEBRON & JOSEY (H&J) (PAGE 14)

4220 N. Josey Lane
(at Hebron Parkway)
972-466-4800
cityofcarrollton.com/library
facebook.com/carrolltonpubliclibrary
instagram.com/carrolltontxlib
twitter.com/CarrolltonTxLib
youtube.com/cityofcarrolltontx

Hours:	Su	1-5pm
	M	10am-8pm
	Tu	10am-8pm
	W	10am-8pm
	Th	10am-8pm
	F	Closed
	Sa	10am-5pm

Library Closures:
Closed 5/29 & 7/4



LIBRARY AT JOSEY RANCH LAKE (JRL) (PAGE 14)

1700 Keller Springs Road
(west of Josey Lane)
972-466-4800
cityofcarrollton.com/library
facebook.com/carrolltonpubliclibrary
instagram.com/carrolltontxlib
twitter.com/CarrolltonTxLib
youtube.com/cityofcarrolltontx

Hours:	Su	1-5pm
	M	10am-8pm
	Tu	10am-8pm
	W	10am-8pm
	Th	Closed
	F	10am-5pm
	Sa	10am-5pm

Library Closures:
Closed 5/29 & 7/4



OAK CREEK TENNIS CENTER (OCTC) (PAGE 49)

2531 Oak Creek Drive
972-466-6389
oakcreektenniscenter.com
Players should call 972-466-6389 (option 1) for the status of programs.

Spring Hours
End May 30

M-Th	8:30am-10pm
F	8:30am-8pm
Sa	8:30am-6pm
Sun	10am-7pm

Summer Hours
End September 5

M-Th	8am-10pm
F	8am-8pm
Sa	8am-6pm
Sun	10am-7pm

Holiday Hours: Closed 5/29 & 7/4

Courts may be closed due to inclement weather and/or lack of court demand.



ROSEMADE RECREATION CENTER (RRC)

1330 E. Rosemeade Parkway
972-466-9800
cityofcarrollton.com/rosemeade

Hours:	M-F	5:30am-9pm
	Sa	9am-6pm
	Su	Noon-6pm

Amenities: Two Gymnasiums
Weight Room • Cardio Room • Spin Room • Four Racquetball Courts
Game Room/Snack Area • Dance/Fitness Studio • Outdoor Playground
Locker Rooms w/Showers • Video Games • Pool Table • Ping-Pong
Board Games • Pickleball • Free Wi-Fi

Holiday Hours:
Open 5/29, 10am-4pm
Closed 7/4

**FEES ARE
SUBJECT TO CHANGE**

Membership

**CHECK WEBSITE FOR
CURRENT PRICING**



MEMBERSHIP FEES

Annual Resident/
Non-resident 3-month Resident/
Non-resident

Memberships are also valid at the Carrollton Senior Center for members age 50+.

Senior 65+	\$45/\$70	\$25/\$35
Adult 16-64	\$115/\$165	\$50/\$65
Youth 9-15	\$40/\$65	\$20/\$30
Family/Group*	\$200/\$285	\$75/\$105
Additional Member	\$20/\$25	\$10/\$15

1 Month Membership \$20 Resident/\$25 Non-resident

Replacement Card \$5

*Includes four members. All members must reside at the same address.

Active military members **on leave** can use any center for \$5 for the duration of their leave. Military leave orders must be shown.

Senior Center: ONLY valid at the Carrollton Senior Center.

Senior 50-59	\$25/\$40	\$9/\$15
Senior 60-69	\$15/\$30	\$6/\$11
Senior 70+	\$10/\$25 (lifetime fee)	

Replacement Card \$5

Library: City of Carrollton, Denton County, Farmers Branch and partner-city residents receive annual membership benefits free of charge.

Resident	Non-resident*
\$0	\$40

Replacement Card \$1*

*Fee for non-resident card is not refundable.

DAILY PASSES

Resident Non-resident

Rosemeade and Crosby Recreation Centers

Senior 65+	\$5	\$8
Adult 16-64	\$7	\$10
Youth 9-15	\$5	\$8

Senior Center

Senior 50+	\$2	\$5
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**Memberships and daily fees are subject to change.
Visit cityofcarrollton.com for the most up to date fees.**

REFUND POLICY

Refund policies may vary for different classes, sports, and events. Refer to the Parks & Recreation general information page on the website or see front desk staff at any facility for more information.

ACCESSIBILITY ACCOMMODATION REQUEST

The City of Carrollton is proud to comply with the Americans with Disabilities Act. We continuously strive to create an environment in which all participants, with or without disability, feel safe, secure, and without obstacles to participate in any City program or event. For assistance, call 972-466-4862 at least two weeks prior to the start of a program or event.

Adaptive programming and events can be found on pages 24-25.

FINANCIAL ASSISTANCE FOR PROGRAMS AND MEMBERSHIPS

In an effort to stand by our mission, to "provide innovative, diverse, and quality recreation and leisure opportunities for everyone, while preserving City parks and natural resources," Carrollton Parks & Recreation provides financial assistance to qualifying residents for all Parks & Recreation classes, programs, and facility fees. Call 972-466-9813 for more information.

Facility Rentals

Looking for that perfect location for a meeting or a place to celebrate a special occasion?
 Look no further than the City of Carrollton.
 Ask about rental rates and book your next event close to home.



INDOOR FACILITIES

Facility room occupancy varies from a classroom of 15 to a ballroom of 700. Call or visit the website for detailed information.

Carrollton Senior Center*

972-466-4850 • 1720 Keller Springs Road

5 rooms ranging in capacity and kitchen is an add on

Crosby Recreation Center*

972-466-9810 • 1610 E. Crosby Road

3 rooms ranging in capacity, 1 gymnasium, esports room, and kitchen is an add on

Hebron & Josey Library**

972-466-4800 • 4220 N. Josey Lane

2 rooms ranging in capacity

Indian Creek Golf Club Clubhouse*

972-466-9859 • 1650 W. Frankford Road

Provides a great view of the golf course

Josey Ranch Lake Library**

972-466-4800 • 1700 Keller Springs Road

3 rooms ranging in capacity

Rosemeade Recreation Center

972-466-9800 • 1330 E. Rosemeade Parkway

2 classrooms ranging in capacity with one that includes a kitchen, 2 gymnasiums, and a dance room

OUTDOOR FACILITIES

of People

A.W. Perry Homestead Museum*

100

972-466-3080 • 1509 N. Perry Road

Historic Downtown Carrollton Gazebo***

50

972-466-3080 • 1106 S. Broadway Street

Indian Creek Golf Club Pavilion

100

972-466-9850 • 1650 W. Frankford Road

Provides a great view of the golf course

Pavilion at Mary Heads Carter Park

120

972-466-3080 • 2320 Heads Lane

Sports Fields

Varies

972-466-3083 • (various locations)

(other fees such as field preparation and lighting may apply)

* Alcohol allowed with additional permitting

** For Library meeting rooms, visit cityofcarrollton.com/library.

*** A Special Event Permit may be required. Call 972-466-9800 for questions.



cityofcarrollton.com/rentals

Themed Birthday Parties

Carrollton has you covered. Check out the City's two-hour themed party packages!

HOSTED AT CARROLLTON RECREATION CENTERS

Celebrate your child's birthday at the Rosemeade Recreation Center or Crosby Recreation Center. Location depends on space availability. Party amenities include a party assistant, one hour of activity, one hour for party festivities (i.e. cupcakes & gifts), paper goods, decorations, cupcakes, lemonade, and a special gift for the birthday child. Full payment, as well as security deposit, is due at time of booking. All bookings will be subject to approval by the Recreation Coordinator.

To schedule your next party with Carrollton Parks & Recreation, email RecRentals@cityofcarrollton.com or call 972-466-9814.



THEMES

- Traditional Birthday
- My Little Pony/Unicorns
- Paw Patrol • Princess
- Sesame Street
- Sports • Superhero

COST

- Security deposit \$100
- 1-10 children \$175
- 11-20 children \$200
- 21-30 children \$225
- 31-40 children \$250
- 40+ children \$275
- Pricing for Esport Packages p. 42

A.W. Perry Homestead Museum

1509 N. Perry Road • 972-466-6380 • cityofcarrollton.com/museum
Open Tuesday through Thursday and Saturday • Tours between 11am-1pm or by appointment

Located within beautiful Pearl Perry Gravley Park, the A.W. Perry Homestead Museum offers a glimpse of life as it was in North Central Texas at the turn of the 20th century. A.W. and Sarah Perry were pioneer homesteaders of the Peters Colony who arrived here in 1844 from Carrollton, Illinois. They built a house on the site in 1857. In 1909, their son Dewitt Perry and his wife Francis tore down the first house and used some of the lumber to build the present-day home. This structure is now the Museum, restored in 1976 as the community's U.S. Bicentennial celebration project and designated as a State Historic Landmark in 1977 by the Texas Historical Commission.



SCHOOL AND GROUP TOURS

The guided tour begins at the state historical marker and continues through the 1909 farmhouse with antique furnishings, where you will discover daily life as it was in Carrollton at the turn of the 20th century. School tours are aligned with the Texas Essential Knowledge and Skills (TEKS) standards for each grade level. To schedule a school or group tour, contact the Museum two weeks before your requested tour date. Group tours are free, but donations are accepted. Call 972-466-9811 to make a reservation or register online at cityofcarrollton.com/museum.



PERRY SPECIAL EXHIBITS

The A.W. Perry Homestead Museum is proud to begin offering special exhibits. Twice a year, the Museum will display focused exhibits on various historical topics during the Victorian period. The new body of work will bridge historical research with artifact interpretation, so a visit to the Museum will teach visitors so much more about the past. For parents and teachers, an educational packet will be available for kids and students. Check the Museum's social media for updates and details at facebook.com/PerryHomesteadMuseum.

"If you don't know where you've come from, you don't know where you're going." ~ Maya Angelou

TRAVELING TRUNKS

The A.W. Perry Homestead Museum provides trunks to local schools as a FREE service. Each trunk contains hands-on artifacts for students to examine and an activity guide for teachers. All activities are TEKS-aligned according to state-mandated curriculum guidelines.



HISTORY MYSTERY TRUNKS are designed for grades three, four, and five. Students will uncover the past using artifacts, learn the basic principles of material culture, and observe and analyze objects in the trunk in order to discover their uses.

SCHOOL DAYS TRUNKS are designed for grades one, two, and three. Students will compare and contrast how education has changed over the past 150 years, try on pioneer clothing, and even imagine what it will be like to go to school in the future.

Call the A.W. Perry Homestead Museum today at 972-466-9811 to reserve a trunk for your class.

Senior Center

1720 Keller Springs Road • 972-466-4850

cityofcarrollton.com/seniorcenter • facebook.com/groups/carrolltonseniors

Carrollton Senior Center Advisory Council (CSCAC)

Meets first Tuesday • 11am

Jim Rogers - President • Jesse Alvarado - Vice President • Ruth Nelson - Secretary • Don Couch - Treasurer
John Storey - Welfare Liaison • Jo Anne Blair, Cathy John, Judy Reichenbach, and Judy Vaughn

CARROLLTON SENIOR CENTER ADVISORY COUNCIL MEETING

The CSCAC is comprised of elected members of the Carrollton Senior Center who meet to discuss the welfare of members, upcoming events, programs, classes, and other Senior-related issues. In addition, the CSCAC advises Carrollton City staff on member preferences for Senior Center-related topics such as facility design and layout, programs and events offered, and various facility operations. All Senior Center members are welcome to attend. **Held monthly on the first Tu (5/2, 6/6, 7/11, & 8/1), 11am.**

MEDICARE CARD LAMINATION

A continuing project, the CSCAC offers free lamination of new Medicare cards. Check the entry credenza for dates and times that CSCAC members will be available to protect this valuable health care identification card.

NEW MEMBER TOUR

New to the Senior Center? Find out what it's all about and receive a tour by a member of the CSCAC. They can answer questions and show you everything the Carrollton Senior Center has to offer. **Held weekly, M-F, 2-3pm.**

VETERANS' VOICES

Preserve the memories of family and loved ones for all time. Veterans' Stories keep the recollections alive and shared with new generations. If you have stories, news clippings, or pictures about veterans and warriors you would like to see preserved for our community, contact one of the CSCAC members to make an appointment to review documentations and photos that tell the amazing stories of friends and families. Photos and other documents may be reproduced, but all will be returned to you.

ALL SENIOR CENTER PROGRAMS AND EVENTS ARE FOR SENIORS 50 AND OLDER AND HELD AT THE CARROLLTON SENIOR CENTER UNLESS OTHERWISE SPECIFIED. FREE GROUPS AND ACTIVITIES ARE ONLY FOR SENIOR CENTER MEMBERS. FOR-FEE CLASSES AND ACTIVITIES ARE OPEN TO ALL 50+.

Seniors on Tour

The Senior Center is excited to be able to offer trips. These day outings come with lots of laughs while visiting exciting places in the area. Trips are always escorted by a Parks & Recreation staff member. **For updates on trips, follow the Senior Center at facebook.com/groups/carrolltonseniors.**

DAY TRIPS

Explore entertaining and educational sites in North Texas with the Carrollton Senior Center. **The Senior Center is not responsible for refunds for trips that are canceled due to inclement weather when rescheduling is not available. Preregistration is required as space is limited.**

CLASS#	DATES	DESTINATION	DAY	TIME	\$(RES/NR)
102020-36	5/24	Win Star Casino and Resort	W	8:30-4:30pm	\$25/\$27.50
102020-40	6/25	The Music Man The Granville Arts Theater	W	1:30PM	\$35
102020-50	7/13	Fort Worth Aviation Museum	Th	9am-1pm	\$15/\$16.50
102020-60	8/12	Medieval Times	Sa	1-5pm	\$55/\$60.50

OUT TO LUNCH

Join the Carrollton Senior Center for a good time at a local restaurant. Lunch is on your own. We meet at the restaurant at 11am. **Limited transportation is available for a fee of \$3 (res)/\$3.50 (non-res). Participants will need to bring money for lunch. Preregistration is required by everyone attending so that the restaurant will have an accurate head count.**

CLASS#	DATES	DESTINATION	DAY	TIME	\$(RES/NR)
102010-35	5/26	Lupe Tortilla Mexican Restaurant 4535 Belt Line Road, Addison	F	11am	Dutch
102010-40	6/30	Catahoula's Louisiana Kitchen 3258 S. Interstate 35, Denton	F	11am	Dutch
102010-50	7/28	Carrabba's Italian Grill 17548 Dallas Pkwy, Dallas	F	11am	Dutch
102010-60	8/25	Ida Claire 5001 Belt Line Road, Addison	F	11am	Dutch

VETERAN FISHING TRIPS

Senior Center members who are military veterans are invited to a fun day fishing off a private pier on Lake Grapevine. All the poles, bait, and other gear are provided, or bring your own. This free program also includes lunch. **The Senior Center is not responsible for trips that are canceled due to inclement weather when rescheduling is not available. Preregistration is required as space is limited.**

CLASS#	DATES	DAY	TIME	\$(RES/NR)
102020-37	5/17	W	9am	Free
102020-38	4/26	W	9am	Free



Senior Activities & Classes 50+

MONDAY	TUESDAY	WEDNESDAY
7am Walking	7am Walking	7am Walking
9am Notary Service (5/1, 6/5, 7/3, & 8/7)	9am FUNctional Fitness \$	9am Aerobics \$
9:30am Knit & Crochet Group	9am Ceramics \$	9am Veterans' Fishing Trip (5/17,5/31)
11am Aging Gracefully Yoga \$	9am Dominoes	10am Book Club (5/10,6/14,7/12, & 8/9)
12:30pm Cribbage	10am Health Screening (5/9, 6/13, 7/11, & 8/8)	10:15am BINGO \$
1pm Bridge	10:30am Stretch \$	10:30am We ♥ Our Seniors Lunch (5/3, 6/7, 7/5, & 8/2)
1pm Movie Monday (5/22, 6/26, 7/24, & 8/28)	11am CSCAC Meeting (5/2, 6/6, 7/11, & 8/1)	11am CSCAC Hot Dog Wednesday \$ (5/10, 6/14, 7/12, & 8/9)
2:30pm Fitness Equipment Orientation (5/8, 6/12, 7/10, & 8/14)	12pm Red Hat Society (5/2, 6/6, 7/11, & 8/1)	12:15pm Lunch and Learn (5/17, 6/21, 7/19, & 8/16)
	1pm Texas Hold 'Em Tournament (5/30, 6/27, 7/25, & 8/29)	12:30pm Pinochle
	1pm Ping-Pong Group	1pm FUN Chair Volleyball
	1pm Team Chair Volleyball Practice	2:30pm Drama Group
	3pm Reunión Hispana (5/16, 6/20, 7/18, & 8/15)	
5pm Closed	4pm Guitar Jam Sessions	
LEGEND: \$ Fee required	7:30pm Closed	5pm Closed

ART CLASS: YOU CAN OIL PAINT A MASTERPIECE

Even if you have never held a paintbrush or cannot draw a straight line, you will be amazed at the beautiful painting you can create in one inspiring lesson. Beginners learn the basics of color mixing, brushstrokes, and perspective while completing a landscape, seascape, or still life in this fun and easy class taught by master artist and award-winning instructor Robert Garden. **All supplies including canvas, paint, brushes, medium, easel, and instruction are provided and included in the fee. Bring paper towels and wear old clothes. For more information, visit robertgardenart.com. Deadline to register is three days before each class.**

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152090-35	5/5	F	1-4pm	1	\$35/36.50
152090-40	6/23	F	1-4pm	1	\$35/36.50
152090-50	7/21	F	1-4pm	1	\$35/36.50
152090-70	8/11	F	1-4pm	1	\$35/36.50

ART GROUP

Come paint with others who love to paint and get inspired by your peers. Participants can go at their own pace and must bring their own materials. **Held weekly, F, 9am.**

BINGO

Play a game of chance in which each player has one or more cards printed with differently numbered squares on which to place markers when the respective numbers are drawn and announced by a caller. The first player to mark a complete row or another pattern of numbers is the winner. **Payment is to be made to the event organizers. Held weekly, W, 10:15am. \$1/card.**



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

BOOK CLUB

Enjoy reading and want to share your thoughts with other Seniors on a good book? Enrich your reading experience with some lively discussion.

DATE	DAY	TIME	BOOK AND AUTHOR
5/10	W	10am	<i>The Exiles: A Novel</i> by Christina Baker Kline
6/14	W	10am	<i>If You Ask Me (And of Course You Won't)</i> by Betty White
7/12	W	10am	Free Book Discussion
8/9	W	10am	<i>A Slow Fire Burning</i> by Paula Hawkins

CERAMICS

Students will learn how to clean, decorate, shape, mold, and glaze items. **Paint and firing ONLY are included in the class fee. No other supplies will be provided.**

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152010-36	5/2-5/30	Tu	9-11:30am	5	\$30/\$33
152010-40	6/6-6/27	Tu	9-11:30am	4	\$30/\$33
152010-50	7/11-7/25	Tu	9-11:30am	3	\$30/\$33
152010-60	8/1-8/29	Tu	9-11:30am	5	\$30/\$33



THURSDAY	FRIDAY	SATURDAY
7am Walking 9am FUNctional Fitness \$ 10:30am Stretch \$ 10:30am Quilting Group 11am Monthly Luncheons \$ (5/18, 6/15, 7/20, & 8/17) 12:30pm SKIP-BO 1pm Ping-Pong Group 1pm Mahjong 1pm Bridge 1pm Jazz & Blues Band Practice 7pm Thursday Night Dance \$	7am Walking 9am Art Group 9:30am Fitness Friday \$ 11am Aging Gracefully Yoga \$ 11am Sing-Along Group (5/5, 5/19, 6/2, 6/16, 7/7, 7/21, 8/4, & 8/18) 11am Out to Lunch (5/26, 6/30, 7/28, & 8/25) 12:30pm Pinochle 1pm FUN Chair Volleyball 1pm Team Chair Volleyball 1pm Oil Painting \$ (5/5, 6/23, 7/21, & 8/11)	10am Tai Chi \$ 10am Technology Saturdays (5/6, 6/3, 7/8, & 8/5) 1pm Closed
		SUNDAY
		Center is Closed For more information on groups, games, and activities in the daily calendar, talk with your Senior Center staff.
9:30pm Closed	5pm Closed	

CHAIR VOLLEYBALL RECREATIONAL FUN PLAY

Stay active with a fun game of Chair Volleyball. Stay seated while stretching, laughing, and having a good time. Enjoy a new sport and gain new friends. For a little more competition, join the Team Chair Volleyball group. *Held weekly, W/F, 1pm.*

TEAM PRACTICE

Tried the Recreational Fun Play and looking for a little more competition? Join our Team Chair Volleyball group. Stay seated while stretching and laughing your way through a good time. Team play includes some optional local tournaments that the team(s) can participate in. *Held weekly, Tu/F, 1pm.*

DRAMA GROUP: ACTORS COMING TOGETHER (ACT)

This talented group continues to entertain us with their hilarious performances. You don't need a particular talent to join, just a good sense of humor and a desire to laugh. *Held weekly, W, 2:30pm.*

GUITAR JAM SESSIONS

Acoustic jam session with **no plug-ins allowed except for bass and autoharp**. Music is of all genres. Attendees must know basic chords before joining, but all are welcome to sit in and have fun learning together. *Held weekly, Tu, 4pm.*

JAZZ & BLUES BAND PRACTICE

Join other musicians for an acoustic jam. Have fun playing music from a variety of genres. You must know basic chords before strumming along, but all are welcome to sit in. **Only plug-ins for base and autoharp are allowed.** *Held weekly, Th, 1pm.*



KNIT & CROCHET GROUP

If you like to knit and/or crochet, come join us. Work on your own project with your own yarn or use ours to make items for charity. We will help you with the basics. We have made hats, blankets, scarves, and baby items for hospitals and other charitable organizations. Enjoy the craft of knitting and/or crocheting and make some new friends. *Held weekly, M, 9:30am.*

NOTARY SERVICE

This is a free service offered to Senior Center members. A notary witnesses and authenticates signatures, administers oaths, verifies signatures, and takes affidavits for guests. *Held monthly, M (5/1, 6/5, 7/3, & 8/7), 9am.*

PING-PONG SUMMER LEAGUE - SEE PAGE 43

PING-PONG GROUP

Stay active with a fun pickup game of ping-pong. The ping-pong tables will be set up for a little more competition. Join a group of like-minded players. *Held weekly, Tu, 1pm.*

PONG ON WHEELS 50+ - SEE PAGE 47

QUILTING GROUP

If you can sew, you can quilt. Join us to work on different projects each month, or you can bring your own project and enjoy sewing with the group. Bring your own sewing machine and materials. **Held weekly, Th, 10:30am.**

SING-ALONG GROUP

Everyone is invited to join this member-led group of Seniors who love to sing. Song selections vary each session and include classics that will take you down memory lane along with familiar patriotic tunes. **Held every first and third F (5/5, 5/19, 6/2, 6/16, 7/7, 7/21, 8/4, & 8/18), 11am.**

TECHNOLOGY SATURDAY

This is a great opportunity to resolve your technology challenges and learn from others doing the same. Receive one-on-one assistance on a first-come, first-served basis on any of the portable devices that you bring in. **Held monthly, Sa (5/6, 6/3, 7/8, & 8/5), 10am.**

TEXAS HOLD 'EM TOURNAMENT

Seating begins at 12:30pm, and games begin at 1pm. The first 64 participants will be seated. **No registration is required. Held monthly, Tu (5/30, 6/27, 7/25, & 8/29), 1pm. Doors open at 12:30pm.**

Fellowship, Food, and Fun



HOT DOG WEDNESDAY

Get a jumbo hot dog and all the fixings prepared by members of the CSCAC. Fee is collected by the event organizers. **Held monthly, W (5/10, 6/14, 7/12, & 8/9), 11am.**

LUNCH AND LEARN

Hear presentations from vendors on a variety of topics. Specific topics and presenters will be posted closer to the dates scheduled and will be published on the facility calendar and facebook.com/groups/carrolltonseniors. **Preregistration is required to get an accurate head count. Space is limited. Held monthly, W (5/17, 6/21, 7/19, & 8/16), 12:15pm.**

MONTHLY LUNCHEONS

Enjoy a delicious meal cooked and prepared by a professional chef. Enjoy a variety of entertainment and activities while socializing with friends. **Registration ends at 12pm on the Tuesday before the luncheon.**

CLASS#	DATE	DAY	TIME	\$(RES/NR)
102000-35	5/18	Th	11am-1pm	\$8/\$9
102000-40	6/15	Th	11am-1pm	\$8/\$9
102000-50	7/20	Th	11am-1pm	\$8/\$9
102000-60	8/17	Th	11am-1pm	\$8/\$9

MOVIE MONDAY

Enjoy a free movie in a modified and socially distanced setting. Due to the excitement of new releases, titles will not be available until one month prior and will be published on the facility calendar and facebook.com/groups/carrolltonseniors. **Held monthly, M (5/22, 6/26, 7/24, & 8/28), 1pm.**

RED HAT SOCIETY GROUP

Join the world's largest community of women who unite in the spirit of fun and friendship. You can be proud to know you are supporting a society that is reshaping the way women are viewed in today's culture by promoting freedom from stereotypes and fulfillment of goals and dreams. **Held monthly, Tu (5/2, 6/6, 7/11, & 8/1), 12pm.**

REUNIÓN HISPANA GROUP

This is a social group for our Spanish-speaking members. Bring your favorite stories to share and participate in games. **To participate in this event, you are required to be over 50 years of age and have a Senior Center membership or a day pass. Held monthly, Tu (5/16, 6/20, 7/18, & 8/15), 3pm.**

Este es un grupo social para nuestros miembros hispanohablantes. Comparta con nosotros sus historias favoritas y participe en juegos. Para participar en este evento se requiere ser mayor de 50 años de edad y tener una membresía al Senior Center o un pase por el día. Celebrado mensualmente, **Ma (5/16, 6/20, 7/18, & 8/15), 3pm.**



THURSDAY NIGHT DANCE

Live music and dancing will make your Thursday nights amazing. Local live bands each week and free refreshments are served during the break for adults 50+ or adults accompanied by someone 50+ years of age. **\$5 (res)/\$5.50 (non-res). Held weekly, Th, 7pm.**

WE ♥ OUR SENIORS LUNCH

Looking for great food and fellowship? Spend time with friends while enjoying a free delicious meal provided by Joe's NY Style Pizza at Amici (1022 S. Broadway Street - formerly Joe's Pizza, Pasta and Subs on Belt Line Road). **Be sure to arrive early. Meals are served on a first-come, first-served basis. Held monthly, W (5/3, 6/7, 7/5, & 8/2), 10:30am.**

DROP IN>> AEROBICS

This class is open to all participants regardless of athletic ability or coordination. The 60-minute workout is designed with a warmup and aerobic moves followed by a stretching and cool down period. Regular participation offers benefits for your heart, lungs, muscles, and bones. The instructor incorporates basic choreography, ab work, and strength training. This is accomplished without weights or mats. Come ready to have fun, enjoy a variety of music, and feel rejuvenated when you leave. **All mats and weights are provided. Bring a water bottle. \$3 (res)/\$3.50 (non-res) drop in fee.**

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132010-35	5/3-5/31	W	9-10am	5	\$15/\$16.50
132010-40	6/7-6/28	W	9-10am	4	\$12/\$13.25
132010-50	7/5-7/26	W	9-10am	4	\$12/\$13.25
132010-60	8/2-8/30	W	9-10am	5	\$15/\$16.50

DROP IN>> AGING GRACEFULLY YOGA

Increase your strength, flexibility, and balance with yoga. This class will relieve stress and tension and is designed to accommodate older adults. Come experience yoga to feel energized and revitalized. **\$3 (res)/\$3.50 (non-res) drop in fee. No class 7/3.**

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132050-35	5/1-5/29	M/F	11am-12pm	9	\$24/\$26.50
132050-40	6/2-6/30	M/F	11am-12pm	8	\$24/\$26.50
132050-50	7/3-7/31	M/F	11am-12pm	7	\$24/\$26.50
132050-60	8/4-8/28	M/F	11am-12pm	9	\$27/\$29.75

FITNESS EQUIPMENT ORIENTATION

Not sure how machines in our weight room work or how to set up a machine? This class provides a walk-through to give you a better understanding of the setup and how to position yourself properly. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized workout plan, contact one of our personal trainers. **Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.**

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132170-35	5/8	M	2:30-4pm	1	\$6/\$7
132170-40	6/12	M	2:30-4pm	1	\$6/\$7
132170-50	7/10	M	2:30-4pm	1	\$6/\$7
132170-60	8/14	M	2:30-4pm	1	\$6/\$7

DROP IN>> FITNESS FRIDAY

Join us in the Texas Room for Fitness Friday! Instructor Tom Nouné will lead a full-body workout that can be done with or without a chair. Workouts will utilize free weights, stretch bands, and other equipment. Tom specializes in resistance training, primarily with baby boomers and seniors. **\$3 (res)/\$3.50 (non-res) drop in fee.**

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132080-35	5/5-5/26	F	9:30-10:30am	4	\$12/\$13.25
132080-40	6/2-6/23	F	9:30-10:30am	4	\$12/\$13.25
132080-50	7/7-7/28	F	9:30-10:30am	4	\$12/\$13.25
132080-60	8/4-8/25	F	9:30-10:30am	4	\$12/\$13.25

DROP IN>> FUNCTIONAL FITNESS

Work your muscles in this class designed to build strength, add definition, increase bone density, and decrease body fat by building lean muscle. FUNCTIONAL Fitness will improve your back health, posture, balance, flexibility, and muscular endurance. **\$3 (res)/\$3.50 (non-res) drop in fee. No class 5/18, 6/15, 7/20, & 8/17.**

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132030-35	5/2-5/30	Tu/Th	9-10am	8	\$24/\$26.50
132030-40	6/1-6/29	Tu/Th	9-10am	8	\$24/\$26.50
132030-50	7/6-7/27	Tu/Th	9-10am	7	\$21/\$23.25
132030-60	8/1-8/31	Tu/Th	9-10am	8	\$24/\$26.50

HEALTH SCREENING: BLOOD PRESSURE & SUGAR LEVELS

Do you need to check your blood pressure or blood sugar? Visit the Senior Center for free blood pressure and blood sugar screenings provided by members of Carrollton Fire Rescue. No appointment is necessary. **Held monthly, Tu (5/9, 6/13, 7/11, & 8/8), 10am.**

PERSONAL TRAINER OPTIONS – SEE PAGE 33

DROP IN>> STRETCH

This chair-based class has its roots in yoga and is designed specifically for participants who are unable to get up from the floor or stand/walk for long periods of time. You will leave class feeling stretched, strengthened, balanced, and relaxed. This class will challenge all fitness levels. **\$3 (res)/\$3.50 (non-res) drop in fee. No class 5/18, 6/15, 7/20, & 8/17.**

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132040-35	5/2-5/30	Tu/Th	10:30-11:30am	8	\$24/\$26.50
132040-40	6/1-6/29	Tu/Th	10:30-11:30am	8	\$24/\$26.50
132040-50	7/6-7/27	Tu/Th	10:30-11:30am	7	\$21/\$23.25
132040-60	8/1-8/31	Tu/Th	10:30-11:30am	8	\$24/\$26.50

DROP IN>> TAI CHI

Learn the graceful dancelike progression of Tai Chi, which is also described as “Mediation in Motion.” It is a low impact exercise, helping to improve flexibility, strength, and balance. It places minimal stress on your body, making it suitable for people of all ages, temperaments, and states of health. Tai Chi brings together the mind and body by maintaining the flow of “Qi,” life’s energy. **\$6 (res)/\$6.50 (non-res) drop in fee.**

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132901-65	5/6-5/27	Sa	10-11am	4	\$24/\$26.50
132901-70	6/3-6/24	Sa	10-11am	4	\$24/\$26.50
132901-80	7/1-7/29	Sa	10-11am	5	\$24/\$26.50
132901-90	8/5-8/26	Sa	10-11am	4	\$24/\$26.50



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

Carrollton Public Library

Free programs and events for all ages

Events are subject to change.

Visit cityofcarrollton.com/library for all updates.

HEBRON & JOSEY

4220 N. JOSEY LANE
(AT HEBRON PARKWAY)

Sunday	1-5pm
Monday	10am-8pm
Tuesday	10am-8pm
Wednesday	10am-8pm
Thursday	10am-8pm
Friday	Closed
Saturday	10am-5pm

Public computers • Online databases
and resources • Free Wi-Fi
Books, CDs, DVDs • Hotspots
Materials in Spanish, Korean,
Vietnamese, Chinese & more • Study rooms
Quiet reading lounges • Local history
& genealogy • Language instruction
resources • eBooks

JOSEY RANCH LAKE

1700 KELLER SPRINGS ROAD
(WEST OF JOSEY LANE)

Sunday	1-5pm
Monday	10am-8pm
Tuesday	10am-8pm
Wednesday	10am-8pm
Thursday	Closed
Friday	10am-5pm
Saturday	10am-5pm

Information: 972-466-4800 • cityofcarrollton.com/library
The Library Advisory Board meets quarterly at Josey Ranch Lake Library at 6:30pm.
Meetings are open to the public. See our website for scheduled meeting dates.

Preschool

For the most up-to-date information, visit cityofcarrollton.com/library.
June 5 – July 28 (no classes July 4)

EARLY LITERACY CLASSES

BABY TIME

These 20-minute sessions are designed for “pre-walkers” and a parent or caregiver. Interact with baby as you develop a love of language through rhymes and music. Stay afterward for a time for baby play and adult conversation time. Siblings are welcome.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	Pre-Walkers	W	10:15am	Ongoing
Josey Ranch Lake	Pre-Walkers	W	2pm	Ongoing

TODDLER TIME

Children and a parent or caregiver participate in early language learning through stories, songs, rhymes, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	1-3	M	10:15am	Ongoing
Hebron & Josey	1-3	M	11:15am	Ongoing

LIBROS Y AMIGOS/BOOKS AND FRIENDS

Participa en cuentas, canciones, juegos con los dedos, rimas de acción, y movimiento en español e inglés. Todos son bienvenidos, ya sea que sepa español o le gustaría aprender.

Participate in stories, songs, fingerplays, action rhymes, and movement in Spanish and English. Everyone is welcome – whether you know Spanish or would like to learn.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	Birth-5+	Tu	10:15am	Ongoing

PRESCHOOL STORY TIME


Children develop early literacy skills through stories, songs, fingerplays, action rhymes, and movement. Story times are designed to help children practice the skills needed to prepare for school.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	3-5	W	10:15am	Ongoing
Hebron & Josey	3-5	W	11:15am	Ongoing

TODDLER/PRESCHOOL STORY TIME

Children and their families participate in stories, songs, fingerplays, action rhymes, and movement. Siblings are welcome.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	Birth-5+	M	7pm	Ongoing
Josey Ranch Lake	Birth-5+	Tu	11:15am	Ongoing



SUMMER READING CHALLENGE
THURSDAY, JUNE 1 - TUESDAY, AUGUST 1
Join the Library's free Summer Reading Challenge for all ages.
– Register – Read – Log Minutes – Earn Books & Prizes.
See inside cover or visit carrollton.com/SummerReading for more information.

EARLY LITERACY SPECIAL EVENTS



Carrollton Public Library 1000 BOOKS BEFORE KINDERGARTEN

CARROLLTON

Give your child a head start on the path to success by developing early literacy skills through reading books together. This self-paced program is open to children from birth to age 5. *Pick up a starter kit at the Library.*

1000 BOOKS BEFORE KINDERGARTEN GRADUATION

1000 Books graduates and caregivers are invited to celebrate their incredible reading milestone. Join staff for stories and fun activities. Invitations will be emailed to qualifying participants.

DATE	LIBRARY	AGE	DAY	TIME
5/6	Hebron & Josey	2-5	Sa	11am-12pm

SATURDAY STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, rhymes, and movement.

DATE	LIBRARY	AGE	DAY	TIME
6/17	Josey Ranch Lake	Birth-5+	Sa	10:15am
7/15	Josey Ranch Lake	Birth-5+	Sa	10:15am

PRESCHOOL PLAYDATE

Children of all abilities and their families learn and explore through play by participating in sensory-rich activities that promote healthy development and learning.

DATE	LIBRARY	AGE	DAY	TIME
5/11	Hebron & Josey	2-5	Th	10:15am
5/16	Josey Ranch Lake	2-5	Tu	10:15am
8/17	Hebron & Josey	2-5	Th	10:15am
8/22	Josey Ranch Lake	2-5	Tu	10:15am

Elementary

For the most up-to-date information, visit cityofcarrollton.com/library.

CREATIVE CORNER

Unwind this summer and get creative. This come and go self-directed program invites kids to color and create. Supplies are provided.

DATE	LIBRARY	AGE	DAY	TIME
6/1	Hebron & Josey	5+	Th	3-5pm
6/8	Hebron & Josey	5+	Th	3-5pm
6/15	Hebron & Josey	5+	Th	3-5pm
6/22	Hebron & Josey	5+	Th	3-5pm
6/29	Hebron & Josey	5+	Th	3-5pm
7/6	Hebron & Josey	5+	Th	3-5pm
7/13	Hebron & Josey	5+	Th	3-5pm
7/20	Hebron & Josey	5+	Th	3-5pm
7/27	Hebron & Josey	5+	Th	3-5pm



LEGO® BUILDERS

Elementary aged kids are invited to build and create with LEGO bricks. If you can think it, you can build it. Materials are provided.

DATE	LIBRARY	AGE	DAY	TIME
6/3	Hebron & Josey	5+	Sa	2-3pm
7/1	Hebron & Josey	5+	Sa	2-3pm
7/29	Hebron & Josey	5+	Sa	2-3pm

BACK TO SCHOOL BLING

Go back to school in style. Join us in person to decorate and bling out school supplies. Materials are provided, while supplies last.

DATE	LIBRARY	AGE	DAY	TIME
8/3	Hebron & Josey	5+	Th	3-5pm

END OF SUMMER PARTY AT ROSEMEADE RAINFOREST

Join the Carrollton Public Library staff for a swim party at Rosemeade Rainforest Aquatic Complex. Summer Reading Program participants will receive an email invitation to show at the entrance in order to attend. Win door prizes and celebrate your reading success this summer.



DATE	LOCATION	AGE	DAY	TIME
8/4	Rosemeade Rainforest	All	F	7-9pm

Middle & High School

For the most up-to-date information, visit cityofcarrollton.com/library.

GAME ON! - TWEEN

Meet new friends at the Library, and get your game on while enjoying video games, board games, and card games together. Snacks and drinks are provided.

DATE	LIBRARY	AGE	DAY	TIME
6/6	Josey Ranch Lake	9-12	Tu	3:30-4:30pm
6/20	Josey Ranch Lake	9-12	Tu	3:30-4:30pm
7/11	Josey Ranch Lake	9-12	Tu	3:30-4:30pm
7/25	Josey Ranch Lake	9-12	Tu	3:30-4:30pm

TEEN ADVISORY COUNCIL

Carrollton Public Library needs your ideas. Join other teens in grades 9-12 to plan upcoming Library programs and make decisions about teen Library services. This is a great way to earn volunteer credit while collaborating with other teens. Applications will be accepted Thursday, June 1 through Friday, August 4. Interviews to join will occur in August. Visit volunteermatch.org to apply.

TEENS TAKE OVER

Hang out with friends, play video and board games, make crafts, and more while the Library is closed to the public. Pizza, snacks, and drinks are provided. Registration is required. See Programs & Events at cityofcarrollton.com/library for details. Pick up a permission slip at either Library location or on the website. A signed permission slip is required to enter.

DATE	LIBRARY	AGE	DAY	TIME
6/9	Hebron & Josey	13-18	F	5:30-7:30pm
7/7	Hebron & Josey	13-18	F	5:30-7:30pm

TWEEN ROBOT CODING

Apply basic code to program robots to compete in obstacle courses, create games, and more.

DATE	LIBRARY	AGE	DAY	TIME
6/13	Josey Ranch Lake	9-12	Tu	3:30-4:30pm
6/27	Josey Ranch Lake	9-12	Tu	3:30-4:30pm
7/18	Josey Ranch Lake	9-12	Tu	3:30-4:30pm

TEEN ANIME CLUB

Hang out with friends, eat snacks, and watch anime. Anime episodes provided by Crunchyroll, rated TV-G to TV-14.

DATE	LIBRARY	AGE	DAY	TIME
6/21	Hebron & Josey	13-18	W	6-7:30pm
7/19	Hebron & Josey	13-18	W	6-7:30pm

There's more fun for your children at City camps on pages 31, and 51.

Sir Reads-A-Lot!

Visit the Carrollton Public Library at Josey Ranch Lake and meet Sir Reads-A-Lot.

Donate today to receive a commemorative plate on the spine of one of his books.

All donations go to the Friends of the Carrollton Public Library, which supports the Library's programs.

Visit friendscarrolltonlibrary.org for more information or to donate.

Gold Level: \$100+
Silver Level: \$50+
Bronze Level: \$15+



Family

For the most up-to-date information, visit cityofcarrollton.com/library.

FAMILY BOARD GAME NIGHT

Come to the Library for family bonding and a bit of friendly competition. Family-appropriate board games will be provided.

DATE	LIBRARY	AGE	DAY	TIME
6/6	Hebron & Josey	All	Tu	6:30-7:30pm
6/13	Hebron & Josey	All	Tu	6:30-7:30pm
6/20	Hebron & Josey	All	Tu	6:30-7:30pm
6/27	Hebron & Josey	All	Tu	6:30-7:30pm
7/11	Hebron & Josey	All	Tu	6:30-7:30pm
7/18	Hebron & Josey	All	Tu	6:30-7:30pm
7/25	Hebron & Josey	All	Tu	6:30-7:30pm

MONDAY MOVIE MATINEE

Come to the library to enjoy nostalgic movies from the 90s. BYOblanket and snacks. All movies are rated G. Movies will begin promptly at 2pm.

DATE	LIBRARY	AGE	DAY	TIME	MOVIE
6/5	JRL	All	M	2-4pm	<i>Rescuers Down Under</i> (1990)
6/12	JRL	All	M	2-4pm	<i>Beauty and the Beast</i> (1991)
6/19	JRL	All	M	2-4pm	<i>The Lion King</i> (1994)
6/26	JRL	All	M	2-4pm	<i>Balto</i> (1995)
7/3	JRL	All	M	2-4pm	<i>Anastasia</i> (1997)
7/10	JRL	All	M	2-4pm	<i>Hercules</i> (1997)
7/17	JRL	All	M	2-4pm	<i>A Bug's Life</i> (1998)
7/24	JRL	All	M	2-4pm	<i>Mulan</i> (1998)
7/31	JRL	All	M	2-4pm	<i>Tarzan</i> (1999)

Super Saturdays

All Super Saturday programs are funded by the Friends of the Carrollton Public Library.

For the most up-to-date information, visit cityofcarrollton.com/library.

ANIMAL TALENTS WITH ALL ABOUT ANIMALS

What could be better than discovering your own hidden talents? Discovering talents among the animal world, of course. Come meet some cute critters and learn all about animals' hidden talents in this fun-filled program.

DATE	LIBRARY	AGE	DAY	TIME
6/10	Josey Ranch Lake	5+	Sa	2-3pm

DAVID CHICKEN

Come sing, laugh, and learn with David Chicken. This interactive, high-energy performance is guaranteed to make your Saturday a super one.

DATE	LIBRARY	AGE	DAY	TIME
7/8	Josey Ranch Lake	5+	Sa	2-2:45pm

PROFESSOR BRAINIUS

Calling all science-lovers. Professor Brainius will take us on a rollicking scientific journey. You'll be sure to laugh and learn during this energetic and entertaining show.

DATE	LIBRARY	AGE	DAY	TIME
7/22	Josey Ranch Lake	5+	Sa	2-3pm

Adult Programs

COMPUTER SKILLS

Need help with computers? Learn the basics of computers, Excel, and Word. Classes are free and last approximately one and a half hours (1-1/2 hours). **Registration is required. See Programs & Events at cityofcarrollton.com/library or call 972-466-4800 for details.**

COMPUTER BASICS

Receive training and assistance in learning basic computer and digital skills. Learn about computer parts and functionalities, including maneuvering a mouse, highlighting text, and manipulating the keyboard. **Registration is required.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
5/9	Hebron & Josey	Adults	Tu	6-7:30pm	4/25
6/6	Josey Ranch Lake	Adults	Tu	6-7:30pm	5/23
6/10	Josey Ranch Lake	Adults	Sa	10-11:30am	5/27
7/22	Hebron & Josey	Adults	Sa	10-11:30am	7/8

INTRODUCTION TO WORD

Learn how to start, open, save, and print documents, starting from scratch or using a template, plus other basic Word functions. **Registration is required.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
5/16	Hebron & Josey	Adults	Tu	6-7:30pm	5/2
6/13	Josey Ranch Lake	Adults	Tu	6-7:30pm	5/30
6/24	Josey Ranch Lake	Adults	Sa	10-11:30am	6/10
8/5	Hebron & Josey	Adults	Sa	10-11:30am	7/22

INTRODUCTION TO EXCEL

Learn basic commands for performing calculations and entering data for creating tables and graphs. **Registration is required.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
5/23	Hebron & Josey	Adults	Tu	6-7:30pm	5/9
6/20	Josey Ranch Lake	Adults	Tu	6-7:30pm	6/6
7/8	Josey Ranch Lake	Adults	Sa	10-11:30am	6/24
8/19	Hebron & Josey	Adults	Sa	10-11:30am	8/5

CRAFTING & FUN AT THE LIBRARY

GAME ON!

Spend time playing board games with new friends at this volunteered program. Whether you're a gaming veteran or want to get more into the hobby, this is the place for you. Bring a game from home or play ones from the Library.

DATE	LIBRARY	AGE	DAY	TIME
Ongoing	Josey Ranch Lake	Adults	W	6-8pm

SPRING CRAFTIVITY: SELF CARE SATURDAY

May is Mental Health Awareness Month. Receive useful tips on how to destress. Then follow along with an instructor and craft some feel good bath products to enjoy. All materials are provided, while supplies last.

DATE	LIBRARY	AGE	DAY	TIME
5/20	Josey Ranch Lake	Adult	Sa	1-2pm

SEED SWAP

Bring seeds you don't need for the next growing season, and swap them with other gardeners in the community. Plus, learn growing tips from the Denton County Master Gardeners Association. All levels of gardening experience and interest are welcome. Any seeds not taken will be donated to the Carrollton Public Library Seed Library.

DATE	LIBRARY	AGE	DAY	TIME
6/17	Josey Ranch Lake	Adult	Sa	2-3:30pm

THE ART OF CALLIGRAPHY

Learn the beautiful art of calligraphy from the Japan-America Society of Dallas/Fort Worth. All materials are provided. **Registration is required.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
6/17	Josey Ranch Lake	Adult	Sa	1-2pm	6/3

BEGINNING ART INSTRUCTION

Join artists from the Farmers Branch Carrollton Art Association to learn basic drawing and color theory, such as perspective, shading, color mixing, and more. All supplies are provided for this 3-hour class. Limited to 15 attendees. **Registration is required.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
6/24	Josey Ranch Lake	Adult	Sa	1-4pm	6/10
8/12	Josey Ranch Lake	Adult	Sa	1-4pm	7/29

ELEMENTS OF WRITING: CHILDREN'S & YOUNG ADULT BOOKS

Learn tips from the Carrollton League of Writers about writing children's and young adult books.

DATE	LIBRARY	AGE	DAY	TIME
7/10	Josey Ranch Lake	Adult	M	6:30-8pm

STUMP THE LIBRARIAN: ADULT TRIVIA NIGHT

Join Library staff for an evening of trivia where it is attendees versus Librarian. Come alone. Bring a Friend. Teams are encouraged, but not required. Each participant will need a device (i.e., a smartphone or tablet) to respond to questions asked, and a limited supply of iPads will be available at the Library on a first-come, first-served basis.

DATE	LIBRARY	AGE	DAY	TIME
8/21	Hebron & Josey	Adult	M	6:30-7:30pm

HOLDS PICKUP

972-466-4800
cityofcarrollton.com/library

- ### 1. PLACE A HOLD.

Place holds on items online 24/7 at cityofcarrollton.com/library or by phone at 972-466-4800 during service hours.


- ### 2. GET NOTIFIED.

You'll receive an email once your items are ready for pickup. You may also call during service hours to check your hold status.


- ### 3. PICKUP.

Present your Library Card or photo ID at the drive-up window.



 **CARROLLTON**
TEXAS



CARROLLTON
TEXAS

FREE

FINANCIAL LITERACY for adults

FREE classes for making smart money decisions offered by the Carrollton Public Library

FINANCIAL LITERACY

COLLEGE: GETTING THERE FROM HERE

Questions to consider as you establish a college savings goal, savings strategies to help you reach your goal, and the features and benefits of various education savings plans. This class will be presented by a representative of Edward Jones, a Fortune 500 financial services firm.

DATE	LIBRARY	AGE	DAY	TIME
5/9	Josey Ranch Lake	Adult	Tu	6-6:45pm

MEDICARE 101

Confused about Medicare? Learn about parts A, B, C, and D, and also learn about election periods, eligibility, enrollment, and possible penalties. Bring your questions with you. Presented by Four Square Senior Benefits.

DATE	LIBRARY	AGE	DAY	TIME
6/10	Josey Ranch Lake	Adults	Sa	12-1pm

JOB SKILLS

RESUME PREPARATION

Polish your resume with a professional HR Consultant. Learn the four types of resumes and which one you should use. Discover resume best practices and Applicant Tracking System (ATS) compliance in developing your resume. Finally, learn what recruiters want to see on your resume.

DATE	LIBRARY	AGE	DAY	TIME
5/3	Josey Ranch Lake	Adult	W	1-2pm

JOB INTERVIEW SKILLS

Hone your interviewing skills with a professional HR Consultant. Learn interview best practices including:

- How to answer basic interview questions
- Behavioral interviewing
- Questions you should ask the recruiter.

DATE	LIBRARY	AGE	DAY	TIME
5/3	Josey Ranch Lake	Adult	W	2:30-3:30pm



METROCREST JOB FAIR

Metrocrest Services and the Carrollton Public Library have partnered to bring area employers and potential employees together for a job fair tailored to the community. Positions cover a range of industries and experience levels. All job-seekers are welcome at this event. Resume printing is available. Come dressed to impress as some interviews may take place on-site. Registration is required at metrocrestservices.org/event/jobfair23.

DATE	LIBRARY	AGE	DAY	TIME
5/10	Josey Ranch Lake	Adult	W	3-6pm

SMALL BUSINESS

CONFIDENTIAL MENTORING – FREE!

SCORE has been providing free mentoring for new and existing businesses for over 40 years and has a network of over 13,000 volunteers who donate their time to help entrepreneurs. As highly successful and experienced business professionals and entrepreneurs, SCORE mentors deliver no-cost, confidential, valuable business counseling tailored to meet the needs of your business, whether you are a start-up or an existing business. Appointments are available online and in person, are one hour, and may be held virtually or at Josey Ranch Lake Library, depending on availability. Visit dallas.score.org or call 214-987-9491 to schedule a time to meet with a SCORE volunteer about your business.





Cinco de Mayo

Thursday, May 4 • 5:30-6pm • Free
Hebron & Josey Library

Celebrate Cinco de Mayo with a special performance by the Creekview Ballet Folklórico dance group. Students will perform dances from states all over Mexico. All ages are welcome.



Keola's Hula Halau

Saturday, May 27 • 2-3pm • Free
Josey Ranch Lake Library

Celebrate Asian American and Pacific Islander Heritage Month with an exhibition from Keola's Hula Halau. The former America's Got Talent performers will showcase the cultural art form of Hula using traditional storytelling and expression through movements, chants, and songs used to honor and connect with nature and preserve and pass down Hawaiian history and culture. All ages are welcome.



Thursday, June 1-Tuesday, August 1

Join the Library's free Summer Reading Challenge for all ages. - **Register - Read - Log Minutes - Earn Books & Prizes.** See inside cover or visit carrollton.com/SummerReading for more information. Registration begins Monday, May 1.

End of Summer Party at Rosemeade Rainforest

Friday, August 4 • 7-9pm • Invitation Only
Rosemeade Rainforest Aquatic Complex

Join the Carrollton Public Library staff for a swim party at Rosemeade Rainforest Aquatic Complex. Summer Reading Program participants will receive an email invitation to show at the entrance in order to attend. Win door prizes.

Community Events

Saturdays on the Square

Second Saturday of the month

ALL EVENTS ARE FREE

Downtown Carrollton • 1106 S. Broadway Street

May

Saturday, May 13 • 6-8pm

Game Night

Come hang out, play family-friendly games, and meet new people on the Square. Board games, playing cards, lawn games, and miniature golf will be provided.

June

Saturday, June 10 • 6-8pm

Succulent Saturday

Get creative at this DIY potting bar event. One container, one plant, and soil will be provided while supplies last.

July

Saturday, July 8 • 6-8pm

Christmas in July

Get into the holiday spirit early with an evening of festive fun. Play inside a giant snow globe, take a photo with Santa, and make a Christmas craft while enjoying the sunshine.

August

Saturday, August 12 • 6-8pm

Back to School Bingo

Get ready for the new school year by playing for a chance to win school supplies.



For more information or to see all Downtown events, visit cityofcarrollton.com/downtown.



FREE

May the 4th Be With You

Thursday, May 4 • 5-8pm • Free

Historic Downtown Carrollton

1106 S. Broadway Street

In a galaxy not so far away ... enjoy a celebration featuring a mobile gaming truck, space-themed crafts, photo opportunities, and laser tag. Dress up as your favorite galactic character for a chance to win a prize in a costume contest. Visit cityofcarrollton.com/downtown for more information.

A Sensory Friendly Break Area will be available at this event (see page 25).



FREE

Cinco de Mayo

Thursday, May 4 • 5:30-6pm • Free

Hebron & Josey Library

4220 N. Josey Lane

Celebrate Cinco de Mayo with a special performance by the Creekview High School's Ballet Folklorico dance group. Students will perform dances from states all over Mexico. All ages are welcome.

Metrocrest Job Fair

Wednesday, May 10 • 3-6pm • Free
Josey Ranch Lake Library, 1700 Keller Springs Road

Metrocrest Services and the Carrollton Public Library have partnered to bring area employers and potential employees together for a job fair tailored to the community. Positions cover a range of industries and experience levels. All job-seekers are welcome at this event. Resume printing is available. Come dressed to impress as some interviews may take place on-site. Registration is required at metrocrestservices.org/event/jobfair23.



Chalk Art Festival

Saturday, May 20 • 10am-3pm
Mary Heads Carter Park, 2320 Heads Lane

Enjoy a colorful day at Mary Heads Carter Park as talented contestants turn sidewalks into works of art. The event will feature music, food, games, and lots of chalk. Bring the whole family, friends, and neighbors to join all the festivities. Anyone can participate as an artist or a spectator.

Interested in competing? Space is available for amateur and professional chalk artists who register online. First-place professional will receive \$150; second-place professional, \$75. First-place amateur will receive \$50; second-place amateur, \$25. There will also be a People's Choice award. **Professional fee is \$10; amateur, \$5. Chalk is provided. Register as an artist at cityofcarrollton.com/signupnow through 5/6. Participation is limited.**

A Sensory Friendly Break area will be available at this event (see page 25).



Public Works Week Equipment Rodeo

Wednesday, May 24 • 9am-2pm • Free
Josey Ranch Lake Library, 1700 Keller Springs Road

Mark your calendars for the City's annual Public Works Week Equipment Rodeo. Come celebrate the men and women who provide daily service to the City and the public. The event will feature equipment demonstrations and displays, as well as informational booths highlighting water conservation, stormwater protection, and other programs that show how Public Works contributes to Carrollton's safety and quality of life. Families are encouraged to attend, and children with appropriate adult supervision will be allowed to examine the various equipment. For more information, call 972-466-4291.

Carrollton Public Works is a proud participant in National Public Works Week, May 21-27, which highlights the way Public Works' professionals connect us physically through infrastructure and inspirationally through community service. This year's theme is "Connecting the World Through Public Works."



Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports



Summer Lunch & Snack Program

June-August

Monday-Friday • Free

Rosemeade Recreation Center

1330 E. Rosemeade Parkway

Crosby Recreation Center

1610 E. Crosby Road

School's out and that means hundreds of local children will be looking for places where they can gather with their friends, have fun, and eat healthy meals. Carrollton is ready to meet the demand. Carrollton Parks & Recreation has once again partnered with Kids Bring Life Inc., a local non-profit, to provide food service during the summer.

The program offers lunch and a snack at no charge to children up to 18 years old and individuals over age 18 who are enrolled in school programs for those with disabilities. The service is open to all children, regardless of income. For more information about Carrollton's program, call 972-466-9816.



Paws on the Square

Saturday, June 17 • 11am-2pm • Free

Historic Downtown Carrollton

1106 S. Broadway Street

Get ready for a tail-wagging good time in Historic Downtown Carrollton. Paws on the Square is a FREE event that features activities for both dogs and their human companions. Try out the agility course, meet and greet with local pet rescue organizations, and shop dog-related items from the vendors. Basic grooming services and rabies vaccinations will also be provided. For more information, visit cityofcarrollton.com/downtown.



Park and Recreation Month

Month of July • Free

Celebrate National Park and Recreation Month by participating in challenges at different Carrollton parks, recreation centers, trails, events, and other City facilities. At the end of each week, participants who completed all the challenges for that week will be entered to win a prize. Five winners will be chosen each week. If you complete all of the challenges throughout the month of July, you, along with each of our weekly winners, will be entered to win a grand prize. The challenges this year will allow players to go at their own pace and can be done anytime during the day. Keep watch for more information on Facebook and by visiting cityofcarrollton.com/parksandrec or call 972-466-3080.



Independence Day Concert

Monday, July 3 • 11am-1pm • Free
Carrollton Senior Center
1720 Keller Springs Road

The entire family is invited to enjoy patriotic music provided by The New Horizons Band. In-N-Out Burger will be serving free lunches, including a hamburger or cheeseburger with chips and a drink from 11am-1pm (one lunch per person). No registration required. Supplies are limited. Come back in the evening and enjoy a spectacular fireworks show!



Independence Day Fireworks Show

Monday, July 3 • 9:30pm • Free
Josey Ranch Lake
1720 Keller Springs Road

Celebrate Independence Day with a spectacular fireworks show. Bring the family and join the City of Carrollton for an evening of patriotic fun as the show lights up the night sky with an awe-inspiring display of color. This free display will begin after sunset at approximately 9:30pm and will last 15 minutes. *There will be no event onsite. For more information, visit cityofcarrollton.com/fireworks.*



Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

Adaptive Recreation

ARCHERY

This class will focus on range safety, proper shooting techniques, and target practice in a fun and safe environment. Instruction is provided by a certified archery instructor who has a degree in recreation therapy and experience teaching adaptive activities. This class is intended for newcomers, but all are welcome to participate in the class. *A parent or caregiver must be present and able to assist their participant as needed. All equipment is included in the registration fee.* Instructor: Gordon

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170009-36	RRC	12+	5/4	Th	4:45-5:45pm	1	Free
170009-37	RRC	12+	5/11-5/25	Th	4:45-5:45pm	3	\$18/\$20
170009-40	RRC	12+	6/1-6/29	Th	4:45-5:45pm	5	\$18/\$20
170009-60	RRC	12+	8/3-8/31	Th	4:45-5:45pm	5	\$18/\$20

FAMILY GAME NIGHT

Join us for a game night for families and friends of all ages and abilities. The back gym at Rosemeade Recreation Center will be reserved with a craft area, open basketball play, and games in a calmer and quieter environment. *Preregistration is required.*

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
102098-40	RRC	All	6/8	Th	6:30-8pm	Free

PONG ON WHEELS - PING-PONG

Adaptive ping-pong is offered for athletes of all abilities including those with physical and intellectual disabilities. Students will learn and develop the skills to play the sport of ping-pong including grip, stance, basic forehand, and backhand strokes. Serves, footwork, and game tactics will also be emphasized. Participation in adaptive ping-pong can help improve fine and gross motor skills, muscle development, range of motion, balance, and social skills while in a fun, safe, and supportive environment. All sessions will be taught by a former Paralympic Table Tennis team coach supported by advanced players, as needed. *Appropriate athletic attire/footwear should be worn, and players should bring a water bottle and towel. Paddles are available at the facility, if needed. (No class on 7/4 & 8/18).*

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
160201-37	RRC	6+	5/2-5/30	Tu	6:30-7:30pm	\$40/\$44
160201-42	RRC	6+	6/6-6/27	Tu	6:30-7:30pm	\$40/\$44
160201-52	RRC	6+	7/11-7/25	Tu	6:30-7:30pm	\$40/\$44
160201-62	RRC	6+	8/1-8/29	Tu	6:30-7:30pm	\$40/\$44

REC NIGHT OUT!

Hang out with friends and make new ones during Carrollton Parks & Recreation's REC Night Out! program. Participants meet at Crosby Recreation Center for a pizza party, games, crafts, and some nights go on outings like bowling or to the arcade. This is an opportunity to practice life, social, and communication skills as well as develop friendships and have fun. *Registration is required.*

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
171900-35	CRC	18+	5/12	F	5-8pm	\$20/\$22
171900-50	CRC	18+	7/14	F	5-8pm	\$20/\$22

Register for events and classes online
at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins March 27.
Non-resident registration begins April 10.
Classes begin May 1.



REC OUT!

Recreation outings for adults of varying abilities to get together and have fun. Participants meet at Crosby Recreation Center and then set off in a Carrollton City vehicle for lunch and an adventure in the community. This is an opportunity to practice life, social, and communication skills as well as develop friendships. *Participants will need to bring money for lunch. Registration is required.*

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
171900-40	CRC	18+	6/13	Tu	11am-3pm	\$20/\$22
171900-60	CRC	18+	8/8	Tu	11am-3pm	\$20/\$22

NEW>> REC OUT! - ESPORTS

Join your friends and make new ones at REC Out in Carrollton's brand-new Esports Center. Enjoy pizza, and amazing gaming equipment, including twenty gaming PCs, two Nintendo Switches, and virtual reality. All games will be age-appropriate with knowledgeable staff in attendance. *A caregiver must be present if the participant is not able to participate independently. Registration is required.*

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
171900-41	CRC	13+	6/28	W	12:30-2:30pm	\$5/\$5.50
171900-61	CRC	13+	8/2	W	12:30-2:30pm	\$5/\$5.50

SPECIAL NEEDS SWIM NIGHT

Children and adults with special needs, their families, and caregivers are invited to a pool party. The Rosemeade Rainforest Aquatic Complex will be open for extended hours giving those with special needs the opportunity to enjoy some time swimming and splashing in a less crowded and quieter environment. Children two years old and under get in free when accompanied by an adult; Season Pass Holders will receive a \$2 discount. For more information, visit cityofcarrollton.com/adaptive.

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
Rose.	All	6/16	F	6:30-9pm	\$10/\$6
Rose.	All	7/29	Sa	6:30-9pm	\$9/\$5

NEW>> SUMMER DANCE BASH

It's time to get your groove on at the first ever Summer Dance Bash. The ballroom at the Carrollton Senior Center will be transformed into a magical space. Dress up as your favorite character as you join us for a fairy tale themed evening of dancing, a DJ, games, refreshments, and fun with friends. **Participants will need to be accompanied by a caregiver if needed. If you are interested in volunteering as a chaperone, call 972-466-4862. Registration is required.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
121001-40	SRC	17+	6/24	Sa	6-8:30pm	\$10/\$11

TURF TIME

We would like to invite everyone in the community to come join us at Josey Ranch Field #6 for adaptive sports, friends, lunch, and fun. This is free for participants of all ages and abilities, their friends, families, and caregivers. **Registration is required.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
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Bocci Ball
236001-35 JR06 6+ 5/27 Sa 10:30-11:30am Free

Frisbee Golf
236001-45 JR06 6+ 6/10 Sa 10:30-11:30am Free

ADAPTIVE BASEBALL FIELD #6

The City of Carrollton has a fully accessible baseball field designed for people of all abilities. Instead of dirt, the field is made with a synthetic field turf surface for safety, performance, and durability. Field #6 at Josey Ranch Sports Complex features a reduced distance to the outfield, shorter base paths, wider gate openings, and wheelchair and walker accessibility. Adaptive Field #6 is available for rent to groups interested in hosting various sports activities on field days. For more information, call 972-466-4862.



SENSORY FRIENDLY BREAK AREA

Sensory Break Areas at certain Carrollton special events offer a quiet space for children and adults with autism or other special needs to relax and take a break from the noise and the crowd. Break areas include relaxing activities such as coloring, sensory tables, noise-canceling headphones, and bean bag chairs. Break area locations will be available at Carrollton's TEXFest and May the 4th Be With You event.

INTERESTED IN VOLUNTEERING?

Email Shelby.Carradine@cityofcarrollton.com if you or your organization are interested in volunteering for any of the City's adaptive programs or the sensory break areas during events. Must be at least 16 years old and pass a background check.





CPR/AED and Basic First Aid

A sudden cardiac arrest is often a survivable event, but usually only with bystander intervention prior to EMS arrival. Carrollton Fire Rescue (CFR) wants to see everyone trained in CPR/AED. Under their tutelage, take a few hours to get trained and help save a life when every second counts.

Classes will be held on the second floor of the Carrollton Fire Administration (CFA) at the Gravelly Center. It is the two-story building at the clock tower located at 1111 W. Belt Line Road #100. Enter the building through the glass double doors between the main Carrollton Fire Administration entry and Frost Bank. Take the stairs or the elevator to the second floor.

The City of Carrollton encourages local businesses to schedule on-site training courses with CFR to establish what could be a safer environment should a cardiac episode occur in the workplace. For more information or to schedule a workplace training, call 972-466-4901.

CPR/AED/BASIC FIRST AID

This class is designed for those who do not need a nationally accredited course completion card (such as American Heart Association or American Red Cross). The focus of the class is on compressions-only adult CPR and AED while also covering choking, and pediatric and infant CPR. Participants will receive a course completion card from CFR.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171050-35	CFA	10+	5/4	Th	6-7:30pm	1	Free
171050-40	CFA	10+	6/3	Sa	9-10:30am	1	Free
171050-50	CFA	10+	7/13	Th	6-7:30pm	1	Free
171050-60	CFA	10+	8/12	Sa	9-10:30am	1	Free



Chefsville classes allow kids to explore different aspects of cooking and take their cooking to a new level. Participants eat the fresh, healthy, and fun dishes made while in class. Imagine your kids eating more fruits and vegetables, enjoying baking, and showing off their cooking skills. Cooking connects family and community by spending quality time cooking together. ***Parents must sign an allergen waiver before class. No open-toe shoes or dangling jewelry allowed. Long hair must be put in a ponytail or braids. Due to food availability, market conditions, and food allergies, recipes may change.** Instructor: Horwitz

COOKING BASICS CAMP

Imagine a child who wants to eat more fruits and vegetables, or a child who comes home each day with new skills like menu planning; kitchen and food safety; cooking with vegetables, beef, and poultry; kitchen hygiene; and healthy eating habits. This is just the beginning. **Supply fee of \$30 is due at the time of registration.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170104-42	RRC	7+	6/5-6/8	M-Th	1-4pm	1	\$160/\$186

CHEFSVILLE TWEEN CAMP

Twens love the kitchen. This program will build confidence, character, and skills organization and planning as they explore the world of cooking. The program covers many areas of basic cooking, nutrition, and making healthy choices. The class covers breakfast, lunch, and dinner foods. The goal is to teach tweens how to develop healthy eating habits. **Supply fee of \$30 is due at the time of registration.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170104-47	RRC	10+	6/26-6/29	M-Th	1-4pm	1	\$160/\$186

DESSERTS! DELICIOUS DELECTABLE DESSERTS!

There are so many cooking techniques for desserts. Young, aspiring chefs will learn about pastries, ice creams, pies, fruits, custards, and confections. What the kids whip up they can eat. **Supply fee of \$30 is due at the time of registration.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170104-59	RRC	8+	7/10-7/13	M-Th	1-4pm	1	\$160/\$186

CHEFSVILLE KIDS – JUNIOR MASTER CHEF TV GAME SHOW CAMP

Are you a fan of Chopped? Master Chef Jr? Kids Baking Championship? Rachael Ray's Kids Cook-off? Try your hand at Chefsville cooking challenges! Kids will have a blast learning skills that they can use for a lifetime. Aspiring chefs will be able to eat what they create. The instructor will bring the cooking excitement and the mystery themes. **Supply fee of \$30 is due at the time of registration.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170104-60	RRC	8+	7/31-8/3	M-Th	1-4pm	1	\$160/\$186



LEARNING STEM WITH HOT WHEELS®

Endless tracks and obstacle courses await every Hot Wheels' car lover as they discover the world of math and physical science. What goes up must come down...or does it? Momentum, push, pull, force, and friction are just some of the STEM concepts they will understand. Measuring length and weight in centimeters, inches, feet, and ounces will help in the identification of the fastest, most efficient car on the block. Mega Loop Mayhem, Shark Cliff Hanger, Wolf Mountain, and hundreds of cars are just some of the play equipment that will have kids yearning to come to class each day. A child will not only have a solid background in science and math concepts but will also have rolled away in good times with Hot Wheels.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171800-67	RRC	4-8	6/19-6/23	M-F	11:30am-1:30pm	5	\$88/\$97

LEGO® LOGO

Bring young technicians into a creative, engineering environment. Not found in stores, the special LEGO Logo kits provide extraordinary opportunities for hands-on construction. Under the guidance of a Texas-certified educator, along with detailed technical plans to follow, the participant will build robots, traffic lights, race cars, four-by-four trucks, cranes, pulleys, levers, and more during this energized week of discovery with LEGO parts. Motivated by fun, creativity, and success, young builders will expand their knowledge of math, science, and STEM technology in an exploratory hands-on cooperative environment. Get a friend to sign up. Be a team.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171800-60	RRC	8-12	6/19-6/23	M-F	9-11am	5	\$88/\$97

LEGO® MANIA

No builder can say "LEGO my LEGO!" when engaged in the creative activities of LEGO MANIA. This innovative program for LEGO buffs provides opportunities for imagination and hands-on learning under the guidance of a Texas-certified educator. Over 15 new games, STEM kits, projects, and activities not found in stores will be planned and manipulated. Enrichment in the areas of personal creativity, following instructions, eye-hand coordination, problem solving, critical thinking, and learning will be experienced as each child has the opportunity to construct dinosaurs, rockets, castles, airplanes, forts, cars, and more. Sign up with a friend and be a team

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171800-62	RRC	5-7	6/19-6/23	M-F	9-11am	5	\$88/\$97

SURVIVAL TACTICS

Wrapped in games and adventure, unique challenges await you. During survival situations, the four basic needs are shelter, water, fire, and food. By introducing basic techniques, each child will learn how to purify water, leave no trace camping, signal for help, first aid, search for edible food, set chants, and more. Team survival games will keep the training lighthearted and fun, essential skills for all, designed for kids who like to work and play outside. Sign up with a friend and be a team. Enlist now before it's too late.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171800-69	RRC	7-12	6/19-6/23	M-F	2-4pm	5	\$88/\$97

Golf camps are on page 41.
Sports camps are on page 45.
Tennis camps are on pages 51-52.

Play-Well

NEW>> MINECRAFT MASTER ENGINEERING USING LEGO® MATERIALS

Bring favorite Minecraft adventures to life with enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, learn how to build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect crossbow skills to stop the Wither from taking over. If you can imagine it, we can build it.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171075-50	RRC	7-12	7/17-7/21	M-F	9am-12pm	5	\$200/\$220

NEW>> POKÉMON MASTER ENGINEERING USING LEGO® MATERIALS

LEGO® Master, I choose you. In the race to be crowned the Ultimate Pokémon Champion, we need your help. Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions, and come face to face with the current champion in an epic battle for the title.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171075-51	RRC	7-12	7/24-7/28	M-F	9am-12pm	5	\$200/\$220

Wize Computing Academy

Students will gain mental skills such as logical thinking, creativity, and critical reasoning; learn how to become a better team player; and gain self-esteem and confidence in the process. Students will develop better cognitive skills like hand-eye coordination and focus on learning the consequences of their actions. Students will also have an opportunity to participate in coding and robotics competitions like First LEGO® League.

CREATIVE ROBOTICS CAMP

Students in this course will focus on engineering, physical science, technology, mathematics, and language projects. Students explore different forms of robotics where students get to design, build, code, and make their robots come to life. Forms of robotics may involve LEGO robotics and EV3s, Robotics with Controllers and Micro:bit, Virtual Robotic missions using VEX robotics, and much more. *Students are recommended to bring their own laptop/tablet, or Wize Computing Academy can provide a laptop to use in class for an additional supply fee of \$25. To make arrangements, notify divya.dornadula@wizeacademy.com a week before the class is scheduled.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171030-40	RRC	6-12	6/26-6/30	M-F	2-5pm	5	\$235/\$258.50

JOURNEY IN MINECRAFT

Build and code in Minecraft. Travel to the Nether but watch out for zombies and creepers. Students get to go beyond just playing Minecraft, they get to program it. Minecraft allows us to teach both designing and coding skills to learners. Computer will be provided.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171011-50	RRC	7-12	7/10-7/14	M-F	9am-12pm	5	\$235/\$258.50

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins March 27.
Non-resident registration begins April 10.
Classes begin May 1.

GAME DESIGN AND DEVELOPMENT WITH ROBLOX

This camp is the perfect way to learn programming, 3D modeling, and game design with Roblox Studio, a top-of-the-line entertainment platform for audiences under the age of 18. This platform enables students to imagine, create, and have fun with friends as they explore millions of immersive 3D experiences built by a global community. Students will make professional-quality games that they can play with friends and family. . Computer will be provided.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171011-52	RRC	7-12	7/17-7/21	M-F	2-5pm	1	\$235/\$258.50

ROBOT PETTING ZOO

Students use Microcontrollers to unleash their creativity to craft robots using household materials and animate them using both block and text-based coding languages. *Students are recommended to bring their own laptop/tablet, or Wize Computing Academy can provide a laptop to use in class for an additional supply fee of \$25. To make arrangements, notify divya.dornadula@wizeacademy.com a week before the class is scheduled.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171011-55	RRC	7-12	7/24-7/28	M-F	9am-12pm	1	\$235/\$258.50

Outdoor



BEGINNER ARCHERY

Our archery class will focus on range safety, proper shooting techniques, and target practice in a fun and safe environment. Instruction is provided by a certified archery instructor. This class is intended for newcomers, but all are welcome to participate in the class. *All equipment is included in the registration fee. Dress appropriately for the weather, and wear closed-toed shoes.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170011-36	RRC	17+	5/2-5/25	Tu/Th	7:30-8:30pm	8	\$35/\$38.50
170011-41	RRC	17+	6/6-6-29	Tu/Th	7:30-8:30pm	7	\$30/\$33
170011-61	RRC	17+	8/1-8/31	Tu/Th	7:30-8:30pm	10	\$45/\$49.50

YOUTH BEGINNER ARCHERY

Our archery class will focus on range safety, proper shooting techniques, and target practice in a fun and safe environment. Instruction is provided by a certified archery instructor. This class is intended for newcomers, but all are welcome to participate in the class. *All equipment is included in the registration fee. Dress appropriately for the weather, and wear closed-toed shoes. No class 6/8.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170011-35	RRC	6-16	5/2-5/25	Tu/Th	6-7pm	8	\$35/\$38.50
170011-40	RRC	6-16	6/6-6/29	Tu/Th	6-7pm	7	\$30/\$33
170011-60	RRC	6-16	8/1-8/31	Tu/Th	6-7pm	10	\$45/\$49.50

FREE JUNIOR RANGER PROGRAM

Become a Junior Ranger. Children ages 4-11 can become a Junior Ranger by going on self-adventures with a parent in the wild throughout Carrollton. Carrollton Junior Rangers will learn about plants, recycling, water conservation, and more. Visit cityofcarrollton.com/signupnow to register for this free program. *After registration, please visit Crosby or Rosemeade Recreation Center during operating hours to pick up your Junior Ranger Handbook. Once you finish the handbook, email cody.wager@cityofcarrollton.com to set up a time to pick up your Junior Ranger badge and certificate. Don't forget to bring the completed handbook with you.* Use #CarrolltonJrRangers to share any photos or videos of you completing your handbook. Sign up with class #170106-01.



NEW>> FREE>> YOUTH FISHING EVENT

Grab a fishing pole and bring the kids to the Youth Fishing Event for children. The first Saturday in June is designated as a Free Fishing Day by the Texas Parks and Wildlife Department (TPWD), so everyone can come and have fun. No license is necessary. The Josey Ranch Park Pond will be generously stocked with adult catfish. Prizes and trophies will be awarded to the children who catch the longest and second longest fish in three age categories: 6 and under, 7-11, and 12-16 years of age. It is recommended that children bring their own equipment; however, loaner rods, reels, bait, and tackle will be provided to those who need them as supplies. There will be volunteers on-site to answer any fishing questions and to help educate the youth on baiting a hook and casting. **Registration will take place the morning of the event; there is no preregistration.** For more information, call 972-466-9811 or visit cityofcarrollton.com/events.

LOC	AGE	DATE	DAY	TIME	\$(RES/NR)
JRSC	3-16	6/3	Sa	9-11am	Free



Scouts

NEW>> FREE>> YOUTH FISHING CLASS

This class is perfect for kids who love the great outdoors. Young anglers will have the chance to learn the basics of fishing in a beautiful and educational environment. All equipment and materials are provided, and experienced instructors will guide children through the process of casting, tying fishing knots, and using fishing gear. Make sure to bring a hat, sunglasses, and water. **Class on 5/20 class will be held at the pond behind the Library/Senior Center. Class on 7/1 will be held at 2050 East Branch Hollow Drive tennis court pavilion.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
127050-35	JRSC	5-16	5/20	Sa	9-12pm	1	Free
127050-50	BHC	5-16	7/1	Sa	9-12pm	1	Free



Earn patches, badges, or complete certain requirements at the A.W. Perry Homestead Museum (PHM) and Elm Fork Nature Preserve (EFNP). Reserve a program date for a troop by calling 972-466-9811. All program fees must be received to secure the date. One adult must be present for every five scouts and a minimum of three students is needed to offer any program. Badges will be given out for any of the paid options.

GIRL SCOUTS:

BADGES FOR DAISIES

Outdoor Art Maker - \$7 per scout
Rosie: Make the World a Better Place - \$7 per scout

BADGES FOR BROWNIES

It's Your Planet Badge: Pottery Craft - \$12 per scout
Outdoor Art Creator - \$12 per scout

BADGES FOR JUNIORS

Gardener - \$12 per scout
It's Your Story Badge: Manners - Social Butterfly - \$12 per scout
Outdoor Art Explorer - \$12 per scout

BADGES FOR CADETTES

Outdoor Art Apprentice - \$12 per scout

BOY SCOUTS:

CUB SCOUTS

Bear Adventures: Paws for Action - Free by appointment
Bear Elective Adventures: Marble Madness - \$7 per scout
Tiger Adventures: Tigers in the Wild - Free by appointment
Webelos Elective Adventures: Webelos in the Wild - Free by appointment
Wolf Adventures: Paws on the Path - Free by appointment
Wolf Elective Adventures: Collections and Hobbies - \$7 per scout

BOY SCOUT MERIT BADGES

Merit Badge: American Heritage - Free by appointment
Merit Badge: Archaeology - \$12 per scout
Merit Badge: Collections - Free by appointment

EAGLE SCOUTS

Eagle Scout Project: By appointment
The PHM and EFNP welcome all Eagle Scouts seeking service, impact, and leadership with their Eagle Projects. To propose an idea for your Eagle Project, call 972-466-9811.

ADVENTURES IN ART CAMP

Finally, an art camp for youth emphasizing fine art and creative thinking. Your young artist will complete eight spectacular masterpieces in four half-days, under the guidance of Certified Robert Garden School of Art Instructors. Learn perspective drawing with charcoals and oil pastels, creating land and seascapes, animals, still life, and more. Paint with vibrant watercolors and acrylics exploring color theory, time-saving techniques, brush loading, and more. **All your art supplies are included as well as detailed individualized instruction. Bring paper towels, a snack, and wear an old T-shirt.** Instructor: Garden

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150010-40	RRC	5-13	6/12-6/15	M-Th	2-4:45pm	4	\$130/\$136.50
150010-50	RRC	5-13	7/17-7/20	M-Th	2-4:45pm	4	\$130/\$136.50

NEW>> YOGA & ART

In this unique class, participants will experience the perfect balance of physical and creative expression. They will learn the basics of yoga through poses and stretching exercises, in addition to movement and breathing techniques. Along with the physical benefits, participants will have the opportunity to express themselves creatively through themed art projects, interactive games, and dancing exercises. This class is a great way for youth to develop their physical and creative skills in a safe and supportive environment. **Supplies will be provided. Wear comfortable clothes to move without restrictions and that is okay to get paint on. Bring a water bottle and snack.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150001-40	RRC	6-12	6/6-6/9	Tu-F	2-5pm	4	\$130/\$143
150001-50	RRC	6-12	7/11-7/14	Tu-F	2-5pm	4	\$130/\$143

NEW>> SUMMER DA VINCI

Being creative just got better. This art class is designed to help youth explore their creative side and develop their art skills. Through guided projects, students will learn the fundamentals of art, such as color theory, perspective, and form. With the help of a professional instructor, students will have a safe space to explore their artistic abilities and have fun drawing and painting while developing an appreciation for the creative process. **Supplies will be provided. Wear comfortable clothes to move without restrictions and that is okay to get paint on. Bring a water bottle and snack.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
1500051-40	RRC	10-15	7/10-14	M-F	9am-12pm	5	\$146/\$160.75
1500051-50	RRC	10-15	7/17-21	M-F	9am-12pm	5	\$146/\$160.75



NOW HIRING: ARTS INSTRUCTORS

Are you an arts professional looking to make an impact in your community? The City of Carrollton Parks & Recreation Department is looking for cultural arts instructors. Hourly wages are dependent upon experience, certifications, and a few other factors. For more information, email Kyla.Pruitt@cityofcarrollton.com.

STUDENT ART SHOW

The City of Carrollton, in partnership with local and surrounding school districts, presents a Student Art Show. The art show will feature works of students from:

- Carrollton-Farmers Branch Independent School District
- Harmony Science Academy - Carrollton
- Lewisville Independent School District

The exhibition will be held at the Crosby Recreation Center (1610 E. Crosby Road) on Tuesday, May 9 from 6 to 7:30pm. Light refreshments will be served. At the conclusion of the Student Art Show, the artwork will be on display throughout the Rosemeade and Crosby Recreation Centers. To participate in the Student Art Show students should contact their school's art teachers. If you have any questions, contact Kyla.Pruitt@cityofcarrollton.com.



Dance

Dynasty Dance Academy offers year-round classes that have a variety of different dance styles for various ages. Participants will refine motor skills, use creative thinking, learn dance terminology, and develop performance skills throughout each class.

NEW>> CHEER CAMP

Storm the dance floor with pom poms and cheer spirit. This camp will introduce beginner cheer and dance techniques and choreography. **Cheer shorts, tennis shoes, and T-shirt are required. On the final day of camp, parents will watch their dancers shine like a diamond during the parent show-off. Free Cheer Bow Included**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150035-41	RRC	6-12	6/19-6/22	M-Th	1-2:15pm	4	\$85/\$93.50
150035-51	RRC	6-12	7/24-7/27	M-Th	1-2:15pm	4	\$85/\$93.50

DANCE ADVENTURE CAMP

An imaginative dance camp for kids. This camp will introduce beginning level students to the basics of ballet, jazz, musical theater, and hip-hop in a fun and engaging way. Each day of camp the dancers will complete a warm-up, signature camp choreography, and creative activity, with special emphasis on themed curriculum and performance skills. **Workout pants and T-shirt are required. Ballet and jazz shoes are optional. On the final day of camp, parents will watch their dancers shine like a diamond during the parent show-off. Free Camp T-shirt included.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150146-40	RRC	6-12	6/12-6/15	M-Th	10am-12pm	4	\$160/\$176
150146-41	RRC	6-12	6/26-6/29	M-Th	1-3pm	4	\$160/\$176
150146-50	RRC	6-12	7/10-7/13	M-Th	10am-12pm	4	\$160/\$176
150146-51	RRC	6-12	7/24-7/27	M-Th	1-3pm	4	\$160/\$176

ELEMENTARY BALLET CAMP

Students will learn basic ballet techniques and terminology of ballet. Students will also be working on performance pieces of choreography. Through fun, energetic exercises in a structured class setting, students will focus on the fluidity of motion, musicality, and performance skills. **Leotard, tights, and ballet shoes are required. On the final day of camp, parents will watch their dancers shine like a diamond during the parent show-off. Free Tutu included.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150030-41	RRC	7-12	6/19-6/22	M-Th	1-2:15pm	4	\$85/\$93.50
150030-43	RRC	7-12	6/26-6/29	M-Th	1-2:15pm	4	\$85/\$93.50
150030-50	RRC	7-12	7/17-7/20	M-Th	1-2:15pm	4	\$85/\$93.50
150030-51	RRC	7-12	7/31-8/3	M-Th	1-2:15pm	4	\$85/\$93.50

HIP-HOP DANCE CAMP

Boys and girls will have fun while learning hip-hop dance moves. **Loose fitting clothing and tennis shoes are required. On the final day of camp, parents will watch their dancers shine like a diamond during the parent show-off.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150185-40	RRC	6-12	6/12-6/15	M-Th	2-3:30pm	4	\$85/\$93.50
150185-45	RRC	6-12	6/26-6/29	M-Th	2-3:30pm	4	\$85/\$93.50
150185-51	RRC	6-12	7/10-7/13	M-Th	2-3:30pm	4	\$85/\$93.50
150185-55	RRC	6-12	7/17-7/20	M-Th	2-3:30pm	4	\$85/\$93.50
150185-56	RRC	6-12	7/24-7/27	M-Th	2-3:30pm	4	\$85/\$93.50

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins March 27.
Non-resident registration begins April 10.
Classes begin May 1.



NEW>> MUSICAL THEATER CAMP

Let your voice and personality shine in this fun-filled camp. The camp includes a themed curriculum, and experienced coaches to teach the children how to command the stage. Students learn musical theater choreography, music, and script. **Parents are invited to a special performance on the final day of camp.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150180-40	RRC	7-12	6/19-6/22	M-Th	5:30-7pm	4	\$105/\$115.50
150180-50	RRC	7-12	7/17-7/20	M-Th	5:30-7pm	4	\$105/\$115.50

PRINCESS BALLET CAMP

Students will learn beginner ballet warm-ups, creative activities, along with ballet technique, and choreography. **Leotard, tights, and ballet shoes are required. On the final day of camp, parents will watch their dancers shine like a diamond during the parent show-off. Free tutu included.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150149-40	RRC	4-6	6/19-6/22	M-Th	11-12:15pm	4	\$85/\$93.50
150149-43	RRC	4-6	6/26-6/29	M-Th	11-12:15pm	4	\$85/\$93.50
150149-50	RRC	4-6	7/17-7/20	M-Th	11-12:15pm	4	\$85/\$93.50
150149-51	RRC	4-6	7/31-8/3	M-Th	11-12:15pm	4	\$85/\$93.50

Drama

SUMMER ACTING CAMP

Sign up to challenge yourself with a one-week intensive camp on the fundamentals of acting. The actor will learn to emphasize listening and responding immediately, intuitively, and truthfully. This preparation will provide the actor with the skills necessary to translate across different platforms including stage, film, television, and digital media. Instructor: Cruz

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150560-40	RRC	15+	6/19-6/22	M-Th	6-8pm	4	\$100/\$110
150560-50	RRC	15+	7/10-7/13	M-Th	6-8pm	4	\$100/\$110

THEATRE APPRECIATION: THEATRE IS EVERYWHERE

A lecture series covering the role of the audience, the writer, the actor, the director, and the producer. The class also covers important eras in the theatre from the Early Greek Theatre to the Modern Age. Instructor: Cruz

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150561-50	RRC	15+	7/17-7/20	M-Th	6-7:30pm	4	\$75/\$82.50
150561-60	RRC	15+	7/24-7/27	M-Th	6-7:30pm	4	\$75/\$82.50

Group Exercise, Pilates, Yoga

ADAPTIVE FITNESS - SEE PAGES 24-25

FREE>> FITNESS ON DEMAND

Fitness On Demand brings the world's most in-demand fitness brands and trending workouts to on-demand users everywhere – anywhere they are. Get high intensity interval training (HIIT), core-strength, cycling, yoga, and other specialty fitness classes, and content from global, powerhouse fitness brands that include Jillian Michaels, Daily Burn, Sweat Factor, GymRa, SHIFT, Zumba and Strong by Zumba, Move23, and more. Formats include 60-, 30-, and 5-7-minute classes and workouts, plus individual exercises for total programming customization.

Available now for free at Rosemeade Recreation Center with a valid membership.

DROP IN>> INDOOR CYCLING

The instructor brings an outdoor cycling experience indoors with this athletic and authentic cycling ride. Motivating instruction and driving music will keep you energized as you are led through a workout comprised of a variety of hill climbs, flat terrains, headwinds, tailwinds, sprints, and aerobic intervals. Each workout is different as the instructor picks the terrain and sets the goals for each class. This class is multi-level, and no outdoor cycling experience is required. If you are serious about burning calories, losing weight, and elite cardio-respiratory fitness, this class is for you. **Bring a water bottle, towel, and gel bike seat cover (optional).** \$8 (res)/\$9 (non-res) drop in fee. Instructor: McGehee

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130130-35	RRC	16+	5/2-5/30	Tu	6-7pm	5	\$35/\$38.50
130130-40	RRC	16+	6/6-6/27	Tu	6-7pm	4	\$28/\$31
130130-50	RRC	16+	7/11-7/25	Tu	6-7pm	3	\$21/\$23.25
130130-60	RRC	16+	8/1-8/29	Tu	6-7pm	5	\$35/\$38.50



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

DROP IN>> PILATES/YOGA FOR EVERYONE

Pilates is a total body conditioning exercise that combines flexibility and strength to restore natural balance while boosting the immune system and reducing stress, fatigue, and pain. **No food or drink one hour prior to class. Wear comfortable clothing that is not too loose and bring a mat, towel, and water.** \$12 (res)/\$13.25 (non-res) drop in fee. No class 5/29. Instructor: Mashreghi

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130220-35	RRC	13+	5/1-6/26	M	6-7pm	8	\$80/\$88
130220-50	RRC	13+	7/3-8/28	M	6-7pm	9	\$90/\$99

DROP IN>> STEP - STRENGTH - CORE

Try an interval class that combines basic step aerobics, upper body strength training, and core conditioning into one well-designed workout. This class allows you to work both your heart and your muscles extensively in a one-hour-long class. By doing circuits of cardio on the step, followed by strategic intervals of upper body strength training, and wrapping up with intense core conditioning, you will be using your time efficiently. \$8 (res)/\$9 (non-res) drop in fee. Instructor: Campo

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130215-35	RRC	15+	5/4-5/25	Th	6-7pm	4	\$28/\$31
130215-40	RRC	15+	6/1-6/29	Th	6-7pm	5	\$35/\$38.50
130215-50	RRC	15+	7/6-7/27	Th	6-7pm	4	\$28/\$31
130215-60	RRC	15+	8/3-8/31	Th	6-7pm	4	\$28/\$31

NEW>> DROP IN>> ZUMBA TONING

Zumba Toning is a cardio workout aimed at sculpting and toning the body that targets specific muscle groups and works the thighs, abs, and arms. Toning sticks add resistance to the highly acclaimed Zumba workout, pushing your muscles to the limit. **No dance experience necessary.** \$10 (res)/\$11 (non-res) drop in fee. No class 1/16. Instructor: Muggli

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130385-35	RRC	15+	5/1-5/22	M	7:30-8:30pm	4	\$32/\$35.25
130385-40	RRC	15+	6/5-6/26	M	7:30-8:30pm	4	\$32/\$35.25
130385-50	RRC	15+	7/3-7/31	M	7:30-8:30pm	5	\$40/\$44
130385-60	RRC	15+	8/7-8/28	M	7:30-8:30pm	4	\$32/\$35.25

SENIORS 50+ CLASSES - SEE PAGE 13



Training

FITNESS EQUIPMENT ORIENTATION FOR ADULTS

Not sure how machines in our weight room work or how to set up a machine? This class provides a walk-through of the weight room to give a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized workout plan, contact one of our personal trainers. **Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.**

Instructor: Staff

CLASS #	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Crosby Rec Center						
131240-35	18+	5/8	M	6:30-7:30pm	1	\$6/\$7
131240-50	18+	7/10	M	6:30-7:30pm	1	\$6/\$7
Rosemeade Rec Center						
130240-40	18+	6/12	M	6:30-7:30pm	1	\$6/\$7
130240-60	18+	8/7	M	6:30-7:30pm	1	\$6/\$7

WEIGHT ROOM ORIENTATION FOR MINORS

Our qualified staff will teach youth proper weight room and cardio room etiquette. Teens will receive a weight room authorization card, allowing them to work out in the weight room independently upon completion of the class. Both parent and child must sign the weight room user agreement form. If you are interested in obtaining a personalized workout plan, contact one of our personal trainers. **There are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.** Instructor: Staff

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130245-00	RRC	13-15	5/9	Tu	6:30-7pm	1	\$6/\$7
130245-10	RRC	13-15	6/13	Tu	3:30-4pm	1	\$6/\$7
130245-20	RRC	13-15	7/11	Tu	3:30-4pm	1	\$6/\$7
130245-30	RRC	13-15	8/8	Tu	6:30-7pm	1	\$6/\$7



Personal Trainers

City of Carrollton personal trainers are available to work with you at Crosby and Rosemeade Recreation Centers and the Carrollton Senior Center.

Personal trainers have their own philosophies and unique styles to create an individual training program to meet your needs. Sessions are charged at an hourly rate and trainers' rates vary. Visit cityofcarrollton.com/parksandrec and click on Programs & Events for more information on our trainers. For additional information about the personal training program, call 972-466-9834.

JULIE CHADWICK

214-926-4776 • jchadwick1@yahoo.com
\$30/30min \$45/45 min or \$60/hr

Julie enjoys working with clients age 50 and older and designs fitness routines unique to each individual, as well as nutrition plans. She keeps clients accountable, protects them from injuries, and provides a positive environment.

TOM NOUNE

214-957-3694 • tgounne@aol.com
hearthealthandwellness.com • \$65/\$60 hr

Tom specializes in weight resistance training, primarily with baby boomers and seniors. He also provides nutritional coaching and emphasizes the importance and benefits of proper stretching techniques.

KERRY STALLO

214-244-7004 • ageintercept@aol.com
ageintercept.com • \$40 initial assessment \$55/45 min or \$70/hr • two clients \$95/45 min or \$110/hr

Kerry specializes in corrective exercise and developing exercise strategies for older adults. Key programs include weight loss, overall body conditioning, and increasing muscle strength.

Splash Parks

The City offers two splash parks, which both have multiple features providing a safe, free environment for children to cool off in during the hot summer months. Both splash parks will be open from May 1 through September 30, 9am to 8pm. Pavilions, tables, and a deck are available on a first-come, first-served basis. Restrooms are on-site. For more information, call 972-466-3080 or visit cityofcarrollton.com/splashpark.

W.J. THOMAS SPLASH PARK

1955 N. Perry Road

OAK HILLS SPLASH PARK

1225 Royal Palm Lane



Rosemeade Rainforest Aquatic Complex

1334 E. Rosemeade Parkway • 972-466-6399

Rosemeade Rainforest Aquatic Complex is located adjacent to Rosemeade Recreation Center. The Rainforest section features a zero-depth entry pool, two platform levels with a bridge, water cannons, bubblers, spray bars, water slides, a 200-foot-long lazy river, and a 600-gallon dump bucket. The newly remodeled main pool section consists of a shaded toddler splash pool, a zero-depth entry activity pool with a depth of 4 feet, a 25-meter lap pool with eight lanes, a diving well, and two 22-foot-tall water slides. The facility also includes a newly remodeled bathhouse and concession stand, deck space, picnic tables, lounge chairs, shaded areas, and plenty of parking.

HOURS

Pre-Season Hours

Saturday, May 27 10am-6pm
 Sunday, May 28 1pm-6pm
 Monday, May 29 10am-6pm
 Daily swimming begins Tuesday, May 30

Rosemeade Rainforest Aquatic Complex

Monday-Thursday 11am-8pm
 Friday 11am-6pm
 Saturday 10am-6pm
 Sunday 1pm-6pm

**Rosemeade Rainforest Aquatic Complex will open at 2pm on June 3 and close at 4pm on June 23 due to swim meets.*

FEES

Proof of residency is required for resident rates. Children two and under are admitted free when accompanied by an adult. Children 10 and under will not be admitted into the pool area unless accompanied by a responsible adult. The adult must stay with the child while at the pool. All persons entering the facility must pay admission.

ROSEMEADE RAINFOREST FEES

Days	Resident	Non-resident
Weekday (M-F)	\$5	\$9
Weekend (Sa, Su)	\$6	\$10

Weekend rates will apply to Memorial Day, July 4, and Labor Day.

PASSES

Book passes of 20, family passes, and individual passes are available. Photo identification and proof of residency are required in order to purchase a resident pass. All family members must present a photo ID. Family passes and individual passes may be purchased beginning Monday, April 3 at Rosemeade Recreation Center. Book passes may be purchased at the pool starting Saturday, May 27. Family passes, individual passes, and book passes are only valid for the year purchased, and no exchanges or refunds will be granted.

	Resident	Non-resident
Book Passes (20)	\$90	\$120
Family Passes	\$120*	\$150*
Individual Passes	\$50	\$60

**Includes four members. Additional members may be added for \$10 each for residents and \$15 each for non-residents. All members must reside at the same address.*

SWIM ATTIRE

Proper swim attire is required to enter the pool area. No jeans or basketball shorts are allowed.

LAP SWIMMING

The Rosemeade pool offers four lanes (25 meters long) during public swim hours. Additional lanes may be opened as needed. Regular admission is charged.

PARTIES

Host a party at the Rosemeade Rainforest Aquatic Complex. Reservations can be made to rent tables during daily operating hours on Saturdays and Sundays or for private parties during non-public swim hours on Friday, Saturday, and Sunday evenings.

Table reservations and private party reservations requests can be made beginning Monday, April 3 for residents and Monday, April 17 for non-residents. All reservations/reservation requests must be made online at cityofcarrollton.com/rosemeadepool. Call 972-466-3083 for more information.

TABLE RESERVATIONS

Tables are available to rent during daily operating hours on Saturday and Sunday. Pool admission for all guests is additional. Table reservations must be made at least 24 hours in advance. Fee is per table, per hour. Table reservation requests may be made at the pool during normal operating hours.

6 Foot Table	Residents	Non-Residents
Weekend (Sa, Su)	\$10	\$15

PRIVATE PARTY RESERVATIONS

Private parties can be held during non-public swim hours on Friday, Saturday, and Sunday between June 2 and September 2 from 6:30-10:30pm. Full payment must be made at the time of booking.

The prices listed below are for rental of the Rosemeade Rainforest section or the Rosemeade main pool section (price doubles if you rent both sides). Prices include lifeguards and access to the facility.

Group size is determined by the number of people in the facility, not the number of people swimming.

Group Size	2 Hour Party	4 Hour Party
	Resident/Non-resident	Resident/Non-resident
1-200 Guests	\$400/\$550	\$800/\$1,100
200+ Guests	\$550/\$700	\$1,100/\$1,400

SWIM LESSONS

Recreational swim classes are held at Rosemeade Rainforest Aquatic Complex

Session 1 Tuesday, May 30-Thursdays, June 8
(*class will be held 6/2 due to Memorial Day Holiday)

Session 2: Monday, June 12-Thursdays, June 22

Session 3: Monday, June 26-Friday, July 7
(*class will be held 7/7 due to 4th of July Holiday)

Session 4: Monday, July 10-Thursdays, July 20

Session 5: Monday, July 24-Thursdays, August 3

INCLEMENT WEATHER POLICY

Classes will only be canceled due to inclement weather such as lightning in the immediate area, severe thunderstorms, hail, or excessive winds related to weather warnings. Classes ARE NOT canceled due to rain or cool weather. Call the Swim Class Hotline (972-695-2355 ext. 13) 30 minutes prior to your class time for inclement weather-related information or visit RainoutLine.com and download the phone app to view the status of swim lessons.

SWIM LESSON REFUND POLICY

In order to be eligible for a refund, a refund request form needs to be filled out and turned in to Rosemeade or Crosby Recreation Center prior to the start or end of the class session. If the class has not started, a refund will be given minus a \$5 administrative fee. If the class has started, only pro-rated household credits, minus a \$5 administrative fee, will be considered, and the merit of requests will be on a case-by-case basis. If your child is sick, please provide a copy of a doctor's note along with your refund request. Any change in class registration or transfers to another class will incur a \$5 transfer/change fee. NO refunds will be awarded after a swim lesson session has ended.

Group Classes

Each participant should be able to perform all skills in a level before progressing to the next level. Please note age requirements. Instructor to student ratios are listed for each class. Students are grouped in classes by their ability level, and all students are taught water safety skills. There is no guarantee that every student will be swimming at the end of each session. Swim lessons are sanctioned and approved by the American Red Cross and taught by certified water safety instructors and qualified instructor aides. Student/instructor ratios are important; however, occasional adjustments might be necessary at class time to accommodate unforeseen circumstances. Carrollton Parks & Recreation reserves the right to make any adjustments necessary to provide the best possible learning experience.

To aid in class selection, this chart provides course objectives and skills to be tested by the end of each session.

Parent & Tot Preschool	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
<ul style="list-style-type: none"> Safety around the pool Water entry Breath holding Face submerging Kicking Arm actions Front/Back floating and gliding 	<ul style="list-style-type: none"> Entry/Exit Blowing bubbles Bobbing Front/Back float and glide Recovery Rolling from front to back/back to front Treading Arm/Leg action Combined arm/leg action Alternating arm/leg action Simultaneous arm/leg action 	<ul style="list-style-type: none"> Entry/Exit Bobbing Fully submerging and breath holding Front/Back float and glide Jellyfish and tuck float Recovery Rolling from front to back/back to front Change direction Treading Finning arm action Combined arm/leg action 	<ul style="list-style-type: none"> Entry by jumping Head first entry from sitting position Bobbing while moving Rotary breathing Survival float Back float Change from vertical to horizontal position from back/front Treading Flutter, scissors, and dolphin kick Front crawl Elementary backstroke 	<ul style="list-style-type: none"> Head first entry from side Swim under water Feet first surface dive Survival swimming Front crawl open turn Backstroke open turn Treading with two kicks Front/Back crawl Breaststroke Butterfly Flutter and dolphin kicking Elementary backstroke Sidestroke 	<ul style="list-style-type: none"> Shallow angle dive Tuck/Pike surface dive Front flip turn Backstroke flip turn Treading Front/Back crawl Breaststroke Butterfly Elementary backstroke Standard scull Sidestroke 	<ul style="list-style-type: none"> Surface dive Diving from poolside Take-off from deck Tuck/Pike jump Treading Front/Back crawl Breaststroke Butterfly Elementary backstroke Sidestroke Flip turns Open turns

PRIVATE SWIM LESSONS (RATIO 1:1)

Each student receives one-on-one instruction from a certified American Red Cross Water Safety Instructor; designed to meet the student's swimming needs at any skill level.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215000-10	5/30*	Rose.	3½+	T-F	11-11:30am	4	\$80/\$88
215000-11	5/30*	Rose.	3½+	T-F	11:30am-12pm	4	\$80/\$88
215000-12	5/30*	Rose.	3½+	T-F	4:45-5:15pm	4	\$80/\$88
215000-15	6/5	Rose.	3½+	M-Th	11-11:30am	4	\$80/\$88
215000-16	6/5	Rose.	3½+	M-Th	11:30am-12pm	4	\$80/\$88
215000-17	6/5	Rose.	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-20	6/12	Rose.	3½+	M-Th	11-11:30am	4	\$80/\$88
215000-21	6/12	Rose.	3½+	M-Th	11:30am-12pm	4	\$80/\$88
215000-22	6/12	Rose.	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-25	6/19	Rose.	3½+	M-Th	11-11:30am	4	\$80/\$88
215000-26	6/19	Rose.	3½+	M-Th	11:30am-12pm	4	\$80/\$88
215000-27	6/19	Rose.	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-30	6/26	Rose.	3½+	M-Th	11-11:30am	4	\$80/\$88
215000-31	6/26	Rose.	3½+	M-Th	11:30am-12pm	4	\$80/\$88
215000-32	6/26	Rose.	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-35	7/3**	Rose.	3½+	M-F	11-11:30am	4	\$80/\$88
215000-36	7/3**	Rose.	3½+	M-F	11:30am-12pm	4	\$80/\$88
215000-37	7/3**	Rose.	3½+	M-F	4:45-5:15pm	4	\$80/\$88
215000-40	7/10	Rose.	3½+	M-Th	11-11:30am	4	\$80/\$88
215000-41	7/10	Rose.	3½+	M-Th	11:30am-12pm	4	\$80/\$88
215000-42	7/10	Rose.	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-45	7/17	Rose.	3½+	M-Th	11-11:30am	4	\$80/\$88
215000-46	7/17	Rose.	3½+	M-Th	11:30am-12pm	4	\$80/\$88
215000-47	7/17	Rose.	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-50	7/24	Rose.	3½+	M-Th	11-11:30am	4	\$80/\$88
215000-51	7/24	Rose.	3½+	M-Th	11:30am-12pm	4	\$80/\$88
215000-52	7/24	Rose.	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-55	7/31	Rose.	3½+	M-Th	11-11:30am	4	\$80/\$88
215000-56	7/31	Rose.	3½+	M-Th	11:30am-12pm	4	\$80/\$88
215000-57	7/31	Rose.	3½+	M-Th	4:45-5:15pm	4	\$80/\$88

*classes will meet 6/2 due to the Memorial Day Holiday

**classes will meet 7/7 due to the 4th of July Holiday

PARENT & TOT (RATIO 1:10)

The foundation of this class is a set of basic skills that prepares young children to become comfortable in the water. Skills taught include water adjustment, increased confidence and coordination, showing comfort while maintaining a front and back position, and demonstrating breath control and water safety education. A responsible adult is required to participate with the child.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215007-11	5/30*	Rose.	9mos-2yrs	M-F	8-8:30am	8	\$48/\$53
215007-10	5/30*	Rose.	9mos-2yrs	M-F	9:45-10:15am	8	\$48/\$53
215007-13	5/30*	Rose.	9mos-2yrs	M-F	6:05-6:35pm	8	\$48/\$53
215007-21	6/12	Rose.	9mos-2yrs	M-Th	8-8:30am	8	\$48/\$53
215007-20	6/12	Rose.	9mos-2yrs	M-Th	9:45-10:15am	8	\$48/\$53
215007-23	6/12	Rose.	9mos-2yrs	M-Th	6:05-6:35pm	8	\$48/\$53
215007-31	6/26**	Rose.	9mos-2yrs	M-F	8-8:30am	8	\$48/\$53
215007-30	6/26**	Rose.	9mos-2yrs	M-F	9:45-10:15am	8	\$48/\$53
215007-33	6/26**	Rose.	9mos-2yrs	M-F	6:05-6:35pm	8	\$48/\$53
215007-41	7/10	Rose.	9mos-2yrs	M-Th	8-8:30am	8	\$48/\$53
215007-40	7/10	Rose.	9mos-2yrs	M-Th	9:45-10:15am	8	\$48/\$53
215007-43	7/10	Rose.	9mos-2yrs	M-Th	6:05-6:35pm	8	\$48/\$53
215007-51	7/24	Rose.	9mos-2yrs	M-Th	8-8:30am	8	\$48/\$53
215007-50	7/24	Rose.	9mos-2yrs	M-Th	9:45-10:15am	8	\$48/\$53
215007-53	7/24	Rose.	9mos-2yrs	M-Th	6:05-6:35pm	8	\$48/\$53

*classes will meet 6/2 due to the Memorial Day Holiday

**classes will meet 7/7 due to the 4th of July Holiday

Camps for the cultural arts, including dance, ballet, theater, and acting are on pages 30-31.

PRESCHOOL (RATIO 1:3)

Skills taught include fundamentals of water safety, buoyancy, breath control, swimming on front and back, changing directions, and water entry and exit. This class may be divided into three separate groups (beginner, intermediate, and advanced) on the first day.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215008-10	5/30*	Rose.	3-4	M-F	8-8:30am	8	\$48/\$53
215008-11	5/30*	Rose.	3-4	M-F	8:35-9:05am	8	\$48/\$53
215008-12	5/30*	Rose.	3-4	M-F	9:45-10:15am	8	\$48/\$53
215008-15	5/30*	Rose.	3-4	M-F	5:30-6pm	8	\$48/\$53
215008-16	5/30*	Rose.	3-4	M-F	6:05-6:35pm	8	\$48/\$53
215008-17	5/30*	Rose.	3-4	M-F	6:40-7:10pm	8	\$48/\$53
215008-20	6/12	Rose.	3-4	M-Th	8-8:30am	8	\$48/\$53
215008-21	6/12	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53
215008-22	6/12	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/\$53
215008-23	6/12	Rose.	3-4	M-Th	10:20-10:50am	8	\$48/\$53
215008-25	6/12	Rose.	3-4	M-Th	5:30-6pm	8	\$48/\$53
215008-26	6/12	Rose.	3-4	M-Th	6:05-6:35pm	8	\$48/\$53
215008-27	6/12	Rose.	3-4	M-Th	6:40-7:10pm	8	\$48/\$53
215008-30	6/26**	Rose.	3-4	M-F	8-8:30am	8	\$48/\$53
215008-31	6/26**	Rose.	3-4	M-F	8:35-9:05am	8	\$48/\$53
215008-32	6/26**	Rose.	3-4	M-F	9:45-10:15am	8	\$48/\$53
215008-33	6/26**	Rose.	3-4	M-F	10:20-10:50am	8	\$48/\$53
215008-35	6/26**	Rose.	3-4	M-F	5:30-6pm	8	\$48/\$53
215008-37	6/26**	Rose.	3-4	M-F	6:05-6:35pm	8	\$48/\$53
215008-38	6/26**	Rose.	3-4	M-F	6:40-7:10pm	8	\$48/\$53
215008-40	7/10	Rose.	3-4	M-Th	8-8:30am	8	\$48/\$53
215008-41	7/10	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53
215008-42	7/10	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/\$53
215008-43	7/10	Rose.	3-4	M-Th	10:20-10:50am	8	\$48/\$53
215008-45	7/10	Rose.	3-4	M-Th	5:30-6pm	8	\$48/\$53
215008-46	7/10	Rose.	3-4	M-Th	6:05-6:35pm	8	\$48/\$53
215008-47	7/10	Rose.	3-4	M-Th	6:40-7:10pm	8	\$48/\$53
215008-50	7/24	Rose.	3-4	M-Th	8-8:30am	8	\$48/\$53
215008-51	7/24	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53
215008-52	7/24	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/\$53
215008-53	7/24	Rose.	3-4	M-Th	10:20-10:50am	8	\$48/\$53
215008-55	7/24	Rose.	3-4	M-Th	5:30-6pm	8	\$48/\$53
215008-56	7/24	Rose.	3-4	M-Th	6:05-6:35pm	8	\$48/\$53
215008-57	7/24	Rose.	3-4	M-Th	6:40-7:10pm	8	\$48/\$53

*classes will meet 6/2 due to the Memorial Day Holiday

**classes will meet 7/7 due to the 4th of July Holiday

LEVEL 1 (RATIO 1:3)

Students will learn basic personal water safety skills to help them feel comfortable in the water. Basic skills include water adjustment, beginning stroke skills, and safety.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215001-10	5/30*	Rose.	5+	M-F	9:10-9:40am	8	\$48/\$53
215001-11	5/30*	Rose.	5+	M-F	9:45-10:15am	8	\$48/\$53
215001-12	5/30*	Rose.	5+	M-F	10:20-10:50am	8	\$48/\$53
215001-13	5/30*	Rose.	5+	M-F	5:30-6pm	8	\$48/\$53
215001-14	5/30*	Rose.	5+	M-F	6:40-7:10pm	8	\$48/\$53
215001-20	6/12	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215001-21	6/12	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53
215001-22	6/12	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215001-23	6/12	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215001-24	6/12	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53
215001-30	6/26**	Rose.	5+	M-F	9:10-9:40am	8	\$48/\$53
215001-31	6/26**	Rose.	5+	M-F	9:45-10:15am	8	\$48/\$53
215001-32	6/26**	Rose.	5+	M-F	10:20-10:50am	8	\$48/\$53
215001-33	6/26**	Rose.	5+	M-F	5:30-6pm	8	\$48/\$53
215001-34	6/26**	Rose.	5+	M-F	6:40-7:10pm	8	\$48/\$53
215001-40	7/10	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215001-41	7/10	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53
215001-42	7/10	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215001-43	7/10	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215001-44	7/10	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53
215001-50	7/24	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215001-51	7/24	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53
215001-52	7/24	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215001-53	7/24	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215001-54	7/24	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53

*classes will meet 6/2 due to the Memorial Day Holiday

**classes will meet 7/7 due to the 4th of July Holiday

LEVEL 2 (RATIO 1:4)

Students will learn to propel themselves on their front and back using coordinated arm and leg action. Students will also learn to float without support and recover to a vertical position. Treading water and bobbing are also introduced.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215002-10	5/30*	Rose.	5+	M-F	8:35-9:05am	8	\$48/\$53
215002-11	5/30*	Rose.	5+	M-F	10:20-10:50am	8	\$48/\$53
215002-13	5/30*	Rose.	5+	M-F	5:30-6pm	8	\$48/\$53
215002-12	5/30*	Rose.	5+	M-F	6:05-6:35pm	8	\$48/\$53
215002-14	5/30*	Rose.	5+	M-F	7:15-7:45pm	8	\$48/\$53
215002-20	6/12	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
215002-21	6/12	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215002-23	6/12	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215002-22	6/12	Rose.	5+	M-Th	6:05p-6:35pm	8	\$48/\$53
215002-24	6/12	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215002-30	6/26**	Rose.	5+	M-F	8:35-9:05am	8	\$48/\$53
215002-31	6/26**	Rose.	5+	M-F	10:20-10:50am	8	\$48/\$53
215002-33	6/26**	Rose.	5+	M-F	5:30-6pm	8	\$48/\$53
215002-32	6/26**	Rose.	5+	M-F	6:05-6:35pm	8	\$48/\$53
215002-34	6/26**	Rose.	5+	M-F	7:15-7:45pm	8	\$48/\$53
215002-40	7/10	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
215002-41	7/10	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215002-43	7/10	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215002-42	7/10	Rose.	5+	M-Th	6:05p-6:35pm	8	\$48/\$53
215002-44	7/10	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215002-50	7/24	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
215002-51	7/24	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215002-53	7/24	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215002-52	7/24	Rose.	5+	M-Th	6:05p-6:35pm	8	\$48/\$53
215002-54	7/24	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53

*classes will meet 6/2 due to the Memorial Day Holiday

**classes will meet 7/7 due to the 4th of July Holiday

LEVEL 3 (RATIO 1:4)

Students will continue improvement on front and back crawl and personal water safety. Students will also be introduced to elementary backstroke, rotary breathing, dolphin kick, and breaststroke kick.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215003-10	5/30*	Rose.	5+	M-F	8-8:30am	8	\$48/\$53
215003-11	5/30*	Rose.	5+	M-F	8:35-9:05am	8	\$48/\$53
215003-12	5/30*	Rose.	5+	M-F	9:10-9:40am	8	\$48/\$53
215003-13	5/30*	Rose.	5+	M-F	10:20-10:50am	8	\$48/\$53
215003-15	5/30*	Rose.	5+	M-F	5:30-6pm	8	\$48/\$53
215003-16	5/30*	Rose.	5+	M-F	6:40-7:10pm	8	\$48/\$53
215003-17	5/30*	Rose.	5+	M-F	7:50-8:20pm	8	\$48/\$53
215003-20	6/12	Rose.	5+	M-Th	8-8:30am	8	\$48/\$53
215003-21	6/12	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
215003-22	6/12	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215003-23	6/12	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215003-25	6/12	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215003-26	6/12	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53
215003-27	6/12	Rose.	5+	M-Th	7:50-8:20pm	8	\$48/\$53
215003-30	6/26**	Rose.	5+	M-F	8-8:30am	8	\$48/\$53
215003-31	6/26**	Rose.	5+	M-F	8:35-9:05am	8	\$48/\$53
215003-32	6/26**	Rose.	5+	M-F	9:10-9:40am	8	\$48/\$53
215003-33	6/26**	Rose.	5+	M-F	10:20-10:50am	8	\$48/\$53
215003-35	6/26**	Rose.	5+	M-F	5:30-6pm	8	\$48/\$53
215003-36	6/26**	Rose.	5+	M-F	6:40-7:10pm	8	\$48/\$53
215003-37	6/26**	Rose.	5+	M-F	7:50-8:20pm	8	\$48/\$53
215003-40	7/10	Rose.	5+	M-Th	8-8:30am	8	\$48/\$53
215003-41	7/10	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
215003-42	7/10	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215003-43	7/10	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215003-45	7/10	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215003-46	7/10	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53
215003-47	7/10	Rose.	5+	M-Th	7:50-8:20pm	8	\$48/\$53
215003-50	7/24	Rose.	5+	M-Th	8-8:30am	8	\$48/\$53
215003-51	7/24	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
215003-52	7/24	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215003-53	7/24	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215003-55	7/24	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215003-56	7/24	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53
215003-57	7/24	Rose.	5+	M-Th	7:50-8:20pm	8	\$48/\$53

*classes will meet 6/2 due to the Memorial Day Holiday

**classes will meet 7/7 due to the 4th of July Holiday



LEVEL 4 (RATIO 1:4)

Students will continue improvement on front and back crawl and elementary backstroke. This level will introduce the breaststroke, butterfly, scissor kick, and personal water safety.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215004-10	5/30*	Rose.	5+	M-F	8-8:30am	8	\$48/\$53
215004-11	5/30*	Rose.	5+	M-F	10:20-10:50am	8	\$48/\$53
215004-12	5/30*	Rose.	5+	M-F	6:05-6:35pm	8	\$48/\$53
215004-13	5/30*	Rose.	5+	M-F	7:15-7:45pm	8	\$48/\$53
215004-20	6/12	Rose.	5+	M-Th	8-8:30am	8	\$48/\$53
215004-21	6/12	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215004-22	6/12	Rose.	5+	M-Th	6:05-6:35pm	8	\$48/\$53
215004-23	6/12	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215004-30	6/26**	Rose.	5+	M-F	8-8:30am	8	\$48/\$53
215004-31	6/26**	Rose.	5+	M-F	10:20-10:50am	8	\$48/\$53
215004-32	6/26**	Rose.	5+	M-F	6:05-6:35pm	8	\$48/\$53
215004-33	6/26**	Rose.	5+	M-F	7:15-7:45pm	8	\$48/\$53
215004-40	7/10	Rose.	5+	M-Th	8-8:30am	8	\$48/\$53
215004-41	7/10	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215004-42	7/10	Rose.	5+	M-Th	6:05-6:35pm	8	\$48/\$53
215004-43	7/10	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215004-50	7/24	Rose.	5+	M-Th	8-8:30am	8	\$48/\$53
215004-51	7/24	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215004-52	7/24	Rose.	5+	M-Th	6:05-6:35pm	8	\$48/\$53
215004-53	7/24	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53

*classes will meet 6/2 due to the Memorial Day Holiday

**classes will meet 7/7 due to the 4th of July Holiday

LEVEL 5 (RATIO 1:5)

Students will continue improvement on front and back crawl, elementary backstroke, breaststroke, and butterfly. This level will introduce sidestroke and personal water safety.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215005-10	5/30*	Rose.	5+	M-F	9:10-9:40am	8	\$48/\$53
215005-11	5/30*	Rose.	5+	M-F	9:45-10:15am	8	\$48/\$53
215005-12	5/30*	Rose.	5+	M-F	7:15-7:45pm	8	\$48/\$53
215005-20	6/12	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215005-21	6/12	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53
215005-22	6/12	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215005-30	6/26**	Rose.	5+	M-F	9:10-9:40am	8	\$48/\$53
215005-31	6/26**	Rose.	5+	M-F	9:45-10:15am	8	\$48/\$53
215005-32	6/26**	Rose.	5+	M-F	7:15-7:45pm	8	\$48/\$53
215005-40	7/10	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215005-41	7/10	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53
215005-42	7/10	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215005-50	7/24	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215005-51	7/24	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53
215005-52	7/24	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53

*classes will meet 6/2 due to the Memorial Day Holiday

**classes will meet 7/7 due to the 4th of July Holiday

LEVEL 6 (RATIO 1:5)

Students will learn to refine strokes to swim with more ease, efficiency, power, and smoothness over greater distances.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215006-10	5/30*	Rose.	5+	M-F	9:10-9:40am	8	\$48/\$53
215006-11	5/30*	Rose.	5+	M-F	7:50-8:20pm	8	\$48/\$53
215006-20	6/12	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215006-21	6/12	Rose.	5+	M-Th	7:50-8:20pm	8	\$48/\$53
215006-30	6/26**	Rose.	5+	M-F	9:10-9:40am	8	\$48/\$53
215006-31	6/26**	Rose.	5+	M-F	7:50-8:20pm	8	\$48/\$53
215006-40	7/10	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215006-41	7/10	Rose.	5+	M-Th	7:50-8:20pm	8	\$48/\$53
215006-50	7/24	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215006-51	7/24	Rose.	5+	M-Th	7:50-8:20pm	8	\$48/\$53

*classes will meet 6/2 due to the Memorial Day Holiday

**classes will meet 7/7 due to the 4th of July Holiday

ADAPTIVE (RATIO 1:1)

Students diagnosed with special needs and/or developmental disabilities may be evaluated to be placed in appropriate levels of swim classes.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215009-10	5/30*	Rose.	3+	M-F	8-8:30am	8	\$48/\$53
215009-11	5/30*	Rose.	3+	M-F	8:35-9:05am	8	\$48/\$53
215009-12	5/30*	Rose.	3+	M-F	9:10-9:40am	8	\$48/\$53
215009-13	5/30*	Rose.	3+	M-F	9:45-10:15am	8	\$48/\$53
215009-14	5/30*	Rose.	3+	M-F	6:05-6:35pm	8	\$48/\$53
215009-15	5/30*	Rose.	3+	M-F	7:50-8:20pm	8	\$48/\$53
215009-20	6/12	Rose.	3+	M-Th	8-8:30am	8	\$48/\$53
215009-21	6/12	Rose.	3+	M-Th	8:35-9:05am	8	\$48/\$53
215009-22	6/12	Rose.	3+	M-Th	9:10-9:40am	8	\$48/\$53
215009-23	6/12	Rose.	3+	M-Th	9:45-10:15am	8	\$48/\$53
215009-24	6/12	Rose.	3+	M-Th	6:05-6:35pm	8	\$48/\$53
215009-25	6/12	Rose.	3+	M-Th	7:50-8:20pm	8	\$48/\$53
215009-30	6/26**	Rose.	3+	M-F	8-8:30am	8	\$48/\$53
215009-31	6/26**	Rose.	3+	M-F	8:35-9:05am	8	\$48/\$53
215009-32	6/26**	Rose.	3+	M-F	9:10-9:40am	8	\$48/\$53
215009-33	6/26**	Rose.	3+	M-F	9:45-10:15am	8	\$48/\$53
215009-34	6/26**	Rose.	3+	M-F	6:05-6:35pm	8	\$48/\$53
215009-35	6/26**	Rose.	3+	M-F	7:50-8:20pm	8	\$48/\$53
215009-40	7/10	Rose.	3+	M-Th	8-8:30am	8	\$48/\$53
215009-41	7/10	Rose.	3+	M-Th	8:35-9:05am	8	\$48/\$53
215009-42	7/10	Rose.	3+	M-Th	9:10-9:40am	8	\$48/\$53
215009-43	7/10	Rose.	3+	M-Th	9:45-10:15am	8	\$48/\$53
215009-44	7/10	Rose.	3+	M-Th	6:05-6:35pm	8	\$48/\$53
215009-45	7/10	Rose.	3+	M-Th	7:50-8:20pm	8	\$48/\$53
215009-50	7/24	Rose.	3+	M-Th	8-8:30am	8	\$48/\$53
215009-51	7/24	Rose.	3+	M-Th	8:35-9:05am	8	\$48/\$53
215009-52	7/24	Rose.	3+	M-Th	9:10-9:40am	8	\$48/\$53
215009-53	7/24	Rose.	3+	M-Th	9:45-10:15am	8	\$48/\$53
215009-54	7/24	Rose.	3+	M-Th	6:05-6:35pm	8	\$48/\$53
215009-55	7/24	Rose.	3+	M-Th	7:50-8:20pm	8	\$48/\$53

*classes will meet 6/2 due to the Memorial Day Holiday

**classes will meet 7/7 due to the 4th of July Holiday

Register for events and classes online
at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins March 27.
Non-resident registration begins April 10.
Classes begin May 1.

ADULT (RATIO 1:3)

All levels and skills are taught as needed.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215010-10	5/30	Rose.	15+	M-F	8-8:30am	8	\$48/\$53
215010-11	5/30	Rose.	15+	M-F	7:15-7:45pm	8	\$48/\$53
215010-12	5/30	Rose.	15+	M-F	7:50-8:20pm	8	\$48/\$53
215010-20	6/12	Rose.	15+	M-Th	8-8:30am	8	\$48/\$53
215010-21	6/12	Rose.	15+	M-Th	7:15-7:45pm	8	\$48/\$53
215010-22	6/12	Rose.	15+	M-Th	7:50-8:20pm	8	\$48/\$53
215010-30	6/26*	Rose.	15+	M-F	8-8:30am	8	\$48/\$53
215010-31	6/26*	Rose.	15+	M-F	7:15-7:45pm	8	\$48/\$53
215010-32	6/26*	Rose.	15+	M-F	7:50-8:20pm	8	\$48/\$53
215010-40	7/10	Rose.	15+	M-Th	8-8:30am	8	\$48/\$53
215010-41	7/10	Rose.	15+	M-Th	7:15-7:45pm	8	\$48/\$53
215010-42	7/10	Rose.	15+	M-Th	7:50-8:20pm	8	\$48/\$53
215010-50	7/24	Rose.	15+	M-Th	8-8:30am	8	\$48/\$53
215010-51	7/24	Rose.	15+	M-Th	7:15-7:45pm	8	\$48/\$53
215010-52	7/24	Rose.	15+	M-Th	7:50-8:20pm	8	\$48/\$53

*classes will meet 6/2 due to the Memorial Day Holiday

**classes will meet 7/7 due to the 4th of July Holiday



JUNIOR GUARD PROGRAM

Participants will be selected as junior guards to learn first aid, scanning techniques, lifeguard saves, and become CPR certified. Junior guards volunteer throughout the summer to shadow and assist lifeguards. **Participants earn free pool admission and a free T-shirt, but must provide their own one-piece (preferably black) swimsuit. Tryouts are 6/4 at 12pm. Registration is required prior to attending tryouts. For more information, call 972-466-3083.**

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215030-01	6/6	Rose.	11-15	Tu/Th	11am-12pm	12	\$31/\$34

Water Aerobics

Makeup classes may not be available for weather-related cancellations.

*Classes will not be held July 4th due to the holiday.

DEEP WATER

Deep-water aerobics is designed for a greater aqua workout. The class emphasizes endurance. Swim skills are not necessary. **Students must be comfortable in deep water and wear float belts (\$15).**

Instructor: Sullivan

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215100-35	6/10	Rose.	15+	Sa	9-9:50am	6	\$24/\$26
215100-36	5/31	Rose.	15+	M/W	6:15-7:05pm	15	\$60/\$66
215100-37	5/31	Rose.	15+	M/W	7:10-7:55pm	15	\$60/\$66
215100-38	5/31	Rose.	15+	M/W/Th	9:05-9:55am	16	\$64/\$70
215100-40	7/22	Rose.	15+	Sa	9-9:50am	7	\$28/\$30
215100-41	7/24	Rose.	15+	M/W	6:15-7:05pm	12	\$48/\$52
215100-43	7/10	Rose.	15+	M/W/Th	9:05-9:55am	11	\$44/\$48

HIGH INTENSITY

This class offers a high intensity cardiovascular and muscular conditioning workout and is held in the 200-foot lazy river at Rosemeade Rainforest Aquatic Complex. Depth of water varies due to a steady current but stands at 3 feet in calm waters. Swimming skills are not necessary. Instructor: Sullivan

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215102-30	6/10	Rose.	15+	Sa	7:20-7:50am	6	\$24/\$26
215102-32	5/31	Rose.	15+	M/W/Th	8:20-8:50am	16	\$64/\$70
215102-40	7/22	Rose.	15+	Sa	7:20-7:50am	7	\$28/\$30
215102-42	7/10	Rose.	15+	M/W/Th	8:20-8:50am	11	\$44/\$48

SHALLOW WATER

Low impact aerobics increase cardiovascular endurance and burn fat without stress on bones or joints. This class is a beneficial workout for the beginner or more advanced person. Instructor: Sullivan

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215101-35	6/10	Rose.	15+	Sa	8-8:50am	6	\$24/\$26
215101-36	5/31	Rose.	15+	M/W	8:05-8:50am	15	\$60/\$66
215101-40	7/22	Rose.	15+	Sa	8-8:50am	7	\$28/\$30
215101-41	7/24	Rose.	15+	M/W	7:15-8:05pm	12	\$48/\$52

SHIPWRECKED AT RAINFOREST

Join Parks & Recreation staff for a brand new "shipwrecked" themed event. This will be fun for all ages with a live DJ, giveaways, a mermaid lagoon, and more. Season Pass holders will receive complimentary entry. For more information, call 972-466-3083.

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
Rose.	All	7/22	Sa	6:30-9pm	\$6/\$10

Events at the Pool

SWIM-IN CINEMA

Bring friends, family, and floats to the Rosemeade Rainforest Aquatic Complex, and come for the annual poolside movie. Open swim will be offered from 7pm until dusk. The featured film, *Finding Nemo* (2003), G, will begin shortly after sunset. Driver's license must be presented for resident rates. Children three and under get in free. For more information, visit cityofcarrollton.com/aquatics or call 972-466-9804.

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
Rose.	All	7/14	F	7-10:30pm	\$5/\$9



SPECIAL NEEDS SWIM NIGHT

Children and adults with special needs, their families, and caregivers are invited to a pool party. The Rosemeade Rainforest Aquatics Complex will be open for extended hours giving those with special needs the opportunity to enjoy some time swimming and splashing in a less crowded and quieter environment. Children two years old and under get in free when accompanied by an adult; Season Pass Holders will receive a \$2 discount. For more information, visit cityofcarrollton.com/adaptive.

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
Rose.	All	6/16	F	6:30-9pm	\$10/\$6
Rose.	All	7/29	Sa	6:30-9pm	\$9/\$5

Floatation Devices

The use of floatation devices does not provide a positive pre-swimming lesson experience for children. If your child wears floaties (arm bands) or a floatation swimsuit, it may take your child much longer to learn how to swim.

These devices teach a heads-up posture in the water, with arms out to the sides, the back arched, and knees bent in a bicycle kicking pattern, a posture that is contrary to the horizontal method needed for swimming. In addition, floatation devices tend to promote a false sense of security in the child and parent. Children may jump into the pool thinking they will be saved by the floatation device but are unable to swim. Parents may also feel their children can swim unattended while their child is wearing a floatation device, but a child should never be left unattended while swimming.

The use of floaties specifically can cause strain on a child's arms and shoulders, as well as fail to support the head and neck. Children can still drown while wearing floaties since their head may fall forward or the floaties may come loose from a child's arms causing them to sink.

It is recommended your child not enter the water without an adult if they are unable to swim. A child who is restricted from entering the water without an adult until they learn how to swim has an incentive to learn to swim properly. If your child must wear a floatation device, we highly recommend the use of a Coast Guard-approved floatation device, which is available to use free of charge at the Rosemeade Rainforest Aquatic Complex.

Indian Creek Golf Club

1650 W. Frankford Road • 972-466-9850 • indiancreekgolfclub.com



indian creek
golf club



**TOPTRACER
RANGE**



BLACK BELT GOLF ACADEMY (BBGA)

This BBGA FORE kids and teens programs are for youth interested in social and recreational golf to start, while giving them the ability to progress to high school and collegiate level play, with graduation to the "competition" level of the academy as the ultimate goal.

To inquire about either program, call Coach Bruce Smith at 214-727-8857 or email blackbeltgolfacademy@gmail.com.

FORE KIDS - AGES 7-11

Classes are offered 3 days/week.

SCHEDULE

- Tuesdays & Thursdays: 5-6:30pm
- Saturdays: 12-1:30pm

BBGA STUDENT BENEFITS

- Range access 1 hour per day
- Professional instruction
- Play Mon-Fri, after 1pm on Sat-Sun (walk-on only basis)*

*parental supervision may be required for youth 12 years and younger.

FEES

- Annual Dues: \$150
- Monthly Dues: \$235**

**multiple sibling discounts available



FORE TEENS - AGES 12-16

Classes are offered 3 days/week.

SCHEDULE

- Tuesdays & Thursdays: 5-6:30pm
- Saturdays: 12-1:30pm

BBGA STUDENT BENEFITS

- Range access 1 hour per day
- Professional Instruction
- Play Mon-Fri, after 1pm on Sat-Sun (walk-on only basis)

FEES

- Annual Dues - \$150
- Monthly Dues - \$235**



BOOKING POLICIES

- Tee times may be made seven days in advance. Phone reservations accepted 7:30am to 6:30pm daily (online reservations may be made starting at midnight seven days out.)
- Saturday-Sunday tee times require prepayment to accommodate all players wanting reservations. (Call volume is high, book at indiancreekgolfclub.com/tee times to avoid hold times, online rates include golf car.) OR for walking rates, resident card discount, and raincheck/gift card redemptions, call the Golf Shop to reserve.
- **Book now or call 972-466-9850.**
- You may book online for Monday-Friday tee times without prepaying or call the golf shop.
- Select your preferred course/date/tee time then select 'PAY NOW' to prepay (rates include a golf car.)
- OR you may select 'PAY AT COURSE' to pay your assigned rate (senior, walking, junior, or member) when you check-in at the course.
- Single players may reserve tee times online if there is availability to fill in with another group. We recommend calling in advance for walk-ons to ensure availability.

Residents with a current driver's license showing a City of Carrollton address are eligible for a discount on green fees. Go to the website for a link to register for a resident discount card.

CONTACT INFORMATION

For the latest calendar of events,
visit [indiancreekgolfclub.com/
events/calendar](http://indiancreekgolfclub.com/events/calendar).

Call us: 972-466-9850

Email: info@indiancreekgolfclub.com

Give the Gift of Golf!
To Purchase an E-Gift Certificate:
indiancreekgolfclub.com/onlinestore

PGA™

Junior Golf Camps



PGA JUNIOR GOLF CAMPS

The NTPGA Junior Golf Foundation teams up with local golf courses to introduce kids to the game of golf by conducting week-long summer golf camps. Kids learn full swing fundamentals, putting, chipping, bunker play, rules, etiquette, and safety. For more information, visit indiancreekgolfclub.com/lessons/juniors.

CAMP HIGHLIGHTS INCLUDE:

- Action-packed camps offer hands-on instruction led by certified PGA professionals.
- Signature PGA camp curriculum focuses on developing golf skills, including full swing, short game, rules, and etiquette, while keeping the experience fun and engaging with games and activities
- A fun, safe, and educational environment designed with each child's wellbeing in mind
- Low student to instructor ratio of approximately 6:1

For information on Indian Creek's upcoming camp schedule, visit pgajuniorgolfcamps.com/camp-locations/indian-creek-golf-club-carrollton-texas.

2023 PGA JUNIOR GOLF CAMP SUMMER SCHEDULE:

- June 5-9
- June 12-6
- June 19-23
- June 26-30
- July 10-14
- July 17-21

DOWNLOAD OUR APP INDIAN CREEK GOLF



GPS



NEWS &
EVENTS



SCOREKEEPING



DEALS



TEE TIMES

AND MORE...



GAMING MEMBERSHIPS


Open play gaming passes are available on a first-come, first-served basis. Availability is subject to change daily due to leagues, tournaments, and other programming. **All gaming passes are non-refundable. Staff has final discretion on time limits during peak/non-peak times. Hours expire one year from date of purchase.**

DURATION	\$(RES/NR)
1 Hour:	\$5/\$5.50
5 Hours:	\$12/\$13.25
20 Hours:	\$35/\$38.50
50 Hours:	\$75/\$82.50
Summer Special 100 Hours (5/1-8/31):	\$100/\$110

BIRTHDAY PARTY GAMING PACKAGE

Book a birthday party gaming package and enjoy amazing gaming equipment, age-appropriate games, and knowledgeable staff that are sure to help take the party to the next level. Bookings made less than 30 days from the event date will be subject to approval by the Recreation Coordinator. **Full payment, as well as damage deposit, is due at the time of booking.**

	\$(RES/NR)
Security Deposit	\$100/\$125
20 PCs (Full Room) + 2 Nintendo Switch Stations	\$300/\$350



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

NEW>> WEEKLY LABS

Interested in a career in professional esports? Want to know more about streaming, event production, media, and esports management? Check out the weekly labs. These sessions will be led by experts with a background in the esports industry. **For more information, email cody.wager@cityofcarrollton.com or call 972-466-9834. Weekly labs are 3 hours in total, 1.5 hours per session. Individual drop in sessions are available for \$75/\$82.50 (Res/NR).**

STREAMING

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
500200-35	CRC	9+	5/2-5/4	Tu/Th	5:30-7pm	2	\$120/\$132
500200-40	CRC	9+	6/6-6/8	Tu/Th	5:30-7pm	2	\$120/\$132
500200-50	CRC	9+	7/11-7/13	Tu/Th	5:30-7pm	2	\$120/\$132
500200-60	CRC	9+	8/1-8/3	Tu/Th	5:30-7pm	2	\$120/\$132

CREATE A BRAND

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
500200-36	CRC	9+	5/9-5/11	Tu/Th	5:30-7pm	2	\$120/\$132
500200-41	CRC	9+	6/13-6/15	Tu/Th	5:30-7pm	2	\$120/\$132
500200-51	CRC	9+	7/18-7/20	Tu/Th	5:30-7pm	2	\$120/\$132
500200-61	CRC	9+	8/8-8/10	Tu/Th	5:30-7pm	2	\$120/\$132

TOURNAMENT HOSTING

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
500200-37	CRC	9+	5/16-5/18	Tu/Th	5:30-7pm	2	\$120/\$132
500200-62	CRC	9+	8/15-8/17	Tu/Th	5:30-7pm	2	\$120/\$132

ESPORTS PRODUCTION

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
500200-38	CRC	9+	5/23-5/25	Tu/Th	5:30-7pm	2	\$120/\$132
500200-63	CRC	9+	8/22-8/24	Tu/Th	9am-10:30am	2	\$120/\$132

NEW>> SUMMER GAMING CAMP

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
500100-03	CRC	9+	6/19-6/23	M-F	1-4pm	\$175/\$192.50

NEW>> WEEKLY COMPETITIONS

For more information, email cody.wager@cityofcarrollton.com or call 972-466-9834. Competition schedule will be updated weekly at cityofcarrollton.com/athletics. Schedule is subject to change.



Adult Leagues

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

ADULT BASKETBALL LEAGUE

Lace up your sneakers and round up your squad for the Summer Adult Basketball League. This league consists of seven regular season games plus playoffs for the top finishers in each division. All games are played at Rosemeade Recreation Center. **A free agent list for individuals looking for a team is available at cityofcarrollton.com/athletics. No games 6/18.**

	\$(RES/NR)						
Early-Bird Registration is 4/17-5/22:	\$395						
Standard Registration is 5/23-5/30:	\$420						
CLASS #	STARTS	DIV	LOC	AGE	DAY	TIME	#WKS
207000-40	6/11	Rec/Comp	RRC	18+	Su	1-10pm	8

ADULT CORNHOLE LEAGUE

Grab a partner and come out for the summer Adult Cornhole League. This is a doubles league open to all genders and skill levels. Matches will take place on Tuesday nights at 3 Nations Brewing Co. Boards and bags will be provided. **Matches will run 6/20-8/15 and playoffs will take place on 8/22. No games on 7/4. Players may register individually or as a team. Individual registrants will be assigned partners. For more information, visit cityofcarrollton.com/athletics.**

	\$(RES/NR)						
Early-Bird Registration is 5/1-6/4	\$40/\$44						
Standard Registration is 6/5-11	\$55/\$59						
CLASS #	STARTS	DIV	LOC	AGE	DAY	TIME	#WKS
207120-40	6/20	Doubles	3 Nations	21+	Tu	6:30-10:30pm	8

ADULT FLAG FOOTBALL LEAGUE

Join the summer 8-on-8 Flag Football League. Competitive and recreational divisions play on Thursday evenings. **Games will run 6/8-7/27 and playoffs will take place on 8/3. Teams will be responsible for providing their own flags and game balls. For more information, visit cityofcarrollton.com/athletics.**

	\$(RES/NR)						
Early-Bird Registration is 4/10-5/7:	\$370						
Standard Registration is 5/8-5/14:	\$395						
CLASS #	STARTS	DIV	LOC	AGE	DAY	TIME	#WKS
207050-40	6/8	Coed	McInnish	18+	Th	6:45-10:45pm	8
207051-40	6/8	Men's	McInnish	18+	Th	6:45-10:45pm	8

PING-PONG SUMMER LEAGUE

Players will be put in groups based on skills and ability. Everyone gets to play single matches in a fun setting environment. Singles competition will be round-robin groups, all players advance to double-elimination brackets – single matches to 11 points. Games will take place on Saturdays from 3:30-5:30pm at Rosemeade Recreation Center. The league runs from 8/12 – 9/30. Doubles event will be played in a single elimination format on week 4 and 5 of the league.

REGISTRATION DATES:

	\$(RES/NR)		
Singles League	\$30/\$33		
Standard Registration: 7/10-8/12			
CLASS #	STARTS	DIVISION	AGE
207070-03	8/12	Seniors	55+
207070-04	8/12	Adults	18-55
207070-06	8/12	Doubles	7+

NEW>> PING-PONG OPEN PLAY

All guests must have a membership or daily pass to participate. Pong on Wheels will occasionally stop in to provide tips and feedback. **Players will need to bring their own paddles (facility paddles available to check out), water bottle, and towel. Appropriate athletic attire/footwear should be worn.**

Open Play Times:
Rosemeade Recreation Center
Tuesdays, 5:30-8:30pm

ADULT SOFTBALL LEAGUE

All games are played at McInnish Softball Complex, Sunday through Friday. **Softballs must be purchased from the City.** League divisions include Men's 5 HR, Men's 3 HR, Men's 1 HR, Men's 0 HR, Church, and Men's Senior (40+). **A free agent list is available at cityofcarrollton.com/athletics for individuals looking for a team. No games 7/3 & 7/4.**

REGISTRATION DATES:

	\$(RES/NR)
SUMMER 1 DOUBLE HEADERS	
Early Bird Registration: 3/13-4/10	\$360
Standard Registration: 4/11-17	\$385

	\$(RES/NR)
SUMMER SINGLE GAMES	
Early Bird Registration: 5/1-6/4	\$415
Standard Registration: 6/5-6/12	\$440

	\$(RES/NR)
Summer 2 Double Headers	
Early Bird Registration: 5/22/6/9	\$360
Standard Registration: 6/20-26	\$385

SUMMER 1

CLASS #	STARTS	DIVISION	AGE	DAY
207154-01	5/7	Men's Senior DH	40+	Su
207154-02	5/8	Men's DH	18+	M
207154-03	5/9	Men's DH	18+	Tu
207154-04	5/10	Men's DH	18+	W

SUMMER SG

CLASS #	STARTS	DIVISION	AGE	DAY
207156-00	6/25	Men's	18+	Su
207156-01	6/22	Church	18+	Th
207156-02	6/22	Coed	18+	Th
207156-03	6/22	Men's	18+	Th
207156-04	6/23	Coed	18+	F

SUMMER 2

CLASS #	STARTS	DIVISION	AGE	DAY
207155-00	7/9	Men's Senior DH	40+	Su
207155-01	7/10	Men's DH	18+	M
207155-02	7/11	Men's DH	18+	Tu
207155-03	7/12	Men's DH	18+	W



Looking to keep the children busy this summer? The City of Carrollton is offering plenty of fun and creative camps on pages 27-28, 30-31, 41, 44, and 51-52.

PICKLEBALL

This instructed course will cover the basics of pickleball rules, including terminology, primary skills, coordination, and more. Have fun learning how to play the sport. By the end of the session, players should be ready to play a match. During this class, players will develop technique and strategy for the basic strokes as well as grip, the ready position, basic footwork, the split step, the dink, third, and shot drop. Sessions will be taught by a certified International Pickleball Teaching Professional Association (IPTPA) instructor. **Players will need to bring their own paddles, water bottle, and towel. Appropriate athletic attire and footwear should be worn. No class 7/4 & 7/6.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Beginner							
160550-35	CRC	18+	5/25-6/15	Th	5:15-6:15pm	4	\$64/\$70
160550-36	RRC	18+	5/23-6/13	Tu	5:15-6:15pm	4	\$64/\$70
160550-40	CRC	18+	6/22-7/20	Th	5:15-6:15pm	4	\$64/\$70
160550-41	RRC	18+	6/20-7/18	Tu	5:15-6:15pm	4	\$64/\$70
160550-50	CRC	18+	7/27-8/17	Th	5:15-6:15pm	4	\$64/\$70
160550-51	RRC	18+	7/25-8/15	Tu	5:15-6:15pm	4	\$64/\$70
Intermediate							
160555-31	CRC	18+	5/25-6/15	Th	6:15-7:15pm	4	\$64/\$70
160555-32	RRC	18+	5/23-6/13	Tu	6:15-7:15pm	4	\$64/\$70
160555-41	CRC	18+	6/22-7/20	Th	6:15-7:15pm	4	\$64/\$70
160555-42	RRC	18+	6/20-7/18	Tu	6:15-7:15pm	4	\$64/\$70
160555-51	CRC	18+	7/27-8/17	Th	6:15-7:15pm	4	\$64/\$70
160555-52	RRC	18+	7/25-8/15	Tu	6:15-7:15pm	4	\$64/\$70

Youth Leagues

YOUTH VOLLEYBALL – SELECT TEAM LEAGUE

Organize a team for the Youth Volleyball Select Team League. The league will consist of eight regular season games plus playoffs. This is a competitive league, and no jerseys or practice space will be provided. Sign up as a team with a coach and put your skills to the test. **No games 7/1. Closed-toe athletic shoes are required; volleyball knee pads are recommended.**

CLASS #	STARTS	DIVISION	AGE	\$(RES/NR)
Early-Bird Registration is 4/10-5/8: \$550				
Standard Registration is 5/9-5/15: \$575				
207410-01	6/10	Rec	7/8U	
207410-02	6/10	Rec	9/10U	
207410-03	6/10	Rec	11/12U	
207410-04	6/10	Rec	13/14U	

3V3 HALFCOURT EDGE

ATTACK Basketball Academy (ABA) presents a 3v3 HalfCourt Edge Basketball League. Register individually or as team. League includes 16 games (2 games per week), jersey, and a T-shirt. The sole focus is to help players develop complete players in a proven, fast-paced, and fun learning environment. The end goal is to increase basketball IQ, preparing players to be productive in any team environment. **Practice & games will be held on Fridays at Rosemeade Recreation Center between 6-9pm.**

SESSION 1	\$(RES/NR)	
Registration is 5/1-5/26:	\$190/\$209	
CLASS #	STARTS	AGE
207600-01	6/2	8-14
SESSION 2	\$(RES/NR)	
Registration is 6/5-6/30:	\$190/\$209	
CLASS #	STARTS	AGE
207600-02	7/7	8-14

Martial Arts



KARATE

Karate teaches self-defense, self-discipline, self-control, poise, and politeness. This class offers a chance to advance as you learn more skills. Earn colored belts by testing and paying an additional fee. **No class 5/18, 5/25, & 8/3.** Instructor: Nakaya

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161150-70	CRC	6+	6/1-7/6	Th	6:30-7:45pm	6	\$46/\$50.75
161150-73	CRC	6+	7/13-8/24	Th	6:30-7:45pm	6	\$46/\$50.75
161150-86	CRC	6+	8/31-10/5	Th	6:30-7:45pm	6	\$46/\$50.75

NINJA CAMP

No martial art experience is necessary. Students will learn the techniques of ninjas. They will practice with kid-safe ninja weapons including nunchucks, swords, sais, bos, and more. The benefits of this course includes improved coordination, confidence, and discipline – all while having a blast. **Participants must wear non-black sole sneakers. For more information, visit redtigerkarate.com or call 817-845-1557.** Instructor: Margach

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160175-64	RRC	6-12	6/26 - 6/29	M-Th	10-11:30am	4	\$80/\$88

RED TIGER KARATE

Learn American karate in this white through black belt program that runs year-round. The junior program develops self-esteem, positive behavior, academic achievement, and respect for others. In addition to practicing karate techniques, abduction prevention training and bully self-defense skills are integrated into the lessons. Adult classes focus on street self-defense, fitness, and personal development. Benefits of the program will reach beyond the class by improving everyday focus and quality of life, while reducing daily stress. **For more information, visit redtigerkarate.com or call 817-845-1557.** Instructor: Margach

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160170-87	RRC	5-12	6/9-8/4	F	630-730pm	9	\$80/\$88
160170-88	RRC	13+	6/9-8/4	F	730-830pm	9	\$80/\$88

DROP IN>> TAI CHI

Learn the graceful dancelike progression of Tai Chi, which is also described as “Meditation in Motion”. It is a low impact exercise, helping to improve flexibility, strength, & balance. It places minimal stress on the body and is therefore suitable for people of all ages, temperament, and states of health. Tai Chi brings together the mind and body by maintaining the flow of “Qi”, life’s energy. **\$6(res)/\$6.50(non-res) drop in fee.** Instructor: Koh

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160119-35	RRC	18+	5/24-6/28	W	10-11am	9	\$50/\$55
160119-50	RRC	18+	7/26-8/30	W	10-11am	9	\$50/\$55

Sports Camps

NEW>> AMAZING ATHLETES

Amazing Athletes is a sports and nutrition camp which promotes motor-skill development through sports and activities and encourages healthy lifestyles with an introduction to nutrition and muscle ID. Camp will include a rotation of four sports including basketball, volleyball, football, soccer, and a field day. **\$25 (res)/\$27.50(non-res) drop in fee.** Instructor: Amazing Athletes

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161300-45	RRC	6-12	6/26-6/30	M-F	1-3pm	5	\$115/\$126.50



AMO VOLLEYBALL

Allison and Michelle Operations (AMO) Volleyball covers all aspects of the game for athletes at any level. AMO prides itself in providing experienced coaches who give personalized instruction, high intensity, and fun. The goals for each camp are to teach the fundamental aspects of the game (physical, technical, mental, and emotional), emphasize efficiency, correct technique, and increase volleyball knowledge. Email amovolley1@gmail.com for more information. Instructor: AMO Volleyball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160125-40	RRC	7-11	6/13-6/15	T-Th	9-11am	3	\$120/\$132
160125-42	RRC	12-18	6/13-6/15	T-Th	11-12:30pm	3	\$75/\$82.50
160125-50	RRC	7-11	7/25-7/27	T-Th	9-11am	3	\$120/\$132
160125-52	RRC	12-18	7/25-7/27	T-Th	11-12:30pm	3	\$75/\$82.50
160125-60	RRC	7-11	8/1-8/3	T-Th	9-11am	3	\$120/\$132
160125-62	RRC	12-18	8/1-8/3	T-Th	11-12:30pm	3	\$75/\$82.50

ATTACK BASKETBALL

This camp will set participants apart from other players by helping each child develop an elite mindset. The class will cover fundamentals in a new way to help participants master ballhandling and feel for the ball; become a stifling defensive player; learn leadership and life lessons; perfect shooting, scoring, and dribbling moves; ensure your layups are automatic; and handle game situations like the pros. The camp is fast-paced, fun, and jam-packed with golden nuggets of basketball knowledge. Participants will leave a more complete and elite player. Instructor: Attack Basketball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161540-40	RRC	6-11	6/6-6/8	Tu-Th	9am-12pm	3	\$110/\$121
161540-41	RRC	11-18	6/6-6/8	Tu-Th	1-4pm	3	\$110/\$121
161540-42	RRC	6-11	6/19-6/23	M-F	9am-12pm	5	\$185/\$203.50
161540-43	RRC	11-18	6/19-6/23	M-F	1-4pm	5	\$185/\$203.50
161540-50	RRC	6-11	7/11-7/13	Tu-Th	9am-12pm	3	\$110/\$121
161540-51	RRC	11-18	7/11-7/13	Tu-Th	1-4pm	3	\$110/\$121
161540-52	RRC	6-11	7/18-7/20	Tu-Th	9am-12pm	3	\$110/\$121
161540-53	RRC	11-18	7/18-7/20	Tu-Th	1-4pm	3	\$110/\$121
161540-60	RRC	6-11	8/1-8/3	Tu-Th	9am-12pm	3	\$110/\$121
161540-61	RRC	11-18	8/2-8/4	Tu-Th	1-4pm	3	\$110/\$121

NEW>> PONG ON WHEELS - PING-PONG

Students will learn and develop the skills required to learn how to play the sport of ping-pong and elevate their game to the next level. In our intense camp, players will learn some of the fundamentals including serves, forehand & backhand strokes, game play strategy, footwork, agility training, ball placement, chopping, loop and smashes, and fun activities. Sessions will be conducted in a fun, supportive, and safe learning environment. All sessions will be taught by a national table tennis coach supported by advanced players, as needed. **Players will need to bring their own paddles (facility paddles available to borrow), water bottle, and towel. Appropriate athletic attire/footwear should be worn.**

Instructor: Pong on Wheels

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160270-40	RRC	6-11	6/5-6/8	M-Th	9am-12pm	4	\$135/\$148.50
160270-42	RRC	6-11	6/12-6/15	M-Th	9am-12pm	4	\$135/\$148.50
160270-44	RRC	6-11	6/19-6/22	M-Th	9am-12pm	4	\$135/\$148.50



Sports Classes

AMAZING ATHLETES

Amazing Athletes is a sports and nutrition program which promotes motor-skill development through sports and activities and encourages healthy lifestyles with an introduction to nutrition and muscle ID. Classes are held once per week (4 classes/month) and will include a rotation of two sports (10 Total), 1 fruit/vegetable and 1 muscle group. **No class 7/20.** Instructor: Amazing Athletes

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161320-35	CRC	2.5-6	5/4-5/25	Th	5:30-6:30pm	4	\$80/\$88
161320-40	CRC	2.5-6	6/1-6/22	Th	5:30-6:30pm	4	\$80/\$88
161320-45	CRC	2.5-6	6/29-7/27	Th	5:30-6:30pm	4	\$80/\$88
161320-50	CRC	2.5-6	8/3-8/24	Th	5:30-6:30pm	4	\$80/\$88

AMO VOLLEYBALL

Allison and Michelle Operations (AMO) Volleyball covers all aspects of the game for athletes at any level. We pride ourselves in providing experienced coaches who are able to give personalized instruction, high intensity, and fun. Our goals for each class and camp are to teach the fundamental aspects of the game (physical, technical, mental, and emotional), emphasize efficiency, correct technique, and increase volleyball knowledge. AMO will make class session recommendations based on player assessment to better fit the athlete's skill level after the second week of class (if applicable). This will ensure each player is learning in an environment that can facilitate growth. **Email amovolley1@gmail.com for more information. No class 5/29.** Instructor: AMO Volleyball

CLASS #	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Rosemeade Rec Center						
160120-36	7-18	5/15-6/26	M	6:30-7:30pm	6	\$120/\$132
160120-37	7-18	5/15-6/26	M	7:30-8:30pm	6	\$120/\$132
160120-38	7-18	5/17-6/21	W	6:30-7:30pm	6	\$120/\$132
160120-39	7-18	5/17-6/21	W	7:30-8:30pm	6	\$120/\$132
160120-51	7-18	7/17-8/21	M	6:30-7:30pm	6	\$120/\$132
160120-52	7-18	7/17-8/21	M	7:30-8:30pm	6	\$120/\$132
160120-53	7-18	7/19-8/23	W	6:30-7:30pm	6	\$120/\$132
160120-54	7-18	7/19-8/23	W	7:30-8:30pm	6	\$120/\$132

NEW>> B.E.S.T. MULTI SPORT

This three-sport program brings kids multiple weeks of three fantastic sports: soccer, baseball, and track. Players will be taught how to kick and control a soccer ball; how to hit, catch, throw, and run bases; and how to run, jump, and build strength and endurance in track and field. The goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance young players regardless of their skill level. Bring an age-appropriate soccer ball for the first week. That plus a hitting tee, bat, and a few whiffle balls is all that's needed. **No class 5/27 & 5/28.**

Summer 1

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160800-35	JRSC	3-6	5/6-7/1	Sa	9-9:45am	8	\$139/\$152.90
160800-36	JRSC	2-4	5/6-7/1	Sa	9:50-10:35am	8	\$139/\$152.90
160800-37	JRSC	7-10	5/6-7/1	Sa	10:40-11:25am	8	\$139/\$152.90
160800-38	JRSC	3-6	5/7-7/2	Su	9-9:45am	8	\$139/\$152.90
160800-39	JRSC	2-4	5/7-7/2	Su	9:50-10:35am	8	\$139/\$152.90
160800-40	JRSC	7-10	5/7-7/2	Su	10:40-11:25am	8	\$139/\$152.90

Summer 2

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160800-50	JRSC	3-6	7/8-8/26	Sa	9-9:45am	8	\$139/\$152.90
160800-51	JRSC	2-4	7/8-8/26	Sa	9:50-10:35am	8	\$139/\$152.90
160800-52	JRSC	7-10	7/8-8/26	Sa	10:40-11:25am	8	\$139/\$152.90
160800-53	JRSC	3-6	7/9-8/27	Su	9-9:45am	8	\$139/\$152.90
160800-54	JRSC	2-4	7/9-8/27	Su	9:50-10:35am	8	\$139/\$152.90
160800-55	JRSC	7-10	7/9-8/27	Su	10:40-11:25am	8	\$139/\$152.90

NEW>> B.E.S.T. SOCCER TRAINING

This weekly soccer class will teach kids the skills of soccer by offering activities such as dribbling, kicking, throw-ins, goalie skills, (age permitting) scrimmaging, and more. The goal and focus is to maintain an energetic and, highly active program that will teach, encourage, and advance young players regardless of their skill level. Bring an age appropriate soccer ball with your child's name on it and a water bottle. **No class 5/27 & 5/28.**

Summer 1

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160810-35	JRSC	16mo-2yrs	5/6-7/1	Sa	9-9:45am	8	\$139/\$152.90
160810-36	JRSC	3-6	5/6-7/1	Sa	9:50-10:35am	8	\$139/\$152.90
160810-37	JRSC	7-10	5/6-7/1	Sa	10:40-11:25am	8	\$139/\$152.90
160810-38	JRSC	16mo-2yrs	5/7-7/2	Su	9-9:45am	8	\$139/\$152.90
160810-39	JRSC	3-6	5/7-7/2	Su	9:50-10:35am	8	\$139/\$152.90
160810-40	JRSC	7-10	5/7-7/2	Su	10:40-11:25am	8	\$139/\$152.90

Summer 2

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160810-50	JRSC	16mo-2yrs	7/8-8/26	Sa	9-9:45am	8	\$139/\$152.90
160810-51	JRSC	3-6	7/8-8/26	Sa	9:50-10:35am	8	\$139/\$152.90
160810-52	JRSC	7-10	7/8-8/26	Sa	10:40-11:25am	8	\$139/\$152.90
160810-53	JRSC	16mo-2yrs	7/9-8/27	Su	9-9:45am	8	\$139/\$152.90
160810-54	JRSC	3-6	7/9-8/27	Su	9:50-10:35am	8	\$139/\$152.90
160810-55	JRSC	7-10	7/9-8/27	Su	10:40-11:25am	8	\$139/\$152.90



ESSENTIAL BASKETBALL SKILLS

These skills sessions focus on developing the complete basketball player, no matter their skill level or ability. No player can build an elite game on a shaky foundation. Attack Basketball staff will teach players the most effective way to execute the basic basketball fundamentals in a fun environment through innovative drills, simple exercises, and games. The class will cover ball handling, shooting, offensive and defensive skills, passing, rebounding, and intensity training awareness. Instructor: Attack Basketball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Elementary							
161500-37	RRC	6-10	5/2-5/23	Tu	4-5pm	4	\$60/\$66
161500-38	RRC	6-10	5/3-5/24	W	5-6pm	4	\$60/\$66
Preteen/Teen							
161505-39	RRC	10-15	5/2-5/23	Tu	5-6pm	4	\$60/\$66

INDIVIDUAL & SMALL GROUP BASKETBALL TRAINING

Whether a player is just getting started with basketball, or he or she has been developing skills on the court for years, they can benefit from individual basketball training. The class offers both one-on-one training, like having a personal trainer at the gym, and small group training with two to four players per session, where players can practice in a real-time, game-like application. **Ages 9 and up. \$85/hour for individual training and \$65/hour per person for small group training. For more details and scheduling, call 214-223-7865 or email meredith@attackbball.com.**

Instructor: Attack Basketball

NEW>> ONLINE BASKETBALL TRAINING – VAULT BUNDLE

Improve your basketball skills and knowledge! Purchase the bundle and receive online access to Attack Basketball exclusive Training Vault for one year. Instructor: Attack Basketball

Training Vault Bundle

1. Access to our exclusive Training Vault with OVER 130 videos in 10 skills playlist categories
2. Tight Ball-handlers Course - eight-week course designed to take your dribbling game to the next level, whether you are a beginner, intermediate, or advanced player.
3. High Percentage Finisher Course - eight-week course designed to teach you the most important finishes and when to implement them in games, making you a beast in the paint.
4. Consistent Sharpshooter Course - eight-week course designed to make you a confident shooter who knows their “Next Shot is Their Best Shot.” This course will teach you to find and embrace YOUR shooting technique, identify your shooting sweet spots, and ensure you CONSISTENTLY knock down those shots in games.

CLASS #	RES/NR)
161555-01	\$87/\$95.70

NEW>> 8-WEEK SHOT FIX ONLINE COURSE

This online shooting program will teach you to be an accurate, consistent, straight-line shooter in just eight-weeks. If you follow this program, you will be able to diagnose why you are not currently shooting with the confidence and accuracy that you desire, adjust accordingly, and finally shoot like the elite players (think Steph Curry or Klay Thompson) at EVERY practice and in EVERY game. Instructor: Attack Basketball

CLASS #	RES/NR)
161557-01	\$40/\$44

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins March 27.
Non-resident registration begins April 10.
Classes begin May 1.

NEW>> VERTICAL JUMP ONLINE TRAINING COURSE

This online training system has three stages: Foundational/Technique, building, and explosiveness. Upon completion of all three stages and 12 weeks, you will be able to jump higher, finish stronger around the basket, become a willing rebounder, gain a margin of error on your jump shots, and prevent injuries. Instructor: Attack Basketball

CLASS #	RES/NR)
161556-01	\$60/\$66

NEW>> PRE-PRACTICE AND PRE-GAME ROUTINE ONLINE COURSE

Do YOU have a set routine you perform before each practice or game to get you physically and mentally focused? If not, you are missing out on becoming elite. This online course gives you reasons why you need routines, sample routines, even without access to a court/ball, and insight into Steph Curry’s routines. Instructor: Attack Basketball

CLASS #	RES/NR)
161558-01	\$25/\$27.50

MIDNIGHT BASKETBALL

Midnight Basketball for boys and girls includes guest speakers, fellowship, pick-up basketball, and food. Limited spots are available. *For more information, contact Brittani.Shand@cityofcarrollton.com.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLASS	\$(RES/NR)
160150-40	RRC	13-17	6/8	Th	9-11pm	1	Free
160150-42	RRC	13-17	6/22	Th	9-11pm	1	Free

NEW>> MIDNIGHT VOLLEYBALL

Midnight Volleyball for boys and girls includes guest speakers, fellowship, pick-up volleyball, and food. Limited spots are available. *For more information, contact Brittani.Shand@cityofcarrollton.com.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLASS	\$(RES/NR)
160155-40	RRC	13-17	6/15	Th	9-11pm	1	Free
160155-42	RRC	13-17	6/29	Th	9-11pm	1	Free

STAY INFORMED

Keep connected with all things Carrollton from timely City news and emergency information to updates on City projects, programs, and special events.

cityofcarrollton.com/connect



PONG ON WHEELS - PING-PONG

Students of all abilities will learn and develop the skills required to learn how to play the sport of ping-pong. In weekly sessions, players will learn some of the fundamentals including grip, stance, basic forehand, and backhand strokes. In addition, serves, footwork, and game tactics will also be emphasized. Players will be immersed in a fun, supportive, and safe learning environment. All sessions will be taught by a former Paralympic Table Tennis team coach supported by advanced players, as needed. **Players will need to bring their own paddles (facility paddles available to borrow), water bottle, and towel. Appropriate athletic attire/footwear should be worn. No class 8/8.** Instructor: Pong on Wheels

CLASS # LOC AGE DATES DAY TIME #CLSS \$(RES/NR)

Youth - Advanced

160230-35	RRC	6-17	5/2-5/30	Tu	4:30-5:30pm	5	\$40/\$44
160230-40	RRC	6-17	6/6-6/27	Tu	4:30-5:30pm	4	\$40/\$44
160230-50	RRC	6-17	7/11-7/25	Tu	4:30-5:30pm	3	\$40/\$44
160230-60	RRC	6-17	8/1-8/29	Tu	4:30-5:30pm	4	\$40/\$44

Youth - Beginners / Intermediate

160235-35	RRC	6-17	5/2-5/30	Tu	5:30-6:30pm	5	\$40/\$44
160235-40	RRC	6-17	6/6-6/27	Tu	5:30-6:30pm	4	\$40/\$44
160235-50	RRC	6-17	7/11-7/25	Tu	5:30-6:30pm	3	\$40/\$44
160235-60	RRC	6-17	8/1-8/29	Tu	5:30-6:30pm	4	\$40/\$44

Adult & Senior

160240-35	RRC	18+	5/2-5/30	Tu	7:30-8:30pm	5	\$40/\$44
160240-40	RRC	18+	6/6-6/27	Tu	7:30-8:30pm	4	\$40/\$44
160240-50	RRC	18+	7/11-7/25	Tu	7:30-8:30pm	3	\$40/\$44
160240-60	RRC	18+	8/1-8/29	Tu	7:30-8:30pm	4	\$40/\$44

Sports Leagues

PING-PONG SUMMER LEAGUE

Players will be put in groups based on skills and ability. Everyone gets to play single matches in a fun setting environment. Singles competition will be round-robin groups, all players advance to double-elimination brackets – single matches to 11 points. Games will take place on Saturdays from 3:30-5:30pm at Rosemeade Recreation Center. The league runs from 8/12-9/30. Doubles event will be played in a single elimination format on week 4 and 5 of the league.

REGISTRATION DATES:

Standard Registration: 7/10-8/12

\$(RES/NR) \$30/\$33

CLASS #	STARTS	DIVISION	AGE
207070-05	8/12	Youth	7-17
207070-06	8/12	Doubles	7+



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.



2531 Oak Creek Drive • 972-466-6389 • oakcreektenniscenter.com

Oak Creek Tennis Center (OCTC), conveniently located northwest of the Dallas North Tollway and President George Bush Turnpike, features 12 lighted hard courts with shaded spectator and court benches. Our Pro Shop includes apparel, racquets, stringing, accessories, and snacks. The City of Carrollton prides itself on having one of the premier full-service municipal tennis facilities in North Texas.

OCTC has several U.S. Professional Tennis Association (USPTA) certified tennis professionals on staff. A full array of adult and junior programs, tournaments, and special events are held year-round. It is home to numerous men's, women's, mixed, and senior teams competing in United States Tennis Association (USTA), Tennis Competitors of Dallas (TCD), and metro league play and is also home to local middle school and high school teams.

HOURS OF OPERATION

Spring Hours (End May 28)

Monday-Thursday	8:30am-10pm
Friday	8:30am-8pm
Saturday	8:30am-6pm
Sunday	10am-7pm
Holiday Hours	Closed 4/9

Summer Hours (May 29-September 3)

Monday-Thursday	8am-10pm
Friday	8am-8pm
Saturday	8am-6pm
Sunday	10am-7pm

The OCTC reserves the right to close due to inclement weather. Players should call 972-466-6389 (option 1) for the status of programs.

PRO SHOP/RACQUET SERVICING

OCTC carries Prince™, Head™, Wilson™, and Babolat racquets, strings, grips, and accessories at competitive prices. United States Racquet Stringers Association (USRSA) certified master racquet technicians on staff provide complete racquet servicing for all your stringing needs. Stringing is generally completed within three days. Stringing labor is \$15. A 24-hour express fee is available for an additional \$5. Racquet rentals are available free of charge on-site, or for a \$5 fee when taking off-site.

PRIVATE LESSONS

OCTC has several USPTA certified professionals on staff available for private lessons. Unable to find an adult or junior class that fits your schedule? Inquire about our private group rates. To schedule a private lesson, call 972-466-6389.

ADULT TEAM TENNIS

OCTC is home to numerous men's, women's, mixed, and senior teams competing in USTA, TCD, and metro league play. Call 972-466-6389 if you are interested in joining an existing team or starting a new one.



FACILITY USE PRICES

**Fees are subject to change. View website for most accurate information.*

Court Fees

	Resident	Non-resident
Adult & Youth	\$3.50	\$5

Court fees are per person and are limited to 1 1/2 hours. Reservations are accepted up to three days in advance.

Ball Machine Rental

	Resident	Non-resident
1 Hour	\$15	\$17
30-Day Pass	\$50	\$55

Ball machine rental includes court fees for one person. Additional family members may join at no charge. Additional non-family members will incur regular court fee charges. Reservations are accepted up to three days in advance.

Satellite Tennis & Pickleball Court Fees

	Resident	Non-resident
1 Hour/Court	\$3	\$4.50

The City of Carrollton offers 14 satellite tennis and four satellite pickleball courts. Courts at unstaffed parks are available on a first-come, first-served basis. Court usage is free at all neighborhood sites as a walk-on, unless reserved. If you would like to secure a spot, courts may be reserved in one-hour increments through OCTC. The courts are available during park hours, which are 5am* to 10:30pm daily. Lights are available at all facilities. Parks & Recreation tennis classes may be scheduled at court locations; signage regarding class/league schedules will be posted at the courts when applicable. Reservations are accepted up to one week in advance, excluding same day reservations, which are not permitted.

**OCTC asks that you be considerate to the neighbors with boisterous play prior to 7am.*

Reservations are accepted up to one week in advance. Day-of reservations are not permitted. Reservations are non-refundable. However, OCTC accounts will be credited for all cancellations made within 24 hours of the reservation.

Pickleball

The pickleball craze has made its way to Carrollton! Join the fun by getting started with the City's beginner classes or, with prior experience, jump right into the intermediate level.

Carrollton is home to four lighted outdoor satellite courts. Courts at unstaffed parks are available on a first-come, first-served basis. Pickleball court usage is free at all neighborhood sites as a walk-on. However, if you would like to ensure a reservation, all courts may be reserved in one-hour increments through OCTC. The courts are available during park hours, which are 5am to 10:30pm daily. Lights are available at all facilities. Parks & Recreation pickleball classes, lessons, and leagues may be scheduled at court locations; signage regarding class/league schedules will be posted at the courts when applicable. Reservations are accepted up to one week in advance, excluding same-day reservations, which are not permitted.

SUMMER 4-WEEK SESSION DATES:

Session 1	May 30-June 24 (no class May 29 th)
Session 2	June 26-July 22
Session 3	July 24-August 19

Classes meet once a week for four weeks.

Location: Martha Pointer Park, 2742 Scott Mill Road
Rhoton Park, 2250 Ridgedale Drive

**check the OCTC website for class location*

Fees: \$60 per session/one 60 min. class per week

Drop-in rates: \$20

BEGINNER:

Tuesday	10-11am and 7-8pm
Thursday	10-11am and 6-7pm
Saturday	10-11am

ADVANCED BEGINNER:

Tuesday	11am-12pm and 8-9pm
Thursday	11am-12pm and 7-8pm
Saturday	11-12pm

INTERMEDIATE:

Saturday	12-1pm
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Adult Tennis Classes

The OCTC Adult Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or canceled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made up based on availability. Contact OCTC first to check availability for any makeup classes.
- All class makeups must be completed during the current session.
- Inclement weather cancellations that cannot be made up will be issued a credit at the conclusion of the session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

Location: Oak Creek Tennis Center
Fees: \$110 per session/one 90 min. class per week
Drop-in rates: \$26 per 90 min. class

Drop-ins allowed are based on availability and pro approval.

SUMMER SESSION DATES:

Session 1:	May 22-June 24 *No class on May 29
Session 2:	June 26-July 29 *No class on July 4
Session 3:	July 31-September 2

Classes meet once a week for five weeks.

BEGINNER: NTRP 2.0-2.5

Monday	6-7:30pm
Wednesday	9-10:30am
Wednesday	7:30-9pm
Friday	10:30-12pm
Saturday	9-10:30am

ADVANCED BEGINNER: NTRP 2.5-3.0

Monday	6-7:30pm
Wednesday	9-10:30am
Wednesday	7:30-9pm
Friday	10:30-12pm
Saturday	9-10:30am

INTERMEDIATE 1: NTRP 3.0-3.5

Tuesday	7:30-9pm
Wednesday	10:30-12pm
Thursday	6-7:30pm
Friday	9-10:30am
Saturday	12-1:30pm

INTERMEDIATE 2: NTRP 3.5-4.5

Tuesday	6-7:30pm
Wednesday	10:30-12pm
Thursday	7:30-9pm
Friday	9-10:30am
Saturday	10:30-12pm

ADVANCED DRILLS (NTRP 4.5+)

(PREREQUISITE: INTERMEDIATE 2 CLASS OR PRO APPROVAL)

A variety of high-octane drills conducted by USPTA certified tennis professionals are specifically geared for players who have dependable strokes with directional control. Fast-paced drills are excellent for league and tournament players wanting to hit balls. **Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. Class minimum is three players.**

DAY	TIME	LEVEL	COST
Monday	7:30-9pm	4.5 and above	\$22
Wednesday	6-7:30pm	4.5 and above	\$22
Saturday	12-1:30pm	4.5 and above	\$22

CARDIO TENNIS (NTRP 3.5-4.0)

This fast-paced drill is sure to get you moving. The cardio tennis drills will keep you on your toes for the entire 1½ hours. **Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged.**

DAY	TIME	LEVEL	COST
Monday	7-8:30pm	3.5-4.0 (Intermediate)	\$22
Wednesday	6-7:30pm	3.5-4.0 (Intermediate)	\$22

Adult Tennis Events

"2ND SATURDAY" DOUBLES MIXER

No partner is necessary since we provide the pairings for you. Players are grouped according to NTRP level (2.5-5.0). Format consists of timed rounds of progressive partner doubles. Snacks, soft drinks, dinner, and prizes are provided. **Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. If minimums are not met, cancellation will be one day before the mixer starts. Join us on the second Saturday of each month (6/10, 7/8, & 8/12) for this popular event.**

DAY	TIME	LEVEL	COST
2nd Saturday	6-8:30pm	All	\$25

Adult Tennis Leagues

LEAGUE SESSION DATES:

Session 1: May 29-July 15
 Session 2: July 31-September 16

* Leagues meet once a week for seven weeks.

SINGLES LEAGUES

Play the best of three sets, no-ad scoring.

LEAGUE	TIME	COST
Ladies 3.5-Wednesday	7:30-9:30pm	\$25
Ladies 3.5/4.0-Thursday	7:30-9:30pm	\$25
Men's 4.0-Tuesday	7:30-9:30pm	\$25
Men's 4.0-Thursday	7:30-9:30pm	\$25

DOUBLES LEAGUES

Players sign up as individuals and play one set with each of the other three players on the court, up to an eight-game maximum. Regular scoring is used with a tiebreaker played at 4-4. Rotating groups ensure different partners each week.

LEAGUE	TIME	COST
Ladies Progressive 3.0-Monday	7:30-9:30pm	\$25 Ladies
Progressive 3.5/4.0-Wednesday	7:30-9:30pm	\$25 Ladies
Progressive 3.0/3.5-Friday (MORNING)	9-11am	\$25 Men's
Progressive 3.5-Monday	7:30-9:30pm	\$25 Men's
Progressive 4.0-Wednesday	7:30-9:30pm	\$25

MIXED DOUBLES LEAGUES

Play the best of three sets, no-ad scoring.

LEAGUE	TIME	COST
Mixed Doubles (FIXED PARTNER) 3.5/4.0-Sunday	10-12pm	\$25



Junior Tennis

The OCTC Junior Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or canceled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made up based on availability. Contact OCTC to check availability for any makeup classes.
- All class makeups must be completed during the current session.
- Inclement weather cancellations that cannot be made up will be allowed to carry forward the makeup into the following session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

Youth Tennis Camps

Players must wear athletic shoes (please bring non-marking soled shoes). Players are encouraged to wear sunscreen, comfortable athletic clothes, and a hat. Ice water is provided. All-day campers should bring or make arrangements for lunch. Camp-approved tennis racquets and equipment are available in the pro shop.

Location:	Oak Creek Tennis Center
Fees:	\$65 (Red Ball) per session/four 60 min. classes/week \$150 (Orange Ball, Mean Green Ball, & Instructional Player Development) per session/four 180 min. classes/week \$95 (Orange Ball, Mean Green Ball, & Instructional Player Development) per session/four 90 min. classes/week \$170 (Competitive-Advanced) per session/four 180 min. classes/week

WEEKLY CAMP SESSIONS:

Session 1:	May 30-June 2 (Tu-Fri, closed Monday, May 29 for Memorial Day)
Session 2:	June 5-8
Session 3:	June 12-15
Session 4:	June 19-22
Session 5:	June 26-June 29
Session 6:	July 3, 5, 6, 7 (no camp July 4)
Session 7:	July 10-13
Session 8:	July 17-20
Session 9:	July 24-27
Session 10:	July 31-August 3
Session 11:	August 7-10

TINY SHOTS CAMP

This camp is designed to stimulate, challenge, and appeal to budding tennis players. Children will learn motor skills necessary to play tennis and other sports throughout their lives. Students will use the red USTA-approved low-compression ball. The 36' court will also be used.

AGE	DAY	TIME	SESSIONS
4-6	M-Th	8:30-9:30am	1-11

ORANGE BALL CAMP (10 YRS & UNDER BEGINNER/INTERMEDIATE)

Basic tennis skills are learned while using the orange ball on the 60' court. Orange balls have a slightly softer bounce than regular balls, allowing students to learn at a quicker rate with the correct technique. Players may attend half-days all week (1½ hrs/day) or full-days all week (3 hrs/day). Players need 25-inch racquets and non-marking shoes.

AGE	DAY	TIME	SESSIONS
7-10	M-Th	9:30am-12:30pm	1-11
7-10	M-Th	9:30-11am	1-11

MEAN GREEN BALL CAMP (10 YRS & UNDER INTERMEDIATE/ADVANCED)

Players will work on stroke technique and point play in game situations under supervision of tennis staff. Games such as singles and doubles attack drills along with full-court rotation will be implemented. Players may attend half-days all week (1½ hrs/day) or full-days all week (3 hrs/day). Participants will be grouped by ability and focused on improving tournament play.

AGE	DAY	TIME	SESSIONS
7-10	M-Th	9:30am-12:30pm	1-11
7-10	M-Th	9:30-11am	1-11

INSTRUCTIONAL PLAYER DEVELOPMENT CAMP (11 YRS & UP BEGINNER/ADVANCED BEGINNER)

This camp is a great way to learn to hit the ball, gain confidence, meet others, and begin to play tennis matches while having fun. Focus is on the fundamentals of the game and technical development. The camp provides excellent regular fitness for kids. Players may attend half-days all week (1½ hrs/day) or full-days all week (3 hrs/day).

AGE	DAY	TIME	SESSIONS
11-18	M-Th	9:30am-12:30pm	1-11
11-18	M-Th	11am-12:30pm	1-11

COMPETITIVE-ADVANCED CAMP

This program is designed for players participating in champ, superchamp, or varsity high school teams. The camp emphasizes advanced tactics, movement, and tournament-level competition. Players in this group are required to play tournaments throughout the year. Travel teams available for out-of-town tournaments. Approval needed by Junior Director.

AGE	DAY	TIME	SESSIONS
11-18	M-Th	9:30am-12:30pm	1-11

Youth Tennis Classes

MONTHLY NIGHT/WEEKEND

(Available for players unable to attend morning camps)

Location:	Oak Creek Tennis Center
Fees:	\$70 per session/one 60 min. class per week
	\$115 per session/two 60 min. classes per week
	\$150 per session/three 60 min. classes per week
	\$95 per session/one 90 min. class per week
	\$175 per session/two 90 min. classes per week
	\$240 per session/three 90 min. classes per week
	\$250 per session/two 120 min. classes per week
	\$330 per session/three 120 min. classes per week
	\$390 per session/four 120 min. classes per week

Prices are for four weeks. For multiple day sign-ups, be specific as to which days.

SUMMER MONTHLY 4-WEEK SESSION DATES:

Session 1	May 30-June 24 (no class May 29)
Session 2	June 26-July 22
Session 3	July 24-August 12 (3-week session)

TINY SHOTS TENNIS

This class is designed to stimulate, challenge, and appeal to budding tennis players. Children will learn motor skills necessary to play tennis and other sports throughout their lives. Students will use the red USTA-approved low-compression ball. The 36' court will also be used. Sign up for one or two days per week.

AGE	DAY	TIME	SESSIONS
4-6	M	6-7pm	1, 2, 3
4-6	Tu	6-7pm	1, 2, 3
4-6	W	6-7pm	1, 2, 3
4-6	Th	6-7pm	1, 2, 3
4-6	Sa	8:30-9:30am	1, 2, 3

ORANGE BALL

(10 YRS & UNDER BEGINNER/INTERMEDIATE)

This is an introductory class. Basic tennis skills are learned while using the orange ball on the 60' court. Orange balls have a slightly softer bounce than regular balls, allowing students to learn at a quicker rate with the correct technique. Players need a 25-inch racquet and non-marking shoes.

AGE	DAY	TIME	SESSIONS
7-10	M	7-8:30pm	1, 2, 3
7-10	Tu	7-8:30pm	1, 2, 3
7-10	W	7-8:30pm	1, 2, 3
7-10	Th	7-8:30pm	1, 2, 3
7-10	Sa	9-10:30am	1, 2, 3

MEAN GREEN BALL

(10 YRS & UNDER INTERMEDIATE/ADVANCED)

This class is designed for intermediate level players participating in USTA events and tournaments and emphasizes advanced spins and court movement/tactics. Players in this group are required to play tournaments throughout the year and set goals for their improvement. Two day/week minimum attendance required for skill development. Approval needed by Junior Director, Tennis-specific shoes are required. Sign up for two or three days per week.

AGE	DAY	TIME	SESSIONS
7-10	M	7-8:30pm	1, 2, 3
7-10	Tu	7-8:30pm	1, 2, 3
7-10	W	7-8:30pm	1, 2, 3
7-10	Th	7-8:30pm	1, 2, 3
7-10	Sa	10:30am-12pm	1, 2, 3

INSTRUCTIONAL PLAYER DEVELOPMENT

This is a great way to hit the ball, gain confidence, and begin learning skills to advance to higher-level play. After learning skills, players advance to junior development level. Sign up for one to three days per week. **Beginner to Advanced-Beginner.**

AGE	DAY	TIME	SESSIONS
11-18	M	7-8:30pm	1, 2, 3
11-18	Tu	7-8:30pm	1, 2, 3
11-18	W	7-8:30pm	1, 2, 3
11-18	Th	7-8:30pm	1, 2, 3
11-18	Sa	10:30am-12pm	1, 2, 3

Visit Carrollton Leisure Facilities

You're never far from a Carrollton park or leisure facility!



Download Carrollton's Trail App at cityofcarrollton.com/trailapp to find a trail near you!

SATURDAYS ON THE SQUARE 2023 SCHEDULE

MAY 13 **GAME NIGHT**
6-8 pm Hang out, play family-friendly games, and meet new people on the Square.

JUNE 10 **SUCCULENT SATURDAY**
6-8 pm Have some plant-friendly fun at this DIY potting bar event while supplies last.

JULY 8 **CHRISTMAS IN JULY**
6-8 pm Enjoy holiday-themed activities during the most wonderful time of the summer.

AUG. 12 **BACK TO SCHOOL BINGO**
6-8 pm Play for a chance to win school supplies.

SEP. 9 **OUTDOOR MOVIE**
Sunset Enjoy a family-friendly movie under the stars.

OCT. 14 **HISPANIC HERITAGE MONTH**
5-7 pm Celebrate the history and culture with live entertainment, games, crafts, and more.

NOV. 11 **COCOA FOR COATS**
5-7 pm Donate your coats and winter garments in exchange for a warm cup of cocoa.

DEC. 9 **COOKIE DECORATING**
5-7 pm Decorate Christmas cookies while you shop for those last-minute gifts.

   [cityofcarrollton.com/downtown](https://www.cityofcarrollton.com/downtown)

Held the
2nd Saturday
of the month



CITY GENERAL ELECTION • MAY 6

Elección generales de la Ciudad • 6 de mayo
Cuộc Tổng tuyển cử Thành phố • ngày 6 tháng 5

For voting dates, times, and locations, visit your County's election website.
Para fechas, horarios y lugares de votación, visite el sitio web de elecciones de su condado.
Để biết ngày, giờ và địa điểm bỏ phiếu, hãy truy cập trang web bầu cử của Hạt quý vị.

[cityofcarrollton.com/elections](https://www.cityofcarrollton.com/elections)

dallascountyvotes.org | votedenton.gov | collincountytx.gov/elections

LEISURE

CALENDAR



May-August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

May

- 4 May the 4th Be With You Event, Downtown Carrollton, 972-466-9135
- 4 Cinco de Mayo celebration, Hebron & Josey Library, 972-466-4800
- 10 Metrocrest Job Fair, Josey Ranch Lake Library, 972-466-4800
- 13 Saturdays on the Square: Game Night, Downtown Carrollton, 972-466-9135
- 20 Chalk Art Festival, Mary Heads Carter Park, 972-466-9815
- 24 Public Works Week Equipment Rodeo, Josey Ranch Lake Library, 972-466-4291
- 29 Memorial Day Holiday (visit cityofcarrollton.com for closure details)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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June

- 1 Summer Reading Challenge, June 1-August 1, 972-466-4800
- Summer Lunch & Snack Program, Crosby and Rosemeade Recreation Centers, 972-466-9816
- 3 Youth Fishing Day, Josey Ranch Park Pond, 972-466-9811
- 10 Saturdays on the Square: Succulent Saturday, Downtown Carrollton, 972-466-9135
- 16 Special Needs Swim Night, Rosemeade Rainforest, 972-466-9816
- 17 Paws on the Square, Downtown Carrollton, 972-466-9135



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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23 30	24 31	25	26	27	28	29

July

- 1 National Park and Recreation Month Hide-and-Seek Challenge at Parks, Trails, and Facilities across Carrollton, 972-466-3080
- 3 Independence Day Concert, Carrollton Senior Center, 972-466-4850
- 3 Independence Day Fireworks Show, Josey Ranch Lake, 972-466-4850
- 4 Fourth of July Holiday (visit cityofcarrollton.com for closure details)
- 8 Saturdays on the Square: Christmas in July, Downtown Carrollton, 972-466-9135
- 15 Swim-in Cinema: *Luca* (2021), PG, Rosemeade Rainforest, 972-466-9804
- 29 Special Needs Swim Night, Rosemeade Rainforest, 972-466-9816



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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August

- 4 End of Summer Reading Challenge Party (by invitation only), Rosemeade Rainforest, 972-466-4800
- 12 Saturdays on the Square: Back to School Bingo, Downtown Carrollton, 972-466-9135
- Summer Lunch & Snack Program Ends, Crosby and Recreation Centers, 972-466-9816

