

LEISURE

CONNECTIONS

JANUARY-APRIL 2023



Register for Classes and Events Now!





special needs

spring bash

Sat., April 8
11am-2pm

Josey Ranch Sports Complex Field #6

See page 24 for details.

**Get ready for giant
games, a fire truck,
and a FREE lunch.**

(for individuals of all abilities)



From the Parks & Recreation Director

Welcome to the City of Carrollton's guide to family fun! *Leisure Connections* lists all the activities, classes, events, recreation, and good times to be found within this great City of ours. Spring into fun this season at one of the City's many events, such as TExFest, the Special Needs Bash, and the Elm Fork Ladybug Release. The Parks & Recreation Department is continuously seeking new and better ways to engage the community with rewarding experiences. Carrollton provides many opportunities to stay fit this winter and spring, so let 2023 be the year to keep those resolutions. Outdoor, indoor, and virtual programming provides residents the opportunity to stay healthy, regardless of their fitness level and preference for exercise. Make sure to register for the annual Carrollton Trails 5K Run and 1-Mile Fun Run/Walk. We love our trails and we know you will, too! Let's not forget about the animals either this season. Join in the furry fun at Carrollton's annual Run for Rover race this February. All proceeds from the race directly benefit the animals in the Carrollton Animal Services & Adoption Center. Remember Saturdays on the Square in March.

Scott Whitaker, Carrollton Parks & Recreation Director

On the cover ...

Join us for the annual TExFest on Saturday, March 4 from 3-9pm. This free event showcases all things Texas and will include concerts, vendors, games, and even a photo opportunity with a live longhorn. Yee-haw! For more information, see the Community Events section on page 22.



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Register for events and classes online
at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 21.

Non-resident registration begins December 5.

Classes begin January 3.



A.W. PERRY HOMESTEAD MUSEUM (AWP) (PAGE 8)

1509 N. Perry Road

972-466-6380

cityofcarrollton.com/museum

facebook.com/PerryHomesteadMuseum

For more information or group tour
reservations, call or visit online.
Free admission.

Hours: Tu-Th, Sa, 11am-1pm



CARROLLTON SENIOR CENTER (SRC) (PAGE 9)

1720 Keller Springs Road

972-466-4850

cityofcarrollton.com/seniorcenter

Amenities: Three 9' Billiard Tables
Big Screen TV • Fitness Cardio/ Strength Room
Aerobics • Wii Games • Arts & Crafts Room
Piano & Music Room • Stage • Dance Floor
Variety of Table Games, Puzzles, & Books
Large Day Room Area with Tables & Chairs
Free Wi-Fi

Hours: M/W/F 7am-5pm
Tu 7am-7:30pm
Th 7am-9:30pm
Sa 9am-1pm
Su Closed

Holiday Hours:
Open 1/2 & 1/16, 10am-4pm

Outdoor Amenities: Pond with Walking Track
Outdoor Patio • Half Basketball Court • Cornhole



CROSBY RECREATION CENTER (CRC)

1610 E. Crosby Road

972-466-9810

cityofcarrollton.com/crosby

Amenities: Gymnasium • Weight/Cardio
Room • Functional Fitness Gym • Esports
Room • Game Room/Snack Area
Public Computers • Video Games
Ping-Pong • Two Pool Tables • Board Games
Locker Rooms w/Showers • Pickleball
Outdoor Public Playground • Free Wi-Fi

Hours: M-F 6am-9pm
Sa 9am-6pm
Su Closed

Holiday Hours:
Open 1/2 & 1/16, 10am-4pm

PARKS & RECREATION ADMINISTRATION

1610 E. Crosby Road

972-466-3080

cityofcarrollton.com/parksandrec

Event Hotline: 972-466-9135

Hours: M-Th 7:30am-5:30pm
F 7:30-11:30am

Holiday Hours:
Closed 1/2 & 1/16



INDIAN CREEK GOLF CLUB (PAGE 34)

1650 W. Frankford Road

972-466-9850

indiancreekgolfclub.com

facebook.com/indiancreekgolfclub

instagram.com/indiancreekgolfclub_dfw

twitter.com/IndianCreek_gc

Hours: M-Su Sunrise to
Sunset

Holiday Hours:
Closed 12/25

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports



LIBRARY AT HEBRON & JOSEY (H&J) (PAGE 14)

4220 N. Josey Lane
(at Hebron Parkway)
972-466-4800
cityofcarrollton.com/library
facebook.com/carrolltonpubliclibrary
instagram.com/carrolltonxlib
twitter.com/CarrolltonTxLib
youtube.com/cityofcarrolltonx

Hours:	Su	1-5pm
	M	10am-8pm
	Tu	10am-8pm
	W	10am-8pm
	Th	10am-8pm
	F	Closed
	Sa	10am-5pm

Library Closures:
Closed 1/1, 1/16, 2/20, & 4/9



LIBRARY AT JOSEY RANCH LAKE (JRL) (PAGE 14)

1700 Keller Springs Road
(west of Josey Lane)
972-466-4800
cityofcarrollton.com/library
facebook.com/carrolltonpubliclibrary
instagram.com/carrolltonxlib
twitter.com/CarrolltonTxLib
youtube.com/cityofcarrolltonx

Hours:	Su	1-5pm
	M	10am-8pm
	Tu	10am-8pm
	W	10am-8pm
	Th	Closed
	F	10am-5pm
	Sa	10am-5pm

Library Closures:
Closed 1/1, 1/16, 2/20, & 4/9



OAK CREEK TENNIS CENTER (OCTC) (PAGE 41)

2531 Oak Creek Drive
972-466-6389
oakcreektenniscenter.com
Players should call 972-466-6389 (option 1) for the status of programs.

Fall Hours

End February 19	
M-Th	9am-10pm
F	9am-8pm
Sa	8:30am-6pm
Su	10am-7pm

Winter Hours

Begin February 20	
M-Th	8:30am-10pm
F	8:30am-8pm
Sa	8:30am-6pm
Sun	10am-7pm

Holiday Hours: Closed 1/1 & 4/9

Courts may be closed due to inclement weather and/or lack of court demand.



ROSEMEADE RECREATION CENTER (RRC)

1330 E. Rosemeade Parkway
972-466-9800
cityofcarrollton.com/rosemeade

Hours:	M-F	5:30am-9pm
	Sa	9am-6pm
	Su	Noon-6pm

Amenities: Two Gymnasiums

Weight Room • Cardio Room • Spin Room • Four Racquetball Courts
Game Room/Snack Area • Dance/Fitness Studio • Outdoor Playground
Locker Rooms w/Showers • Video Games • Pool Table • Ping-Pong
Board Games • Pickleball • Free Wi-Fi

Holiday Hours:

Open	1/2 & 1/16, 10am-4pm
Closed	1/1 & 4/9

**FEES ARE
SUBJECT TO CHANGE**

Membership

**CHECK WEBSITE FOR
CURRENT PRICING**



MEMBERSHIP FEES

Annual Resident/
Non-resident 3-month Resident/
Non-resident

Memberships are also valid at the Carrollton Senior Center for members age 50+.

Senior 65+	\$45/\$70	\$25/\$35
Adult 16-64	\$115/\$165	\$50/\$65
Youth 9-15	\$40/\$65	\$20/\$30
Family/Group*	\$200/\$285	\$75/\$105
Additional Member	\$20/\$25	\$10/\$15

1 Month Membership \$20 Resident/\$25 Non-resident

Replacement Card \$5

*Includes four members. All members must reside at the same address.

Active military members **on leave** can use any center for \$5 for the duration of their leave. Military leave orders must be shown.

Senior Center: ONLY valid at the Carrollton Senior Center.

Senior 50-59	\$25/\$40	\$9/\$15
Senior 60-69	\$15/\$30	\$6/\$11
Senior 70+	\$10/\$25 (lifetime fee)	

Replacement Card \$5

Library: City of Carrollton, Denton County, Farmers Branch and partner-city residents receive annual membership benefits free of charge.

Resident	Non-resident*
\$0	\$40

Replacement Card \$1*

*Fee for non-resident card is not refundable.

DAILY PASSES

Resident Non-resident

Rosemeade and Crosby Recreation Centers

Senior 65+	\$5	\$8
Adult 16-64	\$7	\$10
Youth 9-15	\$5	\$8

Senior Center

Senior 50+	\$2	\$5
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**Memberships and daily fees are subject to change.
Visit cityofcarrollton.com for the most up to date fees.**

REFUND POLICY

Refund policies may vary for different classes, sports, and events. Refer to the Parks & Recreation general information page on the website or see front desk staff at any facility for more information.

ACCESSIBILITY ACCOMMODATION REQUEST

The City of Carrollton is proud to comply with the Americans with Disabilities Act. We continuously strive to create an environment in which all participants, with or without disability, feel safe, secure, and without obstacle to participate in any City program or event. For assistance, call 972-466-4862 at least two weeks prior to the start of a program or event.

Adaptive programming and events can be found on pages 26-27.

FINANCIAL ASSISTANCE FOR PROGRAMS AND MEMBERSHIPS

In an effort to stand by our mission, to "provide innovative, diverse, and quality recreation and leisure opportunities for everyone, while preserving City parks and natural resources," Carrollton Parks & Recreation provides financial assistance to qualifying residents for all Parks & Recreation classes, programs, and facility fees. Call 972-466-9813 for more information.

Facility Rentals

Looking for that perfect location for a meeting or a place to celebrate a special occasion?
 Look no further than the City of Carrollton.
 Ask about rental rates and book your next event close to home.



INDOOR FACILITIES

Facility room occupancy varies from a classroom of 15 to a ballroom of 700. Call or visit the website for detailed information.

Carrollton Senior Center*

972-466-4850 • 1720 Keller Springs Road
 5 rooms ranging in capacity and a kitchen that may be added to any rental

Crosby Recreation Center*

972-466-9810 • 1610 E. Crosby Road
 3 rooms ranging in capacity, 1 gymnasium, esports room, and a kitchen that may be added to any rental

Hebron & Josey Library**

972-466-4800 • 4220 N. Josey Lane
 2 rooms ranging in capacity

Indian Creek Golf Club Clubhouse*

972-466-9859 • 1650 W. Frankford Road
 Provides a great view of the golf course

Josey Ranch Lake Library**

972-466-4800 • 1700 Keller Springs Road
 3 rooms ranging in capacity

Rosemeade Recreation Center

972-466-9800 • 1330 E. Rosemeade Parkway
 2 classrooms ranging in capacity with one that includes a kitchen, 2 gymnasiums, and a dance room

OUTDOOR FACILITIES

of People

A.W. Perry Homestead Museum* 100
 972-466-3080 • 1509 N. Perry Road

Historic Downtown Carrollton Gazebo*** 50
 972-466-3080 • 1106 S. Broadway Street

Indian Creek Golf Club Pavilion 100
 972-466-9850 • 1650 W. Frankford Road
 Provides a great view of the golf course

Pavilion at Mary Heads Carter Park 120
 972-466-3080 • 2320 Heads Lane

Sports Fields Varies
 972-466-3083 • (various locations)
 (other fees such as field preparation and lighting may apply)

* Alcohol allowed with additional permitting

** For Library meeting rooms, visit cityofcarrollton.com/library.

*** Special Event Permit required for events with more than 50 people; call 972-466-9800.



cityofcarrollton.com/rentals

Themed Birthday Parties

Carrollton has you covered. Check out the City's two-hour themed party package!

RECREATION CENTERS OR A.W. PERRY HOMESTEAD MUSEUM

Celebrate your child's birthday at the Rosemeade Recreation Center, Crosby Recreation Center, or the A.W. Perry Homestead Museum. Location depends on space availability. **You bring the guests, Carrollton Parks & Recreation does the rest.** Party amenities include party host, one hour of organized activity, one hour for party festivities, paper goods, decorations, cake, lemonade, and a special gift for the birthday child. Full payment, as well as damage deposit, is due at time of booking. Bookings made less than 30 days from the event date will be subject to approval by the Recreation Coordinator.

To schedule your next party with Carrollton Parks & Recreation, email RecRentals@cityofcarrollton.com.



THEMES

- ballerina • cars • Elmo • luau
- Teenage Mutant Ninja Turtles
- PAW Patrol Pirates • princess • Sesame Street
- sports • superhero • Star Wars
- western • zoo animals

If you don't see the theme you want, let us know.

COST

- Security deposit \$50
- 1-10 children \$175
- 11-20 children \$200
- 21-30 children \$225
- 31-40 children \$250
- 40+ children \$275
- Pricing for Esport Packages p. 36

A.W. Perry Homestead Museum

1509 N. Perry Road • 972-466-6380 • cityofcarrollton.com/museum

Open Tuesday through Thursday and Saturday • Tours between 11am-1pm or by appointment

Located within beautiful Pearl Perry Gravley Park, the A.W. Perry Homestead Museum offers a glimpse of life as it was in North Central Texas at the turn of the 20th century. A.W. and Sarah Perry were pioneer homesteaders of the Peters Colony who arrived here in 1844 from Carrollton, Illinois. They built a house on the site in 1857. In 1909, their son Dewitt Perry and his wife Francis tore down the first house and used some of the lumber to build the present-day home. This structure is now the Museum, restored in 1976 as the community's U.S. Bicentennial celebration project and designated as a State Historic Landmark in 1977 by the Texas Historical Commission.



PERRY SPECIAL EXHIBITS

The A.W. Perry Homestead Museum is proud to begin offering special exhibits. Twice a year, the Museum will display focused exhibits on various historical topics during the Victorian period. The new body of work will bridge historical research with artifact interpretation, so a visit to the Museum will teach visitors so much more about the past. For parents and teachers, an educational packet will be available for kids and students. Check the Museum's social media for updates and details at facebook.com/PerryHomesteadMuseum.

"If you don't know where you've come from, you don't know where you're going." ~ Maya Angelou

SCHOOL AND GROUP TOURS

The guided tour begins at the state historical marker and continues through the 1909 farmhouse with antique furnishings, where you will discover daily life as it was in Carrollton at the turn of the 20th century. School tours are aligned with the Texas Essential Knowledge and Skills (TEKS) standards for each grade level. To schedule a school or group tour, contact the Museum two weeks before your requested tour date. Group tours are free, but donations are accepted. Call 972-466-9811 to make a reservation or register online at cityofcarrollton.com/museum.

TRAVELING TRUNKS

The A.W. Perry Homestead Museum provides trunks to local schools as a FREE service. Each trunk contains hands-on artifacts for students

HISTORY MYSTERY TRUNKS are designed for grades three, four, and five. Students will uncover the past using artifacts, learn the basic principles of material culture, and observe and analyze objects in the trunk in order to discover their uses.

*Wildflower Watch
Month of April - See page 24.*



to examine and an activity guide for teachers. All activities are TEKS-aligned according to state-mandated curriculum guidelines.

SCHOOL DAYS TRUNKS are designed for grades one, two, and three. Students will compare and contrast how education has changed over the past 150 years, try on pioneer clothing, and even imagine what it will be like to go to school in the future.

Call the A.W. Perry Homestead Museum today at 972-466-9811 to reserve a trunk for your class.

Senior Center

1720 Keller Springs Road • 972-466-4850

cityofcarrollton.com/seniorcenter • facebook.com/groups/carrolltonseniors

Carrollton Senior Center Advisory Council (CSCAC)

Meets first Tuesday • 11am

Jim Rogers - President • Jesse Alvarado - Vice President • Ruth Nelson - Secretary • Don Couch - Treasurer
John Storey - Welfare Liaison • Jo Anne Blair, Cathy John, Judy Reichenbach, and Judy Vaughn

CARROLLTON SENIOR CENTER ADVISORY COUNCIL MEETING

The CSCAC is comprised of elected members of the Carrollton Senior Center who meet to discuss welfare of members, upcoming events, programs, classes, and other Senior-related issues. In addition, the CSCAC advises Carrollton City staff on member preferences to Senior Center related topics such as facility design and layout, programs and events offered, and various facility operations. All Senior Center members are welcome to attend. **Held monthly on the first Tu (1/3, 2/7, 3/7, & 4/4), 11am.**

MEDICARE CARD LAMINATION

A continuing project, the CSCAC offers free lamination of new Medicare cards. Check the entry credenza for dates and times that CSCAC members will be available to protect this valuable health care identification card.

NEW MEMBER TOUR

New to the Senior Center? Find out what it's all about and receive a tour by a member of the CSCAC. They can answer questions and show you everything the Carrollton Senior Center has to offer. **Held weekly, M-F, 2-3pm.**

VETERANS' VOICES

Preserve the memories of family and loved ones for all time. Veterans' Stories keep the recollections alive and shared with new generations. If you have stories, news clippings, or pictures about veterans and warriors you would like to see preserved for our community, contact one of the CSCAC members to make an appointment to review documentations and photos that tell the amazing stories of friends and families. Photos and other documents may be reproduced, but all will be returned to you.

ALL SENIOR CENTER PROGRAMS AND EVENTS ARE FOR SENIORS 50 AND OLDER AND HELD AT THE CARROLLTON SENIOR CENTER UNLESS OTHERWISE SPECIFIED.

Seniors on Tour

The Senior Center is excited to be able to offer trips. These outings come with lots of laughs while visiting exciting places in the area. Trips are always escorted by a Parks & Recreation staff member. For updates on trips, follow the Senior Center at facebook.com/groups/carrolltonseniors.

WESTERN CANADA'S ROCKIES, LAKES, & WINE COUNTRY

Trip Dates: September 22-30, 2023; Register by March 15, Space is Limited. Behold beautiful views and welcoming cultures as the journey crosses the Canadian Rockies – from Calgary to Vancouver. Discover the cowboy spirit at a local ranch before enjoying a traditional Albertan BBQ. Stay in and drive through scenic Banff National Park. Stand before the turquoise waters of Lake Louise. Understand the history and importance of the Canadian Pacific Railway at Revelstoke Railroad Museum. Spend two nights in the Okanagan, a fertile valley best known as British Columbia's wine country. Explore Vancouver and discover its many gems and outstanding cuisine. Soaring peaks to sparkling lakes, wine country to cowboy culture, get to know the spirit of Western Canada. **Double occupancy cost is \$4,348/person, single is \$5,548 /person. A deposit of \$899 per person (which includes cancellation waiver and insurance) is due upon reservation.**



DAY TRIPS

Explore entertaining and educational sites in North Texas with the Carrollton Senior Center. **The Senior Center is not responsible for refunds for trips that are cancelled due to inclement weather when rescheduling is not available. Preregistration is required as space is limited.**

CLASS#	DATES	DESTINATION	DAY	TIME	\$(RES/NR)
102020-01	1/27	Fort Worth Rodeo	W	12:45-5pm	\$35/\$38.50
102020-10	2/22	Perot Museum	W	9:45am-1:30pm	\$30/\$33
102020-20	3/29	Fort Worth Zoo	W	10:30am-3:30pm	\$15/\$16.50
102020-30	4/27	Spectacular Follies	Th	1-4:30pm	\$40/\$44

OUT TO LUNCH

Join the Carrollton Senior Center for a good time at a local restaurant. Lunch is on your own. Everyone meets at the restaurant at 11am. **Limited transportation is available for a fee of \$3 (res)/\$3.50 (non-res). Participants will need to bring money for lunch. Preregistration is required by everyone attending so that the restaurant will have an accurate head count.**

CLASS#	DATES	DESTINATION	DAY	TIME	\$(RES/NR)
102010-00	1/27	Uncle Julio's	F	11am	Dutch
102010-10	2/24	16150 Dallas Parkway #4, Dallas	F	11am	Dutch
102010-20	3/24	Ford's Garage 3904 N. Dallas Parkway, Plano	F	11am	Dutch
102010-30	4/28	Olive Garden 4240 Belt Line Road, Addison	F	11am	Dutch
		Lefty's Lobster and Chowder House 4021 Belt Line Road, Addison	F	11am	Dutch

Senior Activities & Classes 50+

MONDAY		TUESDAY		WEDNESDAY	
7am	Walking	7am	Walking	7am	Walking
9am	Notary service (1/2, 2/6, 3/6, & 4/3)	9am	FUNctional Fitness \$	9am	Aerobics \$
9am	Dominoes	9am	Ceramics \$	9am	Dominoes
9:30am	Knit & Crochet rroup	9am	Dominoes	10am	We ♥ Our Seniors Lunch (1/4, 2/1, 3/1, & 4/5)
9:30am	Better Balance \$	10am	Health Screening (1/10, 2/14, 3/14, & 4/11)	10am	Book club (1/11, 2/8, 3/8, & 4/12)
10am	H&F Canasta	10:30am	Stretch \$	10:15 am	Bingo \$
11am	Aging Gracefully Yoga \$	12pm	Red Hat Society (1/3, 2/7, 3/7, & 4/4)	10:45 am	CSCAC Hot Dog Wednesday (1/11, 2/8, 3/8, & 4/12)
12:30pm	Cribbage	12:30pm	SKIP-DO	12:15pm	Lunch and Learn (1/18, 2/15, 3/15, & 4/19)
1pm	Bridge	12:30pm	Texas Hold 'Em Tournament (1/31, 2/28, 3/28, & 4/25)	12:30pm	Pinocle
1pm	Movie Monday (1/30, 2/27, 3/27, & 4/24)	1pm	Ping-Pong Group	1pm	Adult Coloring (1/18, 2/15, 3/15, & 4/19)
2:30pm	Fitness Equipment Orientation \$ (1/9, 2/13, 3/13, & 4/10)	1pm	Team Chair Volleyball	1pm	FUN Chair Volleyball
5pm	CLOSED	3pm	Reunion Hispana Group (1/17, 2/21, 3/21, & 4/18)	2:30pm	Drama Group
5pm	CLOSED	4pm	Guitar Jam Sessions	5pm	CLOSED
LEGEND:	\$ Fee required	7:30pm	CLOSED		

Activities & Classes

ADULT COLORING

Coloring may sound like a simple activity to ward off boredom, but it can improve your health. A research study found that adults 65 years old and older who engage in creative activities have better overall health, use less medication, and have fewer health problems. **Supplies are provided and no registration is required. Held monthly, W (1/18, 2/15, 3/15, & 4/19), 1pm.**

ART CLASS: YOU CAN OIL PAINT A MASTERPIECE

Even if you have never held a paintbrush or cannot draw a straight line, you will be amazed at the beautiful painting you can create in one inspiring lesson. Beginners learn the basics of color mixing, brushstrokes, and perspective while completing a landscape, seascape, or still life in this fun and easy class taught by master artist and award-winning instructor Robert Garden. **All supplies including canvas, paint, brushes, medium, easel, and instruction are provided and included in the fee. Bring paper towels and wear old clothes. For more information, visit robertgardenart.com. Deadline to register is three days before each class.**

CLASS #	THEME	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152090-10	Birch Trees in the Snow	1/20	F	1-4pm	1	\$35/\$36.50
152090-11	Moonlight on Padre	2/17	F	1-4pm	1	\$35/\$36.50
152090-12	Island Palms	3/24	F	1-4pm	1	\$35/\$36.50
152090-13	"Calla Lily" on Black Canvas	4/14	F	1-4pm	1	\$35/\$36.50

ART GROUP

Come get inspired by your peers, while you paint with others who love to paint. Participants must bring their own materials and go at your own pace. **Held weekly, F, 9am.**

BINGO

Play a game of chance in which each player has one or more cards printed with differently numbered squares on which to place markers when the respective numbers are drawn and announced by a caller. The first player to mark a complete row or other pattern of numbers is the winner. Bingo is played weekly. Arrive by 10:15am. Payment is to be made to the event organizers. **Held weekly, W, 10:15am, \$1/card.**



BOOK CLUB

Enjoy reading and want to share thoughts with other Seniors on a good book? Enrich the reading experience with some lively discussion.

DATE	DAY	TIME	BOOK AND AUTHOR
1/11	W	10am	<i>Wish You Well</i> by Davie Baldacci
2/8	W	10am	<i>West with Giraffes: A Novel</i> by Lynda Rutledge
3/8	W	10am	<i>Louisiana Longshot</i> by Jana DeLeon
4/12	W	10am	<i>The Nature of Fragile Things: A Novel</i> by Susan Meissner

CERAMICS

Students will learn how to clean, decorate, shape, mold, and glaze items. **Paint and firing ONLY are included in the class fee. No other supplies will be provided. Deadline to register is three days before each class.** Instructor: Postma

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152010-25	1/10-1/31	Tu	9-11:30am	4	\$33/\$36.50
152010-27	2/7-2/28	Tu	9-11:30am	4	\$33/\$36.50
152010-30	3/7-3/28	Tu	9-11:30am	4	\$33/\$36.50
152010-35	4/4-4/25	Tu	9-11:30am	4	\$33/\$36.50

THURSDAY		FRIDAY		SATURDAY	
7am	Walking	7am	Walking	10am	Tai Chi \$
9am	FUNctional Fitness \$	9am	Art Group	10am	Technology Saturday (1/7, 1/21, 2/4, 2/18, 3/4, 3/18, 4/1, & 4/15)
9am	Dominoes	9am	Dominoes		
9am	Scrabble	9:30am	Fitness Friday \$	1pm	CLOSED
10:30am	Stretch \$	10am	H&F Canasta		
10:30am	Quilting Group	11am	Aging Gracefully Yoga \$		
11am	Monthly Luncheons (1/19, 2/16, 3/16, & 4/20)	11am	Sing-Along Group (1/6, 1/20, 2/3, 2/17, 3/3, 3/17, 4/7, & 4/21)		
12:30pm	SKIP-DO	11 am	Out to Lunch (1/27, 2/24, 3/24, & 4/28)		
1pm	Ping-Pong Group	12:30pm	Pinochle		
1pm	FUN Chair Volleyball	1pm	Team Chair Volleyball		
1pm	Mahjong	1pm	Art Class \$ (1/20, 2/17, 3/24, & 4/14)		
1pm	Bridge				
1pm	Jazz & Blues Band Practice				
7pm	Senior Dance				
9:30pm	CLOSED	5pm	CLOSED		

CHAIR VOLLEYBALL

RECREATIONAL FUN PLAY

Stay active with a fun game of Chair Volleyball. Stay seated while stretching and laughing your way through a good time. Join today to enjoy a new sport and new friends. If you're looking for a little more competition, join the Team Chair Volleyball group. **Held weekly, W/F, 1pm.**

TEAM PRACTICE

Have you tried our fun play chair volleyball, and are you looking for a little more competition? Join the Chair Volleyball team. Stay seated while stretching and laughing your way through a good time. Team play includes some optional local tournaments that the team(s) can participate in. **Held weekly, Tu/F, 1pm.**

DRAMA GROUP: ACTORS COMING TOGETHER (ACT)

This talented group continues to entertain us with their hilarious performances. You don't need a particular talent to join, just a good sense of humor and desire to laugh. **Held weekly, W, 2:30pm.**

GUITAR JAM SESSIONS

Acoustic jam with no plug ins except bass and autoharp. Music is of all genres. Must know your basic chords before joining but welcome to sit in. Learning together and having fun. **Held weekly, Tu, 4pm.**

JAZZ & BLUES BAND PRACTICE

Join other musicians for an acoustic jam. Have fun playing music from a variety of genres. You must know basic chords before strumming along, but all are welcome to sit in. Only plug-ins for base and autoharp are allowed. **Held weekly, Th, 1pm.**

KNIT & CROCHET GROUP

If you like to knit and/or crochet, come join us. Work on your own project with your own yarn or use ours to make items for charity. We will help you with the basics. We have made hats, blankets, scarves, and baby items for hospitals and other charitable organizations. Enjoy the craft of knitting and/or crocheting and make some new friends. **Held weekly, M, 9:30am.**

NOTARY SERVICE

This is a free service offered to Senior Center members. A notary witnesses and authenticates signatures, administers oaths, verifies signatures, and takes affidavits for guests. Service provided by Maxine Pride. **Held monthly, M (1/2, 2/6, 3/6, & 4/3), 9am.**



FREE>> PING-PONG CLINIC

Participants will learn the fundamentals of ping-pong including grip, stance, basic forehand, and backhand strokes. In addition, serves, footwork, and game tactics will also be emphasized. Players will be immersed in a fun, supportive, and safe learning environment. The clinic will be taught by a former Paralympic Table Tennis team coach. **Players will need to bring their own paddles (facility paddles available to borrow as needed), water bottle, and towel. Appropriate athletic attire/footwear should be worn.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160225-80	SRC	50+	1/8	Tu	10-11:30am	1	FREE

PING-PONG GROUP

Stay active with a fun pickup game of ping pong! The ping pong tables will be set up for a little more competition join a group of like-minded players. **Held weekly, Tu/Th, 1pm.**

PONG ON WHEELS - SEE PAGE 40

QUILTING GROUP

If you can sew, you can quilt. Join us to work on different projects each month or you can bring your own project and enjoy sewing with the group. Bring your own sewing machine and materials. **Held weekly, Th, 10:30am.**



SING-ALONG GROUP

Everyone is invited to join this member-led group of seniors who love to sing for fun. Song selection varies each time and includes classics that will take you down memory lane along with patriotic tunes. **Held every first and third F (1/6, 1/20, 2/3, 2/17, 3/3, 3/17, 4/7, & 4/21), 11am.**

TECHNOLOGY SATURDAY

This is a great opportunity to resolve your technology challenges and learn from others doing the same. Receive one-on-one assistance on a first-come, first-served basis on any of your portable devices that you bring in. **Held every other Sa (1/7, 1/21, 2/4, 2/18, 3/4, 3/18, 4/1, & 4/15), 10am.**

TEXAS HOLD 'EM TOURNAMENT

Seating begins at 12:30pm and games begin at 1pm. The first 64 participants will be seated. **No registration is required. Held monthly, Tu (1/31, 2/28, 3/28, & 4/25), 1pm. Doors open at 12:30pm.**

Fellowship, Food, and Fun

HOT DOG WEDNESDAY

Get a jumbo hot dog and all the fixin's prepared by members of the CSCAC. Fee is collected by the event organizers. **\$/hotdog. Held monthly, W (1/11, 2/8, 3/8, & 4/12), 11am.**

LUNCH AND LEARN

Hear presentations from vendors on a variety of topics. Specific topics and presenters will be posted closer to the dates scheduled and will be published on the facility calendar and facebook.com/groups/carrolltonseniors. **Preregistration is required to get an accurate head count. Space is limited. Held monthly, W (1/18, 2/15, 3/15, & 4/19), 12:15pm.**



MONTHLY LUNCHEONS

Come for a delicious meal cooked and prepared by a professional chef. Enjoy a variety of entertainment and activities while socializing with friends. **Registration ends at 12pm on the Tuesday before the luncheon.**

CLASS#	DATE	DAY	TIME	\$(RES/NR)
102000-00	1/19	Th	11am-1pm	\$8/\$9
102000-10	2/16	Th	11am-1pm	\$8/\$9
102000-20	3/16	Th	11am-1pm	\$8/\$9
102000-30	4/20	Th	11am-1pm	\$8/\$9

MOVIE MONDAY

Enjoy a free movie in a modified and socially distanced setting. Due to the excitement of new releases, titles will not be available until one month prior and will be published on the facility calendar and facebook.com/groups/carrolltonseniors. **Held monthly, M (1/30, 2/27, 3/27, & 4/24), 1pm.**

RED HAT SOCIETY GROUP

Join the world's largest community of women who unite in the spirit of fun and friendship. You can be proud to know you are supporting a Society that is reshaping the way women are viewed in today's culture by promoting freedom from stereotypes and fulfillment of goals and dreams. **Held monthly, Tu (1/3, 2/7, 3/7, & 4/4), 12pm.**

REUNIÓN HISPANA GROUP

This is a social group for our Spanish-speaking members. Bring your favorite stories to share and participate in games. **To participate in this program, you are required to be over 50 years of age and have a Senior Center membership or a day pass. Held monthly, Tu (1/17, 2/21, 3/21, & 4/18), 3pm.**

Este es un grupo social para nuestros miembros hispanohablantes. Comparta con nosotros sus historias favoritas y participe en juegos. **Para participar en este evento se requiere ser mayor de 50 años de edad y tener una membresía al Senior Center o un pase por el día. Celebrado mensualmente, Tu (1/17, 2/21, 3/21, & 4/18), 3pm.**

THURSDAY NIGHT DANCE

Live music and dancing will make your Thursday nights amazing. Local live bands each week and free refreshments served during break for adults 50+ or adults accompanied by someone 50+ years of age. **\$5 (res) \$5.50 (non-res). Held weekly, Th, 7pm.**

WE ♥ OUR SENIORS LUNCH

Looking for great food and fellowship? Spend time with friends while enjoying a free delicious meal provided by Joe's Pizza Pasta and Subs located at 1904 E. Belt Line Road. **Meals are served on a first-come, first-served basis, so be sure to arrive early. There is a limit of one meal per person and you must be present to pick it up. Held monthly, W, (1,4 2/1, 3/1, & 4/5), 10am.**

Health & Fitness

DROP IN>> AEROBICS

This class is open to all participants regardless of athletic ability or coordination. The 60-minute workout is designed with warm up, aerobic moves followed by a stretching and cool down period. Regular participation offers benefits for your heart, lungs, muscles, and bones. The instructor incorporates basic choreography, ab work, and strength training. This is accomplished without weights or mats. Come ready to have fun, enjoy a variety of music, and feel rejuvenated when you leave. **Bring a water bottle.** \$3 (res)/\$3.50 (non-res) drop in fee. Instructor: Hess-Reneau

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132010-00	1/4-1/25	W	9-10am	4	\$12/\$13.25
132010-10	2/1-2/22	W	9-10am	4	\$12/\$13.25
132010-20	3/1-3/29	W	9-10am	5	\$15/\$16.50
132010-30	4/5-4/26	W	9-10am	4	\$12/\$13.25

DROP IN>> AGING GRACEFULLY YOGA

Increase your strength, flexibility, and balance with yoga. This class will relieve stress and tension and is designed to accommodate older adults. Come experience yoga to feel energized and revitalized. \$3 (res)/\$3.50 (non-res) drop in fee. Instructor: Guinn

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132050-00	1/2-1/30	M/F	11am-12pm	9	\$27/\$29.75
132050-10	2/3-2/27	M/F	11am-12pm	8	\$24/\$26.50
132050-20	3/3-3/31	M/F	11am-12pm	9	\$27/\$29.75
132050-30	4/3-4/28	M/F	11am-12pm	8	\$24/\$26.50

DROP IN>> BETTER BALANCE

Maintaining or improving your balance is critical to good health. By strengthening your muscles, working on quickness and coordination, and performing balance exercises, we are striving not only to make the circuits in your brain react faster, but also to develop muscles to aid in fall prevention. \$3 (res)/\$3.50 (non-res) drop in fee. No class 1/16. Instructor: Sparenberg

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132020-00	1/2-1/30	M	9:30-10:30am	4	\$12/\$13.25
132020-10	2/6-2/27	M	9:30-10:30am	4	\$12/\$13.25
132020-20	3/6-3/27	M	9:30-10:30am	4	\$12/\$13.25
132020-30	4/3-4/24	M	9:30-10:30am	4	\$12/\$13.25

FITNESS EQUIPMENT ORIENTATION

Not sure how machines in our weight room work or how to set up a machine? This class provides a walk-through to give you a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized workout plan, contact one of our personal trainers. **Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.** Instructor: Nouné

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132170-00	1/9	M	2:30-4pm	1	\$6/\$7
132170-10	2/13	M	2:30-4pm	1	\$6/\$7
132170-20	3/13	M	2:30-4pm	1	\$6/\$7
132170-30	4/10	M	2:30-4pm	1	\$6/\$7



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

DROP IN>> FITNESS FRIDAY

Join us in the Texas Room for Fitness Friday. Instructor Tom Nouné will lead a full-body workout that can be done with or without a chair. Workouts will utilize free-weights, stretch bands, and other equipment. Tom specializes in resistance training, primarily with baby boomers and seniors! \$3 (res)/\$3.50 (non-res) drop in fee. Instructor: Nouné

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132080-00	1/6-1/27	F	9:30-10:30am	4	\$12/\$13.25
132080-10	2/3-2/24	F	9:30-10:30am	4	\$12/\$13.25
132080-20	3/3-3/31	F	9:30-10:30am	5	\$15/\$16.50
132080-30	4/7-4/28	F	9:30-10:30am	4	\$12/\$13.25

DROP IN>> FUNCTIONAL FITNESS

Work your muscles in this class designed to build strength, add definition, increase bone density, and decrease body fat by building lean muscle. FUNctional Fitness will improve your back health, posture, balance, flexibility, and muscular endurance. \$3 (res)/\$3.50 (non-res) drop in fee. No class 1/19, 2/16, 3/16, & 4/20. Instructor: Sparenberg

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132030-00	1/3-1/31	Tu/Th	9-10am	8	\$24/\$26.50
132030-10	2/2-2/28	Tu/Th	9-10am	7	\$21/\$23.25
132030-20	3/2-3/30	Tu/Th	9-10am	8	\$24/\$26.50
132030-30	4/4-4/27	Tu/Th	9-10am	7	\$21/\$23.50

HEALTH SCREENING: BLOOD PRESSURE & SUGAR LEVELS

Do you need to check your blood pressure or blood sugar? Visit the Senior Center for free blood pressure and blood sugar screenings provided by members of Carrollton Fire Rescue. No appointment necessary. Held monthly, Tu (1/10, 2/14, 3/14, & 4/11), 10am.

PERSONAL TRAINING OPTIONS - SEE PAGE 32

DROP IN>> STRETCH

This chair-based class has its roots in yoga and is designed specifically for participants who are unable to get up off the floor or stand/walk for long periods of time. You will leave class feeling stretched, strengthened, balanced, and relaxed. This class will challenge all fitness levels. \$3 (res)/\$3.50 (non-res) drop in fee. No class 1/19, 2/16, 3/16, & 4/20. Instructor: Guinn

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132040-00	1/3-1/31	Tu/Th	10:30-11:30am	8	\$24/\$26.50
132040-10	2/2-2/28	Tu/Th	10:30-11:30am	7	\$21/\$23.25
132040-20	3/2-3/30	Tu/Th	10:30-11:30am	8	\$24/\$26.50
132040-30	4/4-4/27	Tu/Th	10:30-11:30am	7	\$21/\$23.50

DROP IN>> TAI CHI

Learn the graceful dance-like progression of Tai Chi, which is also described as "Meditation in Motion." It is a low impact exercise, helping to improve flexibility, strength, and balance. It places minimal stress on the body and is therefore suitable for people of all ages, temperament, and states of health. Tai Chi brings together the mind and body by maintaining the flow of "Qi," life's energy. \$6 (res)/\$6.50 (non-res) drop in fee. Instructor: Koh

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132901-01	SRC	50+	1/14-2/25	Sa	10-11am	7	\$39.50/\$43.50
132901-02	SRC	50+	3/18-4/29	Sa	10-11am	7	\$39.50/\$43.50

Carrollton Public Library

Free programs and events for all ages

Events are subject to change.

Visit cityofcarrollton.com/library for all updates.

HEBRON & JOSEY

4220 N. JOSEY LANE
(AT HEBRON PARKWAY)

Sunday	1-5pm
Monday	10am-8pm
Tuesday	10am-8pm
Wednesday	10am-8pm
Thursday	10am-8pm
Friday	Closed
Saturday	10am-5pm

Public computers • Online databases
and resources • Free Wi-Fi
Books, CDs, DVDs • Hotspots
Materials in Spanish, Korean,
Vietnamese, Chinese & more • Study rooms
Quiet reading lounges • Local history
& genealogy • Language instruction
resources • eBooks

JOSEY RANCH LAKE

1700 KELLER SPRINGS ROAD
(WEST OF JOSEY LANE)

Sunday	1-5pm
Monday	10am-8pm
Tuesday	10am-8pm
Wednesday	10am-8pm
Thursday	Closed
Friday	10am-5pm
Saturday	10am-5pm

Information: 972-466-4800 • cityofcarrollton.com/library
The Library Advisory Board meets quarterly at Josey Ranch Lake Library at 6:30pm.
Meetings are open to the public. See our website for scheduled meeting dates.

Preschool

For the most up-to-date information, visit cityofcarrollton.com/library.
January 9-April 28 (no classes February 20 and the week of March 13-17)

EARLY LITERACY CLASSES

BABY TIME

These 20-minute sessions are designed for “pre-walkers” and a parent or caregiver. Interact with baby as you develop a love of language through rhymes and music. Stay afterward for a time for baby play and adult conversation time. Siblings are welcome.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	Pre-Walkers	W	10:15am	Ongoing
Josey Ranch Lake	Pre-Walkers	W	2pm	Ongoing

TODDLER TIME

Children and a parent or caregiver participate in early language learning through stories, songs, rhymes, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	1-3	M	10:15am	Ongoing
Hebron & Josey	1-3	M	11:15am	Ongoing

LIBROS Y AMIGOS/BOOKS AND FRIENDS

Participa en cuentas, canciones, juegos con los dedos, rimas de acción, y movimiento en español e inglés. Todos son bienvenidos, ya sea que sepa español o le gustaría aprender.

Participate in stories, songs, fingerplays, action rhymes, and movement in Spanish and English. Everyone is welcome – whether you know Spanish or would like to learn.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	Birth-5+	Tu	10:15am	Ongoing

PRE-K STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, action rhymes, and movement. Story times are designed to help children practice the skills needed to prepare for school.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	3-5	W	10:15am	Ongoing
Hebron & Josey	3-5	W	11:15am	Ongoing

TODDLER/PRESCHOOL STORY TIME

Children and their families participate in stories, songs, fingerplays, action rhymes, and movement. Siblings are welcome.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	Birth-5+	M	7pm	Ongoing
Josey Ranch Lake	Birth-5+	Tu	11:15am	Ongoing



Carrollton Public Library
**1000 BOOKS BEFORE
KINDERGARTEN**

CARROLLTON

1000 BOOKS BEFORE KINDERGARTEN

Give your child a head start on the path to success by developing early literacy skills through reading books together. This self-paced program is open to children from birth to age 5.

Pick up a starter kit at the Library.

EARLY LITERACY SPECIAL EVENTS

SATURDAY STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, rhymes, and movement.

DATE	LIBRARY	AGE	DAY	TIME
1/28	Josey Ranch Lake	2-5	Sa	10:15am
2/25	Josey Ranch Lake	2-5	Sa	10:15am
3/25	Josey Ranch Lake	2-5	Sa	10:15am
4/22	Josey Ranch Lake	2-5	Sa	10:15am

PRESCHOOL PLAYDATE

Children and their families learn and explore through play by participating in sensory-rich activities that promote healthy development and learning.

DATE	LIBRARY	AGE	DAY	TIME
1/19	Hebron & Josey	2-5	Th	10:15am
2/16	Hebron & Josey	2-5	Th	10:15am
3/23	Hebron & Josey	2-5	Th	10:15am
4/13	Hebron & Josey	2-5	Th	10:15am

OUTDOOR STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, rhymes, and movement. Join Library staff on-site at Mary Heads Carter Park, weather permitting. Visit cityofcarrollton.com/library and social media channels for weather-related cancellations.

DATE	LOCATION	AGE	DAY	TIME
4/6	Mary Heads Carter Park	2-5	Th	9am

Elementary

For the most up-to-date information, visit cityofcarrollton.com/library.

LEGO BUILDERS

Elementary aged kids are invited to build and create with Lego® bricks. If you can think it, you can build it. Materials are provided.

DATE	LIBRARY	AGE	DAY	TIME
1/14	Hebron & Josey	5+	Sa	2-3:30pm
2/11	Hebron & Josey	5+	Sa	2-3:30pm
3/11	Hebron & Josey	5+	Sa	2-3:30pm
4/8	Hebron & Josey	5+	Sa	2-3:30pm

SPRING BREAK OUTDOORS – SEED BOMBS

Get messy at the Library as we make seed bombs and scatter them at the Pocket Prairie at Josey Ranch Lake. **Registration is required.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
3/15	Josey Ranch Lake	5+	W	2-3pm	3/1

CREATIVE CORNER

Unwind after school and get creative! This come and go self-directed program invites kids to color and create. Supplies are provided.

DATE	LIBRARY	AGE	DAY	TIME
Ongoing	Hebron & Josey	5+	Th	3-5pm



Family

For the most up-to-date information, visit cityofcarrollton.com/library.

FAMILY BOARD GAME NIGHT

Come to the Library for family bonding and a bit of friendly competition, with provided family-appropriate board games.

DATE	LIBRARY	AGE	DAY	TIME
1/24	Hebron & Josey	5+	Tu	6:30-7:30pm
2/21	Hebron & Josey	5+	Tu	6:30-7:30pm
3/21	Hebron & Josey	5+	Tu	6:30-7:30pm
4/18	Hebron & Josey	5+	Tu	6:30-7:30pm

MOVIE MATINEES

THE BAD GUYS (PG)

BYOBlanket and join Library staff to watch *The Bad Guys* (2022), PG. Movie will begin promptly at 2pm.

DATE	LIBRARY	AGE	DAY	TIME
2/5	Josey Ranch Lake	5+	Su	2-4pm

THE MITCHELLS VS. THE MACHINES (PG)

BYOBlanket and join Library staff to watch *The Mitchells vs. The Machines* (2021), PG. Movie will begin promptly at 2pm.

DATE	LIBRARY	AGE	DAY	TIME
3/5	Josey Ranch Lake	5+	Su	2-4pm

MINIONS THE RISE OF GRU (PG)

BYOBlanket and join Library staff to watch *Minions: The Rise of Gru* (2022), PG. Movie will begin promptly at 2pm.

DATE	LIBRARY	AGE	DAY	TIME
4/2	Josey Ranch Lake	5+	Su	2-4pm

EARTH DAY RECYCLING

Celebrate Earth Day with Republic Services as we learn recycling tips and practice good recycling habits, including interactive activities. **Registration is required.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
4/22	Josey Ranch Lake	5+	Sa	2-3pm	4/8

Middle & High School

For the most up-to-date information,
visit cityofcarrollton.com/library.

TWEEN HANGOUT

Hang out with friends after school and enjoy video games and board games, crafts, and snacks.

DATE	LIBRARY	AGE	DAY	TIME
1/17	Josey Ranch Lake	9-12	Tu	4:30-5:30pm
2/14	Josey Ranch Lake	9-12	Tu	4:30-5:30pm
3/7	Josey Ranch Lake	9-12	Tu	4:30-5:30pm
4/11	Josey Ranch Lake	9-12	Tu	4:30-5:30pm

TEENS TAKE OVER

Hang out with friends, compete in trivia for prizes, play video games, and more at the Library while it's closed to the public. Food and drinks provided. **Registration required. See Programs & Events at cityofcarrollton.com/library for details. Pick up a permission slip at either Library location or on the website. Signed permission slip required to enter.**

DATE	LIBRARY	AGE	DAY	TIME
1/27	Hebron & Josey	13-18	F	5:30-7:30pm
3/31	Hebron & Josey	13-18	F	5:30-7:30pm

Sir Reads-A-Lot!

Visit the Carrollton Public Library at Josey Ranch Lake and meet Sir Reads-A-Lot.

Donate today to receive a commemorative plate on the spine of one of his books.

All donations go to the Friends of the Carrollton Public Library, which supports the Library's programs.

Visit friendscarrolltonlibrary.org for more information or to donate.

Gold Level: \$100+
Silver Level: \$50+
Bronze Level: \$15+



Adult Programs

COMPUTER SKILLS

Need help with computers? Learn the basics of computers, Excel, and Word. Classes are free and last approximately one and a half hours (1-1/2 hours). **Registration is required. See Programs & Events at cityofcarrollton.com/library or call 972-466-4800 for details.**

COMPUTER BASICS

Receive training and assistance in learning basic computer and digital skills. Learn about computer parts and functionalities, including maneuvering a mouse, highlighting text, and manipulating the keyboard. **Registration is required.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
1/10	Josey Ranch Lake	Adults	Tu	6-7:30pm	12/27
2/6	Hebron & Josey	Adults	M	6-7:30pm	1/23
2/18	Josey Ranch Lake	Adults	Sa	10-11:30am	2/4
4/1	Hebron & Josey	Adults	Sa	10-11:30am	3/18

INTRODUCTION TO WORD

Learn how to start, open, save, and print documents, starting from scratch or using a template, plus other basic Word functions. **Registration is required.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
1/17	Josey Ranch Lake	Adults	Tu	6-7:30pm	1/3
2/13	Hebron & Josey	Adults	M	6-7:30pm	1/30
3/4	Josey Ranch Lake	Adults	Sa	10-11:30am	2/18
4/15	Hebron & Josey	Adults	Sa	10-11:30am	4/1

INTRODUCTION TO EXCEL

Learn basic commands for performing calculations and entering data for creating tables and graphs. **Registration is required.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
1/24	Josey Ranch Lake	Adults	Tu	6-7:30pm	1/10
2/27	Hebron & Josey	Adults	M	6-7:30pm	2/13
3/18	Josey Ranch Lake	Adults	Sa	10-11:30am	3/4
4/29	Hebron & Josey	Adults	Sa	10-11:30am	4/15

HOLDS PICKUP

972-466-4800
cityofcarrollton.com/library

1. PLACE A HOLD.

Place holds on items online 24/7 at cityofcarrollton.com/library or by phone at 972-466-4800 during service hours.



2. GET NOTIFIED.

You'll receive an email once your items are ready for pickup. You may also call during service hours to check your hold status.



3. PICKUP.

Present your Library Card or photo ID at the drive-up window.



CARROLLTON
TEXAS

CRAFTING & FUN AT THE LIBRARY

GAME ON!

Spend time playing board games with new friends at this volunteered program. Whether you're a gaming veteran or want to get more into the hobby, this is the place for you. Bring a game from home or play ones from the Library.

DATE	LIBRARY	AGE	DAY	TIME
Ongoing	Josey Ranch Lake	Adults	W	6-8pm

WINTER CRAFTIVITY: ORIGAMI ART

Learn a new craft this wintry season. For January, follow along with an instructor to create origami art. All materials provided.

DATE	LIBRARY	AGE	DAY	TIME
1/28	Josey Ranch Lake	Adult	Sa	1-2pm

WINTER CRAFTIVITY: PAINT CHIP BOOKMARKS

Learn a new craft this wintry season. For February, make decorative paint chip bookmarks for all your reading needs. All materials provided.

DATE	LIBRARY	AGE	DAY	TIME
2/25	Josey Ranch Lake	Adult	Sa	1-2pm

THE HERSTORY OF WOMEN'S SUFFRAGE & COOKING

It's International Women's Day. Did you know that cookbooks were used during the Women's Suffrage movement to encourage voting rights? Learn some of these interesting recipes, take some home to try, and bring recipes of your own to swap.

DATE	LIBRARY	AGE	DAY	TIME
3/8	Josey Ranch Lake	Adult	W	6-7pm

SPRING CRAFTIVITY: SCRAPBOOKING

Learn a new craft this spring season. For March, learn the basics of scrapbooking. Bring some photos. All other materials provided.

DATE	LIBRARY	AGE	DAY	TIME
3/25	Josey Ranch Lake	Adult	Sa	1-2:30pm

ELEMENTS OF WRITING POETRY

Learn from the Carrollton League of Writers on how to write poetry.

DATE	LIBRARY	AGE	DAY	TIME
4/1	Josey Ranch Lake	Adult	Sa	1-3pm

BAD POETRY

Let's write some truly bad poetry
As audacious as it can be.
Limericks, haiku, or free verse
So bad we may have to hire a hearse!
We'll read and discuss what bad poetry is
For it will be a jolly great biz!



All materials are provided.

DATE	LIBRARY	AGE	DAY	TIME
4/15	Josey Ranch Lake	Adult	Sa	10:30-11:30am

SPRING CRAFTIVITY: EARTH DAY FLOWERPOT PAINTING

For Earth Day, decorate your own flowerpot, then pick up some free seeds from the Josey Ranch Lake Seed Library. All materials are provided while supplies last.

DATE	LIBRARY	AGE	DAY	TIME
4/22	Josey Ranch Lake	Adult	Sa	1-2:30pm

FINANCIAL LITERACY

FINANCIAL FITNESS – THE POWER OF BUDGETING

Learn the importance of creating and maintaining a budget; examine the difference between wants and needs; and set goals for personal spending, savings, and debt repayment by an Edward Jones representative.

DATE	LIBRARY	AGE	DAY	TIME
1/10	Josey Ranch Lake	Adult	Tu	6-7:30pm

READY OR NOT: PREPARING FOR THE UNEXPECTED

A presentation from an Edward Jones representative on creating a strategy to protect your family's financial resources from life's unexpected turns.

DATE	LIBRARY	AGE	DAY	TIME
2/7	Josey Ranch Lake	Adult	Tu	6-7pm

TIME MATTERS: A WOMAN'S OUTLOOK

This Women's History Month, learn and prepare for financial concerns facing women who are near or recently retired. This includes information on Social Security, inflation risk, and the rising cost of healthcare and long-term care. All adults are welcome to this program. Presented by a financial advisor from Edward Jones.

DATE	LIBRARY	AGE	DAY	TIME
3/14	Josey Ranch Lake	Adult	Tu	6-7:30pm

Ask a librarian!




SCAN THE QR CODE TO ASK A LIBRARIAN

CONNECT TO A LIBRARIAN FOR HELP WITH

- BOOK ADVISORY
- JOB SEARCH RESOURCES
- BUSINESS RESOURCES
- RESEARCH QUESTIONS
- COMPUTER INSTRUCTION
- GENEALOGY RESOURCES
- EBOOKS
- EAUDIOBOOKS

FINANCIAL LITERACY MONTH

CREATING A SUCCESSFUL BUDGET

Budgeting is all about successfully managing how you spend your income. Learn the process for creating a budget that works for you.

DATE	LIBRARY	AGE	DAY	TIME
3/30	Hebron & Josey	Adult	Th	6:30-8pm

RETIREMENT BY DESIGN

Retirement by Design illustrates how you can help translate one's vision for retirement into tangible goals. Whether someone is 10 or 40 years from retirement, attendees will learn investment strategies to help design the retirement they want. Presented by a Financial Advisor from Edward Jones.

DATE	LIBRARY	AGE	DAY	TIME
4/4	Josey Ranch Lake	Adult	Tu	6-7pm

PAY YOURSELF FIRST: SAVING & INVESTING

Creating a successful saving and investing strategy begins with understanding important financial concepts including the rule of 72, the three Ds of investing, the different types of investment and retirement accounts, and how taxes play a role in these accounts and impact your retirement income.

DATE	LIBRARY	AGE	DAY	TIME
4/6	Hebron & Josey	Adult	Th	6:30-8pm

SOCIAL SECURITY

An educational program for people who are nearing retirement, ages 55 and up who have questions about social security. Presented by a Financial Advisor from Edward Jones.

DATE	LIBRARY	AGE	DAY	TIME
4/11	Josey Ranch Lake	Adult	Tu	6-7:30pm

DEBT MANAGEMENT

Paying off debt is key to the success of any financial plan. Learn about the different kinds of debt, a process to help you pay off your debt, and how your credit score works.

DATE	LIBRARY	AGE	DAY	TIME
4/13	Hebron & Josey	Adult	Th	6:30-8pm

MEDICARE: UNDERSTANDING THE BASICS

Medicare is the key source of health care coverage for retirees ages 65 and older; however, it's not designed to pay for all health care costs in retirement. Medicare doesn't cover many items, so it's important to understand what costs you'll still be responsible for as you consider your health care expenses in retirement. Presented by a Financial Advisor from Edward Jones.

DATE	LIBRARY	AGE	DAY	TIME
4/18	Josey Ranch Lake	Adult	Tu	6-7:30pm

PROTECTING YOUR FAMILY & LEAVING A LEGACY

The foundation of a good financial plan includes protection for your family and assets. Learn about the different types of insurance and legal documents that you need for peace of mind.

DATE	LIBRARY	AGE	DAY	TIME
4/20	Hebron & Josey	Adult	Th	6:30-8pm

LONG-TERM CARE

As people plan for the future, it is important to recognize the possibility they may need long-term care. Clients can prepare for the potential costs of long-term care by using insurance options. Presented by a Financial Advisor from Edward Jones.

DATE	LIBRARY	AGE	DAY	TIME
4/25	Josey Ranch Lake	Adult	Tu	6-7:30pm

GENEALOGY

ELECTRONIC RESOURCES FOR GENEALOGY

Learn about online resources that can help complete and grow a family tree. The Carrollton Public Library offers many such resources, and every one of them is absolutely free.

DATE	LIBRARY	AGE	DAY	TIME
3/30	Hebron & Josey	Adults	Th	10am-12pm

HEALTH & WELLNESS

SUSTAINABLE EATING & NUTRITION KNOW-HOW

What does it mean to eat sustainably? During this course, learn which foods can improve a person's health, debunk common food myths, and learn how food choices can affect each person and the environment. Participants will put together their own indoor growing kit (one per adult or family) while learning about urban gardening and other helpful food-related tips. Presented by the University of North Texas Health Science Center at Fort Worth. **Registration is recommended.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
3/11	Josey Ranch Lake	Adults & Families	Sa	10:30-11:30am	2/25

SMALL BUSINESS

CONFIDENTIAL MENTORING – FREE!

SCORE has been providing free mentoring for new and existing businesses for over 40 years and has a network of over 13,000 volunteers who donate their time to help entrepreneurs. As highly successful and experienced business professionals and entrepreneurs, SCORE mentors deliver no-cost, confidential, valuable business counseling tailored to meet the needs of your business, whether you are a start-up or an existing business. Appointments are available online and in person, are one hour, and may be held virtually or at Josey Ranch Lake Library, depending on availability. Visit dallas.score.org or call 214-987-9491 to schedule a time to meet with a SCORE volunteer about your business.

ESSENTIALS TO STARTING A SMALL BUSINESS

This free, one-hour workshop is designed to allow potential entrepreneurs to learn what's really needed to start and run a successful business. This introductory workshop brings together the need for personal skills, products or services, legality, financing, and planning along with what's needed to make the business successful. Presented by SCORE. **Registration is required at dallas.score.org, call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME
1/17	Josey Ranch Lake	Adult	Tu	10:30 – 11:30am

BUSINESS PLANS 101

Your business plan is the foundation of your business. It is the tool you'll use to guide your business and convince people that working with you - or investing in your company - is a smart choice. SCORE Dallas has designed this one-hour webinar to present the basics to help you get started developing your business plan. Find out who needs a business plan and why, plus the essential elements to set you on the path to success for your business. Presented by SCORE. **Registration is required at dallas.score.org, call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME
2/28	Josey Ranch Lake	Adult	Tu	10:30-11:30am

Special Events



Thursday, December 1-Wednesday, February 1

Sign up to challenge yourself during those slow winter months by taking part in this reading adventure without leaving the comfort of your favorite reading nook. Register at carrolltonlibrary.READsquared.com beginning Tuesday, November 1.

New Year Celebration

Sunday, January 22 • 2-4pm • Free
Hebron & Josey Library

The Carrollton Sun Ray Chinese School will be leading a variety of activities celebrating Chinese culture. Join us in welcoming 2023, the Year of the Rabbit and the fourth sign of the Chinese zodiac.

African-American Read-In

Sunday, February 12 • 4-5pm • Free
Josey Ranch Lake Library

Bring the whole family! All are welcome to hear excerpts from stories, poems, and songs written by African-American authors. Special guests will read selections aloud for your enjoyment. This program is presented by Professional Achievers for Community Excellence (PACE). Free books, written by African-American authors, will be available to children and teens, while supplies last.

Bookmark Contest

Wednesday, February 22-Wednesday, March 22

In celebration of National Library Week, we want YOU to create a bookmark that tells us why you love libraries, reading, and books. Winners will receive a prize, and their bookmark will be reproduced and distributed at both Library locations during National Library Week, Sunday, April 23-29. Entry forms will be available online and at both Library locations. Submit entries to either Library beginning Wednesday, February 22 through Wednesday, March 22. Winners will be announced on Wednesday, March 30.

C-Con

Friday, March 17 • 4-8pm • Free
Josey Ranch Lake Library

Celebrate all things fandom with fun for all ages. Come as you are or dress up in Cosplay as your favorite anime, comic book, fantasy, science fiction, superhero, television, or video game personality. Take pictures with your favorite characters. Challenge yourself in an escape room or a fun round of trivia. Enjoy anime and a movie on the big screen, make crafts, and learn how to dance like a K-Pop Star. You might discover your new favorite thing. Snacks and craft materials are provided. Costumes are optional. For more information visit the cityofcarrollton.com/library closer to the date.

Friends of the Carrollton Public Library Book Sale

Wednesday, March 29 • 6-8pm (members only)

Friday, March 31 • 10am-5pm

Saturday, April 1 • 10am-5pm

Josey Ranch Lake Library

Stop by the Josey Ranch Lake Library during the Friends of the Carrollton Public Library Book Sale. Donated adult and children's books, movies, and music will be available for purchase. Cash, checks, and credit cards are accepted. All proceeds benefit the Friends of the Carrollton Public Library to fund Library programming.

Want to attend the book sale before everyone else? Become a Friend, visit friendscarrolltonlibrary.org.

Community Events

Saturdays * on the Square

Second Saturday of the month

All events are free

Downtown Carrollton • 1106 S. Broadway Street

***No events in January and February due to winter weather**

March

Saturday, March 11 • Sunset

**Outdoor Movie Night:
The Sandlot (1993), PG**

In the summer of 1962, a new kid in town is taken under the guidance of a young baseball prodigy and his rowdy neighborhood team, resulting in many adventures. Wiffle ball will be available starting at 6pm until the movie screening begins.

April

Saturday, April 8 • 6-8pm

Carrollton Critters Celebration

Calling all party animals.

The #CarrolltonCritters are turning ONE.

Celebrate our friendly residents of Historic Downtown Carrollton at their birthday party.



For more information or to see all Downtown events, visit cityofcarrollton.com/downtown.



FREE

Martin Luther King Jr. Day Parade

Saturday, January 14 • 10am • Free

Come celebrate Martin Luther King Jr. Day by watching a memorial parade through the streets of Carrollton. The parade will begin on Rainwater Lane (behind Carrollton City Hall) and proceed west to Josey Lane; south on Josey Lane to Keller Springs Road; east on Keller Springs Road to Kelly Boulevard; and south on Kelly Boulevard to end at Ted Polk Middle School (2001 Kelly Boulevard).

The parade is sponsored by Christ Community Connection, Inc. in partnership with the City of Carrollton. *Call 972-242-0933 for more information.*



FREE

New Year Celebration

Sunday, January 22 • 2-4pm • Free

Hebron & Josey Library
4220 N. Josey Lane

The Carrollton Sun Ray Chinese School will lead attendees in a variety of activities celebrating Chinese culture. Join us in welcoming 2023, the Year of the Rabbit and the fourth sign of the Chinese zodiac.

African-American Read-In

Sunday, February 12 • 4-5pm • Free

Josey Ranch Lake Library

1700 Keller Springs Road

Bring the whole family. All are welcome to hear excerpts from stories, poems, and songs written by African-American authors. Special guests will read selections aloud for your enjoyment. This program is presented by Professional Achievers for Community Excellence (PACE). Free books, written by African-American authors, will be available to children and teens, while supplies last.

Run for Rover: Benefiting Carrollton Animal Services

Saturday, February 25 • 9am

McInnish Dog Park, 1845 Legends Trail

Race Day Registration Opens:	8-8:45am
Warm-up:	8:45am
5K Run:	9am
1-Mile Fun Run/Walk:	9:05am
Dog Activities Begin:	9:15am
Awards Ceremony:	10am

	Preregistration by 2/21	Race Day Registration
5K & 1-Mile Run:	\$35/\$38.50	\$45/\$49.50

Packet Pickup: February 24 • 8am-8pm

Rosemeade Recreation Center, 1330 E. Rosemeade Parkway

Note: The 1-Mile Fun Run/Walk is not a timed event and no awards will be given. **If you register by 2/21, participants are guaranteed a race T-shirt, race bag, and timing chip.** Any registration changes after 2/21 will incur a \$5 change fee.

Lace up those sneakers and sign up for a 5K benefiting the Carrollton Animal Services & Adoption Center. The race will start at the McInnish Dog Park and will route through the McInnish Sports Complex for a full 5K. A shorter 1-Mile Fun Run/Walk route will also be offered. Don't have a dog? Your new best friend is waiting for you at the Adoption Center.

If you want to support Carrollton Animal Services, but do not want to participate in the event, donations of Purina Dog Chow, Special Kitty Cat Chow, non-clumping kitty litter, cleaning supplies, etc. will be accepted at Carrollton Animal Services as well as all three recreation facilities. For a complete list of items to donate, visit cityofcarrollton.com/donations.

Awards will be given for overall male and female runners and the top three finishers in each age category of the 5K competitive run (10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over).

For more information, visit cityofcarrollton.com/runforrover.



Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

CPOA Daddy Daughter Dance

Saturday, February 25 • 6-9pm
Bent Tree Bible Fellowship Church
4141 International Parkway

The Carrollton Police Officers Association (CPOA) presents the annual Daddy Daughter Dance. Fathers, come dance the night away with your little angel. Join us for a lively dance party with cookies, punch, crafts, games, prizes, and photo opportunities. Preregistration cost will be \$25 total for daddy and daughter (plus \$10 for each additional daughter). Registration at the event will cost \$30 for daddy and daughter (plus \$15 for each additional daughter). Proceeds benefit the CPOA.

For more information and to register, call 972-466-3031 or visit cityofcarrollton.com/daddydaughterdance.
Sorry, no moms or sons allowed.



TEXFest

Saturday, March 4 • 3-9pm • Free
Downtown Carrollton
1106 S. Broadway Street

Carrollton is proud to announce the return of TEXFest, a beer festival honoring Texas Independence Day. In its eighth year, TEXFest is once again bringing live Texas music, local craft beer vendors, and a mouthwatering food village to the heart of Downtown Carrollton. Come out for memorable photo opportunities, a beer garden, and a ride on a mechanical bull! Bring your boots and your buckles for a Texas-sized good time in Carrollton. For more information, visit cityofcarrollton.com/textfest.



C-Con

Friday, March 17 • 4-8pm • Free
Josey Ranch Lake Library
1700 Keller Springs Road

Celebrate all things fandom with fun for all ages. Come as you are or dress up in Cosplay as your favorite anime, comic book, fantasy, science fiction, superhero, television, or video game personality. Take pictures with your favorite characters. Challenge yourself in an escape room or a fun round of trivia. Enjoy anime and a movie on the big screen, make crafts, and learn how to dance like a K-Pop Star. You might discover your new favorite thing. Snacks and craft materials are provided. Costumes are optional. For more information, visit the cityofcarrollton.com/library closer to the date.



Facilities

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\$5 Rabies Vaccinations

Saturday, March 18 • 10am-Noon
Carrollton Animal Services & Adoption Center
2247 Sandy Lake Road

This event will include \$5 rabies vaccinations, free City registration with proof of rabies vaccination for Carrollton residents, hot dogs, pretzels, drinks, a bounce house, and wildlife information. Carrollton animal owners must register their pets with the City each year. Since proof of rabies vaccination is required with registration, it is convenient to register with the City when animals receive their shots. Identification, convenience, and savings all come with a pet's City registration tag. A current City tag clearly shows the public that a pet has been vaccinated against rabies. Registered pets may also be more quickly reunited with their owners if lost. For more information, call Carrollton Animal Services & Adoption Center at 972-466-3420 or visit cityofcarrollton.com/animalservices.



Friends of the Carrollton Public Library Book Sale

Wednesday, March 29 • 6-8pm (members only)
Friday, March 31 • 10am-5pm
Saturday, April 1 • 10am-5pm
Josey Ranch Lake Library
1700 Keller Springs Road

Stop by the Josey Ranch Lake Library during the Friends of the Carrollton Public Library Book Sale. Donated adult and children's books, movies, and music will be available for purchase. Cash, checks, and credit cards are accepted. **All proceeds benefit the Friends of the Carrollton Public Library to fund Library programming.** Visit friendscarrolltonlibrary.org for more information.



Citizens' Evening

Wednesday, March 29 • 6-8:30pm • Free
Carrollton Senior Center, Texas Ballroom
1720 Keller Springs Road

Join us for the State of the City address presented by Mayor Steve Babick at Citizens' Evening. Meet and mingle with friends and neighbors, learn about the development projects in Carrollton community updates, the services provided by various City departments, and other non-city agencies which benefit Carrollton residents. *Hosted by the City of Carrollton with the Neighborhood Advisory Commission (NAC).* For questions, contact communitydevelopment@cityofcarrollton.com.

FREE



Facilities

Senior

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Wildflower Watch

Month of April Throughout Carrollton

Spring is blooming in Carrollton. Enjoy bluebonnets and other wildflowers throughout Carrollton's beautiful parks. Bring the whole family and snap a few photos. Each site will have a selfie stand so everyone can be in the photo. To find the best locations with the most wildflowers, view the frequently changing Parks & Recreation map by clicking "Arts" at cityofcarrollton.com/arts. For more information, call 972-466-3080.



FREE

Community Safety Fair

Saturday, April 1 • TBD • Free
Standridge Stadium, 1330 Valwood Parkway

Bring the whole family to Carrollton's first annual Community Safety Fair highlighting the services provided by Carrollton's Fire Rescue (CFR), Police (CPD), and Office of Emergency Management (OEM) Departments. There will be multiple scheduled attractions and demonstrations suitable for all ages, competitions between CFR and CPD, and mass CPR classes on the football field with assistance from the American Heart Association. Community partners will operate informational booths and limited on-site medical services will be provided. Food vendors will also be at the event. More information will be available closer to the date. For more information, contact cpr@cityofcarrollton.com.



FREE

Special Needs Spring Bash

Saturday, April 8 • 11am-2pm • Free
Josey Ranch Sports Complex Field #6
1440 Keller Springs Road

People of all abilities are invited to a fun-filled day of adaptive programming at Carrollton's Josey Ranch Sports Complex Adaptive Field #6. There will be plenty of activities including giant games. Carrollton Parks & Recreation won't leave you hungry either. This free event includes lunch in addition to all the fun. *Registration is required at cityofcarrollton.com/signupnow.*



FREE

Elm Fork Ladybug Release

Saturday, April 15 • 7pm • Free
Elm Fork Nature Center, 2335 Sandy Lake Road

Learn the importance of insects, animals, and even how weather affects our environment. There will be plenty of activities for everyone including crafts and games. Join a master naturalist on a guided trail hike through the Elm Fork Nature Preserve. At twilight, the City will hold its annual ladybug release. Be a part of making Carrollton a great place to live as the City continues to raise environmental awareness. *Closed-toe shoes and long pants are recommended.*



FREE

Facilities

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Aquatics

Sports

Carrollton Trails 5K & 1-Mile Fun Run/Walk

Saturday, April 29 • 8am

Parking at Creekview High School
3201 Old Denton Road

(Participants will be bused to the starting line along Carrollton's Blue Trail and bused from the finish line back to Creekview High School).

Race Day Registration & Warm-up: 7-7:45am
5K Run: 8am
1-Mile Fun Run/Walk: 8:30am
Awards Ceremony: 9am

	Preregistration by 4/24	Race Day Registration
1-Mile	\$15/\$16.50	\$25/\$27.50
Individual	\$25/\$27.50	\$35/\$38.50
Family*	\$60/\$66	\$65/\$71.50

Packet Pickup: April 27-28 • 8am-8pm
Rosemeade Recreation Center
1330 E. Rosemeade Parkway

Note: The 1-Mile Fun Run/Walk is not a timed event, and no awards will be given. *5K runners who register by 4/24 are guaranteed a race T-shirt, race bag, and timing chip. All participants will receive a T-shirt and race packet.* Any changes made to a registration after 4/24 will incur a \$5 change fee.

*Maximum of six people from the same household participating in the same race.

Grab your running shoes and come hit one of Carrollton's best assets, the hike and bike trails. At the end of the race enjoy the post-race celebration with games, music, and an awards ceremony. Dogs are welcome but are not required to register for the event. Refreshments will be provided at the end of the race for all participants. Awards will be given for overall male and female runners and the top three finishers in each age category of the 5K competitive run (10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over). For more information, visit cityofcarrollton.com/carrolltontrails5k.

Call for Chalk Artists!

The City of Carrollton is looking for artists who want to beautify the park for the annual Chalk Art Festival held at Mary Heads Carter Park on 5/20. If you are passionate about the arts or if you would like to be a competing artist for Carrollton's Annual Chalk Art Festival, register now at cityofcarrollton.com/signupnow. Registration ends on 5/12. Space is limited.



Facilities

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Sports

Adaptive Recreation

ARCHERY

This class will focus on range safety, proper shooting techniques, and target practice in a fun and safe environment. Instruction is provided by a certified archery instructor who has a degree in recreation therapy and experience teaching adaptive activities. This class is intended for newcomers, but all are welcome to participate. Come and see what it is all about for FREE on 1/6. **A parent or caregiver must be present and able to assist their participant as needed. All equipment is included in the registration fee.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170009-00	RRC	12+	1/6	F	4:45-5:45pm	1	Free
170009-01	RRC	12+	1/5-1/26	Th	4:45-5:45pm	4	\$18/\$20
170009-10	RRC	12+	2/2-2/23	Th	4:45-5:45pm	4	\$18/\$20
170009-20	RRC	12+	3/2-3/30	Th	4:45-5:45pm	5	\$18/\$20
170009-30	RRC	12+	4/6-4/27	Th	4:45-5:45pm	4	\$18/\$20

FAMILY DAY TRIP

Leave all the planning to Carrollton Parks and Recreation. Bring the whole family and ride a bus from the Rosemeade Recreation Center to the Allen Americans hockey game versus the Wichita Thunder at the Credit Union of Texas Event Center in Allen. The trip includes group seating, a shoutout on the video board, and a post-game photo on the ice. **Cost for the ticket only with no transportation is \$20 (res)/ \$25 (non-res).**

CLASS #	LOC	DATES	DAY	TIME	\$(RES/NR)
102098-20	RRC	4/15	Sa	1:15-4pm	\$25/\$27.50

FAMILY GAME NIGHT

Join us for a game night for families and friends of all ages and abilities. The back gym at Rosemeade Recreation Center will be reserved with a craft area, open basketball play, and games in a calmer and quieter environment. **Registration is required.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
102098-10	RRC	All	2/10	F	6:30-8pm	Free

PONG ON WHEELS - PING-PONG

Adaptive ping-pong is offered for athletes of all abilities including those with physical and intellectual disabilities. Students will learn and develop the skills to play the sport of ping-pong including grip, stance, basic forehand, and backhand strokes. Serves, footwork, and game tactics will also be emphasized. Participation in adaptive ping-pong can help improve fine and gross motor skills, muscle development, range of motion, balance, and social skills while in a fun, safe, and supportive environment. All sessions will be taught by a former Paralympic Table Tennis team coach supported by advanced players, as needed. **Appropriate athletic attire/footwear should be worn, and players should bring a water bottle, towel, and can borrow a facility paddle if needed.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160201-00	RRC	6+	1/10-1/31	Tu	6:30-7:30pm	4	\$40/\$44
160201-10	RRC	6+	2/7-2/28	Tu	6:30-7:30pm	4	\$40/\$44
160201-20	RRC	6+	3/7-3/27	Tu	6:30-7:30pm	4	\$40/\$44
160201-30	RRC	6+	4/4-4/25	Tu	6:30-7:30pm	4	\$40/\$44

REC OUT!

Recreation outings for adults of varying abilities to get together and have fun. Participants meet at Crosby Recreation Center then set off in our Carrollton City vehicle for lunch and an adventure in the community. This is an opportunity to practice life, social, and communication skills as well as develop friendships. **Participants will need to bring money for lunch.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
171900-10	CRC	18+	2/14	Tu	11am-3pm	\$20/\$22
171900-30	CRC	18+	4/11	Tu	11am-3pm	\$20/\$22

REC NIGHT OUT!

Hang out with your friends and make new ones during our REC Night Out program! We meet at Crosby Recreation Center for a pizza party, games, crafts, and some nights go on outings like bowling or to the arcade. This is an opportunity to practice life, social, and communication skills as well as develop friendships and have fun.

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
171900-00	CRC	18+	1/13	F	5-8pm	\$20/\$22
171900-20	CRC	18+	3/17	F	5-8pm	\$20/\$22

SKYHAWKS FLAG FOOTBALL

Flag Football is the perfect introduction to "America's Game." Campers learn skills on both sides of the football including the core components of passing, catching, and defense – all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron. **A parent/guardian or caregiver needs to be present if an athlete is unable to participate independently. Registration closes 1pm three days prior to the start date.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167052-21	JRSC-F6	7-12	3/24-4/14	F	6:15-7:15pm	4	\$80/\$88

SKYHAWKS SOCCER CLASS

Developed over 30 years, this is the number one soccer camp for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progressive curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer. A parent/guardian or caregiver needs to be present if an athlete is unable to participate independently. **Registration closes 1pm three days prior to the start date.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167100-20	JRSC-F6	7-12	3/11-4/1	Sa	11:15am-12:05pm	4	\$80/\$88

SPECIAL NEEDS SPRING BASH

You're invited to a fun-filled day as the City spotlights Adaptive Programming on Carrollton's Adaptive Field #6 at Josey Ranch Sports Complex. There will be plenty of activities including giant games. We won't leave you hungry either. This free event also includes lunch in addition to all the fun. **Registration is required.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
236001-30	JRSC-F6	6+	4/8	Sa	11am-2pm	Free

TURF TIME

We would like to invite everyone in the community to come join us at Josey Ranch Field #6 for baseball and fun. This is free for participants of all ages and abilities, their friends, families, and caregivers. **Registration is required.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
Frisbee Golf						
236001-40	JRSC-F6	6+	4/15	Sa	11am-12pm	Free

Register for events and classes online
at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 21.

Non-resident registration begins December 5.

Classes begin January 3.

ADAPTIVE BASEBALL FIELD #6

The City of Carrollton has a fully accessible baseball field designed for people of all abilities. Instead of dirt, the field is made with a synthetic field turf surface for safety, performance, and durability. Field #6 at Josey Ranch Sports Complex features a reduced distance to the outfield, shorter base paths, wider gate openings, and wheelchair and walker accessibility. Adaptive Field #6 is available for rent to groups interested in hosting various sports activities or field days. For more information, call 972-466-4862.



SENSORY FRIENDLY BREAK AREA

Sensory Break Areas at certain Carrollton special events offer a quiet space for children and adults with Autism or other special needs to relax and take a break from the noise and crowd. Break areas include relaxing activities such as coloring, sensory toys, noise cancelling headphones, and bean bag chairs. **Break area location will be available at TEXFest.**

INTERESTED IN VOLUNTEERING?

Email Shelby.Carradine@cityofcarrollton.com if you or your organization are interested in volunteering for any of the City's adaptive programs or the Sensory Break Areas during events. Must be at least 16 years old and pass a background check.

CPR/AED and Basic First Aid

Sudden cardiac arrest is often a survivable event, but usually only with bystander intervention prior to EMS arrival. Carrollton Fire Rescue (CFR) wants to see everyone trained in CPR/AED. Under their tutelage, take a few hours to get trained and help save a life when every second counts.

Classes will be held on the second floor of Carrollton Fire Administration (CFA) at the Gravely Center. It is a two-story building with the clock tower located at 1111 W. Belt Line Road #100. Enter the building through the glass double doors between the main Carrollton Fire Admin entry and Frost Bank. Take the stairs or the elevator to the second floor.

The City of Carrollton encourages local businesses to schedule on-site training courses with CFR to establish what could be a safer environment should a cardiac episode occur in the workplace. For more information or to schedule a workplace training, call 972-466-4901.

CPR/AED/BASIC FIRST AID

This class is designed for those who do not need a nationally accredited course completion card such as American Heart Association or American Red Cross. The focus of the class is on Compressions-Only Adult CPR and AED while also covering choking, and pediatric and infant CPR. Participants will receive a course completion card from CFR. Instructor: Carrollton Fire Rescue

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171050-01	CFA	10+	1/5	Th	6pm-7:30pm	1	Free
171050-10	CFA	10+	2/4	Sa	9am-10:00am	1	Free
171050-20	CFA	10+	3/2	Th	6pm-7:30pm	1	Free
171050-30	CFA	10+	4/1	Sa	9am-10:30am	1	Free



Chefsville

Chefsville classes allow kids to explore different aspects of cooking and take their cooking to a new level. Participants eat the fresh, healthy, and fun dishes made while in class. Imagine your kids eating more fruits and vegetables, enjoying baking, and showing off their cooking skills. Cooking connects family and the community by spending quality time cooking together. ***Parents must sign allergen waiver before class. No open-toe shoes or dangling jewelry allowed. Long hair must be put in a ponytail or braids. Due to food availability, market conditions, and food allergies, recipes may change. All supplies are included. Instructor: Horwitz**

SOUP IS ON

Few dishes can create a sense of comfort and satisfaction like a big bowl of hearty soup. Children are invited to participate in learning how to make great hot and cold soups for their whole family. Kids will participate by helping make the stock itself and turning stock/broth into great-tasting soups. Vegetarians are welcome as some of these soups require no meat. **A \$12 supply fee is due at time of registration.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170060-01	RRC	7-14	1/14	Sa	10am-12pm	1	\$24/\$26

SPRING BREAK – BAKING LIKE A PRO

Who doesn't enjoy a warm and delicious baked good straight out of the oven? Come celebrate baking with us, and learn new skills and techniques. We'll learn more about recipes and ingredients, and best of all, we'll get to eat everything we bake. **A \$35 supply fee is due at time of registration.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170065-20	RRC	7-14	3/13-3/16	M-Th	9am-12pm	1	\$150/\$165

NOODLES, NOODLES, NOODLES!

Kids will make and explore Ramen and Udon noodles. They will make soups, stock, and garnishes for the noodles.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170075-30	RRC	7-14	4/22	Sa	10am-12pm	1	\$24/\$26

Quickfire Solutions

Bring the adventure to science with this Super-Heroes vs Super-Villain Science program for elementary-age students. In every Quickfire Solutions class, the kids are taught the B.E.A.T. mantra:

- B – Believe in Themselves
- E – Engage with Everyone
- A – Activate their Talent
- T – Train to be Prepared

Quickfire Solutions aims to give students the best tools for their toolbox through unique programs where they can have fun, not knowing how much they are learning ... until it is too late.

SUPER-HEROES VS SUPER-VILLAIN SCIENCE CAMP

Come for a half-day science camp where kids create their own superhero and work on a cool (some say "SUPER") science project. Attendees will be given a super-hero scenario and a way to apply science to what they learn.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150004-30	RRC	5-10	3/13-3/16	M-Th	9-12pm	4	\$121/\$133.25

Wize Computing Academy

Students will gain mental skills such as logical thinking, creativity, and critical reasoning; learn how to become a better team player; and gain self-esteem and confidence in the process. Students will develop better cognitive skills like hand-eye coordination and focus on learning the consequences of their actions. Students will also have an opportunity to participate in coding and robotics competitions like First LEGO® League. **Students are recommended to bring their own laptop/tablet, or Wize Computing Academy can provide a laptop to use in class for an additional supply fee of \$25. To make arrangements, notify divya.dornadula@wizeacademy.com a week before class is scheduled.**



CREATIVE ROBOTICS

Students in this course will focus on engineering, physical science, technology, mathematics, and language projects. Students explore different forms of robotics where students get to design, build, code and make them come to life. Forms of robotics may involve Lego® Robotics and EV3s, Robotics with Controllers and Micro:bit, Virtual Robotic missions using VEX robotics, and much more.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171060-20	RRC	6-12	3/13-3/17	M-F	9-12pm	5	\$235/\$258.50

JOURNEY IN MINECRAFT

Build and Code in Minecraft. Travel to the Nether but watch out for zombies and creepers. Students get to go beyond just playing Minecraft, they get to program it. Minecraft allows us to teach both designing and coding skills to the learners.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171011-20	RRC	7-12	3/13-3/17	M-F	1-4pm	5	\$235/\$258.50

Outdoor

BEGINNER ARCHERY

Our archery class will focus on range safety, proper shooting techniques, and target practice in a fun and safe environment. Instruction is provided by a certified archery instructor. This class is intended for newcomers, but all are welcome to participate in the class. **All equipment is included in the registration fee. Dress appropriately for the weather, wear closed-toed shoes. Class may be cancelled or postponed due to inclement weather.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170011-01	RRC	6-16	1/6-1/27	Th-F	6-7pm	8	\$35/\$38.50
170011-02	RRC	17+	1/6-1/27	Th-F	7-8pm	8	\$35/\$38.50
170011-10	RRC	6-16	2/2-2/24	Th-F	6-7pm	8	\$35/\$38.50
170011-11	RRC	17+	2/2-2/24	Th-F	7-8pm	8	\$35/\$38.50
170011-20	RRC	6-16	3/9-3/31	Th-F	6-7pm	8	\$35/\$38.50
170011-21	RRC	17+	3/9-3/31	Th-F	7-8pm	8	\$35/\$38.50
170011-30	RRC	6-16	4/6-4/28	Th-F	6-7pm	8	\$35/\$38.50
170011-31	RRC	17+	4/6-4/28	Th-F	7-8pm	8	\$35/\$38.50

ELM FORK TRAIL CLEANUP

Help in the City's continuing efforts to keep Elm Fork Nature Preserve (EFNP) clean, so future generations may continue to enjoy nature's beauty. The hike will start from the Nature Center and go along the main trail loop, collecting trash along the trail. All ages welcome. **Trash bags, grabbers, gloves, and water will be provided. Someone will be on hand to sign any service hour sheets following trail cleanup. Closed-toe shoes required. This event may be cancelled or postponed due to inclement weather. For more information, email mario.sanchez@cityofcarrollton.com or visit cityofcarrollton.com/signupnow. Preregistration is required.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170015-05	EFNC	All	4/22	Sa	10-11am	1	Free

FAMILY CAMPOUT

Carrollton Parks & Recreation Department invites you and your family to come for a night beneath the stars, a time to enjoy the outdoors and spend quality time together. The campout will be held at the R.E. Good Soccer Complex and opens at 3pm. Set up camp quickly, so you can enjoy games like giant Jenga, Connect Four, and checkers. There will be one guided hike at the Elm Fork Nature Preserve (EFNP) for children ages 2-9 accompanied by a parent. The hike will cap at 20 kids, and will be on a first-come, first-served basis. The evening includes dinner, a bonfire, and a screening of a movie. **Campers must provide their own camping equipment. EFNP hike sign-ups will take place when the gates open. Breakfast will be provided in the morning while you break camp. Registration is required for each individual camper online or on-site registration will be allowed from 3pm until dark.** For more information, visit cityofcarrollton.com/event or call 972-466-9811.

Class #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
122015-20	R.E. Good	All	4/1	Sa-Su	3pm-9:30am	\$10/\$11

FISHING POLE RENTALS

Stop by Rosemeade Recreation Center during normal operating hours to rent a fishing pole for only \$5. **A cash deposit is required for each pole as well as a government issued photo ID. For a full refund, poles may not be damaged and must be returned one hour prior to the close of Rosemeade Recreation Center on day of rental. Tackle and bait will not be provided. Must be 18+ to rent a fishing pole.**

FLY FISHING

Learn to cast, tie basic fishing knots, tie flies, review equipment, learn about aquatic ecosystems, safety, fishing, ethics, and regulations. The introduction to fly fishing class offered by Dallas Fly Fishers (DFF) includes all equipment and materials. DFF has been an active club for over 30 years with instructors certified by Texas Parks and Wildlife Department (TPWD) and Federation of Fly Fishers. Upon completion, fishers will receive a TPWD Basic Fly-Fishing Certificate. Bring a hat, glasses, and lunch to eat onsite. Visit dallasflyfishers.org or call Richard Johnson at 469-877-0695 with questions.

CLASS #	LOC	AGE	DATE	DAY	TIME	#CLSS	\$(RES/NR)
127000-30	RRC	10+	4/29	Sa	9-2pm	1	Free



FREE JUNIOR RANGER PROGRAM

Become a Junior Ranger. Children ages 4-11 can become a Junior Ranger by going on self-adventures with a parent in the wild throughout Carrollton. Carrollton Junior Rangers will learn about plants, recycling, water conservation, and more. Visit cityofcarrollton.com/signupnow to register for this free program. **After registration, visit Crosby or Rosemeade Recreation Center during operating hours to pick up your Junior Ranger Handbook. Once you finish the handbook, email mario.sanchez@cityofcarrollton.com to set up a time to pick up your Junior Ranger badge and certificate. Don't forget to bring the completed handbook with you!** Use #CarrolltonJrRangers to share any photos or videos of you completing your handbook. Sign up with class #170106-00.

Scouts

Earn patches, badges, or complete certain requirements at the A.W. Perry Homestead Museum (PHM) and Elm Fork Nature Preserve (EFNP). Reserve a program date for your troop by calling 972-466-9811. All program fees must be received to secure your date. One adult must be present for every five scouts and a minimum of three students is needed to offer any program. Badges will be given out for any of the paid options.

GIRL SCOUTS:

BADGES FOR DAISIES

Outdoor Art Maker - \$7 per scout
Rosie: Make the World a Better Place - \$7 per scout

BADGES FOR BROWNIES

It's Your Planet Badge: Pottery Craft - \$12 per scout
Outdoor Art Creator - \$12 per scout

BADGES FOR JUNIORS

Gardener - \$12 per scout
It's Your Story Badge: Manners - Social Butterfly - \$12 per scout
Outdoor Art Explorer - \$12 per scout

BADGES FOR CADETTES

Outdoor Art Apprentice - \$12 per scout

BOY SCOUTS:

CUB SCOUTS

Bear Adventures: Paws for Action - Free by appointment
Bear Elective Adventures: Marble Madness - \$7 per scout
Tiger Adventures: Tigers in the Wild - Free by appointment
Webelos Elective Adventures: Webelos in the Wild - Free by appointment
Wolf Adventures: Paws on the Path - Free by appointment
Wolf Elective Adventures: Collections and Hobbies - \$7 per scout

BOY SCOUT MERIT BADGES

Merit Badge: American Heritage - Free by appointment
Merit Badge: Archaeology - \$12 per scout
Merit Badge: Collections - Free by appointment

EAGLE SCOUTS

Eagle Scout Project: By appointment
The PHM and EFNP welcome all Eagle Scouts seeking service, impact, and leadership with their Eagle Projects. To propose an idea for your Eagle Project, email parksadmin@cityofcarrollton.com.

Art Around Carrollton



COLOR CARROLLTON

Help the Parks & Recreation Department Color Carrollton. Show off those art skills by signing up to paint an industrial-sized trash can for Jimmy Porter Park. The theme for this season will be La Vie Quotidienne: Art of Everyday Life. Registration runs January 6-30. Participants must sign and submit the Color Carrollton Agreement prior to pick up. Registration and a refundable \$25 deposit are required to participate. Upon completion of registration and agreement, participants will pick up their trash can on 2/6 between 9am-1pm from fields 1-4 at McInnish Sports Complex. Trash cans will be primed by City staff, and acrylic paint is required. Cans must be returned on 3/6 between 9am-1pm to the pickup location. City staff will seal the cans with a protective varnish specifically for acrylic paint before being displayed. **For questions, contact Ramiro.Caballero@cityofcarrollton.com.**

Dance

Dynasty Dance Academy offers year-round classes that have a variety of different dance styles for various ages. Participants will refine motor skills, use creative thinking, learn dance terminology, and develop performance skills throughout each class.

INTRO TO BALLET

Students will be introduced to basic ballet stretches, movements, barre exercises, and center work through creative movement. The class teaches rhythm, musicality, strength, and coordination through classroom activities.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150175-30	RRC	3-5	1/28-4/15	Sa	11-11:45am	12	\$165/\$181.50

BALLET FOLKLÓRICO

Students will focus on ballet folklórico movement, culture, rhythm, technique, and performance skills. Parents will enjoy a fun show-off at the end of this session. **Ballet shoes and Folklórico Flamenco shoes required. Attire: Ballet leotard and ballet shirt (any color) required.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150045-30	RRC	6-12	1/26-4/13	Th	6:15-7pm	12	\$165/\$181.50

BALLET & JAZZ

In this class, students explore ballet and jazz skills, technique, and choreography. Parents will enjoy a fun show-off at the end of this session.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150050-30	RRC	6-12	1/24-4/11	Tu	5:30-6:30pm	12	\$165/\$181.50

BALLET & TAP

This class is designed to develop rhythm, style, and sound. Exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150140-30	RRC	4-6	1/23-4/10	M	4:15-5pm	12	\$165/\$181.50
150140-35	RRC	7-12	1/23-4/10	M	5:15-6pm	12	\$165/\$181.50

BEGINNING BALLET

Students will learn basic ballet stretches, movements, barre exercises, and center work. Children are introduced to the structure and discipline of a ballet class, basic ballet terminology, and creative expression through movement to music.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150105-28	RRC	6-10	1/28-4/15	Sa	12-1pm	12	\$165/\$181.50

HIP-HOP

In this class, students will explore hip-hop skills, technique, current dances, fresh beats, and swag. Parents will enjoy a fun show-off at the end of this session.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150185-30	RRC	7-12	1/28-4/15	Sa	1-2pm	12	\$165/\$181.50
150185-31	RRC	7-12	1/24-4/11	Tu	6:30-7:30pm	12	\$165/\$181.50

DJ School

DJ SCHOOL CAMP

Mix it up. Students will learn how to take their love of music to explore how technology can take a person to a new level of appreciation. Participants will discover new skills and techniques to mix, scratch, and match beats and music. The class fosters creativity and will engage participants in a new challenge while building confidence and exploring multiple genres of music. Professional DJ equipment will be provided. Instructor: Quickfire Solutions

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150009-30	RRC	8-14	3/13-3/16	M-Th	1-4pm	4	\$121/\$133.25

Drama

FUNDAMENTALS OF ACTING

The actor is introduced to the fundamentals of acting and will learn to listen, respond truthfully, and intuitively. In the class, students will learn to prepare using the Actor's Quartet based on Circumstances, Objective, Relationship, Emotional prep, and Stakes (C.O.R.E.S.) work. Preparation will lay the foundation for Via Actorem, The Way, The Actor, a 21st century approach. These concepts translate across different platforms including stage, film, television, and digital media. Instructor: Cruz

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150550-30	RRC	15+	1/23-2/27	M	6-7:30pm	6	\$50/\$55

VIA ACTOREM, THE WAY, THE ACTOR

This class is a continuation of the Fundamentals of Acting class, and students will explore further the application of the fundamentals of acting using the C.O.R.E.S. work. This is an acting approach for the 21st century that translates across different platforms, including stage, film, television, and digital media. Instructor: Cruz

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150551-30	RRC	15+	3/6-4/10	M	6-7:30pm	6	\$50/\$55

Group Exercise, Pilates, Yoga

ADAPTIVE FITNESS - SEE PAGE 26

FREE>> ADVAGYM



Unlock the full potential of your workouts with Advagym. The easy-to-use training app is supported by connected sensors throughout Rosemeade Recreation Center. Advagym helps you log training, set goals, and follow personal progress. Tap a puck and get started with Advagym today!



SCAN ME

Available now for free at Rosemeade Recreation Center with a valid membership.

DROP IN>> INDOOR CYCLING

The instructor brings an outdoor cycling experience indoors with this athletic and authentic cycling ride. Motivating instruction and driving music will keep you energized as you are led through a workout comprised of a variety of hill climbs, flat terrains, head winds, tail winds, sprints, and aerobic intervals. Each workout is different as the instructor picks the terrain and sets the goals for each class. This class is multi-level and no outdoor cycling experience is required. If you are serious about burning calories, losing weight, and elite cardio-respiratory fitness, this class is for you. **Bring a water bottle, towel, and gel bike seat cover (optional).** \$8 (Res)/\$9 (Non-Res) drop in fee. Instructor: McGehee

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130130-00	RRC	16+	1/3-1/31	Tu	6-7pm	5	\$35/\$38.50
130130-10	RRC	16+	2/7-2/28	Tu	6-7pm	4	\$28/\$31
130130-20	RRC	16+	3/7-3/28	Tu	6-7pm	4	\$28/\$31
130130-30	RRC	16+	4/4-4/25	Tu	6-7pm	4	\$28/\$31

DROP IN>> PILATES/YOGA FOR EVERYONE

Pilates is a total body conditioning exercise that combines flexibility and strength to restore natural balance while boosting the immune system and reducing stress, fatigue, and pain. **No food or drink one hour prior to class. Wear comfortable clothing that is not too loose and bring a mat, towel, and water.** \$12 (Res)/\$13.25 (Non-Res) drop in fee. No class 1/16. Instructor: Mashreghi

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130220-00	RRC	13+	1/9-2/27	M	6-7pm	7	\$70/\$77
130220-20	RRC	13+	3/6-4/24	M	6-7pm	8	\$80/\$88

DROP IN>> STEP - STRENGTH - CORE

Try an interval class that combines basic step aerobics, upper body strength training, and core conditioning into one well-designed workout. This class allows you to work both your heart and your muscles extensively in a one-hour-long class. By doing circuits of cardio on the step, followed by strategic intervals of upper body strength training, and wrapping up with intense core conditioning, you will be using your time efficiently. **\$8 (Res)/\$9 (Non-Res) drop in fee.** Instructor: Campo

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130215-00	RRC	15+	1/5-1/26	Th	6-7pm	4	\$24/\$26.50
130215-10	RRC	15+	2/2-2/23	Th	6-7pm	4	\$24/\$26.50
130215-20	RRC	15+	3/2-3/30	Th	6-7pm	5	\$30/\$33
130215-30	RRC	15+	4/6-4/27	Th	6-7pm	4	\$24/\$26.50

NEW>>DROP IN>> ZUMBA TONING

Zumba Toning is a cardio workout aimed at sculpting and toning the body that targets specific muscle groups and works the thighs, abs, and arms. Toning sticks add resistance to the highly acclaimed Zumba workout, pushing your muscles to the limit. **No dance experience necessary.** \$10 (res)/\$11 (non-res) drop in fee. No class 1/16. Instructor: Muggli

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130385-00	RRC	15+	1/9-1/30	M	7:30-8:30pm	3	\$24/\$26.50
130385-10	RRC	15+	2/6-2/27	M	7:30-8:30pm	4	\$32/\$35.25
130385-20	RRC	15+	3/6-3/27	M	7:30-8:30pm	4	\$32/\$35.25
130385-30	RRC	15+	4/3-4/24	M	7:30-8:30pm	4	\$32/\$35.25

SENIORS 50+ CLASSES PAGE 13



FREE>> FITNESS ON DEMAND

Fitness On Demand brings the world's most in-demand fitness brands and trending workouts to on-demand users everywhere – anywhere they are. Get high intensity interval training (HIIT), core-strength, cycling, yoga, and other specialty fitness classes and content from global, powerhouse fitness brands that include Jillian Michaels, Daily Burn, Sweat Factor, GymRa, SHIFT, Zumba and Strong by Zumba, Move23, and more. Formats include 60-, 30-, and 5-7 minute classes and workouts, plus individual exercises for total programming customization.

Available now for free at Rosemeade Recreation Center with a valid membership.

Training

FITNESS EQUIPMENT ORIENTATION FOR ADULTS

Not sure how machines in our weight room work or how to set up a machine? This class provides a walk-through of the weight room to give a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized work out plan, contact one of our personal trainers. ***Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.***

Instructor: Staff

CLASS #	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Crosby Rec Center						
131240-00	18+	1/9	M	6:30-7:30pm	1	\$6/\$7
131240-20	18+	3/13	M	6:30-7:30pm	1	\$6/\$7
Rosemeade Rec Center						
130240-10	18+	2/13	M	6:30-7:30pm	1	\$6/\$7
130240-30	18+	4/10	M	6:30-7:30pm	1	\$6/\$7

WEIGHT ROOM ORIENTATION FOR MINORS

Our qualified staff will teach youth proper weight room and cardio room etiquette. Teens will receive a weight room authorization card, allowing them to work out in the weight room independently upon completion of class. Both parent and child must sign the weight room user agreement form. If you are interested in obtaining a personalized work out plan, contact one of our personal trainers. ***There are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.*** Instructor: Staff

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130245-00	RRC	13-15	1/10	Tu	6:30-7pm	1	\$6/\$7
130245-10	RRC	13-15	2/14	Tu	6:30-7pm	1	\$6/\$7
130245-20	RRC	13-15	3/14	Tu	3:30-4pm	1	\$6/\$7
130245-30	RRC	13-15	4/11	Tu	6:30-7pm	1	\$6/\$7

Personal Trainers

City of Carrollton personal trainers are available to work with you at Crosby and Rosemeade Recreation Centers and the Carrollton Senior Center. Personal trainers have their own philosophies and unique styles to create an individual training program to meet your needs. Sessions are charged at an hourly rate and trainers' rates vary. Visit cityofcarrollton.com/parksandrec and click on Programs & Events for more information on our trainers. For additional information about the personal training program, call 972-466-9834.

JULIE CHADWICK

214-926-4776 • jchadwick1@yahoo.com
\$30/30min \$45/45 min or \$60/hr

Julie enjoys working with clients age 50 and older and designs fitness routines unique to each individual, as well as nutrition plans. She keeps clients accountable, protects them from injuries, and provides a positive environment.

TOM NOUNE

214-957-3694 • tgouno@aol.com

hearthealthandwellness.com • \$65/\$60 hr

Tom specializes in weight resistance training, primarily with baby boomers and seniors. He also provides nutritional coaching and emphasizes the importance and benefits of proper stretching techniques.

KERRY STALLO

214-244-7004 • ageintercept@aol.com

ageintercept.com • \$40 initial assessment \$55/45 min or \$70/hr • two clients \$95/45 min or \$110/hr

Kerry specializes in corrective exercise and developing exercise strategies for older adults. Key programs include weight loss, overall body conditioning, and increasing muscle strength.



Rosemeade Rainforest Aquatic Complex

1334 E. Rosemeade Parkway • 972-466-6399

Rosemeade Rainforest Aquatic Complex opens the weekend before Memorial Day in May, closes the week of Labor Day in September, and is located adjacent to Rosemeade Recreation Center. For more information on end of season hours, visit cityofcarrollton.com/aquatics.



Splash Parks

The City offers two splash parks, which both have multiple features providing a safe, free environment for children to cool off in during the hot summer months. Both splash parks are open from May 1 through September 30, 9am to 8pm. Pavilions, tables, and a deck are available on a first-come, first-served basis. Restrooms are on-site. For more information, call 972-466-3080 or visit cityofcarrollton.com/splashpark.

W.J. THOMAS SPLASH PARK

1955 N. Perry Road



OAK HILLS SPLASH PARK

1225 Royal Palm Lane



Indian Creek Golf Club

1650 W. Frankford Road • 972-466-9850 • indiancreekgolfclub.com



indian creek
golf club

ORION
GOLF



BLACK BELT GOLF ACADEMY (BBGA)

This program is offered for very dedicated, competitive-level junior golfers who have a proven ability and are already competing at a high level in local and state tournaments and those that may be established or are preparing to compete on high school golf teams.

This BBGA FORE Kids & Teens programs are for youth interested in social and recreational golf to start, while giving them the ability to progress to high school and collegiate level play, with graduation to the "competition" level of the academy as the ultimate goal.

To inquire about either program, call Coach Bruce Smith at 214-727-8857 or email blackbeltgolfacademy@gmail.com.

FORE KIDS - AGES 7-11

Classes are offered 3 days/week.

SCHEDULE

- Tuesdays & Thursdays: 5-6:30pm
- Saturdays: 12-1:30pm

BBGA STUDENT BENEFITS

- Range access 1 hour per day
- Professional instruction
- Play Mon-Fri, after 1pm on Sat-Sun (walk-on only basis)*

*parental supervision may be required for youth 12 years and younger

FEES

- Annual Dues: \$150
- Monthly Dues: \$235**

**multiple sibling discounts available

FORE TEENS - AGES 12-16

Classes are offered 3 days/week.

SCHEDULE

- Tuesdays & Thursdays: 5-6:30pm
- Saturdays: 12-1:30pm

BBGA STUDENT BENEFITS

- Range access 1 hour per day
- Professional Instruction
- Play Mon-Fri, after 1pm on Sat-Sun (walk-on only basis)

FEES

- Annual Dues - \$150
- Monthly Dues - \$235**

**multiple sibling discounts available



BOOKING POLICIES

- Tee times may be made seven days in advance. Phone reservations accepted 7:30am to 6:30pm daily (online reservations may be made starting at midnight seven days out.)
- Saturday-Sunday tee times require prepayment to accommodate all players wanting reservations. (Call volume is high, book at indiancreekgolfclub.com/teetimes to avoid hold times, online rates include golf car.) OR for walking rates, resident card discount, and raincheck/gift card redemptions, call the Golf Shop to reserve.
- **Book now or call 972-466-9850.**
- You may book online for Monday-Friday tee times without prepaying or call the golf shop.
- Select your preferred course/date/tee time then select 'PAY NOW' to prepay (rates include a golf car.)
- OR you may select 'PAY AT COURSE' to pay your assigned rate (senior, walking, junior, or member) when you check-in at the course.
- Single players may reserve tee times online if there is availability to fill in with another group. We recommend calling in advance for walk-ons to ensure availability.
- Group Reservations
 - For groups of 72 players or less, contact Clint Calvert, Associate Professional, at ccalvert@orion-mgmt.com.
 - For groups of more than 72 players, contact Jessica Oliver, Director of Event Sales, at joliver@orion-mgmt.com.
 - For Finn Scooter rental, visit indiancreekgolfclub.com/Scooters.

Residents with a current driver's license showing a City of Carrollton address are eligible for a discount on green fees. Go to the website for a link to register for a resident discount card.

CONTACT INFORMATION

For the latest calendar of events,
visit [indiancreekgolfclub.com/
events/calendar](http://indiancreekgolfclub.com/events/calendar).

Call us: 972-466-9850

Email: info@indiancreekgolfclub.com
[facebook.com/indiancreekgolfclub](https://www.facebook.com/indiancreekgolfclub)
twitter.com/IndianCreek_gc
[instagram.com/indiancreekgolfclub_dfw](https://www.instagram.com/indiancreekgolfclub_dfw)
indiancreekgolfclub.blogspot.com
indiancreekgolfclub.com/onlinestore

PGA™

Junior Golf Camps



PGA JUNIOR GOLF CAMPS

The NTPGA Junior Golf Foundation teams up with local golf courses to introduce kids to the game of golf by conducting week-long summer golf camps. Kids learn full swing fundamentals, putting, chipping, bunker play, rules, etiquette, and safety.

CAMP HIGHLIGHTS INCLUDE:

- Action-packed camps offer hands-on instruction led by certified PGA professionals.
- Signature PGA camp curriculum focuses on developing golf skills, including full swing, short game, rules, and etiquette, while keeping the experience fun and engaging with games and activities
- A fun, safe, and educational environment designed with each child's wellbeing in mind
- Low student to instructor ratio of approximately 6:1

For information on Indian Creek's upcoming camp schedule, visit pgajuniorgolfcamps.com/camp-locations/indian-creek-golf-club-carrollton-texas.

DOWNLOAD OUR APP INDIAN CREEK GOLF



GPS



NEWS &
EVENTS



SCOREKEEPING



DEALS



TEE TIMES



AND MORE...



Esports

NEW>> GAMING MEMBERSHIPS

Open play gaming passes are available on a first-come first-served basis. Availability is subject to change daily due to leagues, tournaments, and other programming. **All gaming passes are non-refundable. Staff has final discretion on time limits during peak/non-peak times. Hours expire one year from date of purchase.**

	\$(RES/NR)
1 Hour:	\$5/\$5.50
5 Hours:	\$12/\$13.25
20 Hours:	\$35/\$38.50
50 Hours:	\$75/\$82.50

NEW>> BIRTHDAY PARTY GAMING PACKAGE

Book a birthday party gaming package and enjoy amazing gaming equipment, age-appropriate games, and knowledgeable staff that is sure to help take the party to the next level. Bookings made less than 30 days from the event date will be subject to approval by the Recreation Coordinator. **Full payment, as well as damage deposit, is due at the time of booking.**

	\$(RES/NR)
Security Deposit	\$100/\$125
20 PCs (Full Room) + 2 Nintendo Switch Stations	\$300/\$350

NEW>> WEEKLY LABS

Interested in a career in professional esports? Want to know more about streaming, event production, media and esports management? Check out our weekly labs. These sessions will be led by experts with a background in the esports industry. **For more information, visit cityofcarrollton.com/athletics or call 972-466-9834.**

NEW>> WEEKNIGHT TOURNAMENTS

For more information, visit cityofcarrollton.com/athletics or call 972-466-9834.



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.



Adult Leagues

ADULT BASKETBALL LEAGUE

This League includes eight scheduled games plus an end of season playoffs for top finishers. Competitive and recreational leagues offered. Games are played on Sundays at the Rosemeade Recreation Center. **No Games 4/9 or 5/14.**

Contact the Athletics Office for login information 972-466-9836. Email athletics@cityofcarrollton.com with any questions regarding the upcoming league.

Spring Early-Bird Registration is January 9-February 13: \$395
Spring Standard Registration is February 14- February 20: \$420

STARTS	CLASS#	DIVISION	LOC	AGE	DAY	TIME	#WKS
3/5	20700-30	Men's Rec/Comp	RRC	18+	Su	1-10pm	8



ADULT CORNHOLE LEAGUE

Grab a partner and come out for the summer Adult Cornhole League! This is a doubles league open to all genders and skill levels. Matches will take place on Tuesday nights at 3 Nations Brewery. Boards and bags will be provided. **Matches will run 3/21-5/9 and playoffs will take place on 5/16. Players may register individually or as a team. Individual registrants will be assigned partners. Contact the Athletics Office for login information or questions for the upcoming league at athletics@cityofcarrollton.com or 972-466-9836.**

Spring Early-Bird Registration is 1/30-3/8: Resident \$40 Non-resident \$44
Standard Registration is 3/9-3/13: Resident \$55 Non-resident \$59

STARTS	CLASS#	DIVISION	LOC	AGE	DAY	TIME	#WKS
3/21	207120-20	Doubles	3 Nations	21+	Tu	6:30-10:45pm	8

ADULT FLAG FOOTBALL LEAGUE

Join the spring 8-on-8 Flag Football League. Competitive and recreational divisions play on Thursday evenings. **Games will run 2/23-4/13 and playoffs will take place on 4/20. Teams will be responsible for providing their own flags and game balls. For more information, visit cityofcarrollton.com/athletics.**

Spring Early-Bird Registration is 1/2-2/5: \$395
Spring Standard Registration is 2/6-2/13: \$420

STARTS	CLASS#	DIVISION	LOC	AGE	DAY	TIME	#WKS
2/23	207050-30	Coed.	McInnish	18+	Th	6:45-10:45pm	8
2/23	207051-30	Men's	McInnish	18+	Th	6:45-10:45pm	8

ADULT SOFTBALL LEAGUE

All games are played at McInnish Softball Complex, Sunday through Friday. **Softballs must be purchased from the City.** League Divisions include Men's 5HR, Men's 3HR, Men's 1HR, Church, and Men's Senior (40+). **A free agent list for individuals looking for a team is available at cityofcarrollton.com/athletics or by calling 972-466-9836. No games 4/7 & 4/9.**

REGISTRATION DATES: REGISTRATION FEE:

WINTER 250'

Early Bird Registration: 11/7-12/12 \$360
Standard Registration: 12/13-12/23 \$385

SPRING SINGLE GAMES

Early Bird Registration: 1/9-30 \$415
Standard Registration: 1/31-2/13 \$440

SPRING DOUBLE HEADER GAMES

Early Bird Registration: 1/9-30 \$360
Standard Registration: 1/31-2/13 \$385

WINTER 250'

CLASS #	STARTS	DIVISION	AGE	DAY
207152-00	1/8	Men's DH	40+	Su
207152-02	1/9	Men's DH	18+	M
207152-04	1/10	Men's DH	18+	Tu
207152-06	1/11	Men's DH	18+	W

SPRING

CLASS #	STARTS	DIVISION	AGE	DAY
207153-00	2/26	Men's SG	18+	Su
207153-01	2/26	Men's Senior DH	40+	Su
207153-02	2/27	Men's DH	18+	M
207153-03	2/28	Men's DH	18+	Tu
207153-04	3/1	Men's DH	18+	W
207153-05	3/2	Church	18+	Th
207153-06	3/3	Coed	18+	F

ADULT SOFTBALL TOURNAMENTS

The City of Carrollton Parks & Recreation Department invites you and your softball team to participate in City-sponsored softball tournaments. The City will host a variety of tournaments at the award-winning McInnish Softball Complex. All tournaments are USSSA sanctioned. Tournament dates will be posted to cityofcarrollton.com/athletics by 1/1/2023.



PING-PONG SINGLES LEAGUE

Players will be put in groups based on skills and ability. Everyone gets to play matches in a fun setting environment. Competition: Round robin groups, all players advance to double elimination brackets – single matches to 11 points. Matches will take place on Saturdays from 3:30-5:30pm at the Rosemeade Recreation Center. **Matches will run 1/14-2/25. Registration is 12/5-1/11. Day of registration will be allowed until 2pm. Matches will run 4/8-5/20. Registration is 2/27-4/5. Day of registration will be allowed until 2pm.**

CLASS #	STARTS	DIVISION	AGE	DAY	\$(RES/NR)
207070-01	1/14	Rec	12+	Sa	\$30/\$33
207070-02	4/15	Rec	12+	Sa	\$30/\$33

PING-PONG TOURNAMENT

The City of Carrollton is partnering with Pong on Wheels to host two Ping-Pong Tournaments. The tournaments are open to all players regardless of age, ability, or skill level. This is a non-sanctioned tournament, and All Team USA Table Tennis (USATT) rules will apply. Matches will be played to 11 points and the best of three games. Games will be played at the Rosemeade Recreation Center starting at 9:30am with a tournament schedule provided the morning of each tournament.

CLASS #	STARTS	DIVISION	AGE	\$(RES/NR)
207072-01	3/18	Adult - Singles	18+	\$36/\$39.75
207072-02	3/18	Adult - Doubles	18+	\$10/\$11
207073-01	3/18	Youth - Singles	9+	\$26/\$28.75
207075-01	3/18	Senior - Singles	50+	\$36/\$39.75
207072-03	4/8	Adult - Singles	18+	\$36/\$39.75
207072-04	4/8	Adult - Doubles	18+	\$10/\$11
207073-02	4/8	Youth - Singles	9+	\$26/\$28.75
207075-02	4/8	Senior - Singles	50+	\$36/\$39.75

Youth Leagues

YOUTH VOLLEYBALL – RECREATION LEAGUE

Carrollton Parks & Recreation youth volleyball is a great way to introduce kids to the sport of volleyball. FUN for girls ages 7-14 (as of September 1, 2022). Participants learn the fundamentals of the game, from game strategy, rules, and mechanics to basic volleyball techniques including passing, setting, bumping, and hitting. All levels focus on player development, having fun, and sportsmanship. Participants will have one practice a week, and at least one game per week. Registration includes a league jersey and end of season tournament. Practice begins the week of 2/13 and games begin on 3/4. **Closed-toe athletic shoes are required; volleyball knee pads are recommended. No practice 3/13-3/17. No games 3/18 & 4/8.**

	\$(RES/NR)
Early-Bird Registration is December 5-January 23	\$100/\$120
Standard Registration is January 24-January 30	\$120/\$140

CLASS #	STARTS	DIVISION	AGE
207400-01	3/4	Rec.	7/8U
207400-02	3/4	Rec.	9/10U
207400-03	3/4	Rec.	11/12U
207400-04	3/4	Rec.	13/14U

VOLUNTEER COACHES

Are you interested in coaching in any of the City's youth sports leagues like basketball or volleyball? This is your opportunity. For more information on opportunities, email Brittani.shand@cityofcarrollton.com.



Martial Arts

KARATE

Karate teaches self-defense, self-discipline, self-control, poise, and politeness. This class offers a chance to advance as you learn more skills. Earn colored belts by testing and paying an additional fee. Instructor: Nakaya

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161150-33	CRC	6+	1/12-2/16	Th	6:30-7:45pm	6	\$46/\$50.75
161150-34	CRC	6+	2/23-3/30	Th	6:30-7:45pm	6	\$46/\$50.75
161150-35	CRC	6+	4/6-5/11	Th	6:30-7:45pm	6	\$46/\$50.75

RED TIGER KARATE

Learn American karate in this white through black belt program that runs year-round. The junior program develops self-esteem, positive behavior, academic achievement, and respect for others. In addition to practicing karate techniques, abduction prevention training and bully self-defense skills are integrated into the lessons. Adult classes focus on street self-defense, fitness, and personal development. Benefits of the program will reach beyond the class by improving everyday focus and quality of life, while reducing daily stress. **For more information, visit redtigerkarate.com or call 817-845-1557. No class 3/17.** Instructor: Margach

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160170-36	RRC	5-12	1/20-3/24	F	6:30-7:30pm	9	\$80/\$88
160170-37	RRC	13+	1/20-3/24	F	7:30-8:30pm	9	\$80/\$88
160170-46	RRC	5-12	3/31-5/26	F	6:30-7:30pm	9	\$80/\$88
160170-47	RRC	13+	3/31-5/26	F	7:30-8:30pm	9	\$80/\$88

DROP IN>> TAI CHI

Learn the graceful dancelike progression of Tai Chi, which is also described as "Meditation in Motion." It is a low impact exercise, helping to improve flexibility, strength, and balance. It places minimal stress on the body and is therefore suitable for people of all ages, temperament, and states of health. Tai Chi brings together the mind and body by maintaining the flow of "Qi," life's energy. **\$6 (res)/\$6.50 (non-res) drop in fee.** Instructor: Koh

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160118-08	RRC	18+	1/11-2/22	W	10-11am	7	\$39.50/\$43.50
160118-09	RRC	18+	3/15-4/26	W	10-11am	7	\$39.50/\$43.50
160119-08	RRC	18+	1/13-2/24	F	10-11am	7	\$39.50/\$43.50
160118-09	RRC	18+	3/17-4/28	F	10-11am	7	\$39.50/\$43.50

Sports Classes

AMAZING ATHLETES

Amazing Athletes is a sports and nutrition program which promotes motor-skill development through our sports and activities and encourages healthy lifestyles with an introduction to nutrition and muscle ID. Classes are held once per week (four classes/month) and will include a rotation of two sports (10 Total), one fruit/vegetable and one muscle group. **No class 3/16.** Instructor: Amazing Athletes.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161320-01	RRC	2.5-6	1/5-1/26	Th	5:30-6:30pm	4	\$80/\$88
161320-10	RRC	2.5-6	2/2-2/23	Th	5:30-6:30pm	4	\$80/\$88
161320-20	RRC	2.5-6	3/2-3/30	Th	5:30-6:30pm	4	\$80/\$88
161320-30	RRC	2.5-6	4/6-4/27	Th	5:30-6:30pm	4	\$80/\$88

AMO VOLLEYBALL

Allison and Michelle Operations (AMO) Volleyball covers all aspects of the game for athletes at any level. We pride ourselves in providing experienced coaches who are able to give personalized instruction, high intensity, and fun. Our goals for each class and camp are to teach the fundamental aspects of the game (physical, technical, mental, and emotional), emphasize efficiency, correct technique, and increase volleyball knowledge. AMO will make class session recommendations based on player assessment to better fit the athlete's skill level after the second week of class (if applicable). This will ensure each player is learning in an environment that can facilitate growth. Email amovolley1@gmail.com for more information. Instructor: AMO Volleyball.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160120-06	RRC	7-18	1/23-2/27	M	6:30-7:30pm	6	\$120/\$132
160120-07	RRC	7-18	1/23-2/27	M	7:30-8:30pm	6	\$120/\$132
160120-26	RRC	7-18	3/20-4/24	M	6:30-7:30pm	6	\$120/\$132
160120-27	RRC	7-18	3/20-4/24	M	7:30-8:30pm	6	\$120/\$132
160120-03	RRC	7-18	1/25-3/1	W	6:30-7:30pm	6	\$120/\$132
160120-05	RRC	7-18	1/25-3/1	W	7:30-8:30pm	6	\$120/\$132
160120-23	RRC	7-18	3/22-4/26	W	6:30-7:30pm	6	\$120/\$132
160120-25	RRC	7-18	3/22-4/26	W	7:30-8:30pm	6	\$120/\$132

ESSENTIAL BASKETBALL SKILLS – ELEMENTARY

These skills sessions focus on developing the complete basketball player, no matter their skill level or ability. No player can build an elite game on a shaky foundation. Let us teach you the most effective way to execute the basic basketball fundamentals in a fun environment through innovative drills, simple exercises, and games. We will cover: Ball handling, shooting, offensive and defensive skills, passing, rebounding, and intensity training awareness. **No class 3/14 & 3/15.** Instructor: Attack Basketball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161500-06	RRC	6-10	1/4-1/25	W	5-6pm	4	\$60/\$66
161500-05	RRC	6-10	1/10-1/31	Tu	4-5pm	4	\$60/\$66
161500-16	RRC	6-10	2/1-2/22	W	5-6pm	4	\$60/\$66
161500-15	RRC	6-10	2/7-2/28	Tu	4-5pm	4	\$60/\$66
161500-26	RRC	6-10	3/1-3/29	W	5-6pm	4	\$60/\$66
161500-25	RRC	6-10	3/7-3/28	Tu	4-5pm	3	\$45/\$49.50
161500-35	RRC	6-10	4/4-4/25	Tu	4-5pm	4	\$60/\$66
161500-36	RRC	6-10	4/5-4/26	W	5-6pm	4	\$60/\$66

ESSENTIAL BASKETBALL SKILLS – PRE-TEEN/TEEN

These skills sessions focus on developing the complete basketball player, no matter their skill level or ability. No player can build an elite game on a shaky foundation. Let us teach you the most effective way to execute the basic basketball fundamentals in a fun environment through innovative drills, simple exercises, and games. We will cover: ball handling, shooting, offensive and defensive skills, passing, rebounding, and intensity training awareness. **No class 3/14.** Instructor: Attack Basketball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161505-05	RRC	10-15	1/10-1/31	Tu	5-6pm	4	\$60/\$66
161505-15	RRC	10-15	2/7-2/28	Tu	5-6pm	4	\$60/\$66
161505-25	RRC	10-15	3/7-3/28	Tu	5-6pm	3	\$45/\$49.50
161505-35	RRC	10-15	4/4-4/25	Tu	5-6pm	4	\$60/\$66

INDIVIDUAL & SMALL GROUP BASKETBALL TRAINING

Whether your child is just getting started with basketball, or he or she has been developing skills on the court for years, they can benefit from individual basketball training. We offer both one-on-one training, like having a personal trainer at the gym, and small group training with two to four players per session, where players can practice in a real-time game-like application. **Ages 9 and up. \$85/hour for individual training and \$65/hour per person for small group training. For more details and scheduling, call 214-223-7865 or email meredith@attackball.com.** Instructor: Attack Basketball

INTRO TO PICKLEBALL

This instructed course will cover the basics of pickleball rules, terminology, primary skills, coordination, and more. Join us for some fun time where you will learn how to play the sport. By the end of the session, you should be able to be ready to play a match. During this class, we will help you develop technique and strategy for the basic strokes as well as grip, ready position, basic footwork, split step, the dink shot, third, and shot drop. Sessions will be taught by a certified International Pickleball Teaching Professional Association (IPTPA) instructor. **Players will need to bring their own paddles, water bottle and towel. Appropriate athletic attire/footwear should be worn.** Instructor: Franco Raquet Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160550-01	RRC	18+	1/10-1/31	Tu	9-10am	4	\$90/\$99
160550-11	RRC	18+	2/14-3/7	Tu	9-10am	4	\$90/\$99
160550-20	RRC	18+	3/21-4/11	Tu	9-10am	4	\$90/\$99
160550-30	RRC	18+	4/25-5/16	Tu	9-10am	4	\$90/\$99



Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

PONG ON WHEELS

Students of all abilities will learn and develop the skills required to learn how to play the sport of ping-pong. In our weekly sessions, players will learn some of the fundamentals including grip, stance, basic forehand and backhand strokes. In addition, serves, footwork and game tactics will also be emphasized. Players will be immersed in a fun, supportive, and safe learning environment. All sessions will be taught by a former Paralympic Table Tennis team coach supported by advanced players, as needed. **Players will need to bring their own paddles (facility paddles available for loan), water bottle, and towel. Appropriate athletic attire/footwear should be worn.** Instructor: Pong on Wheels.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Adult							
160240-01	RRC	18+	1/10-1/31	Tu	7:30-8:30pm	4	\$40/\$44
160240-03	RRC	18+	2/7-2/28	Tu	7:30-8:30pm	4	\$40/\$44
160240-05	RRC	18+	3/7-3/28	Tu	7:30-8:30pm	4	\$40/\$44
160240-07	RRC	18+	4/4-4/25	Tu	7:30-8:30pm	4	\$40/\$44
Youth							
160230-02	RRC	6+	1/10-1/31	Tu	5:30-6:30pm	4	\$40/\$44
160230-04	RRC	6+	2/7-2/28	Tu	5:30-6:30pm	4	\$40/\$44
160230-06	RRC	6+	3/7-3/28	Tu	5:30-6:30pm	4	\$40/\$44
160230-08	RRC	6+	4/4-4/25	Tu	5:30-6:30pm	4	\$40/\$44
Senior							
160220-00	RRC	50+	1/10-1/31	Tu	4:30-5:30pm	4	\$40/\$44
160220-01	RRC	50+	2/7-2/28	Tu	4:30-5:30pm	4	\$40/\$44
160220-02	RRC	50+	3/7-3/28	Tu	4:30-5:30pm	4	\$40/\$44
160220-03	RRC	50+	4/4-4/25	Tu	4:30-5:30pm	4	\$40/\$44

SKYHAWKS FLAG FOOTBALL

Flag Football is the perfect introduction to “America’s Game.” Campers will learn skills on both sides of the football including the core components of passing, catching, and defense – all presented in a fun and positive environment. Instructor: Skyhawks

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160040-01	JRSC	7-12	1/13-2/3	F	5:30-6:30pm	4	\$80/\$88
160040-11	JRSC	7-12	2/17-3/10	F	5:30-6:30pm	4	\$80/\$88
160040-21	JRSC	7-12	3/24-4/14	F	5:30-6:30pm	4	\$80/\$88

SKYHAWKS SOCCER

Developed over 30 years, this is the number one soccer camp for parents looking to introduce their children to the fundamentals of the world’s most popular sport. Using our progressive curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer. Instructor: Skyhawks

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167096-11	JRSC	3-4	2/4-2/25	Sa	9-9:30am	4	\$80/\$88
167096-21	JRSC	3-4	3/11-4/1	Sa	9-9:30am	4	\$80/\$88
167096-31	JRSC	3-4	4/15-5/6	Sa	9-9:30am	4	\$80/\$88
167097-11	JRSC	5-6	2/4-2/25	Sa	9:35-10:15am	4	\$80/\$88
167097-21	JRSC	5-6	3/11-4/1	Sa	9:35-10:15am	4	\$80/\$88
167097-31	JRSC	5-6	4/15-5/6	Sa	9:35-10:15am	4	\$80/\$88
167098-11	JRSC	7-12	2/4-2/25	Sa	10:20-11:10am	4	\$80/\$88
167098-21	JRSC	7-12	3/11-4/1	Sa	10:20-11:10am	4	\$80/\$88
167098-31	JRSC	7-12	4/15-5/6	Sa	10:20-11:10am	4	\$80/\$88

Sports Camps

NEW YEAR KICKOFF BASKETBALL CAMP

This camp will set you apart from other players by helping you develop an elite mindset. We will cover fundamentals in a new way to help you: Master ballhandling and feel for the ball, become a stifling defensive player, Learn leadership and life lessons, Perfect shooting, scoring, and dribble moves, Ensure your layups are automatic, and Handle game situations like the pros. Our camps are fast-paced, fun, and jam-packed with golden nuggets of basketball knowledge. You WILL leave a more complete and elite player! Instructor: Attack Basketball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161540-05	RRC	6-10	1/2-1/3	M-Tu	9am-12pm	2	\$75/\$82.50
161540-06	RRC	11-16	1/2-1/3	M-Tu	1pm-4pm	2	\$75/\$82.50

SPRING BREAK BASKETBALL CAMP

This camp will set you apart from other players by helping you develop an elite mindset. We will cover fundamentals in a new way to help you: Master ballhandling and feel for the ball, Become a stifling defensive player, Learn leadership and life lessons, Perfect shooting, scoring, and dribble moves, Ensure your layups are automatic, and Handle game situations like the pros. Our camps are fast-paced, fun, and jam-packed with golden nuggets of basketball knowledge. You WILL leave a more complete and elite player! Instructor: Attack Basketball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161540-25	RRC	6-10	3/14-3/16	T-Th	9am-12pm	3	\$110/\$121
161540-26	RRC	11-16	3/14-3/16	Th	1pm-4pm	3	\$110/\$121



STAY INFORMED

Keep connected with all things Carrollton from timely City news and emergency information to updates on City projects, programs, and special events.

cityofcarrollton.com/connect

**FEES ARE
SUBJECT TO CHANGE**

Oak Creek Tennis Center

**CHECK WEBSITE FOR
CURRENT PRICING**

2531 Oak Creek Drive • 972-466-6389 • oakcreektenniscenter.com

Oak Creek Tennis Center (OCTC), conveniently located northwest of the Dallas North Tollway and President George Bush Turnpike, features 12 lighted hard courts with shaded spectator and court benches. Our Pro Shop includes apparel, racquets, stringing, accessories, and snacks. The City of Carrollton prides itself on having one of the premier full-service municipal tennis facilities in North Texas.

OCTC has several U.S. Professional Tennis Association (USPTA) certified tennis professionals on staff. A full array of adult and junior programs, tournaments, and special events are held year-round. It is home to numerous men's, women's, mixed, and senior teams competing in United States Tennis Association (USTA), Tennis Competitors of Dallas (TCD), and metro league play and is also home to local middle school and high school teams.

HOURS OF OPERATION

Fall Hours (End February 19)

Monday-Thursday	9am-10pm
Friday	9am-8pm
Saturday	8:30am-6pm
Sunday	10am-7pm
Holiday Hours:	Closed 1/1

Winter Hours (Begin February 20)

Monday-Thursday	8:30am-10pm
Friday	8:30am-8pm
Saturday	8:30am-6pm
Sunday	10am-7pm
Holiday Hours:	Closed 4/9

The OCTC reserves the right to close due to inclement weather. Players should call 972-466-6389 (option 1) for the status of programs.

PRO SHOP/RACQUET SERVICING

OCTC carries Prince™, Head™, Wilson™, and Babolat racquets, strings, grips, and accessories at competitive prices. United States Racquet Stringers Association (USRSA) certified master racquet technicians on staff provide complete racquet servicing for all your stringing needs. Stringing is generally completed within three days. Stringing labor is \$15. A 24-hour express fee is available for an additional \$5. Racquet demos are available for no charge on site and for a \$5 fee when taking off site.

PRIVATE LESSONS

OCTC has several USPTA certified professionals on staff available for private lessons. Unable to find an adult or junior class that fits your schedule? Inquire about our private group rates. To schedule a private lesson, call 972-466-6389.

ADULT TEAM TENNIS

OCTC is home to numerous men's, women's, mixed, and senior teams competing in USTA, TCD, and metro league play. Call 972-466-6389 if you are interested in joining an existing team or starting a new one.

Fees: \$99 Resident/\$110 Non-resident



Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

FACILITY USE PRICES

**Fees are subject to change. Please view website for most accurate information.*

Court Fees

	Resident	Non-resident
Adult & Youth	\$3.50	\$5

Court fees are per person and are limited to 1½ hours. Reservations are accepted up to 3 days in advance.

Ball Machine Rental

	Resident	Non-resident
1 Hour	\$15	\$17
30-Day Pass	\$50	\$55

Ball machine rental includes court fees for one person. Additional family members may join at no charge. Additional non-family members will incur regular court fee charges. Reservations are accepted up to two days in advance.

Satellite Tennis & Pickleball Court Fees

	Resident	Non-resident
1 Hour/Court	\$3	\$4.50

The City of Carrollton offers 14 satellite tennis and four satellite pickleball courts. Courts at unstaffed parks are available on a first-come, first-served basis. Court usage is free at all neighborhood sites as a walk-on unless reserved. If you would like to secure a spot, courts may be reserved in one-hour increments through OCTC. The courts are available during park hours, which are 5am* to 10:30pm daily. Lights are available at all facilities. Parks & Recreation tennis classes may be scheduled at court locations; signage regarding class/league schedules will be posted at the courts when applicable. Reservations are accepted up to one week in advance, excluding same day reservations, which are not permitted.

*We ask that you be considerate to the neighbors with boisterous play prior to 7am.

Reservations are accepted up to one week in advance. Day-of reservations are not permitted. Reservations are non-refundable. However, OCTC accounts will be credited for all cancellations made within 24 hours of the reservation.

PICKLEBALL

The pickleball craze has made its way to Carrollton. Join the fun by getting started with the City's beginner leagues or, with prior experience, jump right into the intermediate level. Each league is 1.5 hours in duration and meets for seven weeks.

Carrollton is home to four lighted outdoor satellite courts. Courts at unstaffed parks are available on a first-come, first-served basis. Pickleball court usage is free at all neighborhood sites as a walk-on. However, if you would like to ensure a reservation, all courts may be reserved in one-hour increments through OCTC. The courts are available during park hours, which are 5am to 10:30pm daily. Lights are available at all facilities. Parks & Recreation pickleball classes, lessons, and leagues may be scheduled at court locations; signage regarding class/league schedules will be posted at the courts when applicable. Reservations are accepted up to one week in advance, excluding same day reservations, which are not permitted.

Adult Tennis Classes

The OCTC Adult Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or canceled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made up based on availability. Contact OCTC first to check availability for any makeup classes.
- All class makeups must be completed during the current session.
- Inclement weather cancellations that cannot be made up will be issued a credit at the conclusion of the session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

Location:	Oak Creek Tennis Center
Fees:	\$110 per session/one 90 min. class per week
Drop-in rates:	\$26 per 90 min. class

Drop-ins allowed are based on availability

WINTER/SPRING SESSION DATES:

Session 1:	January 2-February 4
Session 2:	February 6-March 11
Session 3:	March 13-April 15
Session 4:	April 17-May 20

Classes meet once a week for five weeks.

BEGINNER:

Monday	6-7:30pm
Wednesday	9-10:30am
	7:30-9pm
Saturday	9-10:30am

ADVANCED BEGINNER:

Monday	6-7:30pm
Tuesday	7:30-9pm (Practice & Play)
Wednesday	9-10:30am
	7:30-9pm
Thursday	6-7:30pm (Practice & Play)
Saturday	9-10:30am

INTERMEDIATE+:

Tuesday	6-7:30pm
Wednesday	10:30am-12pm
Thursday	7:30-9pm
Saturday	10:30am-12pm
Saturday	12-1:30pm

ADVANCED DRILLS

(PREREQUISITE: INTERMEDIATE CLASS OR PRO APPROVAL)

A variety of high-octane drills conducted by USPTA certified tennis professionals are specifically geared for players who have dependable strokes with directional control. Fast-paced drills are excellent for league and tournament players wanting to hit balls. **Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. Class minimum is three players.**

DAY	TIME	LEVEL	COST
Monday	7:30-9pm	4.0 and above	\$22
Wednesday	6-7:30pm	4.0 and above	\$22
Saturday	12-1:30pm	4.0 and above	\$22

CARDIO TENNIS (NTRP 3.5-4.0)

This fast-paced drill is sure to get you moving! The Cardio Tennis drills will keep you on your toes for the entire 1½ hours. **Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged.**

DAY	TIME	LEVEL	COST
Monday	7:30-9pm	3.5-4.0 (Intermediate)	\$22

Adult Tennis Events

"2ND SATURDAY" DOUBLES MIXER

No partner is necessary since we provide the pairings for you. Players are grouped according to NTRP level (2.5-5.0). Format consists of timed rounds of progressive partner doubles, along with drill courts run by Oak Creek staff pros. Snacks, soft drinks, dinner, and prizes are provided. **Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. If minimums are not met, cancellation will be one day before the mixer starts. Join us on the second Saturday of each month (3/11, 4/8, & 5/13) for this popular event.**

DAY	TIME	LEVEL	COST
2 nd Saturday	6-8:30pm	All	\$35

Adult Tennis Leagues

LEAGUE SESSION DATES:

Session 1: January 9 - February 25

Session 2: March 13 - April 29

* Leagues meet once a week for seven weeks.

SINGLES LEAGUES

Play the best of three sets, no-ad scoring.

LEAGUE	TIME	COST
Ladies 3.5-Wednesday	7:30-9:30pm	\$25
Ladies 3.5/4.0-Thursday	7:30-9:30pm	\$25
Men's 4.0-Tuesday	7:30-9:30pm	\$25
Men's 4.0-Thursday	7:30-9:30pm	\$25



DOUBLES LEAGUES

Players sign up as individuals and play one set with each of the other three players on the court, up to an eight-game maximum. Regular scoring is used with a tiebreaker played at 4-4. Rotating groups ensure different partners each week.

LEAGUE	TIME	COST
Ladies Progressive 3.0-Monday	7:30-9:30pm	\$25
Ladies Progressive 3.5/4.0-Wednesday	7:30-9:30pm	\$25
Ladies Progressive 3.0/3.5-Friday (MORNING)	9-11am	\$25
Men's Progressive 3.5-Monday	7:30-9:30pm	\$25
Men's Progressive 4.0-Wednesday	7:30-9:30pm	\$25

MIXED DOUBLES LEAGUES

Play the best of three sets, no-ad scoring.

LEAGUE	TIME	COST
Mixed Doubles (FIXED PARTNER) 3.5/4.0-Sunday	10am-12pm	\$25

Play the best of three sets, no-ad scoring.

LEAGUE	TIME	COST
Mixed Doubles (FIXED PARTNER) 3.5/4.0-Sunday	10am-12pm	\$25

Carrollton offers Men's and Women's Progressive Doubles Leagues and Mixed Leagues year-round. For Progressive Doubles, each player registers individually. Each week, players will be assigned a new partner, in addition to their opponents. Mixed Doubles is a fixed partner, male/female team.

PROGRESSIVE DOUBLES	TIME	COST
Ladies Beginner-Monday	6-7:30pm	\$35
Ladies Intermediate-Wednesday	6-7:30pm	\$35
Men's Beginner-Tuesday	7-8:30pm	\$35
Men's Intermediate-Thursday	7-8:30pm	\$35

MIXED DOUBLES	TIME	COST
Beginner-Saturday (MORNING)	9-10:30am	\$35
Intermediate-Saturday (MORNING)	10:30am-12pm	\$35

For the location of each league, contact Oak Creek Tennis Center.



Junior Tennis Classes

The OCTC Junior Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or canceled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made-up based on availability. Contact OCTC to check availability for any makeup classes.
- All class makeups must be completed during the current session.
- Inclement weather cancelations that cannot be made-up will be allowed to carry forward the makeup into the following session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

Location:	Oak Creek Tennis Center
Fees:	\$70 per session/one 60 min. class per week \$115 Per session/two 60 min. classes per week
	\$95 per session/one 90 min. class per week \$175 per session/two 90 min. classes per week
	\$240 per session/three 90 min. classes per week \$250 per session/two 120 min. classes per week
	\$330 per session/three 120 min. classes per week \$390 per session/four 120 min. classes per week

Prices are for four weeks. For multiple day sign-ups, be specific as to which days.

WINTER/SPRING SESSION DATES:

Session 1	January 9-January 25
Session 2	March 13-April 29
Session 3	February 27-March 25
Session 4	March 27-April 22
Session 5	April 24-May 20

TENNIS SPROUTS (AGE 3)

This specialized program is designed to challenge, stimulate and build confidence in children. Tennis Sprouts focuses on building key motor skills, eye-hand coordination, and comfortability in a group setting to prepare children for our Tiny Shots program (ages 4-6). Students will use the red, USTA-approved low-compression ball on the 36' court. Players are required to wear athletic shoes to participate. Sign up for one day a week.

AGE	DAY	TIME	SESSIONS
3	Sa	8:30-9am	1, 2, 3, 4, 5

TINY SHOTS TENNIS (AGES 4-6)

This class is designed to stimulate, challenge, and appeal to budding tennis players. Children will learn motor skills necessary to play tennis and other sports throughout their lives. Students will use the red USTA-approved low-compression ball. The 36' court will also be used. Sign up for one or two days per week.

AGE	DAY	TIME	SESSIONS
4-6	M	4:30-5:30pm	1, 2, 3, 4, 5
4-6	Tu	4:30-5:30pm	1, 2, 3, 4, 5
4-6	W	4:30-5:30pm	1, 2, 3, 4, 5
4-6	Th	4:30-5:30pm	1, 2, 3, 4, 5
4-6	Sa	9-10am	1, 2, 3, 4, 5

ORANGE BALL

(10 YRS & UNDER BEGINNER/INTERMEDIATE)

This is an introductory class. Basic tennis skills are learned while using the orange ball on the 60' court. Orange balls have a slightly softer bounce than regular balls, allowing students to learn at a quicker rate, with the correct technique. Players need a 25-inch racquet and non-marking shoes.

AGE	DAY	TIME	SESSIONS
7-10	M	4:30-6pm	1, 2, 3, 4, 5
7-10	Tu	4:30-6pm	1, 2, 3, 4, 5
7-10	W	4:30-6pm	1, 2, 3, 4, 5
7-10	Th	4:30-6pm	1, 2, 3, 4, 5
7-10	Sa	9-10:30am	1, 2, 3, 4, 5

MEAN GREEN BALL

(10 YRS & UNDER INTERMEDIATE/ADVANCED)

This class is designed for intermediate level players participating in USTA events and tournaments and emphasizes advanced spins and court movement/tactics. Players in this group are required to play tournaments throughout the year and set goals for their improvement. Two day/week minimum attendance required for skill development. Approval needed by Junior Director, Coach David. Tennis-specific shoes are required. Sign up for two or three days per week.

AGE	DAY	TIME	SESSIONS
7-10	M	4:30-6pm	1, 2, 3, 4, 5
7-10	Tu	4:30-6pm	1, 2, 3, 4, 5
7-10	W	4:30-6pm	1, 2, 3, 4, 5
7-10	Th	4:30-6pm	1, 2, 3, 4, 5
7-10	Sa	10:30am-12pm	1, 2, 3, 4, 5

INSTRUCTIONAL PLAYER DEVELOPMENT

This is a great way to hit the ball, gain confidence, and begin learning skills to advance to higher-level play. After learning skills, players advance to junior development level. Sign up for one to three days per week. **Beginner to Advanced-Beginner.**

AGE	DAY	TIME	SESSIONS
11-18	M	5:30-7pm	1, 2, 3, 4, 5
11-18	Tu	5:30-7pm	1, 2, 3, 4, 5
11-18	W	5:30-7pm	1, 2, 3, 4, 5
11-18	Th	5:30-7pm	1, 2, 3, 4, 5
11-18	Sa	10:30am-12pm	1, 2, 3, 4, 5

COMPETITIVE-ADVANCED

Designed for players participating in Champ, SuperChamp, or high school varsity tennis, this camp emphasizes advanced tactics, movement, and tournament-level competition. Players in this group are required to play tournaments throughout the year. Travel teams are available for out-of-town tournaments. Approval needed by Junior Director, coach David.

AGE	DAY	TIME	SESSIONS
11-18	M	5:30-7:30pm	1, 2, 3, 4, 5
11-18	Tu	5:30-7:30pm	1, 2, 3, 4, 5
11-18	W	5:30-7:30pm	1, 2, 3, 4, 5
11-18	Th	5:30-7:30pm	1, 2, 3, 4, 5



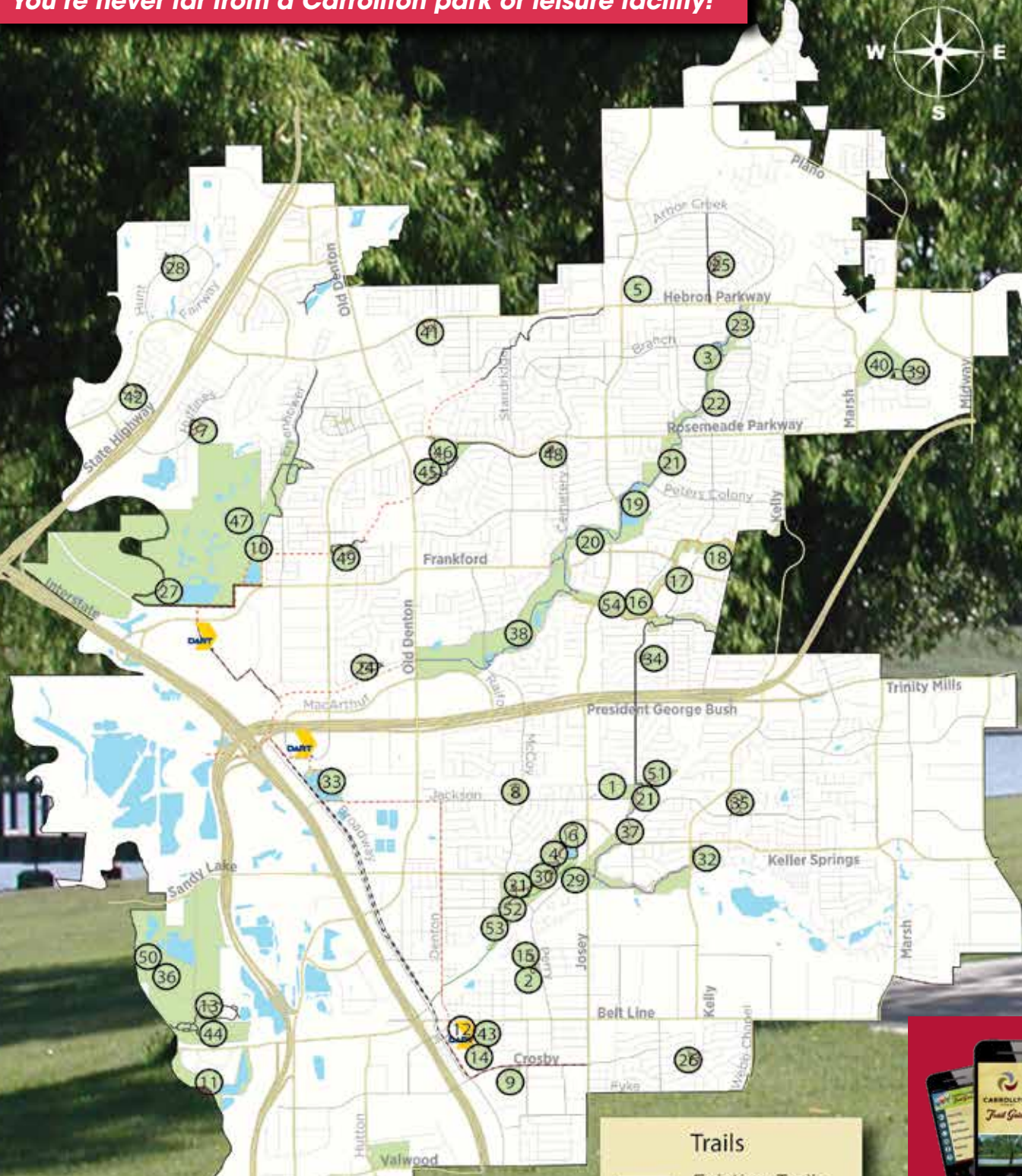
PICKLEBALL LESSONS FOR PRIVATE GROUPS & INDIVIDUALS

Learn the game or improve your skills through more personalized instruction.

For more information on private lessons for individuals or small groups, visit oakcreektenniscenter.com or contact Oak Creek Tennis Center at 972-466-6389.

Visit Carrollton Leisure Facilities

You're never far from a Carrollton park or leisure facility!



Trails

- Existing Trails
- Blue Trail
- Orange Trail
- Purple Trail
- Green Trail
- Proposed Trails
- DART Rail Lines

Download Carrollton's Trail App
at cityofcarrollton.com/trailapp
to find a trail near you!



C-CON 2023



FREE



FRIDAY, MARCH 17
4-8 PM
JOSEY RANCH LAKE LIBRARY



YAY



CRAFTS
K-POP DANCE
ESCAPE ROOMS
COSPLAY • ANIME
PHOTO BOOTHS



   Josey Ranch Lake Library • 1700 Keller Springs Road

See page 22 for details.

LEISURE

CALENDAR



January-April 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January

- 1 New Year's Day (no classes, City facilities closed; for recreation facilities, see holiday hours pp. 4-5)
- 1 Library Winter Reading Challenge continues, Both Library Locations, 972-466-4800
- 14 Martin Luther King Jr. Day Parade, 972-242-0933
- 22 New Year Celebration, Hebron & Josey Library, 972-242-0933



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

February

- 1 Library Winter Reading Challenge ends
- 12 African-American Read-In, Josey Ranch Lake Library, 972-466-4800
- 25 Run for Rover, McInnish Dog Park & Sports Complex, 972-466-9816
- 25 CPOA Daddy Daughter Dance, Bent Tree Bible Fellowship Church visit cityofcarrollton.com/daddydaughterdance to register



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

March

- 4 TEXFest, Downtown Carrollton, 972-466-9808
- 11 Saturdays on the Square: Outdoor Movie Night *The Sandlot* (1993), PG, Downtown Carrollton, 972-466-9135
- 17 C-Con, Josey Ranch Lake Library, 972-466-4800
- 18 \$5 Rabies Vaccinations & Free Pet Registration, Carrollton Animal Services & Adoption Center, 972-466-3420
- 25 Special Needs Spring Bash, Josey Ranch Sports Complex Field #6, 972-466-9816
- 29 Citizens' Evening, Carrollton Senior Center, Texas Ballroom, 972-466-4299
- 31 Friends of the Carrollton Public Library Book Sale, Josey Ranch Lake Library, 972-466-4800



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24	25	26	27	28	29

April

- 1 Community Safety Fair, Standridge Stadium, email cpr@cityofcarrollton.com.
- 1 Friends of the Carrollton Public Library Book Sale, Josey Ranch Lake Library, 972-466-4800
- 1-30 Wildflower Watch, Citywide throughout Carrollton, 972-466-6382
- 8 Saturdays on the Square: Carrollton Critters Celebration for their birthday, Downtown Carrollton, 972-466-3080
- 15 Elm Fork Ladybug Release, Elm Fork Nature Preserve, 972-466-9811
- 29 Carrollton Trails 5K Run/1-Mile Fun Run/Walk, parking at Creekview High School, 972-466-9816

