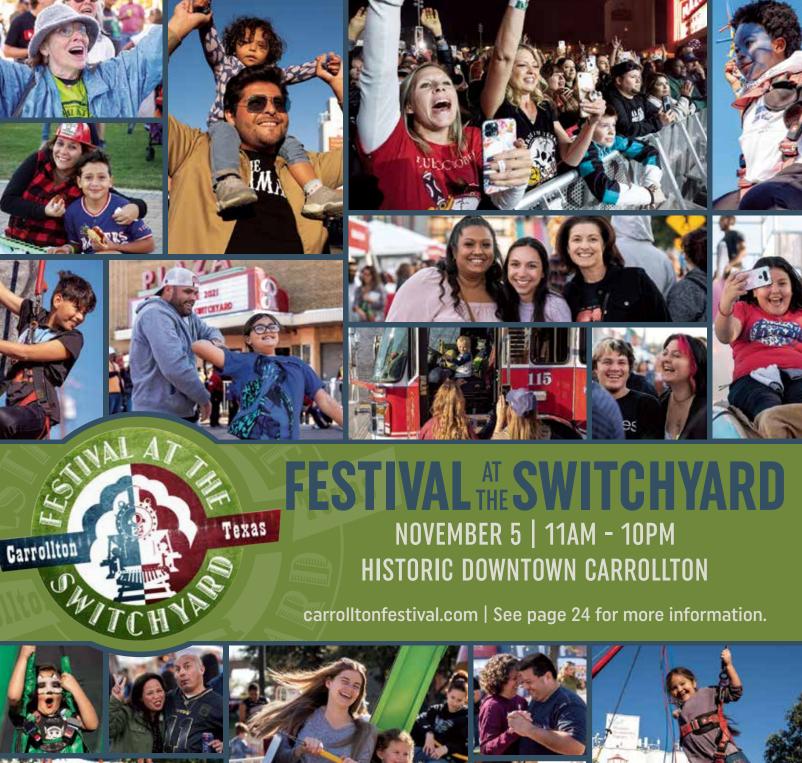


Register for Classes and Events Now!









From the Parks & Recreation Director ...

Fall into fun with the City of Carrollton's guide to leisure and activities. We've got an exciting lineup of events this season from Carrollton's signature Festival at the Switchyard and the popular Pooch Pool Party to photos and fun with Santa at the Downtown tree-lighting ceremony, programs at the Library, and our extensive list of activities in all categories. Stroll Downtown Carrollton with the whole family, and enjoy an evening under the stars with a concert on the Square. The City continues to offer more than a few choices for delicious dining and seasonal shopping. Plus, it's easy to get to. Carrollton's ever-expanding trails system will lead you right to the Square. Additionally, take your next DART ride to the Downtown Carrollton Station on the Green Line. It's easy, fun, and economical. Find everything you need, all in Carrollton. Visit cityofcarrollton.com/parksandrec for more information.

Scott Whitaker, Carrollton Parks & Recreation Director

On the cover ...

The 12th annual Festival at the Switchyard is a free family-fun event that honors the critical role the railroad played in putting Carrollton on the map and the continuing importance of rail in Carrollton's present and future. Bring the whole family to enjoy free concerts featuring nationally known headliners, as well as free rides and games and free children's entertainment. Grab a bite to eat from one of the many food vendors or Downtown restaurants, take a break in the beer garden, shop unique craft booths, visit with our sponsors, and browse through the variety of eclectic Downtown shops. For more information about the Festival, visit carrolltonfestival. com, like us at facebook.com/carrolltonfestival, and follow us on Twitter @CarrolltonFest.



Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins August 1.
Non-resident registration begins August 15.
Classes begin August 22.

On the Inside ...

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City Information: 972-466-3000

HOURS AND FEES ARE SUBJECT TO CHANGE

Facility Listings

CHECK WEBSITE FOR MODIFIED HOURS AND CURRENT PRICING



A.W. PERRY HOMESTEAD MUSEUM (AWP) (PAGE 8)

1509 N. Perry Road 972-466-6380 citvofcarrollton.com/museum facebook.com/PerryHomesteadMuseum

For more information or group tour reservations, call or visit online.

Free admission.

Free Wi-Fi

Hours: Tu-Th, Sa, 11am-1pm

Holiday Hours: Closed 11/24

CARROLLTON SENIOR CENTER (SRC) (PAGE 9)

1720 Keller Springs Road 972-466-4850

citvofcarrollton.com/seniorcenter

Amenities: Three 9' Billiard Tables Big Screen TV • Fitness Cardio/Strength Room Aerobics • Wii Games • Arts & Crafts Room Piano & Music Room • Stage • Dance Floor Variety of Table Games, Puzzles, & Books Large Day Room Area with Tables & Chairs

Outdoor Amenities: Pond with Walking Track • Half Basketball Court • Cornhole Hours: M/W/F 7am-5pm 7am-7:30pm Tu 7am-9:30pm Th 9am-1pm Sa

Holiday Hours:

Su

Closed 11/24 & 12/24 Open 9/5, 11/25, 12/23,

& 12/26, 10am-4pm

Closed

CROSBY RECREATION CENTER (CRC)

1610 E. Crosby Road 972-466-9810 citvofcarrollton.com/crosbv

Amenities: Gymnasium • Weight/Cardio Room • Functional Fitness Gym Game Room/Snack Area Public Computers • Video Games Ping-Pong • Two Pool Tables • Board Games

Locker Rooms w/Showers • Pickleball Outdoor Public Playground • Free Wi-Fi Hours: M-F 6am-9pm Sa 9am-6pm Su Closed

Holiday Hours:

Closed 11/24 & 12/24

9/6 & 11/26, 10am-4pm Open

PARKS & RECREATION ADMINISTRATION

1610 E. Crosby Road 972-466-3080

cityofcarrollton.com/parksandrec

Event Hotline: 972-466-9135

Hours: M-Th 7:30am-5:30pm F

Holiday Hours:

Closed 9/5, 11/24-25, & 12/23-26

INDIAN CREEK GOLF CLUB (PAGE 39)

1650 W. Frankford Road 972-466-9850

indiancreekgolfclub.com facebook.com/indiancreekgolfclub instagram.com/indiancreekgolfclub_dfw

twitter.com/IndianCreek_gc

Hours: M-Su Sunrise to

Sunset

7:30-11:30am

Holiday Hours:

Closed 11/24 & 12/25



SUBJECT TO CHANGE

Facility Listings



LIBRARY AT HEBRON & JOSEY (H&J) (PAGE 15)

4220 N. Josey Lane	Hours:	Su	1-5pm
(at Hebron Parkway)		M	10am-8pm
972-466-4800		Tu	10am-8pm
cityofcarrollton.com/library		W	10am-8pm
facebook.com/carrolltonpubliclibrary		Th	10am-8pm
instagram.com/carrolltontxlib		F	Closed
•		Sa	10am-5pm
twitter.com/CarrolltonTxLib	Holiday	/ Hours:	
youtube.com/cityofcarrolltontx	Clasad	0/5 11/	04.05 8 10/0

Closed 9/5, 11/24-25, & 12/24-25



LIBRARY AT JOSEY RANCH LAKE (JRL) (PAGE 15)

1700 Keller Springs Road (west of Josey Lane) 972-466-4800 cityofcarrollton.com/library	Hours:	Su M Tu W	1-5pm 10am-8pm 10am-8pm 10am-8pm
facebook.com/carrolltonpubliclibrary		Th F	Closed 10am-5pm
instagram.com/carrolltontxlib twitter.com/CarrolltonTxLib		Sa	10am-5pm
youtube.com/cityofcarrolltontx	Holiday Closed		24-25 & 12/24

Closed 9/5, 11/24-25, & 12/24-25

OAK CREEK TENNIS CENTER (OCTC) (PAGE 45)

2531 Oak Creek Drive 972-466-6389

oakcreektenniscenter.com

Players should call 972-466-6389 (option 1) for the status of programs.

	THE CALL
7	

Winter Hours
Begin November 28
M-Th 9am-10pm
F 9am-8pm
Sa 8:30am-6pm
Su 10am-7pm

Holiday Hours: Closed 9/5, 11/24, & 12/24-25 12/31, 9am-6pm Open

Courts may be closed due to inclement weather and/or lack of court demand.



ROSEMEADE RECREATION CENTER (RRC)

1330 E. Rosemeade Parkway	Hours:	M-F	5:30am-9pm
972-466-9800		Sa	9am-6pm
cityofcarrollton.com/rosemeade		Su	Noon-6pm
Amenities: Two Gymnasiums	Holiday Hours:		
Weight Room • Cardio Room • Spin	Closed		
Room • Four Racquetball Courts	Open		
Game Room/Snack Area • Dance/		12/26, 10	Dam-4pm
Fitness Studio • Outdoor Playground			
Locker Rooms w/Showers • Video			

Wi-Fi

Games • Pool Table • Ping-Pong Board Games • Pickleball • Free

FEES ARE SUBJECT TO CHANGE

Membership

CHECK WEBSITE FOR CURRENT PRICING







MEMBERSHIP FEES

Annual Resident/ 3-month Resident/
Non-resident Non-resident

Memberships are also valid at the Carrollton Senior Center for members age 50+.

Senior 65+	\$45/\$70	\$35/\$65
Adult 16-64	\$115/\$165	\$50/\$66
Youth 9-15	\$40/\$65	\$20/\$30
Family/Group*	\$200/\$285	\$75/\$105
Additional Member	\$20/\$25	\$10/\$15

1 Month Membership \$20 Resident/\$25 Non-resident

Replacement Card \$5

*Includes four members. All members must reside at the same address.

Active military members **on leave** can use any center for \$5 for the duration of their leave. Military leave orders must be shown.

Senior Center: ONLY valid at the Carrollton Senior Center.

Senior 50-59	\$25/\$40	\$9/\$15
Senior 60-69	\$15/\$30	\$6/\$11
0 1 70	410 MOE MICHIEL COL	

Senior 70+ \$10/\$25 (lifetime fee)

Replacement Card \$5

Library: City of Carrollton, Denton County, Farmers Branch and partner-city residents receive annual membership benefits free of charge.

Resident	Non-resident*
\$0	\$40

Replacement Card \$1*

*Fee for non-resident card is not refundable.

DAILY PASSES	Resident	Non-resident					
Rosemeade and Crosby Recreation Centers							
Senior 65+	\$5	\$8					
Adult 16-64	\$7	\$10					
Youth 9-15	\$5	\$8					
Senior Center							
Senior 50+	\$2	\$5					

Memberships and daily fees are subject to change. Visit cityofcarrollton.com for the most up to date fees.

REFUND POLICY

Refund policies may vary for different classes, sports, and events. Refer to the Parks & Recreation general information page on the website or see front desk staff at any facility for more information.

ACCESSIBILITY ACCOMMODATION REQUEST

The City of Carrollton is proud to comply with the Americans with Disabilities Act. We continuously strive to create an environment in which all participants, with or without disability, feel safe, secure, and without obstacle to participate in any City program or event. For assistance, call 972-466-4862 at least two weeks prior to the start of a program or event.

Adaptive programming and events can be found on pages 26-27.

FINANCIAL ASSISTANCE FOR PROGRAMS AND MEMBERSHIPS

In an effort to stand by our mission, to "provide innovative, diverse, and quality recreation and leisure opportunities for everyone, while preserving City parks and natural resources," Carrollton Parks & Recreation provides financial assistance to qualifying residents for all Parks & Recreation classes, programs, and facility fees. Call 972-466-9813 for more information.

Facility Rentals

Looking for that perfect location for a meeting or a place to celebrate a special occasion?

Look no further than the City of Carrollton.

Ask about rental rates and book your next event close to home.



INDOOR FACILITIES

Facility room occupancy varies from a classroom of 15 to a ballroom of 700. Call or visit the website for detailed information.

Carrollton Senior Center*

972-466-9800 • 1720 Keller Springs Road

5 rooms ranging in capacity and a kitchen that may be added to any rental

Crosby Recreation Center* 972-466-9800 • 1610 E. Crosby Road

3 rooms ranging in capacity, 1 gymnasium, esports room, and a kitchen that may be added to any rental

Hebron & Josey Library** 972-466-4800 • 4220 N. Josey Lane

2 rooms ranging in capacity

Indian Creek Golf Club Clubhouse* 972-466-9859 • 1650 W. Frankford Road

Provides a great view of the golf course

Josey Ranch Lake Library** 972-466-4800 • 1700 Keller Springs Road

3 rooms ranging in capacity

Rosemeade Recreation Center 972-466-9800 • 1330 E. Rosemeade Parkway

2 classrooms ranging in capacity with one that includes a kitchen, 2 gymnasiums, and a dance room

OUTDOOR FACILITIES

of People

A.W. Perry Homestead Museum* 972-466-6380 • 1509 N. Perry Road 100

Historic Downtown Carrollton Gazebo*** 50 972-466-3080 • 1106 S. Broadway Street

Indian Creek Golf Club Pavilion 972-466-9850 • 1650 W. Frankford Road 100

Provides a great view of the golf course

Pavilion at Mary Heads Carter Park 972-466-9800 • 2320 Heads Lane 120

Varies

Sports Fields

972-466-3083 • (various locations) (other fees such as field preparation and

(other fees such as field preparation an lighting may apply)

- * Alcohol allowed with additional permitting
- ** For Library meeting rooms, visit cityofcarrollton.com/library.
- *** Special Event Permit required for events with more than 50 people; call 972-466-9800.

cityofcarrollton.com/rentals

Themed Birthday Parties

Carrollton has you covered. Check out our two-hour themed party package!

RECREATION CENTERS OR A.W. PERRY HOMESTEAD MUSEUM

Celebrate your child's birthday at the Rosemeade Recreation Center, Crosby Recreation Center, or the A.W. Perry Homestead Museum. Location depends on space availability. *You bring the guests, Carrollton Parks & Recreation does the rest.* Party amenities include party host, one hour of organized activity, one hour for party festivities, paper goods, decorations, cake, lemonade, and a special gift for the birthday child. Full payment, as well as damage deposit, is due at time of booking. Bookings made less than 30 days from the event date will be subject to approval by the Recreation Coordinator.

To schedule your next party with Carrollton Parks & Recreation, email RecRentals@cityofcarrollton.com.



THEMES

ballerina • cars • Elmo • luau
Teenage Mutant Ninja Turtles
PAW Patrol Pirates • princess • Sesame Street
sports • superhero • Star Wars
western • zoo animals

If you don't see the theme you want, let us know.

COST

Security deposit	\$50
1-10 children\$1	175
11-20 children \$2	200
21-30 children \$2	225
31-40 children \$2	250
40+ children \$2	275

A.W. Perry Homestead Museum

1509 N. Perry Road • 972-466-6380 • cityofcarrollton.com/museum

Open Tuesday through Thursday and Saturday • Tours between 11am-1pm or by appointment

Free Admission



PERRY SPECIAL EXHIBITS

The A.W. Perry Homestead Museum is proud to begin offering special exhibits. Twice a year, the Museum will display focused exhibits on various historical topics during the Victorian period. The new body of work will bridge historical research with artifact interpretation, so a visit to the Museum will teach visitors so much more about the past. For parents and teachers, an educational packet will be available for kids and students. Check the Museum's social media for updates and details at facebook.com/PerryHomesteadMuseum.

"If you don't know where you've come from, you don't know where you're going." \sim Maya Angelou

SCHOOL AND GROUP TOURS

The guided tour begins at the state historical marker and continues through the 1909 farmhouse with antique furnishings, where you will discover daily life as it was in Carrollton at the turn of the 20th century. School tours are aligned with the Texas Essential Knowledge and Skills (TEKS) standards for each grade level. To schedule a school or group tour, contact the Museum two weeks before your requested tour date. Group tours are free, but donations are accepted. Call 972-466-9811 to make a reservation or register online at cityofcarrollton. com/museum.

TRAVELING TRUNKS

The A.W. Perry Homestead Museum provides trunks to local schools as a FREE service. Each trunk contains hands-on artifacts for students to examine and an activity guide for teachers. All activities are TEKS-aligned according to state-mandated curriculum guidelines.

HISTORY MYSTERY TRUNKS are designed for grades

three, four, and five. Students will uncover the past using artifacts, learn the basic principles of material culture, and observe and analyze objects in the trunk in order to discover their uses.

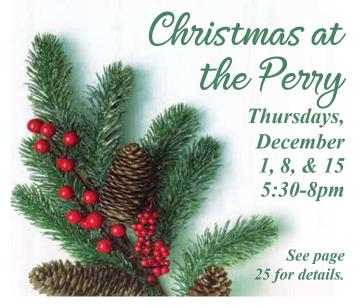
SCHOOL DAYS TRUNKS are designed for grades one, two,

and three. Students will compare and contrast how education has changed over the past 150 years, try on pioneer clothing, and even imagine what it will be like to go to school in the future.

Call the A.W. Perry Homestead Museum today at 972-466-9811 to reserve a trunk for your class.

Located within beautiful Pearl Perry Gravley Park, the A.W. Perry Homestead Museum offers a glimpse of life as it was in North Central Texas at the turn of the 20th century. A.W. and Sarah Perry were pioneer homesteaders of the Peters Colony who arrived here in 1844 from Carrollton, Illinois. They built a house on the site in 1857. In 1909, their son Dewitt Perry and his wife Francis tore down the first house and used some of the lumber to build the present-day home. This structure is now the Museum, restored in 1976 as the community's U.S. Bicentennial celebration project and designated as a State Historic Landmark in 1977 by the Texas Historical Commission.





Senior Center

1720 Keller Springs Road • 972-466-4850

cityofcarrollton.com/seniorcenter • facebook.com/groups/carrolltonseniors

Carrollton Senior Center Advisory Council (CSCAC)

Meets first Tuesday • 11am

Jim Rogers - President • Jesse Alvarado - Vice President • Ruth Nelson - Secretary • Don Couch - Treasurer John Storey - Welfare Liaison • Jo Anne Blair, Cathy John, Judy Reichenbach, and Judy Vaughn

CARROLLTON SENIOR CENTER ADVISORY **COUNCIL MEETING**

The CSCAC are elected members of the Carrollton Senior Center who meet to discuss the welfare of members, upcoming events, programs, classes, and other senior related issues. In addition, they advise Carrollton City staff on member preferences to Senior Center related topics such as facility design and layout, programs and events offered, and various facility operations. All Senior Center members are welcome to attend. Held monthly on the first Tu (9/6, 10/4, 11/1, & 12/6), 11am.

MEDICARE CARD LAMINATION

A continuing project, the CSCAC offers free lamination of new Medicare cards. Check the entry credenza for dates and times that CSCAC members will be available to protect this valuable health care identification card.

NEW MEMBER TOUR

New to the Senior Center? Find out what it's all about and receive a tour by a member of the CSCAC. They can answer questions and show you everything the City's busy Senior Center has to offer. Held weekly, M-F, 2-3pm.

VETERANS' VOICES

Preserve the memories of family and loved ones for all time. Veterans' stories keep the recollections alive and shared with new generations. If you have stories, news clippings, or pictures about veterans and warriors you would like to see preserved for our community, contact one of the CSCAC members to make an appointment to review documentations and photos that tell the amazing stories of friends and families. Photos and other documents may be reproduced, but all will be returned to you.

ALL SENIOR CENTER PROGRAMS AND EVENTS ARE FOR SENIORS 50 AND OLDER AND HELD AT THE CARROLLTON SENIOR CENTER UNLESS OTHERWISE SPECIFIED.

Seniors on Tour

The Senior Center is excited to be able to offer trips. These day outings come with lots of laughs while visiting exciting places in the area. Trips are always escorted by a Parks & Recreation staff member. For updates on trips, follow the Senior Center at facebook.com/groups/ carrolltonseniors.

SOUTHERN CHARM

Trip dates are Sunday, March 19 to Saturday, 25, 2023; register by Sunday, September 18. Space is limited. Experience warm Southern hospitality in America's southeast. Learn its rich history and deep traditions highlighted by stays in Charleston, Savannah, and Jekyll Island. The journey begins in Charleston, a city that has defied all odds having survived the Civil War, major fires, an earthquake, hurricanes, and still exudes elegance, charm, and grace. Double occupancy cost is \$3,448/person, single is \$4,148/person. A deposit of \$899 per person (which includes cancellation waiver and insurance) is due upon reservation.



DAY TRIPS

Explore entertaining and educational sites in North Texas with the Carrollton Senior Center. The Senior Center is not responsible for refunds for trips that are cancelled due to inclement weather when rescheduling is not available. Preregistration is required as space is limited.

CLASS#	DATES	DESTINATION	DAY	TIME	\$(RES/NR)
102020-65	9/22	Texas Rangers Game	Th	11am-4pm	\$40/\$44
102020-70	10/26	Fort Worth Botanic Garden	W	10:30am-3:30pm	n\$15/\$16.50
102020-80	11/30	George W. Bush Library	W	10:30am-4pm	\$30/\$33
102020-90	12/10	Christmas Pops	Sa	2-5pm	\$45/\$49.50
		at the Meyerson			

OUT TO LUNCH

Join the Carrollton Senior Center for a good time at a local restaurant. Lunch is on your own. We meet at the restaurant at 11am. Limited transportation is available for a fee of \$3 (res)/\$3.50 (non-res). Participants will need to bring money for lunch. Preregistration is required by everyone attending so that the restaurant will have an accurate head count.

CLASS # DATES	DESTINATION	DAY	TIME	\$(RES/NR)
102010-65 9/30	Babe's Chicken	F	11am	Dutch
10	006 W. Main St., Carrollton			
102010-70 10/28	Bavarian Grill	F	11am	Dutch
	3425 Premier Dr., Plano			
102010-80 11/18	Campisi's	F	11am	Dutch
5610 E. Mockingbird Ln., Dallas				
102010-90 12/30 C	heddar's Scratch Kitchen	F	11am	Dutch
5450 Nebraska Furniture Mart Dr., The Colony				

Senior Activities & Classes 50+

	MONDAY		TUESDAY		WEDNESDAY
7am 9am 930am 9:30am 11am 12:30pm 1pm 1pm	Walking Notary Service (9/5, 10/3, 11/7, & 12/5) Dominoes Knit & Crochet Group Better Balance \$ Aging Gracefully Yoga \$ Cribbage Bridge Movie Monday (9/19, 10/17, 11/21, & 12/19)	9am 9am 9am	Dominoes Stretch \$ Red Hat Society (9/6, 10/4, 11/1, & 12/27) SKIP-DO Texas Hold 'Em Tournament (9/27, 10/25, 11/29, & 12/13) Fun Chair Volleyball Practice Team Chair Volleyball Practice Reunión Hispana (9/20, 10/18, 11/15, & 12/20) Guitar Jam Sessions	7am 9am 9am 10am 10:15am 10:45am 12:15pm 12:30pm 1pm 2:30pm	Dominoes Book Club (9/14, 10/19, 11/16, & 12/21) Tai Chi \$ BINGO \$ CSCAC Hot Dog Wednesday \$ (9/14, 10/19, 11/16, & 12/21) Lunch and Learn (9/21, 10/19, 11/16, & 12/14) Pinochle Adult Coloring (9/21, 10/19, 11/16, & 12/21) Ping-Pong Group
5pm	Closed	7:30pm	Closed	5pm	Closed

Activities & Classes

ADULT COLORING

Coloring may sound like a simple activity to ward off boredom, but it can improve your health. A research study found that adults 65 years old and older who engage in creative activities have better overall health, use less medication, and have fewer health problems. Supplies are provided, and no registration is required. Held monthly, W (9/21, 10/19, 11/16, & 12/21), 1pm. Instructor: Vance



ANNUAL CRAFT FAIR

Saturday, October 8 • 9am-3pm **Carrollton Senior Center**

Free and open to the public of all ages. Browse and shop the variety of handmade craft items for sale. Vendor booths are supplied with a six-foot table and two chairs. Booth space is limited, so apply early. Residents: \$25; registration opens 7/25. Non-resident: \$27.50; registration opens 8/8.

ART CLASS: YOU CAN OIL PAINT A MASTERPIECE

Even if you have never held a paintbrush or cannot draw a straight line, you will be amazed at the beautiful painting you can create in one inspiring lesson. Beginners learn the basics of color mixing, brushstrokes, and perspective while completing a landscape, seascape, or still life in this fun and easy class taught by master artist and award-winning instructor Robert Garden. All supplies including canvas, paint, brushes, medium, easel, detailed lesson plan, and instruction are provided and included in the cost of the class. Bring paper towels and wear old clothes. For more information, visit robertgardenart.com. Deadline to register is three days before each class. Instructor: Garden

CLASS#	THEME	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152090-61	Top of the Mountain	9/9	F	1-4pm	1	\$35/\$36.50
152090-70	California Coat at Dusk	10/7	F	1-4pm	1	\$35/\$36.50
152090-80	Autumn in the Forest	11/4	F	1-4pm	1	\$35/\$36.50
152090-90	Midwest Sunset in the Sno	w 12/2	F	1-4pm	1	\$35/\$36.50



Play a game of chance in which each player has one or more cards printed with differently numbered squares on which to place markers when the respective numbers are drawn and announced by a caller. The first player to mark a complete row or other pattern of numbers is the winner. Bingo is played weekly. Arrive by 10:15am. Payment is to be made to the event organizers. \$1/card. Held weekly, W, 10:30am.

	THURSDAY		FRIDAY		SATURDAY
7am 9am 9am 9am 10:30am 10:30am 11am	Walking FUNctional Fitness \$ Dominoes Scrabble Stretch \$ Quilting Group Monthly Luncheons	7am 9am 9:30am 10am 11am 11am	Walking Painting Group Fitness Friday \$ H&F Canasta Aging Gracefully Yoga \$ Sing-Along Group (9/2, 9/16, 10/7, 10/21, 11/4,	10am 10am	Tai Chi \$ Technology Saturdays (9/17, 10/15, & 11/19) Closed
1pm 1pm 6:05pm 7pm	(9/15, 10/20, 11/17, & 12/15) Fun Chair Volleyball Jazz & Blues Band Practice Dance Lessons Thursday Night Dance	11am 12:30pm 1pm 1pm	11/18, 12/2, & 12/16) Out to Lunch (9/30, 10/28, 11/18, & 12/30) Pinochle Team Chair Volleyball Art Class \$ (9/9, 10/7, 11/4, & 12/2)	gro	Center is Closed For more information on oups, games, and activities
9:30pm	Closed	5pm	Closed		he daily calendar, talk with your Senior Center staff.

BOOK CLUB

Enjoy reading and want to share your thoughts on the book? Enrich your reading experience with some lively discussion.

DATE	DAY	TIME	BOOK AND AUTHOR
9/14	W	10am	A Woman of Intelligence by Karin Tanabe
10/19	W	10am	The Silent Patient by Alex Michaelides
11/16	W	10am	Hold Fast: A Novel by J. H. Gelernter
12/21	W	10am	The Wet Dessert by Gary Hansen

CERAMICS

Students will learn how to clean, decorate, shape, mold, and glaze items. Paint and firing ONLY are included in the class fee. No other supplies will be provided. Deadline to register is three days before each class. Instructor: Postma

CLASS#	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152010-61	9/6-9/27	Tu	9-11:30am	4	\$33/\$36.50
152010-70	10/4-10/25	Tu	9-11:30am	4	\$33/\$36.50
152010-80	11/1-11/22	Tu	9-11:30am	4	\$33/\$36.50
152010-90	12/6-12/27	Tu	9-11:30am	4	\$33/\$36.50



CHAIR VOLLEYBALL RECREATIONAL FUN PLAY

Stay active with a fun game of Chair Volleyball. Stay seated while stretching, laughing, and having a good time. Enjoy a new sport and gain new friends. For a little more competition, join the Team Chair Volleyball group. *Held twice weekly, Tu & Th, 1-4pm.*

TEAM PRACTICE

Tried the Recreational Fun Play and looking for a little more competition? Join the Chair Volleyball team. Stay seated while stretching, laughing, and having a good time. Team play includes some optional local tournaments that the team(s) can participate in. *Held twice weekly, Tu & F, 1-4pm*.

DRAMA GROUP: ACTORS COMING TOGETHER (ACT)

This talented group continues to entertain with hilarious performances. No particular talent is needed to join, just a good sense of humor and a desire to laugh. *Held weekly, W, 2:30-4pm*.



GUITAR JAM SESSIONS

Participate in an acoustic jam session; *no plug-ins except for bass and autoharp*. Music is of all genres. Attendees must know basic chords before joining, but all are welcome to sit in and have fun learning together. *Held weekly, Tu, 4pm.*

JAZZ & BLUES BAND PRACTICE

Join other musicians for an acoustic jam. Have fun playing music from a variety of genres. You must know basic chords before strumming along, but all are welcome to sit in. Only plug-ins for base and autoharp are allowed. *Held weekly, Th, 1pm.*



KNIT & CROCHET GROUP

If you like to knit and/or crochet, come join us. Work on your own project with your own yarn or use ours to make items for charity. We will help you with the basics. We have made hats, blankets, scarves, and baby items for hospitals and other charitable organizations. Enjoy the craft of knitting and/or crochet and make some new friends. Held weekly, M, 9:30-11:30am.

MASTER GARDENING LECTURES

Enrich your gardening skills by joining Dallas County's Master Gardeners. Join us each month for a free lecture on different gardening topics. Preregistration is required to attend. Classes may change from in-person to virtual.

CLASS#	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170043-1	9/19	М	11am-12pm	1	Free
170043-2	10/17	М	11am-12pm	1	Free
170043-3	11/21	М	11am-12pm	1	Free

NOTARY SERVICE

This is a free service offered to Senior Center members. A notary witnesses and authenticates signatures, administers oaths, verifies signatures, and takes affidavits for guests. Held monthly, M (9/5, 10/3, 11/7, & 12/5), 9-10am.

PAINTING GROUP

Come paint with others who love to paint and get inspired by your peers. Participants must bring their own materials and go at their own pace. Held weekly, F, 9am.

PING-PONG CLINIC

Participants of all abilities will learn and develop the skills required to play the sport of ping-pong. Participants will learn some of the fundamentals including grip, stance, basic forehand, and backhand strokes. In addition, serves, footwork, and game tactics will also be emphasized. Players will be immersed in a fun, supportive, and safe learning environment. All sessions will be taught by a former Paralympic Table Tennis team coach supported by advanced players, as needed. Players will need to bring their own paddles (facility paddles available to borrow), water bottle, and towel. Appropriate athletic attire/footwear should be worn.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160225-35	SRC	50+	9/15	Th	10-11am	1	Free

PING-PONG GROUP

Stay active with a fun pickup game of ping-pong. The ping-pong tables will be set up for a little more competition. Join a group of like-minded players. Held weekly, W, 1pm.



PONG ON WHEELS 50+ - SEE PAGE 42



QUILTING GROUP

If you can sew, you can quilt. Join us to work on different projects each month, or you can bring your own project and enjoy sewing with the group. Bring your own sewing machine and materials. Held weekly, Th, 10:30am-1pm.

SING-ALONG GROUP

Everyone is invited. Be a part of a group of seniors who love to sing. Song selection varies each time and includes classics that will take you down memory lane along with patriotic tunes. Held every first and third Friday, F (9/2, 9/16, 10/7, 10/21, 11/4, 11/18, 12/2, & 12/16), 11am.

TECHNOLOGY SATURDAY

This is a great opportunity to resolve your technology challenges and learn from others doing the same. Receive one-on-one assistance on a first-come, first-served basis on any of your portable devices that you bring in. Held monthly, Sa (9/17, 10/15, & 11/19), 10am.

TEXAS HOLD 'EM TOURNAMENT

Seating begins at 12:30pm and games begin at 1pm. The first 64 participants will be seated. No registration is required. Held monthly, Tu (9/27, 10/25, 11/29, & 12/13), 1pm, doors open at 12:30pm.

Food, Fun, and Fellowship



HOT DOG WEDNESDAY

Get a jumbo hot dog and all the fixin's prepared by members of the CSCAC. Payment is collected by the event organizers. \$2/hotdog. *Held monthly, W (9/14, 10/19, 11/16, & 12/21), 11am.*

LUNCH AND LEARN

Hear presentations from vendors on a variety of topics. Specific topics and presenters will be posted closer to the dates scheduled and will be published on the facility calendar and facebook.com/groups/carrolltonseniors. Preregistration is required to get an accurate head count. Space is limited. Held monthly, W (9/21, 10/19, 11/16, & 12/14), 12:15pm.



MONTHLY LUNCHEONS

Come for a delicious meal cooked and prepared by a professional chef. Enjoy a variety of entertainment and activities while socializing with friends. *Registration ends at 12pm on the Tuesday before the luncheon.*

CLASS#	DATE	DAY	TIME	\$(RES/NR)
102000-65	9/15	Th	11am-1pm	\$6.50/\$7.25
102000-70	10/20	Th	11am-1pm	\$6.50/\$7.25
102000-80	11/17	Th	11am-1pm	\$6.50/\$7.25
102000-90	12/15	Th	11am-1pm	\$6.50/\$7.25

MOVIE MONDAY

Join the Senior Center staff for a free movie in a modified and socially distanced setting. Due to the excitement of new releases, titles will not be available until one month prior and will be published on the facility calendar and facebook.com/groups/carrolltonseniors. *Held monthly, M (9/19, 10/17, 11/21, & 12/19), 1pm*.

RED HAT SOCIETY GROUP

Join the world's largest community of women who unite in the spirit of fun and friendship. You can be proud to know you are supporting a society that is reshaping the way women are viewed in today's culture by promoting freedom from stereotypes and fulfillment of goals and dreams. *Held monthly, Tu (9/6, 10/4, 11/1, & 12/27), 12pm.*

REUNIÓN HISPANA GROUP

This is a social group for our Spanish-speaking members. Bring your favorite stories to share and participate in games. To participate in this event, you are required to be over 50 years of age and have a Senior Center membership or a day pass. *Held monthly, Tu (9/20, 10/18, 11/15, & 12/20), 3pm.*

Este es un grupo social para nuestros huéspedes hispanohablantes. Traiga sus historias favoritas para compartir y participar en juegos. Para participar en este evento, se require que sea mayor de 50 años y tener una membresia del Senior Center o un pase por el día. Celebrado mensualmente, Tu (9/20, 10/18, 11/15, & 12/20), 3pm.

THURSDAY NIGHT DANCE

Live music and dancing will make your Thursday nights amazing. Local live bands each week and free refreshments served during break for adults 50+ or adults accompanied by someone 50+ years of age. \$5 (res)/\$5.50 (non-res). Held weekly, Th, 7-9:15pm.

WE **V** OUR SENIORS LUNCH

Looking for great food and fellowship? Spend time with friends while enjoying a free delicious meal provided by Joe's Pizza, Pasta and Subs (1904 E. Belt Line Road). Be sure to arrive early. Meals are served on a first-come, first-served basis. There is a limit of one meal per person who must be present for pickup. Held monthly, W (9/7, 10/5, 11/2, & 12/7), 10am.

Health & Fitness

DROP IN>> AEROBICS

This class is open to all participants regardless of athletic ability or coordination. The 60-minute workout is designed with warm up, aerobic moves followed by a stretching and cool down period. Regular participation offers benefits for your heart, lungs, muscles, and bones. The instructor incorporates basic choreography, ab work, and strength training. This is accomplished without weights or mats. Come ready to have fun, enjoy a variety of music, and feel rejuvenated when you leave. All mats and weights are provided. Bring a water bottle. \$3 (res)/\$3.50 (non-res) drop in fee. Instructor: Hess-Reneau

CLASS#	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132010-65	9/7-9/28	W	9-10am	4	\$12/\$13.25
132010-70	10/5-10/26	W	9-10am	4	\$12/\$13.25
132010-80	11/2-11/30	W	9-10am	5	\$15/\$16.50
132010-90	12/7-12/28	W	9-10am	4	\$12/\$13.25



DROP IN>> AGING GRACEFULLY YOGA

Increase your strength, flexibility, and balance with yoga. This class will relieve stress and tension and is designed to accommodate older adults. Come experience yoga to feel energized and revitalized. \$3 (res)/\$3.50 (non-res) drop in fee. No class 9/5, 11/11, 12/26, & 12/30. Instructor: Guinn

CLASS#	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132050-65	9/2-9/30	M/F	11am-12pm	8	\$24/\$26.50
132050-70	10/3-10/31	M/F	11am-12pm	9	\$27/\$29.75
132050-80	11/4-11/28	M/F	11am-12pm	7	\$21/\$23.25
132050-90	12/2-12/23	M/F	11am-12pm	7	\$21/\$23.25

DROP IN>> BETTER BALANCE

Maintaining or improving your balance is critical to good health. By strengthening your muscles, working on quickness and coordination, and performing balance exercises, we are striving not only to make the circuits in your brain react faster, but also to develop muscles to aid in fall prevention. \$3 (res)/\$3.50 (non-res) drop in fee. No class 9/5 & 12/26. Instructor: Sparenberg

CLASS#	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132020-65	9/12-9/26	M	9:30-10:30am	3	\$9/\$10
132020-70	10/3-10/31	M	9:30-10:30am	5	\$15/\$16.50
132020-80	11/7-11/28	M	9:30-10:30am	4	\$12/\$13.25
132020-90	12/5-12/19	M	9:30-10:30am	3	\$9/\$10

FITNESS EQUIPMENT ORIENTATION

Not sure how machines in our weight room work or how to set up a machine? This class provides a walk-through to give you a better understanding of the setup and how to position yourself properly. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized workout plan, contact one of our personal trainers. Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate. Instructor: Noune

DATES	DAY	TIME	#CLSS	\$(RES/NR)
9/12	M	2:30-4pm	1	\$6/\$7
10/10	M	2:30-4pm	1	\$6/\$7
11/14	M	2:30-4pm	1	\$6/\$7
12/12	M	2:30-4pm	1	\$6/\$7
	9/12 10/10 11/14	9/12 M 10/10 M 11/14 M	9/12 M 2:30-4pm 10/10 M 2:30-4pm 11/14 M 2:30-4pm	9/12 M 2:30-4pm 1 10/10 M 2:30-4pm 1 11/14 M 2:30-4pm 1







accept Visa, Mastercard, and Discover for all parks & recreation fees.

DROP IN>> FITNESS FRIDAY

Join us in the Texas Room for Fitness Friday. Instructor Tom Noune will lead a full-body workout that can be done with or without a chair. Workouts will utilize free-weights, stretch bands, and other equipment. Noune specializes in resistance training, primarily with seniors. \$3 (res)/\$3.50 (non-res) drop in fee. No class 11/25 & 12/23. Instructor: Noune

CLASS#	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132080-65	9/2-9/30	F	9:30-10:30am	5	\$15/\$16.50
132080-70	10/7-10/28	F	9:30-10:30am	4	\$12/\$13.25
132080-80	11/4-11/18	F	9:30-10:30am	3	\$9/\$10
132080-90	12/2-12/30	F	9:30-10:30am	4	\$12/\$13.25

DROP IN>> FUNCTIONAL FITNESS

Work your muscles in this class designed to build strength, add definition, increase bone density, and decrease body fat by building lean muscle. FUNctional Fitness will improve your back health, posture, balance, flexibility, and muscular endurance. \$3 (res)/\$3.50 (non-res) drop in fee. No class 9/15, 10/20, 11/17, 11/24, 12/15, 12/27, & 12/29. Instructor: Sparenberg

CLASS#	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132030-65	9/1-9/29	Tu/Th	9-10am	8	\$24/\$26.50
132030-70	10/4-10/27	Tu/Th	9-10am	7	\$21/\$23.25
132030-80	11/1-11/29	Tu/Th	9-10am	7	\$21/\$23.25
132030-90	12/1-12/22	Tu/Th	9-10am	6	\$18/\$20

HEALTH SCREENING: BLOOD PRESSURE & SUGAR LEVELS

Do you need to check your blood pressure or blood sugar? Visit the Senior Center for free blood pressure and blood sugar screenings provided by members of Carrollton Fire Rescue. No appointment necessary. Held monthly, Tu (9/13, 10/11, 11/8, & 12/13), 10am.

PERSONAL TRAINER OPTIONS - SEE PAGE 34

DROP IN>> STRETCH

This chair-based class has its roots in yoga and is designed specifically for participants who are unable to get up off the floor or stand/walk for long periods of time. You will leave class feeling stretched, strengthened, balanced, and relaxed. This class will challenge all fitness levels. \$3 (res)/\$3.50 (non-res) drop in fee. No class 9/15, 10/20, 11/17, 11/24, 12/15, 12/27, & 12/29. Instructor: Guinn

CLASS#	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132040-65	9/1-9/29	Tu/Th	10:30-11:30am	8	\$24/\$26.50
132040-70	10/4-10/27	Tu/Th	10:30-11:30am	7	\$21/\$23.25
132040-80	11/1-11/29	Tu/Th	10:30-11:30am	7	\$21/\$23.25
132040-90	12/1-12/22	Tu/Th	10:30-11:30am	6	\$18/\$20

NEW>> DROP IN>> TAI CHI

Learn the graceful dancelike progression of Tai Chi, which is also described as "Mediation in Motion". It is a low impact exercise, helping improve flexibility, strength, & balance. It places minimal stress on your body, making it suitable for people of all ages, temperament, & states of health. Tai Chi brings together the mind & body by maintaining the flow of "Qi", life's energy. \$6 (res)/\$6.50 (non-res) drop in fee. No class 12/24 & 12/31. Instructor: Koh

CLASS#	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132901-60	8/17-9/17	W/Sa	10-11am	10	\$56.25/\$62
132901-70	10/5-10/29	W/Sa	10-11am	8	\$45/\$49.50
132901-80	11/2-11/30	W/Sa	10-11am	9	\$50.75/\$56
132901-90	12/3-12/31	W/Sa	10-11am	7	\$39.50/\$43.50

Carrollton Public Library

Free programs and events for all ages

Events are subject to change or may move to a virtual format.

Visit cityofcarrollton.com/library for all updates.

HEBRON & JOSEY

4220 N. JOSEY LANE (AT HEBRON PARKWAY)

Sunday 1-5pm Monday 10am-8pm Tuesday 10am-8pm Wednesday 10am-8pm Thursday 10am-8pm Friday Closed Saturday 10am-5pm Public computers • Online databases and resources • Free Wi-Fi Books, CDs, DVDs • Hotspots Materials in Spanish, Korean, Vietnamese, Chinese & more • Study rooms Quiet reading lounges • Local history & genealogy • Language instruction resources • eBooks

JOSEY RANCH LAKE

1700 KELLER SPRINGS ROAD (WEST OF JOSEY LANE)

Sunday	1-5pm
Monday	10am-8pm
Tuesday	10am-8pm
Wednesday	10am-8pm
Thursday	Closed
Friday	10am-5pm
Saturday	10am-5pm

Information: 972-466-4800 • cityofcarrollton.com/library
The Library Advisory Board meets quarterly at Josey Ranch Lake Library at 6:30pm.
Meetings are open to the public. See our website for scheduled meeting dates.

Preschool

For the most up-to-date information, visit cityofcarrollton.com/library. September 6-November 30 (no classes the week of November 20-26)

EARLY LITERACY CLASSES

BABY TIME

These 20-minute sessions are designed for "pre-walkers" and a parent or caregiver. Interact with baby as you develop a love of language through rhymes and music. Stay afterward for a time for baby play and adult conversation. Siblings welcome.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	Pre-Walkers	W	10:15am	Ongoing
Josey Ranch Lake	Pre-Walkers	W	2pm	Ongoing

TODDLER TIME

Children and a parent or caregiver participate in early language learning through stories, songs, rhymes, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	1-3	M	10:15am	Ongoing
Hebron & Josey	1-3	M	11:15am	Ongoing

LIBROS Y AMIGOS/BOOKS AND FRIENDS

Participa en cuentas, canciones, juegos con los dedos, rimas de acción, y movimiento en español e inglés. Todos son bienvenidos, ya sea que sepa español o le gustaría aprender.

Participate in stories, songs, fingerplays, action rhymes, and movement in Spanish and English. Everyone is welcome – whether you know Spanish or would like to learn.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	Birth-5+	Tu	10:15am	Ongoing

PRE-K STORY TIME

Children develop early literacy skills through stories, songs, finger plays, action rhymes, and movement. Story times are designed to help children practice the skills needed to prepare for school.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	3-5	W	10:15am	Ongoing
Hebron & Josey	3-5	W	11:15am	Ongoing

FAMILY STORY TIME

Children and their families participate in stories, songs, finger plays, action rhymes, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	Birth-5+	M	7pm	Ongoing
Josey Ranch Lake	Birth-5+	Tu	11:15am	Ongoing



Give your child a head start on the path to success by developing early literacy skills through reading books together. This self-paced program is open to children from birth to age 5. *Pick up a starter kit at the Library.*

EARLY LITERACY SPECIAL EVENTS

SATURDAY STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, rhymes, and movement.

DATE	LIBRARY	AGE	DAY	TIME
9/10	Josey Ranch Lake	2-5	Sa	10:15am
10/8	Josey Ranch Lake	2-5	Sa	10:15am
11/5	Josey Ranch Lake	2-5	Sa	10:15am

PRESCHOOL PLAYDATE

Children and their families learn and explore through play by participating in sensory-rich activities that promote healthy development and learning.

DATE	LIBRARY	AGE	DAY	TIME
9/15	Hebron & Josey	2-5	Th	10:15am
10/13	Hebron & Josey	2-5	Th	10:15am
11/17	Hebron & Josey	2-5	Th	10:15am

OUTDOOR STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, rhymes, and movement. Join Library staff on-site at Mary Heads Carter Park, weather permitting. Visit cityofcarrollton. com/library and social media channels for weather-related cancellations.

DATE	LOCATION	AGE	DAY	TIME
10/21	Mary Heads Carter Park	2-5	F	9am

Elementary

For the most up-to-date information, visit cityofcarrollton.com/library.

STEAM & STORIES

Elementary age children are invited to learn about STEAM concepts through stories and activities. *Registration required. See Programs & Events at cityofcarrollton.com/library for details.*

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
9/24	Hebron & Josey	5+	Sa	10:15am	9/10
10/22	Hebron & Josey	5+	Sa	10:15am	10/8
11/19	Hebron & Josey	5+	Sa	10:15am	11/5

THINGS THAT MAKE YOU GO EEEK

All About Animals will present a program of creepy-crawlies and other creatures that will make you go EEEK!

DATE	LIBRARY	AGE	DAY	TIME
10/15	Josey Ranch Lake	5+	Sa	2pm



Family

For the most up-to-date information, visit cityofcarrollton.com/library.

FAMILY BOARD GAME NIGHT

Join the Carrollton Public Library staff for family bonding and a bit of friendly competition, with provided family-appropriate board games.

DATE	LIBRARY	AGE	DAY	TIME
9/6	Hebron & Josey	5+	Tu	6:30-7:30pm
10/4	Hebron & Josey	5+	Tu	6:30-7:30pm
11/1	Hebron & Josey	5+	Tu	6:30-7:30pm

THANKSGIVING MOVIE NIGHT

BYOBlanket and join Library staff to watch Sing 2 (2021), PG. Movie will begin promptly at 6pm.

DATE	LIBRARY	AGE	DAY	TIME
11/22	Hebron & Josey	5+	Tu	6pm

Middle & High School

For the most up-to-date information, visit cityofcarrollton.com/library.

TWEEN & TEEN HANGOUT

Hang out with friends after school and enjoy video games and board games, crafts, and snacks.

DATE	LIBRARY	AGE	DAY	TIME
9/13	Josey Ranch Lake	11+	Tu	5-6pm
10/11	Josey Ranch Lake	11+	Tu	5-6pm
11/8	Josey Ranch Lake	11+	Tu	5-6pm

TEENS TAKE OVER

Hang out with friends, compete in trivia for prizes, play video games, and more at the Library while it's closed to the public. Food and drinks provided. *Pick up a permission slip at either Library location or on the website. Signed permission slip required to enter.*

DATE	LIBRARY	AGE	DAY	TIME
9/23	Hebron & Josey	13+	F	5:30-7:30pm
10/28	Hebron & Josey	13+	F	5:30-7:30pm
11/18	Hebron & Josey	13+	F	5:30-7:30pm

BOOK A LIBRARIAN!

Need some research assistance? Schedule a 30-minute session with a professional librarian. Get search tips and resource guidance from an expert. Book an in-person or Zoom appointment at cityofcarrollton. com/bookalibrarian or call 972-466-4800 for assistance.

Winter Break

December 19-January 2

A hands-on self-directed activity will be available each week of Winter Break.

> For the most up-to-date information, visit cityofcarrollton.com/library.

WINTER ROBOT CODING

Apply basic code to program robots to compete in winter-themed obstacle courses and more. Two sessions will be available. Registration required. See Programs & Events at cityofcarrollton. com/library for details.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
12/19	Josey Ranch Lake	5+	M	2&3pm	12/5

WINTER BILINGUAL STORY TIME

Come to the Library for a holiday-themed bilingual story time and do a fun craft.

DATE	LIBRARY	AGE	DAY	TIME
12/20	Josey Ranch Lake	5+	Tu	10:15am

WINTER MAKER LAB

Bring your child for some makerspace fun to help spark the imagination, while supples last.

DATE	LIBRARY	AGE	DAY	TIME
12/27	Hebron & Josey	5+	Tu	2pm

WINTER MOVIE NIGHT

BYOBlanket and join Library staff to watch Abominable (2019), PG. Movie will begin promptly at 6pm.

DATE	LIBRARY	AGE	DAY	TIME
12/29	Hebron & Josey	5+	Th	6pm

HOLDS PICKUP

972-466-4800 cityofcarrolton.com/library

PLACE A HOLD

Place holds on items online 24/7 at cityofcarrollton.com/library or by phone at 972-466-4800 during service hours.



2. GET NOT

You'll receive an email once your items are ready for pickup. You may also call during service hours to check your hold status.

CARROLLTO

3. PICKUP.

Present your Library Card or photo ID at the drive-up window.



Sir Reads-A-Lot!

Visit the Carrollton Public Library at Josey Ranch Lake and meet Sir Reads-A-Lot.

Donate today to receive a commemorative plate on the spine of one of his books.

All donations go to the Friends of the Carrollton Public Library, which supports the Library's programs.

Visit

friendscarrolltonlibrary.org for more information or to donate.

Silver Level: **Bronze Level:**





CHECK OUT A MOBILE HOTSPOT DEVICE

- Available to adult Carrollton residents with a valid Carrollton Public Library card
- Check out a hotspot device for one
- Place on hold and pick up at the desk or drive-up window at either library

The purchase of the hotspots by the Carrollton Public Library was made possible by a grant from the U.S. Institute of Museum Services CARES Act grant (#LS-246561-OLS-20) to the Texas State Library and Archives Commission under the provisions of the Library Services and Technology Act. (2021).

<u>Adult Programs</u>

COMPUTER SKILLS

Need help with computers? Check out the Computer Classes calendar at cityofcarrollton.com/library to register for upcoming classes.

CRAFTING & FUN AT THE LIBRARY



Check out something new at Josey Ranch Lake Library - seeds. Take a packet of seeds, plant them, and reclaim the seeds to share at the Library. Sponsored by the Friends of the Carrollton Public Library.

SEED SAVING TIPS

A Master Gardener will share how to save various types of seeds. Share with the Seed Library or save for next season gardens. Presented by Denton County Master Gardeners Association (DCMGA).

DATE	LIBRARY	AGE	DAY	TIME
9/10	Josey Ranch Lake	Adult	Sa	10:30am



GAME ON!

Spend time playing board games with new friends at this volunteerled program. Whether you're a gaming veteran or want to get more into the hobby, this is the place for you. Bring a game from home or play ones from the Library.

DATE	LIBRARY	AGE	DAY	TIME
9/7	Josey Ranch Lake	Adults	W	6-8pm
9/21	Josey Ranch Lake	Adults	W	6-8pm
10/5	Josey Ranch Lake	Adults	W	6-8pm
10/19	Josey Ranch Lake	Adults	W	6-8pm
11/2	Josey Ranch Lake	Adults	W	6-8pm
11/16	Josey Ranch Lake	Adults	W	6-8pm
11/30	Josey Ranch Lake	Adults	W	6-8pm
12/14	Josey Ranch Lake	Adults	W	6-8pm
12/28	Josey Ranch Lake	Adults	W	6-8pm

LATINX ART

Celebrate Hispanic Heritage Month by decorating and sewing a sugar skull sachet. Sugar skulls are typically made for Dia de los Muertos, a celebration honoring those that have departed. Registration required. See Programs & Events at cityofcarrollton. com/library for details.

DATE	LIBRARY	AGE	DAY	TIME
9/14	Josey Ranch Lake	Adult	W	6-7:30pm

ELEMENTS OF WRITING HORROR FICTION

Learn from the Carrollton League of Writers how to write horror fiction this spooky season.

DATE	LIBRARY	AGE	DAY	TIME
10/12	Josey Ranch Lake	Adult	W	6-7:45pm

HISTORY OF HOT CHOCOLATE

Learn the rich history of hot chocolate from different cultures and taste test your own creation.

DATE	LIBRARY	AGE	DAY	TIME
12/3	Josev Ranch Lake	Adult	Sa	1-2nm

HEALTH & WELLNESS

MEDICARE 101

Confused about Medicare and all its parts and changes each year? Come and learn about Parts A, B, C, and D. This program will also help you understand election periods, eligibility, and enrollment penalties. This program is presented by Scott Teague from Four Square Senior Benefits. Bring your questions with your pens and paper to have your questions answered.

DATE	LIBRARY	AGE	DAY	TIME
10/8	Hebron & Josey	Adult	Sa	10:30am-12pm

JOB SKILLS

RESUME DEVELOPMENT

In this workshop, a professional HR consultant will present on preparing a resume. Learn the four types of resumes and which one you should use. Discover resume best practices and applicant tracking system (ATS) compliance in developing your resume. Finally, learn what recruiters are looking for.

DATE	LIBRARY	AGE	DAY	TIME
9/23	Josev Ranch Lake	Adults	F	10:30-11:30am

INTERVIEWING SKILLS

A professional HR consultant will present on interview best practices. Learn how to answer basic interview questions, behavioral interviewing, and questions you should ask the recruiter.

DATE	LIBRARY	AGE	DAY	TIME
9/30	Josey Ranch Lake	Adults	F	10:30-11:30am

SALARY NEGOTIATION

This workshop will be presented by a professional HR consultant who will cover how to negotiate a salary when accepting a job offer. Learn what parts of the offer are negotiable, when to negotiate, and additional tips.

DATE	LIBRARY	AGE	DAY	TIME
10/7	Josey Ranch Lake	Adults	F	10:30-11:30am



METROCREST COMMUNITY JOB FAIR

Come for a job fair tailored to the community. Metrocrest Services and the Carrollton Public Library have partnered to bring together employer and employee. All job seekers are welcome. Registration required. See Programs & Events at cityofcarrollton.com/library for details.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
9/19	Josey Ranch Lake	Adults	M	1-4pm	9/6

LEGAL

GREEN CARDS

Learn about the American green card process with an immigration and business attorney. Topics to be covered include eligibility categories, grounds of ineligibility, the application process, and the interview. *No registration is required.*

DATE	LIBRARY	AGE	DAY	TIME
9/10	Josey Ranch Lake	Adults	Sa	2-3pm

FAMILY LAW VIA ZOOM

Legal matters pertaining to a family can be relatively simple or painfully complicated. This program will discuss Texas law pertaining to marriage, divorce, child support, and visitation. The Texas Probate system will be briefly discussed and why having a will is so important. Presented by RISE: Reaching Individuals through Service & Education. Registration required. See Programs & Events at cityofcarrollton.com/library for details.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
9/12	Josey Ranch Lake	Adult	M	6:30pm	8/29

SLICE AND ADVICE

Join attorneys from RISE: Reaching Individuals through Service & Education for a pizza lunch and an opportunity to get advice on your legal questions.

DATE	LIBRARY	AGE	DAY	TIME
10/1	Josey Ranch Lake	Adult	Sa	11:30am-1:30pm

TENANTS' RIGHTS VIA ZOOM

As a renting tenant, individuals are covered under the Texas Property Code and State and Federal laws. This program will look at what rights, remedies, and obligations a tenant has in a rental property situation. Presented by RISE: Reaching Individuals through Service & Education. Registration required. See Programs & Events at cityofcarrollton.com/library for details.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
10/17	Josey Ranch Lake	Adult	M	6:30pm	10/3

WILLS CLINIC

As part of this clinic, you will be able to talk with an attorney to discuss your options and generate a basic estate plan including a will and a power of attorney. Registration required. See Programs & Events at cityofcarrollton.com/library for details.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
11/12	Hebron & Josey	Adult	Sa	10am	10/29

SMALL BUSINESS

CONFIDENTIAL MENTORING – FREE!

SCORE has been providing free mentoring for new and existing businesses for over 40 years and has a network of over 13,000 volunteers who donate their time to help entrepreneurs. As highly successful and experienced business professionals and entrepreneurs, SCORE mentors deliver no-cost, confidential, valuable business counseling tailored to meet the needs of your business, whether you are a start-up or an existing business. Appointments are available online and in person, are one hour and may be held virtually or at Josey Ranch Lake Library, depending on availability. Visit dallas. score.org or call 214-987-9491 to schedule a time to meet with a SCORE volunteer about your business.



Special Events







Wildlife Workshop

Tuesday, September 6 • 6-8pm Josey Ranch Lake Library • Meeting Room 1

All ages are welcome. Native wildlife living throughout the City of Carrollton can be seen year-round. The more residents know about the animals that live among them, the more they can understand how the animals benefit the community. Normally native wildlife poses no threat to humans and keeps their distance, but if they discover access to food, water, and shelter, these animals may continue to return and begin to get comfortable in their surroundings. Learn how to rectify human-wildlife conflicts and how to live with various species in harmony.

Sam Kieschnick is an urban wildlife biologist with the Texas Parks & Wildlife Department (TPWD) serving the east side of the Dallas-Fort Worth (DFW) metroplex. This workshop will focus on the three a's: awareness, appreciation, and action.

To register, call 972 466 5727 or email communitydevelopment@cityofcarrollton.com.

Friends of the Carrollton Public Library Book Sale

Wednesday, September 28 • 6-8pm (members only) Thursday, September 29 • Noon-8pm Saturday, October 1 • 10am-5pm Hebron & Josey Library

Stop by the Hebron & Josey Library during the Friends of the Carrollton Public Library Book Sale. Donated adult and children's books, movies, and music will be available for purchase. Cash, checks, and credit cards are accepted. All proceeds benefit the Friends of the Carrollton Public Library to fund Library programming.

Want to attend the book sale before everyone else? Become a Friend, visit friendscarrolltonlibrary.org.

Genealogy Lock-In

Friday, October 21 • 10am-5pm • Free Josey Ranch Lake Library

Join fellow genealogists and family historians for a day of research and know-how. "Attend" virtual genealogy workshops on a variety of topics from specialists across Texas. Spend the day or attend only a few sessions of a primary interest. This event is free, but registration is required. Beginning September 30, register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

More information about specific sessions will be available at a later date.

Books for Treats New For All Ages

Monday, October 31 10am-8pm • Free Both Libraries

Patrons of all ages can wear a Halloween costume to either Library location and pick out a free book while supplies last.



Winter Reading Challenge

Thursday, December 1-Wednesday, February 1

Sign up to challenge yourself during those slow winter months by taking part in this reading adventure without leaving the comfort of your favorite reading nook. Register at carrolltonlibrary.READsquared.com beginning Tuesday, November 1.



Community Events

Saturdays on the Square

Second Saturday of the month

All events are free

Downtown Carrollton • 1106 S. Broadway Street

September

Saturday, September 10 • 6-8pm

Live Music

Enjoy some live music at the Gazebo from North Texas native and previous American Idol contestant, Jade Flores.

October

Saturday, October 8 • 5-7pm

Hispanic Heritage Month

Celebrate Hispanic Heritage Month with live entertainment, games, crafts, and more.

November

Saturday, November 12 • 5-7pm Cocoa for Coats

Join us for an evening of giving back. Bring your lightly worn coats and winter garments to the Square as we partner with Metrocrest Services to swap your clothing for a cup of cocoa.

December

Saturday, December 10 • 5-7pm

Cookie Decorating

Decorate your own Christmas cookie while you shop for those last-minute gifts in Historic Downtown Carrollton.

For more information or to see all Downtown events, visit cityofcarrollton.com/downtown.





Pooch Pool Party

Saturday, September 10 • 12-3pm Dog entry: \$5 • Humans: Free Rosemeade Rainforest Aquatic Complex 1334 E. Rosemeade Parkway

The dog days of summer are almost over so bring your dog out for a day of fun in the sun. Your pooch will not want to miss their chance to splash around and play with their four-legged friends. Dog admission is \$5 but free for humans. Texas Coalition for Animal Protection will be on-site from 10am to 12pm offering vaccines, and Carrollton Animal Services & Adoption Center will be offering free City registrations for your pets. Other dog-friendly vendors will be on-site. For more information, visit cityofcarrollton.com/events.



World of Foodies

Saturday, September 17 • 3-9pm Event Entry: Free • Foodie Passport: \$30 Downtown Carrollton, 1106 S. Broadway Street

Bring an appetite and feast in a world of culture and cuisine at this popular foodie event. Enjoy authentic international refreshments and live performances while celebrating multiple nationalities and flavors. Entry to the event is free. Food purchases and culturally diverse craft vendors will be on location. For the best deal, attendees ages 21+ can purchase a Foodie Passport for \$30, good for 10 food samples from vendors, an 8 oz. drink at the on-site bar, and a souvenir glass.

Metrocrest Community Job Fair

Monday, September 19 • 1-4pm • Free Josey Ranch Lake Library 1700 Keller Springs Road

Join us for a job-seeking event tailored to our community. Metrocrest Services and the Carrollton Public Library have partnered to bring together employer and employee for meaningful conversations about organizational culture, opportunities, and tips for interview success. All job-seekers are welcome, but preregistration is requested. Register beginning 9/6 at carrolltonpl.libcal.com or call 972-466-4800 for assistance.



Friends of the Carrollton Public Library Book Sale

Wednesday, September 28 • 6-8pm (members only)

Thursday, September 29 • Noon-8pm Saturday, October 1 • 10am-5pm

Hebron & Josey Library, 4220 N. Josey Lane

Stop by the Hebron & Josey Library during the Friends of the Carrollton Public Library Book Sale. Donated adult and children's books, movies, and music will be available for purchase. Cash, checks, and credit cards are accepted. *All proceeds benefit the Friends of the Carrollton Public Library to fund Library programming.* Visit friendscarrolltonlibrary.org for more information.



Perry Pumpkin Patch

Saturday, October 15 11am-2pm • Free A.W. Perry Homestead Museum 1509 N. Perry Road

Leaves are turning and the Perry Museum is ready to usher in the fall season. Come to the Perry Pumpkin Patch where folks can enjoy some old-fashioned games, beautiful photo opportunities, and pumpkins. *Pumpkin reservations are required* and will be one pumpkin per reservation. Do you love pie? Compete in the pie-eating contest. There will be something for everyone on this relaxing day at the Homestead. Check the Museum's Facebook page for future details.



Mother/Son Monster Mash

Saturday, October 22 • 6-9pm Creekview High School 3201 Old Denton Road

Moms, come out for a HOWLING good time with your sons; a spooktacular time for all. Enjoy a kid-friendly haunted house and have fun with a bounce house, dancing, games, snacks, door prizes, raffles, and meet real SWAT Team members and firefighters.

Come as you aren't and wear your favorite kid-friendly costume. Take a photo with your little ghoul(s). Photos will be available for purchase. *No dads or daughters please; this is a special time for moms and their sons.* Hey boys, don't forget your Mummys! G'hosted by the Carrollton Police Officers Association. For more information, call 972-466-3031 or visit cityofcarrollton. com/monstermash.



Saturday, October 29 • 4-7pm • Free Historic Downtown Carrollton 1106 S. Broadway Street

Ghost hunt on the Square and celebrate Halloween in Historic Downtown Carrollton. Grab some candy, make a craft, and play some carnival games at this spook-tacular event. Stick around for a free showing of *Casper* (1995), PG at sunset. For more information, visit cityofcarrollton.com/downtown.

Books for Treats

Monday, October 31 • 10am-8pm • Free

Hebron & Josey Library 4220 N. Josey Lane

Josey Ranch Lake Library 1700 Keller Springs Road

Wear a Halloween costume to either Carrollton Public Library location and pick out a free book while supplies last. The event is for all ages. For more information or for other Library activities, visit cityofcarrollton.com/library.







Festival at the Switchyard

Saturday, November 5 • 11am-10pm • Free Historic Downtown Carrollton 1106 S. Broadway Street

Carrollton's 12th Annual Festival at the Switchyard provides FREE family-friendly, community-centered fun. Come out to Downtown Carrollton on Saturday, November 5 to try a bite from a variety of food vendors, shop Festival booths and Downtown stores, take a break in the beer garden, and rock along with the main stage entertainment including nationally known headliners, while the kids enjoy a free activity area with entertainers, carnival games, inflatables, bungee trampolines, face painters, a craft area, and more. With FREE admission, FREE parking, FREE rides, FREE games, and FREE concerts, the Festival at the Switchyard is a family favorite.

We look forward to seeing you there for a memorable day full of good tunes, good treats, and good times. Entertainment and Festival information is available at carrolltonfestival.com, facebook.com/carrolltonfestival, and twitter.com/carrolltonfest.



Volunteers are the heart and soul of any event. Sign up for as little as two hours and receive a free lunch and a volunteer T-shirt. Younger volunteers, ages 14-15, are also invited to participate if part of an organization with adult supervision.







Veterans Day Celebration

Thursday, November 10 11am-1pm • Free Carrollton Senior Center 1720 Keller Springs Road

This is a day to give thanks to veterans and remember those who have paid the price to make this great country what it is today. Due to limited seating, registration is limited to veterans and a guest or to widow(er)s of a veteran and a guest. The New Horizons Band Dallas will put on a patriotic concert. *Registration by 11/5 is required.* Visit cityofcarrollton. com/signupnow.



Christmas at the Perry

Thursday, December 1, 8, & 15 5:30-8pm • Free A.W. Perry Homestead Museum 1509 N. Perry Road

Santa called and asked for help and the A.W. Perry Homestead is up to the task. Get ready to take a stroll through the park and see how we are helping Santa get ready for Christmas. Gravley Park will be decorated with lights and photo opportunities. The Perry house will be decorated in traditional Victorian fashion, but some elves from the North Pole have turned a few rooms into workshop areas. The Homestead will be open after hours so guests can self-tour the Perry home and see the decorations.

Preregistration is required, so be sure to sign up at cityofcarrollton.com/signupnow.

Santa on the Square

Saturday, December 3 4-8pm • Free Historic Downtown Carrollton 1106 S. Broadway Street

Santa and his reindeer are bringing Christmas to the Square. Watch the sparkle and shine as we light up the Carrollton tree and fill the sky with a dazzling drone light show. Take photos with the beautiful decorations or step into the giant, inflatable snow globe. Enjoy performances from local groups throughout the evening and browse the selections of vendors in our Christmas village. For more information, visit cityofcarrollton.com/downtown.

Winter Break

Monday, December 19 -Monday, January 2 • Free

Hebron & Josey Library 4220 N. Josey Lane

Josey Ranch Lake Library 1700 Keller Springs Road

Each week of Winter Break, stop by either Library location for a hands-on, self-directed activity. Participate in a scavenger hunt and discover information about Ginger Who? To learn more, visit cityofcarrollton.com/library closer to December.







Adaptive Recreation

ARCHERY

Students will focus on range safety, proper shooting techniques, and target practice in a fun and safe environment. Instruction is provided by a certified archery instructor who has a degree in recreation therapy and experience teaching adaptive activities. This class is intended for newcomers, but all are welcome to participate. A parent or caregiver must be present and able to assist their participant as needed. All equipment is included in the registration fee.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170009-65	RRC	12+	9/5	M	4:45-5:45pm	1	Free
170009-66	RRC	12+	9/6-9/27	Tu	4:45-5:45pm	4	\$18/\$20
170009-71	RRC	12+	10/3	M	4:45-5:45pm	1	Free
170009-70	RRC	12+	10/4-10/25	Tu	4:45-5:45pm	4	\$18/\$20
170009-81	RRC	12+	11/1	M	4:45-5:45pm	1	Free
170009-80	RRC	12+	11/2-11/16	Tu	4:45-5:45pm	3	\$18/\$20

FAMILY DAY TRIP

Leave all the planning to Carrollton Parks & Recreation. Bring the whole family as we take a bus from Rosemeade Recreation Center to visit the Dallas Arboretum. Pack a picnic lunch and enjoy the 16th annual Autumn at the Arboretum. Fall is upon us, so join us for the excitement of seeing 90,000 pumpkins, gourds, and squash, hailing from the pumpkin capital of Texas, Floydada, in the new pumpkin village located behind Jonsson Color Garden. Registration is required.

CLASS#	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
102098-70	RRC	All	10/22	Sa	10am-3pm	\$28/\$30.50

FAMILY GAME NIGHT

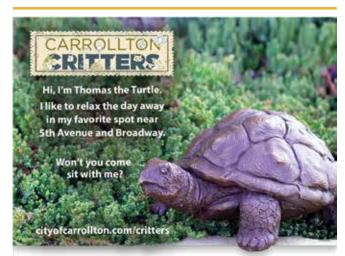
Join Carrollton Parks & Recreation in a game night for families and friends of all ages and abilities. The Rosemeade Recreation Center back gym will be reserved with a craft area, open basketball play, and games in a calm and quiet environment. Registration is required.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
102098-71	RRC	All	10/14	F	6:30-8pm	4	Free
102098-91	RRC	All	12/9	F	6:30-8pm	4	Free

HIP-HOP MINI CAMP

This 45-minute class explores hip-hop skills, technique, fresh beats, and swag in a fun and supportive environment. Dancing helps children and young adults develop motor skills, balance, use creative thinking, and make friends while getting exercise. Dancers of all abilities and dance knowledge are welcome. Instructor: Rogers

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150186-65	RRC	6-12	9/21-10/19	W	6:15-7pm	5	\$65/\$71.50
150186-80	RRC	13+	11/9-12/14	W	6:15-7pm	6	\$65/\$71.50





PONG ON WHEELS - PING-PONG

Adaptive ping-pong is offered for athletes of all abilities including those with physical and intellectual disabilities. Students will learn and develop the skills to play the sport of ping-pong including grip, stance, basic forehand, and backhand strokes. Serves, footwork, and game tactics will also be emphasized. Participation in adaptive ping-pong can help improve fine and gross motor skills, muscle development, range of motion, balance, and social skills while in a fun, safe, and supportive environment. All sessions will be taught by a former Paralympic Table Tennis team coach supported by advanced players, as needed. Appropriate athletic attire/footwear should be worn, and players should bring a water bottle, towel, and can borrow a facility paddle if needed. No class 11/22.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160201-67	RRC	6+	9/6-9/27	Tu	6:30-7:30pm	4	\$40/\$44
160201-72	RRC	6+	10/4-10/25	Tu	6:30-7:30pm	4	\$40/\$44
160201-82	RRC	6+	11/1-11/29	Tu	6:30-7:30pm	4	\$40/\$44
160201-92	RRC	6+	12/6-12/27	Tu	6:30-7:30pm	4	\$40/\$44

REC NIGHT OUT!

Hang out with friends and make new ones during Carrollton Parks & Recreation's REC Night Out! program. Participants meet at Crosby Recreation Center for a pizza party, games, crafts, and some nights go on outings like bowling or to the arcade. This is an opportunity to practice life, social, and communication skills as well as develop friendships and have fun.

CLASS#	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
171900-65	CRC	18+	9/9	F	5-8pm	\$20/\$22
171900-80	CRC	18+	11/18	F	5-8pm	\$20/\$22

REC OUT!

Recreation outings for adults of varying abilities to get together and have fun. Participants meet at Crosby Recreation Center then set off in a Carrollton City vehicle for lunch and an adventure in the community. This is an opportunity to practice life, social, and communication skills as well as develop friendships. Participants will need to bring money for lunch.

CLASS#	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
171900-70	CRC	18+	10/11	Tu	11am-3pm	\$20/\$22
171900-90	CRC	18+	12/13	Tu	11am-3pm	\$20/\$22

SKYHAWKS FLAG FOOTBALL

Flag Football is the perfect introduction to "America's Game." Participants learn skills on both sides of the football including the core components of passing, catching, and defense – all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron. A parent/guardian or caregiver needs to be present if an athlete is unable to participate independently. Registration closes at 1pm three days prior to the start date.

 CLASS#
 LOC
 AGE
 DATES
 DAY
 TIME
 #CLSS
 \$(RES/NR)

 167052-80 JRSC-F6
 7-12
 11/3-12/1
 Th
 6:15-7:15pm
 4
 \$70/\$77

SKYHAWKS SOCCER CLASS

Skyhawks has been sharing the love of the game for over 30 years. These clinics are a great way to introduce athletes of all abilities to the game of soccer. Using Skyhawks' progressional curriculum, young athletes will gain the technical skills and sport's knowledge required for that next step into soccer. A parent/guardian or caregiver needs to be present if an athlete is unable to participate independently. Registration closes at 1pm three days prior to the start date.

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 167100-70 JRSC-F6 7-12 10/8-10/29 Sa 11:30am-12:30pm 4 \$70/\$77

SKYHAWKS TRACK & FIELD CLINIC

Skyhawks Track & Field combines technical development, fundamental techniques, and safety with a major focus on fun. Using special equipment, Skyhawks' staff will teach participants of all abilities the fundamentals of body positioning, stride, proper stretching, and cool-down techniques. Participants will put it all together for one fun-filled day at the end of the program at a Skyhawks' track meet. A parent/guardian or caregiver needs to be present if an athlete is unable to participate independently. Registration closes at 1pm three days prior to the start date.

 CLASS #
 LOC
 AGE
 DATES
 DAY
 TIME
 #CLSS
 \$(RES/NR)

 160079-65 JRSC-F6
 7-12
 9/9-9/30
 F
 6:15-7:15pm
 4
 \$70/\$77

SPECIAL NEEDS FALL BASH

People of all abilities are invited to a fun-filled day of adaptive programming at Carrollton's Josey Ranch Sports Complex Field #6. There will be plenty of activities including giant soccer darts, family-friendly archery, and more. Carrollton Parks & Recreation won't leave you hungry either. This free event includes lunch in addition to all the fun. *Registration is required*.

 CLASS#
 LOC
 AGE
 DATES
 DAY
 TIME
 \$(RES/NR)

 236001-71
 JRSC-F6
 6+
 10/1
 Sa
 11am-2pm
 Free

TURF TIME

Carrollton Parks & Recreation Department would like to invite everyone in the community to join us at Josey Ranch Sports Complex Field #6 for baseball and fun. This is free for participants of all ages and abilities, their friends, families, and caregivers. *Registration is required.*

CLASS#	LOC	AGE	DATES	DAY	TIME	\$(RES/NR
Baseball 236001-65	JRSC-F6	6+	9/10	Sa	10am-12pm	Free
Bocce Ball 236001-70	JRSC-F6	6+	10/15	Sa	10am-11pm	Free
Frisbee Gol 236001-80	f JRSC-F6	6+	11/19	Sa	11am-12pm	Free



ADAPTIVE BASEBALL FIELD #6

The City of Carrollton has a fully accessible baseball field designed for people of all abilities. Instead of dirt, the field is made with a synthetic field turf surface for safety, performance, and durability. Field #6 at Josey Ranch Sports Complex features a reduced distance to the outfield, shorter base paths, wider gate openings, and wheelchair and walker accessibility. Adaptive Field #6 is available for rent to groups interested in hosting various sports activities or field days. For more information, call 972-466-4862.



SENSORY FRIENDLY BREAK AREA

Sensory Break Areas at certain Carrollton special events offer a quiet space for children and adults with Autism or other special needs to relax and take a break from the noise and crowd. Break areas include relaxing activities such as coloring, sensory toys, noise cancelling headphones, and bean bag chairs. Break area locations will be available at Carrollton's Ghost Town event and the Festival at the Switchyard.

INTERESTED IN VOLUNTEERING?

Email Shelby.Carradine@cityofcarrollton.com, if you or your organization are interested in volunteering for any of the City's adaptive programs or the Sensory Friendly Break Areas during events. Volunteers must be at least 16 years old and pass a background check.

CPR/AED and Basic First Aid

Sudden cardiac arrest is often a survivable event, but usually only with bystander intervention prior to EMS arrival. Carrollton Fire Rescue (CFR) wants to see everyone trained in CPR/AED. Under their tutelage, take a few hours to get trained and help save a life when every second counts.

The City of Carrollton encourages local businesses to schedule on-site training courses with CFR to establish what could be a safer environment should a cardiac episode occur in the workplace. For more information or to schedule a workplace training, call 972-466-4901. Classes will be held at the Carrollton Fire Admin building, 1111 W. Belt Line Road #100. Instructor: Carrollton Fire Rescue

CPR/AED/BASIC FIRST AID

This class is designed for those who do not need a nationally accredited course completion card (such as American Heart Association or American Red Cross). The focus of the class is on adult CPR and AED while also covering choking, infant and pediatric CPR, and basic first aid for common medical emergencies. Participants will receive a course completion card from Carrollton Fire Rescue. Those needing the nationally accredited card should take the Heartsaver CPR/AED - 171051 or Heartsaver CPR/AED/ First Aid -171055 course. Instructor: Carrollton Fire Rescue

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171050-05	CFA	10+	9/3	Sa	9am-10:45am	n 1	\$25/\$27.50
171050-06	CFA	10+	10/1	Sa	9am-10:45am	n 1	\$25/\$27.50
171050-07	CFA	10+	11/5	Sa	9am-10:45am	n 1	\$25/\$27.50
171050-08	CFA	10+	12/3	Sa	9am-10:45am	n 1	\$25/\$27.50

AHA HEARTSAVER CPR/AED

This class is open to anyone but is recommended for those needing a nationally recognized course completion card required by an employer (such as a daycare worker). Curriculum includes CPR/ AED and choking for adults, children, and infants. Participants receive an American Heart Association card upon completion. This class is not for healthcare providers who need a Basic Life Support (BLS) or a Healthcare Provider card. Those not needing the nationally recognized card can take this class or CPR/AED Training/Basic First Aid - 171050. Lunch break to be provided. Instructor: Carrollton Fire Rescue

CLASS# LOC AGE DATES TIME #CLSS \$(RES/NR) DAY 171051-03 CFA 10/15 9-11:45am 10+

AHA HEARTSAVER CPR/AED/BASIC FIRST AID

This course includes the AHA Heartsaver CPR/AED – 171055 plus the Heartsaver First Aid course which teaches participants first aid basics for the most common first aid emergencies, including how to recognize them, how to call for help, and how to perform lifesaving skills. Those not needing the nationally recognized card can take this class or CPR/AED Basic First Aid - 171050. Lunch break to be provided. Instructor: Carrollton Fire Rescue

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 171055-03 CFA 10+ 10/15 Sa 9-3pm 1 \$80/\$88





For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.



Quickfire Solutions

Bring the adventure to science with this Super-Heroes vs Super Villain Science program for elementary-age students. Quickfire Solutions takes coding basic engineering to the next level through head-to-head competition with the Brain Bot Battle League. In every Quickfire Solutions class, the kids are taught the B.E.A.T. mantra to:

- B Believe in Themselves
- E Engage with Everyone
- A Activate their Talent
- T Train to be Prepared

Afterall, what are they preparing for? Their future. Quickfire Solutions wants to give them the best tools for their toolbox through really unique programs where they are having fun, not knowing how much they are learning ... until it's too late.

SUPER-HEROES VS SUPER-VILLAIN SCIENCE

Come for a four-class evening science program where kids create their own super-hero and then work on a cool (some say 'SUPER') science project. Attendees will be given a super-hero scenario and a way to apply the science to what they learned.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150002-60	RRC	5-11	9/7-9/28	W	6-7pm	4	\$69/\$76
150002-70	RRC	5-11	10/19-11/9	W	6-7pm	4	\$69/\$76



Wize Computing Academy

Students will gain mental skills such as logical thinking, creativity, and critical reasoning; learn how to become a better team player; and gain self-esteem and confidence in the process. Students will develop better cognitive skills like hand-eye coordination and focus on learning the consequences of their actions. Students will also have an opportunity to participate in coding and robotics competitions like First LEGO® League. Students are recommended to bring their own laptop/tablet, or Wize Computing Academy can provide a laptop to use in class for an additional supply fee of \$25. To make arrangements, notify divya.dornadula@wizeacademy.com a week before class is scheduled.

CREATIVE ROBOTICS

Students in this course will focus on engineering, physical science, technology, mathematics, and language projects. Students explore different forms of robotics where students get to design, build, code and make them come to life. Forms of robotics may involve LEGO® Robotics and EV3s, Robotics with Controllers and Micro:bit, Virtual Robotic missions using VEX robotics and much more. *No class* 11/23.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171060-65	RRC	6-12	9/7-9/27	W	5:30-6:30pm	4	\$95/104.50
171060-70	RRC	6-12	10/5-10/26	W	5:30-6:30pm	4	\$95/\$104.50
171060-80	RRC	6-12	11/2-11/30	W	5:30-6:30pm	4	\$95/104.50

JOURNEY IN MINECRAFT

Build and Code in Minecraft. Travel to the Nether but watch out for zombies and creepers. Students go beyond playing Minecraft, they program it. Minecraft allows flexibility of instruction in both designing and coding skills.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171011-90	RRC	7-12	12/19-12/22	M-Th	2-5pm	4	\$180/\$198

CREATIVE ROBOTICS CAMP

Students in this camp will focus on engineering, physical science, technology, mathematics, and language projects. Students explore different forms of Robotics where students get to design, build, code and make them come to life. Forms of robotics may involve LEGO® Robotics and EV3s, Robotics with Controllers and Micro:bit, Virtual Robotic missions using VEX robotics, and much more

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171030-90	RRC	7-12	12/27-12/30	Tu-F	2-5pm	4	\$180/\$198



Outdoor

BEGINNER ARCHERY

Our archery class will focus on range safety, proper shooting techniques, and target practice in a fun and safe environment. Instruction is provided by a certified archery instructor. This class is intended for newcomers, but all are welcome. All equipment is included in the registration fee. Dress appropriately for the weather, wear closed-toe shoes. Class may be cancelled or postponed due to inclement weather.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170011-65	RRC	6-16	9/6-9/27	Tu/Th	6-7pm	4	\$35/\$38.50
170011-66	RRC	17+	9/6-9/27	Tu/Th	7:30-8:30pm	4	\$35/\$38.50
170011-70	RRC	6-16	10/4-10/25	Tu/Th	6-7pm	4	\$35/\$38.50
170011-71	RRC	17+	10/4-10/25	Tu/Th	7:30-8:30pm	4	\$35/\$38.50
170011-80	RRC	6-16	11/1-11/17	Tu/Th	6-7pm	3	\$35/\$38.50
170011-81	RRC	17+	11/1-11/17	Tu/Th	7:30-8:30pm	3	\$35/\$38.50



FALL FAMILY CAMPOUT

Carrollton Parks & Recreation Department invites you and your family to come for a night beneath the stars, a time to enjoy the outdoors and spend quality time together. The Fall Family Campout will be held at the R.E. Good Soccer Complex on 11/19. The campground opens at 3pm. Set up camp quickly, so you can enjoy games like giant Jenga, connect four, checkers, and a guided hike at the Elm Fork Nature Preserve (EFNP). There will be one hike for children ages 2-9 accompanied by a parent. The hike will cap at 20 kids, and will be first come, first served. The evening includes dinner, a bonfire, and a screening of the movie Shrek 2 (2004), PG. Breakfast will be provided in the morning while you break camp. Campsites must be clear by 9:30am Sunday morning. Participants must provide their own camping equipment. Registration is required for each individual camper online or on-site registration will be allowed from 3pm until dark. EFNP hike sign-ups will take place when the gates open. The cost per camper is \$10. For more information, call 972-466-9811 or visit cityofcarrollton.com/event.

FISHING POLE RENTALS

Stop by Rosemeade Recreation Center during normal operating hours to rent a fishing pole for only \$5. A \$20 cash deposit is required for each pole as well as government issued photo ID. For a full refund, poles may not be damaged and must be returned one hour prior to the close of Rosemeade Recreation Center on day of rental. Tackle and bait will not be provided. Must be 18+ to rent a fishing pole.

FLY FISHING

Learn to cast, tie basic fishing knots, tie flies, review equipment, learn about aquatic ecosystems, safety, fishing, ethics, and regulations. The introduction to fly fishing class offered by Dallas Fly Fishers (DFF), includes all equipment and materials. DFF has been an active club for over 30 years with instructors certified by Texas Parks and Wildlife Department (TPWD) and Federation of Fly Fishers. Upon completion, fishers will receive a TPWD Basic Fly-Fishing Certificate. Bring a hat, glasses, and lunch to eat on-site.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
127000-80	RRC	10+	11/5	Sa	9-3pm	1	Free

NEW>> FREE ARCHERY DAYS

Want to try archery? Take part in Carrollton's Free Archery Days at Rosemeade Recreation Center. Participants will focus on range safety, proper shooting techniques, and target practice with a certified archery instructor. All equipment is included. Dress appropriately for the weather, wear closed-toe shoes. Class may be cancelled or postponed due to inclement weather.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS
170011-67	RRC	6-16	9/12	M	6-7pm	1
170011-68	RRC	17+	9/12	M	7:30-8:30pm	1
170011-72	RRC	6-16	10/3	M	6-7pm	1
170011-73	RRC	17+	10/3	M	7:30-8:30pm	1
170011-82	RRC	6-16	11/1	M	6-7pm	1
170011-83	RRC	17+	11/1	М	7:30-8:30pm	1





FREE>> JUNIOR RANGER PROGRAM

Become a Junior Ranger. Children ages 4-11 can become a Junior Ranger by going on self-adventures with a parent in the wild throughout Carrollton. Carrollton Junior Rangers will learn about plants, recycling, water conservation, and more. Visit cityofcarrollton. com/signupnow to register for this free program. After registration, visit Crosby or Rosemeade Recreation Center during operating hours to pick up your Junior Ranger Handbook. Once you finish the handbook, email mario.sanchez@cityofcarrollton.com to set up a time to pick up a Junior Ranger badge and certificate. Don't forget to bring the completed handbook with you. Use #CarrolltonJrRangers to share any photos or videos of you completing your handbook. Sign up with class #170106-02.

CARROLLTON JUNIOR RANGER PLEDGE

As a Carrollton Junior Ranger, I promise to continue to explore Carrollton's natural areas, and help continue to preserve and protect these areas, while teaching others what I have learned. All while having fun!



KAYAKING 101

Learn the basics of kayaking at Josey Ranch Pond. American Canoe Association (ACA) certified instructors will start the class by giving a 30-minute lesson covering how to safely get into the kayak, how to paddle, and how to use kayak equipment. Participants will then use the skills that they learned to go kayaking in the pond. This class is open to all but is intended for beginner kayakers. All equipment is included in the registration fee. Bring a water bottle and a snack with you. Dress appropriately for the weather, wear closed-toed shoes. Class may be cancelled or postponed due to inclement weather. Class will meet at the Josey Ranch Pond located within the Josey Ranch Sports Complex.

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
JRSC	10+	9/10	Sa	1-2:30pm	1	\$30/\$33
JRSC	10+	10/8	Sa	1-2:30pm	1	\$30/\$33
JRSC	10+	11/12	Sa	1-2:30pm	1	\$30/\$33
JRSC	10+	12/10	Sa	1-2:30pm	1	\$30/\$33
	JRSC JRSC JRSC	JRSC 10+ JRSC 10+	JRSC 10+ 9/10 JRSC 10+ 10/8 JRSC 10+ 11/12	JRSC 10+ 9/10 Sa JRSC 10+ 10/8 Sa JRSC 10+ 11/12 Sa	JRSC 10+ 9/10 Sa 1-2:30pm JRSC 10+ 10/8 Sa 1-2:30pm JRSC 10+ 11/12 Sa 1-2:30pm	JRSC 10+ 9/10 Sa 1-2:30pm 1 JRSC 10+ 10/8 Sa 1-2:30pm 1 JRSC 10+ 11/12 Sa 1-2:30pm 1

KAYAKING 201

Some experience with kayaking is preferred. American Canoe Association (ACA) certified instructors will provide a brief introduction, going over the kayaking equipment, safety, and the techniques to kayaking. Participants will then get to go kayaking on the McInnish Pond and see the beautiful wetlands habitats. All equipment is included in the registration fee. Bring a water bottle and a snack with you. Dress appropriately for the weather, wear closed-toed shoes. Class may be cancelled or postponed due to inclement weather. Class will meet at the McInnish Lake located within the McInnish Sports Complex.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
170014-04	MCINC	10+	9/17	Sa	1-3pm	1	\$35/\$38.50	
170014-05	MCINC	10+	10/22	Sa	1-3pm	1	\$35/\$38.50	
170014-06	MCINC	10+	11/19	Sa	1-3pm	1	\$35/\$38.50	
170014-07	MCINC	10+	12/17	Sa	1-3pm	1	\$35/\$38.50	

Scouts

Earn patches, badges, or complete certain requirements at the A.W. Perry Homestead Museum (PHM) and Elm Fork Nature Preserve (EFNP). Reserve a program date for your troop by calling 972-466-9811. All program fees must be received to secure your date. One adult must be present for every five scouts and a minimum of three students is needed to offer any program. Badges will be given out for any of the paid options.

GIRL SCOUTS:

BADGES FOR DAISIES

Outdoor Art Maker - \$7 per scout Rosie: Make the World a Better Place - \$7 per scout

BADGES FOR BROWNIES

It's Your Planet Badge: Pottery Craft - \$12 per scout Outdoor Art Creator - \$12 per scout

BADGES FOR JUNIORS

Gardener - \$12 per scout

It's Your Story Badge: Manners - Social Butterfly - \$12 per

Outdoor Art Explorer - \$12 per scout

BADGES FOR CADETTES

Outdoor Art Apprentice - \$12 per scout

BOY SCOUTS:

CUB SCOUTS

Bear Adventures: Paws for Action - Free by appointment Bear Elective Adventures: Marble Madness - \$7 per scout Tiger Adventures: Tigers in the Wild - Free by appointment Webelos Elective Adventures: Webelos in the Wild - Free by appointment

Wolf Adventures: Paws on the Path - Free by appointment Wolf Elective Adventures: Collections and Hobbies - \$7 per scout

BOY SCOUT MERIT BADGES

Merit Badge: American Heritage - Free by appointment Merit Badge: Archaeology - \$12 per scout Merit Badge: Collections - Free by appointment

EAGLE SCOUTS

Eagle Scout Project: By appointment

The PHM and EFNP welcome all Eagle Scouts seeking service, impact, and leadership with their Eagle Projects. To propose an idea for your Eagle Project, call 972-466-6382.

Dance

Dynasty Dance Academy offers year-round classes that have a variety of different dance styles for various ages. Participants will refine motor skills, use creative thinking, learn dance terminology, and develop performance skills throughout each class.

INTRO TO BALLET

Students will be introduced to basic ballet stretches, movements, barre exercises, and center work through creative movement. The class teaches rhythm, musicality, strength, and coordination through classroom activities. No class 11/26.

LOC AGE DATES DAY CLASS # TIME #CLSS \$(RES/NR) RRC 3-5 9/10-12/3 Sa 11-11:45pm 12 \$165/\$181.50

NEW>> BALLET FOLKLÓRICO

Students will focus on ballet folklorico movement, culture, rhythm, technique, and performance skills. Parents will enjoy a fun showoff at the end of this session. Ballet shoes and folklórico flamenco shoes required. Ballet leotard and ballet shirt (any color) required. No class 11/26.

LOC CLASS# AGE DATES DAY TIME #CLSS \$(RES/NR) 12 \$165/\$181.50 150045-60 RRC 6-12 9/8-12/1 Th 6:15-7pm

BEGINNING BALLET

Students will learn basic ballet stretches, movements, barre exercises, and center work. Children are introduced to the structure and discipline of a ballet class, basic ballet terminology, and creative expression through movement to music. No class 11/26.

LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 12 \$165/\$181.50 150105-60 RRC 6-10 9/10-12/3 Sa 12-1pm



HIP-HOP CLASS

Students will explore hip-hop skills, technique, current dances, fresh beats, and swag. Parents will enjoy a fun showoff at the end of the session. No class 11/22 & 11/26.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150185-60	RRC	7-12	9/6-11/29	Tu	6:30-7:30pm	12	\$165/\$181.50
150185-65	RRC	7-12	9/10-12/3	Sa	1-2pm	12	\$165/\$181.50



Students will explore ballet and jazz skills, technique, and choreography. Parents will enjoy a fun showoff at the end of this session. No class 11/26.

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 150050-60 RRC 6-12 9/6-11/29 Tu 5:30-6:30pm 12 \$165/\$181.50

NEW>> BALLET & TAP CLASS

Explore the world of ballet and tap. Students will focus on ballet and tap movement, technique, and performance skills, taught by nurturing dance instructors using themed curriculum. Parents will enjoy a fun showoff at the end of this session. Tap and ballet shoes required. No class 11/21.

LOC #CLSS \$(RES/NR) CLASS# ΔGF DATES DAY TIME 150140-60 RRC 4-6 9/12-12/5 M 4:15-5pm 12 \$165/\$181.50 150140-65 RRC 7-12 9/12-12/5 M 5:15-6pm 12 \$165/\$181.50

DJ School

LEARN HOW TO DJ

Mix it up. Students will learn how to take their love of music to explore how technology can take a person to a new level of appreciation. Participants will discover new skills and techniques to mix, scratch, and match beats and music. The class fosters creativity and will engage participants in a new challenge while building confidence and exploring multiple genres of music. Professional DJ equipment will be provided. Instructor: Quickfire Solutions

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150003-60	RRC	8+	9/8-9/29	Th	6-7pm	4	\$69/\$76
150003-70	RRC	8+	10/13-11/3	Th	6-7pm	4	\$69/\$76

Drama

FUNDAMENTALS OF ACTING 1

The actor is introduced to the fundamentals of acting and will learn to listen, respond truthfully, and intuitively. In the class, students will learn to prepare using the Actor's Quartet based on Circumstances, Objective, Relationship, Emotional prep, and Stakes (C.O.R.E.S.) work. Preparation will lay the foundation for Via Actorem, The Way, The Actor, a 21st century approach. These concepts translate across different platforms including stage, film, television, and digital media. Instructor: Cruz

CLASS# LOC AGE DATES #CLSS \$(RES/NR) DAY TIME 150550-60 RRC 15+ 9/12-10/17 6-7:30pm \$50/\$55

VIA ACTOREM, THE WAY, THE ACTOR

This class is a continuation of the Fundamentals of Acting I class, and students will explore further the application of the fundamentals of acting using the C.O.R.E.S. work. This is an acting approach for the 21st century that translates across different platforms, including stage, film, television, and digital media. Instructor: Cruz

DATES DAY LOC AGE CLASS# TIME #CLSS \$(RES/NR) 150550-62 RRC 15+ 10/24-11/28 6-7:30pm 6 \$50/\$55







Group Exercise, Pilates, Yoga

ADAPTIVE FITNESS - SEE PAGE 26



FREE>> ADVAGYM

Unlock the full potential of your workouts with Advagym. The easy-to-use training app is supported by connected sensors throughout Rosemeade Recreation Center.



SCAN ME

Advagym helps you log training, set goals, and follow personal progress. Tap a puck and get started with Advagym today.

Available now for free at Rosemeade Recreation Center.

NEW>> DROP IN>> CALM & GENTLE YOGA

This class takes a gentle approach to the practice of yoga, focusing on slower movements, breathing work, stretching, and relaxation. Yoga is a way of life and practicing yoga can form deeper connections both internally and externally. Yoga can benefit all body types. \$14 (res)/\$15.50 (non-res) drop in fee. No class 11/22, 12/20, & 12/27.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130260-65	RRC	15+	9/6-9/27	Tu	6-7pm	4	\$40/\$44
130260-70	RRC	15+	10/4-10/25	Tu	6-7pm	4	\$40/\$44
130260-80	RRC	15+	11/1-11/29	Tu	6-7pm	4	\$40/\$44
130260-90	RRC	15+	12/6-12/13	Tu	6-7pm	2	\$20/\$22

FREE>> FITNESS ON DEMAND

Fitness On Demand brings the world's most in-demand fitness brands and trending workouts to on-demand users everywhere – anywhere they are. Get high intensity interval training (HIIT), core-strength, cycling, yoga, and other specialty fitness classes and content from global, powerhouse fitness brands that include Jillian Michaels, Daily Burn, Sweat Factor, GymRa, SH1FT, Zumba and Strong by Zumba, Move23, and more.



Formats include 60-, 30-, and 5-7 minute classes and workouts, plus individual exercises for total programming customization. Available now for free at Rosemeade Recreation Center.

DROP IN>> INDOOR CYCLING

The instructor brings an outdoor cycling experience indoors with this athletic and authentic cycling ride. Motivating instruction and driving music will keep you energized as you are led through a workout comprised of a variety of hill climbs, flat terrains, head winds, tail winds, sprints, and aerobic intervals. Each workout is different as the instructor picks the terrain and sets the goals for each class. This class is multi-level, and no outdoor cycling experience is required. If you are serious about burning calories, losing weight, and elite cardio-respiratory fitness, this class is for you. Bring a water bottle, towel, and gel bike seat cover (optional). \$8 (res)/\$9 (non-res) drop in fee. Instructor: McGehee

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
130130-65	RRC	16+	9/6-9/27	Tu	6-7pm	4	\$28/\$31	
130130-70	RRC	16+	10/4-10/25	Tu	6-7pm	4	\$28/\$31	
130130-80	RRC	16+	11/1-11/29	Tu	6-7pm	4	\$35/\$38.50	
130130-90	RRC	16+	12/6-12/20	Tu	6-7pm	3	\$21/\$23.25	

DROP IN>> PILATES/YOGA FOR EVERYONE

Pilates is a total body conditioning exercise that combines flexibility and strength to restore natural balance while boosting the immune system and reducing stress, fatigue, and pain. No food or drink one hour prior to class. Wear comfortable clothing that is not too loose and bring a mat, towel, and water. \$12 (res)/\$13.25 (non-res) drop in fee. No class 9/5. Instructor: Mashreghi

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130220-70	RRC	13+	9/12-10/31	M	6-7pm	8	\$80/\$88
130220-90	RRC	13+	11/7-12/19	M	6-7pm	7	\$70/\$77

DROP IN>> STEP - STRENGTH - CORE

Try an interval class that combines basic step aerobics, upper body strength training, and core conditioning into one well-designed workout. This class allows you to work both your heart and your muscles extensively. By doing circuits of cardio on the step, followed by strategic intervals of upper body strength training, and wrapping up with intense core conditioning, you will be using your time efficiently. \$8 (res)\\$9 (non-res) drop in fee. No class 11/24, 12/15, 12/22, & 12/29. Instructor: Campo

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
130215-65	RRC	15+	9/1-9/29	Th	6-7pm	5	\$30/\$33	
130215-70	RRC	15+	10/6-10/27	Th	6-7pm	4	\$24/\$26.50	
130215-80	RRC	15+	11/3-11/17	Th	6-7pm	3	\$18/\$20	
130215-90	RRC	15+	12/1-12/8	Th	6-7pm	2	\$12/\$13.25	

NEW>> DROP IN>> TAI CHI

Learn the graceful dancelike progression of Tai Chi, which is also described as "Meditation in Motion." It is a low impact exercise, helping to improve flexibility, strength, and balance. It places minimal stress and is therefore suitable for people of all ages, temperament, and states of health. Tai Chi brings together the mind and body by maintaining the flow of "Qi", life's energy. \$6 (res)/\$6.50 (non-res) drop in fee. No class 11/25 & 12/23. Instructor: Koh

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160118-02	RRC	18+	8/19-9/16	F	10-11am	5	\$28.25/\$31.25
160118-03	RRC	18+	10/7-10/28	F	10-11am	4	\$22.50/\$24.75
160118-05	RRC	18+	11/4-11/18	F	10-11am	4	\$22.50/\$24.75
160118-04	RRC	18+	12/2-12/30	F	10-11am	5	\$28.25/\$31.25

SENIORS 50+ CLASSES - PAGES 9-14

Training

FITNESS EQUIPMENT ORIENTATION FOR ADULTS

Not sure how machines in our weight room work or how to set up a machine? This class provides a walk-through of the weight room to give a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized work out plan, contact one of our personal trainers. Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.

Instructor: Staff

CLASS#	AGE	DATES	DAY	TIME #	CLSS	\$(RES/NR)
Crosby Re	c Cent	er				
131240-65	18+	9/12	M	6:30-7:30pm	1	\$6/\$7
131240-80	18+	11/14	M	6:30-7:30pm	1	\$6/\$7
Rosemead	e Rec	Center				
130240-70	18+	10/10	M	6:30-7:30pm	1	\$6/\$7
130240-90	18+	12/12	M	6:30-7:30pm	1	\$6/\$7

WEIGHT ROOM ORIENTATION FOR MINORS

Our qualified staff will teach youth proper weight room and cardio room etiquette. Teens will receive a weight room authorization card, allowing them to work out in the weight room independently upon completion of class. Both parent and child must sign the weight room user agreement form. If you are interested in obtaining a personalized work out plan, contact one of our personal trainers. There are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate. Instructor: Staff

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130245-65	RRC	13-15	9/13	Tu	6:30-7pm	1	\$6/\$7
130245-70	RRC	13-15	10/11	Tu	6:30-7pm	1	\$6/\$7
130245-80	RRC	13-15	11/8	Tu	6:30-7pm	1	\$6/\$7
130245-90	RRC	13-15	12/13	Tu	6:30-7pm	1	\$6/\$7

Personal Trainers

City of Carrollton personal trainers are available to work with you at Crosby and Rosemeade Recreation Centers and the Carrollton Senior Center. Personal trainers have their own philosophies and unique styles to create an individual training program to meet your needs. Sessions are charged at an hourly rate and trainers' rates vary. Visit cityofcarrollton.com/parksandrec and click on Programs & Events for more information on our trainers. For additional information about the personal training program, call 972-466-9834.

JULIE CHADWICK

214-926-4776 • jchadwick1@yahoo.com \$30/30min \$45/45 min or \$60/hr

Julie enjoys working with clients age 50 and older and designs fitness routines unique to each individual, as well as nutrition plans. She keeps clients accountable, protects them from injuries, and provides a positive environment.

TOM NOUNE

214-957-3694 • tgnoune@aol.com hearthealthandwellness.com • \$65/\$60 hr Tom specializes in weight resistance training, primarily with baby boomers and seniors. He also provides nutritional coaching and emphasizes the importance and benefits of proper stretching techniques.

KERRY STALLO

214-244-7004 • ageintercept@aol.com ageintercept.com • \$40 initial assessment \$55/45 min or \$70/ hr • two clients \$95/45 min or \$110/hr Kerry specializes in corrective exercise and developing exercise strategies for older adults. Key programs include weight loss, overall body conditioning, and increasing muscle strength.



Rosemeade Rainforest Aquatic Complex 1334 E. Rosemeade Parkway • 972-466-6399



Beginning Monday, August 8, the facility will be operating weekends only, so get there while there is still time. Rosemeade Rainforest Aquatic Complex opens the weekend before Memorial Day in May, closes the week of Labor Day in September, and is located adjacent to Rosemeade Recreation Center. For more information on end of season hours, visit cityofcarrollton.com/aquatics.

Splash Parks

The City offers two splash parks, which both have multiple features providing a safe, free environment for children to cool off in during the hot summer months. Both splash parks are open from May 1 through October 15, 9am to 8pm. Pavilions, tables, and a deck are available on a first-come, first-served basis. Restrooms are on-site. For more information, call 972-466-3080 or visit cityofcarrollton.com/splashpark.

W.J. THOMAS SPLASH PARK

1955 N. Perry Road



OAK HILLS SPLASH PARK

1225 Royal Palm Lane



Indian Creek Golf Club

1650 W. Frankford Road • 972-466-9850 • indiancreekgolfclub.com



indian creek golf club





MEMBERSHIPS

While membership is not required to play, Indian Creek Golf Course has a wonderful community of members and several membership levels to fit your golf needs. All memberships are a minimum fourmonth commitment and require credit card payment for monthly dues, advanced payment is accepted. Not ready for a commitment? Check out the daily green fees and book a tea time online.

INDIAN CREEK (IC) MEMBER

\$69/mo. plus tax includes

- Discount golf anytime weekdays, after 12pm Saturday-Sunday & holidays
- Members must check in prior to play
 - \$30 Creek Course | \$20 Lakes Course
 - Rate includes golf car with valid driver license, for 9 or 18 holes
- 1 hour per day (range balls for pass holder only non transferrable)
- 2 half-hour private lessons (by appointment only non transferrable)

INDIAN CREEK (IC) JUNIOR MEMBER

\$50/mo. plus tax (for ages 21 or younger) includes

- Discount golf anytime weekdays, after 12pm Saturday-Sunday & holidays
- Members must check in prior to play
 - \$10 Creek Course | \$5 Lakes Course
- Golf car fee additional \$10/rider (only with valid driver license)
- 1 hour per day (range balls for pass holder only non transferrable)
- 2 half-hour private lessons (by appointment only non transferrable)

INDIAN CREEK (IC30) MEMBER

\$75/mo plus tax (for ages 30 or younger)

- Unlimited green fees Monday-Friday after 1 pm Saturday-Sunday & Holidays
- Members must check in prior to play
- Does not include range balls or golf car fees and is not applicable for league or outside events.







For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

BOOKING POLICIES

- Tee times may be made seven days in advance.
 Phone reservations accepted 7:30am to 6:30pm daily (online reservations may be made starting at midnight seven days out).
- Saturday-Sunday tee times require prepayment to accommodate all players wanting reservations.
 (Call volume is high, book at indiancreekgolfclub.com/teatimes to avoid hold times, online rates include golf car).
 OR for walking rates, resident card discount, and raincheck/gift card redemptions, call the Golf Shop to reserve.
- Book now or call 972-466-9850.
- You may book online for Monday-Friday tee times without prepaying or call the golf shop.
- Select your preferred course/date/teetime then select 'PAY NOW' to prepay (rates including a golf car).
- OR you may select 'PAY AT COURSE' to pay your assigned rate (senior, walking, junior, or member) when you check-in at the course.
- Single players may reserve tee times online if there is availability to fill in with another group.
 We recommend calling in advance for walk-ons to ensure
- Group Reservations

availability.

- For groups of 72 players or less, contact Clint Calvert, Associate Professional, at ccalvert@orion-mgmt.com.
- For groups of more than 72 players, contact Jessica Oliver, Director of Event Sales, at joliver@orion-mgmt.com.
- o For Finn Scooter rental, visit indiancreekgolfclub.com/Scooters.



March 1 to October 31

Creek Course Rates	Creek with Golf Car	Creek Walking		
Monday-Friday (before 1pm)	\$63.00	\$45.50		
Saturday-Sunday (before 1pm)	\$74.00	\$56.50		
Twilight (1-4pm)	\$50.00	\$32.50		
Super Twilight (after 4pm)	\$35.75	\$27.00		
Junior* (ages 21 & under)	\$26.25	\$16.25		
Senior** (ages 60+)	\$43.50	\$26.00		
9 Holes (Mon-Fri)	\$38.75	\$30.00		
9 Holes (Sat-Sun)	\$44.50	\$35.75		
*Jr rate Mon-Fri, after 1 pm Sat-Sun ** Sr rate Mon-Fri only	pricing includes tax	pricing includes tax		

Lakes Course Rates	Lakes with Golf Car	Lakes Walking
Monday-Friday (before 1pm)	\$43.50	\$26.00
Saturday-Sunday (before 1pm)	\$49.00	\$31.50
Twilight (1-4pm)	\$38.50	\$21.00
Super Twilight (after 4pm)	\$25.00	\$16.25
Junior* (ages 21 & under)	\$21.00	\$11.00
Senior** (ages 60+)	\$39.25	\$21.75
9 Holes (Mon-Fri)	\$25.00	\$16.25
9 Holes (Sat-Sun)	\$25.00	\$16.25
*Jr rate Mon-Fri, after 1pm Sat-Sun ** Sr rate Mon-Fri only	pricing includes tax	pricing includes tax

Residents with a current driver's license showing a City of Carrollton address are eligible for a discount on green fees. Go to the website for a link to register for a resident discount card.

For the latest calendar of events, visit indiancreekgolfclub.com/ events/calendar.

Call us: 972-466-9850

Email: info@indiancreekgolfclub.com facebook.com/indiancreekgolfclub twitter.com/IndianCreek_gc instagram.com/indiancreekgolfclub_dfw indiancreekgolfclub.blogspot.com indiancreekgolfclub.com/onlinestore

DRIVING RANGE

Hours: Monday - Sunday

Opens: 30 minutes before first tee time Closes: 30 minutes prior to sunset

*Closed for maintenance Mondays @ 4pm through Tuesdays @ 11am

*Range hours are weather permitting.

Range Ball Pricing

Warm-up basket (20 balls) - \$3 Small basket (40 balls) - \$6 Medium basket (80 balls) - \$10 Large basket (120 balls) - \$14

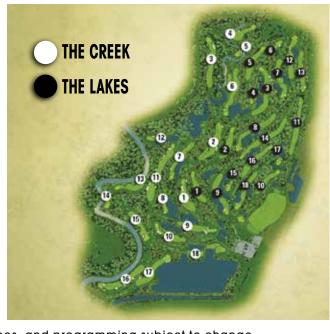
*Ask about the IC membership for discounted range use, memberships are limited.

RENTAL CLUB PRICING

\$20 Standard Set (Strata clubs) \$50 Premium Set

(Callaway clubs with choice of regular or stiff shafts)
Includes two sleeves of logo balls with
an Indian Creek souvenir valuables pouch





Esports

Carrollton's esports facility is set up in a dedicated space inside Crosby Recreation Center with 20 gaming stations complete with gaming computers, chairs, desks, monitors, peripherals, and other necessary equipment. Spectators will be able to watch from designated viewing spaces within the room as well as additional on-site facility monitors during tournaments. There will be a console lounge, a retail shop, and opportunities to get involved in all genres of video gaming including leagues for Call of Duty, Valorant, Fortnite, and Overwatch, and games like Rocket League and Minecraft for younger audiences.

Leagues, open play, and tournaments at the local, regional, national, and international level will be available, along with opportunities to sign up for one-on-one coaching with BearClaw Esports professionals.

For more information, call 972-466-9834 or visit cityofcarrollton.com/parksprograms.

NEW>> GAMING MEMBERSHIPS

Open play gaming passes are available on a first-come, first-served basis. Availability is subject to change daily due to leagues, tournaments, and other programming. A two-hour consecutive play/eight-hour total play limit will be set for all memberships. All gaming passes are non-refundable. Staff has final discretion on time limits during peak/non-peak times.

	\$(RES/NR)
Day Pass: (8 hours)	\$15/\$16.50
Month (Unlimited):	\$75/\$82.50
New Member Special (100 hours)	
(must sign up before 2023)	\$100/\$110

NEW>> MONDAY NIGHT STUDY & PLAY

Bring your homework and your A-game to Monday Night Study & Play. A 10 percent discount on half day/day passes will be available to those who bring study materials. Open tables will be provided for studying in between games.

DAY	LOC	TIME
M	CRC	4-9pm

NEW>> FRIDAY NIGHT LIGHTS

Friday night is for late-night gamers. The esports room within Crosby Recreation Center will remain open after normal hours until midnight. Discounts on select products will be available each week, as well as scrimmage opportunities for players and teams. Additionally, tabletop games like Pokémon, Magic the Gathering, and other interactive games will be available for play.

DAY	LOC	TIME
F	CRC	9pm-12am

NEW>> GAMEHERS WOMEN'S NIGHTS

Come once a month for GameHers Women's Nights, where women gamers will be able to compete against each other and showcase their skills. A tournament will be hosted monthly with varying games. Visit cityofcarrollton.com/athletics and navigate to Esports.

NEW>> SKINZ.GG TOURNAMENTS

Skinz.GG tournaments will be held monthly. Game of choice will be chosen at the start of the month, with a \$250 prize pool for competitors. A tournament will be hosted monthly with varying games. Age restrictions will vary by game. Visit cityofcarrollton. com/athletics and navigate to Esports.

NEW>> BEARCLAW GAMING LAN TOURNAMENTS

Bear Claw Gaming (BCG) LAN tournaments will be hosted once per quarter. Visitor passes will be available, but open play will not be available during these tournaments. A tournament will be hosted monthly with varying games. Visit cityofcarrollton.com/athletics and navigate to Esports.

NEW>> BEARCLAW GAMING 1-ON-1 COACHING

Do you want to play like a pro? Check out the 1-on-1 coaching. Coaching is offered based on the coach's availability and status in game. All coaches will have LAN or mainstage experience, allowing for students to receive professional-level coaching to enhance their skills, broaden their connections, and grow as a player while learning key leadership skills in and out of the game.

TIME	\$(RES/NR
1 Hour:	\$60/\$66



Adult Leagues



ADULT BASKETBALL LEAGUE

207000-20

Lace up your sneakers and round up your squad for the Fall Adult Basketball League. This league consists of eight regular season games plus playoffs for the top finishers in each division. All games are played at Rosemeade Recreation Center. A free agent list for individuals looking for a team is available at cityofcarrollton.com/athletics. No games 12/25 & 1/1.

REGISTRATION DATE	S		\$(RES/NR	.)	
Fall Early-Bird Registr	7	\$395			
Fall Standard Registration is 8/18-8/24			\$420		
Winter Early-Bird Regis	-11/13	\$395			
Winter Standard Regis	tration is 11/14-2	20	\$420		
CLASS# STARTS	DIVISION	AGE	DAY	TIME	#WKS
207000-10 9/11	Rec/Comp	18+	Su	1-10pm	8

ADULT CORNHOLE KICKOFF TOURNAMENT

Rec/Comp

Grab a partner and compete in our fall Adult Cornhole Kickoff Tournament. This is a doubles tournament open to all genders and skill levels. This single elimination tournament will be hosted by 3 Nations Brewing in Downtown Carrollton. Registration is required for each player. Players may register individually or as a team. Individual registrants will be assigned partners. For more information, visit cityofcarrollton.com/athletics.

1-10pm

REGISTR	ation date	ES		\$(RES/N	R)	
Fall Early-l	Bird Registra	ation is 7/18-8/	15	\$15/\$20)	
Fall Standa	ard Registrat	tion is 8/16-22		\$20/\$2	5	
Class #	STARTS	DIVISION	AGE	DAY	TIME	#WKS
207122-10	8/30	Doubles	21+	Tu	6-10pm	1



ADULT CORNHOLE LEAGUE

Our Adult Cornhole League is back. Grab a partner and come out for the fall season. The league is open to all genders and skill levels and will be hosted by 3 Nations Brewing in Downtown Carrollton. Boards and bags will be provided. Matches will run 9/14-11/2 and playoffs will take place on 11/9. Registration is required for each player. Players may register individually or as a team. Individual registrants will be assigned partners. For more information, visit cityofcarrollton.com/athletics.

REGISTRATION DAT	ES		\$(RES/N	IR)	
Fall Early-Bird Regis	tration is 7/18	3-8/25	\$40/\$4	4	
Fall Standard Regist	ration is 8/26-	-9/5	\$55/\$5	9	
CLASS # STARTS	DIVISON	AGE	DAY	TIME	#WKS
207120-10 9/13	Doubles	21+	Tu	6:30-10pm	8

ADULT FLAG FOOTBALL LEAGUE

Football season is back. Join the fall 8-on-8 Flag Football League. Competitive and recreational divisions play on Thursday evenings. Games will run 9/9-10/28 and playoffs will take place on 11/4. Teams will be responsible for providing their own flags and game balls. For more information, visit cityofcarrollton.com/athletics.

\$(RES/NR)

\$370

Fall Standa	U				395		
CLASS#	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS
207050-10	9/15	Co-ed	McInnish	18+	Th	6:45-10:45pm	8
207051-10	9/15	Men's	McInnish	18+	Th	6:45-10:45pm	8

ADULT RACQUETBALL LEAGUE

This is a coed league and players set their own time to compete. Players call ahead to reserve a court. Registration deadline for the fall league is 9/7. For more information or help with selecting a level, email derrius.gooden@cityofcarrollton.com. Divisions are subject to change at league director's discretion.

LEVELS

REGISTRATION DATES

Fall Farly-Rird Registration is 7/17-8/15

A-1 = Elite Players
A-2 = Accomplished/Veteran Players
B-1 = Intermediate Players

C-1 = Beginner/Recreational Players

CLASS#	LEV	LOC	AGE	DATES	DAY	\$(RES/NR)
200000-01	A-1	RRC	16+	9/12-11/20	M-Su	\$15/\$20
200000-02	A-2	RRC	16+	9/12-11/20	M-Su	\$15/\$20
200000-03	B-1	RRC	16+	9/12-11/20	M-Su	\$15/\$20
200000-04	C-1	RRC	16+	9/12-11/20	M-Su	\$15/\$20

ADULT RACQUETBALL TOURNAMENT

Join us for the third annual holiday Adult Racquetball Tournament. This tournament is open to all levels. Prizes are given to first and second place. There are no refunds. Registration closes 12/2. Contact league coordinator at derrius.gooden@cityofcarrollton.com or 972-466-9836 for more information.

LEVELS

A-1 = Elite Players A-2 = Accomplished/Veteran Players

B-1 = Intermediate Players C-1 = Beginner/Recreational Players

CLASS#	LOC	AGE	DATES	DAY	\$(RES/NR)
200001-90	RRC	16+	12/13	Sa	\$10/\$11

ADULT SOFTBALL LEAGUE

All games are played at McInnish Softball Complex, Sunday through Friday. Softballs must be purchased from the City. League divisions include Men's 5 HR, Men's 3 HR, Men's 1 HR, Coed, Church, and Men's Senior (40+). A free agent list for individuals looking for a team is available at cityofcarrollton.com/athletics. No games 9/2-9/5, 10/31, & 11/24-27.

REGISTRATION DATES	\$(RES/NR)
Fall 1 Double Headers	
Early-Bird Registration is 7/3-8/7	\$360
Standard Registration is 8/8-15	\$385
Fall 1 Single Games	
Early-Bird Registration is 7/31-9/5	\$415
Standard Registration is 9/6-13	\$440
Fall 2 Double Headers	
Early-Bird Registration is 8/28-10/2	\$360
Standard Registration is 10/3-10	\$385

CLASS#	STARTS	DIVISION	AGE	DAY
FALL 1				
207150-00	8/28	Men's Senior DH	40+	Su
207150-05	8/28	Men's DH	18+	Su
207150-10	8/29	Men's DH	18+	M
207150-20	9/6	Men's DH	18+	Tu
207150-30	9/7	Men's DH	18+	W
207150-40	9/9	Coed DH	18+	F
FALL SG				
207150-50	9/29	Men's Church	18+	Th
207150-60	9/30	Coed SG	18+	F
FALL 2				
207151-03	10/23	Men's Senior DH	40+	Su
207151-04	10/23	Men's DH	18+	Su
207151-00	10/24	Men's DH	18+	M
207151-01	10/25	Men's DH	18+	Tu
207151-02	10/26	Men's DH	18+	W
207151-60	10/28	Coed DH	18+	F

ADULT SOFTBALL TOURNAMENTS

The City of Carrollton hosts a variety of United States Specialty Sports Association (USSSA) sanctioned tournaments at the awardwinning McInnish Softball Complex. Visit cityofcarrollton.com/ athletics for more softball tournament information.

TOURNAMENT DATES:

September 16-17:	Ball 'Til You Fall All-Nighter
·	(Men's C, D & E; Mixed C, D & E)
November 5-6:	Charity Classic All-Nighter
	(Men's D & F: Mixed D & F)





Youth Leagues

MINI BASKETBALL – COED LEAGUE

The City's youth basketball program focuses on skill development, healthy competition, sportsmanship, and fun for boys and girls ages 5-6 (as of September 1, 2022). Registration is open to both individuals and teams. Teams will begin practicing the week of 10/17. The season runs 11/5-1/24. The mini league participation fee includes a jersey, coached practices, eight league games, and everyone receives a participation award. Detailed league information is available at cityofcarrollton.com/athletics.

REGISTRATION Early-Bird Regis	N DATES tration is 8/22-9/19	\$(RES/NR) \$100/120	
Standard Regist	ration is 9/20-9/26	\$120/140	
CLASS#	STARTS	DIVISION	AGE
207200-13	11/5	Rec.	5-6

YOUTH BASKETBALL – RECREATION LEAGUE

Carrollton's youth basketball program focuses on skill development, healthy competition, sportsmanship and fun for boys and girls ages 7-14 (as of September 1, 2022). Registration is open to both individuals and teams. Teams will begin practicing the week of 10/17. The season runs from 11/5-2/4. The league participation fee includes a jersey, practices, league games, and playoffs. The City reserves the right to combine age divisions as needed. Detailed league information is available at cityofcarrollton.com/athletics.

REGISTRATION DATES	\$(RES/NR)
Early-Bird Registration is 8/22-9/19	\$100/120
Standard Registration is 9/20-9/26	\$120/140

BOYS

CLASS#	STARTS	DIVISION	AGE
207200-07	11/5	Rec.	7u
207200-08	11/5	Rec.	8u
207200-09	11/5	Rec.	9u
207200-10	11/5	Rec.	10u
207200-11	11/5	Rec.	11u
207200-12	11/5	Rec.	12-14u
GIRLS			
CLACC#	STARTS	DIVISION	AGE
CLASS #	SIAKIS	DIVIDION	,
207250-0	11/5	Rec.	7u
207250-0	11/5	Rec.	7u
207250-0 207250-08	11/5 11/5	Rec. Rec.	7u 8u
207250-0 207250-08 207250-09	11/5 11/5 11/5	Rec. Rec. Rec.	7u 8u 9u
207250-0 207250-08 207250-09 207250-10	11/5 11/5 11/5 11/5	Rec. Rec. Rec. Rec.	7u 8u 9u 10u

Martial Arts

KARATE

Karate teaches self-defense, self-discipline, self-control, poise, and politeness. This class offers a chance to advance as you learn more skills. Earn colored belts by testing and paying an additional fee. *No class* 10/20 & 11/24. Instructor: Nakaya

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161150-86	CRC	6+	9/1-10/6	Th	6:30-7:45pm	6	\$46/\$50.75
161150-01	CRC	6+	10/13-12/1	Th	6:30-7:45pm	6	\$46/\$50.75

RED TIGER KARATE

Learn American karate in this white through black belt program that runs year-round. The junior program develops self-esteem, positive behavior, academic achievement, and respect for others. In addition to practicing karate techniques, abduction prevention training and bully self-defense skills are integrated into the lessons. Adult classes focus on street self-defense, fitness, and personal development. Benefits of the program will reach beyond the class by improving everyday focus and quality of life, while reducing daily stress. For more information, visit redtigerkarate.com or call 817-845-1557. No class 11/26. Instructor: Margach

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160170-01	RRC	5-12	9/9-10/28	F	6:15-7pm	8	\$60/\$66
160170-02	RRC	13+	9/9-10/28	F	7-7:45pm	8	\$60/\$66
160170-04	RRC	5-12	11/4-12/9	F	6:15-7pm	5	\$40/\$44
160170-05	RRC	13+	11/4-12/9	F	7-7:45pm	5	\$40/\$44







For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

AMAZING TOTS – PARENT & ME

Amazing TOTS is an ideal solution for parents seeking a fun and affordable program that keeps both parents and their children active and engaged. The age-dependent curriculum is designed to promote brain development in your tots. Instructor: Amazing Athletes

Sports Classes

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
161300-65	RRC	18-30mo	9/5-9/26	M	9:30-10am	4	\$125/\$137.50	
161300-70	RRC	18-30mo	10/3-10/24	M	9:30-10am	4	\$125/\$137.50	
161300-80	RRC	18-30mo	11/7-11/28	M	9:30-10am	4	\$125/\$137.50	
161300-90	RRC	18-30mo	12/5-12/19	M	9:30-10am	3	\$85/\$93.50	

AMAZING TOTS - JUST ME

Amazing TOTS is an ideal solution for parents seeking a fun and affordable program that keeps their children active and engaged. The age-dependent curriculum is designed to promote brain development in TOTS. Instructor: Amazing Athletes

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
161310-65	RRC	18-30mo	9/5/9/26	M	10-10:30am	4	\$100/\$110	
161310-70	RRC	18-30mo	10/3-10/24	M	10-10:30am	4	\$100/\$110	
161310-80	RRC	18-30mo	11/7-11/28	M	10-10:30am	4	\$100/\$110	
161310-90	RRC	18-30mo	12/5-12/19	M	10-10:30am	3	\$75/\$82.50	

AMAZING ATHLETES

Amazing Athletes is a sports and nutrition program which promotes motor-skill development through sports and activities and encourages healthy lifestyles with an introduction to nutrition and muscle ID. Classes are held once per week (four classes/month) and will include a rotation of two sports (10 Total), one fruit/vegetable and one muscle group. Instructor: Amazing Athletes

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161320-65	RRC	2.5-6	9/5/9/26	M	10:30-11:15an	n 4	\$80/\$88
161320-70	RRC	2.5-6	10/3-10/24	M	10:30-11:15an	n 4	\$80/\$88
161320-80	RRC	2.5-6	11/7-11/28	M	10:30-11:15an	n 4	\$80/\$88
161320-90	RRC	2.5-6	12/5-12/19	M	10:30-11:15an	n 3	\$65/\$71.50

Pickleball Open Play

Courts and equipment are now available at Crosby Recreation Center for guests to enjoy.

All guests must have a membership or daily pass to participate.



Open Play Times: Crosby Recreation Center

Monday-Wednesday-Friday • 6am-lpm Seniors play pickleball for free at Crosby with a valid Senior Center membership.

Tuesday & Thursday • 6am-11am
All players must have a valid
Rosemeade or Crosby Recreation membership.



AMO VOLLEYBALL

Allison and Michelle Operations (AMO) Volleyball covers all aspects of the game for athletes at any level. We pride ourselves in providing experienced coaches who can give personalized instruction, high intensity, and fun. Our goals for each class and camp are to teach the fundamental aspects of the game (physical, technical, mental, and emotional), emphasize efficiency, correct technique, and increase volleyball knowledge. AMO will make class session recommendations based on player assessment to better fit the athlete's skill level after the second week of class (if applicable). This will ensure each player is learning in an environment that can facilitate growth. Email amovolleyl@gmail.com for more information. No class 11/21 & 11/23. Instructor: AMO Volleyball

CLASS#	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Crosby Re	c Cent	er				
161120-01	7-18	9/12-10/17	M	6:30-7:30pm	ı 6	\$115/\$126.50
161120-02	7-18	10/31-12/12	M	6:30-7:30pm	ı 6	\$115/\$126.50
Rosemead	e Rec	Center				
160120-65	7-18	9/7-10/12	W	6:30-7:30pm	6	\$115/\$126.50
160120-66	7-18	9/7-10/12	W	7:30-8:30pm	6	\$115/\$126.50
160120-67	7-18	9/12-10/17	M	6:30-7:30pm	6	\$115/\$126.50
160120-68	7-18	9/12-10/17	М	7:30-8:30pm	1 6	\$115/\$126.50
160120-80	7-18	11/2-12/14	W	6:30-7:30pm	6	\$115/\$126.50
160120-81	7-18	11/2-12/14	W	7:30-8:30pm	6	\$115/\$126.50
160120-82	7-18	10/31-12/12	M	6:30-7:30pm	6	\$115/\$126.50
160120-83	7-18	10/31-12/12	М	7:30-8:30pm	1 6	\$115/\$126.50

ESSENTIAL BASKETBALL SKILLS

These skills sessions focus on developing the complete basketball player, no matter their skill level or ability. No player can build an elite game on a shaky foundation. Let us teach you the most effective way to execute the basic basketball fundamentals in a fun environment through innovative drills, simple exercises, and games. The class will cover ball handling, shooting, offensive and defensive skills, passing, rebounding, and intensity training awareness. No class 11/22 & 11/23. Instructor: Attack Basketball

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161500-65	RRC	6-10	9/6-9/27	Tu	4-5pm	4	\$60/\$66
161500-66	RRC	10-15	9/6-9/27	Tu	5-6pm	4	\$60/\$66
161500-67	RRC	6-10	9/7-9/28	W	5-6pm	4	\$60/\$66
161500-75	RRC	6-10	10/4-10/25	Tu	4-5pm	4	\$60/\$66
161500-76	RRC	10-15	10/4-10/25	Tu	5-6pm	4	\$60/\$66
161500-77	RRC	6-10	10/5-10/26	W	5-6pm	4	\$60/\$66
161500-85	RRC	6-10	11/1-11/29	Tu	4-5pm	4	\$60/\$66
161500-86	RRC	10-15	11/1-11/29	Tu	5-6pm	4	\$60/\$66
161500-87	RRC	6-10	11/2-11/30	W	5-6pm	4	\$60/\$66

INDIVIDUAL & SMALL GROUP BASKETBALL TRAINING

Whether your child is just getting started with basketball, or he or she has been developing skills on the court for years, they can benefit from individual basketball training. We offer both one-onone training, like having a personal trainer at the gym, and small group training with two to four players per session, where players can practice in a real-time, game-like application. Ages 9 and up. \$85/hour for individual training and \$65/hour per person for small group training. For more details and scheduling, call 214-223-7865 or email meredith@attackbball.com. Instructor: Attack Basketball

PONG ON WHEELS – PING-PONG

Students of all abilities will learn and develop the skills required to learn how to play the sport of ping-pong. In our weekly sessions, players will learn some of the fundamentals including grip, stance, basic forehand, and backhand strokes. In addition, serves, footwork, and game tactics will also be emphasized. Players will be immersed in a fun, supportive, and safe learning environment. All sessions will be taught by a former Paralympic Table Tennis team coach supported by advanced players, as needed. Players will need to bring their own paddles (facility paddles available to borrow), water bottle, and towel. Appropriate athletic attire/footwear should be worn. No class 11/23.

CLASS#	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
Adult						
160200-68	RRC	18+	9/6-9/27	Tu	7:30-8:30pm	\$40/\$44
160200-73	RRC	18+	10/4-10/25	Tu	7:30-8:30pm	\$40/\$44
160200-83	RRC	18+	11/1-11/29	Tu	7:30-8:30pm	\$40/\$44
160200-93	RRC	18+	12/6-12/13	Tu	7:30-8:30pm	\$40/\$44
Youth						
160200-66	RRC	6+	9/6-9/27	Tu	5:30-6:30pm	\$40/\$44
160200-71	RRC	6+	10/4-10/25	Tu	5:30-6:30pm	\$40/\$44
160200-81	RRC	6+	11/1-11/29	Tu	5:30-6:30pm	\$40/\$44
160200-91	RRC	6+	12/6-12/13	Tu	5:30-6:30pm	\$40/\$44
Senior						
160220-65	RRC	50+	9/6-9/27	Tu	4:30-5:30pm	\$40/\$44
160220-70	RRC	50+	10/4-10/25	Tu	4:30-5:30pm	\$40/\$44
160220-80	RRC	50+	11/1-11/29	Tu	4:30-5:30pm	\$40/\$44
160220-90	RRC	50+	12/6-12/13	Tu	4:30-5:30pm	\$40/\$44

NEW>> SCHOOL TRYOUT PREP BASKETBALL

Want to get ready for school or club basketball tryouts? We will help you master all the skills you need to know to give yourself an edge in tryouts. We will also give you mentality tips on how to separate yourself from your competition. These skills sessions will give you the confidence needed to have fun during tryouts and increase your chances of making the team when basketball season rolls around. Instructor: Attack Basketball

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161560-66	RRC	10-14	9/6-9/27	Tu	6:30-8pm	4	\$90/\$99
161560-76	RRC	10-14	10/4-10/25	Tu	6:30-8pm	4	\$90/\$99

Register for events and classes online at cityofcarrollton.com/signupnow. Registration for Carrollton residents begins August 1. Non-resident registration begins August 15. Classes begin August 22.

SHOOTING – SPECIFIC BASKETBALL SKILLS

These specialized skills sessions will give you the drills and instruction you need to become a premium shooter who stands out from the competition. Go into season ready to increase your shooting percentage and range with better mechanics and more confidence in your shot. You will learn proper body positioning for maximum shooting accuracy, how to develop a quicker shot release, shooting fundamentals that will quickly boost your field goal percentage, and so much more. No class 11/22. Instructor: Attack Basketball

CLASS# LOC AGE DATES TIME #CLSS \$(RES/NR) 161520-65 RRC 10-14 11/1-11/29 Tu 6:30-8pm \$90/\$99

SKYHAWKS BASEBALL

Skyhawks Baseball is a development program for kids using a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals and create a love of the game. No class 11/22. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167050-65	JRSC	3-4	9/6-9/27	Tu	4:45-5:25pm	4	\$70/\$77
167050-70	JRSC	3-4	10/4-10/25	Tu	4:45-5:25pm	4	\$70/\$77
167050-80	JRSC	3-4	11/1-11/29	Tu	4:45-5:25pm	4	\$70/\$77
167050-66	JRSC	5-6	9/6-9/27	Tu	5:30-6:15pm	4	\$70/\$77
167050-71	JRSC	5-6	10/4-10/25	Tu	5:30-6:15pm	4	\$70/\$77
167050-81	JRSC	5-6	11/1-11/29	Tu	5:30-6:15pm	4	\$70/\$77
167050-67	JRSC	7-10	9/6-9/27	Tu	6:15-7pm	4	\$70/\$77
167050-72	JRSC	7-10	10/4-10/25	Tu	6:15-7pm	4	\$70/\$77
167050-82	JRSC	7-10	11/1-11/29	Tu	6:15-7pm	4	\$70/\$77

SKYHAWKS FLAG FOOTBALL

Flag Football is the perfect introduction to "America's Game." Campers learn skills on both sides of the football including the core components of passing, catching, and defense – all presented in a fun and positive environment. No class 11/24. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160040-65	JRSC	7-12	9/8-9/29	Th	5-6pm	4	\$70/\$77
160040-70	JRSC	7-12	10/6-10/27	Th	5-6pm	4	\$70/\$77
160040-80	JRSC	7-12	11/03-12/1	Th	5-6pm	4	\$70/\$77

SKYHAWKS MULTI-SPORT CLASS (SOCCER, FLAG FOOTBALL, TRACK & FIELD, T-BALL)

Our Multi-Sport class is designed to introduce young athletes to a variety of different sports in one setting. For this program, we combine two-three sports into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of two or three new sports along with vital life lessons such as respect, teamwork, and self-discipline. No class 11/23. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160070-65	JRSC	3-4	9/7-9/28	W	4:45-5:25pm	4	\$70/\$77
160070-70	JRSC	3-4	10/5-10/26	W	4:45-5:25pm	4	\$70/\$77
160070-80	JRSC	3-4	11/2-11/30	W	4:45-5:25pm	4	\$70/\$77
160070-90	JRSC	3-4	12/7-12/21	W	4:45-5:25pm	3	\$45/\$49.50
160070-66	JRSC	5-6	9/7-9/28	W	5:30-6:15pm	4	\$70/\$77
160070-71	JRSC	5-6	10/5-10/26	W	5:30-6:15pm	4	\$70/\$77
160070-81	JRSC	5-6	11/2-11/30	W	5:30-6:15pm	4	\$70/\$77
160070-91	JRSC	5-6	12/7-12/21	W	5:30-6:15pm	3	\$45/\$49.50
160070-67	JRSC	7-12	9/7-9/28	W	6:15-7pm	4	\$70/\$77
160070-72	JRSC	7-12	10/5-10/26	W	6:15-7pm	4	\$70/\$77
160070-82	JRSC	7-12	11/2-11/30	W	6:15-7pm	4	\$70/\$77
160070-92	JRSC	7-12	12/7-12/21	W	6:15-7pm	3	\$45/\$49.50



SKYHAWKS SOCCER

Developed over 30 years, this is the number one soccer camp for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using Skyhawks' progressional curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer. No class 11/26. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167096-65	JRSC	3-4	9/3-9/24	Sa	9-9:30am	4	\$70/\$77
167096-70	JRSC	3-4	10/8-10/29	Sa	9-9:30am	4	\$70/\$77
167096-80	JRSC	3-4	11/5-12/3	Sa	9-9:30am	4	\$70/\$77
167097-65	JRSC	5-6	9/3-9/24	Sa	9:35-10:15am	n 4	\$70/\$77
167097-70	JRSC	5-6	10/8-10/29	Sa	9:35-10:15am	n 4	\$70/\$77
167097-80	JRSC	5-6	11/5-12/3	Sa	9:35-10:15am	n 4	\$70/\$77
167098-65	JRSC	7-12	9/3-10/24	Sa	10:20-11:20an	n 4	\$70/\$77
167098-70	JRSC	7-12	10/8-10/29	Sa	10:20-11:20an	n 4	\$70/\$77
167098-80	JRSC	7-12	11/5-12/3	Sa	10:20-11:20an	n 4	\$70/\$77

SKYHAWKS TRACK & FIELD

Skyhawks Track & Field was developed to introduce young athletes to this sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety and a major focus on fun. Using special equipment, our exercises and drills will prepare athletes for a future in cross-country, track and field events, distance running, while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered in this unique program. No class 11/25. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167095-65	JRSC	7-12	9/9-9/30	F	5-6pm	4	\$70/\$77
167095-70	JRSC	7-12	10/7-10/28	F	5-6pm	4	\$70/\$77
167095-80	JRSC	7-12	11/4-12/2	F	5-6pm	4	\$70/\$77



Sports Camps

HOLIDAY BREAK BASKETBALL CAMPS

This camp will set participants apart from other players by helping young athletes develop an elite mindset. The class will cover fundamentals in a new way to help each player master ball handling and feel for the ball; become a stifling defensive player; learn leadership and life lessons; perfect shooting, scoring, and dribble moves; ensure each player's layups are automatic; and handle game situations like the pros. The camp is fast-paced, fun, and jam-packed with golden nuggets of basketball knowledge. Participants will leave a more complete and elite player. Instructor: Attack Basketball

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161540-80	RRC	6-15	11/25	F	10am-2:30pm	1	\$54/\$59.50
161540-90	RRC	6-15	12/19-12/21	M-W	9am-12pm	3	\$120/\$132
161540-91	RRC	6-15	12/28-12/30	W-F	9am-12pm	3	\$120/\$132

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins August 1.

Non-resident registration begins August 15.

Classes begin August 22.

THANKSGIVING BREAK MULTI-SPORT CAMP (SOCCER, CAPTURE THE FLAG, ULTIMATE FRISBEE)

This multi-sport camp is designed to introduce young athletes to a variety of different sports and games in one setting. Soccer, capture the flag, and ultimate frisbee are combined into one fun-filled day. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the day, each child will walk away with knowledge of two or three new sports along with vital life lessons such as respect, teamwork, and self-discipline. Instructor: Skyhawks

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 167090-80 JRSC 6-12 11/21-11/23 M-W 9am-12pm \$109/\$120 4



for all parks & recreation fees.



FEES ARE SUBJECT TO CHANGE

Oak Creek Tennis Center

2531 Oak Creek Drive • 972-466-6389 • oakcreektenniscenter.com

Oak Creek Tennis Center (OCTC), conveniently located northwest of the Dallas North Tollway and President George Bush Turnpike, features 12 lighted hard courts with shaded spectator and court benches. Our Pro Shop includes apparel, racquets, stringing, accessories, and snacks. The City of Carrollton prides itself on having one of the premier full-service municipal tennis facilities in North Texas.

OCTC has several U.S. Professional Tennis Association (USPTA) certified tennis professionals on staff. A full array of adult and junior programs, tournaments, and special events are held year-round. It is home to numerous men's, women's, mixed, and senior teams competing in United States Tennis Association (USTA), Tennis Competitors of Dallas (TCD), and metro league play and is also home to local middle school and high school teams.



HOURS OF OPERATION

Fall Hours (End November 27)

•
Monday-Thursday 8:30am-10pm
Friday 8:30am-8pm
Saturday 8:30am-6pm
Sunday 10am-7pm
Holiday Hours:Closed 9/5 & 11/24

Winter Hours (Begin November 28)

Monday-Thursday 9am-10pm
Friday 9am-8pm
Saturday 8:30am-6pm
Sunday 10am-7pm
Holiday Hours: Closed 12/24-25
Closing at 6pm 12/31

The OCTC reserves the right to close due to inclement weather. Players should call 972-466-6389 (option 1) for the status of programs.

PRO SHOP/RACQUET SERVICING

OCTC carries $Prince^{TM}$, $Head^{TM}$, $Wilson^{TM}$, and Babolat racquets, strings, grips, and accessories at competitive prices. United States Racquet Stringers Association (USRSA) certified master racquet technicians on staff provide complete racquet servicing for all your stringing needs. Stringing is generally completed within three days. Stringing labor is \$15. A 24-hour express fee is available for an additional \$5. Racquet demos are available for no charge on site and for a \$5 fee when taking off site.







For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

PRIVATE LESSONS

OCTC has several USPTA certified professionals on staff available for private lessons. Unable to find an adult or junior class that fits your schedule? Inquire about our private group rates. To schedule a private lesson, call 972-466-6389.

ADULT TEAM TENNIS

OCTC is home to numerous men's, women's, mixed, and senior teams competing in USTA, TCD, and metro league play. Call 972-466-6389 if you are interested in joining an existing team or starting a new one.

FACILITY USE PRICES

Court Fees

Resident

Non-resident

Adult & Youth

\$3.50

\$5

Court fees are per person and are limited to 11/2 hours. Reservations are accepted up to three days in advance.

Ball Machine Rental

	Resident	Non-resident
1 Hour	\$15	\$17
30-Day Pass	\$50	\$55

Ball machine rental includes court fees for one person. Additional family members may join at no charge. Additional non-family members will incur regular court fee charges. Reservations are accepted up to three days in advance.

Satellite Court Fees

Resident Non-resident

1 Hour/Court \$4.50

The City of Carrollton offers 14 neighborhood outdoor tennis courts. Courts at unstaffed parks are available on a first-come, first-served basis. Tennis court usage is free at all neighborhood sites as a walkon. However, if you would like to ensure a reservation, all courts may be reserved in one-hour increments at the OCTC. The courts are available during park hours, which are 5am to 10:30pm daily. Lights are available at all facilities. Parks & Recreation tennis classes may be scheduled at court locations; signage regarding class/league schedules will be posted at the courts when applicable. Reservations are accepted up to one week in advance, excluding same day reservations, which are not permitted.

Reservations are accepted up to one week in advance. Day-of reservations are not permitted. Reservations are non-refundable. However, OCTC accounts will be credited for all cancellations made within 24 hours of the reservation.



Adult Tennis Classes

The OCTC Adult Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or canceled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made-up based on availability. Contact OCTC first to check availability for any makeup classes.
- All class makeups must be completed during the current session.
- Inclement weather cancellations that cannot be made-up will be issued a credit at the conclusion of the session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

Location: Oak Creek Tennis Center

\$99 Resident/\$110 Non-resident Fees:

per session/one 90 min. class per week

\$131 Resident/\$145 Non-resident per session/one 120 min. class per week

Drop-In rates:

\$24 Resident/\$26 Non-resident per 90 min. class \$31 Resident/\$34 Non-resident per 120 min. class

Drop ins allowed based on availability and pro approval.

FALL SESSION DATES:

Session 1: September 6-October 8 Session 2: October 10-November 12 Session 3: November 14-December 17*

Holiday Hours: No classes 11/24 for

Thanksgiving

Classes meet once a week for five weeks.

BEGINNER:

Monday 6-7:30pm

Wednesday 9-10:30am, 7:30-9pm Friday 10:30am-12pm Saturday 9-10:30am

INTRO TO INTERMEDIATE:

Monday 6-7:30pm

Wednesday 9-10:30am, 7:30-9pm Friday 10:30am-12pm Saturday 9-10:30am

INTERMEDIATE+:

Tuesday 6:30-8:30pm Wednesday 10:30am-12pm Thursday 6:30-8:30pm Friday 9-10:30am 10:30am-12pm Saturday 12-1:30pm Saturday

ADVANCED DRILLS

(PREREQUISITE: INTERMEDIATE CLASS OR PRO APPROVAL)

A variety of high-octane drills conducted by USPTA certified tennis professionals are specifically geared for players who have dependable strokes with directional control. Fast-paced drills are excellent for league and tournament players wanting to hit balls. Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. Class minimum is three players.

DAY	TIME	LEVEL	\$(RES/NR)
Monday	7:30-9pm	4.0 and above	\$20/\$22
Wednesday	6-7:30pm	4.0 and above	\$20/\$22
Saturday	12-1:30pm	4.0 and above	\$20/\$22

CARDIO TENNIS (NTRP 3.5-4.0)

This fast-paced drill is sure to get you moving. The Cardio Tennis drills will keep you on your toes for the entire 1½ hours. Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged.

DAY	TIME	LEVEL	\$(RES/NR)
Monday	7-8:30pm	3.5-4.0 (Intermediate)	\$20/\$22
Wednesday	6-7:30pm	3.5-4.0 (Intermediate)	\$20/\$22



Adult Tennis Events

SATURDAY NIGHT ADULT SOCIAL MIXER

No partner is necessary since we provide the pairings for you. Players are grouped according to NTRP level (2.5-5.0). Format consists of timed rounds of progressive partner doubles, along with drill courts run by Oak Creek staff pros. Snacks, soft drinks, and prizes are provided. Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. If minimums are not met, cancellation will be one day before the mixer starts. Dates TBA –contact the tennis center

DAY	TIME	LEVEL	\$
Saturday	6-8:30pm	3.0+	\$30

ADULT TENNIS LEAGUES

Session 1:	September 6 – October 21
Session 2:	October 31 – December 16

^{*} Leagues meet once a week for seven weeks. No class 11/24

SINGLES LEAGUES

Play the best of three sets, no-ad scoring.

LEAGUE	TIME	COST
Ladies 3.5 - Wednesday	7:30-9:30pm	\$25
Men's 4.0 - Tuesday	7:30-9:30pm	\$25
Men's 4.0 - Thursday	7:30-9:30pm	\$25

DOUBLES LEAGUES

Players sign up as individuals and play one set with each of the other three players on the court, up to an eight-game maximum. Regular scoring is used with a tiebreaker played at 4-4. Rotating groups ensure different partners each week.

LEAGUE	TIME	COST
3.0 - Monday	7:30-9:30pm	\$25
3.5 – Monday	7:30-9:30pm	\$25
3.5/4.0 - Wednesday	7:30-9:30pm	\$25
3.0 - Friday (Morning)	9-11am	\$25
3.5 - Friday (Morning)	9-11am	\$25
Men's Progressive		
3.5-Monday	7:30-9:30pm	\$25



<u> Iunior Tennis Classes</u>

The OCTC Junior Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or canceled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made-up based on availability. Contact OCTC to check availability for any makeup classes.
- All class makeups must be completed during the current session.
- Inclement weather cancelations that cannot be made-up will be allowed to carry forward the makeup into the following session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

Oak Creek Tennis Center **Location:**

\$63 Resident/\$70 Non-resident Fees:

per session/one 60 min. class per week

\$104 Resident/\$115 Non-resident

Per session/two 60 min. classes per week

\$86 Resident/\$95 Non-resident per session/one 90 min. class per week

\$158 Resident/\$175 Non-resident per session/two 90 min. classes per week

\$216 Resident/\$240 Non-resident per session/three 90 min. classes per week

\$225 Resident/\$250 Non-resident

per session/two 120 min. classes per week

\$297 Resident/\$330 Non-resident

per session/three 120 min. classes per week

\$351 Resident/\$390 Non-resident per session/four 120 min. classes per week

Prices are for four weeks. For multiple day sign-ups, be specific as to which days.

FALL SESSION DATES:

Session 1	August 8-September 3
Session 2	September 6-October 1
Session 3	October 3-October 29
Session 4	October 31-November 26
Session 5	November 28-December 22

TINY SHOTS TENNIS

This class is designed to stimulate, challenge, and appeal to budding tennis players. Children will learn motor skills necessary to play tennis and other sports throughout their lives. Students will use the red USTA-approved low-compression ball. The 36' court will also be used. Sign up for one or two days per week.

AGE	DAY	TIME	SESSIONS
4-6	M	4:30-5:30pm	1, 2, 3, 4, 5
4-6	Tu	4:30-5:30pm	1, 2, 3, 4, 5
4-6	W	4:30-5:30pm	1, 2, 3, 4, 5
4-6	Th	4:30-5:30pm	1, 2, 3, 4, 5
4-6	Sa	9-10am	1, 2, 3, 4, 5



ORANGE BALL

(10 YRS & UNDER BEGINNER/INTERMEDIATE)

This is an introductory class. Basic tennis skills are learned while using the orange ball on the 60' court. Orange balls have a slightly softer bounce than regular balls, allowing students to learn at a quicker rate, with the correct technique. Players need a 25-inch racquet and non-marking shoes.

AGE	DAY	TIME	SESSIONS
7-10	M	4:30-6pm	1, 2, 3, 4, 5
7-10	Tu	4:30-6pm	1, 2, 3, 4, 5
7-10	W	4:30-6pm	1, 2, 3, 4, 5
7-10	Th	4:30-6pm	1, 2, 3, 4, 5
7-10	Sa	9-10:30am	1, 2, 3, 4, 5

MEAN GREEN BALL

(10 YRS & UNDER INTERMEDIATE/ADVANCED)

This class is designed for intermediate level players participating in USTA events and tournaments and emphasizes advanced spins and court movement/tactics. Players in this group are required to play tournaments throughout the year and set goals for their improvement. Two day/week minimum attendance required for skill development. Approval needed by Junior Director, Coach David. Tennis-specific shoes are required. Sign up for two or three days per week.

AGE	DAY	TIME	SESSIONS
7-10	M	4:30-6pm	1, 2, 3, 4, 5
7-10	Tu	4:30-6pm	1, 2, 3, 4, 5
7-10	W	4:30-6pm	1, 2, 3, 4, 5
7-10	Th	4:30-6pm	1, 2, 3, 4, 5
7-10	Sa	10:30am-12pm	1, 2, 3, 4, 5

INSTRUCTIONAL PLAYER DEVELOPMENT

This is a great way to hit the ball, gain confidence, and begin learning skills to advance to higher-level play. After learning skills, players advance to junior development level. Sign up for one to three days per week. Beginner to Advanced-Beginner.

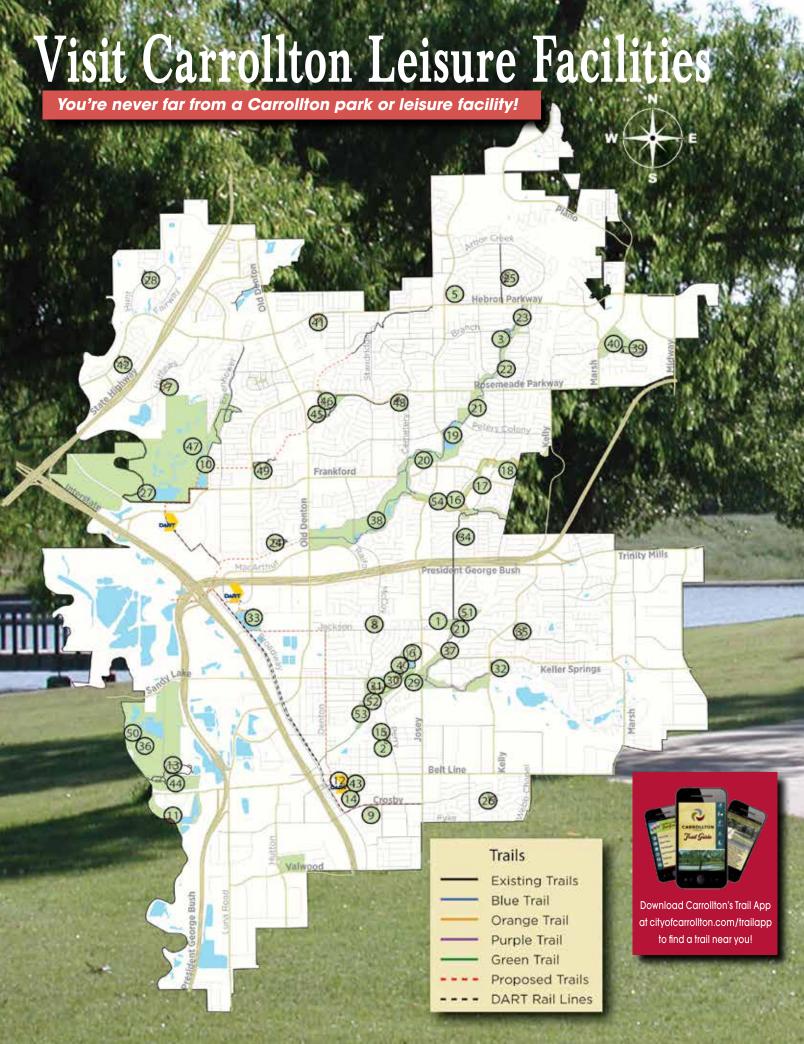
AGE	DAY	TIME	SESSIONS
11-18	М	5:30-7pm	1, 2, 3, 4, 5
11-18	Tu	5:30-7pm	1, 2, 3, 4, 5
11-18	W	5:30-7pm	1, 2, 3, 4, 5
11-18	Th	5:30-7pm	1, 2, 3, 4, 5
11-18	Sa	10:30am-12pm	1, 2, 3, 4, 5

COMPETITIVE-ADVANCED

Designed for players participating in Champ, SuperChamp, or high school varsity tennis, this camp emphasizes advanced tactics, movement, and tournament-level competition. Players in this group are required to play tournaments throughout the year. Travel teams are available for out-of-town tournaments. Approval needed by Junior Director, Coach David.

AGE	DAY	TIME	SESSIONS
11-18	M	5:30-7:30pm	1, 2, 3, 4, 5
11-18	Tu	5:30-7:30pm	1, 2, 3, 4, 5
11-18	W	5:30-7:30pm	1, 2, 3, 4, 5
11-18	Th	5:30-7:30pm	1, 2, 3, 4, 5

CAR	CARROLLTON TEXAS COLITY	Acreage (approx)	Aquatics Athletic Fields	Disc Golf Concession Basketball Court	Grills Dog Park	Hike/BikePaths Gym	Historical Site	Meeting Room Lake/Fishing	Parking Nature Area	Picnic Area Pavilion	Playground	Rental Facility Racquetball	Restrooms	Tennis River Frontage	Undeveloped	Water Fountain Volleyball	Weight Room
1 Carrollton Municipal Complex													-				
Amphitheater	2035 E. Jackson Road 75006	4 (+						• (•	•			•	
2 A.W. Perry Homestead Museum (AWP)	1943 E. Jacksoll Road 73000 1509 N. Perry Road 75006	0.5			•	•	•	-	•	t		•	-	+		•	
Branch Hollow Park	2050 E. Branch Hollow Drive 75007	3.5			•				•	•	•			2		•	
\vdash	1700 Keller Springs Road (west of Josey Lane) 75006	က		•		•		•	•			•	•			•	П
_	4220 N. Josey Lane (at Hebron Parkway) 75010	.50				ľ		-		•		• •	_			•	•
7 Cedar Flm Park	3845 Menard Drive 75010	ט ענ		•	•	•		•	•		•	•	•				•
8 Clifford E. Hall Park	N. W. Corner Jackson Road & McCoy Road 75006	6.4			•				•	-	\vdash		I			•	
	1610 E. Crosby Road 75006	က		•		-		•	•		•	•	•			•	•
10 Del Santer Park	Eisenhower Drive @ Mapleview 75007	3.2		+	•	•		• •	•		•		1	_	•	+	
12 Downtown Square and Gazebo	1199 EIIII Park DIIVE / 3000	30				•	٠	•	•	•		•	•	•	•		
Elm Fork Nature Prese	2335 Sandy Lake Road 75006	40.3				•		•	•	+	•	•	+	•			
	1400 Francis @ Ross 75006	3		•	•		Ė	H	-	-	•		L	-		•	
		13					•		-	\rightarrow						\vdash	
_	Josey Lane & Southern Oaks 75007	14.6			•			1	•	-	_		1	+	•	•	
1/ Greenbelt Park Area 3	Treeline & Josey Lane 75007	12.4		•	• •	• •			•	•	•			c		• •	
	Source Furneaux @ Frankford Road / 500/	23.7							_		_		1	7	-	•	
20 Greenbelt Park Area 5	Josey Lane & Peters Colony 75007	39.8			•		L		•	•					•	H	
	Josey Lane (west from Area 5 lake) 75007	19.8				•			•						•		
Greenbelt Park Area	Peters Colony (east of Josey) 75007	26.6			•	•		•	•						•	Н	
	Toulan & Furneaux Lane (Carillon Hills) 75007	25							•	-	_				•		
24 Harold K. Bessire Park	111/ Dentonshire Drive 75006	4.0		•	• •	• •			• •	• •	•		1			• •	
	2550 Ridgedale Drive (ast of Nix & south of Belt Line) 75006	4.5			•			-	•	-	-			0		•	
27 Indian Creek Golf Club	1650 W. Frankford Road at I-35 75007	415		•					•	•		•	•	1		1	
_	1645 Coyote Ridge 75007	9			•		L		•	•	•	H	L	H		H	
	1871 Sherwood Lane @ Josey Lane 75006	2	2	•	•				-	•			•			•	
_	Keller Springs Road/Josey Lane 75006	100		-	•	•	1	•	•	•	•	-	-	+		+	
31 Josey Kanch Sports Complex (JRSC)	1440 Keller Springs Road 75006	, 20	٥	•	•	•		•	• •		-	•	•			• •	
33 Ken Good Park	2140 Nelly Bouleval d & Nellel Splings Road 73000 Broadway & Jackson Road 75006	20		•	•			•	•	•	•					•	
	2742 Scott Mill Road & Placid 75007	9			•		L	H	•	Ľ	•	H	•	2		ľ	
	2320 Heads Lane (off Kelly Blvd. north of Keller Springs) 75006	12.3			•				•	•	•	•				•	
36 McInnish Park & Sports Complex	2340 & 2335 Sandy Lake Road 75006	211	17	•	•	1	1	•	•	•	•	•	•	•		•	
3/ Mill Valley Park	Crooked Creek Drive @ McCov Road 75006	102		•	•	•			•						•		
39 Oak Creek Park	2537 Oak Creek Drive 75007	52.22	•	•	•				•	•	•						
\Box	2531 Oak Creek Drive 75007	2		•				\sqcup	•	\vdash	\vdash	•	•	12		\vdash	
	1210 E. Hebron Parkway 75007	4.5	•		•	•		-	•		•					•	
42 Uakwood Springs Park	1817 Hamilton Drive 75010	م م			•	•	•			•	•					•	
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	1334 E. Rosemeade Parkway 75007	11	•	•	•				•			•	\blacksquare	\dashv		•	
\perp	1330 E. Rosemeade Parkway (east of Old Denton Road) 75007	28		•	•	7		•	•		•	4	\vdash	Н		•	•
	West of Eisenhower & north of Peters Colony 75007	9 2				• •		•	•					+	•		
	1715 Kosemeade Park Circle @ Dogwood 75007	2.5		1		• •				+	-					+	
50 Veterans Park	17.17 W. Roseilleade Falkway (2007) 23.35 McInnish @ Veterans Wav 75006	_ თ	2	•	•		#	+	• •	•	•	t	•	+	I	• •	
	2050 E. Jackson Road @ Scott Mill Road 75006	15		•	•	•			•	•	•					•	
1 1	1950 N. Perry Road 75006	4	3	•	H	П	Ħ	Н	•		Н	•	\vdash	Н	П	Н	
53 W. J. Thomas Park and Splash Park	1955 N. Perry Road 75006	25	•		•				•	•	•		•	2		•	
	Scott Mill Road (east of Thomas Elementary School) 75006	14.5	1	\exists	$\frac{1}{2}$	-]	\dashv]	\dashv	7	4		•	







PERRY PUMPKIN PATCH

October 15 • 11am-2pm

MOTHER/SON MONSTER MASH

October 22 • 6-9pm

GHOST TOWN

October 29 • 4-7pm

BOOKS FOR TREATS

October 31 • 10am-8pm

CHRISTMAS AT THE PERRY

December 1, 8, & 15 • 5:30-8pm

SANTA ON THE SQUARE

December 3 • 4-8pm

COOKIE DECORATING

December 10 • 5-7pm

WINTER BREAK

December 19-January 2



CALENDAR



September - December 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

September

- 5 Labor Day Holiday (visit cityofcarrollton.com for closure details)
- 10 Pooch Pool Party, Rosemeade Rainforest Aquatic Complex, 972-466-9816
- 10 Saturdays on the Square: Live Music, Downtown Carrollton, 972-466-9135
- 17 World of Foodies Fest, Downtown Carrollton, 972-466-9135
- 29 Friends of the Carrollton Public Library Book Sale, Hebron & Josey Library, 972-466-4800

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/ 30	24 31	25	26	27	28	29

October

- Friends of the Carrollton Public Library Book Sale, Hebron & Josey Library, 972-466-4800
- 8 Craft Fair, Carrollton Senior Center, 972-466-9815
- 8 Saturdays on the Square: Hispanic Heritage Month, Downtown Carrollton, 972-466-9135
- 15 Perry Pumpkin Patch, A.W. Perry Homestead Museum, 972-466-6380
- 21 Genealogy Lock-In, Josey Ranch Lake Library, 972-466-4800
- 22 Mother/Son Monster Mash, Creekview High School, 972-466-3031
- 29 Ghost Town, Downtown Carrollton, 972-466-9808
- 31 Books for Treats for All Ages, both Library locations, 972-466-4800



November

- 1 Winter Reading Challenge Registration Begins, Both Library Locations, 972-466-4800
- 5 Festival at the Switchyard, Downtown Carrollton Square, 972-466-3084
- 10 Veterans Day Celebration, Carrollton Senior Center, 972-466-4850
- 12 Saturdays on the Square: Cocoa for Coats, Downtown Carrollton, 972-466-9135
- 19 Fall Family Campout, R.E. Good Soccer Complex, 972-466-9811
- 23 Both Library Locations will close at 6pm for Thanksgiving
- 24-25 Thanksgiving Holiday (visit cityofcarrollton.com for closure details)
- 28-29 Cease the Grease Free Cooking Oil Disposal, Central Service Center, 972-466-3000

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

December

- 1 Winter Reading Challenge Begins, Both Library Locations, 972-466-4800
- 1, 8, Christmas at the Perry, A.W. Perry Homestead Museum, 972-466-6380
- & 15
 - 3 Santa on the Square, Downtown Carrollton, 972-466-9808
 - 10 Saturdays on the Square: Cookie Decorating, Downtown Carrollton, 972-466-9135
 - 19 Winter Break Begins, Carrollton Public Library, 972-466-4800
- 23-26 Christmas Holiday (visit cityofcarrollton.com for closure details)
- Jan 2 New Year's Holiday (visit cityofcarrollton.com for closure details)
- Jan 2 Winter Break Ends, Carrollton Public Library, 972-466-4800







