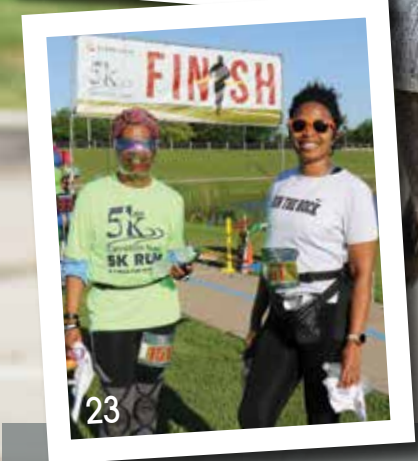


LINKS TO THE

CONNECTIONS

JANUARY-APRIL 2022



Register for Classes and Events Now!





*live
music*



craft beer & food



*photo
ops*



TEX Fest

Downtown Carrollton
Saturday, March 5
3-9pm

See page 21 for more information.



From the Parks & Recreation Director ...

Welcome to the City of Carrollton's guide to family fun! *Leisure Connections* lists all the activities, classes, events, recreation, and good times to be found within this great City of ours. Spring into fun this season at one of the City's many events, such as TEXFest, the Elm Fork Ladybug Release, and Wildflower Watch. The Parks & Recreation Department is continuously seeking new and better ways to engage the community with rewarding experiences, especially during these changing and uncertain times. Carrollton provides many opportunities to stay fit this winter and spring, so let this be the year to keep those New Year's resolutions. Outdoor, indoor, and virtual programming provides residents the opportunity to stay healthy, regardless of their fitness level and preference for exercise. Here, you can learn about the many different amenities that are offered through our recreation centers. After that, make sure to register for our 10th annual Carrollton Trails 5K Run and 1-mile Fun Run/Walk. We love our trails and we know you will, too! Let's not forget about the animals either this season. Join in with the furry fun at Carrollton's 5th annual Run for Rover race this February. All proceeds from the race directly benefit the animals in Carrollton's Animal Services & Adoption Center. Remember Outdoor Movie Night at Saturdays on the Square in March and be sure to log on to the donation page on the City website as another way to benefit the animals in our Adoption Center.

Scott Whitaker, Carrollton Parks & Recreation Director

On the cover ...

Join us for the 5th annual Run for Rover event on Saturday, February 26 starting at 8:30am at McInnish Dog Park. Sign up you and your pup for a dog-specific race supporting the Carrollton Animal Services & Adoption Center. The City is excited to offer this race to walkers, runners, and their dogs, directing all proceeds to the animals at the center. Come to "run wild" and watch as these doggies dash for the finish line. For more information, see the Community Events section on page 20.



Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 22.

Non-resident registration begins December 6.

Classes begin January 3.

On the Inside ...

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Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports



A.W. PERRY HOMESTEAD MUSEUM (AWP) (PAGE 8)

1509 N. Perry Road
972-466-6380
cityofcarrollton.com/museum
facebook.com/PerryHomesteadMuseum

Hours: Tu-Th, Sa 11am-1pm

For more information or group tour reservations, call or visit online. Free admission.



CARROLLTON SENIOR CENTER (SRC) (PAGE 9)

1720 Keller Springs Road
972-466-4850
cityofcarrollton.com/seniorcenter

Hours: M/W/F 7am-5pm
Tu 7am-7:30pm
Th 7am-9:30pm
Sa 9am-1pm
Su Closed

Amenities: Three 9' Billiard Tables
Big Screen TV • Fitness Cardio/ Strength Room
Aerobics • Wii Games • Arts & Crafts Room
Piano & Music Room • Stage • Dance Floor
Variety of Table Games, Puzzles, & Books
Large Day Room Area with Tables & Chairs
Free Wi-Fi

Holiday Hours:
Open 1/1, 10am-1pm
1/17, 10am-4pm

Outdoor Amenities: Pond with Walking Track • Half Basketball Court • Cornhole



CROSBY RECREATION CENTER (CRC)

1610 E. Crosby Road
972-466-9810
cityofcarrollton.com/crosby

Hours: M-F 6am-9pm
Sa 9am-6pm
Su Closed

Amenities: Gymnasium • Weight/Cardio Room • Functional Fitness Gym
Game Room/Snack Area
Public Computers • Video Games
Ping-Pong • Two Pool Tables • Board Games
Locker Rooms w/Showers • Pickleball
Outdoor Public Playground • Free Wi-Fi

Holiday Hours:
Open 1/1, 10am-1pm
1/17, 10am-4pm



PARKS & RECREATION ADMINISTRATION

1610 E. Crosby Road
972-466-3080
cityofcarrollton.com/parksandrec

Hours: M-Th 7:30am-5:30pm
F 7:30-11:30am

Event Hotline: 972-466-9135

Holiday Hours:
Closed 1/17

INDIAN CREEK GOLF CLUB (PAGE 33)

1650 W. Frankford Road
972-466-9850
indiancreekgolfclub.com
facebook.com/indiancreekgolfclub
instagram.com/indiancreekgolfclub_dfw
twitter.com/IndianCreek_gc

Hours: M-Su Sunrise to Sunset

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports



LIBRARY AT HEBRON & JOSEY (H&J) (PAGE 14)

4220 N. Josey Lane
(at Hebron Parkway)
972-466-4800
cityofcarrollton.com/library
facebook.com/carrolltonpubliclibrary
instagram.com/carrolltontxlib
twitter.com/CarrolltonTxLib

Hours: Su 1-5pm
M 10am-8pm
Tu 10am-8pm
W 10am-8pm
Th 10am-8pm
F Closed
Sa 10am-5pm

Holiday Hours:
Closed 12/24-25, 1/1, 1/17,
3/10 & 4/17



LIBRARY AT JOSEY RANCH LAKE (JRL) (PAGE 14)

1700 Keller Springs Road
(west of Josey Lane)
972-466-4800
cityofcarrollton.com/library
facebook.com/carrolltonpubliclibrary
instagram.com/carrolltontxlib
twitter.com/CarrolltonTxLib
youtube.com/cityofcarrolltontx

Hours: Su 1-5pm
M 10am-8pm
Tu 10am-8pm
W 10am-8pm
Th Closed
F 10am-5pm
Sa 10am-5pm

Holiday Hours:
Closed 12/24-25, 1/1, 1/17,
3/10 & 4/17

OAK CREEK TENNIS CENTER (OCTC) (PAGE 41)

2531 Oak Creek Drive
972-466-6389
oakcreektenniscenter.com
Players should call 972-466-6389 (option 1) for the status of programs.

Winter Hours
End February 20
M-Th 9am-10pm
F 9am-8pm
Sa 8:30am-6pm
Su 10am-7pm

Spring Hours
Begin February 21
M-Th 8:30am-10pm
F 8:30am-8pm
Sa 8:30am-6pm
Su 10am-7pm

Holiday Hours: Closed 1/1 & 4/17

Courts may be closed due to inclement weather and/or lack of court demand.



ROSEMEADE RECREATION CENTER (RRC)

1330 E. Rosemeade Parkway
972-466-9800
cityofcarrollton.com/rosemeade
Amenities: Two Gymnasiums • Weight Room • Cardio Room • Spin Room
Four Racquetball Courts • Game Room/Snack Area • Dance/Fitness Studio • Outdoor Playground • Locker Rooms w/Showers • Video Games
Pool Table • Ping-Pong • Board Games
Pickleball • Free Wi-Fi

Hours: M-Th 5:30am-9pm
F 5:30am-9pm
Sa 9am-6pm
Su Noon-6pm

Holiday Hours:
Open 1/1 & 1/17, 10am-4pm
Closed 4/17



SPORTS & LEAGUE ADMINISTRATION

1330 E. Rosemeade Parkway
972-466-9833
cityofcarrollton.com/athletics
facebook.com/carrolltonparks
twitter.com/carrolltonsport
Rainout Line: 972-695-2355

Hours: M-F 8am-5pm

Holiday Hours:
Closed 1/17



MEMBERSHIP FEES

	Annual Resident/ Non-resident	3-month Resident/ Non-resident
--	----------------------------------	-----------------------------------

Rosemeade and Crosby Recreation Centers: Also provides access to the Carrollton Senior Center for members age 50+.

Senior 65+	\$45/\$70	\$25/\$36
Adult 16-64	\$115/\$165	\$50/\$66
Youth 9-15	\$40/\$65	\$20/\$30
Family/Group*	\$200/\$285	\$75/\$105
Additional Member	\$20/\$25	\$10/\$15

1 Month Membership \$20 Resident/\$25 Non-resident

Replacement Card \$5

*Includes four members. All members must reside at the same address.

Active military members on leave can use any center for \$5 for the duration of their leave. Military leave orders must be shown.

Senior Center: This membership is honored ONLY at the Carrollton Senior Center.

Senior 50-59	\$25/\$40	\$9/\$15
Senior 60-69	\$15/\$30	\$6/\$11
Senior 70+	\$10/\$25 (lifetime fee)	

Replacement Card \$5

Library: City of Carrollton, Denton County, Farmers Branch and partner-city residents receive annual membership benefits free of charge.

Resident	Non-resident*
\$0	\$40

Replacement Card \$1

*Fee for non-resident card is not refundable.

DAILY PASSES

Resident	Non-resident
-----------------	---------------------

Rosemeade and Crosby Recreation Centers

Senior 65+	\$5	\$8
Adult 16-64	\$7	\$10
Youth 9-15	\$5	\$8

Senior Center

Senior 50+	\$2	\$5
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Memberships and daily fees are subject to change.
Visit cityofcarrollton.com for the most up to date fees.

REFUND POLICY

Refund policies may vary for different classes, sports, and events. Refer to the Parks & Recreation general information page on the website or see front desk staff at any facility for more information.

ACCESSIBILITY ACCOMMODATION REQUEST

The City of Carrollton is proud to comply with the Americans with Disabilities Act. We continuously strive to create an environment in which all participants, with or without disability, feel safe, secure, and without obstacle to participate in any City program or event. For assistance, call 972-466-4862 at least two weeks prior to the start of a program or event.

Adaptive programming and events can be found on page 24.

FINANCIAL ASSISTANCE FOR PROGRAMS AND MEMBERSHIPS

In an effort to stand by our mission, to "provide innovative, diverse, and quality recreation and leisure opportunities for everyone, while preserving City parks and natural resources," Carrollton Parks & Recreation provides financial assistance to qualifying residents for all Parks & Recreation classes, programs, and facility fees. Call 972-466-9813 for more information.

Facility Rentals

Looking for that perfect location for a meeting or a place to celebrate a special occasion?
 Look no further than the City of Carrollton.
 Ask about rental rates and book your next event close to home.



INDOOR FACILITIES

Facility room occupancy varies from a classroom of 15 to a ballroom of 700. Call or visit the website for detailed information.

Carrollton Senior Center*

972-466-9800 • 1720 Keller Springs Road
 5 rooms ranging in capacity and a kitchen that may be added to any rental

Crosby Recreation Center*

972-466-9800 • 1610 E. Crosby Road
 2 rooms ranging in capacity, 1 gymnasium, dance room, and a kitchen that may be added to any rental

Hebron & Josey Library**

972-466-4800 • 4220 N. Josey Lane
 2 rooms ranging in capacity

Indian Creek Golf Club Clubhouse*

972-466-9859 • 1650 W. Frankford Road
 Provides a great view of the golf course

Josey Ranch Lake Library**

972-466-4800 • 1700 Keller Springs Road
 3 rooms ranging in capacity

Rosemeade Recreation Center

972-466-9800 • 1330 E. Rosemeade Parkway
 3 classrooms ranging in capacity with one that includes a kitchen, 2 gymnasiums, and a dance room

OUTDOOR FACILITIES

of People

A.W. Perry Homestead Museum*
 972-466-6380 • 1509 N. Perry Road

100

Historic Downtown Carrollton Gazebo***
 972-466-3080 • 1106 S. Broadway Street

50

Indian Creek Golf Club Pavilion
 972-466-9850 • 1650 W. Frankford Road

100

Provides a great view of the golf course

Pavilion at Mary Heads Carter Park
 972-466-9800 • 2320 Heads Lane

120

Sports Fields

Varies

972-466-3083 • (various locations)

(other fees such as field preparation and lighting may apply)

* Alcohol allowed with additional permitting

** For Library meeting rooms, visit cityofcarrollton.com/library.

*** Special Event Permit required for events with more than 50 people; call 972-466-9800.

cityofcarrollton.com/rentals

Themed Birthday Parties

Carrollton has you covered. Check out our two-hour themed party package!

RECREATION CENTERS OR A.W. PERRY HOMESTEAD MUSEUM

Celebrate your child's birthday at the Rosemeade Recreation Center, Crosby Recreation Center, or the A.W. Perry Homestead Museum. Location depends on space availability. *You bring the guests, Carrollton Parks & Recreation does the rest.* Party amenities include party host, one hour of organized activity, one hour for party festivities, paper goods, decorations, cake, lemonade, and a special gift for the birthday child. Full payment as well as damage deposit is due at time of booking. Bookings made less than 30 days from the event date will be subject to approval by the Recreation Coordinator.

To schedule your next party with Carrollton Parks & Recreation, call 972-466-9813.

THEMES

ballerina • cars • Elmo • luau

Teenage Mutant Ninja Turtles

PAW Patrol Pirates • princess • Sesame Street

sports • superhero • Star Wars

western • zoo animals

If you don't see the theme you want, let us know.

COST

Security deposit \$50

1-10 children \$175

11-20 children \$200

21-30 children \$225

31-40 children \$250

40+ children \$275



A.W. Perry Homestead Museum

1509 N. Perry Road • 972-466-6380 • cityofcarrollton.com/museum

Open Tuesday through Thursday and Saturday • Tours between 11am-1pm or by appointment

Free Admission

Located within beautiful Pearl Perry Gravley Park, the A.W. Perry Homestead Museum offers a glimpse of life as it was in North Central Texas at the turn of the 20th century. A.W. and Sarah Perry were pioneer homesteaders of the Peters Colony who arrived here in 1844 from Carrollton, Illinois. They built a house on the site in 1857. In 1909, their son Dewitt Perry and his wife Francis tore down the first house and used some of the lumber to build the present-day home. This structure is now the Museum, restored in 1976 as the community's U.S. Bicentennial celebration project and designated as a State Historic Landmark in 1977 by the Texas Historical Commission.



Wildflower Watch



**Month of April
Throughout
Carrollton**

**See page 22
for details.**

SCHOOL AND GROUP TOURS

The guided tour begins at the state historical marker and continues through the 1909 farmhouse with antique furnishings, where you will discover daily life as it was in Carrollton at the turn of the 20th century. School tours are aligned with the Texas Essential Knowledge and Skills (TEKS) standards for each grade level. To schedule a school or group tour, contact the Museum two weeks before your requested tour date. Group tours are FREE, but donations are welcome. Call 972-466-6380 to make a reservation or register online at cityofcarrollton.com/museum.

TRAVELING TRUNKS

The A.W. Perry Homestead Museum provides trunks to local schools as a FREE service. Each trunk contains hands-on artifacts for students to examine and an activity guide for teachers. All activities are TEKS-aligned according to state-mandated curriculum guidelines.

HISTORY MYSTERY TRUNKS are designed for grades three, four, and five. Students will uncover the past using artifacts, learn the basic principles of material culture, and observe and analyze objects in the trunk in order to discover their uses.

SCHOOL DAYS TRUNKS are designed for grades one, two, and three. Students will compare and contrast how education has changed over the past 150 years, try on pioneer clothing, and even imagine what it will be like to school in the future.

To reserve a trunk for your class, visit cityofcarrollton.com/museum.

Senior Center

1720 Keller Springs Road • 972-466-4850

cityofcarrollton.com/seniorcenter • facebook.com/groups/carrolltonseniors

Carrollton Senior Center Advisory Council (CSCAC)

Meets first Tuesday • 11am

Jim Rogers - President • Jesse Alvarado - Vice President
Open - Secretary • Don Couch - Treasurer
John Story - Welfare Liaison
Calvin Smith, Joe Anne Blair, and Ralph Goin

CARROLLTON SENIOR CENTER ADVISORY COUNCIL MEETING

The CSCAC will meet to discuss the welfare of members, upcoming events, programs, classes, and other senior related issues. All Senior Center members are welcome to attend. **Held monthly on the first Tu (1/4, 2/1, 3/12, & 4/5), 11am.**

MEDICARE CARD LAMINATION

A continuing project, the CSCAC offers free lamination of new Medicare cards. Check the entry credenza for dates and times that CSCAC members will be available to protect this valuable health care identification card.

NEW MEMBER TOUR

New to the Senior Center? Find out what it's all about and receive a tour by a member of the CSCAC. They can answer questions and show you everything the City's busy Senior Center has to offer. **Held weekly, M-F, 2-3pm.**

VETERANS' VOICES

Preserve the memories of family and loved ones for all time. Veterans' stories keep the recollections alive and shared with new generations. If you have stories, news clippings, or pictures about veterans and warriors you would like to see preserved for our community, contact one of the CSCAC members to make an appointment to review documentations and photos that tell the amazing stories of friends and families. Photos and other documents may be reproduced, but all will be returned to you. Medicare

Seniors on Tour

One of Carrollton's biggest priorities is keeping its residents safe. The Senior Center is excited to be able to offer trips. These day outings come with lots of laughs while visiting exciting places in the area. Trips are always escorted by a Parks & Recreation staff member. **For updates on local trips follow the Senior Center at facebook.com/groups/carrolltonseniors.**

Unfortunately, the City regrets we are unable to offer out-of-town trips at this time. This offering will return as soon deemed safe.

DAY TRIPS

Explore entertaining and educational sites in North Texas with the Carrollton Senior Center. **The Senior Center is not responsible for refunds for trips that are cancelled due to inclement weather when rescheduling is not available. Limited transportation is available. Preregistration is required as space is limited.**

CLASS#	DATES	DESTINATION	DAY	TIME	\$(RES/NR)
102020-01	1/28	Fort Worth Rodeo	F	12:30-5pm	\$35/\$38.50
102020-10	2/24	UNT Sky Theater	Th	11am-2:30pm	\$12/\$13.25
102020-20	3/31	Tulips in Pilot Point	Th	9-2pm	\$15/\$16.50
102020-31	4/28	WinStar World Casino	Th	8:45am-4:30pm	\$25/\$27.50

OUT TO LUNCH

Join the Carrollton Senior Center for a good time at a local restaurant. Lunch is on your own. Meet at the restaurant at 11am. **Limited transportation is available for a fee of \$3 (res)/\$3.50 (non-res). Participants will need to bring money for lunch. Preregistration is required by everyone attending so that the restaurant will have an accurate head count.**

CLASS#	DATES	DESTINATION	DAY	TIME	\$(RES/NR)
102010-00	1/21	Mi Dia from Scratch 3310 Dallas Parkway, Plano	F	11am	Dutch
102010-10	2/25	Rudy's "Country Store" 9828 Dallas Parkway, Frisco	F	11am	Dutch
102010-20	3/25	54 th Street Restaurant 2415 S. Stemmons Freeway, Lewisville	F	11am	Dutch
102010-30	4/22	El Rincon 1114 S. Elm Street, Carrollton	F	11am	Dutch



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

ALL SENIOR CENTER PROGRAMS AND EVENTS ARE FOR SENIORS 50 AND OLDER AND HELD AT THE CARROLLTON SENIOR CENTER UNLESS OTHERWISE SPECIFIED.

Senior Activities & Classes • 50+

MONDAY	TUESDAY	WEDNESDAY
7am Walking	7am Walking	7am Walking
9am Aerobics \$	9am FUNctional Fitness \$	8am Triple Threat: Balance/Strength/ Flexibility \$
9am Free Notary Service (1/3, 2/7, 3/7, & 4/4)	9am Ceramics \$	9am Aerobics \$
9am Dominoes	9am Dominoes	9am Dominoes
9:30am Knit & Crochet Group	10:30am Stretch \$	10am Book Club (1/12, 2/9, 3/9, & 4/13)
10am H & F Canasta	11am Patio Garden Group	10:30am BINGO \$
11am Yoga \$	12:30pm SKIP-DO	10:45am CSCAC Hot Dog Wednesday \$ (1/12, 2/9, 3/9, & 4/13)
12pm Texas Hold 'Em Class (1/24, 2/21, 3/23, & 4/25)	1pm Red Hat Society Group (1/4, 2/1, 3/1, & 4/5)	12:15pm Lunch and Learn (1/19, 2/16, 3/16, & 4/20)
12:30pm Cribbage	1pm Texas Hold 'Em Tournament (1/25, 2/22, 3/24, & 4/26)	12:30pm Pinochle
1pm Bridge	1pm Team Chair Volleyball Practice	1pm Adult Coloring (1/19, 2/16, 3/16, & 4/20)
1pm Movie Monday (1/17, 2/21, 3/21, & 4/18)	3pm Reunión Hispania (1/25, 2/22, 3/22, & 4/26)	1pm FUN Chair Volleyball
1pm Ping-Pong Group	4pm Guitar Jam Sessions	1pm Ping-Pong Group
2pm Lets Chalk About It	5pm Line Dancing: Beginners \$	2:30pm Drama Group
LEGEND: \$ Fee required		
5pm Closed	7:30pm Closed	5pm Closed

Activities & Classes

ADULT COLORING

Coloring may sound like a simple activity to ward off boredom, but it can improve your health. A research study found that adults 65 years old and older who engage in creative activities have better overall health, use less medication, and have fewer health problems. **Supplies are provided and no registration is required.** Held monthly, W (1/19, 2/16, 3/16, & 4/20), 1pm. Instructor: Vance

ART CLASS: YOU CAN OIL PAINT A MASTERPIECE

Even if you have never held a paintbrush or cannot draw a straight line, you will be amazed at the beautiful painting you can create in one inspiring lesson. Beginners learn the basics of color mixing, brushstrokes, and perspective while completing a landscape, seascape, or still life in this fun and easy class taught by master artist and award-winning instructor Robert Garden. **All supplies including canvas, paint, brushes, medium, easel, detailed lesson plan, and instruction are provided and included in the cost of the class. Bring paper towels and wear old clothes. For more information, visit robertgardenart.com. Deadline to register is three days before each class.** Instructor: Garden

CLASS #	THEME	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152090-10	Australian Sunset with Kangaroo	1/14	F	1-4pm	1	\$35/\$36.50
152090-11	Land of the Midnight Sun	2/11	F	1-4pm	1	\$35/\$36.50
152090-12	Tribute to Monet's Water Lilies	3/11	F	1-4pm	1	\$35/\$36.50
152090-13	Bluebonnet Trails	4/8	F	1-4pm	1	\$35/\$36.50

NEW>> BAND PRACTICE

Join other musicians who want to have fun while playing music from a wide variety of genres. Participants must know the basics or more before joining these groups. Advanced Bluegrass practice is held weekly, Tu, 9am; Dulcimer practice is held weekly, M, 10am; Jazz and Blues practice is held weekly, Th, 1pm; Concert practice is held weekly, F, 12:30pm.

BILLIARDS TOURNAMENT

Put your skills to the test in our Billiards Tournament. Registrations will be accepted until one hour prior to start time. The bracket will be drawn up day-of. **Deadline to register is W, 1/11 by 9am.**

CLASS #	DATES	DAY	TIME	\$(RES/NR)
207060-70	1/12	W	10am	\$5/\$6

BINGO

Play a game of chance in which each player has one or more cards printed with differently numbered squares on which to place markers when the respective numbers are drawn and announced by a caller. The first player to mark a complete row or other pattern of numbers is the winner. Bingo is played weekly. Arrive by 10:15am. **Payment is to be made to the event organizers. Doors open at 10:15am. \$1/ card. Held weekly, W, 10:30am.**

BOOK CLUB

Enjoy reading and want to share your thoughts on the book? Enrich your reading experience with some lively discussion.

DATE	DAY	TIME	BOOK AND AUTHOR
1/12	W	10am	The Book of Lost Names by Kristen Hermel
2/9	W	10am	My Beloved World by Sonia Sotomayor
3/9	W	10am	A Wilder Rose by Susan Wittig Albert
4/13	W	10am	Before She Was Helen by Caroline B. Coone

CERAMICS

Students will be guided by the instructor and will learn how to clean, decorate, shape, mold, and glaze items. **Supplies are NOT included. All firing is included in the cost of the class.** Instructor: Postma

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152010-05	1/4-1/18	Tu	9-11:30am	4	\$30/\$33
152010-15	2/1-2/22	Tu	9-11:30am	4	\$30/\$33
152010-25	3/1-3/22	Tu	9-11:30am	4	\$30/\$33
152010-35	4/5-4/26	Tu	9-11:30am	4	\$30/\$33

THURSDAY	FRIDAY	SATURDAY
7am Walking	7am Walking	9am Ping-Pong
9am FUNctional Fitness \$	9am Aerobics \$	10am Technology Saturdays (1/15 & 3/19)
9am Dominoes	9am Dominoes	1pm Closed
9am Scrabble	9am Painting Group	
10:30am Stretch \$	10am Free Fitness Friday (1/28, 2/25, 3/25, & 4/29)	
10:30am Quilting	10am H & F Canasta	
10:30am Red Hat Society (1/4, 2/1, 3/1, & 4/5)	11am Yoga \$	
11am Patio Garden Group	11am Sing-Along Group (1/7, 1/21, 2/4, 2/18, 3/4, 3/18, 4/1, & 4/15)	
11am Monthly Luncheons (1/20, 2/17, 3/17, & 4/21)	11am Out to Lunch (1/25, 2/25, 3/25, & 4/22)	
12:30pm SKIP-DO	12:30pm Pinochle	
1pm Mahjong	1pm FUN Chair Volleyball	
1pm Bridge	1pm Team Chair Volleyball Practice	
1pm Jazz & Blues Jam Sessions	1pm Art Class \$ (1/14, 2/11, 3/11, & 4/8)	
6:05pm Dance Lessons		
7pm Senior Dance		
9:30pm Closed	5pm Closed	
		SUNDAY
		Center is Closed
		For more information on groups, games, and activities in the daily calendar, talk with your Senior Center staff.

CHAIR VOLLEYBALL

RECREATIONAL FUN PLAY

Stay active with a fun game of Chair Volleyball. Stay seated while stretching, laughing, and having a good time. Join today to enjoy a new sport and gain new friends. For a little more competition, join the Team Chair Volleyball group. **Held twice weekly on W & F 1-4pm.**

TEAM PRACTICE

Looking for a little more competition? Join the Chair Volleyball team. Stay seated while stretching, laughing, and having a good time. Team play includes some optional local tournaments that the team(s) can participate in. **Held twice weekly on Tu & F, 1-4pm.**

DRAMA GROUP: ACTORS COMING TOGETHER (ACT)

This talented group continues to entertain with their hilarious performances. No particular talent is needed to join, just a good sense of humor and a desire to laugh. **Held weekly, W, 2:30-4pm.**

GUITAR JAM SESSIONS

Participate in an acoustic jam session; **no plug-ins except for bass and autoharp.** Music is of all genres. Attendees must know your basic chords before joining, but all are welcome to sit in and have fun learning, together. **Held weekly, Tu, 4pm.**

KNIT & CROCHET GROUP

If you like to knit and/or crochet, come join us. Work on your own project with your own yarn or use ours to make items for charity. We will help you with the basics. We have made hats, blankets, scarves, and baby items for hospitals and other charitable organizations. Enjoy the craft of knitting and/or crochet and make some new friends. **Held weekly, M, 9:30-11:30am.**

NEW>> MASTER GARDENER LECTURES

Enrich your gardening skills by joining Denton County's Master Gardeners. A free lecture will be given on different gardening topics. **Preregistration is required to attend. Held monthly, M (1/17, 2/21, 3/21, & 4/18), 11am-12pm.**

CLASS #	THEME	#CLSS	\$(RES/NR)
170043-04	Basic Gardening Planning	1	Free
170043-05	Basics of Composting	1	Free
170043-06	Container Gardening	1	Free
170043-07	Create Global Cuisine with Herbs	1	Free

NOTARY SERVICE

This is a free service offered to Carrollton Senior Center members. A notary is a person to witness and authenticate signatures, administer oaths, verify signatures, and take affidavits for guests. Service provided by Maxine Pride. **Held monthly, M (1/3, 2/7, 3/7, & 4/4), 9-10am.**

PAINTING GROUP

Come get inspired by your peers while you paint with others who love to paint. Participants must bring their own materials and go at their own pace. **Held weekly, F, 9am.**

NEW>> PATIO GARDEN GROUP

Join fellow nature enthusiasts growing herbs and flowers lakeside for the Senior Center. Contribute the time and talent needed for the east access planter gardens. **Held twice weekly, Tu & Th, 11am.**

PING-PONG GROUP

Stay active with a fun pickup game of ping-pong. The ping-pong tables will be set up for a little more competition. Join a group of like-minded players. **Held weekly, M & W, 1pm.**

PONG ON WHEELS 50+ - SEE PAGE 37

PING-PONG TOURNAMENT

Put your skills to the test in our Ping-Pong Tournament. Registrations will be accepted until one hour prior to start time. The bracket will be drawn up day-of. **Deadline to register is W, 2/8.**

CLASS #	DATES	DAY	TIME	\$(RES/NR)
207060-70	2/9	W	10am	\$5/\$6

QUILTING GROUP

If you can sew, you can quilt. Work on different projects each month or bring your own project and enjoy sewing with the group. Bring your own sewing machine and materials. **Held weekly, Th, 10:30am-1pm.**

SING-ALONG GROUP

Be a part of a group of seniors who love to sing. **Held twice monthly, F (1/7, 1/21, 2/4, 2/18, 3/4, 3/18, 4/1, & 4/15), 11am.**

TECHNOLOGY SATURDAY

This is a great opportunity to resolve your technology challenges and learn from others doing the same. Receive one-on-one assistance on a first-come, first-served basis on any of your portable devices that you bring in. **Held every other month, Sa (1/15 & 3/19), 10am.**

TEXAS HOLD 'EM CLASS

Learn to play Texas Hold 'Em before participating in the Senior Center's monthly tournament. **No registration is required. Held monthly, M (1/24, 2/21, 3/23, & 4/25), 12pm.**

TEXAS HOLD 'EM TOURNAMENT

Seating begins at 12:30pm and games begin at 1pm. The first 64 participants will be seated. **Doors open at 12:30pm. No registration is required. Held monthly, Tu (1/25, 2/22, 3/24, & 4/26), 1pm.**

Food, Fun, and Fellowship

HOT DOG WEDNESDAY

Get a jumbo hot dog and all the fixin's prepared by members of the CSCAC. Cost is \$2 per person collected by the event organizers. **Held monthly, W (1/12, 2/9, 3/9, 4/13), 11am.**

LUNCH AND LEARN

Hear presentations from vendors on a variety of topics. Specific topics and presenters will be posted closer to the dates scheduled and will be published on the facility calendar and on Facebook.com/groups/carrolltonseniors. **Preregistration is required to get an accurate head count. Space is limited. Held monthly, W (1/19, 2/16, 3/16, & 4/20), 12:15pm.**

MONTHLY LUNCHEONS

Enjoy a delicious meal cooked and prepared by a professional chef. Enjoy a variety of entertainment and activities while socializing with friends. **Registration ends at 12pm on the Tuesday before the luncheon.**

CLASS#	THEME	DATE	DAY	TIME	\$(RES/NR)
102000-00	New Year	1/20	Th	11am-1pm	\$6.50/\$7.25
102000-10	Valentine	2/17	Th	11am-1pm	\$6.50/\$7.25
102000-20	March	3/17	Th	11am-1pm	\$6.50/\$7.25
102000-30	April	4/21	Th	11am-1pm	\$6.50/\$7.25

MOVIE MONDAY

Enjoy a free movie in a modified and socially distanced setting. Due to the excitement of new releases, titles will not be available until one month prior and will be published on the facility calendar and facebook.com/groups/carrolltonseniors. **Held monthly, M (1/17, 2/21, 3/21, & 4/18), 1pm.**

RED HAT SOCIETY GROUP

Join the world's largest community of women who unite together in the spirit of fun and friendship. You can be proud to know you are supporting a society that is reshaping the way women are viewed in today's culture by promoting freedom from stereotypes and fulfillment of goals and dreams. **Held monthly, Tu (1/4, 2/1, 3/1, & 4/5), 1-2pm.**

REUNIÓN HISPANA GROUP

This is a social group for our Spanish-speaking guests. Bring your favorite stories to share and participate in games. **Held monthly, Tu (1/25, 2/22, 3/22, & 4/26), 3pm.**

Este es un grupo social para nuestros huéspedes hispanohablantes. Traiga sus historias favoritas para compartir y participar en juegos. **Realizado mensualmente, Ma (1/25, 2/22, 3/22, & 4/26), 3pm.**

THURSDAY NIGHT DANCE

Live music and dancing will make Thursday nights amazing. Local live bands each week and free refreshments served during break for adults 50+ or adults accompanied by someone 50+ years old. A \$5/\$5.50 admission fee will be collected at the door. **Held weekly, Th, 7-9:15pm.**

WE ♥ OUR SENIORS LUNCH

Looking for great food and fellowship? Spend time with friends while enjoying a free delicious meal provided by Joe's Pizza, Pasta, and Subs located at 1904 E. Belt Line Road. **Space is limited and registration ends at 5pm the Tuesday before the luncheon.**

CLASS#	DATE	DAY	TIME
102000-01	1/5	W	11-11:45am
102000-12	2/2	W	11-11:45am
102000-21	3/2	W	11-11:45am
102000-31	4/6	W	11-11:45am

Health & Fitness

DROP IN>> AEROBICS

This class is open to all participants regardless of athletic ability or coordination. The 60-minute workout is designed with warm up, aerobic moves followed by a stretching and cool down period. Regular participation offers benefits for your heart, lungs, muscles, and bones. The instructor incorporates basic choreography, ab work, and strength training. This is accomplished without weights or mats. Come ready to have fun, enjoy a variety of music, and feel rejuvenated when you leave. **All mats and weights are provided. Bring a water bottle. \$3 (res)/\$3.50 (non-res) drop in fee.**

Instructor: Hess-Reneau

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132010-00	1/3-1/31	M/W/F	9-10am	13	\$39/\$43
132010-10	2/2-2/28	M/W/F	9-10am	12	\$36/\$39.75
132010-20	3/2-3/30	M/W/F	9-10am	13	\$39/\$43
132010-30	4/1-4/29	M/W/F	9-10am	13	\$39/\$43

DROP IN>> AGING GRACEFULLY YOGA

Increase your strength, flexibility, and balance with yoga. This class will relieve stress and tension and is designed to accommodate older adults. Come experience yoga to feel energized and revitalized. **\$.3 (res)/\$3.50 (non-res) drop in fee.** Instructor: Guinn

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132050-00	1/3-1/31	M/F	11am-12pm	9	\$27/\$29.75
132050-10	2/4-2/28	M/F	11am-12pm	8	\$24/\$26.50
132050-20	3/4-3/28	M/F	11am-12pm	8	\$24/\$26.50
132050-30	4/1-4/29	M/F	11am-12pm	9	\$27/\$29.75



FITNESS EQUIPMENT ORIENTATION

Not sure how machines in our weight room work or how to set up a machine? This class provides a walk-through to give you a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized workout plan, contact one of our personal trainers. **Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.** Instructor: Nouné

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132170-00	1/10	M	2:30-4pm	1	\$6/\$7
132170-10	2/14	M	2:30-4pm	1	\$6/\$7
132170-20	3/14	M	2:30-4pm	1	\$6/\$7
132170-30	4/11	M	2:30-4pm	1	\$6/\$7

FREE FITNESS FRIDAY

Join us on Zoom or in the Texas Room for Free Fitness Friday. Personal trainer, Tom Nouné, will lead a full-body workout that can be done with or without a chair. Tom specializes in resistance training, primarily with baby boomers and seniors. **Held monthly, F (1/28, 2/25, 3/25, & 4/29), 10am.**

DROP IN>> FUNCTIONAL FITNESS

Work your muscles in this class designed to build strength, add definition, increase bone density, and decrease body fat by building lean muscle. FUNCTIONal Fitness will improve your back health, posture, balance, flexibility, and muscular endurance. **\$.3 (res)/\$3.50 (non-res) drop in fee. No class 1/20, 2/17, 3/17, & 4/21.**

Instructor: Sparenberg

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132030-00	1/4-1/27	Tu/Th	9-10am	7	\$21/\$23.25
132030-10	2/1-2/24	Tu/Th	9-10am	7	\$21/\$23.25
132030-20	3/1-3/31	Tu/Th	9-10am	9	\$27/\$29.75
132030-30	4/5-4/28	Tu/Th	9-10am	7	\$21/\$23.25

HEALTH SCREENING: BLOOD PRESSURE & SUGAR LEVELS

Do you need to check your blood pressure or blood sugar? Visit the Senior Center for free blood pressure and blood sugar screenings provided by members of Carrollton Fire Rescue. No appointment necessary. **Held monthly, Tu (1/11, 2/8, 3/8, & 4/12), 11am.**

PERSONAL TRAINING OPTIONS - SEE PAGE 32

DROP IN>> STRETCH

This chair-based class has its roots in yoga and is designed specifically for participants who are unable to get up off the floor or stand/walk for long periods of time. You will leave class feeling stretched, strengthened, balanced, and relaxed. This class will challenge all fitness levels. **\$.3 (res)/\$3.50 (non-res) drop in fee. No class 1/20, 2/17, 3/17, & 4/21.** Instructor: Guinn

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132040-00	1/4-1/27	Tu/Th	10:30-11:30am	7	\$21/\$23.25
132040-10	2/1-2/24	Tu/Th	10:30-11:30am	7	\$21/\$23.25
132040-20	3/1-3/31	Tu/Th	10:30-11:30am	9	\$27/\$29.75
132040-30	4/5-4/28	Tu/Th	10:30-11:30am	7	\$21/\$23.25



NEW>> DROP IN>> TRIPLE THREAT- BALANCE/STRENGTH/FLEXIBILITY

This class will help you navigate life by focusing on balance, strength, and flexibility. Class starts with balance drills designed to prevent falling. Next up, strength exercises that improve health by increasing bone density using hand weights. Class finishes with stretching to increase flexibility. This class aims to be a fun and upbeat environment. **\$.3 (res)/\$3.50 (non-res) drop in fee.**

Instructor: Chadwick

CLASS #	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132070-00	1/5-1/26	W	8-9am	5	\$15/\$16.50
132070-10	2/2-2/23	W	8-9am	4	\$12/\$13.25
132070-20	3/2-3/30	W	8-9am	5	\$15/\$16.50
132070-30	4/6-4/27	W	8-9am	4	\$12/\$13.25



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

Carrollton Public Library

Free programs and events for all ages

Events are subject to change or may move to a virtual format, following current recommendations.

Visit cityofcarrollton.com/library for all updates.

HEBRON & JOSEY

4220 N. JOSEY LANE
(AT HEBRON PARKWAY)

Sunday	1-5pm
Monday	10am-8pm
Tuesday	10am-8pm
Wednesday	10am-8pm
Thursday	10am-8pm
Friday	Closed
Saturday	10am-5pm

Public computers • Online databases and resources • Free Wi-Fi
Books, CDs, DVDs • Hotspots
Materials in Spanish, Hindi, Korean, Vietnamese, & more • Study rooms
Quiet reading lounges • Local history & genealogy • Language instruction resources • eBooks

JOSEY RANCH LAKE

1700 KELLER SPRINGS ROAD
(WEST OF JOSEY LANE)

Sunday	1-5pm
Monday	10am-8pm
Tuesday	10am-8pm
Wednesday	10am-8pm
Thursday	Closed
Friday	10am-5pm
Saturday	10am-5pm

Information: 972-466-4800 • cityofcarrollton.com/library

The Library Advisory Board meets quarterly at Josey Ranch Lake Library at 6:30pm. Meetings are open to the public. See our website for scheduled meeting dates.

Preschool

For the most up-to-date information, visit cityofcarrollton.com/library.

EARLY LITERACY CLASSES

January 3-April 26

STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, rhymes, and movement. In-person attendance will be limited. *Limited tickets will be available 15 minutes prior to the program. One ticket per group, first come, first served.*

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	2-5	M	2pm	Ongoing
Josey Ranch Lake	2-5	M	2pm	Ongoing
Hebron & Josey	2-5	Tu	10:15am	Ongoing
Josey Ranch Lake	2-5	Tu	10:15am	Ongoing

OUTDOOR STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, rhymes, and movement. Join Library staff on-site at Josey Ranch Lake Library on the lawn between the Senior Center and the Library, weather permitting, and bring a blanket to sit on. *Visit cityofcarrollton.com/library and social media channels for weather-related cancellations.*

DATE	LOCATION	AGE	DAY	TIME
4/7	Josey Ranch Lake	2-5	Th	9am



1000 BOOKS BEFORE KINDERGARTEN

The concept is simple,
the rewards are priceless.

Registration is ongoing at the Library or at
carrolltonlibrary.READsquared.com.

Elementary

Grades K-5

For the most up-to-date information, visit cityofcarrollton.com/library.

GRAB & GO KITS: STEAM CLUB

Pick up Library programs to go while supplies last.

DATE	LOCATION	DAY	GRADE
2/1	JRL/H&J	Tu	K-5
3/1	JRL/H&J	Tu	K-5
4/4	JRL/H&J	M	K-5



NEW>> MEET LAUNCHPADS FOR KIDS

Introducing a new collection at the Library called Launchpads for Kids. Check out these learning tablets to build early reading skills grades Pre-K to Kindergarten and to reinforce math skills ages 8+. No internet connection is needed.



SPRING BREAK OUTDOORS

Meet Library staff at Mary Heads Carter Park to create a grass head craft, while supplies last. **Registration is required in advance at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LOCATION	DAY	GRADE	TIME	REG. BEGINS
3/16	Mary Heads Carter Park	W	K-5	2pm	3/2

Family

For the most up-to-date information, visit cityofcarrollton.com/library.

FAMILY NIGHTS

Children and their family bond through collaborative design with some makerspace fun to help spark the imagination. Materials for various challenges and activities will be provided. **Registration is required in advance at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LOCATION	DAY	TIME	REG. BEGINS
2/14	Hebron & Josey	M	6-7pm	1/31
3/14	Hebron & Josey	M	6-7pm	2/28
4/11	Hebron & Josey	M	6-7pm	3/28

Middle School

Grades 6-8

For the most up-to-date information, visit cityofcarrollton.com/library.

MIDDLE SCHOOL HANGOUT

Bored at home with nothing to do? Need a place to hang out with other kids your age? Video games, board games, and various maker supplies will be available. **Registration is required at carrolltonpl.libcal.com.**

DATE	LIBRARY	DAY	TIME	REG. BEGINS
2/22	Josey Ranch Lake	Tu	5-6pm	2/8
3/22	Josey Ranch Lake	Tu	5-6pm	3/8
4/26	Josey Ranch Lake	Tu	5-6pm	4/12

High School

Grades 9-12

For the most up-to-date information, visit cityofcarrollton.com/library.

SUMMER VOLUNTEERS

Beginning March 14, the Library is recruiting volunteers for summer. Submit your application through Volunteer Match at volunteermatch.org. Interviews will be scheduled through the spring.

All Ages

For the most up-to-date information, visit cityofcarrollton.com/library.

Winter Reading Challenge

Readers of all ages can engage in a reading challenge during those slow winter months when a good book can mean taking part in an adventure without leaving the comfort of a cozy chair. The challenge runs from Monday, December 20 through Sunday, February 20. The Winter Reading Challenge is sponsored by the Friends of the Carrollton Public Library. **Register at carrolltonlibrary.org. READsquared.com beginning Tuesday, December 1**



GRAB & GO KIT: BLACK HISTORY MONTH

In honor of Black History month Tuesday, February 1 through February 28, pick up this special Grab & Go Kit. Stories and supplies will be included in this multigenerational kit, while supplies last.

DATE	LIBRARY	AGE	DAY
2/1	Hebron & Josey/Josey Ranch Lake	All	Tu

AFRICAN-AMERICAN READ-IN VIRTUAL

Log in with the whole family. All are welcome. Hear excerpts from stories, poems, and songs written by African-American authors. Special guests will read selections aloud for your enjoyment. This program is presented by Professional Achievers for Community Excellence (PACE). Free books, written by African American authors, will be available to children and teens, while supplies last. Stop by Josey Ranch Lake Library the week after the program for pick up. **Registration is required two weeks in advance at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	AGE	DAY	TIME	REG. BEGINS
2/13	All	Su	4-5pm	1/30

Adult Programs

For the most up-to-date information, visit cityofcarrollton.com/library.

COMPUTER SKILLS

COMPUTER CLASSES

Need help with computers? Learn the basics of computers, Excel, and Word. Classes are free and last approximately one and a half (1-1/2 hours). Classes are presented by Goodwill Digital Skills Training instructors. Each class offers an optional exam and a chance to earn a certificate, adding 30 minutes to the end time. **Register at carrolltonpl.libcal.com, or call 972-466-4800 for assistance.**

COMPUTER BASICS

Receive training and assistance in learning basic computer and digital skills. Learn about computer parts and functionalities, including maneuvering a mouse, highlighting text, and manipulating the keyboard.

INTRODUCTION TO WORD

Learn how to start, open, save, and print documents, starting from scratch or using a template, plus other basic Word functions.

INTRODUCTION TO EXCEL

Learn basic commands for performing calculations and entering data for creating tables and graphs. Students have the option to finish with an Excel assessment and a chance to earn a certificate.

DATE	LIBRARY	AGE	DAY	TIME	TOPIC	REG. BEGINS
1/10	JRL	Adults	M	10-11:30am	Computer Basics	12/27
1/24	JRL	Adults	M	10am-12pm	Word-Beginners	1/10
1/31	JRL	Adults	M	10am-12pm	Excel-Beginners	1/17
2/9	JRL	Adults	W	1-2:30pm	Computer Basics	1/26
2/16	JRL	Adults	W	1-3pm	Word-Beginners	2/2
2/23	JRL	Adults	W	1-3pm	Excel-Beginners	2/9
3/7	HJ	Adults	M	10-11:30am	Computer Basics	2/21
3/21	HJ	Adults	M	10am-12pm	Word-Beginners	3/7
3/28	HJ	Adults	M	10am-12pm	Excel-Beginners	3/14
4/13	HJ	Adults	W	1-2:30pm	Computer Basics	3/30
4/20	HJ	Adults	W	1-3pm	Word-Beginners	4/6
4/27	HJ	Adults	W	1-3pm	Excel-Beginners	4/13

CRAFTING & FUN AT THE LIBRARY

ARTISTIC CRAFTING 101

Learn the basics of a new craft or hobby with the Library's crafting series, and jump start into a new expertise. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	CRAFT	REG. BEGINS
1/19	H&J	Adults	W	6-7:30pm	Card Jubilee	1/5
2/16	H&J	Adults	W	6-7:30pm	Hand Lettering	2/2
3/16	H&J	Adults	W	6-7:30pm	Embroidery	3/2
4/13	H&J	Adults	W	6-7:30pm	Egg Decorating	3/30

BOARD GAME AFTERNOON FOR ADULTS

Spend an afternoon playing board games with new friends. Whether you're a gaming veteran or want to get more into the hobby, this is the place for you. Bring your own from home or play ones from the Library.

DATE	LIBRARY	AGE	DAY	TIME
1/15	Hebron & Josey	Adults	Sa	2-4:30pm
2/12	Hebron & Josey	Adults	Sa	2-4:30pm
3/12	Hebron & Josey	Adults	Sa	2-4:30pm
4/9	Hebron & Josey	Adults	Sa	2-4:30pm
5/7	Hebron & Josey	Adults	Sa	2-4:30pm

SPRING CRAFTIVITY

Spring is in the air! Join us and craft something fresh and fun to celebrate the season. All materials will be provided. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
4/2	JRL	Adults	Sa	10:30am-12pm	3/19

HEALTH & WELLNESS

MEDICARE 101

A licensed, independent Texas insurance agent who specializes in the senior health marketplace will provide information about all aspects of Medicare. Come with your questions. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
2/12	Josey Ranch Lake	Adults	Sa	10:30-11:30am	1/29

DOWNSIZING & RIGHTSIZING

Would you or a loved one like to downsize to a more affordable, more manageable space? Don't know where to start? A Certified Senior Move Manager will present the top downsizing and rightsizing tips to help you get started. A question-and-answer session will follow. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
3/5	Hebron & Josey	Adults	Sa	10:30-11:45am	2/19

JOB SKILLS

NEW>> CAREER COACHING AT THE LIBRARY

Drop by the Library every Tuesday for one-on-one assistance with job placement, resume development, online job application assistance, and interviewing skills provided by career coaches from the Goodwill Career Center. **No appointment or registration is required.**

DATE	LIBRARY	AGE	DAY	TIME
Ongoing	Josey Ranch Lake	Adults	Tu	2:30-4:30pm

RESUME DEVELOPMENT

This workshop will teach the four types of resumes and which one to use. Discover resume best practices and Applicant Tracking System (ATS) compliance in developing your resume. Finally, learn what recruiters want to see on your resume. Presented by Krystal Yates, founder of EBR Consulting in Lewisville. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
2/4	Josey Ranch Lake	Adults	F	10:30-11:30am	1/21

INTERVIEWING SKILLS

Learn how to answer basic interview questions, behavioral interviewing, and questions you should ask the recruiter. Presented by Krystal Yates, founder of EBR Consulting. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
3/4	Josey Ranch Lake	Adults	F	10:30-11:30am	2/18

SALARY NEGOTIATION

Learn how to negotiate your salary when accepting a job offer. Learn what parts of the offer are negotiable, when to negotiate, and additional tips. Presented by consultant Krystal Yates of EBR Consulting. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
4/8	Josey Ranch Lake	Adults	F	10:30-11:30am	3/25

LEGAL PROGRAMS

CITIZENSHIP

Learn about the American citizenship process with an immigration and business attorney. Topics to be covered include citizenship rights, responsibilities, and eligibility requirements. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
1/8	Josey Ranch Lake	Adults	Sa	2-3pm	12/18

DEBT COLLECTION

A licensed attorney will explain your rights as a consumer, and the authorities and limitations of debt collectors in the furtherance of collecting a debt. Presented by RISE: Reaching Individuals through Service & Education. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
1/26	Josey Ranch Lake	Adults	W	6:30-7:30pm	1/12

KNOW YOUR RIGHTS VIRTUAL

A licensed attorney will explain your constitutional rights when confronted with law enforcement. Learn your rights under the Criminal Justice System. Presented by RISE: Reaching Individuals through Service & Education. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	AGE	DAY	TIME	REG. BEGINS
2/24	Adults	Th	6:30-7:30pm	2/10

CRIMINAL RECORD VIRTUAL

A licensed attorney will explain what charges can and cannot be expunged from your record. Learn the time frames for legal background checks in the state of Texas. Presented by RISE: Reaching Individuals through Service & Education. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	AGE	DAY	TIME	REG. BEGINS
3/24	Adults	Th	6:30-7:30pm	3/10

EMPLOYMENT LAW

A licensed attorney will explain at-will employment status, and the rights and responsibilities as an employee. Presented by RISE: Reaching Individuals through Service & Education. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
4/20	Josey Ranch Lake	Adults	W	6:30-7:30pm	4/6

MONEY MANAGEMENT

Financial Literacy

Personal finances can be tricky, even in the best of times. The last year has made money management even more volatile and unpredictable. Attend all classes, or just the ones of the most interest. All classes are led by a professional financial advisor. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**



CREATING A SUCCESSFUL BUDGET

Budgeting is all about successfully managing how you spend your income. Learn the process for creating a budget that works for you.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
3/31	Hebron & Josey	Adults	Th	6:30-8pm	3/17

PAY YOURSELF FIRST: SAVING & INVESTING

Creating a successful saving and investing strategy begins with understanding important financial concepts including the rule of 72, the three Ds of investing, the different types of investment and retirement accounts, and how taxes play a role in these accounts and impact your retirement income.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
4/7	Hebron & Josey	Adults	Th	6:30-8pm	3/24

DEBT MANAGEMENT

Paying off debt is key to the success of any financial plan. Learn about the different kinds of debt, a process to help you pay off your debt, and how your credit score works.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
4/14	Hebron & Josey	Adults	Th	6:30-8pm	3/31

PROTECTING YOUR FAMILY & LEAVING A LEGACY

The foundation of a good financial plan includes protection for your family and assets. Learn about the different types of insurance and legal documents that you need for peace of mind.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
4/21	Hebron & Josey	Adults	Th	6:30-8pm	4/7

Sir Reads-A-Lot!

Visit the Carrollton Public Library at Josey Ranch Lake and meet Sir Reads-A-Lot.

Donate today to receive a commemorative plate on the spine of one of his books.

All donations go to the Friends of the Carrollton Public Library, which supports the Library's programs.

Visit friendscarrolltonlibrary.org for more information or to donate.

- Gold Level: \$100+**
- Silver Level: \$50+**
- Bronze Level: \$15+**



SMALL BUSINESS

CONFIDENTIAL MENTORING – FREE!

SCORE has been providing free mentoring for new and existing businesses for over 40 years and has a network of over 13,000 volunteers who donate their time to help entrepreneurs. As highly successful and experienced business professionals and entrepreneurs, SCORE mentors deliver no-cost, confidential, valuable business counseling tailored to meet the needs of your business, whether you are a start-up or an existing business. Appointments are available online and in person, are one hour and may be held virtually or at Josey Ranch Lake Library, depending on availability. Visit dallas.score.org or call 214-987-9491 to schedule a time to meet with a SCORE volunteer about your business.

AN INTRODUCTION TO SCORE DALLAS

In this one-hour workshop attendees will be introduced to SCORE, a non-profit organization that can be the resource needed to not only start up a business but help grow a business. Find out how to access the knowledge from over 11,000+ volunteers who can mentor a business owner on any business or subject. SCORE will show how to access valuable workshops and webinars that are constantly being published and supply the names of contacts with the local office who can provide free customized guidance from a SCORE mentor. **Registration is required at dallas.score.org. Call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
1/12	Josey Ranch Lake	Adults	W	10:30-11:30am	12/29

ESSENTIAL STEPS FOR STARTING A BUSINESS

This two-hour workshop is designed to allow potential entrepreneurs to learn what's really needed of them to start and run a successful business. This introductory workshop brings together the need for personal skills, products or services, legality, financing, and planning along with showing them how committed they need to be to make the business successful. This free, informative program is being sponsored by Capital One Bank. **Registration is required at dallas.score.org, call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
2/9	Josey Ranch Lake	Adults	W	10:30-11:30am	1/26

BUSINESS PLAN 101

This free workshop presented by SCORE is designed to introduce the process of starting to write a business plan. Find out who needs a business plan and why, plus the essential elements to set you on the path to success for your business. **Register at dallas.score.org or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
3/9	Josey Ranch Lake	Adults	W	10:30-11:30am	2/23



CHECK OUT A MOBILE HOTSPOT DEVICE

- Available to adult Carrollton residents with a valid Carrollton Public Library card
- Check out a hotspot device for one week
- Place on hold and pick up at the desk or drive-up window at either Library location

The purchase of the hotspots by the Carrollton Public Library was made possible by a grant from the U.S. Institute of Museum Services CARES Act grant (#LS-246561-OLS-20) to the Texas State Library and Archives Commission under the provisions of the Library Services and Technology Act. (2021)

Special Events

You're Invited
National Library Week
Bookmark Contest

FEBRUARY 14-MARCH 14

In celebration of National Library Week, we want YOU to create a bookmark that tells us why you love libraries, reading, and books. Winners will receive a prize, and their bookmark will be reproduced and distributed at both Library locations during National Library Week April 3-9.



Entry forms will be available online and at both Library locations beginning Monday, February 14. Submit entries to either Library from February 14 to March 14. Winners will be announced on Wednesday, March 30.

Friends of the Carrollton Public Library Book Sale

Wednesday, April 6 • 6-8pm (members only)
Friday, April 8 • 10am-5pm
Saturday, April 9 • 10am-5pm
Josey Ranch Lake Library
1700 Keller Springs Road

Stop by the Josey Ranch Lake Library during the Friends of the Carrollton Public Library Book Sale. Donated adult and children's books, movies, and music will be available for purchase. Cash, checks, and credit cards are accepted. All proceeds benefit the Friends of the Carrollton Public Library to fund Library programming.

Ask a librarian!



SCAN THE QR CODE
TO ASK A LIBRARIAN

CONNECT TO A LIBRARIAN FOR HELP

Community Events

Saturdays on the Square*

Second Saturday of the month

All events are free

Downtown Carrollton
1106 S. Broadway Street

**No events in January and February
due to winter weather*

March

Saturday, March 12 • Sunset

Outdoor Movie Night:

Raya and the Last Dragon (2021), PG

Long ago, in the fantasy world of Kumandra, humans and dragons lived together in harmony.

However, when sinister monsters known as the Druun threatened the land, the dragons sacrificed themselves to save humanity. Now, 500 years later, those same monsters have returned, and it's up to a lone warrior to track down the last dragon and stop the Druun for good.

Don't forget your lawn chairs and blankets.

April

Saturday, April 9 • 6-8pm

Marvel Trivia Night

with 3 Nations Brewing Co.

Avengers assemble. Test your Marvel Cinematic Universe knowledge during a game of trivia hosted by 3 Nations Brewing Co. Seating and teams will be available on a first-come, first-served basis.

A maximum of 10 teams are able to play.

For more information or to see
all Downtown events,
visit cityofcarrollton.com/downtown.



28th Annual Martin Luther King Jr. Day Parade

Saturday, January 15 • 10am • Free

Come celebrate Martin Luther King Jr. Day by watching a memorial parade through the streets of Carrollton. The parade will begin on Rainwater Lane (behind Carrollton City Hall) and proceed west to Josey Lane; south on Josey Lane to Keller Springs Road; east on Keller Springs Road to Kelly Boulevard; and south on Kelly Boulevard to end at Ted Polk Middle School (2001 Kelly Boulevard).

The parade is sponsored by Christ Community Connection, Inc. in partnership with the City of Carrollton. *Call 972-242-0933 for more information.*

African-American Read-In Virtual

Sunday, February 13 4-5pm • Free
Held via Zoom

Log on with the whole family. Hear excerpts from stories, poems, and songs written by African-American authors, and read by special guests for your enjoyment. This program is presented by Professional Achievers for Community Excellence

(PACE). Free books, written by African-American authors, will be available to children and teens for pick up at Josey Ranch Lake Library the week after the program, while supplies last. Registration is required two weeks in advance at carrolltonpl.libcal.com or call 972-466-4800 for assistance.



16th Annual CPOA Daddy Daughter Dance

Saturday, February 5 • 6-9pm
 Bent Tree Bible Fellowship Church
 4141 International Parkway

The Carrollton Police Officers Association (CPOA) presents the 16th Annual Daddy Daughter Dance. Fathers, come dance the night away with your little angel. Join us for a lively dance party with cookies, punch, crafts, games, prizes, and photo opportunities. Preregistration cost will be \$25 total for daddy and daughter (plus \$10 for each additional daughter). Registration at the event will cost \$30 for daddy and daughter (plus \$15 for each additional daughter). Proceeds benefit the CPOA.

For more information and to register, call 972-466-3031 or visit cityofcarrollton.com/daddydaughterdance. *Sorry, no moms or sons allowed.*



Run for Rover: Benefiting Carrollton Animal Services

Saturday, February 26 • 9am
 McInnish Dog Park, 1845 Legends Trail

Race Day Registration Opens:	7-7:45am
Dog Games:	8am
Warm-up:	8:45am
5K Run:	9am
1-Mile Fun Run/Walk:	9:05am
Awards Ceremony:	10am
	Preregistration by 2/22
5K & 1-Mile Run:	\$35
	Race Day Registration
	\$45

Packet Pickup: February 25 • 8am-8pm
 Rosemeade Recreation Center, 1330 E. Rosemeade Parkway

Note: The 1-Mile Fun Run/Walk is not a timed event and no awards will be given. **If you register by 2/22, 5K runners are guaranteed a race T-shirt, race bag, and timing chip.** Any registration changes after 2/22 will incur a \$5 change fee.

Lace up your sneakers and sign up for a 5K benefiting the Carrollton Animal Services & Adoption Center. The race will start at the McInnish Dog Park and will route through the McInnish Sports Complex for a full 5K. A shorter 1-Mile Fun Run/Walk route will also be offered. Warm-up your pup before the race by participating in a variety of dog games. Don't have a dog? Your new best friend is waiting for you at the Adoption Center.

If you want to support Carrollton Animal Services, but do not want to participate in the event, donations of Dog Chow, Cat Chow, kitty litter, cleaning supplies, etc. will be accepted at Carrollton Animal Services as well as all three recreation facilities. For a complete list of items to donate, call 972-466-3420.

Awards will be given for overall male and female runners and the top three finishers in each age category of the 5K competitive run (10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over).

For more information, visit cityofcarrollton.com/runforrover.



Citizens' Evening

Wednesday, February 23 • 6-8:30pm • Free
Carrollton Senior Center
Texas Ballroom
1720 Keller Springs Road

Join us for the State of the City address presented by Mayor Kevin Falconer at Citizens' Evening. Meet and mingle with friends and neighbors, learn about Carrollton's services, volunteer opportunities, how to build stronger neighborhood associations, and find out what it takes to develop a successful neighborhood or community action partnership with the City. *Hosted by the City of Carrollton with the Neighborhood Advisory Commission (NAC).*

FREE



TEXFest

Saturday, March 5 • 3-9pm • Free
Downtown Carrollton
1106 S. Broadway Street

Carrollton is proud to announce the return of TEXFest, a beer festival honoring Texas Independence Day. In its seventh year, TEXFest is once again bringing live Texas music, local craft beer vendors, and a mouthwatering food village to the heart of Downtown Carrollton. Come out for memorable photo opportunities, a beer garden, and a ride on a mechanical bull! Bring your boots and your buckles for a Texas-sized good time in Carrollton. For more information, visit cityofcarrollton.com/textfest.

FREE



\$5 Rabies Vaccinations

Saturday, March 19 • 10am-Noon
Carrollton Animal Services & Adoption Center
2247 Sandy Lake Road

This event will include \$5 rabies vaccinations, free City registration with proof of rabies vaccination for Carrollton residents, hot dogs, pretzels, drinks, a bounce house, and wildlife information. Carrollton animal owners must register their pets with the City each year. Since proof of rabies vaccination is required with registration, it is convenient to register with the City when animals receive their shots. Identification, convenience, and savings all come with a pet's City registration tag. A current City tag clearly shows the public that a pet has been vaccinated against rabies. Registered pets may also be more quickly reunited with their owners if lost. For more information, call Carrollton Animal Services & Adoption Center at 972-466-3420 or visit cityofcarrollton.com/animalservices.



Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

Wildflower Watch

Month of April
Throughout Carrollton

Spring is blooming in Carrollton. Enjoy bluebonnets and other wildflowers throughout Carrollton's beautiful parks. Bring the whole family and snap a few photos. Each site will have a selfie stand so everyone can be in the photo. For where to find the best locations with the most wildflowers, view the frequently changing Parks & Recreation map at cityofcarrollton.com/about-us/community-profile/arts-culture/arts. For more information, call 972-466-3080.



Elm Fork Ladybug Release



Saturday, April 16 • 7pm • Free
Elm Fork Nature Center
2335 Sandy Lake Road

Learn the importance of insects, animals, and even how weather affects our environment. There will be plenty of activities for everyone including crafts and games. Join a master naturalist on a guided trail hike through the Elm Fork Nature Preserve. At twilight, the City will hold its annual ladybug release. Be a part of making Carrollton a great place to live as the City continues to raise environmental awareness. *Closed-toe shoes and long pants are recommended.*



Friends of the Carrollton Public Library Book Sale

Wednesday, April 6 • 6-8pm (members only)
Friday, April 8 • 10am-5pm
Saturday, April 9 • 10am-5pm
Josey Ranch Lake Library
1700 Keller Springs Road

Stop by the Josey Ranch Lake Library during the Friends of the Carrollton Public Library Book Sale. Donated adult and children's books, movies, and music will be available for purchase. Cash, checks, and credit cards are accepted. *All proceeds benefit the Friends of the Carrollton Public Library to fund Library programming.* Visit friendscarrolltonlibrary.org for more information.



Carrollton Trails 10th Anniversary 5K & 1-Mile Fun Run/Walk

Saturday, April 30 • 8am
Parking at Creekview High School
3201 Old Denton Road

(Participants will be bused to the starting line along Carrollton's Blue Trail and bused from the finish line back to Creekview High School)

Race Day Registration & Warm-up:	7-7:45am	
5K Run:	8am	
1-Mile Fun Run/Walk:	8:30am	
Awards Ceremony:	9am	
	Preregistration by 4/25	Race Day Registration
1-Mile	\$15	\$25
Individual	\$25	\$35
Family*	\$60	\$65

Packet Pickup: April 28-29 • 8am-8pm
Rosemeade Recreation Center, 1330 E. Rosemeade Parkway

Note: The 1-Mile Fun Run/Walk is not a timed event, and no awards will be given. *5K runners who register by 4/25 are guaranteed a race T-shirt, race bag, and timing chip. All participants will receive a 10 Year Anniversary commemorative medal.* Any changes made to a registration after 4/25 will incur a \$5 change fee.

*Maximum of six people from the same household participating in the same race.

Stay for the 10-year celebration party. For 10 years, participants have enjoyed running through one of Carrollton's best assets, the hike and bike trails. This year's event will include a post-race celebration with food, games, music, photo booth, and more. Grab your friends and family and join us as we celebrate 10 years of running the trail and look forward to the next 10 years. Dogs are welcome, but are not required to register for the event. Refreshments will be provided at the end of the race for all participants. Awards will be given for overall male and female runners and the top three finishers in each age category of the 5K competitive run (10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over). For more information, visit cityofcarrollton.com/carrolltontrails5k.

Call for Artists!

The City of Carrollton is looking for artists who want to beautify the park for the annual Chalk Art Festival held at Mary Heads Carter Park on 5/14. If you are passionate about the Arts or if you would like to be a competing artist for Carrollton's Annual Chalk Art Festival, register now at cityofcarrollton.com/signupnow. Registration ends on 5/7 and space is limited.



Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

Adaptive Recreation

BEYOND KARATE

This Martial Arts School is open to students of all abilities. Classes are designed for students with intellectual and developmental disabilities. Siblings are welcome to join the class. Students will learn hand strikes, kicks, blocks, katas (sequence of Karate moves), build physical strength, improve discipline, enhance self-confidence, and improve social skills. **Karate uniforms will be available for purchase but are not required. Belt promotion fee of \$30 is applicable upon student's advancement for a belt test. Belt fee activity code is #160001-58. No class 1/3.**

CLASS #	LOC	DATES	DAY	TIME	#CLSS\$(RES/NR)
6-12 Years Old					
160001-00	RRC	1/10-1/31	M	5-6pm	4 \$85/\$93.50
160001-10	RRC	2/7-2/28	M	5-6pm	4 \$85/\$93.50
160001-20	RRC	3/7-3/28	M	5-6pm	4 \$85/\$93.50
160001-30	RRC	4/4-4/25	M	5-6pm	4 \$85/\$93.50
13+ Years Old					
160002-00	RRC	1/10-1/31	M	6:15-7:15pm	4 \$85/\$93.50
160002-10	RRC	2/7-2/28	M	6:15-7:15pm	4 \$85/\$93.50
160002-20	RRC	3/7-3/28	M	6:15-7:15pm	4 \$85/\$93.50
160002-30	RRC	4/4-4/25	M	6:15-7:15pm	4 \$85/\$93.50

PONG ON WHEELS - PING-PONG

Students of all abilities will learn and develop the skills required to learn how to play the sport of ping-pong. In our weekly sessions, players will learn some of the fundamentals including grip, stance, basic forehand, and backhand strokes. In addition, serves, footwork, and game tactics will also be emphasized. Players will be immersed in a fun, supportive, and safe learning environment. All sessions will be taught by a former Paralympic Table Tennis team coach supported by advanced players, as needed. **Players will need to bring their own water bottle, towel, and their own paddle or borrow a facility paddle. Appropriate athletic attire/footwear should be worn.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
160200-12	RRC	6+	2/1-2/22	Tu	6:30-7:30pm	\$40/\$44
160200-22	RRC	6+	3/1-3/29	Tu	6:30-7:30pm	\$40/\$44
160200-32	RRC	6+	4/5-4/26	Tu	6:30-7:30pm	\$40/\$44

NEW>> REC NIGHT OUT!

Hang out with your friends and make new ones during our new REC Night Out! program. Participants meet at Crosby Recreation Center for a pizza party, games, crafts, and some nights go on outings like bowling or to the arcade. This is an opportunity to practice life, social, and communication skills as well as develop friendships and have fun. **Caregivers are welcome to join us if needed by the participant.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
171900-00	CRC	18+	1/14	F	5-8pm	\$20/\$22
171900-20	CRC	18+	3/11	F	5-8pm	\$20/\$22

REC OUT!

Recreation outings for adults of varying abilities get together and have fun. Participants meet at Crosby Recreation Center for games and activities, then set off in our Carrollton City vehicle for lunch and an adventure in the community. This is an opportunity to practice life, social, and communication skills as well as develop friendships. **Participants will need to bring money for lunch.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
171900-10	CRC	18+	2/8	Tu	11am-3pm	\$20/\$22
171900-30	CRC	18+	4/12	Tu	11am-3pm	\$20/\$22

SPECIAL NEEDS FAMILY GAME NIGHT

Join us for a game night for families and friends of all ages and abilities. The back gym at Rosemeade Recreation Center will be reserved with a craft area, open basketball play, and games in a calmer and quieter environment. **Register prior to the program.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
102098-10	RRC	All	2/11	F	6:30-8pm	Free

NEW>> SPECIAL NEEDS SPRING BASH

Children and adults with special needs, their families, friends, and caregivers are invited to a fun-filled day as we celebrate Carrollton's adaptive programs. There will be plenty of activities including giant soccer darts, family-friendly archery, pedal go carts, lawn games, and more. We won't leave you hungry either. This free event also includes lunch in addition to all the fun. **Registration required.**

CLASS #	LOC	AGE	DATES	DAY	TIME
263001-21	JRSC-F6	6+	3/12	Sa	11-2pm

NEW>> SPECIAL STRONG BOOT CAMP

Special Strong is committed to helping people with mental, physical, and cognitive challenges including Down syndrome, autism, cerebral palsy, multiple sclerosis, rare genetic conditions, and many more conditions. This active Spring Boot Camp is an opportunity for individuals of all abilities to learn the basics of full body workouts or strengthen and advance their knowledge of how to be healthy. Instructor: Nivsarkar

LOC	Age	DATES	DAY	TIME	#CLSS	\$(RES/NR)
CRC	16+	3/14-3/17	M-Th	9-10:30am	4	\$70

TURF TIME

Everyone in the community is invited to come to Field #6 at Josey Ranch Sports Complex for games, sports, and fun. **These are free events for participants of all ages and abilities, their friends, families, and caregivers. Register prior to the program.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
Baseball						
236002-20	JR06	6+	4/23	Sa	10am-12pm	Free



ADAPTIVE BASEBALL FIELD #6

The City of Carrollton has a fully accessible baseball field designed for people of all abilities. Instead of dirt, the field is made with a synthetic turf surface for safety, performance, and durability. Field #6 at Josey Ranch Sports Complex features a reduced distance to the outfield, shorter base paths, wider gate openings, and wheelchair and walker accessibility. Adaptive Field #6 is available for rent to groups interested in hosting various sports activities or field days. For more information, call 972-466-4862.

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 22. Non-resident registration begins December 6. Classes begin January 3.



INTERESTED IN VOLUNTEERING?

Email Shelby.Carradine@cityofcarrollton.com if you or your organization are interested in volunteering for any of the City's adaptive programs or the Sensory Break Areas during events. Must be at least 16 years old and pass a background check.

SENSORY FRIENDLY BREAK AREA

Sensory Break Areas at certain Carrollton special events offer a quiet space for children and adults with Autism or other special needs to relax and take a break from the noise and the crowd. Break areas include relaxing activities such as coloring, sensory tables, yoga balls, noise cancelling headphones, and bean bag chairs. Break area locations vary depending on the event.

Bricks, Bots, and Breakers

Bricks, Bots, and Beakers (B3) is an exciting education company that creates meaningful opportunities for children to experience a full range of STEAM classes, camps, and workshops. The camp focuses not only on STEAM, but also teaches soft skills, such as public speaking, teamwork, communication, creativity, and problem solving. **Bring snacks and a water bottle to each class.**

NEW>> CRAZY CHEMISTRY CONCOCTIONS

Do you have a passion for science or the scientific method? If so, get ready to step into the shoes of real scientists. In this class, you will perform experiments, form hypotheses, record data, and draw conclusions through an exciting set of activities. Chemists will make various slimes, soaps, goos, and more.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170805-01	RRC	5-11	1/11-3/1	Tu	3:30-5pm	8	\$175/\$192.50

NEW>> EARLY ROBOTICS

Robotics is a growing endeavor among businesses and the entertainment industry. If your child has an interest in design and loves mechanization, then this is the class for them. Your designer will step into the world of thinking and programming by engaging in different hands-on robotics activities using simple robotics platforms that will leave them computing for more.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170805-12	RRC	6-12	3/14-3/18	M-F	1-4pm	5	\$190/\$209

NEW>> EPIC ENGINEERING

Have you ever wondered how the Titanic sunk or how structures like the Fidenae Stadium and Tay Bridge collapsed? If your answer is yes, then this is the class for your aspiring engineer. Kids with engineering spunk and love will find this class immersive as they build various structures and test their integrity to discover what can go wrong when constructing large scale projects. More so, your kid will learn how to test solutions to solve history's greatest blunders.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170805-02	RRC	5-11	1/12-3/2	W	3:30-5pm	8	\$175/\$192.50

NEW>> FUTURE DOCTOR

The human body is an amazing work of art and science. Does your child have a passion for learning anatomy? If you answered yes, then this is the class for your future medical professional. Your child will cover features of the human body such as the circulatory, respiratory, skeletal, integumentary, and nervous systems. Your future doctor will go home with a lab coat and stethoscope to continue their discovery.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170805-08	RRC	5-11	1/8-2/5	Sa	9am-12pm	5	\$175/\$192.50

NEW>> FUTURE VETS

Animal lovers look no further. In our Future Vets class, students will take on the role of young veterinarian and perform mock examinations, learn how to provide first aid treatment, and preventive care all while discovering animal physiology. Get your little animal hero ready as they will "adopt" a stuffed animal that they will get to take home at the end of the program.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170805-09	RRC	5-11	3/19-4/16	Sa	9am-12pm	5	\$175/\$192.50

NEW>> GEARS, GIZMOS, AND GADGETS (LEGO®)

Gears, wheels, axles, levers, and pulleys oh my! In this exciting class, your child will learn principles of physics and simple machines. With a simple understanding, your engineer will then build LEGO-based models in individual and group settings while testing their knowledge of physics and simple engineering.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170805-05	RRC	5-11	1/10-2/28	M	3:30-5pm	8	\$175/\$192.50
170805-03	RRC	5-11	3/21-3/25	M-F	3:30-5pm	5	\$175/\$192.50

NEW>> SUPERHERO STEAM

Get ready to create superhero themed projects, play superhero games, and participate in Science and LEGO-based activities. Your caped crusader can enjoy creating and crafting super items like glow in the dark kryptonite, galaxy slime, and more as they learn how to mix concoctions to create otherworldly things.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170805-10	RRC	5-11	3/14-3/18	M-F	9am-12pm	5	\$175/\$192.50
170805-06	RRC	5-11	1/13-3/3	Th	3:30-5pm	8	\$175/\$192.50
170805-04	RRC	5-11	3/28-4/1	M-F	3:30-5pm	5	\$120/\$132

NEW>> WONDERFUL WORLD OF WIZARDS

Unravel the magical world of chemistry through wizard-themed activities. Students will create wands, duel witches and wizards, and even compete for the "house cup" in this magical class. We will dabble in brewing various potions, summon glow in the dark slime, design and build broomsticks, and more.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170805-07	RRC	5-11	2/12-3/12	Sa	9am-12pm	5	\$175/\$192.50
170805-11	RRC	5-11	1/14-3/4	F	3:30-5pm	8	\$175/\$192.50

CPR/AED and Basic First Aid

Sudden cardiac arrest is often a survivable event, but usually only with bystander intervention prior to EMS arrival. Carrollton Fire Rescue (CFR) wants to see everyone trained in CPR/AED. Under their tutelage, take a few hours to get trained and help save a life when every second counts.

The City of Carrollton encourages local businesses to schedule on-site training courses with CFR to establish what could be a safer environment should a cardiac episode occur in the workplace. For more information or to schedule a workplace training, call 972-466-4901. **Classes will be held at the Carrollton Fire Admin (CFA) building (1111 W. Belt Line Road, #100, second floor).**

Instructor: Carrollton Fire Rescue



AHA HEARTSAVER CPR/AED

This course is recommended for those needing a nationally recognized course completion card required by an employer (such as a daycare worker or lifeguard). Curriculum includes CPR/AED and choking for adults, children, and infants. Participants receive an American Heart Association card upon completion. This class is not for healthcare providers who need a Basic Life Support (BLS) or a Healthcare Provider card. Those not needing the nationally recognized card can take this class or the CPR/AED/Basic First Aid Class. Instructor: Carrollton Fire Rescue

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171051-02	CFA	10+	3/12	Sa	9-11:45am	1	\$55/\$60.50

AHA HEARTSAVER CPR/AED/FIRST AID

This course includes the AHA Heartsaver CPR/AED plus the Heartsaver First Aid course which teaches participants first aid basics for the most common first aid emergencies, including how to recognize them, how to call for help, and how to perform lifesaving skills. Those not needing the nationally recognized card can take this class or CPR/AED/Basic First Aid Class. **Lunch break to be provided.** Instructor: Carrollton Fire Rescue

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171055-02	CFA	10+	3/12	Sa	9am-3pm	1	\$80/\$88

CPR/AED/BASIC FIRST AID

This class is designed for those who do not need a nationally accredited course completion card (such as American Heart Association or American Red Cross). The focus of the class is on adult CPR and AED while also covering choking, infant and pediatric CPR, and basic first aid for common medical emergencies. Participants will receive a course completion card from Carrollton Fire Rescue. Those needing the nationally accredited card should take the Heartsaver CPR/AED or Heartsaver CPR/AED/First Aid course. Instructor: Carrollton Fire Rescue

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171050-00	CFA	10+	1/8	Sa	9-10:45am	1	\$25/\$27.50
171050-02	CFA	10+	2/5	Sa	9-10:45am	1	\$25/\$27.50
171050-03	CFA	10+	3/5	Sa	9-10:45am	1	\$25/\$27.50
171050-04	CFA	10+	4/2	Sa	9-10:45am	1	\$25/\$27.50

Wize Computing Academy

Students will gain mental skills such as logical thinking, creativity, and critical reasoning; learn how to become a better team player; and gain self-esteem and confidence in the process. Students will develop better cognitive skills like hand-eye coordination and focus on learning the consequences of their actions. Students will also have an opportunity to participate in coding and robotics competitions like First LEGO® League. **Students are recommended to bring their own laptop/tablet, or Wize Computing Academy can provide a laptop to use in class for an additional supply fee of \$25. To make arrangements, notify kiernan.lubon@cityofcarrollton.com a week before class is scheduled.**

ADVENTURES IN CODING AND DESIGN IN MINECRAFT

Go beyond playing Minecraft and program it. Minecraft allows students to learn both designing and coding skills. Learn programming concepts and apply them to display ideas. In this session, the goal is to use project-based learning to cover important computer science and art/design concepts.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171011-21	CRC	7-12	3/7-4/25	M	5:30-6:30pm	7	\$168/\$185

CREATIVE ENGINEERING AND ROBOTICS

Students in this course will focus on engineering, physical science, technology, mathematics, and language projects. Build your own petting zoo and bring it to life by adding motors, LEDs, batteries, and more.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171011-13	CRC	8-12	3/14-3/18	M-F	9am-12pm	5	\$235/\$258.50
171011-19	CRC	5-12	1/10-2/28	M	5:30-6:30pm	6	\$145/\$159.50

GAME DESIGN & DEVELOPMENT WITH ROBLOX

Code and design your own game in Roblox. Students will learn programming, 3D modeling, and game design using Roblox Studio. Learn to make amazing professional quality games that you can play with friends and family, or even sell on the Roblox marketplace.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171011-25	RRC	9-12	3/2-4/27	W	5:30-6:30pm	8	\$190/\$209

NEW>> SUPERHERO PROGRAMMING AND ROBOTICS WITH MICRO:BIT

This class is an introduction to coding and robotics by creating animations, games, music, and videos of superheroes. Students will develop into logical thinkers, problem solvers, and creators through imaginative coding projects using Scratch. Students will collaborate and share projects online with real-time coding using the Micro:bit, a mini robot. Groups will be divided by age and skill level. No prior coding experience needed.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171011-15	CRC	5-7	3/14-3/18	M-F	1-4pm	5	\$235/\$258.50

3D DESIGN, MODELING, AND PRINTING

3D modeling, design, and printing teaches important STEAM concepts and design thinking. It helps unlock children's natural drive to create, share, and explore. We use engaging software to allow young students to transition from drawing in 2D to designing in 3D in minutes – no CAD or computer experience necessary. Students get to take home the objects they design and print.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171011-23	RRC	8-12	1/12-2/23	W	5:30-6:30pm	7	\$168/\$185

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

NEW>> SUPER-HEROES VS SUPER-VILLAIN SCIENCE

Combining elementary science experiments with creative application, by creating your own Super-Hero, learning a science concept then applying it to fend off a Super-Villain. **No class 3/17.** Instructor: Quickfire Solutions.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150002-30	RRC	4-7	1/6-1/27	TH	4-5pm	4	\$60/\$66
150002-31	RRC	4-7	2/3-2/24	TH	4-5pm	4	\$60/\$66
150002-32	RRC	4-7	3/3-3/31	TH	4-5pm	4	\$60/\$66
150002-33	RRC	4-7	4/7-4/28	TH	4-5pm	4	\$60/\$66
150002-34	RRC	4-7	5/5-5/26	TH	4-5pm	4	\$60/\$66

Outdoor



NEW>> BEGINNER ARCHERY

The class focuses on range safety, proper shooting techniques, and target practice in a fun and safe environment. Instruction is proved by a certified archery instructor. This class is intended for newcomers, but all are welcome to participate in the class.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170011-01	JRSC	12+	3/5	Sa	9-10:30am	1	\$10/\$11

EXPLORE THE OUTDOORS – LITTLE EXPLORERS EDITION

Get your Little Explorer outdoors with some exciting and rewarding activities. Your Little Explorer will learn about nature and the outdoors through guided activities. Participants will meet inside the Elm Fork Nature Center to start off with a craft, followed by an outdoor activity. Space is limited. For more information about the outdoor Little Explorer club, contact kiernan.lubon@cityofcarrollton.com. See you outdoors. **If you would like to register for all four Explore the Outdoors – Little Explorers Edition club days, register for class #170655-11 for a discount. Monthly themes are subject to change.**

CLASS #	LOC	THEME	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170655-07	EFNC	Nature Music	3-5	1/19	W	9-10am	1	\$25/\$27.50
170655-08	EFNC	Nature Picassos	3-5	2/23	W	9-10am	1	\$25/\$27.50
170655-09	EFNC	Animal Science	3-5	3/9	W	9-10am	1	\$25/\$27.50
170655-10	EFNC	Searching for Birds	3-5	4/13	W	9-10am	1	\$25/\$27.50

Discount Registration: All Four Activities

170655-11	EFNC	All Four	3-5	All	W	9-10am	4	\$95/\$105
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NEW>> EXPLORE THE OUTDOORS – SPRING BREAK CAMP EDITION

Looking for something to do during spring break? Come join us on some exciting and rewarding outdoor trips, activities, crafts, and more! On Friday, campers will go on a field trip. For questions regarding the Explore the Outdoors – Spring Break Camp Edition, email kiernan.lubon@cityofcarrollton.com. **Bring a lunch and wear long pants and closed-toe shoes every day. Field trip subject to change.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170655-01	EFNC	8-12	3/14-3/18	M-F	12-5pm	5	\$110/\$121

FLY FISHING

Learn to cast, tie basic fishing knots, tie flies, review equipment, learn about aquatic ecosystems, safety, fishing, ethics, and regulations. The introduction to fly fishing class offered by Dallas Fly Fishers (DFF), includes all equipment and materials. DFF has been an active club for over 30 years with instructors certified by Texas Parks and Wildlife Department (TPWD) and Federation of Fly Fishers. Upon completion, fishers will receive a TPWD Basic Fly-Fishing Certificate. **Bring a hat, glasses, and lunch to eat on-site. Visit dallasflyfishers.org or call Richard Johnson at 469-877-0695 with questions.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
127000-39	RRC	10+	1/22	Sa	9-2pm	1	Free



FREE>> JUNIOR RANGER PROGRAM

Become a Junior Ranger. Children ages 6-11 can become a Junior Ranger by going on self-adventures with a parent in the wild throughout Carrollton. Carrollton Junior Rangers will learn about plants, recycling, water conservation, and more. Visit cityofcarrollton.com/signupnow to register for this free program. **After registration, visit Crosby or Rosemeade Recreation Center during operating hours to pickup your Junior Ranger Handbook. Once you finish the handbook, email kiernan.lubon@cityofcarrollton.com to set up a time to pick up your Junior Ranger badge and certificate. Don't forget to bring the completed handbook with you. Use #CarrolltonJrRangers to share any photos or videos of you completing your handbook. Sign up with class #170106-01.**

CARROLLTON JUNIOR RANGER PLEDGE

As a Carrollton Junior Ranger, I promise to continue to explore Carrollton's natural areas, and help continue to preserve and protect these areas, while teaching others what I have learned. All while having fun!



NEW>> KAYAKING 101

Come learn the basics of kayaking at Josey Ranch Pond. American Canoe Association (ACA) certified instructors will start the class by giving a 30-minute lesson covering how to safely get into the kayak, how to paddle, and how to use kayak equipment. Participants will then use the skills that they learned to go kayaking in the pond. This class is open to all but is intended for beginner kayakers. *All equipment is included in the registration fee. Bring a water bottle and a snack with you. Dress appropriately for the weather and wear closed-toe shoes. Class may be cancelled or postponed due to inclement weather. Class will meet at the Josey Ranch Pond located within the Josey Ranch Sports Complex.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170012-00	JRSC	10+	1/2	Su	1:30-3pm	1	\$30/\$33
170012-01	JRSC	10+	2/12	Sa	2-3:30pm	1	\$30/\$33
170012-02	JRSC	10+	3/20	Su	2-3:30pm	1	\$30/\$33
170012-03	JRSC	10+	4/10	Su	10-11:30am	1	\$30/\$33

NEW>> KAYAKING 201

Kayaking 201 is intended to be more advanced than the Kayaking 101 class. Some experience with kayaking is preferred. American Canoe Association (ACA) certified instructors will provide a brief introduction, going over the kayaking equipment, safety, and the techniques to kayaking. Participants will then go kayaking on the McInnish pond and see the beautiful wetlands habitats. *All equipment is included in the registration fee. Bring a water bottle and a snack with you. Dress appropriately for the weather and wear closed-toe shoes. Class may be cancelled or postponed due to inclement weather. Class will meet at the McInnish pond, located within the McInnish Sports Complex.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170014-00	MCINC	10+	1/29	Sa	2-4pm	1	\$35/\$38.50
170014-01	MCINC	10+	2/20	Su	1-3pm	1	\$35/\$38.50
170014-02	MCINC	10+	3/31	Th	5-7pm	1	\$35/\$38.50
170014-03	MCINC	10+	4/30	Sa	5-7pm	1	\$35/\$38.50

Scouts

Earn patches, badges, or complete certain requirements at the A.W. Perry Homestead Museum (PHM) and Elm Fork Nature Preserve (EFNP). Reserve a program date for your troop by calling 972-466-9811. All program fees must be received to secure your date. One adult must be present for every five scouts and a minimum of three students is needed to offer any program. Badges will be provided for any of the paid options.

GIRL SCOUTS:

BADGES FOR DAISIES

Outdoor Art Maker - \$7 per scout
Rosie: Make the World a Better Place - \$7 per scout

BADGES FOR BROWNIES

It's Your Planet Badge: Pottery Craft - \$12 per scout
Outdoor Art Creator - \$12 per scout

BADGES FOR JUNIORS

Gardener - \$12 per scout
It's Your Story Badge: Manners - Social Butterfly - \$12 per scout
Outdoor Art Explorer - \$12 per scout

BADGES FOR CADETTES

Outdoor Art Apprentice - \$12 per scout

BOY SCOUTS:

CUB SCOUTS

Bear Adventures: Paws for Action - Free by appointment
Bear Elective Adventures: Marble Madness - \$7 per scout
Tiger Adventures: Tigers in the Wild - Free by appointment
Webelos Elective Adventures: Webelos in the Wild - Free by appointment
Wolf Adventures: Paws on the Path - Free by appointment
Wolf Elective Adventures: Collections and Hobbies - \$7 per scout

BOY SCOUT MERIT BADGES

Merit Badge: American Heritage - Free by appointment
Merit Badge: Archaeology - \$12 per scout
Merit Badge: Collections - Free by appointment

EAGLE SCOUTS:

Eagle Scout Project: By appointment
The PHM and EFNP welcomes all Eagle Scouts seeking service, impact, and leadership with their Eagle Projects. To propose an idea for your Eagle Scout Project, call 972-466-6382.

Volunteer Activities

ELM FORK TRAIL CLEANUP

Help us in the City's continuing efforts to keep Elm Fork Nature Preserve (EFNP) clean on 2/12 from 10-11am so that generations may continue to enjoy nature's beauty. The hike will start from the Nature Center and go along the main trail loop, collecting trash along the trail. All ages welcome. *Trash bags, grabbers, gloves, and water will be provided. Someone will be on hand to sign any service hour sheets following trail cleanup. Closed-toe shoes required. Email: kiernan.lubon@cityofcarrollton.com or visit cityofcarrollton.com/signupnow for more information. Preregistration is required.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170015-02	EFNC	All	4/2	Sa	10-11am	1	Free

MCINNISH LAKE CLEANUP

Volunteer at the McInnish Lake and help keep it litter-free on 3/5, from 8-10am. This volunteer program is a water-based cleanup, where paddlers can bring their own kayak or canoe. Even if you do not have a kayak or canoe, you can still come join us as we collect trash along the bank. All ages are welcome. *Trash bags, grabbers, gloves, and bottled water will be provided. A City of Carrollton employee will be on hand to sign any service hour sheets following the cleanup. If you need to rent a kayak or gear, email kiernan.lubon@cityofcarrollton.com by 5pm on 3/3. For more information, visit cityofcarrollton.com/signupnow. Preregistration is required.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170015-03	MCINC	All	3/26	Sa	8-10am	1	Free

Arts & Crafts

Abrakadoodle® classes allow kids to explore different aspects of drawing, painting, and color mixing. Participants will create fun and challenging art pieces, with new and exciting lessons each week of class. All materials are included in the cost.



NEW>> DOODLERS

Celebrate amazing structures and buildings that humans have built across the planet to honor people or events. Gather perspective on The Great Wall of China, create a reflection of the largest art museum in the world, step back in time to learn about Big Ben, and invent your own hieroglyphs. Travel around the world and explore the grand creations of humanity through time.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
151005-20	RRC	6-11	1/13-3/17	Th	5:30-6:30pm	10	\$120/\$132

NEW>> MINI-DOODLERS

Learn how well-known artists like Vincent van Gogh and Jackson Pollock became masters. Explore master paintings and drawings to understand techniques. Create fun artwork by mimicking master artists' styles. Use expressive brushstrokes and colors like Van Gogh.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150006-20	RRC	3-5	1/11 3/15	Tu	5:30-6:30pm	10	\$120/\$132

NEW>> TEEN-DOODLERS

Hop aboard the Abrakadoodle® art adventure to travel through history and discover some of the world's most impactful, inspiring artists. Shine some light on exploring the ancient cave paintings of Spain as you use your hands to paint with a messy mixture. Learn about colorfully embellished Indian elephants, paint beautifully patterned African-inspired art, and study Dutch artist Johannes Vermeer's famous portrait. Fulfill your curiosities discovering art through the ages.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150007-25	RRC	12-15	1/13 3/17	Th	6:30-7:30pm	10	\$140/\$154

Dance

Dynasty Dance Academy offers year-round classes that have a variety of different dance styles for various ages. Participants will refine motor skills, use creative thinking, learn dance terminology, and develop performance skills throughout each class.

INTRO TO BALLET

This 30-minute class introduces basic ballet stretches, movements, barre exercises, and center work through creative movement. This class teaches rhythm, musicality, strength, and coordination through classroom activities.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150175-30	RRC	3-5	1/20-4/14	Th	4:45-5:30pm	12	\$65/\$71.50
150175-31	RRC	3-5	1/22-3/12	Sa	12-12:30pm	8	\$135/\$148.50

BEGINNING BALLET

This 45-minute class builds on basic ballet stretches, movements, barre exercises, and center work. Children are introduced to the structure and discipline of a ballet class, basic ballet terminology, and creative expression through movement to music.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150105-27	RRC	6-10	1/17-4/11	M	5:30-6:15pm	12	\$135/\$148.50
150105-28	RRC	6-10	1/22-3/12	Sa	12:30-1:15pm	8	\$75/\$82.50

HIP-HOP CLASS

In this class, we explore hip-hop skills, technique, current dances, fresh beats, and swag.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150185-30	RRC	4-7	1/18-4/12	Tu	5:30-6:15pm	12	\$135/\$148.50
150185-31	RRC	7-12	1/18-4/12	Tu	6:30-7:30pm	12	\$135/\$148.50

NEW>> JAZZ BALLET

Students will focus on learning proper dance techniques such as isolations of the body, improving performance quality, and developing rhythms/patterns.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150050-30	RRC	6-12	1/19-4/13	W	5:15-6pm	12	\$135/\$148.50

TAP CLASS

This class is designed to develop rhythm, style, and sound. Exercises focus on building flexibility of the knees and ankles, coordination, and speed of movement.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150140-01	RRC	4-7	1/19-4/13	W	4:30-5:15PM	12	\$135/\$148.50

DANCE ON-DEMAND (FOR PRIVATE GROUPS)

This is ideal for homeschool groups, friends, siblings, and daycare groups. There is a required minimum of four students, and you can schedule as few or as many dates as desired. Your group can choose any combination of ballet, hip hop, jazz, modern, or tap. Price listed is per person for a 45-minute class. Email ddatexas.com@gmail.com to pre-schedule your preferred class dates and location.

LOC	AGE	DATES	\$(RES/NR)
CRC or RRC	3+	By Appt	\$9.25/\$10.25



DJ School

NEW>> DJ SCHOOL:

Join our weekly instruction to learn the basics of being a DJ. We will beat match, mix, and blend on professional DJ equipment and across multiple genres of music. *No class 3/17.*

Instructor: The BEAT Program

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150003-30	RRC	8-14	1/6-1/27	TH	5:15-6:15PM	4	\$60/\$66
150003-31	RRC	8-14	2/3-2/24	TH	5:15-6:15PM	4	\$60/\$66
150003-32	RRC	8-14	3/3-3/21	TH	5:15-6:15PM	4	\$60/\$66
150003-33	RRC	8-14	4/7-4/28	TH	5:15-6:15PM	4	\$60/\$66
150003-34	RRC	8-14	5/5-5/26	TH	5:15-6:15PM	4	\$60/\$66

Drama

FUNDAMENTALS OF ACTING

This is a beginner drama class. The actor is introduced to the fundamentals of acting. The actor will learn to listen, respond truthfully and intuitively. In the class, students will learn to prepare using the Actor's Quartet based on Circumstances, Objective, Relationship, Emotional prep, and Stakes (C.O.R.E.S.) work. Preparation will lay the foundation for Via Actorem, The Way, The Actor, a 21st century approach that translates across different platforms including stage, film, television, and digital media. Instructor: Cruz

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150550-65	RRC	15-18	1/10-3/28	M	6-7:30pm	12	\$100/\$110
150550-66	RRC	18+	1/10-3/28	M	7:30-9pm	12	\$100/\$110

VIA ACTOREM, THE WAY, THE ACTOR

This class is for our advanced acting students. Actors will explore the application of the fundamentals of acting. This is an acting approach for the 21st century that translates across different platforms, including stage, film, television, and digital media. Instructor: Cruz

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150551-65	RRC	15-18	1/12-3/30	W	6-7:30pm	12	\$100/\$110
150551-66	RRC	18+	1/12-3/30	W	7:30-9pm	12	\$100/\$110

Is Carrollton connected?
App-solutely.



Connect
with the City of Carrollton
by downloading the new app.






Group Exercise, Pilates, Yoga

DROP IN>> BOLLY X

Bolly X is a Bollywood inspired dance fitness program that combines dynamic choreography with the hottest music from around the world. It's a 50-minute cardio workout that cycles between higher and lower intensity dance sequences to get you moving, sweating, and smiling. No dance experience needed. Confirm with Rosemeade Recreation Center staff that class is in session before attending as a drop in. **\$8 (res)/\$9 (non-res) drop in fee. No class 3/17.** Instructor: Rao

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130390-00	RRC	16+	1/6-1/27	Th	9-10am	4	\$26/\$28.50
130390-10	RRC	16+	2/3-2/24	Th	9-10am	4	\$26/\$28.50
130390-20	RRC	16+	3/3-3/31	Th	9-10am	4	\$26/\$28.50
130390-30	RRC	16+	4/7-4/28	Th	9-10am	4	\$26/\$28.50

DROP IN>> FITCAMP WITH EVE

A total body strength and conditioning workout comprised of high intensity interval training (HIIT) incorporating multiple formats designed to work the upper, lower body, and core. FitCamp will get your heart pumping, make you sweat, and challenge your muscles. **\$10 (res)/\$11 (non-res) drop in fee.** Instructor: Saenz

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130290-00	RRC	15+	1/4-1/27	Tu/Th	7:30-8:30pm	8	\$56/\$61.50
130290-10	RRC	15+	2/1-2/24	Tu/Th	7:30-8:30pm	8	\$56/\$61.50
130290-20	RRC	15+	3/1-3/31	Tu/Th	7:30-8:30pm	10	\$70/\$77
130290-30	RRC	15+	4/5-4/28	Tu/Th	7:30-8:30pm	8	\$56/\$61.50

NEW>> FREE>> FITNESS ON DEMAND

Fitness On Demand™ brings the world's most in-demand fitness brands and trending workouts to on-demand users everywhere – anywhere they are. Get high intensity interval training (HIIT), core-strength, cycling, yoga, and other specialty fitness classes and content from global, powerhouse fitness brands that include Jillian Michaels, Daily Burn, Sweat Factor, GymRa, SH1FT, Zumba and Strong by Zumba, Move123, and more. Formats include 60-, 30-, and 5-7 minute classes and workouts, plus individual exercises for total programming customization.

Available now for free at Crosby Recreation Center.

DROP IN>> INDOOR CYCLING

The instructor brings an outdoor cycling experience indoors with this athletic and authentic cycling ride. Motivating instruction and driving music will keep you energized as you are led through a workout comprised of a variety of hill climbs, flat terrains, head winds, tail winds, sprints, and aerobic intervals. Each workout is different as the instructor picks the terrain and sets the goals for each class. This class is multi-level, and no outdoor cycling experience is required. If you are serious about burning calories, losing weight, and elite cardio-respiratory fitness, this class is for you. **Bring a water bottle, towel, and gel bike seat cover (optional).** **\$8 (res)/\$9 (non-res) drop in fee.** Instructor: McGehee

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130130-00	RRC	16+	1/4-1/25	Tu	6-7pm	4	\$28/\$31
130130-10	RRC	16+	2/1-2/22	Tu	6-7pm	4	\$28/\$31
130130-20	RRC	16+	3/1-3/29	Tu	6-7pm	5	\$35/\$38.50
130130-30	RRC	16+	4/5-4/26	Tu	6-7pm	4	\$28/\$31

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 22.

Non-resident registration begins December 6.

Classes begin January 3.

DROP IN>> PILATES/YOGA FOR EVERYONE

Pilates is a total body conditioning exercise that combines flexibility and strength to restore natural balance while boosting the immune system and reducing stress, fatigue, and pain. **No food or drink one hour prior to class. Wear comfortable clothing that is not too loose and bring a mat, towel, and water.** **\$12 (res)/\$13.25 (non-res) drop in fee.** Instructor: Mashreghi

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130220-00	RRC	13+	1/3-2/28	M	6-7pm	9	\$90/\$99
130220-20	RRC	13+	3/7-4/25	M	6-7pm	8	\$80/\$88

DROP IN>> POWER UP YOGA

This workout is for beginners to advanced practitioners who want to maximize their power, energy, and vitality. This exhilarating experience will leave you trim, energized, and heart healthy while strengthening all your muscles, burning fat, toning your entire body, and more. The music and atmosphere will enhance your learning experience. **Level: Beginner-Advanced.** Instructor: Bills

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Drop In Passes*						
RRC	13+	1/3-4/30	W/Th Sa	6-7pm 10-11am	1	\$18/\$20
RRC	13+	1/3-4/30	W/Th Sa	6-7pm 10-11am	2	\$30/\$33
RRC	13+	1/3-4/30	W/Th Sa	6-7pm 10-11am	4	\$48/\$53
RRC	13+	1/3-4/30	W/Th Sa	6-7pm 10-11am	6	\$60/\$66

*Drop In Passes must be used within 60 days of purchase.

Unlimited Passes*

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
RRC	13+	30-day	W/Th Sa	6-7pm 10-11am	30	\$65/\$71.50

*Unlimited Passes are good from the date of purchase.

DROP IN>> STEP - STRENGTH - CORE

Try an interval class that combines basic step aerobics, upper body strength training, and core conditioning into one well-designed workout. This class allows you to get your heart pumping while you extensively work various muscle groups in a one-hour-long class. By doing circuits of cardio on the step, followed by strategic intervals of upper body strength training, and wrapping up with intense core conditioning, time will be used efficiently. **\$8 (res)/\$9 (non-res) drop in fee.** Instructor: Campo

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130215-00	RRC	15+	1/6-1/27	Th	6-7pm	4	\$24/\$26.50
130215-10	RRC	15+	2/3-2/24	Th	6-7pm	4	\$24/\$26.50
130215-20	RRC	15+	3/3-3/31	Th	6-7pm	5	\$30/\$33
130215-30	RRC	15+	4/7-4/28	Th	6-7pm	4	\$24/\$26.50

DROP IN>> ZUMBA FITNESS

Zumba Fitness is a fitness program that combines Latin and international music with dance moves. This dance fitness class features high- and low-intensity intervals that help improve cardiovascular fitness while also enhancing balance, coordination, agility, and to some degree, strength, through the application of beginner-accessible choreography. **No dance experience necessary.** **\$10 (res)/\$11 (non-res) drop in fee.** Instructor: Saenz

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130380-00	RRC	15+	1/3-1/31	M/W	7:30-8:30pm	9	\$63/\$69.25
130380-10	RRC	15+	2/2-2/28	M/W	7:30-8:30pm	8	\$56/\$61.50
130380-20	RRC	15+	3/2-3/30	M/W	7:30-8:30pm	9	\$63/\$69.25
130380-30	RRC	15+	4/4-4/27	M/W	7:30-8:30pm	8	\$56/\$61.50

SENIORS 50+ CLASSES – SEE PAGES 9-13

Training

FITNESS EQUIPMENT ORIENTATION

Not sure how machines in our weight room work or how to set up a machine? This class provides a walk-through of the weight room to give a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized workout plan, contact one of our personal trainers. ***Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.***

Instructor: Staff

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130240-10	RRC	18+	2/14	M	6:30-7:30pm	1	\$6/\$7
130240-30	RRC	18+	4/11	M	6:30-7:30pm	1	\$6/\$7

WEIGHT ROOM ORIENTATION FOR MINORS

Qualified staff will teach youth proper weight room and cardio room etiquette. Teens will receive a weight room authorization card, allowing them to work out in the weight room independently upon completion of class. Both parent and child must sign the weight room user agreement form. If you are interested in obtaining a personalized work out plan, contact one of our personal trainers. ***There are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.*** Instructor: Staff

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130245-00	RRC	13-15	1/11	Tu	6:30-7pm	1	\$6/\$7
130245-10	RRC	13-15	2/15	Tu	6:30-7pm	1	\$6/\$7
130245-20	RRC	13-15	3/15	Tu	3:30-4pm	1	\$6/\$7
130245-30	RRC	13-15	4/12	Tu	6:30-7pm	1	\$6/\$7



Personal Trainers

City of Carrollton personal trainers are available to work with you at Crosby and Rosemeade Recreation Centers and the Carrollton Senior Center.

Personal trainers have their own philosophies and unique styles to create an individual training program to meet your needs. Sessions are charged at an hourly rate and trainers' rates vary. Visit cityofcarrollton.com/parksandrec and click on Programs & Events for more information on our trainers. For additional information about the personal training program, call 972-466-9834.

JULIE CHADWICK

214-926-4776

jchadwick16@yahoo.com

\$30/30min; \$45/45min; or \$60/hr

Julie enjoys working with clients age 50 and older and designs fitness routines, as well as nutrition plans, unique to each individual. She keeps clients accountable, protects them from injuries, and provides a positive environment.

TOM NOUNE

214-957-3694

tgnoun@aol.com • hearthealthandwellness.com

\$65/\$60 hr

Tom specializes in weight resistance training, primarily with baby boomers and seniors. He also provides nutritional coaching and emphasizes the importance and benefits of proper stretching techniques.

KERRY STALLO

214-244-7004

ageintercept@aol.com • ageintercept.com

\$30 initial assessment, \$50/45 min, or \$65/hr

Kerry specializes in corrective exercise and developing exercise strategies for older adults. Key programs include weight loss, overall body conditioning, and increasing muscle strength.

Indian Creek Golf Club

1650 W. Frankford Road • 972-466-9850 • indiancreekgolfclub.com



indian creek
golf club



ORION
GOLF

Join Indian Creek Golf Club

*All memberships are a minimum 4-month commitment and require a credit card for monthly dues payments, advanced payment is accepted.



MEMBERSHIPS

- Minimum 4-month commitment
- Require a credit card for monthly dues payments
- Advance payment is accepted
- Pay monthly dues and receive benefits
- Join anytime

INDIAN CREEK (IC) MEMBER

\$69/mo. plus tax includes

- Discount golf anytime weekdays, after 12pm Saturday-Sunday & holidays
 - \$20 Lakes Course | \$30 Creek Course
 - Rate includes golf car with valid driver license, for 9 or 18 holes
- 1 hour per day (range balls for pass holder only - non transferrable)
- 4 half-hour private lessons (by appointment only - non transferrable)

INDIAN CREEK (IC) JUNIOR MEMBER

\$50/mo. plus tax (for ages 21 or younger) includes

- Discount golf anytime weekdays, after 12pm Saturday-Sunday & holidays
 - \$5 Lakes Course | \$10 Creek Course
 - Golf car fee additional \$10/rider (only with valid driver license)
- 1 hour per day (range balls for pass holder only - non transferrable)
- 4 half-hour private lessons (by appointment only - non transferrable)

INDIAN CREEK (IC30) MEMBER

\$75/mo plus tax (for ages 30 or younger)

- Unlimited green fees Monday-Friday, after 1pm Saturday-Sunday & holidays
- Does not include range balls or golf car fees and is not applicable for league or outside events.

BOOKING POLICIES

- Tee times may be made seven days in advance (online reservations may be made starting at midnight seven days out).
- Saturday-Sunday tee times require prepayment to accommodate all players wanting reservations. (Call volume is high, book at indiancreekgolfclub.com/teetimes to avoid hold times.) OR for walking rates, resident card discount, and raincheck/gift card redemptions, call the Golf Shop to reserve 972-466-9850.
- You may call to reserve Monday-Friday tee times or reserve weekday tee times online. Select your preferred course/date/teetime, then select 'Pay Now' to prepay (rates including a golf car), or you may select 'Pay at Course' then pay your preferred rate when you check-in at the course.
- Single players may reserve tee times online if there is availability to fill in with another group. We recommend calling in advance for walk-ons to ensure availability.
- Group Reservations
 - For groups of less than 40 players, contact Lilly Harris at LHarris@orion-mgmt.com.
 - For groups more than 40 players, contact Jessica Oliver at JOliver@orion-mgmt.com.



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.



Lakes Course Rates	Lakes with Golf Car	Lakes Walking
Mon-Fri (before 1pm)	\$43.50	\$26.00
Sat-Sun (before 1pm)	\$49.00	\$31.50
Twilight (1-4pm)	\$38.50	\$21.00
Super Twilight (after 4pm)	\$25.00	\$16.25
Junior* (ages 21 & under)	\$21.00	\$11.00
Senior** (ages 60+)	\$39.25	\$21.75
9 Holes (Mon-Fri)	\$25.00	\$16.25
9 Holes (Sat-Sun)	\$25.00	\$16.25
*Jr rate Mon-Fri, after 1pm Sat-Sun ** Sr rate Mon-Fri only	pricing includes tax	pricing includes tax

Creek Course Rates	Creek with Golf Car	Creek Walking
Mon-Fri (before 1pm)	\$63.00	\$45.50
Sat-Sun (before 1pm)	\$74.00	\$56.50
Twilight (1-4pm)	\$50.00	\$32.50
Super Twilight (after 4pm)	\$35.75	\$27.00
Junior* (ages 21 & under)	\$26.25	\$16.25
Senior** (ages 60+)	\$43.50	\$26.00
9 Holes (Mon-Fri)	\$38.75	\$30.00
9 Holes (Sat-Sun)	\$44.50	\$35.75
*Jr rate Mon-Fri, after 1pm Sat-Sun ** Sr rate Mon-Fri only	pricing includes tax	pricing includes tax

Residents with a current driver's license showing a City of Carrollton address are eligible for a discount on green fees. Go to our website for a link to register for your resident discount card.

Off-Season Rates (November-March)

Check the website for Off-Season Rates Sunday, November 7 through Friday, March 11

For the latest calendar of events, visit indiancreekgolfclub.com/events/calendar.

Call us: 972-466-9850

Email: info@indiancreekgolfclub.com
[facebook.com/indiancreekgolfclub](https://www.facebook.com/indiancreekgolfclub)
twitter.com/IndianCreek_gc
[instagram.com/indiancreekgolfclub_dfw](https://www.instagram.com/indiancreekgolfclub_dfw)
indiancreekgolfclub.blogspot.com
indiancreekgolfclub.com/onlinestore

DRIVING RANGE

Hours: Monday - Sunday

Opens: 30 minutes before first tee time
 Closes: 30 minutes prior to sunset

*Closed for maintenance Mondays @ 4pm through Tuesdays @ 11am

*Range hours are weather permitting.

Range Ball Pricing

Warm-up basket (20 balls) - \$3
 Small basket (40 balls) - \$6
 Medium basket (80 balls) - \$10
 Large basket (120 balls) - \$14

*Ask about the IC membership for discounted range use, memberships are limited.

RENTAL CLUB PRICING

\$20 Standard Set (Strata clubs)

\$50 Premium Set

(Callaway clubs with choice of regular or stiff shafts)
 Includes two sleeves of logo balls with an Indian Creek souvenir valuables pouch



indian creek
golf club

FINN SCOOTERS

Are Here!

Experience the ultimate personal golf machine at Indian Creek Golf Club.

Rental Cost - \$25+tax for 18 holes • \$13+tax for 9 holes

Download the Finn Scooter app to rent

LEAGUES

The regular season is 8-weeks directly followed by playoffs. Spring playoffs will take place the week of 5/16. Players may register as a team or as individuals. Individual registrations will be assigned a team.



NEW>> HALO INFINITE – 4V4

The legendary Halo series returns with a brand-new multiplayer experience. In this 4v4 mode, Halo returns to its roots with fair starts, on-map equipment, and 4-player squads to offer the ultimate arena First-Person Shooter (FPS) experience.

\$(RES/NR)

Spring Registration is 1/31-3/4:

\$70/\$77

CLASS #	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS
191000-10	3/21	Spring 4v4	CRC	13+	M	5pm	8

NEW>> LEAGUE OF LEGENDS – 5V5

League of Legends is a team-based game with over 140 champions to make epic plays with. Clear your lane, dive into epic 5v5 fights, and destroy the enemy nexus before they destroy yours.

\$(RES/NR)

Spring Registration is 1/31-3/4:

\$70/\$77

CLASS #	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS
191010-10	3/23	Spring 5v5	CRC	13+	W	5pm	8

NEW>> ROCKET LEAGUE – 3V3

Soccer meets driving in Rocket League, a game of rocket-powered acrobatic cars. Two teams of three choose from a variety of high-flying vehicles equipped with huge rocket boosters to score aerial goals and pull-off game-changing saves.

\$(RES/NR)

Spring Registration is 1/31-3/4:

\$70/\$77

CLASS #	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS
191020-10	3/24	Spring 3v3	CRC	10+	Th	5pm	8

NEW>> VALORANT – 5V5

Imagine this tactical First-Person Shooter (FPS) meets hypernatural powers. Players will need to use their own moves to outplay opponents and beat them to the shot. Valorant is a game for bold strategists who dare to make the unexpected play, because if it wins, it works.

\$(RES/NR)

Spring Registration is 1/31-3/4:

\$70/\$77

CLASS #	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS
191030-10	3/25	Spring 5v5	CRC	13+	F	5pm	8

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 22.

Non-resident registration begins December 6.

Classes begin January 3.

TOURNAMENTS

NEW>> APEX LEGENDS – TRIOS

Show 'em what you're made of in Apex Legends, a hero First-Person Shooter (FPS) game where contenders from across the Frontier team up to battle for glory, fame and fortune. Round up a squad and drop into public lobbies racing against other teams for elimination and placement points.

\$(RES/NR)

Spring Registration is 1/3-2/25:

\$10/\$11

CLASS #	DATE	DIVISION	LOC	AGE	TIME
192000-10	3/5	Spring Trios	CRC	13+	10am

NEW>> CALL OF DUTY: WARZONE – SOLOS, DUOS, TRIOS & QUADS

Welcome to the Warzone. Drop in, armor up, loot for rewards, and battle your way to the top. Go it alone or as a squad in public lobbies racing against other teams for elimination and placement points. **T**

\$(RES/NR)

Spring Registration is 1/3-3/4:

\$10/\$11

CLASS #	DATE	DIVISION	LOC	AGE	TIME
192010-10	3/12	Spring Solos	CRC	17+	10am
192010-11	3/19	Spring Duos	CRC	17+	10am
192010-12	3/12	Spring Trios	CRC	17+	10am
192010-13	3/19	Spring Quads	CRC	17+	10am

NEW>> HALO INFINITE – 2V2 & 4V4

The legendary Halo series returns with a brand-new multiplayer experience. Teams of two and four will compete in the classic First-Person Shooter (FPS) arena mode.

\$(RES/NR)

Spring Registration is 1/3-4/1

\$10/\$11

CLASS #	DATE	DIVISION	LOC	AGE	TIME
192020-10	3/26	Spring 2v2	CRC	13+	10am
192020-11	4/2	Spring 4v4	CRC	13+	10am

NEW>> FORTNITE – TRIOS

Hop aboard the Battle Bus and drop into the world of Fortnite. Loot for gear and build forts to be the last team standing. Round up a squad and drop into public lobbies racing against other teams for elimination and placement points.

\$(RES/NR)

Spring Registration is 1/3-4/1

\$10/\$11

CLASS #	DATE	DIVISION	LOC	AGE	TIME
192030-10	4/9	Spring Trios	CRC	13+	10am

NEW>> ROCKET LEAGUE – 2V2 & 3V3

Soccer meets driving in Rocket League, a game of rocket-powered acrobatic cars. Teams of two or three choose from a variety of high-flying vehicles equipped with huge rocket boosters to score aerial goals and pull-off game-changing saves. **Tournament schedules are subject to change. Players may register as a team or as individuals. Individual registrations will be assigned a partner/team.**

		\$(RES/NR)			
CLASS #	DATE	DIVISION	LOC	AGE	TIME
Spring Registration is 1/3-4/8: \$10/\$11					
192040-10	4/16	Spring 2v2	CRC	10+	10am
192040-11	4/23	Spring 3v3	CRC	10+	10am

CLASSES/COACHING

NEW>> ESPORTS PERFORMANCE ACADEMY COACHING

In this class, players will get the opportunity to work with the best Esports player development group in the country. Regardless of player's individual goals, Esports Performance Academy utilizes their proven holistic coaching methodology to set players on the proper development path in Esports. Beginner level players will learn the importance of health and fitness elements that promote focus and better cognitive ability, fundamentals for team play, and techniques for individual skill development. This comprehensive training approach provides players with the tactics and tools necessary to continuously improve their abilities even after the course has concluded. **No class 3/15.** Instructor: EPA

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Rocket League							
190000-20	CRC	13+	3/1-3/29	Tu	6-8pm	4	\$200/\$220
COD: Warzone							
190000-30	CRC	18+	4/5-4/26	Tu	6-8pm	4	\$200/\$220



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

Adult Leagues



ADULT BASKETBALL LEAGUE

Lace up your sneakers and round up your squad for the Spring Adult Basketball League. This league consists of seven regular season games plus playoffs for the top finishers in each division. All games are played at Rosemeade Recreation Center. **A free agent list for individuals looking for a team is available at cityofcarrollton.com/athletics.** No games 4/17.

Spring Early-Bird Registration is 1/10-2/14: \$395
Spring Standard Registration is 2/15-21: \$420

CLASS #	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS
207000-30	3/6	Rec/Comp	RRC	18+	Su	1-10pm	7

ADULT CORNHOLE LEAGUE

Grab a partner and come out for the Spring Adult Cornhole League. This is a doubles league open to all genders and skill levels. Matches will take place on Tuesday nights at 3 Nations Brewery. Boards and bags will be provided. **Matches will run 3/22-5/10 and playoffs will take place on 5/17. Players may register individually or as a team. Individual registrants will be assigned partners. For more information, visit cityofcarrollton.com/athletics.**

\$(RES/NR)

Early-Bird Registration is 1/31-3/22: \$40/\$44
Standard Registration is 3/3-9: \$55/\$59

CLASS #	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS
207120-20	3/22	Doubles	3 Nations	21+	Tu	6:30-10:30pm	8

ADULT FLAG FOOTBALL LEAGUE

Join the spring 8-on-8 Flag Football League. Competitive and recreational divisions play on Thursday evenings. **Games will run 2/24-4/14 and playoffs will take place on 4/21. Teams will be responsible for providing their own flags and game balls. For more information, visit cityofcarrollton.com/athletics.**

Early-Bird Registration is 1/3-2/4: \$370
Standard Registration is 2/5-11: \$395

CLASS #	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS
207050-30	2/24	Coed	McInnish	18+	Th	6:45-10:45pm	8
207051-30	2/24	Men's	McInnish	18+	Th	6:45-10:45pm	8

NEW>> ADULT FUTSAL LEAGUE

Grab your team for the new Adult Futsal League. This league consists of seven regular season games plus playoffs for the top finishers in each division. All games are played indoors at Rosemeade Recreation Center. **For more information, visit cityofcarrollton.com/athletics. Games will begin 2/24 and run through 4/7. Playoffs will take place on 4/14. No games 3/17.**

Spring Early-Bird Registration: 12/13-2/2 \$545
Spring Standard Registration: 2/ 3-9 \$570

CLASS #	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS
207030-30	2/24	Rec/Comp	RRC	18+	Th	6:30-10:30pm	7

ADULT RACQUETBALL LEAGUE

This is a coed league, and players set their own time to compete. Players, call ahead to reserve a court. **Matches for the winter league will run 1/10-3/13. Registration deadline for the winter league is 1/3. Matches for the spring league will run 3/28-6/5. Registration deadline for the spring league is 3/20. For more information or help with selecting a level, email athletics@cityofcarrollton.com. Divisions are subject to change at league director's discretion.**

LEVELS

- A-1 = Elite Players
- A-2 = Accomplished/Veteran Players
- B-1 = Intermediate Players
- C-1 = Beginner/Recreational Players

CLASS #	LEV	LOC	AGE	DATES	DAY	\$(RES/NR)
200000-05	A-1	RRC	16+	1/10-3/13	Player's Choice	\$15/\$20
200000-06	A-2	RRC	16+	1/10-3/13	Player's Choice	\$15/\$20
200000-07	B-1	RRC	16+	1/10-3/13	Player's Choice	\$15/\$20
200000-28	C-1	RRC	16+	1/10-3/13	Player's Choice	\$15/\$20
200000-31	A-1	RRC	16+	3/28-6/5	Player's Choice	\$15/\$20
200000-32	A-2	RRC	16+	3/28-6/5	Player's Choice	\$15/\$20
200000-33	B-1	RRC	16+	3/28-6/5	Player's Choice	\$15/\$20
200000-34	C-1	RRC	16+	3/28-6/5	Player's Choice	\$15/\$20

ADULT SOFTBALL LEAGUE

All games are played at McInnish Softball Complex, Sunday through Friday. **Softballs must be purchased from the City.** League divisions include Men's 5 HR, Men's 3 HR, Men's 1 HR, Men's 0 HR, Church, and Men's Senior (40+). **A free agent list for individuals looking for a team is available at cityofcarrollton.com/athletics. No games 4/15 & 4/17.**

REGISTRATION DATES:

Winter 250'

Early Bird Registration: 11/8- 12/13 \$360
Standard Registration: 12/14-20 \$385

Spring Single Games

Early Bird Registration: 1/10- 31 \$415
Standard Registration: 2/1-7 \$440

Spring Double Headers

Early Bird Registration: 1/10-31 \$360
Standard Registration: 2/1-7 \$385

CLASS #	STARTS	DIVISION	AGE	DAY
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WINTER 205'

207152-00	1/9	Men's Senior DH	40+	Su
207152-02	1/10	Men's DH	18+	M
207152-04	1/11	Men's DH	18+	Tu
207152-06	1/12	Men's DH	18+	W

SPRING

207153-00	2/27	Men's	18+	Su
207153-01	2/27	Men's Senior DH	40+	Su
207153-02	2/28	Men's DH	18+	M
207153-03	3/1	Men's DH	18+	Tu
207153-04	3/2	Men's DH	18+	W
207153-05	3/3	Church	18+	Th
207153-07	3-4	Coed	18+	F

ADULT SOFTBALL TOURNAMENTS

Carrollton Parks & Recreation Department invites individuals and softball teams to participate in City-sponsored softball tournaments. The City will host a variety of tournaments at the award-winning McInnish Softball Complex. All tournaments are USSSA sanctioned. **Tournament dates will be posted to cityofcarrollton.com/athletics beginning January 2022.**



NEW>> PING-PONG SINGLES LEAGUE SEASON

Players will be put in groups based on skills and ability. Everyone gets to play matches in a fun setting environment. Competition: round robin groups, all players advance to double elimination brackets – single matches to 11 points – three best out of five games format. **Matches will run 1/8 – 2/26.**

Early Bird Registration: 12/6-29 \$25
Standard Registration: 12/30-1/6 \$27.50

CLASS #	STARTS	DIVISION	AGE	DAY	TIME	#WKS
207070-01	1/8	Rec.	12+	Sa	3:30-5:30PM	7

PONG ON WHEELS-PING-PONG

Students of all abilities will learn and develop the skills required to learn how to play the sport of ping-pong. In our weekly sessions, players will learn some of the fundamentals including grip, stance, basic forehand, and backhand strokes. In addition, serves, footwork, and game tactics will also be emphasized. Players will be immersed in a fun, supportive, and safe learning environment. All sessions will be taught by a former Paralympic Table Tennis team coach supported by advanced players, as needed. **Players will need to bring their own water bottle, towel, and their own paddle or borrow a facility paddle. Appropriate athletic attire/footwear should be worn.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
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ADULTS 18+

160200-13	RRC	18+	2/1-2/22	Tu	7:30-8:30pm	\$40/\$44
160200-23	RRC	18+	3/1-3/29	Tu	7:30-8:30pm	\$40/\$44
160200-33	RRC	18+	4/5-4/26	Tu	7:30-8:30pm	\$40/\$44

SENIORS 50+

160200-10	RRC	50+	2/1-2/22	Tu	4:30-5:30pm	\$40/\$44
160200-20	RRC	50+	3/1-3/29	Tu	4:30-5:30pm	\$40/\$44
160200-30	RRC	50+	4/5-4/26	Tu	4:30-5:30pm	\$40/\$44

Youth Leagues

YOUTH VOLLEYBALL – RECREATION LEAGUE

Carrollton Parks and Recreation youth volleyball is a great way to introduce kids to the sport of volleyball. FUN for girls ages 7-14 (as of September 1, 2021). Participants learn the fundamentals of the game, from game strategy, rules, and mechanics to basic volleyball techniques including passing, setting, bumping, and hitting. All levels focus on player development, having fun, and sportsmanship. Participants will have one practice a week, and at least one game per week. Registration includes a league jersey, and end of season tournament. Practice begins the week of 2/14 and games begin on 3/5. **Closed-toe athletic shoes are required; volleyball knee pads are recommended. No practice 3/14-3/18. No games on 3/19 and 4/16.**

CLASS #	STARTS	DIVISION	AGE	\$(RES/NR)
207400-01	3/5	Rec.	7/8U	\$85/\$105
207400-02	3/5	Rec.	9/10U	\$100/\$120
207400-03	3/5	Rec.	11/12U	
207400-04	3/5	Rec.	13/14U	



Sports Classes

Martial Arts



KARATE

Karate teaches self-defense, self-discipline, self-control, poise, and politeness. This class offers a chance to advance as you learn more skills. Earn colored belts by testing and paying an additional fee. **No class 3/10.** Instructor: Nakaya

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161150-33	CRC	6+	1/6-2/10	Th	6:30-7:45pm	6	\$46/\$50.75
161150-34	CRC	6+	2/17-3/31	Th	6:30-7:45pm	6	\$46/\$50.75
161150-35	CRC	6+	4/7-5/12	Th	6:30-7:45pm	6	\$46/\$50.75

RED TIGER KARATE

Learn American karate in this white through black belt program that runs year-round. The junior program develops self-esteem, positive behavior, academic achievement, and respect for others. In addition to practicing karate techniques, abduction prevention training and bully self-defense skills are integrated into the lessons. Adult classes focus on street self-defense, fitness, and personal development. Benefits of the program will reach beyond the class by improving everyday focus and quality of life, while reducing daily stress. **For more information, visit redtigerkarate.com or call 817-845-1557.** **No class 3/18.** Instructor: Margach

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160170-36	RRC	5-12	1/14-3/11	F	6-7pm	9	\$80/\$88
160170-37	RRC	13+	1/14-3/11	F	7-8pm	9	\$80/\$88
160170-46	RRC	5-12	3/25-5/20	F	6-7pm	9	\$80/\$88
160170-47	RRC	13+	3/25-5/20	F	7-8pm	9	\$80/\$88

AMO VOLLEYBALL

Allison and Michelle Operations (AMO) Volleyball covers all aspects of the game for athletes at any level. We pride ourselves in providing experienced coaches who are able to give personalized instruction, high intensity, and fun. Our goals for each class and camp are to teach the fundamental aspects of the game (physical, technical, mental, and emotional), emphasize efficiency, correct technique, and increase volleyball knowledge. AMO will make class session recommendations based on player assessment to better fit the athlete's skill level after the second week of class (if applicable). This will ensure each player is learning in an environment that can facilitate growth. Email amovolley1@gmail.com for more information. Instructor: AMO Volleyball.

CLASS #	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Crosby Rec Center						
161120-04	7-18	1/24-2/28	M	6:30-7:30pm	6	\$115/\$126.50
161120-24	7-18	3/21-4/25	M	6:30-7:30pm	6	\$115/\$126.50
Rosemeade Rec Center						
160120-06	7-18	1/24-2/28	M	6:30-7:30pm	6	\$115/\$126.50
160120-07	7-18	1/24-2/28	M	7:30-8:30pm	6	\$115/\$126.50
160120-26	7-18	3/21-4/25	M	6:30-7:30pm	6	\$115/\$126.50
160120-27	7-18	3/21-4/25	M	7:30-8:30pm	6	\$115/\$126.50
160120-03	7-18	1/26-3/2	W	6:30-7:30pm	6	\$115/\$126.50
160120-05	7-18	1/26-3/2	W	7:30-8:30pm	6	\$115/\$126.50
160120-23	7-18	3/23-4/27	W	6:30-7:30pm	6	\$115/\$126.50
160120-25	7-18	3/23-4/27	W	7:30-8:30pm	6	\$115/\$126.50

ESSENTIAL BASKETBALL SKILLS

These skills sessions focus on developing the complete basketball player, no matter their skill level or ability. No player can build an elite game on a shaky foundation. Let us teach you the most effective way to execute the basic basketball fundamentals in a fun environment through innovative drills, simple exercises, and games. We will cover: ball handling, shooting, offensive and defensive skills, passing, rebounding, and intensity training awareness. **No class 3/15.** Instructor: Attack Basketball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161500-05	RRC	6-10	1/4-1/25	Tu	4-5pm	4	\$60/\$66
161500-15	RRC	6-10	2/1-2/22	Tu	4-5pm	4	\$60/\$66
161500-25	RRC	6-10	3/1-3/29	Tu	4-5pm	4	\$60/\$66
161500-35	RRC	6-10	4/5-4/26	Tu	4-5pm	4	\$60/\$66

INDIVIDUAL & SMALL GROUP BASKETBALL TRAINING

Whether your child is just getting started with basketball, or he or she has been developing skills on the court for years, they can benefit from individual basketball training. We offer both one-on-one training, like having a personal trainer at the gym, and small group training with two to four players per session, where players can practice in a real-time game-like application. **Ages 9 and up. \$85/hour for individual training and \$65/hour per person for small group training. For more details, registration, and scheduling, email meredith@attackbball.com or call 214-223-7865.**

Instructor: Attack Basketball

PONG ON WHEELS - PING-PONG

Students of all abilities will learn and develop the skills required to learn how to play the sport of ping-pong. In our weekly sessions, players will learn some of the fundamentals including grip, stance, basic forehand, and backhand strokes. In addition, serves, footwork, and game tactics will also be emphasized. Players will be immersed in a fun, supportive, and safe learning environment. All sessions will be taught by a former Paralympic Table Tennis team coach supported by advanced players, as needed. **Players will need to bring their own water bottle, towel, and their own paddle or borrow a facility paddle. Appropriate athletic attire/footwear should be worn.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160200-11	RRC	6-17	2/1-2/22	Tu	5:30-6:30pm	4	\$40/\$44
160200-21	RRC	6-17	3/1-3/29	Tu	5:30-6:30pm	5	\$40/\$44
160200-31	RRC	6-17	4/5-4/26	Tu	5:30-6:30pm	4	\$40/\$44

2ND LEVEL FUNDAMENTAL BASKETBALL SKILLS

These skills sessions focus on game application of the fundamental basketball skills. Many players increase their individual skill level but never learn how to transfer their new skills into game performance. We are here to help. In these second-level skills, we will hone in on the same skills that are taught in the Essential Basketball Skills: ball handling, shooting, offensive and defensive skills, passing, rebounding, and intensity training awareness and show you how to transfer them to universal team concepts. The ability to showcase your skills in game-like situations is how you make teams and earn the minutes that you want. **No class 3/15 or 3/16.** Instructor: Attack Basketball

CLASS #	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Crosby Rec Center						
161510-06	10-15	1/5-1/26	W	5-6pm	4	\$60/\$66
161510-16	10-15	2/2-2/23	W	5-6pm	4	\$60/\$66
161510-26	10-15	3/2-3/30	W	5-6pm	4	\$60/\$66
161510-36	10-15	4/6-4/27	W	5-6pm	4	\$60/\$66
Rosemeade Rec Center						
161510-05	10-15	1/4-1/25	Tu	5-6pm	4	\$60/\$66
161510-15	10-15	2/1-2/22	Tu	5-6pm	4	\$60/\$66
161510-25	10-15	3/1-3/29	Tu	5-6pm	4	\$60/\$66
161510-35	10-15	4/5-4/26	Tu	5-6pm	4	\$60/\$66



SHOOTING – SPECIFIC BASKETBALL SKILLS

These specialized skills sessions will give you the drills and instruction you need to become a premium shooter who stands out from the competition. Go into the season ready to increase your shooting percentage and range with better mechanics and more confidence in your shot. You will learn proper body positioning for maximum shooting accuracy, how to develop a quicker shot release, shooting fundamentals that will quickly boost your field goal percentage, and so much more. **No class 3/15.**

Instructor: Attack Basketball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161520-05	RRC	10-15	1/4-1/25	Tu	6:30-8pm	4	\$90/\$99
161520-15	RRC	10-15	2/1-2/22	Tu	6:30-8pm	4	\$90/\$99
161520-25	RRC	10-15	3/1-3/29	Tu	6:30-8pm	4	\$90/\$99
161520-35	RRC	10-15	4/5-4/26	Tu	6:30-8pm	4	\$90/\$99

SKYHAWKS FLAG FOOTBALL

Flag Football is the perfect introduction to “America’s Game.” Campers will learn skills on both sides of the football including the core components of passing, catching, and defense – all presented in a fun and positive environment. **No class 3/17.** Instructor: Skyhawks

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160040-01	JRSC	7-12	1/6-1/27	Th	4:45-5:45pm	4	\$60/\$66
160040-11	JRSC	7-12	2/3-2/24	Th	4:45-5:45pm	4	\$60/\$66
160040-21	JRSC	7-12	3/3-3/31	Th	4:45-5:45pm	4	\$60/\$66
160040-31	JRSC	7-12	4/7-4/28	Th	4:45-5:45pm	4	\$60/\$66

SKYHAWKS MULTI SPORT CLASS (SOCCER, FLAG FOOTBALL, TRACK AND FIELD, T-BALL)

Our Multi-Sport class is designed to introduce young athletes to a variety of different sports in one setting. For this program, we combine two to three sports into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of two to three new sports along with vital life lessons such as respect, teamwork, and self-discipline. **No class 3/16.** Instructor: Skyhawks

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160070-01	JRSC	3-4	1/5-1/26	W	6-6:30pm	4	\$60/\$66
160070-11	JRSC	3-4	2/2-2/23	W	6-6:30pm	4	\$60/\$66
160070-21	JRSC	3-4	3/2-3/30	W	6-6:30pm	4	\$60/\$66
160070-31	JRSC	3-4	4/6-4/27	W	6-6:30pm	4	\$60/\$66
160070-02	JRSC	5-6	1/5-1/26	W	6:35-7:10pm	4	\$60/\$66
160070-12	JRSC	5-6	2/2-2/23	W	6:35-7:10pm	4	\$60/\$66
160070-22	JRSC	5-6	3/2-3/30	W	6:35-7:10pm	4	\$60/\$66
160070-32	JRSC	5-6	4/6-4/27	W	6:35-7:10pm	4	\$60/\$66
160070-03	JRSC	7-12	1/5-1/26	W	7:15-8pm	4	\$60/\$66
160070-13	JRSC	7-12	2/2-2/23	W	7:15-8pm	4	\$60/\$66
160070-23	JRSC	7-12	3/2-3/30	W	7:15-8pm	4	\$60/\$66
160070-33	JRSC	7-12	4/6-4/27	W	7:15-8pm	4	\$60/\$66



For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.

SKYHAWKS TRACK & FIELD

Skyhawks Track & Field was developed to introduce young athletes to this sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety and a major focus on fun. Using special equipment, our exercises and drills will prepare athletes for a future in cross-country, track and field events, distance running, while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered in this unique program. Participants will put it all together for one fun-filled day at the end of the week at the Skyhawks track meet. **No class 3/18.**
Instructor: Skyhawks

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167095-01	JRSC	7-12	1/7-1/28	F	4:45-5:45pm	4	\$60/\$66
167095-11	JRSC	7-12	2/4-2/25	F	4:45-5:45pm	4	\$60/\$66
167095-21	JRSC	7-12	3/4-4/1	F	4:45-5:45pm	4	\$60/\$66
167095-31	JRSC	7-12	4/8-4/29	F	4:45-5:45pm	4	\$60/\$66

SKYHAWKS SOCCER

Developed over 30 years, this is the number one soccer camp for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our advanced curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer. **No class 3/19.**
Instructor: Skyhawks

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167096-01	JRSC	3-4	1/8-1/29	Sa	9-9:30am	4	\$60/\$66
167096-11	JRSC	3-4	2/5-2/26	Sa	9-9:30am	4	\$60/\$66
167096-21	JRSC	3-4	3/5-4/2	Sa	9-9:30am	4	\$60/\$66
167096-31	JRSC	3-4	4/9-4/30	Sa	9-9:30am	4	\$60/\$66
167097-01	JRSC	5-6	1/8-1/29	Sa	9:35-10:15am	4	\$60/\$66
167097-11	JRSC	5-6	2/5-2/26	Sa	9:35-10:15am	4	\$60/\$66
167097-21	JRSC	5-6	3/5-4/2	Sa	9:35-10:15am	4	\$60/\$66
167097-31	JRSC	5-6	4/9-4/30	Sa	9:35-10:15am	4	\$60/\$66
167098-01	JRSC	7-10	1/8-1/29	Sa	10:20-11:20am	4	\$60/\$66
167098-11	JRSC	7-10	2/5-2/26	Sa	10:20-11:20am	4	\$60/\$66
167098-21	JRSC	7-10	3/5-4/2	Sa	10:20-11:20am	4	\$60/\$66
167098-31	JRSC	7-10	4/9-4/30	Sa	10:20-11:20am	4	\$60/\$66

Pickleball Open Play

Courts and equipment are now available at Crosby Recreation Center for guests to enjoy. All guests must have a membership or daily pass to participate.

Open Play Times:

Crosby Recreation Center

Monday, Wednesday, & Friday • 6am-1pm

Mondays, Wednesdays, & Fridays are

Senior Days at Crosby. Play pickleball for free with a valid Senior Center membership.

Tuesday & Thursday • 6am-11am

Tuesdays and Thursdays you must have a valid Rosemeade or Crosby Recreation membership.



Sports Camps

NEW YEAR KICKOFF BASKETBALL CAMP

This camp will set you apart from other players by helping you develop an elite mindset. We will cover fundamentals in a new way to help you master ballhandling and feel for the ball; become a stifling defensive player; learn leadership and life lessons; perfect shooting, scoring, and dribble moves; ensure your layups are automatic; and handle game situations like the pros. Our camps are fast-paced, fun, and jam-packed with golden nuggets of basketball knowledge. You WILL leave a more complete and elite player.
Instructor: Attack Basketball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161540-05	RRC	6-10	1/3-1/5	M-W	9am-12pm	3	\$120/\$132
161540-06	RRC	11-16	1/3-1/5	M-W	1-4pm	3	\$120/\$132

SPRING BREAK BASKETBALL CAMP

This camp will set you apart from other players by helping you develop an elite mindset. We will cover fundamentals in a new way to help you master ballhandling and feel for the ball; become a stifling defensive player; learn leadership and life lessons; perfect shooting, scoring, and dribble moves ensure your layups are automatic; and handle game situations like the pros. Our camps are fast-paced, fun, and jam-packed with golden nuggets of basketball knowledge. You WILL leave a more complete and elite player.
Instructor: Attack Basketball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161540-25	RRC	6-10	3/15-3/17	T-Th	9am-12pm	3	\$120/\$132
161540-26	RRC	11-16	3/15-3/17	T-Th	1-4pm	3	\$120/\$132

SPRING BREAK MULTI-SPORT CAMP (SOCCER, CAPTURE THE FLAG, DODGEBALL)

Come join Skyhawks for a student day-off multi-sport camp. Our Multi-Sport camp is designed to introduce young athletes to a variety of different sports and games in one setting. For this program, we combine two to three sports/games into one fun-filled day. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the day, your child will walk away with knowledge of two to three new sports along with vital life lessons such as respect, teamwork, and self-discipline.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167090-20	JRSC	7-12	3/14-3/17	M-TH	9am-12pm	4	\$139/\$152.90

FEES ARE
SUBJECT TO CHANGE

Oak Creek Tennis Center

CHECK WEBSITE FOR
CURRENT PRICING

2531 Oak Creek Drive • 972-466-6389 • oakcreektenniscenter.com

Oak Creek Tennis Center (OCTC), conveniently located northwest of the Dallas North Tollway and President George Bush Turnpike, features 12 lighted hard courts with shaded spectator and court benches. Our Pro Shop includes apparel, racquets, stringing, accessories, and snacks. The City of Carrollton prides itself on having one of the premier full-service municipal tennis facilities in North Texas.

OCTC has several U.S. Professional Tennis Association (USPTA) certified tennis professionals on staff. A full array of adult and junior programs, tournaments, and special events are held year-round. It is home to numerous men's, women's, mixed, and senior teams competing in United States Tennis Association (USTA), Tennis Competitors of Dallas (TCD), and metro league play and is also home to local middle school and high school teams.

HOURS OF OPERATION

Winter Hours (End February 20)

Monday-Thursday	9am-10pm
Friday	9am-8pm
Saturday	8:30am-6pm
Sunday	10am-7pm
Holiday Hours:	Closed 1/1

Spring Hours (Begin February 21)

Monday-Thursday	8:30am-10pm
Friday	8:30am-8pm
Saturday	8:30am-6pm
Sunday	10am-7pm
Holiday Hours:	Closed 4/17

The OCTC reserves the right to close due to inclement weather. Players should call 972-466-6389 (option 1) for the status of programs.

FACILITY USE PRICES

*Fees are subject to change. Please view website for most accurate information.

Court Fees

	Resident	Non-resident
Adult & Youth	\$2.50	\$4

Court fees are per person and are limited to 1½ hours. Reservations are accepted up to 48 hours in advance.

Ball Machine Rental

	Resident	Non-resident
1 Hour	\$15	\$17
30-Day Pass	\$50	\$55

Ball machine rental includes court fees for one person. Additional family members may join at no charge. Additional non-family members will incur regular court fee charges. Reservations are accepted up to two days in advance.

Satellite Court Fees

	Resident	Non-resident
1 Hour/Court	\$2	\$3.50

The City of Carrollton offers 14 neighborhood outdoor tennis courts. Courts at unstaffed parks are available on a first-come, first-served basis. Tennis court usage is free at all neighborhood sites as a walk-on. However, if you would like to ensure a reservation, all courts may be reserved in one-hour increments at the OCTC. The courts are available during park hours, which are 5am to 10:30pm daily. Lights are available at all facilities. Parks & Recreation tennis classes may be scheduled at court locations; signage regarding class/league schedules will be posted at the courts when applicable. Reservations are accepted up to one week in advance, excluding same day reservations, which are not permitted.



Reservations are accepted up to one week in advance. Day-of reservations are not permitted. Reservations are non-refundable. However, OCTC accounts will be credited for all cancellations made within 24 hours of the reservation.

PRO SHOP/RACQUET SERVICING

OCTC carries Prince™, Head™, Wilson™, and Babolat racquets, strings, grips, and accessories at competitive prices. United States Racquet Stringers Association (USRSA) certified master racquet technicians on staff provide complete racquet servicing for all your stringing needs. Stringing is generally completed within three days. Stringing labor is \$15. A 24-hour express fee is available for an additional \$5. Racquet demos are available for no charge on site and for a \$5 fee when taking off site.

PRIVATE LESSONS

OCTC has several USPTA certified professionals on staff available for private lessons. Unable to find an adult or junior class that fits your schedule? Inquire about our private group rates. To schedule a private lesson, call 972-466-6389.

ADULT TEAM TENNIS

OCTC is home to numerous men's, women's, mixed, and senior teams competing in USTA, TCD, and metro league play. Call 972-466-6389 if you are interested in joining an existing team or starting a new one.

Adult Tennis Classes

The OCTC Adult Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or canceled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made up based on availability. Contact OCTC first to check availability for any makeup classes.
- All class makeups must be completed during the current session.
- Inclement weather cancellations that cannot be made up will be issued a credit at the conclusion of the session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

Location: Oak Creek Tennis Center
Fees: \$99 Resident/\$110 Non-resident per session/one 90 min. class per week
 \$131 Resident/\$145 Non-resident Per session/one 120 min. class per week

Drop-in rates:
 \$24 Resident/\$26 Non-resident per 90 min. class
 \$31 Resident/\$34 Non-resident per 120 min. class

Drop-ins allowed are based on availability and pro approval.

WINTER/SPRING SESSION DATES:

Session 1: January 3-February 5
 Session 2: February 7-March 12
 Session 3: April 18-May 21

Classes meet once a week for five weeks.

BEGINNER:

Monday 6-7:30pm
 Wednesday 9-10:30am
 7:30-9pm
 Saturday 9-10:30am

INTRO TO INTERMEDIATE:

Monday 6-7:30pm
 Wednesday 9-10:30am
 7:30-9pm
 Saturday 9-10:30am

INTERMEDIATE+:

Tuesday 6:30-8:30pm
 Wednesday 10:30am-12pm
 Thursday 6:30-8:30pm
 Saturday 10:30am-12pm
 Saturday 12-1:30pm

ADVANCED DRILLS

(PREREQUISITE: INTERMEDIATE CLASS OR PRO APPROVAL)

A variety of high-octane drills conducted by USPTA certified tennis professionals are specifically geared for players who have dependable strokes with directional control. Fast-paced drills are excellent for league and tournament players wanting to hit balls. **Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. Class minimum is three players.**

DAY	TIME	LEVEL	\$(RES/NR)
Monday	7:30-9pm	4.0 and above	\$20/\$22
Wednesday	6-7:30pm	4.0 and above	\$20/\$22
Saturday	12-1:30pm	4.0 and above	\$20/\$22

CARDIO TENNIS (NTRP 3.5-4.0)

This fast-paced drill is sure to get you moving! The Cardio Tennis drills will keep you on your toes for the entire 1½ hours. **Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged.**

DAY	TIME	LEVEL	\$(RES/NR)
Monday	7:30-9pm	3.5-4.0 (Intermediate)	\$20/\$22

Adult Tennis Events

"2ND SATURDAY" DOUBLES MIXER

No partner is necessary since we provide the pairings for you. Players are grouped according to NTRP level (2.5-5.0). Format consists of timed rounds of progressive partner doubles, along with drill courts run by Oak Creek staff pros. Snacks, soft drinks, dinner, and prizes are provided. **Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. If minimums are not met, cancellation will be one day before the mixer starts. Join us on the second Saturday of each month (3/12, 4/9, & 5/14) for this popular event.**

DAY	TIME	LEVEL	\$(RES/NR)
2 nd Saturday	6-8:30pm	All	\$27/\$30

Adult Tennis Leagues

LEAGUE SESSION DATES:

Session 1: January 10 - February 26
 Session 2: March 7 - April 23
 * Leagues meet once a week for seven weeks.



SINGLES LEAGUES

Play the best of three sets, no-ad scoring.

LEAGUE	TIME	COST
Ladies 3.5-Wednesday	7:30-9:30pm	\$25
Ladies 3.5/4.0-Thursday	7:30-9:30pm	\$25
Men's 4.0-Tuesday	7:30-9:30pm	\$25
Men's 4.0-Thursday	7:30-9:30pm	\$25

DOUBLES LEAGUES

Players sign up as individuals and play one set with each of the other three players on the court, up to an eight-game maximum. Regular scoring is used with a tiebreaker played at 4-4. Rotating groups ensure different partners each week.

LEAGUE	TIME	COST
Ladies Progressive 3.0-Monday	7:30-9:30pm	\$25
Ladies Progressive 3.5/4.0-Wednesday	7:30-9:30pm	\$25
Ladies Progressive 3.0/3.5-Friday (MORNING)	9-11am	\$25
Men's Progressive 3.5-Monday	7:30-9:30pm	\$25
Men's Progressive 4.0-Wednesday	7:30-9:30pm	\$25

MIXED DOUBLES LEAGUES

Play the best of three sets, no-ad scoring.

LEAGUE	TIME	COST
Mixed Doubles (FIXED PARTNER) 3.5/4.0-Saturday	3-5pm	\$25

Junior Tennis Classes

The OCTC Junior Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or canceled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made-up based on availability. Contact OCTC to check availability for any makeup classes.
- All class makeups must be completed during the current session.
- Inclement weather cancelations that cannot be made-up will be allowed to carry forward the makeup into the following session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

Location: Oak Creek Tennis Center

Fees:

\$63 Resident/\$70 Non-resident	per session/one 60 min. class per week
\$104 Resident/\$115 Non-resident	Per session/two 60 min. classes per week
\$86 Resident/\$95 Non-resident	per session/one 90 min. class per week
\$158 Resident/\$175 Non-resident	per session/two 90 min. classes per week
\$216 Resident/\$240 Non-resident	per session/three 90 min. classes per week
\$225 Resident/\$250 Non-resident	per session/two 120 min. classes per week
\$297 Resident/\$330 Non-resident	per session/three 120 min. classes per week
\$351 Resident/\$390 Non-resident	per session/four 120 min. classes per week

Prices are for four weeks. For multiple day sign-ups, be specific as to which days.

WINTER/SPRING SESSION DATES:

Session 1	January 3-January 29
Session 2	January 31-February 26
Session 3	February 28-March 26
Session 4	March 28-April 23
Session 5	April 25-May 21

TINY SHOTS TENNIS

This class is designed to stimulate, challenge, and appeal to budding tennis players. Children will learn motor skills necessary to play tennis and other sports throughout their lives. Students will use the red USTA-approved low-compression ball. The 36' court will also be used. Sign up for one or two days per week.

AGE	DAY	TIME	SESSIONS
4-6	M	4:30-5:30pm	1, 2, 3, 4
4-6	Tu	4:30-5:30pm	1, 2, 3, 4
4-6	W	4:30-5:30pm	1, 2, 3, 4
4-6	Th	4:30-5:30pm	1, 2, 3, 4
4-6	Sa	9-10am	1, 2, 3, 4

ORANGE BALL

(10 YRS & UNDER BEGINNER/INTERMEDIATE)

This is an introductory class. Basic tennis skills are learned while using the orange ball on the 60' court. Orange balls have a slightly softer bounce than regular balls, allowing students to learn at a quicker rate, with the correct technique. Players need a 25-inch racquet and non-marking shoes.

AGE	DAY	TIME	SESSIONS
7-10	M	4:30-6pm	1, 2, 3, 4
7-10	Tu	4:30-6pm	1, 2, 3, 4
7-10	W	4:30-6pm	1, 2, 3, 4
7-10	Th	4:30-6pm	1, 2, 3, 4
7-10	Sa	9-10:30am	1, 2, 3, 4

MEAN GREEN BALL

(10 YRS & UNDER INTERMEDIATE/ADVANCED)

This class is designed for intermediate level players participating in USTA events and tournaments and emphasizes advanced spins and court movement/tactics. Players in this group are required to play tournaments throughout the year and set goals for their improvement. Two day/week minimum attendance required for skill development. Approval needed by Junior Director, Coach David. Tennis-specific shoes are required. Sign up for two or three days per week.

AGE	DAY	TIME	SESSIONS
7-10	M	4:30-6pm	1, 2, 3, 4
7-10	Tu	4:30-6pm	1, 2, 3, 4
7-10	W	4:30-6pm	1, 2, 3, 4
7-10	Th	4:30-6pm	1, 2, 3, 4
7-10	Sa	10:30am-12pm	1, 2, 3, 4

INSTRUCTIONAL PLAYER DEVELOPMENT

This is a great way to hit the ball, gain confidence, and begin learning skills to advance to higher-level play. After learning skills, players advance to junior development level. Sign up for one to three days per week. **Beginner to Advanced-Beginner.**

AGE	DAY	TIME	SESSIONS
11-18	M	5:30-7pm	1, 2, 3, 4
11-18	Tu	5:30-7pm	1, 2, 3, 4
11-18	W	5:30-7pm	1, 2, 3, 4
11-18	Th	5:30-7pm	1, 2, 3, 4
11-18	Sa	10:30am-12pm	1, 2, 3, 4

COMPETITIVE-ADVANCED

Designed for players participating in Champ, SuperChamp, or high school varsity tennis, this camp emphasizes advanced tactics, movement, and tournament-level competition. Players in this group are required to play tournaments throughout the year. Travel teams are available for out-of-town tournaments. Approval needed by Junior Director, coach David.

AGE	DAY	TIME	SESSIONS
11-18	M	5:30-7:30pm	1, 2, 3, 4
11-18	Tu	5:30-7:30pm	1, 2, 3, 4
11-18	W	5:30-7:30pm	1, 2, 3, 4
11-18	Th	5:30-7:30pm	1, 2, 3, 4

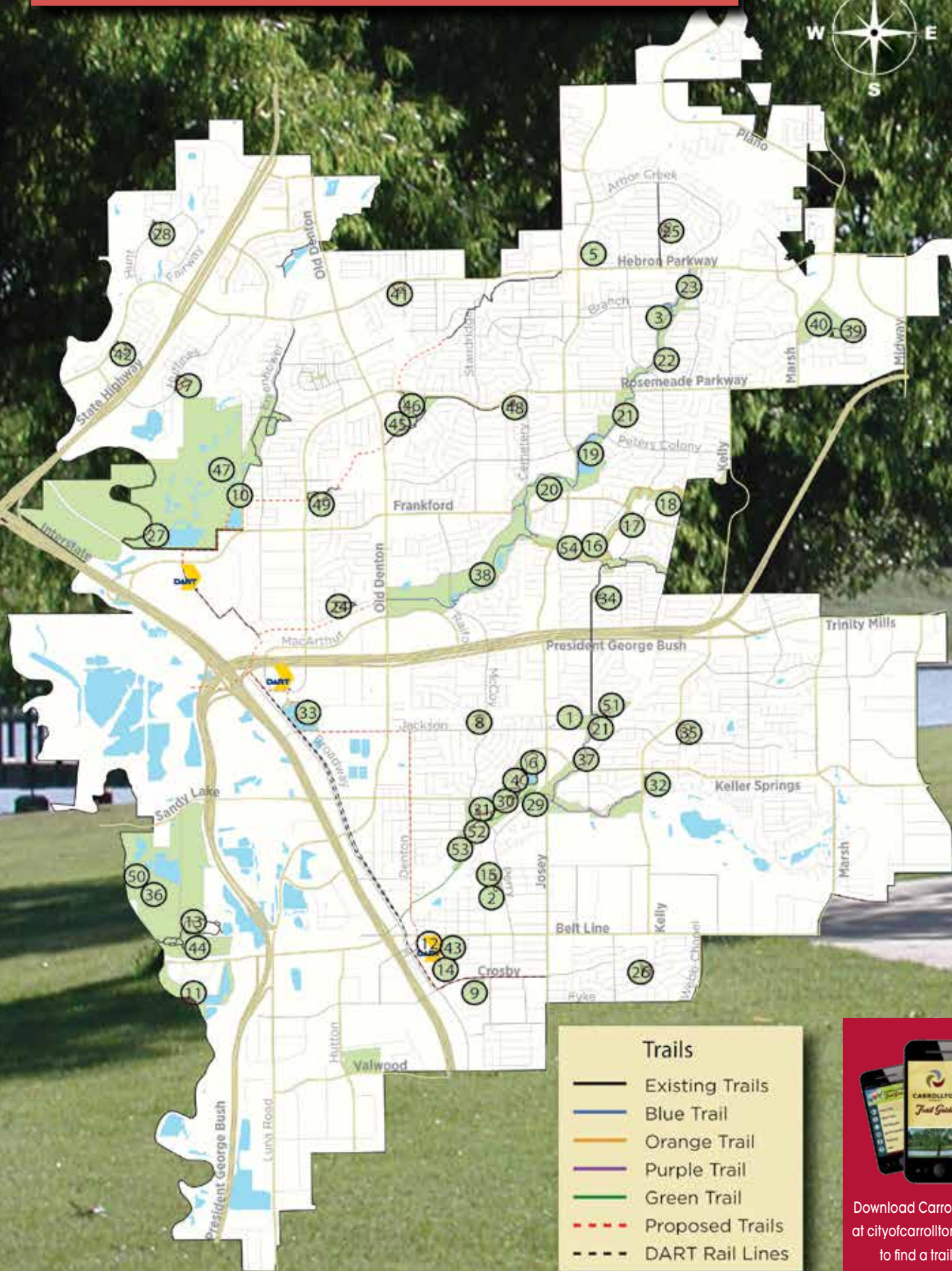


For your convenience, recreation centers accept Visa, Mastercard, and Discover for all parks & recreation fees.



Visit Carrollton Leisure Facilities

You're never far from a Carrollton park or leisure facility!



Trails

- Existing Trails
- Blue Trail
- Orange Trail
- Purple Trail
- Green Trail
- Proposed Trails
- DART Rail Lines

Download Carrollton's Trail App
at cityofcarrollton.com/trailapp
to find a trail near you!

Super-Charge Your Skills

with a Library Card



Search for
a Job



Power Your
Business



Do
Homework



Learn a
Language



Find
Information



Borrow a
Hotspot



Access Resources 24/7 @ cityofcarrollton.com/library

LEISURE

CALENDAR



January-April 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24 31	25	26	27	28	29

January

- 1 New Year's Day (no classes, City facilities closed; for recreation facilities, see holiday hours pp. 4-5)
- 1 Library Winter Reading Challenge Continues, Both Library Locations, 972-466-4800
- 15 28th Annual Martin Luther King Jr. Day Parade, 972-242-0933



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

February

- 5 Daddy Daughter Dance, Bent Tree Bible Fellowship Church visit cityofcarrollton.com/daddydaughterdance to register
- 13 African-American Read-In VIRTUAL, 972-466-4800
- 20 Library Winter Reading Challenge ends
- 23 Citizens' Evening, Carrollton Senior Center, Texas Ballroom, 972-466-4299
- 26 Run for Rover, McInnish Dog Park & Sports Complex, 972-466-9816



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

March

- 5 TEXFest, Downtown Carrollton, 972-466-9808
- 12 Saturdays on the Square: Outdoor Movie Night with *Raya and the Last Dragon*, Downtown Carrollton, 972-466-9135
- 19 \$5 Rabies Vaccinations & Free Pet Registration, Carrollton Animal Services & Adoption Center, 972-466-3420



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

April

- 1-30 Wildflower Watch, Citywide throughout Carrollton, 972-466-6382
- 8-9 Friends of the Carrollton Public Library Book Sale, Josey Ranch Lake Library, 972-466-4800
- 9 Saturdays on the Square: Marvel Trivia Night with 3 Nations Brewing Co., Downtown Carrollton, 972-466-9135
- 16 Elm Fork Ladybug Release, Elm Fork Nature Preserve, 972-466-9811
- 30 Carrollton Trails 5K Run/1-Mile Fun Run/Walk, parking at Creekview High School, 972-466-9816

