CONNECTIONS

#CarrolltonTrails5K



Register for Classes and Events Now!

CARROLLTON





From the Parks & Recreation Director...

Welcome to the City of Carrollton's guide to family fun! Leisure Connections lists all the activities, classes, events, recreation, and good times to be found within this great City of ours. Spring into fun this season at one of the City's many events, such as TEXFest, the Elm Fork Ladybug Release, and Wildflower Watch. The Parks & Recreation Department is continuously seeking new and better ways to engage the community with rewarding experiences, especially during these changing and uncertain times. Carrollton provides many opportunities to stay fit this winter and spring, so let this be the year to keep those New Year's resolutions. Outdoor, indoor, and virtual programming provides residents the opportunity to stay healthy, regardless of their fitness level and preference for exercise. Here, you can learn about the many different amenities that are offered through our recreation centers. After that, make sure to register for our 10th annual Carrollton Trails 5K Run and 1-mile Fun Run/Walk. We love our trails and we know you will, too! Let's not forget about the animals either this season. Join in with the furry fun at Carrollton's 5th annual Run for Rover race this February. All proceeds from the race directly benefit the animals in Carrollton's Animal Services & Adoption Center. Remember Dog Movie Night at Saturdays on the Square in April and be sure to log on to the donation page on the City website as another way to benefit the animals in our Adoption Center.

Scott Whitaker, Carrollton Parks & Recreation Director

On the cover...

Join the City in celebrating the 9th annual Carrollton Trails 5K Run event on Saturday, April 24 starting at 8am along Carrollton's scenic Blue Trail. Did we say fast? This course consists of concrete trails, downhill adventures, and a beautiful snapshot of Carrollton's hike and bike trails system. Participants will be bused to the starting line from Creekview High School and bused back. Grab your friends and family and join us. For more information, see page 22.



Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 23.

Non-resident registration begins December 7.

Classes begin January 4.

City Information: 972-466-3000 cityofcarrollton.com • Facility hours, fees, and programming subject to change.

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HOURS OF OPERATION SUBJECT TO CHANGE

Facility Listings

CHECK WEBSITE FOR MODIFIED HOURS

Tu-Th, Sa 11am-2pm







A.W. PERRY HOMESTEAD MUSEUM (AWP) (PAGE 8)

1509 N. Perry Road 972-466-6380 cityofcarrollton.com/museum facebook.com/PerryHomesteadMuseum

For more information or group tour reservations, call or visit online. Free admission.

CARROLLTON SENIOR CENTER (SRC) (PAGE 9)

1720 Keller Springs Road 972-466-4850

cityofcarrollton.com/seniorcenter

Amenities: Three 9' Billiard Tables • Fitness Center • Wii Games • Big Screen TV Variety of Table Games, Puzzles, & Books Large Day Room Area with Tables & Chairs Free Wi-Fi

Outdoor Amenities: Pond with Walking Track • Half Basketball Court • Cornhole M/W/F 7am-5pm Tu 7am-7:30pm 7am-9:30pm Th

Sa 9am-1pm Su Closed **Holiday Hours:**

Open 1/1, 10am-4pm

CROSBY RECREATION CENTER (CRC)

1610 E. Crosby Road 972-466-9810 cityofcarrollton.com/crosby

Amenities: Gymnasium • Weight/Cardio Room • Functional Fitness Gym Game Room/Snack Area Public Computers • Video Games Ping-Pong • Two Pool Tables • Board Games Locker Rooms w/Showers • Pickleball

Outdoor Public Playground • Free Wi-Fi

Hours: M-F

6am-9pm Sa 9am-6pm Su Closed **Holiday Hours:**

1/1, 10am-4pm Open

PARKS & RECREATION ADMINISTRATION

1610 E. Crosby Road 972-466-3080

cityofcarrollton.com/parksandrec

Event Hotline: 972-466-9135

Hours:

M-Th 7:30am-5:30pm 7:30-11:30am

Holiday Hours: Closed 1/1

INDIAN CREEK GOLF CLUB (PAGE 32)

1650 W. Frankford Road 972-466-9850 indiancreekgolfclub.com facebook.com/indiancreekgolfclub instagram.com/indiancreekgolfclub dfw twitter.com/IndianCreek_gc

Hours:

M-Su Check the website

HOURS OF OPERATION SUBJECT TO CHANGE

Facility Listings









LIBRARY AT HEBRON & JOSEY (H&J) (PAGE 14)

4220 N. Josey Lane
(at Hebron Parkway)
972-466-4800
cityofcarrollton.com/library
facebook.com/carrolltonpubliclibrary
instagram.com/carrolltontxlib
pinterest.com/carrolltonlibrary
twitter.com/CarrolltonTxLib

Hours:
Su CALL 972-466-4800
M 10am-9pm
Tu No OR VISIT
WITYOFCARROLL TOWCOM/I

CITYOFCARROLLTON COM/LIBRARY

FOR HOURS OF OPERATION.

Holiday Hours:

Closed 12/24-25, 1/1 & 4/4

LIBRARY AT JOSEY RANCH LAKE (JRL) (PAGE 14)

(west of Josey Lane)
972-466-4800
cityofcarrollton.com/library
facebook.com/carrolltonpubliclibrary
instagram.com/carrolltontxlib
pinterest.com/carrolltonlibrary
twitter.com/CarrolltonTxLib

1700 Keller Springs Road

Hours:
Su CALL 972-466-4800
M 10 am-9pm
Tu 10-OR VISIT

FOR HOURS OF OPERATION.

Sa 10am-6pm

Holiday Hours:

Closed 12/24-25, 1/1 & 4/4

OAK CREEK TENNIS CENTER (OCTC) (PAGE 42)

2531 Oak Creek Drive Holiday Hours: 972-466-6389 Closed 1/1 & 4/4 oakcreektenniscenter.com

Players should call 972-466-6389 (option 1) for the status of programs.

Winter Hours **Spring Hours** Beginning November 30 Beginning February 15 M-Th 9am-10pm M-Th 8:30am-10pm 9am-8pm F 8:30-8pm Sa 8:30am-6pm 8:30-6pm Sa 10am-7pm Su 10am-7pm Su Courts may be closed due to inclement weather and/or lack of court demand.

ROSEMEADE RECREATION CENTER (RRC)

1330 E. Rosemeade Parkway
972-466-9800
cityofcarrollton.com/rosemeade
Amenities: Two Gymnasiums • Weight
Room • Cardio Room • Spin Room
Four Racquetball Courts • Game
Room/Snack Area • Dance/Fitness
Studio • Outdoor Playground • Locker
Rooms w/Showers • Video Games
Pool Table • Ping-Pong • Board Games
Pickleball • Free Wi-Fi

Hours:

M-Th 5:30am-10pm
F 5:30am-9pm
Sa 9am-8pm
Su Noon-8pm
Holiday Hours:
Closed 4/4

Open 1/1, 10am-4pm

SPORTS & LEAGUE ADMINISTRATION

1330 E. Rosemeade Parkway 972-466-9833 cityofcarrollton.com/athletics facebook.com/carrolltonparks twitter.com/carrolltonsport Rainout Line: 972-695-2355

Hours:

M-F 8am-5pm Holiday Hours: Closed 1/1

Membership







MEMBERSHIP FEES Annual 3-month Resident/ Non-resident Non-resident

Rosemeade and Crosby Recreation Centers: Also provides access to the Carrollton Senior Center for members age 50+.

Senior 65+	\$35/\$60	\$18/\$28
Adult 16-64	\$95/\$143	\$40/\$56
Youth 9-15	\$32/\$56	\$15/\$24
Family/Group*	\$163/\$245	\$62/\$92
Additional Member	\$20	\$10

Replacement Card \$5

*Includes four members. All members must reside at the same address.

Active military members on leave can use any center for \$5 for the duration of their leave. Military leave orders must be shown.

Senior Center: This membership is honored ONLY at the Carrollton Senior Center.

Senior 50-59	\$25/\$40	\$9/\$15
Senior 60-69	\$15/\$30	\$6/\$11
Senior 70+	\$10/\$25 (lifetime fee)	

Replacement Card \$5

	Resident	Non-resident	
Library	¢٥	¢.4∩*	

City of Carrollton, Denton County, and partner-city residents receive annual membership benefits free of charge. *Non-resident fee is effective beginning January 1, 2021.

Replacement card \$1

DAILY PASSES	Resident	Non-resident
Rosemeade and Crosby Rec	reation Centers	
Senior 65+	\$4	\$7
Adult 16-64	\$7	\$10
Youth 9-15	\$4	\$7
Senior Center		
Senior 50+	\$2	\$5

REFUND POLICY

Refund policies may vary for different classes, sports, and events. Refer to the Parks & Recreation general information page on the website or see front desk staff at any facility for more information.

ACCESSIBILITY ACCOMMODATION REQUEST

The City of Carrollton is proud to comply with the Americans with Disabilities Act. We continuously strive to create an environment in which all participants, with or without disability, feel safe, secure, and without obstacle to participate in any City program or event. For assistance, call 972-466-4862 at least two weeks prior to the start of a program or event.

Adaptive programming and events can be found on page 23.

FINANCIAL ASSISTANCE FOR PROGRAMS AND MEMBERSHIPS

In an effort to stand by our mission, to "provide innovative, diverse, and quality recreation and leisure opportunities for everyone, while preserving City parks and natural resources," Carrollton Parks & Recreation provides financial assistance to qualifying residents for all Parks & Recreation classes, programs, and facility fees. Call 972-466-9813 for more information.

Facility Rentals

Looking for that perfect location for a meeting or a place to celebrate a special occasion? Look no further than the City of Carrollton.

Ask about rental rates and book your next event close to home.



INDOOR FACILITIES

Facility room occupancy varies from a classroom of 15 to a ballroom of 700. Call or visit the website for detailed information.

Carrollton Senior Center* 972-466-9800 • 1720 Keller Springs Road

5 rooms ranging in capacity and a kitchen that may be added to any rental

Crosby Recreation Center* 972-466-9800 • 1610 E. Crosby Road

2 rooms ranging in capacity, 1 gymnasium, dance room, and a kitchen that may be added to any rental

Hebron & Josev Library** 972-466-4800 • 4220 N. Josey Lane

2 rooms ranging in capacity

Indian Creek Golf Club Clubhouse* 972-466-9859 • 1650 W. Frankford Road Provides a great view of the golf course

Josey Ranch Lake Library** 972-466-4800 • 1700 Keller Springs Road 3 rooms ranging in capacity

Rosemeade Recreation Center 972-466-9800 • 1330 E. Rosemeade Parkway

3 classrooms ranging in capacity with one that includes a kitchen, 2 gymnasiums, and a dance room

OUTDOOR FACILITIES

of People

100

Varies

Special Event Permit required for events with more than 50 people; call 972-466-9800.

A.W. Perry Homestead Museum* 100 972-466-6380 • 1509 N. Perry Road

Historic Downtown Carrollton Square* 50 972-466-3080 • 1106 S. Broadway Street

Indian Creek Golf Club Pavilion 972-466-9850 • 1650 W. Frankford Road

Provides a great view of the golf course Pavilion at Mary Heads Carter Park*

120 972-466-9800 • 2320 Heads Lane

Sports Fields 972-466-3083 • (various locations) (other fees such as field preparation and

lighting may apply)

*Alcohol allowed with additional permitting

cityofcarrollton.com/rentals

Themed Birthday Parties

Carrollton has you covered. Check out our two-hour themed party package!

RECREATION CENTERS OR A.W. PERRY HOMESTEAD MUSEUM

Celebrate your child's birthday at the Rosemeade Recreation Center, Crosby Recreation Center, or the A.W. Perry Homestead Museum. Location depends on space availability. You bring the guests, Carrollton Parks & Recreation does the rest. Party amenities include party host, one hour of organized activity, one hour for party festivities, paper goods, decorations, cake, lemonade, and a special gift for the birthday child. Full payment as well as damage deposit is due at time of booking. Bookings made less than 30 days from the event date will be subject to approval by the Recreation Coordinator.

To schedule your next party with Carrollton Parks & Recreation, call 972-466-9804.

ballerina • Elmo • Iuau • Teenage Mutant Ninja Turtles • PAW Patrol • pirates princess • Sesame Street • sports superhero • Star Wars • western • zoo animals

If you don't see the theme you want, let us know.

* * * *
Damages deposit
1-10 children\$1 <mark>7</mark> 5
11-20 children\$200
21-30 children
31-40 children
40+ children
Made a Delete or Common Proceedibles A AM Description of the seal

Note: Pricing for parties at the A.W. Perry Homestead Museum is \$125 for 1-5 children; \$5 per additional child.

^{**} For Library meeting rooms, visit cityofcarrollton.com/ library.

A.W. Perry Homestead Museum

1509 N. Perry Road • 972-466-6380 • cityofcarrollton.com/museum

Open Tuesday through Thursday and Saturday • Tours at 11am and 1pm or by appointment

Free Admission

Located within beautiful Pearl Perry Gravley Park, the A.W. Perry Homestead Museum offers a glimpse of life as it was in North Central Texas at the turn of the 20th century. A.W. and Sarah Perry were pioneer homesteaders of the Peters Colony who arrived here in 1844 from Carrollton, Illinois. They built a house on the site in 1857. In 1909, their son Dewitt Perry and his wife Francis tore down the first house and used some of the lumber to build the present-day home. This structure is now the Museum, restored in 1976 as the community's U.S. Bicentennial celebration project and designated as a State Historic Landmark in 1977 by the Texas Historical Commission.



Elm Fork Ladybug Release Saturday, March 27 7pm See page 21 for details.

SCHOOL AND GROUP TOURS

The guided tour begins at the state historical marker and continues through the 1909 farmhouse with antique furnishings, where you will discover daily life as it was in Carrollton at the turn of the 20th century. School tours are aligned with the Texas Essential Knowledge and Skills (TEKS) standards for each grade level. To schedule a school or group tour, contact the Museum two weeks before your requested tour date. Group tours are free, but donations are accepted. Call 972-466-9811 to make a reservation or register online at cityofcarrollton.com/museum.

TRAVELING TRUNKS

The A.W. Perry Homestead Museum provides trunks to local schools as a FREE service. Each trunk contains hands-on artifacts for students to examine and an activity guide for teachers. All activities are TEKS-aligned according to state-mandated curriculum guidelines.

HISTORY MYSTERY TRUNKS are for grades three, four, and

five. Students will uncover the past using artifacts, learn the basic principles of material culture, and observe and analyze objects in the trunk in order to discover their uses.

SCHOOL DAYS TRUNKS are for grades one, two, and three.

Students will compare and contrast how education has changed over the past 150 years, try on pioneer clothing, and even imagine what it will be like to go to school in the future.

Call the A.W. Perry Homestead Museum today at 972-466-9811 to reserve a trunk for your class.

1720 Keller Springs Road • 972-466-4850

cityofcarrollton.com/seniorcenter • facebook.com/groups/carrolltonseniors

Senior Advisory Council

Meets first Tuesday • 11am

Jim Rogers - President
Jesse Alvarado - Vice President
Nancy Tiegreen - Secretary
Don Couch - Treasurer
John Story - Welfare Liaison
and
Celeste Doane, and Charles Smith

VETERANS' STORIES

Preserve the memories of family and loved ones for all time. Our Veterans' Stories project keeps the recollections alive and shared with new generations. If you have stories, news clippings, or pictures about our veterans and warriors that you would like to see preserved for our community, contact one of the Senior Advisory Council members to set up an interview to review documentation and photos that tell these amazing stories of friends and families. Photos and other documents may be reproduced, but all will be returned to you.

BOX TOPS FOR EDUCATION

Clip and save those official coupons from your favorite cereal boxes, Ziploc® food storage items, Paper Mate products, Reynolds cooking aids, cleaning products like Lysol, and many others. You can also download the Box Tops APP and scan your purchase receipt for credit. Find a complete list at boxtops4education.com/earn. Check the expiration dates for continued validity. When amassed, these coupons are used to provide much needed supplies for area schools. Teachers and students truly appreciate this support.

METROCREST FOOD DRIVE

Make a New Year's resolution to champion the efforts of the Metrocrest Services Pantry through volunteer contributions of time and/or monetary support. The food drive is a year-round project that meets a continuous need in our community. Place your contribution in a specially marked container at the Carrollton Senior Center. They'll then be delivered to Metrocrest Services Food Pantry. If you are uncertain what types of items are the most desired, give the Food Pantry a call at 972-446-2100 to speak with caseworkers about their needs.

MEDICARE CARD LAMINATION

A continuing project, the Senior Advisory Council offers free lamination of new Medicare cards. Members of the Senior Advisory Council will be available to protect this valuable health care identification card during certain times that will be announced.

ALL SENIOR PROGRAMS, EVENTS, AND CLASSES OFFERED ARE HELD AT THE CARROLLTON SENIOR CENTER AND ARE ONLY FOR AGES 50+ UNLESS OTHERWISE NOTED.

NEW MEMBER TOUR

New to the Senior Center? Find out what it's all about and receive a tour by a member of the Senior Advisory Council. They can answer questions and show you everything our busy Senior Center has to offer. *Held monthly on the second Th* (1/14, 2/11, 3/11, & 4/8), 11am.

Seniors on Tour

One of Carrollton's biggest priorities is keeping its residents safe. The City and staff regret that we are unable to offer out-of-town trips currently. These offerings will return as soon as possible. The Senior Center is excited to be able to offer virtual and modified in-person day trips. These outings come with lots of laughs while visiting exciting places in the area. Trips are always escorted by a Parks & Recreation staff member. For updates on local trips and virtual offerings, follow the Senior Center at facebook.com/groups/carrolltonseniors.

DAY TRIPS

Explore entertaining and educational sites in North Texas with members of the Carrollton Senior Center. The Senior Center is not responsible for refunds for trips that are cancelled due to inclement weather when rescheduling is not available. Participants must be able to follow social distancing and wear a mask when social distancing is not possible. Limited transportation is available, and most participants will need to provide their own. Preregistration is required as space is limited.

DATES	DESTINATION	DAY	TIME	\$(RES/NR)
3/11	Chocolate Angel Private Tea	Th	10:30am	\$35/\$38.50
635 W	Campbell Rd, Suite 314, Richa	rdson		

DAY TRIP VIRTUAL

Travel back in time and experience a live, interactive Zoom tour of the A.W. Perry Homestead Museum led by the Museum Curator. To register, email shelby.carradine@cityofcarrollton.com.

•	•	•		
DATES	DESTINATION	DAY	TIME	\$(RES/NR)
4/8	Perry Museum	Th	10am	Free

OUT TO LUNCH

Join the Carrollton Senior Center for a good time at a local restaurant. Lunch is on your own. We meet at the restaurant at 11am. If you need transportation, the van can accommodate up to two passengers for a fee of \$3 resident/\$3.50 non-resident. Out to Lunch events will include outdoor seating, weather permitting. Space is limited. Participants must be able to follow social distancing and wear a mask when social distancing is not possible. Participants will need to bring money for lunch. Preregistration is required by everyone attending so that the restaurant will have an accurate head count.

DATES	DESTINATION	DAY	TIME	\$(RES/NR)
3/19	Mena's Grill	F	11am	Dutch
	2810 E Trinity Mills Rd, Carrollton			
4/16	BJ's Restaurant	F	11am	Dutch
	4901 Belt Line Rd, Dallas			

Senior Activities & Classes • 50+

	MONDAY		TUESDAY		WEDNESDAY
7am	Walking	7am	Walking	7am	Walking
	Aerobics \$	8:30am	_		Aerobics \$
9am	Dominoes	9am	Ceramics \$	9am	•
9:30am	Knit & Crochet	9am	Dominoes	10am	Book Club
10am	Better Balance \$	9:30am	B12 Shots \$		(1/13, 2/10, 3/10, & 4/14)
10am	H&F Canasta		(1/5, 2/2, 3/2, & 4/6)	10:15am	Bingo (\$ for card)
11am	Aging Gracefully Yoga \$	10am	Stretch \$	10:45am	- · · · · · · · · · · · · · · · · · · ·
12pm	Let's Chalk About It	11am	Blood Pressure & Sugar Screening		(1/13, 2/10, 3/10, & 4/14)
12:30pm	Cribbage		(1/12, 2/9, 3/9, & 4/13)	11am	Free Fitness Wednesdays
1pm	Movie Monday	12:30pm	SKIP-BO		(1/27, 2/24, 3/31 & 4/28)
	(1/18, 2/15, 3/15, & 4/19)	1pm	Texas Hold 'Em Tournament	12:15pm	Zoom and Learn
1pm	Ping-Pong		(1/26, 2/23, 3/23, & 4/27)		(1/20 & 2/17)
1pm	Texas Hold `Em Class	1pm	Fun Chair Volleyball	12:15pm	Lunch and Learn
	(1/25, 2/22, 3/29 & 4/26)	1pm	Ping-Pong		(3/17 & 4/21)
1pm	Bridge	1pm	Team Chair Volleyball	12:30pm	Pinochle
		3pm	Reunion Hispania	12:30pm	Quilting Group
			(1/19, 2/16, 3/16, & 4/20)		(1/13, 1/27, 2/10, 2/24, 3/10,
		4pm	Guitar Sessions		3/24, 4/7, 4/14, & 4/21)
				1pm	Adult Coloring Virtual
					(1/20, 2/17, 3/17, & 4/21)
				2:30pm	ACT Drama Group
5pm	Closed				
	\$ Fee required	7:30pm	Closed	5pm	Closed

Activities & Classes

ACT DRAMA GROUP

This talented group continues to entertain us with their hilarious performances. You don't have to have a particular talent to join, just a good sense of humor and desire to laugh. Held weekly, W, 2:30-4pm.

ADULT COLORING VIRTUAL

Coloring may sound like a simple activity to ward off boredom, but it can improve your health. A research study found that adults 65 years old and older who engage in creative activities have better overall health, use less medication, and have fewer health problems. Each month a drawing is selected for Artist of the Month. The winner's creation is framed and hung in Dr. Nanda Bysani's USMD office in Carrollton. Supplies are provided and no registration is required. Held monthly, W (1/20, 2/17, 3/17, & 4/21), 1pm. Instructor: Vance

BINGO

Play a game of chance in which each player has one or more cards printed with differently numbered squares on which to place markers when the respective numbers are drawn and announced by a caller. The first player to mark a complete row or other pattern of numbers is the winner. Bingo is played weekly. Arrive by 10:15am. Payment is to be made to the event organizers. Held weekly, W, 10:15am. \$1/card.

BOOK CLUB

Enrich your reading experience with some lively discussion. **Book** Club is led by volunteers.

DATE	DAY	TIME	BOOK AND AUTHOR
1/13	W	10am	The Forgotten Room by Karen White,
			Beatriz Williams, and Lauren Willig
2/10	W	10am	The Art of Arranging Flowers by Lynne Branard
3/10	W	10am	The Last Days of Night by Graham Moore
4/14	W	10am	The Bookwoman of Troublesome Creek
			by Kim Michele Richardson

CERAMICS

Students are supplied with clay to create their own pieces using hand forming methods. The instructor will teach participants how to clean, decorate, and glaze items. Glazes, underglazes, and tools are provided in class for first-time students, and the instructor will provide a list of supplies needed for continuing students. All clay and firing are included in the fee. Instructor: Staff

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152010-25	SRC	50+	1/5-1/26	Tu	9-11:30am	4	\$30/\$33
152010-33	SRC	50+	2/2-2/23	Tu	9-11:30am	4	\$30/\$33
152010-41	SRC	50+	3/9-3/30	Tu	9-11:30am	5	\$37.5/\$41.25
152010-49	SRC	50+	4/6-4/27	Tu	9-11:30am	4	\$30/\$33



	THURSDAY		FRIDAY	SATURDAY		
7am	Walking	7am	Walking	9am	Ping-Pong	
8:30am	FUNctional Fitness \$	9am	Aerobics \$	10am	Technology Saturdays	
9am	Dominoes	9am	Dominoes		(1/2 & 3/6)	
9am	You Can Paint \$	9am	Painting			
	(1/14, 2/11, 3/11, & 4/8)	9am	Scrabble			
9am	Scrabble	10am	Bolly X \$	1pm	Closed	
10am	Better Balance \$	10am	H&F Canasta			
10am	Stretch \$	11am	Aging Gracefully Yoga \$			
11am	Quilting Group	11am	Sing-Along Group			
	(1/7, 1/21, 2/4, 2/18, 3/4,		(1/8, 1/22, 2/5, 2/19, 3/5, 3/19,			
	3/18, 4/1, 4/15, & 4/29)		4/2, & 4/16)			
11am	Monthly Luncheons	12:30pm	Pinochle			
	(1/21, 2/18, 3/18, & 4/15)	1pm	Volleyball Team Practice		SUNDAY	
11am	New Member Tour					
	(1/14, 2/11, 3/11, & 4/8)					
12:30pm	SKIP-BO					
1pm	Fun Chair Volleyball				Center is Closed	
1pm	Mahjong					
1pm	Bridge					
1pm	Jazz & Blues Sessions					
	(1/14, 1/28, 2/11, 2/25, 3/11,					
	3/25, 4/8, & 4/22)					
6:05pm	Dance Lessons					
7pm	Dance \$					
9:30pm	Closed	5pm	Closed			

FREE NOTARY SERVICE

Notary publics witness and authenticate signatures, administer oaths, verify signatures, and take affidavits for guests. Services are available to Senior Center members in the Lone Star Room. Services provided by Maxine Pride. *Held monthly, M (1/4, 2/1, 3/1, & 4/5), 9-10am.*

GUITAR SESSIONS

If you enjoy playing the guitar or want to learn, feel free to join in on our Tuesday group! The group meets at the Senior Center to play different songs and learn new ones together. Bring your own guitar and enjoy. *Held weekly, Tu, 4pm.*

JAZZ & BLUES SESSIONS

Join other musicians for an acoustic jam, learn the differences and similarities of these two styles, and have fun playing music from a variety of genres. You must know basic chords before strumming along, but all are welcome to sit in. Only plug-ins for bass and autoharp are allowed. *Held twice monthly, Th (1/14, 1/28, 2/11, 2/25, 3/11, 3/25, 4/8, & 4/22), 1pm.*

KNIT & CROCHET

If you like to knit and/or crochet, join us and make some new friends. Work on your own project with your own yarn or use ours to make items for charity. We will help you with the basics. Past projects include hats, blankets, scarves, and baby items for hospitals, Metrocrest Services (which distributes to schools and homeless centers), and other charitable organizations. *Held weekly*, *M*, *9:30-11:30am*.

LET'S CHALK ABOUT IT

Enjoy creating wonderful pictures of art, all while using chalk. Chalk art is a technique of drawing and has existed since Paleolithic times. This technique has been favored primarily as a medium for making quick preliminary sketches, occasionally for roughing in the background of a larger work, and increasingly since the late Renaissance as a medium for finished drawings. Supply list will be provided, and guests must bring their own supplies. Registration is required. Held weekly, M, 12-1:30pm. No class 3/15. Volunteer Leader: Robertson

volunteer Leader. Roberts

QUILTING GROUP

If you can sew, you can quilt. Join us to work on different projects each month or you can bring your own project and enjoy sewing with the group. Bring your own sewing machine and materials. Free and no registration is required. Held W (1/13, 1/27, 2/10, 2/24, 3/10, 3/24, 4/7, 4/14, & 4/21), 12:30-4pm & Th (1/7, 1/21, 2/4, 2/18, 3/4, 3/18, 4/1, 4/15, & 4/29), 11am-1:30pm.

REUNION HISPANA

Este es un grupo social para nuestras invitadas de habla hispana. Traiga sus historias favoritas para compartir y participar en juegos. Para participar en este evento, se require que sea mayor de 50 años y tener una membresia del Senior Center o un pase por el dia. Celebrado mensualmente, Ma (1/19, 2/16, 3/16, & 4/20), 3pm. This is a social group for our Spanish-speaking guests. Bring your favorite stories to share and participate in games. To participate in this event, you are required to be over 50 years of age and have a Senior Center membership or a day pass. Held monthly, Tu (1/19, 2/16, 3/16, & 4/20), 3pm.

SING-ALONG GROUP

Be a part of a group of seniors who love to sing. Participation is free. No registration is required. Held twice monthly, F (1/8, 1/22, 2/5, 2/19, 3/5, 3/19, 4/2, & 4/16), 11am-12pm.

TECHNOLOGY SATURDAY

This is a great opportunity to resolve your technology challenges and learn from others doing the same. Receive one-on-one assistance on a first-come, first-served basis on any portable device (cell phone, smartphone, tablet, laptop, reader, etc.) or any topic accessible via the device and the internet (email, social media, website maintenance, texting/tweeting, photography, application usage, install and removal, etc.). Reservations are recommended by calling Ed Sanders at 214-498-5353. Held every other month, Sa (1/2 & 3/6), 10am.

TEXAS HOLD 'EM CLASS

Learn to play Texas Hold 'Em before participating in our monthly tournament. No registration is required. Held monthly, M (1/25, 2/22, 3/29, & 4/26), 1pm.

TEXAS HOLD 'EM TOURNAMENT

Seating begins at 12:30pm and games begin at 1pm. The first 64 participants will be seated. No registration is required. Held monthly, Tu (1/26, 2/23, 3/23, & 4/27), 1pm.

YOU CAN OIL PAINT A MASTERPIECE

Even if you have never held a paintbrush or cannot draw a straight line, you will be amazed at the beautiful oil painting you can create in one inspiring lesson. Beginners learn the basics of color mixing, brushstrokes, and perspective while completing a landscape, seascape, or still life in this fun and easy class taught by Master Artist and award-winning instructor Robert Garden. All supplies including canvas, paint, brushes, medium, easel, detailed lesson plan, and instruction are provided and included in the cost of the class. Bring paper towels and wear old clothes. For more information, visit robertgardenart.com. Deadline to register is three days before each class. Instructor: Garden

CLASS#	THEME	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152090-25	Thunderstorm Approaching	1/14	Th	9am-12pm	ո 1	\$35/\$36.50
	the Cabin					
152090-33	Australian Sundown	2/11	Th	9am-12pm	ո 1	\$35/\$36.50
152090-41	Demure Lady	3/11	Th	9am-12pm	n 1	\$35/\$36.50
152090-49	Bluebonnet Trail	4/8	Th	9am-12pm	n 1	\$35/\$36.50





Food, Fun, and Fellowship

HOT DOG WEDNESDAY CURBSIDE

Get a jumbo hot dog and all the fixin's prepared and served curbside by members of the Senior Advisory Council. Cost is \$2 per person. Held monthly, W (1/13, 2/10, 3/10, & 4/14), 10:45am-12pm. Age: All.

LUNCH AND LEARN

Pack a lunch and hear presentations from vendors on a variety of topics in a modified and socially distanced setting. Specific topics and presenters will be posted closer to the dates scheduled, and will be published on the facility calendar and facebook.com/groups/ carrolltonseniors. *Preregistration for in-person Lunch and Learn* is required to get an accurate head count. Space is limited. Held monthly, W (1/13, 3/17 & 4/21), 12:15pm.

ZOOM AND LEARN VIRTUAL

Pack a lunch and hear presentations from vendors on a variety of topics from the comforts of your own home. Specific topics and presenters will be posted closer to the dates scheduled, and published on the facility calendar and facebook.com/groups/carrolltonseniors. To register, email shelby.carradine@cityofcarrollton.com. Held monthly, W (1/20 & 2/17), 12:15pm.

MONTHLY LUNCHEONS CURBSIDE

Pick up curbside and enjoy a delicious meal cooked and prepared by a professional chef. Registration ends at 5pm on the Tuesday before the luncheon.

CLASS#	THEME	DATE	DAY	TIME	\$(RES/NR)
102000-00	New Year's	1/21	Th	11am-1pm	\$6.50/\$7.75
102000-10	Valentine's Day	2/18	Th	11am-1pm	\$6.50/\$7.75
102000-20	Saint Patrick's Day	3/18	Th	11am-1pm	\$6.50/\$7.75
102000-30	Springtime	4/15	Th	11am-1pm	\$6.50/\$7.75

MOVIE MONDAY

Enjoy a free movie in a modified and socially distanced setting. Due to the excitement of new releases, titles will not be available until one month prior and will be published on the facility calendar and facebook.com/groups/carrolltonseniors. Held monthly, M (1/18, 2/15, 3/15, & 4/19), 1pm.

Health & Fitness

DROP IN>> AEROBICS

This class is open to all participants regardless of athletic ability or coordination. The 60-minute workout is designed with a warmup and aerobic moves followed by a stretching and cool-down period. Regular participation offers benefits for your heart, lungs, muscles, and bones. The instructor incorporates basic choreography, ab work, and strength training. This is accomplished without weights or mats. Come ready to have fun, enjoy a variety of music, and feel rejuvenated when you leave. All mats and weights are provided. Bring a water bottle. \$3 (res)/\$3.50 (non-res) drop in fee. No class 1/1. Instructor: Hess-Reneau

CLASS#	LOC	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132010-00	SRC	1/4-1/29	M/W/F	9-10am	12	\$36/\$39.75
132010-10	SRC	2/1-2/26	M/W/F	9-10am	12	\$36/\$39.75
132010-20	SRC	3/1-3/31	M/W/F	9-10am	14	\$42/\$46.25
132010-30	SRC	4/2-4/30	M/W/F	9-10am	13	\$39/\$43

DROP IN>> AGING GRACEFULLY YOGA

Increase your strength, flexibility, and balance with yoga. This class will relieve stress and tension and is designed to accommodate older adults. Come experience yoga to feel energized and revitalized. \$3 (res)/\$3.50 (non-res) drop in fee. No class 1/1. Instructor: Guinn

CLASS#	LOC	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
132050-00	SRC	1/4-1/29	M/F	11am-12pm	8	\$24/\$26.50	
132050-10	SRC	2/1-2/26	M/F	11am-12pm	8	\$24/\$26.50	
132050-20	SRC	3/1-3/29	M/F	11am-12pm	9	\$27/\$29.75	
132050-30	SRC	4/2-4/30	M/F	11am-12pm	9	\$27/\$29.75	

DROP IN>> BETTER BALANCE

Learn and maintain the skills necessary for optimal balance and fall prevention. Classwork includes exercises to stimulate your sense of balance and coordination by developing strength in the legs, hip, and back. Hand weights and chairs optional. Equipment for improving agility and coordination provided. \$2 (res)/\$2.25 (non-res) drop in fee. Instructor: Sparenberg

CLASS#	LOC	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132020-00	SRC	1/4-1/28	M/Th	10-11am	8	\$16/\$17.50
132020-10	SRC	2/1-2/25	M/Th	10-11am	8	\$16/\$17.50
132020-20	SRC	3/1-3/29	M/Th	10-11am	9	\$18/\$20
132020-30	SRC	4/1-4/29	M/Th	10-11am	9	\$18/\$20

DROP IN>> BOLLY X

Bolly X is a Bollywood inspired dance fitness program that combines dynamic choreography with the hottest music from around the world. It's a 50-minute cardio workout that cycles between higher and lower intensity dance sequences to get you moving, sweating, and smiling. No dance experience needed. \$3 (res)/\$3.50 (non-res) drop in fee. No class 1/1. Instructor: Rao

CLASS#	LOC	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132060-00	SRC	1/8-1/29	F	10-11am	4	\$12/\$13.25
132060-10	SRC	2/5-2/26	F	10-11am	4	\$12/\$13.25
132060-20	SRC	3/5-3/26	F	10-11am	4	\$12/\$13.25
132060-30	SRC	4/2-4/30	F	10-11am	5	\$15/\$16.50





DROP IN>> FUNCTIONAL FITNESS

Work your muscles in this class designed to build strength, add definition, increase bone density, and decrease body fat by building lean muscle. FUNctional Fitness will improve your back health, posture, balance, flexibility, and muscular endurance. \$3 (res)/\$3.50 (non-res) drop in fee. Instructor: Sparenberg

CLASS#	LOC	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132030-00	SRC	1/5-1/28	Tu/Th	8:30-9:30am	8	\$24/\$26.50
132030-10	SRC	2/2-2/25	Tu/Th	8:30-9:30am	8	\$24/\$26.50
132030-20	SRC	3/2-3/30	Tu/Th	8:30-9:30am	9	\$27/\$29.75
132030-30	SRC	4/1-4/29	Tu/Th	8:30-9:30am	9	\$27/\$29.75

DROP IN>> STRETCH

This chair-based class has its roots in yoga and is designed specifically for participants who are unable to get up off the floor or stand/walk for long periods of time. You will leave class feeling stretched, strengthened, balanced, and relaxed. This class will challenge all fitness levels. \$2 (res)/\$2.25 (non-res) drop in fee. Instructor: Guinn

CLASS#	LOC	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132040-00	SRC	1/5-1/28	Tu/Th	10-11am	8	\$16/\$17.50
132040-10	SRC	2/2-2/25	Tu/Th	10-11am	8	\$16/\$17.50
132040-20	SRC	3/2-3/30	Tu/Th	10-11am	9	\$18/\$20
132040-30	SRC	4/1-4/29	Tu/Th	10-11am	9	\$18/\$20

FREE>> WELLNESS WEDNESDAYS VIRTUAL

Join the Senior Center group on Zoom or in the Texas Room for Wellness Wednesday. A personal trainer will lead a full-body workout that can be done with or without a chair. The trainer specializes in resistance training primarily with baby boomers and seniors. Instructor: Noune

LOC	DATES	DAY	TIME
SRC	1/27	W	11am
SRC	2/24	W	11am
SRC	3/31	W	11am
SRC	4/28	W	11am

DROP IN>> TAI CHI - SEE PAGE 38WEIGHT ROOM ORIENTATION - SEE PAGE 31

EVENTS AND PROGRAMS SUBJECT TO CHANGE

Carrollton Public Library

CHECK ONLINE FOR VIRTUAL OPTIONS

Free programs and events for all ages. Based on current conditions, the number of events and attendance will be limited, and registration may be required.

PLEASE NOTE: Children sixteen years old and under must be accompanied by an adult.

HEBRON & JOSEY

4220 N. JOSEY LANE (AT HEBRON PARKWAY)

Sundall 972-466²4800 Monday 972-466²4800 Tuesday **OR VISIT**on-9pm

CITYOFCARROLLTON, COM/LIBRARY FOR HOURS OF OPERATION.

Saturday 10am-6pr

Public computers • Self-check stations
Online databases and resources • Free Wi-Fi
Books, Magazines, CDs, DVDs, & Newspapers
eBooks • eAudiobooks • Digital magazines

Study rooms • Quiet reading lounges

Meeting spaces • Local history & genealogy

Language instruction resources

JOSEY RANCH LAKE

1700 KELLER SPRINGS ROAD (WEST OF JOSEY LANE)

Sundcall 972-466-4800-9pm Monday OR VISITOam-6pm Tuesday OR VISITOAM-6pm CITYOFCARROLLTON.COM/LIBRARY

Fr**FOR HOURS OF OPERATION.**

Information: 972-466-4800 • cityofcarrollton.com/library
The Library Advisory Board meets quarterly at Josey Ranch Lake Library at 6:30pm.
Meetings are open to the public. See our website for scheduled meeting dates.

Preschool

No classes the week of Spring Break - March 15-19

Space is limited. Tickets will be available for entry on a first-come, first-served basis at the times listed.

EARLY LITERACY CLASSES

STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, rhymes, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	2-5	M	10:15am	Ongoing
Josey Ranch Lake	2-5	M	10:15am	Ongoing
Hebron & Josey	2-5	Tu	1:30pm	Ongoing
Josey Ranch Lake	2-5	Tu	10:15am	Ongoing
Hebron & Josey	2-5	W	10:15am	Ongoing
Josey Ranch Lake	2-5	W	1:30pm	Ongoing

SATURDAY STORY TIME

Children and their families participate in stories, songs, fingerplays, action rhymes, and movement.

DATE	LIBRARY	AGE	DAY	TIME
1/2	Josey Ranch Lake	Birth-5+	Sa	10:30am
1/30	Josey Ranch Lake	Birth-5+	Sa	10:30am
2/6	Hebron & Josey	Birth-5+	Sa	10:30am
2/13	Josey Ranch Lake	Birth-5+	Sa	10:30am
2/27	Josey Ranch Lake	Birth-5+	Sa	10:30am
3/6	Josey Ranch Lake	Birth-5+	Sa	10:30am
3/27	Josey Ranch Lake	Birth-5+	Sa	10:30am
4/3	Josey Ranch Lake	Birth-5+	Sa	10:30am
4/24	Josey Ranch Lake	Birth-5+	Sa	10:30am

Family

For the most up-to-date information, visit cityofcarrollton.com/library.

FAMILY NIGHT VIRTUAL

Looking for some Friday night family fun via Zoom? Enjoy an interactive, online event designed for the whole family. Stories will be read, and a secret building challenge will be given for families to complete. Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	DAY	TIME	REG. BEGINS
1/15	F	6:30-7:30pm	1/1
1/29	F	6:30-7:30pm	1/15
2/12	F	6:30-7:30pm	1/29
2/26	F	6:30-7:30pm	2/12
3/12	F	6:30-7:30pm	2/26
3/26	F	6:30-7:30pm	3/12
4/8	F	6:30-7:30pm	3/26
4/22	F	6:30-7:30pm	4/9



Tweens

Ages 9-12

TWEEN HANGOUT VIRTUAL

Ready to Kahoot! and holler? Join the Library for a monthly game of trivia on an assortment of topics. Only a phone is needed to play and a computer to watch along. *Registration required at carrolltonpl. libcal.com.*

DATE	DAY	TIME	REG. BEGINS
1/4	M	5:30pm	12/21
1/18	M	5:30pm	1/4
2/1	M	5:30pm	1/18
2/15	M	5:30pm	2/1
3/1	M	5:30pm	2/15
3/15	M	5:30pm	3/1
4/5	M	5:30pm	3/22
4/19	M	5:30pm	4/5

Teens

Ages 13-18

TEEN HANGOUT VIRTUAL

Check the events page on the Library website for details.

All Ages

All programs and events are subject to change based on current conditions.



AFRICAN-AMERICAN READ-IN

Bring the whole family! All are welcome to hear excerpts from stories, poems, and songs written by African-American authors. Special guests will read selections aloud for your enjoyment. Free books will be given to children and teens. This program is presented by Professional Achievers for Community Excellence (PACE).

DATE	LIBRARY	AGE	DAY	TIME
2/14	Josey Ranch Lake	All	Su	4-5pm



December 21- February 21 Both Libraries

Nowhere to go this winter? Readers of all ages can engage in a new reading challenge during those slow winter months when a good book can mean taking part in an adventure without leaving the comfort of a cozy chair. Read books and complete activities for a chance at great rewards. Digital rewards will be given for completing levels, and books can be earned with enough reading.

If you participated in the Summer Reading Program, you may use the same username and password or set up a new one. The Winter Reading Challenge is sponsored by the Friends of the Carrollton Public Library. *Register at carrolltonlibrary. READsquared.com beginning Tuesday, December 1.*



Adult Programs

All programs and events are subject to change based on current conditions and CDC recommendations.

SMALL BUSINESS & LEGAL

ELDER LAW VIA ZOOM

This program will provide information about Estate Planning and Elder Law for Seniors and their caregivers. A panel of attorneys from the Dallas Association of Young Lawyers will explain how a will is admitted into probate and how the courts handle estates if a loved one does not have a will. The importance of having living documents including powers of attorney and advanced medical directives will also be covered and a question and answer session will follow.

DATE	LIBRARY	AGE	DAY	TIME
1/21	Virtual	Adults	Th	6:30pm

ASK-A-LAWYER VIRTUAL

Several licensed attorneys from the Dallas Acro action of Young Lawyers will offer free guidance and reconcern dations to basic questions about divorce and laborately, and attenant disputes, wills, estate planting, each estate planting and approximation will be collected. Attendees will be seen on a first-come, first-served basis. Space is limited and participation may be limited based on social distancing requirements.

DATE	LIBRARY	AGE	DAY	TIME
2/6	Virtual	Adults	Th	7-8:30pm

TENANTS' RIGHTS VIA ZOOM

As a renting tenant, individuals are covered under the Texas Property Code and State and Federal laws. This program will look at what rights, remedies, and obligations a tenant has in a rental property situation.

DATE	LIBRARY	AGE	DAY	TIME
2/18	Virtual	Adults	Th	6:30pm

DRIVING RECORDS/OFFENSES VIA ZOOM

Issues with driving records and outstanding traffic citations do not get better with time. This program will discuss how to understand driving records and what steps can be taken toward resolving outstanding and pending traffic issues.

DATE	LIBRARY	AGE	DAY	TIME
3/4	Virtual	Adults	Th	6:30pm

FAMILY LAW VIA ZOOM

Legal matters pertaining to a family can be relatively simple or painfully complicated. This program will discuss Texas law pertaining to marriage, divorce, child support, and visitation. The Texas Probate system will be briefly discussed and why having a will is so important.

DATE	LIBRARY	AGE	DAY	TIME
4/8	Virtual	Adults	Th	6:30pm

SCORE MENTOR SESSIONS FREE GUIDANCE!

SCORE has been providing free mentoring for new and existing businesses for over 40 years and has a network of over 13,000 volunteers who donate their time to help entrepreneurs. As highly successful and experienced business professionals and entrepreneurs, SCORE mentors deliver valuable, timely, and practical advice. Whether you are a start-up or an existing business, SCORE mentors will help you and your business through free and confidential business advice online and in person. Appointments are one hour long and may be held virtually or at Josey Ranch Lake Library, depending on availability. Visit dallas.score.org or call 214-987-9491 to schedule a time to meet with a SCORE volunteer about your business.

HOLDS PICKUP

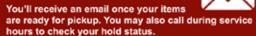
972-466-4800 cityofcarrolton.com/library

1. PLACE A HOLD.



Place holds on items online 24/7 at cityofcarrollton.com/library or by phone at 972-466-4800 during service hours.

2. GET NOTIFIED.



3. PICKUP.

Present your Library Card or photo ID at the drive-up window.





Virtual Programs and Services



Visit cityofcarrollton.com/library for the most updated information about virtual programs and services, as well as any in-person classes and events.



CHECK OUT A MOBILE HOTSPOT DEVICE

- Available to adult Carrollton residents with a valid Carrollton Public Library card
- Check out a hotspot device for one week
- Place on hold and pick up at the desk or drive-up window at either library

The purchase of the hotspots by the Carrollton Public Library was made possible by a grant from the U.S. Institute of Museum Services CARES Act grant (#LS-246561-OLS-20) to the Texas State Library and Archives Commission under the provisions of the Library Services and Technology Act. (2021)



February 15 - March 15

In celebration of National Library Week, we want YOU to create a bookmark that tells us why you love libraries, reading, and books. Winners will receive a prize, and their bookmark will be reproduced and distributed at both Library locations during National Library Week April 4-10. Entry forms will be available online and at both Library locations beginning Monday, February 15. Submit entries to either Library from February 15 to March 15.

Winners will be announced on Tuesday, March 30.

Ask-A-Librarian

Need some research assistance?



Get search tips and resource guidance from an expert. Complete an Ask-A-Librarian form at cityofcarrollton.com/library.



EVENTS AND PROGRAMS SUBJECT TO CHANGE

Community Events

CHECK ONLINE FOR **VIRTUAL OPTIONS**

Saturdays on the Square

Second Saturday of the month All events are free

> Downtown Carrollton 1106 S. Broadway Street

March

Saturday, March 13 • 6pm Trivia Night

Remember the days of Blockbuster, Von Dutch, and the first iPod?

Test your memory during a game of 2000s trivia!

April

Saturday, April 10 • 6pm Dog Movie Night: The Secret Life of Pets 2 (2019), PG

(movie starts at sunset)

Max the terrier encounters canine-intolerant cows, hostile foxes, and a scary turkey when he visits the countryside. Luckily for Max, he soon catches a break when he meets Rooster, a gruff farm dog who tries to cure the lovable pooch of his neuroses. Get to the movie early to visit with the Carrollton Animal Services & Adoption Center staff for information on how to keep your pets healthy and safe. Free pet microchipping will be available on-site, limited to first 100 animals, and vaccinations start at \$5. Don't forget your lawn chairs and blankets!

*No events in January and February due to winter weather For more information or to see all Downtown events.

visit cityofcarrollton.com/downtown.





27th Annual Martin Luther King Jr. Day Parade

Saturday, January 16 • 10am • Free

Come celebrate Martin Luther King Jr. Day by watching a memorial parade through the streets of Carrollton. The parade will begin on Rainwater Lane (behind Carrollton City Hall) and proceed west to Josey Lane; south on Josey Lane to Keller Springs Road; east on Keller Springs Road to Kelly Boulevard; and south on Kelly Boulevard to end at Ted Polk Middle School (2001 Kelly Boulevard).

The parade is sponsored by Christ Community Connection, Inc. in partnership with the City of Carrollton. Call 972-242-0933 for more information.

African-American Read-In

Sunday, February 14 • 4-5pm • Free Josey Ranch Lake Library 1700 Keller Springs Road

Bring the whole family! All are welcome to hear excerpts from stories, poems, and songs written by African-American authors. Special guests will read selections aloud for your enjoyment. Free books will be given to children and teens. This program is presented by Professional Achievers for Community Excellence (PACE).





15th Annual CPOA Daddy Daughter Dance

Saturday, February 27 • 6-9pm Bent Tree Bible Fullowhip Church, 4141 International

Daddy Daughter Dance. Fathers, come dance the night away with your little angel. Join us for a lively dance party with cookies, punch, crafts, games, prizes, and photo opportunities. Preregistration cost will be \$25 total for daddy and daughter (plus \$10 for each additional daughter). Registration at the event will cost \$30 for daddy and daughter (plus \$15 for each additional daughter). Proceeds benefit the CPOA.

For more information and to register, call 972-466-3031 or visit cityorcarrollton.com/daddydaughterdance. *Sorry, no moms or sons allowed.*



Run for Rover: Benefiting Carrollton Animal Services

Saturday, February 27 • 9am McInnish Dog Park, 1845 Legends Trail

 Race Day Registration Opens:
 7am

 Warm-up:
 7-7:45am

 1st Wave 5K Run:
 8am

 2nd Wave 5K Run:
 8:35am

 3rd Wave 5K Run:
 9:10am

 4th Wave 5K Run:
 9:45am

 Preregistration by 2/23:
 \$35

 Race Day Registration 2/27:
 \$45

Packet Pickup: February 26 • 8am-8pm Rosemeade Recreation Center, 1330 E. Rosemeade Parkway

Note: The 1-Mile Fun Run/Walk is not a timed event and no awards will be given out. **Registration by 2/23 guarantees runners a race T-shirtand a race bag.** 5K runners will also receive a timing chip. Any changes made to a registration after 2/23 will incur a \$5 change fee.

Lace up your sneakers and sign up for a 5K benefiting the Carrollton Animal Services & Adoption Center. The race will start at the McInnish Dog Park and will route through the McInnish Sports Complex for a full 5K. A shorter 1-Mile Fun Run/Walk route will also be offered. Warm up your pup before the race by participating in a variety of dog games. Don't have a dog? Your new best friend is waiting for you at the Adoption Center.

If you want to support Carrollton Animal Services & Adoption Center, but do not want to participate in the event, donations of Dog Chow, Cat Chow, kitty litter, cleaning supplies, etc. will be accepted at all three recreation facilities. For a complete list of items to donate, call 972-466-3420.

Awards will be given for overall male and female runners and the top three finishers in each age category of the 5K competitive run (10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over).

For more information, visit cityofcarrollton.com/runforrover. Winners will be notified the following Monday via email.









Citizens' Evening

Wednesday, TBD • 6-8:30pm • Free Carrollton Senior Center Texas Ballroom 1720 Keller Springs Road

Join us for the State of the City address presented by Mayor Kevin Falconer at Citizens' Evening. Meet and mingle with friends and neighbors, learn about Carrollton's services, volunteer opportunities, how to build stronger neighborhood associations, and find out what it takes to develop a successful neighborhood or community action partnership with the City. Hosted by the City of Carrollton with the Neighborhood Advisory Commission (NAC).

TEXFest

Saturday, March 6 • 5-9pm • Free Downtown Carrollton 1106 S. Broadway Street

Carrollton is proud to announce the return of TEXFest, a beer festival honoring Texas Independence Day. TEXFest is once again bringing live Texas music, local craft beer vendors, and a mouthwatering food village to the heart of Downtown Carrollton. Come out for memorable photo opportunities and a beer garden! Bring your boots and your buckles for a Texas-sized good time in Carrollton. For more information, visit cityofcarrollton.com/texfest.

\$5 Rabies Vaccinations

Saturday, March 20 • 10am-Noon Carrollton Animal Services & Adoption Center 2247 Sandy Lake Road

This event will include \$5 rabies vaccinations, free City registration with proof of rabies vaccination for Carrollton residents, hot dogs, pretzels, drinks, a bounce house, and wildlife information. Carrollton animal owners must register their pets with the City each year. Since proof of rabies vaccination is required with registration, it is convenient to register with the City when animals receive their shots. Identification, convenience, and savings all come with a pet's City registration tag. A current City tag clearly shows the public that a pet has been vaccinated against rabies. Registered pets may also be more quickly reunited with their owners if lost. For more information, call Carrollton Animal Services & Adoption Center at 972-466-3420 or visit cityofcarrollton.com/animalservices.



Elm Fork Ladybug Release

Saturday, March 27 • 7pm • Free Elm Fork Nature Preserve 2335 Sandy Lake Road



Learn the importance of insects, animals, and even how weather affects our environment. There will be plenty of activities for everyone including crafts and games. Join a master naturalist on a guided trail hike through the Elm Fork Nature Preserve. At twilight, we will hold our annual ladybug release. Come be a part of making Carrollton a great place to live as we continue to raise environmental awareness. Wear closed-toe shoes and long pants.



\$40 resident/\$45 non-resident

A.W. Perry Homestead Museum

1519 T. Perry Road

Enjoy some wonderful late morning fun ar
Homestead Museum. This is an ideal even

Homestead Museum. This is an ideal event for those with a "not so early" wake up time, who love to take part in that mild concoction of breakfast and lunch. After eating some delicious food, a painting session will be led by a professional artist. The cost of the class includes all supplies and one free mimosa drink with valid ID. *Tickets are limited and registration is required at cityofcarrollton.* com/signupnow. For additional information, contact 972-466-6381.



Wildflower Watch

Month of April Throughout Carrollton

Spring is blooming in Carrollton! Enjoy bluebonnets and other wildflowers throughout Carrollton's beautiful parks. Bring the whole family and snap a few photos. For where to find the best locations, visit cityofcarrollton.com/departments/departments-g-p/parks-recreation. For more information, call 972-466-3080.







Carrollton Trails 5K Run/1-Mile Fun Run/Walk

Saturday, April 24 • 8am Parking at Creekview High School 3201 Old Denton Road

(Participants will be bused to the starting line along Carrollton's Blue Trail and bused from the finish line back to Creekview High School)

Race Day Registration & Warm-up:	7-7:45am
1 st Wave 5K Run:	8am
2 nd Wave 5K Run:	8:30am
3 rd Wave 5K Run:	9am
4 th Wave 5K Run:	9:30am
5 th Wave 5K Run:	10am
6 th Wave 5K Run:	10:30am

	Preregistration by 4/19	Race Day Registration
1-Mile	\$15	\$25
Individual	\$25	\$35
Family*	\$60	\$65

Packet Pickup: April 22-23 • 8am-8pm

Rosemeade Recreation Center, 1330 E. Rosemeade Parkway

Note: The 1-Mile Fun Run/Walk is not a timed event and no awards will be given out. Runners who register by 4/19 are guaranteed a race T-shirt and race bag. 5K runners will also receive a timing chip. Any changes made to a registration after 4/20 will incur a \$5 change fee.

*Maximum of six people from the same household participating in the same race.

Enjoy running through one of Carrollton's best assets, the hike and bike trails. Grab your friends and family and join us. Dogs are welcome, but you are not required to register them for the event. Refreshments will be provided at the end of the race for all participants. Awards will be given for overall male and female runners and the top three finishers in each age category of the 5K competitive run (10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over). Award winners will be notified the following Monday via email. Awards can be picked up the week following the race. For more information, visit cityofcarrollton. com/carrolltontrails5k.

Call for Artists!

The City of Carrollton is looking for artists who want to beautify our park for the annual Chalk Art Festival held at Mary Heads Carter Park on Saturday, May 15. If you are passionate about the Arts or if you would like to be a competing artist for our Annual Chalk Art Festival, register now at cityofcarrollton.com/signupnow. Registration ends on May 7 and space is limited.

Adaptive Recreation

ARCHERY

Join us for adaptive archery on Carrollton's adaptive baseball Field #6. Each participant will need an adult from their household present with them and remain within arm's reach to help maintain safety. The City provides all of the equipment, or you can bring your own from home. *Registration ends the Tuesday prior at 1pm*.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
236001-20	JRSC	6+	3/4	Th	6-7pm	1	\$10/\$11
236001-21	JRSC	6+	3/11	Th	6-7pm	1	\$10/\$11
236001-22	JRSC	6+	3/18	Th	6-7pm	1	\$10/\$11
236001-23	JRSC	6+	3/25	Th	6-7pm	1	\$10/\$11



REC Out! is a chance for adults of varying abilities to get together and have fun. Participants meet at Crosby Recreation Center for games and activities, then set off in our Carrollton City vehicle for lunch and an adventure in the community. This is an opportunity to practice life, social, and communication skills as well as develop friendships. Space is limited. Participants must be able to follow social distancing and wear a mask when social distancing is not possible. Participants will need to bring money for lunch.

CLASS#	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
171900-20	CRC	18+	3/9	Tu	11am-3pm	\$20/\$22
171900-30	CRC	18+	4/13	Tu	11am-3pm	\$20/\$22

TURF TIME

Athletes of all abilities are invited to come to Field #6 at Josey Ranch Sports Complex for baseball drills, games, and fun. *Registration ends three days prior to the event at 1pm*.

CLASS#	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)	
236002-20	JRSC	6-12	4/17	Sa	10am-11:30pm	Free	
236002-21	JRSC	13+	4/24	Sa	10am-11:30pm	Free	

BEYOND KARATE

Beyond Karate is a Martial Arts School open to students of all abilities. Classes are designed for students with intellectual and developmental disabilities. Siblings are welcome to join the class. Students will learn hand strikes, kicks, blocks, katas (sequence of Karate moves), build physical strength, improve discipline, enhance self-confidence, and improve social skills. Karate uniforms will be available for purchase but are not required. Belt promotion fee of \$30 is applicable upon student's advancement for a belt test. Belt fee activity code is #160001-52.

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CLASS#	LOC	DATES	DAY	TIME	#CLSS	\$(RES/NR)
6-12 Years	Old					
160001-00	RRC	1/4-1/25	M	5-6pm	4	\$85/\$93.50
160001-10	RRC	2/1-2/22	M	5-6pm	4	\$85/\$93.50
160001-20	RRC	3/1-3/29	M	5-6pm	5	\$106.25/\$117
160001-30	RRC	4/5-4/26	M	5-6pm	4	\$85/\$93.50
13+ Years	Old					
160002-00	RRC	1/4-1/25	M	6:15-7:15pm	4	\$85/\$93.50
160002-10	RRC	2/1-2/22	M	6:15-7:15pm	4	\$85/\$93.50
160002-20	RRC	3/1-3/29	M	6:15-7:15pm	5	\$106.25/\$117
160002-30	RRC	4/5-4/26	M	6:15-7:15pm	4	\$85/\$93.50

REC OUT!



For your convenience, recreation centers accept Visa and MasterCard for all Parks & Recreation fees.

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 23.

Non-resident registration begins December 7.

Classes begin January 4.

ADAPTIVE BASEBALL FIELD #6

The City of Carrollton has a fully accessible baseball field designed for people of all abilities. Instead of dirt, the field is made with a synthetic field turf surface for safety, performance, and durability. Field #6 at Josey Ranch Sports Complex features a reduced distance to the outfield, shorter base paths, wider gate openings, and wheelchair and walker accessibility. Adaptive Field #6 is available for rent to groups interested in hosting various sports activities or field days. For more information, call 972-466-4862.



CPR/AED & Basic First Aid

Sudden cardiac arrest is often a survivable event, but usually only with bystander intervention prior to EMS arrival. Carrollton Fire Rescue (CFR) teaches these skills and would like to see everyone trained in CPR/AED. Take a few hours to get trained and help save a life when every second counts.

The City of Carrollton encourages local businesses to schedule virtual training courses with CFR to establish what could be a safer environment should a cardiac episode occur in the workplace. For more information or to schedule a virtual training, call 972-466-4901. Instructor: Carrollton Fire Rescue

*Participants are required to turn on a webcam device for the duration of the class.

CPR/AED VIRTUAL

This class is designed for those who do not need a specific nationally accredited course completion card (such as the American Heart Association or American Red Cross). The main focus of the class is on adult CPR and AED, but it also covers choking and infant CPR. Participants will receive a course completion card from Carrollton Fire Rescue. Information taught is by American Heart Association standards. Those needing the nationally accredited card should take the Heartsaver CPR/AED class.*

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171050-01	VIR	10+	1/2	Sa	9:15-11am	1	\$20/\$22
171050-11	VIR	10+	2/6	Sa	9:15-11am	1	\$20/\$22
171050-21	VIR	10+	3/6	Sa	9:15-11am	1	\$20/\$22
171050-31	VIR	10+	4/3	Sa	9:15-11am	1	\$20/\$22

HEARTSAVER CPR/AED VIRTUAL

This class is open to anyone but is recommended for those needing a nationally recognized course completion card required by an employer (such as a daycare worker). Curriculum includes CPR/ AED and choking for adults, children, and infants. Participants receive an American Heart Association card upon completion. This class is not for healthcare providers who need a Basic Life Support (BLS) or a Healthcare Provider card. Those not needing the nationally recognized card can take this class or the CPR/AED course.*

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171051-01	VIR	10+	1/16	Sa	9:15am-12pm	n 1	\$50/\$55
171051-11	VIR	10+	2/20	Sa	9:15am-12pm	n 1	\$50/\$55
171051-21	VIR	10+	3/20	Sa	9:15am-12pm	n 1	\$50/\$55
171051-31	VIR	10+	4/17	Sa	9:15am-12pm	n 1	\$50/\$55

BASIC FIRST AID VIRTUAL

Learn to identify the signs and symptoms of a heart attack and what to do in cases of breathing difficulty, cuts, broken bones, diabetic problems, seizures, and other medical emergencies.*

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171055-01	VIR	10+	1/16	Sa	12:30-3:15pm	1 1	\$15/\$16.50
171055-11	VIR	10+	2/20	Sa	12:30-3:15pm	1 1	\$15/\$16.50
171055-21	VIR	10+	3/20	Sa	12:30-3:15pm	1 1	\$15/\$16.50
171055-31	VIR	10+	4/17	Sa	12:30-3:15pm	1 1	\$15/\$16.50



Chefsville

Chefsville classes allow kids to explore different aspects of cooking and take their cooking to a new level. Participants eat the fresh, healthy, and fun dishes made while in class. Imagine your kids eating more fruits and vegetables, enjoying baking, and showing off their cooking skills. Cooking connects family and community by spending quality time cooking together.

*Parents must sign allergen waiver before class. No open-toe shoes or dangling jewelry allowed. Long hair must be put in a ponytail or braids. All supplies are included. Instructor: Horwitz

NEW>> BREAKFAST PIZZAS

There is a great pizza maker in every child. In this two-hour program, kids will learn and make traditional and nontraditional pizzas (healthier choices). Kids will learn dough stretching, tossing, and create alternative pizza type of items such as calzones, stuffed breadsticks, and perhaps deep-dish pizzas. Get your little Pisano involved.*

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170104-01	RRC	7+	1/9	Sa	10am-12pm	1	\$29/\$30.75



BURGER BAR

Kids will learn many different flavors and textural components to the basic burger. Children will make their own burgers and discuss what it is they like about their favorite burger. They will be encouraged to try something new to extending the reach of their palettes when coming to the burger bar. There will be traditional condiments and toppings. This meal will include baked sweet potato fries and cookies and cream for dessert.*

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170104-30	RRC	7+	4/10	Sa	10am-12pm	1	\$29/\$30.75

NEW>> PARENTS NIGHT OUT

Can't remember the last time you enjoyed a night out? Then it's time to drop your kids off for Parent's Night Out. Your child will enjoy a night of games, arts and crafts, a movie, pizza, and so much more. Space is limited to accommodate social distancing, so sign your kid(s) up today.

CLASS#	LOC	AGE	DATES	DAY	\$(RES/NR)
161800-01	CRC	5-12	1/15	F	\$15/\$16.50
161800-02	CRC	5-12	2/12	F	\$15/\$16.50
161800-03	CRC	5-12	3/12	F	\$15/\$16.50
161800-04	CRC	5-12	4/9	F	\$15/\$16.50
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NEW>> TWEEN & TEEN COOKING CAMP

Tweens and teens love the kitchen. This program will build confidence, character, organization, and planning skills as they explore the world of cooking. Program covers many areas of basic cooking, nutrition, making healthy choices, and covers breakfast, lunch, and dinner foods. We want kids to develop healthy eating habits.*

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 170100-25 RRC 7+ 3/15-3/18 M-Th 9am-12pm 4 \$155/\$168

NEW>> WORKING WITH CHOCOLATES

Who does not have a sweet tooth? This class not only smells Chocolicious, it tastes that way too. Youngsters will create different chocolate-based treats in this hands-on class. There will be plenty for all to sample and some sweet treats may even reach home before your chocolate-loving student devours it all.*

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 170104-20 RRC 7+ 2/6 Sa 10am-12pm 1 \$29/\$30.75

Creative Writing

These classes will encourage your child or teen to use their imagination and teach them the necessary elements for creating a great story. Your young author will learn the pieces to make up the beginning, middle, and end of a story. There are no wrong answers in this class, just the possibility of coming up with the next best-selling story. Instructor: Foland

BEGINNING AUTHORS

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170650-25	RRC	4-6	1/7-1/28	Th	4:30-5pm	4	\$45/\$49.50
170650-26	RRC	4-6	2/4-2/25	Th	4:30-5pm	4	\$45/\$49.50
170650-27	RRC	4-6	3/4-3/25	Th	4:30-5pm	4	\$45/\$49.50
170650-28	RRC	4-6	4/8-4/29	Th	4:30-5pm	4	\$45/\$49.50

YOUNG AUTHORS

Young authors will learn about outlining, coming up with story ideas, and writing in different genres. Come join the fun.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170655-26	RRC	7-12	1/7-2/11	Th	5-6pm	6	\$65/\$71.50
170655-27	RRC	7-12	2/25-4/1	Th	5-6pm	6	\$65/\$71.50

CONTINUING AUTHORS

Designed for kids who have previously attended the Young Authors course. During the second series of classes, students will learn to write in more genres. Students will be encouraged to build stories together using creative writing games, as well as begin working on a longer (multi-week project) story in the genre of their choice.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170655-28	RRC	7-12	1/5-2/9	Tu	5-6pm	6	\$65/\$71.50
170655-29	RRC	7-12	3/2-4/6	Tu	5-6pm	6	\$65/\$71.50

TEENAGE AUTHORS

This class is designed for kids who have previously attended the Young Authors course. During the second series of classes, students will learn to write in more genres.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170660-25	RRC	13-18	1/7-2/11	Th	6-7pm	6	\$65/\$71.50
170660-26	RRC	13-18	2/25-4/1	Th	6-7pm	6	\$65/\$71.50



Pet Education

PET FIRST AID

A pet cannot tell you what is wrong. Pets are masters at hiding symptoms because they have a very high pain tolerance. Learning how to catch illness and injury early is important to your pet's wellbeing. Sometimes immediate care can make all the difference for your pet. Learn how to help your pet with heat stroke, perform CPR, stop choking, control bleeding, and other cat and dog first aid skills. Class price includes Pet First Aid Book and Pet First Aid Kits. NO CLASS 3/16. Instructor: Foland

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170665-29	RRC	10+	1/5-1/26	Tu	7-8pm	4	\$55/\$60.50
170665-30	RRC	10+	2/2-2/23	Tu	7-8pm	4	\$55/\$60.50
170665-31	RRC	10+	3/2-3/30	Tu	7-8pm	4	\$55/\$60.50
170665-32	RRC	10+	4/6-4/27	Tu	7-8pm	4	\$55/\$60.50

PET LOVERS CLUB

Does your child have a great imagination and a love for animals? This camp is for anyone who loves animals and will be filled with three different types of activities each day. Activities are centered around our love for pets. There will be at least one writing-based or pet-based craft done each day that your child will bring home. Your child will learn the steps it takes to create a short story and play games to stimulate their imaginations. This club will also cover pet care and some basic pet first aid skills. Come join the fun this spring break! Instructor: Foland

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
170665-25	RRC	7-12	2/8-2/12	M-F	1-4pm	5	\$99/\$109	
170665-26	RRC	7-12	3/22-3/26	M-F	1-4pm	5	\$99/\$109	

PET SITTING BASICS

Learn about being a pet sitter. In this class, we will go over what it takes to be a professional pet sitter. We will discuss animal behavior, body language signals, and care needs. You will learn what to ask clients before they leave as well as how to keep communication between you and your client open while they are gone. We will discuss the going rates for pet sitters and the variety of services you can offer. *No class 3/16*. Instructor: Foland

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170665-25	RRC	10+	1/5-1/26	Tu	6-7pm	4	\$45/\$49.50
170665-26	RRC	10+	2/2-2/23	Tu	6-7pm	4	\$45/\$49.50
170665-27	RRC	10+	3/2-3/30	Tu	6-7pm	4	\$45/\$49.50
170665-28	RRC	10+	4/6-4/27	Tu	6-7pm	4	\$45/\$49.50

Scouts

Earn patches, badges, or complete certain requirements at the A.W. Perry Homestead Museum (PHM) and Elm Fork Nature Preserve (EFNP). Reserve a program date for your troop by calling 972-466-9811. All program fees must be received to secure your date. One adult must be present for every five scouts and a minimum of three students is needed to offer any program. Badges will be provided for any of the paid options.

GIRL SCOUTS:

BADGES FOR DAISIES

Outdoor Art Maker - \$7 per scout Rosie: Make the World a Better Place - \$7 per scout

BADGES FOR BROWNIES

It's Your Planet Badge: Pottery Craft - \$12 per scout Outdoor Art Creator - \$12 per scout

BADGES FOR JUNIORS

Gardener - \$12 per scout

It's Your Story Badge: Manners - Social Butterfly - \$12 per scout Outdoor Art Explorer - \$12 per scout

BADGES FOR CADETTES

Outdoor Art Apprentice - \$12 per scout

BOY SCOUTS:

CUB SCOUTS

Bear Adventures: Paws for Action - Free by appointment Bear Elective Adventures: Marble Madness - \$7 per scout Tiger Adventures: Tigers in the Wild - Free by appointment Webelos Elective Adventures: Webelos in the Wild - Free by appointment Wolf Adventures: Paws on the Path - Free by appointment Wolf Elective Adventures: Collections and Hobbies - \$7 per scout

BOY SCOUT MERIT BADGES

Merit Badge: American Heritage - Free by appointment Merit Badge: Archaeology - \$12 per scout Merit Badge: Collections - Free by appointment

EAGLE SCOUTS:

Eagle Scout Project: By appointment

EFNP welcomes all Eagle Scouts seeking service, impact, and leadership with their Eagle Projects. To propose an idea for your Eagle Project, call 972-466-6382.





Urban Fisherman Society

NEW>> BIRDHOUSE BUILD

Time to get hands on with nature. Join the Urban Fisherman Society as they guide you in building your very own birdhouse. Birdhouses will then be installed in the Nature Preserve or taken home. Closedtoe shoes and long pants are required.

CLASS#	LOC	AGE	DATES	DAY	TIM	#CLSS	\$(RES/NR)
174033-25	EFNP	6-12	1/16	Sa	2-4pm	1	\$10/\$11
174033-26	EFNP	6-12	2/20	Sa	2-4pm	1	\$10/\$11
174033-27	EFNP	6-12	3/20	Sa	2-4pm	1	\$10/\$11
174033-28	EFNP	6-12	4/17	Sa	2-4pm	1	\$10/\$11

NEW>> BUILD AND PAINT FISHING LURES

Are you an avid fisherman or looking to get out there and learn the art? Start here by creating and painting your very own lure! The Urban Fisherman Society will teach you how to build, color, and style your very own fishing lure. All supplies are included in the cost of the class.

CLASS#	LOC	AGE	DATES	DAY	TIM	#CLSS	\$(RES/NR)
174034-25	RRC	14+	1/2	Sa	2-4pm	1	\$20/\$22
174034-26	RRC	14+	2/6	Sa	2-4pm	1	\$20/\$22
174034-27	RRC	14+	3/6	Sa	2-4pm	1	\$20/\$22
174034-28	RRC	14+	4/3	Sa	2-4pm	1	\$20/\$22

NATURE WALKS

Join the Urban Fisherman Society on a nature walk through the Elm Fork Nature Preserve, where you will learn about the local environment. Participants will then examine specimens they collected at the Nature Center to discover our natural world up close. Nature Walks are every 1st and 3rd Saturday of the month. Closed-toe shoes and long pants are required.

CLASS#	LOC	AGE	DATES	DAY	TIM	#CLSS	\$(RES/NR)
174031-25	EFNP	6-12	1/2	Sa	9am-12pm	1	\$2/\$2.20
174031-26	EFNP	6-12	1/16	Sa	9am-12pm	1	\$2/\$2.20
174031-27	EFNP	6-12	2/6	Sa	9am-12pm	1	\$2/\$2.20
174031-28	EFNP	6-12	2/20	Sa	9am-12pm	1	\$2/\$2.20
174031-29	EFNP	6-12	3/6	Sa	9am-12pm	1	\$2/\$2.20
174031-30	EFNP	6-12	3/20	Sa	9am-12pm	1	\$2/\$2.20
174031-31	EFNP	6-12	4/3	Sa	9am-12pm	1	\$2/\$2.20
174031-32	EFNP	6-12	4/17	Sa	9am-12pm	1	\$2/\$2.20

Arts & Crafts

NEW>> DRAWING/CARTOONING

Our elementary-age curriculum is designed to teach basic to advanced drawing skills, art techniques, and worldblary. Learn to break down drawings into be it map is, draw acta to pressions, and bring your can on curriculte. Tell learn to draw through classes designed to help to the clop your own character or learn how to draw your favorite characters. Parents will see increased art abilities, learning skills, self-confidence, and self-esteem in their children. New lessons every week and all materials provided.

Instructor: Dudley

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
150020-25	CRC	6-12	1/6-2/10	W	6-7pm	6	\$70/\$77	
150020-26	CRC	6-12	2/17-3/24	W	6-7pm	6	\$70/\$77	
150020-27	CRC	6-12	3/31-4/28	W	6-7pm	5	\$58.25/\$64	

Dance

INTRO TO BALLET

This class introduces basic ballet stretches, movements, barre exercises, and center work through creative movement. Students will learn rhythm, musicality, strength, and coordination through classroom activities that refine motor skills and encourage creative thinking. Leotard, tights, and ballet or jazz shoes are required. Instructor: Scott

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150175-25	RRC	3-6	1/23-3/13	Sa	12-12:30pm	ı 8	\$50\$55
150175-26	RRC	3-6	3/27-5/1	Sa	12-12:30pm	6	\$37.50/\$41.25

BEGINNING BALLET

Dance students will build on basic ballet stretches, movements, barre exercises, and center work. Children are introduced to the structure and discipline of a ballet class, basic ballet terminology, and creative expression through movement to music. Leotard, tights, and ballet or jazz shoes are required. Instructor: Scott

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150105-27	RRC	6-10	1/23-3/13	Sa 12	2:45-1:15pr	n 8	\$74/\$81.50
150105-28	RRC	6-10	3/27-5/1	Sa 12	2:45-1:15pr	n 6	\$55.50/\$61.25

COMBINATION DANCE

Dance students will learn the basics of each dance style with an emphasis on musicality, style, strength, and coordination. Ballet will consist of basic positions of the feet and barre work; jazz will consist of stretching and moving across the floor; and hip-hop will consist of a short combination of movements. *Leotard*, *tights*, *and ballet or jazz shoes are required*. Instructor: Scott

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150144-29	RRC	6-10	1/23-3/13	Sa	1:30-2:15pm	n 8	\$74/\$81.50
150144-30	RRC	6-10	3/27-5/1	Sa	1:30-2:15pm	1 6	\$55.50/\$61.25

DANCE ON-DEMAND (FOR PRIVATE GROUPS)

This is ideal for homeschool groups, friends, siblings, and daycare groups. There is a required minimum of four students, and you can schedule as few or as many dates as desired. Your group can choose any combination of ballet, hip-hop, jazz, modern, or tap. *Price listed is per person for a 45-minute class. Email ddatexas.com@gmail.com to schedule your preferred class dates and location.* Instructors: Rogers

LOC	AGE	DATES & TIME	\$(RES/NR)
CRC or RRC	3+	By Appt	\$9.25/\$10.25

DYNASTY DANCE ACADEMY-COMBO DANCE

Beginning and continuing students will learn and further enhance technique and terminology in several dance styles while working on performance pieces or choreography. Through fun and energetic exercises in a structured class setting, students will focus on fluidity of motion, musicality, and performance skills in fun blends of ballet, cheer, hip-hop, and jazz. Students who enroll in the 12-week performance class will participate in a final performance that will be held off-site; date and location to be determined. 12-week dancers are required to pay a \$70 costume fee due by 3/3. For more information, visit ddatexas.com or email ddatexas.com@gmail.com. No class 3/17. Instructor: Dynasty Dance Academy

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150160-34	RRC	6-12	1/20-3/17	W	4:30-5:30pm	8	\$110/\$121
150160-35	RRC	6-12	1/20-4/14	W	4:30-5:30pm	12	\$165/\$181.50
150160-20	12-W	K STUD	ENTS COST	TUME	FEE DUE BY	3/3	\$70

NEW>> HIP-HOP DANCE

Students will learn basic dance technique and terminology of hiphop style. Students will also be working on performance pieces of choreography. Through fun and energetic exercises, in a structured class setting, students will focus on fluidity of motion, musicality, and performance skills. Students who enroll in the 12-week performance class will participate in a final performance that will be held off-site; date and location to be determined. 12-week dancers are required to pay the instructor a \$70 costume fee by 3/4. For more information, visitddatexas.com or contact us at ddatexas.com@gmail.com. No class the week of spring break.

Instructor: Dynasty Dance Academy

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150165-25	RRC	4-6	1/21-3/18	Th	4:30-5:30pm	8	\$110/\$121
150165-26	RRC	4-6	1/21-4/15	Th	4:30-5:30pm	12	\$165/\$181.50
150165-27	RRC	7-12	1/19-3/16	Tu	4:30-5:30pm	8	\$110/\$121
150165-28	RRC	7-12	1/19-4/13	Tu	4:30-5:30pm	12	\$165/\$181.50
150165-29	12-V	VK STU	DENTS CO	STUME	FEE DUE B	/ 3/4	\$70

NEW>> INTRO TO KATHAK DANCE

Traditionally attributed to the traveling bards of ancient northern India known as Kathakars or storytellers, Kathak is one of eight classical Indian dance forms. While deliberately staying away from the deviations of "Bolly-culture," students will learn basic movements, footwork (barefoot), rhythm, and a few short compositions in this introductory course. Salwaar kameez/kurta pajama or knee-length tunic with full-length leggings required, ghungroos (25-50 ankle bells braided) preferred. For questions, email kathakrhythms@gmail.com. Instructor: Kathak Rhythms

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150110-25	RRC	8-12	1/9-2/13	Sa	4-5pm	6	\$80/\$88
150110-26	RRC	8-12	2/27-4/3	Sa	4-5pm	6	\$80/\$88
150110-27	RRC	13+	1/9-2/13	Sa	5:15-6:15pm	6	\$80/\$88
150110-28	RRC	13+	2/27-4/3	Sa	5:15-6:15pm	6	\$80/\$88

PRIVATE DANCE LESSONS

Private lessons are perfect for beginner to advanced students and cover a range of dance forms and choreography. *Price listed is per half hour/hour lesson. To schedule a lesson, email ddatexas.com@gmail.com.* Instructor: Dynasty Dance Academy

LOC	AGE	DATES & TIME	\$(RES/NR)
CRC or RRC	3+	By Appt	\$12.50/\$25



For your convenience, recreation centers accept Visa and MasterCard for all Parks & Recreation fees.

Music

KEYBOARD/PIANO LESSONS

This beginner keyboard/piano program is conducted as a semiprivate group lesson with up to four students in a class. Students are introduced to sight reading and fundamental music concepts. Instruments are provided and first-time students pay a \$9 supply fee for the music book. Contact musikinschool.info@gmail.com for more information. Instructor: Musik In School

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150340-26	RRC	5-15	1/9-1/30	Sa	12:30-1:15pm	1 4	\$99/\$109
150340-27	RRC	5-15	1/9-1/30	Sa	1:15-2pm	4	\$99/\$109
150340-33	RRC	5-15	2/6-2/27	Sa	12:30-1:15pm	4	\$99/\$109
150340-34	RRC	5-15	2/6-2/27	Sa	1:15-2pm	4	\$99/\$109
150340-41	RRC	5-15	3/6-3/27	Sa	12:30-1:15pm	1 4	\$99/\$109
150340-42	RRC	5-15	3/6-3/27	Sa	1:15-2pm	4	\$99/\$109
150340-49	RRC	5-15	4/3-4/24	Sa	12:30-1:15pm	1 4	\$99/\$109
150340-50	RRC	5-15	4/3-4/24	Sa	1:15-2pm	4	\$99/\$109
150340-51	\$9						

NEW>> GROUP VOICE LESSONS

In these group classes, students learn how to harmonize, work with other singers to create vocal arrangements, and explore genres such as musical theater, pop, and choir music. Students will learn good stage presence, basic choreography as they perform, and have the opportunity to exhibit what they have learned in a recital at the end of each session. **Recital dates 2/20 & 4/17.** Instructor: Huntley

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
151270-25	CRC	4-7	1/9-2/13	Sa	10-10:30am	6	\$120/\$132
151270-26	CRC	4-7	3/6-4/10	Sa	10-10:30am	6	\$120/\$132
151270-27	CRC	8-12	1/9-2/13	Sa	10:45-11:15an	n 6	\$120/\$132
151270-28	CRC	8-12	3/6-4/10	Sa	10:45-11:15an	n 6	\$120/\$132
151270-29	CRC	13+	1/9-2/13	Sa	11:30am-12pn	n 6	\$120/\$132
151270-30	CRC	13+	3/6-4/10	Sa	11:30am-12pn	n 6	\$120/\$132





NEW>> PRIVATE PIANO/MUSIC THEORY

This class will teach students how to read music and understand rhythms, song composition, improvisation, harmony, and performance. The instructor teaches the fundamentals of piano while helping you with the songs you enjoy playing. Learning materials are provided by the teacher. *Price is for a 30-minute class. To schedule a lesson, email huntley.allison@gmail.com or call 972-322-1523*. Instructor: Huntley

 LOC
 AGE
 DATE & TIME
 \$(RES/NR)

 CRC or RRC
 4+
 By Appt
 \$30/\$33

NEW>> PRIVATE SONGWRITING

What makes a great song? This class explores inspiring ideas that create memorable music. Students will learn how to write relatable lyrics, interesting harmonies, compelling melodies, and how to accompany yourself with an instrument as you perform a song. Price is for a 30-minute class. To schedule a lesson, email huntley. allison@gmail.com or call 972-322-1523. Instructor: Huntley

 LOC
 AGE
 DATE & TIME
 \$(RES/NR)

 CRC or RRC
 7+
 By Appt
 \$30/\$33

NEW>> PRIVATE VOICE LESSONS

This class will teach students how to develop greater pitch, a wider vocal range, proper breathing techniques, a better stage presence, and find their unique singing style. The voice is an instrument, and like other instruments, learning to sing is great for brain development, confidence, and creativity. *Price is for 30-minutes. To schedule a lesson, email huntley.allison@gmail.com or call 972-322-1523.* Instructor: Huntley

LOC	AGE	DATE & TIME	\$(RES/NR)
CRC or RRC	4+	By Appt	\$30/\$33

Group Exercise, Pilates, Yoga

DROP IN>> EL BARRIO BOXING FOR ADULTS

This adult program incorporates the latest scientific research for athletic performance, the most up-to-date equipment, and workouts revolving around Olympic training, professional boxing, and Strongman for strength and cardio enhancement. Contact the instructor at wade3-4@hotmail.com for more information. Follow on social media @elbarriobc. \$5 (res)/\$5.50 (non-res) drop in fee. Instructor: Soto

CLASS#	LOC	AGE	DATES	DAY	TIME#	CLSS	\$(RES/NR)	
131415-10	CRC	16+	2/2-2/25	Tu/Th	7-7:50pm	8	\$30/\$33	
131415-20	CRC	16+	3/2-3/30	Tu/Th	7-7:50pm	9	\$30/\$33	
131415-30	CRC	16+	4/1-4/29	Tu/Th	7-7:50pm	9	\$30/\$33	

EL BARRIO BOXING FOR KIDS

This program incorporates the latest scientific research for athletic performance, the most up-to-date equipment, and workouts revolving around structured training, professional boxing, and Strongman for strength and cardio enhancement. El Barrio also teaches young men and women about honor, respect for themselves and peers, selfdiscipline, self-confidence, and leadership through physical fitness in sports and mentoring. Level: Beginner-Advanced. Contact the instructor at wade3-4@hotmail.com for more information. Follow on social media @elbarriobc. Instructor: Soto

CLASS#	LOC	AGE	DATES	DAY	TIME#	CLSS	\$(RES/NR)
131410-10	CRC	10-18	2/2-2/25	Tu/Th	6-6:50pm	8	\$10/\$11
131410-20	CRC	10-18	3/2-3/30	Tu/Th	6-6:50pm	9	\$10/\$11
131410-30	CRC	10-18	4/1-4/29	Tu/Th	6-6:50pm	9	\$10/\$11

DROP IN>> INDOOR CYCLING

The instructor brings an outdoor cycling experience indoors with this athletic and authentic cycling ride. Motivating instruction and driving music will keep you energized as you are led through a workout comprised of a variety of hill climbs, flat terrains, head winds, tail winds, sprints, and aerobic intervals. Each workout is different as the instructor picks the terrain and sets the goals for each class. This class is multi-level and no outdoor cycling experience is required. If you are serious about burning calories, losing weight, and elite cardio-respiratory fitness, this class is for you. Bring a water bottle, towel, and gel bike seat cover (optional). \$8 (res)/\$9 (non-res) drop in fee. Instructor: McGehee

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
130130-00	RRC	16+	1/5-1/26	Tu	6-7pm	4	\$28/\$31	
130130-10	RRC	16+	2/2-2/23	Tu	6-7pm	4	\$28/\$31	
130130-20	RRC	16+	3/2-3/30	Tu	6-7pm	5	\$35/\$38.50	
130130-30	RRC	16+	4/6-4/27	Tu	6-7pm	4	\$28/\$31	





DROP IN>> LIVEWIRE CORE ENERGY

Dedication + Determination = Results. Feel your best all day long with this high energy group training workout. Arrive early for a class that will focus on core exercises, cardiovascular conditioning, strength, endurance, and flexibility for a total body approach to fitness. Every class is different and is designed by certified personal trainers to keep the body guessing so you'll continually see results. \$10 (res)/\$11 (non-res) drop in fee. Level: Beginner-Advanced. No class 1/1. Instructor: LiveWire Fitness

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
130110-00	RRC	18+	1/4-1/29	M/W/F	6-7am	12	\$109/\$120	
130110-10	RRC	18+	2/1-2/26	M/W/F	6-7am	12	\$109/\$120	
130110-20	RRC	18+	3/1-3/31	M/W/F	6-7am	14	\$109/\$120	
130110-30	RRC	18+	4/2-4/30	M/W/F	6-7am	13	\$109/\$120	

DROP IN>> PILATES FOR EVERYONE

Pilates is a total body conditioning exercise that combines flexibility and strength to restore natural balance while boosting the immune system and reducing stress, fatigue, and pain. No food or drink one hour prior to class. Wear comfortable clothing that is not too loose and bring a mat, towel, and water. \$15 (res)/\$16.50 (non-res) drop in fee. Instructor: Mashreghi

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130220-00	RRC	13+	1/4-2/22	M	6-7pm	8	\$80/\$88
130220-20	RRC	13+	3/1-4/26	M	6-7pm	9	\$90/\$99

DROP IN>> POWER UP YOGA

This workout is for beginners to advanced practitioners who want to maximize their power, energy, and vitality. This exhilarating experience will leave you trim, energized, and heart-healthy while strengthening all your muscles, burning fat, toning your entire body, and more. The music and atmosphere will enhance your learning experience. Level: Beginner-Advanced. Instructor: Bills

		U				
LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Drop In Pa	sses -	must be us	ed within	60 days o	of purch	ase
RRC	13+	1/2-4/28	W/Th	6-7pm	1	\$15/\$16.50
			Sa	10-11am		
RRC	13+	1/2-4/28	W/Th	6-7pm	2	\$27/\$29.75
			Sa	10-11am		
RRC	13+	1/2-4/28	W/Th	6-7pm	4	\$45/\$49.50
			Sa	10-11am		
RRC	13+	1/2-4/28	W/Th	6-7pm	6	\$58/\$64
			Sa	10-11am		
Unlimited	Passes	- good fro	m date o	f purchase	2.	
RRC	13+	30-day	W/Th [°]	6-7pm	30	\$55/\$60.50
		•	Sa	10-11am		
RRC	13+	90-day	W/Th	6-7pm	90	\$125/\$137.50
		•	Sa	10-11am		

DROP IN>> STEP, STRENGTH, AND CORE

Try an interval class that combines basic step aerobics, upper body strength training, and core conditioning into one well-designed workout. This class allows you to work both your heart and your muscles extensively in a one-hour-long class. By doing circuits of cardio on the step, followed by strategic intervals of upper body strength training, and wrapping up with intense core conditioning, you will be using your time efficiently. \$8 (res)/\$9 (non-res) drop in fee. Instructor: Campo

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130215-00	RRC	15+	1/7-1/28	Th	7-8pm	4	\$24/\$26.50
130215-10	RRC	15+	2/4-2/25	Th	7-8pm	4	\$24/\$26.50
130215-20	RRC	15+	3/4-3/25	Th	7-8pm	4	\$24/\$26.50
130215-30	RRC	15+	4/1-4/29	Th	7-8pm	5	\$30/\$33

DROP IN>> STRENGTH - CORE - BALANCE

Develop strong core muscles, restore balance, and promote lean muscle building while minimizing injuries. Emphasis is on a fullbody workout with balance postures included. Mats, hand weights, resistance bands, tubing, and stability balls will be used during class. Safe periods of interval training will be incorporated into the class for improved cardiovascular conditioning. All fitness levels will benefit - especially older adults. Modifications are offered for beginners and those needing corrective exercise for injuries. \$10 (res)/\$11 (non-res) drop in fee. No class 1/1.

Instructor: Age-Intercept Inc.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130230-00	RRC	18+	1/4-1/25	M	11am-12pm	4	\$32/\$35.25
130230-10	RRC	18+	2/1-2/22	M	11am-12pm	4	\$32/\$35.25
130230-20	RRC	18+	3/1-3/29	M	11am-12pm	5	\$40/\$44
130230-30	RRC	18+	4/5-4/26	М	11am-12pm	4	\$32/\$35.25
130231-00	RRC	18+	1/6-1/26	W	12-1pm	4	\$32/\$35.25
130231-10	RRC	18+	2/3-2/24	W	12-1pm	4	\$32/\$35.25
130231-20	RRC	18+	3/3-3/31	W	12-1pm	5	\$40/\$44
130231-30	RRC	18+	4/7-4/28	W	12-1pm	4	\$32/\$35.25
130232-00	RRC	18+	1/8-1/29	F	11am-12pm	4	\$32/\$35.25
130232-10	RRC	18+	2/5-2/26	F	11am-12pm	4	\$32/\$35.25
130232-20	RRC	18+	3/5-3/26	F	11am-12pm	4	\$32/\$35.25
130232-30	RRC	18+	4/2-4/30	F	11am-12pm	5	\$40/\$44

DROP IN>> TUFF-TIME COED BOXING

This class offers a unique workout that combines cardio, light weights, basic boxing skills, and drills (sparring is optional) for both men and women. If you have tried other classes such as dance, yoga, or Zumba and not seen results, then give this class a try. It will promote weight loss, help you get into shape both physically and mentally, and relieve some stress. Class is taught by a state-certified USBA instructor with 60 years of experience. The instructor has won New York and Dallas Golden Gloves Championships and National Tough Man competitions. Try it out, you won't regret it and you will leave tired, but refreshed. To schedule private lessons, email mtuffy1@yahoo.com. \$8 (res)/\$9 (non-res) drop in fee. Instructor: Tufariello

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
131140-00	CRC	16+	1/4-1/27	M/W	7-8pm	8	\$50/\$55
131140-10	CRC	16+	2/1-2/24	M/W	7-8pm	8	\$50/\$55
131140-20	CRC	16+	3/1-3/31	M/W	7-8pm	10	\$50/\$55
131140-30	CRC	16+	4/5-4/28	M/W	7-8pm	9	\$50/\$55

DROP IN>> YOGA FOR EVERYONE

We help the body into the correct positions and focus on body alignment using props because all bodies are different. Come experience yoga to feel energized and revitalized. No food or drink one hour prior to class. Wear comfortable clothing that is not too loose and bring a mat, yoga blanket, and strap. \$15 (res)/\$16.50 (non-res) drop in fee. Instructor: Mashreghi

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130250-00	RRC	13+	1/6-2/24	W	6-7pm	8	\$80/\$88
130250-20	RRC	13+	3/3-4/28	W	6-7pm	9	\$90/\$99

DROP IN>> ZUMBA

Explore a new Latin flavor with this calorie-burning fitness class. The Merengue, Salsa, Reggaeton, Samba, Cha-Cha, Bachata, and other international Latin rhythms help tone your core, elevate your heart rate, and strengthen your body. Classes may include deep stretching and relaxing at the end of each session. No dance experience necessary. \$8 (res)/\$9 (non-res) drop in fee.

Instructor: Piamonte

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130280-00	RRC	15+	1/4-1/25	M	7-8pm	4	\$26/\$28.50
130280-10	RRC	15+	2/1-2/22	M	7-8pm	4	\$26/\$28.50
130280-20	RRC	15+	3/1-3/29	M	7-8pm	5	\$32.50/\$35.75
130280-30	RRC	15+	4/5-4/26	M	7-8pm	4	\$26/\$28.50

NEW>> DROP IN>> ZUMBA FITNESS

This fitness class combines Latin and international music with dance moves and features high- and low-intensity intervals that help improve cardiovascular fitness while also enhancing balance, coordination, agility, and to some degree, strength, through the application of beginner-accessible choreography. No dance experience necessary. \$7 (res)/\$7.75 (non-res) drop in fee. Instructor: Saenz

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130380-00	CRC	15+	1/2-1/30	M/W	6:30-7:30pm	13	\$65/\$71.50
				Sa	9:30-10:30an	1	
130380-10	CRC	15+	2/1-2/26	M/W	6:30-7:30pm	12	\$60/\$66
				Sa	9:30-10:30an	ı	
130380-20	CRC	15+	3/1-3/31	M/W	6:30-7:30pm	14	\$70/\$77
				Sa	9:30-10:30an	ı	
130380-30	CRC	15+	4/3-4/28	M/W	6:30-7:30pm	12	\$60/\$66
				Sa	9:30-10:30an	ı	

NEW>> DROP IN>> ZUMBA TONING

Zumba Toning is a cardio workout aimed at sculpting and toning the body. Zumba Toning targets specific muscle groups, working the thighs, abs, and arms. The toning sticks add resistance to the highly acclaimed Zumba workout, pushing your muscles to the limit. By the end of a Zumba Toning session, you will feel tired, revitalized, and transformed at the same time. No dance experience necessary. \$7 (res)/\$7.75 (non-res) drop in fee. Instructor: Saenz

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130385-00	CRC	15+	1/5-1/26	Tu	7-8pm	4	\$20/\$22
130385-10	CRC	15+	2/2-2/23	Tu	7-8pm	4	\$20/\$22
130385-20	CRC	15+	3/2-3/30	Tu	7-8pm	5	\$25/\$27.50
130385-30	CRC	15+	4/6-4/27	Tu	7-8pm	4	\$20/\$22

SENIORS 50+ CLASSES PAGES 9-13

Training

FITNESS EQUIPMENT ORIENTATION

Not sure how machines in our weight room work or how to set up a machine? This class provides a walk-through of the weight room to give a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized workout plan, contact one of our personal trainers. Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.

Instructor: Staff

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)		
Senior Center									
132170-00		18+	1/11	M	2:30-4pm	1	\$6/\$7		
132170-20		18+	3/8	M	2:30-4pm	1	\$6/\$7		
Rosemead	e Rec C	enter							
130240-10		18+	2/15	M	6:30-7:30pm	n 1	\$6/\$7		
130240-30		18+	4/12	M	6:30-7:30pm	n 1	\$6/\$7		

WEIGHT ROOM ORIENTATION FOR MINORS

Our qualified staff will teach youth proper weight room and cardio room etiquette. Teens will receive a weight room authorization card, allowing them to workout in the weight room independently upon completion of class. Both parent and child must sign the weight room user agreement form. If you are interested in obtaining a personalized workout plan, contact one of our personal trainers. There are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate. Instructor: Staff

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130245-00	RRC	13-15	1/5	Tu	6:30-7pm	1	\$6/\$7
130245-10	RRC	13-15	2/16	Tu	6:30-7pm	1	\$6/\$7
130245-20	RRC	13-15	3/9	Tu	3:30-4pm	1	\$6/\$7
130245-30	RRC	13-15	4/13	Tu	6:30-7pm	1	\$6/\$7



Massage Therapy

For far too long, Massage Therapy has been viewed as a luxury while neglecting its therapeutic benefits. Licensed Massage Therapist Nicole Wooten specializes in pain relief/management for those who suffer from chronic pain, musculoskeletal pain, fibromyalgia, migraines/headaches, sciatica, arthritis pain, work or sports related injury and many more. Nicole's goal is to help everyone realize that massage is an essential part of life for our bodies and for our health.

NICOLE WOOTEN, LMT

214-531-4748

lifestylemedsport@gmail.com
Deep Tissue • \$75/hr or \$105/90 min
Trigger Point Therapy • \$80/hr or \$110/90 min
Myofascial Release • \$80/hr or \$110/90 min
Sports Massage • \$70/hr or \$100/90 min
Stress/Tension Relief • \$70/hr or \$100/90 min

Personal Trainers

City of Carrollton personal trainers are available to work with you at Crosby and Rosemeade Recreation Centers and the Carrollton Senior Center. Personal trainers have their own philosophies and unique styles to create an individual training program to meet your needs. Sessions are charged at an hourly rate and trainers' rates vary. Visit cityofcarrollton.com/parksandrec and click on Programs & Events for more information on our trainers. For additional information about the personal training program, call 972-466-9834.

BRADLEY TEAGUE

214-208-3497

teaguebradley@gmail.com \$60 hr

Bradley's goal is to motivate, encourage, and help clients reach fitness goals through exercise and the use of proper form to minimize injury. He will modify exercises according to client fitness, monitor progress, and give nutritional tips and recommendations to assist in goal achievement.

JORDAN MASON

214-636-4847

jordan.brooke.mason@gmail.com \$35/30min or \$60/hr

Jordan is an advocate for the holistic approach to health and is dedicated to showing her clients how good fitness can feel in both physical and mental aspects. Her focus is on the mind-body connection and sharing ways to use physical activity to combat daily stress, anxiety, and minor aches and pains.

KERRY STALLO

214-244-7004

ageintercept@aol.com • ageintercept.com \$30 initial assessment, \$50/45 min, or \$65/hr Kerry specializes in corrective exercise and developing exercise strategies for older adults. Key programs include weight loss, overall body conditioning, and increasing muscle strength.

TOM NOUNE

214-957-3694

Tom specializes in weight resistance training, primarily with baby boomers and seniors. He also provides nutritional coaching and emphasizes the importance and benefits of proper stretching techniques.

Indian Creek Golf Club

1650 W. Frankford Road • 972-466-9850 • indiancreekgolfclub.com



indian creek golf club





indian creed



Play More Golf! Join Indian Creek Golf Club

Play More - Play Better - Pay Less



IC Members



\$69/mo. includes Play for \$20 Lakes Course/\$30 Creek Course 1 hour of Range use daily Plus four 30-minute Private Golf Lessons



Download our APP (***



For Loyalty Rewards Play 10 Rounds Get 1 FREE



IC30 Members



Are you 30 years or younger? \$75/mo. Unlimited Green Fees* Monday-Friday (Sat-Sun, holidays after 1pm) *Fees for Golf Cart and Range Balls are additional





Like, Follow, and Become a Fan

For daily course updates, download the Indian Creek Golf Club App.

Email: info@indiancreekgolfclub.com facebook.com/indiancreekgolfclub twitter.com/IndianCreek_gc instagram.com/indiancreekgolfclub_dfw indiancreekgolfclub.blogspot.com indiancreekgolfclub.com/onlinestore

FACILITY PRICING

Range Balls:

Warmup - \$3 • Small - \$6 • Medium - \$10 • Large - \$14

RENTAL CLUB PRICING

\$20 Full Set (does not include balls) \$50 Premium Callaway Set (includes 2 sleeves of balls)

IN-SEASON RATES (MARCH-OCTOBER)

(Call Golf Shop for Nov-Feb twilight hours)

Rates as shown include golf car, tax not included.

Walking rates are available.

Weekdays	Creek	Lakes
Open-1pm	\$58	\$40
1-4pm	\$46	\$35
4pm-Close	\$33	\$23
Seniors (60+)	\$40	\$36
Military Veteran	\$40	\$36
Junior* (21 under)	\$15/31	\$10/26
Weekends Open-1pm	Creek \$68	Lakes \$45
1-4pm	\$46	\$35
4pm-Close	\$33	\$23

Save time – Prepay Online indiancreekgolfclub.com/teetimes

*Junior walk/ride rate (age 18+ required for rental)

ALL CARROLLTON RESIDENTS RECEIVE \$5 DISCOUNT

(Show current driver's license with Carrollton address)

FINN SCOOTERS ARE AVAILABLE FOR RENTAL

Rental Cost

- \$25+tax for 18-holes
- \$13+tax for 9-holes

Things to Know

- One rider and bag per scooter
- First come, first served (no reservations)
- Not available when cart path only
- GPS tracked for security
- Before you arrive or prior to rental, download the app and bring your sunscreen.
- Prior to operation, users will demo the unit with a staff member to ensure safe use.

Features

- Single-rider carts that speed up the pace of play with an average pace of 7.5 minutes per hole (don't forget groups in front will be on standard pace)
- Easy and compact to store
- Silent
- Turf-friendly tires
- Batteries last for up to 36 holes

Email us regarding a Finn Scooter purchase, with the subject line: Finn Scooter.



Gymnastics

Texas Dynamix Gymnastics is a year-round program offering each child the opportunity to develop a strong, healthy body and learn discipline, determination, and self-motivation. Participants must secure their hair away from their face and may not wear jewelry of any kind. Students may wear leotards or T-shirts and shorts and be barefooted. Bare midriffs will not be allowed. Parents and visitors may observe from outside the gym. Makeup dates will be announced as needed.

For information and to register, visit texasdynamixgymnastics.com. No classes the week of March 8-12.

SESSION 1 - Starts the week of January 1 and ends the week of February 17. SESSION 2 - Starts the week of February 23 and ends the week of April 14.

BOYS GYMNASTICS

These classes are for beginner and intermediate boys. We will focus on all six gymnastics events for boys, improving coordination, and building strength. Level: Beginner-Intermediate.

Instructor: Maestas

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1						
RRC	4-12	1/5-2/16	Tu	6:30-7:20pm	7	\$100/\$110
RRC	4-12	1/6-2/17	W	3:30-4:20pm	7	\$100/\$110
RRC	4-12	1/6-2/17	W	6:30-7:20pm	7	\$100/\$110
Session 2						
RRC	4-12	2/23-4/13	Tu	6:30-7:20pm	7	\$100/\$110
RRC	4-12	2/24-4/14	W	6:30-7:20pm	7	\$100/\$110
RRC	4-12	2/24-4/14	W	3:30-4:20pm	7	\$100/\$110

BOYS TUMBLING & STRENGTH

This is a great class for boys to release some energy. Emphasis will be placed on building strength and discipline. Stretching, tumbling, and trampoline are included for increased flexibility, motor skills, and self-confidence. Level: Beginner-Intermediate. Instructor: Maestas

		0				
LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
RRC	6-14	1/6-2/7	W	7:30-8:15pm	7	\$50/\$55
RRC	6-14	2/23-4/13	W	7:30-8:15pm	7	\$50/\$55

COMPETITIVE TEAM

Team is by invitation only. We compete in USAG competitions. Commitment to the team includes purchase of team warmup gear, team leotard, and payment for competitions. Once on the team, skipped sessions are not allowed. *Email cortmaestas@yahoo.com* if you have any questions. Instructor: Maestas

·	questions			_	
AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
5-18	1/5-2/28	Tu/Th	4-7pm	14	\$265/\$\$291.50
5-18	2/23-4/15	Tu/Th	4-7pm	14	\$310/\$341
5-18	1/5-2/29	Tu/Th/F	4-7pm	21	\$305/\$335.50
5-18	2/23-4/16	Tu/Th/F	4-7pm	21	\$375/\$412.50
5-18	1/5-2/29	Tu-F	4:30-7:30pm	28	\$360/\$396
5-18	2/23-4/16	Tu-F	4:30-7:30pm	28	\$420/\$462
5-18	1/5-2/29	Tu-F	3.30-8pm	28	\$415/\$456.50
5-18	2/23-4/16	Tu-F	9am-12pm	28	\$420/\$462
	5-18 5-18 5-18 5-18 5-18 5-18	AGE DATES 5-18 1/5-2/28 5-18 2/23-4/15 5-18 1/5-2/29 5-18 1/5-2/29 5-18 2/23-4/16 5-18 1/5-2/29 5-18 1/5-2/29	AGE DATES DAY 5-18 1/5-2/28 Tu/Th 5-18 2/23-4/15 Tu/Th 5-18 1/5-2/29 Tu/Th/F 5-18 1/5-2/29 Tu-F 5-18 2/23-4/16 Tu-F 5-18 1/5-2/29 Tu-F 5-18 1/5-2/29 Tu-F	5-18 1/5-2/28 Tu/Th 4-7pm 5-18 2/23-4/15 Tu/Th 4-7pm 5-18 1/5-2/29 Tu/Th/F 4-7pm 5-18 2/23-4/16 Tu/Th/F 4-7pm 5-18 1/5-2/29 Tu-F 4:30-7:30pm 5-18 2/23-4/16 Tu-F 4:30-7:30pm 5-18 1/5-2/29 Tu-F 3.30-8pm	AGE DATES DAY TIME #CLSS 5-18 1/5-2/28 Tu/Th 4-7pm 14 5-18 2/23-4/15 Tu/Th 4-7pm 14 5-18 1/5-2/29 Tu/Th/F 4-7pm 21 5-18 2/23-4/16 Tu/Th/F 4-7pm 21 5-18 1/5-2/29 Tu-F 4:30-7:30pm 28 5-18 1/5-2/29 Tu-F 4:30-7:30pm 28 5-18 1/5-2/29 Tu-F 3:30-8pm 28





GIRLS GYMNASTICS

If your daughter aspires to be a competitive gymnast or wants a fun activity, she will enjoy learning challenging skills, discipline, dance, and increasing athletic abilities. A refined mix of skills training, stretching, conditioning, and fun games will provide her with the tools to become a well-rounded athlete. Level: Beginner-Intermediate. Instructor: Maestas

BEGINNE	R					
LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1						
RRC	6-15	1/5-2/16	Tu	5-5:55pm	7	\$60/\$66
RRC	6-15	1/5-2/18	Tu/Th	6-6:55pm	14	\$118/\$130
RRC	6-15	1/7-2/18	Th	4-4:55pm	7	\$60/\$66
RRC	6-15	1/7-2/18	Th	5-5:55pm	7	\$60/\$66
RRC	6-15	1/6-2/17	W	5:30-6:25pn	n 7	\$60/\$66
RRC	6-15	1/6-2/17	W	6:30-7:25pn		\$60/\$66
RRC	6-15	1/8-2/19	F	4:30-5:25pn	n 7	\$60/\$66
RRC	6-15	1/8-2/19	F	5:30-6:25pn	n 7	\$60/\$66
Session 2						
RRC	6-15	2/23-4/13	Tu	5-5:55pm	7	\$60/\$66
RRC	6-15	2/23-4/15	Tu/Th	6-6:55pm	14	\$118/\$130
RRC	6-15	2/25-4/15	Th	4-4:55pm	7	\$60/\$66
RRC	6-15	2/25-4/15	Th	5-5:55pm	7	\$60/\$66
RRC	6-15	2/24-4/14	W	5:30-6:25pn	n 7	\$60/\$66
RRC	6-15	2/24-4/14	W	6:30-7:25pn	n 7	\$60/\$66
RRC	6-15	2/26-4/16	F	4:30-5:25pn	n 7	\$60/\$66
RRC	6-15	2/26-4/16	F	5:30-6:25pn	n 7	\$60/\$66
INTERME	DIATE					
LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1						
RRC	6-15	1/5-2/16	Tu	5-5:55pm	7	\$60/\$66
RRC	6-15	1/5-2/18	Tu/Th	6-6:55pm	14	\$118/\$130
RRC	6-15	1/7-2/18	Th	4-4:55pm	7	\$60/\$66
RRC	6-15	1/7-2/18	Th	5-5:55pm	7	\$60/\$66

5-5:55pm 1/7-2/18 \$60/\$66 RRC 6-15 W **RRC** 6-15 1/6-2/17 5:30-6:25pm 7 \$60/\$66 **RRC** 6-15 1/6-2/17 W 6:30-7:25pm \$60/\$66 7 **RRC** 6-15 1/8-2/19 F 4:30-5:25pm 7 \$60/\$66 **RRC** 6-15 1/8-2/19 F 5:30-6:25pm 7 \$60/\$66 Session 2 **RRC** 6-15 2/23-4/13 Tu 5-5:55pm \$60/\$66 **RRC** 6-15 2/23-4/15 Tu/Th 6-6:55pm \$118/\$130 14 **RRC** 6-15 2/25-4/15 Th 4-4:55pm 7 \$60/\$66 5-5:55pm RRC 6-15 2/25-4/15 Th 7 \$60/\$66 **RRC** 6-15 2/24-4/14 W 5:30-6:25pm 7 \$60/\$66 W \$60/\$66 RRC 6-15 2/24-4/14 6:30-7:25pm **RRC** 6-15 2/26-4/16 4:30-5:25pm \$60/\$66

5:30-6:25pm

\$60/\$66

RRC

6-15 2/26-4/16

GIRLS PRE-TEAM

This program is for advanced gymnasts who are working and learning USAG Level 1 and 2 skills. This program is not only for girls who wish to participate in gymnastics for fun, but also for those who are preparing for our competition team. Level: Advanced. Instructor: Maestas

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
RRC	6-15	1/5-2/18	Tu/Th	6:45-8pm	14	\$122/\$134.25
RRC	6-15	2/23-4/15	Tu/Th	6:45-8pm	14	\$122/\$134.25

GIRLS SHOW TEAM

This is an advanced class and is by invitation only. This class is a combination of advanced gymnastics and ballet. The girls will learn routines for each event and put on one show per year, showcasing all of their learned skills and routines. Purchase of team leotard is required. Level: Advanced. Instructor: Maestas

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
RRC	6-15	1/6-2/19	W/F	6:45-8pm	14	\$122/\$134.25
RRC	6-15	2/24-4/16	W/F	6:45-8pm	14	\$122/\$134.25

GIRLS TUMBLING & TRAMPOLINE

Develop all the skills you need to do cartwheels, round-offs, and front and back handsprings. Level: Beginner-Intermediate. Instructor: Maestas

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
RRC	6-15	1/6-2/17	W	7:30-8:15pm	7	\$50/\$55
RRC	6-15	2/24-4/14	W	7:30-8:15pm	7	\$50/\$55

LITTLE DYNAMIX

This class is by invitation only and is designed for our advanced preschoolers and elementary-age children to prepare them for our Level 2 Team. Instructor: Maestas

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1						
RRC	4-6	1/6-2/17	W	4:30-6:30pm	7	\$165/\$181.50
RRC	4-6	1/6-2/19	W/F	4:30-6:30pm	14	\$200/\$220
Session 2						
RRC	4-6	2/24-4/14	W	4:30-6:30pm	1 7	\$165/\$181.50
RRC	4-6	2/24-4/16	W/F	4:30-6:30pm	14	\$200/\$220

PARENTS' NIGHT OUT OPEN GYM

Enjoy a night out knowing your kids are in a fun, safe environment. In addition to access to the gymnastics equipment, pizza, crafts, and games will be provided. Sibling discount \$15. Instructor: Maestas

LOC	AGE	DATES	DAY	TIME #	CLSS	\$(RES/NR)
RRC	4-13	1/22	F	7:30-10:30pm	1	\$30/\$33
RRC	4-13	2/19	F	7:30-10:30pm	1	\$30/\$33
RRC	4-13	3/19	F	7:30-10:30pm	1	\$30/\$33
RRC	4-13	4/16	F	7:30-10:30pm	1	\$30/\$33



ROLLIE POLLIE GYMNASTICS LLC

These classes introduce beginner skills in all four gymnastics events. We work on body positions, technique, and skills. For ages walking through two years, it will be a parent + tot class. Each class will incorporate shapes, colors, numbers, and letters. Different age groups will go into different depths of each subject. Children are never too young to be introduced to new learning! Instructor: Maestas

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
SESSI	ON 1					
Walkin	g – 2 Yea	rs Old (Parei	nt/Chil	d Class)		
RRC	0-2	1/5-2/16	Tu	6:30-7:05pm	7	\$104.50/\$114.75
RRC	0-2	1/7-2/18	Th	9:15-9:50am	7	\$104.50/\$114.75
RRC	0-2	1/8-2/19	F	9:15-9:50am	7	\$104.50/\$114.75
RRC	0-2	1/6-2/17	W	5:30-6:05pm	7	\$104.50/\$114.75
RRC	0-2	1/8-2/19	F	4:30-5:05pm	7	\$104.50/\$114.75
RRC	0-2	1/8-2/19	F	6:30-7:05pm	7	\$104.50/\$114.75
3-4 Yea						
RRC	3-4	1/6-2/17	W	11-11:50am	7	\$132.50/\$145.75
RRC	3-4	1/7-2/18	Th	10-10:50am	7	\$132.50/\$145.75
RRC	3-4	1/8-2/19	F	10-10:50am	7	\$132.50/\$145.75
RRC	3-4	1/5-2/16	Tu	4:30-5:20am	7	\$132.50/\$145.75
RRC	3-4	1/5-2/16	Tu	5:30-6:20pm	7	\$132.50/\$145.75
RRC	3-4	1/7-2/18	Th	5:30-6:20pm	7	\$132.50/\$145.75
RRC	3-4	1/7-2/18	Th	6:30-7:20pm	7	\$132.50/\$145.75
RRC	3-4	1/8-2/19	F	5:30-6:20Pm	7	\$132.50/\$145.75
4-6 Yea						
RRC	4-6	1/7-2/18	Th	11-11:50am	7	\$132.50/\$145.75
RRC	4-6	1/8-2/19	F	11-11:50am	7	\$132.50/\$145.75
RRC	4-6	1/7-2/18	Th	3:30-4:20pm	7	\$132.50/\$145.75
RRC	4-6	1/8-2/19	F	3:30-4:20pm	7	\$132.50/\$145.75
RRC	4-6	1/6-2/17	W	4:30-5:20pm	7	\$132.50/\$145.75
RRC	4-6	1/6-2/17	W	6:30-7:20pm	7	\$132.50/\$145.75
RRC	4-6	1/7-2/18	Th	4:30-5:20pm	7	\$132.50/\$145.75
SESSI	ON 2					
	-	rs Old (Pare				
RRC	0-2	2/23-4/13	Tu	6:30-7:05pm	7	\$104.50/\$115
RRC	0-2	2/25-4/14	Th	9:15-9:50am	7	\$104.50/\$115
RRC	0-2	2/26-4/15	F	9:15-9:50am	7	\$104.50/\$115
RRC	0-2	2/24-4/14	W	5:30-6:05pm	7	\$104.50/\$115
RRC	0-2	2/26-4/16	F	6:30-7:05pm	7	\$104.50/\$115
RRC	0-2	2/26-4/16	F	4:30-5:05pm	7	\$104.50/\$115
3-4 Yea						
RRC	3-4	2/24-4/14	W	11-11:50am	7	\$132.50/\$145.75
RRC	3-4	2/25-4/15	Th	10-10:50am	7	\$132.50/\$145.75
RRC	3-4	2/26-4/16	F	10-10:50am	7	\$132.50/\$145.75
RRC	3-4	2/23-4/13	Tu	4:30-5:20am	7	\$132.50/\$145.75
RRC	3-4	2/23-4/13	Tu	5:30-6:20pm	7	\$132.50/\$145.75
RRC	3-4	2/25-4/15	Th	5:30-6:20pm	7	\$132.50/\$145.75
RRC	3-4	2/25-4/15	Th	6:30-7:20pm	7	\$132.50/\$145.75
RRC	3-4	2/26-4/16	F	5:30-6:20pm	7	\$132.50/\$145.75
4-6 Yea						
RRC	4-6	2/25-4/15	Th	11-11:50am	7	\$132.50/\$145.75
RRC	4-6	2/26-4/16	F	11-11:50am	7	\$132.50/\$145.75
RRC	4-6	2/25-4/15	Th	3:30-4:20pm	7	\$132.50/\$145.75
RRC	4-6	2/26-4/16	F	3:30-4:20pm	7	\$132.50/\$145.75
RRC	4-6	2/24-4/14	W	4:30-5:20pm	7	\$132.50/\$145.75
RRC	4-6	2/24-4/14	W	6:30-7:20pm	7	\$132.50/\$145.75
P ∩I I	IE DO	I I IF OPF	N C	/M		

ROLLIE POLLIE OPEN GYM

Bring your preschooler for a fun and active morning. The gymnastics gym will be open for open play for you and your child to run, climb, flip, and interact with other children. Instructor: Maestas

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
RRC	0-6	1/20	W	9:30-11:30am	1	\$7/\$7.75
RRC	0-6	2/17	W	9:30-11:30am	1	\$7/\$7.75
RRC	0-6	3/17	W	9:30-11:30am	1	\$7/\$7.75
RRC	0-6	4/14	W	9:30-11:30am	1	\$7/\$7.75
RRC	0-6	11/18	W	9:30-11:30am	1	\$7/\$7.75
RRC	0-6	12/2	W	9:30-11:30am	1	\$7/\$7.75
RRC	0-6	12/16	W	9:30-11:30am	1	\$7/\$7.75

Adult Leagues

ADULT BASKETBALL LEAGUE

This league consists of seven regular season games plus playoffs for the top finishers in each division. Registration for the winter league will be held 11/23-1/4. Registration for the spring league will be held 1/18-3/8. No games 4/4.

Winter Early-Bird Registration is November 23-December 28:	\$395
Winter Standard Registration is December 29-January 4:	\$420
Spring Early-Bird Registration is January 18-March 1:	\$395
Spring Standard Registration is March 2-March 8:	\$420

CLASS#	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS
Rosemeade	e Rec Cer	nter					
207000-20	1/17	Rec/Comp	RRC	18+	Su	1-10pm	7
207000-30	3/21	Rec/Comp	RRC	18+	Su	1-10pm	7
Crosby Red	Center						
207001-20	1/19	Rec	CRC	18+	Tu	6:30-10:30pm	7
207001-30	3/23	Rec	CRC	18+	Tu	6:30-10:30pm	7

ADULT CORNHOLE LEAGUE

Grab a partner and come out for the spring Adult Cornhole League! This is a doubles league open to all genders and skill levels. Matches will take place on Tuesday nights at 3 Nations Brewery. Boards and bags will be provided. Matches will run 3/23-5/11 and playoffs will take place on 5/18. Players may register individually or as a team. Individual registrants will be assigned partners. For more information, visit cityofcarrollton.com/athletics.

Early-Bird Registration is February 1-March 1:

	Resident \$40	Non-resident \$44
dard Registration is Ma	arch 2-March 8	

Resident \$55 Non-resident \$59

CLASS#	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS
207120-20	3/23	Doubles	3 Nations	21+	Tu	6:30-10:30pm	8

ADULT FLAG FOOTBALL LEAGUE

Football season is back. Join the spring 8-on-8 Flag Football League. Competitive and recreational divisions play on Thursday evenings. *Teams will be responsible for providing their own flags and game balls. Registration will be held 1/4-2/18*.

Spring Early-Bird Registration is January 4-February 11: \$370 Spring Standard Registration is February 12-February 18: \$395

CLASS#	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS	
207050-30	3/4	Coed	McInnish	18+	Th	6:45-10:45pm	8	
207051-30	3/4	Men's	McInnish	18+	Th	6:45-10:45pm	8	

ADULT FLAG FOOTBALL TOURNAMENT

Round up your team for the spring Flag Football All-Nighter Tournament. Games will kick off at 9pm on 4/16. *Teams will be responsible for providing their own flags and game balls.* Registration will be held 3/8-4/11. In-person registration will close on 4/9.

CLASS#	STARTS	DIVISION	LOC	AGE	DAY	TIME	\$
207055-40	4/16	Men's	McInnish	18+	F-Sa	9pm	\$205

ADULT RACQUETBALL LEAGUE

This is a coed league and players set their own time to compete. Call ahead to reserve a court. Matches for the winter league will run 1/11-3/21. Registration deadline for the winter league is 1/3. Matches for the spring league will run 3/29-6/13. Registration deadline for the spring league is 3/21. For more information or help with selecting a level, email melvin.hill@cityofcarrollton. com. Divisions are subject to change at league director's discretion.

LEVELS

A-1 = Elite Players
A-2 = Accomplished/Veteran Players
B-1 = Intermediate Players
C-1 = Beginner/Recreational Players

CLASS#	LEV	LOC	AGE	DATES	DAY	\$(RES/NR)
200000-05	A-1	RRC	16+	1/11-3/21	M-Su	\$15/\$20
200000-06	A-2	RRC	16+	1/11-3/21	M-Su	\$15/\$20
200000-07	B-1	RRC	16+	1/11-3/21	M-Su	\$15/\$20
200000-08	C-1	RRC	16+	1/11-3/21	M-Su	\$15/\$20
200000-31	A-1	RRC	16+	3/29-6/13	M-Su	\$15/\$20
200000-32	A-2	RRC	16+	3/29-6/13	M-Su	\$15/\$20
200000-33	B-1	RRC	16+	3/29-6/13	M-Su	\$15/\$20
200000-34	C-1	RRC	16+	3/29-6/13	M-Su	\$15/\$20

ADULT SOFTBALL LEAGUE

All games are played at McInnish Softball Complex, Sunday through Friday. Softballs must be purchased from the City. League divisions include Men's D, E, Coed, Church, and Men's Senior (40+). A free agent list for individuals looking for a team is available at cityofcarrollton.com/athletics. No games 4/2 & 4/4.

REGISTRATION DATES:

Winter 250' I Early Bird Ro	Double Header egistration:	s December 7-D	ecember 30	\$350	
Standard Re	_	December 31-	December 31-January 6		
Spring Singl Early Bird Re Standard Re	egistration:	•	January 18-February 19 February 20- February 26		
Spring Doub Early Bird Ro Standard Re	egistration:	•	January 18-February 19 February 20-February 26		
WINTER 25	0'				
CLASS#	STARTS	DIVISION	AGE	DAY	
207152-00	1/17	Men's Senior DH	40+	Su	
207152-02	1/18	Men's DH	18+	M	
207152-04	1/19	Men's DH	18+	Tu	

207152-06	1/20	Men's DH	18+	W
SPRING				
CLASS#	STARTS	DIVISION	AGE	DAY
207153-00	3/14	Men's SG	18+	Su
207153-01	3/14	Men's Senior DH	40+	Su
207153-02	3/15	Men's DH	18+	M
207153-03	3/16	Men's DH	18+	Tu
207153-04	3/17	Men's DH	18+	W
207153-05	3/18	Men's Church	18+	Th

Coed

18+

ADULT SOFTBALL TOURNAMENTS

207153-06

3/19

The City of Carrollton Parks & Recreation Department invites individuals and softball teams to participate in City-sponsored softball tournaments. The City will host a variety of tournaments at the award-winning McInnish Softball Complex. All tournaments are USSSA sanctioned. *Tournament dates will be posted at cityofcarrollton.com/athletics beginning January 2021*.



MINI BASKETBALL – COED LEAGUE

Our youth basketball program focuses on skill development, healthy competition, sportsmanship, and fun. For boys and girls ages 5-6 (as of September 1, 2020). Registration is open to both individuals and teams. Teams will begin practicing the week of 1/11. The season runs 1/23-3/13. Games are played on Friday and Saturday. The minileague participation fee includes a jersey, coached practices, eight league games, and everyone receives a participation award. **Detailed league information is available at cityofcarrollton.com/athletics.**

CLASS#	STARTS	DIVISION	AGE
207200-13	1/23	Rec.	5-6

Early-Bird Registration is November 16-December 14:

Resident \$80 Non-resident \$100

Standard Registration is December 15-December 21:

Resident \$95 Non-resident \$115

YOUTH BASKETBALL – RECREATION LEAGUE

Our youth basketball program focuses on skill development, healthy competition, sportsmanship, and fun. For boys and girls ages 7-14 (as of September 1, 2020). Registration is open to both individuals and teams. Teams will begin practicing the week of 1/11. The season runs from 1/23-3/13. Games are played on Friday and Saturday. The league participation fee includes a jersey, practices, six league games, and two playoff games. *Detailed league information is available at cityofcarrollton.com/athletics*.

BOYS

CLASS#	STARTS	DIVISION	AGE
207200-07	1/23	Rec.	7u
207200-08	1/23	Rec.	8u
207200-09	1/23	Rec.	9u
207200-10	1/23	Rec.	10u
207200-11	1/23	Rec.	11u
207200-12	1/23	Rec.	12-14u

Early-Bird Registration is November 16-December 14:

Resident \$80 Non-resident \$100

Standard Registration is December 15-December 21:

Resident \$95 Non-resident \$115

GIRLS

CLASS#	STARTS	DIVISION	AGE
207250-07	1/23	Rec.	7u
207250-08	1/23	Rec.	8u
207250-09	1/23	Rec.	9u
207250-10	1/23	Rec.	10u
207250-11	1/23	Rec.	11u
207250-12	1/23	Rec	12-1411

Early-Bird Registration is November 16-December 14:

Resident \$80 Non-resident \$100

Standard Registration is December 15-December 21:

Resident \$95 Non-resident \$115

YOUTH CORNHOLE LEAGUE

Grab a friend and come out for the Youth Cornhole League. This is a doubles league open to youth ages 9-18 of all skill levels. Players may register individually or as a team. Individual registrants will be assigned partners. Matches will take place on Wednesday evenings at Downtown Carrollton. Boards and bags will be provided. Matches will run 3/24-5/19. For more information, visit cityofcarrollton.com/athletics.

CLASS#	STARTS	DIVISION	AGE
207121-40	3/24	Rec.	9-11
207121-50	3/24	Rec.	12-14
207121-60	3/24	Rec.	15-18

Early-Bird Registration is February 1-March 1:

Resident \$40 Non-resident \$44

Standard Registration is March 2-March 8:

Resident \$55 Non-resident \$59

YOUTH VOLLEYBALL – RECREATION LEAGUE

Carrollton Parks & Recreation youth volleyball is a great way to introduce kids to the sport of volleyball. FUN for girls ages 7-14 (as of September 1, 2020). Participants learn the fundamentals of the game, from game strategy, rules, and mechanics, to basic volleyball techniques including passing, setting, bumping, and hitting. All levels focus on player development, having fun, and sportsmanship. Participants will have one practice a week and at least one game per week. Registration includes a league jersey and end of season tournament. Practice begins the week of 2/22, and games begin on 3/6. Closed-toe athletic shoes are required; volleyball knee pads are recommended. No games 3/20 & 4/4.

CLASS#	STARTS	DIVISION	AGE
207400-01	3/6	Rec.	7/8U
207400-02	3/6	Rec.	9/10U
207400-03	3/6	Rec.	11/12U
207400-04	3/6	Rec.	13/14U

Early-Bird Registration is December 7-January 25:

Resident \$80 Non-resident \$100

Standard Registration is January 26-February 1:

Resident \$95 Non-resident \$115

VOLUNTEER COACHES

Are you interested in coaching in any of the City's youth sports leagues like basketball or volleyball? This is your opportunity.

For more information on opportunities, email athletics@cityofcarrollton.com.



PICKLEBALL OPEN PLAY

Courts and equipment are now available at Crosby Recreation Center for guests to enjoy. All guests must have a membership or daily pass to participate.



OPEN PLAY TIMES:

Crosby Recreation Center

Tuesday and Thursday • 6-11am Tuesday and Thursday you must have a valid Rosemeade or Crosby Recreation membership.

Senior Days at Crosby

Monday, Tuesday, and Wednesday • 6am-1pm Play pickleball for free with a valid Senior Center membership.

> **Reservations through OCTC** for Rhoton Park

Martial Arts

KARATE

Karate teaches self-defense, self-discipline, self-control, poise, and politeness. This class offers a chance to advance as you learn more skills. Earn colored belts by testing and paying an additional fee. No class 3/11. Instructor: Nakaya

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161150-33	CRC	6+	1/7-2/11	Th	6:30-7:45pm	6	\$46/\$50.75
161150-34	CRC	6+	2/18-4/1	Th	6:30-7:45pm	6	\$46/\$50.75
161150-35	CRC	6+	4/8-5/13	Th	6:30-7:45pm	6	\$46/\$50.75

DROP IN>> KUNG FU

Wah Lum Northern Praying Mantis Kung Fu is a traditional Chinese martial arts system. Our program focuses on many aspects within our style of Kung Fu including forms, weaponry, self-defense, body strengthening, and flexibility. There is no better way to get in shape than learning a 400-year old art. Come join our Wah Lum Family! Adult/Kids Kung Fu 6:30-7:30pm on Fridays. \$15 (res)/\$16.50 (non-res) drop in fee. No class 2/2, 4/2 & 4/23. Instructor: Mui

CLASS#	LOC	AGE	DATES	DAY	TIME #	CLSS	\$(RES/NR)
Adults							
160130-34	RRC	13+	1/5-1/28	Tu/F	6:15-7:15pm	8	\$75/\$82.50
160130-35	RRC	13+	2/4-2/26	Tu/F	6:15-7:15pm	7	\$65.75/\$72.25
160130-36	RRC	13+	3/2-3/30	Tu/F	6:15-7:15pm	9	\$84.50/\$93
160130-37	RRC	13+	4/5-4/30	Tu/F	6:15-7:15pm	7	\$65.75/\$72.25
Kids							
160135-34	RRC	6-12	1/5-1/28	Tu/F	5:30-6:15pm	8	\$70/\$77
160135-35	RRC	6-12	2/4-2/26	Tu/F	5:30-6:15pm	7	\$61.25/\$67.50
160135-36	RRC	6-12	3/2-3/30	Tu/F	5:30-6:15pm	9	\$78.75/\$86.75
160135-37	RRC	6-12	4/5-4/30	Tu/F	5:30-6:15pm	7	\$61.25/\$67.50

RED TIGER KARATE

Learn American karate in this white through black belt program that runs year-round. The junior program develops self-esteem, positive behavior, academic achievement, and respect for others. In addition to practicing karate techniques, abduction prevention training and bully self-defense skills are integrated into the lessons. Adult classes focus on street self-defense, fitness, and personal development. Benefits of the program will reach beyond the class by improving everyday focus and quality of life, while reducing daily stress. For more information, visit redtigerkarate.com or call 817-845-1557. No class 3/12. Instructor: Margach

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160170-36	RRC	5-7	1/15-3/19	F	5:30-6:15pm	n 9	\$60/\$66
160170-37	RRC	8-12	1/15-3/19	F	6:15-7pm	9	\$60/\$66
160170-38	RRC	13+	1/15-3/19	F	7-7:45pm	9	\$60/\$66
160170-46	RRC	5-7	3/26-5/21	F	5:30-6:15pm	n 9	\$60/\$66
160170-47	RRC	8-12	3/26-5/21	F	6:15-7pm	9	\$60/\$66
160170-48	RRC	13+	3/26-5/21	F	7-7:45pm	9	\$60/\$66



DROP IN>> TAI CHI

Tai Chi is an internal exercise program which consists of slow, relaxed, flowing, and balanced movements. There are many health benefits to practicing Tai Chi including increase in energy, improved balance, and strength. Some aspects of our program include meditation, stretching, and empty-hand and weapon forms in the Yang and Chen styles. \$15 (res)/\$16.50 (non-res) drop in fee. No class 2/12, 2/13, & 4/23. Instructor: Mui

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Rosemeade	Recre	ation (Center				
160110-34	RRC	13+	1/8-1/29	F	5:30-6:30pm	1 4	\$45/\$49.50
160110-35	RRC	13+	2/5-2/26	F	5:30-6:30pm	3	\$33.75/\$37.25
160110-36	RRC	13+	3/5-3/26	F	5:30-6:30pm	1 4	\$45/\$49.50
160110-37	RRC	13+	4/9-4/30	F	5:30-6:30pm	3	\$33.75/\$37.25
Senior Rec	reation	Cente	r				
132015-30	SRC	13+	1/9-1/30	Sa	9:15-10:15an	ո 4	\$45/\$49.50
132015-31	SRC	13+	2/6-2/27	Sa	9:15-10:15an	1 3	\$33.75/\$37.25
132015-32	SRC	13+	3/6/3/27	Sa	9:15-10:15an	ո 4	\$45/\$49.50
132015-33	SRC	13+	4/3-4/24	Sa	9:15-10:15an	ո 4	\$45/\$49.50



For your convenience, recreation centers accept Visa and MasterCard for all Parks & Recreation fees.

Sports Classes



AMO VOLLEYBALL

Allison and Michelle Operations (AMO) Volleyball covers all aspects of the game for athletes at any level. We pride ourselves in providing experienced coaches who are able to give personalized instruction, high intensity, and fun. Our goals for each class and camp are to teach the fundamental aspects of the game (physical, technical, mental, and emotional), emphasize efficiency, correct technique, and increase volleyball knowledge. AMO will make class session recommendations based on player assessment to better fit the athlete's skill level after the second week of class (if applicable). This will ensure each player is learning in an environment that can facilitate growth. Email amovolleyl@gmail.com for more information. Instructor: AMO Volleyball

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)		
Crosby Rec Center									
161120-10	CRC	7-18	1/25-3/1	M	6:30-7:30pm	6	\$115/\$126.50		
161120-11	CRC	7-18	3/22-4/26	M	6:30-7:30pm	ı 6	\$115/\$126.50		
Rosemead	e Rec (Center							
160120-10	RRC	7-18	1/27-3/3	W	6:30-7:30pm	6	\$115/\$126.50		
160120-11	RRC	7-18	1/27-3/3	W	7:30-8:30pm	n 6	\$115/\$126.50		
160120-12	RRC	7-18	3/24-4/28	W	6:30-7:30pm	6	\$115/\$126.50		
160120-13	RRC	7-18	3/24-4/28	W	7:30-8:30pm	n 6	\$115/\$126.50		

NEW>> BALLHANDLING, FINISHING, & SHOOTING BASKETBALL SKILLS

These are specialized skills sessions dedicated specifically to ballhandling, finishing, and shooting. During these sessions, we will teach you the ballhandling moves designed to confuse defenders, giving you the ultimate advantage. We will also reveal the pillars to becoming a complete offensive player who can score at will through catch-and-shoot fundamentals, shot form, developing a "shot first" mentality, and three finishing options guaranteed to make you a high-percentage finisher at the rim. These skills sessions are guaranteed to take your child's game to the next level. *No class 3/18*. Instructor: Attack Basketball

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NF
161520-01	RRC	10-14	1/7-1/28	Th	6:30-8pm	4	\$90/\$99
161520-02	RRC	10-14	2/4-2/25	Th	6:30-8pm	4	\$90/\$99
161520-03	RRC	10-14	3/4-4/1	Th	6:30-8pm	4	\$90/\$99
161520-04	RRC	10-14	4/8-4/29	Th	6:30-8pm	4	\$90/\$99

NEW>> COMPLETE BASKETBALL ACADEMY

These sessions will give the blueprint needed to become a complete basketball player. Sessions will consist of Q&A to expand your basketball knowledge, film study, and workouts, which, altogether, will develop basketball awareness. It is extremely rare to find one source that addresses these three areas of basketball development. Not only are we providing one source, we are rolling all three into one easy-to-follow, immediately implementable format. Pre-printed Complete Academy Notebook is included. *No class 3/15*. Instructor: Attack Basketball

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161530-01	RRC	12-18	3/1-3/29	M	6:30-8pm	4	\$90/\$99
161530-02	RRC	12-18	4/5-4/26	M	6:30-8pm	4	\$90/\$99

NEW>> ESSENTIAL BASKETBALL SKILLS

These skills sessions focus on developing the complete basketball player, no matter their skill level or ability. No player can build an elite game on a shaky foundation. Let us teach you the most effective way to execute the basic basketball fundamentals in a fun environment through innovative drills, simple exercises, and games. The class will cover ball handling, shooting, offensive and defensive skills, passing, rebounding, and intensity training awareness. *No class 3/16 & 3/17.* Instructor: Attack Basketball

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)					
Crosby Rec Center												
161500-01	CRC	7-10	1/6-1/27	W	4-5pm	4	\$60/\$66					
161500-02	CRC	7-10	2/3-2/24	W	4-5pm	4	\$60/\$66					
161500-03	CRC	7-10	3/3-3/31	W	4-5pm	4	\$60/\$66					
161500-04	CRC	7-10	4/7-4/28	W	4-5pm	4	\$60/\$66					
Rosemead	e Rec (Center										
161500-10	RRC	7-10	1/5-1/26	Tu	4-5pm	4	\$60/\$66					
161500-11	RRC	7-10	2/2-2/23	Tu	4-5pm	4	\$60/\$66					
161500-12	RRC	7-10	3/2-3/30	Tu	4-5pm	4	\$60/\$66					
161500-13	RRC	7-10	4/6-4/27	Tu	4-5pm	4	\$60/\$66					

NEW>> INDIVIDUAL & SMALL GROUP BASKETBALL TRAINING

Whether your child is just getting started with basketball, or he or she has been developing skills on the court for years, they can benefit from individual basketball training. We offer both one-on-one training, like having a personal trainer at the gym, and small group training with two to four players per session, where players can practice in a real-time, game-like application. Ages 9 and up. \$85/hour for individual training and \$65/hour per person for small group training. For more details and scheduling, call 214-223-7865 or email meredith@attackbball.com. Instructor: Attack Basketball

MINI-HAWK BASEBALL

Mini-Hawk Baseball is a development program for kids that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals, and create a love of the game. *No class 3/16.* Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167050-14	JRSC	5-6	1/5-1/26	Tu	3:35-4:10pm	4	\$60/\$66
167050-15	JRSC	5-6	2/2-2/23	Tu	3:35-4:10pm	4	\$60/\$66
167050-16	JRSC	5-6	3/2-3/30	Tu	3:35-4:10pm	4	\$60/\$66
167050-17	JRSC	5-6	4/6-4/27	Tu	3:35-4:10pm	4	\$60/\$66

MOMMY/DADDY & ME SOCCER VIRTUAL

Here is your chance to join in your toddler's introduction to the world's most popular sport. You'll participate in fun, age-appropriate activities and help your child develop their motor and socialization skills. Each week the coach introduces and demonstrates several soccer-themed games over Zoom. Adult participation is required. Instructor: Kidz Love Soccer

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167035-01	VIR	2-3.5	1/9-1/30	Sa	11-11:30am	4	\$40/\$44
167035-02	VIR	2-3.5	2/6-2/27	Sa	11-11:30am	4	\$40/\$44
167035-03	VIR	2-3.5	3/6-3/27	Sa	11-11:30am	4	\$40/\$44
167035-04	VIR	2-3.5	4/3-4/24	Sa	11-11:30am	4	\$40/\$44

NEW>> NEW-YEAR KICKOFF BASKETBALL CAMP

This camp will set participants apart from other players by helping you develop an elite mindset. The class will cover fundamentals in a new way to help you master ballhandling and feel for the ball; become a stifling defensive player; learn leadership and life lessons; perfect shooting, scoring, and dribble moves; ensure your layups are automatic; and handle game situations like the pros. The camp is fast-paced, fun, and jam-packed with golden nuggets of basketball knowledge. Participants will leave a more complete and elite player. Instructor: Attack Basketball

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161540-01	RRC	7-14	1/2-1/3	Sa/Su	9am-12pm	2	\$70/\$77

PRE-SOCCER VIRTUAL

Learn core skills and develop a soccer foundation over Zoom. Play at home with an adult while we coach. Our time-tested, age specific curriculum builds confidence and promotes physical development. Pre-Soccer focuses on helping kids develop their large motor skills through demonstrations and entertaining games like Downtown Traffic. Adult participation is required.

Instructor: Kidz Love Soccer

CLASS#	LOC	AGE	DATES	DAY	TIME #	CLSS	\$(RES/NR)
167037-01	VIR	4-5	1/9-1/30	Sa	12:20-12:50pm	4	\$40/\$44
167037-02	VIR	4-5	2/6-2/27	Sa	12:20-12:50pm	4	\$40/\$44
167037-03	VIR	4-5	3/6-3/27	Sa	12:20-12:50pm	4	\$40/\$44
167037-04	VIR	4-5	4/3-4/24	Sa	12:20-12:50pm	4	\$40/\$44





NEW>> SECOND LEVEL FUNDAMENTAL BASKETBALL SKILLS

These skills sessions focus on game application of the fundamental basketball skills. Many players increase their individual skill level but never learn how to transfer their new skills into game performance. The instructors are here to help. In these second level skills, participants will hone in on the same skills that are taught in the essential basketball skills: ball handling, shooting, offensive and defensive skills, passing, rebounding, and intensity training awareness and showing you how to transfer these skills to universal team concepts. The ability to showcase your skills in game-like situations is how you make teams and earn the playing time in games that you want. No class 3/16 & 3/17. Instructor: Attack Basketball

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)					
Crosby Rec Center												
161510-01	CRC	11-14	1/6-1/27	W	5-6pm	4	\$60/\$66					
161510-02	CRC	11-14	2/3-2/24	W	5-6pm	4	\$60/\$66					
161510-03	CRC	11-14	3/3-3/31	W	5-6pm	4	\$60/\$66					
161510-04	CRC	11-14	4/7-4/28	W	5-6pm	4	\$60/\$66					
Rosemead	e Rec (Center										
161510-10	RRC	11-14	1/5-1/26	Tu	5-6pm	4	\$60/\$66					
161510-11	RRC	11-14	2/2-2/23	Tu	5-6pm	4	\$60/\$66					
161510-12	RRC	11-14	3/2-3/30	Tu	5-6pm	4	\$60/\$66					
161510-13	RRC	11-14	4/6-4/27	Tu	5-6pm	4	\$60/\$66					

SKYHAWKS BASEBALL

Skyhawks Baseball is a development program that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals, and create a love of the game. No class 3/16. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167050-18	JRSC	7-10	1/5-1/26	Tu	4:15pm-5pm	4	\$60/\$66
167050-19	JRSC	7-10	2/2-2/23	Tu	4:15pm-5pm	4	\$60/\$66
167050-20	JRSC	7-10	3/2-3/30	Tu	4:15pm-5pm	4	\$60/\$66
167050-21	JRSC	7-10	4/6-4/27	Tu	4:15pm-5pm	4	\$60/\$66

SKYHAWKS FLAG FOOTBALL

Flag Football is the perfect introduction to "America's Game." Participants learn skills on both sides of the football including the core components of passing, catching, and defense – all presented in a fun and positive environment. The week closes with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron! No class 3/18. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160040-10	JRSC	7-12	1/7-1/28	Th	4-5pm	4	\$60/\$66
160040-11	JRSC	7-12	2/4-2/25	Th	4-5pm	4	\$60/\$66
160040-12	JRSC	7-12	3/4-4/1	Th	4-5pm	4	\$60/\$66
160040-13	JRSC	7-12	4/8-4/29	Th	4-5pm	4	\$60/\$66

SKYHAWKS MULTI-SPORT CLASS

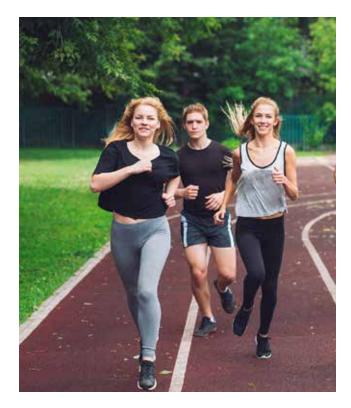
Our Multi-Sport class is designed to introduce young athletes to a variety of different sports in one setting. For this program, we combine two or three sports into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of (two or three) new sports along with vital life lessons such as respect, teamwork, and self-discipline. *No class 3/20.* Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160070-30	RRC	3-4	1/9-1/30	Sa	9-9:30am	4	\$60/\$66
160070-31	RRC	3-4	2/6-2/27	Sa	9-9:30am	4	\$60/\$66
160070-32	RRC	3-4	3/6-4/3	Sa	9-9:30am	4	\$60/\$66
160070-33	RRC	3-4	4/10-5/1	Sa	9-9:30am	4	\$60/\$66
160070-40	RRC	5-6	1/9-1/30	Sa	9:45-10:25am	1 4	\$60/\$66
160070-41	RRC	5-6	2/6-2/7	Sa	9:45-10:25am	1 4	\$60/\$66
160070-42	RRC	5-6	3/6-4/3	Sa	9:45-10:25am	1 4	\$60/\$66
160070-43	RRC	5-6	4/10-5/1	Sa	9:45-10:25am	1 4	\$60/\$66
160070-50	RRC	7-10	1/9-1/30	Sa	10:40-11:25an	n 4	\$60/\$66
160070-51	RRC	7-10	2/6-2/27	Sa	10:40-11:25an	n 4	\$60/\$66
160070-52	RRC	7-10	3/6-4/3	Sa	10:40-11:25an	n 4	\$60/\$66
160070-53	RRC	7-10	4/10-5/1	Sa	10:40-11:25an	n 4	\$60/\$66

SKYHAWKS TRACK & FIELD

Skyhawks Track & Field was developed to introduce young athletes to this sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety and a major focus on fun! Using special equipment, our exercises and drills will prepare athletes for a future in cross-country, track and field events, distance running, while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered in this unique program. Participants will put it all together for one fun-filled day at the end of the week at the Skyhawks track meet! *No class 3/19*. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167095-10	JRSC	7-12	1/8-1/29	F	4-5pm	4	\$60/\$66
167095-11	JRSC	7-12	2/5-2/26	F	4-5pm	4	\$60/\$66
167095-12	JRSC	7-12	3/5-4/2	F	4-5pm	4	\$60/\$66
167095-13	JRSC	7-12	4/9-4/30	F	4-5pm	4	\$60/\$66





NEW>> SPRING BREAK BASKETBALL CAMP

This camp will set you apart from other players by helping you develop an elite mindset. We will cover fundamentals in a new way to help master ballhandling and feel for the ball; become a stifling defensive player; learn leadership and life lessons; perfect shooting, scoring, and dribbling moves; ensure your layups are automatic; and handle game situations like the pros. The camps are fast-paced, fun, and jam-packed with golden nuggets of basketball knowledge. You WILL leave a more complete and elite player! Instructor: Attack Basketball

 CLASS#
 LOC
 AGE
 DATES
 DAY
 TIME
 #CLSS
 \$(RES/NR)

 161540-02
 CRC
 7-14
 3/16-3/18
 T-Th
 9am-12pm
 3
 \$110/\$121

TINY-HAWK BASEBALL

Tiny-Hawk Baseball is a development program for kids that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals, and create a love of the game. *No class 3/9*.

Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
167050-10	JRSC	3-4	1/5-1/26	Tu	3-3:30pm	4	\$60/\$66	
167050-11	JRSC	3-4	2/2-2/23	Tu	3-3:30pm	4	\$60/\$66	
167050-12	JRSC	3-4	3/2-3/30	Tu	3-3:30pm	4	\$60/\$66	
167050-13	JRSC	3-4	4/6-4/27	Tu	3-3:30nm	4	\$60/\$66	

TOT-SOCCER VIRTUAL

Learn core skills over Zoom and develop a soccer foundation, while playing at home with an adult while we such. Time-tested, age-specific curriculum builds reinfluence and promotes physical development. Tet-Steep focus and he ping bit bacvelop their large motor skills the agency of standard and entertaining games like Rainbow was! Adult participation is required.

Instructor: Kidz Love Soccer

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167036-01	VIR	3.5-4	1/9-1/30	Sa	11:40am-12:10pn	1 4	\$40/\$44
167036-02	VIR	3.5-4	2/6-2/27	Sa	11:40am-12:10pn	1 4	\$40/\$44
167036-03	VIR	3.5-4	3/6-3/27	Sa	11:40am-12:10pm	1 4	\$40/\$44
167036-04	VIR	3.5-4	4/3-4/24	Sa	11:40am-12:10pn	1 4	\$40/\$44

GAMETIME! SPORTS VIEWING PARTY

Join us for the best live sports action with broadcasts of the best games of the weekend. This is the ultimate viewing party for young sports fanatics, hosted by the City of Carrollton Parks & Recreation Department. Viewing parties will take place at Crosby Recreation Center on select weekends and include drinks, snacks, and pizza. For the latest dates and information, follow us on facebook.com/CarrolltonParks. Ages 7-16. \$15/person.

Oak Creek Tennis Center

2531 Oak Creek Drive • 972-466-6389 • oakcreektenniscenter.com

Oak Creek Tennis Center (OCTC), conveniently located northwest of the Dallas North Tollway and President George Bush Turnpike, features 12 lighted hard courts with shaded spectator and court benches. Our Pro Shop includes apparel, racquets, stringing, accessories, and snacks. The City of Carrollton prides itself on having one of the premier full-service municipal tennis facilities in North Texas.

OCTC has several U.S. Professional Tennis Association (USPTA) certified tennis professionals on staff. A full array of adult and junior programs, tournaments, and special events are held year-round. It is home to numerous men's, women's, mixed, and senior teams competing in the United States Tennis Association (USTA), Tennis Competitors of Dallas (TCD), metro league play, and is also home to local middle school and high school teams.



HOURS OF OPERATION

Winter Hours (End February 14)

•	, ,
Monday-Thursday	9am-10pm
Friday	9am-8pm
Saturday	8:30am-6pm
Sunday	10am-7pm

Spring Hours (Begin February 15)

Monday-Thursday	8:30am-10pm
Friday	8:30am-8pm
Saturday	8:30am-6pm
Sunday	10am-7pm
Holiday Hours:	Closed 1/1 & 4/4

The OCTC reserves the right to close due to inclement weather. Players should call 972-466-6389 (option 1) for the status of programs.

PRO SHOP/RACQUET SERVICING

OCTC carries Babolat, Dunlop, HeadTM, PrinceTM, and WilsonTM racquets, strings, grips, and accessories at competitive prices. Stringing is completed within three days, and will be available for pickup by the end of the third day. Stringing labor is \$12. An express fee is an additional \$5 to receive your racquet within 24 hours. Racquet rentals are available for \$5.

PRIVATE LESSONS

OCTC has several USPTA certified professionals on staff available for private lessons. Unable to find an adult or junior class that fits your schedule? Inquire about our private group rates. To schedule a private lesson, call 972-466-6389.

ADULT TEAM TENNIS

OCTC is home to numerous men's, women's, mixed, and senior teams competing in USTA, TCD, and metro league play. Call 972-466-6389 if you are interested in joining an existing team or starting a new one.

FACILITY USE PRICES

Court Fees

Resident	Non-resident
\$2.50	\$4

Court fees are per person and are limited to 1½ hours. Reservations are accepted up to 48 hours in advance.

Ball Machine Rental

	Resident	Non-resident
1 Hour	\$15	\$17
30-Day Pass	\$50	\$55

Ball machine rental includes court fees for one person. Additional family members may join at no charge. Additional non-family members will incur regular court fee charges. Reservations are accepted up to 48 hours in advance.

Satellite Court Fees

The City of Carrollton offers 17 neighborhood outdoor tennis courts.

	Resident	Non-resident
1 Hour/Court	\$2	\$3.50

Courts at unstaffed parks are available on a first-come, first-served basis. Tennis court usage is free at all neighborhood sites as a walkon. However, if you would like to ensure a reservation, all courts may be reserved in one-hour increments at the OCTC. The courts are available during park hours, which are 5am to 10:30pm daily. Lights are available at all facilities. Parks & Recreation tennis classes may be scheduled at court locations; signage regarding class/league schedules will be posted at the courts when applicable.

Reservations are accepted up to one week in advance, excluding

same day reservations, which are not permitted.

Reservations are accepted up to one week in advance, and day-of reservations are permitted. Reservations are nonrefundable. OCTC accounts, however, will be credited for all cancellations made within 24 hours of the reservation.

Adult & Youth

Adult Tennis Classes

The OCTC Adult Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or canceled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made-up based on availability. Contact OCTC first to check availability for any makeup classes.
- All class makeups must be completed during the current session.
- Inclement weather cancellations that cannot be made-up will be issued a credit at the conclusion of the session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

1 hour class: Resident: \$63; Non-resident: \$70 1½ hour class: Resident: \$90; Non-resident: \$100 2 hour class: Resident: \$135; Non-resident: \$122 Drop ins allowed based on availability and pro approval.

> 1 hour class: \$15 Res/\$17 NR 1½ hour class: \$22 Res/\$24 NR 2 hour class: \$32 Res/\$29 NR

WINTER SESSION DATES:

Session 1: January 4-February 6
Session 2: February 8-March 13
Session 3: March 15-April 17
Session 4: April 19-May 22
Classes meet once a week for five weeks.

BEGINNER

Monday	6-7:30pm
Wednesday	7:30-9pm
Saturday	9-10:30am

INTRO TO INTERMEDIATE

Monday 6-7:30pm Wednesday 7:30-9pm Saturday 9-10:30am

INTERMEDIATE+

 Tuesday
 6:30-8:30pm

 Thursday
 6:30-8:30pm

 Saturday
 10:30am-12pm

 Saturday
 12-1:30pm

 Saturday
 12-1:30pm

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 23.
Non-resident registration begins December 7.
Classes begin January 4.

Adult Tennis Drills

ADVANCED DRILLS

(PREREQUISITE: INTERMEDIATE CLASS OR PRO APPROVAL)

A variety of high-octane drills conducted by USPTA certified tennis professionals are specifically geared for players who have dependable strokes with directional control. Fast-paced drills are excellent for league and tournament players wanting to hit many balls. Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. Class minimum is three players.

DAY	TIME	LEVEL	\$(RES/NR)
Monday	7:30-9pm	4.0 and above	\$18/\$20
Wednesday	6-7:30pm	4.0 and above	\$18/\$20
Saturday	12-1:30pm	4.0 and above	\$18/\$20

CARDIO TENNIS (NTRP 3.5-4.0) **

This fast-paced drill is sure to get you moving. Cardio Tennis drills will keep you on your toes for the entire 1½ hours. Sign up online at least one hour before the drill or stop by OCTC to register.

Preregistration is strongly encouraged.

DAY	TIME	LEVEL	\$(RES/NR)
M	7-8:30pm	3.5-4.0 (Int)	\$18/\$20
**This cla	ss may be held at C	roft Park (2100 Croft	Road); check
with Oak (Creek Tennis Center.		

Adult Tennis Events

"1ST FRIDAY" DOUBLES MIXER **

No partner is necessary since we provide the pairings for you. Players are grouped according to NTRP level (2.5-5.0). Format consists of timed rounds of progressive partner doubles. Snacks, soft drinks, dinner, and prizes are provided. Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. If minimums are not met, cancellation will be one day before the mixer starts. Join us on the first Friday of each month (2/5, 3/5, 4/2) for this popular event.

DAY	TIME	LEVEL	\$(RES/NR)
1st Friday	6:30-9pm	All	\$22.50/\$25

^{**}At the time of printing, this event was suspended due to COVID-19; check with Oak Creek Tennis Center for updates

Adult Tennis Leagues

SINGLES LEAGUES

Play the best of three sets, no-ad scoring, with a match tiebreak (first to 10 points by a margin of two) in lieu of a third set. A maximum time limit of 1½ hours is enforced. Awards are presented to division winners. League champions are eligible to move up to the next level and last place finishers may be required to move down one level. The number of weeks may vary based on the number of entries.*

Session 1: January 12-March 4
Session 2: March 16-May 6

*Leagues meet once a week for eight weeks.

DATES	DAY	TIME	\$(RES/NR)
Men's 4.0	Tu	7:30-9pm	\$59/\$65
Men's 4.0	Th	7:30-9pm	\$59/\$65

<u>Junior Tennis Classes</u>

The Oak Creek Tennis Center Junior Program is conducted by USPTA-certified tennis professionals who are dedicated to helping your child learn tennis to compete at the tournament and school levels. All class makeups must be completed during the current session. Inclement weather cancellations that cannot be made up will be issued a credit at the conclusion of the session. Medical refunds will be granted at a prorated amount for the portion of the class missed, if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred. Drop ins allowed based on availability and pro approval. (All drop ins are charged 20 percent above the one-day class rate.) If minimum enrollment is not met, classes may be combined or cancelled two days prior to the start date. Classes missed due to inclement weather or on your own account may only be made up based on availability. Contact OCTC first to check availability for any makeup classes.

BEGINNER TO ADVANCED

Location: Oak Creek Tennis Center

Contact oakcreektennis@cityofcarrollton.com

4-Week Fees: \$54 Resident/\$60 Non-resident

Per Session/one 60 min. class per week

\$90 Resident/\$100 Non-resident

Per Session/two 60 min. classes per week

\$77 Resident/\$85 Non-resident

Per Session/one 90 min. class per week

\$140 Resident/\$155 Non-resident

Per Session/two 90 min. classes per week

\$189 Resident/\$210 Non-resident

Per Session/three 90 min. classes per week

\$198 Resident/\$220 Non-resident

Per Session/two 120 min. classes per week

\$261 Resident/\$290 Non-resident

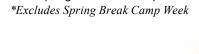
Per Session/three 120 min. classes per week

\$315 Resident/\$350 Non-resident

Per Session/four 120 min. classes per week

Winter Session 1 January 4-January 30 Winter Session 2 February 1-February 27

Spring Session 1 March 1-April 3* Spring Session 2 April 5-May 1







10YRS & UNDER PROGRAM

TINY SHOTS

This specialized program is designed to stimulate, challenge, and appeal to budding tennis players. Children will learn motor skills necessary to play tennis and other sports throughout their lives. Students will use the red USTA-approved low-compression ball. The 36' court will also be used. Sign up for one or two days per week.

AGE	DAY	TIME	SESSIONS
4-6	M	4:30-5:30pm	1, 2
4-6	Tu	4:30-5:30pm	1, 2
4-6	W	4:30-5:30pm	1, 2
4-6	Th	4:30-5:30pm	1, 2
4-6	Sa	9-10am	1. 2

ORANGE BALL (BEGINNER/INTERMEDIATE)

This is an introductory class. Basic tennis skills are learned while using the orange ball on the 60' court. Orange balls have a slightly softer bounce than regular balls, allowing students to learn at a quicker rate with the correct technique. Players need 25-inch racquets and non-marking tennis shoes. Sign up for one to three days per week.

AGE	DAY	TIME	SESSIONS
7-10	M	4:30-6pm	1, 2
7-10	Tu	4:30-6pm	1, 2
7-10	W	4:30-6pm	1, 2
7-10	Th	4:30-6pm	1, 2
7 10	90	0.10·30am	1.2

MEAN GREEN BALL (INTERMEDIATE/ADVANCED)

This class is designed for advanced level players participating in USTA events and tournaments and emphasizes advanced spins and court movement/tactics. Players in this group are required to play tournaments throughout the year and set goals for their improvement. Two days/week minimum attendance required for skill development. Approval needed by Junior Director, Coach David. Tennis-specific shoes are required. Sign up for two to four days per week.

AGE	DAY	TIME	SESSIONS
7-10	M	4:30-6pm	1, 2
7-10	Tu	4:30-6pm	1, 2
7-10	W	4:30-6pm	1, 2
7-10	Th	4:30-6pm	1, 2
7-10	Sa	10:30am-12pm	1. 2



Spring Break Camps

Players must wear athletic shoes (non-marking soled shoes), and are encouraged to wear sunscreen, bring a tennis racquet and a snack, and wear comfortable clothes including a visor or cap. Ice water is provided.

Location: Oak Creek Tennis Center,

Contact: oakcreektennis@cityofcarrollton.com

\$54 Resident/\$60 Non-resident Fees: four 60 min. classes

\$108 Resident/\$120 Non-resident

four 120 min. classes

\$171 Resident/\$190 Non-resident

four 180 min. classes

CAMP DATES:

Spring Break: March 15-19

11YRS & UP PROGRAM

INSTRUCTIONAL PLAYER DEVELOPMENT

This is a great way to learn to hit the ball, gain confidence, meet others, and begin to play tennis matches while having fun. Sign up for one to three days per week. Focus is on fundamentals of the game and technical development. Excellent regular fitness for kids. Level: Beginner to Advanced-Beginner.

AGE	DAY	TIME	SESSIONS
11-18	M	5:30-7pm	1, 2
11-18	Tu	5:30-7pm	1, 2
11-18	W	5:30-7pm	1, 2
11-18	Th	5:30-7pm	1, 2
11-18	Sa	10:30am-12pm	1, 2

COMPETITIVE-ADVANCED

This program is designed for players participating in Challenger, Champ, Superchamp, or varsity high school teams. This class emphasizes advanced tactics, movement, and tournamentlevel competition. Fitness and mental training are stressed for tournament play. Players in this group are required to play tournaments throughout the year. Travel teams available for out-of-town tournaments. Approval needed by Junior Director Coach David. Sign up for two to four days per week.

AGE	DAY	TIME	SESSIONS
11-18	M	5:30-7:30pm	1, 2
11-18	Tu	5:30-7:30pm	1, 2
11-18	W	5:30-7:30pm	1, 2
11-18	Th	5:30-7:30pm	1, 2

RED BALL-ORANGE BALL-GREEN BALL CAMPS (10&UNDER)

Participants will love this exciting week of fun tennis improvement. Each camp will include tennis-related drills, game play, and strokespecific activities. Participants will be grouped by age and then by ability.

AGE	TIME
4-6 (Red Ball)	9:30-10:30am
7-10 (Orange/Green Ball)	9:30-11:30am

INSTRUCTIONAL PLAYER DEVELOPMENT CAMPS (11&UP BEGINNER/ADVANCED BEGINNER)

Players will work on match play strategy in a game environment under supervision of tennis staff. Games such as singles and doubles attack drills along with full court rotation games will be played. Participants will be grouped by ability.

TIME 11-18 9:30-11:30am

COMPETITIVE-ADVANCED JR DEVELOPMENT (11&UP INTERMEDIATE/ADVANCED)

Players will work on technique, drills, and match play strategy in a game environment under supervision of tennis staff. Games such as singles and doubles attack drills along with full court rotation games will be played. Participants will be grouped by ability.

AGE	TIME
11-18	9:30am-12:30pm



CARROLI	RROLLTON	Athletic Fields Acreage (approx)	Basketball Court Aquatics	Disc Golf Concession	Gym Grills Dog Park	Hike/BikePaths	Lake/Fishing Historical Site	Meeting Room	Parking Nature Area	Picnic Area Pavilion	Playground	Rental Facility Racquetball	Restrooms	River Frontage	Undeveloped Tennis	Volleyball	Weight Room Water Fountain
1 Carrollton Municipal Complex																	
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0 Carrollton Senior Center (SRC) 7 Cedar Flm Park	1720 Keller Springs Road (west of Josey Lane) 75006	יט ע	•		•	•	•	•	•	•	•		_				•
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49 Timbercreek Park	1/1/ W. Rosemeade Parkway /500/ 2335 McInnish @ Veterans Way 75006	, o	•		•	•	+		• •	•	•	+	•	t	+		
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52 W. J. Thomas Sports Fields	1950 N. Perry Road 75006	£ 4			+	•	+	t	•	-	-	•	•	H	╀		+
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[54] Woodlake Tennis Courts/Greenbelt Park	Scott Mill Road (east of Thomas Elementary School) 75006	14.5	$\frac{1}{2}$	4	_	•	\dashv		7	\exists	7	\dashv	7	1	_	╛	•

Visit Carrollton Leisure Facilities You're never far from a Carrollton park or leisure facility! (A) 40,69 (49) Frankford President George Bush Keller Springs Belt Line 20 Trails Valwood Existing Tra Blue Trail Orange Trai Purple Trail Green Trail Download Carrollton's Trail App Proposed Tr at cityofcarrollton.com/trailapp DART Rail L to find a trail near you!

FREE HOTSPOTS

WHAT'S ° = HAPPENING AT YOUR CARROLLTON PUBLIC LIBRARY?

Visit pages 14-17 for upcoming Library programs and services.

WINTER READING CHALLENGE



Available to residents 18 years and older with Library account in good standing

- One week checkout
 - No fee to borrow
- Connect up to 10 devices

See page 17 for more details.



December 21-February 21

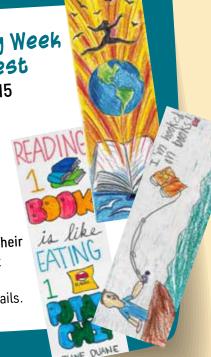
Read books and complete activities for a chance at great rewards. See page 15 for more details.

BOOKMARK CONTEST

National Library Week Bookmark Contest February 15-March 15

Calling all aspiring artists and designers.

Create a bookmark
that tells us why you
love libraries, reading,
and books. Winners will
receive a prize and have their
bookmarks distributed at
both Library locations.
See page 17 for more details.



CALENDAR



January - April 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/ 31	25	26	27	28	29	30

January

- New Year's Day (no classes, City facilities closed; for recreation facilities, see holiday hours pp. 4-5)
- Library Winter Reading Challenge Continues, Both Library Locations, 972-466-4800
- 16 27th Annual Martin Luther King Jr. Day Parade, 972-242-0933



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

February

- 14 African-American Read-In, Josey Ranch Lake Library, 972-466-4800
- 21 Library Winter Reading Challenge ends
- 27 Run for Rover, McInnish Dog Park, 972-466-9816
- 27 Daddy Daughter Dance, Bent Tree Bible Fellowship Church, visit cityofearrollton.com/daddydaughterdance to register—



March

- 4 Citizens' Evening, Carrollton Senior Center Texas Ballroom, 972-466-4299
- 6 TEXFest, Downtown Carrollton, 972-466-9808
- 13 Saturdays on the Square: Trivia Night, Downtown Carrollton, 972-466-9135
- 20 \$5 Rabies Vaccinations & Free Pet Registration, Carrollton Animal Services & Adoption Center, 972-466-3420
- 27 Elm Fork Ladybug Release, Elm Fork Nature Preserve, 972-466-9811



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

April

- 1-30 Wildflower Watch, Citywide throughout Carrollton, 972-466-6382
- Brushes & Brunch, A.W. Perry Homestead Museum, 972-466-6381
- Saturdays on the Square: Dog Movie Night, Downtown Carrollton, 972-466-9135
- 24 Carrollton Trails 5K Run/1-Mile Fun Run/Walk, parking at Creekview High School, 972-466-9816

