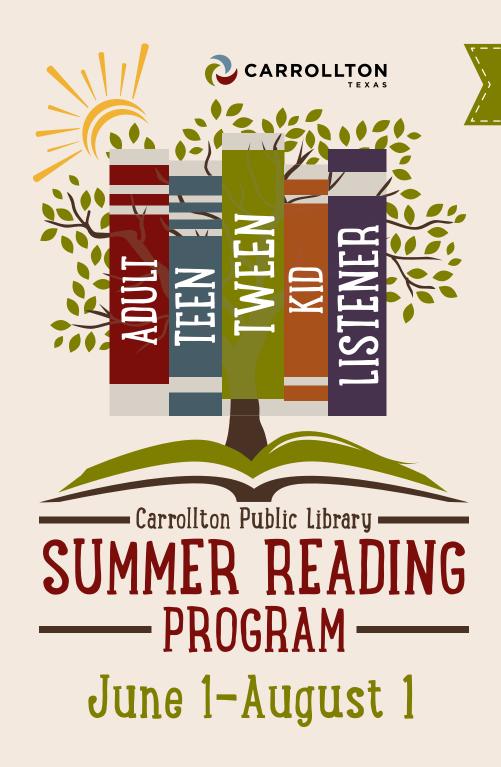


Register for Classes and Events Now!





Are you ready to have fun this summer reading books and getting great rewards?

Register at

carrolltonlibrary.READsquared.com

See page 14 for more information.

Sponsored by the Friends of the Carrollton Public Library.



From the Parks & Recreation Director...

Welcome to the City of Carrollton's guide to family fun! Enjoy the classes, activities, events, and good times to be found within this great City for the whole family. Spend your weekends in our eclectic Downtown where there is always something to do. There are many opportunities for live music, great food, and local craft vendors at our year-round programs on the Square. Come in costume for Carrollton's "May the 4th Be With You" *Star Wars*-themed event including booths, laser tag, and galactic activities. Explore the fitness opportunities available for all age groups and interests at the Crosby and Rosemeade Recreation Centers and the Senior Center. Fitness memberships to Carrollton's many facilities are always affordable, and the City's goal is to help you achieve yours. Start today and find out how exciting a healthy lifestyle can be. For more information, visit cityofcarrollton.com/parksandrec.

Scott Whitaker, Carrollton Parks & Recreation Director

On the cover...

In Carrollton, a park or leisure facility is never far from home. Residents are invited to enjoy the open spaces along the many paved trails and sidewalks throughout the City and spending time outdoors helps promote increased physical activity and better health. It's free, easy, and fun for all ages. Trails provide an alternate means of transportation for walkers and cyclists which reduces pollution and improves air quality. Watch for trail signage and always stay to the right allowing runners and cyclists to pass on the left. Be sure to keep six feet of distance between other walkers, runners, or cyclists and practice social distancing between members of different households. Help keep Carrollton safe.



Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins May 18.

Non-resident registration begins May 18.

Classes begin June 1.

City Information: 972-466-3000 cityofcarrollton.com • Facility hours, fees, and programming subject to change.

On the Inside...

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Facility Listings







A.W. PERRY HOMESTEAD MUSEUM (AWP) (PAGE 8)

1509 N. Perry Road 972-466-6380 cityofcarrollton.com/museum facebook.com/PerryHomesteadMuseum

For more information or group tour reservations, call or visit online. Free admission.

Tu-Th, Sa 11am-2pm **Holiday Hours:** Closed 7/4

CARROLLTON SENIOR CENTER (SRC) (PAGE 9)

1720 Keller Springs Road 972-466-4850

cityofcarrollton.com/seniorcenter

Amenities: Three 9' Billiard Tables • Fitness Center • Wii Games • Big Screen TV Variety of Table Games, Puzzles, & Books Large Day Room Area with Tables & Chairs Free Wi-Fi

Outdoor Amenities: Pond with Walking Track • Half Basketball Court • Corn Hole M/W/F 7am-5pm Tu 7am-7:30pm 7am-9:30pm Th Sa 9am-1pm Su Closed **Holiday Hours:**

5/25, 10am-4pm Open

Closed 7/4

CROSBY RECREATION CENTER (CRC)

1610 E. Crosby Road 972-466-9810 cityofcarrollton.com/crosby

Amenities: Gymnasium • Weight/Cardio Room • Functional Fitness Gym Game Room/Snack Area Public Computers • Video Games

Ping-Pong • Two Pool Tables • Board Games Locker Rooms w/Showers • Pickleball Outdoor Public Playground • Free Wi-Fi

Hours:

M-F 6am-9pm Sa 9am-6pm Closed **Holiday Hours:**

5/25, 10am-4pm Open

Closed 7/4

PARKS & RECREATION ADMINISTRATION

1610 E. Crosby Road 972-466-3080

cityofcarrollton.com/parksandrec

Event Hotline: 972-466-9135

Hours:

M-Th 7:30am-5:30pm 7:30-11:30am

Holiday Hours: Closed 5/25 Closed 7/3

INDIAN CREEK GOLF CLUB (PAGE 43)

1650 W. Frankford Road 972-466-9850 indiancreekgolfclub.com facebook.com/indiancreekgolfclub instagram.com/indiancreekgolfclub_dfw twitter.com/IndianCreek_gc

Hours:

M-Su Sunrise-Sunset



Facility Listings









LIBRARY AT HEBRON & JOSEY (H&J) (PAGE 14)

		/
4220 N. Josey Lane	Hou	ırs:
(at Hebron Parkway)	Su	2-6pm
972-466-4800	M	10am-9pm
cityofcarrollton.com/library	Tu	Noon-9pm
·	W	10am-6pm
facebook.com/carrolltonpubliclibrar	y Th	Noon-9pm
instagram.com/carrolltontxlib	F	Closed
pinterest.com/carrolltonlibrary	Sa	10am-6pm
twitter.com/CarrolltonTxLib	Holi	day Hours:
	Clos	sed 5/25 & 7/4

LIBRARY AT JOSEY RANCH LAKE (JRL) (PAGE 14)

1700 Keller Springs Road	Hours:	
(west of Josey Lane)	Su	2-6pm
972-466-4800	M	10am-9pm
cityofcarrollton.com/library	Tu	10am-6pm
facebook.com/carrolltonpubliclibrary	W	Noon-9pm
instagram.com/carrolltontxlib	Th	Closed
	F	10am-6pm
pinterest.com/carrolltonlibrary	Sa	10am-6pm
twitter.com/CarrolltonTxLib	Holiday	Hours:
	Closed	5/25 & 7/4

OAK CREEK TENNIS CENTER (OCTC) (PAGE 53)

		•	•
2531 Oak Creek Drive		Holiday	Hours:
972-466-6389		Closed	5/25 & 7/4
oakcreektenniscenter.com			

Players should call 972-466-6389 (option 1) for the status of programs.

Spring Hours End May 31		Summer Hours Begin June 1		
	M-Th	8:30am-10pm	M-Th	8am-10pm
	F	8:30am-8pm	F	8am-8pm
	Sa	8:30am-6pm	Sa	8am-6pm
	Su	10am-7pm	Su	10am-7pm
Courts may be closed due to inclement weather and/or lack of court demand.				

ROSEMEADE RECREATION CENTER (RRC)

972-466-9800 cityofcarrollton.com/rosemeade	Hours: M-Th F	5:30am-10pm 5:30am-9pm
Amenities: Two Gymnasiums • Weight Room • Cardio Room • Spin Room • Four Racquetball Courts • Game Room/Snack	Sa Su Holiday	9am-8pm Noon-8pm
Area • Dance/Fitness Studio • Outdoor Playground • Locker Rooms w/Showers Video Games • Pool Table • Ping-Pong		5/25, 10am-4pn

SPORTS & LEAGUES

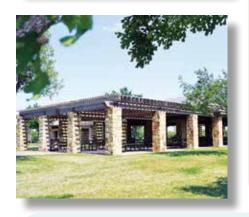
Board Games • Pickleball • Free Wi-Fi

1330 E. Rosemeade Parkway	
972-466-9833	Harris
cityofcarrollton.com/athletics	Hours:
facebook.com/carrolltonparks	M-F 8am-5pm
twitter.com/carrolltonsport	Holiday Hours:
Twitter.com/carolitorisport	Closed 5/25
Rainout Line: 972-695-2355	Closed 7/3

Membership







MEMBERSHIP FEES

Annual	3-month
Resident/	Resident/
Non-resident	Non-resident

Rosemeade and Crosby Recreation Centers: Also provides access to the Carrollton Senior Center for members age 50+.

Senior 65+	\$35/\$60	\$18/\$28
Adult 16-64	\$95/\$143	\$40/\$56
Youth 9-15	\$32/\$56	\$15/\$24
Family/Group*	\$163/\$245	\$62/\$92
Additional Member	\$20	\$10

Replacement Card \$5

*Includes four members. All members must reside at the same address.

Active military members on leave can use any center for \$5 for the duration of their leave. Military leave orders must be shown.

Senior Center: This membership honored ONLY at the Carrollton Senior Center.

Senior 50-59	\$25/\$40	\$9/\$15
Senior 60-69	\$15/\$30	\$6/\$11

Senior 70+ \$10/\$25 (lifetime fee)

Replacement Card \$5

Library: Card is free. Replacement card \$1

DAILY PASSES

	Resident	Non-resident				
Rosemeade and Crosby	Rosemeade and Crosby Recreation Centers					
Senior 65+	\$4	\$7				
Adult 16-64	\$7	\$10				
Youth 9-15	\$4	\$7				
Senior Center						
Senior 50+	\$2	\$5				

REFUND POLICY

Refund policies may vary for different classes, sports, and events. Refer to the Parks & Recreation general information page on the website or see front desk staff at any facility for more information.

ACCESSIBILITY ACCOMMODATION REQUEST

The City of Carrollton is proud to comply with the Americans with Disabilities Act. We continuously strive to create an environment in which all participants, with or without disability, feel safe, secure, and without obstacle to participate in any City program or event. For assistance, call 972-466-4862 at least two weeks prior to the start of a program or event.

Adaptive programming and events can be found on page 24.

FINANCIAL ASSISTANCE FOR PROGRAMS AND MEMBERSHIPS

In an effort to stand by our mission, to "provide innovative, diverse, and quality recreation and leisure opportunities for everyone, while preserving City parks and natural resources," Carrollton Parks & Recreation provides financial assistance to qualifying residents for all Parks & Recreation classes, programs, and facility fees. Call 972-466-9813 for more information.

Facility Rentals

Looking for that perfect location for a party or a place to celebrate a special occasion?

Look no further than the City of Carrollton.

Ask about rental rates and book your
next event close to home.

OUTDOOR FACILITIES

of People

Special Event Permit required for events with more than 50 people; call 972-466-9800.

A.W. Perry Homestead Museum*	100
972-466-6380 • 1509 N. Perry Road	

Historic Downtown Carrollton Gazebo* 50 972-466-3080 • 1106 S. Broadway Street

Indian Creek Golf Club Pavilion 100 972-466-9850 • 1650 W. Frankford Road

Provides a great view of the golf course

Pavilion at Mary Heads Carter Park* 120 972-466-9800 • 2320 Heads Lane

Sports Fields Varies 972-466-3083 • (various locations)

(other fees such as field preparation and lighting may apply)

INDOOR FACILITIES

Facility room occupancy varies from a classroom of 15 to a ballroom of 700. Call or visit the website for detailed information.

Carrollton Senior Center* 972-466-9800 • 1720 Keller Springs Road

5 rooms ranging in capacity and a kitchen that may be added to any rental

Crosby Recreation Center* 972-466-9800 • 1610 E. Crosby Road

2 rooms ranging in capacity, 1 gymnasium, dance room, and a kitchen that may be added to any rental

Hebron & Josey Library 972-466-4800 • 4220 N. Josey Lane

2 rooms ranging in capacity

Indian Creek Golf Club Clubhouse*
972-466-9859 • 1650 W. Frankford Road
Provides a great view of the golf course

Josey Ranch Lake Library 972-466-4800 • 1700 Keller Springs Road 3 rooms ranging in capacity

Rosemeade Recreation Center 972-466-9800 • 1330 E. Rosemeade Parkway

3 classrooms ranging in capacity with one that includes a kitchen, 2 gymnasiums, and a dance room

cityofcarrollton.com/rentals



Themed Birthday Parties

Carrollton has you covered. Check out our two-hour themed party package!

RECREATION CENTERS OR A.W. PERRY HOMESTEAD MUSEUM

Celebrate your child's birthday at the Rosemeade Recreation Center, Crosby Recreation Center, or the A.W. Perry Homestead Museum. Location depends on space availability. *You bring the guests, Carrollton Parks & Recreation does the rest.* Party amenities include party host, one hour of organized activity, one hour for party festivities, paper goods, decorations, cake, lemonade, and a special gift for the birthday child. Full payment as well as damage deposit is due at time of booking. Bookings made less than 30 days from the event date will be subject to approval by the Recreation Coordinator.

To schedule your next party with Carrollton Parks & Recreation, call 972-466-9804.



IHEMES

ballerina • cars • Elmo • hoedown • luau

Teenage Mutant Ninja Turtles

PAW Patrol Pirates • princess • Sesame Street

sports • superhero • Star Wars

toys and games • western • zoo animals

If you don't see the theme you want, let us know.

COST

Damages deposit	\$50
1-10 children	\$175
11-20 children	\$200
21-30 children	\$225
31-40 children	\$250
40+ children	\$275

7

^{*}Alcohol allowed with additional permitting

A.W. Perry Homestead Museum

1509 N. Perry Road • 972-466-6380 • cityofcarrollton.com/museum

Open Tuesday through Thursday and Saturday • Tours at 11am and 1pm or by appointment

Free Admission

Located within beautiful Pearl Perry Gravley Park, the A.W. Perry Homestead Museum offers a glimpse of life as it was in North Central Texas at the turn of the 20th century. A.W. and Sarah Perry were pioneer homesteaders of the Peters Colony who arrived here in 1844 from Carrollton, Illinois. They built a house on the site in 1857. In 1909, their son Dewitt Perry and his wife Francis tore down the first house and used some of the lumber to build the present-day home. This structure is now the Museum, restored in 1976 as the community's U.S. Bicentennial celebration project and designated as a State Historic Landmark in 1977 by the Texas Historical Commission.



SCHOOL AND GROUP TOURS

The guided tour begins at the state historical marker and continues through the 1909 farmhouse with antique furnishings, where you will discover daily life as it was in Carrollton at the turn of the 20th century. School tours are aligned with the Texas Essential Knowledge and Skills (TEKS) standards for each grade level. To schedule a school or group tour, contact the Museum two weeks before your requested tour date. Group tours are free, but donations are accepted. Call 972-466-9811 to make a reservation or register online at cityofcarrollton.com/museum.

TRAVELING TRUNKS

The A.W. Perry Homestead Museum provides trunks to local schools as a FREE service. Each trunk contains hands-on artifacts for students to examine and an activity guide for teachers. All activities are TEKS-aligned according to state-mandated curriculum guidelines.

HISTORY MYSTERY TRUNKS are for grades three, four, and five. Students will uncover the past using artifacts, learn the basic principles of material culture, and observe and analyze objects in

the trunk in order to discover their uses.

SCHOOL DAYS TRUNKS are for grades one, two, and three. Students will compare and contrast how education has changed over the past 150 years, try on pioneer clothing, and even imagine what it will be like to go to school in the future.

Call the A.W. Perry Homestead Museum today at 972-466-9811 to reserve a trunk for your class.





Senior Center

1720 Keller Springs Road • 972-466-4850 • cityofcarrollton.com/seniorcenter

Senior Advisory Council

Meets first Tuesday • 11am

Jim Rogers - President
Jesse Alvarado - Vice President
Nancy Tiegreen - Secretary
Jean Litzler - Treasurer
Wanda Bell - Welfare Liaison
and
Celeste Doane, Dan Couch, Kevin Riley,
and Charles Smith

VETERANS STORIES

Preserve the memories of family and loved ones for all time. Our Veterans' Stories project keeps the recollections alive and shared with new generations. If you have stories, news clippings, or pictures about veterans and warriors that you would like to see preserved for our community, contact one of the Senior Advisory Council members to make an appointment to review documentation and photos that tell these amazing stories of friends and families. Photos and other documents may be reproduced, but all will be returned to you.

METROCREST FOOD DRIVE

The food drive is a year-round project that meets a continuous need in our community. Help make this summer special with the efforts of the Metrocrest Pantry through volunteer time and/or monetary support. Place your contribution in a specially marked container at the Carrollton Senior Center. They'll then be delivered to Metrocrest Services Food Pantry. If you are uncertain what types of items are the most desired, give the Food Pantry a call at 972-446-2100.

HOT DOG DAY MEMORIAL DEEP CIAL The Wedness of Many Many Not Display the adday of mer

for all vetolans, an adjustry Council will be selling hot dogs with all the ammings for a discounted price of \$1. Join us for this special occasion. *All ages are welcome*.

PATRIOT PAWS

Once again, Patriot PAWS will be at the Senior Center for the monthly luncheon on Thursday, July 16. This organization provides service dogs at no cost to our military service personnel with physical and emotional needs. They will bring an in-training dog to demonstrate service capabilities. Do not miss this demonstration and the opportunity to contribute to this wonderful organization. *Registration deadline is 7/14*.

METROCREST SCHOOL SUPPLY DONATIONS

From July 1 through July 31, required school supplies for students in Carrollton, Addison, Coppell, Farmers Branch, and Dallas-Denton County are collected at the Senior Center and donated to Metrocrest Services for distribution in August of each year, to prepare for a successful school year ahead. There is also an option for a financial donation that will purchase a backpack filled with basic classroom supplies. Donations should be placed in the marked container at the Senior Center.

Seniors on Tour

Discover the exciting places not only Carrollton, but the whole country has to offer. Outings come with a lot of laughs, a stop for lunch, and occasionally an overnight stay. Trips are always escorted by a Parks & Recreation staff member.

SPOTLIGHT 2020 ON NEW YORK OTY

September 10-14—Fron Nati Choc and Grennwick illage, New York City never sleeps and as a language of the body of the conjoy every bite on your tour. This is a single body stay and will include the National September 11 Memorial Museum and a ferry ride for a visit to Ellis Island, a guided bus tour of NYC including Wall Street, Chinatown, Central Park, and the Empire State Building. Also included are two Broadway shows, three breakfasts, and two dinners. Included is a roundtrip airfare, motor coach transportation, five meals, baggage handling, all sightseeing, and professional guide. The cost is \$2,899/person double occupancy residents and \$3,189/person double occupancy non-residents; \$3,699/person single occupancy for Carrollton residents and \$4,069/person single occupancy for non-residents. Travel protection insurance, which is optional but recommended, is an additional \$199/person. Registration deadline is 7/12.

DAY TRIPS

We will explore entertaining and educational sites in North Texas. Trip details will be posted at the Senior Center front desk one month in advance. Preregistration is required as space is limited. Time listed is the departure time from the Senior Center and estimated return time. Please arrive 15 minutes early for check in. *The Senior Center is not responsible for refunds for trips that are canceled due to inclement weather when rescheduling is not available.*

DATES	S LOC	AGE	DAY	TIME	\$(RES/NR)
5/5	Chocolate Angel Cafe	50+	Tu	10:30am-1:30pm	\$30/\$33
6/1	Texas Rangers Game	50+	M	11:30am	\$55/\$60.50
6/25	Sky Theater at UNT	50+	-Th-	9:45am-2pm	\$20/\$22
7/21	Dallas Holocaust Museum	50+	Tu	12:15-5pm	\$20/\$22
8/6	WinStar World Casino	50+	Th	8:30am-4:30pm	\$25/\$27.50

OUT TO LUNCH

Join us for a good time at a local restaurant. Lunch is on your own. All reservations are made for 11am. Transporation is available on a limited basis. Inquire about specific departure times leaving the Senior Center. Cost to ride the bus is \$3 (res)/\$3.50 (non-res). Preregistration is required by everyone attending, so the restaurant will have an accurate head count.

CLASS#	LOC	DATE	DAY	TIME
102010-35	Herrera's Tex-Mex	5/8	F	11am-1pm
	4021 Belt Line Road Unit 109, Addison			
102010-40	Highland Park Cafeteria	6/12	-F-	11am-1pm
	1200 N. Buckner Boulevard, Dallas			
102010-50	BJ's Restaurant	7/10	F	11am-1pm
	4901 Belt Line Road, Addison			
102010-60	Hillside Fine Grill	8/14	F	11am-1pm
	3140 FM Road 407, Highland Village			

NEW MEMBER TOUR

New to the Senior Center? Find out what it's all about and receive a tour by a member of the Senior Advisory Council. They can answer questions and show you everything our busy Senior Center has to offer. Held monthly on the second Th (5/14, 6/11, 7/9, & 8/13), 11am.

ALL SENIOR PROGRAMS, EVENTS, AND CLASSES OFFERED ARE HELD AT THE CARROLLTON SENIOR CENTER AND ARE ONLY FOR AGES 50+ UNLESS OTHERWISE NOTED.

Senior Activities & Classes • 50+

	MONDAY		TUESDAY		WEDNESDAY
7am	Walking	7am	Walking	7am	Walking
9am	Aerobics \$	8:30am	FUNctional Fitness \$	9am	Aerobics \$
9am	Dominoes	9am	Ceramics \$	9am	Dominoes
9:30am	Knit & Crochet	9am	Dominoes	10am	Book Club
10am	Better Balance \$	9:30am	B-12 Shots \$		(5/13, 6/10, 7/8, & 8/12)
10am	H&F Canasta		(5/5, 6/2, 7/7, & 8/4)	10:15am	Bingo (\$ for card)
11am	Aging Gracefully Yoga \$	10am	Stretch \$	10:45am	Hot Dog Wednesday \$
12pm	Let's Chalk About It	11am	Blood Pressure & Sugar Screening		(5/13, 6/10, 7/8, & 8/12)
12:30pm	•		(5/12, 6/9, 7/14, & 8/11)	12:15	Lunch and Learn
1pm	Movie Monday	12:30pm			(5/6, 5/20, 6/3, 6/24, 7/8,
_	(5/18, 6/15, 7/20, & 8/17)	1pm	Texas Hold 'Em Tournament		7/22, 8/5, & 8/19)
1pm	Ping-Pong	_	(5/26 , 6/30, 7/28, & 8/25)	12:30pm	
1pm	Texas Hold 'Em Class	1pm	Fun Chair Volleyball	12:30pm	9
•	(6/29, 7/27, & 8/24)	1pm	Ping-Pong		(5/13, 5/27, 6/10, 6/24,
1pm	Bridge	1pm	Team Chair Volleyball	1	7/8, 7/29, 8/12, & 8/26)
		3pm	Reunion Hispania	1pm	Adult Coloring
		4	(5/19, 6/16 , 7/21, & 8/18)	2.20nm	(5/20, 6/17, 7/15, & 8/19)
		4pm	Guitar Sessions	2:30pm	ACT Drama Group
5nm	Closed				
5pm	Oluseu				
LEGEND:	\$ Fee required	7:30pm	Closed	5pm	Closed

Activities & Classes

ACT DRAMA GROUP

This talented group continues to entertain us with their hilarious performances at the monthly luncheons. You don't have to have a particular talent to join, just a good sense of humor and desire to laugh! Held weekly, W, 2:30-4pm.

ADULT COLORING

Coloring may sound like a simple activity to ward off boredom, but it can improve your health. A research study found that adults 65 or older who engaged in creative activities had better overall health, used less medication, and had fewer health problems. Each month a drawing is selected for Artist of the Month. The winner's creation is framed and hung in Dr. Nanda Bysani's USMD office in Carrollton. Supplies provided and no registration is required. Held monthly, $W(\frac{5/2\theta}{2}, 6/17, 7/15, \& 8/19), 1pm$. Instructor: Vance



BINGO

Play a game of chance in which each player has one or more cards printed with differently numbered squares on which to place markers when the respective numbers are drawn and announced by a caller. The first player to mark a complete row or other pattern of numbers is the winner. Bingo is played weekly in the Roundup Room. Arrive by 10:15am. Payment is to be made to the event organizers. Held weekly, W, 10:15am. \$1/card.

BOOK CLUB

Enrich your reading experience with some lively discussion.

DATE	TIME	DAY	BOOK AND AUTHOR
5/13	10am	W	Bury the Lead by Archer Mayor
6/10	10am	W	Becoming by Michelle Obama
7/8	10am	W	The Accidental President: Harry S. Truman and
		tl	he Four Months That Changed the World by A.J. Baime
8/12	10am	W	Butterfly Palace by Colleen Coble

CERAMICS

Students are supplied with clay to create their own pieces and are invited to bring precast pieces to decorate and glaze. The instructor will teach participants how to clean, decorate, and glaze items. Glazes, under glazes, and tools are provided in class for first time students, and the instructor will provide a list of supplies needed for continuing students. All clay and firing are included in the fee. Purchase a 4-class Ceramics punch card for \$30 (res)/\$33 (nonres). Held weekly, Tu, 9-11:30am. Instructor: Cantlon

	THURSDAY		FRIDAY		SATURDAY
7am 8:30am 9am 9am 10am	Walking FUNctional Fitness \$ Dominoes Scrabble Better Balance \$	7am 9am 9am 9am 9am	Walking Aerobics \$ Dominoes Painting Scrabble	9am 10am	Ping-Pong Technology Saturdays (5/2 & 7/11)
10am 11am	Stretch \$ Quilting Group (5 /7 , 5 /28 , 6/4, 6/25, 7/2, 7/23, 8/6, & 8/27) Monthly Luncheons	10am 10am 11am 11am	Bolly X \$ H&F Canasta Aging Gracefully Yoga \$ Sing-Along Group (5/1, 5/15, 6/5, 6/19, 7/3,	1pm	Closed
11am 12:30pm	(5/21, 6/18 , 7/16, 8/20) New Member Tour (5/14, 6/11, 7/9, & 8/13) SKIP-BO	12:30pm 1pm	7/17, 8/7, & 8/21) Pinochle Volleyball Team Practice		SUNDAY
lpm lpm lpm lpm	Fun Chair Volleyball Mahjong Bridge Jazz & Blues Sessions (5/14, 5/28, 6/11, 6/25, 7/9, 7/23, 8/13, & 8/27)				Center is Closed
6:05pm 7pm	Dance Lessons Dance \$				
9:30pm	Closed	5pm	Closed		

FREE NOTARY SERVICE

Notary Publics witness and authenticate signatures, administer oaths, verify signatures, and take affidavits for guests. Services are available to Senior Center members in the Lone Star Room. Services provided by Maxine Pride. *Held monthly, M (5/4, 6/1, 7/6, & 8/3), 9-10am.*

GUITAR SESSIONS

Bring your acoustic guitar. You must know your basic chords before strumming along, but all are welcome to sit in, learn together, and have fun. The music selections will be from all genres. Only plug-ins for bass and autoharp are allowed. *Held weekly, Tu, 4pm*.

NEW>> JAZZ & BLUES SESSIONS

Join other musicians for an acoustic jam, learn the differences and similarities of these two styles, and have fun playing music from a variety of genres. You must know basic chords before strumming along, but all are welcome to sit in. Only plug-ins for bass and autoharp are allowed. *Held twice monthly, Th* (5/14, 5/28, 6/11, 6/25, 7/9, 7/23, 8/13, & 8/27), 1pm.

JIM DYER PING-PONG TOURNAMENT

Join us for the second annual Jim Dyer Ping-Pong Tournament. Registrations will be accepted until one hour prior to start time. The bracket will be drawn up day-of. *Deadline to register is 8/26 by 9am*.

CLASS#	DATES	DAY	TIME	\$(RES/NR)
207010-90	8/26	W	10am	\$10/\$11

KNIT AND CROCHET

If you like to knit and/or crochet, come join us and make some new friends. Work on your own project with your own yarn or use ours to make items for charity. We will help you with the basics. We have made hats, blankets, scarves, and baby items for hospitals, Metrocrest Services (which distributes to schools and homeless centers), and other charitable organizations. *Held weekly, M, 9:30-11:30am. No class 5/25.*

LET'S CHALK ABOUT IT

Enjoy creating wonderful pictures of art all while using chalk. Chalk art is a technique of drawing and has existed since Paleolithic times. This technique has been favored primarily as a medium for making quick preliminary sketches, occasionally for roughing in the background of a larger work, and increasingly since the late Renaissance as a medium for finished drawings. Supply list will be provided, guests must bring own supplies. Registration is required. Held weekly, M, 12-1:30pm. No class 5/25.

Volunteer Leader: Robertson



MAKING MEMOIRS

If you have lots of memories from childhood, you will enjoy this class. Learn the art of writing stories, from brainstorming to outlining as well as story structure, and turn your memories into stories that the grandchildren will love to hear. There are no wrong answers in this class, just the possibility of coming up with the next best-selling story. Instructor: Foland

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
172650-36	SRC	50+	5/5-6/9	-TII	11am-12nm	6	\$45/\$49.50
					•		
172650-40	SRC	50+	6/16-7/21	lu	11am-12pm	6	\$45/\$49.50

QUILTING GROUP VIRTUAL

If you can sew, you can quilt. Work on monthly projects, or bring your own project and enjoy sewing with the group. Bring your own sewing machine and materials. Held weekly, W (5/13, 5/27, 6/10, 6/24, 7/8, 7/29, 8/12, & 8/26), 12:30-4pm & Th (5/7, 5/28, 6/4, 6/25, 7/2, 7/23, 8/6, & 8/27), 11am-1:30pm.

MONTHLY QUILTING THEME:

May: Father's Day June: Fourth of July

July: Charity Quilts (all materials will be provided)

Bag Project August:

REUNION HISPANA

Una cena para nuestros huespedes que hablan español. Traiga su comida favorita para compartir y participe en juegos. Para participar en este evento, se require que sea mayor de 50 años y tener una membresia del Senior Center o un pase por el día. Celebrado mensualmente, Ma (5/19, 6/16, 7/21, & 8/18), 3pm.

A dinner for our Spanish-speaking guests. Bring your favorite food to share and participate in games. A Senior Center membership card or day pass is required to participate in this event. Held monthly, Tu (5/19, 6/16, 7/21, & 8/18), 3pm.

SING-ALONG GROUP

Be a part of a group of seniors who love to sing. Held twice monthly, F (5/1, 5/15, 6/5, 6/19, 7/17, 8/7, & 8/21), 11am. No class 7/3.

TECHNOLOGY SATURDAY

This is a great opportunity to resolve your technology challenges and learn from others doing the same. Receive one-on-one assistance on a first-come, first-served basis on any portable device (cell phone, smartphone, tablet, laptop, reader, etc.) or any topic accessible via the device and the internet (email, social media, website maintenance, texting/tweeting, photography, application usage, install and removal, etc.). Reservations are recommended by calling Ed Sanders at 214-498-5353. Held every other month, $Sa (\frac{5/2}{2} \& 7/11), 10am-1pm.$

TEXAS HOLD 'EM CLASS

Learn to play Texas Hold 'Em before participating in our monthly tournament. Held monthly, M (6/29, 7/27, & 8/24), 1pm. No class 5/25.

TEXAS HOLD 'EM TOURNAMENT

Seating begins at 12pm and games begin at 1pm. The first 64 participants will be seated. Held monthly, Tu (5/26, 6/30, 7/28, & 8/25), 1pm.



For your convenience. recreation centers accept Visa and MasterCard for all Parks & Recreation fees.

YOU CAN OIL PAINT A MASTERPIECE

Even if you have never held a paint brush or cannot draw a straight line, you will be amazed at the beautiful oil painting you can create in one inspiring lesson. Beginners learn the basics of color mixing, brushstrokes, and perspective while completing a landscape, seascape, or still life in this fun and easy class taught by Master Artist and award-winning instructor, Robert Garden. All supplies including canvas, paint, brushes, medium, easel, detailed lesson plan, and instruction are provided and included in the cost of the class. Wear old clothes. Deadline to register is three days before each class. Instructor: Garden

CLASS#	THEME	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152090-57	Thunderstorm	5/14	Th	9am-12pm	_1_	\$35/\$36.50
	Approaching Cabin					
152090-65	Honolulu Beach	6/26	-F-	1-4pm	1	\$35/\$36.50
152090-73	Alamo at Sunset	7/24	F	1-4pm	1	\$35/\$36.50
152090-81	Sailing Home	8/13	Th	9am-12pm	1	\$35/\$36.50

<u>Food, Fun, and Fellowship</u>

Celebrate father at we provided by Jee's P ation required (class #102000-38). Space is limited. Held M (6/22), 11am-1pm.

HOT DOG WEDNESDAY

Get a jumbo hot dog and all the fixin's prepared and served by your own Advisory Councilmembers. Cost is \$2 per person. Held monthly, W (5/13-half price, 6/10, 7/8, & 8/12), 10:45am-12pm. Age: All.

LUNCH AND LEARN

Hear presentations from vendors on a variety of topics. Specific topics and presenters will be posted closer to the dates scheduled. Vendors may provide a light lunch. Preregistration is appreciated to get an accurate head count.

CLASS#	DATE	DAY	TIME
102001-35	5/6	W	12:15-1:15pm
102001-37	5/20	W	12:15-1:15pm
102001-40	6/3	W	12:15-1:15pm
102001-43	6/24	W	12:15-1:15pm
102001-51	7/8	W	12:15-1:15pm
102001-53	7/22	W	12:15-1:15pm
102001-60	8/5	W	12:15-1:15pm
102001-62	8/19	W	12:15-1:15pm



MONTHLY LUNCHEONS

Enjoy a delicious meal cooked and prepared by a professional chef, socialize with friends and enjoy a variety of activities and entertainment. Registration ends at 5pm on the Tuesday before the luncheon.

CLASS#	THEME	DATE	DAY	TIME	\$(RES/NR)
102000-35	DixieSwing Band	5/21	-Th-	11am-1pm	\$6.50/\$7.25
102000-40	Casino Night	6/18	Th	11am-1pm	\$6.50/\$7.25
102000-50	Patriot PAWS	7/16	Th	11am-1pm	\$5/\$5.50
102000-60	Guitar Group	8/20	Th	11am-1pm	\$6.50/\$7.25

102000-37). Space is

MOVIE MONDAY

Enjoy a free movie with refreshments. Due to the excitement of new releases, titles will not be available until one month prior and will be published on the facility calendar. Held monthly, M (5/18, 6/15, 7/20, & 8/17), 1pm.

Health & Fitness

DROP IN>> AEROBICS

This class is open to all participants regardless of athletic ability or coordination. The 60-minute workout is designed with warm up and aerobic moves followed by a stretching and cool down period. Regular participation offers benefits for your heart, lungs, muscles, and bones. The instructor incorporates basic choreography, ab work, and strength training. This is accomplished without weights or mats. Come ready to have fun, enjoy a variety of music, and feel rejuvenated when you leave. Bring a water bottle. Purchase a 10-class Aerobics punch card for \$30 (res)/\$33 (non-res) or drop in for \$3.50 (res)/\$4(non-res). Held weekly, M/W/F, 9-10am. No class 5/25 or 7/3. Instructor: Hess-Reneau



DROP IN>> AGING GRACEFULLY YOGA

Increase your strength, flexibility, and balance with yoga. This class will relieve stress and tension and is designed to accommodate older adults. Come experience yoga to feel energized and revitalized. Purchase a 10-class Aging Gracefully Yoga punch card for \$30 (res)/\$33 (non-res) or drop in for \$3.50 (res)/\$4 (non-res). Held weekly, M/F, 11am-12pm. No class 5/25 or 7/3.

Instructor: Guinn

B12 SHOTS

Vitamin B-12 shots are injections containing high levels of cyanocobalamin. These shots, which can be self-administered or given by a doctor, can quickly boost B-12 levels in someone who is deficient. \$20 cash or check payable to ProSalutem. Held monthly, Tu $\frac{(5/5)}{6/2}$, $\frac{6}{2}$, $\frac{7}{7}$, & $\frac{8}{4}$), 9:30-10am.

DROP IN>> BETTER BALANCE

Learn and maintain the skills necessary for optimal balance and fall prevention. Classwork includes exercises to stimulate your sense of balance and coordination by developing strength in the legs, hip, and back. Hand weights and chairs optional. Equipment for improving agility and coordination provided. Purchase a 10-class Better Balance punch card for \$20 (res)/\$22 (non-res) or drop in for \$2.50 (res)/\$2.75 (non-res). Held weekly, M/Th, 10-11am. No class 5/25. Instructor: Sparenberg

BLOOD PRESSURE & SUGAR SCREENING

Do you need to check your blood pressure or blood sugar? Visit the Senior Center for free blood pressure and blood sugar screenings provided by members of Carrollton Fire Rescue. No appointment necessary. Held monthly, Tu (5/12, 6/9, 7/14, & 8/11), 11am.

DROP IN>> BOLLY X

Bolly X is a Bollywood-inspired dance fitness program that combines dynamic choreography with the hottest music from around the world. It's a 50-minute cardio workout that cycles between higher and lower intensity dance sequences to get you moving, sweating, and smiling. No dance experience needed. Purchase a 5-class Bolly X punch card for \$15 (res)/\$16.50 (non-res) or drop in for \$3.50 (res)/\$4 (non-res). Held weekly, F, 10-11am. No classes in June or July. Instructor: Rao

DROP IN>> FUNCTIONAL FITNESS

Work your muscles in this class designed to build strength, add definition, increase bone density, and decrease body fat by building lean muscle. FUNctional Fitness will improve your back health, posture, balance, flexibility, and muscular endurance. *Purchase a* 10-class FUNctional Fitness punch card for \$30 (res)/\$33 (nonres) or drop in for \$3.50 (res)/\$4 (non-res). Held weekly, Tu/Th, 8:30-9:30am. Instructor: Sparenberg

DROP IN>> STRETCH

This chair-based class has its roots in yoga and is designed specifically for participants who are unable to get up off the floor or stand/walk for long periods of time. You will leave class feeling stretched, strengthened, balanced, and relaxed. This class will challenge all fitness levels. Purchase a 10-class Stretch punch card for \$20 (res)/\$22 (non-res) or drop in for \$2.50 (res)/\$2.75 (non-res). Held weekly, Tu/Th, 10-11am. Instructor: Guinn

TAI CHI - SEE PAGE 50 WEIGHT ROOM ORIENTATION - SEE PAGE 36

Carrollton Public Library

Free programs and events for all ages

PLEASE NOTE: Children eight years old and under must be accompanied by an adult.

HEBRON & JOSEY

4220 N. JOSEY LANE (AT HEBRON PARKWAY)

Sunday 2-6pm Monday 10am-9pm Tuesday Noon-9pm Wednesday 10am-6pm Noon-9pm Thursday Friday Closed Saturday 10am-6pm

Public computers • Self-check stations Online databases and resources • Free Wi-Fi Books, Magazines, CDs, DVDs, & Newspapers eBooks • eAudiobooks • Digital magazines Study rooms • Quiet reading lounges Meeting spaces • Local history & genealogy Language instruction resources

JOSEY RANCH LAKE

1700 KELLER SPRINGS ROAD (WEST OF JOSEY LANE)

Sunday	2-6pm
Monday	10am-9pm
Tuesday	10am-6pm
Wednesday	Noon-9pm
Thursday	Closed
Friday	10am-6pm
Saturday	10am-6pm

Information: 972-466-4800 • cityofcarrollton.com/library The Library Advisory Board meets quarterly at Josey Ranch Lake Library at 6:30pm. Meetings are open to the public. See our website for scheduled meeting dates.



---- Carrollton Public Library --SUMMER READING - PROGRAM ZCARROLLTON

Join our free annual Summer Reading Program, offering mobile and online access through READsquared. Register online at carrolltonlibrary.READsquared.com beginning May 1 or stop by the Library for more information.

SUMMER READING KICKOFFS

Join us for a special two-hour Teen Night. Learn how to participate in the Summer Reading Program to earn prizes and entries for even larger prize packs. Hang out with other teens while crafting or playing video games. Pizza will be prov

the Summer Reading Program. This event will include games, art

DATE LIBRARY DAY TIME Hebron & Josey 6-8pm

Grab your pickaxe and crafting table, and get ready for a Minecraft escape room. Trapped in the digital world of Minecraft, unable to log off the server, participants gather clues and solve puzzles to escape to the real world where summer is just getting started.

DATE	LIBRARY	AGE	DAY	TIME
6/5	Hebron & Josey	9-12	F	7-8pm

SUMMER READING FINALE

Summer Reading Program participants will receive an email invitation in READsquared for a special end of Summer Reading Program car parade.

END OF SUMMER READING FINALE CAR PARADE

Join us for a special end of Summer Reading Program parade and celebrate your reading success this summer. Decorate the car, including making a sign with participant(s) name(s), and drive through the colorful finish line of flags and pennants to pick up goodie bags, as names are announced. Parade route begins inside Josey Ranch Sports Complex and ends in the Senior Center parking lot.

DATE	LIBRARY	AGE	DAY	TIME
8/7	JRSC to JRL	13+	Th	6:30-8:30pm



Preschool

Pick up the monthly Youth Services Calendar at either Library for the most up-to-date information.

EARLY LITERACY CLASSES

July 1-August 31

BABY TIME

or caregiver. Interact with baby as they develop a love of language through rhymes and music. Stay afterward for baby play time and adult conversation. Siblings welcome.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	Pre-walkers	M	11am	Ongoing
Josey Ranch Lake	Pre-walkers	W	130 m	Ongoing

ent or caregiver participate in early language learning through stories, songs, rhymes, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	1-3	M	10:15am	Ongoing
Josey Ranch Lake	1-3	M	10:15am	Ongoing
Hebron & Josey	1-3	$\bigvee\bigvee$	10:15am	Ongoing

LIBROS Y AMIGOS/BOOKS AND FRIENDS

Participa en cuentos, canciones, juegos con los dedos, rimas de acción, y movimiento en español e inglés. Todos son bienvenidos, ya sea que

Participate in stories, songs, fingerplays, action rhymes, and movement in Spanish and English. Everyone is welcome – whether you know Spanish or would like to learn.

LIBRARY	AGE	DAY	TIN :	#WKS
LIBRARY Josey Ranch Lake	BI 14-14	' -	1 47 am	Ongoing
	MIMI			

Children develop early literacy skills through stories, songs, to help children practice the skills needed to prepare for school.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	3-5	M	11am	Ongoing
Josey Ranch Lake	3-5	Tu	11am	Ongoing
Hebron & Josey	3-5	VV	11am	Ongoing





action rhymes, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	Birth-5+	M	6:30pm	Ongoing

two weeks be conpl.libcal.com or call 972-466-480 outhlibrarian@cityofcarrollton.com for more information.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	3-7	Tu	1:30pm	Ongoing

SENSORY PLAYDATE

Children and their families learn and explore through play by participating in sensory-rich activities the romote healthy development and learning development and learning

DATE	Jd ey Rynor L ke	GE	DAY	TIME
6/13	— Jd ey Rriidi L ke	2-5	Sa	10:30am
7/11	Josey Ranch Lake	2-5	Sa	10:30am

SATURDAY STORY TIME

action rhymes, and movement.

DATE	LIBRARY	AGE	DAY	TIME
6/27	Josey Ranch Lake	Birth-5+	Sa	10:30am
7/25	Josey Ranch Lake	Birth-5+	Sa	10:30am

SPECIAL EVENTS

AWESOME AUGUST STUFFY SLEEPOVER

Bring your preschooler for some awesome special programs.

DATE	LIBRARY Hebron & Josey Josey Partual Hebron Cosey	AGE	DAY	TMECN	∩N ROGRAM
8/3	Hebron & Josey	4411 C	CO		Puppet Show
8/10	Josey Randillak	DEIVIL	М	10:30am	Stuffy Sleepover
8/17	Heboths Josey	3-5	M	10:30am	Messy Art
8/24	Josey Ranch Lake	3-5	M	10:30am	Tinkergarten

Children and their families July 1-July 31

FAMILY NIGHT VIRTUAL

Looking for some Friday Night Family Fun? Enjoy an interactive, online event designed for the whole family. Stories will be read and a secret building challenge will be given for families to complete. Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	DAY	TIME	REG. BEGINS
8/14	F	6:30-7:30pm	7/31
8/28	F	6:30-7:30pm	8/14

SUMMER SHENANIGANS

Enjoy fun activities each weekday during the summer break. Be surplies last. STEAM Lab registration opens June 1.

LIBRARY	AGE	DAY	TIME	THEME
Josey Ranch Lake Hebron & Josey Josey Ranch Lake Hebron & Josey	5-8	M	3-4) m	P zzle-Palooza
Hebron & Josey	5-8	N	5 4p 1	STEAM Lab*
Josey Ranch Lake	5-		o apini	Craft Club with Ms. Joy
Hebron & Josey		Th	3-4pm	#TBT Arcade
Josey Ranch Lake	5-8	F	3-4pm	Board Game Bonanza

*Registration required at carrolltonpl.libcal.com or by calling 927-466-4800.

NEW>> STORIES & STEAM

stories, experiments, and more in this hands-on program.

DATE	LIBRARY	AGE	DAY	TIME	PROGRAM
6/20	Hebron & Josey	5-8	Sa	3-4pm	Science of Magic
7/18	Hebron & Josey	5-8	Sa	3-4pm	Use the Force

ľweens

Ages 9-12 August 1-3

games, and various crafting and maker supplies will be available.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	9-12	M	5-6pm	Ongoing
Hebron & Josey	9-12	Th	5-6pm	Ongoing

Join us each week for coding and all ges. For more rolltonpubliclibrary and information.

cuyojcarr		3.00 KM 24	4000 101	assisiunce
DATE	LIBRARY O Josey Ranch Lake		DAY	TIME
7/6-8/17	Josey Ranch Lake	9-12	M	4-5pm

BACK TO SCHOOL BLING VIRTUAL

will be provided GO KIT PICKUP AUGUSTAIN materials

DATE GRAB LIBRARY

WILLIAM SCHOOL SUPPLIES BY 10-15 pplies, will be provided GO KIT PICKUP SAUGUSTAIN - 2:30-5000 Monday-Friday ey 10am-Noon; Saturday 2:30-5pm

Be sure to check the online calendar at cityofcarrollton.com/calendar for more details.

l'eens

Ages 13-17 August 1-31

TEEN NIGHT

Make some art, play a game, or just hang out with other teens.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	13-17	Th	7-8pm	Ongoing

NEW>> TEEN LIFE HACKS

Hack your life by learning skills you'll actually use, from cooking to doing laundry, to managing m you're leaving for calle to in the be relevant or en if A vi a it. ou'll learn will

oc reievani	C CH II A II C	TO I BOIL	701.	
DATE	LEARY	AGE	DAY	TIME
7/2-7/30	Hebron & Josey	13-17	Th	6-7pm

TEENS AFTER HOURS

Enjoy all of the fun of Teen Night with the added benefit of taking over the Library after hours. Pizza provided. A signed waiver is required – available online and at the door.

DATE	LIBRARY	AGE	DAY	TIME
6/12	Josey Ranch Lake	13-17	F	6:30-8:30pm
7/24	Josey Ranch Lake	13-17	F	6:30-8:30pm

INSTAGRAM.COM/CARROLLTONTXLIB

Sir Reads-A-Lot! Visit the Carrollton Public Library at Josey Ranch Lake and meet Sir Reads-A-Lot. Donate today to receive a commemorative

plate on the spine

of one of his books All donations go to the Friends of the Carrollton Public Library, which supports the

Library's programs. Visit friendscarrolltonlibrary.org

for more information or to donate.

Gold Level: \$100+ Silver Level: \$50+ Bronze Level: \$15+



Adult Programs

COMPUTER SKILLS

SATURDAY COMPUTER CLASSES

Need help with computers? Learn about computer basics, Excel, Word, coding, and LinkedIn. Classical are tree but registration is required. Bring a flesh Visua to see any vork. Poster online at carrolltonpl. beat 2 moves W. 22 166-4800 for assistance.

DATE	LIBRARY		DAY	TIME	TOPIC REG	. BEGINS
5/9	JRL	Adults	Sa	10:30am-12pm	Computer Basics	4/25
5/16	JRL	Adults	Sa	10:30am-12pm	Excel-Beginners	5/2
5/23	JRL	Adults	Sa	10:30am-12pm	Excel-Intermediate	5/9
5/30	JRL	Adults	Sa	10:30am-12:30pm	Coding-Beginners	5/16
6/6	H&J	Adults	Sa	10:30am-12pm	Computer Basics	5/23
6/13	H&J	Adults	Sa	10:30am-12pm	Word-Beginners	5/30
6/20	H&J	Adults	Sa	10:30am-12pm		6/6
6/27	H&J	Adults	Sa	10:30am-12:30pm	Coding-Beginners	6/13
7/11	JRL	Adults	Sa	10:30am-12pm	Computer Basics	5/30
7/18	JRL	Adults	Sa	10:30am-12pm	Google Docs-Beginners	7/4
7/25	JRL	Adults	Sa	10:30am-12:30pm	Coding-Beginners	7/11
8/8	H&J	Adults	Sa	10:30am-12pm	LinkedIn-Beginners	7/25
8/15	H&J	Adults	Sa	10:30am-12pm	Excel Beginners	8/1
8/22	H&J	Adults	Sa	10:30am-12pm	Excel-Intermediate	8/8
8/29	H&J	Adults	Sa	10:30am-12:30pm	Coding-Beginners	8/15

FUN AT THE LIBRARY

GAME ON!

Board games are so much more than the Chutes and Ladders or Monopoly of childhood. Come and check out new and trendy games. Whether you're looking for a game to test your strategy or social deduction skills, or just looking for a social trivia game, the Library has you covered. Feel free to bring games to share with others. *No registration required.*

DATE	LIBRARY	AGE	DAY	TIME
5/9	Hebron & Josey	Adults	Sa	2-5:30pm
6/6	Hebron & Josey	Adults	Sa	2-5:30pm
8/1	Hebron & Josey	Adults	Sa	2-5:30pm
8/29	Hebron & Josey	Adults	Sa	2-5:30pm

ARTISTIC CRAFTING 101

Learn the basics of a new craft or hobby with the Library's crafting series and jump start into a new expertise. *Register at carrolltonpl. libcal.com or call 972-466-4800 for assistance.*

DATE	LIBRARY	AGE	DAY	TIME	CRAFT R	EG. BEGINS
5/23	H&J	Adults	Sa	11am-1pm	Alcohol Inks	5/2
6/20	H&J	Adults	Sa	11am-1pm	Quilling	5/30
7/18	H&J	Adults	Sa	11am-1pm	Book Folding	7/4
8/15	H&J	Adults	Sa	11am-1pm	Hand Lettering	8/1

SUMMER CRAFTIVITY

Join us to learn how to make beaded bookmerks. If you have jewelry-making tools, feel free to bing them to the class. All other supplies will be provided You'n, also bring a nack or lunch to enjoy while you'crase. In the carrollionpl.libcal.com or call 972-466-480. In assistance.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
7/25	Josey Ranch Lake	Adults	Sa	11am-1pm	7/11

GENEALOGY CLASSES

Everyone is searching for the lost ancestor who faded into history, the black sheep with the crazy story, or the immigrant to the New World with the inspiring life. Join fellow searchers in these classes that focus on one aspect of genealogical research and family history during each session. Taught by area genealogist and research specialist Michelle Cohen. *Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.*

BREAKING THROUGH BRICK WALLS

Everyone has that elusive ancestor, or that ancestor with the extremely common name, or that ancestor that appears once on a record and never again. Sometimes searching raises more questions and causes more confusion. Bring your most difficult problem and share with another person. Perhaps together you can find new ways to search and find that elusive ancestor.

DATE	LIBRARY	AGE	DAY	AVII	REG. BEGINS
5/5	JRL _	Adulo	Tu	Toar -12 m	4/21
5/19		Adula Nus		-vam-12pm	5/5

IRISH RECORDS

About 33 million people, or 10% of the population, in the United States claim Irish ancestry. Are you one of them? Have you identified an Irish ancestor and want to learn more about life in the Old Country? Or do you think you're Irish and need the research skills to prove it? These two sessions will give you the resources and information to get started.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS		
Session	1: Gov., Census	;					
6/9	JRL	Adults	Tu	10am-12pm	5/26		
Session 2: Church and Other Records							
6/23	JRL	Adults	Tu	10am-12pm	6/9		

WESTERN EXPANSION

The United State Stand 1. Scolones on the Atlantic seaboard. As more people urrives, they usual westward into the mountains and eventually across the Mississippi River. But why did they go, and how did they get there? These two sessions will give you the resources and information to get started.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS	
Session 1: Out of New England Into the Midwest						
7/7	JRL	Adults	Tu	10am-12pm	6/23	
Session 2: Southern Routes to Texas						
7/21	JRL	Adults	Tu	10am-12pm	7/7	

HEALTHY, WEALTHY, AND WISE

UNDERSTANDING MEDICARE

Delve into the world of Medicare. Learn about the different parts and get information that will help you decide which plan is best for you.

DATE	LIBRARY	AGE	L W	TIME
5/4	LIBRARY Hebron & Josey		FU	7-8:30pm
	CAN	6		
COOL	DOWNAM	OGA		

Take a break from the summer heat with deep breathing and stretching for all levels during this one hour class by Rescue Yoga staff. Bring your mat and chill out. *Register at carrolltonpl.libcal.* com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
5/30	Josey Ranch Lake	Adults	Sa	11am-12pm	5/9

7/13

istration is requested 72-466-4800 for assistance.

DATE TIME REG. BEGINS LIBRARY AGE DAY 6/6 Hebron & Josey Adults Sa 10-11am 5/16

FINANCIAL PLANNING

Hebron & Josey

Are you considering retiring, or have recently retired? A Chartered Retirement Planning Counselor from vill present two programs this summer a can benefit y ation is requested at 2-466-4800 for assistance. carrolltonpl.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGIN
RETIRI	EMENT				
6/8	Hebron & Josey	Adults		6:30-8pm	5/18
ANNU	ITIES				

SMALL BUSINESS

6/22

6:30-8pm

SOCIAL MEDIA STRATEGIES VIRTUAL

Adults

Discover the secret recipe for creating high-engaging content that turns followers into customers using Facebook, Twitter, LinkedIn, Instagram, and TikTok. For more information, visit facebook.com/ carrolltonpubliclibrary and cityofcarrollton.com/library, or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
7/15	Josey Ranch Lake	Adults	W	7-8pm	5/13

the process of start plan. Find out who needs a business plar iscover the essential elements to set you on the path to business success. Register at dallas.score.org or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
6/10	Josey Ranch Lake	Adults	VV	7-8pm	5/1

BUILDING YOUR BRAND

Learn how to leverage celebrity branding to drive more customers, clients, or patients to your local business. Registration is requested at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
8/25	Josey Ranch Lake	Adults	Tu	7-8pm	8/4

CONFIDENTIAL MENTORING – FREE!

SCORE has been providing free mentoring for new and existing businesses for over 40 years and has a network of over 13,000 volunteers who donate their time to help entrepreneurs. As highly successful and experienced business professionals and entrepreneurs, SCORE mentors deliver valuable, timely, and practical advice. Whether you are a start-up or an existing business, SCORE mentors will help you and your business, through free and confidential business advice online and in person. Appointments are one hour and held at Josey Ranch Lake Library. Visit dallas.score. org or call 214-987-9491 to schedule a time to meet with a SCORE volunteer about your business.

Special Events

CINCO DE MAYO CELEBRATION

Students from Creekview High School's Ballet Folklorico class will perform dances from states all over Mexico. Enjoy the colorful costumes and traditional dancing by local high school students.

DATE	LIBRARY	AGE	DAY	TIME
5/4	Hebron & Josey	All	M	5-5:30pm

BROOKHAVEN HANDBELL CONCERT

Enjoy a delightful afternoon of favorite patriotic and Americana musical selections by Brookhaven College That of ell Choir, under

the direction	of Bonnia Rid	real disk tell	W16 36	
DATE	of Bonnio Rid LiBRAY Sweatich Lake		DAY	TIME
5/9 Jo	o w kanch Lake	All	Sa	2pm

METROCREST COMMUNITY JOB & CONTINUING EDUCATION FAIR

Looking for a job or to register for classes? Join us for a job and together employer and employee, educator and student. All job options are welcome, but preregistration is requested. Registration is requested at carrolltonpl.libcal.com or call 972-466-4800 for more information

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
5/11	Josey Ranch Lake	Adults	M	1-4pm	4/11

C-CON 2020

Fans of all ages are invited to the second annual C-Con (Carrollton Convention) to enjoy comics, games, art, trivia, a costume contest, and more. Cosplay is highly encouraged. For more information, visit cityofcarrollton.com/library or facebook.com/ carrolltonpubliclibrary.

DATE	LIBRARY	AGE	DAY	TIME
6/27	Josey Ranch Lake	All	Sa	1-5pm



BOOK A LIBRARIAN!

Need some research assistance? Schedule a 30-minute session with a professional librarian. Get search tips and resource guidance from an expert. Book an appointment at cityofcarrollton.com/bookalibrarian or call 972-466-4800 for assistance.

Community Events

Saturdays on the Square

Second Saturday of the month

All events are free

Downtown Carrollton 1106 S. Broadway Street

June

Saturday, June 13 • 6-8pm

Live Music

Travel to Downtown Carrollton for a live music perfomance on the Gazebo stage by the acoustic duo Two Far Gone. Social distancing will be practed in the concert area with designed, separated seating areas.

July

Saturday, July 11 • 6-8pm

Christmas in July

Can't wait for the holidays? Santa will be streaming live from the North Pole via interactive webcam. Tell him what you want for Christmas, create a craft, or sing along to some Christmas tunes while enjoying the sunshine.

August

Saturday, August 8 • 6-8pm

Painting Class

Calling all creators and crafters! Join us for a FREE painting class that will allow you to leave your creativity on the canvas. Materials will be provided on a first-come, first-served basis.

All skill levels are welcome.

For more information or to see all Downtown events, visit cityofcarrollton.com/downtown.





CincoCANCELED

Celebration

Monday, May 4 • 5-5:30pm • Free Hebron & Josey Library 4220 N. Josey Lane

Students from Creekview High School's Ballet Folklorico class will perform dances from states all over Mexico. Enjoy the colorful costumes and traditional dancing by local high school students.



Monday, May 4 • 5-9pm • Free Downtown Carrollton 1106 S. Broadway Street

In a galaxy not so far away, the City of Carrollton presents a *Star Wars* day on the Square. Come in costume to enjoy galaxy-themed games, photo opportunities, and laser tag. Join us inside the Plaza Arts Center for the chance to enter a planetarium and participate in STEM activities where the whole family can learn about stars, space, and the force! For more information visit cityofcarrollton. com/downtown.



Mother's Day CANCELED and Picnic ith Music from the

New Horizons DixieSwing Band

Saturday, May 9 • 5-7pm • Free A.W. Perry Homestead Museum 1509 N. Perry Road

Mother's Day with family and friends on the Museum grounds. Perry Gravley Park.



Metrocrest Community CANCELEDontinuing Education Fair

Monday, May 11 • 1-4pm • Free Josey Ranch Lake Library 1700 Keller Springs Road

the community. Metrocrest Services and the Carrollton and employee, educator and student. All job seekers and are welcome, but preregistration is requested. Details on at cityofcarrollton.com/library. Register beginning 4/11 at carrolltonpl.libcal.com or call 972-466-4800 for assistance.



CANCELEDIT Festival Mary Heads Carter Park, 2320 Heads Lane

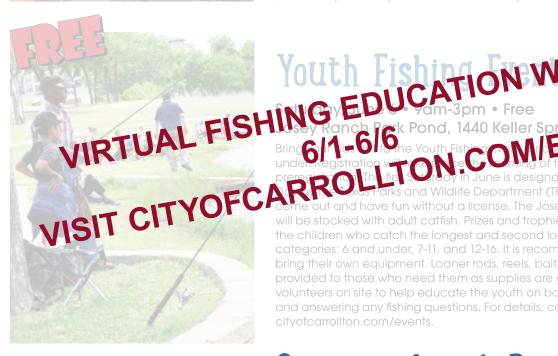
> Come to compete and let the sidewalk be your canvas, or chalk area. Judging begins at 2pm and awards will be given to registered artists at 2:30pm. First-place professional will receive \$150; second-place professional, \$75. First-place amateur will receive \$50; second-place amateur, \$25. There will also be a People's Choice award. Lawn chairs are encouraged. Professional fee is \$10; amateur, \$5. Chalk is provided. Register as an artist at cityofcarrollton.com/signupnow through 5/8. Space is limited.



Wednesday, May 20 • 9am-2pm • Free Josey Ranch Lake Library, 1700 Keller Springs Road

displays, as well as booths highlighting water conservation, stormwater protection, and other programs that show how Public Works contributes to Carrollton's safety and quality of life. Families are encouraged to attend, and children with appropriate adult supervision will be allowed to

Carrollton Public Works is a proud participant in National Public Works Week, May 17-23, which highlights the importance of Public Works in



and have fun without a license. The Josey Ranch Park Pond will be stocked with adult catfish. Prizes and trophies will be awarded to the children who catch the longest and second longest fish in three age categories: 6 and under, 7-11, and 12-16. It is recommended that children bring their own equipment. Loaner rods, reels, bait, and tackle will be volunteers on site to help educate the youth on baiting a hook, casting, and answering any fishing questions. For details, call 972-466-9804 or visit



Summer Lunch Program

April-August 14 Monday-Friday • 10-11am • Free **Crosby Recreation Center** 1610 E. Crosby Road Rosemeade Recreation Center

1330 E. Rosemeade Parkway

Carrollton Parks & Recreation has partnered with Kids Bring Life Inc., a local non-profit, to offer Grab & Go meals at no cost. The program offers breakfast and lunch at no charge to children up to 18 years old. The service is open to all children, regardless of income. Individuals over age 18 who are enrolled in school programs for those with disabilities can also receive meals at no charge. No. I.D. is required when picking up meals. For more information and the latest updates, follow on Facebook at Carrollton Texas Parks & Recreation.

World of Foodies Fest

Saturday Me 3 · 3-9pm · Free POSTPONE Brown S. Rround SEP John SEP n for a dining experience built tizing. Enjoy authentic international nd live performances while celebrating multiple cultures. All bites will be available for individual purchase in sample portions and full-size options. A limited amount of Foodie on a variety of pre-selected food and drink samples. For more visit cityofcarrollton.com/downtown or call 972-466-9808.



Father's Da

y Park to enjoy some games and a craft. Free akfast and beverages will be served but are limited to the first 150 people. For more information, call 972-466-6381 or visit



sey Ranch Lake Library, 1700 Keller Springs Road

more information, visit cityofcarrollton.com/library or facebook.



Parks & Recreation Month

Month of July • Free

Celebrate Parks and Recreation Month at different parks, recreation centers, trails, and other facilities with a hide-and-seek challenge! Monday through Friday during the month of July, a golden ticket redeemable for a prize will be hidden in different locations. Follow the Carrollton Parks & Recreation Facebook page for clues on where the golden tickets will be hidden. Once you find the golden ticket, take a picture and post it on Facebook using the hashtag #CarrolltonHideAndSeek. For more information, visit facebook.com/CarrolltonParks or call 972-466-9804.



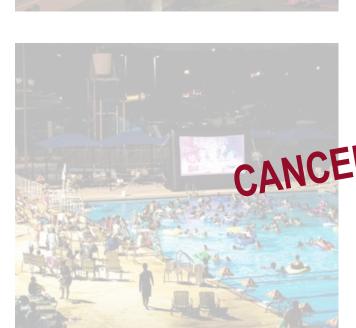
Fourth of July Concert VIRTUAL CONCERT WITH DRIVE-THROUGH BURGERS

Friday, July 3 • 11am-1pm • Free Carrolton Senior Center 1720 Keller Springs Road

The performance will be virtual, but In-N-Out Burger will be providing lunch. Drive through the Senior Center parking lot from 11am-1pm, Each person in the vehicle will receive a box lunch, including a hamburger or cheeseburger with chips and drink (one lunch/person). No registration required. Drive-through service only. Supplies are limited.

July 4 Fireworks

view the display from surrounding neighborhoods or from one of the few parking areas available. There will be no onsite event. Bring blankets and lawn



Swim-in Cinema

Friday, July 17 • 7-10:30pm Zootopia (2016), PG

Rosemeade Rainforest Aquatic Complex

1334 E. Rosemeade Parkway

Brita via friends, family, and floats and join us for the City's annual poolside movio Open y's annual poolside movie. Open swim will be offered from 7pm until dusk. The featured film will begin shortly after sunset. A driver's license must be presented

Adaptive Recreation

ARCHERY

Join us for adaptive archery on Carrollton's new adaptive baseball Field #6. Bring your family and friends for a fun night out for people of all abilities. The City provides all of the equipment, or you can bring your own from home. Registration ends the Friday prior by 1pm.

CLASS# LOC AGE DATES DAY TIME #CLSS	ψ(IXEO/IVIX)
236001-35 JRSC 6+ 5/7 Th 6-7pm 1	\$10/\$11
230001-33 3K3C 0+ 3/1 111 0-7piii 1	φ10/φ11
236001-36 JRSC 6+ 5/14 Th 6-7pm 1	\$10/\$11
250001-50 51100 01 5/14 111 0-7611 1	
236001-37 JRSC 6+ 5/21 Th 6-7pm 1	\$10/\$11
236001-38 JRSC 6+ 5/28 Th 6-7pm 1	\$10/\$11

BEYOND KARATE

Beyond Karate is a Martial Arts School open to students of all abilities. Classes are designed for students with intellectual and developmental disabilities. Siblings are welcome to join the class. Students will learn hand strikes, kicks, blocks, katas (sequence of Karate moves), build physical strength, improve discipline, enhance self-confidence, and improve social skills. Karate uniforms will be available for purchase but are not required. Belt promotion fee of \$30 is applicable upon student's advancement for a belt test. Belt fee activity code is #160001-52.

•	,								
CLASS#	LOC	DATES	DAY	TIME	#CLSS	\$(RES/NR)			
6-12 Years Old									
160001-35	RRC	5/11-5/25	M	5-6pm	-4-	\$85/\$93.50			
160001-40	RRC	6/1-6/29	M	5-6pm	5	\$106.25/\$117			
160001-50	RRC	7/6-7/27	M	5-6pm	4	\$85/\$93.50			
160001-60	RRC	8/3-8/31	M	5-6pm	5	\$106.25/\$117			
13+ Years (Old								
160002-35	RRC	5/11-5/25	M	6-7pm	4	\$85/\$93.50			
160002-40	RRC	6/1-6/29	M	6-7pm	5	\$106.25/\$117			
160002-50	RRC	7/6-7/27	M	6-7pm	4	\$85/\$93.50			
160002-60	RRC	8/3-8/31	M	6-7pm	5	\$106.25/\$117			

REC OUT!

REC Out! is a chance for adults of varying abilities to get together and have fun. Participants meet at Crosby Recreation Center for games and activities, then set off in our Carrollton City vehicle for lunch and an adventure in the community. This is an opportunity to practice life, social, and communication skills as well as develop friendships. Space is limited. Participants will need to bring money for lunch.

CLASS#	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
120001-35	CRC	18+	5/12	-Tu	10:30am-3:15pm	\$20/\$22
120001-40	CRC	18+	6/9	Tu	10:30am-3:15pm	\$20/\$22
120001-50	CRC	18+	7/14	Tu	10:30am-3:15pm	\$20/\$22
120001-60	CRC	18+	8/11	Tu	10:30am-3:15pm	\$20/\$22

SENSORY FRIENDLY MOVIE NIGHT

This is a movie night for individuals with special needs and their families. Enjoy a movie in a welcoming and inclusive environment where the volume is lowered, the lights are raised, and moviegoers are welcome to move, groove, and sing along.

CLASS#	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
122001-40	CRC	All	6/23	Tu	5:30-7:30pm	Free
122001-60	CRC	All	8/25	Tu	5:30-7:30pm	Free

LIBRARY ADAPTIVE STORY TIME - SEE PAGE 15 LIBRARY SENSORY PLAYDATE - SEE PAGE 15

SPECIAL NEEDS SWIM NIGHT

Children and adults with special needs, their families, and caregivers are invited to a pool party. The Rosemeade Rainforest Aquatic Complex will be open for extended hours giving those with special needs the opportunity to enjoy some time swimming. There will be a DJ and giveaways so don't miss out. Children 2 years old and under get in free when accompanied by an adult; Season Pass Holders will receive a \$2 discount. For more information, visit cityofcarrollton. com/adaptive.

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
Rose.	All	8/21	F	6:30-9pm	\$5/\$9

ADAPTIVE SWIM CLASSES - SEE PAGE 41

TURF TIME

Everyone in the community is invited to come to Field #6 at Josey Ranch Sports Complex for games, sports, food, and fun. Open to all ages. Registration ends three days prior to the event.

CLASS#	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
Baseball						
236002-35	JR06	6-15	5/16	Sa	10-12:30pm	Free
236002-40	JR06	16+	6/13	Sa	5-7:30pm	Free
Soccer						
236002-50	JR06	6-15	7/11	Sa	5-7:30pm	Free
236002-60	JR06	16+	8/22	Sa	10-12:30pm	Free

ADAPTIVE BASEBALL FIELD #6

The City of Carrollton has a fully accessible baseball field designed for people of all abilities. Instead of dirt, the field is made with a synthetic field turf surface for safety, performance, and durability. Field #6 at Josey Ranch Sports Complex features a reduced distance to the outfield, shorter base paths, wider gate openings, and wheelchair and walker accessibility. Adaptive Field #6 is available for rent to groups interested in hosting various sports activities or field days. For more information, call 972-466-4862.



Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins May 18. Non-resident registration begins May 18. Classes begin June 1.

Summer Camps

CARROLLTON CAMP WONDER

Wondering what you will do with your kids during the summer? Send them to Camp Wonder! Daily activities include arts and crafts, sports and athletics, games, group activities, and more. The City's trained counselors work to ensure that each camper has a fun and rewarding experience. Campers will also go on weekly field trips to places like Altitude Trampoline Park, AT&T Stadium, the Perot Museum of Nature and Science, and the Lewisville Lake Environmental Learning Area (LLELA). Each camper will be provided with one T-shirt to be worn on field trip days.

Camp Wonder will be offered in 10 one-week sessions with a different theme each week. Participants may choose some or all the sessions. Register at cityofcarrollton.com/signupnow. A deposit of \$20 per week per camper is required at 10 ng your camper's spot. Full payment is due on 10 lbs. To the start of and leek

spot. Full	paym	ent is du	e into	itor to the start o	malleek
<i>of camp.</i> (7/3. Instru	ictor:	Staff	rrolltor	incomitoring incomitoring arrollton Ready, Set, Go! Utitude Trampoline Pa Mad Science	com:
visit	city	1016a	cityofo	arrolltoil	\$(RES/NR)
nark	adr	nin@	Cataly-opin A	Altitude Trampoline Pa	†155/\$170.50 rk
500000-02	5-12	6/8-6/12	7:30am-6pm	Mad Science	\$155/\$170.50

Nain	avi		/\l	illuue Hallipoille Le	ZI IX	
500000-02	5-12	6/8-6/12	7:30am-6pm	Mad Science	\$155/\$170.50	
				-Tech Discovery Cer		
500000-03	5-12	6/15-6/19	7:30am-6pm	Superhero	\$155/\$170.50	
			LEG	OLAND Discovery C	enter	
500000-04	5-12	6/22-6/26	7:30am-6pm	Exploration	\$155/\$170.50	
			Perot Mu	seum of Nature and	d Science	
500000-06	5-12	7/6-7/10	7:30am-6pm	Christmas in July	\$155/\$170.50	
			All	IC Theater Grapevi	ne	
500000-07	5-12	7/13-7/17	7:30am-6pm	All Ball	\$155/\$170.50	
				AT&T Stadium		
500000-08	5-12	7/20-7/24	7:30am-6pm	Buggin' Out	\$155/\$170.50	
		LLEL	A (Lewisville Lake	e Environmental Lea	arning Area)	
500000-09	5-12	7/27-7/31	7:30am-6pm	Under the Sea	\$155/\$170.50	
			D	allas World Aquariu	m	
500000-10	5-12	8/3-8/7	7:30am-6pm	Hawaiian Luau	\$155/\$170.50	
			Epic '	Waters Indoor Wate	erpark	
E00000 11	E 40	0140 0144	7.20000 6000	MushamiMaali	\$4 EE (\$470 E0	

NEW>> eSPORTS CAMP

These eSport Camp classes offer health and fitness elements to promote focus and better cognitive ability, helping participants better understand in-game strategy and improve individual skill levels. These classes provide comprehensive training, several tactics, and resources to amp up your gaming abilities and qualifications when applying for college scholarships. The instructor has more than 15 years experience in multiple levels of eSports ranging from competing at a pro/semi-pro level, coaching, player management, and eSports business management. He has guided and fostered players and teams through various stages of their careers, establishing a strong foundation and from 2018 to 2019, sent 12 players and one coach to play professionally in "League of Legends" and "Overwatch." Classes will be held at Java Gaming Café (JGC) located at 2701 Old Denton Road. All equipment will be provided. Instructor: Cooley

CLASS#	LOC	AGE	DATES	DAY	TIME	THEME	#CLSS	\$(RES/NR)
500100-01	JGC	13-18	7/6-7/10	M-F	1-5pm	Overwatch	5	\$295/\$324.50
500100-02	JGC	13-18	7/13-7/17	M-F	1-5pm	Fortnite	5	\$295/\$324.50
500100-03	JGC	13-18	7/20-7/24	M-F	1-5pm	League	5	\$295/\$324.50
						of Legends		
500100-04	JGC	13-18	7/27-7/31	M-F	1-5pm	Rocket	5	\$295/\$324.50
						League		



For your convenience, recreation centers accept Visa and MasterCard for all Parks & Recreation fees.



CPR/AED and Basic First Aid

Sudden cardiac arrest is often a survivable event, but usually only with bystander intervention prior to EMS arrival. Carrollton Fire Rescue (CFR) wants to see everyone trained in CPR/AED. Under their tutelage, take a few hours to get trained and help save a life when every second counts.

The City of Carrollton encourages local businesses to schedule onsite training courses with CFR to establish what could be a safer environment should a cardiac episode occur in the workplace. For more information or to schedule a workplace training, call 972-466-4901. Instructor: Carrollton Fire Rescue

CPR/AED

This class is designed for those who do not need a specific nationally-accredited course completion card (such as American Heart Association or American Red Cross). The focus of the class is on adult CPR and AED, but it also covers choking and infant CPR. Participants will receive a course completion card from CFR. Information taught is to American Heart Association standards. Those needing the nationally accredited card should take the Heartsaver CPR/AED class.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171050-36	CRC	10+	5/2	Sa	9:15-11am	1	\$20/\$22
171050-40	CRC	10+	6/6	Sa	9:15-11am	1	\$20/\$22
171050-50	CRC	10+	7/11	Sa	9:15-11am	1	\$20/\$22
171050-60	CRC	10+	8/1	Sa	9:15-11am	1	\$20/\$22

HEARTSAVER CPR/AED

This class is open to anyone but is recommended for those needing a nationally recognized course completion card required by an employer (such as a daycare worker). Curriculum includes CPR/AED and choking for adults, children, and infants. Participants receive an American Heart Association card upon completion. This class is not for healthcare providers who need a Basic Life Support (BLS) or a Healthcare Provider card. Those not needing the nationally recognized card can take this class or the CPR/AED course.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171051-36	CRC	10+	5/16	Sa	9:15am-12pn	1 1	\$50/\$55
171051-40	CRC	10+	6/20	Sa	9:15am-12pn	1 1 -	\$50/\$55
171051-50	CRC	10+	7/18	Sa	9:15am-12pm	1 1	\$50/\$55
171051-60	CRC	10+	8/15	Sa	9:15am-12pm	n 1	\$50/\$55

BASIC FIRST AID

Learn to identify the signs and symptoms of a heart attack and what to do in cases of breathing difficulty, cuts, broken bones, diabetic problems, seizures, and other medical emergencies.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171055-36	CRC	10+	5/16	Sa	12:30-3:15pm	1 1	\$15/\$16.50
171055-40	CRC	10+	6/20	Sa	12:30-3:15pm	1—1—	\$15/\$16.50
171055-50	CRC	10+	7/18	Sa	12:30-3:15pm	1 1	\$15/\$16.50
171055-60	CRC	10+	8/15	Sa	12:30-3:15pm	n 1	\$15/\$16.50

Chefsville

Chefsville classes allow kids to explore different aspects of cooking and take their cooking to a new level. Participants eat the fresh, healthy, and fun dishes made while in class. Imagine your kids eating more fruits and vegetables, enjoying baking, and showing off their cooking skills. Cooking connects family and community by spending quality time together.

*Parents must sign allergen waiver before class. No open-toe shoes or dangling jewelry allowed. Long hair must be put in ponytail or braids. All supplies are included. Instructor: Horwitz

CHEFSVILLE KIDS - JUNIOR MASTER CHEF TV GAME SHOW CAMP

If you are a fan of Chopped, MasterChef Junior, Kids Baking Championship, and Rachel Ray's Kids Cook-off, try your hand at Chefsville cooking challenges. Kids will have a blast learning skills they can use for a lifetime and eating what they make. Chefsville includes mystery themes to generate the cooking excitement.

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 170104-50 RRC 7/13-7/16 M-Th 8+ 1-4pm 4 \$155/\$168

CHEFSVILLE TWEEN CAMP

of basic cooking, nutrition, and healt

oc AGE DIT A 144 and 1971

planning; kitchen and food safety; cooking with vegetables, beef,

CLASS# AGE TIME #CLSS \$(RES/NR) M-Th 9am-12pm 4

NEW>> COOKING THROUGH THE DECADES

Kids have you ever wondered what your parents or grandparents ate when they were your age? Well, here's your chance to come and cook some of the favorite foods from the 1920s to the 1990s. Learn more about how people lived during these decades through an interactive PowerPoint presentation.

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 170104-52 RRC 7/27-7/30 M-Th 9am-12pm 4 \$155/\$168

#CLSS \$(RES/NR)

RECIPE TESTING LAB CAMP

Enjoy going beyond a recipe. Use imagination and innovation to come up with amazing recipe add-ons. This class will involve hands-on experiments with a variety of dishes. Kids can test their ideas and explore ways to put their own spin on recipes.

LOC CLASS# AGE DATES DAY TIME #CLSS \$(RES/NR) 170104-54 RRC 8/3-8/6 M-Th 1-4pm \$155/\$168

Creative Writing

These classes will encourage your child or teen to use their imagination and teach them the necessary elements for creating a great story. Young writers will learn the pieces to make up the beginning, middle, and end of a story. There are no wrong answers in this class, just the possibility of coming up with the next bestselling story. Instructor: Foland

NEW>> BEGINNING AUTHORS

Participants will learn how to use their imagination to create a great story.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170650-35	RRC	4-6	5/7-5/28	-Th-	4:30-5pm	4	\$45/\$49.50
170650-40	RRC	4-6	6/3-6/24	W	9:30-10am	4	\$45/\$49.50
170650-50	RRC	4-6	7/1-7/22	W	9:30-10am	4	\$45/\$49.50
170650-60	RRC	4-6	8/6-8/27	Th	4:30-5pm	4	\$45/\$49.50

This class is designed for kids who have previously attended the writing games, as well as working on a longer (multi-week project)

5/16 II 5 pm 6 \$65/\$71 50 CLASS# LOC AGE DATES

Participants win

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170655-36	RRC	7-12	5/7-6/11	-Th-	5-6pm	6	\$65/\$71.50
170655-40	RRC	7-12	6/17-7/22	VV	10-11am	6	\$65/\$71.50

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170660-36	RRC	13-17	5/7-6/11	-Th-	6-7pm	6	\$65/\$71.50
170660-40	RRC	13-17	6/17-7/22	VV	11am-12pm	6	\$65/\$71.50

8Bit Education

galaxy. Let your imagination and love to build guide you to create

CLASS# \$(RES/NR)

CLASS# AGE #CLSS \$(RES/NR)

GAME DESIGN

Calling gamers and coders. Create your very own retro-style side scroller game with 8Bit Education. Students will learn the basics of game design to make truly unique levels and learn the complexity of coding. Once finalized, students will work with their classmates to debug and test their levels. Students will receive their game to take home on a flash drive at the end of camp. Instructor: 8Bit Education

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 171555-52 CRC 8-12 7/13-7/16 M-Th 1-4pm 4 \$140/\$154

LEGO ANIMATION

In LEGO® Animation, students learn the unique method of stop and go animating. Students work together and begin creating unique stories with their own LEGO minifigures as the actors. Students break into groups to storyboard, shoot their scenes, and animate each movie scene. After all scenes are completed, students learn how to record audio to give their LEGO counterpart witty dialogue. Students then put all their hard work together into a video, which they take home to share with family and friends.

Instructor: 8Bit Education

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 171555-50 CRC 8-12 7/13-7/16 M-Th 9am-12pm 4 \$140/\$154

MINECRAFT SOCIETIES

Join the 8Bit Village and help us become a grand city. Students drop into a forested area and build their hore. It exotect themselves from the weather and wilder at As he transport gresses, students begin received and additing assistant appoints bilities, as well as working logs that a silve ever increasing challenges, such as creating safe pathways through the woods. As the camp progresses, more and unique challenges arise to test the community and the group's ability to ensure the society continues to thrive in the wild. Instructor: 8Bit Education

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 170550-53 RRC 8-12 6/29-7/2 M-Th 1-4pm 4 \$140/\$154



NEW>> MOVIE MAGIC

Lights. Camera. Action! Star in the next 8Bit Production where you will learn to work together in a group witting is sort script, setting up scenes, and making one of the actual attains till be taught how to edit their scores up to the product of the Production and how to make their contains the cut. Afterwards, the edited video will air on 8Bit Education's exclusive YouTube channel.

Instructor: 8Bit Education

 CLASS#
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 170550-51
 RRC
 8-12
 6/29-7/2
 M-Th
 9am-12pm
 4
 \$140/\$154

Fastforward Kids

NEW>> CAMP BARBIE - BARBIES, BARBIES, EVERYWHERE!

You and Barbie will have a great time learning to dress for the occasion, practicing good manners, making new friends, importance of school work, how to use money, dreaming of careers, attending social functions, hearing great stories, practicing talents, cooking tips, and art. Non-stop activities and fun learning adventures are all geared toward self-esteem development. The certified Texas educator has developed a rich and meaningful curriculum full of objectives and supporting activities. Wonderful new ideas for creative learning are waiting. Instructor: Fastforward Kids

 CLASS#
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 DATES
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 \$(RES/NR)

 171800-40
 CRC
 4-8
 6/29-7/3
 11100art 200 m 5
 \$88/\$97

NEW» CGANGE

This camp is an experience designed to introduce children to the circus, performing, and visual arts in a safe and noncompetitive environment. Any level of physical development and skill is welcome. Campers will receive circus arts instruction and have the time of their life learning to perform with silks, special hoops and loops, the art of magic, balloon art, and getting all fancy with clown face painting. It's the greatest camp on Earth and your child can be part of the fun. Instructor: Fastforward Kids

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 171800-56 CRC 4-8 7/6-7/10 M-F 2-4pm 5 \$75/\$82.50

NEW>> CREATE/CR8

This is a camp filled with all the things every youth needs and wants to create the perfect summer. Our creative staff provides the instruction and all the materials for everyone to complete a day full of projects. Participnts will embark on a day creating projects with fun techniques from a variety of subjects like math, science, and history. Children will benefit from the camp's promotion of self-esteem, writing motivation, aesthetic awareness, cultural exposure, writing creativity, social harmony, and appreciation of diversity. CR8 helps students to see what they look at, hear what they listen to, and feel what they touch. The focus of this exactive camp is to express feelings through in a live innurable, and original arts and skills. In a staff has havened Kral

and skills. In cheet A F V bloost Kig

CLASS # LOC //SE DATES DAY TIME #CLSS \$(RES/NR)

171800-54 CRC 7-12 7/6-7/10 M-F 2-4pm 5 \$75/\$82.50

NEW>> FASHION DESIGNER - TALENTED EXPRESSIONS

Design principles in the areas of sketching, color and pattern coordination, costume design, and fashion history will be applied to participants personal style and portfolio. Designs come to life with beautifully patterned papers, yards and yards of ribbons, colorful sequins, glitzy jewels, glamorous feathers, and oodles of other embellishments. Students will be grouped into design teams for a variety of fun, engaging activities such as white wedding and fashion showdown. Make new friends and build on your talented expression with personalized fashion. Instructor: Fastforward Kids

 CLASS#
 LOC
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 TIME
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 \$(RES/NR)

 171800-42
 CRC
 8-12
 6/29-7/3
 M-F
 9-11am
 5
 \$88/\$97

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins May 18.
Non-resident registration begins May 18.
Classes begin June 1.

NEW>> JUMPSTART KINDERGARTEN AND

to sound/symbol association, as well as the daily construction

about the farm, the circus, the zoo, and the junc Instructor: Fastforward Kids CLASS# LOC ACT 2018 TO THE

\$(RES/NR)

car on the block. Mega Loop Mayhem, Shark Cliff Hanger, Wolf

CLASS# LOC AGE DATES #CLSS \$(RES/NR)

NEW>> LEGO® DESIGNER

Come and exercise your LEGO skills here in new ways. The unique collection of LEGO kits not found in stores and typical STEM projects will captivate minds. Careful guidance from a certified Texas educator will allow students to flourish with ideas and overcome obstacles. Individual and team projects will provide opportunities for participants to expand creativity and social skills as they work toward common goals. This class will surely inspire all LEGO enthusiasts. Instructor: Fastforward Kids

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 171800-64 CRC \$88/\$97 5-8 8/3-8/7 M-F 2-4pm 5

NEW>> LEGO EXPERT

So, you say you have done it all with LEGO? Let LEGO experts teach you otherwise. Activity-based STEM projects and kits that will incorporate physical science and math all into one. Instructors will facilitate, but students will do the creating. Give your creation the most torque and battle in robotic tournaments. Real world team building activities will enhance participants' engineering skill sets. Create coding you can see, hear, and even chase across the room. Race against the clock and other teams to be the best LEGO expert around. Instructor: Fastforward Kids

CLASS# LOC AGE **DATES** DAY TIME #CLSS \$(RES/NR) 171800-63 CRC 9-13 8/3-8/7 M-F 2-4pm 5 \$88/\$97



For your convenience, recreation centers accept Visa and MasterCard for all Parks & Recreation fees.



NEW>> LEGO LOGO

Bring young technicians into a creative engineering environment. Not found in stores, the special LEGO Logo kits provide extraordinary opportunities for hands-on construction. Under the guidance of a certified Texas educator, along with detailed technical plans to follow, the participant will build robots, traffic lights, race cars, four-by-four trucks, cranes, pulleys, and levers during this energized week of discovery with LEGO. Motivated by fun, creativity, and success, young builders will expand their knowledge of STEM technology in an exploratory hands-on cooperative environment. Instructor: Fastforward Kids

LOC AGE CLASS# DATES DAY TIME #CLSS \$(RES/NR) 171800-60 CRC 8-12 8/3-8/7 M-F 9-11am 5 \$88/\$97

NEW>> LEGO MANIA

This innovative program for LEGO buffs provides opportunities for imagination and hands-on learning under the guidance of a certified Texas educator. Over 15 new games, STEM kits, projects, and activities not found in stores will be planned and manipulated. Enrichment in the areas of personal creativity, following instructions, hand-eye coordination, problem solving, critical thinking and learning will be incorporated as participants construct dinosaurs, rockets, castles, airplanes, forts, cars, and more. Instructor: Fastforward Kids

CLASS# LOC AGE DATES TIME #CLSS \$(RES/NR) DAY 171800-62 CRC 8/3-8/7 M-F 11:30am-1:30pm 5 \$88/\$97

Designed for kids who like to work and plan at me help kids learn essential skills and plan at me four basic need on the skills was at the same to be a second to be same to be four basic need accordent to the part of the harbood. By introducing basic techniques, plant like win learn how to purify water, signal for help, leave no trace camping, first aid, search for edible food,

CLASS# #CLSS \$(RES/NR)

Nature

BIRD WALKS

Learn to discover birds by sight and sound as a Texas Master Naturalist leads a bird walk around McInnish Park and the Elm Fork Nature Preserve. Bird walks are every third Wednesday and third Saturday of the month from 7:30-11:30am and start at the pond in McInnish Park. Wear closed-toe shoes and long pants.

ELM FORK CLEANUP HIKE

Help us in our continuing efforts to keep Elm Fork Nature Preserve (EFNP) clean on 5/9 from 10-11:30am, so that future generations may continue to enjoy nature's beauty. Participants will hike from the Nature Center along the eight-tenths-of-a-mile main trail loop collecting all the trash along the trail. All ages welcome. *Trash bags, grabbers, gloves, and water will be provided. Staff will be available to sign any service hour sheets following trail cleanup. Wear closed-toe shoes and long pants.* For more information, call 972-466-9811

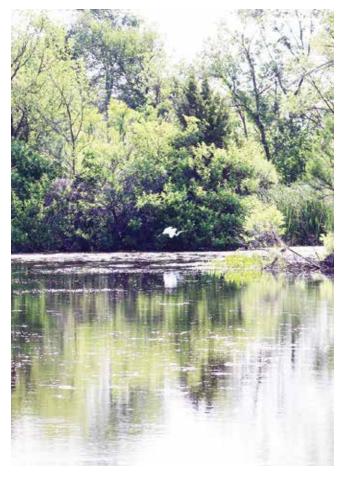
Wear closed-toe shoes and long pants. For moniformation, call 972-466-9811.

FLY FISHIG ANCELED

Join Dallas Fly Fishers (DFF) for an introduction to fly fishing. Learn to cast, tie basic fishing knots, tie flies, and discuss their uses. Learn about equipment, aquatic ecosystems, safety, fishing, ethics, and regulations. This is a free class offered by DFF, including all equipment and materials. DFF has been an active club for more than 30 years. Instructors are certified by the Texas Parks and Wildlife Department (TPWD) and Federation of Fly Fishers. Participants receive a TPWD Basic Fly Fishing Certificate. *Participants must bring a hat, glasses, and lunch to eat onsite. Visit dallasflyfishers. org or call Richard Johnson at 469-877-0695 with questions.* Instructor: Dallas Fly Fishers

 CLASS#
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 9am-3pm
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 Free



Pet Education

NEW>> PET FIRST AID

A pet can't tell you what's wrong. Pets are masters at hiding symptoms because they have a very high pain tolerance. Learning how to catch illness and injury early is important to your pet's wellbeing. Sometimes immediate care can make all the difference for your pet. Learn how to help your pet with heat stroke, perform CPR, stop choking, control bleeding, and perform other cat and dog first aid skills. Class price includes Pet First Aid Book and Pet First Aid Kits. Instructor: Foland

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170665-38	DDC	10+	EIE EIOG	т.,	7 0nm	4	\$55/\$60.50
170003-30	KKC	10+	3/3-3/20	ıu	r-opin	4	φυυ/φυυ.υυ
170665-42	DDC	10+	612 6122	Tu	7.0nm		\$55/\$60.50
170003-42	INIC	101	0/2-0/23	ıu	r-opin	4	ψυυ/ψυυ.υυ
170665-52	RRC	10+	7/7-7/28	Tu	7-8pm	4	\$55/\$60.50
11 0000 02			111 1120	1 4	, op		φου/φου.σο

NEW>> PET LOVERS CLUB

Does your child have a great imagination and a love for animals? This camp will be filled with three different types of activities each day. Activities are centered around our love for pets. There will be at least one writing-based or pet-based craft done each day that your child will bring home. Your child will learn the steps it takes to create a short story and play games to stimulate their imaginations. This club will also cover pet care and some basic pet first aid skills. Instructor: Foland

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170665-44	RRC	7-12	6/15-6/19	M-F	9am-12pm	5	\$99/\$109
170665-54					1-4pm		\$99/\$109

NEW>> PET SITTING BASICS

Learn about being a pet sitter. In this class, the instructor will go over what it takes to be a professional pet sitter and discuss animal behavior, body language signals, and care needs. You will learn what to ask clients before they leave as well as how to keep communication between you and your client open while they are gone. We will discuss the going rates for pet sitters and the variety of services you can offer. Instructor: Foland

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
170665-36	RRC	10+	5/5-5/26	Tu	6-7nm	4	\$45/\$49.50	
170665-40								
170665-50	RRC	10+	7/7-7/28	Tu	6-7nm	4	\$45/\$49.50	



Scouts

Earn patches, badges, or complete certain requirements at the A.W. Perry Homestead Museum (PHM) and Elm Fork Nature Preserve (EFNP). Reserve a program date for your troop by calling 972-466-9811. All program fees must be received to secure your date. One adult must be present for every five scouts and a minimum of three students is needed to offer any program. Badges will be provided for any of the paid options.

GIRL SCOUTS:

BADGES FOR DAISIES

Outdoor Art Maker - \$7 per scout

Rosie: Make the World a Better Place - \$7 per scout

BADGES FOR BROWNIES

It's Your Planet Badge: Pottery Craft - \$12 per scout Outdoor Art Creator - \$12 per scout

BADGES FOR JUNIORS

Gardener - \$12 per scout

It's Your Story Badge: Manners - Social Butterfly - \$12 per scout

Outdoor Art Explorer - \$12 per scout

BADGES FOR CADETTES

Outdoor Art Apprentice - \$12 per scout

BOY SCOUTS:

CUB SCOUTS

Bear Adventures: Paws for Action - Free by appointment Bear Elective Adventures: Marble Madness - \$7 per scout

Tiger Adventures: Tigers in the Wild - Free by appointment

Webelos Elective Adventures: Webelos in the Wild - Free by appointment

Wolf Adventures: Paws on the Path - Free by appointment Wolf Elective Adventures: Collections and Hobbies - \$7 per scout

BOY SCOUT MERIT BADGES

Merit Badge: American Heritage - Free by appointment

Merit Badge: Archaeology - \$12 per scout Merit Badge: Collections - Free by appointment

EAGLE SCOUTS:

Eagle Scout Project: By appointment

The A.W. Perry Homestead Museum (PHM) and the Elm Fork Nature Preserve (EFNP) welcome all Eagle Scouts seeking service, impact, and leadership with their Eagle Projects. To propose an idea for your Eagle Project, call 972-466-6382.



Young Learners

ADVENTURE KIDS AND BUSY BEES

adjust and learn in a classroom setting. Pag loving environment that will m ng their name, practice what to practice with them at home. We will have a snack and take a 15-minute recess to get our wiggles out. Your child does not need

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR)

5/12-5/21 Tu/Th 9:30-11:30am 4



during the summer, this camp is for you. Instructor: Moreno

LOC	AGE	DATES		ME	#LSS	\$(RES/NR)
PLO	25	MC	12			
CR	4	18.3/10	M/W	10am-12pm	2	\$50/\$54.50
CRC	4-8	6/15-6/17	M/W	10am-12pm	2	\$50/\$54.50
CRC	4-8	6/22-6/24	M/W	10am-12pm	2	\$50/\$54.50
CRC	4-8	6/29-7/1	M/W	10am-12pm	2	\$50/\$54.50
CRC	4-8	7/6-7/8	M/W	10am-12pm	2	\$50/\$54.50
CRC	4-8	7/13-7/15	M/W	10am-12pm	2	\$50/\$54.50
CRC	4-8	7/20-7/22	M/W	10am-12pm	2	\$50/\$54.50
CRC	4-8	7/27-7/29	\mathbb{M}/\mathbb{W}	10am-12pm	2	\$50/\$54.50
RRC	4-8	6/9-6/11	Tu/Th	10am-12pm	2	\$50/\$54.50
RRC	4-8	6/16-6/18	Tu/Th	10am-12pm	2	\$50/\$54.50
RRC	4-8	6/23-6/25	Tu/Th	10am-12pm	2	\$50/\$54.50
RRC	4-8	6/30-7/2	Tu/Th	10am-12pm	2	\$50/\$54.50
RRC	4-8	7/7-7/9	Tu/Th	10am-12pm	2	\$50/\$54.50
RRC	4-8	7/14-7/16	Tu/Th	10am-12pm	2	\$50/\$54.50
RRC	4-8	7/21-7/23	Tu/Th	10am-12pm	2	\$50/\$54.50
RRC	4-8	7/28-7/30	Tu/Th	10am-12pm	2	\$50/\$54.50
	CRC CRC CRC CRC CRC CRC CRC CRC CRC RRC	CRC 4-8 CRC 4-8 CRC 4-8 CRC 4-8 CRC 4-8 CRC 4-8 SCIENTISTS RRC 4-8 RRC 4-8 RRC 4-8 RRC 4-8 RRC 4-8 RRC 4-8 RRC 4-8	CRC 4-8 6/22-6/24 CRC 4-8 6/29-7/1 CRC 4-8 7/6-7/8 CRC 4-8 7/13-7/15 CRC 4-8 7/20-7/22 CRC 4-8 7/27-7/29 SCIENTISTS RRC 4-8 6/9-6/11 RRC 4-8 6/16-6/18 RRC 4-8 6/30-7/2 RRC 4-8 6/30-7/2 RRC 4-8 7/17-7/9 RRC 4-8 7/17-7/9 RRC 4-8 7/121-7/23	CRC 4-8 6/22-6/24 M/W CRC 4-8 6/29-7/1 M/W CRC 4-8 7/6-7/8 M/W CRC 4-8 7/13-7/15 M/W CRC 4-8 7/20-7/22 M/W CRC 4-8 7/27-7/29 M/W SCIENTISTS RRC 4-8 6/9-6/11 Tu/Th RRC 4-8 6/32-6/25 Tu/Th RRC 4-8 6/30-7/2 Tu/Th RRC 4-8 6/30-7/2 Tu/Th RRC 4-8 7/7-7/9 Tu/Th RRC 4-8 7/14-7/16 Tu/Th RRC 4-8 7/12-7/23 Tu/Th	PLC RS CR 4-8 6/15-6/17 M/W 10am-12pm CRC 4-8 6/22-6/24 M/W 10am-12pm CRC 4-8 6/29-7/1 M/W 10am-12pm CRC 4-8 7/6-7/8 M/W 10am-12pm CRC 4-8 7/6-7/8 M/W 10am-12pm CRC 4-8 7/13-7/15 M/W 10am-12pm CRC 4-8 7/20-7/22 M/W 10am-12pm CRC 4-8 7/27-7/29 M/W 10am-12pm CRC 4-8 7/27-7/29 M/W 10am-12pm SCIENTISTS RRC 4-8 6/9-6/11 Tu/Th 10am-12pm RRC 4-8 6/36-6/18 Tu/Th 10am-12pm RRC 4-8 6/30-7/2 Tu/Th 10am-12pm RRC 4-8 6/30-7/2 Tu/Th 10am-12pm RRC 4-8 7/17-7/9 Tu/Th 10am-12pm RRC 4-8 7/14-7/16 Tu/Th 10am-12pm RRC 4-8 7/14-7/16 Tu/Th 10am-12pm RRC 4-8 7/14-7/16 Tu/Th 10am-12pm RRC 4-8 7/121-7/23 Tu/Th 10am-12pm	CRC 4-8 6/22-6/24 M/W 10am-12pm 2 CRC 4-8 6/29-7/11 M/W 10am-12pm 2 CRC 4-8 7/6-7/8 M/W 10am-12pm 2 CRC 4-8 7/13-7/15 M/W 10am-12pm 2 CRC 4-8 7/20-7/22 M/W 10am-12pm 2 CRC 4-8 7/27-7/29 M/W 10am-12pm 2 CRC 4-8 7/27-7/29 M/W 10am-12pm 2 CRC 4-8 6/9-6/11 Tu/Th 10am-12pm 2 CRC 4-8 6/16-6/18 Tu/Th 10am-12pm 2 CRC 4-8 6/30-7/2 Tu/Th 10am-12pm 2 CRC 4-8 6/30-7/2 Tu/Th 10am-12pm 2 CRC 4-8 7/17-7/9 Tu/Th 10am-12pm 2 CRC 4-8 7/14-7/16 Tu/Th 10am-12pm 2 CRC 4-8 7/21-7/23 Tu/Th 10am-12pm 2 CRC 4-8 7/21-7/23 Tu/Th 10am-12pm 2

NEW>> ABRAKADOODLE® ADVENTURE PARK ART CAMP VIRTUAL VIA ZOOM

Give your creativity a whirl and create a theme park that includes a roller coaster and a ferris wheel. Ride along with us and explore different art materials and art techniques to create your dream amusement park. Unleash your imagination, and join us on this fun adventure while you play with your new friends and have an outrageously fun time. *Bring a snack and a drink to each class. All materials provided.* Instructor: Abrakadoodle

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR)150005-67 RRC 6-12 7/27-7/31 M-F 1-4pm 5 \$150/\$160

NEW>> ABRAKADOODLE® ARTOSAURUS ART CAMP

Join Abrakadoodle to explore the wild work of musaurs and other reptiles! Learn about prohist as a finally, make the osaur eggs, and create fossils and havith of light the ordinosaurs and your creativity. Except that the a variety of art techniques while you learn about science, technology, engineering, and math concepts used to study extinct animals. Play games, make new friends, and have a ferociously fun time. Bring a snack and a drink to each class. All materials provided. Instructor: Abrakadoodle

 CLASS#
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 150005-65
 RRC
 6-12
 6/8-6/12
 M-F
 1-4pm
 5
 \$150/\$160

NEW>> ABRAKADOODLE® CARTOON CREATIONS ART CAMP VIRTUAL VIA ZOOM

Everyone loves a little whimsy! Join the Abrakadoodle cartooning adventure. This camp will introduce young artists to the creative world of cartooning by igniting imaginations with funny people, imaginary animals, and interesting modes of transportation. Students will learn about symbolism, speech bubbles, and facial expression while creating their own comic book. *Bring a snack and a drink to each class. All materials provided.*

Instructor: Abrakadoodle

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 150005-75 RRC 6-12 7/13-7/17 M-F 1-4pm 5 \$150/\$160



ABRAKADOODLE® WORLD TRAVEL 3D ART CAMP VIRTUAL VIA ZOOM

Travel with us on this creative journey and change the way you see the world! Create 3D masterpieces inspired by world cultures. Learn about Chinese ceramics, Croatian "licitar" hearts, Maori design carvings from New Zealand, "nicho" boxes from Mexico, and much more. Create art using a variety of materials, play games, and understand that through art we can connect with people from all over the world. *Bring a snack and a drink to each class. All materials provided.* Instructor: Abrakadoodle

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR)150005-73 RRC 6-12 6/29-7/3 M-F 1-4pm 5 \$150/\$160

ADVENTURES IN ART CAMI

This unique art camp emphasizes both fine arts and creative thinking. Your young artist will complete eight specta unique asserting four half-days under the quickly of a deaffed Robert Garden School of Artis Transport that perspective warms with charcoals and oil pastell and season and season and season and still lifes. You'll pain with vibrant watercolors and acrylics using color theory, time-saving techniques, and brush loading. All art supplies are included as well as detailed individual instruction. Bring a snack and drink and wear an old T-shirt.

Instructor: Robert Garden School of Art

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 150010-65
 RRC
 6-12
 6/15-6/18
 M-Th
 9-11:45am
 4
 \$120/\$126

 150010-73
 RRC
 6-12
 7/13-7/16
 M-Th
 9-11:45am
 4
 \$120/\$126



and cartooning. New lessons every week and all materials provided.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150020-57	RRC	6-12	4/22-5/20		6-7pm	-5	\$65/\$71.50
150020-65	RRC	6-12	6/1-6/22	M	3:30-4:30pm	4	\$52/\$57.25
150020-81	RRC	6-12	7/6-8/3	M	3:30-4:30pm	5	\$65/\$71.50

te Japanese style while teaching them to draw cute manga inspired characters, accessories, and costumes. A child's talent is about to take off. Register now to save your child's spot in this kawaii workshop focused on technique and creativity. All materials provided.

CLASS# LOC AGE DATES TIME #CLSS \$(RES/NR)

PASTEL DRAWING WORKSHOP -ART HISTORY WITH THE MASTERS

Regattas at Argenteuil. The daily results will be truly frame-able! No experience necessary and all supplies are provided. Please wear an old shirt or smock to class each day. Instructor: Young Rembrandts AGE TIME #CLSS \$(RES/NR)



Young students are so cage, so a Rembrandts' instructors provide a nur environment that expands are so there in the oc bulary as they draw familiar e on the skills of ing fine motor skills, focus, ig on task, patience, and spatial organization. New lessons every week and all materials are provided.

CLASS# AGE DATES DAY TIME #CLSS \$(RES/NR) M 2:30-3:15nm 4



Dance

NEW>> INTRO TO BALLET

This class introduces basic ballet stretches, movements, barre exercises, and center work through creative movement. Students will learn rhythm, musicality, strength, and coordination through classroom activities that refine motor skills and encourage creative thinking. Leotard, tights, and ballet or jazz shoes are required. Instructor: Scott

CLASS#	LOC	AGE	DATES	DAY	TIME :	#CLSS	\$(RES/NR)
150175-81	RRC	3-6	7/11-8/1	Sa	11:30am-12pm	1 4	\$25/\$27.50
150175-82	RRC	3-6	8/8-8/29	Sa	11:30am-12pm	1 4	\$25/\$27.50

NEW>> BEGINNING BALLET

Dance students will build on basic ballet stretches, movements, barre exercises, and center work. Children are introduced to the structure and discipline of a ballet class, basic ballet terminology, and creative expression through movement to music. Leotard, tights, and ballet or jazz shoes are required. Instructor: Scott

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150105-81	RRC	6-10	7/11-8/1	Sa	12-12:45pm	4	\$37/\$40.75
150105-82	RRC	6-10	8/8-8/29	Sa	12-12:45pm	4	\$37/\$40.75

NEW>> COMBINATION DANCE

Dance students will learn the basics of each dance style with an emphasis on musicality, style, strength, and coordination. Ballet will consist of basic positions of the feet and barre work; jazz will consist of stretching and moving across the floor; and hip-hop will consist of a short combination of movements. Leotard, tights, and ballet or jazz shoes are required. Instructor: Scott

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150144-81	RRC	6-10	7/11-8/1	Sa	12:50-1:35pm	ո 4	\$37/\$40.75
150144-82	RRC	6-10	8/8-8/29	Sa	12:50-1:35pm	ո 4	\$37/\$40.75

DANCE ADVENTURE CAME

Dance Adventure Camp is an imaginative camp that introduces beginning level students to the basics of ballet, jazz, and hip-hop in a fun and engaging way. Each day of tany your dancers will complete a fun warm apply an englature camp choreography. Special emphasis dethibuted begins and performance skills will be included by our lasses. On the final day of camp, parents will watch their dancers shine like a diamond during the show-off routine! Leotard, tights, and ballet or jazz shoes are required. No registration after the first day. For more information, contact ddatexas.com@gmail.com. Instructor: Dynasty Dance Academy CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 150146-65 RRC 6-9 6/22-6/26 M-F 1:30-3pm 5 \$95/\$104.50

DANCE ON-DEMAND (FOR PRIVATE GROUPS)

This is ideal for homeschool groups, friends, siblings, and daycare groups. There is a required minimum of four students, and you can schedule as few or as many dates as desired. Your group can choose any combination of ballet, hip-hop, jazz, modern, or tap. *Price listed is per person for a 45-minute class. Email ddatexas.com@gmail.com to schedule your preferred class dates and location.* Instructors: Rogers

 LOC
 AGE
 DATES
 DAY
 TIME
 \$(RES/NR)

 CRC or RRC
 3+
 By Appt.
 By Appt.
 By Appt.
 \$9.25/\$10.25

DYNASTY DANCE ACADEMY HIP-HOP DANCE CAMP

Boys and girls will have fun learning current hip-hop dance moves. On the final day of camp, families can attend to watch the final routine. No new registrations after the first class. Loose fitting clothing and tennis shoes are required. For more information, email ddatexas.com@gmail.com.

Instructor: Dynasty Dance Academy

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR)150165-73 RRC 6-12 7/20-7/24 M-F 3:30-4:30pm 5 \$95/\$104.50

DYNASTY DANCE ACADEMY PRINCESS DANCE CAMP

Students will learn beginner ballet warm-ups along with ballet technique and choreography. On the final day, parents will watch their dancers shine like a diamond during the parent show-off. Leotard, tights, and ballet shoes are required. No new registrations after the first class. For more information, contact ddatexas.com@gmail.com. Instructor: Dynasty Dance Academy

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR)150185-73 RRC 4-6 7/6-7/10 M-F 3:30-4:30pm 5 \$65/\$71.50

PRIVATE DANCE LESSONS

Private lessons cover a range of dance forms and choreography. Price listed is per half hour/hour lesson. To schedule a lesson, email ddatexas.com@gmail.com. Level: Beginner-Advanced. Instructor: Rogers

 LOC
 AGE
 DATES
 DAY
 TIME
 \$(1/2 hour/hour)

 CRC or RRC
 3+
 By Appt.
 By Appt.
 By Appt.
 \$12.50/\$25

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins May 18.

Non-resident registration begins May 18.

Classes begin June 1.



Drama

JUNIOR PLAYERS DISCOVER THEATER CAMP

This camp is perfect for children interested than the and performing arts. No experience is needs (1). The vill lave in playing games that will help improve the leither the chinques. The two-week camp culminates in a that group performance at the Festival of Plays where campers are encouraged to participate at the final performance and have family and friends attend (transportation is on your own). For more information about this program, contact Junior Players at 214-526-4076 or visit junior players.org. Instructor: Junior Players

 CLASS#
 LOC
 AGE
 DATES
 DAY
 TIME
 #CLSS
 \$(RES/NR)

 151250-65
 CRC
 7-14
 6/8-6/19
 M-F
 1-3pm
 10
 \$5/\$5.50

 151250-73
 CRC
 7-14
 7/6-7/17
 M-F
 1-3pm
 10
 \$5/\$5.50

Music

KEYBOARD/PIANO LESSONS

This beginner keyboard/piano program is conducted as a semiprivate group lesson with up to four students in a class. Students are introduced to sight reading and fundamental music concepts. Instruments are provided and first-time students pay an \$8 supply fee for the music book upon enrolling using class #150340-83. Contact musikinschool.info@gmail.com for more information. Instructor: Musik In School

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150340-57	RRC	5-15	5/2-5/23	Sa	12:30-1:15pm	4	\$99/\$109
150340-58	RRC	5-15	5/2-5/23	Sa	1:15-2pm	4	\$99/\$109
150340-65	RRC	5-15	6/6-6/27	Sa	12:30-1:15pm	-4-	\$99/\$109
150340-66	RRC	5-15	6/6-6/27	Sa	1:15-2pm	4	\$99/\$109
150340-73	RRC	5-15	7/11-8/1	Sa	12:30-1:15pm	1 4	\$99/\$109
150340-74	RRC	5-15	7/11-8/1	Sa	1:15-2pm	4	\$99/\$109
150340-81	RRC	5-15	8/8-8/29	Sa	12:30-1:15pm	1 4	\$99/\$109
150340-82	RRC	5-15	8/8-8/29	Sa	1:15-2pm	4	\$99/\$109
150340-83	MUSIC	воок	FEE FOR N	EW S1	UDENTS		\$8



<u>Group Exercise, Pilates, Yoga</u>

DROP IN>> BOLLY X

Bolly X is a Bollywood inspired dance fitness program that combines dynamic choreography with the hottest music from around the world. It's a 50-minute cardio workout that cycles between higher and lower intensity dance sequences to get you moving, sweating, and smiling. No dance experience needed. \$8 (res)/\$9 (non-res) drop in fee. Instructor: Rao

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130390-35	RRC	16+	5/6-5/27	W	9-10am	4	\$26/\$28.75
				W			
130390-60	KKC	10+	8/5-8/26	VV	9-10am	4	\$26/\$28.75

and Strongman for strength and cardio enhancement. Contact the instructor at wade3-4@hotmail.com for more information. Follow on social media @elbarriobc. \$5 (res)/\$5.50 (non-res) drop in fee. No class 7/4. Instructor: Soto

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
131415-35	CRC	16+	5/2-5/30	Tu/Th	7-8pm	13	\$40/\$44
				Sa	5-6pm		
131415-40	CRC	16+	6/2-6/30	Tu/Th	7-8pm	9	\$30/\$33
131415-50	CRC	16+	7/2-7/30	Tu/Th	7.0	9	\$30/\$33
131415-60	CRC	16+	8/1-8/2	T un	7-	\	\$30/\$33
		> N	NII				
EL DAD	DIC		V A A	VID			
EL DAK	KIU	$^{\circ}L\Lambda$	40 FUI	(VID	3		

every month. Build confidence, build fitness. Level: Beginner-Advanced. Contact the instructor at wade3-4@hotmail.com for more information. Follow on social media @elbarriobc. No class 7/4. Instructor: Soto

CLASS# 131410-35	LOC CRC	AGE 10-18	DATES 5/2-5/30	DAY Tu/Th Sa	TIME 5:30-7pm 4-5pm	#CLSS	\$(RES/NR) \$15/\$16.50
131410-40	CRC	10-18	6/2-6/30	Tu/Th	5-5:45pm	9	\$20/\$22
131410-41	CRC	10-18	6/2-6/30	Tu/Th	6-6:45pm	9	\$20/\$22
131410-50	CRC	10-18	7/2-7/30	Tu/Th	5-5:45pm	9	\$20/\$22
131410-51	CRC	10-18	7/2-7/30	Tu/Th	6-6:45pm	9	\$20/\$22
131410-60	CRC	10-18	8/1-8/29	Tu/Th	5-5:45pm	9	\$20/\$22
131410-61	CRC	10-18	8/4-8/27	Tu/Th	6-6:45pm	9	\$20/\$22

FUGITIVE FITNESS PARKOUR

We teach all the basic movement patterns involved in Parkour including running, jumping, rolling, swinging, and vaulting. There are endless movements to be learned within each of the categories, so the drills, skills, and techniques emphasized are fun and challenging. Students also learn core values of respect, discipline, responsibility, commitment, and leadership and are expected to embody those values. Although this is not a high-intensity class, it likely will be physically demanding. Bring a water bottle and be ready to sweat! Instructor: Fugitive Fitness

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
131200-35	CRC	6-12	5/6-6/3		5-6pm	5	\$40/\$44
131200-50					5-6pm		

PARKOUR SECRET MISSION CAMP

Fugitive Fitness believes kids should be active, play with friends, and learn good values at summer camp. Our Secret Mission Camp was designed for exactly that as campers learn parkour skills, teamwork, and gain leadership skills working together to carry out secret missions. Participants will have fun sneaking in and around the Rec Center using their newly acquired skills all under the guidance of our fully certified staff. Bring a towel and water **bottle.** Instructor: Fugitive Fitness

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 131200-42 CRC 7-13 7/13-7/16 M-Th 9am-12pm \$100/\$110

PARKOUR GAMES CAMP

Fugitive Fitness believes kids should be active, play with friends, and learn good values at summer camp. During this exciting week, campers learn cool Parkour moves, such as jumping and landing, vaulting, and balance. They then use their skills in classic games with a Parkour spin like lava tag, kickball, and Simon Says, as well as new games and challenges under the guidance of our fully certified staff. Bring a towel and water bottle. Instructor: Fugitive Fitness

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR) 131200-52 CRC 7-13 7/27-7/30 M-Th 9am-12pm \$100/\$110

DROP IN>> INDOOR CYCLING

The instructor brings an outdoor cycling experience indoors in this athletic and authentic cycling ride. Motivating instruction and driving music will keep you energized as you are led through a workout comprised of a variety of hill climbs, flat terrains, head winds, tail winds, sprints, and aerobic intervals. Each workout is different as the instructor picks the terrain and sets the goals for each class. This class is multi-level and no outdoor cycling experience is required. If you are serious about burning calories, losing weight, and elite cardiorespiratory fitness, this class is for you. Bring a water bottle, towel, and gel bike seat cover (optional). \$8 (res)/\$9 (non-res) drop in fee. Instructor: McGehee

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
130130-35	RRC	16+	5/5-5/26	Tu	6-7pm	4	\$28/\$31	
130130-40	RRC	16+	6/2-6/30	Tu	6-7pm	5	\$35/\$38.50	
130130-50	RRC	16+	7/7-7/28	Tu	6-7pm	4	\$28/\$31	
130130-60	RRC	16+	8/4-8/25	Tu	6-7pm	4	\$28/\$31	

DROP IN>> KUNDALINI YOGA

Through improved flexibility, breathing, and circulation, Kundalini Yoga emphasizes a healthy body and mind as keys to a healthy and happy life. Exercise and meditation are augmented by the ancient technique of mantra to enhance the meditative aspect of the yoga experience. Once learned, yoga can be practiced at home. Experience increases in energy and vitality, stress reduction, mood control, and overall peace of mind. Bring an exercise mat and water. \$15 (res)/\$16.50 (non-res) drop in fee. Instructor: Khalsa

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
130150-35	RRC	12+	5/1-6/12		6:30_8nm		\$84/\$92.50	
130130-33	ININO	121	3/1-0/12		0.30-0piii	1	ψ04/ψ32.30	
130150-50	RRC	12+	7/10-7/31	F	6:30-8pm	4	\$48/\$53	
130150-60	DDC	12+	0/7 0/00	F	6.20 0000	4	₾40/©E 2	
130130-60	RRC	12+	8/7-8/28	г	6:30-8pm	4	\$48/\$53	



For your convenience. recreation centers accept Visa and MasterCard for all Parks & Recreation fees.

DROP IN>> LIVEWIRE CORE ENERGY

Dedication + Determination = Results. Feel your best all day long with this high energy group training workout. Arrive early for a class that will focus on core exercises, cardiovascular conditioning, strength, endurance, and flexibility for a total body approach to fitness. Every class is different and is designed by certified personal trainers to keep the body guessing, so you'll continually see results. \$10 (res)/\$11 (non-res) drop in fee. Level: Beginner-Advanced. No class 5/25. Instructor: LiveWire Fitness

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130110-35	RRC	18+	5/1-5/29	M/W/F	6-7am	12	\$109/\$120
130110-40	RRC	18+	6/1-6/29	M/W/F	6-7am	13	\$109/\$120
130110-50	RRC	18+	7/1-7/31	M/W/F	6-7am	14	\$109/\$120
130110-60	RRC	18+	8/3-8/31	M/W/F	6-7am	13	\$109/\$120

DROP IN>> PILATES FOR EVERYONE

Pilates is a total body conditioning exercise that combines flexibility and strength to restore natural balance while boosting the immune system and reducing stress, fatigue, and pain. No food or drink one hour prior to class. Wear comfortable clothing that is not too loose and bring a mat, towel, and water. \$15 (res)/\$16.50 (non-res) drop in fee. No class 5/25. Instructor: Mashreghi

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130220-35	RRC	13+	6/1-6/29	M	6-7pm	4	\$40/\$44
130220-50	RRC	13+	7/6-8/31	M	6-7pm	9	\$90/\$99

DROP IN>> POWER UP YOGA

This workout is for beginners to advanced practitioners who want to maximize their power, energy, and vitality. This exhilarating experience will leave you trim, energized, and heart healthy while strengthening all your muscles, burning fat, toning your entire body, and more. The music and atmosphere will enhance your learning experience. Friday morning yoga classes will also include weights, medicine balls, stretch bands, and body bars. *Level: Beginner-Advanced. No class 7/4.* Instructor: Bills

LOC Drop In Pas	AGE	DATES	DAY	TIME :	#CLSS	\$(RES/NR)
•						
RRC	13+	6/1-8/29	W/Th	6-7pm	1	\$15/\$16.50
			F/Sa	9:30-10:30am	1	
RRC	13+	6/1-8/29	W/Th	6-7pm	2	\$27/\$29.50
			F/Sa	9:30-10:30am	1	
RRC	13+	6/1-8/29	W/Th	6-7pm	4	\$45/\$49.50
			F/Sa	9:30-10:30am	1	
RRC	13+	6/1-8/29	W/Th	6-7pm	6	\$58/\$63.50
			F/Sa	9:30-10:30am	1	

*Drop In Passes must be used within 60 days of purchase.

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Unlimited	l Passes*					
RRC	13+	30-day	W/Th	6-7pm	30	\$55/\$60.50
			F/Sa	9:30-10:30a	m	
RRC	13+	90-day	W/Th	6-7pm	90	\$125/\$137.50
			F/Sa	9:30-10:30a	m	

^{*}Unlimited Passes are good from the date of purchase.

DROP IN>> STEP - STRENGTH - CORE

Try an interval class that combines basic step aerobics, upper body strength training, and core conditioning into one well-designed workout. This class allows you to work both your heart and your muscles extensively in a one-hour-long class. By doing circuits of cardio on the step, followed by strategic intervals of upper body strength training, and wrapping up with intense core conditioning, you will be using your time efficiently. \$8 (res)/\$9 (non-res) drop in fee. Instructor: Campo

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130215-35	RRC	15+	5/7-5/28	Th	7:15-8:15pm	4	\$24/\$26.50
130215-40	RRC	15+	6/4-6/25	Th	7:15-8:15pm	1 4	\$24/\$26.50
130215-50	RRC	15+	7/2-7/30	Th	7:15-8:15pm	5	\$30/\$33
130215-60	RRC	15+	8/6-8/27	Th	7:15-8:15pm	1 4	\$24/\$26.50

DROP IN>> STRENGTH - CORE - BALANCE

Develop strong core muscles, restore balance, and promote lean muscle building while minimizing injuries. Emphasis is on a full-body workout with balance postures included. Mats, hand weights, resistance bands, tubing, and stability balls will be used during class. Safe periods of interval training will be incorporated into the class for improved cardiovascular conditioning. All fitness levels will benefit, especially older adults. Modifications are offered for beginners and those needing corrective exercise for injuries. \$10 (res)/\$11 (non-res) drop in fee. No class 5/25.

Instructor: Age-Intercept Inc.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130230-35	RRC	18+	5/4-5/18	M	11am-12pm	3	\$24/\$26.50
130230-40	RRC	18+	6/1-6/29	M	11am-12pm	5	\$40/\$44
130230-50	RRC	18+	7/6-7/27	M	11am-12pm	4	\$32/\$35.25
130230-60	RRC	18+	8/3-8/31	M	11am-12pm	5	\$40/\$44
130231-35	RRC	18+	5/6-5/27	W	12:15-1:15pm	1 4	\$32/\$35.25
130231-40	RRC	18+	6/3-6/24	W	12:15-1:15pm	n 4	\$32/\$35.25
130231-50	RRC	18+	7/1-7/29	W	12:15-1:15pm	n 5	\$40/\$44
130231-60	RRC	18+	8/5-8/26	W	12:15-1:15pm	1 4	\$32/\$35.25
130232-35	RRC	18+	5/1-5/29	F	11am-12pm	-5	\$40/\$44
130232-40	RRC	18+	6/5-6/26	F	11am-12pm	4	\$32/\$35.25
130232-50	RRC	18+	7/3-7/31	F	11am-12pm	5	\$40/\$44
130232-60	RRC	18+	8/7-8/28	F	11am-12pm	4	\$32/\$35.25

DROP IN>> TUFF-TIME COED BOXING

This class offers a unique workout that combines cardio, light weights, basic boxing skills, and drills (sparring is optional) for both men and women. If you've tried other classes such as dance, yoga, or Zumba and not seen results, then give this class a try. It will promote weight loss, help you get into shape both physically and mentally, and relieve some stress. Class is taught by a state-certified USBA instructor with 60 years of experience. The instructor has won New York and Dallas Golden Gloves Championships and National Tough Man competitions. Try it out, you won't regret it and you will leave tired, but refreshed. To schedule private lessons, email mtuffyl@yahoo.com. \$8 (res)/\$9 (non-res) drop in fee. No class 5/25. Instructor: Tufariello

#CLSS \$(RES/NR) CLASS# LOC AGE DATES DAY TIME 131140-35 CRC 5/4-5/27 M/W 7-8pm \$50/\$55 16+ CRC 6/1-6/29 131140-40 16+ M/W 7-8pm 9 \$50/\$55 131140-50 CRC 16+ 7/1-7/29 M/W 7-8pm 9 \$50/\$55

M/W

7-8pm

\$50/\$55

8/3-8/31



131140-60

CRC

16+

DROP IN>> YOGA FOR EVERYONE

We help the body into the correct positions and focus on body alignment using props because all bodies are different. Come experience yoga to feel energized and revitalized. No food or drink one hour prior to class. Wear comfortable clothing that is not too loose and bring a mat, yoga blanket, and strap. Instructor: Mashreghi

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130250-35	RRC	13+	6/3-6/24	W	6-7pm	4	\$40/\$44
130250-50	RRC	13+	7/1-8/26	W	6-7pm	9	\$90/\$99

DROP IN>> YOGA ON THE SQUARE

Whether you are new to yoga or a long-term practitioner, this is a great class for everybody. Wear comfortable clothing that is not too loose and bring your own mat. No preregistration required. Weather permitting. Level: Beginner-Advanced.

Instructor: Hawthorne

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
DWTN	5+	5/9	Sa	9-10am	Free
DWTN	5+	6/20	Sa	9-10am	Free
DWTN	5+	7/11	Sa	9-10am	Free
DWTN	5+	8/8	Sa	9-10am	Free

DROP IN>> ZUMBA

Explore a Latin flavor in this calorie-burning fitness class. The Merengue, Salsa, Reggaeton, Samba, Cha-Cha, Bachata, and other international Latin rhythms help tone your core, elevate your heart rate, and strengthen your body. Classes may include deep stretching and relaxing at the end of each session. No dance experience necessary. \$8 (res)/\$9 (non-res) drop in fee. No class 5/25. Instructor: Piamonte

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130280-35	RRC	-15+ -	5/4-5/18	<u>М</u>	7:30-8:30pm	1 3	\$19.50/\$21.50
130280-40	RRC	15+	6/1-6/29	M	7:30-8:30pm	n 5	\$32.50/\$35.75
130280-50	RRC	15+	7/6-7/27	M	7:30-8:30pm	ո 4	\$26/\$28.75
130280-60	RRC	15+	8/3-8/31	M	7:30-8:30pm	n 5	\$32.50/\$32.75

SENIORS 50+ CLASSES - SEE PAGES 9-13

Training

FITNESS EQUIPMENT ORIENTATION

Not sure how machines in our weight room work or how to set up a machine? This class provides a walk-through of the weight room to give a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized workout plan, contact one of our personal trainers. Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate. Advanced registration required. Instructor: Staff

CLASS#	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)		
Senior Center								
132170-35	18+	5/11	- M	2:30-4pm	1	\$6/\$6.75		
132170-50	18+	7/13	М	2:30-4pm	1	\$6/\$6.75		
Rosemeade Rec Center								
130240-40	18+	6/8	M	6:30-7:30pm	n 1	\$6/\$6.75		
130240-60	18+	8/10	M	6:30-7:30pm	n 1	\$6/\$6.75		

WEIGHT ROOM ORIENTATION FOR MINORS

Our qualified staff will teach youth proper weight room and cardio room etiquette. Teens will receive a weight room authorization card, allowing them to work out in the weight room independently upon completion of the class. Both parent and child must sign the weight room user agreement form. If you are interested in obtaining a personalized workout plan, contact one of our personal trainers. There are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate. Instructor: Staff

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130245-35	RRC	13-15	5/12	Tu	6:30-7pm	_1_	\$6/\$6.75
130245-40	RRC	13-15	6/9	Tu	3:30-4pm	1	\$6/\$6.75
130245-50	RRC	13-15	7/14	Tu	3:30-4pm	1	\$6/\$6.75
130245-60	RRC	13-15	8/11	Tu	6:30-7pm	1	\$6/\$6.75

Personal Trainers

City of Carrollton personal trainers are available to work with you at Crosby and Rosemeade Recreation Centers and the Carrollton Senior Center. Personal trainers have their own philosophies and unique styles to create an individual training program to meet your needs. Sessions are charged at an hourly rate and trainers' rates vary. Visit cityofcarrollton.com/parksandrec and click on Programs & Events for more information on our trainers. For additional information about the personal training program, call 972-466-9834.

JULIE CHADWICK

214-926-4776 • jchadwick16@yahoo.com \$30/30min or \$60/hr

Julie enjoys working with clients age 50 and older and designs fitness routines, as well as nutrition plans unique to each individual. She keeps clients accountable, protects them from injuries, and provides a positive environment.

JORDAN MASON

214-636-4847 • jordan.brooke.mason@gmail.com \$35/30min or \$60/hr

Jordan is an advocate for the holistic approach to health and is dedicated to showing her clients how good fitness can feel in both physical and mental aspects. Her focus is on the mind-body connection and sharing ways to use physical activity to combat daily stress, anxiety, and minor aches and pains.

TOM NOUNE

214-957-3694 • tgnoune@aol.com hearthealthandwellness.com • \$65/\$60 hr Tom specializes in weight resistance training, primarily with baby boomers and seniors. He also provides nutritional coaching and emphasizes the importance and benefits of proper stretching techniques.

KERRY STALLO

214-244-7004 • ageintercept@aol.com • ageintercept.com \$30 initial assessment, \$50/45 min, or \$65/hr Kerry specializes in corrective exercise and developing exercise strategies for older adults. Key programs include: weight loss, overall body conditioning, and increasing muscle strength.

Splash Parks

The City offers two splash parks, which both have multiple features that provide a safe, free environment for children to cool off in during the hot summer months. At the Thomas Splash Park, water features can be activated between 9am and 8pm every day. Simply tap the sensor on the top of the red fire hydrant to start the water features (it may take several minutes to start). At the Oak Hills Splash Park, no activation is required. The water runs continuously from 9am to 8pm. Pavilions, tables, and a deck are available on a first-come, first-served basis. Restrooms are onsite.

For the latest information, check our website at cityofcarrollton.com/splashpark.

W.J. THOMAS SPLASH PARK

1955 N. Perry Road



OAK HILLS SPLASH PARK

1225 Royal Palm Lane



Rosemeade Rainforest Aquatic Complex

1334 E. Rosemeade Parkway • 972-466-6399

Rosemeade Rainforest Aquatic Complex is located adjacent to Rosemeade Recreation Center. The Rainforest section features a zero-depth entry pool, two platform levels with a bridge, water cannons, bubblers, spray bars, water slides, a 200-foot long lazy river, and a 600-gallon dump bucket. The newly remodeled main pool section consists of a shaded toddler splash pool, a zero-depth entry activity pool with a depth of 4 feet, a 25-meter lap pool with eight lanes, a diving well, and two 22 foot-tall water slides. The facility also includes a newly remodeled bathhouse and concession stand, deck space, picnic tables, lounge chairs, shaded areas, and plenty of parking.

HOURS

Pre-Season Hours

Sunday, May 24

Monday, May 25

Daily SMORE INFORMATION, 1-6pm

FOR MORE INFORMATION, 1-6pm

FOR MORE INFORMATION, 1-6pm

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11 am-8pm

Friday 11 am-6pm

Saturday 10 am-6pm

Sunday 1-6pm

*Rose meade Rainforest Aquatic Complex will open at 2pm on 6/6,



FEES

Proof of residency is required for resident rates. Children two and under are admitted free when accompanied by an adult. Children 10 and under will not be admitted into the pool area unless accompanied by a responsible adult. The adult must stay with the child while at the pool. All persons entering the facility must pay admission.

ROSEMEADE RAINFOREST FEES

Days	Resident	Non-resident
Weekday (M-F)	\$5	\$9
Weekend (Sa, Su)	\$6	\$10

Weekend rates will apply to Memorial Day, July 4, and Labor Day.

PASSES

Book passes of 20, family passes, and individual passes are available. Photo identification and proof of residency are required in order to purchase a resident pass. All family members must present a photo ID. Family passes and individual passes may be purchased beginning Thursday, April 2 at Rosemeade Recreation Center. Book passes may be purchased at the pool starting Tuesday, May 26. Family passes, individual passes, and book passes are only valid for the year purchased, and no exchanges or refunds will be granted.

	Resident	Non-resident
Book Passes (20)	\$80	\$112
Family Passes	\$120*	\$150*
Individual Passes	\$50	\$60

*Includes four members. Additional members may be added for \$10 each for residents and \$15 each for non-residents. All members must reside at the same address.

SWIM ATTIRE

Proper swim attire is required to enter the pool area. No jeans or basketball shorts are allowed.

LAP SWIMMING

The Rosemeade pool offers four lanes (25 meters long) during public swim hours. Additional lanes may be opened as needed. Regular admission is charged.

PARTIES

Host a party at the Rosemeade Rainforest Aquatic Complex. Reservations can be made to rent tables during daily operating hours on Saturdays and Sundays or for private parties during non-public swim hours on Friday, Saturday, and Sunday evenings.

Table reservations and private party reservations requests can be made beginning Wednesday, April 8 for residents and Wednesday, April 22 for non-residents. All reservations/reservation requests must be made online at cityofcarrollton.com/rosemeadepool. Call 972-466-3083 for more information.

TABLE RESERVATIONS

Tables are available to rent during daily operating hours on Saturday and Sunday. Pool admission for all guests is additional. Table reservations must be made at least 24 hours in advance. Fee is per table, per hour. Table reservation requests must be made online at cityofcarrollton.com/rosemeadepool.

6 Foot Table	Residents	Non-Residents			
Weekend (Sa, Su)	\$10	\$15			

PRIVATE PARTY RESERVATIONS

Private parties can be held during non-public swim hours on Friday, Saturday, and Sunday between Friday, May 22 and Saturday, September 5 from 6:30-8:30pm, 8:30-10:30pm, or 6:30-10:30pm. Full payment must be made at the time of booking.

The prices listed below are for rental of the Rosemeade Rainforest section or the Rosemeade Main Pool section (price doubles if you rent both sides). Prices include lifeguards and access to the facility.

Group size is determined by the number of people in the facility, not the number of people swimming.

Group Size	2 Hour Party	4 Hour Party				
	Resident/Non-resident	Resident/Non-resident				
1-200 Guests	\$400/\$550	\$800/\$1,100				
200+ Guests	\$550/\$700	\$1,100/\$1,400				

SWIM LESSONS

Recreational swim classes are held at Rosemeade Rainforest Aquatic Complex

		a real results a complex
Session	1:	Monday, June 1-Thursday, June 11
Session	2:	Monday, June 15-Thursday, June 25
Session	3:	Monday, June 29-Thursday, July 9
Session	4:	Monday, July 13-Thursday, July 23
Session	5:	Monday, July 27-Thursday, August 6

INCLEMENT WEATHER POLICY

Classes will only be canceled due to inclement weather such as lightning in the immediate area, severe thunderstorms, hail, or excessive winds related to weather warnings. Classes ARE NOT canceled due to rain or cool weather. Call the Swim Class Hotline (972-695-2355 ext. 13) 30 minutes prior to your class time for inclement weather-related information or visit RainoutLine.com and download the phone app to view the status of swim lessons.

SWIM LESSON REFUND POLICY

In order to be eligible for a refund, a refund request form needs to be filled out and turned in to Rosemeade or Crosby Recreation Center prior to the start or end of the class session. If the class has not started, a refund will be given minus a \$5 administrative fee. If the class has started, only pro-rated household credits, minus a \$5 administrative fee, will be considered, and the merit of requests will be on a case-by-case basis. If your child is sick, please provide a copy of a doctor's note along with your refund request. Any change in class registration or transfers to another class will incur a \$5 transfer/change fee. NO refunds will be awarded after a swim lesson session has ended.

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins May 18. Non-resident registration begins May 18. Classes begin June 1.



For your convenience, recreation centers accept Visa and MasterCard for all Parks & Recreation fees.

Group Classes

Each participant should be able to perform all skills in a level before progressing to the next level. Please note age requirements. Instructor to student ratios are listed for each class. Students are grouped in classes by their ability level, and all students are taught water safety skills. There is no guarantee that every student will be swimming at the end of each session. Swim lessons are sanctioned and approved by the American Red Cross and taught by certified water safety instructors and qualified instructor aides. Student/instructor ratios are important; however, occasional adjustments might be necessary at class time to accommodate unforeseen circumstances. Carrollton Parks & Recreation reserves the right to make any adjustments necessary to provide the best possible learning experience.

To aid in class selection, this chart provides course objectives and skills to be tested by the end of each session.

Parent & Tot Preschool	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Safety around the pool Water entry Breath holding Face submerging Kicking Arm actions Front/Back floating and gliding	Entry/Exit Blowing bubbles Bobbing Front/Back float and glide Recovery Rolling from front to back/back to front Treading Arm/Leg action Combined arm/ leg action Alternating arm/ leg action Simultaneous arm/leg action	Entry/Exit Bobbing Fully submerging and breath holding Front/Back float and glide Jellyfish and tuck float Recovery Rolling from front to back/back to front Change direction Treading Finning arm action Combined arm/ leg action	Entry by jumping Head first entry from sitting position Bobbing while moving Rotary breathing Survival float Back float Change from vertical to horizontal position from back/front Treading Flutter, scissors, and dolphin kick Front crawl Elementary backstroke	Head first entry from side Swim under water Feet first surface dive Survival swimming Front crawl open turn Backstroke open turn Treading with two kicks Front/Back crawl Breaststroke Butterfly Flutter and dolphin kicking Elementary backstroke Sidestroke	Shallow angle dive Tuck/Pike surface dive Front flip turn Backstroke flip turn Treading Front/Back crawl Breaststroke Butterfly Elementary backstroke Standard scull Sidestroke	Surface dive Diving from poolside Take-off from deck Tuck/Pike jump Treading Front/Back crawl Breaststroke Butterfly Elementary backstroke Sidestroke Flip turns Open turns

PRIVATE SWIM LESSONS (RATIO 1:1)

Each student receives one-on-one instruction from a certified American Red Cross Water Safety Instructor; designed to meet the student's swimming needs at any skill level.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215000-10	6/1	Rose.	31/2+	M-Th	11-11:30am	4	\$80/\$88
215000-11	6/1	Rose.	31/2+	M-Th	11:30am-12pm	4	\$80/\$88
215000-12	6/1	Rose.	31/2+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-15	6/8	Rose.	31/2+	M-Th	11-11:30am	4	\$80/\$88
215000-16	6/8	Rose.	31/2+	M-Th	11:30am-12pm	4	\$80/\$88
215000-17	6/8	Rose.	31/2+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-20	6/15	Rose.	31/2+	M-Th	11-11:30am	4	\$80/\$88
215000-21	6/15	Rose.	31/2+	M-Th	11:30am-12pm	4	\$80/\$88
215000-22	6/15	Rose.	31/2+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-25	6/22	Rose.	31/2+	M-Th	11-11:30am	14C	L\$A55
215000-26	6/22	Rose.	31/2+	M-Th	ates 10		\$80/\$88
215000-27	6/22	Rose	D1/2-1	PU	4:45-5:15nm	-CA	RRUL
215000-30	6/29	Rose.	3/2+	M-Th	CITIYU	רטַר	\$80/\$88
215000-31	6/29	Rose.	3 X	SIH	YI:30am-12pm	4	\$80/\$88
215000-32	6/29	Rose.	31/2+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-35	7/6	Rose.	31/2+	M-Th	11-11:30am	4	\$80/\$88
215000-36	7/6	Rose.	31/2+	M-Th	11:30am-12pm	4	\$80/\$88
215000-37	7/6	Rose.	31/2+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-40	7/13	Rose.	31/2+	M-Th	11-11:30am	4	\$80/\$88
215000-41	7/13	Rose.	31/2+	M-Th	11:30am-12pm	4	\$80/\$88
215000-42	7/13	Rose.	31/2+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-45	7/20	Rose.	31/2+	M-Th	11-11:30am	4	\$80/\$88
215000-46	7/20	Rose.	31/2+	M-Th	11:30am-12pm	4	\$80/\$88
215000-47	7/20	Rose.	31/2+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-50	7/27	Rose.	31/2+	M-Th	11-11:30am	4	\$80/\$88
215000-51	7/27	Rose.	31/2+	M-Th	11:30am-12pm	4	\$80/\$88
215000-52	7/27	Rose.	31/2+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-55	8/3	Rose.	31/2+	M-Th	11-11:30am	4	\$80/\$88
215000-56	8/3	Rose.	31/2+	M-Th	11:30am-12pm	4	\$80/\$88
215000-57	8/3	Rose.	31/2+	M-Th	4:45-5:15pm	4	\$80/\$88

PARENT & TOT (RATIO 1:10)

CLASS# STARTS LOC AGE DAY

The foundation of this class is a set of basic skills that prepares young children to become comfortable in the water. Skills taught include water adjustment, increased confidence and coordination, showing comfort while maintaining a front and back position, and demonstrating breath control and water safety education. A responsible adult is required to participate with the child.

TIME #CLSS \$(RES/NR)

	215007-11	6/1	Rose.	9mos-2yrs	IVI-I h	8-8:30am	8	\$48/\$53
	215007-10	6/1	Rose.	9mos-2yrs	M-Th	9:45 <u>-</u> 10:15am	8	\$48/\$53
	215007-13	6/1	Rose.	9mos-2yrs	br	(05 <u>-6</u> :35pm	8	\$48/\$53
	215007-21	6/15	Roxe.	9mbs zys	N-Th	8-8:30am	8	\$48/\$53
	215007001	1G S	Rose.	9mos-2vrs		:45-10:15am	8	\$48/\$53
I	25(07.25	6/15	RIFE	NH BA		6:05-6:35pm	8	\$48/\$53
_	215007-00	MI	218	9mos-2yrs	M-Th	9:45-10:15am 6:35pm 8-8:30am 4:45-10:15am 6:05-6:35pm 8-8:30am 9:45-10:15am	8	\$48/\$53
ſ	OHN THE S	6/29	Rose.	9mos-2yrs	M-Th	9:45-10:15am	8	\$48/\$53
•	215007-33	6/29	Rose.	9mos-2yrs	M-Th	6:05-6:35pm	8	\$48/\$53
	215007-41	7/13	Rose.	9mos-2yrs	M-Th	8-8:30am	8	\$48/\$53
	215007-40	7/13	Rose.	9mos-2yrs	M-Th	9:45-10:15am	8	\$48/\$53
	215007-43	7/13	Rose.	9mos-2yrs	M-Th	6:05-6:35pm	8	\$48/\$53
	215007-51	7/27	Rose.	9mos-2yrs	M-Th	8-8:30am	8	\$48/\$53
	215007-50	7/27	Rose.	9mos-2yrs	M-Th	9:45-10:15am	8	\$48/\$53
	215007-53	7/27	Rose.	9mos-2yrs	M-Th	6:05-6:35pm	8	\$48/\$53

More fun for your little one:

Perry Museum fun is on page 8; Library classes start on page 14; Art and dance classes on pages 31-33; Gymnastics are on page 45-48; Martial arts on page 50; and tennis is on page 53

PRESCHOOL (RATIO 1:3)

Skills taught include fundamentals of water safety, buoyancy, breath control, swimming on front and back, changing directions, and water entry and exit. This class may be divided into three separate groups (beginner, intermediate, and advanced) on the first day.

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CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)	
215008-10	6/1	Rose.	3-4	M-Th	8-8:30am	8	\$48/\$53	
215008-11	6/1	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53	
215008-12	6/1	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/\$53	
215008-13	6/1	Rose.	3-4	M-Th	10:20-10:50am	1 8	\$48/\$53	
215008-15	6/1	Rose.	3-4	M-Th	5:30-6pm	8	\$48/\$53	
215008-16	6/1	Rose.	3-4	M-Th	6:05-6:35pm	8	\$48/\$53	
215008-17	6/1	Rose.	3-4	M-Th	6:40-7:10pm	8	\$48/\$53	
215008-20	6/15	Rose.	3-4	M-Th	8-8:30am	8	\$48/\$53	
215008-21	6/15	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53	
215008-22	6/15	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/853	F
215008-23	6/15	Rose.	3-4	M-Th	10:20-10:50 m	I CL	ASS30	'_
215008-25	6/15	Rose.	3-4	M-Th	res on	I V	\$48/\$53	r C
215008-26	6/15	FOF	2 4J P	N.H.	6:05-6:35pm	CAR	ROLL	•
215008-27	6/15	Rose.	3-4	4TC	JAYOF	O gri	\$48/\$53	
215008-30	6/29	Rose.	VIS	M-Th	8-8:30am	8	\$48/\$53	
215008-31	6/29	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53	
215008-32	6/29	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/\$53	
215008-33	6/29	Rose.	3-4	M-Th	10:20-10:50am	1 8	\$48/\$53	
215008-35	6/29	Rose.	3-4	M-Th	5:30-6pm	8	\$48/\$53	
215008-37	6/29	Rose.	3-4	M-Th	6:05-6:35pm	8	\$48/\$53	
215008-38	6/29	Rose.	3-4	M-Th	6:40-7:10pm	8	\$48/\$53	
215008-40	7/13	Rose.	3-4	M-Th	8-8:30am	8	\$48/\$53	
215008-41	7/13	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53	
215008-42	7/13	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/\$53	
215008-43	7/13	Rose.	3-4	M-Th	10:20-10:50am	1 8	\$48/\$53	
215008-45	7/13	Rose.	3-4	M-Th	5:30-6pm	8	\$48/\$53	
215008-46	7/13	Rose.	3-4	M-Th	6:05-6:35pm	8	\$48/\$53	
215008-47	7/13	Rose.	3-4	M-Th	6:40-7:10pm	8	\$48/\$53	
215008-50	7/27	Rose.	3-4	M-Th	8-8:30am	8	\$48/\$53	
215008-51	7/27	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53	
215008-52	7/27	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/\$53	
215008-53	7/27	Rose.	3-4	M-Th	10:20-10:50am	1 8	\$48/\$53	
215008-55	7/27	Rose.	3-4	M-Th	5:30-6pm	8	\$48/\$53	
215008-56	7/27	Rose.	3-4	M-Th	6:05-6:35pm	8	\$48/\$53	
215008-57	7/27	Rose.	3-4	M-Th	6:40-7:10pm	8	\$48/\$53	

LEVEL 1 (RATIO 1:3)

Students will learn basic personal water safety skills to help them feel comfortable in the water. Basic skills include water adjustment, beginning stroke skills, and safety.

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6/15	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53	215003-35	6/29	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
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6/29	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53	215003-40	7/13	Rose.	5+	M-Th	8-8:30am	8	\$48/\$53
2 6/29	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53	215003-41	7/13	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
3 6/29	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53	215003-42	7/13	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
4 6/29	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53	215003-43	7/13	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
0 7/13	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53	215003-45	7/13	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
7/13	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53	215003-46	7/13	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53
2 7/13	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53	215003-47	7/13	Rose.	5+	M-Th	7:50-8:20pm	8	\$48/\$53
3 7/13	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53	215003-50	7/27	Rose.	5+	M-Th	8-8:30am	8	\$48/\$53
4 7/13	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53	215003-51	7/27	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
7/27	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53	215003-52	7/27	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
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3 7/27	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53	215003-56	7/27	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53
4 7/27	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53	215003-57	7/27	Rose.	5+	M-Th	7:50-8:20pm	8	\$48/\$53
	STARTS 0 6/1 6/1 6/1 6/15 6/15 6/15 6/15 6/15 6/1	STARTS LOC 6/1 Rose. 6/1 Rose. 6/1 Rose. 6/1 Rose. 6/1 Rose. 6/15 Rose. 6/15 Rose. 6/15 Rose. 6/15 Rose. 6/29 Rose. 6/29 Rose. 6/29 Rose. 6/29 Rose. 6/29 Rose. 7/13 Rose. 7/17 Rose. 7/27 Rose.	STARTS LOC AGE 6/1 Rose 5+ 6/15 Rose 5+ 6/15 Rose 5+ 6/15 Rose 5+ 6/29 Rose 5+ 7/13 Rose 5+ 7/14 Rose 5+ 7/15 Rose 5+ 7/17 Rose 5+	4 6/15 Rose. 5+ M-Th 0 6/29 Rose. 5+ M-Th 1 6/29 Rose. 5+ M-Th 2 6/29 Rose. 5+ M-Th 3 6/29 Rose. 5+ M-Th 4 6/29 Rose. 5+ M-Th 1 7/13 Rose. 5+ M-Th 1 7/13 Rose. 5+ M-Th 2 7/13 Rose. 5+ M-Th 3 7/13 Rose. 5+ M-Th 4 7/13 Rose. 5+ M-Th 7/27 Rose. 5+ M-Th 1 7/27 Rose. 5+ M-Th 2 7/27 Rose. 5+ M-Th 3 7/27 Rose. 5+ M-Th 3 7/27 Rose. 5+ M-Th	STARTS LOC AGE DAY TIME 0 6/1 Rose. 5+ M-Th 9:10-9:40am 6/1 Rose. 5+ M-Th 9:45-10:15am 2 6/1 Rose. 5+ M-Th 10:20-10:50am 3 6/1 Rose. 5+ M-Th 5:30-60M 4 6/15 Rose. 5+ M-Th 10:20-10:50am 4 6/15 Rose. 5+ M-Th 5:30-6pm 5 6/15 Rose. 5+ M-Th 5:30-6pm 4 6/15 Rose. 5+ M-Th 9:10-9:40am 6 Rose. 5+ M-Th 9:10-9:40am 6 Rose. 5+ M-Th 10:20-10:50am 6 Rose. 5+ M-Th 9:10-9:40am 6 Rose. 5+ M-Th 9:10-9:40am 7/13 Rose. 5+ M-Th 9:20-10:50am 7/13 Ro	STARTS LOC AGE DAY TIME #CLSS 0 6/1 Rose. 5+ M-Th 9:10-9:40am 8 0 6/1 Rose. 5+ M-Th 9:45-10:15am 8 0 6/1 Rose. 5+ M-Th 10:20-10:50am 8 0 6/1 Rose. 5+ M-Th 5:20-601 8 0 6/15 Rose. 5+ M-Th 9:40-10:50am 8 1 6/15 Rose. 5+ M-Th 10:20-10:50am 8 3 6/15 Rose. 5+ M-Th 5:30-6pm 8 4 6/15 Rose. 5+ M-Th 10:20-10:50am 8 4 6/15 Rose. 5+ M-Th 9:45-10:15am 8 6/29 Rose. 5+ M-Th 9:45-10:15am 8 6/29 Rose. 5+ M-Th 10:20-10:50am 8 6/29<	STARTS LOC AGE DAY TIME #CLSS \$(RES/NR)	STARTS LOC AGE DAY TIME #CLSS \$(RES/NR) 215003-22 0 6/1 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-23 6/1 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 760000 8 6/1 Rose. 5+ M-Th 10:20-10:50am 8 ASS3 760000 8 6/1 Rose. 5+ M-Th 10:20-10:50am 8 A8/\$53 215003-31 1 6/15 Rose. 14 15-10.5am 8 \$48/\$53 215003-32 1 6/15 Rose. 15 M-Th 10:20-10:50am 8 \$48/\$53 215003-33 3 6/15 Rose. 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-35 4 6/15 Rose. 5+ M-Th 6:20-7:10pm 8 \$48/\$53 215003-35 4 6/15 Rose. 5+	STARTS LOC AGE DAY TIME #CLSS \$(RES/NR) 215003-22 6/15 0 6/1 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-23 6/15 0 6/1 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 760000 6/15 0 6/1 Rose. 5+ M-Th 10:20-10:50am 8 AS\$ 3 760000 6/29 0 6/15 Rose. 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-30 6/29 0 6/15 Rose. M-Th 10:20-10:50am 8 \$48/\$53 215003-31 6/29 0 6/15 Rose. 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-35 6/29 0 6/15 Rose. 5+ M-Th 6:20-10:50am 8 \$48/\$53 215003-35 6/29 0 6/29 Rose. 5+	STARTS LOC AGE DAY TIME #CLSS \$(RES/NR) 215003-22 6/15 Rose. 0 6/1 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-23 6/15 Rose. 0 6/1 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53	STARTS LOC AGE DAY TIME #CLSS \$(RES/NR) 215003-22 6/15 Rose. 5+ 6/1 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-23 6/25 Rose. 5+ 6/1 Rose. 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-30 6/29 Rose. 5+ 6/15 Rose. 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-31 6/29 Rose. 5+ 6/15 Rose. 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-30 6/29 Rose. 5+ 6/15 Rose. 5+ M-Th 5:30-6pm 8 \$48/\$53 215003-35 6/29 Rose. 5+ 6/15 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-37 6/29 Rose. 5+ 6/15 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-37 6/29 Rose. 5+ 6/29 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-37 6/29 Rose. 5+ 6/29 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-37 6/29 Rose. 5+ 6/29 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-37 6/29 Rose. 5+ 6/29 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-37 6/29 Rose. 5+ 6/29 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-37 6/29 Rose. 5+ 6/29 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-37 6/29 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-47 7/13 Rose. 5+ 6/29 Rose. 5+ M-Th 6:40-7:10pm 8 \$48/\$53 215003-47 7/13 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-47 7/13 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-47 7/13 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-47 7/13 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-47 7/13 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-47 7/13 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-47 7/13 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-47 7/13 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-47 7/13 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-50 7/27 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-50 7/27 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-55 7/27 Rose. 5+ 6/29 Rose. 5+ M-Th 9:40-7:10pm 8 \$48/\$53 215003-55 7/27 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-55 7/27 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-55 7/27 Rose. 5+ 6/29 Rose. 5+ M-Th 9:45-10:15am 8 \$48/\$53 215003-55 7/27 Rose. 5+ 6/29 Rose. 5+ M	STARTS LOC AGE DAY TIME #CLSS \$(RES/NR) 215003-22 6/15 Rose 5+ BO 6/1 Rose 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-23 6/15 Rose 5+ BO 6/1 Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 TO 10:20-10:50am 8 6/1 Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 TO 10:20-3-26 M/S Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-30 6/29 Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-31 6/29 Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-31 6/29 Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-32 6/29 Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-32 6/29 Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-33 6/29 Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-33 6/29 Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-36 6/29 Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-37 6/29 Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-40 7/13 Rose 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-50 7/27 Rose	STARTS LOC AGE DAY TIME #CLSS \$(RES/NR) 215003-22 6/15 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-23 6/5 AGE. THE M-H 10:20-10:50am 5:30-6pm 6:40-7:10pm 8 \$48/\$53 215003-23 6/5 AGE. THE M-H 10:20-10:50am 5:30-6pm 6:40-7:10pm 6:40-7:10pm 8 \$48/\$53 215003-33 6/5 AGE. THE M-H 10:20-10:50am 5:30-6pm 6:40-7:10pm 6:40-7:10pm 6:40-7:10pm 8 \$48/\$53 215003-33 6/5 AGE. THE M-H 10:20-10:50am 6:40-7:10pm 6:40-7:10pm 6:40-7:10pm 8 \$48/\$53 215003-33 6/5 AGE. THE M-H 10:20-10:50am 6:40-7:10pm 6:40-7:10pm 6:40-7:10pm 8 \$48/\$53 215003-33 6/5 AGE. THE M-H 10:20-10:50am 6:40-7:10pm 6:40-7:10pm 8 \$48/\$53 215003-33 6/29 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-35 6/29 Rose. 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-35 6/29 Rose. 5+ M-Th 5:30-6pm 8 \$48/\$53 215003-36 6/29 Rose. 5+ M-Th 6:40-7:10pm 8 \$48/\$53 215003-36 6/29 Rose. 5+ M-Th 6:40-7:10pm 8 \$48/\$53 215003-37 6/29 Rose. 5+ M-Th 7:50-8:20pm 6/29 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-37 6/29 Rose. 5+ M-Th 6:40-7:10pm 8 \$48/\$53 215003-34 6/29 Rose. 5+ M-Th 8:35-9:05am 8 \$48/\$53 215003-34 7/13 Rose. 5+ M-Th 8:35-9:05am 8 \$48/\$53 215003-47 7/13 Rose. 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-50 7/27 Rose. 5+ M-Th 6:40-7:10pm 8 \$48/\$53 215003-55 7/27 Rose. 5+ M-Th 10:20-10:50am 8 \$48/\$53 215003-55 7/27 Rose. 5+ M-Th 5:30-6pm 8 \$48/\$53 215003-55 7/27 Rose. 5+ M-Th 6:40	STARTS LOC AGE DAY TIME #CLSS \$(RES/NR) 215003-22 6/15 Rose. 5+ M-Th 9:10-9:40am 8 \$48/\$53 215003-23 6/5 Rose. 5+ M-Th 10:20-10:50am 8 848/\$53 215003-23 6/5 Rose. 5+ M-Th 10:20-10:50am 8 848/\$53 CEU-03-26 M/5 Rose. 5+ M-Th 10:20-10:50am 8 Rose. 6/15 Rose

LEVEL 2 (RATIO 1:4)

Students will learn to propel themselves on their front and back using coordinated arm and leg action. Students will also learn to float without support and recover to a vertical position. Treading water and bobbing are also introduced.

			_					
	CLASS#	STARTS	LOC	AGE	DAY	TIME #	CLSS	\$(RES/NR)
	215002-10	6/1	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
	215002-11	6/1	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
	215002-13	6/1	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
	215002-12	6/1	Rose.	5+	M-Th	6:05p-6:35pm	8	\$48/\$53
	215002-14	6/1	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
	215002-20	6/15	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
	215002-21	6/15	Rose.	5+	M-Th	20-10:50am	8	\$48/\$53
	215002-23	6/15	Rese.	THE	40	5:30-6pm	8	\$48/\$53
	215002122	IGS	Asse.	5+	MTh	6:05p-6:35pm	8	\$48/\$53
F	25022	6/15	Post	HPN	OV	7:15-7:45pm	8	\$48/\$53
•	215088-00	MS	GN	5+	M-Th	8:35-9:05am	8	\$48/\$53
N	Miles	6/29	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
•	215002-33	6/29	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
	215002-32	6/29	Rose.	5+	M-Th	6:05p-6:35pm	8	\$48/\$53
	215002-34	6/29	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
	215002-40	7/13	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
	215002-41	7/13	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
	215002-43	7/13	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
	215002-42	7/13	Rose.	5+	M-Th	6:05p-6:35pm	8	\$48/\$53
	215002-44	7/13	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
	215002-50	7/27	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
	215002-51	7/27	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
	215002-53	7/27	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
	215002-52	7/27	Rose.	5+	M-Th	6:05p-6:35pm	8	\$48/\$53
	215002-54	7/27	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
		.,		~			~	+ .0,400

LEVEL 3 (RATIO 1:4)

CLASS# STARTS LOC

6/1

6/1

6/1

6/1

Rose.

Rose.

Rose.

Rose.

Students will continue improvement on front and back crawl and personal water safety. Students will also be introduced to elementary backstroke, rotary breathing, dolphin kick, and breaststroke kick.

DAY

TIME 8-8:30am

8:35-9:05am

6:40-7:10pm

8-8:30am

AGE

#CLSS \$(RES/NR)

\$48/\$53

8

8

LEVEL 4 (RATIO 1:4)

Students will continue improvement on front and back crawl and elementary backstroke. This level will introduce the breaststroke, butterfly, scissor kick, and personal water safety.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215004-10	6/1	Rose.	5+	M-Th	8-8:30am	8	\$48/\$53
215004-11	6/1	Rose.	5+	M-Th	10:20-10:50ar	n 8	\$48/\$53
215004-12	6/1	Rose.	5+	M-Th	6:05-6:35pm	8	\$48/\$53
215004-13	6/1	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215004-20	6/15	Rose.	5+	M-Th	8-8:30am	8	\$48/\$53
215004-21	6/15	Rose.	5+	M-Th	10:20-10:50ar	n 8 .	\$4 66
215004-22	6/15	Rose.	5+	M-Th	6:05-6:35	N8C	LAGO
215004-23	6/15	Rose.	_5+	DO	6:05-6:350 TES450	8	5501
215004-30	6/29	FO lose.	R5+U	MYn	CITYOF	An:	KIRASS-
215004-31	6/29	Rose.	5+	CIT	C((2b-1b:Seal	n 8	\$48/\$53
215004-32	6/29	Rose.	- 3 / 1	S ITT	6:05-6:35pm	8	\$48/\$53
215004-33	6/29	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215004-40	7/13	Rose.	5+	M-Th	8-8:30am	8	\$48/\$53
215004-41	7/13	Rose.	5+	M-Th	10:20-10:50ar	n 8	\$48/\$53
215004-42	7/13	Rose.	5+	M-Th	6:05-6:35pm	8	\$48/\$53
215004-43	7/13	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215004-50	7/27	Rose.	5+	M-Th	8-8:30am	8	\$48/\$53
215004-51	7/27	Rose.	5+	M-Th	10:20-10:50ar	n 8	\$48/\$53
215004-52	7/27	Rose.	5+	M-Th	6:05-6:35pm	8	\$48/\$53
215004-53	7/27	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53

LEVEL 5 (RATIO 1:5)

Students will continue improvement on front and back crawl, elementary backstroke, breaststroke, and butterfly. This level will introduce sidestroke and personal water safety.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215005-10	6/1	Rose.	5+	M-Th	9:10-9:40am	8	\ e4 \$\$5 ()
215005-11	6/1	Rose.	5+	M-Th	_9 4 5- 61N m	i Cill I	\$48/\$53
215005-12	6/1	Rose.	IPP	NAT	5-7.45pm	ABI	D (48 <u>858</u>)
215005-20	6/15	OK.	UF	M-Th	TVMF6	AR	\$48/\$53
215005-21	6/15	Rose	1121	TM-6	TYOF 6	1 8	\$48/\$53
215005-22	6/15	Rose.	Pai	M-Th	7:15-7:45pm	8	\$48/\$53
215005-30	6/29	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215005-31	6/29	Rose.	5+	M-Th	9:45-10:15am	1 8	\$48/\$53
215005-32	6/29	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215005-40	7/13	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215005-41	7/13	Rose.	5+	M-Th	9:45-10:15am	1 8	\$48/\$53
215005-42	7/13	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215005-50	7/27	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215005-51	7/27	Rose.	5+	M-Th	9:45-10:15am	1 8	\$48/\$53
215005-52	7/27	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53

LEVEL 6 (RATIO 1:5)

Students will learn to refine strokes to swim with more ease, efficiency, power, and smoothness over greater distances.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	SIRESNIC
215006-10	6/1	Rose.	5+	M-Th	9:10-9:40 a n	ON	CLAS
215006-11	6/1	Rose.	5+	MP) Adaloga	8	NOR(
215006-20	6/15	Rose	OK	י וויש י	9:10.940Sn ATES 9:10.743Y1 7:61:20pm 9:10-9:40am	NFU	\$48/\$53
215006-21	6/15	Rose.	5+	MGI	7: 30 d:20pm	8	\$48/\$53
215006-30		Rose.	5+	W.H.	9:10-9:40am	8	\$48/\$53
215006-31	6/29	Rose.	5+	M-Th	7:50-8:20pm	8	\$48/\$53
215006-40	7/13	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215006-41	7/13	Rose.	5+	M-Th	7:50-8:20pm	8	\$48/\$53
215006-50	7/27	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215006-51	7/27	Rose.	5+	M-Th	7:50-8:20pm	8	\$48/\$53

ADAPTIVE (RATIO 1:1)

Students diagnosed with special needs and/or developmental disabilities may be evaluated to be placed in appropriate levels of swim classes.

2)	CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
	215009-10	6/1	Rose.	3+	M-Th	8-8:30am	8	\$48/\$53
	215009-11	6/1	Rose.	3+	M-Th	8:35-9:05am	8	\$48/\$53
	215009-12	6/1	Rose.	3+	-MDC	9:11-9:40am	8	\$48/\$53
	215009-13	6/1	RASE	TH	M-Th	9:45-10:15an	1 8	\$48/\$53
_	-2201	NGS	Rose.	3+	MOV	6:05-6:35pm	8	\$48/\$53
: 0	415999-15	6/1	FOR	NUP	MA	7:50-8:20pm	8	\$48/\$53
	21500920	OMAS	Rose.	3+	M-Th	8-8:30am	8	\$48/\$53
L	U110 09-21	6/15	Rose.	3+	M-Th	8:35-9:05am	8	\$48/\$53
	215009-22	6/15	Rose.	3+	M-Th	9:10-9:40am	8	\$48/\$53
	215009-23	6/15	Rose.	3+	M-Th	9:45-10:15an	n 8	\$48/\$53
	215009-24	6/15	Rose.	3+	M-Th	6:05-6:35pm	8	\$48/\$53
	215009-25	6/15	Rose.	3+	M-Th	7:50-8:20pm	8	\$48/\$53
	215009-30	6/29	Rose.	3+	M-Th	8-8:30am	8	\$48/\$53
	215009-31	6/29	Rose.	3+	M-Th	8:35-9:05am	8	\$48/\$53
	215009-32	6/29	Rose.	3+	M-Th	9:10-9:40am	8	\$48/\$53
	215009-33	6/29	Rose.	3+	M-Th	9:45-10:15an	n 8	\$48/\$53
	215009-34	6/29	Rose.	3+	M-Th	6:05-6:35pm	8	\$48/\$53
	215009-35	6/29	Rose.	3+	M-Th	7:50-8:20pm	8	\$48/\$53
	215009-40	7/13	Rose.	3+	M-Th	8-8:30am	8	\$48/\$53
	215009-41	7/13	Rose.	3+	M-Th	8:35-9:05am	8	\$48/\$53
	215009-42	7/13	Rose.	3+	M-Th	9:10-9:40am	8	\$48/\$53
	215009-43	7/13	Rose.	3+	M-Th	9:45-10:15an	1 8	\$48/\$53
	215009-44	7/13	Rose.	3+	M-Th	6:05-6:35pm	8	\$48/\$53
<i>i</i> 1,	215009-45	7/13	Rose.	3+	M-Th	7:50-8:20pm		\$48/\$53
ilĺ	215009-50	7/27	Rose.	3+	_MJhc	8-8:30am	8	\$48/\$53
	215009-51	7/27	Pose	·HF	PUL	8:35-9:05am	8	\$48/\$53
	215009.42	C 87	Rose.	3+	NA-T/1	9:10-9:40am		\$48/\$53
KEI	EEKIN	7/27.	Rise	IDN	OM	9:45-10:15an		\$48/\$53
JI	2158065	MSI	GNI	3+1	M-Th	6:05-6:35pm		\$48/\$53
TC	MICU	7/27	Rose.	3+	M-Th	7:50-8:20pm		\$48/\$53
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ADULT (RATIO 1:3)

All levels and skills are taught as needed.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215010-10	6/1	Rose.	15+	M-Th	8-8:30am	8	\$48/\$53
215010-11	6/1	Rose.	15+	M-Th	7:15-7:45pm	8	\$48/\$53
215010-12	6/1	Rose.	15+	M-Th	7:50-8:20pm	8	\$48/\$53
215010-20	6/15	Rose.	15+	M-Th	8-8:30am	8	\$48/\$53
215010-21	6/15	Rose.	15+	M-Th	7:15-7:45pm	8	\$48/\$53
215010-22	6/15	Rose.	15+	M-Th	7:50-8:20pm	8	\$48/\$53
215010-30	6/29	Rose.	15+	M-Th	8-8:30am	8	\$48/\$53
215010-31	6/29	Rose.	15+	M-Th	7:15-7:45pm	8	\$48/\$53
215010-32	6/29	Rose.	15+	M-Th	7:50-8:20pm	8	\$48/\$53
215010-40	7/13	Rose.	15+	M-Th	n A COlom	8	\$48/\$53
215010-41	7/13	Rose.	A #+T	HE	7.45pm	8	\$48/\$53
215010-42	RING	RSe.	15+	M-Th	0 N-8:20pm	8	\$48/\$53
OFFE	K#14.	Rose	CALL	IPN	U 8 :30am	8	\$48/\$53
215010-51	RIN ⁽ CON	N-51	Q14	M-Th	7:15-7:45pm	8	\$48/\$53
1 7:0 N		Rose.	15+	M-Th	7:50-8:20pm	8	\$48/\$53

JUNIOR GUARD PROGRAM

Participants will be selected as junior guards to learn first aid, scanning techniques, lifeguard saves, and become CPR certified. Junior guards volunteer throughout the summer to shadow and assist lifeguards. Participants earn free pool admission and a free T-shirt, but must provide their own one-piece (preferably black) swimsuit. Tryouts are 6/6 at 9am. Registration is required prior to attending tryouts. For more information, call 972-466-3083.

 CLASS#
 STARTS
 LOC
 AGE
 DAY
 TIME
 #CLSS
 \$(RES/NR)

 215030-01
 6/9
 Rose.
 11-15
 Tu/Th
 11am-12pm
 12
 \$31/\$34

Water Aerobics

No Water Aerobics classes will be held on Saturday, June 6 or July 4.

DEEP WATER

Deep-water aerobics is designed for a greater aqua workout. The class emphasizes endurance. Swim skills are not necessary. Students must be comfortable in deep water and wear float belts (\$12). Instructor: Sullivan

CLASS#	STARTS	LOC	AGE	DAY	TIME	ER	**NG:SNR) \$28/\$32 \$56/\$62 \$60/\$66 PN:OW \$48/\$52
215100-35	5/30	Rose.	15+	Sanc	95:50k	FEIN	\$28/\$32
215100-36	6/1	ROPE	NO :		:15-7:05pm	14	\$56/\$62
21510230	UPD	Rose.	15+	M/W/Th	:15-7:05pm 9: V{\$\ 7 9-9:50am ~ M 8	15	\$60/\$66
215 00 40	8/1	Rose.	HE F	OUL	9-9:50am	ANI	DMOM
215100-41	7/20	A.	15+	M/W 6	OM/SI	GNO	\$48/\$52
215100-43	7/6	Rose	∩ŀLT	ONER	9:10-10am	12	\$48/\$52
Makatix	MEG	AKD	not b	e availa	able for	weath	PNOW \$48/\$52 \$48/\$52 er-related
cancellat	ions.				,		

HIGH INTENSITY

This class offers a high intensity cardiovascular and muscular conditioning workout and is held in the 200-foot lazy river at Rosemeade Rainforest Aquatic Complex. Depth of water varies due to a steady current but stands at 3' in calm waters. Swimming skills are not necessary. Instructor: Sullivan

```
5102-32 UPDATES ON CLASS 7.0 FFERINGS 18.28/8.32)
Rose Rose 15.4 M/M - 0.8.40pm 44
      CLASS# STARTS LOC
                                                                                                                                                       Rose THE POOL 207:50am
Make-us of GARROLD be missing to the state of the state o
                                                                                                                                                                                                                                                                                                                               e available for weather-related
```

SHALLOW WATER

Low impact aerobics increase cardiovascular endurance and burn fat without stress on bones or joints. This class is a beneficial workout for the beginner or more advanced person. Instructor: Sullivan

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	KNGSVR)		
215101-35	5/30	Rose.	15+	Sa	&&5@F	FER	\$28/\$32		
215101-36	6/1	Rose.	-010N	OWA	7.45-8:05pm	14	\$56/\$62		
215101-40	1961	YAST.	2515411	Sa	8-8:5001	7	\$28/\$32		
2151 F1Q 1	K 172.	Rose.	THE F	000	7:15-8:05pm	12	WOWE		
Make-up	classes	mAT	ot be avail	able fo	SIMMO	IGNI	conditions.		
CLASS# STARTS LOC AGE DAY TIME #CLSS NGS NR) 215101-35 5/30 Rose. 15+ Sa \$50 FFER \$28/\$32 215101-36 6/1 Rose 10N CLASS-8:05pm 14 \$56/\$62 215101-40 PDATES 15+ Sa 8-8/\$SIT 7 \$28/\$32 2151FOR 120 Rose. THE POOL:15-8:05pm 12 PNOW Make-up classes maximal be available for OM/SIGNA conditions.									

Floatation Devices

The use of floatation devices does not provide a positive pre-swimming lesson experience for children. If your child wears floaties (arm bands) or a floatation swimsuit, it may take your child much longer to learn how to swim.

These devices teach a heads-up posture in the water, with arms out to the sides, the back arched, and knees bent in a bicycle kicking pattern, a posture that is contrary to the horizontal method needed for swimming. In addition, floatation devices tend to promote a false sense of security in the child and parent. Children may jump into the pool thinking they will be saved by the floatation device but are unable to swim. Parents may also feel their children can swim unattended while their child is wearing a floatation device, but a child should never be left unattended while swimming.

The use of floaties specifically can cause strain on a child's arms and shoulders, as well as fail to support the head and neck. Children can still drown while wearing floaties since their head may fall forward or the floaties may come loose from a child's arms causing them to sink.

It is recommended your child not enter the water without an adult if they are unable to swim. A child who is restricted from entering the water without an adult until they learn how to swim has an incentive to learn to swim properly. If your child must wear a floatation device, we highly recommend the use of a Coast Guard-approved floatation device, which is available to use free of charge at the Rosemeade Rainforest Aquatic Complex.



Indian Creek Golf Club

1650 W. Frankford Road • 972-466-9850 • indiancreekgolfclub.com



indian creek golf club



LOYALTY PROGRAM

Download the Indian Creek Golf Club APP and SAVE! Play 10 rounds, get one FREE. Check out the offer locker for new deals every month.



LEARN TO PLAY

Enjoy the great outdoors and find a lifetime sport when you learn to play the great game of golf!

Contact PGA Director of Instruction Bruce Smith for more information, lesson programs, availability, and pricing at 214-727-8857 or email blackbeltgolfacademy@gmail.com.

Our Junior Golf programs are offered year around. At Indian Creek Golf Club, you will find the perfect program for your child ages 6-21 years.

SAVE MONEY ON GOLF – ANY TIME ANY DAY

Indian Creek's website offers the lowest prices on weekday and weekend play. Go to **indiancreekgolfclub.com/teetimes** and search 'Pay Online' deals to save any time any day. No need to search the internet for the lowest price ... buy direct from our website and SAVE.

Call us: 972-466-9850

Email: info@indiancreekgolfclub.com

facebook.com/indiancreekgolfclub twitter.com/IndianCreek_gc instagram.com/indiancreekgolfclub_dfw indiancreekgolfclub.blogspot.com indiancreekgolfclub.com/onlinestore





FACILITY PRICING

Range Balls:

Warm-up - \$3 Small - \$6 • Medium - \$10 • Large - \$14

RENTAL CLUB PRICING

\$20 Full Set (does not include balls) \$50 Premium Callaway Set (includes 2 sleeves of balls)

IN-SEASON RATES (MARCH-OCTOBER)

MONDAY-FRIDAY

	WALKING	RIDING	WALKING
	THE CREEK	GOLF CAR	THE LAKES
	GREEN FEE*	(PER PLAYER)*	GREEN FEE*
18 Holes, Open-1pm	\$42	\$16	\$24
Twilight 1-4pm	\$30	\$16	\$19
Super Twilight 4pm-Close	\$25	\$8	\$15
Seniors 60+ (Weekdays Only)	\$24	\$16	\$20
Military Veterans (Weekdays Only	r) \$24	\$16	\$20
9 Holes	\$28	\$8	\$15
Juniors (Ages 21 & Under)	\$15	\$10**	\$10

SATURDAY-SUNDAY/HOLIDAYS

	WALKING THE CREEK GREEN FEE*	RIDING GOLF CAR (PER PLAYER)*	WALKING THE LAKES GREEN FEE*
18 Holes, Open-1pm	\$52	\$16	\$29
Twilight, 1-4pm	\$30	\$16	\$19
Super Twilight, After 4pm	\$25	\$8	\$15
9 Holes	\$33	\$8	\$15
Juniors (Ages 21 & Under)	\$15	\$10**	\$10

^{*}Plus tax

ALL CARROLLTON RESIDENTS RECEIVE \$5 DISCOUNT OFF ANY GREEN FEE .

(Show current driver's license with Carrollton address.)



^{**} With valid driver's license

Camps & Leagues



NTPGA Junior Golf Camps

To introduce kids to the game of golf, the Northern Texas Professional Golfers' Association of America (NTPGA) Junior Golf Foundation teams up with local golf courses to conduct week-long summer golf camps. Kids learn full-swing fundamentals, putting, chipping, bunker play, rules, etiquette, and safety. For more information about the curriculum, call PGA instructor Bruce Smith at 214-727-8857.

(CLUBS INCLUDED)

DATES: June 1-5, June 8-12, & June 15-19

Camps are from 9am-12pm; check-in time is at 8:45am in the Clubhouse. Sign up at NTPGA.com (summer camps). Register at indiancreekgolfclub.com/instruction/juniors.

\$299 COST INCLUDES:

- PGA Professional-supervised instruction with an 8:1 student/teacher ratio
- A new set of golf clubs to keep
- PGA hat and water bottle, tees, and golf balls (shipped separately from golf clubs)
- Unlimited FREE use of select 9-hole courses during summer 2020
- FREE admission into PGA and LPGA tour events in North Texas

PGA JUNIOR GOLF CAMPS

Half-day camps are designed to inspire new golfers and further the development of those playing at a beginner to intermediate level. Participants are segmented into smaller groups based on their experience and age in order to create a favorable learning environment. For three hours each day, campers learn and hone their skills with a strong emphasis placed on golf's fundamentals while having fun.

(CLUBS NOT INCLUDED)

DATES: June 22-26 & July 6-10

All camps are from 9am-12pm; check-in time is at 8:45am in the Clubhouse. Sign up at PGAJuniorGolfCamps.com. Register at indiancreekgolfclub.com/instruction/juniors.

\$250 COST INCLUDES:

- Action-packed camps include hands-on instruction lead by certified PGA professionals.
- Signature PGA camp curriculum focuses on developing golf skills (full swing, short game, rules, and etiquette) while keeping the experience fun and engaging (games and activities).
- A fun, safe, and educational environment designed with your child's well-being in mind
- Low student to instructor ratio (approximately 6:1)

For more information, contact PGA instructor Bruce Smith at 214-727-8857.



Senior Men's League

Join anytime during the season. Contact indiancreekstaff@outlook.com or call 972-466-9850 for more information.

LEAGUE INFORMATION:

- Wednesdays, 8am tee times (plus off-season play weather permitting)
- \$30/player +tax includes warm-up bucket of range balls
- Lunch option
- Tees: over age 55 (white tees); ages 50-55 (blue tees)
- Weekly play includes hole contests and optional skins game
- Quarterly competitive two-man team events
- No handicap needed

MAKE NEW FRIENDS, STAY CONNECTED, AND ENJOY DISCOUNTED LEAGUE RATES.

Women's Golf League

MONDAY MORNINGS:

- New, prospective, and returning members are welcome; join in anytime.
- No league fees, no serious competition just fun recreational play with a great group of women
- Play as many or as few Mondays as you can.
 18-holes: \$25+tax; with lunch \$31.50+tax
- Prior golf experience and knowledge of basic rules/ etiquette are suggested. No handicap required, all ages welcome!
- League play continues ALL season (weather permitting).
- In-season play follows DST (March-November)
- Start time is typically 8am but may fluctuate based on weather conditions.

Contact Julie Roberts at jroberts@orion-mgmt.com or 972-466-9850 for more information.

Gymnastics

Texas Dynamix Gymnastics is a year-round program offering each child the opportunity to develop a strong, healthy body and learn discipline, determination, and self-motivation. Participants must secure their hair away from their face and may not wear jewelry of any kind. Students may wear leotards or T-shirts and shorts and be barefooted. Bare midriffs will not be allowed. Parents and visitors may observe from outside the gym. **Makeup dates will be announced as needed.** For information and to register, visit texasdynamixgymnastics.com.

BOYS GYMNASTICS

These classes are for beginner and intermediate boys. We will focus on all six gymnastics events for boys, improving coordination, and building strength. *Level: Beginner-Intermediate*.

Instructor: Maestas

CLASS#	LOC	AGI	E DATE	S	DAY	TIME	;	#CLSS	\$(RES/NR)
	Sess	ion 1							
140165_28	RRC	4-12	7/28-9/1	Tu	6:30-7:	20pm	6	\$115	5/\$126.50
	RRC	4-12	7/29-9/2	₩	3:30-4:	20pm	6	\$115	5/\$126.50
140 5 6 <u>5</u> 30	RRC	4-12	7/29-9/2	₩	6:30-7:	20pm —	6	\$115	5/\$126.50
14.00 to re	Sess	ion 2							
14/1 9 6/1€31	RRC	4-12	6/9-7/21	Tu	6:30-7:	20pm	7	\$132.	50/\$145.75
14046/¥32	RRC	4-12	6/10-7/22	W	3:30-4:	20pm	7	\$132.	50/\$145.75
14 6 6 5 33	RRC	4-12	6/10-7/22	W	6:30-7:	20pm	7	\$132.	50/\$145.75
14(#65334 14(#65334	Sess	ion 3							
140 6 334	RRC	4-12	7/28-9/1	Tu	6:30-7:	20pm	6	\$115	5/\$126.50
14 12 6 5 35	RRC	4-12	7/29-9/2	W	3:30-4:	20pm	6	\$115	5/\$126.50
14016 5- 36	RRC	4-12	7/29-9/2	W	6:30-7:	20pm	6	\$115	5/\$126.50

BOYS TUMBLING & STRENGTH

This is a great class for boys to release some energy. Emphasis will be placed on building strength and discipline. Stretching, tumbling, and trampoline are included for increased flexibility, motor skills, and self-confidence. *Level: Beginner-Intermediate.* Instructor: Maestas

CLASS#	LOC	AGE	DATES D	AY	TIME	#CLSS	\$(RES/NR)
	Sessi	on 1					
	RRC	6-14	7/29-9/2	₩	7:30-8	:15pm 6	\$43/\$47.50
Note	Sessi	on 2					
1401 2 0-18	RRC	6-14	6/10-7/22	W	7:30-8:	15pm 7	\$50/\$55
Sar	Sessi	on 3					
140170-19	RRC	6-14	7/29-9/2	W	7:30-8:	15pm 6	\$43/47.50





COMPETITIVE TEAM

Team is by invitation only. We compete in USAG competitions. Email cortmaestas@yahoo.com if you have any questions. Instructor: Maestas

CLASS# LOC AGE DATES DAY TIME #CLSS \$(RES/NR)

SESSION 1

140135-38		7/28-9/3	Tu/Th	4:30-7:30pm	12	\$230/\$253
140135-39	Level 3 RRC 5-18	7/28-9/4	Tu/Th/F	4:30-7:30pm	18	\$305/\$335.50
140135-40	Level 4 RRC 5-18	7/28-9/4	Tu-F	4:30-7:30pm	24	\$360/\$396
140135-41	Level 5 RRC 5-18	7/28-9/4	Tu-F	3:30-8pm	24	\$415/\$456.50
ε	SESSION	2				
Legintous distribution of the company of the compan	Level 2 RRC 5-18	6/9-7/23	Tu/Th	9am-12:30pm	14	\$310/\$341
oum y 14 6 38	Level 3 RRC 5-18	6/9-7/24	Tu/Th/F	9am-1pm	21	\$375/412.50
u iiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiii	Level 4 RRC 5-18	6/9-7/24	Tu-F	9am-1pm	28	\$420/\$462
1463 <u>1</u> -45	Level 5 RRC 5-18	6/9-7/24	Tu-F	9am-1pm	28	\$420/\$462
<u> </u>	SESSION	3				
140135-46	Level 2 RRC 5-18	7/28-9/3	Tu/Th	4:30-7:30pm	12	\$230/\$253
140135-47	Level 3 RRC 5-18	7/28-9/4	Tu/Th/F	4:30-7:30pm	18	\$305/\$335.50
140135-48	Level 4 RRC 5-18	7/28-9/4	Tu-F	4:30-7:30pm	24	\$360/\$396
140135-49	Level 5 RRC 5-18	7/28-9/4	Tu-F	3:30-8pm	24	\$415/456.50

GIRLS GYMNASTICS

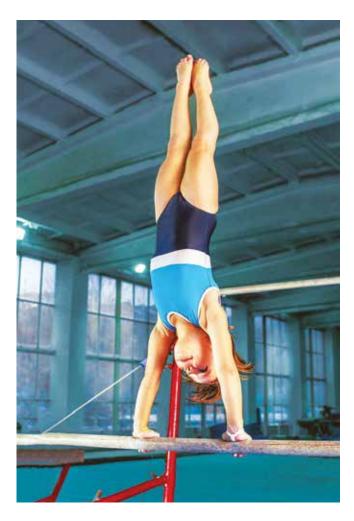
If your daughter aspires to be a competitive gymnast or wants a fun activity, she will enjoy learning challenging skills, discipline, dance, and increasing athletic abilities. A refined mix of skills training, stretching, conditioning, and fun games will provide her with the tools to become a well-rounded athlete. Level: Beginner-Intermediate. Instructor: Maestas

BEGINNER

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
	Sessi	on 1					
140145-61	RRC	6-15	7/28-9/1	Tu	5-5:55pm	-6-	\$52/\$57.25
140145-62	RRC	6-15	7/28-9/3	Tu/Th	6-6:55pm	12	\$104/\$114.50
140145-63	RRC	6-15	7/29-9/2		5:30-6:25pm	-6-	\$52/\$57.25
140145-64	RRC	6-15	7/29-9/2	W	6:30-7:25pm	-6-	\$52/\$57.25
140145-65	RRC	6-15	7/30-9/3	-Th-	4-4:55pm	-6-	\$52/\$57.25
140145-66	RRC	6-15	7/30-9/3	-Th-	5-5:55pm	-6-	\$52/\$57.25
140145-67	RRC	6-15	7/31-9/4	—F—	4:30-5:25pm	6	\$52/\$57.25
140145-68	RRC	6-15	7/31-9/4	F	5:30-6:25pm	6	\$52/\$57.25
	Sessi	on 2					
140145-69	RRC	6-15	6/9-7/21	Tu	5-5:55pm	7	\$60/\$66
14014 5 -70	RRC	6-15	6/9-7/23	Tu/Th	6-6:55pm	14	\$118/\$130
14달4통71	RRC	6-15	6/10-7/22	W	5:30-6:25pm	7	\$60/\$66
14 £ 4 8 72	RRC	6-15	6/10-7/22	W	6:30-7:25pm	7	\$60/\$66
140145573 14004574 14004575	RRC	6-15	6/11-7/23	Th	4-4:55pm	7	\$60/\$66
14 5 4 5 74	RRC	6-15	6/11-7/23	Th	5-5:55pm	7	\$60/\$66
14 9 4 9 75	RRC	6-15	6/12-7/24	F	4:30-5:25pm	7	\$60/\$66
14월4통76	RRC	6-15	6/12-7/24	F	5:30-6:25pm	7	\$60/\$66
145444777 145444777 14544777 1401477 1401477 1401477	Sessi	on 3					
14월4第77	RRC	6-15	7/28-9/1	Tu	5-5:55pm	6	\$52/\$57.25
14 5 4 <u>5</u> -78	RRC	6-15	7/28-9/3	Tu/Th	6-6:55pm	12	\$104/\$114.50
14014 € 79	RRC	6-15	7/29-9/2	W	5:30-6:25pm	6	\$52/\$57.25
140145-80	RRC	6-15	7/29-9/2	W	6:30-7:25pm	6	\$52/\$57.25
140145-81	RRC	6-15	7/30-9/3	Th	4-4:55pm	6	\$52/\$57.25
140145-82	RRC	6-15	7/30-9/3	Th	5-5:55pm	6	\$52/\$57.25
140145-83	RRC	6-15	7/31-9/4	F	4:30-5:25pm	6	\$52/\$57.25
140145-84	RRC	6-15	7/31-9/4	F	5:30-6:25pm		\$52/\$57.25

INTERMEDIATE

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
	Sessi	on 1					
140150-61	RRC	6-15	7/28-9/1	Tu	5-5:55pm	6	\$52/\$57.25
140150-62	RRC	6-15	7/28-9/3	Tu/Th	6-6:55pm	12	\$104/\$114.50
140150-63	RRC	6-15	7/29-9/2	W	5:30-6:25pm	6	\$52/\$57.25
140150-64	RRC	6-15	7/29-9/2	W	6:30-7:25pm	6	\$52/\$57.25
140150-65	RRC	6-15	7/30-9/3	-Th-	4-4:55pm	-6-	\$52/\$57.25
140150-66	RRC	6-15	7/30-9/3	-Th-	5-5:55pm	-6-	\$52/\$57.25
140150-67	RRC	6-15	7/31-9/4	-F	4:30-5:25pm	6	\$52/\$57.25
140150-68 -	RRC	6-15	7/31-9/4	-F -	5:30-6:25pm	6-	\$52/\$57.25
	Sessi	on 2					
140150-69	RRC	6-15	6/9-7/21	Tu	5-5:55pm	7	\$60/\$66
140150-70	RRC	6-15	6/9-7/23	Tu/Th	6-6:55pm	14	\$118/\$130
14015 <u>0-</u> 71	RRC	6-15	6/10-7/22	W	5:30-6:25pm	7	\$60/\$66
14 0 5 5 72	RRC	6-15	6/10-7/22	W	6:30-7:25pm	7	\$60/\$66
14 2 5 8 73	RRC	6-15	6/11-7/23	Th	4-4:55pm	7	\$60/\$66
14@15 % 74	RRC	6-15	6/11-7/23	Th	5-5:55pm	7	\$60/\$66
14∯5€75	RRC	6-15	6/12-7/24	F	4:30-5:25pm	7	\$60/\$66
14€5€76	RRC	6-15	6/12-7/24	F	5:30-6:25pm	7	\$60/\$66
1400 577 1400 5887 1400 5887 1400 5887 1400 5887	Sessi	on 3					
14 6 5 € 77	RRC	6-15	7/28-9/1	Tu	5-5:55pm	6	\$52/\$57.25
14 9 5 8 78 14 9 5 8 79	RRC	6-15	7/28-9/3	Tu/Th	6-6:55pm	12	\$104/\$114.50
14 🛱 5 8 -79	RRC	6-15	7/29-9/2	W	5:30-6:25pm	6	\$52/\$57.25
14015 80	RRC	6-15	7/29-9/2	W	6:30-7:25pm	6	\$52/\$57.25
140150-81	RRC	6-15	7/30-9/3	Th	4-4:55pm	6	\$52/\$57.25
140150-82	RRC	6-15	7/30-9/3	Th	5-5:55pm	6	\$52/\$57.25
140150-83	RRC	6-15	7/31-9/4	F	4:30-5:25pm	6	\$52/\$57.25
140150-84	RRC	6-15	7/31-9/4	F	5:30-6:25pm	6	\$52/\$57.25



GIRLS PRE-TEAM

This program is for advanced gymnasts who are working and learning USAG Level 1 and 2 skills. This program is not only for girls who wish to participate in gymnastics for fun, but also for those who are preparing for our competition team. Level: Advanced. Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
	Sessi	on 1					
	RRC	6-15	7/29-9/3	Tu/Th	6:45-8pm	12	\$105/\$115.25
Note	Sessi	on 2					
	RRC	6-15	6/9-7/23	Tu/Th	6:45-8pm	14	\$122/\$134.25
Sar	Sessi	on 3					
140155-19	RRC	6-15	7/29-9/3	Tu/Th	6:45-8pm	12	\$105/\$115.25

GIRLS SHOW TEAM

This is an advanced class and is by invitation only. This class is a combination of advanced gymnastics and ballet. The girls will learn routines for each event and put on one show per year, showcasing all of their learned skills and routines. Purchase of team leotard is required. Level: Advanced. Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)					
	Sessi	Session 1										
140220-17	RRC	6-15	7/29-9/4	W/F	6:45-8pm	12	\$105/\$115.50					
Note	Session 2											
1402 2 0-18	RRC	6-15	6/10-7/24	W/F	6:45-8pm	14	\$122/\$134.25					
Sa	Session 3											
140220-19	RRC	6-15	7/29-9/4	W/F	6:45-8pm	12	\$105/\$115.50					

GIRLS TUMBLING & TRAMPOLINE

Develop all the skills you need to do cartwheels, round-offs, and front and back handsprings. *Level: Beginner/Intermediate*. Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
	Sessi	on 1					
		6-15	7/29-9/2	W	7:30-8:15pm	6	\$43/\$47.50
lote	Sessi	on 2					
90 14016 14016	RRC	6-15	6/10-7/22	W	7:30-8:15pm	7	\$50/\$55
San	Sessi	on 3					
140160-19	RRC	6-15	7/29-9/2	W	7:30-8:15pm	6	\$43/\$47.50

GYMNASTICS OPEN GYM

Keep your kids active this summer in a supervised gymnastics center where they can stay active, run, climb, swing, and flip. Bring a friend. Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140210-27	RRC	4-14	5/27	W	1-3pm	1	\$10/\$11
140210-28	RRC	4-14	5/29	-F	1-3pm	1	\$10/\$11
140210-29	RRC	4-14	6/3	₩	1-3pm	1	\$10/\$11
140210-30	RRC	4-14	6/5	F	1-3pm	1_	\$10/\$11
140210-31	RRC	4-14	6/10	W	1-3pm	1	\$10/\$11
140210-32	RRC	4-14	6/12	-F	1-3pm	1	\$10/\$11
14021 E -33	RRC	4-14	6/17	W	1-3pm	1	\$10/\$11
14 <u>1</u> 2100 34 14 1 2113 35	RRC	4-14	6/19	F	1-3pm	1	\$10/\$11
14 6 15 35	RRC	4-14	6/24	W	1-3pm	1	\$10/\$11
146212-36	RRC	4-14	6/26	F	1-3pm	1	\$10/\$11
142215.37	RRC	4-14	7/1	W	1-3pm	1	\$10/\$11
14 021 437 14 021 4038 14 00 210439	RRC	4-14	7/3	F	1-3pm	1	\$10/\$11
14를 1를 39	RRC	4-14	7/8	W	1-3pm	1	\$10/\$11
1410216-40 1410218-41	RRC	4-14	7/10	F	1-3pm	1	\$10/\$11
14 21 2-41	RRC	4-14	7/15	W	1-3pm	1	\$10/\$11
14 6 21 <u>0</u> -42	RRC	4-14	7/17	F	1-3pm	1	\$10/\$11
14021 5 -43	RRC	4-14	7/22	W	1-3pm	1	\$10/\$11
140210-44	RRC	4-14	7/24	F	1-3pm	1	\$10/\$11
140210-45	RRC	4-14	7/29	W	1-3pm	1	\$10/\$11
140210-46	RRC	4-14	7/31	F	1-3pm	1	\$10/\$11
140210-47	RRC	4-14	8/5	W	1-3pm	1	\$10/\$11
140210-48	RRC	4-14	8/7	F	1-3pm	1	\$10/\$11





LITTLE DYNAMIX

This class is *by invitation only* and is designed for our advanced preschoolers and elementary-age children to prepare them for our Level 2 Team. Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
" E	Sessi	on 1					
14 <u>8</u> 148-24	RRC	4-6	4/22-6/3	₩	4:30-6:30pm	-7 -	\$165/\$181.50
14s14s-24 14s14s-25	RRC	4-6	4/22-6/5	W/F	4:30-6:30pm	14	\$200/\$220
14d to the total t	Sessi	on 2					
14 5 14 5 •26	RRC	4-6	6/10-7/22	₩	4:30-6:30pm	7	\$165/\$181.50
1/1 5 1/ 5 97	RRC	4-6	6/10-7/24	W/F	4:30-6:30pm	14	\$200/\$220
ay ng	Sessi	on 3					
14 물 14 중 -28	RRC	4-6	7/29-9/2	W	4:30-6:30pm	6	\$145/\$159.50
Haring Ha	RRC	4-6	7/29-9/4	W/F	4:30-6:30pm	12	\$175/\$192.50

PARENTS' NIGHT OUT OPEN GYM

Enjoy a night out knowing your kids are in a fun, safe environment. In addition to access to the gymnastics equipment, pizza, crafts, and games will be provided. *Sibling discount \$15*. Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140200-19	RRC	4-13	4/24	F_	7:30-10:30pr	n 1	\$30/\$33
1402(8)-20	RRC	4-13	5/22	F	7:30-10:30pr	n 1	\$30/\$33
140200-21	RRC	4-13	6/26	- F	7:30-10:30pr		\$30/\$33
1402(5)-22	RRC	4-13	7/24	F	7:30-10:30pr		\$30/\$33
140200-23	RRC	4-13	8/28	F	7:30-10:30pr	n 1	\$30/\$33



ROLLIE POLLIE GYMNASTICS

These classes introduce beginner skills in all four gymnastics events. We work on body positions, technique, and skills. For ages walking through two years it will be a parent + tot class. Each class will incorporate shapes, colors, numbers, and letters. Different age groups will go into different depths of each subject. Children are never too young to be introduced to new learning! Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
	SESS	ION	1						SESS	SION	3				
	Walki	ng to	2 Years O	ld					Walki	ing to	2 Years O	ld			
140175-38	RRC	0-2	7/28-9/1	Tu	6:30-7:05pr	n 6	\$90/\$99	140175-50	RRC	0-2	7/28-9/1	Tu	6:30-7:05pn	ո 6	\$90/\$99
140175-39	RRC	0-2	7/29-9/2	VV	5:30-6:05pr	n 6	\$90/\$99	140175-51	RRC	0-2	7/29-9/2	W	5:30-6:05pn	n 6	\$90/\$99
140175-40	RRC	0-2	7/30-9/3	Th	9:15-9:50ar	n 6	\$90/\$99	140175-52	RRC	0-2	7/30-9/3	Th	9:15-9:50an	ո 6	\$90/\$99
140175-41	RRC	0-2	7/31-9/4	F	9:15-9:50ar	n 6	\$90/\$99	140175-53	RRC	0-2	7/31-9/4	F	9:15-9:50an	ո 6	\$90/\$99
140175-42	RRC	0-2	7/31-9/4	F	4:30-5:05pr	n 6	\$90/\$99	140175-54	RRC	0-2	7/31-9/4	F	4:30-5:05pn	ո 6	\$90/\$99
140175-43	RRC	0-2	7/31-9/4	F	5:30-6:05pr	n 6	\$90/\$99	140175-55	RRC	0-2	7/31-9/4	F	5:30-6:05pn	n 6	\$90/\$99
	3-4 Y	ears C	ld		_			E	3-4 Y	ears O	ld				
140180-57	RRC	3-4	7/28-9/1	Tu	1:0-5:2 Jpt	n 6	\$115/\$126.50	14@8 @ 75	RRC	3-4	7/28-9/1	Tu	4:30-5:20pn	n 6	\$115/\$126.50
140180-58	RRC	3-4	7/27-91	ru V	7:3 \-6:2 pr	n a	\$115/\$126.50	14 \&8\\\ 76	RRC	3-4	7/28-9/1	Tu	5:30-6:20pn	n 6	\$115/\$126.50
140180-59	RRC	5-4	V2 - 11	U	-41 Vali	1 6	\$115/\$126.50	14(8 8 8 77	RRC	3-4	7/29-9/2	W	11-11:50am		\$115/\$126.50
140180-60	RRC	<i>J</i> 4	186-915	Th	10-10:50an	n 6	\$115/\$126.50	14 년 8 년 78	RRC	3-4	7/30-9/3	Th	10-10:50am	1 6	\$115/\$126.50
140180-61	RRC	3-4	7/30-9/3	Th	5:30-6:20pr	n 6	\$115/\$126.50	14(28/279	RRC	3-4	7/30-9/3	Th	5:30-6:20pn	n 6	\$115/\$126.50
140180-62	RRC	3-4	7/30-9/3	Th	6:30-7:20pr	n 6	\$115/\$126.50	14 \ 8\\$8	RRC	3-4	7/30-9/3	Th	6:30-7:20pn	ո 6	\$115/\$126.50
140180-63	RRC	3-4	7/31-9/4	F	10-10:50an	n 6	\$115/\$126.50	14058581	RRC	3-4	7/31-9/4	F	10-10:50am	6	\$115/\$126.50
140180-64	RRC	3-4	7/31-9/4	F	5:30-6:20pr	n 6	\$115/\$126.50	For information and a state of the state of	RRC	3-4	7/31-9/4	F	5:30-6:20pn	n 6	\$115/\$126.50
	4-6 Y	ears C	ld					For i	4-6 Y	ears O	ld				
140185-61	RRC	4-6	7/29-9/2	$\bigvee\bigvee$	4:30-5:20pr	n 6	\$115/\$126.50	14018 - 75	RRC	4-6	7/29-9/2	W	4:30-5:20pn	ո 6	\$115/\$126.50
140185-62	RRC	4-6	7/29-9/2	$\bigvee\bigvee$	6:30-7:20pr	n 6	\$115/\$126.50	140185-76	RRC	4-6	7/29-9/2	W	6:30-7:20pn	ո 6	\$115/\$126.50
140185-63	RRC	4-6	7/30-9/3	Th	11-11:50an	n 6	\$115/\$126.50	140185-77	RRC	4-6	7/30-9/3	Th	11-11:50am	6	\$115/\$126.50
140185-64	RRC	4-6	7/30-9/3	Th	3:30-4:20pr	n 6	\$115/\$126.50	140185-78	RRC	4-6	7/30-9/3	Th	3:30-4:20pn	n 6	\$115/\$126.50
140185-65	RRC	4-6	7/30-9/3	Th	4:30-5:20pr	n 6	\$115/\$126.50	140185-79	RRC	4-6	7/30-9/3	Th	4:30-5:20pn	ո 6	\$115/\$126.50
140185-66	RRC	4-6	7/31-9/4	F	11-11:50an	n 6	\$115/\$126.50	140185-80	RRC	4-6	7/31-9/4	F	11-11:50am	6	\$115/\$126.50
140185-67	RRC	4-6	7/31-9/4	F	3:30-4:20pr	n 6	\$115/\$126.50	140185-81	RRC	4-6	7/31-9/4	F	3:30-4:20pn	n 6	\$115/\$126.50
	SESS	ION	2												
			= 2 Vaare ∩	Νd				ROLLIE	POL	LIE (OPEN (GYM			

	SESS	ION	2				
	Walki	ng to	2 Years O	ld			
140175-44	RRC	0-2	6/9-7/21	Tu	6:30-7:05pm	7	\$104.50/\$115
140175-45	RRC	0-2	6/10-7/22	W	5:30-6:05pm	7	\$104.50/\$115
140175-46	RRC	0-2	6/11-7/23	Th	9:15-9:50am	7	\$104.50/\$115
140175-47	RRC	0-2	6/12-7/24	F	9:15-9:50am	7	\$104.50/\$115
140175-48	RRC	0-2	6/12-7/24	F	4:30-5:05pm	7	\$104.50/\$115
140175-49	RRC	0-2	6/12-7/24	F	5:30-6:05pm	7	\$104.50/\$115
140 <u>88</u> 80 3 65	3-4 Ye	ears C	Old				
140 <u>8</u> 80 5 65	RRC	3-4	6/9-7/21	Tu	4:30-5:20pm	7	\$132.50/\$145.75
140 \ 83(\ 66	RRC	3-4	6/9-7/21	Tu	5:30-6:20pm	7	\$132.50/\$145.75
140 9 80 2 67	RRC	3-4	6/10-7/22	W	11-11:50am	7	\$132.50/\$145.75
140 ਵ 8(5 58	RRC	3-4	6/11-7/23	Th	10-10:50am	7	\$132.50/\$145.75
140 ≰ 80 € 69	RRC	3-4	6/11-7/23	Th	5:30-6:20pm	7	\$132.50/\$145.75
140 5 80 2 70	RRC	3-4	6/11-7/23	Th	6:30-7:20pm	7	\$132.50/\$145.75
140 5 80 5 71 140 5 80 5 72	RRC	3-4	6/12-7/24	F	10-10:50am	7	\$132.50/\$145.75
1404806/2	RRC	3-4	6/12-7/24	F	5:30-6:20pm	7	\$132.50/\$145.75
S F	4-6 Ye	ears C	Old				
140185-68	RRC	4-6	6/10-7/22	W	4:30-5:20pm	7	\$132.50/\$145.75
140185-69	RRC	4-6	6/10-7/22	W	6:30-7:20pm	7	\$132.50/\$145.75
140185-70	RRC	4-6	6/11-7/23	Th	11-11:50am	7	\$132.50/\$145.75
140185-71	RRC	4-6	6/11-7/23	Th	3:30-4:20pm	7	\$132.50/\$145.75
140185-72	RRC	4-6	6/11-7/23	Th	4:30-5:20pm	7	\$132.50/\$145.75
140185-73	RRC	4-6	6/12-7/24	F	11-11:50am	7	\$132.50/\$145.75
140185-74	RRC	4-6	6/12-7/24	F	3:30-4:20pm	7	\$132.50/\$145.75

For your convenience, recreation centers accept Visa and MasterCard for all Parks & Recreation fees.



RULLIE PULLIE UPEN UTWI

Bring your preschooler for a fun and active morning. The gymnastics gym will be open for open play for you and your child to run, climb, flip, and interact with other children. Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140215-49	RRC	0-6	4/29	W	9:30-11:30am	1 1 -	\$7/\$7.75
140215-50	RRC	0-6	5/6	W	9:30-11:30an	1 1 -	\$7/\$7.75
1402 £ 5-51	RRC	0-6	5/20	₩	9:30-11:30an	1 1	\$7/\$7.75
140275-52	RRC	0-6	6/10	₩	9:30-11:30an	1 1	\$7/\$7.75
1402 € 5-53	RRC	0-6	7/22	W	9:30-11:30am	n 1	\$7/\$7.75
1402 9 5-54	RRC	0-6	7/29	W	9:30-11:30am	n 1	\$7/\$7.75
140215-55	RRC	0-6	8/5	W	9:30-11:30am	n 1	\$7/\$7.75
140215-56	RRC	0-6	8/19	W	9:30-11:30am	n 1	\$7/\$7.75

SUMMER GYMNASTICS CAMP

Our four-hour camp will keep your kids busy and moving in a safe, cool environment. We will have instructional gymnastics, free time to play in the gym, an educational craft, and a learning activity about movement and our bodies! Provide a healthy snack and water bottle for each day. Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
1402@5-14	RRC	4-12	6/17-6/19	W-F	9am-12pm	3	\$100/\$110
140285-15	RRC	4-12	6/24-6/26	W-F	9am-12nm	3	\$100/\$110
1402 6 5-16							\$100/\$110
1402 % 5-17	RRC	4-12	7/15-7/17	W-F	9am-12pm	3	\$100/\$110

More fun for your little one:

Perry Museum fun is on page 8; Library classes start on page 14; Art and dance classes on pages 31-33; Swim lessons are pages 38-42; Gymnastics are on page 45-48; Martial arts on page 50; and tennis is on page 53

Adult Leagues

ADULT BASKETBALL LEAGUE

Lace up your sneakers and round up your squad for the Summer Adult Basketball League! This league consists of seven regular season games plus playoffs for the top finishers in each division. Competitive and recreational divisions offered on Sundays and Tuesdays. Registration for the summer league will be held 4/20-5/24. In-person registration will close on 5/22. No games 7/5.

CLASS#	STARTS	DIVISION	AGE	DAY	TIME	#WKS	\$
Rosemead	de Rec C	enter					
207000-40	6/7	Rec/Comp	18+	Su	1-10pm	7	\$395
Crosby Re	ec Cente	r					
207001-40	6/9	Open	18+	Tu	6:30-10:30pm	1 7	\$395

NEW>> ADULT CORNHOLE LEAGUE

Grab a partner and come out for the Summer Adult Cornhole League. This is a doubles league open to all genders and skill levels. Matches will take place on Tuesday nights outside Rosemeade Recreation Center. Boards and bags will be provided. Matches will run 7/7-9/1 and playoffs will take place on 9/8. Registration for the summer league will be held 6/15-6/28. Players register and pay individually but may request a specific teammate. Individual registrants will be assigned partners. For more information, contact cody.wager@cityofcarrollton.com or call 972-466-9836.

 CLASS#
 STARTS
 DIVISION
 LOC
 AGE
 DAY
 TIME
 #WKS
 \$(RES/NR)

 207120-40
 7/7
 Doubles
 RRC
 21+
 Tu
 6-10pm
 8
 \$40/\$44

ADULT FLAG FOOTBALL LEAGUE

Grab your cleats and join the summer 8-on-8 Flag Football League! Competitive and recreational divisions offered in the men's league. Registration for the summer league will be held 4/6-5/10. Inperson registration will close on 5/8. Teams will be responsible for providing their own flags and game balls.

CLASS#	STARTS	DIVISION	LOC	AGE	DAY	TIME #WKS \$;
207050-40	5/28	Coed	McInnish	18+	Th	6:45-10:45pm 8 \$3	70
207051-40	5/28	Men's	McInnish	18+	Th	6:45-10:45pm 8 \$3	70

ADULT RACQUETBALL LEAGUE

This is a coed league where you can set your own time to compete. Matches will run 6/15-8/9 and playoffs end 8/16. Registration for the summer league will be held 4/1-6/7. In-person registration will close on 6/5. For more information, contact cody.wager@cityofcarrollton.com or call 972-466-9836.

LEVELS:

A-1 = Elite Players

A-2 = Accomplished/Veteran Players

B-1 = Intermediate Players

C-1 = Beginner/Recreational Players

CLASS#	LOC	AGE	DATES	DAY	LEVEL	\$(RES/NR)
200000-41	RRC	16+	6/15-8/9	M-Su	A1	\$15/\$20
200000-42	RRC	16+	6/15-8/9	M-Su	A2	\$15/\$20
200000-43	RRC	16+	6/15-8/9	M-Su	B1	\$15/\$20
200000-44	RRC	16+	6/15-8/9	M-Su	C1	\$15/\$20





ADULT SOFTBALL LEAGUE

REGISTRATION DATES:

Summer 1 Double Headers:	March 9-April 12
Summer Single Games:	April 13-May 10
Summer 2 Double Headers:	May 11-June 14
Sulfiller Z Double Headers.	IVIAY I I-JUITE 14

All games are played at McInnish Softball Complex, Sunday through Friday. Balls must be purchased from the City; onsite sales available. League divisions include: Men's D & E, Co-ed, Church, and Senior (40+). A free agent list for individuals looking for a team is available online at cityofcarrollton.com/athletics or by calling 972-466-9836. No games 5/10, 5/24, 5/25, 6/21, 7/3, & 7/5.

SUMMER 1

Class#	STARTS	DIVISION	AGE	DAY	\$
207154-01	5/3	Men's Senior DH	40+	Su	\$350
207154-02	5/4	Men's DH	18+	M	\$350
207154-03	5/5	Men's DH	18+	Tu	\$350
207154-04	5/6	Men's DH	18+	W	\$350
207154-05	5/31	Men's SG	18+	Su	\$405
207154-06	6/4	Men's Church	18+	Th	\$405
207154-07	6/5	Co-ed	18+	F	\$405

SUMMER 2

STARTS	DIVISION	Age	DAY	\$
6/28	Men's Senior DH	40+	Su	\$350
6/29	Men's DH	18+	M	\$350
6/30	Men's DH	18+	Tu	\$350
7/1	Men's DH	18+	W	\$350
	6/28 6/29 6/30	6/28 Men's Senior DH 6/29 Men's DH 6/30 Men's DH	6/28 Men's Senior DH 40+ 6/29 Men's DH 18+ 6/30 Men's DH 18+	6/28 Men's Senior DH 40+ Su 6/29 Men's DH 18+ M 6/30 Men's DH 18+ Tu

ADULT SOFTBALL TOURNAMENTS

The City hosts a variety of United States Specialty Sports Association (USSSA) sanctioned tournaments at the award-winning McInnish Softball Complex on McInnish Park Drive. Visit cityofcarrollton. com/athletics for more softball tournament information.

USSSA TOURNAMENT DATES:

May 29-30	Ironman All-Nighter
	(Men's D/E, Mixed D/E)
June 12-13	June All-Nighter
	(Men's D/E, Mixed D/E)
July 10-11	July All-Nighter
	(Men's D/E, Mixed D/E)
August 21-22	August All-Nighter
	(Men's D/E, Mixed D/E)

Youth Leagues

	\$(RES/NR
Early-Bird Registration is March 23-April 27	\$80/\$100
Standard Registration is April 28-May 4	\$100/115

CLASS#	AGE	STARTS	DIVISION
207350-02	6-18	5/5	Rec

development, having fun, and sportsmanship. No practice space will plus playoffs. Closed-toe athletic shoes are required; volleyball knee pads are recommended. No game on 7/4

			D(KED/NK)
Early-Bird Re	gistration is April 18	-May 18	\$55/\$75
Standard Reg	gistration is May 19-	June 2	\$55/\$75
CL ASS #	AGE	STAD	TS

CLASS#	AGE	STARTS	DIVISION
207410-01	7-8	6/20	Rec
207410-02	9-10	6/20	Rec
207410-03	11-12	6/20	Rec
207410-04	13-14	6/20	Rec

Martial Arts Classes

KARATE

Karate teaches self-defense, self-discipline, self-control, poise, and politeness. This class offers a chance to advance as you learn more skills. Colored belts are an additional fee and can be earned by testing. The proper uniform, a white Gi, may be purchased from the instructor, but is not mandatory. No classes 5/19 & 5/22. Instructor: Nakaya

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161150-73	CRC	6+	7/9-8/13	Th	6:30-7:45pm	n 6	\$46/\$50.75
161150-86	CRC	6+	8/20-9/24	Th	6:30-7:45pm	n 6	\$46/\$50.75



DROP IN>> KUNG FU

Wah Lum Northern Praying Mantis Kung Fu is a traditional Chinese martial arts system. Our program focuses on many aspects within our style of Kung Fu including forms, weaponry, self-defense, body strengthening, and flexibility. There is no better way to get in shape than learning a 400-year-old art. Come join our Wah Lum family. \$15 (res)/\$16.50 (non-res) drop in fee. No classes 5/19 & 5/22. Instructor: Mui

CLASS#	LOC	AGE	DATES	DAY	TIME #	CLS	S \$(RES/NR)
Adults							
160130-40	RRC			Tu	6:15-7:15pm	-7	\$65.75/\$73.25
		F 6	:30-7:30pm				
160130-50	RRC	13+	7/7-7/31	Tu	6:15-7:15pm	8	\$75/\$82.50
		F 6	:30-7:30pm				
160130-60	RRC	13+	8/4-8/28	Tu	6:15-7:15pm	8	\$75/\$82.50
		F 6	:30-7:30pm				
Kids							
160135-40	RRC	6-12	5/1-5/29	Tu	5:30-6:15pm	7	\$61.25/\$67.50
		F 6	:30-7:30pm		•		
160135-50	RRC	6-12	7/7-7/31	Tu	5:30-6:15pm	8	\$70/\$77
		F 6	:30-7:30pm		•		
160135-60	RRC	6-12	8/4-8/28	Tu	5:30-6:15pm	8	\$70/\$77
		F 6	:30-7:30pm		•		

NINJA CAMP - SEE PAGE 52

RED TIGER KARATE

Learn American Karate in this white through black belt program that runs year-round. The junior program develops self-esteem, positive behavior, academic achievement, and respect for others. In addition to practicing karate techniques and abduction prevention training, self-defense skills are integrated into the lessons. Adult classes focus on street self-defense, fitness, and personal development. Benefits of the program will reach beyond the class by improving everyday focus and quality of life, while reducing daily stress. *For* more information, visit redtigerkarate.com or call 817-845-1557. Instructor: Margach

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160170-86	RRC	5-7	6/5-7/31	F	6-7pm	9	\$60/\$66
160170-87	RRC	8-12	6/5-7/31	F	7-8pm	9	\$60/\$66
160170-88	RRC	13+	6/5-7/31	F	8-9pm	9	\$60/\$66

DROP IN>> TAI CHI

Tai Chi is an internal exercise program which consists of slow, relaxed, flowing, and balanced movements. There are many health benefits to practicing Tai Chi including increased energy and improved balance and strength. Some aspects of our program include meditation, stretching, and empty-hand and weapon forms in the Yang and Chen styles. \$15 (res)/\$16.50 (non-res) drop in fee. Instructor: Mui

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Senior Cer	nter						
132015-40	SRC	13+	5/2-5/30	Sa	9:15-10:15an	1 4	\$45/\$49.50
132015-50	SRC	13+	6/6-6/27	Sa	9:15-10:15an	n 4	\$45/\$49.50
132015-60	SRC	13+	8/1-8/29	Sa	9:15-10:15an	n 5	\$56.25/\$62
Rosemead	e Rec (Center					
160110-45	RRC	13+	5/1-5/29	 F	5:30-6:30pm	4	\$45/\$49.50
160110-55	RRC	13+	6/5-6/26	F	5:30-6:30pm	1 4	\$45/\$49.50
160110-65	RRC	13+	8/7-8/28	F	5:30-6:30pm	1 4	\$45/\$49.50

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins May 18. Non-resident registration begins May 18. Classes begin June 1.

Sports Classes

AMO VOLLEYBALL

Allison and Michelle Operations (AMO) Volleyball covers all aspects of the game for athletes at any level. AMO provides experienced coaches who can deliver personalized instruction, high intensity, and FUN. The goals for each class are to teach the fundamental aspects of the game, emphasize efficiency, correct technique, and increase knowledge in order to enhance each individual player. After the second work of class, almo will make class session recommentators can be up the reasy sement to better fit the athlete (skill) with the substance each player is learning in an environment matternitates growth. *No class* 5/25.

Instructor: AMO Volleyball

CLASS#	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Crosby Red	Cent	er				
161120-03	7-18	6/1-6/22	M	6:30-7:30pm	4	\$100/\$110
161120-04	7-18	7/13-8/17	M	6:30-7:30pm	6	\$150/\$165
Rosemeade	Rec	Center				
160120-06	7-18	6/3-6/24	W	6:30-7:30pm	4	\$100/\$110
160120-07	7-18	6/3-6/24	\bigvee	7:30-8:30pm	1 4	\$100/\$110
160120-08	7-18	7/15-8/19	VV	6:30-7:30pm	6	\$150/\$165
160120-09	7-18	7/15-8/19	VV	7:30-8:30pm	1 6	\$150/\$165

BASKETBALL TECH

Bowmen Sports Basketball is a fun clinic designed for players of all skills and abilities. Program time will focus on dribbling, passing, and shooting. This is a skill-based program but uses fun drills and games to reinforce skills being taught. *Bring basketball/gym shoes and a water bottle*. Instructor: Bowmen Sports

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160010-07	BBC	6-12	6/1-6/20	_M	5:30-6:30pm	-5-	\$65/\$71.50
100010-01	ININO	0-12	0/1-0/23	IVI	0.00-0.00pm		ψυσίψε 1.50
160010-08	RRC	6-12	7/6-7/27	M	5:30-6:30pm	1 4	\$55/\$60.50
160010-09	RRC	6-12	8/3-8/31	M	5:30-6:30pm	ı 5	\$65/\$71.50

BEGINNER BASKETBALL

Bowmen Sports Basketball is a fun clinic designed for players of all skills and abilities. Program time will focus on dribbling, passing and shooting. This is a skill-based program but uses fun drills and games to reinforce skills being taught. This program is perfect for young budding stars! *Bring basketball/gym shoes and a water bottle*. Instructor: Bowmen Sports

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160020-04	RRC	4-5	6/1-6/29	M	4:30-5:15pm	- 5	\$60/\$66
160020-05	RRC	4-5	7/6-7/27	M	4:30-5:15pm	4	\$50/\$55
160020-06	RRC	4-5	8/3-8/31	M	4:30-5:15pm	5	\$60/\$66

KIDZ LOVE SOCCER

Each session includes age-appropriate activities, including skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience the game in a safe, non-competitive environment. Kids should bring a full water bottle and ages 3½ and up should wear shin guards. Parents are encouraged to bring an outdoor chair and watch the classes (2-3½ includes parent participation). Participants will receive a Kidz Love Soccer jersey. For questions, call 1-888-277-9542 or email info@kidzlovesoccer. com. This class will be held at Josey Ranch Sports Complex Field #6. Instructor: Kidz Love Soccer

AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
2-3.5	6/6-6/27	Sa	9-9:30am	4	\$60/\$66
3.5-5	6/6-6/27	Sa	9-9:30am	4	\$60/\$66
5-7	6/6-6/27	Sa	9-9:30am	-4-	\$60/\$66
7-11	6/6-6/27	Sa	9-9:30am	-4-	\$60/\$66
2-3.5	7/18-8/22	Sa	9-9:30am	6	\$82/\$90.25
3.5-5	7/18-8/22	Sa	9:40-10:15ar	n 6	\$82/\$90.25
5-7	7/18-8/22	Sa	10:15-11am	6	\$82/\$90.25
7-11	7/18-8/22	Sa	11-11:45am	6	\$82/\$90.25
	2-3.5 3.5-5 5-7 7-11 2-3.5 3.5-5 5-7	2.3.5 6/6-6/27 3.5-5 6/6-6/27 5-7 6/6-6/27 7-11 6/6-6/27 2-3.5 7/18-8/22 3.5-5 7/18-8/22 5-7 7/18-8/22	2-3.5 6/6-6/27 Sa 3.5-5 6/6-6/27 Sa 5-7 6/6-6/27 Sa 7-41 6/6-6/27 Sa 2-3.5 7/18-8/22 Sa 3.5-5 7/18-8/22 Sa 5-7 7/18-8/22 Sa	2-3.5 6/6-6/27 Sa 9-9:30am 3:5-5 6/6-6/27 Sa 9-9:30am 5-7 6/6-6/27 Sa 9-9:30am 7-41 6/6-6/27 Sa 9-9:30am 2-3.5 7/18-8/22 Sa 9-9:30am 3.5-5 7/18-8/22 Sa 9:40-10:15ar 5-7 7/18-8/22 Sa 10:15-11am	2-3.5 6/6-6/27 Sa 9-9:30am 4 3:5-5 6/6-6/27 Sa 9-9:30am 4 5-7 6/6-6/27 Sa 9-9:30am 4 7-11 6/6-6/27 Sa 9-9:30am 4 2-3.5 7/18-8/22 Sa 9-9:30am 6 3.5-5 7/18-8/22 Sa 9:40-10:15am 6 5-7 7/18-8/22 Sa 10:15-11am 6

MINI-HAWK MULTI-SPORT CLASS

Our Multi-Sport class is designed to introduce young athletes to a variety of different sports in one setting including soccer, flag football, T-ball, and track and field. For this program, we combine two-three sports into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of new sports along with vital life lessons such as respect, teamwork, and self-discipline. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160070-01	RRC	3-4	5/5-6/9	Tu	4:30-5:05pm	6	\$80/\$88
160070-02	RRC	3-4	6/16-7/21	-Tu	4:30-5:05pm	6	\$80/\$88
160070-03	RRC	3-4	7/7-8/11	Tu	4:30-5:05pm	6	\$80/\$88
160070-04	RRC	5-6	5/5-6/9	Tu	5:15-6pm	-6-	\$80/\$88
160120-05	RRC	5-6	6/16-7/21	Tu	4:30-5:05pm	6	\$60/\$66
160120-06	RRC	5-6	7/7-8/11	Tu	5:15-6pm	6	\$60/\$66



SKYHAWKS FLAG FOOTBALL CLASS

Flag Football is the perfect introduction to America's Game. Athletes learn skills on both sides of the football including the core components of passing, catching, and defense—all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron! *This class will be held at Josey Ranch Sports Complex Field* #6. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160040-01	JRSC	7-12	5/7-6/11	—Th—	5-6nm	6	\$80/\$88
160040-02	JRSC	/ - 12	0/10-1/23	111	э-өрііі	0	\$00/\$00
160040-03	JRSC	7-12	7/9-8/13	Th	5-6pm	6	\$80/\$88

SKYHAWKS TRACK AND FIELD CLASS

Skyhawks Track and Field class combines technical development, and safety with a major focus on fun. Using special equipment, attendees will learn the fundamentals of body positioning, stride, and proper stretching and cool-down techniques. This class will be held at Josey Ranch Sports Complex Field #6. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160076-01	JRSC	6-12	6/11-7/16	Th-	6:30-7:30pm	-6-	\$80/\$88
160076-02	JRSC	6-12	7/7-8/11	ın	6:30-7:30pm	б	\$80/\$88

YOUTH ATHLETE PERFORMANCE TRAINING

Through proper performance training, we help all youth athletes improve their performance levels while stating to lithy and on the field. Jumping higher regular has be and numbering balance and body control a classification with the poacean expect your child to improve. For my personals, call 314-258-6988 or email rlight@rtgperformanceacademy.net. No class 7/4. Instructor: Light

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160091-05	RRC	9-13	5/2-5/24	Sa-Su	1-2pm	8	\$80/\$88
160091-06	RRC	9-13	6/6-6/28	Sa-Su	1-2pm	8	\$80/\$88
160091-07	RRC	9-13	7/5-7/26	Sa-Su	1-2pm	7	\$70/\$77

Youth Camps

AMO VOLLEYBALL CAMP

AMO prides themselves in providing experienced coaches who can give personalized instruction, high intensity, and fun. Our goals for each camp are to teach the fundamental aspects of the game (physical, technical, mental, and emotional), emphasize efficiency, correct technique, and increase volleyball knowledge in order to enhance each individual player. Instructor: AMO Volleyball.

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160120-14	RRC	12-18	7/27-7/29	M-W	9-11am	3	\$150/\$165
160120-15	RRC	12-18	8/3-8/5	M-W	9-11am	3	\$150/\$165

BASKETBALL TECH CAMP

Bowmen Basketball Camp is a skill-based summer sports camp that features drills, games, and skill instruction covering ball handling (one and two balls), passing, creating space, moving without the ball, proper shooting form, and offensive and defensive footwork. Shooting games, competitions, and tournaments will be included. Bring basketball/gym shoes, a snack, and a water bottle.

Instructor: Bowmen Sports

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160015-01	RRC	7-12	7/13-7/16	M-Th	1-4pm	4	\$95/\$104.50
160015-02	RRC	7-12	7/27-7/30	M-Th	9am-12pm	4	\$95/\$104.50

DODGEBALL CAMP

Participate in this popular program that includes many different versions of dodgeball. We set up situations and drills for maximum fun. All games played with special safer dodgeballs, so the fun does not have to hurt. May include capture-the-flag, kickball, and other classic games. Bring basketball/gym shoes, a snack, and a water bottle. Instructor: Bowmen Sports

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160025-01	RRC	7-12	6/1-6/4	M-Th	1-4pm	4	\$95/\$104.50
160025-02	RRC	7-12	7/20- 7/23	M-Th	9am-12pm	4	\$95/\$104.50

NEW>> eSPORTS CAMP - SEE PAGE 25

FLAG FOOTBALL CAMP

Flag Football is the perfect introduction to "America's Game." Campers learn skills on both sides of the football including the core components of passing, catching, and defense, all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl giving participants a chance to showcase their skills on the gridiron. Participants should bring appropriate clothing, two snacks, water bottle, and sunscreen. This class will be held at Field #6 in the Josey Ranch Sports Complex. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167092-40	JRSC	6-12	6/1-6/5	M-F	9am-12pm	5	\$149/\$164
167092-50	JRSC	6-12	6/15-6/19	M-F	9am-12pm	-5-	\$149/\$164
167092-60	JRSC	6-12	7/20-7/24	M-F	9am-12pm	5	\$149/\$164





MINI HAWK MULTI-SPORT CAMP FLAG FOOTBALL-SOCCER-T-BALL-TRACK & FIELD

Our Multi-Sport camp is designed to introduce young athletes to a variety of different sports in one setting including flag football, soccer, T-ball, and track and field. For this program we combine two to four sports into one fun-filled week. Athletes will learn the rules and essentials for each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of two or more new sports along with vital life lessons such as respect, teamwork, and self-discipline. *This class* will be held at Josey Ranch Sports Complex Field #6. Instructor: Skyhawks

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)	
167091-40	JRSC	6-12	6/8-6/12	M-F	9am-12pm	5	\$149/\$164	
167091-50					9-11am		\$125/\$137.50	

NINJA CAMP

No martial art experience necessary. Students will learn the techniques of ninjas. They will practice with kid-safe ninja weapons including nunchucks, sword, sai, bo, and more. The benefits of this course include improved coordination, confidence, and discipline -all while having a blast. Students will also break a wooden board to take home. Participants must wear non-black soled sneakers. For more information visit redtigerkarate.com or call 817-845-1557. Instructor: Margach

LOC AGE CLASS# DATES DAY TIME #CLSS \$(RES/NR) 160175-64 RRC 6-12 6/15-6/18 M-Th 1:30-3pm \$60/\$66

SKYHAWKS BASEBALL CAMP

Skyhawks baseball staff teach the fundamentals of fielding, catching, throwing, hitting, and base running all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility. This class will be held at Josey Ranch Sports Complex Field #6. Instructor: Skyhawks

CLASS# LOC AGE **DATES** DAY TIME #CLSS \$(RES/NR) 167090-05 JRSC 6-12 6/29-7/3 M-F 9am-12pm 5 \$149/\$164 167090-06 JRSC 6-12 7/27-7/31 M-F 9am-12pm \$149/\$164

SKYHAWKS LACROSSE CAMP

Suit up and find out why lacrosse is one of the fastest-growing sports in the country. Lacrosse combines the basic skills used in soccer, basketball, and hockey into one fast-paced, high-scoring game. Athletes will learn all the fundamentals of stick handling, cradling, passing, and shooting in a fun, non-checking environment. This class will be held at Josey Ranch Sports Complex Field #6. Instructor: Skyhawks

CLASS# LOC AGE DAY #CLSS \$(RES/NR) DATES TIME 167090-04 JRSC 6-12 8/3-8/7 M-F 9am-12pm 5 \$149/\$164

Oak Creek Tennis Center

2531 Oak Creek Drive • 972-466-6389 • oakcreektenniscenter.com

Oak Creek Tennis Center (OCTC), conveniently located northwest of the Dallas North Tollway and President George Bush Turnpike, features 12 lighted hard courts with shaded spectator and court benches. Our Pro Shop includes apparel, racquets, stringing, accessories, and snacks. The City of Carrollton prides itself on having one of the premier full-service municipal tennis facilities in North Texas.

OCTC has several U.S. Professional Tennis Association (USPTA) certified tennis professionals on staff. A full array of adult and junior programs, tournaments, and special events are held year-round. It is home to numerous men's, women's, mixed, and senior teams competing in United States Tennis Association (USTA), Tennis Competitors of Dallas (TCD), and metro league play and is also home to local middle school and high school teams.

HOURS OF OPERATION

Spring Hours (End May 31)

Monday-Thursday 8:30am-10pm
Friday 8:30am-8pm
Saturday8:30am-6pm
Sunday

Summer Hours (June 1-August 23)

Monday-Thursday	8am-10pm
Friday	8am-8pm
Saturday	8am-6pm
Sunday	10am-7pm

The OCTC reserves the right to close due to inclement weather. Players should call 972-466-6389 (option 1) for the status of programs.



FACILITY USE PRICES

Court Fees

Resident Non-resident
Adult & Youth \$2.50 \$4

Court fees are per person and are limited to 1½ hours. Reservations are accepted up to 48 hours in advance.

Ball Machine Rental

	Resident	Non-resident
1 Hour	\$15	\$17
30-Day Pass	\$50	\$55

Ball machine rental includes court fees for one person. Additional family members may join at no charge. Additional non-family members will incur regular court fee charges. Reservations are accepted up to 48 hours in advance.

Satellite Court Fees

	000	000
	Resident	Non-resident
1 Hour/Court	\$2	\$3.50

The City of Carrollton offers 17 neighborhood outdoor tennis courts. Courts at unstaffed parks are available on a first-come, first-served basis. Tennis court usage is free at all neighborhood sites as a walk-on. However, if you would like to ensure a reservation, all courts may be reserved in one-hour increments at the OCTC. The courts are available during park hours, which are 5am to 10:30pm daily. Lights are available at all facilities. Parks & Recreation tennis classes may be scheduled at court locations; signage regarding class/league schedules will be posted at the courts when applicable.

Reservations are accepted up to one week in advance, and day-of reservations are permitted. Reservations are nonrefundable. OCTC accounts, however, will be credited for all cancellations made within 24 hours of the reservation.

PRO SHOP/RACQUET SERVICING

OCTC carries PrinceTM, HeadTM, WilsonTM, and Babolat racquets, strings, grips, and accessories at competitive prices. United States Racquet Stringers Association (USRSA) certified master racquet technicians on staff provide complete racquet servicing for all your stringing needs. Stringing is generally completed within three days. Stringing labor is \$12. A 24-hour express fee is available for an additional \$5. Racquet rentals are available for \$5.

PRIVATE LESSONS

OCTC has several USPTA certified professionals on staff available for private lessons. Unable to find an adult or junior class that fits your schedule? Inquire about our private group rates. To schedule a private lesson, call 972-466-6389.

ADULT TEAM TENNIS

OCTC is home to numerous men's, women's, mixed, and senior teams competing in USTA, TCD, and metro league play. Call 972-466-6389 if you are interested in joining an existing team or starting a new one.

Adult Tennis Classes

The OCTC Adult Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or canceled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made up based on availability. Contact OCTC first to check availability for any makeup classes.
- All class makeups must be completed during the current session.
- Inclement weather cancellations that cannot be made up will be issued a credit at the conclusion of the session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

1½ hour class: Resident: \$90; Non-resident: \$100

Drop ins allowed based on availability and pro approval.

Drop-in rates: \$22 RES/\$24 NR

Session 1: May 25-June 27

*No class on May 25

Session 2: June 29-August 1

*No class on July 4

Session 3: August 3-September 5

Classes meet once a week for five weeks.

BEGINNER: NTRP 2.0-2.5

Monday	6-7:30pm
Tuesday	6-7:30pm
Wednesday	6-7:30pm
Thursday	6-7:30pm
Saturday	9-10:30am

ADVANCED BEGINNER: NTRP 2.5-3.0

Manal		0.7:00
Monda	ay	6-7:30pm
Tuesd	ay	6-7:30pm
Wedne	esday	6-7:30pm
Thurse	day	6-7:30pm
Saturo	lay	9-10:30am

INTERMEDIATE: NTRP 3.0-4.0

MILDIAIL. MIKE	3.0-4.0
Monday (Intro Int)	7:30-9pm
Tuesday	7:30-9pm
Wednesday	7:30-9pm
Thursday	7:30-9pm
Saturday	10:30am-12pm
Saturday	12-1:30pm

ADVANCED DRILLS (NTRP 4.0+)

(PREREQUISITE: INTERMEDIATE CLASS OR PRO APPROVAL)

A variety of high-octane drills conducted by USPTA certified tennis professionals are specifically geared for players who have dependable strokes with directional control. Fast-paced drills are excellent for league and tournament players wanting to hit balls. Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. Class minimum is three players.

DAY	TIME	LEVEL	\$(RES/NR)
Monday	7-8:30pm	4.0 and above	\$16/\$18
Wednesday	7-8:30pm	4.0 and above	\$16/\$18
Saturday	1:30-3pm	4.0 and above	\$16/\$18

CARDIO TENNIS (NTRP 3.5-4.0)

This fast-paced drill is sure to get you moving. The cardio tennis drills will keep you on your toes for the entire 1½ hours. Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged.

DAY	TIME	LEVEL	\$(RES/NR)
Monday	7-8:30pm	3.5-4.0 (Intermediate)	\$16/\$18
Wednesday	6-7:30pm	2.5-3.0 (Beginner/Advanced Beg)	\$16/\$18
Wednesday	7:30-9pm	4.5+ (Advanced)	\$16/\$18

Adult Tennis Events

"1ST FRIDAY" DOUBLES MIXER

No partner is necessary since we provide the pairings for you. Players are grouped according to NTRP level (2.5-5.0). Format consists of timed rounds of progressive partner doubles. Snacks, soft drinks, dinner, and prizes are provided. Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. If minimums are not met, cancellation will be one day before the mixer starts. Join us on the first Friday of each month (5/1, 6/5, 7/3, & 8/7) for this popular event.

DAY	TIME	LEVEL	\$(RES/NR)
1st Friday	6:30-9pm	All	\$22.50/\$25

Adult Tennis Leagues

SINGLES LEAGUES

Play the best of three sets, no-ad scoring, with a match tiebreak (first to 10 points by a margin of two) in lieu of a third set. Awards are presented to division winners. League champions are eligible to move up to the next level and last place finishers may be required to move down one level. The number of weeks may vary based on the number of entries.*

Session 1: May 12-July 2

Session 2: July 21-September 10

*Leagues meet once a week for eight weeks.

DATES	TIME	\$(RES/NR)
Mens 4.0-Tuesday	7:30-9pm	\$59/\$65
Mens 4.0-Thursday	7:30-9pm	\$59/\$65















Iunior Tennis

The OCTC Junior Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or canceled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made up based on availability. Contact OCTC to check availability for any makeup classes.
- All class makeups must be completed during the current session.
- Inclement weather cancellations that cannot be made up will be allowed to carry forward the makeup into the following session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

Youth Tennis Camps

Players must wear athletic shoes (please bring non-marking soled shoes). Players are encouraged to wear sunscreen, comfortable athletic clothes, and a hat. Ice water is provided. All-day campers should bring or make arrangements for lunch. Camp-approved tennis racquets and equipment are available in the pro shop.

Location: Oak Creek Tennis Center

Fees: \$54 Resident/\$60 Non-resident

per session/four 60 min. classes per week

\$77 Resident/\$85 Non-resident

per session/four 90 min. classes per week

\$126 Resident/\$140 Non-resident

(Orange Ball, Mean Green Ball, & Instructional

Player Development)

per session/four 180 min. classes per week

\$135 Resident/\$150 Non-resident

(Competitive-Advanced)

per session/four 180 min. classes per week

\$180 Resident/\$200 Non-resident

(Competitive-Advanced)

Per session/four 300 min. classes per week

WEEKLY CAMP SESSIONS:

Session 1:	June 1-4
Session 2:	June 8-11
Session 3:	June 15-18
Session 4:	June 22-25
Session 5:	June 29-July 2
Session 6:	July 6-9
Session 7:	July 13-16
Session 8:	July 20-23
Session 9:	July 27-30
Session 10:	August 3-6
Session 11:	August 10-13

TINY SHOTS CAMP

This camp is designed to stimulate, challenge, and appeal to budding tennis players. Children will learn motor skills necessary to play tennis and other sports throughout their lives. Students will use the red USTA-approved low-compression ball. The 36' court will also be used.

AGE	DAY	TIME	SESSIONS
4-6	M-Th	8:30-9:30am	1-11

ORANGE BALL CAMP

(10 YRS & UNDER BEGINNER/INTERMEDIATE)

Basic tennis skills are learned while using the orange ball on the 60' court. Orange balls have a slightly softer bounce than regular balls, allowing students to learn at a quicker rate with the correct technique. Players may attend half-days all week (1½ hrs/day) or full-days all week (3 hrs/day). Players need 25-inch racquets and non-marking shoes.

AGE	DAY	TIME	SESSIONS
7-10	M-Th	9:30am-12:30pm	1-11
7-10	M-Th	9:30-11am	1-11

MEAN GREEN BALL CAMP

(10 YRS & UNDER INTERMEDIATE/ADVANCED)

Players will work on stroke technique and point play in game situations under supervision of tennis staff. Games such as singles and doubles attack drills along with full-court rotation will be implemented. Players may attend half-days all week (1½ hrs/day) or full-days all week (3 hrs/day). Participants will be grouped by ability and focused on improving tournament play.

AGE	DAY	TIME	SESSIONS
7-10	M-Th	9:30am-12:30pm	1-11
7-10	M-Th	9:30-11am	1-11

INSTRUCTIONAL PLAYER DEVELOPMENT CAMP (11 YRS & UP BEGINNER/ADVANCED BEGINNER)

This camp is a great way to learn to hit the ball, gain confidence, meet others, and begin to play tennis matches while having fun. Focus is on the fundamentals of the game and technical development. The camp provides excellent regular fitness for kids. Players may attend half-days all week (1½ hrs/day) or full-days all week (3 hrs/day).

AGE	DAY	TIME	SESSIONS
11-18	M-Th	9:30am-12:30pm	1-11
11-18	M-Th	11am-12:30pm	1-11

COMPETITIVE-ADVANCED CAMP

This program is designed for players participating in champ, superchamp, or varsity high school teams. The camp emphasizes advanced tactics, movement, and tournament-level competition. Players in this group are required to play tournaments throughout the year. Travel teams available for out-of-town tournaments. Approval needed by Junior Director, Coach David.

AGE	DAY	TIME	SESSIONS
11-18	M-Th	9:30am-3:30pm*	1-11
11-18	M-Th	9:30am-12:30pm	1-11
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^{*}Six-hour class with one-hour break for lunch

For your convenience, recreation centers accept Visa and MasterCard for all Parks & Recreation fees.



Youth Tennis Classes

MONTHLY NIGHT/WEEKEND (AVAILABLE FOR PLAYERS UNABLE TO ATTEND MORNING CAMPS)

Location: Oak Creek Tennis Center

Fees: \$54 Resident/\$60 Non-resident

per session/one 60 min. class per week

\$90 Resident/\$100 Non-resident

Per session/two 60 min. classes per week

\$77 Resident/\$85 Non-resident

per session/one 90 min. class per week

\$140 Resident/\$155 Non-resident per session/two 90 min. classes per week

\$189 Resident/\$210 Non-resident

per session/three 90 min. classes per week

Prices are for four weeks. For multiple day sign-ups, be specific as to which days.

SUMMER MONTHLY 4-WEEK SESSION DATES:

Session 1 June 1-27

Session 2 June 29-July 25

Session 3 July 27-August 15 (3 week session)

TINY SHOTS TENNIS

This class is designed to stimulate, challenge, and appeal to budding tennis players. Children will learn motor skills necessary to play tennis and other sports throughout their lives. Students will use the red USTA-approved low-compression ball. The 36' court will also be used. Sign up for one or two days per week.

AGE	DAY	TIME	SESSIONS
4-6	M	6-7pm	1, 2, 3
4-6	Tu	6-7pm	1, 2, 3
4-6	W	6-7pm	1, 2, 3
4-6	Th	6-7pm	1, 2, 3
4-6	Sa	8:30-9:30am	1, 2, 3





ORANGE BALL (10 YRS & UNDER BEGINNER/INTERMEDIATE)

This is an introductory class. Basic tennis skills are learned while using the orange ball on the 60' court. Orange balls have a slightly softer bounce than regular balls, allowing students to learn at a quicker rate with the correct technique. Players need a 25-inch racquet and non-marking shoes.

AGE	DAY	TIME	SESSIONS
7-10	M	7-8:30pm	1, 2, 3
7-10	Tu	7-8:30pm	1, 2, 3
7-10	W	7-8:30pm	1, 2, 3
7-10	Th	7-8:30pm	1, 2, 3
7-10	Sa	9-10:30am	1, 2, 3

MEAN GREEN BALL (10 YRS & UNDER INTERMEDIATE/ADVANCED)

This class is designed for intermediate level players participating in USTA events and tournaments and emphasizes advanced spins and court movement/tactics. Players in this group are required to play tournaments throughout the year and set goals for their improvement. Two day/week minimum attendance required for skill development. Approval needed by Junior Director Coach David. Tennis-specific shoes are required. Sign up for two or three days per week.

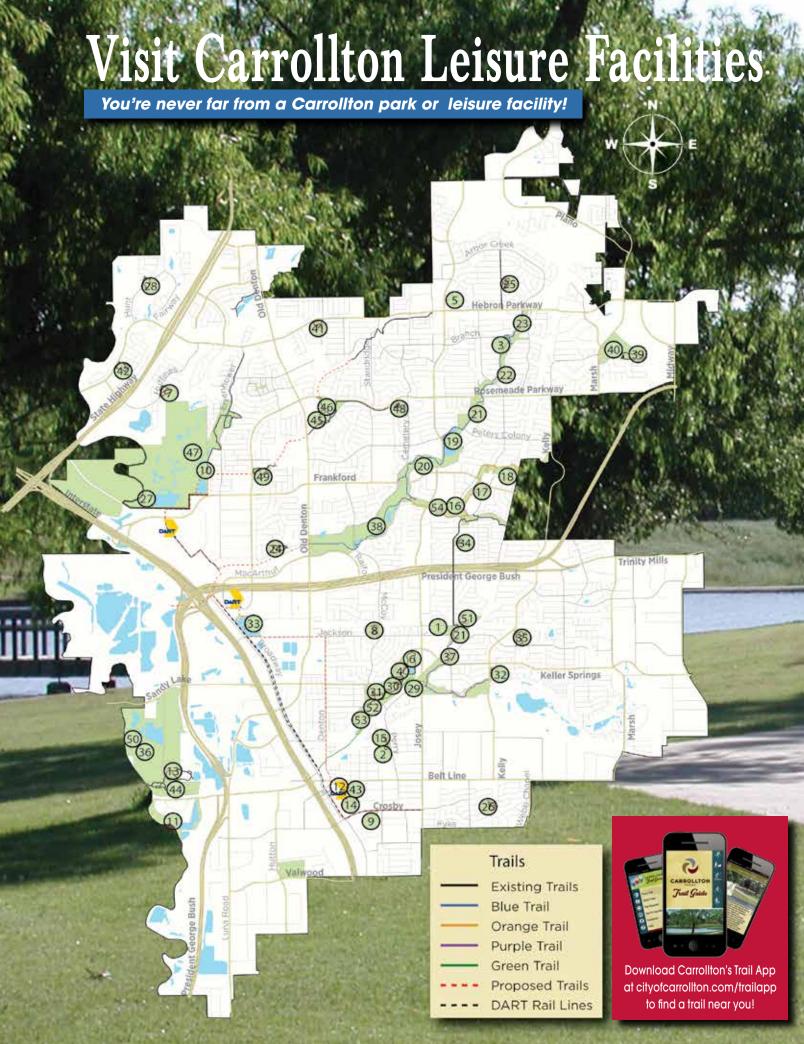
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AGE	DAY	TIME	SESSIONS
7-10	M	7-8:30pm	1, 2, 3
7-10	Tu	7-8:30pm	1, 2, 3
7-10	W	7-8:30pm	1, 2, 3
7-10	Th	7-8:30pm	1, 2, 3
7-10	Sa	10:30am-12pm	1, 2, 3

INSTRUCTIONAL PLAYER DEVELOPMENT

This is a great way to hit the ball, gain confidence, and begin learning skills to advance to higher-level play. After learning skills, players advance to junior development level. Sign up for one to three days per week. Beginner to Advanced-Beginner.

AGE	DAY	TIME	SESSIONS
11-18	M	7-8:30pm	1, 2, 3
11-18	Tu	7-8:30pm	1, 2, 3
11-18	W	7-8:30pm	1, 2, 3
11-18	Th	7-8:30pm	1, 2, 3
11-18	Sa	10:30am-12pm	1, 2, 3

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For voting dates, times, and locations, visit cityofcarrollton.com/elections or your County's election website.

Visite cityofcarrollton.com/elections o el sitio web de elecciones de su condado para los lugares, sitios y horarios de votación.

Collin County

Condado de Collin www.collincountytx.gov/elections

Dallas County

Condado de Dallas dallascountyvotes.org

Denton County

Condado de Denton votedenton.com

Moved to November 3, visit cityofcarrollton.com/elections for more info.

CALENDAR



May - August 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 31	25	26	27	28	29	30

May

- 4 Cinco De Mayo Celebration, Hebron & Josey Library, 972-466-4800
- 4 "May the 4th Be With You" Star Wars Event, Downtown Carrollton, 972-466-9135
- 9 Brookhaven Handbell Concert, Josey Ranch Lake Library, 972-466-4800
- 9 Mother's Day Concert & Picnic, Perry Museum, 972-466-6380
- 11 Metrocrest Community Job & Continuing Education Fair, Josey Ranch Lake Library, 972-466-4800
- 16 Chalk Art Festival, Mary Heads Carter Park, 972-466-9815
- 20 Public Works Open House & Equipment Rodeo, Josey Ranch Lake Library, 972-466-4291



June

- 4 & 5 Summer Reading Kickoff Parties for Teens, Tweens, and Families, Hebron & Josey Library, 972-466-4800
 - 1-6 Virtual Fishing Education Week, cityofcarrollton.com/events
 - 8 Summer Lunch & Snack Program Begins, Crosby and Rosemeade Recreation Centers, 972-466-9816
 - 13 World of Foodies Fest POSTPONED UNTIL SEPTEMBER
- 17-19 Virtual Father's Day Celebration, cityofcarrollton.com/events
 - 27 C-Con, Josey Ranch Lake Library, 972-466-4800

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

July

- 1 Parks & Recreation Month throughout the City, 972-466-9804
- 3 Fourth of July Concert, Senior Center, 972-466-4850
- 4 Community Fireworks Display POSTPONED UNTIL NOVEMBER
- 4 4th of July Holiday (visit cityofcarrollton.com for closure details)
- 11 Saturdays on the Square: Christmas in July, Downtown Carrollton, 972-466-9135
- 17 Swim-in Cinema: Zootopia, Rosemeade Rainforest, 972-466-9816

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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23 30	24 31	25	26	27	28	29

August

- 6 & 7 End of Summer Reading Program Finale Parties for Teens, Adults, and Youth (by invitation only), 972-466-4800
 - 8 Saturdays on the Square: Painting Class, Downtown Carrollton, 972-466-9135
 - 14 Summer Lunch & Snack Program Ends, Crosby & Rosemeade Recreation Centers, 972-466-9816
 - 21 Special Needs Swim Night, Rosemeade Rainforest, 972-466-9816







