

LEISURE

CONNECTIONS

January-April 2020



Register for Classes and Events Now!





Downtown Carrollton
SAT. MAR. 7 • 3-9 PM

music - food - craft beer - longhorn
See page 23 for more information





From the Parks & Recreation Director...

Welcome to the City of Carrollton's guide to family fun! *Leisure Connections* lists all the activities, classes, events, recreation, and good times to be found within this great City of ours. Spring into fun this season at one of the City's many events, such as TEXFest, Spring Blooms, and the Elm Fork Ladybug Release. Carrollton provides many opportunities to stay fit this winter and spring, so let this be the year to keep those New Year's resolutions. Join us indoors for the 2nd annual Adult Prom as the Crosby Recreation Center is transformed into a Mardi Gras masquerade experience. Dance the night away and enjoy hors d'oeuvres, a cash bar, and learn about all of the many different amenities that are offered through our recreation centers. After that, make sure to register for our Carrollton Trails 5K Run and 1-mile Fun Run/Walk. We love our trails and we know you will, too! Let's not forget about the animals this season either. Join in with the furry fun at Carrollton's 4th annual Run for Rover race this February. All proceeds from the race directly benefit the animals in Carrollton's Animal Services & Adoption Center. Don't forget Dog Movie Night at Saturdays on the Square in April, and be sure to pick up a Carrollton Pet Photo Calendar at any City facility location as another way to benefit the animals in our Adoption Center.

Scott Whitaker, Carrollton Parks & Recreation Director

On the cover...

Spring is blooming in Carrollton. On Saturday, April 18 from 5-7pm at the A.W. Perry Homestead Museum, bring the whole family for photo opportunities, old fashioned games, cookies and lemonade, and a craft for the little ones. A professional photographer will also be on-site to take photos amid the bluebonnets and wild flowers in the beautiful 10-acre setting of Pearl Perry Gravley Park. You must register by April 17. For more information, see page 8.



Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 25.

Non-resident registration begins December 9.

Classes begin January 2.

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Facilities

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Fitness

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Sports

Facility Listings



A.W. PERRY HOMESTEAD MUSEUM (AWP) (PAGE 8)

1509 N. Perry Road
972-466-6380
cityofcarrollton.com/museum
facebook.com/PerryHomesteadMuseum

For a group tour reservation,
call or visit online. Free admission.

Hours:
Tu-Th, Sa 11am-2pm
Holiday Hours:
Open 1/1, tours by
appointment only



CARROLLTON SENIOR CENTER (SRC) (PAGE 9)

Amenities: Three 9' Billiard Tables • Fitness Center • Wii Games
Big Screen TV • Variety of Table Games, Puzzles, & Books • Large
Day Room Area with Tables & Chairs • Free Wi-Fi

Outdoor Amenities: Pond with Walking
Track • Half Basketball Court • Corn Hole
1720 Keller Springs Road
972-466-4850
cityofcarrollton.com/seniorcenter

Hours:
M/W/F 7am-5pm
Tu 7am-7:30pm
Th 7am-9:30pm
Sa 9am-1pm
Su Closed
Holiday Hours:
Open 1/1, 10am-4pm



CROSBY RECREATION CENTER (CRC)

Amenities: Gymnasium • Weight/Cardio Room • Functional Fitness
Gym • Game Room/Snack Area • Public Computers • Video Games
Ping-Pong • Two Pool Tables • Board Games • Locker Rooms w/
Showers Pickleball • Outdoor Public Playground • Free Wi-Fi

1610 E. Crosby Road
972-466-9810
cityofcarrollton.com/crosby

Hours:
M-F 6am-9pm
Sa 9am-6pm
Su Closed
Holiday Hours:
Open 1/1, 10am-4pm



PARKS & RECREATION ADMINISTRATION

1610 E. Crosby Road
972-466-3080
cityofcarrollton.com/parksandrec

Event Hotline: 972-466-9135

Hours:
M-Th 7:30am-5:30pm
F 7:30-11:30am
Holiday Hours:
Closed 1/1

INDIAN CREEK GOLF CLUB (PAGE 34)

1650 W. Frankford Road
972-466-9850
indiancreekgolfclub.com
facebook.com/indiancreekgolfclub
instagram.com/indiancreekgolfclub_dfw
twitter.com/IndianCreek_gc

Hours:
M-Su Sunrise to Sunset
Holiday Hours:
Closed 12/25

Facility Listings



LIBRARY AT HEBRON & JOSEY (H&J) (PAGE 14)

4220 N. Josey Lane
 (at Hebron Parkway)
 972-466-4800
cityofcarrollton.com/library
facebook.com/carrolltonpubliclibrary
instagram.com/cplteenleague
pinterest.com/carrolltonlibrary
twitter.com/CarrolltonTxLib

Hours:
 Su 2-6pm
 M 10am-9pm
 Tu Noon-9pm
 W 10am-6pm
 Th Noon-9pm
 F Closed
 Sa 10am-6pm



LIBRARY AT JOSEY RANCH LAKE (JRL) (PAGE 14)

1700 Keller Springs Road
 (west of Josey Lane)
 972-466-4800
cityofcarrollton.com/library
facebook.com/carrolltonpubliclibrary
instagram.com/cplteenleague
pinterest.com/carrolltonlibrary
twitter.com/CarrolltonTxLib

Hours:
 Su 2-6pm
 M 10am-9pm
 Tu 10am-6pm
 W Noon-9pm
 Th Closed
 F 10am-6pm
 Sa 10am-6pm

Holiday Hours and Scheduled Closures for Both Library Locations:
 Closed 11/28-29, 12/24-25, 1/1, 2/7, 4/12 • Some holidays may affect hours open.



OAK CREEK TENNIS CENTER (OCTC) (PAGE 41)

2531 Oak Creek Drive
 972-466-6389
oakcreektenniscenter.com

Holiday Hours:
 Closed 1/1 & 4/12

Players should call 972-466-6389 (option 1) for the status of programs.

Winter Hours
 End February 9
 M-Th 9am-10pm
 F 9am-8pm
 Sa 8:30am-6pm
 Su 10am-7pm

Spring Hours
 Begin February 10
 M-Th 8:30am-10pm
 F 8:30am-8pm
 Sa 8:30am-6pm
 Su 10am-7pm

Courts may be closed due to inclement weather and/or lack of court demand.



ROSEMEADE RECREATION CENTER (RRC)

Amenities: Two Gymnasiums • Weight Room • Cardio Room • Spin Room
 Four Racquetball Courts • Game Room/Snack Area • Dance/Fitness
 Studio • Locker Rooms w/Showers • Video Games Pool Table • Ping-
 Pong • Board Games • Pickleball • Free Wi-Fi

1330 E. Rosemeade Parkway
 972-466-9800
cityofcarrollton.com/rosemeade

Hours:
 M-Th 5:30am-10pm
 F 5:30am-9pm
 Sa 9am-8pm
 Su Noon-8pm

Holiday Hours:
 Open 1/1, 10am-4pm
 Closed 4/12

SPORTS & LEAGUES

1330 E. Rosemeade Parkway
 972-466-9833
cityofcarrollton.com/athletics
facebook.com/carrolltonparks
twitter.com/carrolltonsport

Hours:
 M-F 8am-5pm
Holiday Hours:
 Closed 1/1

Rainout Line: 972-695-2355

Visit cityofcarrollton.com/parksandrec for special hours of operation and holiday notices.

Membership



MEMBERSHIP FEES

	Annual Resident/ Non-resident	3-month Resident/ Non-resident
Rosemeade and Crosby Recreation Centers: Membership also provides access to the Carrollton Senior Center for members age 50+.		
Senior 65+	\$35/\$60	\$18/\$28
Adult 16-64	\$95/\$143	\$40/\$56
Youth 9-15	\$32/\$56	\$15/\$24
Family/Group*	\$163/\$245	\$62/\$92
Additional Member	\$20	\$10

Replacement Card \$5

*Includes four members. All members must reside at the same address.

Active military members on leave can use any center for \$5 for the duration of their leave. Military leave orders must be shown.

Senior Center: This membership honored ONLY at the Carrollton Senior Center.

Senior 50-59	\$25/\$40	\$9/\$15
Senior 60-69	\$15/\$30	\$6/\$11
Senior 70+	\$10/\$25 (lifetime fee)	

Replacement Card \$5

Library: Card is free. Replacement card \$1

DAILY PASSES

	Resident	Non-resident
Rosemeade and Crosby Recreation Centers		
Senior 65+	\$4	\$7
Adult 16-64	\$7	\$10
Youth 9-15	\$4	\$7
Senior Center		
Senior 50+	\$2	\$5

REFUND POLICY

Refund policies may vary for different classes, sports, and events. Refer to the Parks & Recreation general information page on the website or see front desk staff at any facility for more information.

ACCESSIBILITY ACCOMMODATION REQUEST

The City of Carrollton is proud to comply with the Americans with Disabilities Act. We continuously strive to create an environment in which all participants, with or without disability, feel safe, secure, and without obstacle to participate in any City program or event. For assistance, call 972-466-4862 at least two weeks prior to the start of a program or event.

Adaptive programming and events can be found on page 26.

FINANCIAL ASSISTANCE FOR PROGRAMS AND MEMBERSHIPS

In an effort to stand by our mission, to "provide innovative, diverse, and quality recreation and leisure opportunities for everyone, while preserving City parks and natural resources," Carrollton Parks & Recreation provides financial assistance to qualifying residents for all Parks & Recreation memberships and program fees. Call 972-466-9813 for more information.

Facility Rentals

Looking for that perfect location for a party or a place to celebrate a special occasion? Look no further than the City of Carrollton. Ask about rental rates and book your next event close to home. cityofcarrollton.com/rentals



INDOOR FACILITIES

Facility room occupancy varies from a classroom of 15 to a ballroom of 700. Call or visit the website for detailed information.

Carrollton Senior Center*
972-466-9800 • 1720 Keller Springs Road
5 rooms ranging in capacity and a kitchen that may be added to any rental

Crosby Recreation Center*
972-466-9800 • 1610 E. Crosby Road
2 rooms ranging in capacity, 1 gymnasium, dance room, and a kitchen that may be added to any rental

Hebron & Josey Library
972-466-4800 • 4220 N. Josey Lane
3 rooms ranging in capacity

Indian Creek Golf Club Clubhouse*
972-466-9859 • 1650 W. Frankford Road
Provides a great view of the golf course

Josey Ranch Lake Library
972-466-4800 • 1700 Keller Springs Road
3 rooms ranging in capacity

Rosemeade Recreation Center
972-466-9800 • 1330 E. Rosemeade Parkway
3 classrooms ranging in capacity with one that includes a kitchen, 2 gymnasiums, and a dance room

OUTDOOR FACILITIES

Special Event Permit required for events with more than 50 people; call 972-466-9800.

A.W. Perry Homestead Museum* 100
972-466-6380 • 1509 N. Perry Road

Carrollton Amphitheater 1,500
972-466-3080 • 2035 E. Jackson Road

Historic Downtown Carrollton Gazebo* 50
972-466-3080 • 1106 S. Broadway Street

Indian Creek Golf Club Pavilion 100
972-466-9850 • 1650 W. Frankford Road
Provides a great view of the golf course

Pavilion at Mary Heads Carter Park 120
972-466-9800 • 2320 Heads Lane

Sports Fields Varies
972-466-3083 • (various locations)
(other fees such as field preparation and lighting may apply)

*Alcohol allowed with additional permitting

of People

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

Themed Birthday Parties

Carrollton has you covered. Check out our two-hour themed party package!

Celebrate your child's birthday at the Rosemeade Recreation Center, Crosby Recreation Center, or the A.W. Perry Homestead Museum. Location depends on space availability. You bring the guests, Carrollton Parks & Recreation does the rest. Party amenities include party host, one hour of organized activity, one hour for party festivities, paper goods, decorations, cake, lemonade, and a special gift for the birthday child. Payment for reservation is due in full including deposit. Reservations must be made no less than 30 days prior to the party and no more than 120 days from the event. Under 30 days from the event, the party will be subject to approval by the Recreation Coordinator. Within 24 business hours you will know the status of your request.

To schedule your next party with Carrollton Parks & Recreation, call 972-466-9804.

THEMES

ballerina • cars • dance party • Elmo
hoedown luau • Teenage Mutant Ninja Turtles
PAW Patrol Pirates • princess • Sesame Street
sports • superhero • Star Wars
toys and games • western • zoo animals

If you don't see the theme you want, let us know.

COST

Damages deposit \$50
1-10 children \$175
11-20 children \$200
21-30 children \$225
31-40 children \$250
40+ children \$275



A.W. Perry Homestead Museum

1509 N. Perry Road • 972-466-6380 • cityofcarrollton.com/museum

Open Tuesday through Thursday and Saturday • Tours at 11am and 1pm or by appointment

Free Admission

Located within beautiful Pearl Perry Gravley Park, the A.W. Perry Homestead Museum offers a glimpse of life as it was in North Central Texas at the turn of the 20th century. A.W. and Sarah Perry were pioneer homesteaders of the Peters Colony who arrived here in 1844 from Carrollton, Illinois. They built a house on the site in 1857. In 1909, their son Dewitt Perry and his wife Francis tore down the first house and used some of the lumber to build the present-day home. This structure is now the Museum, restored in 1976 as the community's U.S. Bicentennial celebration project and designated as a State Historic Landmark in 1977 by the Texas Historical Commission.

Also, visit the **NEW Milburn Gravley Gazebo**.



SCHOOL AND GROUP TOURS

The guided tour begins at the state historical marker and continues through the 1909 farmhouse with antique furnishings, where you will discover daily life as it was in Carrollton at the turn of the 20th century. School tours are aligned with the Texas Essential Knowledge and Skills (TEKS) standards for each grade level. To schedule a school or group tour, contact the Museum two weeks before your requested tour date. Group tours are free, but donations are accepted. Call 972-466-9811 to make a reservation or register online at cityofcarrollton.com/museum.



TRAVELING TRUNKS

The A.W. Perry Homestead Museum provides trunks to local schools as a FREE service. Each trunk contains hands-on artifacts for students to examine and an activity guide for teachers. All activities are TEKS-aligned according to state-mandated curriculum guidelines.

HISTORY MYSTERY TRUNKS are for grades three, four, and five. Students will uncover the past using artifacts, learn the basic principles of material culture, and observe and analyze objects in the trunk in order to discover their uses.

SCHOOL DAYS TRUNKS are for grades one, two, and three. Students will compare and contrast how education has changed over the past 150 years, try on pioneer clothing, and even imagine what it will be like to go to school in the future.

Call the A.W. Perry Homestead Museum today at 972-466-9811 to reserve a trunk for your class.



Spring Blooms

Saturday, April 18 • 5-7pm

Spring is blooming in Carrollton! Enjoy bluebonnets and other wildflowers at the A.W. Perry Homestead Museum, in the beautiful 10-acre setting of Pearl Perry Gravley Park. Bring the whole family for a leisurely afternoon of photo opportunities, old-fashioned games, cookies and lemonade, and a craft for the little ones. A professional photographer will be on-site to take photos with no sitting fee (one digital image per family). **Sitting times are limited and registration by 4/17 is required.** For more information, call 972-466-6382.

See page 24 for details.

Senior Center

1720 Keller Springs Road • 972-466-4850 • cityofcarrollton.com/seniorcenter

Senior Advisory Council

Meets first Tuesday • 11am

Jim Rogers - President

Jesse Alvarado - Vice President

Nancy Tiegreen - Secretary

Jean Litzler - Treasurer

Wanda Bell - Welfare Liaison

and

Celeste Doane, Dan Couch, Kevin Riley, and Charles Smith

VETERANS' STORIES

Preserve the memories of family and loved ones for all time. Our Veterans' Stories project keeps the recollections alive and shared with new generations. If you have stories, news clippings, or pictures about veterans and warriors that you would like to see preserved for our community, contact one of the Senior Advisory Council members to make an appointment to review documentation and photos that tell these amazing stories of friends and families. Photos and other documents may be reproduced, but all will be returned to you.

BOX TOPS FOR EDUCATION

Clip and save those official coupons from your favorite cereal boxes, zip lock food storage items, Paper Mate products, Reynolds cooking aids, cleaning products like Lysol, and many others. Find a complete list at boxtops4education.com/earn/participating-products. Check the expiration dates for continued validity. When amassed, these coupons are used to provide much needed supplies for area schools. Teachers and students truly appreciate this support.

METROCREST FOOD DRIVE

Make a New Year's resolution to champion the efforts of the Metrocrest Food Pantry through volunteer contributions of time and/or monetary support. The food drive is a year-round project that meets a continuous need in our community. Place your contribution in a specially marked container at the Carrollton Senior Center. They'll then be delivered to Metrocrest Services Food Pantry. If you are uncertain what types of items are the most desired, give the Food Pantry a call 972-446-2100 to speak with caseworkers about their needs.

ALL SENIOR PROGRAMS, EVENTS, AND CLASSES OFFERED ARE AT THE CARROLLTON SENIOR CENTER AND ARE ONLY FOR AGES 50+ UNLESS OTHERWISE NOTED. FREE ACTIVITIES REQUIRE A DAY PASS OR MEMBERSHIP TO THE SENIOR CENTER.

NEW MEMBER TOUR

Join us at the Senior Center and enjoy a tour of the facility with the purchase of a new membership. Tours are given by a member of the Senior Advisory Council, who can answer questions and show you everything our busy Senior Center has to offer. *Th (1/9, 2/13, 3/12, & 4/9), 11am.*

Seniors on Tour

Discover the exciting places Carrollton, Texas and the United States have to offer. Outings come with a lot of laughs, a stop for lunch, and occasionally an overnight stay. Trips are always escorted by a Parks & Recreation staff member.

GREAT LAKES & THE HOLLAND TULIP FESTIVAL

May 7-15 – Fly into the Windy City of Chicago, Illinois and enjoy a panoramic Chicago City tour before traveling to Holland, Michigan where rows and rows of tulips are blooming. Enjoy the celebration of Dutch life with a visit to the Veldheer Tulip Gardens to see more than 275 varieties of tulips and daffodils in a setting of windmills, drawbridges, and canals. Then it's off for a scenic motor coach tour of Mackinaw City and Mackinac Island and a two night stay. Enjoy a lunch at the famous Grand Hotel while on the island and a horse drawn carriage tour, free time will be available to explore the island on foot, by bicycle, or horse. Leave Mackinac Island by ferry and cruise to St. Ignace, and from there board a motor coach for a scenic ride through Michigan's Upper Peninsula, stopping in Green Bay, Wisconsin for a two night sightseeing stay. Also included is a scenic Upper Dells Boat cruise along the banks of the Wisconsin River.

Included is a roundtrip air fare, motor coach transportation, 13 meals, baggage handling, all sightseeing, and professional guide. The cost is \$2,945/person double occupancy residents and \$3,240/person double occupancy non-residents. Insurance, which is recommended, is an additional \$275. **Deposit of \$300 and insurance are due upon registration.**

DAY TRIPS

We will explore entertaining and educational sites in North Texas. Additional trip details will be posted at the Senior Center two weeks prior to the trip date. **Preregistration is required as space is limited. The Senior Center is not responsible for refunds for trips that are cancelled due to inclement weather when rescheduling is not available.**

CLASS #	TRIP	DATES	DAY	TIME	\$(RES/NR)
102020-01	Dallas World Aquarium	1/21	Tu	11am-4:30pm	\$19/\$21
102020-10	Reunion Tower/Lunch	2/18	Tu	9:45am-1pm	\$20/\$22
102020-20	Amon Carter Museum/Lunch	3/12	Th	9:15am-2pm	\$5/\$5.50
102020-31	WinStar World Casino	4/23	Th	9am-4:30pm	\$25/\$27.50

OUT TO LUNCH

Join us for a good time at a local restaurant. Lunch is on your own. There is a small fee of \$3 per resident/\$3.50 per non-resident for city transportation from the Senior Center to the restaurant. **Pre-registration is required by everyone attending so the restaurant will have an accurate head count.**

CLASS#	LOC	DATE	DAY	TIME
102010-00	Mi Cocina 110 W. Sandy Lake Road #112, Coppell	1/10	F	11am-1pm
102010-10	Kenny's Italian Kitchen 5100 Belt Line Road, Addison	2/14	F	11am-1pm
102010-20	Babe's Chicken Dinner House 1006 W. Main Street, Carrollton	3/13	F	11am-1pm
102010-30	Hard Eight Pit BBQ 688 Freeport Parkway, Coppell	4/10	F	11am-1pm

Senior Activities & Classes • 50+

MONDAY	TUESDAY	WEDNESDAY
7am Walking	7am Walking	7am Walking
9am Aerobics \$	8:30am FUNctional Fitness \$	9am Aerobics \$
9am Dominoes	9am Ceramics \$	9am Dominoes
9am Free Notary Service (1/6, 2/3, 3/2, & 4/6)	9am Dominoes	10am Book Club (1/8, 2/12, 3/11, & 4/8)
9:30am Knit & Crochet	9:30am B-12 Shots \$ (1/7, 2/4, 3/3, & 4/7)	10:15am Bingo (\$ for card)
10am Better Balance \$	10am Stretch \$	10:45am Hot Dog Wednesday \$ (1/8, 2/12, 3/11, & 4/8)
10am H&F Canasta	11am Blood Pressure & Sugar Screening (1/14, 2/11, 3/10, & 4/14)	12:15 Lunch and Learn (1/8, 1/22, 2/5, 2/19, 3/4, 3/18, 4/1, 4/22, & 4/29)
11am Aging Gracefully Yoga \$	11am Making Memoirs (1/21, 1/28, 2/4, 2/11, 2/18, 2/25, 3/17, 3/24, 3/31, 4/7, 4/14, & 4/21)	12:30pm AARP Safety Course \$ (2/12 & 4/8)
12pm Let's Chalk About It	12:30pm SKIP-BO	12:30pm Pinochle
1pm Movie Monday (1/20, 2/17, 3/16, & 4/20)	12:30pm Texas Hold `Em Tournament (1/28, 2/25, 3/31, & 4/28)	12:30pm Quilting Group (1/8, 2/12, 3/11, & 4/8)
1pm Ping-Pong	1pm Fun Chair Volleyball	1pm Adult Coloring (1/15, 2/19, 3/18, & 4/15)
1pm Texas Hold `Em Class (1/27, 2/24, 3/30, & 4/27)	1pm Ping-Pong	2:30pm ACT Drama Group
	1pm Team Chair Volleyball	
	3pm Reunion Hispania (1/21, 2/18, 3/17, & 4/21)	
	4pm Guitar Sessions	
5pm Closed		
LEGEND: \$ Fee required	7:30pm Closed	5pm Closed

Activities & Classes

AARP SAFETY COURSE

This class may qualify you for a reduction in your insurance, but will not remove traffic fines or violations. Payment to representative on the first day of class is \$15 for AARP members and \$20 for non-members. **Held every other month, W (2/12 & 4/8), 12:30-4:30pm.**

ACT DRAMA GROUP

This talented group continues to entertain us with their hilarious performances at the monthly luncheons. You don't have to have a particular talent to join, just a good sense of humor and desire to laugh! **Held weekly, W, 2:30-4pm.**

ADULT COLORING

Coloring may sound like a simple activity to ward off boredom, but it can actually improve your health. A research study found that adults 65 or older who engage in creative activities have better overall health, use less medication, and have fewer health problems. Each month a drawing is selected for Artist of the Month. The winner's creation is framed and hung in Dr. Nanda Bysani's USMD office in Carrollton. **All supplies are provided and no registration is required. Held monthly, W (1/15, 2/19, 3/18, & 4/15), 1pm.** Instructor: Vance

BINGO

Bingo is played weekly in the Roundup Room. Arrive by 10:15am. Payment is to be made to the event organizers. **Held weekly, W, 10:15am. \$1/card. No Bingo on 1/1.**

BOOK CLUB

Join us and enrich your reading experience with some lively discussion. **Book Club is led by volunteers.**

DATE	LOC	AGE	DAY	TIME	BOOK AND AUTHOR
1/8	SRC	50+	W	10am	<i>Red Bones</i> by Ann Cleeves
2/12	SRC	50+	W	10am	<i>The Lost Girls of Paris</i> by Pam Jenoff
3/11	SRC	50+	W	10am	<i>The Matriarch: Barbara Bush</i> by Susan Page
4/8	SRC	50+	W	10am	<i>Educated: A Memoir</i> by Tara Westover

CERAMICS

Students are supplied with clay to create their own pieces, but are also welcome to bring precast pieces to decorate and glaze. The instructor will teach participants how to clean, decorate, and glaze items. **Glazes, under glazes, and tools are provided in class for first time students and the instructor will provide a list of supplies needed for continuing students. All clay and firing are included in the fee.** Instructor: Cantlon

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152010-25	SRC	50+	1/7-1/28	Tu	9-11:30am	4	\$30/\$33
152010-33	SRC	50+	2/4-2/25	Tu	9-11:30am	4	\$30/\$33
152010-41	SRC	50+	3/3-3/31	Tu	9-11:30am	5	\$37.50/\$41.25
152010-49	SRC	50+	4/7-4/28	Tu	9-11:30am	4	\$30/\$33

FREE NOTARY SERVICE

Services are available to Senior Center members. **Held monthly, M (1/6, 2/3, 3/2, & 4/6), 9-10am.**

GUITAR SESSIONS

If you enjoy playing the guitar or want to learn, feel free to join. Bring your own guitar and enjoy playing different songs and learning new ones. **Held weekly, Tu, 4pm.**

REUNION HISPANIA

Una cena para nuestros juespedes que hablan esapañol. Traiga su comida favorita para compartir y participe en juegos. **Para participar de este evento, se requiere que sea mayor de 50 años y tener una membresía del Senior Center o un pase por el día. Celebrado mensualmente, Ma (1/21, 2/18, 3/17, y 4/21), 3pm.**

A dinner for our Spanish-speaking guests. Bring your favorite food to share and participate in games. **A Senior Center membership card or day pass is required to participate in this event. Held monthly, Tu (1/21, 2/18, 3/17, & 4/21), 3pm.**

SING-ALONG GROUP

Be a part of a group of seniors who love to sing. **Free with no registration required. Held twice monthly, F (1/3, 1/17, 2/7, 2/21, 3/6, 3/20, 4/3, & 4/17), 11am-12pm.**

TECHNOLOGY SATURDAY

This is a great opportunity to resolve your technology challenges and learn from others doing the same. Receive one-on-one assistance on a first-come, first-served basis on any portable device (cell phone, smartphone, tablet, laptop, reader, etc.) or any topic accessible via the device and the internet (email, social media, website maintenance, texting/tweeting, photography, application usage, installation and removal, etc.). **Reservations are recommended by calling Ed Sanders at 214-498-5353. Held Sa (1/4 & 3/7), 10am-1pm.**

TEXAS HOLD 'EM CLASS

Learn to play Texas Hold 'Em before participating in our monthly tournament. **Held monthly, M (1/27, 2/24, 3/30, & 4/27), 1pm.**

TEXAS HOLD 'EM TOURNAMENT

Seating at 12:30pm. Games begin at 1pm. The first 64 participants will be seated. **No registration required. Held monthly, Tu (1/28, 2/25, 3/31, & 4/28), 1pm.**



YOU CAN OIL PAINT A MASTERPIECE

Even if you have never held a paintbrush or cannot draw a straight line, you will be amazed at the beautiful painting you can create in one inspiring lesson. Beginners learn the basics of color mixing, brushstrokes, and perspective while completing a landscape, seascape, or still life in this fun and easy class taught by master artist and award-winning instructor Robert Garden. **All supplies including canvas, paint, brushes, medium, easel, detailed lesson plan, and instruction are provided and included in the cost of the class. Wear old clothes. For more information, visit robertgardenart.com. Deadline to register is four days before each class.** Instructor: Garden

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152090-25	SRC	50+	1/9	Th	9am-12pm	1	\$35/\$36.50
152090-33	SRC	50+	2/13	Th	9am-12pm	1	\$35/\$36.50
152090-41	SRC	50+	3/19	Th	9am-12pm	1	\$35/\$36.50
152090-49	SRC	50+	4/16	Th	9am-12pm	1	\$35/\$36.50

Food, Fun, & Fellowship

HOT DOG WEDNESDAY

Get a jumbo hot dog with all the fixin's prepared and served by your own Senior Advisory Council members. Cost is \$2 per person. **Held monthly, W (1/8, 2/12, 3/11, & 4/8), 10:45am-12pm. Age: All.**

LUNCH AND LEARN

Hear presentations from vendors on a variety of topics. Specific topics and presenters will be posted closer to the dates scheduled. Vendors may provide a light lunch. **Preregistration is appreciated to get an accurate head count.**

CLASS#	DATE	DAY	TIME
102001-01	1/8	W	12:15-1:15pm
102001-03	1/22	W	12:15-1:15pm
102001-10	2/5	W	12:15-1:15pm
102042-11	2/11	Tu	2:30-4pm
102001-12	2/19	W	12:15-1:15pm
102001-20	3/4	W	12:15-1:15pm
102001-22	3/18	W	12:15-1:15pm
102001-30	4/1	W	12:15-1:15pm
102001-32	4/22	W	12:15-1:15pm

MONTHLY LUNCHEON

Enjoy a delicious meal cooked in-house, an opportunity to socialize, enjoy a variety of activities, and entertainment. **Registration ends at 5pm on the Tuesday before the luncheon.**

CLASS#	THEME	DATE	DAY	TIME	\$(RES/NR)
102000-00	New Year's	1/16	Th	11am-1pm	\$6.50/\$7.25
102000-10	Valentine's Day	2/20	Th	11am-1pm	\$6.50/\$7.25
102000-30	Tap Dazzlers	3/19	Th	11am-1pm	\$6.50/\$7.25
102000-35	Theater Group	4/16	Th	11am-1pm	\$6.50/\$7.25

MOVIE MONDAY

Enjoy a free movie with refreshments. Due to the excitement of new releases, titles will not be available until one month prior and will be published on the facility calendar. **Held monthly, M (1/20, 2/17, 3/16, & 4/20), 1pm.**

POTLUCK THURSDAY

Potluck is an opportunity for you to prepare a dish to share with friends, try something new to eat, and have a fun evening out playing games. **Held monthly, Th (1/9, 2/13, 3/12, & 4/9), 5pm.**

DROP IN>> AEROBICS

This class is open to all participants regardless of athletic ability or coordination. The 60-minute workout is designed with warm up and aerobic moves followed by a stretching and cool down period. Regular participation offers benefits for your heart, lungs, muscles, and bones. The instructor incorporates basic choreography, ab work, and strength training. This is accomplished without weights or mats. Come ready to have fun, enjoy a variety of music, and feel rejuvenated when you leave. **Bring a water bottle. Purchase a 10-class Aerobics punch card for \$30 (res)/\$33 (non-res) or drop in for \$3.50 (res)/\$4 (non-res). Held weekly, M/W/F, 9-10am. No class 1/1.** Instructor: Hess-Reneau

DROP IN>> AGING GRACEFULLY YOGA

Increase your strength, flexibility, and balance with yoga. This class will relieve stress and tension, and is designed to accommodate older adults. Come experience yoga to feel energized and revitalized. **Purchase a 10-class Aging Gracefully Yoga punch card for \$30 (res)/\$33 (non-res) or drop in for \$3.50 (res)/\$4 (non-res). Held weekly, M/F, 11am-12pm.** Instructor: Guinn

B12 SHOTS

Cash or check payable to ProSalutem. **Held monthly, Tu (1/7, 2/4, 3/3, & 4/7), 9:30-10am. \$20.**

DROP IN>> BETTER BALANCE

Learn and maintain the skills necessary for optimal balance and fall prevention. Classwork includes exercises to stimulate your sense of balance and coordination by developing strength in the legs, hip, and back. Hand weights and chairs optional. Equipment for improving agility and coordination provided. **Purchase a 10-class Better Balance punch card for \$20 (res)/\$22 (non-res) or drop in for \$2.50 (res)/\$2.75 (non-res). Held weekly, M/Th, 10-11am.** Instructor: Sparenberg



BLOOD PRESSURE AND SUGAR SCREENING

Do you need to check your blood pressure or blood sugar? Visit the Senior Center for free blood pressure and blood sugar screenings; no appointment necessary. **Held monthly, Tu (1/14, 2/11, 3/10, & 4/14), 11am.**



DROP IN>> BOLLY X

Bolly X is a Bollywood-inspired dance fitness program that combines dynamic choreography with the hottest music from around the world. It's a 50-minute cardio workout that cycles between higher and lower intensity dance sequences to get you moving, sweating, and smiling. No dance experience needed. **Purchase a 5-class Bolly X punch card for \$15 (res)/ \$16.50 (non-res) or drop in for \$3.50 (res)/\$4 (non-res). Held weekly, F, 10-11am.** Instructor: Rao

DROP IN>> FUNCTIONAL FITNESS

Work your muscles in this class designed to build strength, add definition, increase bone density, and decrease body fat by building lean muscle. FUNCTIONal Fitness will improve your back health, posture, balance, flexibility, and muscular endurance. **Purchase a 10-class FUNCTIONal Fitness punch card for \$30 (res)/\$33 (non-res) or drop in for \$3.50 (res)/\$4 (non-res). Held weekly, Tu/Th, 8:30-9:30am.** Instructor: Sparenberg

DROP IN>> STRETCH

This chair-based class has its roots in yoga, and is designed specifically for participants who are unable to get up off the floor or stand/walk for long periods of time. You will leave class feeling stretched, strengthened, balanced, and relaxed. This class will challenge all fitness levels. **Purchase a 10-class Stretch punch card for \$20 (res)/\$22 (non-res) or drop in for \$2.50 (res)/\$2.75 (non-res). Held weekly, Tu/Th, 10-11am.** Instructor: Guinn

DROP IN>> TAI CHI - SEE PAGE 38

WEIGHT ROOM ORIENTATION - SEE PAGE 33

Carrollton Public Library

Free programs and events for all ages

PLEASE NOTE: Children eight years old and under must be accompanied by an adult.

HEBRON & JOSEY

4220 N. JOSEY LANE
(AT HEBRON PARKWAY)

Sunday	2-6pm
Monday	10am-9pm
Tuesday	Noon-9pm
Wednesday	10am-6pm
Thursday	Noon-9pm
Friday	Closed
Saturday	10am-6pm

Public computers • Self-check stations
Online databases and resources • Free Wi-Fi
Books, Magazines, CDs, DVDs, & newspapers
Materials in Spanish, Hindi, Korean,
Vietnamese, & more • Study rooms
Quiet reading lounges • Meeting spaces
Local history & genealogy
Language instruction resources
eBooks • Digital magazines

JOSEY RANCH LAKE

1700 KELLER SPRINGS ROAD
(WEST OF JOSEY LANE)

Sunday	2-6pm
Monday	10am-9pm
Tuesday	10am-6pm
Wednesday	Noon-9pm
Thursday	Closed
Friday	10am-6pm
Saturday	10am-6pm

Information: 972-466-4800 • cityofcarrollton.com/library
The Library Advisory Board meets quarterly at Josey Ranch Lake Library at 6:30pm.
Meetings are open to the public. See our website for scheduled meeting dates.

Preschool

No classes the week of Spring Break, March 9-13

Pick up the monthly Youth Services Calendar at either Library for the most up-to-date information.

EARLY LITERACY CLASSES

BABY TIME

These 20-minute sessions are designed for “pre-walkers” and a parent or caregiver. Interact with baby as you develop a love of language through rhymes and music. Stay afterward for baby play time and adult conversation. Siblings welcome.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	Pre-walkers	M	11am	Ongoing
Josey Ranch Lake	Pre-walkers	W	1:30pm	Ongoing

TODDLER TIME

Children and a parent or caregiver participate in early language learning through stories, songs, rhymes, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	1-3	M	10:15am	Ongoing
Josey Ranch Lake	1-3	M	10:15am	Ongoing
Hebron & Josey	1-3	W	10:15am	Ongoing

LIBROS Y AMIGOS/BOOKS AND FRIENDS

Participa en cuentas, canciones, juegos con los dedos, rimas de acción, y movimiento en español e inglés. Todos son bienvenidos, ya sea que sepa español o le gustaría aprender.

Participate in stories, songs, fingerplays, action rhymes, and movement in Spanish and English. Everyone is welcome – whether you know Spanish or would like to learn.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	Birth-5+	Tu	10:15am	Ongoing

PRE-K STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, action rhymes, and movement. Story times are designed to help children practice the skills needed to prepare for school.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	3-5+	M	11am	Ongoing
Josey Ranch Lake	3-5+	Tu	11am	Ongoing
Hebron & Josey	3-5+	W	11am	Ongoing

EVENING STORY TIME

Children and their families participate in stories, songs, fingerplays, action rhymes, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	Birth-5+	M	7pm	Ongoing

SATURDAY STORY TIME

Children and their families participate in stories, songs, fingerplays, action rhymes, and movement.

DATE	LIBRARY	AGE	DAY	TIME
1/11	Josey Ranch Lake	Birth-5+	Sa	10:30am
2/1	Hebron & Josey	Birth-5+	Sa	10:30am
2/8	Josey Ranch Lake	Birth-5+	Sa	10:30am
2/29	Hebron & Josey	Birth-5+	Sa	10:30am
3/7	Josey Ranch Lake	Birth-5+	Sa	10:30am
3/28	Hebron & Josey	Birth-5+	Sa	10:30am
4/4	Josey Ranch Lake	Birth-5+	Sa	10:30am
4/25	Hebron & Josey	Birth-5+	Sa	10:30am

SPECIAL EVENTS

STEM STORY TIME

This story time will involve a book-sharing and a hands-on STEM activity led by an engineer with a local, 3D printing and engineering technology company. *Attendance is limited and registration is required at carrolltonpl.libcal.com. Call 972-466-4800 for assistance.*

DATE	LIBRARY	AGE	DAY	TIME
1/20	Hebron & Josey	3-8	M	4-4:45pm
2/24	Hebron & Josey	3-8	M	4-4:45pm
3/16	Hebron & Josey	3-8	M	4-4:45pm
4/20	Hebron & Josey	3-8	M	4-4:45pm

FAMILY LITERACY NIGHT

Join us for a fun evening packed with books, games, art, and refreshments.

DATE	LIBRARY	AGE	DAY	TIME
2/24	Josey Ranch Lake	3-6	M	6:30pm



Family

FAMILY NIGHT

Children of all ages and their families bond through various challenges and activities done together.

DATE	LIBRARY	DAY	TIME	Activity
1/7	Hebron & Josey	Tu	6:30pm	Game Night
1/14	Hebron & Josey	Tu	6:30pm	STEAM Night
1/21	Hebron & Josey	Tu	6:30pm	Build It Night
1/28	Hebron & Josey	Tu	6:30pm	Story Night
2/4	Hebron & Josey	Tu	6:30pm	Game Night
2/11	Hebron & Josey	Tu	6:30pm	STEAM Night
2/18	Hebron & Josey	Tu	6:30pm	Build It Night
2/25	Hebron & Josey	Tu	6:30pm	Story Night
3/3	Hebron & Josey	Tu	6:30pm	Game Night
3/10	Hebron & Josey	Tu	6:30pm	STEAM Night
3/17	Hebron & Josey	Tu	6:30pm	Build It Night
3/24	Hebron & Josey	Tu	6:30pm	Story Night
3/31	Hebron & Josey	Tu	6:30pm	Movie Night: <i>The Secret World of Arrietty</i>
4/7	Hebron & Josey	Tu	6:30pm	Game Night
4/14	Hebron & Josey	Tu	6:30pm	STEAM Night
4/21	Hebron & Josey	Tu	6:30pm	Build It Night
4/28	Hebron & Josey	Tu	6:30pm	Story Night

NEW>> DÍA DE LOS NIÑOS/DÍA DE LOS LIBROS CHILDREN'S DAY/BOOK DAY

Celebrate children's literacy in all languages with a bilingual story time, crafts, and snacks. Enjoy the day together!

DATE	LIBRARY	DAY	TIME
4/30	Hebron & Josey	Th	7pm

You're Invited
**National Library Week
 Bookmark Contest
 March 1-31**

In celebration of National Library Week, we want YOU to create a bookmark that tells us why you love libraries, reading, and books. Winners will receive a prize, and their bookmark will be reproduced and distributed at both Library locations during National Library Week April 19-25. Entry forms will be available online and at both Library locations beginning March 1. Submit entries to either Library from March 1 to March 31.

Winners will be announced on April 20.

Kids

Ages 5-8

HOMESCHOOL BOOK CLUB

All are welcome to this book club designed for homeschool children. Children will break into small groups based on age (5-10 & 11+) for a mentor-led book theme discussion, followed by fun and educational STEAM activities.

DATE	LIBRARY	AGE	DAY	TIME	THEME
2/5	Hebron & Josey	5+	W	1:30-2:30pm	Biography
3/4	Hebron & Josey	5+	W	1:30-2:30pm	Career
4/1	Hebron & Josey	5+	W	1:30-2:30pm	Innovation

SUPER SATURDAY

Get out of the house and turn a regular Saturday into a SUPER SATURDAY with free entertainment.

DATE	LIBRARY	AGE	DAY	TIME
2/22	Hebron & Josey	5+	Sa	2pm
3/21	Hebron & Josey	5+	Sa	2pm
4/18	Hebron & Josey	5+	Sa	2pm

NEW>> MAKER LAB

Bring your child every Wednesday afternoon for some makerspace fun to help spark the imagination. Supplies to be used in free play will be provided. *See special times below during the week of Spring Break.*

LIBRARY	AGE	DAY	TIME
Josey Ranch Lake	5+	W	3:30-4:30pm

MAKER LAB - SPRING BREAK EDITION

DATE	LIBRARY	AGE	DAY	TIME
3/9	Hebron & Josey	5+	M	10am-12pm
3/10	Josey Ranch Lake	5+	T	10am-12pm
3/11	Hebron & Josey	5+	W	10am-12pm

SPRING BREAK STEAM FAIR

Let's close out Spring Break with a BANG at the third annual Spring Break STEAM Fair. Hands-on experiments will be provided by the University of Texas at Dallas, the Perot Museum, Schneider Electric, Metrocrest Amateur Radio Society, and GoEngineer.

DATE	LIBRARY	AGE	DAY	TIME
3/13	Josey Ranch Lake	5+	F	3:30-5:30pm

Tweens

Ages 9-12

TWEEN COUNCIL

Are you a hardworking and creative tween? Want to learn the ins and outs of how the Library works while gaining valuable leadership and planning skills? Earn volunteer hours by planning upcoming Library programs and making decisions about Library services for tweens like you. **Open to new members – no registration or application required. No meeting 3/12.**

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	9-12	Th	4:30pm	Ongoing*

TWEEN HANGOUT

What's more fun than building friendships and strengthening them with video games and board games? Come to the Library each week to enjoy a welcoming environment with like-minded tweens. Maker supplies will be available. Relax, create, have fun. ***Special times during school closures.**

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	9-12	M	5pm	Ongoing*
Hebron & Josey	9-12	Th	5pm	Ongoing*

SPECIAL TWEEN HANGOUTS

Need something exciting to do? Join us for some special tween hangouts. Check out the Library's monthly calendar and social media for details.

DATE	LIBRARY	Age	DAY	TIME
1/20	Josey Ranch Lake	9-12	M	3pm
2/14	Josey Ranch Lake	9-12	F	3pm
3/9	Josey Ranch Lake	9-12	M	3pm

Teens

Ages 13-18

TEEN ACTION COMMITTEE (TAC)

We need your ideas. Join other teens to plan upcoming Library programs and make decisions about Library services for teens like you. This is a fun way to earn volunteer credit. **Open to new members – no registration or application required.**

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	13-18	Th	6-7pm	Ongoing*

TEEN NIGHT

Make some art, play a game, or just hang out with other teens at this weekly program.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	13-18	Th	7-8pm	Ongoing

TEENS AFTER HOURS

All of the fun of Teen Night with the added benefit of taking over the Library after hours. **A signed waiver is required – available online and at the door.**

DATE	LIBRARY	AGE	DAY	TIME
3/6	Josey Ranch Lake	13-18	F	6:30-8:30pm

INSTAGRAM.COM/CPLTEENLEAGUE

Sir Reads-A-Lot!

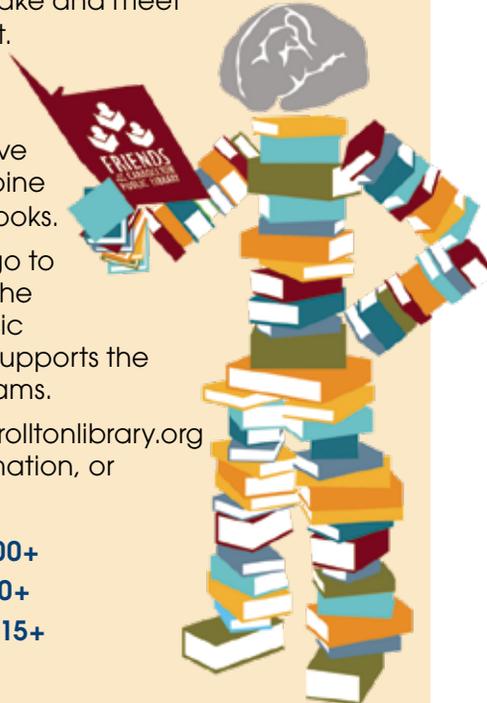
Visit the Carrollton Public Library at Josey Ranch Lake and meet Sir Reads-A-Lot.

Donate today to receive a commemorative plate on the spine of one of his books.

All donations go to the Friends of the Carrollton Public Library which supports the Library's programs.

Visit friendscarrolltonlibrary.org for more information, or to donate.

- Gold Level: \$100+**
- Silver Level: \$50+**
- Bronze Level: \$15+**



All Ages

HARRY POTTER YULE BALL

Attention Harry Potter fans of all ages. Join us for the Library's very own Yule Ball inspired by *Harry Potter and the Goblet of Fire*. In addition to the festive Yule Ball, complete with dancing and music, there will be Harry Potter-themed crafts, games, and a photo booth. Dressing up is encouraged.

DATE	LIBRARY	AGE	DAY	TIME
1/3	Josey Ranch Lake	All	F	6:30-9:30pm

CHINESE NEW YEAR CELEBRATION

The Carrollton Sun Ray Chinese School will be leading a variety of activities celebrating Chinese culture.

DATE	LIBRARY	AGE	DAY	TIME
1/26	Hebron & Josey	All	Su	3-5pm

AFRICAN-AMERICAN READ-IN

Bring the whole family. All are welcome to hear excerpts from stories, poems, and songs written by African-American authors. Special guests will read selections aloud for your enjoyment. Free books will be given to children and teens. This program is presented by Professional Achievers for Community Excellence (PACE). Light refreshments will be provided.

DATE	LIBRARY	AGE	DAY	TIME
2/9	Josey Ranch Lake	All	Su	4-5pm

Adult Programs

COMPUTER SKILLS

COMPUTER CLASSES

Need help with computers? Learn about computer basics, Excel, Word, coding, and LinkedIn. Classes are free. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	TOPIC	REG. BEGINS
1/11	JRL	Adults	Sa	10:30am-12pm	Word-Beginners	12/28
1/18	JRL	Adults	Sa	10:30am-12pm	Word-Intermediate	1/4
1/25	JRL	Adults	Sa	10:30am-12pm	Computer Basics	1/11
2/8	H&J	Adults	Sa	10:30am-12pm	Excel-Beginners	1/25
2/15	H&J	Adults	Sa	10:30am-12pm	Excel-Intermediate	2/1
2/22	H&J	Adults	Sa	10:30am-12pm	Coding-Beginners	2/8
4/11	H&J	Adults	Sa	10:30am-12pm	Word-Beginners	3/28
4/18	H&J	Adults	Sa	10:30am-12pm	Word-Intermediate	4/4
4/25	H&J	Adults	Sa	10:30am-12pm	LinkedIn-Beginners	4/11

CRAFT PROGRAMS

ARTISTIC CRAFTING 101

Learn the basics of a new craft or hobby with the Library's crafting series. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	CRAFT	REG. BEGINS
1/11	H&J	Adults	Sa	11am-1pm	Macramé	12/21
2/1	H&J	Adults	Sa	11am-1pm	Valentine's Day Cards	1/11
3/28	H&J	Adults	Sa	11am-1pm	Modular Origami	3/7
4/25	H&J	Adults	Sa	11am-1pm	String Art	4/4

WOMEN'S HISTORY CRAFTIVITY

In honor of Women's History Month, make a memory album about an important woman in your life. Bring photos, other memorabilia, and a lunch or snack to enjoy while you craft. All other supplies will be provided. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	REG. BEGINS
3/21	Josey Ranch Lake	Adults	Sa	11am-1pm	2/29

FINANCIAL LITERACY

HOMEBUYING WITHOUT STRESS

An engaging look into today's mortgage lending, and the critical details that you need to know when financing your new home, presented by Amanda Brown.

HOW MUCH MONEY DO I REALLY NEED?

Discover all the loan products that are available, and how they apply to your individual qualifications. Learn to navigate from Pre-Qualification to Closing like a pro.

DATE	LIBRARY	AGE	DAY	TIME
1/18	Hebron & Josey	Adults	Sa	2-3:30pm

STEP-BY-STEP TO YOUR NEW HOME

Take an interactive walk through the home buying process, understanding verbiage, and pitfalls to avoid.

DATE	LIBRARY	AGE	DAY	TIME
1/25	Hebron & Josey	Adults	Sa	2-3:30pm

TAX ASSISTANCE BY AARP

Volunteers with the American Association of Retired Persons (AARP) provide free tax return assistance. Bring identification, 2018 tax return, and all documents and information for 2019.

DATE	LIBRARY	AGE	DAY	TIME
1/31-4/10	Josey Ranch Lake	Adults	F	10am-4pm
2/3-2/10	Hebron & Josey	Adults	M	10am-5pm
3/9-4/13	Hebron & Josey	Adults	M	10am-5pm

FINANCIAL LITERACY SERIES

Many Americans are concerned about their financial debt, retirement shortfalls, financing, and fees from late payments, all of which can be managed once you know how. This series aims to help 20 and 30 somethings better manage their money and prepare for the future. Adults of all ages welcome.

BUDGETING

Learn how to live within a budget. Monitor your spending and get the most out of your money.

DATE	LIBRARY	AGE	DAY	TIME
4/2	Hebron & Josey	Adults	Th	6:30-8pm

SAVING & INVESTING FOR RETIREMENT

Learn important financial concepts, including the rule of 72, the three Ds of investing, the different types of investment/retirement accounts, and how taxes play a role in these accounts and impact your retirement income.

DATE	LIBRARY	AGE	DAY	TIME
4/9	Hebron & Josey	Adults	Th	6:30-8pm

PROTECTION

As a young adult, do I really need life insurance and a will? No matter the age, learn more about the role of life insurance and what legal documents are important when planning for your or your parents' future.

DATE	LIBRARY	AGE	DAY	TIME
4/16	Hebron & Josey	Adults	Th	6:30-8pm

FUN AND GAMES AT THE LIBRARY

GAME ON!

Board games are so much more than the Chutes and Ladders or Monopoly of childhood. Come and check out new and trendy games. Whether you're looking for a game to test your strategy or social deduction skills, or just looking for a social trivia game, the Library has you covered. Feel free to bring games to share with others. **No registration is required.**

DATE	LIBRARY	AGE	DAY	TIME
1/18	Hebron & Josey	Adults	Sa	2-5:30pm
2/15	Hebron & Josey	Adults	Sa	2-5:30pm
3/14	Hebron & Josey	Adults	Sa	2-5:30pm
4/11	Hebron & Josey	Adults	Sa	2-5:30pm



To book a study room, register for a class, or sign up for an event, visit carrolltonpl.libcal.com or call the Library at 972-466-4800 for assistance.

GENEALOGY

BEGINNING GENEALOGY

Looking to find lost relatives? Join other genealogy enthusiasts and learn the best methods and resources for searching and keeping records. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	ROOM	REG. BEGINS
1/7	Josey Ranch Lake	Adults	Tu	10am-12pm	Env. Room	12/23
1/21	Hebron & Josey	Adults	Tu	7-9pm	Meeting Room 2	1/7

DNA TESTS AND GENEALOGY

DNA kits are being sold by the dozen, but what do all the numbers and percentages really mean? Information is presented in two parts. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

Part 1 will cover the tests and what to expect from the tests and how to interpret the results.

DATE	LIBRARY	AGE	DAY	TIME	ROOM	REG. BEGINS
2/4	Josey Ranch Lake	Adults	Tu	10am-12pm	Env. Room	1/21
4/7	Hebron & Josey	Adults	Tu	7-9pm	Meeting Room 2	3/24

Part 2 is designed to help participants understand their specific tests and any matches in national databases.

DATE	LIBRARY	AGE	DAY	TIME	ROOM	REG. BEGINS
2/18	Josey Ranch Lake	Adults	Tu	10am-12pm	Elec. Classroom	2/4
4/14	Hebron & Josey	Adults	Tu	7-9pm	Elec. Classroom	3/31

FINDING FEMALE ANCESTORS

Finding a woman ancestor on a family tree can often be elusive, sometimes only labeled as "Mrs. Somebody." It is not an impossible quest. In honor of Women's History Month and the Centennial of Women's Suffrage, the Library is hosting a presentation of the best sources for identifying female relatives by name and discovering the mark they left behind. Session at Hebron & Josey Library is a repeat of the session at Josey Ranch Lake Library. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	ROOM	REG. BEGINS
3/17	Josey Ranch Lake	Adults	Tu	10am-12pm	Env. Room	3/3
3/31	Hebron & Josey	Adults	Tu	7-9pm	Story Time Room	3/17

GENEALOGY WORKDAY

Always wanted to explore your family history? Bring the bits and pieces you have found and questions on how to conduct a search. Spend the time getting things under control and learn from each other's experiences. Charts, forms, Wi-Fi, and lots of table space for spreading out your findings will be provided. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME	ROOM	REG. BEGINS
4/7	Josey Ranch Lake	Adults	Tu	10am-12pm	Meeting Room	3/24

HEALTH AND WELLNESS

MEDICARE

Do you have questions about Medicare and its parts? Listen and learn about Medicare supplemental coverage vs. Medicare Advantage plans, Medicare prescription drug plans, and other pertinent information needed.

DATE	LIBRARY	AGE	DAY	TIME
3/14	Hebron & Josey	Adults	Sa	10:30am

LEGAL PROGRAMS

ELDER LAW

This program will provide information about Estate Planning and Elder Law for Seniors and their caregivers. A panel of attorneys from the Dallas Association of Young Lawyers will explain how a will is admitted into probate and how the courts handle estates if a loved one does not have a will. The importance of having living documents including powers of attorney and advanced medical directives will also be covered and a question and answer session will follow.

DATE	LIBRARY	AGE	DAY	TIME
1/11	Josey Ranch Lake	Adults	Sa	2-3pm

ASK-A-LAWYER

Several licensed attorneys from the Dallas Association of Young Lawyers will offer free guidance and recommendations to basic questions about divorce, child custody, landlord-tenant disputes, wills, estate planning, contracts, and more. There is no eligibility screening and no personal information will be collected. Attendees will be seen on a first-come, first-served basis.

DATE	LIBRARY	AGE	DAY	TIME
2/6	Hebron & Josey	Adults	Th	7-8:30pm

SMALL BUSINESS & EMPLOYMENT

WEBSITE AND DIGITAL MARKETING FOR SMALL BUSINESS: AN INTRODUCTION

Discover the five secrets to effectively market your products and services online in order to get customers from the local market and keep them over the long term. Topics include: Google search, being mobile friendly, social media best practices, online reputation awareness, and website design/functionality. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME
1/28	Hebron & Josey	Adults	Tu	7pm

RESUME WRITING

Discover best practices, ins & outs, tips & tricks of resume writing, whether you're starting a first one or reviewing an old one. Bring a copy of your resume if you have one. Templates for creating a resume will also be provided. **Register at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME
4/8	Josey Ranch Lake	Adults	W	7-8pm

JOB INTERVIEWING TIPS

Enter your next job interview with confidence after learning best practices, ins & outs, and tips & tricks of this significant portion of the job search process. Basic questions and answers will be given to help you practice before your next interview. **Register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance.**

DATE	LIBRARY	AGE	DAY	TIME
4/15	Josey Ranch Lake	Adults	W	7-8pm

Visit Josey Ranch Lake Library
for upcoming
English as a Second Language (ESL)
offerings in early 2020.

BOOK A LIBRARIAN!

Need some research assistance?

Schedule a 30-minute session with a professional librarian. Get search tips and resource guidance from an expert. Book an appointment at cityofcarrollton.com/bookalibrarian or call 972-466-4800 for assistance.

SCORE MENTOR SESSIONS

SMALL BUSINESS GUIDANCE – FREE!

SCORE has been mentoring new and existing businesses for over 40 years and has a network of over 13,000 volunteers who donate their time to help entrepreneurs. As highly successful and experienced business professionals and entrepreneurs, SCORE mentors deliver valuable, timely, and practical advice. Whether you are a start-up or an existing business, SCORE mentors will help you and your business open new markets, reach new customers, and achieve new goals. SCORE mentors will help you start and grow your business through free and confidential business advice online and in person. Appointments are one hour and held at the Josey Ranch Lake Library. Visit dallas.score.org or call 214-987-9491 to schedule a time to meet with a SCORE volunteer about your business.

Women's History Month

CELEBRATE 100 YEARS OF WOMEN'S SUFFRAGE IN THE UNITED STATES

The ratification of the Nineteenth Amendment in 1920 ended the women's suffrage movement and represented a great victory for American women in their quest for the right to vote as citizens of the United States. All ages are invited for activities recognizing this historic anniversary. Make a sash, fill in a commemorative coloring sheet, and pose for a memorable photo opportunity. Learn about the Carrollton Women's Club, also celebrating 100 years.

DATE	LIBRARY	AGE	DAY	TIME
3/7	Josey Ranch Lake	All	Sa	10am-1pm

SPECIAL EXHIBIT – CITIZENS AT LAST: THE WOMAN SUFFRAGE MOVEMENT IN TEXAS

Explore a photographic view of history throughout March in an exhibition created by the Woman's Collection of Texas Woman's University Library and produced by Humanities Texas, the state affiliate of the National Endowment for the Humanities. "Citizens at Last" uses archival photographs, newspaper clippings, cartoons, cards and texts to present the 27-year campaign for votes in Texas. Provided by Friends of the Carrollton Public Library.

SUPER WOMEN! BIO BOOKTALKS

Hear about library books featuring fascinating women and bring titles to suggest.

DATE	LIBRARY	AGE	DAY	TIME
3/16	Hebron & Josey	Adult	M	7-8:30pm

WOMEN'S HISTORY CRAFTIVITY – SEE PAGE 17
FINDING FEMALE ANCESTORS – SEE PAGE 18

Special Events

Friends of the Carrollton Public Library Book Sale

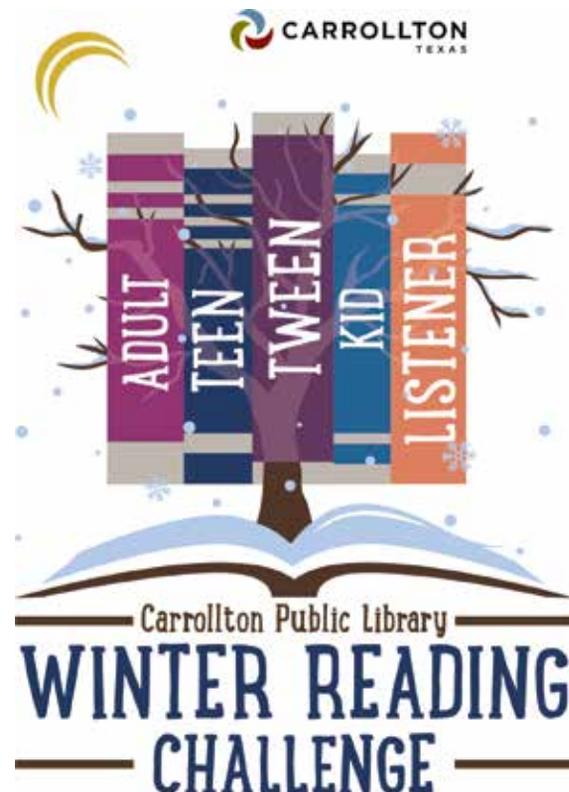
Wednesday, April 1 • 6:30-8:30pm
(members only)
Friday, April 3 • 10am-6pm
Saturday, April 4 • 10am-6pm



Winter Reading Challenge

January 1- March 1
Both Libraries

Readers of all ages can engage in a new reading challenge during those slow winter months when a good book can mean taking part in an adventure without leaving the comfort of a cozy chair. Participants will be divided into age groups; a small prize will be given for completing goals; and, entries will be given for one drawing per age-group at the end of the challenge. Register at carrolltonlibrary.readsquared.com beginning Sunday, December 1.



Community Events

Saturdays on the Square

Second Saturday of the month*

All events are free

Downtown Carrollton
1106 S. Broadway Street

March

Saturday, March 14 • 6-8pm

Karaoke Night

It's your time to show off your skills on the Downtown Gazebo stage. Pick a tune, grab the mic, and let the music do the rest!

April 11

Saturday, April 11 • Sunset

Dog Movie Night:

The Secret Life of Pets 2 (2019), PG

Max the terrier encounters canine-intolerant cows, hostile foxes, and a scary turkey when he visits the countryside. Luckily for Max, he soon catches a break when he meets Rooster, a gruff farm dog who tries to cure the lovable pooch of his neuroses. Get to the movie early to visit with the Carrollton Animal Services & Adoption Center staff for information on how to keep your pets healthy and safe. Free pet microchipping will be available on site, limited to first 100 animals, and vaccinations start at \$5. Don't forget your lawn chairs and blankets!

**No events in January and February due to winter weather*

For more information or to see all Downtown events, visit cityofcarrollton.com/downtown.



Harry Potter Yule Ball

Friday, January 3 • 6:30-9:30pm • Free
Josey Ranch Lake Library
1700 Keller Springs Road

Attention Harry Potter fans of all ages. Join us for our very own Yule Ball inspired by *Harry Potter and the Goblet of Fire*. In addition to the festive Yule Ball, complete with dancing and music, there will be Harry Potter-themed crafts, activities, a photo booth, and a costume contest. Dressing up is encouraged. For more information, visit cityofcarrollton.com/library.



23rd Annual Martin Luther King Jr. Day Parade

Saturday, January 18 • 10am • Free

Come celebrate Martin Luther King Jr. Day by watching a memorial parade through the streets of Carrollton. The parade will begin on Rainwater Lane (behind Carrollton City Hall) and proceed west to Josey Lane; south on Josey Lane to Keller Springs Road; east on Keller Springs Road to Kelly Boulevard; and south on Kelly Boulevard to end at Ted Polk Middle School (2001 Kelly Boulevard).

The parade is sponsored by Christ Community Connection, Inc. in partnership with the City of Carrollton. Call 972-242-0933 for more information.





Adult Prom Mardi Gras

Saturday, January 18 • 7:30-11pm
Age 21+ • Couples: \$40, Singles: \$30
Crosby Recreation Center
1610 E. Crosby Road

Grab your significant other or all your friends and head to the prom as the Trinity Room is transformed into a Mardi Gras masquerade. Dress in your best Mardi Gras attire and mask, enjoy hors d'oeuvres, and dance the night away. A cash bar with beer and wine will be available. Plus, no prom would be complete without crowning prom king and queen. Prom court will be decided by an epic dance battle. So, bring your best dance moves. *Preregistration is required at cityofcarrollton.com/signupnow or by coming into one of the recreation centers. For more information, call 972-466-9804.*

FREE



Chinese New Year Celebration

Sunday, January 26 • 3-5pm • Free
Hebron & Josey Library
4220 N. Josey Lane

Students from Carrollton Sun Ray Chinese School will lead attendees in a variety of activities celebrating Chinese culture. Join us in welcoming 2020, the Year of the Rat and the first sign of the Chinese zodiac.

FREE



African-American Read-In

Sunday, February 9 • 4-5pm • Free
Josey Ranch Lake Library
1700 Keller Springs Road

Bring the whole family! All are welcome to hear excerpts from stories, poems, and songs written by African-American authors. Special guests will read selections aloud for your enjoyment. Free books will be given to children and teens. This program is presented by Professional Achievers for Community Excellence (PACE). Light refreshments will be provided.

Facilities

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Community

Education

The Arts

Fitness

Aquatics

Sports



14th Annual CPOA Daddy Daughter Dance

Saturday, February 22 • 6-9pm
Bent Tree Bible Fellowship Church
4141 International Parkway

The Carrollton Police Officers Association (CPOA) presents the 14th Annual Daddy Daughter Dance. Fathers, come dance the night away with your little angel. Join us for a lively dance party with cookies, punch, crafts, games, prizes, and photo opportunities. Preregistration cost will be \$25 total for daddy and daughter (plus \$10 for each additional daughter). Registration at the event will cost \$30 for daddy and daughter (plus \$15 for each additional daughter). Proceeds benefit the CPOA.

For more information and to register, call 972-466-3031 or visit cityofcarrollton.com/daddydaughterdance. **Sorry, no moms or sons allowed.**



Run for Rover:

Benefiting Carrollton Animal Services

Saturday, February 29 • 8:30am
McInnish Dog Park & Sports Complex
2241 Sandy Lake Road

Race Day Registration & Warm-up: 7:30-8:15am

5K Run: 8:30am

1-Mile Fun Run/Walk: 8:35am

Awards Ceremony: 9:30am

Preregistration by 2/24: \$35

Race Day Registration 2/29: \$45

Packet Pick up: **February 28 • 8am-8pm**

Rosemeade Recreation Center, 1330 E. Rosemeade Parkway

Note: The 1-Mile Fun Run/Walk is not a timed event and no awards will be given out. **If you register by 2/24 5K runners are guaranteed a race T-shirt, race bag, and timing chip.** Any changes made to a registration after 2/24 will incur a \$5 change fee.

Lace up your sneakers and sign up for a 5K benefiting the Carrollton Animal Services & Adoption Center. The race will start at the McInnish Dog Park and will route through the McInnish Sports Complex for a full 5K. A shorter 1-Mile Fun Run/Walk route will also be offered. Don't have a dog? Your new best friend is waiting for you at the Adoption Center.

If you want to support Carrollton Animal Services & Adoption Center, but do not want to participate in the event, donations of Dog Chow, Cat Chow, kitty litter, cleaning supplies, etc. will be accepted at all three recreation facilities. For a complete list of items to donate, call 972-466-3420.

Awards will be given for overall male and female runners and the top three finishers in each age category of the 5K competitive run (10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over).

There will be plenty of play time, treats, giveaways, and refreshments after the run. For more information, visit cityofcarrollton.com/runforrover or call 972-466-9816.



Facilities

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The Arts

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Aquatics

Sports



Citizens' Evening

Wednesday, March 4 • 6-8:30pm • Free
Carrollton Senior Center

Texas Ballroom
1720 Keller Springs Road

Join us for the State of the City address presented by Mayor Kevin Falconer at Citizens' Evening. Meet and mingle with friends and neighbors, learn about Carrollton's services, volunteer opportunities, how to build stronger neighborhood associations, and find out what it takes to develop a successful neighborhood or community action partnership with the City. *Hosted by the City of Carrollton with the Neighborhood Advisory Commission (NAC).*

TEXFest

Saturday, March 7 • 3-9pm • Free
Downtown Carrollton
1106 S. Broadway Street

Carrollton is proud to announce the return of TEXFest, a beer festival honoring Texas Independence Day. In its fifth year, TEXFest is once again bringing live Texas music, local craft beer vendors, and a mouthwatering food village to the heart of Downtown Carrollton. Come out for memorable photo opportunities, a beer garden, and a ride on a mechanical bull! Bring your boots and your buckles for a Texas-sized good time in Carrollton. For more information, visit cityofcarrollton.com/textfest.

\$5 Rabies Vaccinations

Saturday, March 21 • 10am-noon
Animal Services & Adoption Center
2247 Sandy Lake Road

This event will include \$5 rabies vaccinations, free City registration with proof of rabies vaccination for Carrollton residents, hot dogs, pretzels, drinks, a bounce house, and wildlife information. Carrollton animal owners must register their pets with the City each year. Since proof of rabies vaccination is required with registration, it is convenient to register with the City when animals receive their shots. Identification, convenience, and savings all come with a pet's City registration tag. A current City tag clearly shows the public that a pet has been vaccinated against rabies. Registered pets may also be more quickly reunited with their owners if lost. For more information, call Carrollton Animal Services & Adoption Center at 972-466-3420 or visit cityofcarrollton.com/animalservices.

Facilities

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Elm Fork Ladybug Release

Saturday, March 28 • 7pm • Free

Elm Fork Nature Preserve, 2335 Sandy Lake Road

Learn the importance of insects, animals, and even how weather affects our environment. There will be plenty of activities for everyone including crafts and games. Join a master naturalist on a guided trail hike through the Elm Fork Nature Preserve. At twilight, we will hold our annual ladybug release. Come be a part of making Carrollton a great place to live as we continue to raise environmental awareness. **Wear closed-toe shoes and long pants.**



Friends of the Carrollton Public Library Book Sale

Wednesday, April 1 • 6:30-8:30pm (members only)

Friday, April 3 • 10am-6pm

Saturday, April 4 • 10am-6pm

Josey Ranch Lake Library, 1700 Keller Springs Road

Stop by the Josey Ranch Lake Library during the Friends of the Carrollton Public Library Book Sale. Donated adult and children's books, movies, and music will be available for purchase. Cash, checks, and credit cards are accepted. **All proceeds benefit the Friends of the Carrollton Public Library to fund Library programming.** Visit friendscarrolltonlibrary.org for more information.



Spring Blooms

Saturday, April 18 • 5-7pm

\$10 resident/\$12 non-resident

A.W. Perry Homestead Museum

1509 N. Perry Road

Spring is blooming in Carrollton! Enjoy bluebonnets and other wildflowers at the A.W. Perry Homestead Museum, in the beautiful 10-acre setting of Pearl Perry Gravley Park. Bring the whole family for a leisurely afternoon of photo opportunities, old-fashioned games, cookies and lemonade, and a craft for the little ones. A professional photographer will be on-site to take photos with no sitting fee (one digital image per family). **Sitting times are limited and registration by 4/17 is required.** For more information, call 972-466-6382.

CLASS #	TIME	\$(RES/NR)
113201-24	5-5:30pm	\$10/\$12
113201-25	5:30-6pm	\$10/\$12
113201-26	6-6:30pm	\$10/\$12
113201-27	6:30-7pm	\$10/\$12

Carrollton Trails 5K Run/1-Mile Fun Run/Walk

Saturday, April 25 • 8am
Parking at Creekview High School
3201 Old Denton Road

(Participants will be bused to the starting line along Carrollton's Blue Trail and bused from the finish line back to Creekview High School)

Race Day Registration & Warm-up:	7-7:45am
5K Run:	8am
1-Mile Fun Run/Walk:	8:30am
Awards Ceremony:	9am

Preregistration by 4/20

	Preregistration by 4/20	Race Day Registration
1-mile	\$15	\$25
Individual	\$25	\$35
Family*	\$60	\$65

Packet Pickup: April 23-24 • 8am-8pm

Rosemeade Recreation Center
1330 E. Rosemeade Parkway

Note: The 1-Mile Fun Run/Walk is not a timed event and no awards will be given out. **5K runners who register by 4/20 are guaranteed a race T-shirt, race bag, and timing chip.** Any changes made to a registration after 4/20 will incur a \$5 change fee.

***Maximum of six people from the same household participating in the same race.**

Enjoy this race as you run through one of Carrollton's best assets, the hike and bike trails. Dogs are welcome, but you are not required to register them for the event. Refreshments will be provided at the end of the race for all participants. Awards will be given for overall male and female runners and the top three finishers in each age category of the 5K competitive run (10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over). For more information, visit cityofcarrollton.com/carrolltontrails5k or call 972-466-9816.



Adaptive Recreation

ARCHERY

Join us for archery at Carrollton's new adaptive baseball field #6. Bring your family and friends for a fun night out for people of all abilities. The city provides all of the equipment or you can bring your own from home. **Registration ends the Friday prior by 1pm.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
236001-20	JRSC-F6	6+	3/25	M	6-7pm	1	\$10/\$11
236001-30	JRSC-F6	6+	4/1	M	6-7pm	1	\$10/\$11
236001-31	JRSC-F6	6+	4/8	M	6-7pm	1	\$10/\$11
236001-32	JRSC-F6	6+	4/15	M	6-7pm	1	\$10/\$11

Adaptive Baseball Field #6

The City of Carrollton is proud to introduce our fully accessible baseball field for use by individuals who experience physical or developmental disabilities. Field #6 has a reduced distance to the fence, shorter base paths, wider gate openings, and wheelchair and walker friendly AstroTurf. The field is available for rent to groups interested in baseball, softball, kickball, or just a great field day. For more information, call 972-466-4862.



BEYOND KARATE

Beyond Karate is a Martial Arts School open to students of all abilities. Classes are designed for students with intellectual and developmental disabilities. Siblings are welcome to join the class. Students will learn hand strikes, kicks, blocks, katas (sequence of Karate moves), build physical strength, improve discipline, enhance self-confidence, and improve social skills. **Karate uniforms will be available for purchase, but are not required. Belt promotion fee is applicable upon student's advancement for a belt test.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160001-00	RRC	6-12	1/6-1/27	M	5-6pm	4	\$85/\$93.50
160001-10	RRC	6-12	2/3-2/24	M	5-6pm	4	\$85/\$93.50
160001-20	RRC	6-12	3/2-3/30	M	5-6pm	5	\$106.25/\$117
160001-30	RRC	6-12	4/6-4/27	M	5-6pm	4	\$85/\$93.50
160002-00	RRC	13+	1/6-1/27	M	6-7pm	4	\$85/\$93.50
160002-10	RRC	13+	2/3-2/24	M	6-7pm	4	\$85/\$93.50
160002-20	RRC	13+	3/2-3/30	M	6-7pm	5	\$106.25/\$117
160002-30	RRC	13+	4/6-4/27	M	6-7pm	4	\$85/\$93.50



REC OUT!

Rec Out! is a chance for adults of varying abilities to get together and have fun. Participants meet at Crosby Recreation Center for games and activities, then set off in our Carrollton City vehicle for lunch and an adventure in the community. The bus is equipped with a wheelchair platform lift. This is an opportunity to practice life, social, and communication skills, and develop friendships. **Space is limited to eight participants maximum. Participants will need to bring money for lunch.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
120001-10	CRC	18+	2/11	Tu	10:30am-3:15pm	\$20/\$22
120001-30	CRC	18+	4/14	Tu	10:30am-3:15pm	\$20/\$22

SENSORY FRIENDLY MOVIE NIGHT

This is a movie night for individuals with special needs and their families. Enjoy family movies in a welcoming and inclusive environment where the volume is lowered, the lights are raised, and moviegoers are welcome to move around, sing, and dance.

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
122001-10	SRC	All	2/26	W	5:30-7:30pm	Free
122001-30	SRC	All	4/29	W	5:30-7:30pm	Free

SPECIAL NEEDS SPRING FLING DANCE

Join us for a fun night of dancing. There will be a DJ spinning the tunes, snacks and games. Friends, family, and caregivers are all invited to the party. **All attending must preregister by 3/20.**

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
122001-20	CRC	18+	3/27	F	6:30-9:30pm	\$13/\$14.50

SPRING TRAINING CAMP DAY

Come out to Carrollton's new adaptive baseball field #6 for a free half-day adaptive training camp. Different sports, games, and activities will be highlighted for individuals of all abilities. Family and friends are welcome to join in the fun. Snacks and water provided. **Register by 4/15.**

CLASS #	LOC	AGE	DATE	DAY	TIME	#CLSS	\$(RES/NR)
236001-00	JRSC-F6	6+	4/18	Sa	10am-12:30pm	1	Free

CPR/AED & Basic First Aid

Sudden cardiac arrest is often a survivable event, but usually only with bystander intervention prior to EMS arrival. Carrollton Fire Rescue (CFR) teaches these skills and would like to see everyone trained in CPR/AED. Take a few hours to get trained and help save a life when every second counts.

The City of Carrollton encourages local businesses to schedule on-site training courses with CFR to establish what could be a safer environment should a cardiac episode occur in the workplace. For more information or to schedule a workplace training, call 972-466-4901. Instructor: Carrollton Fire Rescue

CPR/AED

This class is designed for those who do not need a specific nationally-accredited course completion card (such as American Heart Association or American Red Cross). The main focus of the class is on adult CPR and AED, but it also covers choking and infant CPR. Participants will receive a course completion card from CFR. Information taught is to American Heart Association standards. Those needing the nationally-accredited card should take the Heartsaver CPR/AED class.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171050-01	CRC	10+	1/4	Sa	9:15-11am	1	\$20/\$22
171050-11	CRC	10+	2/1	Sa	9:15-11am	1	\$20/\$22
171050-21	CRC	10+	3/7	Sa	9:15-11am	1	\$20/\$22
171050-31	CRC	10+	4/4	Sa	9:15-11am	1	\$20/\$22

HEARTSAVER CPR/AED

This class is open to anyone, but is recommended for those needing a nationally-recognized course completion card required by an employer (such as a daycare worker). Curriculum includes CPR/AED and choking for adults, children, and infants. Participants receive an American Heart Association card upon completion. This class is not for healthcare providers who need a Basic Life Support (BLS) or a Healthcare Provider card. Those not needing the nationally-recognized card can take this class or the CPR/AED course.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171051-01	CRC	10+	1/18	Sa	9:15am-12pm	1	\$50/\$55
171051-11	CRC	10+	2/15	Sa	9:15am-12pm	1	\$50/\$55
171051-21	CRC	10+	3/21	Sa	9:15am-12pm	1	\$50/\$55
171051-31	CRC	10+	4/18	Sa	9:15am-12pm	1	\$50/\$55

BASIC FIRST AID

Learn to identify the signs and symptoms of a heart attack and what to do in cases of breathing difficulty, cuts, broken bones, diabetic problems, seizures, and other medical emergencies.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171055-01	CRC	10+	1/18	Sa	12:30-3:15pm	1	\$15/\$16.50
171055-11	CRC	10+	2/15	Sa	12:30-3:15pm	1	\$15/\$16.50
171055-21	CRC	10+	3/21	Sa	12:30-3:15pm	1	\$15/\$16.50
171055-31	CRC	10+	4/18	Sa	12:30-3:15pm	1	\$15/\$16.50



Chefsville

Chefsville classes allow kids to explore different aspects of cooking and take their cooking to a new level. Participants eat the fresh, healthy, and fun dishes made while in class. Imagine your kids eating more fruits and vegetables, enjoying baking, and showing off their cooking skills. Cooking connects family and community by spending quality time cooking together.

**Parents must sign allergen waiver before class. No open-toe shoes or dangling jewelry allowed. Long hair must be put in ponytail or braids. All supplies are included.* Instructor: Horwitz

BREAKFAST BREADS

Kids will make sweet rolls, donuts, and Georgian Bread – a cheese bread from the country, Georgia, located north of Turkey and Iran. Come rise and shine with us, and make some breakfast breads.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170104-01	RRC	7+	1/11	Sa	10am-12:30pm	1	\$29/\$30.75

NEW>> BURGER BAR

Kids will learn many different flavor and textural components to the basic burger. Children will make their own burgers and discuss what it is they like about their favorite burger. Children will be encouraged to try something new to extending the reach of their palettes when coming to the burger bar. There will be traditional condiments and toppings. This meal will include baked sweet potato fries and cookies and cream for dessert.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170104-30	RRC	7+	4/11	Sa	1-4:30pm	1	\$29/\$30.75

NEW>> CHOCOLATE! CHOCOLATE! AND MORE CHOCOLATE!

Who doesn't have a sweet tooth? This class not only smells Chocodelicious, it tastes that way too. Youngsters will create different chocolate based treats in this sweet hands on class. There will be plenty for all to sample and some sweet treats may even reach home before your chocolate loving student devours it all.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171104-11	CRC	7+	2/22	Sa	10am-12:30pm	1	\$29/\$30.75

NEW>> FLAVOR

Here is a fun program that focuses on flavor, simplicity of using ingredients, and combinations of food to bring good health and cooking knowledge. Flavor is a major factor in building opinions about food. Chefsville will give you a hands-on camp experience to explore and discover flavor profiles to make the food world come alive. Develop new ideas on how to add flavor to your meals! *

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170104-20	RRC	7+	3/9-3/13	M-F	9am-12:30pm	5	\$149/\$162

Creative Writing

This class will encourage your child or teen to use their imagination and teach them the necessary elements for creating a great story. You and your young author will learn the pieces to make up the beginning, middle, and end of a story. There are no wrong answers in these classes, just the possibility of coming up with the next best-selling story. Instructor: Foland

YOUNG AUTHORS: MOMMY AND ME

With the parent's help, students will be encouraged to fill in the blanks to create a story around a photograph. **Registration includes parent and one child. No class 3/12.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170650-00	RRC	4-6	1/23-2/13	Th	4:30-5pm	4	\$45/\$49.50
170650-10	RRC	4-6	2/20-3/19	Th	4:30-5pm	4	\$45/\$49.50
170650-20	RRC	4-6	3/26-4/16	Th	4:30-5pm	4	\$45/\$49.50

YOUNG AUTHORS

Young authors learn about outlining, generating story ideas, and writing in different genres.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170655-00	RRC	7-12	1/23-2/27	Th	5-6pm	6	\$65/\$71.50
170655-20	RRC	7-12	3/19-4/23	Th	5-6pm	6	\$65/\$71.50

NEW>> PET LOVERS CLUB

This Spring Break class is filled with three different types of activities each day. There will be at least one writing-based or pet-based craft done each day that your child will bring home. Your child will learn the steps it takes to create a short story and play games to stimulate their imaginations. The class will also cover pet care and some basic pet first aid skills. Come join the fun this Spring Break.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170655-25	RRC	7-12	3/9-3/13	M-F	9am-12pm	5	\$99/\$109

TEENAGE AUTHORS

Teenage authors learn about outlining, generating story ideas, and writing in different genres.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170660-00	RRC	13-18	1/23-2/27	Th	6-7pm	6	\$65/\$71.50
170660-20	RRC	13-18	3/19-4/23	Th	6-7pm	6	\$65/\$71.50

More fun for your little one:

Perry Museum fun is on page 8; Library classes start on page 14; art and dance classes on page 30; gymnastics are on page 35; martial arts on page 38; The sports classes are on page 39; tennis is on page 43



Adventure Kids & Busy Bees

This academic and creative program is to help children ages 3-5 adjust and learn in a classroom setting. They will be in a loving environment that will make them feel at ease to interact with classmates and learn their alphabet, numbers, shapes, and colors. They will practice recognizing and writing their name, practice their fine motor skills through learning games, singing songs, and even sign language. Their progress will be evaluated throughout their time in class so each parent will know their strengths and know what to practice with them at home. We will have a snack and we will take a 15-minute recess to get out our wiggles. Your child does not need to be potty trained. **No class 1/6, 1/20, 2/17, 3/9-12, & 4/20-23. Make-up days 1/10, 1/24, & 2/21.** Instructor: Moreno

ADVENTURE KIDS

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171400-00	CRC	3-5	1/8-1/15	M/W/F	9:30-11:30am	4	\$92/\$100.75
171400-02	CRC	3-5	1/22-1/29	M/W/F	9:30-11:30am	4	\$92/\$100.75
171400-10	CRC	3-5	2/3-2/12	M/W	9:30-11:30am	4	\$92/\$100.75
171400-12	CRC	3-5	2/19-2/26	M/W/F	9:30-11:30am	4	\$92/\$100.75
171400-20	CRC	3-5	3/2-3/18	M/W	9:30-11:30am	4	\$92/\$100.75
171400-22	CRC	3-5	3/23-4/1	M/W	9:30-11:30am	4	\$92/\$100.75
171400-30	CRC	3-5	4/6-4/15	M/W	9:30-11:30am	4	\$92/\$100.75
171400-32	CRC	3-5	4/27-5/6	M/W	9:30-11:30am	4	\$92/\$100.75

BUSY BEES

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170444-00	RRC	3-5	1/7-1/16	Tu/Th	9:30-11:30am	4	\$92/\$100.75
170444-02	RRC	3-5	1/21-1/30	Tu/Th	9:30-11:30am	4	\$92/\$100.75
170444-10	RRC	3-5	2/4-2/13	Tu/Th	9:30-11:30am	4	\$92/\$100.75
170444-12	RRC	3-5	2/18-2/27	Tu/Th	9:30-11:30am	4	\$92/\$100.75
170444-20	RRC	3-5	3/3-3/19	Tu/Th	9:30-11:30am	4	\$92/\$100.75
170444-22	RRC	3-5	3/24-4/2	Tu/Th	9:30-11:30am	4	\$92/\$100.75
170444-30	RRC	3-5	4/7-4/16	Tu/Th	9:30-11:30am	4	\$92/\$100.75
170444-32	RRC	3-5	4/28-5/7	Tu/Th	9:30-11:30am	4	\$92/\$100.75

Nature

*Closed-toe shoes and long pants are required. Children under the age of 16 must be accompanied by an adult. Registration for these events is required for all participants no later than 48 hours in advance. Instructor: Staff

BIRD WALKS

Learn to discover birds by sight and sound as a Texas Master Naturalist leads a bird walk around McInnish Park and the Elm Fork Nature Preserve. **Bird walks are held every third Wednesday and third Saturday of the month from 7:30-11:30am and start at the pond in McInnish Park.***



ELM FORK TRAIL CLEANUP HIKE

Help us in our continuing efforts to keep the Elm Fork Nature Preserve (EFNP) clean on 3/21 from 10-11:30am, so that generations may continue to enjoy nature's beauty. The hike begins at the Nature Center and goes along the main trail loop, eight-tenths of a mile long, collecting all the trash along the trail. All ages welcome. **Trash bags, grabbers, gloves, and water will be provided. Someone will be on hand to sign any service hour sheets following trail cleanup.** For more information, call 972-466-9811 or visit cityofcarrollton.com.*

GIRL SCOUTS:

Earn patches and badges at the A.W. Perry Homestead Museum (PHM) and Elm Fork Nature Preserve (EFNP). Reserve a program date for your troop by calling 972-466-9811. All program fees must be received to secure your date. One adult must be present for every five scouts and a minimum of three students needed to offer any program. **Badges will be given for any of the paid options.**

BADGES FOR DAISIES

Outdoor Art Maker – \$7 per scout

From a blue sky to a bird's song, nature can give you a lot of ideas for art. Get ready to explore the outdoors at the EFNP and use what you see and hear to make different kinds of art.

Rosie: Make the World a Better Place – \$7 per scout

Learn about the environment through the discussion of plants, healthy living, and a gardening activity at the PHM garden. Enjoy a snack party afterward.

BADGES FOR BROWNIES

It's Your Planet Badge: Pottery Craft – \$12 per scout

Create your own pottery pieces as you learn hand-building techniques, examine artifacts, and discover the significance of the Museum's archeological site.

Outdoor Art Creator – \$12 per scout

As an artist, you can walk outside and see colors, shapes, and ideas for things you want to create. Find out how you can make your own art outdoors at the EFNP and have fun doing it.

BADGES FOR JUNIORS

Gardener – \$12 per scout

For this badge, dig your hands into the earth at the PHM garden and spend time with soil, water, and sunlight to find out how to help life grow from a tiny seed. Learn to make your own garden — no matter where you live.

It's Your Story Badge: Manners – Social Butterfly – \$12 per scout

Learn how to make friends, be a proper Victorian lady, and enjoy a tea party on the porch at the PHM.

Outdoor Art Explorer – \$12 per scout

From murals on buildings to oil paintings of landscapes, art and the outdoors go hand in hand. Let nature be your inspiration as you explore the EFNP, create, and design different kinds of art.

BADGES FOR CADETTES

Outdoor Art Apprentice – \$12 per scout

Observe and collect items outdoors at the EFNP that will drive your art and creativity — from colors and patterns to landscapes and wildlife.



BOY SCOUTS:

Schedule a tour of the A.W. Perry Homestead Museum (PHM) or Elm Fork Nature Preserve (EFNP) for your Boy Scout or Cub Scout group to fulfill requirements toward earning badges. One adult must be present for every five scouts and a minimum of three students is needed to offer any program. **Badges will be given for any of the paid options.** Call 972-466-9811 for details.

CUB SCOUTS

Bear Adventures: Paws for Action – Free by appointment

Visit the PHM and learn about the American flag.

Bear Elective Adventures: Marble Madness – \$7 per scout

Learn about old-fashioned marbles, play marble games, create your own pouch to house marbles, and more.

Tiger Adventures: Tigers in the Wild – Free by appointment

Take a nature hike at the EFNP, identify native plants and animals, and practice the Outdoor Code.

Webelos Elective Adventures: Webelos in the Wild – Free by appointment

Identify native plants and animals, visit the EFNP, learn about aquatic ecosystems, and more.

Wolf Adventures: Paws on the Path – Free by appointment

Take a one-mile nature hike at the EFNP, identify native plants and animals, and practice the Outdoor Code.

Wolf Elective Adventures: Collections & Hobbies – \$7 per scout

Visit the PHM to see our collections, create an autograph book, and enjoy a snack.

BOY SCOUTS

Merit Badge: American Heritage – Free by appointment

Visit the historic PHM to learn about the creation of Carrollton and how the town has evolved over 100 years. Listen to historic songs from the period and discuss careers within the field of American heritage.

Merit Badge: Archaeology – \$12 per scout

Learn about a registered archaeological site and how people lived over 100 years ago in Texas. Stage an archeological exhibit for the Museum, and learn how to become a protector of the past. Additional pre- and post-work is required to complete this merit badge.

Merit Badge: Collections – Free by appointment

Learn all about collection management, storage, and preservation at the PHM. Visit our collections and bring your own along with you! Learn about careers in collections and collection assessment.

EAGLE SCOUTS

Eagle Scout Project: By appointment

The PHM and EFNP welcome all Eagle Scouts seeking service, impact, and leadership through their Eagle Projects. To propose an idea for your Eagle Project, contact Cody Scallions at 972-466-6382.



Art

DRAWING/CARTOONING

Our elementary-age curriculum is designed to teach basic to advanced drawing skills, art techniques, and vocabulary. We believe that drawing is the bedrock skill required for future artistic success. We give students the skills to express their creativity and believe that all children can and should learn to draw. Parents will see increased art abilities, learning skills, self-confidence, and self-esteem in their children. Each session will include seasonal drawings, art history, and cartooning. **New lessons every week and all materials provided.** Instructor: Young Rembrandts

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150020-41	RRC	6-12	2/5-3/4	W	6-7pm	5	\$65/\$71.50
150020-49	RRC	6-12	3/18-4/15	W	6-7pm	5	\$65/\$71.50
150020-57	RRC	6-12	4/22-5/20	W	6-7pm	5	\$65/\$71.50

Dance

BALLET DANCE

Children will learn various styles of classical ballet technique in a progressive format. In each class, the students will learn steps that can be added on to and improved. **Leotard, tights, and ballet shoes are required. No class 3/12.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150110-33	RRC	6-10	1/9-2/27	Th	5:45-6:30pm	8	\$74/\$81.50
150110-49	RRC	6-10	3/5-4/30	Th	5:45-6:30pm	8	\$74/\$81.50

BALLET FOR FUN

Children will enjoy various styles of ballet from imaginary improvisation to basic classical steps. This class allows the child to explore movement in a structured environment without the stress of technique being the focus. **Leotard, tights, and ballet shoes are required. No class 3/10 & 3/14.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150120-33	RRC	3-6	1/7-2/25	Tu	5-5:30pm	8	\$50/\$55
150120-34	RRC	3-6	1/7-2/25	Tu	5:30-6pm	8	\$50/\$55
150120-35	RRC	3-5	1/11-2/29	Sa	11-11:30am	8	\$50/\$55
150120-36	RRC	3-5	1/11-2/29	Sa	11:30am-12pm	8	\$50/\$55
150120-49	RRC	3-6	3/3-4/28	Tu	5-5:30pm	8	\$50/\$55
150120-50	RRC	3-6	3/3-4/28	Tu	5:30-6pm	8	\$50/\$55
150120-57	RRC	3-5	3/7-5/2	Sa	11-11:30am	8	\$50/\$55
150120-58	RRC	3-5	3/7-5/2	Sa	11:30am-12pm	8	\$50/\$55

DANCE COMBINATIONS

Children will focus on ballet, jazz, and hip-hop in each class. This class is perfect for students who enjoy a variety of dance styles. **Leotard, tights, and ballet or jazz shoes are required. No class 3/12.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150150-33	RRC	6-10	1/9-2/27	Th	5-5:45pm	8	\$74/\$81.50
150150-49	RRC	6-10	3/5-4/30	Th	5-5:45pm	8	\$74/\$81.50

DANCE ON-DEMAND (FOR PRIVATE GROUPS)

This is ideal for homeschool groups, friends, siblings, and daycare groups. There is a required minimum of four students and you can schedule as few or as many dates as desired. Your group can choose any combination of ballet, hip-hop, jazz, modern, or tap. **Price listed is per person for a 45-minute class. Email dancestoreandmore@gmail.com or ddatexas.com@gmail.com to pre-schedule your preferred class dates and location.** Instructors: Jordan and Rogers

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
CRC or RRC	3+	By Appt	By Appt	By Appt	\$9.25/\$10.25

NEW >> DYNASTY DANCE ACADEMY HIP-HOP DANCE

Beginning and continuing students will learn and further enhance technique and terminology in the dance style of hip-hop. Through fun and energetic exercises, in a structured class setting, students will focus on fluidity of motion, musicality, and performance skills. Students will also be working on choreography and performance pieces and a short routine will be performed for family and friends at the last class. **Required dance attire is loose fitting cotton or jersey shorts, yoga or sweat pants, purple or black T-shirt, and tennis shoes. No jeans or black-soled shoes allowed. For more information, visit ddatexas.com or email ddatexas.com@gmail.com.** Instructor: Dynasty Dance Academy

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150160-33	RRC	6-9	1/22-2/26	W	4:45-5:30pm	6	\$55.50/\$61.25
150160-49	RRC	6-9	3/25-4/29	W	4:30-5:30pm	6	\$55.50/\$61.25

PRIVATE DANCE LESSONS

Private lessons cover a range of dance forms and choreography. **Price listed is per half hour/hour lesson. To schedule a lesson, email dancestoreandmore@gmail.com or ddatexas.com@gmail.com. Level: Beginner-Advanced.** Instructors: Jordan and Rogers

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
CRC or RRC	3+	By Appt	By Appt	By Appt	\$12.50/\$25

Music

KEYBOARD/PIANO LESSONS

This beginner keyboard/piano program is conducted as a semi-private group lesson with up to four students in a class. Students are introduced to sight reading and fundamental music concepts. **Instruments are provided and first-time students pay an \$8 supply fee for the music book upon enrolling using class #150340-51. Contact musikinschool.info@gmail.com for more information.** Instructor: Musik In School

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150340-25	RRC	5-15	1/4-1/25	Sa	12:30-1:15pm	4	\$99/\$109
150340-26	RRC	5-15	1/4-1/25	Sa	1:15-2pm	4	\$99/\$109
150340-33	RRC	5-15	2/1-2/22	Sa	12:30-1:15pm	4	\$99/\$109
150340-34	RRC	5-15	2/1-2/22	Sa	1:15-2pm	4	\$99/\$109
150340-41	RRC	5-15	3/7-3/28	Sa	12:30-1:15pm	4	\$99/\$109
150340-42	RRC	5-15	3/7-3/28	Sa	1:15-2pm	4	\$99/\$109
150340-49	RRC	5-15	4/4-4/25	Sa	12:30-1:15pm	4	\$99/\$109
150340-50	RRC	5-15	4/4-4/25	Sa	1:15-2pm	4	\$99/\$109
150340-51	MUSIC BOOK FEE NEW STUDENTS						\$8

CALL FOR ARTISTS!

The City of Carrollton is looking for artists that want to beautify the park for the annual Chalk Art Festival held at Mary Heads Carter Park on Saturday, May 16. If you are passionate about the Arts or would like to be a competing artist for Carrollton's annual Chalk Art Festival, register now at cityofcarrollton.com/signupnow - Registration ends on May 8 and space is limited.

Group Exercise, Pilates, Yoga

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

DROP IN>> BOLLY X

Bolly X is a Bollywood inspired dance fitness program that combines dynamic choreography with the hottest music from around the world. It's a 50-minute cardio workout, that cycles between higher and lower intensity dance sequences to get you moving, sweating, and smiling. **All ages welcome. No dance experience needed. \$8 (res)/\$9 (non-res) drop in fee.** Instructor: Rao

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130390-00	RRC	16+	1/8-1/29	W	9-10am	4	\$26/\$28.75
130390-10	RRC	16+	2/5-2/26	W	9-10am	4	\$26/\$28.75
130390-20	RRC	16+	3/4-3/25	W	9-10am	4	\$26/\$28.75
130390-30	RRC	16+	4/1-4/29	W	9-10am	5	\$32.50/\$35.75

DROP IN>> BOOT CAMP ON THE SQUARE

Start your weekend off right with a morning workout. **Bring a water bottle and your own mat. No preregistration required. Weather permitting. Level: Beginner-Advanced** Instructor: Camp Gladiator

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
DWTN	5+	1/11	Sa	7:30-8:30am	Free
DWTN	5+	2/8	Sa	7:30-8:30am	Free
DWTN	5+	3/14	Sa	7:30-8:30am	Free
DWTN	5+	4/11	Sa	7:30-8:30am	Free

DROP IN>> EL BARRIO BOXING FOR ADULTS

This adult program incorporates the latest scientific research for athletic performance, the most up-to-date equipment, and workouts revolving around Olympic training, professional boxing, and Strongman for strength and cardio enhancement. **Contact the instructor at wade3-4@hotmail.com for more information. Follow on social media @elbarriobc. \$5 (res)/\$5.50 (non-res) drop in fee.** Instructor: Soto

CLASS #	LOC	AGE	DATES	DAY	TIME#	CLSS	\$(RES/NR)
161030-31	CRC	16+	1/2-1/30	Tu/Th Sa	7-8pm 5-6pm	13	\$40/\$44
161030-36	CRC	16+	2/1-2/29	Tu/Th Sa	7-8pm 5-6pm	13	\$40/\$44
161030-41	CRC	16+	3/3-3/31	Tu/Th Sa	7-8pm 5-6pm	13	\$40/\$44
161030-51	CRC	16+	4/2-4/30	Tu/Th Sa	7-8pm 5-6pm	13	\$40/\$44

EL BARRIO BOXING FOR KIDS

This program incorporates the latest scientific research for athletic performance, the most up-to-date equipment, and workouts revolving around structured training, professional boxing, and Strongman for strength and cardio enhancement. El Barrio also teaches young men and women about honor, respect for themselves and peers, self-discipline, self-confidence, and leadership through physical fitness in sports and mentoring. **Contact the instructor at wade3-4@hotmail.com for more information. Follow on social media @elbarriobc. Level: Beginner-Advanced.** Instructor: Soto

CLASS #	LOC	AGE	DATES	DAY	TIME#	CLSS	\$(RES/NR)
161030-30	CRC	10-18	1/2-1/30	Tu/Th Sa	5:30-7pm 4-5pm	13	\$12/\$13.25
161030-35	CRC	10-18	2/1-2/29	Tu/Th Sa	5:30-7pm 4-5pm	13	\$12/\$13.25
161030-40	CRC	10-18	3/3-3/31	Tu/Th Sa	5:30-7pm 4-5pm	13	\$12/\$13.25
161030-50	CRC	10-18	4/2-4/30	Tu/Th Sa	5:30-7pm 4-5pm	13	\$12/\$13.25

NEW>> DROP IN>> PARKOUR

Action Hero skills for real people. Wouldn't you love to effortlessly scale giant walls? Drop safely from unknown heights? Bound from stone-to-stone like a gazelle? Unlock all the secrets to moving safely and efficiently in any environment while you gain confidence, strength, and discipline. Through commitment and hard work, you will start to understand the potential of your body. Through creativity and technique, you will discover how to use it. Don't miss this one-of-a-kind class brought to you by an experienced parkour instructor in North Texas. **Bring a water bottle and be ready to sweat. No class 3/18.** Instructor: Fugitive Fitness

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
131200-15	CRC	9+	1/15-4/29	W	5:15-6pm	15	\$230/\$253

DROP IN>> INDOOR CYCLING

The instructor brings an outdoor cycling experience indoors with this athletic and authentic cycling ride. Motivating instruction and driving music will keep you energized as you are led through a workout comprised of a variety of hill climbs, flat terrains, head winds, tail winds, sprints, and aerobic intervals. Each workout is different as the instructor picks the terrain and sets the goals for each class. This class is multi-level and no outdoor cycling experience is required. If you are serious about burning calories, losing weight, and elite cardio-respiratory fitness, this class is for you. **Bring a water bottle, towel, and gel bike seat cover (optional). \$8 (res)/\$9(non-res) drop in fee.** Instructor: McGehee

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130130-00	RRC	16+	1/7-1/28	Tu	6-7pm	4	\$28/\$31
130130-10	RRC	16+	2/4-2/25	Tu	6-7pm	4	\$28/\$31
130130-20	RRC	16+	3/3-3/31	Tu	6-7pm	5	\$35/\$38.50
130130-30	RRC	16+	4/7-4/28	Tu	6-7pm	4	\$28/\$31

DROP IN>> LIVEWIRE CORE ENERGY

Dedication + Determination = Results. Feel your best all day long with this high energy group training workout. Arrive early for a class that will focus on core exercises, cardiovascular conditioning, strength, endurance, and flexibility for a total body approach to fitness. Every class is different and is designed by certified personal trainers to keep the body guessing so you'll continually see results. **\$10 (res)/\$11(non-res) drop in fee. Level: Beginner-Advanced.** Instructor: LiveWire Fitness

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130110-00	RRC	18+	1/3-1/31	M/W/F	6-7am	13	\$109/\$120
130110-10	RRC	18+	2/3-2/28	M/W/F	6-7am	12	\$109/\$120
130110-20	RRC	18+	3/2-3/30	M/W/F	6-7am	13	\$109/\$120
130110-30	RRC	18+	4/1-4/29	M/W/F	6-7am	13	\$109/\$120

DROP IN>> PILATES FOR EVERYONE

Pilates is a total body conditioning exercise that combines flexibility and strength to restore natural balance while boosting the immune system and reducing stress, fatigue, and pain. **No food or drink one hour prior to class. Wear comfortable clothing that is not too loose and bring a mat, towel, and water. \$15(res)/\$16.50(non-res) drop in fee.** Instructor: Mashreghi

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130220-00	RRC	13+	1/6-2/24	M	6-7pm	8	\$80/\$88
130220-20	RRC	13+	3/2-4/27	M	6-7pm	9	\$90/\$99



For your convenience, recreation centers accept Visa and MasterCard for all Parks & Recreation fees.

DROP IN>> POWER UP YOGA

This workout is for beginners to advanced practitioners who want to maximize their power, energy, and vitality. This exhilarating experience will leave you trim, energized, and heart healthy while strengthening all of your muscles, burning fat, toning your entire body, and more. The music and atmosphere will enhance your learning experience. Beginners are welcome in all classes. Friday morning yoga classes will also include weights, medicine balls, stretch bands, and body bars. **Classes are held at Rosemeade Rec Center, W/Th, 6-7pm and F/Sa, 9:30-10:30am. \$15 (res)/\$16.50 (non-res) drop in fee; \$27 (res)/\$29.50 (non-res) for two classes; \$45 (res)/\$49.50 (non-res) for four classes; \$58 (res)/\$63.50 (non-res) for six classes. These classes must be used within 60 days of purchase. A 30-day unlimited pass is available for \$55 (res)/\$60.50 (non-res); three-month unlimited pass is \$125 (res)/\$137.50 (non-res). Unlimited passes are good from the date of purchase. Level: Beginner-Advanced.** Instructor: Bills

DROP IN>> STEP - STRENGTH - CORE

Try an interval class that combines basic step aerobics, upper body strength training, and core conditioning into one well-designed workout. This class allows you to work both your heart and your muscles extensively in a one-hour-long class. By doing circuits of cardio on the step, followed by strategic intervals of upper body strength training, and wrapping up with intense core conditioning, you will be using your time efficiently. **\$8 (res)/\$9 (non-res) drop in fee.** Instructor: Campo

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130215-00	RRC	15+	1/2-1/30	Th	7:15-8:15pm	5	\$30/\$33
130215-10	RRC	15+	2/6-2/27	Th	7:15-8:15pm	4	\$24/\$26.50
130215-20	RRC	15+	3/5-3/26	Th	7:15-8:15pm	4	\$24/\$26.50
130215-30	RRC	15+	4/2-4/30	Th	7:15-8:15pm	5	\$30/\$33

DROP IN>> STRENGTH - CORE - BALANCE

Develop strong core muscles, restore balance, and promote lean muscle building while minimizing injuries. Emphasis is on a full-body workout with balance postures included. Mats, hand weights, resistance bands, tubing, and stability balls will be used during class. Safe periods of interval training will be incorporated into the class for improved cardiovascular conditioning. All fitness levels will benefit - especially older adults! Modifications are offered for beginners and those needing corrective exercise for injuries. **\$10 (res)/\$11 (non-res) drop in fee.** Instructor: Age-Intercept Inc.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130230-00	RRC	18+	1/6-1/27	M	11am-12pm	4	\$32/\$35.25
130230-10	RRC	18+	2/3-2/24	M	11am-12pm	4	\$32/\$35.25
130230-20	RRC	18+	3/2-3/30	M	11am-12pm	5	\$40/\$44
130230-30	RRC	18+	4/6-4/27	M	11am-12pm	4	\$32/\$35.25
130231-00	RRC	18+	1/1-1/29	W	12:15-1:15pm	5	\$40/\$44
130231-10	RRC	18+	2/5-2/26	W	12:15-1:15pm	4	\$32/\$35.25
130231-20	RRC	18+	3/4-3/25	W	12:15-1:15pm	4	\$32/\$35.25
130231-30	RRC	18+	4/1-4/29	W	12:15-1:15pm	5	\$40/\$44
130232-00	RRC	18+	1/3-1/31	F	11am-12pm	5	\$40/\$44
130232-10	RRC	18+	2/7-2/28	F	11am-12pm	4	\$32/\$35.25
130232-20	RRC	18+	3/6-3/27	F	11am-12pm	4	\$32/\$35.25
130232-30	RRC	18+	4/3-4/24	F	11am-12pm	4	\$32/\$35.25

DROP IN>> STRETCH & TONE

Challenge yourself with a progressive flexibility and strength workout based through the body's core. Unique routines are built on the foundations of ballet, yoga, and Pilates. Suitable for all levels and abilities, Stretch & Tone allows each individual to move at their own speed and provides one-on-one instruction as needed. **\$10 (res)/\$11 (non-res) drop in fee. No class 3/10.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130340-00	RRC	15+	1/7-1/28	Tu	4-4:50pm	4	\$40/\$44
130340-10	RRC	15+	2/4-2/25	Tu	4-4:50pm	4	\$40/\$44
130340-20	RRC	15+	3/3-3/31	Tu	4-4:50pm	4	\$40/\$44
130340-30	RRC	15+	4/7-4/28	Tu	4-4:50pm	4	\$40/\$44

DROP IN>> TUFF-TIME COED BOXING

A unique workout that combines cardio, light weights, basic boxing skills, and drills (sparring is optional) for both men and women of all ages. If you've tried other classes such as, dance, yoga, or Zumba and not seen the results then give this class a try. It will promote weight loss, help you get into shape both physically and mentally, and relieve some stress. Class is taught by a state-certified USBA instructor with 60 years of experience. The instructor has won New York and Dallas Golden Gloves Championships and National Tough Man competitions. Try it out, you won't regret it and you will leave tired, but refreshed. To schedule private lessons, email mtuffy1@yahoo.com. **\$8 (res)/\$9 (non-res) drop in fee.** Instructor: Tufariello

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
131140-00	CRC	16+	1/6-1/29	M/W	7-8pm	8	\$50/\$55
131140-10	CRC	16+	2/3-2/26	M/W	7-8pm	8	\$50/\$55
131140-20	CRC	16+	3/2-3/30	M/W	7-8pm	9	\$50/\$55
131140-30	CRC	16+	4/1-4/29	M/W	7-8pm	9	\$50/\$55

DROP IN>> YOGA FOR EVERYONE

We help the body into the correct positions and focus on body alignment using props because all bodies are different. Come experience yoga to feel energized and revitalized. No food or drink one hour prior to class. **Wear comfortable clothing that is not too loose and bring a mat, yoga blanket, and strap.**

Instructor: Mashreghi

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130250-00	RRC	13+	1/8-2/26	W	6-7pm	8	\$80/\$88
130250-20	RRC	13+	3/4-4/29	W	6-7pm	9	\$90/\$99

DROP IN>> YOGA ON THE SQUARE

Whether you are new to yoga or a long term practitioner, this is a great class for everybody. **Wear comfortable clothing that is not too loose and bring your own mat. No preregistration required. Weather permitting. Level: Beginner-Advanced.**

Instructor: Fabulous

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
DWTN	5+	1/11	Sa	9-10am	Free
DWTN	5+	2/8	Sa	9-10am	Free
DWTN	5+	3/14	Sa	9-10am	Free
DWTN	5+	4/11	Sa	9-10am	Free

DROP IN>> ZUMBA

Explore a new Latin flavor with this calorie-burning fitness class. The Merengue, Salsa, Reggaeton, Samba, Cha-Cha, Bachata, and other international Latin rhythms help tone your core, elevate your heart rate, and strengthen your body. Classes may include deep stretching and relaxing at the end of each session. **No dance experience necessary. \$8 (res)/\$9 (non-res) drop in fee.** Instructor: Piamonte

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130280-00	RRC	15+	1/7-1/28	Tu	7:30-8:30pm	4	\$26/\$28.50
130280-10	RRC	15+	2/4-2/25	Tu	7:30-8:30pm	4	\$26/\$28.50
130280-20	RRC	15+	3/3-3/31	Tu	7:30-8:30pm	5	\$32.50/\$35.75
130280-30	RRC	15+	4/7-4/28	Tu	7:30-8:30pm	4	\$26/\$28.50

SENIORS 50+ CLASSES - SEE PAGES 10-13

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins November 25.

Non-resident registration begins December 9.

Classes begin January 2.

Training

FITNESS EQUIPMENT ORIENTATION

Not sure how machines in our weight room work or how to set up a machine? This class provides a walk-through of the weight room to give a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized work out plan, contact one of our personal trainers.

Due to scheduling, there are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.

Instructor: Staff

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Senior Center							
132170-00	SRC	18+	1/13	M	2:30-4pm	1	\$6/\$7
132170-20	SRC	18+	3/9	M	2:30-4pm	1	\$6/\$7
Rosemeade Rec Center							
130240-10	RRC	18+	2/17	M	6:30-7:30pm	1	\$6/\$7
130240-30	RRC	18+	4/13	M	6:30-7:30pm	1	\$6/\$7

WEIGHT ROOM ORIENTATION FOR MINORS

Our qualified staff will teach youth proper weight room and cardio room etiquette. Teens will receive a weight room authorization card, allowing them to work out in the weight room independently upon completion of class. Both parent and child must sign the weight room user agreement form. If you are interested in obtaining a personalized work out plan, contact one of our personal trainers.

There are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate. Instructor: Staff

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130245-00	RRC	13-15	1/7	Tu	6:30-7pm	1	\$6/\$7
130245-10	RRC	13-15	2/18	Tu	6:30-7pm	1	\$6/\$7
130245-20	RRC	13-15	3/10	Tu	3:30-4pm	1	\$6/\$7
130245-30	RRC	13-15	4/14	Tu	6:30-7pm	1	\$6/\$7



For your convenience, recreation centers accept Visa and MasterCard for all Parks & Recreation fees.

Personal Trainers

City of Carrollton personal trainers are available to work with you at Crosby and Rosemeade Recreation Centers and the Carrollton Senior Center. Personal trainers have their own philosophies and unique styles to create an individual training program to meet your needs. Sessions are charged at an hourly rate and trainers' rates vary. Visit cityofcarrollton.com/parksandrec and click on Programs & Events for more information on our trainers.

For additional information about the personal training program, call 972-466-9834.

JULIE CHADWICK

214-926-4776 • jchadwick16@yahoo.com
\$30/30min or \$60/hr

Julie enjoys working with clients age 50 and older and designs fitness routines, as well as nutrition plans unique to each individual. She keeps clients accountable, protects them from injuries, and provides a positive environment.

JORDAN MASON

214-636-4847 • jordan.brooke.mason@gmail.com
\$35/30min or \$60/hr

Jordan is an advocate for the holistic approach to health and is dedicated to showing her clients how good fitness can feel in both physical and mental aspects. Her focus is on the mind-body connection and sharing ways to use physical activity to combat daily stress, anxiety, and minor aches and pains.

TOM NOUNE

214-957-3694 • tgnoun@aol.com
hearthealthandwellness.com • \$65/\$60 hr

Tom specializes in weight resistance training, primarily with baby boomers and seniors. He also provides nutritional coaching and emphasizes the importance and benefits of proper stretching techniques.

KERRY STALLO

214-244-7004 • ageintercept@aol.com • ageintercept.com
\$30 initial assessment, \$50/45 min, or \$65/hr

Kerry specializes in corrective exercise and developing exercise strategies for older adults. Key programs include: weight loss, overall body conditioning, and increasing muscle strength.

Aqua Aerobics

DEEP WATER

Deep-water aqua aerobics is designed for those who desire a greater aquatic workout. The class is taught in deep water with emphasis on endurance; however, swim skills are not necessary. **Students must be comfortable in deep water and wear float belts, which can be purchased from the instructor for \$12. Makeup classes may not be available for any weather-related conditions.** Instructor: Sullivan

CLASS #	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215100-21	1/8	CFB Nat.	15+	W	6-6:50pm	9	\$36/\$40
215100-31	3/18	CFB Nat.	15+	W	6-6:50pm	10	\$40/\$44



Indian Creek Golf Club

1650 W. Frankford Road • 972-466-9850 • indiancreekgolfclub.com

Get Social at Indian Creek Golf Club

Join any of our group golf options at anytime!

WOMENS GROUP

Monday Mornings

Weekly rate: \$25 + tax

Join in anytime!

Email: jroberts@orion-mgmt.com

SENIORS GROUP (50+)

Wednesday Mornings

Weekly rate: \$30 + tax

Join in anytime!

Email: indiancreekstaff@outlook.com

WOMENS BEGINNING GOLF

Wednesday Evenings

Weekly rate: \$17 + tax includes

Warm up bucket and golf car

Email: jroberts@orion-mgmt.com

COUPLES LEAGUE

Friday Evenings

Format: 2-person scramble

Includes themed dinner after 9 holes plus contests & prizes

Email: jroberts@orion-mgmt.com



indian creek
golf club



2019 Couples Hawaiian Luau Event



ORION
GOLF

Like, Follow, and Become a Fan

For daily course updates, download the
Indian Creek Golf Club App.

Email: info@indiancreekgolfclub.com

facebook.com/indiancreekgolfclub

twitter.com/IndianCreek_gc

instagram.com/indiancreekgolfclub_dfw

indiancreekgolfclub.blogspot.com

indiancreekgolfclub.com/onlinestore

FACILITY PRICING

Range Balls:

Warm up \$3 • Small - \$6 • Medium - \$10 • Large - \$14

RENTAL CLUB PRICING

\$20 Full Set (does not include balls)

\$50 Premium Callaway Set (includes 2 sleeves of balls)

IN-SEASON RATES (MARCH-OCTOBER)

Rates as shown include golf car, **tax not included.**

Call for walking and off-season rates.

(Off-season rates in effect November-March)

Weekdays	Creek	Lakes
Open-1pm	\$58	\$40
1-4pm	\$46	\$35
4pm - Close	\$33	\$23
Seniors (60+)	\$40	\$36
Military Veteran	\$40	\$36
Junior* (21 under)	\$15/31	\$10/26
Weekends	Creek	Lakes
Open-1pm	\$68	\$45
1-4pm	\$46	\$35
4pm-Close	\$33	\$23

SAVE when you prepay online at
indiancreekgolfclub.com/teetimes

*Junior walk/ride rate

(age 18+ required for rental)

ALL CARROLLTON RESIDENTS RECEIVE \$5 DISCOUNT

(Show current driver's license with Carrollton address)

Gymnastics

Texas Dynamix Gymnastics is a year-round program that offers each child the opportunity to develop a strong, healthy body, and learn discipline, determination, and self-motivation. Participants must secure their hair away from their face and may not wear jewelry of any kind. Students may wear leotards or T-shirts and shorts and be barefooted. Bare midriffs will not be allowed. Parents and visitors may observe from outside the gym. Makeup dates will be announced as needed. **For additional information about our programs and competitive team, contact Coach Cortnee at txdynamix@gmail.com. For more information, visit [facebook.com/texasdynamixgym](https://www.facebook.com/texasdynamixgym) or [facebook.com/RolliePallieGymnastics](https://www.facebook.com/RolliePallieGymnastics). No class 3/16-20.**

BOYS GYMNASTICS

These classes focus on all six gymnastics events for boys, improving coordination and building strength. **Level: Beginner-Intermediate.** Instructor : Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1							
140165-22	RRC	4-12	1/7-2/18	Tu	6:30-7:20pm	7	\$132.50/\$145.75
140165-23	RRC	4-12	1/8-2/19	W	3:30-4:20pm	7	\$132.50/\$145.75
140165-24	RRC	4-12	1/8-2/19	W	6:30-7:20pm	7	\$132.50/\$145.75
Session 2							
140165-25	RRC	4-12	2/25-4/14	Tu	6:30-7:20pm	7	\$132.50/\$145.75
140165-26	RRC	4-12	2/26-4/15	W	3:30-4:20pm	7	\$132.50/\$145.75
140165-27	RRC	4-12	2/26-4/15	W	6:30-7:20pm	7	\$132.50/\$145.75

BOYS TUMBLING & STRENGTH

This is a great class for boys to release some energy. Emphasis will be placed on building strength and discipline. Stretching, tumbling, and trampoline are included for increased flexibility, motor skills, and self-confidence. **Level: Beginner-Intermediate.** Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1							
140170-15	RRC	6-14	1/8-2/19	W	7:30-8:15pm	7	\$50/\$55
Session 2							
140170-16	RRC	6-14	2/26-4/15	W	7:30-8:15pm	7	\$50/\$55

COMPETITIVE TEAM

Team is by invitation only. We compete in USAG competitions. **Email the instructor at txdynamix@gmail.com if you have any questions.** Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1							
Level 2							
140135-30	RRC	5-18	1/7-2/20	Tu/Th	4:30-7:30pm	14	\$265/\$291.50
Level 3							
140135-31	RRC	5-18	1/7-2/21	Tu/Th/F	5-8pm	21	\$305/\$335.50
Level 4							
140135-32	RRC	5-18	1/7-2/21	Tu-F	5-8pm	28	\$360/\$396
Level 5							
140135-33	RRC	5-18	1/7-2/21	Tu-F	3:30-8pm	28	\$415/\$456.50
Session 2							
Level 2							
140135-34	RRC	5-18	2/25-4/16	Tu/Th	4:30-7:30pm	14	\$265/\$291.50
Level 3							
140135-35	RRC	5-18	2/25-4/17	Tu/Th/F	5-8pm	21	\$305/\$335.50
Level 4							
140135-36	RRC	5-18	2/25-4/17	Tu-F	5-8pm	28	\$360/\$396
Level 5							
140135-37	RRC	5-18	2/25-4/17	Tu-F	3:30-8pm	28	\$415/\$456.50

GIRLS GYMNASTICS

If your daughter aspires to be a competitive gymnast or wants a fun activity, she will enjoy learning challenging skills, discipline, dance, and gaining increased athletic abilities. A refined mix of skills training, stretching, conditioning, and fun games will provide her with the tools to become a well rounded athlete. **Level: Beginner-Intermediate.** Instructor: Maestas

BEGINNER

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1							
140145-45	RRC	6-15	1/7-2/18	Tu	5-5:55pm	7	\$60/\$66
140145-46	RRC	6-15	1/7-2/20	Tu/Th	6-6:55pm	14	\$118/\$130
140145-47	RRC	6-15	1/8-2/19	W	5:30-6:25pm	7	\$60/\$66
140145-48	RRC	6-15	1/8-2/19	W	6:30-7:25pm	7	\$60/\$66
140145-49	RRC	6-15	1/9-2/20	Th	4-4:55pm	7	\$60/\$66
140145-50	RRC	6-15	1/9-2/20	Th	5-5:55pm	7	\$60/\$66
140145-51	RRC	6-15	1/10-2/21	F	4:30-5:25pm	7	\$60/\$66
140145-52	RRC	6-15	1/10-2/21	F	5:30-6:25pm	7	\$60/\$66

Session 2

140145-53	RRC	6-15	2/25-4/14	Tu	5-5:55pm	7	\$60/\$66
140145-54	RRC	6-15	2/25-4/16	Tu/Th	6-6:55pm	14	\$118/\$130
140145-55	RRC	6-15	2/26-4/15	W	5:30-6:25pm	7	\$60/\$66
140145-56	RRC	6-15	2/26-4/15	W	6:30-7:25pm	7	\$60/\$66
140145-57	RRC	6-15	2/27-4/16	Th	4-4:55pm	7	\$60/\$66
140145-58	RRC	6-15	2/27-4/16	Th	5-5:55pm	7	\$60/\$66
140145-59	RRC	6-15	2/28-4/17	F	4:30-5:25pm	7	\$60/\$66
140145-60	RRC	6-15	2/28-4/17	F	5:30-6:25pm	7	\$60/\$66

INTERMEDIATE

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1							
140150-45	RRC	6-15	1/7-2/18	Tu	5-5:55pm	7	\$60/\$66
140150-46	RRC	6-15	1/7-2/20	Tu/Th	6-6:55pm	14	\$118/\$130
140150-47	RRC	6-15	1/8-2/19	W	5:30-6:25pm	7	\$60/\$66
140150-48	RRC	6-15	1/8-2/19	W	6:30-7:25pm	7	\$60/\$66
140150-49	RRC	6-15	1/9-2/20	Th	4-4:45pm	7	\$60/\$66
140150-50	RRC	6-15	1/9-2/20	Th	5-5:55pm	7	\$60/\$66
140150-51	RRC	6-15	1/10-2/21	F	4:30-5:25pm	7	\$60/\$66
140150-52	RRC	6-15	1/10-2/21	F	5:30-6:25pm	7	\$60/\$66
Session 2							
140150-53	RRC	6-15	2/25-4/14	Tu	5-5:55pm	7	\$60/\$66
140150-54	RRC	6-15	2/25-4/16	Tu/Th	6-6:55pm	14	\$118/\$130
140150-55	RRC	6-15	2/26-4/15	W	5:30-6:25pm	7	\$60/\$66
140150-56	RRC	6-15	2/26-4/15	W	6:30-7:25pm	7	\$60/\$66
140150-57	RRC	6-15	2/27-4/16	Th	4-4:55pm	7	\$60/\$66
140150-58	RRC	6-15	2/27-4/16	Th	5-5:55pm	7	\$60/\$66
140150-59	RRC	6-15	2/28-4/17	F	4:30-5:25pm	7	\$60/\$66
140150-60	RRC	6-15	2/28-4/17	F	5:30-6:25pm	7	\$60/\$66



GIRLS PRE-TEAM

This program is designed for advanced gymnasts who are working and learning USAG Level 1 and 2 skills. Pre-Team is for girls who wish to participate in gymnastics for fun as well as for those who are preparing for our competitive team. **Level: Advanced.**

Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1							
140155-15	RRC	6-15	1/7-2/20	Tu/Th	6:45-8pm	14	\$122/\$134.25
Session 2							
140155-16	RRC	6-15	2/25-4/16	Tu/Th	6:45-8pm	14	\$122/\$134.25

NEW>> GIRLS SHOW TEAM

This class is **by invitation only** that combines advanced gymnastics and ballet. Participants will learn routines for each event and put on one show per year, showcasing all of their learned skills and routines. **Purchase of team leotard is required. Level: Advanced.**

Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1							
140220-15	RRC	6-15	1/8-2/21	W/F	6:45-8pm	14	\$122/\$134.25
Session 2							
140220-16	RRC	6-15	2/26-4/16	W/F	6:45-8pm	14	\$122/\$134.25

GIRLS TUMBLING & TRAMPOLINE

Develop all the skills you need to do cartwheels, round-offs, and front and back handsprings. **Level: Beginner-Intermediate.**

Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1							
140160-15	RRC	6-15	1/8-2/19	W	7:30-8:15pm	7	\$50/\$55
Session 2							
140160-16	RRC	6-15	2/26-4/15	W	7:30-8:15pm	7	\$50/\$55

LITTLE DYNAMIX

This class is **by invitation only** and is designed for advanced preschoolers and elementary-aged children to prepare them for the Leve 2 team. Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Session 1							
140140-20	RRC	4-6	1/8-2/19	W	4:30-6:30pm	7	165/\$181.50
140140-21	RRC	4-6	1/8-2/21	W/F	4:30-6:30pm	14	\$200/\$220
Session 2							
140140-22	RRC	4-6	2/26-4/15	W	4:30-6:30pm	7	\$165/\$181.50
140140-23	RRC	4-6	2/26-4/17	W/F	4:30-6:30pm	14	\$200/\$220

PARENTS' NIGHT OUT OPEN GYM

Enjoy a night out knowing your kids are in a fun, safe environment. In addition to access to the gymnastics equipment, pizza, crafts, and games will be provided. **Sibling discount: \$15.** Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140200-16	RRC	4-13	1/17	F	7:30-10:30pm	1	\$30/\$33
140200-17	RRC	4-13	2/14	F	7:30-10:30pm	1	\$30/\$33
140200-18	RRC	4-13	3/13	F	7:30-10:30pm	1	\$30/\$33

For your convenience, recreation centers accept Visa and MasterCard for all Parks & Recreation fees.



ROLLIE POLLIE GYMNASTICS

These classes introduce beginner skills in all four gymnastics events. Students will work on body positions, technique, and skills. For ages walking through two years, it will be a parent + tot class. Each class will incorporate shapes, colors, numbers, and letters. Different age groups will go into different depths of each subject. Children are never too young to be introduced to new learning. Instructor: Maestas

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
SESSION 1							

Walking to 2 Years Old

140175-30	RRC	0-2	1/8-2/19	W	5:30-6:05pm	7	\$104.50/\$115
140175-31	RRC	0-2	1/9-2/20	Th	9:15-9:50am	7	\$104.50/\$115
140175-32	RRC	0-2	1/10-2/21	F	9:15-9:50am	7	\$104.50/\$115
140175-33	RRC	0-2	1/10-2/21	F	6:30-7:05pm	7	\$104.50/\$115

3-4 Years Old

140180-43	RRC	3-4	1/7-2/18	Tu	4:30-5:20pm	7	\$132.50/\$145.75
140180-44	RRC	3-4	1/7-2/18	Tu	5:30-6:20pm	7	\$132.50/\$145.75
140180-45	RRC	3-4	1/9-2/20	Th	10-10:50am	7	\$132.50/\$145.75
140180-46	RRC	3-4	1/9-2/20	Th	5:30-6:20pm	7	\$132.50/\$145.75
140180-47	RRC	3-4	1/9-2/20	Th	6:30-7:20pm	7	\$132.50/\$145.75
140180-48	RRC	3-4	1/10-2/21	F	10-10:50am	7	\$132.50/\$145.75
140180-49	RRC	3-4	1/10-2/21	F	5:30-6:20pm	7	\$132.50/\$145.75

4-6 Years Old

140185-49	RRC	4-6	1/8-2/19	W	4:30-5:20pm	7	\$132.50/\$145.75
140185-50	RRC	4-6	1/9-2/20	Th	11-11:50am	7	\$132.50/\$145.75
140185-51	RRC	4-6	1/9-2/20	Th	3:30-4:20pm	7	\$132.50/\$145.75
140185-52	RRC	4-6	1/9-2/20	Th	4:30-5:20pm	7	\$132.50/\$145.75
140185-53	RRC	4-6	1/10-2/21	F	11-11:50am	7	\$132.50/\$145.75
140185-54	RRC	4-6	1/10-2/21	F	3:30-4:20pm	7	\$132.50/\$145.75

SESSION 2

Walking to 2 Years Old

140175-34	RRC	0-2	2/26-4/15	W	5:30-6:05pm	7	\$104.50/\$115
140175-35	RRC	0-2	2/27-4/16	Th	9:15-9:50am	7	\$104.50/\$115
140175-36	RRC	0-2	2/28-4/17	F	9:15-9:50am	7	\$104.50/\$115
140175-37	RRC	0-2	2/28-4/17	F	6:30-7:05pm	7	\$104.50/\$115

3-4 Years Old

140180-50	RRC	3-4	2/25-4/14	Tu	4:30-5:20pm	7	\$132.50/\$145.75
140180-51	RRC	3-4	2/25-4/14	Tu	5:30-6:20pm	7	\$132.50/\$145.75
140180-52	RRC	3-4	2/27-4/16	Th	10-10:50am	7	\$132.50/\$145.75
140180-53	RRC	3-4	2/27-4/16	Th	5:30-6:20pm	7	\$132.50/\$145.75
140180-54	RRC	3-4	2/27-4/16	Th	6:30-7:20pm	7	\$132.50/\$145.75
140180-55	RRC	3-4	2/28-4/17	F	10-10:50am	7	\$132.50/\$145.75
140180-56	RRC	3-4	2/28-4/17	F	5:30-6:20pm	7	\$132.50/\$145.75

4-6 Years Old

140185-55	RRC	4-6	2/26-4/15	W	4:30-5:20pm	7	\$132.50/\$145.75
140185-56	RRC	4-6	2/27-4/16	Th	11-11:50am	7	\$132.50/\$145.75
140185-57	RRC	4-6	2/27-4/16	Th	3:30-4:20pm	7	\$132.50/\$145.75
140185-58	RRC	4-6	2/27-4/16	Th	4:30-5:20pm	7	\$132.50/\$145.75
140185-59	RRC	4-6	2/28-4/17	F	11-11:50am	7	\$132.50/\$145.75
140185-60	RRC	4-6	2/28-4/17	F	3:30-4:20pm	7	\$132.50/\$145.75

DROP IN ROLLIE POLLIE OPEN GYM

Bring your preschooler for a fun and active morning. The gym will be open from 9:30-11:30am for open play for you and your child to run, climb, flip, and interact with other children. **Drop ins on the following dates: 1/8, 1/29, 2/12, 2/26, 3/25, & 4/15. \$7(res)/\$7.75(non-res) drop in fee.** Instructor : Maestas

Adult Leagues

ADULT BASKETBALL LEAGUE

This league consists of seven regular season games plus playoffs for the top finishers in each division. **Registration for the spring league will be held 1/20-2/16. In-person registration will close on 2/14. No games 4/12.**

CLASS #	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS	\$
Rosemeade Rec Center								
207000-30	3/8	Rec/Comp	RRC	18+	Su	1-10pm	7	\$395
Crosby Rec Center								
207001-30	3/10	Rec	CRC	18+	Tu	6:30-10:30pm	7	\$395

ADULT FLAG FOOTBALL LEAGUE

Football season is back. Join the fall 8-on-8 Flag Football League. Competitive and recreational divisions play on Thursday evenings. **Teams will be responsible for providing their own flags and game balls. Registration will be held 1/20-2/16. In-person registration will close on 2/14.**

CLASS #	STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS	\$
207050-30	3/5	Coed	McInnish	18+	Th	6:45-10:45pm	8	\$370
207051-30	3/5	Men's	McInnish	18+	Th	6:45-10:45pm	8	\$370

NEW >> ADULT FLAG FOOTBALL TOURNAMENT

Round up your team for the spring Flag Football All-Nighter Tournament. Games will kick off at 9pm on Friday, April 17. **Teams will be responsible for providing their own flags and game balls. Registration will be held 3/9-4/12. In-person registration will close on 4/10.**

CLASS #	STARTS	DIVISION	LOC	AGE	DAY	TIME	\$
207055-30	4/17	Men's	McInnish	18+	F-Sa	9pm	\$205

ADULT RACQUETBALL LEAGUE

This is a coed league and players set their own time to compete. Call ahead to reserve a court. **Matches for the winter league will run 1/13-3/22. Registration deadline for the winter league is 1/5. Matches for the spring league will run 3/30-6/14. Registration deadline for the spring league is 3/22. For more information or help with selecting a level, email cody.wager@cityofcarrollton.com. Divisions are subject to change at league director's discretion.**

LEVELS

- A-1 = Elite Players
- A-2 = Accomplished/Veteran Players
- B-1 = Intermediate Players
- C-1 = Beginner/Recreational Players

CLASS #	LEV	LOC	AGE	DATES	DAY	\$(RES/NR)
200000-05	A-1	RRC	16+	1/13-3/22	M-Su	\$15/\$20
200000-06	A-2	RRC	16+	1/13-3/22	M-Su	\$15/\$20
200000-07	B-1	RRC	16+	1/13-3/22	M-Su	\$15/\$20
200000-08	C-1	RRC	16+	1/13-3/22	M-Su	\$15/\$20
200000-31	A-1	RRC	16+	3/30-6/14	M-Su	\$15/\$20
200000-32	A-2	RRC	16+	3/30-6/14	M-Su	\$15/\$20
200000-33	B-1	RRC	16+	3/30-6/14	M-Su	\$15/\$20
200000-34	C-1	RRC	16+	3/30-6/14	M-Su	\$15/\$20



ADULT SOFTBALL LEAGUE

REGISTRATION DATES:

Winter 250': November 11-December 22
Spring: January 6-February 9

All games are played at McInnish Softball Complex, Sunday through Friday. **Softballs must be purchased from the City.** League divisions include: Men's D, E, Coed, Church, and Men's Senior (40+). **A free agent list for individuals looking for a team is available at cityofcarrollton.com/athletics. No games 4/10 or 4/12.**

WINTER 250'

CLASS #	STARTS	DIVISION	AGE	DAY	\$
207152-00	1/5	Men's Senior DH	40+	Su	\$350
207152-02	1/6	Men's DH	18+	M	\$350
207152-04	1/7	Men's DH	18+	Tu	\$350
207152-06	1/8	Men's DH	18+	W	\$350

SPRING

CLASS #	STARTS	DIVISION	AGE	DAY	\$
207153-00	3/1	Men's SG	18+	Su	\$405
207153-01	3/1	Men's Senior DH	40+	Su	\$350
207153-02	3/2	Men's DH	18+	M	\$350
207153-03	3/3	Men's DH	18+	Tu	\$350
207153-04	3/4	Men's DH	18+	W	\$350
207153-05	3/5	Men's Church	18+	Th	\$405
207153-06	3/6	Coed	18+	F	\$405

ADULT SOFTBALL TOURNAMENTS

The City of Carrollton Parks and Recreation Department invites individuals and softball teams to participate in City-sponsored softball tournaments. The City will host a variety of tournaments at the award-winning McInnish Softball Complex. All tournaments are USSSA sanctioned. **Tournament dates will be posted to cityofcarrollton.com/athletics beginning January 2020.**

Youth Leagues

YOUTH VOLLEYBALL – RECREATION LEAGUE

Carrollton Parks and Recreation youth volleyball is a great way to introduce kids to the sport of volleyball. Participants learn the fundamentals of the game, from game strategy, rules, and mechanics, to basic volleyball techniques including passing, setting, bumping, and hitting. All levels focus on player development, having fun, and sportsmanship. Participants will have one practice a week, and at least one game per week. Registration includes a league jersey, participation in the Pink Out Showcase, and eligible for end of season tournament. Practice begins the week of 2/10 and games begin on 2/29. **Closed-toe athletic shoes are required; volleyball knee pads are recommended. No games on 3/14 and 4/11.**

Early-Bird Registration is December 1-January 20 **\$(RES/NR)** \$80/\$100
Standard Registration is January 21-January 27 **\$(RES/NR)** \$95/\$115

CLASS #	STARTS	DIVISION	AGE
207400-01	2/10	Rec.	7/8U
207400-02	2/10	Rec.	9/10U
207400-03	2/10	Rec.	11/12U
207400-04	2/10	Rec.	13/14U

VOLUNTEER COACHES

Are you interested in coaching in any of the City's youth sports leagues like basketball or volleyball? This is your opportunity. Sign up to be contacted for upcoming coaching opportunities in a league. Class # 169999

Athletic Associations

Baseball

Carrollton Little League leaguelineup.com/carrolltonllb
CFB Baseball Association cfbba.com

Football

Carrollton Youth Football cyfleague.org
Cheer/Drill Teams cyfleague.org

Soccer

CFB Soccer Association cfbsa.org

Softball

CFB Girls Fast Pitch cfbgirlssoftball.com

Special Olympics

Julie Scott jollyjulia@verizon.net

Swimming

Carrollton Aqua Racers aquaracers.swimtopia.com

Martial Arts

KARATE

Karate teaches self-defense, self-discipline, self-control, poise, and politeness. This class offers a chance to advance and learn more skills. Colored belts are an additional fee and can be earned by testing. *The proper uniform, a white Gi, may be purchased from the instructor, but is not mandatory. No class 3/12.* Instructor: Nakaya

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161150-33	CRC	6+	1/9-2/13	Th	6:30-7:45pm	6	\$46/\$50.75
161150-34	CRC	6+	2/20-4/2	Th	6:30-7:45pm	6	\$46/\$50.75
161150-35	CRC	6+	4/9-5/14	Th	6:30-7:45pm	6	\$46/\$50.75

DROP IN>> KUNG FU

Wah Lum Northern Praying Mantis Kung Fu is a traditional Chinese martial arts system. The program focuses on many aspects within this style of Kung Fu including forms, weaponry, self-defense, body strengthening, and flexibility. There is no better way to get in shape than learning a 400-year-old art. Come join the Wah Lum Family. *\$15 drop in fee.* Instructor: Mui

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Adults							
160130-34	RRC	13+	1/7-1/31	Tu	6:15-7:15pm	8	\$70/\$77
				F	6:30-7:30pm		
160130-35	RRC	13+	2/4-2/28	Tu	6:15-7:15pm	8	\$70/\$77
				F	6:30-7:30pm		
160130-36	RRC	13+	3/3-3/31	Tu	6:15-7:15pm	9	\$78.75/\$86.75
				F	6:30-7:30pm		
160130-37	RRC	13+	4/3-4/28	Tu	6:15-7:15pm	8	\$70/\$77
				F	6:30-7:30pm		
Kids							
160135-34	RRC	6-12	1/7-131	Tu	5:15-6:15pm	8	\$75/\$82.50
				F	6:30-7:30pm		
160135-35	RRC	6-12	2/4-2/28	Tu	5:15-6:15pm	8	\$75/\$82.50
				F	6:30-7:30pm		
160135-36	RRC	6-12	3/3-3/31	Tu	5:15-6:15pm	9	\$84.50/\$93
				F	6:30-7:30pm		
160135-37	RRC	6-12	4/3-4/28	Tu	5:15-6:15pm	8	\$75/\$82.50
				F	6:30-7:30pm		

RED TIGER KARATE

Learn American Karate in this white through black belt program that runs year-round. The junior program develops self-esteem, positive behavior, academic achievement, and respect for others. In addition to practicing karate techniques, abduction prevention training, bully prevention, and self-defense skills are integrated into the lessons. Adult classes focus on street self-defense, fitness, and personal development. Benefits of the program will reach beyond the class by improving everyday focus and quality of life, while reducing daily stress. *White uniform (\$30) required and may be purchased in class. For more information, visit redtigerkarate.com or call 817-845-1557. No class 3/10 or 3/13.* Instructor: Margach

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Crosby Rec Center							
161170-36	CRC	5-12	1/14-3/17	Tu	6:30-7:30pm	9	\$60/\$66
161170-37	CRC	13+	1/14-3/17	Tu	7:30-8:30pm	9	\$60/\$66
161170-46	CRC	5-12	3/24-5/19	Tu	6:30-7:30pm	9	\$60/\$66
161170-47	CRC	13+	3/24-5/19	Tu	7:30-8:30pm	9	\$60/\$66
Rosemeade Rec Center							
160170-36	RRC	5-7	1/17-3/20	F	6-7pm	9	\$60/\$66
160170-37	RRC	8-12	1/17-3/20	F	7-8pm	9	\$60/\$66
160170-38	RRC	13+	1/17-3/20	F	8-9pm	9	\$60/\$66
160170-46	RRC	5-7	3/27-5/22	F	6-7pm	9	\$60/\$66
160170-47	RRC	8-12	3/27-5/22	F	7-8pm	9	\$60/\$66
160170-48	RRC	13+	3/27-5/22	F	8-9pm	9	\$60/\$66

DROP IN>> TAI CHI

Tai Chi is an internal exercise program which consists of slow, relaxed, flowing, and balanced movements. There are many health benefits to practicing Tai Chi including increase in energy, improved balance, and strength. Some aspects of the program include meditation, stretching, and empty-hand and weapon forms in the Yang and Chen styles. *\$15 drop in fee.* Instructor: Mui

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Rosemeade Rec Center							
160110-34	RRC	13+	1/10-1/31	F	5:30-6:30pm	4	\$45/\$49.50
160110-35	RRC	13+	2/7-2/28	F	5:30-6:30pm	4	\$45/\$49.50
160110-36	RRC	13+	3/6-3/27	F	5:30-6:30pm	4	\$45/\$49.50
160110-37	RRC	13+	4/3-4/24	F	5:30-6:30pm	4	\$45/\$49.50
Senior Rec Center							
132015-30	SRC	13+	1/11-1/25	Sa	9:15-10:15am	3	\$33.75/\$37.25
132015-31	SRC	13+	2/1-2/29	Sa	9:15-10:15am	5	\$56.25/\$62
132015-32	SRC	13+	3/7-3/28	Sa	9:15-10:15am	4	\$45/\$49.50
132015-33	SRC	13+	4/4-4/25	Sa	9:15-10:15am	4	\$45/\$49.50



Sports Classes

AMO VOLLEYBALL

Allison and Michelle Operations (AMO) Volleyball covers all aspects of the game for athletes at all levels. We pride ourselves on providing experienced coaches who are able to deliver personalized instruction, high intensity, and fun. The goals for each class and camp are to teach the fundamental aspects of the game (physical, technical, mental, and emotional), emphasize efficiency, correct technique, and increase volleyball knowledge. After the second week of class, AMO will make session recommendations based on player assessment to better fit the athlete's skill level. This will ensure each player is learning in an environment that can facilitate growth. Instructor: AMO Volleyball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Crosby Rec Center							
161120-10	CRC	7+	1/27-3/2	M	6:30-7:30pm	6	\$150/\$165
161120-11	CRC	7+	3/23-4/27	M	6:30-7:30pm	6	\$150/\$165
Rosemeade Rec Center							
160120-10	RRC	7+	1/29-3/4	W	6:30-7:30pm	6	\$150/\$165
160120-11	RRC	7+	1/29-3/4	W	7:30-8:30pm	6	\$150/\$165
160120-12	RRC	7+	3/25-4/29	W	6:30-7:30pm	6	\$150/\$165
160120-13	RRC	7+	3/25-4/29	W	7:30-8:30pm	6	\$150/\$165

BASKETBALL TECH

Designed for players of all skills and abilities, Basketball Tech will focus on dribbling, passing, and shooting. This is a skill-based program, but uses fun drills and games to reinforce techniques being taught. This is perfect for young, budding stars. **Bring basketball/gym shoes and a water bottle. No class 3/9.**

Instructor: Bowmen Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160010-11	RRC	7-12	1/6-1/27	M	5:30-6:30pm	4	\$45/\$49.50
160010-12	RRC	7-12	2/3-2/24	M	5:30-6:30pm	4	\$45/\$49.50
160010-13	RRC	7-12	3/2-3/30	M	5:30-6:30pm	4	\$45/\$49.50
160010-14	RRC	7-12	4/6-4/27	M	5:30-6:30pm	4	\$45/\$49.50

BEGINNER BASKETBALL

This fun clinic is designed for players of all skills and abilities. Program time will focus on dribbling, passing, and shooting. This is a skill-based program, but uses fun drills and games to reinforce techniques being taught. **Bring basketball/gym shoes and a water bottle. No class 3/9.** Instructor: Bowmen Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160020-10	RRC	4-6	1/6-1/27	M	4:30-5:15pm	4	\$40/\$44
160020-11	RRC	4-6	2/3-2/24	M	4:30-5:15pm	4	\$40/\$44
160020-12	RRC	4-6	3/2-3/30	M	4:30-5:15pm	4	\$40/\$44
160020-13	RRC	4-6	4/6-4/27	M	4:30-5:15pm	4	\$40/\$44

More fun for your little one:

- Perry Museum fun is on page 8;
- Library classes start on page 14;
- Art and dance classes on page 30;
- Gymnastics are on page 35;
- Martial arts on page 38;
- and tennis is on page 43

NEW>> BOWMEN ROOKIES

This class introduces sports fundamentals and physical activity for those just starting out. Basic team sports, skills, games and rules are explained and practiced in a super-fun and active class atmosphere. Parents can watch or join in. Sports include: basketball, soccer, general, and games. **All equipment supplied by Bowmen Sports. No class 3/11.** Instructor: Bowmen Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160006-11	RRC	3-5	1/8-1/29	W	9:30-10:15am	4	\$45/\$49.50
160006-12	RRC	3-5	2/5-2/26	W	9:30-10:15am	4	\$45/\$49.50
160006-13	RRC	3-5	3/4-4/1	W	9:30-10:15am	4	\$45/\$49.50
160006-14	RRC	3-5	4/8-4/29	W	9:30-10:15am	4	\$45/\$49.50



FENCING FOR BEGINNERS

Learn the sport of fencing from an Olympic-level coach. Students will learn to think strategically, solve problems quickly, evaluate the cause and effect of their actions, overcome attitudes and fears, and win and lose graciously. Upon session completion, students will have the physical and mental competency to fence in simulated bouts. **Athletes should wear comfortable clothing and tennis shoes. Fee covers all equipment including uniform, mask, weapon, and safety equipment. Camps are held at International Fencers Alliance, 2640 Old Denton Road, Suite 212. For more information, contact badawifencing@yahoo.com or visit ifafencers.com or facebook.com/ifafencers. No class 3/14.** Instructor: Badawi

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167040-01	IFA	7-16	1/4-1/25	Sa	12-1pm	4	\$75/\$82.50
167040-02	IFA	7-16	2/1-2/22	Sa	12-1pm	4	\$75/\$82.50
167040-03	IFA	7-16	2/29-3/28	Sa	12-1pm	4	\$75/\$82.50
167040-04	IFA	7-16	4/4-4/25	Sa	12-1pm	4	\$75/\$82.50

NEW>> HOMESCHOOL PE

Homeschool PE explores many sports and recreation activities. Each class begins with a dynamic warm-up and stretch. Students rotate through agility stations and drills. Each unit of study includes sport specific drills and games including rules of the game, strategy, and the fundamentals required to play. Students will also enjoy fun classic games like kickball, dodgeball, whiffle ball, and capture the flag in addition to running a one-mile test and learning body weight strength training. **Bring basketball/gym shoes and a water bottle. No class 3/11.**

Instructor: Bowmen Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160031-00	RRC	6-13	1/8-1/29	W	10:30am-12pm	4	\$49/\$54
160031-01	RRC	6-13	2/5-2/26	W	10:30am-12pm	4	\$49/\$54
160031-02	RRC	6-13	3/4-4/1	W	10:30am-12pm	4	\$49/\$54
160031-03	RRC	6-13	4/8-4/29	W	10:30am-12pm	4	\$49/\$54



KIDZ LOVE SOCCER

Each session includes age-appropriate activities including skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience the game in a safe, non-competitive environment. **Classes are held outdoors at Josey Ranch Sports Complex. Participants will receive a Kidz Love Soccer jersey. Bring water bottle and shin guards. Parents are encouraged to bring an outdoor chair and watch the classes. Ages 2-3½ requires adult participation, no shin guards required for this age. For detailed class descriptions, visit kidzlovesoccer.com. For questions call 888-277-9542 or email info@kidzlovesoccer.com. No class 3/14.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167030-00	JRSC	2-3.5	2/15-3/28	Sa	9-9:30am	6	\$82/\$90.25
167030-01	JRSC	3.5-5	2/15-3/28	Sa	9:40-10:15am	6	\$82/\$90.25
167030-02	JRSC	5-7	2/15-3/28	Sa	10:15-11am	6	\$82/\$90.25
167030-03	JRSC	7-10	2/15-3/28	Sa	11-11:45am	6	\$82/\$90.25

Outdoor - Josey Ranch Sports Complex – Field #6

NEW>> MINI-HAWK MULTI SPORT CAMP

This baseball, basketball, and soccer program gives children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. Instructor: Skyhawks Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160070-11	RRC	3-4	1/7-1/28	T	4:30-5:05pm	4	\$60/\$66
160070-12	RRC	3-4	2/4-2/25	T	4:30-5:05pm	4	\$60/\$66
160070-13	RRC	3-4	4/7-4/28	T	4:30-5:05pm	4	\$60/\$66
160091-14	RRC	5-6	1/7-1/28	T	5:15-6:00pm	4	\$60/\$66
160091-14	RRC	5-6	2/4-2/25	T	5:15-6:00pm	4	\$60/\$66
160091-14	RRC	5-6	4/7-4/28	T	5:15-6:00pm	4	\$60/\$66

NEW>> SKYHAWKS FLAG FOOTBALL SKILLS CAMP

Through a fun and exciting environment young athletes will learn skills on both sides of the football. Core components of passing, catching, and defense will be taught along with different physical skills needed to participate in flag football. The camp will end with the Skyhawks Super Bowl. Instructor: Skyhawks Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167090-00	JRSC	7-12	2/6-2/27	Th	5-6pm	4	\$60/\$66
167090-01	JRSC	7-12	4/9-4/30	Th	5-6pm	4	\$60/\$66

Outdoor - Josey Ranch Sports Complex – Field #6

NEW>> SKYHAWKS TRACK & FIELD PERFORMANCE

Improve your track and field skills by combining technical development, fundamental methods, and safety with a major focus on fun. Using special equipment, our staff cover the fundamentals of body positioning, stride, proper stretching, and cool-down techniques to help your young athlete excel.

Instructor: Skyhawks Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167095-00	JRSC	7-12	2/5-2/26	W	5-6pm	4	\$60/\$66
167095-01	JRSC	7-12	4/8-4/29	W	5-6pm	4	\$60/\$66

Outdoor - Josey Ranch Sports Complex – Field #6

SPRING BREAK BASKETBALL CAMP

This camp features drills and skill instruction covering ball handling, passing, creating space, moving without the ball, proper shooting form, and offensive and defensive footwork. Students will have games and fun competitions to make the learning enjoyable. It's a great way to spend a Spring Break. **Bring basketball/gym shoes, a snack, and a water bottle.** Instructor: Bowmen Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160025-00	RRC	6-12	3/9-3/13	M-Th	9am-12pm	4	\$85/\$93.50

NEW>> YOUTH ATHLETE PERFORMANCE TRAINING

Through proper performance training, young athletes can improve their performance while staying healthy on and off the field. Jumping higher, running faster, and maintaining balance and body control are just a few ways participants can expect to improve in this training. Kids work hard, have fun, and get better! **For more details, call 469-289-6656 or email rlight@rtgperformanceacademy.net.**

Instructor: RTG Performance Academy

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160091-11	RRC	9-13	1/4-1/26	Sa/Su	1-2pm	8	\$80/\$88
160091-12	RRC	9-13	2/1-2/23	Sa/Su	1-2pm	8	\$80/\$88
160091-13	RRC	9-13	3/7-3/29	Sa/Su	1-2pm	8	\$80/\$88
160091-14	RRC	9-13	4/4-4/26	Sa/Su	1-2pm	8	\$80/\$88

Pickleball Open Play

Courts and equipment are now available at Crosby Recreation Center for guests to enjoy. All guests must have a membership or a day pass to participate.

Open Play Times:

Crosby Recreation Center

Tuesday-Thursday: 6-11am

Monday, Wednesday, & Friday: 6am-1pm*

*Mondays, Wednesdays, and Fridays are Senior days at Crosby.

Play for free with a valid Senior Center membership.



Oak Creek Tennis Center

2531 Oak Creek Drive • 972-466-6389 • oakcreektenniscenter.com

Oak Creek Tennis Center (OCTC), conveniently located northwest of the Dallas North Tollway and President George Bush Turnpike, features 12 lighted hard courts with shaded spectator and court benches. Our Pro Shop includes racquets, stringing, accessories, and snacks. The City of Carrollton prides itself on having one of the premier full-service municipal tennis facilities in North Texas.

OCTC has several U.S. Professional Tennis Association (USPTA) certified tennis professionals on staff. A full array of adult and junior programs, tournaments, and special events are held year-round. It is home to numerous men's, women's, mixed, and senior teams competing in United States Tennis Association (USTA), Tennis Competitors of Dallas (TCD), and metro league play and is also home to local middle school and high school teams.

HOURS OF OPERATION

Winter Hours (End February 9)

Monday-Thursday 9am-10pm
 Friday 9am-8pm
 Saturday 8:30am-6pm
 Sunday 10am-7pm

Spring Hours (Begin February 10)

Monday-Thursday 8:30am-10pm
 Friday 8:30am-8pm
 Saturday 8:30am-6pm
 Sunday 10am-7pm
 Holiday Hours: Closed 1/1 & 4/1

The OCTC reserves the right to close due to inclement weather. Players should call 972-466-6389 (option 1) for the status of programs.



FACILITY USE PRICES

Court Fees

	Resident	Non-resident
Adult & Youth	\$2.50	\$4

Court fees are per person and are limited to 1½ hours. Reservations are accepted up to 48 hours in advance.

Ball Machine Rental

	Resident	Non-resident
1 Hour	\$15	\$17
30-Day Pass	\$50	\$55

Ball machine rental includes court fees for one person. Additional family members may join at no charge. Additional non-family members will incur regular court fee charges. Reservations are accepted up to 48 hours in advance.

Satellite Court Fees

	Resident	Non-resident
1 Hour/Court	\$2	\$3.50

The City of Carrollton offers 17 neighborhood outdoor tennis courts. Courts at unstaffed parks are available on a first-come, first-served basis. Tennis court usage is free at all neighborhood sites as a walk-on. However, if you would like to ensure a reservation, all courts may be reserved in one-hour increments at the OCTC. The courts are available during park hours, which are 5am to 10:30pm daily. Lights are available at all facilities. Parks & Recreation tennis classes may be scheduled at court locations; signage regarding class schedules will be posted at the courts when applicable. Reservations are accepted up to 48 hours in advance.

PRO SHOP/RACQUET SERVICING

OCTC carries Babolat, Dunlop, Head™, Prince™, and Wilson™ racquets, strings, grips, and accessories at competitive prices. Stringing is generally completed within three days. Stringing labor is \$12. Same-day stringing service is an additional \$5. Racquet rentals are available for \$5.

PRIVATE LESSONS

OCTC has several USPTA certified professionals on staff available for private lessons. Unable to find an adult or junior class that fits your schedule? Inquire about our private group rates. To schedule a private lesson, call 972-466-6389.

ADULT TEAM TENNIS

OCTC is home to numerous men's, women's, mixed, and senior teams competing in USTA, TCD, and metro league play. Call 972-466-6388 if you are interested in joining an existing team or starting a new one.



Adult Tennis Classes

The OCTC Adult Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or cancelled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made up based on availability. Contact OCTC first to check availability for any makeup classes.
- All class makeups must be completed during the current session.
- Inclement weather cancellations that cannot be made up will be issued a credit at the conclusion of the session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

1 hour class: Resident: \$63; Non-resident: \$70

1½ hour class: Resident: \$90; Non-resident: \$100

Drop ins allowed based on availability and pro approval.

1 hour class: \$15 Res/\$17 NR

1½ hour class: \$22 Res/\$24 NR

- Session 1: January 6-February 8
- Session 2: February 10-March 14
- Session 3: March 16-April 18
- Session 4: April 20-May 23

Classes meet once a week for five weeks.

BEGINNER: NTRP 2.0-2.5

Monday	6-7:30pm
Tuesday	6-7:30pm
Thursday	6-7:30pm
Saturday	9-10:30am

ADVANCED BEGINNER: NTRP 2.5-3.0

Monday	6-7:30pm
Tuesday	6-7:30pm
Thursday	6-7:30pm
Saturday	9-10:30am

INTERMEDIATE: NTRP 3.0-4.0

Monday (Intro)	7:30-9pm
Tuesday	7:30-9pm
Thursday (Intro)	7:30-9pm
Saturday	10:30am-12pm
Saturday	12-1:30pm



Adult Tennis Drills

ADVANCED DRILLS (NTRP 4.0+)

(PREREQUISITE: INTERMEDIATE CLASS OR PRO APPROVAL)

A variety of high-octane drills conducted by USPTA certified tennis professionals are specifically geared for players who have dependable strokes with directional control. Fast-paced drills are excellent for league and tournament players wanting to hit many balls. **Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. Class minimum is three players. If the drill consists of only three players, the drill will be shortened to one hour.**

DAY	TIME	LEVEL	\$(RES/NR)
Monday	7-8:30pm	4.0 and above	\$16/\$18
Wednesday	7-8:30pm	4.0 and above	\$16/\$18
Saturday	1-2:30pm	4.0 and above	\$16/\$18

CARDIO TENNIS (NTRP 3.5-4.0)

This fast-paced drill is sure to get you moving. Cardio Tennis drills will keep you on your toes for the entire 1½ hours. **Sign up online at least one hour before the drill or stop by OCTC to register.**

Preregistration is strongly encouraged. If the drill consists of only three players, the drill will be shortened to one hour.

DAY	TIME	LEVEL	\$(RES/NR)
M	7-8:30pm	3.5-4.0 (Int)	\$16/\$18
W	6-7:30pm	2.5-3.0 (Beg/Adv Beg)	\$16/\$18
W	7:30-9pm	3.5-4.0 (Int/Adv)	\$16/\$18

Adult Tennis Events

"1ST FRIDAY" DOUBLES MIXER

No partner is necessary since we provide the pairings for you. Players are grouped according to NTRP level (2.5-5.0). Format consists of timed rounds of progressive partner doubles. Snacks, soft drinks, dinner, and prizes are provided. **Sign up online at least one hour before the drill or stop by OCTC to register. Preregistration is strongly encouraged. If minimums are not met, cancellation will be one day before the mixer starts. Join us on the first Friday of each month (2/7, 3/6, 4/3, & 5/1) for this popular event.**

DAY	TIME	LEVEL	\$(RES/NR)
1 st Friday	6:30-9pm	All	\$\$22.50/\$25

Adult Tennis Leagues

SINGLES LEAGUES

Play the best of three sets, no-ad scoring, with a match tiebreak (first to 10 points by a margin of two) in lieu of a third set. A maximum time limit of 1½ hours is enforced. Awards are presented to division winners. League champions are eligible to move up to the next level and last place finishers may be required to move down one level. The number of weeks may vary based on the number of entries.*

Session 1: January 7-February 27

Session 2: March 17-May 7

*Leagues meet once a week for eight weeks.

DATES	DAY	TIME	\$(RES/NR)
Mens 4.0	Tu	7:30-9pm	\$59/\$65
Mens 4.0	Th	7:30-9pm	\$59/\$65

Junior Tennis Classes

The Oak Creek Tennis Center Junior Program is conducted by USPTA-certified tennis professionals who are dedicated to helping your child learn tennis to compete at the tournament and school levels. All class makeups must be completed during the current session. Inclement weather cancellations that cannot be made up will be issued a credit at the conclusion of the session. Medical refunds will be granted at a prorated amount for the portion of the class missed, if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred. Drop ins allowed based on availability and pro approval. (All drop ins are charged 20 percent above the one-day class rate.) If minimum enrollment is not met, classes may be combined or cancelled two days prior to the start date. Classes missed due to inclement weather or on your own account may only be made up based on availability. Contact OCTC first to check availability for any makeup classes.

10YRS & UNDER DEVELOPMENT PROGRAM (BEGINNER TO ADVANCED)

Location: Oak Creek Tennis Center
Contact oakcreektennis@cityofcarrollton.com

4-Week Fees: \$54 Resident/\$60 Non-resident
Per Session/one 60 min. class per week

\$90 Resident/\$100 Non-resident
Per Session/two 60 min. classes per week

\$77 Resident/\$85 Non-resident
Per Session/one 90 min. class per week

\$140 Resident/\$155 Non-resident
Per Session/two 90 min. classes per week

\$189 Resident/\$210 Non-resident
Per Session/three 90 min. classes per week

Winter Session 1 January 6-February 1
Winter Session 2 February 3-February 29

Spring Session 1 March 2-April 4*
Spring Session 2 April 6-May 2
Spring Session 3 May 4-May 30

*Excludes Spring Break Camp Week



TINY SHOTS

This specialized program is designed to stimulate, challenge, and appeal to budding tennis players. Children will learn motor skills necessary to play tennis and other sports throughout their lives. Students will use the red USTA-approved low-compression ball. The 36' court will also be used. Sign up for one or two days per week.

AGE	DAY	TIME	SESSIONS
4-6	M	4:30-5:30pm	1, 2 and 1, 2, 3
4-6	Tu	4:30-5:30pm	1, 2 and 1, 2, 3
4-6	W	4:30-5:30pm	1, 2 and 1, 2, 3
4-6	Th	4:30-5:30pm	1, 2 and 1, 2, 3
4-6	Sa	9-10am	1, 2 and 1, 2, 3

ORANGE BALL

(BEGINNER/INTERMEDIATE)

Basic tennis skills are learned while using the orange ball on the 60' court. Orange balls have a slightly softer bounce than regular balls, allowing students to learn at a quicker rate with the correct technique. Players need 25-inch racquets and non-marking tennis shoes. Sign up for one to three days per week.

AGE	DAY	TIME	SESSIONS
7-10	M	4:30-6pm	1, 2 and 1, 2, 3
7-10	Tu	4:30-6pm	1, 2 and 1, 2, 3
7-10	W	4:30-6pm	1, 2 and 1, 2, 3
7-10	Th	4:30-6pm	1, 2 and 1, 2, 3
7-10	Sa	9-10:30am	1, 2 and 1, 2, 3

GREEN DOT

(INTERMEDIATE/ADVANCED)

This class is designed for advanced level players participating in USTA events and tournaments and emphasizes advanced spins and court movement/tactics. Players in this group are required to play tournaments throughout the year and set goals for their improvement. Two days/week minimum attendance required for skill development. Approval needed by Junior Director, Coach David. Tennis-specific shoes are required. Sign up for two to four days per week.

AGE	DAY	TIME	SESSIONS
7-10	M	4:30-6pm	1, 2 and 1, 2, 3
7-10	Tu	4:30-6pm	1, 2 and 1, 2, 3
7-10	W	4:30-6pm	1, 2 and 1, 2, 3
7-10	Th	4:30-6pm	1, 2 and 1, 2, 3
7-10	Sa	10:30am-12pm	1, 2 and 1, 2, 3



11YRS & UP PROGRAM (BEGINNER TO ADVANCED)

Location: Oak Creek Tennis Center
Contact oakcreektennis@cityofcarrollton.com

4-Week Fees: \$77 Resident/\$85 Non-resident
Per Session/one 90 min. class per week
\$140 Resident/\$155 Non-resident
Per Session/two 90 min. classes per week
\$189 Resident/\$210 Non-resident
Per Session/three 90 min. classes per week
\$198 Resident/\$220 Non-resident
Per Session/two 120 min. classes per week
\$261 Resident/\$290 Non-resident
Per Session/three 120 min. classes per week
\$315 Resident/\$350 Non-resident
Per Session/four 120 min. classes per week

Winter Session 1 January 6-February 1
Winter Session 2 February 3-February 29
Spring Session 1 March 2-April 4*
Spring Session 2 April 6-May 2
Spring Session 3 May 4-May 30

*Excludes Spring Break Camp Week

INSTRUCTIONAL PLAYER DEVELOPMENT

This is a great way to learn to hit the ball, gain confidence, meet others, and begin to play tennis matches while having fun. Sign up for one to three days per week. Focus is on fundamentals of the game and technical development. Excellent regular fitness for kids.
Level: Beginner to Advanced-Beginner.

AGE	DAY	TIME	SESSIONS
11-18	M	5:30-7pm	1, 2 and 1, 2, 3
11-18	Tu	5:30-7pm	1, 2 and 1, 2, 3
11-18	W	5:30-7pm	1, 2 and 1, 2, 3
11-18	Th	5:30-7pm	1, 2 and 1, 2, 3
11-18	Sa	10:30am-12pm	1, 2 and 1, 2, 3

COMPETITIVE-ADVANCED JR DEVELOPMENT

This program is designed for players participating in Challenger, Champ, Superchamp, or varsity high school teams. This class emphasizes advanced tactics, movement, and tournament-level competition. Fitness and mental training is stressed for tournament play. Players in this group are required to play tournaments throughout the year. Travel teams available for out-of-town tournaments. Approval needed by Junior Director Coach David. Sign up for two to four days per week.

AGE	DAY	TIME	SESSIONS
11-18	M	5:30-7:30pm	1, 2 and 1, 2, 3
11-18	Tu	5:30-7:30pm	1, 2 and 1, 2, 3
11-18	W	5:30-7:30pm	1, 2 and 1, 2, 3
11-18	Th	5:30-7:30pm	1, 2 and 1, 2, 3

For your convenience,
recreation centers
accept Visa and
MasterCard for all Parks
& Recreation fees.



Spring Break Camps

Players must wear athletic shoes (non-marking soled shoes), and are encouraged to wear sunscreen, bring a tennis racquet and a snack, and wear comfortable clothes including a visor or cap. Ice water provided.

Location: Oak Creek Tennis Center,
Contact: oakcreektennis@cityofcarrollton.com

Fees: \$54 Resident/\$60 Non-resident
four 60 min. classes
\$108 Resident/\$120 Non-resident
four 120 min. classes
\$171 Resident/\$190 Non-resident
four 180 min. classes

CAMP DATES:

Spring Break: March 9-12

RED BALL-ORANGE BALL-GREEN BALL CAMPS (10&UNDER)

Participants will love this exciting week of fun tennis improvement. Each camp will include tennis-related drills, game play, and stroke-specific activities. Participants will be grouped by age and then by ability.

AGE	TIME
4-6 (Red Ball)	9:30-10:30am
7-10 (Orange/Green Ball)	9:30-11:30am

INSTRUCTIONAL PLAYER DEVELOPMENT CAMPS (11&UP BEGINNER/ADVANCED BEGINNER)

Players will work on match play strategy in a game environment under supervision of tennis staff. Games such as singles and doubles attack drills along with full court rotation games will be played. Participants will be grouped by ability.

AGE	TIME
11-18	9:30-11:30am

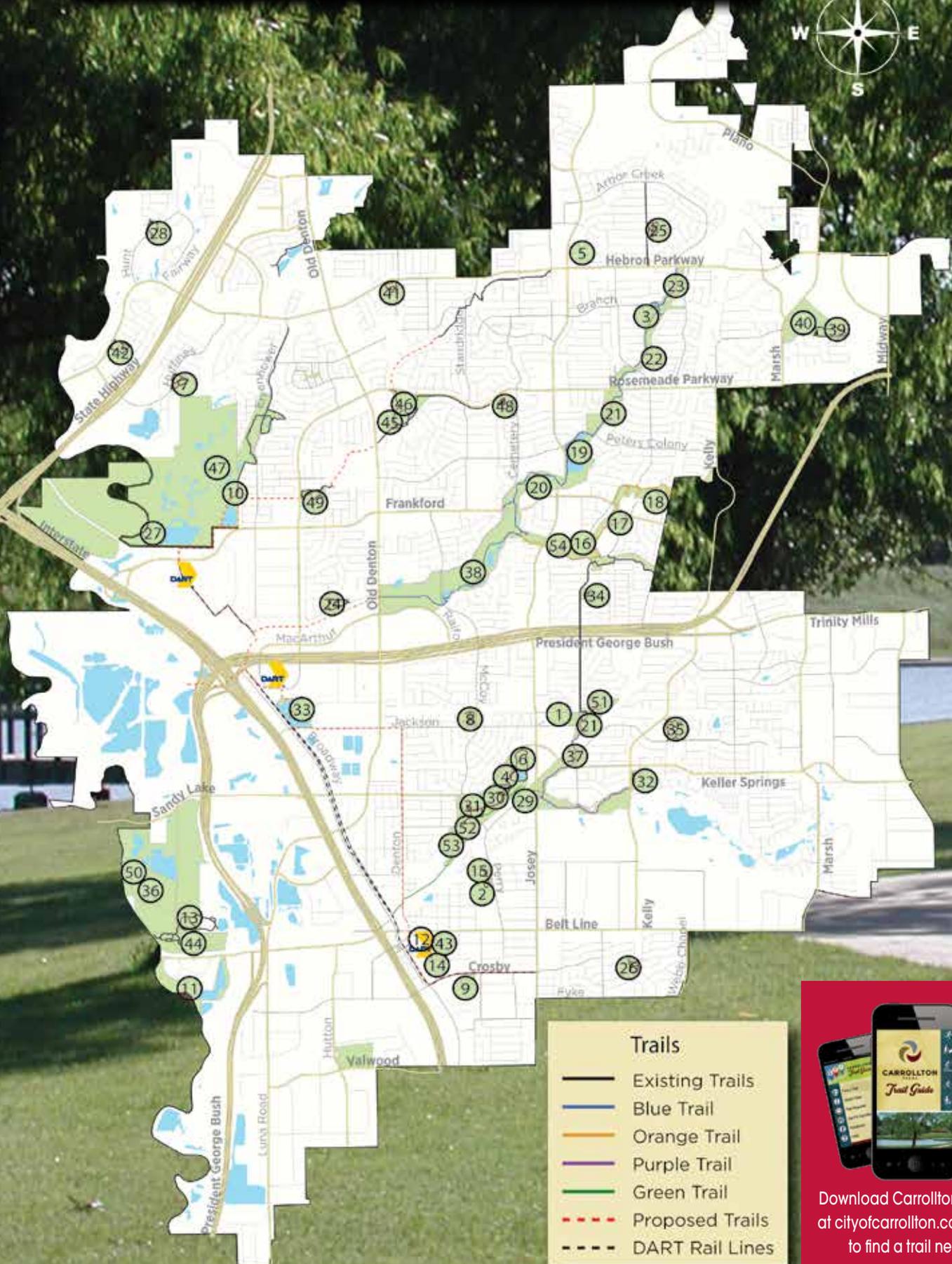
COMPETITIVE-ADVANCED JR DEVELOPMENT (11&UP INTERMEDIATE/ADVANCED)

Players will work on technique, drills, and match play strategy in a game environment under supervision of tennis staff. Games such as singles and doubles attack drills along with full court rotation games will be played. Participants will be grouped by ability.

AGE	TIME
11-18	9:30am-12:30pm

Visit Carrollton Leisure Facilities

You're never far from a Carrollton park or leisure facility!



Trails

- Existing Trails
- Blue Trail
- Orange Trail
- Purple Trail
- Green Trail
- Proposed Trails
- DART Rail Lines

Download Carrollton's Trail App at cityofcarrollton.com/trailapp to find a trail near you!



MAKE THE

LIBRARY YOUR DESTINATION

THIS SPRING



HARRY POTTER YULE BALL



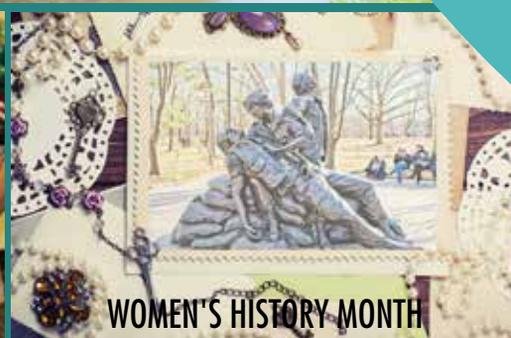
SPRING BREAK STEAM FAIR



AFRICAN-AMERICAN READ-IN



CHINESE NEW YEAR CELEBRATION



WOMEN'S HISTORY MONTH

See the Library Section (pages 14-19) for more information.

LEISURE

CALENDAR



January - April 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

January

- 1 New Year's Day (no classes, City facilities closed; for recreation facilities, see holiday hours pp. 4-5)
- 1 Library Winter Reading Challenge Begins, Both Library Locations, 972-466-4800
- 3 Harry Potter Yule Ball, Josey Ranch Lake Library, 972-466-4800
- 18 Martin Luther King Jr. Day Parade, 972-242-0933
- 18 Adult Prom, Crosby Recreation Center, 972-466-9804
- 26 Chinese New Year Celebration, Hebron & Josey Library, 972-466-4800



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

February

- 9 African-American Read-In, Josey Ranch Lake Library, 972-466-4800
- 22 Daddy Daughter Dance, Bent Tree Bible Fellowship Church, visit cityofcarrollton.com/daddydaughterdance to register
- 26 Sensory Friendly Movie Night, Carrollton Senior Center, 972-466-4299
- 29 Run for Rover, McInnish Dog Park, 972-466-9816



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

March

- 4 Citizens' Evening, Carrollton Senior Center Texas Ballroom, 972-466-4299
- 7 TEXFest, Downtown Carrollton, 972-466-9808
- 13 Spring Break STEAM Fair, Josey Ranch Lake Library, 972-466-4800
- 14 Saturdays on the Square: Karaoke Night, Downtown Carrollton, 972-466-9135
- 21 \$5 Rabies Vaccinations & Free Pet Registration, Carrollton Animal Services & Adoption Center, 972-466-3420
- 28 Elm Fork Ladybug Release, Elm Fork Nature Preserve, 972-466-9811



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

April

- 3 & 4 Friends of the Carrollton Public Library Book Sale, Josey Ranch Lake Library, 972-466-4800
- 11 Saturdays on the Square: Dog Movie Night, Downtown Carrollton, 972-466-9135
- 18 Spring Blooms, A.W. Perry Homestead Museum, 972-466-6382
- 25 Carrollton Trails 5K Run/1 Mile Fun Run/Walk, parking at Creekview High School, 972-466-9816
- 29 Sensory Friendly Movie Night, Carrollton Senior Center, 972-466-4299

