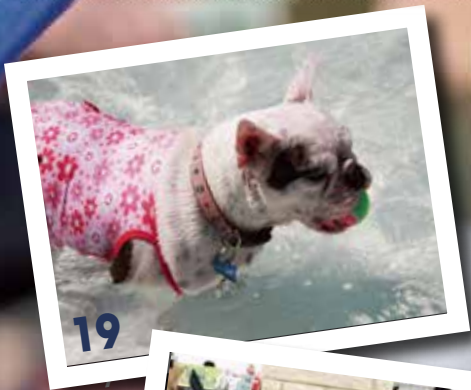


LEISURE

CONNECTIONS

SEPTEMBER-DECEMBER 2018



Register for Classes and Events Now!



2018



FESTIVAL AT THE SWITCHYARD

SAT. NOV. 3 • 11AM-10PM • DOWNTOWN CARROLLTON



FREE Concerts • Great Food
Children's Entertainment • Arts & Crafts
FREE Rides & Games • Beer Garden

carrolltonfestival.com • 972-466-3084





From the Parks and Recreation Director...

Fall into fun with the City of Carrollton's guide to leisure and activities. We've got an exciting lineup of events this season from Carrollton's signature Festival at the Switchyard and the popular Pooch Pool Party, to photos and fun with Santa, programs at the Library, and our extensive list of activities in all categories. Stroll Downtown Carrollton with the whole family, and enjoy an evening under the stars with our movies and concerts on the Square. The City continues to offer more than a few choices for delicious dining and seasonal shopping. Plus, it's easy to get to. Carrollton's ever-expanding trails system will lead you right to the Square. Additionally, take your next DART ride to the Downtown Carrollton Station on the Green Line. It's easy, fun, and, economical. Find everything you need, all in Carrollton. Visit cityofcarrollton.com/parksandrec for more information.

Scott Whitaker, Carrollton Parks and Recreation Director

On the cover...

Carrollton's 9th Annual Festival at the Switchyard provides FREE family-friendly, community-centered fun. Come out to Downtown Carrollton on Saturday, November 3 to try a bite from a variety of food vendors, shop Festival booths and Downtown stores, take a break in the beer garden, and rock along with the main stage entertainment including nationally known openers Vertical Horizon and Tonic, and a nationally known headliner to be announced mid-August, while the kids enjoy a free activity area with entertainers, bungee trampolines, face painters, and more. With FREE admission, FREE parking, FREE rides, FREE games, and FREE concerts, the Festival at the Switchyard is a family favorite.

We look forward to seeing you there for a memorable day full of good tunes, good treats, and good times. Entertainment and Festival information is available at carrolltonfestival.com, facebook.com/carrolltonfestival, and twitter.com/carrolltonfest.



Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins August 6.

Non-resident registration begins August 20.

Classes begin August 27.

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Facilities

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Education

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Fitness

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Facility Listings



A.W. PERRY HOMESTEAD MUSEUM (page 8)

1509 N. Perry Road

972-466-6380

cityofcarrollton.com/museum

facebook.com/PerryHomesteadMuseum

Open Tuesday through Thursday, and Saturday. Tours at 11am and 1pm, or by appointment. For more information or group tour reservations, call or visit online. Free admission.



SPORTS & LEAGUE ADMINISTRATION

1330 E. Rosemeade Parkway

972-466-9833

cityofcarrollton.com/athletics

facebook.com/carrolltonparks

[twitter.com@carrolltonsport](https://twitter.com/carrolltonsport)

Rainout Line: 972-695-2355

Hours:

M-F 8am-5pm

CROSBY RECREATION CENTER

Amenities: Gymnasium • Weight/Cardio Room • Cross Training Gym • Game Room/Snack Area • Public Computers • Video Games • Table Games • Locker Rooms w/Showers • Pickleball • Free Wi-Fi

1610 E. Crosby Road

972-466-9810

cityofcarrollton.com/crosby

Hours:

M-F 6am-9pm

Sa 9am-6pm

Su Closed



INDIAN CREEK GOLF CLUB (page 36)

1650 W. Frankford Road

972-466-9850

indiancreekgolfclub.com

facebook.com/indiancreekgolfclub

instagram.com/indiancreekgolfclub_dfw/

twitter.com/IndianCreek_gc

LIBRARY (page 14)

972-466-4800

cityofcarrollton.com/library

facebook.com/carrolltonpubliclibrary

twitter.com/CarrolltonTxLib

instagram.com/cplteenleague

pinterest.com/carrolltonlibrary

twitter.com/CarrolltonTxLib



Hebron & Josey Library

4220 N. Josey Lane
(at Hebron Parkway)

Su 2-6pm

M 10am-9pm

Tu Noon-9pm

W 10am-6pm

Th Noon-9pm

F Closed

Sa 10am-6pm

Josey Ranch Lake Library

1700 Keller Springs Road
(west of Josey Lane)

Su 2-6pm

M 10am-9pm

Tu 10am-6pm

W Noon-9pm

Th Closed

F 10am-6pm

Sa 10am-6pm

Facility Listings

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Library

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Education

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Fitness

Aquatics

Sports



OAK CREEK TENNIS CENTER (page 41)

2531 Oak Creek Drive
972-466-6389
oakcreektenniscenter.com

Fall Hours

Ends November 18, 2018

M-Th	8:30am-10pm
F	8:30am-8pm
Sa	8:30am-6pm
Su	10am-7pm

Winter Hours

Begins November 19, 2018

M-Th	9am-10pm
F	9am-8pm
Sa	8:30am-6pm
Su	10am-7pm

The OCTC reserves the right to close due to inclement weather and/or lack of court demand. Players should call 972-466-6389 (option 1) for the status of programs.



PARKS & RECREATION ADMINISTRATION

1610 E. Crosby Road
972-466-3080
cityofcarrollton.com/parksandrec
facebook.com/carrolltonparks
Event Hotline: 972-466-9135

Hours:

M-Th	7:30am-5:30pm
F	7:30-11:30am



ROSEMEADE RECREATION CENTER

Amenities: Two Gymnasiums • Weight Room • Cardio Room • Spin Room • Four Racquetball Courts • Game Room/Snack Area • Dance/Fitness Studio • Playground • Locker Rooms w/Showers • Video Games • Table Games • Pickleball • Wi-Fi Available

1330 E. Rosemeade Parkway
972-466-9800
cityofcarrollton.com/rosemeade

Hours:

M-Th	5:30am-10pm
F	5:30am-9pm
Sa	9am-8pm
Su	Noon-8pm



SENIOR CENTER (page 9)

Amenities: Three 9' Billiard Tables • Fitness Center • Pond with Walking Track • Wii Games • Half Basketball Court • Big Screen TV • Variety of Table Games, Puzzles, & Books • Large Day Room Area with Tables & Chairs • Wi-Fi Available

1720 Keller Springs Road
972-466-4850
cityofcarrollton.com/seniorcenter

Hours:

M/W/F	7am-5pm
Tu	7am-7:30pm
Th	7am-9:30pm
Sa	9am-1pm
Su	Closed

Visit cityofcarrollton.com/parksandrec for other special hours of operation and holiday notices.

Membership



MEMBERSHIP FEES

	Annual Resident/ Non-resident	3-month Resident/ Non-resident
Rosemeade and Crosby Recreation Centers: Also provides access to the Carrollton Senior Center for members 50+		
Senior 65+	\$35/\$60	\$18/\$28
Adult 16-64	\$95/\$143	\$40/\$56
Youth 9-15	\$32/\$56	\$15/\$24
Family/Group*	\$163/\$245	\$62/\$92
Additional Member	\$20	\$10

Replacement Card \$5

*Includes four members. All members must reside at the same address.

Senior Center: This membership honored ONLY at the Senior Center.

Senior 50-59	\$25/\$40	\$9/\$15
Senior 60-69	\$15/\$30	\$6/\$11
Senior 70+	\$10/\$25 (lifetime fee)	

Replacement Card \$5

DAILY PASSES

	Resident	Non-resident
Rosemeade and Crosby Recreation Centers		
Senior 65+	\$4	\$7
Adult 16-64	\$7	\$10
Youth 9-15	\$4	\$7
Senior Center		
Senior 50+	\$2	\$5

REFUND POLICY

Refund policies may vary for different classes, sports, and events. Refer to the Parks and Recreation General Information page on the website or see front desk staff at any facility for more information.

ACCESSIBILITY ACCOMMODATION REQUEST

The City of Carrollton is proud to comply with the Americans with Disabilities Act. We continuously strive to create an environment in which all participants, with or without disability, feel safe, secure, and without obstacle to participate in any City program or event. For assistance, please call 972-466-4862 at least two weeks prior to the start of a program or event.

FINANCIAL ASSISTANCE FOR PROGRAMS AND MEMBERSHIPS

In an effort to stand by our mission, to "provide innovative, diverse, and quality recreation and leisure opportunities for everyone, while preserving City parks and natural resources," Carrollton Parks and Recreation provides financial assistance to qualifying residents. Please call 972-466-9804 for more information.

Facility Rentals

Looking for that perfect location for a party or a place to celebrate a special occasion? Look no further than the City of Carrollton. Ask about rental rates and book your next event close to home.

cityofcarrollton.com/rentals



INDOOR FACILITIES

Facility room occupancy varies from a classroom of 15 to a ballroom of 700. Call or visit the website for detailed information.

Carrollton Senior Center

972-466-4850 • 1720 Keller Springs Road
5 rooms ranging in capacity; kitchen may be added to any room

Crosby Recreation Center

972-466-9810 • 1610 E. Crosby Road
3 rooms ranging in capacity, including 1 gymnasium, dance room, and kitchen

Hebron & Josey Library

972-466-4800 • 4220 N. Josey Lane
3 rooms ranging in capacity

Indian Creek Golf Club Clubhouse

972-466-9859 • 1650 W. Frankford Road

Josey Ranch Lake Library

972-466-4800 • 1700 Keller Springs Road
3 rooms ranging in capacity

Rosemeade Recreation Center

972-466-9800 • 1330 E. Rosemeade Parkway
3 rooms ranging in capacity, 2 gymnasiums and dance room

OUTDOOR FACILITIES

Special Event Permit required for events over 50 people, call 972-466-9808.

A.W. Perry Homestead Museum
972-466-6380 • 1509 N. Perry Road

Carrollton Amphitheater

972-466-3080 • 2035 E. Jackson Road

Historic Downtown Carrollton Gazebo

972-466-3080 • 1106 S. Broadway Street
(*For events over 50, call 972-466-9808)

Indian Creek Golf Club Pavilion

972-466-9850 • 1650 W. Frankford Road

Pavilion at Remodeled Mary Heads Carter Park

972-466-3080 • 2320 Heads Lane

Sports Fields

972-466-9833 • (various locations)
(other fees such as field preparation and lighting may apply)

of People or Capacity

100

1,500

50*

100

120

Varies

Themed Birthday Parties

Carrollton has you covered. Check out our two-hour themed party package!

A.W. Perry Homestead Museum or Recreation Centers

Celebrate your child's birthday at the Perry Museum or at one of the Recreation Centers. Location depends on space availability. You bring the party, we do the rest. Party amenities include party host, one hour of organized activity, one hour for party festivities, paper goods, decorations, cake, lemonade, and a special gift for the birthday child. Upon reservation, payment is due in full including deposit. Reservations must be made no less than 14 days prior to the party and no more than 90 days from event. **To schedule your next party with Carrollton Parks and Recreation, call 972-466-9816.**

THEMES

ballerina • cars • dance party • Elmo
hoedown • luau • Ninja Turtles • PAW Patrol pirates
• princess • Sesame Street • sports
superhero • Star Wars • tea party
toys and games • western • zoo animals
If you don't see the theme you want, let us know.

COST

Refundable deposit \$50
1-10 children \$175
11-20 children \$200
21-30 children \$225
31-40 children \$250
40+ children \$275



cityofcarrollton.com/parksandrec • Facility hours, fees, and programming subject to change.

Facilities

Senior

Library

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Education

The Arts

Fitness

Aquatics

Sports

A.W. Perry Homestead Museum

1509 N. Perry Road • 972-466-6380 • cityofcarrollton.com/museum.

Open Tuesday through Thursday, and Saturday • Tours at 11am and 1pm or by appointment

Free Admission



Located within beautiful Pearl Perry Gravley Park, the A.W. Perry Homestead Museum offers a glimpse of life as it was in North Central Texas at the turn of the 20th century. A.W. and Sarah Perry were pioneer homesteaders of the Peters Colony who arrived here in 1844 from Carrollton, Illinois. They built a house on the site in 1857. In 1909, their son Dewitt Perry and his wife Francis tore down the first house and used some of the lumber to build the present-day home. This structure is now the Museum, restored in 1976 as the community's U.S. Bicentennial celebration project and designated as a State Historic Landmark in 1977 by the Texas Historical Commission.

School and Group Tours

The guided tour begins at the state historical marker and continues through the 1909 farmhouse with antique furnishings, where you will discover daily life as it was in Carrollton at the turn of the 20th century. School tours are aligned with the TEKS standards for each grade level. To schedule a school or group tour, contact the Museum two weeks before your requested tour date. Group tours are free, but donations are accepted. Call 972-466-9811 to make a reservation or register online at cityofcarrollton.com/museum.

Traveling Trunks

The A.W. Perry Homestead Museum provides trunks to local schools as a FREE service. Each trunk contains hands-on artifacts for students to examine and an activity guide for teachers.

HISTORY MYSTERY TRUNKS are for grades three, four, and five. Students will uncover the past using artifacts, learn the basic principles of material culture, and observe and analyze objects in the trunk in order to discover their uses.

SCHOOL DAYS TRUNKS are for grades one, two, and three. Students will compare and contrast how education has changed over the past 150 years, try on pioneer clothing, and even imagine what it will be like to go to school in the future!

All activities are Texas Essential Knowledge and Skills (TEKS) aligned according to state mandated curriculum guidelines.

Call the A.W. Perry Homestead Museum today at 972-466-9811 to reserve a trunk for your class.



Free Fall Events*

Perry Pumpkin Patch

Saturday, October 20 • 10am–2pm

Paranormal Porch Panel & Movie on the Lawn

Saturday, October 20 • 5–9pm

Spooky Tours at the Perry

October 23-25, & 27

Tours start at 5pm, 6pm, and 7pm.

Registration is required for each individual.

Photos with Santa

Saturday, November 17 • 10am–1pm

An Old Fashioned Christmas

Friday, December 7 • 6-8:30pm

*See pages 21-22, & 24 for details

Senior Center

1720 Keller Springs Road • 972-466-4850 • cityofcarrollton.com/seniorcenter

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

Senior Advisory Council

Meets first Tuesday • 11am

Jim Rogers – President

Jesse Alvarado – Vice President

Nancy Tiegreen – Secretary

Jean Litzler – Treasurer

Wanda Bell – Welfare Liaison

and

Marsha Day, Charles Smith, Greta Floravauti

Notable Events from the Council September-December:

VA HOSPITAL COLLECTION

From October through November 9, supplies will be collected by the Senior Advisory Council for donation to the VA North Texas Health Care System Hospital in Dallas. Donations should be placed in the marked container at the Senior Center. We accept various personal care items, from the basics of shampoo and deodorant, to nail polish and perfume. **All donated items need to be new, or unopened.**

SWEATS FOR VETS

We collect sweats, undergarments, shirts, pants, coats, and jackets for both men and women. **All items must be clean or new.** If not new, dry-clean coats, jackets, and other items needing dry-cleaning services before donating. Last day to donate is 10/31. Items will be donated to the VA North Texas Health Care System Hospital in Dallas.

METROCREST HOLIDAY DONATION

During the month of November, the Senior Advisory Council will be accepting donations for Metrocrest Family Services. Bring toys for smaller children (ages 2-12) and gift cards for older kids (ages 12+) to the Senior Center and place them in the marked container for Holiday Donations.

NEW MEMBERS TOUR

Join us at the Senior Center and enjoy a tour of the facility with the purchase of a new membership. Tours are given by a member of the Senior Advisory Council, who can answer questions and show you everything our busy Senior Center has to offer. Th, 11am, (9/13, 10/11, 11/8, & 12/13), Ages 50+.

Craft Fair

Saturday, October 27 • 9am-3pm

Veterans Day Celebration

Friday, November 9 • 11am-1pm

See pages 22-23 for details

Seniors on Tour

Discover the exciting places Carrollton and the State of Texas have to offer. Outings include much laughter, a stop for lunch, and occasionally an overnight stay. Trips are always escorted by a Senior Center staff member.

BRANSON HOLIDAY SHOW EXTRAVAGANZA

Extravaganza is Friday, December 7 to Wednesday, December 12. Trip includes motor coach transportation, 4 nights lodging, 8 meals (4 breakfasts, 4 dinners), and admission to 7 shows in Branson, Missouri: The Blackwoods, Brett Family Show, Down Home Country, "Samson" at Sight & Sound Theatres®, Million Dollar Quartet Show, The Duttons, and Showboat Branson Belle. Time is given for shopping and lunch in Historic Downtown Branson and time for shopping and lunch at Branson Landing. Double occupancy cost is \$560/person. Optional insurance is recommended at \$45/person. Single occupancy and triple occupancy are also available.

PACIFIC COAST ADVENTURE

(INCLUDES SEATTLE, PORTLAND AND SAN FRANCISCO)

Adventure is September 12-19, 2019. Trip informational meeting is Tuesday, November 13 at 2pm. Includes 11 meals (7 breakfasts, 1 lunch, 3 dinners), round-trip airfare, hotels, all transfers, baggage handling, and a professional tour director. Double occupancy cost is \$2899/person. Optional insurance is recommended at \$250/person. **A deposit of \$300 plus insurance is due upon registration.**

DAY TRIPS

Join us while we explore the entertaining and educational sites North Texas has to offer. Trip details will be posted at the Senior Center front desk closer to the trip date. **Please note: Texas Rangers-lower level reserved seating only includes the cost of your ticket. The AYCE Deck includes your ticket and all-you-can-eat hot dogs, chicken sandwiches, peanuts, nachos and soft drinks to enjoy either at your seat or in a climate-controlled dining area.** Autumn at the Arboretum is for seniors 50+, with a slightly reduced price for those 65 and older. Pre-registration is required as space is limited. **The Senior Center is not responsible for refunds for trips that are cancelled due to inclement weather when rescheduling is not available.**

DATES	Activity	AGE	DAY	TIME	\$(RES/NR)
9/23	Texas Rangers-Lower Level	18+	Su	12:45-5:45pm	\$30/\$33
9/23	Texas Rangers-AYCE Deck	18+	Su	12:45-5:45pm	\$50/\$55
10/9	Tour the Star in Frisco	18+	Tu	1:30-4pm	\$30/\$33
11/20	Autumn at the Arboretum	18+	Tu	12:30-4pm	\$17/\$19
11/20	Autumn at the Arboretum	65+	Tu	12:30-4pm	\$14/\$15.50
12/8	Christmas Pops-Meyerson	18+	Sa	1:15-5:30pm	\$30

OUT TO LUNCH FRIDAYS

Join us for a good time at a local restaurant. Lunch is on your own. If you need transportation, the van can accommodate up to five passengers for a fee of \$3 resident/\$3.50 non-resident. Pre-registration is required by everyone attending so that the restaurant will have an accurate head count. Menu and address posted at the Senior Center one month prior to date of outing.

DATE	LOC	AGE	DAY	TIME
9/14	Babe's Chicken Dinner House	50+	F	11am
10/12	Uncle Julio's Mexican Restaurant	50+	F	11am
11/16	P.F. Chang's China Bistro	50+	F	11am
12/14	Mama's Daughters' Diner	50+	F	11am

Senior Activities & Classes • 50+

MONDAY		TUESDAY		WEDNESDAY	
7am	Walking	7am	Walking	7am	Walking
9am	Low Impact Aerobics \$	8:30am	Functional Fitness \$	9am	Low Impact Aerobics \$
9am	Dominoes	9am	Ceramics \$	9am	Dominoes
9:30am	Knit & Crochet	9am	Dominoes	10am	Tai Chi \$
10am	Better Balance \$	9:30am	B12 Shots (9/11, 10/9, 11/6, 12/11)	10:15am	Bingo (\$ for card)
10am	Tai Chi \$	10am	Fun Fit Plus \$	10:45am-Noon	Hot Dog Day (9/12, 10/10, 11/14, 12/12)
10am	H&F Canasta	10am	Stretch \$	12:30pm	Pinochle
11am	Aging Gracefully Yoga \$	12:30pm	SKIP-BO	12:30pm	Quilting Group (9/12, 10/10, 11/14, 12/12)
1pm	Movie (9/17, 10/15, 11/19, 12/17)	12:30pm	Texas Hold 'Em (9/25, 10/30, 11/27, 12/17)	1pm	Adult Coloring (9/19, 10/17, 11/21, 12/19)
1pm	Ping Pong	1pm	Fun Chair Volleyball	2:30pm	Drama Group
5pm	Closed	1pm	Ping Pong	5pm	Closed
		1pm	Team Chair Volleyball		
		3pm	Reunion Hispania (9/18, 10/16, 11/20, 12/18)		
		5:30pm	Guitar Sessions		
		7:30pm	Closed		

LEGEND: \$ Fee required

Activities & Classes

ADULT COLORING

Coloring may sound like a simple activity to ward off boredom, but it can actually improve health. A research study found that adults 65 or older who engaged in creative activities had better overall health, used less medication, and had fewer health problems. Each month, a drawing is selected for Artist of the Month. The winner's creation is framed and hung in Dr. Nanda Bysani's USMD office in Carrollton. **All supplies are provided and no registration is required. Held at the Senior Center, W, 1pm, (9/19, 10/17, 11/21, 12/19), Ages 50+.** Instructor: Sandra Vance

BOOK CLUB

Enrich your reading experience with some lively discussion, led by volunteers.

DATE	LOC	AGE	DAY	TIME	BOOK AND AUTHOR
9/12	SRC	50+	W	10am	<i>Miller's Valley</i> by Anna Quindlen
10/10	SRC	50+	W	10am	<i>The Girl Who Wrote in Silk</i> by Kelli Estes
11/14	SRC	50+	W	10am	<i>The Whistler</i> by John Grisham
12/12	SRC	50+	W	10am	<i>Hillbilly Elegy</i> by J.D. Vance

BINGO

Bingo is played weekly in the Roundup Room. Payment is to be made to the event organizers. **Held at the Senior Center, W, 10:15am, Ages 50+. \$1/card.**

CERAMICS

Students are supplied with clay to create their own pieces, but are also welcome to bring precast pieces to decorate and glaze. Our instructor will show how to clean, decorate, and glaze items. Glazes, underglazes, tools, and firing are included in the monthly fee. **This class offers a four-class punch card for \$30 resident/\$33 non-resident**, so that you can have the flexibility to attend classes when you are available. **No class 9/11, 10/2, & 11/20.** Instructor: Burdette

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
152010-89	SRC	50+	9/4-9/25	Tu	9-11:30am	3	\$22.50/\$24.75
152010-01	SRC	50+	10/2-10/30	Tu	9-11:30am	4	\$30/\$33
152010-09	SRC	50+	11/6-11/27	Tu	9-11:30am	3	\$22.50/\$24.75
152010-17	SRC	50+	12/4-12/18	Tu	9-11:30am	3	\$22.50/\$24.75

DRAMA GROUP

This talented group continues to entertain us with their hilarious performances at the monthly luncheons. You don't have to have a particular talent to join, just a good sense of humor and desire to laugh! **Group meets at the Senior Center, W, 2:30-4pm, Ages 50+.**

EDUCATIONAL SEMINARS

An opportunity for Seniors to hear presentations from vendors on a variety of topics. Pre-registration is appreciated to get an accurate head count. **Held at the Senior Center. Ages 50+.**

DATE	CLASS	PRESENTER	DAY	TIME
9/19	Introduction to SS and Medicare	Thom Vance	W	12:15-1:15pm
9/26	Harmonious Habits and Designs	Linda Strobel	W	12:15-1:15pm
10/20	Emergency Preparedness	Kevin Grantham	Sa	11am-12pm
10/22	Medicare 101	Thom Vance	M	2-3pm
12/19	Intro To Social Security	Thom Vance	W	12:15-1:15pm

KNIT AND CROCHET

If you like to knit and/or crochet, come join us. Work on your own project with your own yarn, or use ours to make items for charity. We will help you with the basics. We have made hats, blankets, scarves, and baby items for hospitals, Metrocrest Services (which distributes to schools and homeless centers), and charitable organizations. Enjoy the craft of knitting and/or crochet and make some new friends. **Group meets at the Senior Center, M, 9:30-11:30am.**



THURSDAY		FRIDAY		SATURDAY	
7am	Walking	7am	Walking	9am	Ping Pong
8:30am	Functional Fitness \$	9am	Low Impact Aerobics \$	9:15am	Tai Chi \$
9am	Dominoes	9am	Dominoes	9:30am	Fugitive Fitness \$
9am	Scrabble	9am	Painting	1pm	Closed
10am	Fun Fit Plus \$	9am	Scrabble		
10am	Stretch \$	10am	H&F Canasta		
11am	Quilting (9/6, 9/27, 10/4, 10/25, 11/1, 12/6)	11am	Aging Gracefully Yoga \$		
11am	Monthly Luncheons (9/20,10/18,11/15, 12/20)	11am	Sing-Along (9/7, 9/21, 10/5, 10/19, 11/2, 11/16, 12/7, 12/21)		
12:30pm	SKIP-BO	12:30pm	Pinochle		
1pm	Fun Chair Volleyball	1pm	Volleyball Team Practice		
1pm	Mahjong	1:30pm	Blood Pressure & Sugar Screening (9/14, 10/12, 11/9, 12/14)		
2pm	Bunka	5pm	Closed		
5pm	Potluck Night (9/13, 10/11, 11/8, 12/13)				
6:05pm	Dance Lessons				
7pm	Dance \$				
9:30pm	Closed				

**NOTE:
Senior Center Is Closed
On Sundays**



REUNION HISPANIA

Una cena para nuestros invitados hispano-parlantes se lleva a cabo el tercer martes de cada mes. Traiga su comida favorita para compartir y participe de los juegos. **Para participar de este evento necesita ser mayor de 50 años y tener una membresía de Senior Center, o un pase por el día. Ma, (9/18, 10/16, 11/20, & 12/18), 3pm. Edades de 50+.** A dinner for our Spanish-speaking guests is held on the third Tuesday of each month. Bring your favorite food to share and participate in games. **A Senior Center membership card or day pass is required to participate in this event. Tu, (9/18, 10/16, 11/20, & 12/18), 3pm. For ages 50+.**

SING-ALONG GROUP

Be a part of a group of seniors who love to sing. Free with no registration required. **Group meets at the Senior Center, F, (9/7, 9/21, 10/5, 10/19, 11/2, 11/16, 12/7, & 12/21), 11am-12pm, . Ages 50+.**

TEXAS HOLD 'EM

Seating at 12:30pm. Games begin at 1pm. The first 64 participants will be seated. No registration required. **Th, (9/25, 10/30, 11/27, & 12/17), 1pm.**



MOVIE AFTERNOON

Enjoy a free movie each month with refreshments provided by Oxford Glen. Titles will be available one month prior and will be published on the facility calendar. **Held at the Senior Center, M, (9/17, 10/15, 11/19, 12/17) 1pm.**

QUILTING GROUP

Bring your own sewing machine and supplies. You can bring material or purchase some from the group leader. We'll start with small projects then progress to table runners, bowls, and quilts. No registration required. **Meets at the Senior Center, W, (9/12, 10/10, 11/14, & 12/12), 12:30-4pm, & Th, (9/6, 9/27, 10/4, 10/25, 11/1, & 12/6) 11-1pm. Ages 50+**

Show your card!

Memberships (or day pass) required for Rosemeade, Crosby, and Senior Center.



YOU CAN OIL PAINT A MASTERPIECE

Even if you have never held a paintbrush or cannot draw a straight line, you will be amazed at the beautiful painting you can create in one inspiring lesson. Beginners learn the basics of color mixing, brushstrokes, and perspective while completing a landscape, seascape, or still life in this fun and easy class taught by master artist and award-winning instructor Robert Garden. Painting schedule: September-Bird Flight at sunset, October-Giant Sunflower, November-Autumn at the Big Thompson, December-Colorado Blue Spruce at the Creek. **All supplies including canvas, paint, brushes, medium, easel, detailed lesson plan, and individualized instruction are provided and included in the cost of the class. Wear old clothes. For more information, visit robertgardenart.com. Deadline to register is the Tuesday before each class.** Instructor: Garden

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS\$(RES/NR)
152090-89	SRC	50+	9/13	Th	9am-12pm	1 \$35/\$36.50
152090-01	SRC	50+	10/11	Th	9am-12pm	1 \$35/\$36.50
152090-09	SRC	50+	11/8	Th	9am-12pm	1 \$35/\$36.50
152090-17	SRC	50+	12/13	Th	9am-12pm	1 \$35/\$36.50

NEW>> YOU CAN WATERCOLOR

Discover the fun and beauty of the medium of watercolor under the guidance of master artist Robert Garden. You will create a different painting with each inspiring lesson using the finest paper (300 lb. cold-pressed watercolor paper) and vibrant transparent pigments. Learn special techniques, tricks, and short cuts that will make watercolor fun and easy. Painting schedule: September-Autumn at Horseshoe Bend, October-Bend in the River, November-Early Morning at the Lake, December-Snow Flurries. **All supplies are provided. Wear old clothes. For more information, visit robertgardenart.com. Deadline to register is the Monday before each class.** Instructor: Garden

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS \$(RES/NR)
152095-89	SRC	50+	9/26	W	9:30am-12pm	1 \$35/\$36.50
152095-01	SRC	50+	10/24	W	9:30am-12pm	1 \$35/\$36.50
152095-09	SRC	50+	11/28	W	9:30am-12pm	1 \$35/\$36.50
152095-17	SRC	50+	12/19	W	9:30am-12pm	1 \$35/\$36.50

Food, Fun, & Fellowship

BINGO & BREAKFAST

Join us for a delicious breakfast in the Roundup Room on 12/4 at 9:30am followed by Bingo from 10:30am-noon. Food and prizes provided by United Financial Services. **Registration is required by 11/30. Held at the Senior Center.**

HOT DOG DAY

Get a jumbo hot dog and all the fixin's prepared and served by your own Senior Advisory Council. Cost is \$2 per person at the Senior Center. **Held at the Senior Center, W, (9/17, 10/10, 11/14, 12/12), 10:15-noon. Ages 50+.**



LUNCH AND LEARN

This is an opportunity to hear presentations from vendors on a variety of topics. Vendors will provide a light lunch. Pre-registration is appreciated to get an accurate head count. **Held at the Senior Center. Ages 50+.**

DATE	CLASS	PRESENTER	DAY	TIME
9/4	Tax Laws and Your Retirement	Angela Tvedten F3E	Tu	6-7pm
9/12	Medicare FAQ	Christopher Hatch	W	12:15-1:15pm
10/10	Medicare 101	Texas Medicare Group	W	12:15-1:15pm
10/16	Critical Retirement Mistakes	Angela Tvedten F3E	Tu	6-7pm
11/7	Medicare Open Enrollment	Christopher Hatch	W	12:15-1:15pm
11/28	Healthy Stress Free Lifestyle	Lakeview at Josey Ranch	W	12:15-1:15pm
12/5	Independent Senior Living	Atlas	W	12:15-1:15pm

MONTHLY LUNCHEONS

Join us once a month for a delicious catered lunch, an opportunity to socialize, and a variety of activities or entertainment. Registration is \$5 and ends two days before luncheon.

DATE	THEME	DAY	TIME
9/20	Sea You in September	Th	11am
10/18	Octoberfest	Th	11am
11/15	Thanksgiving Potluck	Th	11am
12/20	Holiday Lunch	Th	11am

OUT TO LUNCH FRIDAYS - SEE PAGE 9

POT LUCK NIGHT

Potluck is an opportunity for you to prepare a dish to share with friends, try something new to eat, and have fun playing games. **Held at the Senior Center, Th, 5pm. (9/13, 10/11, 11/8, 12/13)**

Health And Fitness

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

DROP IN>> AGING GRACEFULLY YOGA

Increase your strength, flexibility, and balance with yoga. This class will relieve stress and tension, and is designed to accommodate older adults. Come experience yoga to feel energized and revitalized. **Purchase a 10-class Aging Gracefully Yoga punch card for \$30 or drop in for \$3.50. Classes are held at the Senior Center, M/F, 11am-12pm. No Class 9/3. Classes on 9/17, 10/15, 11/19, & 12/17 will end at 11:45am.** Ages 50+. Instructor: Guinn



B12 SHOTS

Cash or check payable to Flu Shots of America. **Held at the Senior Center, Th, 9:30am. (9/11, 10/9, 11/6, 12/11) Ages 50+.**

DROP IN>> BETTER BALANCE

Maintaining or improving your balance is critical to good health. By strengthening your muscles, working on quickness and coordination, and performing balance exercises, this class strives to not only make the circuits in your brain react faster, but also to develop muscles to aid in fall prevention. **Purchase a 10-class Better Balance punch card for \$20, or drop in for \$2.50. Classes are held at the Senior Center, M at 10-10:45am. No Class 9/3, 11/19, 12/24, & 12/31.** Ages 50+. Instructor: Jordan

DROP IN>> FUN-FIT PLUS

Slightly more intense than FUNctional Fitness, this class focuses on activating and restoring muscles for everyday action. We will be using some hand weights, floor stretches, and resistance bands. **Purchase a 10-class punch card for \$30 or drop in for \$3.50. Classes are held at the Senior Center, Tu/Th, 10-11am. No Class 11/22 & 12/25.** Ages 50+. Instructor: Sparenberg.

BLOOD PRESSURE AND SUGAR SCREENING

Do you need to check your blood pressure or blood sugar? Visit the Senior Center for free blood pressure and blood sugar screenings, no appointment necessary. **Held at the Senior Center, F, (9/14, 10/12, 11/9, 12/14), 1:30pm. Ages 50+.**

DROP IN>> LOW IMPACT AEROBICS

This class is open to all participants regardless of athletic ability, and incorporates elements of basic aerobic choreography, strength training, core work, and stretching/cool down. Beginners can exercise side-by-side with more experienced participants because the instructors give directions for each skill level. **All mats and weights are provided. Bring a water bottle. Purchase a 10-class punch card for \$20 or drop in for \$2.50. Held at the Senior Center, M/W/F, 9-10am. No Class 9/3, 11/23, 12/24.** Ages 50+. Instructor: Live 2B Healthy

DROP IN>> FUGITIVE FITNESS – SENIOR MOVEMENT

Learn how to control your body to better perform everyday tasks. As our bodies age, there is more work involved to maintain one's fitness and ability levels. Instructors from Fugitive Fitness will help get you up, out, and moving again! **\$10 drop in fee.** Instructor: Fugitive Fitness

DROP IN>> STRETCH

This chair-based class has its roots in yoga, and is designed specifically for participants who are unable to get up off the floor or stand/walk for long periods of time. You will leave class feeling stretched, strengthened, balanced, and relaxed! This class will challenge all fitness levels. **Purchase a 10-class punch card for \$20 or drop in for \$2.50. Held at the Senior Center, Tu/Th, 10-11am. No class 11/22 & 12/25.** Ages 50+. Instructor: Guinn

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132210-65	SRC	50+	9/1-10/6	Sa	9:30-10:15am	5	\$35/\$38.50
132210-70	SRC	50+	10/13-11/10	Sa	9:30-10:15am	5	\$35/\$38.50
132210-80	SRC	50+	11/17-12/15	Sa	9:30-10:15am	5	\$35/\$38.50

DROP IN>> FUNCTIONAL FITNESS

Work your muscles in this class designed to build strength, add definition, increase bone density, and decrease body fat by building lean muscle. FUNctional Fitness will improve your back health, posture, balance, flexibility, and muscular endurance. **Purchase a 10-class punch card for \$20 or drop in for \$2.50. Held at the Senior Center, Tu/Th, 8:30-9:30am. No class 11/22 & 12/25.** Ages 50+. Instructor: Sparenberg

DROP IN>> TAI CHI

Learn Yang-Wu Tai Chi short form for moving meditation and stress relief. Movements involve fluid motions of arms and legs, coordinated with breath and focused on balance. These low-impact movements improve health with no special equipment and use minimal effort. As the body relaxes, the mind becomes tranquil, aware, and alert. For ease of movement, wear loose-fitting clothing. Usually, exercises are done without shoes for better balance, and movements can be done sitting or standing. **Purchase a 5-Class punch card for \$35(resident)/\$38.50(non-resident) or drop in for \$8. Held at the Senior Center M/W 10-11am. No class 9/3, 11/21, & 12/24-12/31.** Ages 50+. Instructor: Smith



WEIGHT ROOM ORIENTATION - SEE PAGE 33

Carrollton Public Library

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

HEBRON & JOSEY

4220 N. JOSEY LANE
(AT HEBRON PARKWAY)

Sunday	2-6pm
Monday	10am-9pm
Tuesday	Noon-9pm
Wednesday	10am-6pm
Thursday	Noon-9pm
Friday	Closed
Saturday	10am-6pm

Free public access computer workstations
Internet access • iPads • Online databases
WiFi Express check stations • e-Audiobooks
e-Books CDs, DVDs, books, magazines, &
newspapers Language materials in Spanish,
Hindi, Korean, Vietnamese, & more
Study rooms • Quiet reading lounges
Meeting rooms • Coffee shop
Local history & genealogy
Language instruction materials

JOSEY RANCH LAKE

1700 KELLER SPRINGS ROAD
(WEST OF JOSEY LANE)

Sunday	2-6pm
Monday	10am-9pm
Tuesday	10am-6pm
Wednesday	Noon-9pm
Thursday	Closed
Friday	10am-6pm
Saturday	10am-6pm

Information: 972-466-4800 • cityofcarrollton.com/library
The Library Advisory Board meets the first Monday of every other month
at Josey Ranch Lake Library at 6:30pm. Meetings are open to the public.

Preschool Classes

September 4-November 30

BABY TIME

These 20-minute sessions are designed for pre-walkers and a parent or caregiver. The focus is to develop a love of language through rhymes and music. Stay afterward for baby playtime and adult conversation. Siblings welcome.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	Pre-walkers	M	11am	Ongoing
Josey Ranch Lake	Pre-walkers	W	1:30pm	Ongoing

TODDLER TIME

Children and a parent or caregiver participate in early language learning through stories, songs, rhymes, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	1-3	M	10:15am	Ongoing
Josey Ranch Lake	1-3	M	10:15am	Ongoing
Hebron & Josey	1-3	W	10:15am	Ongoing

NUEVO! >> LIBROS Y AMIGOS NEW! >> BOOKS AND FRIENDS

Participa en cuentos, canciones, juegos con los dedos, rimas de acción y movimiento en español e inglés. Todos son bienvenidos, ya sea que sepa español o le gustaría aprender.

Participate in stories, songs, fingerplays, action rhymes, and movement in Spanish and English. Everyone is welcome – whether you know Spanish or would like to learn.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	0-5	Tu	10:15am	Ongoing

PRE-K STORY TIME

Children develop early literacy skills through stories, songs, fingerplays, action rhymes, and movement. Story times are designed to help children practice the skills needed to get ready for school.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	3-5	M	11am	Ongoing
Josey Ranch Lake	3-5	Tu	11am	Ongoing
Hebron & Josey	3-5	W	11am	Ongoing

NEW DAY! >> EVENING STORY TIME

Children and their families participate in stories, songs, fingerplays, action rhymes, and movement.

LIBRARY	AGE	DAY	TIME	# WKS
Josey Ranch Lake	0-5+	M	7pm	Ongoing

SATURDAY STORY TIME

Children and their families participate in stories, songs, finger plays, action rhymes, and movement.

DATE	LIBRARY	AGE	DAY	TIME
9/15	Hebron & Josey	0-5+	Sa	10:30am
9/22	Josey Ranch Lake	0-5+	Sa	10:30am
10/13	Hebron & Josey	0-5+	Sa	10:30am
10/20	Josey Ranch Lake	0-5+	Sa	10:30am
11/10	Hebron & Josey	0-5+	Sa	10:30am
11/17	Josey Ranch Lake	0-5+	Sa	10:30am

NEW! >> SENSORY STORY TIME

Presented at a preschool level of development, this interactive and educational story time can be enjoyed by children ages 3 years and up, who have sensory integration challenges, difficulty sitting still, difficulty in large groups, or who have Autism Spectrum Disorder (ASD). Attendance is limited to 10 children and their caregivers. Siblings are welcome. Register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME
9/12	Josey Ranch Lake	3+	W	4:30pm
10/10	Josey Ranch Lake	3+	W	4:30pm
11/14	Josey Ranch Lake	3+	W	4:30pm

Youth Special Events

HOMESCHOOL OPEN HOUSE

All are welcome to this open house designed for homeschool children and homeschool parents. There will be a curriculum exchange for parents, Library database and catalog training for older children, and preschool activities for younger children. Register for this free event at carrolltonpl.libcal.com starting 8/1.

DATE	LIBRARY	AGE	DAY	TIME
9/12	Hebron & Josey	All	W	12-2pm

FALL FESTIVAL

Drop in for some free, family-friendly fall fun! Enjoy games, art activities, stories, cupcake walk, face painting, prizes, and more. Costumes are encouraged, and remember to bring your own treat bag!

DATE	LIBRARY	AGE	DAY	TIME
10/25	Josey Ranch Lake	0-12	Th	6-8pm

BOOKS FOR TREATS

Wear your Halloween costume to the Library and pick out a free book while supplies last.

DATE	LIBRARY	AGE	DAY	TIME
10/31	Hebron & Josey Ranch	0-12	W	10am-6pm
10/31	Josey Ranch Lake	0-12	W	12-9pm

THANKSGIVING MOVIE

Start your Thanksgiving holiday with *A Wrinkle in Time* (2018) PG on a big screen. Bring snacks and your pillow or sleeping bag.

DATE	LIBRARY	AGE	DAY	TIME
11/19	Josey Ranch Lake	6+	M	1-3pm

MESSY ART

Children and their caregivers explore a variety of hands-on art experiences. Dress to have fun and get messy.

DATE	LIBRARY	AGE	DAY	TIME
12/5	Hebron & Josey	3-5	W	10:30-11:30am

WINTER WONDERLAND

Come by the Library to meet Santa and read stories with Mrs. Claus!

DATE	LIBRARY	AGE	DAY	TIME
12/12	Hebron & Josey	0-5+	W	10:30-11:30am



Twelve Days of Winter Break

Stop by either Library and pick up a schedule of events that highlights winter holidays and traditions.

Different Activities Every Day!
December 26 ~ January 7

School Age Children

HOMESCHOOL BOOK CLUB

Designed for homeschool children and facilitated by homeschool parents. Read aloud, be exposed to new authors and genres, discuss part of a book, explore the Library's many resources, and complete a hands-on activity.

DATE	LIBRARY	AGE	DAY	TIME	TOPIC
9/5	Hebron & Josey	7-10	W	1:30-2:30pm	Favorite Books
10/3	Hebron & Josey	7-10	W	1:30-2:30pm	Historical Fiction
11/7	Hebron & Josey	7-10	W	1:30-2:30pm	Heroes
12/5	Hebron & Josey	7-10	W	1:30-2:30pm	Compassion

LEGO® CHALLENGE

Bring the whole family to discover new building challenges.

DATE	LIBRARY	AGE	DAY	TIME
9/5	Josey Ranch Lake	All	W	6:30-8pm
10/3	Josey Ranch Lake	All	W	6:30-8pm
11/7	Josey Ranch Lake	All	W	6:30-8pm
12/5	Josey Ranch Lake	All	W	6:30-8pm

CRAFTERNOON

Join us the third Tuesday of every month for after school creative fun. Children under the age of 9 must be accompanied by an adult.

DATE	LIBRARY	AGE	DAY	TIME
9/18	Hebron & Josey	6-12	Tu	3:30-4:30pm
10/16	Hebron & Josey	6-12	Tu	3:30-4:30pm
11/20	Hebron & Josey	6-12	Tu	3:30-4:30pm
12/18	Hebron & Josey	6-12	Tu	3:30-4:30pm

NEW!>> ANIME CLUB

Meet with like-minded individuals once a month to talk, watch anime, and do an anime-related activity. Snacks provided.

DATE	LIBRARY	AGE	DAY	TIME
Tween				
9/13	Hebron & Josey	9-12	Th	6:30-8:30pm
10/11	Hebron & Josey	9-12	Th	6:30-8:30pm
11/8	Hebron & Josey	9-12	Th	6:30-8:30pm
12/13	Hebron & Josey	9-12	Th	6:30-8:30pm
Teen				
9/9	Hebron & Josey	13-18	Su	2:30-4:30pm
10/7	Hebron & Josey	13-18	Su	2:30-4:30pm
11/4	Hebron & Josey	13-18	Su	2:30-4:30pm
12/2	Hebron & Josey	13-18	Su	2:30-4:30pm

TEEN COOKIES & CRAFTING

Have some treats, chill with friends, and tackle new crafts each month!

DATE	LIBRARY	AGE	DAY	TIME
9/20	Hebron & Josey	13-18	Th	6:30-8pm
10/18	Hebron & Josey	13-18	Th	6:30-8pm

NEW!>> GAME NIGHT

Time to test those friendships and see if they can survive a game night! Bring your friends and try out the latest and greatest games. Betray your friends in *The Resistance* or show off your art skills in *Telestrations*.

DATE	LIBRARY	AGE	DAY	TIME
Tween				
9/26	Josey Ranch Lake	9-12	W	6:30-8pm
10/24	Josey Ranch Lake	9-12	W	6:30-8pm
11/28	Josey Ranch Lake	9-12	W	6:30-8pm
Teen				
9/6	Hebron & Josey	13-18	Th	6:30-8:30pm
10/4	Hebron & Josey	13-18	Th	6:30-8:30pm
11/1	Hebron & Josey	13-18	Th	6:30-8:30pm
12/6	Hebron & Josey	13-18	Th	6:30-8:30pm

TEENS AFTER HOURS: HOLIDAY EDITION

Hang out with friends, play video games, craft, and goof around at the Library. This won't be the Library you're used to seeing. Pick up a permission slip at either Library location or on the website.

DATE	LIBRARY	AGE	DAY	TIME
11/16	Josey Ranch Lake	13-18	F	6:30-9:30pm
12/21	Josey Ranch Lake	13-18	F	6:30-9:30pm

TWEEN & TEEN SING-ALONG

Do you love interactive movies? Well, this is the movie just for you! Bring your friends and join us as we watch *The Greatest Showman* (2017), PG on the big screen.

DATE	LIBRARY	AGE	DAY	TIME
11/21	Hebron & Josey	9-18	W	1-3pm

TWEEN LAST MINUTE GIFTS

Are you a procrastinator? Do you need gifts for someone you care about but have not found the gift that adequately describes your feelings? Come join us and make DIY gifts for a loved one or for yourself.

DATE	LIBRARY	AGE	DAY	TIME
12/12	Josey Ranch Lake	9-12	W	6:30-8pm



COLLEGE AND CONTINUING EDUCATION FAIR

THURSDAY, SEPTEMBER 6
4:30-7PM
HEBRON & JOSEY LIBRARY

This event is free and open to anyone interested in continuing their education, including teenagers, their parents, and adults. Learn about admission requirements, tuition, financial aid opportunities, other aspects of applying for college, and

alternative routes and talk with representatives from:

- Abilene Christian University
- Amberton University
- Dallas County Community College District
- DeVry University
- Grand Canyon University
- Parker University
- Texas A&M University-Commerce
- University of North Texas (main campus-Denton)
- University of Texas at Dallas
- University of Texas at Arlington
- U.S. Army

Many more!

For more information, visit our website at cityofcarrollton.com/library or call 972-466-4800.

INSTAGRAM.COM/CPLTEENLEAGUE
CPLTEEN.WORDPRESS.COM



Many of the Library's classes and events request or require registration at carrolltonpl.libcal.com.

If you find you are not able to attend a class once you have registered, please cancel through the link provided in your email confirmation or contact the Library at 972-466-4800 so that someone else can attend.

COMPUTER CLASSES

Need help with computers? Learn about computer basics, Excel, Word, coding, and LinkedIn. Classes are free. Register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME	CLASS
9/1	Hebron & Josey	Adults	Sa	10:30am-12pm	Computers: The Basics
9/15	Josey Ranch Lake	Adults	Sa	10:30am-12pm	Excel-Beginners
10/6	Josey Ranch Lake	Adults	Sa	10:30am-12pm	Excel-Intermediate
10/20	Josey Ranch Lake	Adults	Sa	10:30am-12pm	Excel-Advanced
11/3	Hebron & Josey	Adults	Sa	10:30am-12pm	Word-Beginners
11/17	Hebron & Josey	Adults	Sa	10:30am-12pm	Word-Intermediate
12/1	Josey Ranch Lake	Adults	Sa	10:30am-12pm	Coding-Beginners
12/15	Hebron & Josey	Adults	Sa	10:30am-12pm	LinkedIn

GAME ON: BOARD GAMES FOR ADULTS

Board games are so much more than the Chutes and Ladders or Monopoly of our childhood. Come to the Library and check out new and trendy games! Whether you're looking for a game to test your strategy and deduction skills, or if you're just looking for a social trivia game, we've got you covered. Feel free to bring your own games to share with others.

DATE	LIBRARY	AGE	DAY	TIME
9/1	Hebron & Josey	Adults	Sa	2-5:30pm
10/20	Hebron & Josey	Adults	Sa	2-5:30pm
11/17	Hebron & Josey	Adults	Sa	2-5:30pm
12/15	Hebron & Josey	Adults	Sa	2-5:30pm

THE ABCs OF GENEALOGY

Looking to find your lost relatives? Join us for sessions led by Carrollton resident and local genealogist J.T. McKinney. Courses do not require registration. Come with questions and quests in these open Q&A work-sessions throughout September and October. *No classes in November and December. Bring your Library card.*

DATE	LIBRARY	AGE	DAY	TIME
9/4	Josey Ranch Lake	Adults	Tu	10am-12pm
9/10	Hebron & Josey	Adults	M	7-9pm
9/18	Josey Ranch Lake	Adults	Tu	10am-12pm
9/24	Hebron & Josey	Adults	M	7-9pm
10/2	Josey Ranch Lake	Adults	Tu	10am-12pm
10/8	Hebron & Josey	Adults	M	7-9pm
10/16	Josey Ranch Lake	Adults	Tu	10am-12pm
10/22	Hebron & Josey	Adults	M	7-9pm

STARTING YOUR OWN BUSINESS

You have a great idea and you want to start a business. What next? Learn about different types of business structures, such as Sole proprietor, LLC, corporation, and others. This class will also include information about business filing requirements at the Federal and State level, as well as information about capital infusion.

DATE	LIBRARY	AGE	DAY	TIME
9/17	Hebron & Josey	Adults	M	7-8pm

COMMUNITY HEALTH WORKSHOP

A representative from UNT Health Science Center will present a Community Health Workshop to promote health literacy. Explore reliable health information online, learn about the National Library of Medicine's resource MedlinePlus.gov, and discuss health concerns within our community. Register beginning Friday, 8/3 at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME
9/22	Hebron & Josey	Adults	Sa	11am-12pm

FINANCING YOUR OWN BUSINESS

Now, that you have your business registered, how do you keep it open? This class will feature record keeping requirements to remain compliant at the Federal and State (Texas) level. Learn about increasing revenue and reducing cost, as well as reducing tax liability as a means of increasing liquidity in the business.

DATE	LIBRARY	AGE	DAY	TIME
9/24	Hebron & Josey	Adults	M	7-8pm

SMALL BUSINESS ACCOUNTING 101

Thinking of starting your own business or already have one? Don't know how to manage your business bank account? Join us and learn about different options for small business accounting.

DATE	LIBRARY	AGE	DAY	TIME
10/1	Josey Ranch Lake	Adults	M	7-8:30pm

BOOKS AND BITES

Come find new books and genres to love in this book-focused program. Bring your dinner or a snack with you and prepare to enjoy conversation, presentations and more!

DATE	LIBRARY	AGE	DAY	TIME
10/1	Hebron & Josey	Adults	M	7-8pm
11/5	Hebron & Josey	Adults	M	7-8pm
12/3	Hebron & Josey	Adults	M	7-8pm

ARE YOU READY FOR MEDICARE?

Are you unsure about Medicare? Mona Odom, Certified Senior Advisor (CSA), educates seniors about their rights and choices for Original Medicare, Medicare Supplement Plans, and end of life planning. She will explain available options in this information only program.

DATE	LIBRARY	AGE	DAY	TIME
10/3	Josey Ranch Lake	Adults	W	2:30-4pm
10/10	Hebron & Josey	Adults	W	2:30-4pm



SOCIAL SECURITY-WHAT DO YOU KNOW?

Join Mike Raitt, Certified Personal Accountant and Social Security expert, for an informational program about Social Security. He will discuss Social Security retirement, disability information, and any other questions you may have.

DATE	LIBRARY	AGE	DAY	TIME
10/9	Hebron & Josey	Adults	Tu	1:30-3:30pm
10/16	Josey Ranch Lake	Adults	Tu	1:30-3:30pm

RETIREMENT FOR THE SELF-EMPLOYED

If you're self-employed, it can be challenging to get familiar with retirement plan options, without a traditional employer providing a benefits package. Learn about retirement plan options available and their pros and cons along with some tips for managing your personal finances in this informative class.

DATE	LIBRARY	AGE	DAY	TIME
11/13	Hebron & Josey	Adults	Tu	7-8:30pm

FALL CRAFTIVITY!

Join us for our adult Fall Craftivity program and create an autumn-themed craft to give (or keep)! Register beginning Friday, 10/26 at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME
11/17	Josey Ranch Lake	Adults	Sa	11am-1pm

Adulting 101

Don't quite know how to be an adult? The Library has classes to learn some of the trickiest ins and outs of adulthood. Registration is encouraged for each class and will open two weeks before the date; drops in are welcome. Register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

HOME BUYING BASICS

Buying that first home can be confusing and scary. Get the facts about choosing an agent and lending company. Learn about finances and starting your search. Return for the second session and learn how to make an offer and close the deal on that perfect house!

DATE	LIBRARY	AGE	DAY	TIME
Starting the Search				
9/13	Hebron & Josey	Adults	Th	6:30-8pm
Closing the Deal				
9/20	Hebron & Josey	Adults	Th	6:30-8pm

CAR BUYING 101

Advice and tips on buying that first car. Learn about different options, the differences between used and new, and all the financial considerations required to make such a big purchase.

DATE	LIBRARY	AGE	DAY	TIME
10/4	Hebron & Josey	Adults	Th	6:30-8pm

UNDER THE HOOD: CAR ANATOMY FOR BEGINNERS

Learn how to maintain your car before you call in the mechanic.

DATE	LIBRARY	AGE	DAY	TIME
10/6	Josey Ranch Lake	Adults	Sa	11:30am-12:30pm

Special Events

Metrocrest Community Networking

Tuesday, October 9 • 2-4pm • Free
Josey Ranch Lake Library

Join us as we offer a networking event for you. We're inviting local employers and job seekers to come together, meet, greet, and hopefully make a meaningful employment connection. Bring your resumes or print them at the Library. Beginning 9/10, register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

Genealogy Lock-In

Friday, October 19 • 11am-5pm • Free
Josey Ranch Lake Library

Join fellow genealogists and family historians from around Texas in this LIVE streaming event. We'll hook up and 'attend' genealogy workshops on a variety of topics as they are presented in other Texas libraries. Bring a lunch and spend the day, or attend only a few sessions of primary interest. This event is free, but registration is required. Beginning 10/1, register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance. More information about specific sessions will be available at a later date.

Brookhaven Bell Choir

Saturday, December 8 • 3pm • Free
Josey Ranch Lake Library

Everyone's favorite ringers return to Josey Ranch Lake! Enjoy a concert of holiday favorites, old and new, presented by the Brookhaven College Handbell Choir, under the direction of Bonnie Riddle. Doors open at 2:30 p.m.

Friends of the Carrollton Public Library Book Sale

Thursday, October 11 • 10am-Noon (members only)
Thursday, October 11 • Noon-8pm
Saturday, October 13 • 10am-6pm
Hebron & Josey Library

Welcome Sir Reads-A-Lot!

Visit Carrollton Public Library's newest installation, Sir Reads-A-Lot, at the Josey Ranch Lake Library. Donate today to receive a commemorative plate on the spine of one of his books. All donations go to the Friends of the Carrollton Public Library who support the Library's programs. Visit friendscarrolltonlibrary.org

Gold Level - \$100+
Silver Level - \$50+
Bronze Level - \$15+



Watch for the Harry Potter Yule Ball 2019

Community Events



**DOWNTOWN
CARROLLTON**

Fall on the Square Free Events

Downtown Carrollton • 1106 S. Broadway Street

Concerts on the Square

Step on the Square

Saturday, September 8 • 6-9pm

Two-Step under the stars. Come out for a performance from the hardest hittin' country rock band in Texas: Big City Outlaws. This band jumps the fence from country to top 40 all night long. Their one-of-a-kind show has crowds two-stepping, line dancing, and toe-tapping to an array of classic hits.

80's Cover Band

Saturday, October 6 • 6-8pm

Vibes for Vets

Saturday, November 10 • 4:30-7:30pm

An evening of music, food, and tribute to America's heroes.

Movies on the Square

Bring your blankets and lawn chairs to enhance your movie-viewing experience.

Saturday, September 29 • Sunset

Thor: Ragnarok (2017), PG-13

Saturday, October 27 • 6:30pm

Hotel Transylvania 2 (2015), PG

AND Mini Pumpkin Giveaway

For more information or to see all Downtown events, visit cityofcarrollton.com/downtown.



Pooch Pool Party

Saturday, September 8 • 1-4pm

**Rosemeade Rainforest Aquatic Complex
1334 E. Rosemeade Parkway**

Say goodbye to summer at the popular Pooch Pool Party! Bring your dog out for friendly competitions and swimming. Your pooch won't want to miss the skills competitions, best-dressed contest, and a chance for our four-legged friends to splash around. Dog admission is \$5 and free for humans. Carrollton West Pet Hospital will be on site from 11am to 1pm offering free rabies vaccinations. Carrollton's 2019 pet photo calendar will be on sale for \$10.

For more information, call 972-466-9816 or visit cityofcarrollton.com/athletics.



Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports



Community Garage Sale

Saturday, September 15 • 9am-1pm
Crosby Recreation Center, 1610 E. Crosby Road

Browse through the booths to find great buys and hidden treasures. Carrollton residents can rent 10'X10' spaces for \$25 and non-residents for \$27.50 to sell items. One table and two chairs will be provided for each booth. Applications can be picked up at Rosemeade Recreation Center, Crosby Recreation Center, or the Carrollton Senior Center beginning Monday, August 6 for residents and Monday, August 20 for non-residents, and must be turned in by Monday, September 10 in person so that you can select your booth space. Set up for the garage sale is 7-9am. Leftover items can be donated to Metrocrest Services from 1-2pm. Sellers must plan on and have enough items to stay until 1pm. The City of Carrollton reserves the right to screen and reject any items being sold to the public. For more information, call 972-466-9816.

GRILLED

Saturday, September 29 • 1-6pm
McInnish Park, 2335 Sandy Lake Road

Gear up for an afternoon of good ole' barbecue cooking. From a build-your-own barbecue lunch obstacle course, to watching brave barbecue competitors tackle a pile of meat in our rib eating competition, GRILLED is sure to be a fun afternoon for the whole family and all barbecue enthusiasts.

Yoga Digest Fest

Saturday, October 6 • 9am-1pm • Free
Historic Downtown Carrollton, 1106 S. Broadway Street

This family-friendly yoga event is hosted by Yoga Digest and sponsored by The City of Carrollton. Join us for a variety of yoga classes, and offerings including crystal bowl meditation, an all-levels yoga class, dogo, acro yoga, ayurveda, aerial yoga, essential oils class and more! Plus a vendor village with plenty of sips and eats, shopping, sampling, and activities from Henna tattoos, chair massage, arts and crafts, live music, and more.

Fall Family Campout

Saturday, October 6 • 3pm
Camps: \$10
Saturday Only (dinner and movie): \$8
R.E. Good Soccer Complex, 2355 Sandy Lake Road

Join us for a night beneath the stars at the Fall Family Campout. Set up camp quickly so you can enjoy the games and a guided, themed hike in the Elm Fork Nature Preserve (EFNP). There will be two hikes, the first for ages 2-8 and the second for ages 9 and up. The hikes will cap at 20 kids (parents must accompany children ages 2-8) and will be first come, first serve. Dinner will be served, as will a bonfire and a screening of *Space Jam* (1996), PG. Breakfast will be provided in the morning while you break camp. Campsites must be clear by 9:30am Sunday morning. **Participants must provide their own camping equipment.** Registration is required. Onsite registration will be allowed from 3pm until dark. Nature Preserve hike sign-ups will take place when gates open. For more information, call 972-466-9816 or visit cityofcarrollton.com/events.



Friends of the Carrollton Public Library Book Sale

Thursday, October 11 • 10am-Noon (members only)
Thursday, October 11 • Noon-8pm
Saturday, October 13 • 10am-6pm
Hebron & Josey Library, 4220 N. Josey Lane

Stop by the Hebron and Josey Library during the Friends of the Carrollton Public Library Book Sale. Donated adult and children's books, movies, and music will be available for purchase. Cash, checks, and credit cards are accepted. All proceeds benefit the Friends of the Carrollton Public Library to fund Library programming. Visit friendscarrolltonlibrary.org.



Swing the Night Away

Friday, October 12 • 6:30-9pm • \$20 per couple
Crosby Recreation Center, 1610 E. Crosby Road

Take a step back to the 1940s as the Trinity Room is transformed for a night full of swing dancing. Music provided by the New Horizons Upswing Jazz Orchestra. Never swing danced before? No problem, there will be an instructional period at the beginning for everyone to learn how to swing dance. Registration required. Vintage outfit encouraged, prize for best-dressed couple. Instruction 6:30-7pm, Dance 7-9pm. Sign up with class #113420-65. For all ages.



Perry Pumpkin Patch

Saturday, October 20 • 10am-2pm • Free
A.W. Perry Homestead Museum, 1509 N. Perry Road

The A.W. Perry Society and City of Carrollton invite you to usher in the fall fun with the annual Perry Pumpkin Patch! Come picnic in the park, enjoy old fashion games, crafts, a pie eating contest, and find your pumpkin as we celebrate the fall season at the A.W. Perry Homestead. Check our Facebook for future details, facebook.com/perryhomesteadmuseum.



Paranormal Porch Panel and Movie on the Lawn

Saturday, October 20 • 5-9pm • Free
A.W. Perry Homestead Museum, 1509 N. Perry Road

Haunted or not? Come discover the truth and mystery as we reveal the ghost hunters' investigation of the Perry cemetery. The hunters will disclose their findings, demonstrate their equipment, and show guests how to perform an investigation. Following the presentation, stay for a screening of *Night of the Living Dead*, (1968) NR by George A. Romero. Blanket and lamp recommended, but not required.

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports



Mother/Son Monster Mash

Saturday, October 20 • 6-9pm

Creekview High School, 3201 Old Denton Road

Moms, enjoy a HOWLING good time with your sons; a spooktacular time for all! Enjoy a kid-friendly haunted house and have fun with a bounce house, dancing, games, snacks, door prizes, raffles, and meet real SWAT Team members and firefighters.

Come as you aren't and wear your favorite kid-friendly costume. Take a photo with your little ghou(s); photos available for purchase. Join us if you dare — \$10 per person in advance for each child three years of age and older/\$15 at the door. **No dads or daughters please, this is a special time for moms and their sons.** Hey boys, don't forget your Mummies! G'hosted by the Carrollton Police Officers Association. For more information, call 972-466-3031 or visit cityofcarrollton.com/monstermash.

Spooky Tours at the Perry

October, 23- 25, & 27 • 5-7pm

Registration required, \$2 per person

A.W. Perry Homestead Museum, 1509 N. Perry Road

Tales of Victorian ghosts, poisonous wallpaper, and creepy dolls are just a small taste of what you will find on these tours. Come hear what the creaks and thuds tell us as we tour the A.W. Perry house and explore the oddities of Victorian life and culture during the Halloween festivities. **Registration is required for each individual.**

CLASS #	DATES	TIME	CLASS#	DATES	TIME
113008-70	10/23	5-5:45pm	113008-76	10/25	5-5:45pm
113008-71	10/23	6-6:45pm	113008-77	10/25	6-6:45pm
113008-72	10/23	7-7:45pm	113008-78	10/25	7-7:45pm
113008-73	10/24	5-5:45pm	113008-79	10/27	5-5:45pm
113008-74	10/24	6-6:45pm	113008-80	10/27	6-6:45pm
113008-75	10/24	7-7:45pm	113008-81	10/27	7-7:45pm

Library Fall Festival

October 25 • 6-8pm

Josey Ranch Lake Library, 1700 Keller Springs Road

Drop in for some free, family-friendly fall fun! Enjoy games, art activities, stories, cupcake walk, face painting, prizes, and more. Costumes are encouraged, and remember to bring your own treat bag!

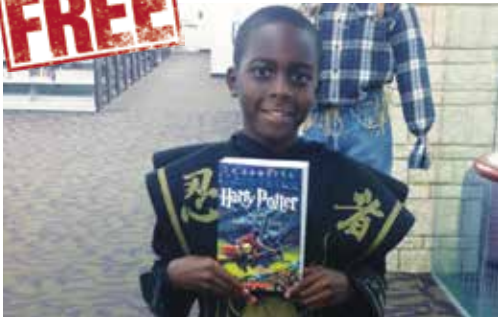
Craft Fair

Saturday, October 27 • 9am-3pm • Free

Carrollton Senior Center, 1720 Keller Springs Road

The Carrollton Senior Center is hosting its annual Craft Fair, open to the public. Browse and shop the variety of handmade craft items for sale. Booths with a 6 ft. table and two chairs are available to residents for \$25 and to non-residents for \$27.50. Carrollton Senior Center members can register for booths beginning Monday, August 6 and the public can register for booths beginning Monday, August 13. A copy of your State of Texas Sales Tax Permit is required along with the completed registration form. Booth space is limited, so apply early! For more information, call Susan Schafer at 972-466-4850 or email susan.schafer@cityofcarrollton.com.

FREE



Books For Treats

Wednesday, October 31
Hebron & Josey Ranch Library • 10am-6pm
Josey Ranch Lake Library • 12-9pm

Children age 0 to 12, wear your Halloween costume to either Josey Ranch Lake Library or Hebron & Josey Library and pick out a free book while supplies last. For more information or for other Library activities, visit cityofcarrollton.com/library.

FREE



Festival at the Switchyard

Saturday, November 3 • 11am-10pm
Historic Downtown Carrollton
1106 S. Broadway Street

The 9th Annual Festival at the Switchyard is a free family-fun event that honors the critical role the railroad played in putting Carrollton on the map and the continuing importance of rail in Carrollton's present and future. Bring the whole family to enjoy free concerts featuring nationally known openers Vertical Horizon and Tonic and a nationally known headliner to be announced mid-August, as well as free rides and games and free children's entertainment. Grab a bite to eat from one of the many food vendors, take a break in the beer garden, shop unique craft booths, visit with our sponsors, and browse through the variety of eclectic Downtown shops. For more information about the Festival, including parking information, visit carrolltonfestival.com, like us on Facebook at facebook.com/carrolltonfestival, and follow us on Twitter at twitter.com/carrolltonfest.

FREE



Veterans Day Celebration

Friday, November 9 • 11am-1pm
Senior Center, 1720 Keller Springs Road

This is a day to give thanks to our veterans and to remember those who have paid the price to make this great country what it is today. Due to limited seating, registration is limited to veterans and a guest or to widow(er)s of a veteran and a guest. Dessert will be provided by the office of U.S. Representative Kenny Marchant. New Horizons Band Dallas will perform a patriotic concert. **Registration by 11/5 is required.**

Photos with Santa

Saturday, November 17 • 10am-1pm
Registration required
\$20 per family resident/\$22 per family non-resident
A.W. Perry Homestead Museum, 1509 N. Perry Road

Santa Claus will be visiting the Perry Museum again this year and he wants to meet you! Have your picture taken with Santa by our professional photographer. Fee is per family, up to four people, and includes one digital photo. Additional photos are available for order. There will also be hands-on activities, crafts, and refreshments for the whole family. **Pre-registration for one of the following sessions is required by 11/16. To register, go to cityofcarrollton.com/events.**

CLASS #	TIMES	CLASS #	TIMES
113200-80	10-10:30am	113200-82	11-11:30am
113200-81	10:30-11am	113200-83	11:30am-12pm





An Old-Fashioned Christmas

Friday, December 7 • 6-8:30pm • Free

A.W. Perry Homestead Museum, 1509 N. Perry Road

Bring the whole family to this popular celebration. Victorian carolers and Santa Claus will be spreading holiday cheer. Enjoy cookies, ornament crafts, and merry making at our annual event to welcome the season! Tour the historic 1909 Perry home to see its festive decorations. Informal tours available throughout the evening. For more information, visit cityofcarrollton.com/museum.



Santa on the Square

Saturday, December 8 • 10:30am-4pm

Historic Downtown Carrollton, 1106 S. Broadway Street

Grab your stockings and your Santa hats for a fun and festive event. The Kids' Santa Dash will have your little ones running with glee as they chase Santa through the streets of Historic Downtown Carrollton. Parents are welcome to participate with their registered children. Wagons and strollers are also allowed. All participants will receive a special gift from Santa upon completion and the opportunity for early access to photos with Santa after the run. Stick around for our FREE event which includes a picture with the big guy inside the Gazebo on the Square and a chance to see a live reindeer. Also, take care of that Christmas shopping list in the Downtown shops and boutiques or grab a bite to eat at one of the many eclectic restaurants. For more information, visit cityofcarrollton.com/downtown

Santa on the Square Schedule:

Pre-Registration by 11/30:	\$12
Race Day Registration:	\$15
Race Day Check-In	9:30-10:15am
Kids' Santa Dash:	10:30am
Pictures with Santa:	10:30am-4pm (FREE!)
Live Reindeer:	10:30am-4pm (FREE!)



Carrollton Snow Globe

Saturday, December 15 • 11am-3pm

Historic Downtown Carrollton

1106 S. Broadway Street

Visit Downtown Carrollton to take a photo in the Carrollton snow globe. This 15-foot inflatable globe is a fun experience for all ages. Bring your own photographer for this unique holiday experience. Weather permitting.



Twelve Days of Winter Break

December 26 ~ January 7

Hebron & Josey Library

Josey Ranch Lake Library

Stop by either Library and pick up a schedule of events that highlights winter holidays and traditions. Different Activities Every Day! For more information, visit cityofcarrollton.com/library.

Watch for the Harry Potter Yule Ball 2019

Certifications



The American Heart Association (AHA) strongly promotes knowledge and proficiency in all courses and has developed instructional materials for this purpose. A Carrollton Fire Rescue (CFR) course completion card, valid for two years, is given upon completion. An AHA course completion card can be purchased for an additional \$20. *Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA. These courses do not certify healthcare providers. The Heartsaver® First Aid, CPR, AED Student Workbook is available for purchase and will be sold for \$5 (exact cash only) at the beginning of class.*

The City of Carrollton encourages local businesses to schedule onsite training courses with CFR to establish what could be a safer environment should a cardiac episode occur in the workplace. For more information or to schedule a workplace training, call 972-466-4901. Instructor: Carrollton Fire Rescue

ADULT, CHILD, & INFANT CPR/AED

Learn techniques of cardiopulmonary resuscitation (CPR) for adults and children, pediatrics, obstructed airway management, and how to use public access automated external defibrillators (AEDs). Instructor: Carrollton Fire Rescue

CLASS#	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171050-65	CRC	10+	9/1	Sa	9:15am-12:15pm	1	\$25
171050-66	CRC	10+	9/15	Sa	9:15am-12:15pm	1	\$25
171050-70	CRC	10+	10/6	Sa	9:15am-12:15pm	1	\$25
171050-75	CRC	10+	10/20	Sa	9:15am-12:15pm	1	\$25
171050-80	CRC	10+	11/3	Sa	9:15am-12:15pm	1	\$25
171050-85	CRC	10+	11/17	Sa	9:15am-12:15pm	1	\$25
171050-90	CRC	10+	12/1	Sa	9:15am-12:15pm	1	\$25
171050-95	CRC	10+	12/15	Sa	9:15am-12:15pm	1	\$25

BASIC FIRST AID

Learn to identify the signs and symptoms of a heart attack and what to do in cases of breathing difficulty, cuts, broken bones, diabetic problems, seizures, and other medical emergencies.

Instructor: Carrollton Fire Rescue

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170005-65	CRC	10+	9/15	Sa	12:15- 3:15pm	1	\$15
170005-70	CRC	10+	10/20	Sa	12:15- 3:15pm	1	\$15
170005-80	CRC	10+	11/17	Sa	12:15- 3:15pm	1	\$15
170005-90	CRC	10+	12/15	Sa	12:15- 3:15pm	1	\$15

Classes

Chefsville Cooking Classes

Chefsville allows kids to explore different aspects of cooking and take it to a new level. Participants eat the fresh, healthy, and fun dishes made while in class. Imagine your kids eating more fruits and vegetables, baking, and showing off their cooking skills. Cooking connects family and community by spending quality time cooking together.

**Parents must sign an allergen waiver before class. No open-toe shoes or dangling jewelry allowed. Long hair must be put in ponytail or braids. \$12 supply fee included in cost.* Instructor: Horwitz

NEW!>> CREPES

Kids will make, stuff, and sauce all their own crepes both sweet and savory. They will make sloppy joe crepes with cheese and Fritos. Dessert will be chocolate crepes stuffed with fruit preserves and served with whipped cream.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170104-65	RRC	7+	9/22	Sa	10am-12:30pm	1	\$29/\$31

NEW!>> HALLOWEEN TREAT

Kids will get together to make the best treats for the season – chocolate work, candy work, and small pastries. Ghosts welcome.*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171104-70	CRC	7+	10/27	Sa	10am-12:30pm	1	\$29/\$31

NEW!>> BOUNTY OF THE SEASON

Learn how to use all the food products involved in the class, whether it's roots, tubers, apples, pears, and hardy greens in the colder months; asparagus, peas, and strawberries in the spring; or corn, zucchini, tomatoes, and peaches in the warmer months. This class will not just teach recipes, it will change the way ingredients are looked at, as techniques are learned to transform and deconstruct each seasonal ingredient into delicious dishes. (Never discard those apple peels or celery root tops again!)*

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170104-80	RRC	7+	11/17	Sa	10am-12:30pm	1	\$29/\$31



Nature



OUTDOOR DISCOVERY PROGRAM

Discover the outdoors at Elm Fork Nature Preserve (EFNP)! Start inside the Ranger Station with a craft and lesson for kids and coffee for adults. Then explore the EFNP with a guided tour. Themes and lessons will vary each season. This season's theme will be aquatic ecosystems. **Cost: \$5 per family, up to 4 children. Closed-toe shoes and long pants required. Children under the age of 16 must be accompanied by an adult. Registration for these events is required for all participants no later than 48 hours in advance.** Instructor: Staff

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
174034-80	EFNP	All	11/10	Sa	10-11am	1	\$5/\$5.50

ELM FORK TRAIL CLEANUP HIKE

Help us in our continuing efforts to keep Elm Fork Nature Preserve (EFNP) clean on Saturday, September 22 from 10-11am, so that generations may continue to enjoy nature's beauty. We will start our hike from the Nature Center and go along the main trail loop, eight-tenths of a mile long, collecting all the trash along the trail. All ages welcome. **Trash bags, grabbers, gloves, and water will be provided.** Someone will be on hand to sign any service hour sheets following trail cleanup. **Closed-toe shoes required.** For more information call 972-466-9811 or visit cityofcarrollton.com.

Preschool

NEW>> ADVENTURE KIDS

This academic and creative-based program is for children entering kindergarten in the fall of 2019. Your preschooler will be in a loving environment that allows them to interact with other children, and one that will give them opportunities to work on problems through a variety of fun educational tools and experiences. Children will have fun exploring art, learning, fine motor skills, social skills, beginning writing, and sign language. Includes gym, music, stories, and lunch. **Please pack a lunch for your child.** Each child will be evaluated in colors, shapes, letters, and numbers when they enter the class, then periodically throughout the school year in order for you to see how your child is progressing. **No class 9/3, 10/8, 11/19, & 11/21.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171400-65	CRC	4-6	8/27-9/19	M/W	9:30am-2pm	7	\$180/\$198
171400-70	CRC	4-6	9/24-10/17	M/W	9:30am-2pm	7	\$180/\$198
171400-80	CRC	4-6	10/22-11/14	M/W	9:30am-2pm	8	\$193/\$212
171400-90	CRC	4-6	11/26-12/19	M/W	9:30am-2pm	8	\$193/\$212

NEW>> BUSY BEES

This class is designed to introduce a class like setting for you child and to help them learn to socialize with children his or her own age. They will also learn and practice their basic numbers, letters, and colors. We will work on fine motor skills through art, play and sign language. Includes gym time, music, stories, and lunch. **Please pack a lunch for your child.** Each child will be evaluated in colors, shapes, letters, and numbers when they enter the class and then periodically throughout the school year in order for you to see how your child is progressing. **No class 11/20 & 11/22.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171402-65	CRC	3-4	8/28-9/20	Tu/Th	9:30am-1pm	8	\$142/\$156
171402-70	CRC	3-4	9/25-10/18	Tu/Th	9:30am-1pm	7	\$142/\$156
171402-80	CRC	3-4	10/23-11/15	Tu/Th	9:30am-1pm	8	\$142/\$156
171402-90	CRC	3-4	11/27-12/20	Tu/Th	9:30am-1pm	8	\$142/\$156

ROSEMEADE PRESCHOOL PALS (FULL DAY)

Hands-on, play based preschool program for students who are potty-trained. Students will learn literacy skills, letter/sound awareness, math, and science concepts, introductory Spanish, and practical life skills through customized age-appropriate activities. **Bring snack and lunch. No class 11/21 & 11/22.** Instructor: Dhamani

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170241-65	RRC	3-6	9/5-9/26	M/W	9:30am-2pm	7	\$190.25/\$209.25
170241-66	RRC	3-6	9/4-9/27	Tu/Th	9:30am-2pm	8	\$215.25/\$236.25
170241-70	RRC	3-6	10/1-10/31	M/W	9:30am-2pm	10	\$265.25/\$291.75
170241-75	RRC	3-6	10/2-10/30	Tu/Th	9:30am-2pm	9	\$240.25/\$264.25
170241-80	RRC	3-6	11/5-11/28	M/W	9:30am-2pm	7	\$265.25/\$291.75
170241-85	RRC	3-6	11/1-11/29	Tu/Th	9:30am-2pm	8	\$215.25/\$236.75
170241-90	RRC	3-6	12/3-12/19	M/W	9:30am-2pm	6	\$165.25/\$181.75
170241-95	RRC	3-6	12/4-12/20	Tu/Th	9:30am-2pm	6	\$165.25/\$181.75

ROSEMEADE PRESCHOOL PALS (HALF DAY)

Is your child not yet ready for a full day? Potty-trained students 3-6 years old can come in for half day with the Preschool Pals program. In this safe and nurturing environment, students will work on similar objectives as the full-day program. **Bring snack and lunch. No class November 11/21 & 11/22.** Instructor: Dhamani

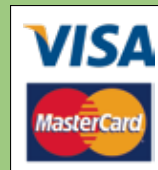
CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170242-65	RRC	3-6	9/5-9/26	M/W	9:30am-12:30pm	7	\$120.25/\$132.25
170242-66	RRC	3-6	9/4-9/27	Tu/Th	9:30am-12:30pm	8	\$135.25/\$148.75
170242-67	RRC	3-6	9/7-9/28	F	9:30am-12:30pm	4	\$75.25/\$82.75
170242-70	RRC	3-6	10/1-10/31	M/W	9:30am-12:30pm	10	\$165.25/\$181.75
170242-73	RRC	3-6	10/2-10/30	Tu/Th	9:30am-12:30pm	9	\$150.25/\$165.25
170242-75	RRC	3-6	10/5-10/26	F	9:30am-12:30pm	4	\$75.25/\$82.75
170242-80	RRC	3-6	11/5-11/28	M/W	9:30am-12:30pm	7	\$120.25/\$132.25
170242-83	RRC	3-6	11/1-11/29	Tu/Th	9:30am-12:30pm	8	\$135.25/\$148.75
170242-85	RRC	3-6	11/2-11/16	F	9:30am-12:30pm	3	\$60.25/\$66.25
170242-90	RRC	3-6	12/3-12/19	M/W	9:30am-12:30pm	6	\$105.25/\$115.75
170242-93	RRC	3-6	12/4-12/20	Tu/Th	9:30am-12:30pm	6	\$105.25/\$115.75
170242-95	RRC	3-6	12/7-12/21	F	9:30am-12:30pm	3	\$60.25/\$66.25

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins 8/6.

Non-resident registration begins 8/20.

Classes begin 8/27.



For your convenience, Recreation Centers accept Visa and MasterCard for all Parks and Recreation fees.

GIRL SCOUTS:

Earn patches and badges at the A.W. Perry Homestead Museum (PHM) and Elm Fork Nature Preserve (EFNP). Reserve a program date for your troop by calling 972-466-9811. All program fees must be received in order to secure your date. One adult must be present for every five scouts. Patches and badges are provided at the end of the program.

BADGES FOR DAISIES

Outdoor Art Maker – \$7 per scout

From a blue sky to a bird's song, nature can give you a lot of ideas for art. Get ready to explore the outdoors at the EFNP and use what you see and hear to make different kinds of art.

Rosie: Make the World a Better Place – \$7 per scout

Learn about the environment through the discussion of plants, healthy living, and a gardening activity at the PHM garden. Enjoy a snack party afterward.

BADGES FOR BROWNIES

It's Your Planet Badge: Craft - Potter – \$12 per scout

Create your own pottery pieces as you learn hand-building techniques, examine artifacts, and discover the significance of the Museum's archeological site.

Outdoor Art Creator – \$12 per scout

As an artist, you can walk outside and see colors, shapes, and ideas for things you want to create. Find out how you can make your own art outdoors at the EFNP, and have fun doing it.

BADGES FOR JUNIORS

It's Your Story Badge: Manners - Social Butterfly – \$12 per scout

Learn how to make friends, be a proper Victorian lady, and enjoy a tea party on the porch at the PHM.

Outdoor Art Explorer – \$12 per scout

From murals on buildings to oil paintings of landscapes, art and the outdoors go hand in hand. Let nature be your inspiration as you explore the EFNP, create, and design different kinds of art.

Gardener—\$12 per scout

For this badge, dig your hands into the earth at the PHM garden and spend time with soil, water, and sunlight to find out how to help life grow from a tiny seed. Learn to make your own garden—no matter where you live.

BADGES FOR CADETTES

Outdoor Art Apprentice – \$12 per scout

Observe and collect items outdoors at the EFNP that will drive your art and creativity—from colors and patterns to landscapes and wildlife.

BOY SCOUTS:

Schedule a tour of the A.W. Perry Homestead Museum (PHM) or Elm Fork Nature Preserve (EFNP) for your Boy Scout or Cub Scout group to fulfill requirements toward earning badges. Call 972-466-9811 for details.

CUB SCOUTS

Tiger Adventures: Tigers in the Wild – Free by appointment

Take a nature hike at the EFNP and identify native plants and animals, and practice the Outdoor Code!

Wolf Adventures: Paws on the Path – Free by appointment

Take a 1-mile nature hike at the EFNP and identify native plants and animals, and practice the Outdoor Code!

Wolf Elective Adventures: Collections & Hobbies – \$7 per scout

Visit the PHM to see our collections, create an autograph book, and enjoy a snack.

Bear Adventures: Paws for Action – Free by appointment

Visit the PHM and learn about the American flag!

Bear Elective Adventures: Marble Madness – \$7 per scout

Learn about old-fashioned marbles, play marble games, create your own pouch to house marbles, and more.

Webelos Elective Adventures: Webelos in the Wild – Free by appointment

Identify native plants and animals, visit the EFNP, learn about aquatic ecosystems and more!

BOY SCOUTS

Merit Badge: Archaeology – \$12 per scout

Learn about a registered archaeological site as well as how people lived over 100 years ago in Texas. Stage an archeological exhibit for the museum, and learn how to become a protector of the past. Additional pre and post work is required to complete the merit badge.

Merit Badge: Nature – \$12 per scout

Collect soil from the EFNP, identify plants, learn about the habitats of mammals, birds, and snakes, and create bird feeders. Additional pre and post work is required to complete the merit badge.

Merit Badge: American Heritage – Free by appointment

Visit the historic PHM to learn about the creation of Carrollton and how the town has evolved over 100 years. Listen to historic songs from the period and discuss careers within the field of American heritage.

Merit Badge: Collections – Free by appointment

Learn all about collection management, storage, and preservation at the PHM. Visit our collections and bring your own along with you! Learn about careers in collections and collection assessment.

EAGLE SCOUTS

Eagle Scout Project: By appointment

The PHM and EFNP welcome all Eagle Scouts seeking service, impact, and leadership with their Eagle Projects. To propose an idea for your Eagle Project, contact Cody Scallions at 972-466-6382.

More fun for your little one:

Library story times on page 14;

preschool classes on page 26;

arts and dance on pages 28-29.

The Sports classes are on page 38 and

gymnastics are on page 34.



NEW>> ABRAKADOODLE® AMAZING AMERICAN ARTISTS

Come along to America, land of some amazing artists! Create artworks inspired by famous artists who explore color, celebrate uniqueness, innovate with paint, depict familiar scenes, and highlight different cultures. Learn about Thiebaud's enticing goodies, Grandma Moses' charming landscapes, Steinberg's fascinating figures, and more! Have fun with these amazing American artists and create your own amazing art. **All supplies are included.**

Instructor: Abrakadoodle®

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
151005-01	CRC	6-12	9/12-10/24	W	5-6pm	7	\$84/\$89.75



NEW>> ABRAKADOODLE® CREATIVE INSPIRATION

Art comes from all types of creative inspiration. Look up at tall trees reaching for the sky. Look down at tiny crawling bugs. Look all around at flowing water, bright colors, mouth-watering fruit, and more. These things inspire us to construct miniature trees of life and draw Mondrian-style trees – with a twist. We examine ladybugs and other bugs in their leafy habitats; and create fruity, patterned, mixed media masterpieces inspired by masters like Paul Gauguin. Learn about Outsider Art – creative works by people with little or no formal training in art who inspire us nonetheless. **All supplies are included. No class 11/22.** Instructor: Abrakadoodle®

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150006-01	RRC	3-5	9/15-10/27	Sa	10-11am	7	\$84/\$89.75
151006-17	CRC	6-12	11/1-12/13	Th	5-6pm	6	\$72/\$77

NEW>> ABRAKADOODLE® MESSY, SPLASHY, AND FUN

Messy, splashy fun is what these projects are all about. Pop! Pop! Pop! Is the sound you hear when you print, stamp, and roll to create colorful art. Be inspired by American artist Damian Hirst as you spin your body and your art to explore color mixing, and shapes. Russian artist Serghei Pakhomoff's pasta sculptures encourage building, sorting, and painting. Use your fingers to get messy with splatter paint and squishy mud. Be a dynamic art explorer as you observe what happens with the art materials in these messy and fun projects. Grab your apron and get ready for a lively art adventure. **Register under the child's name. A parent/guardian is required to attend each class with the child. All supplies are included. No class 11/24.** Instructor: Abrakadoodle®

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150007-01	RRC	1½-5	11/3-12/15	Sa	10-11am	6	\$60/\$64.25

NEW>> ART AND NATURE WALK

Go on a guided outdoor nature walk at the Elm Fork Nature Preserve (EFNP) and have fun making art inside the EFNP Center! **All materials and water will be provided. Parents or guardians are required to supervise/assist their children. Closed-toe shoes are required and long pants are recommended. Register under the child's name. Deadline to register is 10/3 at noon.** For more information contact Susan.Schafer@cityofcarrollton.com. Instructor: Staff

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
157000-01	EFNC	1-5	10/5	F	10-11am	1	\$5/\$5.50



CERAMICS 50+ CLASSES PAGE 10

DRAWING/CARTOONING

Our elementary-age curriculum is designed to teach basic to advanced drawing skills, art techniques, and vocabulary. We believe that drawing is the bedrock skill required for future artistic success. We give students skills to express their creativity and believe that all children can, and should, learn to draw. Parents will see increased art abilities, learning skills, self-confidence, and self-esteem. Each session will include seasonal drawings, art history, and cartooning. **New lessons every week. All materials provided. No class 11/21.** Instructor: Young Rembrandts

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150020-01	RRC	6-12	9/12-10/10	W	6-7pm	5	\$65/\$71.50
150020-17	RRC	6-12	11/7-12/12	W	6-7pm	5	\$65/\$71.50

Dance

BALLET DANCE

Children will learn the basics of classical and contemporary ballet. Dance helps coordination, confidence, and social skills. **Leotards with tights and ballet shoes are required. Level: Beginner/Intermediate. No class 11/24.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150110-01	RRC	6-10	9/8-10/27	Sa	12:15-1pm	8	\$74/\$81.50
150110-17	RRC	6-10	11/3-12/22	Sa	12:15-1pm	7	\$64.75/\$71.25

BALLET FOR FUN

This class focuses less on technique and more on fun with ballet and creative movement. **Leotards with tights and ballet shoes are required. Level: Beginner. No class 11/20 & 11/24.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150120-01	RRC	3-6	9/4-10/23	Tu	5-5:30pm	8	\$50/\$55
150120-02	RRC	3-5	9/8-10/27	Sa	11-11:30am	8	\$50/\$55
150120-17	RRC	3-6	10/30-12/18	Tu	5-5:30pm	7	\$43.75/\$48.25
150120-18	RRC	3-5	11/3-12/22	Sa	11-11:30am	7	\$43.75/\$48

BALLET & TAP DANCE

Children learn the basic steps of these two dance forms. Dance helps coordination, confidence, and social skills. **Leotards with tights and ballet and tap shoes are required. Level: Beginner/Intermediate. No class 11/24.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150140-01	RRC	5-8	9/8-10/27	Sa	1:05-1:50pm	8	\$74/\$81.50
150140-17	RRC	5-8	11/3-12/22	Sa	1:05-1:50pm	7	\$64.75/\$71.25

DANCE COMBINATIONS

Not sure what dance class your child wants to take? Try a combination of ballet, jazz, hip-hop, and modern dance. **Leotards with tights or jazz pants and ballet or jazz shoes are required. No class 11/20 & 11/24.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150150-01	RRC	6-10	9/4-10/23	Tu	5:30-6:15pm	8	\$74/\$81.50
150150-02	RRC	6-10	9/8-10/27	Sa	11:30am-12:15pm	8	\$74/\$81.50
150150-17	RRC	6-10	10/30-12/18	Tu	5:30-6:15pm	7	\$64.75/\$71.25
150150-18	RRC	6-10	11/3-12/22	Sa	11:30am-12:15pm	7	\$64.75/\$71.25



NEW >> DANCE FITNESS FUN

Get ready to dance and have fun! This class will infuse dance with fitness as we move to the beat of popular hits for kids. **Loose fitting clothing and tennis shoes are required. For more information, email kidzdancercise@gmail.com.** Instructor: Espinosa

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150158-09	RRC	5-8	9/20-11/08	Th	4:30-5:15pm	8	\$74/\$81.50
150158-10	RRC	8-11	9/20-11/08	Th	5:15-6pm	8	\$74/\$81.50

DYNASTY DANCE ACADEMY

Beginning and continuing students will learn and further enhance technique and terminology in several dance styles while working on performance pieces or choreography. Through fun and energetic exercises, in a structured class setting, students will focus on fluidity of motion, musicality, and performance skills in fun blends of ballet, cheer, hip-hop, and jazz. **Students who enroll in the 12-week performance class will participate in a final performance on 12/10 during the last class, and are required to pay a \$70 costume fee due by 10/16. For more information, visit ddatexas.com or email ddatexas.com@gmail.com. No class 11/21.** Instructor: Dynasty Dance Academy

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150160-09	RRC	7-12	9/19-11/7	W	4:30- 5:30pm	8	\$110/\$121
150160-17	RRC	7-12	9/19-12/12	W	4:30- 5:30pm	12	\$165/\$182
150160-08	COSTUME FEE 10/16 for PERFORMANCE CLASS						\$70

DANCE ON-DEMAND

This class is ideal for home school groups, friends, siblings, and daycare groups. There is a required minimum of four students and you can schedule as few or as many dates as desired. Your group can choose any combination of ballet, hip hop, jazz, modern, or tap. **Price listed is per person for a 45-minute class. Contact Joanna Jordan at dancestoreandmore@gmail.com or Shadae Rogers at ddatexas.com@gmail.com to pre-schedule your preferred class dates, time, and location.** Instructors: Jordan and Rogers

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
CRC or RRC	3+	TBD	TBD	TBD	TBD	\$9.25/\$10.25

PRIVATE DANCE LESSONS

Private lessons are perfect for beginner to advanced students and cover a range of dance forms and choreography. **Price listed is per lesson. Contact Joanna Jordan at dancestoreandmore@gmail.com or Shadae Rogers at ddatexas.com@gmail.com to pre-schedule your preferred class dates, time, and location.**

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(30 MIN/1 HR)
CRC or RRC	3+	TBD	TBD	TBD	TBD	\$12.50/\$25



Drama

NEW>> JUST B.E. PRODUCTIONS THEATER

The elementary school level covers the basics of theater and students will work on monologue and scene work while having fun expressing themselves through interactive games. The middle school level is a more in-depth interactive acting class where performers will learn speech, diction, and projection tools in addition to scene and monologue work. The high school level will emphasize movement, voice, and scene work at a more in-depth level. **All classes are for new and experienced performers. No class 10/6, 11/3, & 11/24.** Instructor: Stegmair

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
151260-17	CRC	5-10	9/8-12/8	Sa	9:10-10:10am	13	\$82.50/\$90.75
151260-18	CRC	11-14	9/8-12/8	Sa	10:20-11:20am	13	\$82.50/\$90.75
151260-19	CRC	15-18	9/8-12/8	Sa	11:30am-12:30pm	13	\$82.50/\$90.75



Music

KEYBOARD/PIANO LESSONS

This beginner keyboard/piano program is conducted as a semi-private group lesson with up to four students in a class. Students are introduced to sight reading and fundamental music concepts. **Instruments are provided and first-time students pay \$8 supply fee for the music book, upon enrolling using class #150340-91. Contact musikinschool.info@gmail.com for more information.**

Instructor: Musik In School

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150340-89	RRC	5-15	9/1-9/22	Sa	12:30-1:15pm	4	\$99/\$109
150340-90	RRC	5-15	9/1-9/22	Sa	1:15-2pm	4	\$99/\$109
150340-01	RRC	5-15	10/6-10/27	Sa	12:30-1:15pm	4	\$99/\$109
150340-02	RRC	5-15	10/6-10/27	Sa	1:15-2pm	4	\$99/\$109
150340-09	RRC	5-15	11/3-11/17	Sa	12:30-1:15pm	3	\$74.25/\$81.75
150340-10	RRC	5-15	11/3-11/17	Sa	1:15-2pm	3	\$74.25/\$81.75
150340-17	RRC	5-15	12/1-12/22	Sa	12:30-1:15pm	4	\$99/\$109
150340-18	RRC	5-15	12/1-12/22	Sa	1:15-2pm	4	\$99/\$109
150340-91	MUSIC BOOK FEE NEW STUDENTS						\$8

PRIVATE GUITAR LESSONS

Learn to play any style of music. Students learn music reading, scales, improvisation, music theory, and how to learn songs from recordings. **Before enrolling, reserve your 30-minute weekly lessons by calling 214-500-6704.** Instructor: Gold

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150370-89	RRC	5+	9/1-9/29	Sa	TBD	5	\$150/\$165
150370-90	RRC	5+	9/4-9/25	Tu	TBD	4	\$120/\$132
150370-01	RRC	5+	10/2-10/30	Tu	TBD	5	\$150/\$165
150370-02	RRC	5+	10/6-10/27	Sa	TBD	4	\$120/\$132
150370-09	RRC	5+	11/3-11/17	Sa	TBD	3	\$90/\$99
150370-10	RRC	5+	11/6-11/27	Tu	TBD	4	\$120/\$132
150370-17	RRC	5+	12/1-12/8	Sa	TBD	2	\$60/\$66
150370-18	RRC	5+	12/4-12/11	Tu	TBD	2	\$60/\$66

Group Exercise, Pilates, Yoga

DROP IN>> CROSSFIT TEMPLUM

At CrossFit Templum, our motto is *honora templum tuum* which is Latin for honor your temple. We believe in taking care of ourselves mentally, physically, and spiritually. Come see why CrossFit has taken the world by storm and find out what it can do for you. To view the current class schedule and register for monthly access to classes, visit crossfitemplum.com. **Classes held at CrossFit Templum (2425 W. Parker Rd #6d).** Instructor: CrossFit Templum

CLASS #	LOC	AGE	DATES	\$(RES/NR)
130350-65	CROSSFIT	16+	September	\$149/\$164
130350-70	CROSSFIT	16+	October	\$149/\$164
130350-80	CROSSFIT	16+	November	\$149/\$164
130350-90	CROSSFIT	16+	December	\$149/\$164

CROSSFIT TEMPLUM INTRODUCTION SEMINAR

Are you curious as to what CrossFit is truly all about? Interested in seeing if you are able to participate in CrossFit, but have a couple questions first? Attend a seminar led by CrossFit Templum owner and coach Eric Wrona. Eric dives into 60 minutes of information, education, exercise, and demonstration to get you up to speed with a program that really works. Instructor: CrossFit Templum

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130350-66	RRC	16+	9/10	M	7:30-8:30pm	1	\$10/\$11
130350-71	RRC	16+	10/1	M	7:30-8:30pm	1	\$10/\$11
130350-81	RRC	16+	11/5	M	7:30-8:30pm	1	\$10/\$11
130350-91	RRC	16+	12/3	M	7:30-8:30pm	1	\$10/\$11

DROP IN>> FUGITIVE FITNESS PARKOUR

We teach all the basic movement patterns involved in parkour including running, jumping, rolling, swinging, and vaulting. There are endless movements to be learned within each of the categories, so the drills, skills, and techniques emphasized are fun and challenging. Students also learn core values: respect, discipline, responsibility, commitment, and leadership, and are expected to embody those values. Although this is not a high-intensity class, it likely will be physically demanding. **Bring a water bottle and be ready to sweat. \$15 drop in fee.** Instructor: Fugitive Fitness

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
131200-65	CRC	8-13	9/10-10/8	M	4:30-5:15pm	5	\$69/\$76
131200-66	CRC	14+	9/10-10/8	M	5:30-6:30pm	5	\$69/\$76
131200-70	CRC	8-13	10/15-11/12	M	4:30-5:15pm	5	\$69/\$76
131200-71	CRC	14+	10/15-11/12	M	5:30-6:30pm	5	\$69/\$76
131200-80	CRC	8-13	11/19-12/17	M	4:30-5:15pm	5	\$69/\$76
131200-81	CRC	14+	11/19-12/17	M	5:30-6:30pm	5	\$69/\$76

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins August 6.

Non-resident registration begins August 20.

Classes begin August 27.

DROP IN>> INDOOR CYCLING

The instructor brings an outdoor cycling experience indoors with this athletic and authentic cycling ride. Motivating instruction and driving music will keep you energized as you are led through a workout comprised of a variety of hill climbs, flat terrains, head winds, tail winds, sprints, and aerobic intervals. Each workout is different as the instructor picks the terrain and sets the goals for each class. This class is multi-level and no outdoor cycling experience is required. If you are serious about burning calories, losing weight, and elite cardio-respiratory fitness, this class is for you. **Bring a water bottle, towel, and gel bike seat cover (optional). \$8 drop in fee. No class 12/25.** Instructor: McGehee

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130130-65	RRC	16+	9/4-9/25	Tu	6-7pm	4	\$28/\$31
130130-70	RRC	16+	10/2-10/30	Tu	6-7pm	5	\$35/\$38.50
130130-80	RRC	16+	11/6-11/27	Tu	6-7pm	4	\$28/\$31
130130-90	RRC	16+	12/4-12/18	Tu	6-7pm	3	\$21/\$23.50

DROP IN>> KUNDALINI YOGA

Through improved flexibility, breathing, and circulation, Kundalini Yoga emphasizes a healthy body and mind as keys to a healthy and happy life. Exercise and meditation are augmented by the ancient technique of mantra to enhance the meditative aspect of the yoga experience. Once learned, yoga can be practiced at home. Experience increased energy and vitality, stress reduction, mood control, and overall peace of mind. **Bring an exercise mat and water. \$15 drop in fee. No class 11/23.** Instructor: Khalsa

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130150-65	RRC	12+	9/7-9/28	F	6:30-8pm	4	\$48/\$53
130150-70	RRC	12+	10/5-10/26	F	6:30-8pm	4	\$48/\$53
130150-80	RRC	12+	11/2-11/30	F	6:30-8pm	4	\$48/\$53
130150-90	RRC	12+	12/7-12/28	F	6:30-8pm	4	\$48/\$53

DROP IN>> LIVEWIRE CORE ENERGY

Dedication + Determination = Results. Feel your best all day long with this high energy group training workout. Arrive early for a class that will focus on core exercises, cardiovascular conditioning, strength, endurance, and flexibility for a total body approach to fitness. Every class is different and is designed by certified personal trainers to keep the body guessing so you'll continually see results. First time participants will receive an orientation, a group grocery store tour, nutritional guidance, a t-shirt, and more! **\$10 drop in fee. Level: Beginner-Advanced. No class 9/3, 11/23, 12/24.**

Instructor: LiveWire Fitness

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130110-65	RRC	18+	9/5-9/28	M/W/F	6:10-7am	11	\$109/\$120
130110-70	RRC	18+	10/1-10/31	M/W/F	6:10-7am	14	\$109/\$120
130110-80	RRC	18+	11/2-11/30	M/W/F	6:10-7am	12	\$109/\$120
130110-90	RRC	18+	12/3-12/31	M/W/F	6:10-7am	12	\$109/\$120

DROP IN>> LIVEWIRE CYCLE & STRENGTH

This class will scorch calories and increase fat burning! Start your day with 30 minutes of cycling followed by 30 minutes of circuit style weights and core. This class is great for anyone and is a perfect workout for cross training, race training, fat loss, overall fitness, and runners or walkers. All fitness levels welcome. **\$10 drop in fee. Level: Beginner-Advanced. No class 11/22 & 12/25.**

Instructor: LiveWire Fitness

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130210-65	RRC	18+	9/4-9/27	Tu/Th	6-7am	8	\$99/\$109
130210-70	RRC	18+	10/2-10/30	Tu/Th	6-7am	9	\$99/\$109
130210-80	RRC	18+	11/1-11/29	Tu/Th	6-7am	8	\$99/\$109
130210-90	RRC	18+	12/4-12/27	Tu/Th	6-7am	7	\$99/\$109



DROP IN>> PILATES FOR EVERYONE

Pilates is a total body conditioning exercise that combines flexibility and strength to restore natural balance while boosting the immune system and reducing stress, fatigue, and pain. **No food or drink one hour prior to class. Wear comfortable clothing that is not too loose and bring a mat, towel, and water. \$15 drop in fee.**

Instructor: Mashreghi

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130220-70	RRC	13+	9/10-10/29	M	6-7pm	8	\$80/\$88
130220-90	RRC	13+	11/5-12/17	M	6-7pm	7	\$70/\$77

DROP IN>> POWER UP YOGA

Class is designed to maximize your power, energy, and vitality, this workout is for beginners to advanced. This exhilarating experience will leave you trim, energized, and heart healthy while strengthening all of your muscles, burning fat, toning your entire body, and more. The music and atmosphere will enhance your learning experience. Beginners are welcome in all classes. Friday morning yoga classes will also include weights, medicine balls, stretch bands, and body bars. **\$15 drop in fee; \$24 for two classes; \$40 for four classes; \$54 for six classes. These classes must be used within 60 days of purchase. A 30-day unlimited pass is available for \$50; three month unlimited pass is \$120; unlimited passes are good from the date of purchase. All refund requests must be made directly to Power Up Yoga. Level: Beginner/Advanced. Classes are held at Rosemeade Rec Center W/Th, 6-7pm, and F/Sa, 9:30-10:30am. No Class 11/22-23.** Instructor: Bills

DROP IN>> SANDAL CAMP

Sandal Camp is a unique class that includes elements of aerobics, interval conditioning, resistance training, and yoga. Combined and customized for you, these disciplines accelerate participants towards their fitness goals faster than ever before. You'll learn how to avoid injury in everyday life and the best ways for targeting specific areas of your body. With an infinite combination of exercises and a laid back atmosphere, Sandal Camp will be your body's favorite hour. **\$9 drop in fee.** Instructor: Williams

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130225-65	RRC	13+	9/10-9/24	M	6-7pm	3	\$22.50/\$24.75
130225-70	RRC	13+	10/1-10/31	M	6-7pm	5	\$37.50/\$41.25
130225-80	RRC	13+	11/5-11/26	M	6-7pm	4	\$30/\$33
130225-90	RRC	13+	12/3-12/17	M	6-7pm	3	\$22.50/\$24.75

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Sports

DROP IN>> STEP - STRENGTH - CORE

Try an interval class that combines basic step aerobics, upper body strength training, and core conditioning into one well-designed workout. This class allows you to work both your heart and your muscles extensively in a one-hour-long class. By doing circuits of cardio on the step, followed by strategic intervals of upper body strength training, and wrapping up with intense core conditioning, you will be using your time efficiently. **\$8 drop in fee. No class 11/22.** Instructor: Campo

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130215-65	RRC	15+	9/6-9/27	Th	7:15-8:15pm	4	\$24/\$26.50
130215-70	RRC	15+	10/4-10/25	Th	7:15-8:15pm	4	\$24/\$26.50
130215-80	RRC	15+	11/1-11/29	Th	7:15-8:15pm	4	\$24/\$26.50

DROP IN>> STRENGTH - CORE - BALANCE

Develop strong core muscles, restore balance, and promote lean muscle building while minimizing injuries. Emphasis is on a full-body workout with balance postures included. Mats, hand weights, resistance bands, tubing, and stability balls will be used during class. Safe periods of interval training will be incorporated into the class for improved cardiovascular conditioning. All fitness levels will benefit - especially older adults! Modifications are offered for beginners and those needing corrective exercise for injuries. **\$9 drop in fee. No class 9/3, 11/23, & 12/24.** Instructor: Age-Intercept Inc.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130230-65	RRC	18+	9/10-9/24	M	11am-12pm	3	\$21/\$33
130230-70	RRC	18+	10/1-10/29	M	11am-12pm	5	\$35/\$38.50
130230-80	RRC	18+	11/5-11/26	M	11am-12pm	4	\$28/\$31
130230-90	RRC	18+	12/3-12/31	M	11am-12pm	4	\$28/\$31
130231-65	RRC	18+	9/5-9/26	W	12:15-1:15pm	4	\$28/\$31
130231-70	RRC	18+	10/3-10/31	W	12:15-1:15pm	5	\$35/\$38.50
130231-80	RRC	18+	11/7-11/28	W	12:15-1:15pm	4	\$28/\$31
130231-90	RRC	18+	12/5-12/26	W	12:15-1:15pm	4	\$28/\$31
130232-65	RRC	18+	9/7-9/28	F	11am-12pm	4	\$28/\$31
130232-70	RRC	18+	10/5-10/26	F	11am-12pm	4	\$28/\$31
130232-80	RRC	18+	11/2-11/30	F	11am-12pm	4	\$28/\$31
130232-90	RRC	18+	12/7-12/28	F	11am-12pm	4	\$28/\$31

DROP IN>> STRETCH & TONE

Challenge yourself with a progressive flexibility and strength workout based through the body's core. Unique routines are built on the foundations of ballet, yoga, and pilates. Suitable for all levels and abilities, Stretch & Tone allows each individual to move at their own speed and provides one-on-one instruction as needed. **\$10 drop in fee.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130340-65	RRC	15+	9/4-9/25	Tu	4-5pm	4	\$40/\$44
130340-70	RRC	15+	10/2-10/30	Tu	4-5pm	5	\$50/\$55
130340-80	RRC	15+	11/6-11/27	Tu	4-5pm	4	\$40/\$44
130340-90	RRC	15+	12/4-12/18	Tu	4-5pm	3	\$30/\$33

DROP IN>> TUFF-TIME BOXING/CARDIO

A unique workout that combines cardio, light weights, basic boxing skills, and drills (sparring is optional) for both men and women of all ages. Lose weight, get in shape physically and mentally, and enjoy a great stress-relieving class. Class is taught by a state-certified USBA instructor with 60 years of experience. The instructor has won New York and Dallas Golden Gloves Championships and National Tough Man competitions. To schedule private lessons, email mtuffyl@yahoo.com. **\$10 drop in fee. No class 12/24.** Instructor: Tufariello

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
131140-65	CRC	16+	9/5-9/26	M/W	7-8pm	7	\$56/\$61.50
131140-70	CRC	16+	10/1-10/31	M/W	7-8pm	10	\$80/\$88
131140-80	CRC	16+	11/5-11/28	M/W	7-8pm	8	\$64/\$71.25
131140-90	CRC	16+	12/3-12/26	M/W	7-8pm	7	\$56/\$61.50

DROP IN>> YOGA FOR EVERYONE

We help the body into the correct positions and focus on body alignment using props because all bodies are different. Come experience yoga to feel energized and revitalized. No food or drink one hour prior to class. **Wear comfortable clothing that is not too loose and bring a mat, yoga blanket, and strap. \$12 drop in fee.** Instructor: Mashreghi

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130250-70	RRC	13+	9/5-10/31	W	6-7pm	9	\$90/\$99
130250-90	RRC	13+	11/7-12/19	W	6-7pm	7	\$70/\$77



DROP IN>> YOGA ON THE SQUARE

This **FREE** all-levels yoga class is held at Carrollton Historic Downtown Square. Whether you are new to yoga or a long term practitioner, this is a great class for everybody. **Wear comfortable clothing that is not too loose and bring your own mat. No pre-registration required. Weather permitting.** Instructor: Fabulous

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
DWTN	5+	9/8	Sa	9-10am	Free
DWTN	5+	10/13	Sa	9-10am	Free
DWTN	5+	11/10	Sa	9-10am	Free
DWTN	5+	12/8	Sa	9-10am	Free

DROP IN>> BOOT CAMP ON THE SQUARE

This **FREE** all-levels boot camp is held the second Saturday of the month. Start your weekend off right with a morning workout before the days get hot. **Bring a water bottle and your own mat. No pre-registration required. Weather permitting.**

Instructor: Camp Gladiator

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
DWTN	5+	9/8	Sa	7:30-8:30am	Free
DWTN	5+	10/13	Sa	7:30-8:30am	Free
DWTN	5+	11/10	Sa	7:30-8:30am	Free
DWTN	5+	12/8	Sa	7:30-8:30am	Free

DROP IN>> ZUMBA

Explore a new Latin flavor with this calorie-burning fitness class. The Merengue, Salsa, Reggaton, Samba, Cha-Cha, Bachata, and other international Latin rhythms help tone your core, elevate your heart rate, and strengthen your body. Classes may include deep stretching and relaxing at the end of each session. **No dance experience necessary. \$8 drop in fee.** Instructor: Piamonte

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130280-65	RRC	15+	9/4-9/25	Tu	7:30-8:30pm	4	\$26/\$28.50
130280-70	RRC	15+	10/2-10/30	Tu	7:30-8:30pm	5	\$32.50/\$35.75
130280-80	RRC	15+	11/6-11/27	Tu	7:30-8:30pm	4	\$26/\$28.50
130280-90	RRC	15+	12/4-12/18	Tu	7:30-8:30pm	3	\$19.50/\$21.50

SENIOR: 50+ CLASSES PAGES 9-13

Training

WEIGHT ROOM ORIENTATION FOR ADULTS & SENIORS

Not sure how machines in our weight room work or how to set up a machine? This class, led by a certified personal trainer, provides a walk-through of the weight room to give a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized work out plan, contact one of our personal trainers. **There are no refunds, credits, or transfers for this class. If you cancel or miss the class you will be required to re-register and pay the class fee again to participate.**

Instructor: Personal Trainer

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132170-65	SRC	18+	9/10	M	2:30-4pm	1	\$6/\$7
130240-65	RRC	18+	10/8	M	6:30-8pm	1	\$6/\$7
132170-80	SRC	18+	11/12	M	2:30-4pm	1	\$6/\$7
130240-75	RRC	18+	12/10	M	6:30-8pm	1	\$6/\$7

WEIGHT ROOM ORIENTATION FOR MINORS

Our qualified staff will teach youth proper weight room and cardio room etiquette. Teens will receive a weight room authorization card, allowing them to work out in the weight room independently upon completion of class. Both parent and child must sign the weight room user agreement form. If you are interested in obtaining a personalized work out plan, contact one of our personal trainers. **There are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.** Instructor: Staff

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130245-65	RRC	13-15	9/18	Tu	6:30-7:15pm	1	\$6/\$7
130245-70	RRC	13-15	10/16	Tu	6:30-7:15pm	1	\$6/\$7
130245-80	RRC	13-15	11/13	Tu	6:30-7:15pm	1	\$6/\$7
130245-90	RRC	13-15	12/11	Tu	6:30-7:15pm	1	\$6/\$7

Personal Trainers

City of Carrollton personal trainers are available to work with you at Crosby and Rosemeade Recreation Centers and the Carrollton Senior Center.

Personal trainers have their own philosophies and unique styles to create an individual training program to meet your needs. Sessions are charged at an hourly rate and trainers' rates vary. Visit cityofcarrollton.com/parksandrec and click on Programs & Events for more information on our trainers. For additional information about the personal training program, call 972-466-9834.

JULIE CHADWICK

214-926-4776 • jchadwick16@yahoo.com

\$30/30min or \$60/hr

Julie enjoys working with clients age 50 and older and designs fitness routines unique to each individual, as well as nutrition plans. She keeps clients accountable, protects them from injuries, and provides a positive environment.

TOM NOUNE

214-957-3694 • tgounne@aol.com

hearthealthandwellness.com • \$65/\$60/\$55 hr

Tom specializes in weight resistance training, primarily with baby boomers and seniors. He also provides nutritional coaching and emphasizes the importance and benefits of proper stretching techniques.

KERRY STALLO

214-244-7004 • ageintercept@aol.com

ageintercept.com • \$30/30 min or \$60/hr

Kerry specializes in corrective exercise and developing exercise strategies for older adults. Key programs include: weight loss, overall body conditioning, and increasing muscle strength.

Water Aerobics

Winter classes are held at the Carrollton-Farmers Branch Natatorium (1334 Valwood Parkway).



DEEP-WATER

Deep-water aqua aerobics is designed for those who desire a greater aqua workout. The class is taught in deep water with emphasis on endurance; however, advanced swim skills are not necessary. **Students must be comfortable in deep water and wear float belts, which can be purchased from the instructor for \$12. No class 11/21.** Make-up classes will not be available for any weather-related conditions. Instructor: Sullivan

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215100-11	9/12	CFB Nat.	15+	W	6-6:50pm	8	\$32/\$36
215100-16	11/7	CFB Nat.	15+	W	6-6:50pm	6	\$24/\$27

SHALLOW WATER

You won't get your face wet as the water gives you a fantastic workout. Low impact aerobics increases cardiovascular endurance and burns fat without stress on bones or joints. This class is a beneficial workout for the beginner or more advanced person. **No class 10/8 & 11/19.** Make-up classes will not be available for any weather-related conditions. Instructor: Sullivan

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215101-11	9/10	CFB Nat.	15+	M	6-6:50pm	7	\$28/\$31
215101-15	11/5	CFB Nat.	15+	W	6-6:50pm	6	\$24/\$27

Gymnastics

In association with the City of Carrollton Parks and Recreation Department at Rosemeade Recreation Center, Texas Dynamix Gymnastics is an all-year program for all your gymnastics needs. A Recreation Center membership is not required for enrollment. We offer your child the opportunity to develop a strong, healthy body and learn discipline, determination, and self-motivation. Participants must secure their hair away from the face and may not wear jewelry of any kind. Students may wear leotards or T-shirts and shorts and be barefooted. No bare midriffs! Parents and visitors observe from outside the gym. The Recreation Center's inclement weather policy generally follows the C-FBISD closures. Make up dates will be announced. **For additional information about our programs and competitive team, contact Coach Cornee at txdynamix@gmail.com. For more information, visit [Facebook.com/TexasDynamixGymnastics](https://www.facebook.com/TexasDynamixGymnastics) and [Facebook.com/RolliePollieGymnastics](https://www.facebook.com/RolliePollieGymnastics). No class 11/19 - 11/23.**



COMPETITIVE TEAM

Team is by invitation only. We compete in U.S.A. Gymnastics (USAG) competitions. Email the instructor at cortmaestas@yahoo.com for any questions. Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Level 2							
140000-10	RRC	5-18	9/11-10/25	Tu/Th	4:30-7:30pm	14	\$260/\$260
140000-20	RRC	5-18	10/30-12/20	Tu/Th	4:30-7:30pm	14	\$260/\$260
Level 3							
140000-11	RRC	5-18	9/11-10/26	Tu/Th/F	5-8pm	21	\$300/\$300
140000-21	RRC	5-18	10/30-12/21	Tu/Th/F	5-8pm	21	\$300/\$300
Level 4							
140000-12	RRC	5-18	9/11-10/26	Tu-F	5-8pm	28	\$355/\$355
140000-22	RRC	5-18	10/30-12/21	Tu-F	5-8pm	28	\$355/\$355
Level 5							
140000-13	RRC	5-18	9/11-10/26	Tu-F	5-8pm	28	\$410/\$410
140000-23	RRC	5-18	10/30-12/21	Tu-F	5-8pm	28	\$410/\$410

LITTLE DYNAMIX

This class is by invitation only and designed for our advanced preschoolers and elementary-aged children to prepare them for our Level 2 Team. Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140005-10	RRC	4-6	9/12-10/24	W	4:30-6:30pm	7	\$165/\$181
140005-11	RRC	4-6	9/12-10/26	W/F	4:30-6:30pm	14	\$200/\$220
140005-20	RRC	4-6	10/31-12/19	W	4:30-6:30pm	7	\$165/\$181
140005-21	RRC	4-6	10/31-12/21	W/F	4:30-6:30pm	14	\$200/\$220

GIRLS GYMNASTICS

If your daughter aspires to be a competitive gymnast or wants a fun activity, she will enjoy learning challenging skills and dance and increasing athletic abilities. A refined mix of skills training, stretching, conditioning, and fun games will provide her with the tools needed to become a well-rounded athlete. **Level: Beginner (first-time enrollees)/Intermediate (returning or previous Girls Gymnastics enrollees).** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Beginner							
140010-10	RRC	6-15	9/11-10/23	Tu	5-5:55pm	7	\$52/\$57
140010-11	RRC	6-15	9/11-10/25	Tu/Th	6-6:55pm	14	\$104/\$114
140010-12	RRC	6-15	9/12-10/24	W	5:30-6:25pm	7	\$52/\$57
140010-13	RRC	6-15	9/12-10/24	W	6:30-7:25pm	7	\$52/\$57
140010-14	RRC	6-15	9/13-10/25	Th	5-5:55pm	7	\$52/\$57
140010-15	RRC	6-15	9/14-10/26	F	4:45-5:40pm	7	\$52/\$57
140010-16	RRC	6-15	9/14-10/26	F	5:45-6:40pm	7	\$52/\$57
140010-20	RRC	6-15	10/30-12/18	Tu	5-5:55pm	7	\$52/\$57
140010-21	RRC	6-15	10/30-12/20	Tu/Th	6-6:55pm	14	\$104/\$114
140010-22	RRC	6-15	10/31-12/19	W	5:30-6:25pm	7	\$52/\$57
140010-23	RRC	6-15	10/31-12/19	W	6:30-7:25pm	7	\$52/\$57
140010-24	RRC	6-15	11/1-12/20	Th	5-5:55pm	7	\$52/\$57
140010-25	RRC	6-15	11/2-12/21	F	4:45-5:40pm	7	\$52/\$57
140010-26	RRC	6-15	11/2-12/21	F	5:45-6:40pm	7	\$52/\$57
Intermediate							
140015-10	RRC	6-15	9/11-10/23	Tu	5-5:55pm	7	\$52/\$57
140015-11	RRC	6-15	9/11-10/25	Tu/Th	6-6:55pm	14	\$104/\$114
140015-12	RRC	6-15	9/12-10/24	W	5:30-6:25pm	7	\$52/\$57
140015-13	RRC	6-15	9/12-10/24	W	6:30-7:25pm	7	\$52/\$57
140015-14	RRC	6-15	9/13-10/25	Th	5-5:55pm	7	\$52/\$57
140015-15	RRC	6-15	9/14-10/26	F	4:45-5:40pm	7	\$52/\$57
140015-16	RRC	6-15	9/14-10/26	F	5:45-6:40pm	7	\$52/\$57
140015-20	RRC	6-15	10/30-12/18	Tu	5-5:55pm	7	\$52/\$57
140015-21	RRC	6-15	10/30-12/20	Tu/Th	6-6:55pm	14	\$104/\$114
140015-22	RRC	6-15	10/31-12/19	W	5:30-6:25pm	7	\$52/\$57
140015-23	RRC	6-15	10/31-12/19	W	6:30-7:25pm	7	\$52/\$57
140015-24	RRC	6-15	11/1-12/20	Th	5-5:55pm	7	\$52/\$57
140015-25	RRC	6-15	11/2-12/21	F	4:45-5:40pm	7	\$52/\$57
140015-26	RRC	6-15	11/2-12/21	F	5:45-6:40pm	7	\$52/\$57





GIRLS PRE TEAM

This program is for advanced gymnasts who are working and learning USAG Level 1 and 2 skills. This program is for both girls who wish to participate in gymnastics for fun and for those who are preparing for the competitive team. **Level: Advanced.** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140020-10	RRC	6-14	9/11-10/25	Tu/Th	6:45-8pm	14	\$120/\$120
140020-20	RRC	6-14	10/30-12/20	Tu/Th	6:45-8pm	14	\$120/\$120

GIRLS TUMBLING & TRAMP

Develop all the skills necessary to do cartwheels, round-offs, and front and back handsprings. **Level: Beginner/Intermediate.** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140030-10	RRC	6-12	9/12-10/24	W	7:30-8:15pm	7	\$50/\$55
140030-20	RRC	6-12	10/31-12/19	W	7:30-8:15pm	7	\$50/\$55

TUMBLING & STRENGTH BOYS

This is a great class for boys to release some energy. Emphasis will be placed on building strength and discipline. Stretching, tumbling, and trampolining are included for increased flexibility, motor skills, and self-confidence. **Level: Beginner/Intermediate.** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140080-10	RRC	6-12	9/12-10/24	W	7:30-8:15pm	7	\$50/\$55
140080-20	RRC	6-12	10/31-12/19	W	7:30-8:15pm	7	\$50/\$55

BOYS GYMNASTICS

Focus on all six gymnastics events for boys, improving coordination, and building strength. **Level: Beginner/Intermediate.** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140130-10	RRC	6-15	9/11-10/23	Tu	6:30-7:20pm	7	\$132.50/\$145.50
140130-11	RRC	6-15	9/12-10/24	W	6:30-7:20pm	7	\$132.50/\$145.50
140130-20	RRC	6-15	10/30-12/18	Tu	6:30-7:20pm	7	\$132.50/\$145.50
140130-21	RRC	6-15	10/31-12/19	W	6:30-7:20pm	7	\$132.50/\$145.50

ROLLIE POLLIE GYMNASTICS LLC

These classes introduce beginner skills in all four gymnastics events. We work on body positions, technique, and skills. Each class will incorporate shapes, colors, numbers, and letters. Different age groups will go into different depths of each subject. Children are never too young to learn new things. Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Walking – 2 Years Old (Parent & Tot Class)							
140100-10	RRC	0-2	9/12-10/24	W	5:30-6:05pm	7	\$104.50/\$114.50
140100-11	RRC	0-2	9/13-10/25	Th	9:15-9:50am	7	\$104.50/\$114.50
140100-12	RRC	0-2	9/14-10/26	F	9:15-9:50am	7	\$104.50/\$114.50
140100-13	RRC	0-2	9/14-10/26	F	6:30-7:05pm	7	\$104.50/\$114.50
140100-20	RRC	0-2	10/31-12/19	W	5:30-6:05pm	7	\$104.50/\$114.50
140100-21	RRC	0-2	11/1-12/20	Th	9:15-9:50am	7	\$104.50/\$114.50
140100-22	RRC	0-2	11/2-12/21	F	9:15-9:50am	7	\$104.50/\$114.50
140100-23	RRC	0-2	11/2-12/21	F	6:30-7:05pm	7	\$104.50/\$114.50

3 Years Old							
140110-10	RRC	3-4	9/11-10/23	Tu	5:30-6:20pm	7	\$132.50/\$146
140110-11	RRC	3-4	9/13-10/25	Th	10-10:50am	7	\$132.50/\$146
140110-12	RRC	3-4	9/14-10/26	F	10-10:50am	7	\$132.50/\$146
140110-13	RRC	3-4	9/14-10/26	F	5:30-6:20pm	7	\$132.50/\$146
140110-20	RRC	3-4	10/30-12/18	Tu	5:30-6:20pm	7	\$132.50/\$146
140110-21	RRC	3-4	11/1-12/20	Th	10-10:50am	7	\$132.50/\$146
140110-22	RRC	3-4	11/2-12/21	F	10-10:50am	7	\$132.50/\$146
140110-23	RRC	3-4	11/2-12/21	F	5:30-6:20pm	7	\$132.50/\$146

4-6 Years Old							
140120-10	RRC	4-6	9/12-10/24	W	3:30-4:20pm	7	\$132.50/\$146
140120-11	RRC	4-6	9/12-10/24	W	4:30-5:20pm	7	\$132.50/\$146
140120-12	RRC	4-6	9/13-10/25	Th	11-11:50am	7	\$132.50/\$146
140120-13	RRC	4-6	9/13-10/25	Th	3:30-4:20pm	7	\$132.50/\$146
140120-14	RRC	4-6	9/13-10/25	Th	4:30-5:20pm	7	\$132.50/\$146
140120-15	RRC	4-6	9/14-10/26	F	11-11:50am	7	\$132.50/\$146
140120-16	RRC	4-6	9/14-10/26	F	3:30-4:20pm	7	\$132.50/\$146
140120-20	RRC	4-6	10/31-12/19	W	3:30-4:20pm	7	\$132.50/\$146
140120-21	RRC	4-6	10/31-12/19	W	4:30-5:20pm	7	\$132.50/\$146
140120-22	RRC	4-6	11/1-12/20	Th	11-11:50am	7	\$132.50/\$146
140120-23	RRC	4-6	11/1-12/20	Th	3:30-4:20pm	7	\$132.50/\$146
140120-24	RRC	4-6	11/1-12/20	Th	4:30-5:20pm	7	\$132.50/\$146
140120-25	RRC	4-6	11/2-12/21	F	11-11:50am	7	\$132.50/\$146
140120-26	RRC	4-6	11/2-12/21	F	3:30-4:20pm	7	\$132.50/\$146

6-9 Years Old							
140125-10	RRC	6-9	9/13-10/25	Th	5:30-6:20pm	7	\$132.50/\$146
140125-20	RRC	6-9	11/1-12/20	Th	5:30-6:20pm	7	\$132.50/\$146

DROP IN>> ROLLIE POLLIE MORNING

Bring your preschooler for a fun and active morning. 9:30-11:30am. The gym will be open for free play for you and your child to run, climb, flip, and interact with other children. **We will only do drop ins on the following dates: 9/19, 10/3, 10/17, 10/31, 11/7, 11/28, 12/12 & 12/19. \$7 drop in fee. Class # 140105-12.** Instructor: Maestas

PARENTS NIGHT OUT - OPEN GYM

Enjoy a night out knowing your kids are in a fun, safe environment. In addition to access to the gymnastics equipment, pizza, crafts, and games will be provided. **Sibling discount \$15.** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
140090-01	RRC	4-13	9/28	F	7:30-10:30pm	\$30/\$30
140090-02	RRC	4-13	10/12	F	7:30-10:30pm	\$30/\$30
140090-03	RRC	4-13	11/16	F	7:30-10:30pm	\$30/\$30
140090-04	RRC	4-13	12/21	F	7:30-10:30pm	\$30/\$30



For your convenience, Recreation Centers accept Visa and MasterCard for all Parks and Recreation fees.

Indian Creek Golf Club

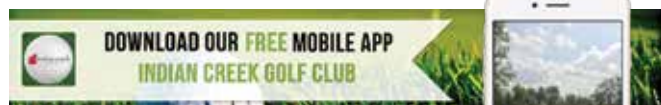
1650 W. Frankford Road • 972-466-9850 • indiancreekgolfclub.com



indian creek
golf club



ORION
GOLF



LOYALTY PROGRAM

Download the Indian Creek Golf Club APP and SAVE! Play 10 rounds Get 1 FREE. Check out the Offer Locker for new deals every month.

LEARN TO PLAY

Enjoy the great outdoors and find a lifetime sport when you learn to play the great game of golf!

Contact PGA Director of Instruction Bruce Smith for more information, lesson programs, availability, and pricing at (214) 727-8857 or email Bruce at blackbeltgolfacademy@gmail.com.

Our Junior Golf programs are offered year around. At Indian Creek Golf Course, you will find the perfect program for your child (Ages 6-21 years).

SAVE MONEY ON GOLF – ANY TIME ANY DAY

Indian Creek's website offers the lowest prices on weekday and weekend play. Go to indiancreekgolfclub.com/teetimes and search 'Pay Online' deals to save any time any day. No need to search the internet for the lowest price...buy direct from our website and SAVE.

Call us 972-466-9850

Email us info@indiancreekgolfclub.com

[facebook.com/indiancreekgolfclub](https://www.facebook.com/indiancreekgolfclub)

twitter.com/IndianCreek_gc

[instagram.com/indiancreekgolfclub_dfw/](https://www.instagram.com/indiancreekgolfclub_dfw/)

Facility Pricing

Range Balls:

Warm up \$3

Small \$6

Medium \$10

Large \$14

Rental Club Pricing

\$20 Full Set (does not include balls)

\$50 Premium Callaway Set (Includes 2 sleeves of balls)

ALL CARROLLTON RESIDENTS RECEIVE \$5 DISCOUNT

(Please show current driver's license showing Carrollton address)

Monday-Friday

Time	WALKING The Creek Green Fee	WALKING The Lakes Green Fee	RIDING Golf Car (Per Player)
18 Holes, Open - 1pm	\$42	\$24	\$16
Twilight 1 - 4pm	\$30	\$19	\$16
Super Twilight After 4pm	\$25	\$15	\$8
Seniors 60+ (Weekdays Only)	\$24	\$16	\$16
9 Holes	\$28	\$16	\$8
Juniors (Ages 21 & Under)	\$15	\$10	\$8/16

Saturday-Sunday/Holidays

Time	WALKING The Creek: Green Fee	WALKING The Lakes Green Fee	RIDING Golf Car (Per Player)
18 Holes, Open - 1pm	\$52	\$29	\$16
Twilight 1 - 4pm	\$30	\$19	\$16
Super Twilight After 4pm	\$25	\$15	\$8
9 Holes	\$33	\$18	\$8
Juniors (Ages 21 & Under)	\$15	\$10	\$8/16



Martial Arts

KARATE

Karate teaches self-defense, self-discipline, self-control, poise, and politeness. This class offers a chance to advance as you learn more skills. Earn colored belts by testing and paying an additional fee. **The proper uniform, a white Gi, may be purchased from the instructor, but is not mandatory. No class 9/13 & 11/22.** Instructor: Nakaya

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161150-10	CRC	6+	8/30-10/11	Th	6:30-7:45pm	6	\$46/\$51
161150-20	CRC	6+	10/18-11/29	Th	6:30-7:45pm	6	\$46/\$51

DROP IN>>KUNG FU

Wah Lum Northern Praying Mantis Kung Fu is a traditional Chinese martial arts system. Our program focuses on many aspects within that style of Kung Fu including form, weaponry, self-defense, body strengthening, and flexibility. There is no better way to get in shape than learning a 400-year-old art. Come join our Wah Lum Family! **No class 11/23.** Instructor: Mui

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Adults - \$20 Drop in fee							
160130-00	RRC	13+	9/4-9/28	Tu/F	6:30-7:30pm	8	\$75/\$85
160130-10	RRC	13+	10/2-10/30	Tu/F	6:30-7:30pm	9	\$75/\$85
160130-20	RRC	13+	11/2-11/30	Tu/F	6:30-7:30pm	8	\$75/\$85
160130-21	RRC	13+	12/4-12/14	Tu/F	6:30-7:30pm	4	\$37.50/\$42.50
Kids - \$14 Drop in fee							
160135-00	RRC	6-12	9/4-9/25	Tu	5:30-6:15pm	4	\$50/\$55
160135-10	RRC	6-12	10/2-10/30	Tu	5:30-6:15pm	5	\$50/\$55
160135-20	RRC	6-12	11/6-11/27	Tu	5:30-6:15pm	4	\$50/\$55
160135-21	RRC	6-12	12/4-12/11	Tu	5:30-6:15pm	2	\$25/\$30



RED TIGER KARATE

Learn American karate in this white through black belt program that runs year-round. The junior program develops self-esteem, positive behavior, academic achievement, and respect for others. In addition to practicing karate techniques, abduction prevention training and bully self-defense skills are integrated into the lessons. Adult classes focus on street self-defense, fitness, and personal development. Benefits of the program will reach beyond the class by improving everyday focus and quality of life while reducing daily stress. **White uniform (\$30) required and may be purchased in class. For more information, visit redtigerkarate.com or call 817-845-1557. No class 11/20 & 11/23.** Instructor: Margach

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Crosby Rec Center							
161170-10	CRC	5-12	9/4-10/30	Tu	6:30-7:30pm	9	\$60/\$66
161170-11	CRC	12+	9/4-10/30	Tu	7:30-8:30pm	9	\$60/\$66
161170-20	CRC	5-12	11/6-12/11	Tu	6:30-7:30pm	5	\$35/\$40
161170-21	CRC	12+	11/6-12/11	Tu	7:30-8:30pm	5	\$35/\$40
Rosemeade Rec Center							
160170-10	RRC	5-7	9/7-11/2	F	6-7pm	9	\$60/\$66
160170-11	RRC	8-12	9/7-11/2	F	7-8pm	9	\$60/\$66
160170-12	RRC	12+	9/7-11/2	F	8-9pm	9	\$60/\$66
160170-20	RRC	5-7	11/9-12/14	F	6-7pm	5	\$35/\$40
160170-21	RRC	8-12	11/9-12/14	F	7-8pm	5	\$35/\$40
160170-22	RRC	12+	11/9-12/14	F	8-9pm	5	\$35/\$40

DROP IN>>TAI CHI

Tai Chi is an internal exercise program which consists of slow, relaxed, flowing, and balanced movements. There are many health benefits to practicing Tai Chi, including an increased energy, improved balance, and strength. Some aspects of our program include meditation, stretching, and empty-hand and weapon forms in the Yang and Chen styles. **\$15 drop in fee. No class 11/24.** Instructor: Mui

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Senior Center							
132015-00	SRC	13+	9/1-9/29	Sa	9:15-10:15am	5	\$45/\$50
132015-10	SRC	13+	10/6-10/27	Sa	9:15-10:15am	4	\$45/\$50
132015-20	SRC	13+	11/10-12/15	Sa	9:15-10:15am	6	\$45/\$50
Rosemeade Rec Center							
161010-00	RRC	13+	9/7-9/28	F	5:30-6:30pm	4	\$45/\$50
161010-10	RRC	13+	10/5-10/26	F	5:30-6:30pm	4	\$45/\$50
161010-20	RRC	13+	11/9-12/14	F	5:30-6:30pm	6	\$45/\$50



Sports Classes



AMO VOLLEYBALL

Allison and Michelle Operations (AMO) Volleyball covers all aspects of the game for athletes at all levels. We pride ourselves in providing experienced coaches who are able to give personalized instruction, enthusiasm, and fun. Our objectives are to teach the fundamental aspects of the game (physical, technical, mental, and emotional), emphasize efficiency, correct technique, and increase volleyball knowledge, in order to enhance each individual player. After the second week of class, AMO will make session recommendations based on player assessments to better fit the athlete's skill level. This will ensure each player is learning in an environment that can facilitate growth. **No class 11/19 & 11/21.**

Instructor: AMO Volleyball

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Rosemeade Rec Center							
160120-10	RRC	7+	9/19-10/24	W	6-7pm	6	\$150/\$165
160120-11	RRC	7+	9/19-10/24	W	7-8pm	6	\$150/\$165
160120-20	RRC	7+	11/7-12/19	W	6-7pm	6	\$150/\$165
160120-21	RRC	7+	11/7-12/19	W	7-8pm	6	\$150/\$165
Crosby Rec Center							
161120-10	CRC	7+	9/17-10/22	M	6:30-7:30pm	6	\$150/\$165
161120-20	CRC	7+	11/5-12/17	M	6:30-7:30pm	6	\$150/\$165

BASKETBALL TECH

Designed for players of all skills and abilities, Basketball Tech will focus on dribbling, passing, and shooting. This is a skill-based program, but uses fun drills and games to reinforce techniques being taught. This is perfect for young, budding stars! **Bring basketball/gym shoes and a water bottle.** Instructor: Bowmen Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160010-00	RRC	7-12	9/10-10/1	M	5:30-6:30pm	4	\$45/\$50
160010-10	RRC	7-12	10/8-10/29	M	5:30-6:30pm	4	\$45/\$50
160010-20	RRC	7-12	11/5-11/26	M	5:30-6:30pm	4	\$45/\$50
160010-21	RRC	7-12	12/3-12/17	M	5:30-6:30pm	3	\$40/\$45

BEGINNER BASKETBALL

A fun clinic designed for players of all skills and abilities. Program time will focus on dribbling, passing, and shooting. This is a skill-based program, but uses fun drills and games to reinforce techniques being taught. This program is perfect for budding young stars! **Bring basketball/gym shoes and a water bottle.** Instructor: Bowmen Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160020-00	RRC	4-6	9/10-10/1	M	4:30-5:15pm	4	\$40/\$44
160020-10	RRC	4-6	10/8-10/29	M	4:30-5:15pm	4	\$40/\$44
160020-20	RRC	4-6	11/5-11/26	M	4:30-5:15pm	4	\$40/\$44
160020-21	RRC	4-6	12/3-12/17	M	4:30-5:15pm	3	\$37/\$41

EL BARRIO BOXING FOR KIDS

This boxing program is designed to teach young men and women about honor, respect for themselves and peers, self-discipline, self-confidence, and leadership through physical fitness in sports and mentoring. **All new students must first contact instructor at wade3-4@hotmail.com to discuss program guidelines and availability before enrolling. No class 11/22 & 12/25.** Instructor: Soto

CLASS #	LOC	AGE	DATES	DAY	TIME#	CLSS	\$(RES/NR)
161030-00	CRC	8-18	9/1-9/29	Tu/Th Sa	5:30-7pm 4-5pm	13	\$12/\$12
161030-10	CRC	8-18	10/2-10/30	Tu/Th Sa	5:30-7pm 4-5pm	13	\$12/\$12
161030-20	CRC	8-18	11/1-11/29	Tu/Th Sa	5:30-7pm 4-5pm	12	\$12/\$12
161030-25	CRC	8-18	12/1-12/29	Tu/Th Sa	5:30-7pm 4-5pm	12	\$12/\$12

NEW>> EL BARRIO BOXING FOR ADULTS

This boxing program is designed as an adult fitness class. The class will focus on using boxing and boxing centric workouts to achieve your fitness goals. **For questions about the class please email instructor at wade3-4@hotmail.com. No class 12/25** Instructor: Soto

CLASS #	LOC	AGE	DATES	DAY	TIME#	CLSS	\$(RES/NR)
161030-01	CRC	16+	9/1-9/29	Tu Sa	7-8pm 5-6pm	9	\$30/\$30
161030-11	CRC	16+	10/2-10/30	Tu Sa	7-8pm 5-6pm	9	\$30/\$30
161030-21	CRC	16+	11/3-11/27	Tu Sa	7-8pm 5-6pm	8	\$30/\$30
161030-26	CRC	16+	12/1-12/29	Tu Sa	7-8pm 5-6pm	8	\$30/\$30

FENCING FOR BEGINNERS

Students learn to think strategically, solve problems quickly, evaluate the cause and effect of their actions, overcome attitudes and fears, and win or lose graciously. Upon session completion, students will have the physical and mental competency to fence in simulated bouts. Athletes should wear comfortable clothing and tennis shoes. Fee covers all equipment including uniform, mask, weapon, and safety equipment. **Class is held onsite at International Fencers Alliance, 2640 Old Denton Road, Suite 212.** For more information, visit ifafencers.com. Instructor: Badawi

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167040-00	IFA	7-12	9/1-9/29	Sa	9-10am	5	\$75/\$85
167040-70	IFA	7-12	10/6-10/27	Sa	9-10am	4	\$75/\$85
167040-84	IFA	7-12	11/3-11/24	Sa	9-10am	4	\$75/\$85
167040-90	IFA	7-12	12/1-12/29	Sa	9-10am	5	\$75/\$85



KIDZ LOVE SOCCER

Each session includes age-appropriate activities including skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience the game in a safe, non-competitive environment. **Classes are held at Josey Ranch Sports Complex, 1440 Keller Springs Road. Participants will receive a Kidz Love Soccer jersey. Bring water bottle and shin guards (except ages 2-3.5). Parents are encouraged to bring an outdoor chair and watch the classes. No class 11/21 & 11/24.** For detailed class descriptions or to register, visit kidzlovesoccer.com. For questions call 888-277-9542 or email info@kidzlovesoccer.com

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Indoor - Crosby Rec Center						
CRC	7-10	9/12-10/17	W	4:30-5:15pm	6	\$73/\$81
CRC	5-6	9/12-10/17	W	5:15-6pm	6	\$73/\$81
CRC	3.5-5	9/12-10/17	W	6-6:35pm	6	\$73/\$81
CRC	2-3.5	9/12-10/17	W	6:45-7:15pm	6	\$73/\$81
CRC	7-10	11/14-12/12	W	4:30-5:15pm	4	\$53/\$61
CRC	5-6	11/14-12/12	W	5:15-6pm	4	\$53/\$61
CRC	3.5-5	11/14-12/12	W	6-6:35pm	4	\$53/\$61
CRC	2-3.5	11/14-12/12	W	6:45-7:15pm	4	\$53/\$61
Indoor - Rosemeade Rec Center						
RRC	2-3.5	11/17-12/15	Sa	9-9:30am	4	\$53/\$61
RRC	3.5-5	11/17-12/15	Sa	9:40-10:15am	4	\$53/\$61
RRC	5-6	11/17-12/15	Sa	10:15-11am	4	\$53/\$61
RRC	7-10	11/17-12/15	Sa	11-11:45am	4	\$53/\$61
Outdoor - Josey Ranch Sports Complex						
JRSC	2-3.5	9/22-10/27	Sa	9-9:30am	6	\$73/\$81
JRSC	3.5-5	9/22-10/27	Sa	9:40-10:15am	6	\$73/\$81
JRSC	5-6	9/22-10/27	Sa	10:15-11am	6	\$73/\$81
JRSC	7-10	9/22-10/27	Sa	11-11:45am	6	\$73/\$81

NEW>> SKYHAWKS BASKETBALL

Using our progression-based curriculum and focusing on the whole player, we teach your child the skills they need to be a better athlete on and off the court. Our sport specific staff will focus on respect, teamwork, and responsibility. Participants will start each day with a 'skill of the day' and progress in to drills and games, creating an unforgettable class experience. After a month of passing, shooting, dribbling, and rebounding you will see why this is one of our most popular programs. **Bring basketball/gym shoes and a water bottle.** Instructor: Skyhawks

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161065-10	CRC	3-4	9/10-10/15	M	5:30-6:15pm	6	\$69/\$75
161065-11	CRC	5-6	9/10-10/15	M	6:30-7:15pm	6	\$69/\$75
161065-12	CRC	7-12	9/10-10/15	M	7:30-8:15pm	6	\$69/\$75



NEW>> SKYHAWKS MINI HAWK MULTI-SPORT CLINIC

Our Multi-Sport clinics are designed to introduce young athletes to a variety of different sports in one setting. For this program we combine two to three sports into one fun-filled class. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the class, your child will walk away with knowledge of two to three new sports along with vital life lessons such as respect, teamwork, and self-discipline. **Bring basketball/gym shoes and a water bottle.** Instructor: Skyhawks

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161070-10	CRC	3-4	9/13-10/18	Th	5:30-6:15pm	6	\$69/\$75
161070-11	CRC	5-6	9/13-10/18	Th	6:30-7:15pm	6	\$69/\$75

NEW>> SKYHAWKS TRACK & FIELD

Skyhawks Track & Field was developed to introduce young athletes to this sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety and a major focus on fun! Using special equipment, our exercises and drills will prepare athletes for a future in track and field events, while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered. **Class will meet at McInnish Park and Sports Complex, 2335 Sandy Lake Road on Field #16.**

Instructor: Skyhawks

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160075-10	MC16	6-12	9/14-10/19	F	6-7pm	6	\$69/\$75



Pickleball Open Play

Courts and equipment are now available at Crosby Recreation Center for guests to enjoy. All guests must have membership or daily passes to participate.

Open Play Times:

Crosby Recreation Center

Tuesday-Thursday: 6-11am

Monday & Friday: 6am-1pm

Mondays and Fridays are senior days at Crosby! Play pickleball for free with a valid Senior Center membership

Is there a scout in your house?
We have many scout programs for both boys and girls, on page 28.

Adult Leagues

Youth Leagues

ADULT BASKETBALL LEAGUE

This league consists of seven regular season games plus playoffs for the top four teams in each division. Registration for the fall league will be open 7/23-8/24; registration for the winter league will be open 10/8-11/16.

STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS	\$
9/9	Men's Rec.	CRC	18+	Tu	6-10pm	7	\$395
9/11	Men's Rec.	RRC	18+	Su	2-10pm	7	\$395
12/2	Men's Rec.	RRC	18+	Su	2-10pm	7	\$395
12/4	Men's Rec.	CRC	18+	Tu	6-10pm	7	\$395

ADULT FLAG FOOTBALL LEAGUE

Football season is back! Come join the fall 8-on-8 Flag Football League. Competitive and recreational divisions play on Thursday evenings. Teams will be responsible for providing their own flags and game balls. Registration will be open 7/9-8/17.

STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS	\$
9/6	Men's	McInnish	18+	Th	6:45-10:30pm	8	\$370
9/6	Co-ed	McInnish	18+	Th	6:45-10:30pm	8	\$370

ADULT RACQUETBALL LEAGUE

This is a co-ed league where you set your own time to compete. Matches will run 9/10-11/16 and playoffs end 11/26. Deadline to register is 9/3. For more information or for help selecting a level, email trevor.helton@cityofcarrollton.com or call 972-466-9836.

Levels:

- A-1 = Elite Players
- A-2 = Accomplished/Veteran Players
- B-1 = Intermediate Players
- C-1 = Beginner/Recreational Players

CLASS #	LEVEL	LOC	AGE	DATES	DAY	\$(RES/NR)
200000-01	A-1	RRC	16+	9/10-11/16	M-Su	\$15/\$20
200000-02	A-2	RRC	16+	9/10-11/16	M-Su	\$15/\$20
200000-03	B-1	RRC	16+	9/10-11/16	M-Su	\$15/\$20
200000-04	C-1	RRC	16+	9/10-11/16	M-Su	\$15/\$20

ADULT SOFTBALL LEAGUE

REGISTRATION DATES:	REGISTRATION FEE:	SEASON BEGINS:
Fall 1 Double Headers: 6/24-7/27	\$350 per team	August 13
Fall Single Games: 7/9-8/17	\$405 per team	August 26
Fall 2 Double Headers: 8/20-9/14	\$350 per team	October 1

All games are played at McInnish Softball Complex from Sunday through Friday. Softballs must be purchased from the City. League Divisions include Men's D, E, Co-ed, and Church. A Free Agent list for individuals looking for a team is available at cityofcarrollton.com/athletics or by calling 972-466-9833.

ADULT SOFTBALL TOURNAMENTS

The City of Carrollton Parks and Recreation Department invites you and your softball team to participate in City-sponsored softball tournaments. The City will host a variety of tournaments at the award-winning McInnish Softball Complex. All tournaments are USSSA sanctioned.

TOURNAMENT DATES:

August 10:	All Nighter (Men's E & Mixed E)
November 10:	Food & Toy Drive tournament benefiting Metrocrest Social Services (Men's D, E & Co-ed)

YOUTH BASKETBALL – ALL-STAR SATURDAY

All-Star Saturday will be offered this year for those who participate in either Youth Basketball Recreation League or Mini League. The event is FREE. Clinic includes shooting contests, skills challenges, and a championship knockout game. Look for more information when practice begins for the season at cityofcarrollton.com/athletics

STARTS	DIVISION	LOC	AGE	DAY	TIME	\$(RES/NR)
1/5	Rec.	RRC	5-14	Sa	9am-5pm	Free

YOUTH BASKETBALL – MINI LEAGUE

Mini League for boys and girls ages 5-6 (as of September 1, 2018 or kindergarten and 1st graders). Registration is open to both individuals and teams. Teams will begin practicing the week of 10/22. The season runs from 11/3-12/15. The mini league participation fee includes a jersey, paid instructor coached practices, six league games, and participant trophies. Registration will be 8/27-9/30. Detailed league information is available at cityofcarrollton.com/athletics

STARTS	DIVISION	AGE	\$(RES/NR)
10/22	Mini	5-6	\$80/\$100

YOUTH BASKETBALL – RECREATION LEAGUE

For boys and girls ages 7-14 (as of September 1, 2018 or 2nd through 9th Graders). Registration is open to both individuals and teams from 8/27-9/30. Teams will begin practicing the week of 10/22 and the season runs from 11/3-2/2. The league participation fee includes a jersey, practices, eight league games, and playoffs. Registration will be 8/27-9/30. Detailed league information is available at cityofcarrollton.com/athletics

STARTS	DIVISION	AGE	\$(RES/NR)
10/22	Rec.	7-14	\$80/\$100

Athletic Associations

ASSOCIATIONS ONLINE

Baseball

Carrollton Little League	leaguelineup.com/carrolltonllb
CFB Baseball Association	cfbba.com

Football

Carrollton Youth Football	cyfleague.org
Cheer/Drill Teams	cyfleague.org

Soccer

CFB Soccer Association	cfbsa.org
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Softball

CFB Girls Fast Pitch	cfbgirlssoftball.com
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Special Olympics

Julie Scott	jollyjulia@verizon.net
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Swimming

Carrollton Aqua Racers	aquaracers.org
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For your convenience, Recreation Centers accept Visa and MasterCard for all Parks and Recreation fees.

Oak Creek Tennis Center

2531 Oak Creek Drive • 972-466-6389 • oakcreektenniscenter.com

Oak Creek Tennis Center (OCTC), conveniently located northwest of the Dallas North Tollway and President George Bush Turnpike, features 12 lighted hard courts with shaded spectator and court benches. Our Pro Shop includes racquets, stringing, accessories, and snacks. The City of Carrollton prides itself on having one of the premier full-service municipal tennis facilities in North Texas.

OCTC has several U.S. Professional Tennis Association (USPTA) certified tennis professionals on staff. A full array of adult and junior programs, tournaments, and special events are held year-round. It is home to numerous men's, women's, mixed, and senior teams competing in United States Tennis Association (USTA), Tennis Competitors of Dallas (TCD), and Metro league play and is also home to local middle school and high school teams.



Hours of Operation

Fall Hours (Ends November 18, 2018)

Monday-Thursday 8:30am-10pm
 Friday 8:30am-8pm
 Saturday 8:30am-6pm
 Sunday 10am-7pm

Winter Hours (Begins November 19, 2018)

Monday-Thursday 9am-10pm
 Friday 9am-8pm
 Saturday 8:30am-6pm
 Sunday 10am-7pm

The Tennis Center reserves the right to close due to inclement weather and/or lack of court demand. Players should call 972-466-6389 (option 1) for the status of programs.

Pro Shop/Racquet Servicing

OCTC carries Babolat, Dunlop, Head, Prince, and Wilson racquets, strings, grips, and accessories at competitive prices. Stringing is completed within three days. Stringing labor is \$12. Same day stringing service is an additional \$5. Racquet rentals are available for \$5.

Private Lessons

Unable to find an adult or junior class that fits your schedule? Inquire about our private group rates. OCTC has several USPTA certified professionals on staff available for private lessons. To schedule a private lesson, call 972-466-6388.

Adult Team Tennis

Oak Creek Tennis Center is home to numerous men's, women's, mixed, and senior teams competing in USTA, TCD, and Metro league play. Call 972-466-6389 if you are interested in joining an existing team or starting a new one.

Facility Use Prices

Court Fees

	Resident	Non-resident
Adult & Youth	\$2.50	\$4

Court fees are per person and are limited to 1½ hours. Reservations are accepted up to 48 hours in advance.

Ball Machine Rental

	Resident	Non-resident
1 Hour	\$14	\$17
30 Day Pass	\$50	\$55

Ball machine rental includes court fees for one person. Additional family members may join at no charge. Additional non-family members will incur regular court fee charges. Reservations are accepted up to 48 hours in advance.

Satellite Court Fees

	Resident	Non-resident
1 Hour/Court	\$2	\$3.50

The City of Carrollton offers 17 neighborhood outdoor tennis courts. Courts at unstaffed parks are available on a first-come, first-served basis. Tennis court usage is free at all neighborhood sites as a walk-on. However, if you would like to ensure a reservation, courts may be reserved in one-hour increments at the Tennis Center or online. The courts are open during park hours, which are 5am to 10:30pm daily. Lights are available at all facilities. Parks and Recreation tennis classes may be scheduled at court locations; signage regarding class schedules will be posted at the courts when applicable. Reservations are accepted up to 48 hours in advance.



Adult Tennis Classes

The Oak Creek Tennis Center Adult Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or cancelled two days prior to the start date.

- Classes missed due to inclement weather or on your own account may only be made up based on availability. Please contact Oak Creek to check availability for any make-up classes.
- All class make-ups must be completed during the current session.
- Inclement weather cancellations that cannot be made up will be issued a credit at the conclusion of the session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

1 hour class: Resident: \$63; Non-resident: \$70

1½ hour class: Resident: \$90; Non-resident: \$100

Drop ins allowed based on availability and pro approval.

1 hr class: \$15/\$17 Res/Non-res; 1½ hr class: \$22/\$24

Session 1:	August 20-September 22 *closed 9/3 for Labor Day
Session 2:	September 24-October 27
Session 3:	October 29-December 1 *closed 11/22 for Thanksgiving

(Classes meet once a week for five weeks)



BEGINNER: NTRP 2.0-2.5

Monday	6-7pm
Tuesday	6-7pm
Wednesday	6-7pm
Thursday	6-7pm
Saturday	9-10am

ADVANCED BEGINNER: NTRP 2.5-3.0

Monday	6-7pm
Tuesday	6-7pm
Wednesday	6-7pm
Thursday	6-7pm
Saturday	9-10am

INTERMEDIATE: NTRP 3.0-4.0

Monday (Intro)	7-8:30pm
Tuesday	7-8:30pm
Wednesday	7-8:30pm
Thursday	7-8:30pm
Saturday	10-11:30am
Saturday	11:30am-1pm

Adult Tennis Drills

ADVANCED DRILLS (NTRP 4.0+)

(PREREQUISITE: INTERMEDIATE CLASS OR PRO APPROVAL)

A variety of high-octane drills conducted by USPTA certified tennis professionals are specifically geared for players who have dependable strokes with directional control. Fast-paced drills are excellent for league and tournament players wanting to hit many balls. Sign up online or stop by Oak Creek to register. Pre-registration is strongly encouraged to assure your spot. If the drill consists of only three players, the drill will be shortened to one hour. If not enough registrants, cancellation will be two hours before the start of the drill.

No class on holidays.

DAY	TIME	LEVEL	\$(RES/NR)
M	7-8:30pm	4.0 and above	\$16/\$18
W	7-8:30pm	4.0 and above	\$16/\$18
Sa	1-2:30pm	4.0 and above	\$16/\$18

CARDIO TENNIS (NTRP 3.5-4.0)

This fast-paced drill is sure to get you moving! The Cardio Tennis drills will keep you on your toes for the entire hour and a half. Sign up online or stop by Oak Creek to register. Pre-registration is strongly encouraged to secure your spot. If the drill consists of only three players, the drill will be shortened to one hour. If not enough registrants, cancellation will be two hours before the start of the drill.

No class on holidays.

DAY	TIME	LEVEL	\$(RES/NR)
M	7-8:30pm	3.5-4.0	\$16/\$18
W	7:30-9pm	3.5-4.0	\$16/\$18

Adult Tennis Events

"1ST FRIDAY" DOUBLES MIXER

No partner is necessary since we provide the pairings for you. Players are grouped according to NTRP level (2.5-5.0). Format consists of timed rounds of progressive partner doubles. Snacks, soft drinks, and prizes are provided. Sign up online or stop by Oak Creek to register. Pre-registration is strongly encouraged to secure your spot. If not enough registrants, cancellation will be one day before the mixer starts. Join us for these popular events (9/7, 10/5, 11/2, 12/7).

DAY	TIME	LEVEL	\$(RES/NR)
1 st Friday	6:30-9pm	All	\$18/\$20

Adult Tennis Leagues

SINGLES LEAGUES

Play the best of three sets, no-ad scoring, with a match tiebreak (first to 10 points by a margin of 2) in lieu of a third set. A maximum time limit of 1½ hours is enforced. Awards are presented to division winners. League champions are eligible to move up to the next level and last place finishers may be required to move down one level. The number of weeks may vary based on the number of entries.*

Session 1: August 20-October 9

Session 2: October 22-December 11

* Leagues meet once a week for eight weeks

DATES	TIME	\$(RES/NR)
Mens 4.5-Monday	7:30-9pm	\$59/\$65
Mens 4.0-Tuesday	7:30-9pm	\$59/\$65

Junior Tennis Classes

The Oak Creek Tennis Center Junior Program is conducted by PTR and USPTA certified tennis professionals. We are dedicated to helping your child learn tennis to compete at the tournament and school levels. All class make-ups must be completed during the current session. Inclement weather cancellations that cannot be made up will be issued a credit at the conclusion of the session. Medical refunds will be granted at a prorated amount for the portion of the class missed, if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred. Drop ins allowed based on availability and pro approval. (All drop ins are charged 20 percent above the one-day class rate.) If minimum enrollment is not met, classes may be combined or cancelled two days prior to the start date. Classes missed by inclement weather or on your own account may only be made up based on availability. Contact Oak Creek first to check availability for any make-up classes.

FALL SESSION DATES:

Session 1	August 13-September 8
Session 2	September 10-October 6
Session 3	October 8-November 3
Session 4	November 5-December 8

10 YRS & UNDER DEVELOPMENT PROGRAM

(BEGINNER TO ADVANCED)

Location: Oak Creek Tennis Center
contact.oakcreektennis@cityofcarrollton.com

4-Week Fees: \$50 Resident/\$55 Non-resident per session
 one 60 min. class per week

\$86 Resident/\$95 Non-resident per session
 two 60 min. classes per week

\$72 Resident/\$80 Non-resident per session
 one 90 min. class per week

\$135 Resident/\$150 Non-resident per session
 two 90 min. classes per week

\$180 Resident/\$200 Non-resident per session
 three 90 min. classes per week

TINY SHOTS

This specialized program for the beginner player is designed to stimulate, challenge, and appeal to children. They will learn motor skills necessary to play tennis and other sports throughout their lives. Students will use the red USTA-approved low-compression ball on a 36' court.

AGE	DAY	TIME	SESSIONS
4-6	M	4:30-5:30pm	1, 2, 3, 4
4-6	Tu	4:30-5:30pm	1, 2, 3, 4
4-6	W	4:30-5:30pm	1, 2, 3, 4
4-6	Th	4:30-5:30pm	1, 2, 3, 4
4-6	Sa	9-10am	1, 2, 3, 4

RED/ORANGE BALL

Using quick start teaching methodology, basic tennis skills will be introduced on a 60' court using red and orange low-compression balls. Players require 25 in. racquets and non-marking tennis shoes.

AGE	DAY	TIME	SESSIONS
7-10	M	4:30-6pm	1, 2, 3, 4
7-10	Tu	4:30-6pm	1, 2, 3, 4
7-10	W	4:30-6pm	1, 2, 3, 4
7-10	Th	4:30-6pm	1, 2, 3, 4
7-10	Sa	9-10:30am	1, 2, 3, 4

10 & UNDER SELECT TEAM

This class is designed for the advanced younger player participating in USTA events and tournaments. Two days per week minimum practice required. This class emphasizes advanced spins and court movement/tactics. Players in this group are required to play tournaments throughout the year and set goals for their improvement. Approval is needed by Junior Director Coach Chris. Tennis specific shoes are required.

AGE	DAY	TIME	SESSIONS
7-10	M	4:30-6pm	1, 2, 3, 4
7-10	Tu	4:30-6pm	1, 2, 3, 4
7-10	W	4:30-6pm	1, 2, 3, 4
7-10	Th	4:30-6pm	1, 2, 3, 4
7-10	M	6-7:30pm	1, 2, 3, 4
7-10	Tu	6-7:30pm	1, 2, 3, 4
7-10	W	6-7:30pm	1, 2, 3, 4
7-10	Th	6-7:30pm	1, 2, 3, 4
7-10	Sa	10:30am-12pm	1, 2, 3, 4

11 YRS & UP PROGRAM

(BEGINNER, INTERMEDIATE, AND ADVANCED LEVELS)

Location: Oak Creek Tennis Center
contact.oakcreektennis@cityofcarrollton.com

4-Week Fees: \$63 Resident/\$70 Non-resident per session
 two 60 min. classes per week (serve/return)

\$90 Resident/\$100 Non-resident per session
 three 60 min. classes per week (serve/return)

\$72 Resident/\$80 Non-resident per session
 one 90 min. class per week

\$135 Resident/\$150 Non-resident per session
 two 90 min. classes per week

\$180 Resident/\$200 Non-resident per session
 three 90 min. classes per week

\$162 Resident/\$180 Non-resident per session
 two 120 min. classes per week

\$216 Resident/\$240 Non-resident per session
 three 120 min. classes per week

\$252 Resident/\$280 Non-resident per session
 four 120 min. classes per week

PRE-JUNIOR DEVELOPMENT (PRE-JD)

This program is for beginner to advanced-beginner. This is a great way to learn to hit the ball, gain confidence, meet others, and begin to play tennis matches while having fun. After mastering skills in Pre-JD, players are advanced to the Junior Development level.

AGE	DAY	TIME	SESSIONS
11-17	M	6-7:30pm	1, 2, 3, 4
11-17	Tu	6-7:30pm	1, 2, 3, 4
11-17	W	6-7:30pm	1, 2, 3, 4
11-17	Th	6-7:30pm	1, 2, 3, 4
11-17	Sa	10:30am-12pm	1, 2, 3, 4

JUNIOR DEVELOPMENT 1 & 2

(JD1, JD2)

This program is designed for players participating in ChallengerZonal Area Tournament (ZAT) and Dallas ProfessionalTennis Association (DPTA) tournaments or on Junior Varsity (JV) or middle school teams. This class emphasizes advanced spins and court movement/tactics. Players in this group are required to play tournaments throughout the year and set goals for their improvement. Players are required to attend two days per week for skill development.

AGE	DAY	TIME	SESSIONS
11-18	M	5:30-7:30pm	1, 2, 3, 4
11-18	Tu	5:30-7:30pm	1, 2, 3, 4
11-18	W	5:30-7:30pm	1, 2, 3, 4
11-18	Th	5:30-7:30pm	1, 2, 3, 4
11-18	Sa	10:30am-12:30pm	1, 2, 3, 4



Download Carrollton's Trail App
at cityofcarrollton.com/trailapp
to find a trail near you!

Holiday Break Camps

Players must wear athletic shoes (non-marking soled shoes), and are encouraged to wear sunscreen, bring a tennis racquet and a snack, and wear comfortable clothes including a visor or cap. Ice water provided.

Location: Oak Creek Tennis Center,
Contact oakcreektennis@cityofcarrollton.com

Fees: \$81 Resident/\$90 Non-resident
three 120 min. classes

CAMP DATES:

Thanksgiving Camp	November 19-21
Winter Break Camp 1	December 26-28
Winter Break Camp 2	January 2-4, 2019

RED BALL-ORANGE BALL CAMPS

Participants will love this exciting week of fun and tennis improvement! Each camp will include tennis-related drills, game play, and stroke-specific activities. Participants will be grouped by age and then by ability.

AGE	DAY	TIME
7-10	M-W	9:30-11:30am

JUNIOR DEVELOPMENT CAMPS

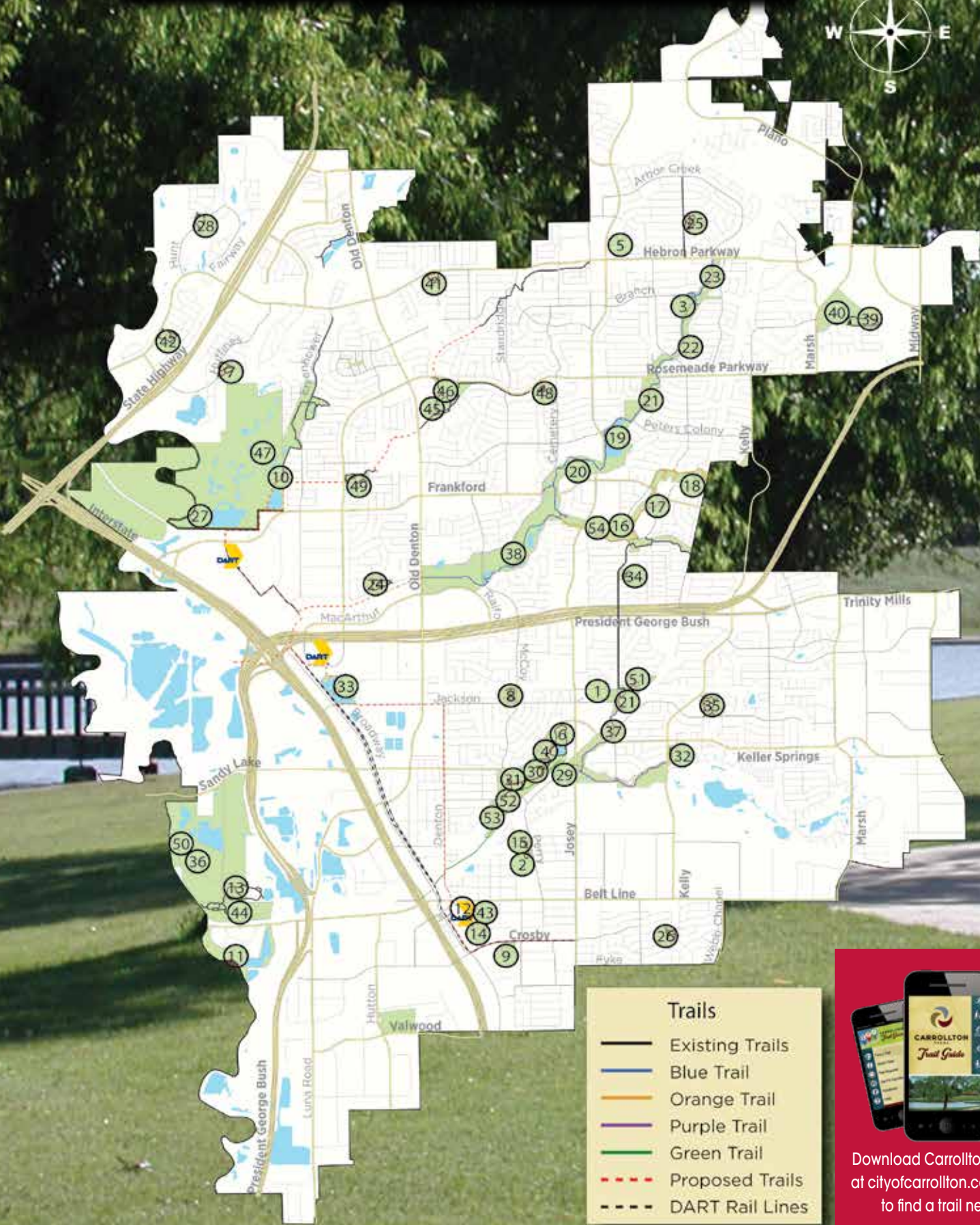
Players will work on match play strategy in a game environment under supervision of tennis staff. Games such as singles and doubles attack drills along with full court rotation games will be played. Participants will be grouped by ability.

AGE	DAY	TIME
11-18	M-W	9:30-11:30am



Visit Carrollton Leisure Facilities

You're never far from a Carrollton park or leisure facility!



Trails

- Existing Trails
- Blue Trail
- Orange Trail
- Purple Trail
- Green Trail
- Proposed Trails
- DART Rail Lines

Download Carrollton's Trail App at cityofcarrollton.com/trailapp to find a trail near you!

Halloween & Christmas

IN CARROLLTON



PERRY PUMPKIN PATCH • 10/20

**PARANORMAL PORCH PANEL &
MOVIE ON THE LAWN • 10/20**

**MOTHER/SON
MONSTER MASH • 10/20**

**SPOOKY TOURS @ THE PERRY
10/23-25, & 10/27**

LIBRARY FALL FESTIVAL • 10/25

**MOVIE ON THE SQUARE &
MINI PUMPKIN GIVEAWAY • 10/27**

BOOKS FOR TREATS • 10/31



PHOTOS WITH SANTA • 11/17

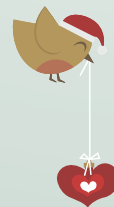
**AN OLD-FASHIONED
CHRISTMAS • 12/7**



SANTA ON THE SQUARE • 12/8

CARROLLTON SNOW GLOBE • 12/15

BROOKHAVEN BELL CHOIR • 12/8



WINTER WONDERLAND • 12/12

**TWELVE DAYS OF
WINTER BREAK • 12/26-1/7**

HARRY POTTER YULE BALL • 1/4/19



LEISURE

CALENDAR



September - December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24	25	26	27	28	29

September

- 3 Labor Day Holiday (cityofcarrollton.com for closure details)
- 6 College and Continuing Education Fair, Hebron & Josey Library, 972-466-4800
- 8 Pooch Pool Party, Rosemeade Rainforest Aquatic Complex, 972-466-9816
- 8 Step on the Square, Downtown Carrollton, 972-466-9808
- 15 Community Garage Sale, Crosby Recreation Center, 972-466-9816
- 29 GRILLED, McInnish Park, 972-466-3080
- 29 Movie on the Square: *Thor: Ragnarok*, Downtown Carrollton, 972-466-9808



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

October

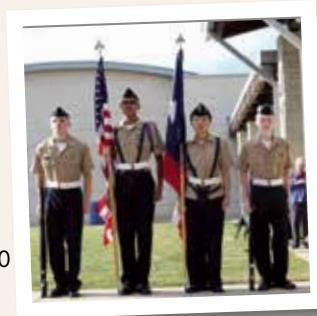
- 6 Yoga Digest Fest, Downtown Carrollton, 972-466-9808
- 6 Fall Family Campout, R.E. Good Soccer Complex, 972-466-9816
- 6 Concert on the Square, Downtown Carrollton, 972-466-9808
- 9 Metrocrest Community Networking, Josey Ranch Lake Library, 972-466-4800
- 12 Swing the Night Away, Crosby Recreation Center, 972-466-4850
- 11 & 13 Friends of the Carrollton Library Book Sale, Hebron & Josey Library, 972-466-4800
- 19 Genealogy Lock-In, Josey Ranch Lake Library, 972-466-4800
- 20 Perry Pumpkin Patch, Paranormal Porch Panel, and Movie on the Lawn: *Night of the Living Dead*, A.W. Perry Museum, 972-466-6380
- 20 Mother/Son Monster Mash, Creekview High School, 972-466-3031
- 23-25, 27 Spooky Tours, Perry Museum, 972-466-6380
- 25 Fall Festival, Josey Ranch Lake Library, 972-466-4800
- 27 Craft Fair, Senior Center, 972-466-9815
- 27 Movie on the Square: *Hotel Transylvania 2* & Mini Pumpkin Giveaway, Downtown Carrollton, 972-466-9808
- 31 Books for Treats Halloween Event, Both Library Locations, 972-466-4800



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

November

- 3 Festival at the Switchyard, Downtown Carrollton, 972-466-3084
- 9 Veterans Day Luncheon, Carrollton Senior Center, 972-466-4850
- 10 Vibes for Vets, Downtown Carrollton, 972-466-9808
- 17 Photos with Santa, Perry Museum, 972-466-6380
- 19 Thanksgiving Movie: *A Wrinkle in Time*, Josey Ranch Lake Library, 972-466-4800
- 21 Both Libraries will close at 6pm
- 22-23 Thanksgiving Holiday (visit cityofcarrollton.com for closure details)
- 26 & 27 Cease the Grease Free Cooking Oil Disposal, Central Service Center, 972-466-3000



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24 31	25	26	27	28	29

December

- 7 An Old-Fashioned Christmas, Perry Museum, 972-466-6380
- 8 Santa on the Square with Kids' Santa Dash, Downtown Carrollton, 972-466-9808
- 8 Brookhaven Bell Choir Concert, Josey Ranch Lake Library, 972-466-4800
- 15 Carrollton Snow Globe, Downtown Carrollton, 972-466-9808
- 24-25 Christmas Holiday (visit cityofcarrollton.com for closure details)
- 26 12 Days of Winter Break Begins, Carrollton Public Library, 972-466-4800
- 31 New Year's Eve (visit cityofcarrollton.com for closure details)
- Jan 4 Harry Potter Yule Ball, Josey Ranch Library, 972-466-4800

