

LEISURE

CONNECTIONS

MAY-AUGUST 2018



Register for Classes and Events Now!





Sign up for the Summer Reading Program
log and track ONLINE!

READsquared

Carrollton Public Library's Online Summer Reading Program

Get started in 3 easy steps!

1. Register online (starting May 1)
2. Track your reading (starting June 7)
3. Earn badges & win prizes (through August 16)

Register for our Adult, Teen, Tween, Kid, and Listener reading programs. Turn to the Library Section for more information.



cityofcarrollton.com/readsquared • 972-466-4800



From the Parks and Recreation Director...

Welcome to the City of Carrollton's guide to family fun! *Leisure Connections* lists all the classes, activities, events, and good times to be found within this great City of ours for the whole family to enjoy. Spend your weekends in our eclectic downtown where there is always something to do. If you missed TEXFest in March, there are more free concerts on the Square for some toe-tapping live music; or bring the kids to a free box-office hit under the stars with our Movie on the Square series. Interested in improving your fitness or expanding your skill sets? We offer classes for all age groups and interests, so find what speaks to you. Fitness memberships at our facilities are always affordable, and our goal is to help you achieve yours. Start today and find out how exciting a healthy lifestyle can be. For more information, visit cityofcarrollton.com/parksandrec.

Scott Whitaker, Carrollton Parks and Recreation Director

On the cover...

"May the 4th Be With You" *Star Wars* Event—Don't be *The Last Jedi* to join the fun on Friday ... you guessed it ... May the 4th from 6-9pm to honor *Star Wars* Day with a free event on the Downtown Square (1106 S. Broadway Street). Come in costume to enjoy *Star Wars*-themed booths, activities, and photo opportunities followed by a free screening of *Star Wars: The Last Jedi* (2017), PG-13. Bring your blankets and lawn chairs to enhance your movie-viewing experience and may the 4th, er, force be with you. The event begins at 6pm and the movie begins at binary sunset.



Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins April 2.

Non-resident registration begins April 16.

Classes begin April 30.

City Information: 972-466-3000
cityofcarrollton.com
 Facility hours, fees, and programming subject to change.

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Facilities

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City Facilities



A.W. PERRY HOMESTEAD MUSEUM (page 8)

1509 N. Perry Road
972-466-6380
cityofcarrollton.com/museum
Twitter: @Perry_Homestead
Pinterest: AWPerryHomesteadMuseum
facebook.com/PerryHomesteadMuseum

Open Tuesday through Thursday, and Saturday. Tours at 11am and 1pm, or by appointment. For more information or group tour reservations, call or visit online. Free admission.



ATHLETICS OFFICE

1330 E. Rosemeade Parkway
972-466-9833
cityofcarrollton.com/athletics
Twitter: @carrolltonsport
facebook.com/carrolltonparks
Rainout Line: 972-695-2355

Hours:
M-F 8am-5pm



CROSBY RECREATION CENTER

Amenities: Gymnasium • Weight/Cardio Room • Game Room/ Snack Area • Public Computers • Video Games • Table Games • Locker Rooms w/Showers • Cross Training Gym • Pickleball • Wi-Fi Available

1610 E. Crosby Road
972-466-9810
cityofcarrollton.com/crosby

Hours:
M-F 6am-9pm
Sa 9am-6pm
Su Closed

INDIAN CREEK GOLF CLUB (page 45)

1650 W. Frankford Road
972-466-9850
indiancreekgolfclub.com

LIBRARY (page 13)

972-466-4800
cityofcarrollton.com/library



Hebron & Josey Library
4220 N. Josey Lane
(at Hebron Parkway)

Su	2-6pm
M	10am-9pm
Tu	Noon-9pm
W	10am-6pm
Th	Noon-9pm
F	Closed
Sa	10am-6pm

Josey Ranch Lake Library
1700 Keller Springs
(west of Josey Lane)

Su	2-6pm
M	10am-9pm
Tu	10am-6pm
W	Noon-9pm
Th	Closed
F	10am-6pm
Sa	10am-6pm

City Facilities



OAK CREEK TENNIS CENTER (page 49)

2531 Oak Creek Drive
972-466-6389
oakcreektenniscenter.com

Spring Hours

Ends June 3, 2018

M-Th 8:30am-10pm
F 8:30am-8pm
Sa 8:30am-6pm
Su 10am-7pm

Summer Hours

Begins June 4, 2018

M-Th 8am-10pm
F 8am-8pm
Sa 8am-6pm
Su 10am-7pm

The OCTC reserves the right to close due to inclement weather and/or lack of court demand. Players should call 972-466-6389 (option 1) for the status of programs.



PARKS ADMINISTRATION

1610 E. Crosby Road
972-466-3080
cityofcarrollton.com/parksandrec
facebook.com/carrolltonparks
Event Hotline: 972-466-9135

Hours:

M-Th 7:30am-5:30pm
F 7:30-11:30am



ROSEMEADE RECREATION CENTER

Amenities: Two Gymnasiums • Weight Room • Cardio Room • Four Racquetball Courts • Game Room/Snack Area • Dance/Fitness Studio • Playground • Locker Rooms w/Showers • Video Games • Table Games • Pickleball • Wi-Fi Available

1330 E. Rosemeade Parkway
972-466-9800
cityofcarrollton.com/rosemeade

Hours:

M-Th 5:30am-10pm
F 5:30am-9pm
Sa 9am-8pm
Su noon-8pm



SENIOR CENTER (page 9)

Amenities: Three 9' Billiard Tables • New Fitness Center • Pond with Walking Track • Wii Games • ½ Basketball Court • Big Screen TV • Variety of Table Games, Puzzles, & Books • Large Day Room Area with Tables & Chairs • Wi-Fi Available

1720 Keller Springs Road
972-466-4850
cityofcarrollton.com/seniorcenter

Hours:

M/W/F 7am-5pm
Tu 7am-7:30pm
Th 7am-9:30pm
Sa 9am-1pm
Su Closed

Visit cityofcarrollton.com/parksandrec for other special hours of operation and holiday notices.

Membership



The City of Carrollton encourages and supports the participation of individuals with disabilities in all programs and services. For more information or to request special accommodations, call 972-466-3080.

MEMBERSHIP FEES

	Annual Resident/ Non-resident	3-month Resident/ Non-resident
Rosemeade and Crosby Recreation Centers: Also provides access to the Carrollton Senior Center for members 50+		
Senior 65+	\$35/\$60	\$18/\$28
Adult 16-64	\$95/\$143	\$40/\$56
Youth 9-15	\$32/\$56	\$15/\$24
Family/Group*	\$163/\$245	\$62/\$92
Additional Member	\$20	\$10

Replacement Card \$5

*Includes four members. All members must reside at the same address.

Senior Center: This membership honored ONLY at the Senior Center.

Senior 50-59	\$25/\$40	\$9/\$15
Senior 60-69	\$15/\$30	\$6/\$11
Senior 70+	\$10/\$25 (lifetime fee)	
Replacement Card	\$5	

DAILY PASSES

	Resident	Non-resident
Rosemeade and Crosby Recreation Centers		
Senior 65+	\$4	\$7
Adult 16-64	\$7	\$10
Youth 9-15	\$4	\$7
Senior Center		
Senior 50+	\$2	\$5

For your convenience, recreation centers accept Visa and MasterCard for all Parks and Recreation fees.



Refund Policy

Refund policies may vary for different classes, sports, and events. Refer to the Parks and Recreation General Information page on the website or see front desk staff at your facility for more information.

Facility Rentals

Looking for that perfect location for a party or a place to celebrate a special occasion?

Look no further than the City of Carrollton.
Ask about our rental rates and book your next event close to home.

cityofcarrollton.com/rentals

OUTDOOR FACILITIES

	# of People or Capacity
A.W. Perry Homestead Museum 972-466-6380 • 1509 N. Perry Road	100-150
Pavilion at Remodeled Mary Heads Carter Park 972-466-3080 • 2320 Heads Lane	150
Sports Fields 972-466-9833 • (various locations) (other fees such as field preparation and lighting may apply)	Varies
Historic Downtown Carrollton Gazebo 972-466-3080 • 1106 S. Broadway Street (over 50 requires a Special Event permit, 972-466-9808)	50
Indian Creek Golf Club Pavilion 972-466-9850 • 1650 W. Frankford Road	100
Carrollton Amphitheater 972-466-3080 • 2035 E. Jackson Road	1,500

INDOOR FACILITIES

Indian Creek Golf Club Clubhouse 972-466-9859 • 1650 W. Frankford Road	120
Josey Ranch Lake Library 972-466-4800 • 1700 Keller Springs Road 3 rooms ranging in capacity	14-100
Hebron & Josey Library 972-466-4800 • 4220 N. Josey Lane 3 rooms ranging in capacity	14-90
Carrollton Senior Center 972-466-4850 • 1720 Keller Springs Road 5 rooms ranging in capacity; kitchen may be added to any room	50-550
Rosemeade Recreation Center 972-466-9800 • 1330 E. Rosemeade Parkway 3 rooms ranging in capacity, including gymnasiums and dance room	15-250
Crosby Recreation Center 972-466-9810 • 1610 E. Crosby Road 3 rooms ranging in capacity, including gymnasium, dance room, and kitchen	38-250



Downtown Gazebo



Senior Center

Birthday Party Packages

A.W. Perry Homestead

Celebrate your child's birthday in the Perry Museum's unique setting. Each party lasts a total of two hours and consists of organized activities with half an hour for cake and opening presents. One adult must be present for every five children attending the party. Parties are outdoors and available through October. *The \$125 fee includes up to 15 children. Call 972-466-6380 for additional details.*

HOEDOWN • TEA PARTY • TOYS & GAMES

Themes and activities are appropriate for children ages 6-10.

Recreation Centers

Party packages include a two hour party for the birthday child and up to nine guests. Supervision, set up, clean up, and decorations are the responsibility of the renter. *Cost is \$120 for residents and \$132 for non-residents, plus a \$25 deposit. For questions, availability, or reservations, contact Susan Schaffer at 972-466-9815.*



DANCE & MORE BIRTHDAY PARTY

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Athletics

Sports

A.W. Perry Homestead Museum

1509 N. Perry Road • 972-466-6380

Open Tuesday through Thursday, and Saturday • Tours at 11am and 1pm or by appointment

Free Admission

For more information or group tour reservations,
call 972-466-6380 or visit cityofcarrollton.com/museum.



Located within beautiful Pearl Perry Gravley Park, the A.W. Perry Homestead Museum offers a glimpse of life as it was in North Central Texas at the turn of the 20th century. A.W. and Sarah Perry were pioneer homesteaders of the Peters Colony who arrived here in 1844 from Carrollton, Illinois. They built a house on this site in 1857. In 1909, their son Dewitt Perry and his wife Francis tore down the first house and used some of the lumber to build the present-day home. This structure is now the Museum, restored in 1976 as the community's US Bicentennial celebration project and designated as a state historic landmark in 1977 by the Texas Historical Commission.

School and Group Tours

The guided tour begins at the state historical marker and continues through the 1909 farmhouse with antique furnishings, where you will discover daily life as it was in Carrollton at the turn of the 20th Century. On the grounds, you will find a barn, root cellar, water well, and smokehouse. School tours are aligned with the TEKS standards for each grade level.

TOUR FOR 7th GRADERS!>> A tour geared toward 7th graders is available and includes access to online resources and copies of primary source material for pre- and post-tour classroom discussions. To schedule a school or group tour, contact the Museum at least two weeks before your requested tour date. Group tours are free, but donations are accepted. Call 972-466-6380 to make a reservation or register online at cityofcarrollton.com/museum.

Traveling Trunks

HISTORY MYSTERY & SCHOOL DAYS

The History Mystery and School Days trunks contain hands-on artifacts for students to examine, as well as an activity guide for teachers. Turn your students into history detectives or pioneer school children. In the History Mystery trunk, students will uncover the past using artifacts, learn the basic principles of material culture, and observe and analyze artifacts in order to discover their uses. In the School Days trunk, students will compare and contrast how education has changed over the past 150 years, try on pioneer clothing, and even imagine what it will be like to go to school in the future. All activities are TEKS aligned. History Mystery is for grades 3, 4, and 5. School Days is for grades 1, 2, and 3. Trunks are a FREE service the A.W. Perry Homestead Museum provides to local schools. Call the Museum today at 972-466-6380 to reserve a trunk for your class.



Join us for these Free Summer Events*

Mother's Day Concert And Picnic
Saturday, May 12
5-7pm

Elm Fork Nature Day
Saturday, June 2
9am-12pm

Movie On The Lawn
Friday, June 8
Dusk/8pm

*For full details about these events, see the Community Events pages beginning on page 20.

Senior Advisory Committee

Meets first Tuesday • 11am

Gerry Lalima – President

Carrie Solley – Vice President

Nancy Tiegreen – Secretary

Jim Rogers – Treasurer

Charles Smith – Welfare Liaison

Notable Events From the Council May Thru August:

Senior Advisory Committee Elections
May 9, 9am-3pm

June 5th Advisory Council Meeting
New Council members seated

PATRIOT PAWS SERVICE DOGS

The popular Patriot PAWS Service Dogs will be returning to the Senior Center Monthly Luncheon on Thursday, July 19 at 11am. Two of their trainees will give a demonstration to show off the capabilities that help our returning American Veterans. Don't miss out on this entertaining show. Preregistration is required.

METROCREST SCHOOL SUPPLIES

From July 2 through August 4, school supplies will be collected for donation to Metrocrest Services. Donations should be placed in the marked container at the Senior Center.

Events

Fourth of July Concert

Tuesday, July 3 • 12-1pm

The entire family is invited to come enjoy the patriotic music provided by New Horizons Band. In-N-Out Burger will be serving free box lunches, including a hamburger or cheeseburger with chips & drink from 11am-1pm (one lunch p/ person). No registration required. Supplies limited.

Seniors on Tour

Discover the exciting places Carrollton and the State of Texas have to offer. Outings include much laughter, a stop for lunch, and occasionally an overnight stay. Trips are always escorted by a Senior Center staff member.

DAY TRIP – GARLAND SUMMER MUSICALS

Presenting *My Fair Lady* on Sunday, June 17, 2:30 p.m. Tickets are \$34 and preregistration is required. Space on the bus is limited to the first 20 people.

DESTINATION TRIP – BRITAIN 2019

British Landscapes Tour April 27-May 6, 2019, featuring England, Scotland, and Wales. Trip Informational meeting is May 15 at 2pm. Includes 12 meals (8 breakfasts, 4 dinners), round-trip airfare, hotels, all transfers, guided sightseeing and more. Stop by the Senior Center for a brochure or call 972-466-4850. The cost is \$3,699/person double occupancy. Trip insurance is an additional \$315.

OUT TO LUNCH FRIDAYS

Join us for a good time at a local restaurant. Lunch is on your own. If you need transportation, the van can accommodate up to five passengers for a fee of \$3 resident/\$3.50 non-resident. Pre-registration is required by everyone attending so that the restaurant will have an accurate head count.

DATE	LOC	AGE	DAY	TIME
5/11	Hard Eight BBQ	50+	F	11am
6/8	BJ's Restaurant & Brewhouse	50+	F	11am
7/13	Urban Crust	50+	F	11am
8/10	Pappadeaux Seafood Kitchen	50+	F	11am

Food, Fun, and Fellowship

HOT DOG WEDNESDAY

Get a jumbo hot dog and all the fixin's prepared and served by your own Advisory Council Members. Cost is \$2 per person at the Senior Center.

DATE	LOC	AGE	DAY	TIME
5/9	SRC	50+	W	10:45am-12p
6/13	SRC	50+	W	10:45am-12p
7/11	SRC	50+	W	10:45am-12p
8/8	SRC	50+	W	10:45am-12p

THURSDAY NIGHT POT LUCK

Potluck is an opportunity for you to prepare a dish to share with friends, try something new to eat, and have a fun evening out playing games.

DATE	LOC	AGE	DAY	TIME
5/10	SRC	50+	Th	5p
6/14	SRC	50+	Th	5p
7/12	SRC	50+	Th	5p
8/9	SRC	50+	Th	5p

LUNCH AND LEARN

This will be an opportunity for Seniors to hear presentations from vendors on a variety of topics including but not limited to: Safe Driving, Assisted Living, Funeral Planning, and Tax Preparation. Vendors will provide a light lunch. Specific topics will be posted at the Senior Center once vendors have been secured.

DATE	LOC	AGE	DAY	TIME
6/28	SRC	50+	Th	10:30am

MONTHLY LUNCHEONS

Join us once a month for lunch and a variety of activities or entertainment. Registration is \$4 and ends two days before luncheon.

DATE	LOC	AGE	DAY	TIME	Sponsor/Theme
5/17	SRC	50+	Th	11am	Carrollton Family Chiropractic
6/21	SRC	50+	Th	11am	Tina Weber-MBA, Realtor-KW
7/19	SRC	50+	Th	11am	Patriot Paws Presentation
8/16	SRC	50+	Th	11am	TBD

MOTHER'S DAY LUNCH

Enjoy lunch while being entertained by our Senior Center Guitar Group. Lunch will include baked potatoes with all the trimmings, chips salsa, and chocolate and vanilla cake. Pre-registration required. Space limited.

DATE	LOC	AGE	DAY	TIME
5/14	SRC	50+	M	12-2pm

Show your card!

Memberships (or day pass) required for Rosemeade, Crosby, and Senior Center.

cityofcarrollton.com/senior center • Facility hours, fees, and programming subject to change.

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Athletics

Sports

Senior Activities & Classes • 50+

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Athletics

Sports

MONDAY	TUESDAY	WEDNESDAY
7am Walking 9am Low Impact Aerobics \$ 9am Dominoes 9:30am Knit & Crochet 10am Better Balance \$ 10am Tai Chi \$ 10am H&F Canasta 11am Aging Gracefully Yoga \$ 1pm Ping Pong 1pm Monday Movie (5/21, 6/18, 7/16, 8/20) 2:30pm Weight Room Orientation \$ 2:30pm Team Chair Volleyball 5pm Closed	7am Walking 8:30am Functional Fitness \$ 9am Ceramics \$ 9am Dominoes 9:30am B-12 Shots (5/22, 6/19, 7/17, 8/21) 10am Fun Fit Plus \$ 10am Stretch \$ 12:30pm SKIP-BO 1pm Texas Hold 'Em (Seated by 12:30pm) (5/29, 6/26, 7/31, 8/28) 1pm Fun Chair Volleyball 1pm Ping Pong 2pm Team Chair Volleyball 3pm Reunion Hispania (5/15, 6/19, 7/17, 8/21) 5:30pm Guitar Sessions 7:30pm Closed	7am Walking 9am Low Impact Aerobics \$ 9am Dominoes 10am Book Club (5/9, 6/13, 7/11, 8/8) 10am Tai Chi \$ 10:15am Bingo (\$ for card) 10:45am-Noon Hot Dog Day 2nd Wednesday, 10:45am-Noon 12:30pm Pinochle 1pm Adult Coloring (5/16, 6/20, 7/18, 8/15) 2:30pm Drama Group 5pm Closed
LEGEND: \$ Fee required		

ADULT COLORING

Coloring may sound like a simple activity to ward off boredom, but it can actually improve your health. A research study found that adults 65 or older who engaged in creative activities had better overall health, used less medication, and had fewer health problems. Each month a drawing is selected for Artist of the Month. The winner's creation is framed and hung in Dr. Nanda Bysani's USMD office in Carrollton. All supplies are provided and no registration is required. Instructor: Vance

LOC	AGE	DATES	DAY	TIME	\$
SRC	50+	5/16	W	1pm	Free
SRC	50+	6/20	W	1pm	Free
SRC	50+	7/18	W	1pm	Free
SRC	50+	8/15	W	1pm	Free

B12 SHOTS

Cash or check payable to Flu Shots of America.

LOC	AGE	DATES	DAY	TIME	\$
SRC	50+	5/22	Tu	9:30-10am	\$20
SRC	50+	6/19	Tu	9:30-10am	\$20
SRC	50+	7/17	Tu	9:30-10am	\$20
SRC	50+	8/14	Tu	9:30-10am	\$20

BINGO

Bingo is played weekly in the Roundup Room. Please show up by 10:15 am. Payment is to be made to the event organizers. *Classes are held at the Senior Center, W, 10:20 am, Ages 50+.*

BLOOD PRESSURE & SUGAR SCREENING

Do you need to check your blood pressure or blood sugar? Visit the Senior Center for free blood pressure and blood sugar screenings, no appointment necessary.

LOC	AGE	Dates	Day	Time	\$
SRC	50+	5/11	F	1:30pm	Free
SRC	50+	6/15	F	1:30pm	Free
SRC	50+	7/13	F	1:30pm	Free
SRC	50+	8/10	F	1:30pm	Free



SECOND WEDNESDAY BOOK CLUB

Join us the second Wednesday of each month and enrich your reading experience with some lively discussion. Book club is led by volunteers.

DATE	LOC	AGE	DAY	TIME	BOOK AND AUTHOR
5/9	SRC	50+	W	10am	<i>The Woman in White</i> by Wilkie Collins
6/13	SRC	50+	W	10am	<i>On Hitler's Mountain</i> by Irmgard A. Hunt
7/11	SRC	50+	W	10am	<i>Small Great Things</i> by Jodi Picoult
8/8	SRC	50+	W	10am	<i>The Summer Before the War</i> by Helen Simonson



YOU CAN PAINT A MASTERPIECE

Even if you have never held a paint brush or cannot draw a straight line, you will be amazed at the beautiful painting you can create in one inspiring lesson. Beginners learn basics of color mixing, brushstrokes, and perspective while completing a landscape, seascape, or still life in this fun and easy class taught by Master Artist and award-winning instructor Robert Garden. Painting schedule: May - Springtime Waterfall; June - Tennessee Homestead; July - Big Bend with a Palette Knife; August - Great Smokey Mountains at Sunset. **All supplies including canvas, paint, brushes, medium, easel, detailed lesson plan, and individualized instruction are provided and included in the cost of the class. Wear old clothes. For more information, visit robertgardenart.com.** Instructor: Garden

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
SRC	50+	5/17	Th	9am-Noon	\$35/\$36.50
SRC	50+	6/15	F	1-4pm	\$35/\$36.50
SRC	50+	7/13	F	1-4pm	\$35/\$36.50
SRC	50+	8/10	F	1-4pm	\$35/\$36.50



DROP IN>> AGING GRACEFULLY YOGA

Increase your strength, flexibility, and balance with yoga. This class will relieve stress and tension, and is designed to accommodate older adults. Come experience yoga to feel energized and revitalized. **Purchase a 10-class Aging Gracefully Yoga punch card for \$30 or drop in for \$3.50. Classes are held at the Senior Center, M/F, 11-11:45am. Ages 50+.** Instructor: Guinn

DROP IN>> BETTER BALANCE

Maintaining or improving your balance is critical to good health. By strengthening your muscles, working on quickness and coordination, and performing balance exercises, this class strives to not only make the circuits in your brain react faster, but also to develop muscles to aid in fall prevention. **Purchase a 10-class Better Balance punch card for \$20, or drop in for \$2.50. Classes are held at the Senior Center, M at 10-10:45am. Ages 50+.** Instructor: Jordan

NEW>> DROP IN>> FUGITIVE FITNESS – SENIOR MOVEMENT

We help seniors learn how to control their body to better perform everyday tasks. As our bodies age, there is more work involved to maintain one's fitness and ability levels. The guys from Fugitive Fitness will help get you up, out, and moving again! **\$10 drop in fee.** Instructor: Fugitive Fitness

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132210-35	SRC	50+	5/5-6/2	Sa	9:30-10:15am	5	\$35/\$38.50
132210-40	SRC	50+	6/9-7/7	Sa	9:30-10:15am	5	\$35/\$38.50
132210-50	SRC	50+	7/14-8/11	Sa	9:30-10:15am	5	\$35/\$38.50

NEW>> DROP IN>> FUN-FIT PLUS

Slightly more intense than FUNctional Fitness, this class focuses on activating and restoring muscles for everyday action. We will be using some hand weights, floor stretches, and resistance bands. **Purchase a 10-class Fun-Fit Plus punch card for \$20 or drop in for \$3.50. Classes are held at the Senior Center, Tu/Th, 10-11am. Ages 50+.** Instructor: Sparenberg.

DROP IN>> FUNCTIONAL FITNESS

Work your muscles in this class designed to build strength, add definition, increase bone density, and decrease body fat by building lean muscle. FUNctional Fitness will improve your back health, posture, balance, flexibility, and muscular endurance. **Purchase a 10-class FUNctional Fitness punch card for \$20 or drop in for \$2.50. Classes are held at the Senior Center, Tu/Th, 8:30-9:30am. Ages 50+.** Instructor: Sparenberg

DROP IN>> LOW IMPACT AEROBICS

This class is open to all participants regardless of athletic ability, and incorporates elements of basic aerobic choreography, strength training, core work, and stretching/cool down. Beginners are able to exercise side by side with more experienced participants because the instructors give directions for each skill level. All mats and weights are provided. Bring a water bottle. **Purchase a 10-class Aerobics punch card for \$20 or drop in for \$2.50. Classes are held at the Senior Center, M/W/F, 9-10am. Ages 50+.** No class July 4. Instructor: Live 2B Healthy

DROP IN>> STRETCH

This chair-based class has its roots in yoga, and is designed specifically for participants who are unable to get up off the floor or stand/walk for long periods of time. You will leave class feeling stretched, strengthened, balanced, and relaxed! This class will challenge all fitness levels. **Purchase a 10-class punch card for \$20 or drop in for \$2.50. Classes are held at the Senior Center, Tu/Th, 10-11am. Ages 50+.** Instructor: Guinn

WEIGHT ROOM ORIENTATION - SEE PAGE 34

TAI CHI

Learn Yang-Wu Tai Chi short form for moving meditation and stress relief. Movements involve fluid motions of arms and legs, coordinated with breath and focused on balance. These low-impact movements improve health with no special equipment and use minimal effort. As the body relaxes, the mind becomes tranquil, aware, and alert. For ease of movement, wear loose fitting clothing. Free class offered on the second Monday of the month at the Senior Center and the second Tuesday at Rosemeade Recreation Center. **Purchase a 5-Class Yang-Wu Tai Chi punch card for \$35(resident)/\$38.50(non-resident) or drop in for \$8. Classes are held at the Senior Center (M, W 10-11am) and Rosemeade Recreation Center (Tu/Th 10-11am). Choose location(s) that fits your schedule. No class 7/4.** Instructor: Smith

Carrollton Public Library

HEBRON & JOSEY

4220 N. JOSEY LANE
(AT HEBRON PARKWAY)

Sunday	2-6pm
Monday	10am-9pm
Tuesday	Noon-9pm
Wednesday	10am-6pm
Thursday	Noon-9pm
Friday	Closed
Saturday	10am-6pm

Free public access computer workstations • Internet access • iPads for check out and internal use • Online databases • WiFi • Express check stations • e-Audiobooks • e-Books • CDs, DVDs, books, magazines, & newspapers • Language materials in Spanish, Hindi, Korean, Vietnamese, & more • Study rooms • Quiet reading lounges • Meeting rooms • Coffee shop • Local history & genealogy • Language instruction materials

JOSEY RANCH LAKE

1700 KELLER SPRINGS
(WEST OF JOSEY LANE)

Sunday	2-6pm
Monday	10am-9pm
Tuesday	10am-6pm
Wednesday	Noon-9pm
Thursday	Closed
Friday	10am-6pm
Saturday	10am-6pm

Information: 972-466-4800

cityofcarrollton.com/library

The Library Advisory Board meets the first Monday of every other month at Josey Ranch Lake Library at 6:30pm. Meetings are open to the public.

Weekly Early Literacy Classes for Preschoolers

There will be no preschool classes in May. Please join us for Preschool Playdate. Classes will resume June 4-August 16.



MOTHER GOOSE TIME FOR BABIES

These classes are designed for pre-walkers and a parent or caregiver. The focus is to develop a love of language through rhymes, music, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	Up to 15 mos.	M	11am	Ongoing
Josey Ranch Lake	Up to 15 mos.	W	1:30pm	Ongoing

PRESCHOOL PLAYDATE

Bring your preschooler for fun and educational unstructured play during May.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	0-6	M	10:30am-12pm	3
Hebron & Josey	0-6	W	10:30am-12pm	5

TODDLER TIME

Children and a parent or caregiver participate in early language learning through stories, songs, rhymes, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	1-3	M	10:15am	Ongoing
Josey Ranch Lake	1-3	M	10:15am	Ongoing
Josey Ranch Lake	1-3	Tu	10:15am	Ongoing
Hebron & Josey	1-3	W	10:15am	Ongoing

STORY TIME

Children develop early literacy skills through stories, songs, finger plays, action rhymes, and movement. Story times are designed to help children practice the skills needed to prepare for school.

LIBRARY	AGE	DAY	TIME	#WKS
Josey Ranch Lake	3-6	M	11am	Ongoing
Josey Ranch Lake	3-6	T	11am	Ongoing
Hebron & Josey	3-6	W	11am	Ongoing

EVENING FAMILY STORY TIME

Children and their families participate in stories, songs, finger plays, action rhymes, and movement.

LIBRARY	AGE	DAY	TIME	#WKS
Hebron & Josey	0-6	Th	7pm	Ongoing

SATURDAY FAMILY STORY TIME

Children and their families participate in stories, songs, finger plays, action rhymes, and movement.

DATE	LIBRARY	AGE	DAY	TIME
6/2	Josey Ranch Lake	0-6	Sa	10:30am
6/23	Hebron & Josey	0-6	Sa	10:30am
6/30	Josey Ranch Lake	0-6	Sa	10:30am
7/21	Hebron & Josey	0-6	Sa	10:30am
7/28	Josey Ranch Lake	0-6	Sa	10:30am

2018 Summer Reading Program

Libraries Rock!

Sponsored by the
Friends of the Carrollton Public Library

JUNE 7 - AUGUST 16

Rock out with the Library by joining our annual summer reading program, offering online access through READsquared!

- Specialized preschool program that includes age-appropriate prizes
- Children's programs based on amount of time spent reading
- Prizes include books, Medieval Times coupons, brag tags, drawings for prize packs, and accomplishment necklaces for which kids can earn special beads
- Exclusive End of Summer Party for Summer Reading Program participants at the Rosemeade Rainforest Aquatic Complex for FREE

Register online at carrolltonlibrary.READsquared.com starting May 1.

READsquared highlights:

- Easy, paperless tracking of reading time
- Age-specific programs
 - Listener: 0-4
 - Kid: 5-9
 - Tween: 10-13
 - Teen: 14-18
 - Adult: 19+
- Specialized reading lists
- Challenges and missions to accomplish
- Self-published book reviews
- Online badges
- Prize trackers

Use READsquared on your favorite device: phone, tablet, or computer. Library staff are available to help get started.

All Ages

KICKOFF: FAMILY CONCERT WITH JIM GILL

Enjoy an interactive musical event with award-winning children's musician Jim Gill. Are you prepared to clap, jump, dance, and even sneeze along with Jim? Jim's true art is to create a joyful musical experience for all ages. The concert will be held in the Texas Room at the Senior Center across from Josey Ranch Lake Library. Bring a blanket so everyone can sit and enjoy the concert together.

DATE	LOC	AGE	DAY	TIME	#WKS
6/8	Sr. Ctr	All	F	2 pm	1

PINT-SIZED POLKA

Nationally known children's polka musician Mike Schneider ("Uncle Mike") and his band from Milwaukee, will perform Pint Sized Polkas. You want happy? You've got it! It's impossible to be sad when you're hearing polka. Sing-alongs? Chicken dance? You betcha!

DATE	LIBRARY	AGE	DAY	TIME
6/16	Josey Ranch Lake	All	Sa	10am

MONDAY FUNDAY – FUN FOR THE WHOLE FAMILY

Join us on Mondays this summer for FREE family fun. Each week we'll alternate between Movie Nights filled with awesome crafts and Game Nights featuring interactive games. The whole family will have a blast on Monday Fundays.

DATE	LIBRARY	AGE	DAY	TIME	ACTIVITY
6/18	Josey Ranch Lake	All	M	6:30-8:30pm	Movie Night: <i>Harry Potter and the Sorcerer's Stone</i>
6/25	Josey Ranch Lake	All	M	6:30-8:30pm	Game Night: Life-Sized Board Games
7/2	Josey Ranch Lake	All	M	6:30-8:30pm	Game Night: Board Games & Crafts
7/9	Josey Ranch Lake	All	M	6:30-8:30pm	Movie Night: <i>Disney's Moana</i>
7/16	Josey Ranch Lake	All	M	6:30-8:30pm	Movie Night: <i>Disney's Cars 3</i>
7/23	Josey Ranch Lake	All	M	6:30-8:30pm	Game Night: Makerspace Challenge
7/30	Josey Ranch Lake	All	M	6:30-8:30pm	Game Night: Glow Night - Glow in the Dark Games
8/6	Josey Ranch Lake	All	M	6:30-8:30pm	Movie Night: <i>Lego Ninjago</i>

POKÉCRAFT

Love Pokémon? Join us for Poké-fun as we create cool Poké-art.

DATE	LIBRARY	AGE	DAY	TIME	#WKS
8/8	Josey Ranch Lake	All	W	6-8pm	1

END OF SUMMER PARTY

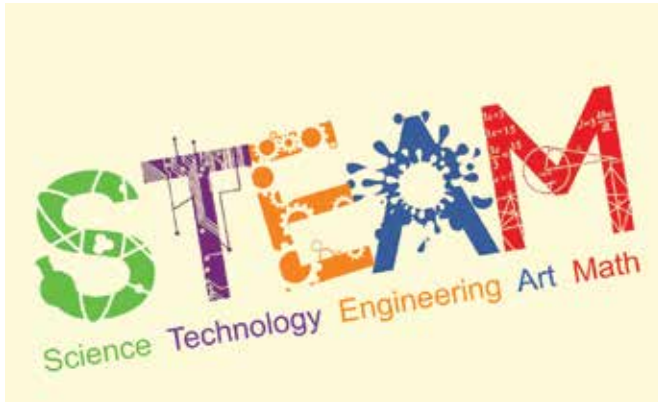
Join us for swimming, fun activities, prizes, and snacks. Summer Reading Program participants will receive an email invitation to show at the entrance in order to attend. Celebrate your reading success this summer!

DATE	LOC	AGE	DAY	TIME	#WKS
8/17	Rose.	All	F	6:30-9:30pm	1

BACK TO SCHOOL PARTY

Kick off the new school year with dancing, games, and music. Bring yourself, your friends, and the whole family!

DATE	LIBRARY	AGE	DAY	TIME	#WKS
8/23	Hebron & Josey	All	Th	7-8pm	1



SUMMER STEAM ROCKS

Join us this summer for fun explorations into the world of STEAM. This fun, interactive program will explore Science, Technology, Engineering, Art, and Math. Registration for each program is required and begins two weeks before the program date. Space is limited; Register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME	THEME	SIGN UP
6/13	Hebron & Josey	6-10	W	3:30pm	Legos Rock	5/30
6/20	Hebron & Josey	6-10	W	3:30pm	Survival Rocks	6/6
6/27	Hebron & Josey	6-10	W	3:30pm	The Perot Rocks	6/13
7/11	Hebron & Josey	6-10	W	3:30pm	Caves Rock	6/27
7/18	Hebron & Josey	6-10	W	3:30pm	Engineering Rocks	7/4
7/25	Hebron & Josey	6-10	W	3:30pm	Food Rocks	7/11
8/1	Hebron & Josey	6-10	W	3:30pm	Stars Rock	7/18
8/8	Hebron & Josey	6-10	W	3:30pm	Fossils Rock	7/25
8/15	Hebron & Josey	6-10	W	3:30pm	Music Rocks	8/1

THE STRIKE, SCRAPE, AND SHAKE SHOW

Performer and educator Mark Shelton will bring his high energy one-man program to introduce us to the world of percussion. Drums, rhythm bones, hammered dulcimer, and electronic percussion included. Be prepared to get in on the act!

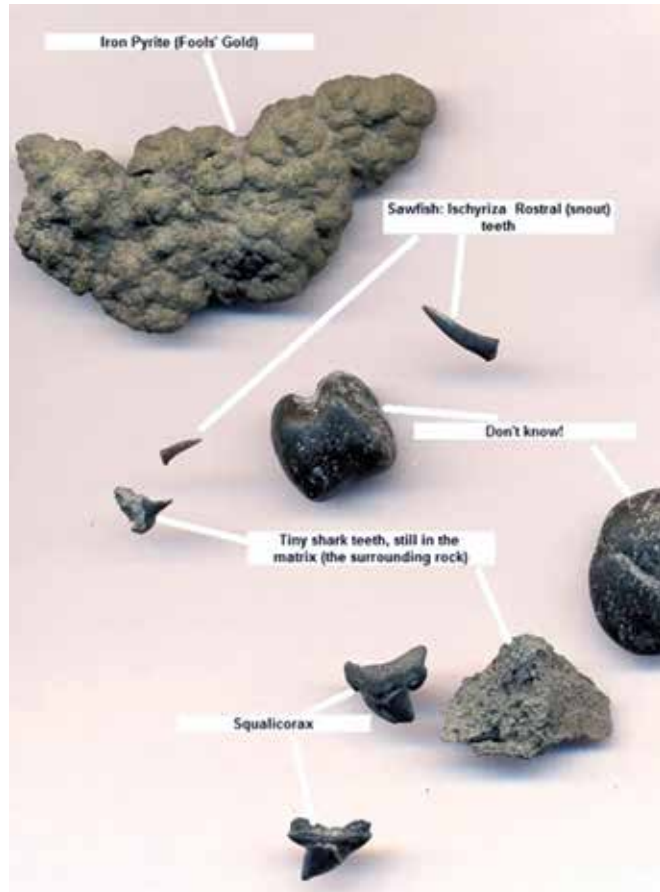
DATE	LIBRARY	AGE	DAY	TIME
7/7	Josey Ranch Lake	6+	Sa	10am



CHIVALRY ROCKS!

Visit with a knight or queen from Medieval Times, hear a story about a courageous knight, and learn the Code of Chivalry. Are you chivalrous enough to be knighted or appointed to an order of chivalry?

DATE	LIBRARY	AGE	DAY	TIME
7/17	Josey Ranch Lake	6-10	Tu	1pm



FOSSIL DIG WITH SCIENCE SAFARI

Libraries rock, and so does Susan Campbell with Science Safari. Come learn about a time when North Texas was at the bottom of a shallow sea. Extract your own 90-million-year-old local marine fossil and view it in a video microscope, so you can see yours at a magnificent magnification. Space is limited; Register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME
7/21	Hebron & Josey	8-12	Sa	2-3pm

CARROLLTON FIRE RESCUE PIPE AND DRUM CORP

This group is made up of active Carrollton firefighters. It began as a way to honor fellow firefighters, but continues an old tradition started more than 150 years ago by Irish firefighters. Enjoy traditional Celtic tunes, and if you've never heard bagpipes and drums together, be oaoaredprepare to rock!

DATE	LIBRARY	AGE	DAY	TIME
8/4	Josey Ranch Lake	5+	Sa	10am

Facilities

Senior

Library

Community

Education

The Arts

Fitness

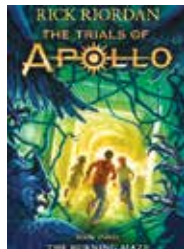
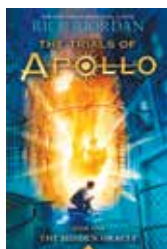
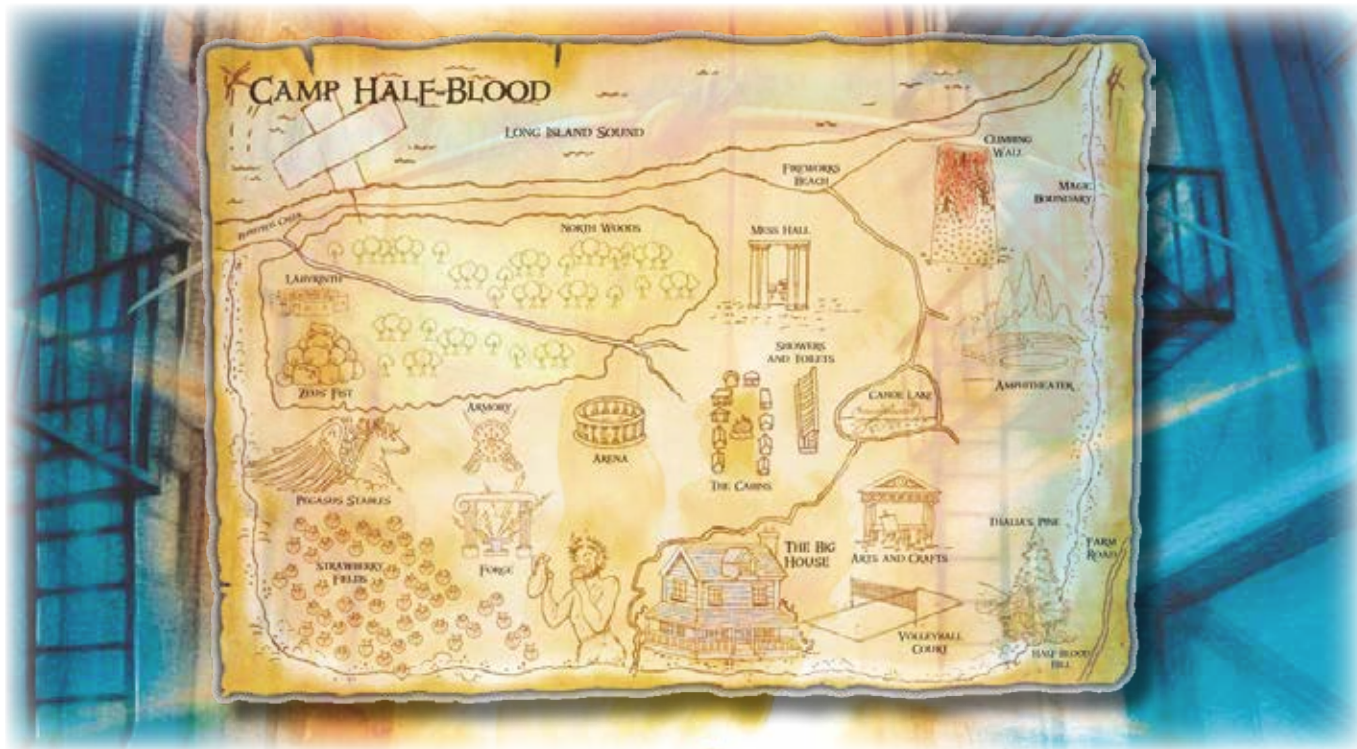
Aquatics

Athletics

Sports

Just for Tweens

Events for tweens ages 10-13; Because some events can feel too young or too old depending on interests. The Carrollton Public Library created some fun events specifically for our tween audience.



TWEEN SRP KICKOFF: THE TRIALS OF APOLLO

Kick off Tween Summer Reading at the Carrollton Public Library with the Trials of Apollo fantasy adventure and mythological fictional novels by Rick Riordan. Do you think you and your friends can pass the trials to earn your rightful place in Olympus by testing your Apollo skills? Space is limited; Register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance. Two sessions of the same event are available so only sign up for the one most convenient for you.

DATE	LIBRARY	AGE	DAY	TIME	SIGN UP
6/12	Hebron and Josey	10-13	Tu	2-3pm	5/29
6/12	Hebron and Josey	10-13	Tu	4-5pm	5/29

TWEEN CODING

Join us for self-led coding sessions and learn the basics of coding at the library. The Library is teaming up with Hour of Code to help introduce coding basics to tweens. Sessions at JRL and H&J are the same, just different dates and locations to make it more convenient for more people. Space is limited; Register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME	THEME	SIGN UP
6/11	Hebron & Josey	10-13	M	2-3pm	Fundamentals of Coding w/Minecraft	5/28
6/18	Hebron & Josey	10-13	M	2-3pm	Fundamentals of Coding w/Star Wars	6/4
6/25	Hebron & Josey	10-13	M	2-3pm	Fundamentals of JavaScript	6/11
7/2	Josey Ranch Lake	10-13	M	2-3pm	Fundamentals of Coding w/Minecraft	6/18
7/9	Josey Ranch Lake	10-13	M	2-3pm	Fundamentals of Coding w/Star Wars	6/25
7/16	Josey Ranch Lake	10-13	M	2-3pm	Fundamentals of JavaScript	7/11

TWEEN SUMMER READING PROGRAM

Get rewarded for reading! Log the time you spend reading and you can win prizes like signed books, gift cards, VR headsets, and more. Visit carrolltonlibrary.readsquared.com to sign up and get started. If you joined last year, use your same username/password. New reading lists, missions, badges and a school skirmish to see which school will come out on top as having the most literate students in the program.

DATE	LIBRARY	AGE
6/7-8/16	Both	10-13

TWEEN TUESDAYS

Rock this summer's Tuesdays at the Library with games, karaoke, and STEAM! These weekly activities have been designed with tweens in mind. For Tuesdays that require sign up, there are two different times: please sign up for only ONE; they will be the exact same! Space is limited; Register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance. Want more information? Check out our website (calendar), and the Library Facebook (facebook.com/carrolltonpubliclibrary).

DATE	LIBRARY	AGE	DAY	TIME	THEME	SIGN UP
6/19	Josey Ranch Lake	10-13	Tu	2-3pm	Tween STEAM	6/5
6/19	Josey Ranch Lake	10-13	Tu	4-5pm	Tween STEAM	6/5
6/26	Josey Ranch Lake	10-13	Tu	2-4pm	Movie Day: <i>Spiderman-Homecoming (PG-13)</i>	N/A
7/3	Josey Ranch Lake	10-13	Tu	2-4pm	Tween Karaoke	N/A
7/10	Josey Ranch Lake	10-13	Tu	2-3pm	Tween STEAM	6/26
7/10	Josey Ranch Lake	10-13	Tu	4-5pm	Tween STEAM	6/26
7/17	Josey Ranch Lake	10-13	Tu	4-6pm	Tween Games	N/A
7/24	Josey Ranch Lake	10-13	Tu	2-3pm	Tween Escape!	7/10
7/24	Josey Ranch Lake	10-13	Tu	4-5pm	Tween Escape!	7/10
7/31	Josey Ranch Lake	10-13	Tu	2-4pm	Movie Day: <i>Thor Ragnarok (PG-13)</i>	N/A
8/7	Josey Ranch Lake	10-13	Tu	2-3pm	Jedi Academy	7/24
8/7	Josey Ranch Lake	10-13	Tu	4-5pm	Jedi Academy	7/24
8/14	Josey Ranch Lake	10-13	Tu	2-3pm	Back to School	7/31
8/14	Josey Ranch Lake	10-13	Tu	4-5pm	Back to School	7/31

Just for Teens

TEEN SUMMER READING PROGRAM

Get rewarded for reading! Log the time you spend reading and you can win prizes like signed books, gift cards, VR headsets, and more! Visit carrolltonlibrary.readsquared.com to sign up and get started! If you joined last year, use your same username/password. New reading lists, missions, badges and a school skirmish to see which school will come out on top as having the most literate students in the program.

DATE	LIBRARY	AGE
6/7-8/16	Both	14-18

TEEN SRP KICKOFF: <PRESS START> ESCAPE ROOM

Millionaire Trevor Silver is looking to reward a lucky teen with a mysterious prize, but only if they can solve his book and pop culture-based puzzles. Pizza and drinks will also be provided. This event requires a signed permission form in order to participate. You can pick up your permission slip at either Library location or on our website. Register online starting 5/8 at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME	SIGN UP
6/8	Hebron & Josey	13-18	F	6:30-8:30pm	5/8

TEEN CODING

Join us for self-led coding sessions and learn the basics of coding at the Library. The Library is teaming up with Hour of Code to help introduce coding to teens. Sessions at JRL and H&J are the same, just different dates and locations to make it more convenient. Space is limited; Register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME	THEME	SIGN UP
6/11	Hebron & Josey	13-18	M	3:30-4:40pm	Fundamentals of Coding	5/28
6/18	Hebron & Josey	13-18	M	3:30-4:40pm	Introduction to JavaScript	6/4
6/25	Hebron & Josey	13-18	M	3:30-4:40pm	Introduction to Python	6/11
7/2	Josey Ranch Lake	13-18	M	3:30-4:40pm	Fundamentals of Coding	6/18
7/9	Josey Ranch Lake	13-18	M	3:30-4:40pm	Introduction to JavaScript	6/25
7/16	Josey Ranch Lake	13-18	M	3:30-4:40pm	Introduction to Python	7/2

TEENS TAKE OVER TUESDAYS

Hang out with friends, play video games, craft, and goof around at the Library at this after-hours program. This won't be the Library you're used to seeing. Pick up your permission slip at either Library location or on our website.

DATE	LIBRARY	AGE	DAY	TIME
6/19	Josey Ranch Lake	13-18	Tu	6:30-9:30pm
7/10	Josey Ranch Lake	13-18	Tu	6:30-9:30pm
7/31	Josey Ranch Lake	13-18	Tu	6:30-9:30pm
8/12	Josey Ranch Lake	13-18	Tu	6:30-9:30pm

TEEN ANIME CLUB

Meet with like-minded individuals once a month to talk, watch anime, and do an anime-related activity. Snacks provided.

DATE	LIBRARY	AGE	DAY	TIME
6/17	Hebron & Josey	13-18	Su	2:30-4:30pm
7/15	Hebron & Josey	13-18	Su	2:30-4:30pm
8/12	Hebron & Josey	13-18	Su	2:30-4:30pm

TEEN COOKIES & CRAFTING

Consume sugar and chill with friends while we tackle new crafts each month!

DATE	LIBRARY	AGE	DAY	TIME
6/27	Josey Ranch Lake	13-18	W	6:30-8pm
7/25	Josey Ranch Lake	13-18	W	6:30-8pm

[FACEBOOK.COM/CPLTEENLEAGUE](https://www.facebook.com/CPLTEENLEAGUE)
[INSTAGRAM.COM/CPLTEENLEAGUE](https://www.instagram.com/CPLTEENLEAGUE)
[CPLTEEN.WORDPRESS.COM](https://www.cplteen.wordpress.com)

Adult

Summer Reading Program

Sponsored by the Friends of the Carrollton Public Library

June 7 - August 16

Registration Starts May 1

Libraries Rock!

Read your way through ten levels to become a Rock Legend! Earn a free book and points for each level completed. Exchange those points for tickets to enter a drawing for five different prize packages. Earn more points by completing missions and reading from suggested book lists. Each week, participants with books logged that week are eligible for a prize drawing.

Register for our Summer Reading Program
at either Library location or at
cityofcarrollton.com/readsquared

**If you participated last year, you can log in with your old username.*



Adult Programs

THE ABCS OF GENEALOGY

Looking to find your lost relatives and ancestors? Join other fledgling genealogists in sessions led by Carrollton resident and local genealogist, J.T. McKinney. Courses do not require registration, although the first class each month at a specific library is an introduction to material, and the second class at the same Library location will be a practical application of that material. This summer series will focus on searching tools, including: websites, family trees, search engines, and, by popular demand, Find A Grave™.

DATE	LIBRARY	AGE	DAY	TIME
5/7	Hebron & Josey	Adults	M	7-9pm
5/15	Josey Ranch Lake	Adults	Tu	10am-12pm
5/21	Hebron & Josey	Adults	M	7-9pm
5/29	Josey Ranch Lake	Adults	Tu	10am-12pm
6/4	Hebron & Josey	Adults	M	7-9pm
6/12	Josey Ranch Lake	Adults	Tu	10am-12pm
6/18	Hebron & Josey	Adults	M	7-9pm
6/26	Josey Ranch Lake	Adults	Tu	10am-12pm
7/2	Hebron & Josey	Adults	M	7-9pm
7/10	Josey Ranch Lake	Adults	Tu	10am-12pm
7/16	Hebron & Josey	Adults	M	7-9pm
7/24	Josey Ranch Lake	Adults	Tu	10am-12pm
8/6	Hebron & Josey	Adults	M	7-9pm
8/14	Josey Ranch Lake	Adults	Tu	10am-12pm
8/20	Hebron & Josey	Adults	M	7-9pm
8/28	Josey Ranch Lake	Adults	Tu	10am-12pm

BOARD GAMES FOR ADULTS

Board games are so much more than the Chutes and Ladders or Monopoly of our childhood. Come to the Library and check out new and trendy games. Whether you're looking for a game to test your strategy or social deduction skills or if you're just looking for a social trivia game, we've got you covered. You are also free to bring your own games to share with others.

DATE	LIBRARY	AGE	DAY	TIME
5/5	Hebron & Josey	Adults	Sa	2-5:30pm
6/2	Hebron & Josey	Adults	Sa	2-5:30pm
7/7	Hebron & Josey	Adults	Sa	2-5:30pm
8/4	Hebron & Josey	Adults	Sa	2-5:30pm

QUARTERLY CRAFTIVITY

Join us for our Summer Craftivity Program where we will be crafting a variety of items made from the pages of old books. Register beginning Friday, 6/1 at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME
6/23	Hebron & Josey	Adults	Sa	10am-12pm

BOOKS & BITES

Interested in finding new books to love? Join us for this new book-focused program. Bring a bagged lunch or snack and prepare to find new books and genres to explore.

DATE	LIBRARY	AGE	DAY	TIME
6/11	Hebron & Josey	Adults	M	7-8pm
6/30	Josey Ranch Lake	Adults	Sa	1-2pm
7/9	Hebron & Josey	Adults	M	7-8pm
7/28	Josey Ranch Lake	Adults	Sa	1-2pm
8/13	Hebron & Josey	Adults	M	7-8pm
8/25	Josey Ranch Lake	Adults	Sa	1-2pm

Get Ahead

with Advanced Computer Classes
at Your Carrollton Public Library

"Tech Skills for the 21st Century"



COMPUTER CLASSES

Computer Classes continue throughout the summer with Microsoft Word Intermediate classes, Microsoft Excel Intermediate and Advanced classes, and an introduction to Social Media outlets LinkedIn, Twitter, Facebook, and Instagram in August. Registration for each class is required and begins two weeks before the program date. Space is limited; register online at carrolltonpl.libcal.com or call 972-466-4800 for assistance.

DATE	LIBRARY	AGE	DAY	TIME	Class
5/5	Hebron & Josey	Adults	Sa	10:30am-12pm	Microsoft Excel Intermediate Pt 1
5/12	Hebron & Josey	Adults	Sa	10:30am-12pm	Microsoft Excel Intermediate Pt 2
5/19	Josey Ranch Lake	Adults	Sa	10:30am-12pm	Microsoft Excel Intermediate Pt 1
5/26	Josey Ranch Lake	Adults	Sa	10:30am-12pm	Microsoft Excel Intermediate Pt 2
6/9	Hebron & Josey	Adults	Sa	10:30am-12pm	Microsoft Excel Advanced Pt 1
6/16	Hebron & Josey	Adults	Sa	10:30am-12pm	Microsoft Excel Advanced Pt 2
6/23	Josey Ranch Lake	Adults	Sa	10:30am-12pm	Microsoft Excel Advanced Pt 1
6/30	Josey Ranch Lake	Adults	Sa	10:30am-12pm	Microsoft Excel Advanced Pt 2
7/7	Hebron & Josey	Adults	Sa	10:30am-12pm	Microsoft Word Intermediate Pt 1
7/14	Hebron & Josey	Adults	Sa	10:30am-12pm	Microsoft Word Intermediate Pt 2
7/21	Josey Ranch Lake	Adults	Sa	10:30am-12pm	Microsoft Word Intermediate Pt 1
7/28	Josey Ranch Lake	Adults	Sa	10:30am-12pm	Microsoft Word Intermediate Pt 2
8/4	Hebron & Josey	Adults	Sa	10:30am-12pm	Facebook & Twitter
8/11	Hebron & Josey	Adults	Sa	10:30am-12pm	Instagram & LinkedIn
8/18	Josey Ranch Lake	Adults	Sa	10:30am-12pm	Facebook & Twitter
8/25	Josey Ranch Lake	Adults	Sa	10:30am-12pm	LinkedIn & Instagram

RETIREMENT: MAKING YOUR MONEY LAST

A presentation by a certified counsellor (CRPC) with Edward Jones Investments will discuss developing a strategy for your investments and how to handle unexpected expenses. All adults are welcome to attend, especially those considering future retirement or those already retired.

DATE	LIBRARY	AGE	DAY	TIME
7/12	Hebron & Josey	Adults	Th	6:30-7:30pm
7/17	Josey Ranch Lake	Adults	Tu	1-2pm

NEW! >> BOOK A LIBRARIAN!

Need some research assistance? Schedule a 30-minute session with a professional librarian. Get search tips and resource guidance from an expert. Beginning in May, book an appointment at carrolltonpl.libcal.com/bookalibrarian or call 972-466-4800 for assistance.

Employment - Trabajo

JOB SEARCH JUMPSTART SERIES

Discover how to be the best you can be as you prepare to pursue a new job.

RESUME WRITING

Creating a new resume or updating one? Before you press SEND, learn the latest top tips and resources for creating a winning resume. Discover pointers, wording, formatting, and how to apply them to your work history to effectively market yourself.

DATE	LIBRARY	AGE	DAY	TIME
8/8	Josey Ranch Lake	Adults	W	7-8pm

PRESENTING YOUR BEST IMAGE - FOR THE INTERVIEW AND BEYOND

Learn how to prepare for that big day. First impressions are always important, especially during a job interview. Starting with planning your skincare and clothing, introducing yourself, having a confident handshake, and more—discover how to look and be your best.

DATE	LIBRARY	AGE	DAY	TIME
8/15	Josey Ranch Lake	Adults	W	7-8pm

INTERVIEW SUCCESS

Learn tips to stay calm and cool while presenting your best self. Gain strategies to prepare for the interview, including questions that may be asked of you and how to follow-up.

DATE	LIBRARY	AGE	DAY	TIME
8/22	Josey Ranch Lake	Adults	W	7-8pm

PREPARACIÓN PARA BÚSQUEDA DE EMPLEO

Descubra cómo ser lo mejor que pueda ser mientras se prepara para buscar un trabajo nuevo.

ESCRIBIENDO UN CURRÍCULUM

¿Está creando un currículum nuevo o actualizando uno? Antes de oprimir envía, obtenga los mejores consejos y fuentes de información para crear un currículum exitoso. Descubra sugerencias, redacción, formato y cómo aplicarlos a su historial laboral para promocionarse de manera efectiva.

FECHA	BIBLIOTECA	EDAD	DIA	TIEMPO
8/6	Josey Ranch Lake	Adults	M	7-8pm

PRESENTANDO SU MAJOR IMAGEN - PARA LA ENTREVISTA Y MÁS ALLÁ!

¡Aprenda cómo prepararse para ese gran día! Las primeras impresiones siempre son importantes, especialmente durante una entrevista de trabajo. Comience con planear el su cuidado de la piel y su vestimenta, como presentarse y tener un apretón de manos seguro y más, ¡descubra cómo ser y verse lo mejor posible.

FECHA	BIBLIOTECA	EDAD	DIA	TIEMPO
8/13	Josey Ranch Lake	Adults	M	7-8pm

ÉXITO EN LA ENTREVISTA

Aprenda consejos para mantenerse calmado mientras demuestra lo mejor de usted mismo. Obtenga estrategias para prepararse para la entrevista, incluyendo las preguntas que le pueden hacer y cómo responderlas.

FECHA	BIBLIOTECA	EDAD	DIA	TIEMPO
8/20	Josey Ranch Lake	Adults	M	7-8pm

Special Events

Cinco de Mayo Celebration

Friday, May 4 • 5pm • Free

Josey Ranch Lake Library

The students from Creekview High School's Ballet Folklorico class will perform dances from states all over Mexico. Enjoy the colorful costumes and traditional dancing by local high school students.

Metrocrest Community Job Fair

Monday, May 7 • 12-4pm • Free

Josey Ranch Lake Library

Join us for a job fair tailored to our community. Metrocrest Services and the Library have partnered to bring together employer and employee. All job seekers are welcome, but pre-registration is requested. Register online beginning 4/7 at carrolltonpl.libcal.com or call 972-466-4800 for assistance.



Have you met the newest member of the Library Team? Come visit Josey Ranch Lake to be introduced and snap a photo. Want your name on one of the book spines? Sure! Check out the Friends of the Carrollton Public Library online at friendscarrolltonlibrary.org to find out how!

Community Events



Summer on the Square Free Events

Downtown Carrollton
1106 S. Broadway Street

Concerts on the Square

Saturday, June 23 • 7-9pm
Saturday, July 21 • 7-9pm
Saturday, August 25 • 7-9pm

Enjoy a night filled with great tunes. Everyone is invited to attend these free events. Be sure to bring blankets and lawn chairs.

Movies on the Square

Saturday, May 26
Despicable Me 3 (PG)

Saturday, June 9
Justice League (PG-13)

Saturday, July 7
Wonder (PG)

Saturday, August 11
Coco (PG)

Movies begins at sunset.

Lava Luau

Saturday, June 16 • 4-10pm • Free
For details, see page 23.

For more information or to see all Downtown events, visit cityofcarrollton.com/downtown.

“May the 4th Be With You” Star Wars Event

Friday, May 4 • 6-9pm

Downtown Carrollton, 1106 S. Broadway Street

In a galaxy not so far away, Downtown Carrollton presents a *Star Wars* Day with a FREE themed event on the Square. Come in costume to enjoy *Star Wars*-themed booths, activities, photo opportunities, and stay for a showing of *Star Wars: The Last Jedi*. May the 4th be with you.



Cinco de Mayo Celebration

Friday, May 4 • 5pm

Josey Ranch Lake Library, 1700 Keller Springs Rd

The students from Creekview High School's Ballet Folklorico class will perform dances from states all over Mexico. Enjoy the colorful costumes and traditional dancing by local high school students.





Metrocrest Community Job Fair

Monday, May 7 • 12-4pm

Josey Ranch Lake Library, 1700 Keller Springs Road

Join us for a job fair tailored to our community. Metrocrest Services and the Library have partnered to bring together employer and employee. All job seekers are welcome, at this free event, but pre-registration is requested. Register online beginning 4/7 @ carrolltonpl.libcal.com or call 972-466-4800 for assistance.

Mother's Day Concert and Picnic

With Music from the New Horizons Dixie Swing Band

Saturday, May 12 • 5-7pm

A.W. Perry Homestead Museum, 1509 N. Perry Road

Celebrate Mother's Day with family and friends on the Museum grounds and beautiful Pearl Perry Gravley Park while listening to the New Horizons Dixie Swing Band play from the front porch of the historic home. They will have your toes tapping and the kids dancing. Bring a picnic basket, blankets, and lawn chairs. Free ice cream and lemonade will be served. Children can make a card and an old-fashioned handmade gift for mom. Create a theme for your picnic and enter the annual Mother's Day Picnic contest. Registration for the contest begins at 4pm and judging takes place at 4:45pm with winners announced at the beginning of the concert.

Fly Fishing

Saturday, May 19 • 9am-2pm

Rosemeade Recreation Center, 1330 E. Rosemeade Parkway

Learn to cast, tie basic fishing knots, tie flies, and discuss their uses, review equipment, learn about aquatic ecosystems, safety, fishing, ethics, and regulations. This introduction to fly fishing is a free class offered by Dallas Fly Fishers (DFF), including all equipment and materials. DFF has been an active club for over 30 years. Instructors are certified by Texas Parks and Wildlife Department (TPWD) and Federation of Fly Fishers. Participants receive a TPWD Basic Fly Fishing Certificate. **Bring a hat, glasses, and lunch to eat on site.** Visit www.dallasflyfishers.org or call Richard Johnson at 469-877-0695 with questions. Sign up with class #127000-51, for ages 10+

Public Works Rodeo

Thursday, May 24 • 9am-2pm

Josey Ranch Lake Library, 1700 Keller Springs Road

Mark your calendars for the City's annual Public Works Open House & Equipment Rodeo. Join us as we celebrate the men and women who provide daily service to our City and the public. The event will feature equipment demonstrations and displays, as well as informational booths highlighting water conservation, stormwater protection, and other programs that show how Public Works contributes to Carrollton's safety and quality of life. Families are encouraged to attend, and children with appropriate adult supervision will be allowed to examine the various equipment used. For more information, call 972-466-4291.

Carrollton Public Works is a proud participant in National Public Works Week, May 21-27, 2017, which highlights the importance of Public Works in community life.





Youth Fishing Event

Saturday, May 26 • 9am-noon

Josey Ranch Park Pond, 1440 Keller Springs Road

Carrollton's Parks and Recreation and the Texas Junior Anglers (TJA) program will host a free youth fishing event for children 16 and under. Registration will take place the morning of the event; there is no pre-registration. The Josey Ranch Park pond will be generously stocked with adult catfish. Prizes and trophies will be awarded to winners in three age categories.

The pond will be opened to licensed adults at the conclusion of the event. It is recommended that children bring their own equipment; however, TJA will provide loaner rods, reels, bait, and tackle to those who need them.

Texas Junior Anglers is a non-profit outreach program designed to educate young Texans regarding aquatic stewardship and vital conservation of natural resources.



Elm Fork Nature Preserve

Saturday, June 2 • 9am-12pm

Elm Fork Nature Preserve, 2335 Sandy Lake Rd.

Explore and learn about our Texas ecosystem at the 40-acre Elm Fork Nature Preserve (EFNP), located within McInnish Park. Discover how animals, water, and even humans impact our ecosystem. The day will begin with a guided hike and trail cleanup and end at our Nature Center where kids and families can enjoy crafts, snacks, and entertainment. The Elm Fork Preserve Trail is a loop, eight-tenths of a mile long, good for all skill levels. Be sure to dress for the occasion and come help us keep our Carrollton Parks beautiful! Closed-toed shoes and long pants are required. Children under the age of 16 must be accompanied by an adult. For more information call 972-466-3080 or visit the website.



Summer Lunch Program

Monday, June 4 to Friday, August 17

Crosby Recreation Center

1610 E. Crosby Road

Lunch: Noon-1pm

Rosemeade Recreation Center

1330 E. Rosemeade Parkway

Lunch: 1-2pm

School's out for the summer and that means hundreds of local children will be looking for places they can meet their friends, have fun, and eat healthy meals. Carrollton's Summer Food Service Program is ready to meet the demand. The City of Carrollton Parks and Recreation Department has partnered with the Gloria Hicks Movement Inc., a local non-profit that will be coordinating food service. This non-profit has been certified by the Texas Department of Agriculture to serve meals for the summer food program. Food will be served Monday-Friday at the sites and times listed above.

The program is offered statewide by local sponsors who operate sites where children up to 18 years old can get meals at no charge. The service is open to all children, regardless of income. People who are over age 18 and enrolled in school programs for people with disabilities can also receive meals at no charge. For the most up-to-date information on summer food meal sites and hours of operation, call 2-1-1 or visit summerfood.org.

For more information about Carrollton's program, call 972-466-3080.



Planting with a Master Gardener and Movie on the Lawn

Friday, June 8 • Dusk

A.W. Perry Homestead Museum and Pearl Perry Gravley Park, 1509 N. Perry Road

What can you plant and eat during these hot summer months? Come visit the A.W. Perry Museum and plant some summer foods with a Master Gardener. Learn whats, hows, and chat about what is edible and what is not. Following the planting demonstration, everyone is invited to come and enjoy a screening of *The Little Shop of Horrors* (1960) in the Pearl Perry Gravley Park. Bring a blanket and a chair to relax on as we transition from learning about what plants we can grow and eat to watching a plant grow and eat people! This is sure to be an evening of fun.



The Lava Luau

Saturday, June 16 • 3-9pm

Downtown Carrollton, 1106 S. Broadway Street

Hula your way to Downtown Carrollton for a FREE Tiki-fest! This family-fun event will host live music, vendors, contest, and photo opportunities-all tied into a fun "summer tiki" theme. For information, visit cityofcarrollton.com/thelavaluau. Hosted by [Aloha Amigo Productions.com/downtown](http://AlohaAmigoProductions.com/downtown).



July 4 Community Fireworks Display

Fireworks to be Shot Over Josey Ranch Lake

Tuesday, July 4 • 9:30pm

The City of Carrollton will host a 15-minute community fireworks display. The display is scheduled to start after sunset at approximately 9:30pm. Attendees are encouraged to view the display from their neighborhood or from one of the few parking areas available. There will be no on-site event. For more information, visit cityofcarrollton.com or call 972-466-3593.



Swim-in Cinema

Friday, July 13 • 7-10:30pm *Moana* (PG)

Friday, August 10 • 7-10:30pm *Wreck-It Ralph* (PG)

Rosemeade Rainforest Aquatic Complex
1334 E. Rosemeade Parkway

Bring your friends, family, and floats to the Rosemeade Rainforest Aquatic Complex and join us for our annual poolside movie. This year there are two dates featuring two different movies. Open swim will be offered from 7pm until dusk. The featured film will begin shortly after sunset. Driver's license must be presented for resident rates. Children 3 and under get in free. For more information, visit cityofcarrollton.com/aquatics or call 972-466-3083.

Children 4-6 years	\$3
Carrollton Residents	\$5
Non-Residents	\$7
Season Pass Holder	\$2 discount

Certifications

The American Heart Association (AHA) strongly promotes knowledge and proficiency in all courses and has developed instructional materials for this purpose. A Carrollton Fire Rescue course completion card, valid for two years, is given upon completion. An AHA course completion card can be purchased for an additional \$20. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA. These courses do not certify healthcare providers. The Heartsaver First Aid, CPR, AED Student Workbook is available for purchase and will be sold for \$5 (cash only) at the beginning of class. Instructor: Carrollton Fire Rescue



ADULT, CHILD, & INFANT CPR/AED

Learn techniques of cardiopulmonary resuscitation (CPR) for adults and children, pediatrics, obstructed airway management, and how to use public access automated external defibrillators (AEDs). Instructor: Carrollton Fire Rescue

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171050-37	CRC	10+	5/12	Sa	9:15am-12pm	1	\$25/\$25
171050-38	CRC	10+	6/9	Sa	9:15am-12pm	1	\$25/\$25
171050-42	CRC	10+	7/14	Sa	9:15am-12pm	1	\$25/\$25
171050-43	CRC	10+	8/11	Sa	9:15am-12pm	1	\$25/\$25

ADULT, CHILD, & INFANT CPR/AED, & FIRST AID

This class includes all components of the CPR/AED course with the addition of basic first aid skills. Learn to identify the signs and symptoms of a heart attack and what to do in cases of breathing difficulty, cuts, broken bones, diabetic problems, seizures, and other medical emergencies. Instructor: Carrollton Fire Rescue

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171051-35	CRC	10+	5/5	Sa	9:15am-3pm	1	\$40/\$40
171051-40	CRC	10+	6/2	Sa	9:15am-3pm	1	\$40/\$40
171051-50	CRC	10+	7/7	Sa	9:15am-3pm	1	\$40/\$40
171051-60	CRC	10+	8/4	Sa	9:15am-3pm	1	\$40/\$40

Camps

LEGO®

NEW!>> STEM + JEDI W/LEGO FULL DAY

Prepare for a full-day LEGO® camp packed with hands-on and minds-on STEM fun! Build projects inspired by cool machines close to home such as cities, garbage trucks, and catamarans. Then build X-Wings, energy catapults, and defense turrets from a galaxy far, far away. Learn about both kinds of The Force in this new full-day themed engineering camp for LEGO® fanatics. Instructor: Play-Well TEKologies

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170036-30	RRC	6-12	7/9-7/13	M-F	9am-4pm	5	\$270/\$297

MINECRAFT MASTER ENGINEERING W/LEGO

Bring Minecraft to life using LEGO® parts! Build a motorized walking creeper, a terrifying ghost, and a motorized minecart. This project-based camp, designed by Play-Well instructors, combines the basic format of our core engineering-themed programs based on the world of Minecraft. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or the LEGO® building system. Instructor: Play-Well TEKologies

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170036-31	RRC	6-12	7/23-7/27	M-F	9am-12pm	5	\$130/\$143

BATMAN MECHANICS

Defeat Gotham's villains by designing and building Batman's most advanced crime-fighting machines! Infiltrate Arkham Asylum, build a bat cycle, and fly your batcopter. Then use your projects to thwart the Joker's plans to take over the city. Be the super-hero or super-heroine Gotham needs while engineering solutions through the use of STEM concepts. Instructor: Play-Well TEKologies

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171038-30	CRC	6-12	6/4-6/8	M-F	9am-12pm	5	\$130/\$143

Brainopolis

NEW!>> SHARKOLOGY

Immerse into a hands-on anatomy experience as you dress up as a surgeon, learn anatomy, and perform a guided shark dissection. We will provide students with the safety equipment to use in class. Students will also create a shark project to take home. Instructor: Brainopolis

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170710-30	RRC	6-11	6/30	Sa	10am-12pm	1	\$25/\$27.50

NEW!>> CASINO MACHINES

Tired of using electronics all day? Join our crew of inventors to learn basics of statistics and probability. Then use gears, bearings, tools, and your artistic abilities to make a take home casino roulette. In the last 10 minutes, students will showcase their creations and invite parents to participate in the Brainopolis casino. All materials included. This activity is about learning and creating, not gambling. Instructor: Brainopolis

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170710-31	RRC	6-11	6/23	Sa	10am-12pm	1	\$25/\$27.50

NEW!>> SPONGEBOB CODING

Help Sponge Bob explore Bikini Bottom, make a Krabby Patty game, stop Plankton from stealing the secret formula. Join a group of junior programmers to learn variables, coordinates, angles, and speed control commands while creating your own computer games. A laptop will be available for students to work on in class. **Bring a mouse and flash drive.** Instructor: Brainopolis

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170710-32	RRC	6-11	6/11-6/15	M-F	1-4pm	5	\$135/\$148.50
171710-32	CRC	6-11	6/25-6/29	M-F	9am-12pm	5	\$135/\$148.50

Show your card!

Memberships (or day pass) required for Rosemeade, Crosby, and Senior Center.

NEW!>> ARTIFICIAL INTELLIGENCE

Create a heart pacemaker model, code a heart monitor simulator, program a digital car that memorizes where obstacles are and a digital robot that asks people questions and learns from the answers to communicate. We will learn about Watson and other AI tools and their connection with robotics. Brainopolis will enable a laptop per student. **Bring your own mouse and flash drive.** Instructor: Brainopolis

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170710-33	RRC	6-11	6/18-6/22	M-F	1-4pm	5	\$135/\$148.50
170710-42	RRC	6-11	7/16-7/20	M-F	1-4pm	5	\$135/\$148.50

NEW!>> CHESS ACADEMY CAMP

The positive effects of chess have been well documented. It has been proven to help with critical thinking, decision making, test scores, and social skills. Chess teaches many far-reaching life lessons. A special emphasis will be put on the four core values of respect, enthusiasm, confidence, and determination. Topics will include an introduction to the game, rules, basic strategies, and solving puzzles. Instructor: North Texas Chess Academy

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLS	\$(RES/NR)
170132-42	RRC	5-15	6/26-6/30	M-F	9am-12pm	5	\$150/\$165

NEW!>> MINECRAFT PROGRAMMING AND PLAY

Save Steve from the Ender Dragon and creepers. Join our group of coders to program and play Minecraft. In this camp students will use a programming tool to create their own Minecraft computer mini-games. Learn conditionals, operators, repetitions, motion commands and subroutines. The main focus will be on teaching students how to think logically to be able to code. Brainopolis will enable a laptop per student. **Bring your own mouse and flash drive.** Instructor: Brainopolis

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170710-34	RRC	6-11	6/25-6/29	M-F	1-4pm	5	\$135/\$148.50
171710-41	CRC	6-11	7/23-7/27	M-F	9am-12pm	5	\$135/\$148.50

NEW!>> DJ ACADEMY

If you like music and technology, this is the camp for you. Learn about beats, phrases, music genres, and scratch techniques as you mix and create digital music. Brainopolis will enable a laptop and DJ controllers to work in pairs. **Bring your own mouse and headphones.** The last 30 minutes on Friday will be used to showcase students' DJ skills to impress your family and/or friends. **No class 7/4.** Instructor: Brainopolis

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170710-40	RRC	7-12	7/2-7/6	M/Tu/Th/F	1-4pm	4	\$108/\$119

NEW!>> POKÉMON PROGRAMMING

Help Pikachu against Charizard, Bulbasaur to find a ride to a pokéstop, and teach Squirtle to play with pokéballs. In this Pokémon mission students will learn coding commands to create your own computer games. Students will use costume commands, blocks, and user interaction routines. Why play the games that everyone has when you can make your own? Brainopolis will enable a laptop per student. **Bring your own mouse and flash drive.** Instructor: Brainopolis

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170710-41	RRC	6-11	7/16-7/20	M-F	9am-12pm	5	\$135/\$148.50
171710-30	CRC	6-11	6/11-6/15	M-F	9am-12pm	5	\$135/\$148.50

NEW!>> CHESS ACADEMY CAMP

The positive effects of chess have been well documented. It has been proven to help with critical thinking, decision making, test scores, and social skills. Chess teaches many far-reaching life lessons. A special emphasis will be put on the four core values of respect, enthusiasm, confidence, and determination. Topics will include an introduction to the game, rules, basic strategies, and solving puzzles. Instructor: North Texas Chess Academy

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLS	\$(RES/NR)
170132-42	RRC	5-15	6/25-6/29	M-F	9am-12pm	5	\$150/\$165

NEW!>> MESSY EXPLOSIONS

This is a strategy against creepers and zombies. Create models of defense artifacts, combine ingredients to simulate explosions and chemical reactions that produce gases and foam. Use electric explosive simulators to attack the enemy. Students will learn about exothermic reactions, structures, stability, balance, and simple machines. Only you can help us in this explosive quest against creepers. Instructor: Brainopolis

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170710-42	RRC	6-11	7/23-7/27	M-F	1-4pm	5	\$135/\$148.50
171710-31	CRC	6-11	6/18-6/22	M-F	9am-12pm	5	\$135/\$148.50

NEW!>> ELECTRI-CITY

Use motors, cables, light bulbs, and tools to create a future city. Create a model of a self-driven motorized car, a school with a working electric fan, and other buildings with electric systems. Students will learn about electric circuits, atom components, alternative energy, and the basics of electricity and magnetism. **All materials included. No class 7/4.** Instructor: Brainopolis

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171710-40	CRC	6-11	7/2-7/6	M/Tu/Th/F	9am-12pm	4	\$108/\$119

Chefsville

NEW!>> RECIPE TESTING LAB

To go beyond a recipe is everyone's dream. While recipes offer us the basic enjoyment, everyone wants to personalize them. This program will teach participants how to put ideas to work and test their own recipes. We will test and eat everything! **Parents must sign an allergen waiver before class. No open-toed shoes or dangling jewelry allowed. Long hair must be put in ponytail or braids. \$25 supply fee included.** Instructor: Chefsville

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171014-30	RRC	7+	6/11-6/15	M-F	9am-12pm	5	\$167.50/\$184.25

TWEEN CAMP

Tweens love the kitchen. This program will build confidence, character, organization, and planning skills as students explore the world of cooking. Program covers many areas of basic cooking, nutrition, and making healthy choices with breakfast, lunch, and dinner foods. **Parents must sign an allergen waiver before class. No open-toed shoes or dangling jewelry allowed. Long hair must be put in ponytail or braids. \$25 supply fee included.** Instructor: Chefsville

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171014-31	RRC	10+	7/16-7/20	M-F	1-4pm	5	\$167.50/\$184.25

JR MASTER CHEF TV GAME SHOW

Are you a fan of "Chopped?" "Master Chef Junior?" "Kids Baking Championship?" "Rachel Ray's Kids Cook-Off?" Try your hand at Chefsville cooking challenges. Kids will have a blast learning skills that they can use for a lifetime. We eat what we make and bring the cooking excitement and mystery themes. Parents must sign allergen waiver before class. **No open-toed shoes or dangling jewelry allowed. Long hair must be put in ponytail or braids. \$25 supply fee included.** Instructor: Chefsville

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171014-32	RRC	8+	7/30-8/3	M-F	1-4pm	5	\$167.50/\$184.25

NEW!>> KIDS COOK THE WORLD CAMP

With so many incredible ingredients, equipment, and cultures, nobody gets bored when it comes to cooking. How about a trip to France, Italy, Spain, Asia, and Mexico? Come and join us in our cooking adventures. Parents must sign an allergen waiver before class. **No open-toed shoes or dangling jewelry allowed. Long hair must be put in a ponytail or braids. \$25 supply fee included.** Instructor: Chefsville

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171104-30	CRC	7-30	6/18-6/22	M-F	1:15-4:15pm	5	\$167.50/\$184.25



Nature

OUTDOOR DISCOVERY PROGRAM

Discover the outdoors at Elm Fork Nature Preserve! Start inside the Ranger Station with a craft and lesson for kids and coffee for adults. Then explore Elm Fork Nature Preserve with a guided tour. Themes and lessons will vary each season. This season's theme will be invasive wildlife. Learn about the non-native animals, fauna, and more. Cost: 5\$ per family, up to 4 children. **Closed-toe shoes and long pants required. Children under the age of 16 must be accompanied by an adult. Registration for these events is required for all participants no later than 48 hours in advance.** Instructor: Staff

CLASS #	LOC	AGE	DATE	DAY	TIME	#CLSS	\$(RES/NR)
174034-03	EFNC	All	5/26	Sa	10-11am	1	\$5/\$5.50

STORY TIME SATURDAY

Discover the outdoors at the Elm Fork Nature Preserve Excursion. Explore the world of nature inside the EFNP Ranger Station with a story time and coloring for kids, and coffee for adults. Themes and stories will vary each season. This season's theme will be Mischevious Mammals. **Closed-toe shoes and long pants required. Children under the age of 16 must be accompanied by an adult. Registration for these free events is required for all participants no later than 48 hours in advance.** Instructor: Staff.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
174035-02	EFNC	All	4/7	Sa	10-11am	1	FREE

Preschool

ACADEMIC ALL-STARS (FULL DAY)

The Academic All-Stars class is the perfect introduction for your preschooler. Students learn letters, numbers, handwriting, colors, shapes, math, and science, with stories, music, play time, and gym time. **Bring a sack lunch and a drink to each class. No class 7/4.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171251-34	CRC	3-6	4/30-5/23	M/W	9:15am-2:15pm	8	\$199/\$219
171251-35	CRC	3-6	6/4-6/27	M/W	9:15am-2:15pm	8	\$199/\$219
171251-36	CRC	3-6	7/9-7/25	M/W	9:15am-2:15pm	6	\$150/\$165
171251-37	CRC	3-6	8/6-8/29	M/W	9:15am-2:15pm	8	\$199/\$219

ACADEMIC ALL-STARS (HALF DAY)

Not ready for the all-day class? Try our half day option which follows the same Academic All-Stars curriculum. **Bring a snack and a drink to each class.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171300-33	CRC	3-6	4/30-5/23	M/W	9:15am-12:15pm	8	\$127/\$139.75
171300-34	CRC	3-6	6/4-6/27	M/W	9:15am-12:15pm	8	\$127/\$139.75
171300-35	CRC	3-6	7/9-7/25	M/W	9:15am-12:15pm	6	\$95.25/\$104.75
171300-36	CRC	3-6	8/6-8/29	M/W	9:15am-12:15pm	8	\$127/\$139.75
171300-44	CRC	3-6	5/1-5/24	Tu/Th	9:15am-12:15pm	8	\$127/\$139.75
171300-45	CRC	3-6	6/5-6/28	Tu/Th	9:15am-12:15pm	8	\$127/\$139.75
171300-46	CRC	3-6	7/10-7/26	Tu/Th	9:15am-12:15pm	6	\$95.25/\$104.75
171300-47	CRC	3-6	8/7-8/30	Tu/Th	9:15am-12:15pm	8	\$127/\$139.75

PRESCHOOL SCIENCE

This class is perfect for your budding scientist. Each class offers hands on experiments, a related craft or activity, and a story intended to further understanding and promote curiosity.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171240-33	CRC	3-6	5/1-5/22	Tu	1-2:15pm	4	\$40/\$44
171240-34	CRC	3-6	6/5-6/26	Tu	1-2:15pm	4	\$40/\$44
171240-35	CRC	3-6	7/10-7/24	Tu	1-2:15pm	3	\$30/\$33
171240-36	CRC	3-6	8/7-8/28	Tu	1-2:15pm	4	\$40/\$44

ROSEMEADE PRESCHOOL PALS (FULL DAY)

In hands-on, play-based preschool program for students 3-6 years old and potty-trained. Students will learn literacy skills, letter/sound awareness, math and science concepts, introductory Spanish, and practical life skills through customized age-appropriate activities. **Bring snack and lunch. No class 7/4.** Instructor: Dhamani

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170241-30	RRC	3-6	5/2-5/30	M/W	9:30am-2pm	9	\$240.25/\$264.25
170241-31	RRC	3-6	6/4-6/27	M/W	9:30am-2pm	8	\$215.25/\$236.75
170241-32	RRC	3-6	7/2-7/30	M/W	9:30am-2pm	8	\$215.25/\$236.75
170241-33	RRC	3-6	8/1-8/29	M/W	9:30am-2pm	9	\$240.25/\$264.25
170241-34	RRC	3-6	5/1-5/31	Tu/Th	9:30am-2pm	9	\$240.25/\$264.25
170241-35	RRC	3-6	6/5-6/28	Tu/Th	9:30am-2pm	8	\$215.25/\$236.75
170241-36	RRC	3-6	7/3-7/31	Tu/Th	9:30am-2pm	9	\$240.25/\$264.25
170241-37	RRC	3-6	8/2-8/30	Tu/Th	9:30am-2pm	9	\$240.25/\$264.25

ROSEMEADE PRESCHOOL PALS (HALF DAY)

Is your child not yet ready for a full day? Potty-trained students 3-6 years old can come in for a half day with the Preschool Pals program. In this safe and nurturing environment, students will work on similar objectives as the full-day program. **Bring a snack. No class 7/4.** Instructor: Barrister

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
170242-30	RRC	3-6	5/2-5/30	M/W	9:30am-12:30pm	9	\$150.25/\$165.25
170242-31	RRC	3-6	6/4-6/27	M/W	9:30am-12:30pm	8	\$135.25/\$148.75
170242-32	RRC	3-6	7/2-7/30	M/W	9:30am-12:30pm	8	\$135.25/\$148.75
170242-33	RRC	3-6	8/1-8/29	M/W	9:30am-12:30pm	9	\$150.25/\$165.25
170242-34	RRC	3-6	5/1-5/31	Tu/Th	9:30am-12:30pm	9	\$150.25/\$165.25
170242-35	RRC	3-6	6/5-6/28	Tu/Th	9:30am-12:30pm	8	\$135.25/\$148.75
170242-36	RRC	3-6	7/3-7/31	Tu/Th	9:30am-12:30pm	9	\$150.25/\$165.25
170242-37	RRC	3-6	8/2-8/30	Tu/Th	9:30am-12:30pm	9	\$150.25/\$165.25
170242-38	RRC	3-6	5/4-5/25	F	9:30am-12:30pm	4	\$75.25/\$82.75
170242-39	RRC	3-6	6/1-6/29	F	9:30am-12:30pm	5	\$90.25/\$99.25
170242-40	RRC	3-6	7/6-7/27	F	9:30am-12:30pm	4	\$75.25/\$82.75
170242-41	RRC	3-6	8/3-8/31	F	9:30am-12:30pm	5	\$90.25/\$99.25

For your convenience,
recreation centers accept Visa
and MasterCard for all Parks
and Recreation fees.



GIRL SCOUTS:

Earn patches and badges at the A.W. Perry Homestead Museum (PHM) and Elm Fork Nature Preserve (EFNP). Reserve a program date for your troop by calling 972-466-9811. All program fees must be received in order to secure your date. One adult must be present for every five scouts. Patches and badges are provided at the end of the program.

BADGES FOR DAISIES

NEW!>> Outdoor Art Maker - \$7 per scout

From a blue sky to a bird's song, nature can give you a lot of ideas for art. Get ready to explore the outdoors at the EFNP and use what you see and hear to make different kinds of art.

Rosie: Make the World a Better Place - \$7 per scout

Learn about the environment through the discussion of plants, healthy living, and a gardening activity at the PHM garden. Enjoy a snack party afterward.

BADGES FOR BROWNIES

It's Your Planet Badge: Craft - Potter - \$12 per scout

Create your own pottery pieces as you learn hand-building techniques, examine artifacts, and discover the significance of the Museum's archeological site.

NEW!>> Outdoor Art Creator - \$12 per scout

As an artist, you can walk outside and see colors, shapes, and ideas for things you want to create. Find out how you can make your own art outdoors at the EFNP, and have fun doing it.

BADGES FOR JUNIORS

It's Your Story Badge: Manners - Social Butterfly - \$12 per scout

Learn how to make friends, be a proper Victorian lady, and enjoy a tea party on the porch at the PHM.

NEW!>> Outdoor Art Explorer - \$12 per scout

From murals on buildings to oil paintings of landscapes, art and the outdoors go hand in hand. Let nature be your inspiration as you explore the EFNP, create, and design different kinds of art.

NEW!>> Gardener- \$12 per scout

For this badge, dig your hands into the earth at the PHM garden and spend time with soil, water, and sunlight to find out how to help life grow from a tiny seed. Learn to make your own garden—no matter where you live.

BADGES FOR CADETTES

NEW!>> Outdoor Art Apprentice - \$12 per scout

Observe and collect items outdoors at the EFNP that will drive your art and creativity—from colors and patterns to landscapes and wildlife.

More fun for your little one:

Library story times on page 13; pre-school classes on page 26; arts and dance on page 28-30; swim lessons start on page 37; the Sports classes are on page 43; and gymnastics are on page 46.

BOY SCOUTS:

Schedule a tour of the A.W. Perry Homestead Museum (PHM) or Elm Fork Nature Preserve (EFNP) for your Boy Scout or Cub Scout group to fulfill requirements toward earning badges. Call 972-466-9811 for details.

CUB SCOUTS

NEW!>> Tiger Adventures: Tigers in the Wild – Free by appointment

Take a nature hike at the EFNP and identify native plants and animals, and practice the Outdoor Code!

NEW!>> Wolf Adventures: Paws on the Path – Free by appointment

Take a 1-mile nature hike at the EFNP and identify native plants and animals, and practice the Outdoor Code!

NEW!>> Wolf Elective Adventures: Collections & Hobbies - \$7 per scout

Visit the PHM to see our collections, create an autograph book, and enjoy a snack.

NEW!>> Bear Adventures: Paws for Action – Free by appointment
Visit the PHM and learn about the American flag!

NEW!>> Bear Elective Adventures: Marble Madness - \$7 per scout
Learn about old-fashioned marbles, play marble games, create your own pouch to house marbles, and more.

NEW!>> Webelos Elective Adventures: Webelos in the Wild – Free by appointment

Identify native plants and animals, visit the EFNP, learn about aquatic eco-systems and more!

BOY SCOUTS

Merit Badge: Archaeology - \$12 per scout

Learn about a registered archaeological site as well as how people lived over 100 years ago in Texas. Stage an archeological exhibit for the museum, and learn how to become a protector of the past. Additional pre and post work is required to complete the merit badge.

NEW!>> Merit Badge: Nature - \$12 per scout

Collect soil from the EFNP, identify plants, learn about the habitats of mammals, birds, and snakes, and create bird feeders. Additional pre and post work is required to complete the merit badge.

NEW!>> Merit Badge: American Heritage – Free by appointment

Visit the historic PHM to learn about the creation of Carrollton and how the town has evolved over 100 years. Listen to historic songs from the period and discuss careers within the field of American heritage.

NEW!>> Merit Badge: Collections – Free by appointment

Learn all about collection management, storage, and preservation at the PHM. Visit our collections and bring your own along with you! Learn about careers in collections and collection assessment.

EAGLE SCOUTS

Eagle Scout Project: By appointment

The PHM and EFNP welcome all Eagle Scouts seeking service, impact, and leadership with their Eagle Projects. To propose an idea for your Eagle Project, contact Cody Scallions at 972-466-6382.

Arts & Crafts

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Athletics

Sports

NEW!>> ABRAKADOODLE® DOODLERS - MAD ABOUT MOVIES ART CAMP

You will love this camp if you love the movies and the kooky characters, animations, and illustrations in them ... from minions to dinosaurs to out of this world environments. Campers will learn how movies are made, tell movie stories, and recreate favorite movie characters. Explore animation, storyboards, movie music, games and more while making new friends and exploring creative abilities. **All supplies are included in the cost of the camp and each student will make up to two art projects and one craft each day! Bring a snack and a drink to each class.** Instructor: Abrakadoodle

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150005-65	RRC	6-12	6/11-6/15	M-F	9am-12pm	5	\$150/\$160
151005-81	CRC	6-12	7/30-8/3	M-F	9am-12pm	5	\$150/\$160



NEW!>> ABRAKADOODLE® DOODLERS - EXTREME STEAM ART CAMP

Boys and girls, welcome aboard this creative experience to become a 21st century innovator. This camp will translate Science, Technology, Engineering, and Math concepts into art creations. Using a variety of art techniques, campers will make a flying machine like Da Vinci, build a rocket ship, create an aerial view drone map, and more. Challenge your imagination and creativity and become an extreme artist while you play games, make new friends, and have extreme fun! **All supplies are included in the cost of the camp. Bring a lunch, snack, and a drink to each class.** Instructor: Abrakadoodle

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
151005-73	CRC	6-12	7/23-7/27	M-F	9am-3pm	5	\$300/\$310

NEW!>> ABRAKADOODLE® MINI DOODLERS - PAWS, CLAWS AND HOVES ART CAMP

Calling all animal lovers. Bring your imagination to this ROAAAAARing camp experience. Make your favorite animals come to life using paint, collage, sculpture, and more while learning about animal habits and habitats. There will be cool artwork, games, stories, activities, animal talk, and music. If you love animals and nature, and want to make art projects while making new friends, this is the camp for you. **All supplies are included in the cost of the camp and each student will make up to two art projects and one craft each day! Bring a snack and a drink to each class.** Instructor: Abrakadoodle

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
151006-65	RRC	3-5	6/11-6/15	M-F	2:30-5:30pm	5	\$150/\$160
151006-81	CRC	3-5	7/30-8/3	M-F	9am-12pm	5	\$150/\$160

cityofcarrollton.com/signupnow • Facility hours, fees, and programming subject to change.

ADVENTURES IN ART CAMP

This unique art camp emphasizes both fine arts and creative thinking. Young artists will complete eight spectacular masterpieces in four half-days, under the guidance of a certified art instructor. Learn perspective drawing with charcoals and oil pastels and create land and seascapes, animals, still life, and more. Paint with vibrant watercolors and both heavy and light acrylics using color theory, time-saving techniques, brushloading, and more. **All art supplies are included as well as detailed individual instruction. Bring a snack and drink and wear an old t-shirt.** Instructor: Garden

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150010-65	RRC	6-12	6/18-6/21	M-Th	9-11:45am	4	\$120/\$126
150010-73	RRC	6-12	7/16-7/19	M-Th	9-11:45am	4	\$120/\$126

ART IN THE PARK

Make art, have lunch, meet new friends, and play in the park. Does that sound like a perfect morning to you? Join us under the pavilion at Mary Heads Carter Park for an art project activity. Bring lunch and stay to play in the park. **All materials provided. Fee is per child participating in the project. Parents will supervise/assist their children. Register by noon on 5/9. For more information, contact susan.schafer@cityofcarrollton.com.** Instructor: Staff

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
157000-57	MHCP	1½-5	5/11	F	10:45-11:15am	1	\$5/\$5.50

CERAMICS 50+ CLASSES PAGE 11

DRAWING/CARTOONING

Our elementary-age curriculum is designed to teach basic to advanced drawing skills, art techniques, and vocabulary. We believe that drawing is the bedrock skill required for future artistic success. We give students skills to express their creativity and believe that all children can, and should, learn to draw. Parents will see increased art abilities, learning skills, self-confidence, and self-esteem. Each session will include seasonal drawings, art history, and cartooning. **New lessons every week and all materials are provided.** Instructor: Young Rembrandts

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150020-57	RRC	6-12	5/2-5/30	W	6-7pm	5	\$65/\$71.50
150020-73	RRC	6-12	6/11-7/9	M	3:30-4:30pm	5	\$65/\$71.50
150020-81	RRC	6-12	7/16-8/6	M	3:30-4:30pm	4	\$52/\$57.25

NEW!>> DRAWING WORKSHOP - STEAMIN' UP SUMMER

Calling all artists, scientists, engineers, and math lovers! Young Rembrandts has a new workshop filled with new ways your child can explore the fascinating world of STEAM! This three-day workshop will dive into a new discipline every day. Students will illustrate different types of Sciences, new Technologies, incredible feats of Engineering, and striking Math principles - all while creating crazy awesome Art. We can't wait to get started. **All materials are provided.** Instructor: Young Rembrandts

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150025-65	RRC	6-12	6/26-6/28	Tu-Th	3-4:30pm	3	\$65/\$71.50

NEW!>> PASTEL DRAWING WORKSHOP - ART HISTORY WITH THE MASTERS

This Young Rembrandts workshop is full of possibilities! Join us for three days of pastel fun as we learn about a new medium and explore art history by studying different artists and their work. Each day we will create one large drawing in pastel chalks. We will create wonderful artwork while being inspired by Edvard Munch's "The Scream," Vincent Van Gogh's "Harvest at Le Crau," and Claude Monet's "Regatta at Argenteuil." The results will be truly frame-able! **No experience necessary. Please wear an old shirt or smock to class each day. All materials are provided.** Instructor: Young Rembrandts

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150040-81	RRC	6-12	7/31-8/2	Tu-Th	3-4:30pm	3	\$63/\$69.25

PRESCHOOL DRAWING

Young students are so eager to learn and a joy to teach. Young Rembrandts' instructors provide a nurturing and strong learning environment. Students will concentrate on the skills of drawing and coloring while developing fine motor skills, focus, listening, staying on task, patience, and spatial organization. **New lessons every week and all materials are provided.** Instructor: Young Rembrandts

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150050-57	RRC	4-6	5/2-5/30	W	5-5:45pm	5	\$65/\$71.50
150050-73	RRC	4-6	6/11-7/9	M	2:30-3:15pm	5	\$65/\$71.50
150050-81	RRC	4-6	7/16-8/6	M	2:30-3:15pm	4	\$52/\$57.25

NEW!>> PRESCHOOL DRAWING WORKSHOP - "CURIOUS GEORGE"

Preschool children will explore the world of H.A. and Margaret Rey in this three-day workshop full of art and books. Each day a different *Curious George* book will be read with the students. Afterwards, children will draw a Young Rembrandts lesson which incorporates one aspect of the book. Children's creativity and imagination will play together as students bring their favorite books to life through their detailed drawings. Enroll your curious artist today! **All materials provided.** Instructor: Young Rembrandts

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150055-65	RRC	3-6	6/26-6/28	Tu-Th	1-2:30pm	3	\$63/\$69.50

NEW!>> PRESCHOOL DRAWING WORKSHOP - "IF YOU GIVE A MOUSE A COOKIE"

Preschool children will explore the world of Laura Numeroff in this 3-day workshop full of art and reading. Each day the class will read a different Laura Numeroff book, and afterwards, students will draw a Young Rembrandts lesson which incorporates one feature of the book they've enjoyed reading together. Students will create wonderful drawings and bring their favorite stories to life by combining creativity and imagination. Sign up your reading artist today! **All materials provided.** Instructor: Young Rembrandts

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150056-81	RRC	3-6	7/31-8/2	Tu-Th	1-2:30pm	3	\$63/\$69.50

YOU CAN PAINT A MASTERPIECE 50+ PAGE 12



cityofcarrollton.com/signupnow • Facility hours, fees, and programming subject to change.

Dance

BALLET DANCE

Children will learn the basics of classical and contemporary ballet. Dance helps coordination, confidence, and social skills. **Leotards with tights and ballet shoes are required. Level: Beginner/Intermediate.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150110-73	RRC	6-10	5/19-7/7	Sa	12:15-1pm	8	\$74/\$81.50
150110-89	RRC	6-10	7/14-9/1	Sa	12:15-1pm	8	\$74/\$81.50

BALLET FOR FUN

This class focuses less on technique and more on fun with ballet and creative movement. **Leotards with tights and ballet shoes are required. Level: Beginner.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150120-73	RRC	3-6	5/15-7/3	Tu	5-5:30pm	8	\$50/\$55
150120-74	RRC	3-5	5/19-7/7	Sa	11-11:30am	8	\$50/\$55
150120-81	RRC	3-6	7/10-8/28	Tu	5-5:30pm	8	\$50/\$55
150120-89	RRC	3-5	7/14-9/1	Sa	11-11:30am	8	\$50/\$55



BALLET & JAZZ DANCE

Children learn the basic steps of these two dance forms. Dance helps coordination, confidence, and social skills. **Leotards with tights and ballet or jazz shoes are required. Level: Beginner/Intermediate.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150130-73	RRC	5-8	5/19-7/7	Sa	1-1:30pm	8	\$50/\$55
150130-89	RRC	5-8	7/14-9/1	Sa	1-1:30pm	8	\$50/\$55

BALLET & TAP DANCE

Children learn the basic steps of these two dance forms. Dance helps coordination, confidence, and social skills. **Leotards with tights and ballet and tap shoes are required. Level: Beginner/Intermediate.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150140-73	RRC	5-8	5/19-7/7	Sa	1:30-2:15pm	8	\$74/\$81.50
150140-89	RRC	5-8	7/14-9/1	Sa	1:30-2:15pm	8	\$74/\$81.50

CHEER & DANCE CAMP

Get your cheer and dance on! This camp will focus on basic cheer and dance fundamentals including strength, balance, flexibility, short choreography, combinations, and pom poms. **Cheer shorts or yoga/jazz pants, tank tops or T-shirt and tennis shoes are required. Pom poms will be provided. No new registrations after the first class. For more information contact ddatexas@gmail.com.**

Instructor: Dynasty Dance Academy

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150145-65	RRC	7-12	6/18-6/22	M-F	2:30-3:30pm	5	\$65.50/\$71.75

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Athletics

Sports

DANCE COMBINATIONS

Not sure what dance class your child wants to take? Try a combination of ballet, jazz, hip-hop, and modern dance. **Leotards with tights or jazz pants and ballet or jazz shoes are required.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150150-73	RRC	6-10	5/15-7/3	Tu	5:30-6:15pm	8	\$74/\$81.50
150150-74	RRC	6-10	5/19-7/7	Sa	11:30am-12:15pm	8	\$74/\$81.50
150150-81	RRC	6-10	7/10-8/28	Tu	5:30-6:15pm	8	\$74/\$81.50
150150-89	RRC	6-10	7/14-9/1	Sa	11:30am-12:15pm	8	\$74/\$81.50

DANCE ON-DEMAND

This is ideal for home school groups, friends, siblings, and day care groups. There is a required minimum of four students and you can schedule as few or as many dates as desired. Your group can choose any combination of ballet, hip hop, jazz, modern, or tap. **Price listed is per person for a 45-minute class. Contact Joanna Jordan at dancestoreandmore@gmail.com or Shadae Rogers at dattexas.com@gmail.com to pre-schedule your preferred class dates and location.**

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150155-81	CRC or RRC	3+	TBD	TBD	TBD	TBD	\$9.25/\$10.25

HIP HOP DANCE CAMP

Have fun while learning current hip-hop dance moves! Each dance camp session will have a different performance on the last day for the families to attend, so you can register for both sessions. **No new registrations after the first class. Loose fitting clothing and tennis shoes are required. For more information, email dattexas.com@gmail.com.** Instructor: Dynasty Dance Academy

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150165-73	RRC	7-12	7/23-7/27	M-F	2-3:30pm	5	\$93.75/\$103.25

PRINCESS DANCE CAMP

Is your daughter always dressing up as a princess? This is the perfect camp for her. We will have princess-themed dances and activities. Come as a princess and leave as a queen. Each dance camp session will have a different performance on the last day for the families to attend, so you can register for both sessions. **Leotards, tights, and ballet shoes are required. Princess attire and tiara are supplied. No new registrations after the first class. For more information, contact dattexas.com@gmail.com.** Instructor: Dynasty Dance Academy

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150185-73	RRC	4-6	7/9-7/13	M-F	2:30-3:30pm	5	\$67.50/\$73.75

PRIVATE DANCE LESSONS

Private lessons are perfect for beginner to advanced students and cover a range of dance forms and choreography. **Price listed is per lesson. Contact Joanna Jordan at dancestoreandmore@gmail.com or Shadae Rogers at dattexas.com@gmail.com to pre-schedule your preferred class dates, time and location.**

LOC	AGE	DATES	DAY	TIME	#CLSS	30 MIN/1 HR
CRC or RRC	3+	TBD	TBD	TBD	TBD	\$12.50/\$25



Drama

JUNIOR PLAYERS DISCOVER THEATER CAMP

If your child is interested in theater and performing arts, this is the perfect camp for them. No experience is necessary and they will have fun playing games that will help them improve skills and techniques for performing in a play. The two-week camp at Crosby Recreation Center will culminate in a final group performance at the Festival of Plays that will be held the Saturday following the camp. The location and time will be announced at camp. Campers are encouraged to participate at the final performance and have family and friends attend (transportation is on your own). **For more information about this program, contact Junior Players at 214-526-4076 or visit juniorplayers.org.**

Instructor: Junior Players

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
151250-66	CRC	7-14	6/11-6/22	M-F	1-3pm	10	\$5/\$5.50
151250-74	CRC	7-14	7/9-7/20	M-F	1-3pm	10	\$5/\$5.50

Music

KEYBOARD/PIANO LESSONS

This beginner keyboard/piano program is conducted as a semi-private group lesson with up to four students in a class. Students are introduced to sight reading and fundamental music concepts. **Instruments are provided and first-time students pay \$8 supply fee for the music book, upon enrolling using class #150340-83. Contact musikinschool.info@gmail.com for more information.**

Instructor: Musik In School

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150340-57	RRC	5-15	5/5-5/26	Sa	12:30-1:15pm	4	\$99/\$109
150340-58	RRC	5-15	5/5-5/26	Sa	1:15-2pm	4	\$99/\$109
150340-65	RRC	5-15	6/2-6/23	Sa	12:30-1:15pm	4	\$99/\$109
150340-66	RRC	5-15	6/2-6/23	Sa	1:15-2pm	4	\$99/\$109
150340-73	RRC	5-15	7/7-7/28	Sa	12:30-1:15pm	4	\$99/\$109
150340-74	RRC	5-15	7/7-7/28	Sa	1:15-2pm	4	\$99/\$109
150340-81	RRC	5-15	8/4-8/25	Sa	12:30-1:15pm	4	\$99/\$109
150340-82	RRC	5-15	8/4-8/25	Sa	1:15-2pm	4	\$99/\$109
150340-83	MUSIC BOOK SUPPLY FEE NEW STUDENTS ONLY						\$8

PRIVATE GUITAR LESSONS

Learn to play any style of music. Students learn music reading, scales, improvisation, music theory, and how to learn songs from recordings. **Before enrolling, reserve your 30-minute weekly lessons by calling 214-500-6704.** Instructor: Gold

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
150370-57	RRC	5+	5/1-5/29	Tu	TBD	5	\$150/\$165
150370-58	RRC	5+	5/4-5/25	F	TBD	4	\$120/\$132
150370-59	RRC	5+	5/5-5/26	Sa	TBD	4	\$120/\$132
150370-65	RRC	5+	6/5-6/12	Tu	TBD	2	\$60/\$66
150370-66	RRC	5+	6/1-6/8	F	TBD	2	\$60/\$66
150370-67	RRC	5+	6/2-6/9	Sa	TBD	2	\$60/\$66
150370-73	RRC	5+	7/3-7/31	Tu	TBD	5	\$150/\$165
150370-74	RRC	5+	7/6-7/27	F	TBD	4	\$120/\$132
150370-75	RRC	5+	7/7-7/28	Sa	TBD	4	\$120/\$132
150370-81	RRC	5+	8/3-8/31	F	TBD	5	\$150/\$165
150370-82	RRC	5+	8/4-8/25	Sa	TBD	4	\$120/\$132
150370-83	RRC	5+	8/7-8/28	Tu	TBD	4	\$120/\$132

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins April 2.

Non-resident registration begins April 16.

Classes begin April 30.

Group Ex, Pilates, Yoga

DROP IN>> CROSSFIT TEMPLUM

At CrossFit Templum, our motto is “honora templum tuum,” which is Latin for honor your temple. We believe in taking care of ourselves mentally, physically, and spiritually. Come see why CrossFit has taken the world by storm and find out what it can do for you. To view the current class schedule and register for monthly access to classes, visit crossfittemplum.com. **Classes held at CrossFit Templum - 2425 W. Parker Rd #6d.** Instructor: CrossFit Templum

CLASS #	AGE	DATES	\$(RES/NR)
130350-35	16+	May	\$149/\$164
130350-40	16+	June	\$149/\$164
130350-50	16+	July	\$149/\$164
130350-60	16+	August	\$149/\$164

CROSSFIT TEMPLUM INTRODUCTION SEMINAR

Are you curious as to what CrossFit is truly all about? Interested in seeing if you are able to participate in CrossFit, but have a couple questions first? Attend a seminar led by CrossFit Templum owner and coach Eric Wrona. Eric dives into 60 minutes of information, education, exercise, and demonstration to get you up to speed with a program that really works. Instructor: CrossFit Templum

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130350-36	RRC	16+	5/7	M	7:30-8:30pm	1	\$10/\$11
130350-41	RRC	16+	6/4	M	7:30-8:30pm	1	\$10/\$11
130350-51	RRC	16+	7/9	M	7:30-8:30pm	1	\$10/\$11
130350-61	RRC	16+	8/6	M	7:30-8:30pm	1	\$10/\$11

DROP IN>> FUGITIVE FITNESS PARKOUR

We teach all the basic movement patterns involved in parkour including running, jumping, rolling, swinging, and vaulting. There are endless movements to be learned within each of the categories so the drills, skills, and techniques emphasized are fun and challenging. Students also learn core values: respect, discipline, responsibility, commitment, and leadership, and are expected to embody those values. Although this is not a high-intensity class, it likely will be physically demanding. **Bring a water bottle and be ready to sweat. Outdoor class will be held at Jimmy Porter Park (1871 Sherwood Lane).** \$15 drop in fee. No class 5/28. Instructor: Fugitive Fitness

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
131200-35	CRC	8-13	5/7-6/4	M	4:30-5:15pm	4	\$55/\$60
131200-36	CRC	14+	5/7-6/4	M	5:30-6:30pm	4	\$55/\$60
131200-40	CRC	8-13	6/11-7/9	M	4:30-5:15pm	5	\$69/\$76
131200-41	CRC	14+	6/11-7/9	M	5:30-6:30pm	5	\$69/\$76
131200-50	CRC	8-13	7/23-8/20	M	4:30-5:15pm	5	\$69/\$76
131200-51	CRC	14+	7/23-8/20	M	5:30-6:30pm	5	\$69/\$76

Outdoor Class

131200-45	Porter	8+	6/9-7/7	Sa	11am-12pm	5	\$69/\$76
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FUGITIVE FITNESS PARKOUR YOUTH CAMP

Four days to run, jump, climb, vault, roll, throw, and more with the most experienced and certified staff in Dallas. It's the perfect opportunity for kids ages 8-14 to be exposed to tips, drills, and games that build strength, mobility, coordination, teamwork, and leadership while reinforcing good technique in athletic movement patterns. An in-depth introduction to three fun types of movement (parkour, freerunning, and art du déplacement) provides campers with the best movement training possible. Skills learned will be practiced in games like parkour dodgeball and kickball, all under the guidance of our fully insured and certified staff. **Bring a towel and water bottle.** Instructor: Fugitive Fitness

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
131200-42	CRC	8-14	6/4-6/7	M-Th	1-4pm	4	\$100/\$110
131200-52	CRC	8-14	7/30-8/2	M-Th	9am-12pm	4	\$100/\$110
131200-62	CRC	8-14	8/13-8/16	M-Th	1-4pm	4	\$100/\$110

DROP IN>> INDOOR CYCLING

The instructor brings you an outdoor cycling experience indoors with this athletic and authentic cycling ride. Motivating instruction and driving music will keep you energized as you are led through a workout comprised of a variety of hill climbs, flat terrains, head winds, tail winds, sprints, and aerobic intervals. Each workout is different as the instructor picks the terrain and sets the goals for each class. This class is multi-level and no outdoor cycling experience is required. If you are serious about burning calories, losing weight, and elite cardio-respiratory fitness, this class is for you. **Bring a water bottle, towel, and gel bike seat cover** (optional). \$8 drop in fee. Instructor: McGehee

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130130-35	RRC	16+	5/1-5/29	Tu	6-7pm	5	\$35/\$38.50
130130-40	RRC	16+	6/5-6/26	Tu	6-7pm	4	\$28/\$31
130130-50	RRC	16+	7/3-7/31	Tu	6-7pm	5	\$35/\$38.50
130130-60	RRC	16+	8/7-8/28	Tu	6-7pm	4	\$28/\$31

DROP IN>> KUNDALINI YOGA

Through improved flexibility, breathing, and circulation, Kundalini Yoga emphasizes a healthy body and mind as keys to a healthy and happy life. Exercise and meditation are augmented by the ancient technique of mantra to enhance the meditative aspect of the yoga experience. Once learned, yoga can be practiced at home. Experience increased energy and vitality, stress reduction, mood control, and overall peace of mind. **Bring an exercise mat and water.** \$15 drop in fee. Instructor: Khalsa

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130150-40	RRC	12+	5/4-6/8	F	6:30-8pm	6	\$72/\$79
130150-60	RRC	12+	7/6-7/27	F	6:30-8pm	4	\$48/\$53
130150-65	RRC	12+	8/3-8/31	F	6:30-8pm	5	\$60/\$66

DROP IN>> LIVEWIRE CORE ENERGY

Dedication + Determination = Results. Feel your best all day long with this high energy group training workout. Arrive early for a class that will focus on core exercises, cardiovascular conditioning, strength, endurance, and flexibility for a total body approach to fitness. Every class is different and is designed by certified personal trainers to keep the body guessing so you'll continually see results. First time participants will receive an orientation, a group grocery store tour, nutritional guidance, a tech shirt, and more! **\$10 drop in fee. Level: Beginner-Advanced. No class 5/28 and 7/4.**

Instructor: LiveWire Fitness

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130110-35	RRC	18+	5/2-5/30	M/W/F	6:10-7am	12	\$109/\$120
130110-40	RRC	18+	6/1-6/29	M/W/F	6:10-7am	13	\$109/\$120
130110-50	RRC	18+	7/2-7/30	M/W/F	6:10-7am	12	\$109/\$120
130110-60	RRC	18+	8/1-8/31	M/W/F	6:10-7am	14	\$109/\$120

DROP IN>> LIVEWIRE CYCLE & STRENGTH

This class will scorch calories and increase fat burning! Start your day with 30 minutes of cycling followed by 30 minutes of circuit style weights and core. This class is great for anyone, and is a perfect workout for cross training, race training, fat loss, overall fitness, and runners or walkers. All fitness levels welcome. **\$10 drop in fee. Level: Beginner-Advanced.** Instructor: LiveWire Fitness

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130210-35	RRC	18+	5/1-5/31	Tu/Th	6-7am	10	\$99/\$109
130210-40	RRC	18+	6/5-6/28	Tu/Th	6-7am	8	\$99/\$109
130210-50	RRC	18+	7/3-7/31	Tu/Th	6-7am	9	\$99/\$109
130210-60	RRC	18+	8/2-8/30	Tu/Th	6-7am	9	\$99/\$109

DROP IN>> PILATES FOR EVERYONE

Pilates is a total body conditioning exercise that combines flexibility and strength to restore natural balance while boosting the immune system and reducing stress, fatigue, and pain. **No food or drink one hour prior to class. Wear comfortable clothing that is not too loose and bring a mat, towel, and water. \$15 drop in fee. No class 5/28.** Instructor: Mashreghi

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130220-50	RRC	13+	5/7-6/25	M	6-7pm	7	\$70/\$77
130220-60	RRC	13+	7/2-8/27	M	6-7pm	9	\$90/\$99

DROP IN>> POWER UP YOGA

Designed to maximize your power, energy, and vitality, this workout is for beginner to advanced. This exhilarating experience will leave you trim, energized, and heart healthy while strengthening all of your muscles, burning fat, toning your entire body, and more. The music and atmosphere will enhance your learning experience. Beginners are welcome in all classes. Friday morning yoga classes will also include weights, medicine balls, stretch bands, and body bars. **\$15 drop in fee; \$24 for two classes; \$40 for four classes; \$54 for six classes. These classes must be used within 60 days of purchase. 30 day unlimited pass is available for \$50; three month unlimited pass is \$120; unlimited passes are good from the date of purchase. All refund requests must be made directly to Power Up Yoga. Classes are held at Rosemeade Rec Center on W/Th evenings, 6-7pm, and on F/Sa mornings, 9:30-10:30am.** Instructor: Bills



DROP IN>> SANDAL CAMP

Sandal Camp is a unique class that includes elements of aerobics, interval conditioning, resistance training, and yoga. Combined and customized for you, these disciplines accelerate participants towards their fitness goals faster than ever before. You'll learn how to avoid injury in everyday life and the best ways for targeting specific areas of your body. With an infinite combination of exercises and a laid back atmosphere, Sandal Camp will be your body's favorite hour. **\$9 drop in fee. No class 5/28.** Instructor: Williams

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130225-35	RRC	13+	5/7-5/21	M	6-7pm	3	\$22.50/\$24.75
130225-40	RRC	13+	6/4-6/25	M	6-7pm	4	\$30/\$33
130225-50	RRC	13+	7/2-7/30	M	6-7pm	5	\$37.50/\$41.25
130225-60	RRC	13+	8/9-8/27	M	6-7pm	4	\$30/\$33

DROP IN>> STEP, STRENGTH, AND CORE

Try an interval class that combines basic step aerobics, upper body strength training, and core conditioning into one well-designed workout. This class allows you to work both your heart and your muscles extensively in a one-hour-long class. By doing circuits of cardio on the step, followed by strategic intervals of upper body strength training, and wrapping up with intense core conditioning, you will be using your time efficiently. **\$8 drop in fee. No class 8/2.** Instructor: Campo

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130215-35	RRC	15+	5/3-5/31	Th	7:30-8:30pm	5	\$30/\$33
130215-40	RRC	15+	6/7-6/28	Th	7:30-8:30pm	4	\$24/\$26.50
130215-50	RRC	15+	7/5-7/26	Th	7:30-8:30pm	4	\$24/\$26.50
130215-60	RRC	15+	8/2-8/30	Th	7:30-8:30pm	4	\$24/\$26.50

DROP IN>> STRENGTH - CORE - BALANCE

Develop strong core muscles, restore balance, and promote lean muscle building while minimizing injuries. Emphasis is on a full-body workout with balance postures included. Mats, hand weights, resistance bands, tubing, and stability balls will be used during class. Safe periods of interval training will be incorporated into the class for improved cardiovascular conditioning. All fitness levels will benefit - especially older adults! Modifications are offered for beginners and those needing corrective exercise for injuries. **\$9 drop in fee. No class 5/28, 6/27 and 7/2-7/6.** Instructor: Age-Intercept Inc.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130230-35	RRC	18+	5/7-5/21	M	11am-12pm	3	\$21/\$23
130230-40	RRC	18+	6/4-6/25	M	11am-12pm	4	\$28/\$31
130230-50	RRC	18+	7/9-7/30	M	11am-12pm	4	\$28/\$31
130230-60	RRC	18+	8/6-8/27	M	11am-12pm	4	\$28/\$31
130231-35	RRC	18+	5/2-5/30	W	12:15-1:15pm	5	\$35/\$38.50
130231-40	RRC	18+	6/6-6/21	W	12:15-1:15pm	4	\$28/\$31
130231-50	RRC	18+	7/11-7/25	W	12:15-1:15pm	3	\$21/\$23
130231-60	RRC	18+	8/1-8/29	W	12:15-1:15pm	5	\$35/\$38.50
130232-35	RRC	18+	5/4-5/25	F	11am-12pm	4	\$28/\$31
130232-40	RRC	18+	6/1-6/29	F	11am-12pm	5	\$35/\$38.50
130232-50	RRC	18+	7/13-7/27	F	11am-12pm	3	\$21/\$23
130232-60	RRC	18+	8/3-8/31	F	11am-12pm	5	\$35/\$38.50



DROP IN>> YOGA FOR EVERYONE

We help the body into the correct positions and focus on body alignment using props because all bodies are different. Come experience yoga to feel energized and revitalized. No food or drink one hour prior to class. **Wear comfortable clothing that is not too loose and bring a mat, yoga blanket, and strap. \$12 drop in fee. No class 7/4.** Instructor: Mashreghi

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130250-40	RRC	13+	5/2-6/27	W	6-7pm	9	\$90/\$99
130250-60	RRC	13+	7/11-8/29	W	6-7pm	8	\$80/\$88

DROP IN>> YOGA ON THE SQUARE

This **FREE** all-levels yoga class is held the second Saturday of each month. Whether you are new to yoga or a long term practitioner, this is a great class for everybody. **Wear comfortable clothing that is not too loose and bring your own mat. No pre-registration required. Weather permitting.** Instructor: Fabulous

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
DWTN	5+	5/12	Sa	9-10am	Free
DWTN	5+	6/9	Sa	9-10am	Free
DWTN	5+	7/14	Sa	9-10am	Free
DWTN	5+	8/11	Sa	9-10am	Free

NEW>> DROP IN>> BOOT CAMP ON THE SQUARE

This **FREE** all-levels boot camp is held the second Saturday of the month. Start your weekend off right with a morning workout before the days get hot. **Bring a water bottle and your own mat. No pre-registration required. Weather permitting.**

Instructor: Camp Gladiator

LOC	AGE	DATES	DAY	TIME	\$(RES/NR)
DWTN	5+	5/12	Sa	7:30-8:30am	Free
DWTN	5+	6/9	Sa	7:30-8:30am	Free
DWTN	5+	7/14	Sa	7:30-8:30am	Free
DWTN	5+	8/11	Sa	7:30-8:30am	Free

DROP IN>> ZUMBA

Come explore a new Latin flavor with this calorie-burning fitness class. The Merengue, Salsa, Reggaton, Samba, Cha-Cha, Bachata, and other international Latin rhythms help tone your core, elevate your heart rate, and strengthen your body. Classes may include deep stretching and relaxing at the end of each session. **No dance experience necessary. \$8 drop in fee.** Instructor: Piamonte

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130280-35	RRC	15+	5/1-5/29	Tu	7:30-8:30pm	5	\$32.50/\$35.75
130280-40	RRC	15+	6/5-6/26	Tu	7:30-8:30pm	4	\$26/\$28.50
130280-50	RRC	15+	7/3-7/31	Tu	7:30-8:30pm	5	\$32.50/\$35.75
130280-60	RRC	15+	8/7-8/28	Tu	7:30-8:30pm	4	\$26/\$28.50



DROP IN>> STRETCH & TONE

Challenge yourself with a progressive flexibility and strength workout based through the body's core. Unique routines are built on the foundations of ballet, yoga, and pilates. Suitable for all levels and abilities, Stretch & Tone allows each individual to move at their own speed and provides one-on-one instruction as needed. **\$10 drop in fee.** Instructor: Jordan

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130340-35	RRC	15+	5/15-6/5	Tu	4-5pm	4	\$40/\$44
130340-40	RRC	15+	6/12-7/3	Tu	4-5pm	4	\$40/\$44
130340-50	RRC	15+	7/10-7/31	Tu	4-5pm	4	\$40/\$44
130340-60	RRC	15+	8/7-8/28	Tu	4-5pm	4	\$40/\$44

DROP IN>> TAI CHI

Learn Yang-Wu Tai Chi short form for moving meditation and stress relief. Movements involve fluid motions of arms and legs, coordinated with breath and focused on balance. These low-impact movements improve health with no special equipment and use minimal effort. As the body relaxes, the mind becomes tranquil, aware, and alert. For ease of movement, wear loose fitting clothing. **Purchase a five-Class Yang-Wu Tai Chi punch card for \$35(resident)/\$38.50(non-resident) or \$8 drop in fee. Classes are held at the Senior Center (M/W 10-11am) and Rosemeade Recreation Center (Tu/Th 10-11am).** Instructor: Smith

DROP IN>> TUFF-TIME BOXING/CARDIO

A unique workout that combines cardio, light weights, basic boxing skills, and drills (sparring is optional) for both men and women of all ages. Lose weight, get in shape physically and mentally, and enjoy a great stress-relieving class. Class is taught by a state-certified USBA instructor with 60 years of experience. The instructor has won New York and Dallas Golden Gloves Championships and National Tough Man competitions. To schedule private lessons, contact Mike Tufariello at mtuffyl@yahoo.com. **\$10 drop in fee. No class 5/28 and 7/2-4.** Instructor: Tufariello

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
131140-35	CRC	16+	5/2-5/30	M/W	7-8pm	9	\$72/\$79
131140-40	CRC	16+	6/4-6/27	M/W	7-8pm	8	\$64/\$70.50
131140-50	CRC	16+	7/9-7/30	M/W	7-8pm	7	\$56/\$61.50
131140-60	CRC	16+	8/1-8/29	M/W	7-8pm	9	\$72/\$79

Training

WEIGHT ROOM ORIENTATION FOR ADULTS & SENIORS

Not sure how machines in our weight room work or how to set up a machine? This class, led by a certified personal trainer, provides a walk-through of the weight room to give a better understanding of the setup and how to properly position yourself. The orientation is a learning opportunity but will not provide a training plan. If you are interested in obtaining a personalized work out plan, contact one of our personal trainers. **There are no refunds, credits, or transfers for this class. If you cancel or miss the class you will be required to re-register and pay the class fee again to participate.** Instructor: Personal Trainer

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
132170-35	SRC	18+	5/14	M	2:30-4pm	1	\$6/\$7
132170-50	SRC	18+	7/9	M	2:30-4pm	1	\$6/\$7

WEIGHT ROOM ORIENTATION FOR MINORS

Our qualified staff will teach youth proper weight room and cardio room etiquette. Teens will receive a weight room authorization card, allowing them to work out in the weight room independently upon completion of class. Both parent and child must sign the weight room user agreement form. If you are interested in obtaining a personalized work out plan, contact one of our personal trainers. **There are no refunds, credits, or transfers for this class. If you cancel or miss the class, you will be required to re-register and pay the class fee again to participate.** Instructor: Staff

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
130245-35	RRC	13-15	5/15	Tu	6:30-7:15pm	1	\$6/\$7
130245-40	RRC	13-15	6/19	Tu	6:30-7:15pm	1	\$6/\$7
130245-50	RRC	13-15	7/17	Tu	6:30-7:15pm	1	\$6/\$7
130245-60	RRC	13-15	8/21	Tu	6:30-7:15pm	1	\$6/\$7

SENIOR: 50+ CLASSES PAGES 9-12



Personal Trainers

City of Carrollton personal trainers are available to work with you at Crosby and Rosemeade Recreation Centers and the Carrollton Senior Center. Personal trainers have their own philosophies and unique styles to create an individual training program to meet your needs. Sessions are charged at an hourly rate and trainers' rates vary. Visit cityofcarrollton.com/parksandrec and click on Programs & Events for more information on our trainers. For additional information about the personal training program, call 972-466-9834.

JULIE CHADWICK

214-926-4776 • jchadwick16@yahoo.com
\$30/30min or \$60/hr

Julie enjoys working with clients age 50 and older and designs fitness routines unique to each individual, as well as nutrition plans. She keeps clients accountable, protects them from injuries, and provides a positive environment.

TOM NOUNE

214-957-3694 • tgnoune@aol.com
hearthealthandwellness.com • \$65/\$60/\$55 hr

Tom specializes in weight resistance training, primarily with baby boomers and seniors. He also provides nutritional coaching and emphasizes the importance and benefits of proper stretching techniques.

KERRY STALLO

214-244-7004 • ageintercept@aol.com
ageintercept.com • \$30/30 min or \$60/hr

Kerry specializes in corrective exercise and developing exercise strategies for older adults. Key programs include: weight loss, overall body conditioning, and increasing muscle strength.

Splash Parks

W.T. Thomas Splash Park

1955 N. Perry Road • 972-466-3080

Oak Hills Splash Park

1225 Royal Palm Lane • 972-466-3080

The City offers two splash parks, which both have multiple features that provide a safe, free environment for children to cool off during the hot summer months. At the Thomas Splash Park, water features can be activated between 9am-8pm every day. Simply tap the sensor on the top of the red fire hydrant to start the water features (it may take several minutes to start). At the Oak Hills Splash Park, no activation is required. The water runs continuously from 9am-8pm. Both splash parks will be open May 1 through October 14. Pavilions, tables, and a deck are available on a first come, first served basis. Restrooms are onsite. For more information, please call 972-466-3080 or visit cityofcarrollton.com/splashpark.

Rosemeade Rainforest Aquatic Complex

1334 E. Rosemeade Parkway • 972-466-6399

Rosemeade Rainforest Aquatic Complex is located adjacent to Rosemeade Recreation Center. The Rainforest section features a zero-depth entry pool, two platform levels with a bridge, water cannons, bubblers, spray bars, water slides, a 200-foot long lazy river, and a 600-gallon dump bucket. The main pool section consists of a 50-meter Olympic-size pool with a 25-meter short course, a separate diving well, training pool, and a 22-foot structure with a two-flume slide. The facility also includes a bathhouse, concession area, deck space, picnic tables, lounge chairs, shaded areas, and plenty of parking.

Hours

Pre-Season Hours

Saturday, May 26 10am-6pm
 Sunday, May 27 1-6pm
 Monday, May 28 10am-6pm
 Tuesday, May 29 – Friday, June 1 CLOSED
 Saturday, June 2 2pm-6pm*
 Sunday, June 3 1-6pm
 Monday, June 4 – Friday, June 8 CLOSED
 Daily swimming begins Saturday, June 9

Rosemeade Rainforest

Friday & Saturday 10am-6pm
 Sunday 1-6pm
 Monday-Thursday 10am-8pm

Rosemeade Main Pool

Friday & Saturday 10am-6pm
 Sunday 1-6pm
 Monday-Thursday 1-8pm

*Rosemeade Rainforest Aquatic Complex will open at 2pm on Saturday, 6/2, and close at 4pm on Friday, 6/22 due to swim meets.



Fees

Proof of residency is required for resident rates. Children two and under are admitted free when accompanied by an adult. Children 10 and under will not be admitted into the pool area unless accompanied by a responsible adult. The adult must stay with the child while at the pool. All persons entering the facility must pay admission.

Rosemeade Rainforest Fees

Days	Residents	Non-Resident
Weekday (M-F)	\$5	\$9
Weekend (Sa, Su)	\$6	\$10

Weekend rates will apply to Memorial Day, July 4, and Labor Day.

Passes

Book passes of 20, family passes, and individual passes are available. Photo identification and proof of residency is required in order to purchase a resident pass. All family members must present a photo ID. Family passes and individual passes may be purchased beginning April 2 at Rosemeade Recreation Center. Book passes may be purchased at the pool starting May 26. Family passes, individual passes, and book passes are only valid for the year purchased, and no exchanges or refunds will be granted.

	Resident	Non-Resident
Book Passes (20)	\$80	\$112
Family Passes	\$120*	\$150*
Individual Passes	\$50	\$60

*Includes four members. Additional members may be added for \$10 each for residents and \$15 each for non-residents. All members must reside at the same address.

Swim Attire

Proper swim attire is required to enter the pool area. No jeans or basketball shorts are allowed.

Lap Swimming

Rosemeade Pool offers three lanes (25 meters long) during public swim hours in the Main Pool. Additional lanes may be opened as needed. Regular admission is charged.

Register for events and classes online at cityofcarrollton.com/signupnow.

Registration for Carrollton residents begins April 2. Non-resident registration begins April 16. Classes begin April 30.

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Athletics

Sports

Pool Pass Holder Party

All 2018 individual and family season pass holders are invited to a pool party (pool pass holders only)

on
Friday, June 15, from 7-10pm
at

Rosemeade Rainforest Aquatic Complex.

Join us for open swim, games,
and summertime fun.

For more information, call 972-466-9833.



Parties

Host a party at the Rosemeade Rainforest Aquatic Complex! Reservations can be made to rent tables or the party deck during daily operating hours or for private parties during non-public swim hours on Friday, Saturday, and Sunday evenings.

Table reservations and private party reservations can be made beginning April 9 for residents and April 23 for non-residents. All reservations should be made at the Athletics Office in the Rosemeade Recreation Center Monday-Friday from 8am-5pm before the pool opens on May 26. After June 9, all reservations must be made at the pool during normal operating hours. For more information, visit cityofcarrollton.com/rosemeadepool or call 972-466-3083.

Table Reservations

Tables are available to rent during daily operating hours. Pool admission for all guests is additional. Table reservations must be made at least 24 hours in advance. Fee is per table, per hour.

6 Foot Table	Residents	Non-Residents
Weekday (M-F)	\$7	\$12
Weekend (Sa, Su)	\$10	\$15

Party Deck Reservations

The party deck is available to rent during daily operating hours for a fee of \$30 per hour for residents and \$50 per hour for non-residents. The party deck is shaded and comes complete with picnic tables, a grill, and a sink. Access to the party deck can be controlled by two gates. Pool admission for all guests is additional. Party deck reservations must be made at least 24 hours in advance.

Private Party Reservations

Private parties can be held during non-public swim hours on Friday, Saturday, and Sunday between May 26 and September 2 from 6:30-8:30pm, 8:30-10:30pm, or 6:30-10:30pm. A deposit of half the amount is due at the time of the rental.

The prices listed below are for rental of the Rosemeade Rainforest section or the Rosemeade Main Pool section (price doubles if you rent both sides). Prices include lifeguards and access to the facility.*

Group size is determined by the number of people in the facility, not the number of people swimming.

Group Size	2 Hour Party		4 Hour Party	
	Resident	Non-resident	Resident	Non-resident
1-200 Guests	\$400	\$550	\$800	\$1,100
200+ Guests	\$550	\$700	\$1,100	\$1,400

Swim Lessons

Recreational swim classes are held at Rosemeade Rainforest Aquatic Complex

- Session 1: Monday, June 11 – Thursday, June 21
- Session 2: Monday, June 25 – Friday, July 6
*(*There will be no classes on Wednesday, July 4)*
- Session 3: Monday, July 9 – Thursday, July 19
- Session 4: Monday, July 23 – Thursday, August 2
- Session 5: Monday, August 6 – Thursday, August 16

Inclement Weather Policy

Classes will only be canceled due to inclement weather such as lightning in the immediate area, severe thunderstorms, hail, or excessive winds related to weather warnings. Classes ARE NOT canceled due to rain or cool weather. Please call the Swim Class Hotline (972-695-2355 ext. 13) 30 minutes prior to your class time for inclement weather-related information. You may also download the app RainoutLine.com to your smart phone to view the status of swim lessons.

Swim Lesson Refund Policy

In order to be eligible for a refund, a refund request form needs to be filled out and turned in to Rosemeade or Crosby Recreation Center prior to the start or end of the class session. If the class has not started, a refund will be given minus a \$5 administrative fee. If the class has started, only pro-rated household credits, minus a \$5 administrative fee, will be considered and the merit of requests will be on a case by case basis. If your child is sick, please provide a copy of a doctor's note along with your refund request. Any change in class registration or transfers to another class will incur a \$5 transfer/change fee. NO refunds will be awarded after a swim lesson session has ended.

For your convenience,
recreation centers accept Visa
and MasterCard for all Parks
and Recreation fees.



Group Classes

Each participant should be able to perform all skills in a level before progressing to the next level. Please note age requirements. Instructor to student ratios are listed for each class. Students are grouped in classes by their ability level, and all students are taught water safety skills. There is no guarantee that every student will be swimming at the end of each session. Swim lessons are sanctioned and approved by the American Red Cross and taught by certified water safety instructors and qualified instructor aides. Student/instructor ratios are important; however, occasional adjustments might be necessary at class time to accommodate unforeseen circumstances. Carrollton Parks and Recreation reserves the right to make any adjustments necessary to provide the best possible learning experience.

To aid in class selection, this chart provides course objectives and skills to be tested by the end of each session.

Parent & Tot Preschool	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
<ul style="list-style-type: none"> Safety around the pool Water entry Breath holding Face submerging Kicking Arm actions Front/Back floating and gliding 	<ul style="list-style-type: none"> Entry/Exit Blowing bubbles Bobbing Front/Back float and glide Recovery Rolling from front to back/back to front Treading Arm/Leg action Combined arm/leg action Alternating arm/leg action Simultaneous arm/leg action 	<ul style="list-style-type: none"> Entry/Exit Bobbing Fully submerging and breath holding Front/Back float and glide Jellyfish and tuck float Recovery Rolling from front to back/back to front Change direction Treading Finning arm action Combined arm/leg action 	<ul style="list-style-type: none"> Entry by jumping Head first entry from sitting position Bobbing while moving Rotary breathing Survival float Back float Change from vertical to horizontal position from back/front Treading Flutter, scissors, and dolphin kick Front crawl Elementary backstroke 	<ul style="list-style-type: none"> Head first entry from side Swim under water Feet first surface dive Survival swimming Front crawl open turn Backstroke open turn Treading with two kicks Front/Back crawl Breaststroke Butterfly Flutter and dolphin kicking Elementary backstroke Sidestroke 	<ul style="list-style-type: none"> Shallow angle dive Tuck/Pike surface dive Front flip turn Backstroke flip turn Treading Front/Back crawl Breaststroke Butterfly Elementary backstroke Standard scull Sidestroke 	<ul style="list-style-type: none"> Surface dive Diving from poolside Take-off from deck Tuck/Pike jump Treading Front/Back crawl Breaststroke Butterfly Elementary backstroke Sidestroke Flip turns Open turns

PRIVATE SWIM LESSONS (RATIO 1:1)

Each student receives one-on-one instruction with a certified American Red Cross Water Safety Instructor; designed to meet the student's swimming needs at any skill level.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215000-10	6/11	Rose	3½+	M-Th	12-12:30pm	4	\$80/\$88
215000-11	6/11	Rose	3½+	M-Th	12:30-1pm	4	\$80/\$88
215000-12	6/11	Rose	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-15	6/18	Rose	3½+	M-Th	12-12:30pm	4	\$80/\$88
215000-16	6/18	Rose	3½+	M-Th	12:30-1pm	4	\$80/\$88
215000-17	6/18	Rose	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-20	6/25*	Rose	3½+	M-Th	12-12:30pm	4	\$80/\$88
215000-21	6/25*	Rose	3½+	M-Th	12:30-1pm	4	\$80/\$88
215000-22	6/25*	Rose	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-25	7/9	Rose	3½+	M-Th	12-12:30pm	4	\$80/\$88
215000-26	7/9	Rose	3½+	M-Th	12:30-1pm	4	\$80/\$88
215000-27	7/9	Rose	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-30	7/9	Rose	3½+	M-Th	12-12:30pm	4	\$80/\$88
215000-31	7/9	Rose	3½+	M-Th	12:30-1pm	4	\$80/\$88
215000-32	7/9	Rose	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-35	7/16	Rose	3½+	M-Th	12-12:30pm	4	\$80/\$88
215000-36	7/16	Rose	3½+	M-Th	12:30-1pm	4	\$80/\$88
215000-37	7/16	Rose	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-40	7/23	Rose	3½+	M-Th	12-12:30pm	4	\$80/\$88
215000-41	7/23	Rose	3½+	M-Th	12:30-1pm	4	\$80/\$88
215000-42	7/23	Rose	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-45	7/30	Rose	3½+	M-Th	12-12:30pm	4	\$80/\$88
215000-46	7/30	Rose	3½+	M-Th	12:30-1pm	4	\$80/\$88
215000-47	7/30	Rose	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-50	8/6	Rose	3½+	M-Th	12-12:30pm	4	\$80/\$88
215000-51	8/6	Rose	3½+	M-Th	12:30-1pm	4	\$80/\$88
215000-52	8/6	Rose	3½+	M-Th	4:45-5:15pm	4	\$80/\$88
215000-55	8/13	Rose	3½+	M-Th	12-12:30pm	4	\$80/\$88
215000-56	8/13	Rose	3½+	M-Th	12:30-1pm	4	\$80/\$88
215000-57	8/13	Rose	3½+	M-Th	4:45-5:15pm	4	\$80/\$88

*classes will meet Friday, July 6 due to the 4th of July Holiday

PARENT & TOT (RATIO 1:10)

The foundation of the Parent and Tot class is a set of basic skills that prepares young children to become comfortable in the water. Skills taught include water adjustment, increased confidence and coordination, showing comfort while maintaining a front and back position, and demonstrating breath control and water safety education. A responsible adult is required to participate with the child.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215007-10	6/11	Rose	9mos-2yrs	M-Th	9:45-10:15am	8	\$48/\$53
215007-11	6/11	Rose	9mos-2yrs	M-Th	10:55-11:25am	8	\$48/\$53
215007-12	6/11	Rose	9mos-2yrs	M-Th	5:30-6pm	8	\$48/\$53
215007-13	6/11	Rose	9mos-2yrs	M-Th	6:05-6:35pm	8	\$48/\$53
215007-14	6/11	Rose	9mos-2yrs	M-Th	6:40-7:10pm	8	\$48/\$53
215007-20	6/25*	Rose	9mos-2yrs	M-Th	9:45-10:15am	8	\$48/\$53
215007-21	6/25*	Rose	9mos-2yrs	M-Th	10:55-11:25am	8	\$48/\$53
215007-22	6/25*	Rose	9mos-2yrs	M-Th	5:30-6pm	8	\$48/\$53
215007-23	6/25*	Rose	9mos-2yrs	M-Th	6:05-6:35pm	8	\$48/\$53
215007-24	6/25*	Rose	9mos-2yrs	M-Th	6:40-7:10pm	8	\$48/\$53
215007-30	7/9	Rose	9mos-2yrs	M-Th	9:45-10:15am	8	\$48/\$53
215007-31	7/9	Rose	9mos-2yrs	M-Th	10:55-11:25am	8	\$48/\$53
215007-32	7/9	Rose	9mos-2yrs	M-Th	5:30-6pm	8	\$48/\$53
215007-33	7/9	Rose	9mos-2yrs	M-Th	6:05-6:35pm	8	\$48/\$53
215007-34	7/9	Rose	9mos-2yrs	M-Th	6:40-7:10pm	8	\$48/\$53
215007-40	7/23	Rose	9mos-2yrs	M-Th	9:45-10:15am	8	\$48/\$53
215007-41	7/23	Rose	9mos-2yrs	M-Th	10:55-11:25am	8	\$48/\$53
215007-42	7/23	Rose	9mos-2yrs	M-Th	5:30-6pm	8	\$48/\$53
215007-43	7/23	Rose	9mos-2yrs	M-Th	6:05-6:35pm	8	\$48/\$53
215007-44	7/23	Rose	9mos-2yrs	M-Th	6:40-7:10pm	8	\$48/\$53
215007-50	8/6	Rose	9mos-2yrs	M-Th	9:45-10:15am	8	\$48/\$53
215007-51	8/6	Rose	9mos-2yrs	M-Th	10:55-11:25am	8	\$48/\$53
215007-52	8/6	Rose	9mos-2yrs	M-Th	5:30-6pm	8	\$48/\$53
215007-53	8/6	Rose	9mos-2yrs	M-Th	6:05-6:35pm	8	\$48/\$53
215007-54	8/6	Rose	9mos-2yrs	M-Th	6:40-7:10pm	8	\$48/\$53

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PRESCHOOL (RATIO 1:3)

Skills taught include fundamentals of water safety, buoyancy, breath control, swimming on front and back, changing directions, and water entry and exit. This class may be divided into three separate groups (beginner, intermediate, and advanced) on the first day.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215008-10	6/11	Rose.	3-4	M-Th	8-8:30am	8	\$48/\$53
215008-11	6/11	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53
215008-12	6/11	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/\$53
215008-13	6/11	Rose.	3-4	M-Th	10:20-10:50am	8	\$48/\$53
215008-14	6/11	Rose.	3-4	M-Th	10:55-11:25am	8	\$48/\$53
215008-15	6/11	Rose.	3-4	M-Th	11:30am-12pm	8	\$48/\$53
215008-16	6/11	Rose.	3-4	M-Th	6:05-6:35pm	8	\$48/\$53
215008-17	6/11	Rose.	3-4	M-Th	6:40-7:10pm	8	\$48/\$53
215008-20	6/25*	Rose.	3-4	M-Th	8-8:30am	8	\$48/\$53
215008-21	6/25*	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53
215008-22	6/25*	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/\$53
215008-23	6/25*	Rose.	3-4	M-Th	10:20-10:50am	8	\$48/\$53
215008-24	6/25*	Rose.	3-4	M-Th	10:55-11:25am	8	\$48/\$53
215008-25	6/25*	Rose.	3-4	M-Th	11:30am-12pm	8	\$48/\$53
215008-26	6/25*	Rose.	3-4	M-Th	6:05-6:35pm	8	\$48/\$53
215008-27	6/25*	Rose.	3-4	M-Th	6:40-7:10pm	8	\$48/\$53
215008-30	7/9	Rose.	3-4	M-Th	8-8:30am	8	\$48/\$53
215008-31	7/9	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53
215008-32	7/9	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/\$53
215008-33	7/9	Rose.	3-4	M-Th	10:20-10:50am	8	\$48/\$53
215008-34	7/9	Rose.	3-4	M-Th	10:55-11:25am	8	\$48/\$53
215008-35	7/9	Rose.	3-4	M-Th	11:30am-12pm	8	\$48/\$53
215008-37	7/9	Rose.	3-4	M-Th	6:05-6:35pm	8	\$48/\$53
215008-38	7/9	Rose.	3-4	M-Th	6:40-7:10pm	8	\$48/\$53
215008-40	7/23	Rose.	3-4	M-Th	8-8:30am	8	\$48/\$53
215008-41	7/23	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53
215008-42	7/23	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/\$53
215008-43	7/23	Rose.	3-4	M-Th	10:20-10:50am	8	\$48/\$53
215008-44	7/23	Rose.	3-4	M-Th	10:55-11:25am	8	\$48/\$53
215008-45	7/23	Rose.	3-4	M-Th	11:30am-12pm	8	\$48/\$53
215008-46	7/23	Rose.	3-4	M-Th	6:05-6:35pm	8	\$48/\$53
215008-47	7/23	Rose.	3-4	M-Th	6:40-7:10pm	8	\$48/\$53
215008-50	8/6	Rose.	3-4	M-Th	8-8:30am	8	\$48/\$53
215008-51	8/6	Rose.	3-4	M-Th	8:35-9:05am	8	\$48/\$53
215008-52	8/6	Rose.	3-4	M-Th	9:45-10:15am	8	\$48/\$53
215008-53	8/6	Rose.	3-4	M-Th	10:20-10:50am	8	\$48/\$53
215008-54	8/6	Rose.	3-4	M-Th	10:55-11:25am	8	\$48/\$53
215008-55	8/6	Rose.	3-4	M-Th	11:30am-12pm	8	\$48/\$53
215008-56	8/6	Rose.	3-4	M-Th	6:05-6:35pm	8	\$48/\$53
215008-57	8/6	Rose.	3-4	M-Th	6:40-7:10pm	8	\$48/\$53

*classes will meet Friday, July 6 due to the 4th of July Holiday

LEVEL 1 (RATIO 1:3)

Students will learn basic personal water safety skills to help them feel comfortable in the water. Basic skills include water adjustment, beginning stroke skills, and safety.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215001-10	6/11	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215001-11	6/11	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53
215001-12	6/11	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215001-13	6/11	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215001-14	6/11	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53
215001-20	6/25*	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215001-21	6/25*	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53
215001-22	6/25*	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215001-23	6/25*	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215001-24	6/25*	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53
215001-30	7/9	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215001-31	7/9	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53
215001-32	7/9	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215001-33	7/9	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215001-34	7/9	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53
215001-40	7/23	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215001-41	7/23	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53
215001-42	7/23	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215001-43	7/23	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215001-44	7/23	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53
215001-50	8/6	Rose.	5+	M-Th	9:10-9:40am	8	\$48/\$53
215001-51	8/6	Rose.	5+	M-Th	9:45-10:15am	8	\$48/\$53
215001-52	8/6	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215001-53	8/6	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215001-54	8/6	Rose.	5+	M-Th	6:40-7:10pm	8	\$48/\$53

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LEVEL 2 (RATIO 1:4)

Students will learn to propel themselves on their front and back using coordinated arm and leg action. Students will also learn to float without support and recover to a vertical position. Treading water and bobbing are also introduced.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215002-10	6/11	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
215002-11	6/11	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215002-12	6/11	Rose.	5+	M-Th	10:55-11:25am	8	\$48/\$53
215002-13	6/11	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215002-14	6/11	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215002-20	6/25*	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
215002-21	6/25*	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215002-22	6/25*	Rose.	5+	M-Th	10:55-11:25am	8	\$48/\$53
215002-23	6/25*	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215002-24	6/25*	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215002-30	7/9	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
215002-31	7/9	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215002-32	7/9	Rose.	5+	M-Th	10:55-11:25am	8	\$48/\$53
215002-33	7/9	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215002-34	7/9	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215002-40	7/23	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
215002-41	7/23	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215002-42	7/23	Rose.	5+	M-Th	10:55-11:25am	8	\$48/\$53
215002-43	7/23	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215002-44	7/23	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53
215002-50	8/6	Rose.	5+	M-Th	8:35-9:05am	8	\$48/\$53
215002-51	8/6	Rose.	5+	M-Th	10:20-10:50am	8	\$48/\$53
215002-52	8/6	Rose.	5+	M-Th	10:55-11:25am	8	\$48/\$53
215002-53	8/6	Rose.	5+	M-Th	5:30-6pm	8	\$48/\$53
215002-54	8/6	Rose.	5+	M-Th	7:15-7:45pm	8	\$48/\$53

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More fun for your little one:
 Library story times on page 13; pre-school classes
 on page 26; arts and dance on page 28-30;
 the Sports classes are on page 43;
 and gymnastics are on page 46.

ADULT (RATIO 1:3)

All levels and skills are taught as needed.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215010-10	6/11	Rose.	15+	M-Th	8-8:30am	8	\$48/\$53
215010-11	6/11	Rose.	15+	M-Th	7:15-7:45pm	8	\$48/\$53
215010-12	6/11	Rose.	15+	M-Th	7:50-8:20pm	8	\$48/\$53
215010-20	6/25*	Rose.	15+	M-Th	8-8:30am	8	\$48/\$53
215010-21	6/25*	Rose.	15+	M-Th	7:15-7:45pm	8	\$48/\$53
215010-22	6/25*	Rose.	15+	M-Th	7:50-8:20pm	8	\$48/\$53
215010-30	7/9	Rose.	15+	M-Th	8-8:30am	8	\$48/\$53
215010-31	7/9	Rose.	15+	M-Th	7:15-7:45pm	8	\$48/\$53
215010-32	7/9	Rose.	15+	M-Th	7:50-8:20pm	8	\$48/\$53
215010-40	7/23	Rose.	15+	M-Th	8-8:30am	8	\$48/\$53
215010-41	7/23	Rose.	15+	M-Th	7:15-7:45pm	8	\$48/\$53
215010-42	7/23	Rose.	15+	M-Th	7:50-8:20pm	8	\$48/\$53
215010-50	8/6	Rose.	15+	M-Th	8-8:30am	8	\$48/\$53
215010-51	8/6	Rose.	15+	M-Th	7:15-7:45pm	8	\$48/\$53
215010-52	8/6	Rose.	15+	M-Th	7:50-8:20pm	8	\$48/\$53

*classes will meet Friday, July 6 due to the 4th of July Holiday

Dive Lessons

Lessons are tailored to meet the needs of each individual and cover the proper techniques for jumping safely off the board, developing lead-up skills, and performing competitive dives.

BEGINNER (RATIO 1:5)

Deep-water swimming skills are required. Students must be able to perform a standing dive from the side of the pool.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215020-10	6/11	Rose.	6+	M-Th	8-8:30am	8	\$48/\$53
215020-11	6/11	Rose.	6+	M-Th	9:45-10:15am	8	\$48/\$53
215020-20	6/25*	Rose.	6+	M-Th	8-8:30am	8	\$48/\$53
215020-21	6/25*	Rose.	6+	M-Th	9:45-10:15am	8	\$48/\$53
215020-30	7/9	Rose.	6+	M-Th	8-8:30am	8	\$48/\$53
215020-31	7/9	Rose.	6+	M-Th	9:45-10:15am	8	\$48/\$53
215020-40	7/23	Rose.	6+	M-Th	8-8:30am	8	\$48/\$53
215020-41	7/23	Rose.	6+	M-Th	9:45-10:15am	8	\$48/\$53
215020-50	8/6	Rose.	6+	M-Th	8-8:30am	8	\$48/\$53
215020-51	8/6	Rose.	6+	M-Th	9:45-10:15am	8	\$48/\$53

*classes will meet Friday, July 6 due to the 4th of July Holiday

INTERMEDIATE (RATIO 1:5)

Deep-water swimming skills are required. Students must be able to perform a front dive from the board.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215021-10	6/11	Rose.	8+	M-Th	8:35-9:05am	8	\$48/\$53
215021-11	6/11	Rose.	8+	M-Th	10:20-10:50am	8	\$48/\$53
215021-20	6/25*	Rose.	8+	M-Th	8:35-9:05am	8	\$48/\$53
215021-21	6/25*	Rose.	8+	M-Th	10:20-10:50am	8	\$48/\$53
215021-30	7/9	Rose.	8+	M-Th	8:35-9:05am	8	\$48/\$53
215021-31	7/9	Rose.	8+	M-Th	10:20-10:50am	8	\$48/\$53
215021-40	7/23	Rose.	8+	M-Th	8:35-9:05am	8	\$48/\$53
215021-41	7/23	Rose.	8+	M-Th	10:20-10:50am	8	\$48/\$53
215021-50	8/6	Rose.	8+	M-Th	8:35-9:05am	8	\$48/\$53
215021-51	8/6	Rose.	8+	M-Th	10:20-10:50am	8	\$48/\$53

*classes will meet Friday, July 6 due to the 4th of July Holiday



ADVANCED (RATIO 1:5)

Deep-water swimming skills are required. Students must be able to perform front approach, back approach, front dive, and back dive.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215022-10	6/11	Rose.	8+	M-Th	9:10-9:40am	8	\$48/\$53
215022-11	6/11	Rose.	8+	M-Th	10:55-11:25am	8	\$48/\$53
215022-20	6/25*	Rose.	8+	M-Th	9:10-9:40am	8	\$48/\$53
215022-21	6/25*	Rose.	8+	M-Th	10:55-11:25am	8	\$48/\$53
215022-30	7/9	Rose.	8+	M-Th	9:10-9:40am	8	\$48/\$53
215022-31	7/9	Rose.	8+	M-Th	10:55-11:25am	8	\$48/\$53
215022-40	7/23	Rose.	8+	M-Th	9:10-9:40am	8	\$48/\$53
215022-41	7/23	Rose.	8+	M-Th	10:55-11:25am	8	\$48/\$53
215022-50	8/6	Rose.	8+	M-Th	9:10-9:40am	8	\$48/\$53
215022-51	8/6	Rose.	8+	M-Th	10:55-11:25am	8	\$48/\$53

*classes will meet Friday, July 6 due to the 4th of July Holiday

PRIVATE DIVE LESSONS (RATIO 1:1)

Deep-water swimming skills are required. Each student receives one-on-one instruction designed to meet the student's diving needs at any skill level.

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215023-10	6/11	Rose.	6+	M-Th	11:30am-12pm	4	\$80/\$88
215023-11	6/11	Rose.	6+	M-Th	12-12:30pm	4	\$80/\$88
215023-12	6/11	Rose.	6+	M-Th	12:30-1pm	4	\$80/\$88
215023-15	6/18	Rose.	6+	M-Th	11:30am-12pm	4	\$80/\$88
215023-16	6/18	Rose.	6+	M-Th	12-12:30pm	4	\$80/\$88
215023-17	6/18	Rose.	6+	M-Th	12:30-1pm	4	\$80/\$88
215023-20	6/25	Rose.	6+	M-Th	11:30am-12pm	4	\$80/\$88
215023-21	6/25	Rose.	6+	M-Th	12-12:30pm	4	\$80/\$88
215023-22	6/25	Rose.	6+	M-Th	12:30-1pm	4	\$80/\$88
215023-25	7/2*	Rose.	6+	M-Th	11:30am-12pm	4	\$80/\$88
215023-26	7/2*	Rose.	6+	M-Th	12-12:30pm	4	\$80/\$88
215023-27	7/2*	Rose.	6+	M-Th	12:30-1pm	4	\$80/\$88
215023-30	7/9	Rose.	6+	M-Th	11:30am-12pm	4	\$80/\$88
215023-31	7/9	Rose.	6+	M-Th	12-12:30pm	4	\$80/\$88
215023-32	7/9	Rose.	6+	M-Th	12:30-1pm	4	\$80/\$88
215023-35	7/16	Rose.	6+	M-Th	11:30am-12pm	4	\$80/\$88
215023-36	7/16	Rose.	6+	M-Th	12-12:30pm	4	\$80/\$88
215023-37	7/16	Rose.	6+	M-Th	12:30-1pm	4	\$80/\$88
215023-40	7/23	Rose.	6+	M-Th	11:30am-12pm	4	\$80/\$88
215023-41	7/23	Rose.	6+	M-Th	12-12:30pm	4	\$80/\$88
215023-42	7/23	Rose.	6+	M-Th	12:30-1pm	4	\$80/\$88
215023-45	7/30	Rose.	6+	M-Th	11:30am-12pm	4	\$80/\$88
215023-46	7/30	Rose.	6+	M-Th	12-12:30pm	4	\$80/\$88
215023-47	7/30	Rose.	6+	M-Th	12:30-1pm	4	\$80/\$88
215023-50	8/6	Rose.	6+	M-Th	11:30am-12pm	4	\$80/\$88
215023-51	8/6	Rose.	6+	M-Th	12-12:30pm	4	\$80/\$88
215023-52	8/6	Rose.	6+	M-Th	12:30-1pm	4	\$80/\$88
215023-55	8/13	Rose.	6+	M-Th	11:30am-12pm	4	\$80/\$88
215023-56	8/13	Rose.	6+	M-Th	12-12:30pm	4	\$80/\$88
215023-57	8/13	Rose.	6+	M-Th	12:30-1pm	4	\$80/\$88

*classes will meet Friday, July 6 due to the 4th of July Holiday

JUNIOR GUARD PROGRAM

Participants will be selected as junior guards to learn First Aid, scanning techniques, lifeguard saves, and become CPR certified. Junior guards volunteer throughout the summer to shadow and assist lifeguards. **Participants earn free pool admission and a free T-shirt, but must provide their own one-piece (preferably black) swimsuit. Tryouts are 6/9 at 9am. Registration is required prior to attending tryouts. For more information, call 972-466-9833.**

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215030-01	6/12	Rose.	11-15	Tu/Th	11am-12pm	12	\$31/\$34



For your convenience,
recreation centers accept
Visa and MasterCard for all
Parks and Recreation fees.

Water Aerobics

*No Water Aerobics classes will be held on 5/28, 6/2 or 7/4.

DEEP WATER

Deep-water aerobics is designed for a greater aqua workout. The class emphasizes endurance. Swim skills are not necessary. **Students must be comfortable in deep water and wear float belts (\$12).**

Instructor: Sullivan

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215100-35	5/19	Rose.	15+	Sa	9-9:50am	6	\$24/\$26
215100-36	5/14	Rose.	15+	M/W	6:15-7:05pm	13	\$52/\$58
215100-37	5/15	Rose.	15+	Tu/Th	6:15-7:05pm	14	\$56/\$62
215100-38	6/11	Rose.	15+	M/W/Th	8:40-9:30am	9	\$36/\$40
215100-40	7/7	Rose.	15+	Sa	9-9:50am	8	\$32/\$36
215100-41	7/2	Rose.	15+	M/W	6:15-7:05pm	17	\$68/\$74
215100-42	7/3	Rose.	15+	Tu/Th	6:15-7:05pm	18	\$72/\$78
215100-43	7/2	Rose.	15+	M/W/Th	8:40-9:30am	17	\$68/\$74

Make-up classes may not be available for weather-related cancellations.



HIGH INTENSITY

This class offers a high intensity cardiovascular and muscular conditioning workout and is held in the 200-foot lazy river at Rosemeade Rainforest Aquatic Complex. Depth of water varies due to a steady current, but stands at 3' in calm waters. Swimming skills are not necessary. Instructor: Sullivan

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215102-30	5/19	Rose.	15+	Sa	7:30-8am	6	\$24/\$26
215102-31	5/15	Rose.	15+	T/Th	8:10-8:40pm	14	\$56/\$62
215102-32	6/11	Rose.	15+	M/W	8:10-8:40am	6	\$24/\$26
215102-40	7/7	Rose.	15+	Sa	7:30-8am	8	\$32/\$36
215102-41	7/3	Rose.	15+	T/Th	8:10-8:40pm	18	\$72/\$78
215102-42	7/2	Rose.	15+	M/W	8:10-8:40am	11	\$44/\$48

Make-up classes may not be available for weather-related cancellations.



SHALLOW WATER

Low impact aerobics increase cardiovascular endurance and burn fat without stress on bones or joints. This class is a beneficial workout for the beginner or more advanced person. Instructor: Sullivan

CLASS#	STARTS	LOC	AGE	DAY	TIME	#CLSS	\$(RES/NR)
215101-35	5/19	Rose.	15+	Sa	8:10-8:50am	6	\$24/\$36
215101-36	5/14	Rose.	15+	M/W	7:15-8:05pm	13	\$52/\$58
215101-37	5/15	Rose.	15+	Tu/Th	7:15-8:05pm	14	\$56/\$62
215101-38	6/11	Rose.	15+	M/W	8:40-9:30am	9	\$36/\$40
215101-40	7/7	Rose.	15+	Sa	8:10-8:50am	8	\$32/\$36
215101-41	7/2	Rose.	15+	M/W	7:15-8:05pm	17	\$68/\$74
215101-42	7/3	Rose.	15+	Tu/Th	7:15-8:05pm	18	\$72/\$78
215101-43	7/2	Rose.	15+	M/W	8:40-9:30am	17	\$68/\$74

Make-up classes may not be available for weather-related conditions.



Floatation Devices

The use of floatation devices does not provide a positive pre-swimming lesson experience for children. If your child wears floaties (arm bands) or a floatation swimsuit, it may take your child much longer to learn how to swim.

These devices teach a heads-up posture in the water, with arms out to the sides, the back arched, and knees bent in a bicycle kicking pattern, a posture that is contrary to the horizontal method needed for swimming. In addition, floatation devices tend to promote a false sense of security in the child and parent. Children may jump into the pool thinking they will be saved by the floatation device, but are unable to swim. Parents may also feel their children can swim unattended while their child is wearing a floatation device, but a child should never be left unattended while swimming.

The use of floaties specifically can cause strain on a child's arms and shoulders, as well as fail to support the head and neck. Children can still drown while wearing floaties since their head may fall forward or the floaties may come loose from a child's arms causing them to sink.

It is recommended your child not enter the water without an adult if they are unable to swim. A child who is restricted from entering the water without an adult until they learn how to swim has an incentive to learn to swim properly. If your child must wear a floatation device, we highly recommend the use of a Coast Guard-approved floatation device, which is available to use free of charge.

Leagues and Tournaments

Facilities

Senior

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Aquatics

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Sports

ADULT BASKETBALL LEAGUE

Season is seven games plus playoffs. Team registration is **4/16-5/18**.

STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS	\$
6/3	Men's Rec.	RRC	18+	Su	2-10pm	8	\$395
6/5	Men's Rec.	CRC	18+	Tu	6-10pm	8	#395

ADULT FLAG FOOTBALL LEAGUE

Join the summer 8-on-8 Flag Football League. Season is eight games plus playoffs. **Team registration is 3/12-5/11. Teams will be responsible for providing their own flags and game balls.**

STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS	\$
5/31	Men's	McInnish	18+	Th	6:45-10:30pm	8	\$370
5/31	Co-ed	McInnish	18+	Th	6:45-10:30pm	8	\$370
6/5	Men's	McInnish	18+	Tu	6:45-10:30pm	8	\$370

ADULT KICKBALL LEAGUE

Season is eight games plus playoffs. **Team registration is 3/12-5/11.**

STARTS	DIVISION	LOC	AGE	DAY	TIME	#WKS	\$
6/1	Co-ed	McInnish	18+	Fri	6:45-10:30pm	8	\$200

ADULT RACQUETBALL LEAGUE

Interested in a racquetball league? This is a co-ed league where you can set your own time to compete. **Contact the League Coordinator at trevor.helton@cityofcarrollton.com or 972-466-9836 for more information or help selecting a level. Matches will run 06/18-08/11 and playoffs end 08/28. Deadline to register is 6/11.**

LEVELS:

- A-1 = Elite Players
- A-2 = Accomplished/Veteran Players
- B-1 = Intermediate Players
- C-1 = Beginner/Recreational Players

CLASS #	LOC	AGE	DATES	DAY	LEVEL	\$(RES/NR)
200000-81	RRC	16+	6/18-8/11	M-Su	A1	\$15/\$20
200000-82	RRC	16+	6/18-8/11	M-Su	A2	\$15/\$20
200000-83	RRC	16+	6/18-8/11	M-Su	B1	\$15/\$20
200000-84	RRC	16+	6/18-8/11	M-Su	C1	\$15/\$20

ADULT SOFTBALL LEAGUE

Registration Dates:

Summer 1 Double Headers:	March 12 – April 20
Summer Single Games:	March 12 – May 11
Summer 2 Double Headers:	May 14 – June 8

Registration Fees:

Summer 1 Double Headers:	\$350 per team
Summer Single Games:	\$405 per team
Summer 2 Double Headers:	\$350 per team

Season Begins:

Summer 1 Double Headers:	Week of May 7
Summer Single Games:	Week of June 4
Summer 2 Double Headers:	Week of June 25

All games are played at McInnish Softball Complex, Sunday through Friday. Balls must be purchased from the City. League divisions include: Men's D & E, Co-ed, and Church. A free agent list for individuals looking for a team is available online at cityofcarrollton.com/athletics or by calling 972-466-9833.

ADULT SOFTBALL TOURNAMENTS

Carrollton Parks and Recreation invites your softball team to participate in City tournaments. The City hosts a variety of United States Specialty Sports Association (USSSA) sanctioned tournaments at the award-winning McInnish Softball Complex on Sandy Lake Road.

USSSA Tournament Dates:

April 14	Iron Man (Men's D & E)
May 12	King of the Hill (Men's D & E)
June 15	June All Nighter (Men's D, E)
July 20	July All Nighter (Men's E, Mixed E)
August 10	August All Nighter (Men's D & Mixed E)

YOUTH TRACK AND FIELD

Participants will train and compete in the Texas Amateur Athletic Federation (TAAF) Region Seven track circuit, the Region Seven Championship and possibly the Games of Texas. Parent volunteers are welcomed and encouraged. Parent information meeting 5/8, 6:30pm at Crosby Recreation Center. **Registration is 4/2-5/15.**

CLASS#	STARTS	LOC	AGE	DAY	TIME	#WKS	\$(RES/NR)
207350-01	5/14	Standridge	6-18	M/Tu/Th	7-8:30pm	10	\$80/\$100

YOUTH VOLLEYBALL LEAGUE

Prepare for volleyball tryouts or just enjoy time with friends. Girls must be age 8-14 as of September 1, 2017. **Individual and team registration is 4/23-5/27.**

CLASS#	STARTS	LOC	AGE	DAY	TIME	#WKS	\$(RES/NR)
207425-01	6/9	Various Gyms	8	Sa	8am-5pm	9	\$55/\$75
207426-01	6/9	Various Gyms	9	Sa	8am-5pm	9	\$55/\$75
207427-01	6/9	Various Gyms	10	Sa	8am-5pm	9	\$55/\$75
207428-01	6/9	Various Gyms	11	Sa	8am-5pm	9	\$55/\$75
207429-01	6/9	Various Gyms	12	Sa	8am-5pm	9	\$55/\$75
207430-01	6/9	Various Gyms	13-14	Sa	8am-5pm	9	\$55/\$75

ATHLETIC ASSOCIATIONS

ASSOCIATIONS

ONLINE

Baseball

Carrollton Little League	leaguelineup.com/carrolltonllb
CFB Baseball Association	cfbba.com

Football

Carrollton Youth Football	cyfleague.org
Cheerleadng/Drill Teams	cyfleague.org

Soccer

CFB Soccer Association	cfbsa.org
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Softball

CFB Girls Fast Pitch	cfbgsf.com
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Swimming

Carrollton Aqua Racers	aquaracers.org
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Is there a scout in your house?

We have many new programs for scouts, boys and girls, on page 27.

Sports Classes

ROOKIES 56 SPORT CAMP

This is a multi-sport camp that includes skill development and fun-based games. It is designed for players 5 and 6 years old. This low competition experience is a great way for your child to get an introduction into, team sports like soccer, t-ball, and basketball. **Bring basketball/gym shoes and water bottle.**

Instructor: Barrows-Bowmen Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160005-73	RRC	5-6	7/30-8/2	M-Th	9-11am	4	\$55/\$60.50

BASKETBALL TECH

This fun clinic is designed for players of all skills and abilities. Program time will focus on dribbling, passing, and shooting. This is a skill-based program, but uses fun drills and games to reinforce techniques being taught. This program is perfect for young, budding stars! **Bring basketball/gym shoes and a water bottle.**

Instructor: Barrows-Bowmen Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160010-71	RRC	7-12	6/4-6/25	M	5:30-6:30pm	4	\$50/\$55
160010-73	RRC	7-12	7/2-7/30	M	5:30-6:30pm	5	\$60/\$65
160010-82	RRC	7-12	8/6-8/27	M	5:30-6:30pm	4	\$50/\$55

BASKETBALL TECH CAMP

Basketball Tech Camp is a super-fun clinic designed for players of all skills and abilities. Program time focuses on dribbling, passing, shooting, and rebounding. This is a skill-based program which utilizes drills and games to reinforce skills being taught. Part of each class time will be used for game scrimmages. **Bring a snack, water bottle, and basketball/gym shoes.** Instructor: Barrows-Bowmen Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160015-65	RRC	7-12	6/11-6/14	M-Th	9am-12pm	4	\$88/\$97
160015-73	RRC	7-12	7/9-7/12	M-Th	9am-12pm	4	\$88/\$97
161015-86	CRC	7-12	8/13-8/16	M-Th	9am-12pm	4	\$88/\$97

BEGINNER BASKETBALL

This fun clinic is designed for players of all skills and abilities. Program time will focus on dribbling, passing, and shooting. This is a skill-based program, but uses fun drills and games to reinforce techniques being taught. This program is perfect for young, budding stars! **Bring basketball/gym shoes and a water bottle.**

Instructor: Barrows-Bowmen Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160020-65	RRC	4-6	6/4-6/25	M	4:30-5:15pm	4	\$45/\$50
160020-73	RRC	4-6	7/2-7/30	M	4:30-5:15pm	5	\$45/\$50
160020-81	RRC	4-6	8/6-8/27	M	4:30-5:15pm	4	\$45/\$50

DODGEBALL CAMP

This ultra-popular program includes 20+ versions of dodgeball. We set up situations and drills for maximum fun. All games are played with special, safer dodgeballs, so the fun will not hurt; there are no rubber playground balls. The class may also include capture the flag, kickball, and other classic games. **Bring basketball/gym shoes and a water bottle.** Instructor: Barrows-Bowmen Sports

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161025-65	CRC	7-12	6/18-6/21	M-Th	1-4pm	4	\$88/\$97
160025-81	RRC	7-12	7/30-8/2	M-Th	1-4pm	4	\$88/\$97



DISC GOLF

Learn to play Disc Golf from Professional Disc Golf Association (PDGA) Grand Master Randy Mecca. This program combines the fun and fitness benefits of frisbee toss with the strategy of traditional golf. This growing recreational sport is great for people of all ages and abilities. The class will cover technique, strategy, rules, scoring, and equipment selection. Participants are welcome to bring their own disc golf supplies and the instructor will have some disc golf supplies available for program purposes. **First class will meet at Rosemeade Recreation Center but the following classes will be relocated by Instructor. No class 7/4.** Instructor: Mecca

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160030-65	RRC	8+	5/2-6/6	W	7-8:30pm	6	\$50/\$55
160030-73	RRC	8+	6/13-7/25	W	7-8:30pm	6	\$50/\$55

AMO VOLLEYBALL

We cover all aspects of the game for athletes at all levels and pride ourselves in providing experienced coaches who are able to give personalized instruction, high intensity, and fun! Our goals for each camp are to teach the fundamental aspects of the game (physical, technical, mental, and emotional), emphasize efficiency, correct technique, and increase volleyball knowledge in order to enhance each individual player. **No Class 7/4.** Instructor: AMO Volleyball.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161120-73	CRC	7-14	6/4-7/9	M	6:30-7:30pm	6	\$150/\$165
160120-73	RRC	7-14	6/6-7/18	W	6:30-7:30pm	6	\$150/\$165
161120-74	CRC	7-14	6/7-7/12	Th	6:30-7:30pm	6	\$150/\$165
161120-89	CRC	7-14	7/30-9/3	M	6:30-7:30pm	6	\$150/\$165
160120-89	RRC	7-14	8/1-9/5	W	6:30-7:30pm	6	\$150/\$165
161120-90	CRC	7-14	8/2-9/6	Th	6:30-7:30pm	6	\$150/\$165

Camps

161120-65	CRC	7-11	6/18-6/20	M-W	8-11am	3	\$180/\$198
161120-67	CRC	12+	6/18-6/20	M-W	12-3pm	3	\$180/\$198
160120-74	RRC	7-11	7/9-7/11	M-W	12-3pm	3	\$180/\$198
160120-75	RRC	12+	7/9-7/11	M-W	4-7pm	3	\$180/\$198
160120-81	RRC	12+	7/30-8/1	M-W	1-4pm	3	\$180/\$198
160120-82	RRC	12+	8/6-8/8	M-W	1-4pm	3	\$180/\$198

EL BARRIO BOXING

This boxing program is designed to teach young men and women about honor, respect for themselves and peers, self-discipline, self-confidence, self-esteem, and leadership through physical fitness in sports and mentoring. **All new students must first contact Hector Soto at wade3-4@hotmail.com to discuss program guidelines and availability before enrolling.** Instructor: Soto

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161030-57	CRC	8-18	5/1-5/31	Tu/Th	5:30-7pm	10	\$10/\$10
161030-65	CRC	8-18	6/5-6/28	Tu/Th	5:30-7pm	8	\$10/\$10
161030-73	CRC	8-18	7/3-7/31	Tu/Th	5:30-7pm	9	\$10/\$10
161030-82	CRC	8-18	8/2-8/30	Tu/Th	5:30-7pm	9	\$10/\$10

KIDZ LOVE SOCCER

Each session includes age-appropriate activities including skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience the game in a safe, non-competitive environment. Classes are held at Josey Ranch Sports Complex-Field 6. Participants will receive a Kidz Love Soccer jersey. **Bring water bottle and shin guards (except ages 2-3.5). Parents are encouraged to bring an outdoor chair and watch the classes. No Class 05/26.** For detailed class descriptions or to register, visit kidzlovesoccer.com. For questions call 1-888-277-9542 or email info@kidzlovesoccer.com

LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
JRSC	7-10	5/16-6/20	W	4:30-5:15pm	6	\$73/\$81
JRSC	5-6	5/16-6/20	W	5:15-6pm	6	\$73/\$81
JRSC	3.5-5	5/16-6/20	W	6-6:35pm	6	\$73/\$81
JRSC	2-3.5	5/16-6/20	W	6:45-7:15pm	6	\$73/\$81
JRSC	2-3.5	5/19-6/30	Sa	9-9:30am	6	\$73/\$81
JRSC	3.5-5	5/19-6/30	Sa	9:40-10:15am	6	\$73/\$81
JRSC	5-6	5/19-6/30	Sa	10:15-11am	6	\$73/\$81
JRSC	7-10	5/19-6/30	Sa	11-11:45am	6	\$73/\$81

FENCING CAMP FOR BEGINNERS

Students learn to think strategically, solve problems quickly, evaluate the cause and effect of their actions, overcome attitudes and fears, and win and lose graciously. Upon session completion, students will have the physical and mental competency to fence in simulated bouts. Athletes should wear comfortable clothing and tennis shoes. Fee covers all equipment including uniform, mask, weapon, and safety equipment. **Camp is held onsite at International Fencers Alliance, 2640 Old Denton Rd, Suite 212.** For more information, visit ifafencers.com. Instructor: Badawi

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
167040-77	IFA	7+	6/11-6/15	M-F	9am-12pm	5	\$150/\$165
167040-80	IFA	7+	7/9-7/13	M-F	9am-12pm	5	\$150/\$165
167040-82	IFA	7+	7/23-7/27	M-F	9am-12pm	5	\$150/\$165

ARCHERY

This is a basic archery course. The focus is on beginning archery safety, skills, and drills. Participants learn about archery form, range rules, and etiquette. Form training and fun games are introduced in this class. Instructor: Atkins

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
171760-73	CRC	8-18	7/9-7/12	M-Th	4-5pm	4	\$50/\$55
171760-74	CRC	8-18	7/9-7/12	M-Th	5:30-6:30pm	4	\$50/\$55
171760-75	CRC	8-18	7/23-7/26	M-Th	4-5pm	4	\$50/\$55
171760-76	CRC	8-18	7/23-7/26	M-Th	5:30-6:30pm	4	\$50/\$55



SKYHAWK MULTI-SPORT CAMP

This camp is designed to introduce young athletes to a variety of different sports in one setting. We combine two to three sports into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of new sports along with vital life lessons such as respect, teamwork, and self-discipline.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160065-40	RRC	7-12	6/18-6/21	M-Th	9am-12pm	4	\$100/\$110
160065-60	RRC	7-12	8/6-8/9	M-Th	9am-12pm	4	\$100/\$110

SKYHAWKS TINY HAWK

This camp is designed to introduce young athletes to a variety of different sports in one setting. We combine two to three sports into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of new sports along with vital life lessons such as respect, teamwork, and self-discipline.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160070-50	RRC	4-6	7/16-7/19	M-Th	9am-12pm	4	\$80/\$88

SKYHAWKS BASEBALL CAMP

Skyhawks baseball takes the rich history of the game from Cooperstown to your town. Our progressive curriculum teaches the fundamentals of fielding, catching, throwing, hitting, and base running in a fun, positive environment. All athletes regardless of skill level will learn new baseball skills along with vital life lessons such as respect, teamwork, and responsibility. All participants will come away with new friends, new skills, and a love for the game! Location: McInnish Field 9.

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160075-40	MCIN9	7-12	6/18-6/21	M-Th	9am-12pm	4	\$100/\$110
160075-41	MCIN9	7-12	6/18-6/21	M-Th	5-8pm	4	\$100/\$110
160075-50	MCIN9	7-12	7/16-7/19	M-Th	9am-12pm	4	\$100/\$110
160075-51	MCIN9	7-12	7/16-7/19	M-Th	5-8pm	4	\$100/\$110
160075-60	MCIN9	7-12	7/30-8/2	M-Th	9am-12pm	4	\$100/\$110
160075-61	MCIN9	7-12	7/30-8/2	M-Th	5-8pm	4	\$100/\$110

Indian Creek Golf Club

1650 W. Frankford Road • 972-466-9850 • indiancreekgolfclub.com



indian creek
golf club



Indian Creek is conveniently located between the President George Bush Turnpike and SH 121 and is only a ½ mile east of IH-35E on Frankford Road.

Rated among the top public golf courses in the Dallas/Fort Worth Metroplex, Indian Creek Golf Club offers 36 holes of championship golf. The two distinctly different 18-hole courses are situated along the Trinity River.

Whether you just want to drop by for a quick nine and lunch at the clubhouse, or have time to try the full course experience, stop in and see why you will want Indian Creek to be your home course. It's a perfect blend of natural beauty and challenging play. Excellent golf course conditions, a friendly and courteous staff, and an enjoyable golfing experience await.

Starting time reservations are taken 10 days in advance by phone or in person. You can also book starting times and view upcoming special events and other promotional offers by visiting our website. Sign up for our monthly e-newsletter at indiancreekgolfcourse.com for updates on programs and upcoming events.

Monday-Friday Rates

TIME	THE CREEK RATES (RES – WALK/RIDE)*	THE LAKE RATES (RES – WALK/RIDE)*
18 Holes	\$37/\$53	\$19/\$35
Twilight 1-4pm	\$25/\$41	\$14/\$30
Super Twilight After 4pm	\$20/\$28	\$10/\$18
Seniors 60+ (Weekdays Only)	\$19/\$35	\$11/\$27
Military Veterans (Weekdays Only)	\$24/\$40	\$16/\$32
9 Holes	\$23/\$31	\$11/\$19
Juniors (Ages 21 & Under)	\$10	\$5

Saturday-Sunday and Holiday Rates

TIME	THE CREEK RATES (RES – WALK/RIDE)*	THE LAKE RATES (RES – WALK/RIDE)*
18 Holes	\$47/\$63	\$24/\$40
Twilight 1-4pm	\$25/\$41	\$14/\$30
Super Twilight After 4pm	\$20/\$28	\$10/\$18
9 Holes	\$28/\$36	\$13/\$21
Juniors (Ages 21 & Under)	\$10**	\$5**

*Valid with Carrollton address on current driver's license

**Cart fee applies with valid driver's license or parent supervision

Book and play online at
indiancreekgolfclub.com/TeeTimes,
as well as find course specials
and the lowest rates.

Lessons are offered through our professional staff
by appointment only. Call the Golf Shop
for availability and pricing at 972-466-9850.

PGA JUNIOR LEAGUE & CAMPS

This league is changing the way golf is learned and played through its fun, team-oriented approach and is open to both boys and girls. Students of similar ability will play and compete together in any match pairing (boy-and-girl, girl-and-girl, boy-and-boy). There are no separate divisions, no tee boxes, and no yardages from which to play. Practices are held on Wednesdays in May (after school), and June - July. To register, visit <https://www.pgajrleague.com/register> (Ages 9 – 13 years).

HALF DAY CAMPS

Designed to inspire new golfers and further the development of those playing at an intermediate level. Based on experience and age, students are segmented into smaller groups to create a favorable learning environment and hone their skills for three hours a day. There is a strong emphasis on golf's fundamentals while having fun.

- Ages 6-13, Monday-Friday, 9am-Noon
- Golf Skill Level: Beginner to Intermediate

FULL DAY CAMPS

Provide an opportunity for junior golfers to continue to improve their skills as well as develop better course management expertise. Based on their experience and age, students are segmented into smaller groups in order to create a favorable learning environment. Following lunch, campers head to the course for supervised play emphasizing course management, shot selection, and rules.

- Ages 9-16, Monday-Friday, 9am-4pm
- Golf Skill Level: Intermediate to Advanced
- Daily lunch included

CAMP DATES AND PRICING

Jun 11-Jun 15	9am-Noon Half Day -\$250
	9am-4pm Full Day -\$425
Jun 25-Jun 29	9am-Noon Half Day -\$250
	9am-4pm Full Day -\$425
Jul 16-Jul 20	9am-Noon Half Day -\$250
	9am-4pm Full Day -\$425

To register visit <http://pgajuniorgolfcamps.com/camp-locations/indian-creek-golf-club-carrollton-texas/>

JUNIOR GOLF SUMMER CAMPS

An introduction to the game of golf, the Northern Texas PGA Junior Golf Foundation partners with local golf courses and facilities to conduct week-long summer golf camps. Students learn full swing fundamentals, putting, chipping, bunker play, rules, etiquette and safety.

REGISTRATION IS NOW OPEN!

*Please note: a child cannot sign up for multiple camps.
Each child can only participate in one camp per summer.*
All camps are M-F am-Noon and are open to boys & girls, ages 6-12.

CAMP DATES: JUNE 4-8; JUNE 18-22; JULY 9-13

To register visit <http://www.ntpgajuniorgolf.com/summer-golf-camps.html>

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Athletics

Sports



Gymnastics

In association with the City of Carrollton Parks and Recreation Department at Rosemeade Recreation Center, Texas Dynamix Gymnastics is an all-year program. A recreation center membership is not required for enrollment. We offer your child the opportunity to develop a strong, healthy body and learn discipline, determination, and self-motivation. Participants must secure their hair away from the face and may not wear jewelry of any kind. Students may wear leotards or T-shirts and shorts and be barefooted. No bare midriffs! Parents and visitors observe from outside the gym. The recreation center's inclement weather policy generally follows the C-FBISD closures and make up dates will be announced. For additional information about our programs and competitive team, contact Coach Cortnee at cortmaestas@yahoo.com. Look for us on Facebook @ Texas Dynamix Gymnastics and Rollie Pollie Gymnastics. **No class 7/4.**

COMPETITIVE TEAM

Team is by invitation only. We compete in USAG competitions. Please email the instructor at cortmaestas@yahoo.com if you have any questions. Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Level 2							
140000-42	RRC	5-18	4/17-5/31	Tu/Th	4:30-7:30pm	14	\$260/\$260
140000-41	RRC	5-18	4/18-6/1	W/F	4:30-7:30pm	14	\$260/\$260
140000-75	RRC	5-18	6/5-7/19	Tu/Th	4:30-7:30pm	14	\$260/\$260
140000-74	RRC	5-18	6/6-7/20	W/F	4:30-7:30pm	13	\$241.42/\$241.42
140000-45	RRC	5-18	7/24-9/6	Tu/Th	4:30-7:30pm	14	\$260/\$260
140000-44	RRC	5-18	7/25-9/7	W/F	4:30-7:30pm	14	\$260/\$260
Level 3							
140000-65	RRC	5-18	4/17-6/1	Tu/Th/F	5-8pm	21	\$300/\$300
140000-76	RRC	5-18	6/5-7/20	Tu/Th/F	5-8pm	21	\$300/\$300
140000-89	RRC	5-18	7/24-9/7	Tu/Th/F	5-8pm	21	\$300/\$300
Level 4							
140000-40	RRC	6-18	4/17-6/1	Tu-F	5-8pm	28	\$355/\$355
140000-73	RRC	5-18	6/5-7/20	Tu-F	5-8pm	27	\$342.32/\$342.32
140000-43	RRC	5-18	7/24-9/7	Tu-F	5-8pm	28	\$355/\$355
Level 5							
140000-67	RRC	5-18	4/17-6/1	Tu-F	4:45-8:15pm	21	\$410/\$410
140000-77	RRC	5-18	6/5-7/20	Tu-F	4:45-8:15pm	20	\$390.48/\$390.48
140000-90	RRC	5-18	7/24-9/7	Tu-F	4:45-8:15pm	21	\$410/\$410

LITTLE DYNAMIX

This class is by invitation only. This class is designed for our advanced preschoolers and elementary-aged children to prepare them for our Level 2 Team. **No class 7/4. Make up day 7/13.** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140005-57	RRC	4-6	4/18-5/30	W	4:30-6:30pm	7	\$165/\$181
140005-65	RRC	4-6	4/18-6/1	W/F	4:30-6:30pm	14	\$200/\$220
140005-73	RRC	4-6	6/6-7/18	W	4:30-6:30pm	7	\$165/\$181
140005-74	RRC	4-6	6/6-7/20	W/F	4:30-6:30pm	14	\$200/\$220
140005-89	RRC	4-6	7/25-9/5	W	4:30-6:30pm	7	\$165/\$181
140005-90	RRC	4-6	7/25-9/7	W/F	4:30-6:30pm	14	\$200/\$220



GIRLS GYMNASTICS

If your daughter aspires to be a competitive gymnast or wants a fun activity, she will enjoy learning challenging skills, discipline, dance, and increasing athletic abilities. A refined mix of skills training, stretching, conditioning, and fun games will provide her with the tools to become a well-rounded athlete. **Level: Beginner-Intermediate.** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140010-40	RRC	5-15	4/18-5/30	W	6:30-7:25pm	7	\$52/\$57
140010-41	RRC	5-9	4/17-5/29	Tu	5-5:55pm	7	\$52/\$57
140010-42	RRC	6-10	4/17-5/31	Tu/Th	6-6:55pm	14	\$100/\$110
140010-43	RRC	5-9	4/19-5/31	Th	5-5:55pm	7	\$52/\$57
140010-44	RRC	5-15	4/18-5/30	W	5:30-6:25pm	7	\$52/\$57
140010-45	RRC	5-9	4/20-6/1	F	4:30-5:25pm	7	\$52/\$57
140010-47	RRC	5-9	4/20-6/1	F	5:30-6:25pm	7	\$52/\$57
140010-73	RRC	5-9	6/5-7/17	Tu	5-5:55pm	7	\$52/\$57
140010-74	RRC	6-10	6/5-7/19	Tu/Th	6-6:55pm	14	\$100/\$110
140010-75	RRC	5-9	6/7-7/19	Th	5-5:55pm	6	\$44.50/\$49.50
140010-76	RRC	5-15	6/6-7/18	W	5:30-6:25pm	6	\$44.50/\$49.50
140010-77	RRC	6-10	6/6-7/18	W	6:30-7:25pm	6	\$44.50/\$49.50
140010-79	RRC	5-9	6/8-7/20	F	4:30-5:25pm	7	\$52/\$57
140010-80	RRC	5-9	6/8-7/20	F	5:30-6:25pm	7	\$52/\$57
140010-48	RRC	5-9	7/24-9/4	Tu	5-5:55pm	7	\$52/\$57
140010-49	RRC	6-10	7/24-9/6	Tu/Th	6-6:55pm	14	\$100/\$110
140010-50	RRC	5-9	7/26-9/6	Th	5-5:55pm	7	\$52/\$57
140010-51	RRC	5-15	7/25-9/5	W	5:30-6:25pm	7	\$52/\$57
140010-52	RRC	6-10	7/25-9/5	W	6:30-7:25pm	7	\$52/\$57
140010-53	RRC	5-9	7/27-9/7	F	4:30-5:25pm	7	\$52/\$57
140010-54	RRC	5-9	7/27-9/7	F	5:30-6:25pm	7	\$52/\$57

GIRLS PRE-TEAM

This program is for advanced gymnasts who are working and learning USAG level 1 and 2 skills. This program is for both girls who wish to participate in gymnastics for fun and for those who are preparing for our competitive team. **Level: Advanced.** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140020-41	RRC	6-14	4/17-5/31	Tu/Th	6:45-8pm	14	\$120/\$120
140020-42	RRC	6-14	6/5-7/19	Tu/Th	6:45-8pm	14	\$120/\$120
140020-73	RRC	6-14	7/24-9/6	Tu/Th	6:45-8pm	14	\$120/\$120

GIRLS TUMBLING & TRAMPOLINE

Develop all the skills you need to do cartwheels, round-offs, and front and back handsprings. **Level: Beginner-Intermediate.** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140030-41	RRC	6-14	4/18-5/30	W	7:30-8:15pm	7	\$50/\$55
140030-73	RRC	6-14	6/6-7/18	W	7:30-8:15pm	6	\$43/\$48
140030-42	RRC	6-14	7/25-9/5	W	7:30-8:15pm	7	\$50/\$55

PARENTS' NIGHT OUT OPEN GYM

Enjoy a night out knowing your kids are in a fun, safe environment. In addition to access to the gymnastics equipment, pizza, crafts, and games will be provided. **Sibling Discount \$15.** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140090-35	RRC	4-13	4/20	F	7:30-10:30pm	1	\$30/\$30
140090-36	RRC	4-13	6/1	F	7:30-10:30pm	1	\$30/\$30
140090-37	RRC	4-13	7/13	F	7:30-10:30pm	1	\$30/\$30



SUMMER GYMNASTICS CAMP

Our four-hour camp will keep your kids busy and moving in a safe, cool environment. We will have instructional gymnastics, free time to play in the gym, an educational craft, and a learning activity about movement and our bodies! We will also have a snack break so please provide your child with a healthy snack and water bottle for the day. Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140055-65	RRC	4-7	6/6-6/8	W-F	8am-12pm	3	\$100/\$110
140055-67	RRC	4-7	6/13-6/15	W-F	8am-12pm	3	\$100/\$110
140055-68	RRC	4-7	6/20-6/22	W-F	8am-12pm	3	\$100/\$110
140055-69	RRC	4-7	6/27-6/29	W-F	8am-12pm	3	\$100/\$110
140055-73	RRC	4-7	7/11-7/13	W-F	8am-12pm	3	\$100/\$110
140055-74	RRC	4-7	7/18-7/20	W-F	8am-12pm	3	\$100/\$110
140045-65	RRC	8-12	6/6-6/8	W-F	8am-12pm	3	\$100/\$110
140045-67	RRC	8-12	6/13-6/15	W-F	8am-12pm	3	\$100/\$110
140045-68	RRC	8-12	6/20-6/22	W-F	8am-12pm	3	\$100/\$110
140045-69	RRC	8-12	6/27-6/29	W-F	8am-12pm	3	\$100/\$110
140045-73	RRC	8-12	7/11-7/13	W-F	8am-12pm	3	\$100/\$110
140045-74	RRC	8-12	7/18-7/20	W-F	8am-12pm	3	\$100/\$110

TUMBLING & STRENGTH BOYS

This is a great class for boys to release some of that energy. Emphasis will be placed on building strength and discipline. Stretching, tumbling, and trampoline are included for increased flexibility, motor skills, and self-confidence. **Level: Beginner-Intermediate.** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140080-40	RRC	6-14	4/18-5/30	W	7:30-8:15pm	7	\$50/\$55
140080-73	RRC	6-14	6/6-7/18	W	7:30-8:15pm	6	\$43/\$48
140080-41	RRC	6-14	7/25-9/5	W	7:30-8:15pm	7	\$50/\$55

BOYS GYMNASTICS

These classes are for beginner and intermediate boys. We will focus on all six gymnastics events for boys, improving coordination, and building strength. Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
140130-57	RRC	5-9	4/17-5/29	Tu	6:30-7:20pm	7	\$132.50/\$145.50
140130-58	RRC	5-9	4/18-5/30	W	6:30-7:20pm	7	\$132.50/\$145.50
140130-73	RRC	5-9	6/5-7/17	Tu	6:30-7:20pm	7	\$132.50/\$145.50
140130-74	RRC	5-9	6/6-7/18	W	6:30-7:20pm	6	\$113.80/\$127
140130-89	RRC	5-9	7/24-9/4	Tu	6:30-7:20pm	7	\$132.50/\$145.50
140130-90	RRC	5-9	7/25-9/5	W	6:30-7:20pm	7	\$132.50/\$145.50

ROLLIE POLLIE GYMNASTICS

These classes introduce beginner skills in all four gymnastics events. We work on body positions, technique, and skills. For ages walking through two years it will be a parent + tot class. Each class will incorporate shapes, colors, numbers, and letters into each class. Different age groups will go into different depths of each subject. Children are never too young to be introduced to new learning! **No class 7/4.** Instructor: Maestas

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Walking - 2 YEARS OLD							
140100-58	RRC	W-2	4/18-5/30	W	5:30-6:05pm	7	\$104.50/\$114
140100-65	RRC	W-2	4/19-5/31	Th	9:15-9:50am	7	\$104.50/\$114
140100-67	RRC	W-2	4/20-6/1	F	9:15-9:50am	7	\$104.50/\$114
140100-68	RRC	W-2	4/20-6/1	F	6:30-7:05pm	7	\$104.50/\$114
140100-73	RRC	W-2	6/7-7/19	Th	9:15-9:50am	7	\$104.50/\$114
140100-74	RRC	W-2	6/8-7/20	F	9:15-9:50am	7	\$104.50/\$114
140100-75	RRC	W-2	6/8-7/20	F	6:30-7:05pm	7	\$104.50/\$114
140100-76	RRC	W-2	6/6-7/18	W	5:30-6:05pm	6	\$89.50/\$99
140100-81	RRC	W-2	7/26-9/6	Th	9:15-9:50am	7	\$104.50/\$114
140100-82	RRC	W-2	7/27-9/7	F	9:15-9:50am	7	\$104.50/\$114
140100-83	RRC	W-2	7/27-9/7	F	6:30-7:05pm	7	\$104.50/\$114
140100-89	RRC	W-2	7/25-9/5	W	5:30-6:05pm	7	\$104.50/\$114

3 YEARS OLD

140110-67	RRC	3-4	4/19-5/31	Th	10-10:50am	7	\$132.50/\$146
140110-68	RRC	3-4	4/20-6/1	F	10-10:50am	7	\$132.50/\$146
140110-69	RRC	3-4	4/17-5/29	Tu	5:30-6:20pm	7	\$132.50/\$146
140110-70	RRC	3-4	4/20-6/1	F	5:30-6:20pm	7	\$132.50/\$146
140110-71	RRC	3-4	4/18-5/30	W	5:30-6:20pm	7	\$132.50/\$146
140110-74	RRC	3-4	6/7-7/19	Th	10-10:50am	7	\$132.50/\$146
140110-75	RRC	3-4	6/8-7/20	F	10-10:50am	7	\$132.50/\$146
140110-76	RRC	3-4	6/5-7/17	Tu	5:30-6:20pm	7	\$132.50/\$146
140110-77	RRC	3-4	6/8-7/20	F	5:30-6:20pm	7	\$132.50/\$146
140110-78	RRC	3-4	6/6-7/18	W	5:30-6:20pm	6	\$113.50/\$124
140110-82	RRC	3-4	7/26-9/6	Th	10-10:50am	7	\$132.50/\$146
140110-83	RRC	3-4	7/27-9/7	F	10-10:50am	7	\$132.50/\$146
140110-84	RRC	3-4	7/24-9/4	Tu	5:30-6:20pm	7	\$132.50/\$146
140110-85	RRC	3-4	7/27-9/7	F	5:30-6:20pm	7	\$132.50/\$146
140110-86	RRC	3-4	7/25-9/5	W	5:30-6:20pm	7	\$132.50/\$146

4-6 YEARS OLD

140120-66	RRC	4-6	4/18-5/30	W	3:30-4:20pm	7	\$132.50/\$146
140120-67	RRC	4-6	4/19-5/31	Th	11-11:50am	7	\$132.50/\$146
140120-68	RRC	4-6	4/20-6/1	F	11-11:50am	7	\$132.50/\$146
140120-69	RRC	4-6	4/18-5/30	W	4:30-5:20pm	7	\$132.50/\$146
140120-70	RRC	4-6	4/19-5/31	Th	3:30-4:20pm	7	\$132.50/\$146
140120-71	RRC	4-6	4/19-5/31	Th	4:30-5:20pm	7	\$132.50/\$146
140120-72	RRC	4-6	4/20-6/1	F	3:30-4:20pm	7	\$132.50/\$146
140120-74	RRC	4-6	6/7-7/19	Th	11-11:50am	7	\$132.50/\$146
140120-75	RRC	4-6	6/8-7/20	F	11-11:50am	7	\$132.50/\$146
140120-76	RRC	4-6	6/6-7/18	W	3:30-4:20pm	6	\$113.50/\$124
140120-77	RRC	4-6	6/6-7/18	W	4:30-5:20pm	6	\$113.50/\$124
140120-78	RRC	4-6	6/7-7/19	Th	3:30-4:20pm	7	\$132.50/\$146
140120-79	RRC	4-6	6/7-7/19	Th	4:30-5:20pm	7	\$132.50/\$146
140120-80	RRC	4-6	6/8-7/20	F	3:30-4:20pm	7	\$132.50/\$146
140120-81	RRC	4-6	7/25-9/5	W	11-11:50am	7	\$132.50/\$146
140120-82	RRC	4-6	7/26-9/6	Th	11-11:50am	7	\$132.50/\$146
140120-83	RRC	4-6	7/27-9/7	F	11-11:50am	7	\$132.50/\$146
140120-84	RRC	4-6	7/25-9/5	W	3:30-4:20pm	7	\$132.50/\$146
140120-85	RRC	4-6	7/25-9/5	W	4:30-5:20pm	7	\$132.50/\$146
140120-86	RRC	4-6	7/26-9/6	Th	3:30-4:20pm	7	\$132.50/\$146
140120-87	RRC	4-6	7/26-9/6	Th	4:30-5:20pm	7	\$132.50/\$146
140120-88	RRC	4-6	7/27-9/7	F	3:30-4:20pm	7	\$132.50/\$146

ROLLIE POLLIE MORNING DROP-IN

Bring your preschooler for a fun and active morning. The gym will be open for free play for you and your child to run, climb, flip, and interact with other children. **\$7 drop in fee.** Instructor: Maestas

CLASS#	LOC	DATES	AGE	DAY	TIME	#CLSS	\$(RES/NR)
140105-10	RRC	4/4-5/30	1-6	W	9:30-11:30am	1	\$7/\$7
140105-11	RRC	7/25-9/5	1-6	W	9:30-11:30am	1	\$7/\$7

Martial Arts Classes

KARATE

Karate teaches self-defense, self-discipline, self-control, poise, and politeness. This class offers a chance to advance as you learn more skills. Earn colored belts by testing and paying an additional fee. *The proper uniform, a white Gi, may be purchased from the instructor, but are not mandatory.* Instructor: Nakaya

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161150-58	CRC	6-65	5/10-5/31	Th	6:30-7:45pm	4	\$40/\$44
161150-73	CRC	6-65	6/7-7/12	Th	6:30-7:45pm	6	\$46/\$50.75
161150-86	CRC	6-65	7/19-8/23	Th	6:30-7:45pm	6	\$46/\$50.75

NINJA CAMP

No martial art experience necessary. Students will learn the techniques of ninjas. They will practice with kid-safe ninja weapons including nunchucks, sword, sai, bo, and more! The benefits of this course include improved coordination, confidence, and discipline—all while having a blast! *Participants must wear sneakers to participate. For more information visit redtigerkarate.com or call 817-845-1557.* Instructor: Margach

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
160175-65	RRC	6-12	6/25-6/28	M-Th	12:30-2pm	4	\$65/\$71.50

RED TIGER KARATE

Learn American karate in this white through black belt program that runs year-round. The junior program develops self-esteem, positive behavior, academic achievement, and respect for others. In addition to practicing karate techniques, abduction prevention training and bully self-defense skills are integrated into the lessons. Adult classes focus on street self-defense, fitness, and personal development. Benefits of the program will reach beyond the class by improving everyday focus and quality of life, while reducing daily stress. *White uniform (\$30) required and may be purchased in class. For more information visit redtigerkarate.com or call 817-845-1557.* Instructor: Margach

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Rosemeade Rec Center							
160170-86	RRC	5-7	6/15-8/10	F	6-7pm	9	\$60/\$66
160170-87	RRC	8-12	6/15-8/10	F	7-8pm	9	\$60/\$66
160170-88	RRC	13+	6/15-8/10	F	8-9pm	9	\$60/\$66
Crosby Rec Center							
161170-86	CRC	5-7	6/12-8/7	Tu	6-7pm	9	\$60/\$66
161170-87	CRC	8-12	6/12-8/7	Tu	7-8pm	9	\$60/\$66
161170-88	CRC	13+	6/12-8/7	Tu	8-9pm	9	\$60/\$66



KUNG FU

Wah Lum Northern Praying Mantis Kung Fu is a traditional Chinese martial arts system. Our program focuses on many aspects within our style of Kung Fu including forms, weaponry, self-defense, body strengthening, and flexibility. There is no better way to get in shape than learning a 400-year old art. Come join our Wah Lum Family! *No class 5/4.* Instructor: Mui

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
Adult Class							
160130-35	RRC	13+	5/1-5/29	Tu/F	6:15-7:15pm	8	\$75/\$82.50
160130-40	RRC	13+	6/1-6/22	Tu/F	6:15-7:15pm	7	\$75/\$82.50
160130-50	RRC	13+	7/10-7/31	Tu/F	6:15-7:15pm	7	\$75/\$82.50
160130-60	RRC	13+	8/3-8/31	Tu/F	6:15-7:15pm	9	\$75/\$82.50
Kids Class							
160135-35	RRC	6-12	5/1-5/29	Tu	5:30-6:15pm	5	\$50/\$55
160135-40	RRC	6-12	6/5-6/19	Tu	5:30-6:15pm	3	\$50/\$55
160135-50	RRC	6-12	7/10-7/31	Tu	5:30-6:15pm	4	\$50/\$55
160135-60	RRC	6-12	8/7-8/28	Tu	5:30-6:15pm	4	\$50/\$55

DROP IN>> TAI CHI

Tai Chi is an internal exercise program which consists of slow, relaxed, flowing, and balanced movements. There are many health benefits to practicing Tai Chi including increase in energy, improved balance, and strength. Some aspects of our program include meditation, stretching, and empty-hand and weapon forms in the Yang and Chen styles. *\$15 Drop in fee.* Instructor: Mui

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
161010-35	CRC	13+	5/2-5/30	W	6-7pm	5	\$45/\$49.50
161010-40	CRC	13+	6/6-6/20	W	6-7pm	3	\$45/\$49.50
161010-50	CRC	13+	7/11-7/25	W	6-7pm	3	\$45/\$49.50
161010-60	CRC	13+	8/1-8/29	W	6-7pm	5	\$45/\$49.50

DROP IN>> TAI CHI FOR SENIORS

Tai Chi is an internal exercise program which consists of slow, relaxed, flowing, and balanced movements. There are many health benefits to practicing Tai Chi including increase in energy, improved balance, and strength. Some aspects of our program include meditation, stretching, and empty-hand and weapon forms in the Yang and Chen styles. *\$15 Drop in fee.* Instructor: Mui

CLASS #	LOC	AGE	DATES	DAY	TIME	#CLSS	\$(RES/NR)
162015-35	SRC	13+	5/5-5/26	Sa	9:15-10:15am	4	\$45/\$49.50
162015-40	SRC	13+	6/2-6/23	Sa	9:15-10:15am	4	\$45/\$49.50
162015-50	SRC	13+	7/14-7/28	Sa	9:15-10:15am	3	\$45/\$49.50
162015-60	SRC	13+	8/4-8/25	Sa	9:15-10:15am	4	\$45/\$49.50

Oak Creek Tennis Center

2531 Oak Creek Drive • 972-466-6389 • oakcreektenniscenter.com

Oak Creek Tennis Center (OCTC), conveniently located northwest of the Dallas North Tollway and President George Bush Turnpike, features 12 lighted hard courts with shaded spectator and court benches. Our Pro Shop includes racquets, stringing, accessories, and snacks. The City of Carrollton prides itself on having one of the premier full-service municipal tennis facilities in North Texas.

OCTC has several U. S. Professional Tennis Association (USPTA) certified tennis professionals on staff. A full array of adult and junior programs, tournaments, and special events are held year-round. It is home to numerous men's, women's, mixed, and senior teams competing in United States Tennis Association (USTA), Tennis Competitors of Dallas (TCD), and Metro league play and is also home to local middle school and high school teams.

Hours

Spring Hours (Ends June 3)

Monday-Thursday 8:30am-10pm
 Friday 8:30am-8pm
 Saturday 8:30am-6pm
 Sunday 10am-7pm

Summer Hours (Begins June 4)

Monday-Thursday 8am-10pm
 Friday 8am-8pm
 Saturday 8am-6pm
 Sunday 10am-7pm

The OCTC reserves the right to close due to inclement weather and/or lack of court demand. Players should call 972-466-6389 (option 1) for the status of programs.

Facility Use Prices

Court Fees

	Resident	Non-resident
Adult & Youth	\$2.50	\$4

Court fees are per person and are limited to 1½ hours. Reservations are accepted up to 48 hours in advance.

Ball Machine Rental

	Resident	Non-resident
1 Hour	\$14	\$17
30 Day Pass	\$50	\$55

Ball machine rental includes court fees for one person. Additional family members may join at no charge. Additional non-family members will incur regular court fee charges. Reservations are accepted up to 48 hours in advance.

Satellite Court Fees

	Resident	Non-resident
1 Hour/Court	\$2	\$3.50

The City of Carrollton offers 17 neighborhood outdoor tennis courts. Courts at unstaffed parks are available on a first come, first served basis. Tennis court usage is free at all neighborhood sites as a walk-on. However, if you would like to ensure a reservation, all courts may be reserved in one-hour increments at the Tennis Center. The courts are available during park hours, which are 5am to 10:30pm daily. Lights are available at all facilities. Parks and Recreation tennis classes may be scheduled at court locations; signage regarding class schedules will be posted at the courts when applicable. Reservations are accepted up to 48 hours in advance.



Pro Shop/Racquet Servicing

OCTC carries Prince™, Head™, Wilson™, and Babolat racquets, strings, grips, and accessories at competitive prices. United States Racquet Stringers Association (USRSA) certified master racquet technicians on staff provide complete racquet servicing for all your stringing needs. Stringing is generally completed within three days. Stringing labor is \$12. A 24-hour express fee is available for an additional \$5. Racquet rentals are available for \$5.

Private Lessons

OCTC has several USPTA certified professionals on staff available for private lessons. Unable to find an adult or junior class that fits your schedule? Inquire about our private group rates. To schedule a private lesson, call 972-466-6388.

Adult Team Tennis

OCTC is home to numerous men's, women's, mixed, and senior teams competing in USTA, TCD, and Metro league play. Call 972-466-6388 if you are interested in joining an existing team or starting a new one.

Adult Tennis Classes

The OCTC Adult Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or cancelled two days prior to the start date.

- Classes missed by inclement weather or on your own account may only be made-up based on availability. Please contact OCTC first to check availability for any make-up classes.
- All class make ups must be completed during the current session.
- Inclement weather cancellations that cannot be made up will be issued a credit at the conclusion of the session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

1 hour class: Resident: \$63; Non-resident: \$70

1½ hour class: Resident: \$90; Non-resident: \$100

Drop ins allowed based on availability and pro approval.

10% resident discount

1 hour class: \$15 Res/\$17 NR • 1½ hour class: \$22 Res/\$24 NR

Session 1: May 7-June 9

*No class on May 28

Session 2: June 11-July 14

*No class on July 4

Session 3: July 16-August 18

Classes meet once a week for five weeks.

BEGINNER: NTRP 2.0 - 2.5

Monday	6-7pm
Tuesday	6-7pm
Wednesday	6-7pm
Thursday	6-7pm
Saturday	9-10am

ADVANCED BEGINNER: NTRP 2.5 - 3.0

Monday	6-7pm
Tuesday	6-7pm
Wednesday	6-7pm
Thursday	6-7pm
Saturday	9-10am

INTERMEDIATE: NTRP 3.0 - 4.0

Monday(Intro Int)	7-8:30pm
Tuesday	7-8:30pm
Wednesday	7-8:30pm
Thursday	7-8:30pm
Saturday	10-11:30am
Saturday	11:30am-1pm



ADVANCED DRILLS (NTRP 4.0+)

(Prerequisite: Intermediate Class or Pro Approval)

A variety of high-octane drills conducted by USPTA certified tennis professionals are specifically geared for players who have dependable strokes with directional control. Fast-paced drills are excellent for league and tournament players wanting to hit balls.

- Sign up online at least one hour before the drill or stop by OCTC to register. Pre-registration is strongly encouraged.
- Class minimum is three players. If the drill consists of only three players, the drill will be shortened to one hour.

DAY	TIME	LEVEL	\$(RES/NR)
Monday	7-8:30pm	4.0 and above	\$16/\$18
Wednesday	7-8:30pm	4.0 and above	\$16/\$18
Saturday	1-2:30pm	4.0 and above	\$16/\$18

CARDIO TENNIS (NTRP 3.5-4.0)

This fast-paced drill is sure to get you moving! The Cardio Tennis Drills will keep you on your toes for the entire hour and a half.

- Sign up online at least one hour before the drill or stop by OCTC to register.
- Pre-registration is strongly encouraged.
- Class minimum is three players. If the drill consists of only three players, the drill will be shortened to one hour.
- Drills meet every Monday and Wednesday (except on holidays).

DAY	TIME	LEVEL	\$(RES/NR)
Monday	7-8:30pm	3.5-4.0	\$16/\$18
Wednesday	7-8:30pm	3.5-4.0	\$16/\$18

Adult Tennis Events

"1ST FRIDAY" DOUBLES MIXER

No partner is necessary since we provide the pairings for you. Players are grouped according to NTRP level (2.5-5.0). Format consists of timed rounds of progressive partner doubles. Snacks, soft drinks, and prizes are provided.

- Sign up online at least one hour before the drill or stop by OCTC to register. Pre-registration is strongly encouraged.
- If not enough registrants sign up, cancellation will be one day before the mixer starts.

Join us on the first Friday of each month (5/4, 6/1, 7/6, 8/3) for these popular events.

DAY	TIME	LEVEL	\$(RES/NR)
1 st Friday	6:30-9pm	All	\$16/\$18

Adult Tennis Leagues

SINGLES LEAGUES

Play the best of three sets, no-ad scoring, with a match tiebreak (first to 10 points by a margin of two) in lieu of a third set. A maximum time limit of 1½ hours is enforced. Awards are presented to division winners. League champions are eligible to move up to the next level and last place finishers may be required to move down one level. The number of weeks may vary based on the number of entries.*

Session 1: May 14-July 5

Session 2: July 16-September 6

** Leagues meet once a week for eight weeks.*

DATES	TIME	\$(RES/NR)
Mens 4.5-Monday	7:30-9pm	\$59/\$65
Mens 4.0-Tuesday	7:30-9pm	\$59/\$65
Mens 4.0-Thursday	7:30-9pm	\$59/\$65

Junior Tennis Camps

The OCTC Junior Program is conducted by USPTA certified tennis professionals. If minimum enrollment is not met, classes may be combined or cancelled two days prior to the start date.

- Classes missed by inclement weather or on your own account may only be made up based on availability. Please contact Oak Creek to check availability for any make-up classes.
- All class make-ups must be completed during the current session.
- Inclement weather cancellations that cannot be made up will be allowed to carry forward the make-up into the following session.
- Medical refunds will be granted at a prorated amount for the portion of the class missed if a doctor's note is provided. The amount is prorated based on the date that OCTC is notified, regardless of when the injury occurred.

Youth Tennis Camps

Players must wear athletic shoes (please bring non-marking soled shoes). Players are encouraged to wear sunscreen, wear comfortable athletic clothes, and a hat. Ice water is provided. All-day campers should bring or make arrangements for lunch. Camp-approved tennis racquets and equipment available in the pro shop!

Location: Oak Creek Tennis Center

- Fees:**
- \$50 Resident/\$55 Non-Resident per session/four 60 min. classes per week
 - \$72 Resident/\$80 Non-Resident per session/four 90 min. classes per week
 - \$117 Resident/\$130 Non-Resident per session/four 180 min. classes per week
 - \$171 Resident/\$190 Non-Resident Per session/four 300 min. classes per week
 - \$81 Resident/\$90 Non-Resident Play the Pro Weekly

WEEKLY CAMP SESSIONS:

- Session 1: June 4-7
- Session 2: June 11-14
- Session 3: June 18-21
- Session 4: June 25-28
- Session 5: July 2-6
- *No class July 4
- Session 6: July 9-12
- Session 7: July 16-19
- Session 8: July 23-26
- Session 9: July 30-August 2
- Session 10: August 6-9
- Session 11: August 13-16
- Session 12: August 20-23

TINY SHOTS TENNIS CAMP

Designed specifically for young children. Students will enjoy learning the forehand, backhand, volleys, and serve. Coordination games, tennis terms, and refreshment breaks are all part of this popular camp.

AGE	DAY	TIME	SESSIONS
4-6	M-Th	8:30-9:30am	1-12



BEGINNER CAMP (RED & ORANGE BALL)

These camps are a great way to increase tennis skills while having fun! Each camp will involve students with tennis-related drills, game play, and stroke-specific activities. Participants will be grouped by age and then by ability.

AGE	DAY	TIME	SESSIONS
7-10	M-Th	9:30-11am	1-12

SELECT TEAM CAMPS

(10 YRS & UNDER INTERMEDIATE/ADVANCED)

Players will work on stroke technique and point play in game situations under supervision of tennis staff. Games such as singles and doubles attack drills along with full court rotation will be implemented. Players may attend half-days all week (1.5 hrs/day) or whole days all week (3 hrs/day). Participants will be grouped by ability and focused on improving tournament play.

AGE	DAY	TIME	SESSIONS
7-10	M-Th	9:30am-12:30pm	1-12
7-10	M-Th	11am-12:30pm	1-12

PRE-JUNIOR AND JUNIOR DEVELOPMENT 1&2 CAMPS

Designed for players ages 11-18. Players will be divided by level and focus on improving tournament play. They will learn stroke technique and point play in game situations under supervision of tennis staff. Games such as singles and doubles attack drills along with full court rotation will be played. Players in this camp are considered to be at the Challenger level. Pre-JD will have their own court. Players may attend half-days all week (1.5-hrs/day) or whole days all week (3-hrs/day).

AGE	DAY	TIME	SESSIONS
11-18	M-Th	9:30am-12:30pm	1-12
11-18	M-Th	11am-12:30pm	1-12

PLAY THE PRO

Players will compete against the pros! Play will be drop-hit and serve-return format. Players rotate courts against different pros and accumulate points to move up in rotations. This is a fun and competitive favorite designed to inspire better match play.

AGE	DAY	TIME	CAMP SESSIONS
10-18	M-Th	6-8pm	1-12

Facilities

Senior

Library

Community

Education

The Arts

Fitness

Aquatics

Athletics

Sports

Youth Tennis Classes

MONTHLY NIGHT/WEEKEND (BEGINNER/INTERMEDIATE/SELECT TEAM/JD)

Location: Oak Creek Tennis Center

Fees: \$50 Resident/\$55 Non-Resident
per session/one 60 min. class per week

\$72 Resident/\$80 Non-Resident
per session/one 90 min. class per week

\$135 Resident/\$150 Non-Resident
per session/two 90 min. classes per week

\$180 Resident/\$200 Non-Resident
per session/three 90 min. classes per week

Prices are for four weeks. For multiple day sign-ups, be specific as to which days.

SUMMER MONTHLY 4-WEEK SESSION DATES: (AVAILABLE FOR PLAYERS UNABLE TO ATTEND MORNING CAMPS!)

Session 1	June 4-June 30
Session 2	July 2-July 28
Session 3	July 30-August 25

TINY SHOTS TENNIS

This beginner class is designed to stimulate and challenge kids to increase motor skills necessary to play tennis and other sports throughout their lives. We use USTA approved low-compression red balls, on 36' court.

AGE	DAY	TIME	SESSIONS
4-6	Sa	8:30-9:30am	1, 2, 3

RED & ORANGE BALL

Using quick start teaching methodology, basic tennis skills and games will be introduced on a 36' to 60' court using a red or orange low-compression ball. This class should be repeated until skills are developed for advancement.

AGE	DAY	TIME	SESSIONS
7-10	M	7-8:30pm	1, 2, 3
7-10	W	7-8:30pm	1, 2, 3
7-10	Sa	9:30-11am	1, 2, 3

SELECT TEAM

Students use Orange Ball on the 60' blue-line court. Class should be repeated throughout the year to develop skills and advancement. Select team members must attend a minimum of two days per week during the month to ensure skills are developing. Class is by invitation only. Contact Coach Chris with any questions regarding this policy at oakcreekjrs@gmail.com.

AGE	DAY	TIME	SESSIONS
7-10	M	7-8:30pm	1, 2, 3
7-10	Tu	7-8:30pm	1, 2, 3
7-10	W	7-8:30pm	1, 2, 3
7-10	Th	7-8:30pm	1, 2, 3
7-10	Sa	11am-12:30pm	1, 2, 3

PRE-JD & JD

This is a great way to hit the ball, gain confidence, and begin learning skills to advance to higher-level play. Should be repeated until skills are developed for advancement. Can be repeated for additional training month-to-month.

AGE	DAY	TIME	SESSIONS
11-18	M	7-8:30pm	1, 2, 3
11-18	Tu	7-8:30pm	1, 2, 3
11-18	Th	7-8:30pm	1, 2, 3
11-18	Sa	11am-12:30pm	1, 2, 3

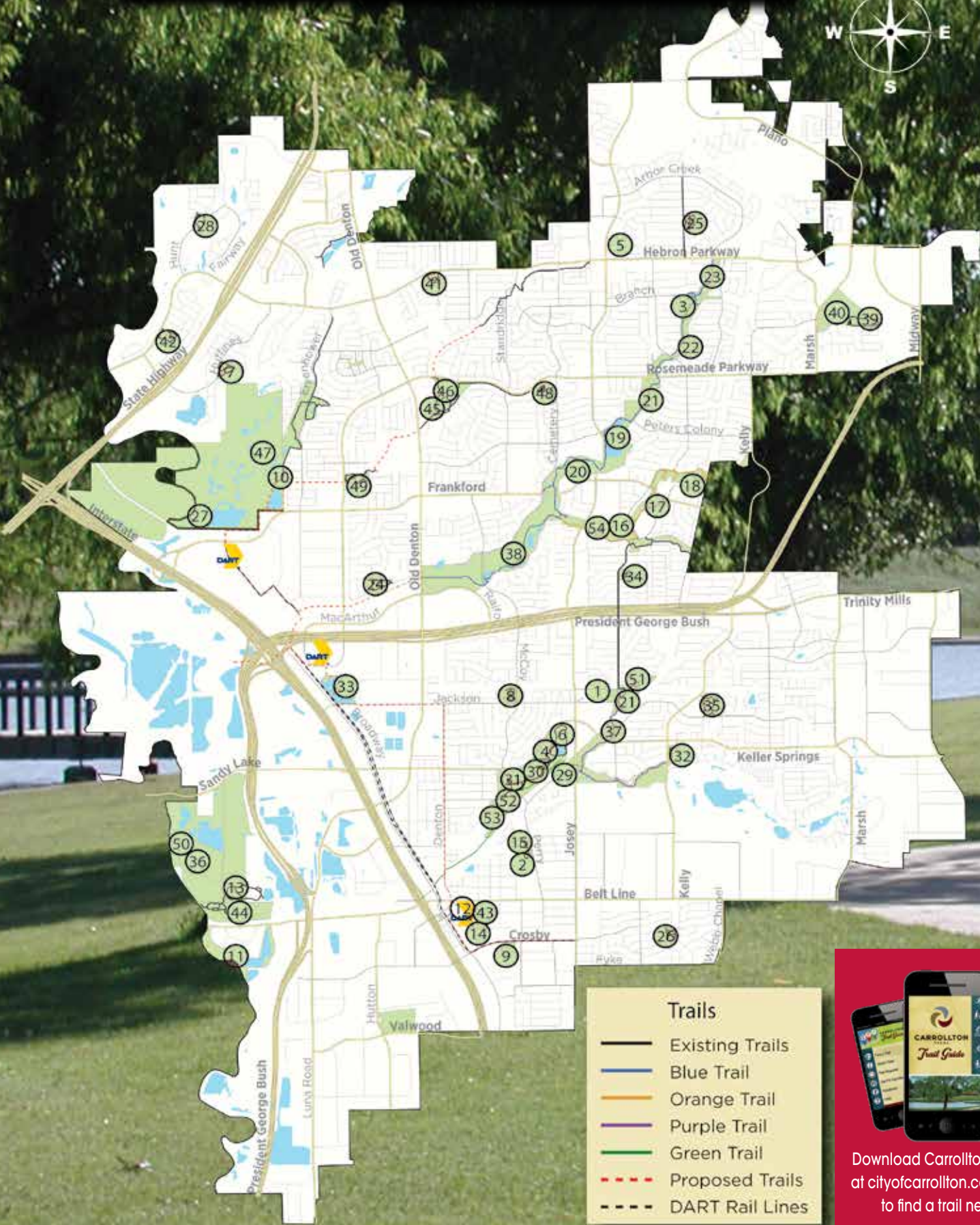
PET
photo contest

Get your cameras out, start shooting, and submit your pet's photos for a chance to be featured in the 2019 City of Carrollton calendar.

cityofcarrollton.com/petphotocontest

Visit Carrollton Leisure Facilities

You're never far from a Carrollton park or leisure facility!



Trails

- Existing Trails
- Blue Trail
- Orange Trail
- Purple Trail
- Green Trail
- Proposed Trails
- DART Rail Lines

Download Carrollton's Trail App at cityofcarrollton.com/trailapp to find a trail near you!

Looking for a **JOB?**

Check out the 2018...

METROCREST COMMUNITY **JOB FAIR**

MONDAY, MAY 7 • 12-4 PM

CARROLLTON PUBLIC LIBRARY @JOSEY RANCH LAKE

**Meet Employers • Apply for Jobs
Onsite Interviews**



To view employer list or for more information, visit cityofcarrollton.com/library.

CITY OF CARROLLTON **BOND & GENERAL ELECTION**

Elección de Bonos y Elección General de la Ciudad de Carrollton



PUBLIC SAFETY FACILITIES IMPROVEMENTS

*Mejoras a las Instalaciones de
Seguridad Pública*

\$6,250,000



PARKS & RECREATION IMPROVEMENTS

*Mejoras a las Instalaciones de
Parque y Recreación*

\$22,420,000



STREET IMPROVEMENTS

Mejoras a las Calles

\$78,010,000

On May 5, the City of Carrollton will hold a Bond Election for the propositions on the left and a General Election for Council seats 1, 3, 5, and 7.

La ciudad de Carrollton llevara a cabo una elección de bonos para las proposiciones a la izquierda y una elección general para concejales 1, 3, 5, y 7 de la ciudad de Carrollton el 5 de mayo.

cityofcarrollton.com/elections

City Election Hotline: 972-466-3030

Early voting information and May 5 Election Day voting locations

Información de votación anticipada y sitios de votación el Día de Elección, 5 de mayo

LEISURE

CALENDAR



May - August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

May

- 4 Cinco De Mayo Celebration, Josey Ranch Library, 972-466-4800
- 4 "May the 4th Be With You" *Star Wars* Event, Downtown Carrollton, 972-466-9135
- 7 Metrocrest Community Job Fair, Josey Ranch Lake Library, 972-446-4800
- 11 Art in the Park, Mary Heads Carter Park, 972-466-9815
- 12 Mother's Day Picnic & Concert, A.W. Perry Museum, 972-466-6380
- 19 Fly Fishing, Rosemeade Recreation Center, 972-466-9800
- 24 Public Works Open House and Equipment Rodeo, Josey Ranch Lake Library, 972-466-4291
- 26 Youth Fishing Day, Josey Ranch Park Pond, 972-466-9833
- 26 Movie on the Square: *Despicable Me 3*, Downtown Carrollton, 972-466-9135



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

June

- 2 Elm Fork Nature Preserve, inside McInnish Park, 972-466-3080
- 7 Summer Reading Program Kickoff, Carrollton Public Library, 972-466-4800
- 8 Kickoff: Family Concert with Jim Gill, Senior Center, 972-466-4850
- 8 Movie on the Lawn: *Little Shop of Horrors* (1960) A.W. Perry Museum, 972-466-6380
- 9 Movie on the Square: *Justice League*, Downtown Carrollton, 972-466-9135
- 15 Pool Pass Holders' Party (season pass holders only), Rosemeade Rainforest, 972-466-9833
- 16 The Lava Luau, Downtown Carrollton, 972-466-9135
- 23 Concert on the Square, Downtown Carrollton, 972-466-9135



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

July

- 3 Fourth of July Concert, Senior Center, 972-466-4850
- 4 Community Fireworks Display over Josey Ranch Lake at 9:30 p.m., 972-466-3593.
- 4 Pool will be open, Recreation Centers and Libraries will be closed.
- 7 Movie on the Square: *Wonder*, Downtown Carrollton, 972-466-9135
- 13 Swim-in Cinema: *Moana*, Rosemeade Rainforest, 972-466-9833
- 21 Concert on the Square, Downtown Carrollton, 972-466-9135



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August

- 4 Carrollton Fire Rescue Pipe and Drum Corps, Josey Ranch Library, 972-466-4800
- 10 Swim-In Cinema: *Wreck-It Ralph*, Rosemeade Rainforest, 972-466-9833
- 11 Movie on the Square: *Coco*, Downtown Carrollton, 972-466-9135
- 17 Summer Reading Program Finale, Rosemeade Rainforest, 972-466-4800
- 23 Back to School Party, Hebron & Josey Library, 972-466-4800
- 25 Concert on the Square, Downtown Carrollton, 972-466-9135

