



Join us anytime for a fun-filled fitness adventure!
This is a calorie burning fitness class with a Latin flavor.
Through International Latin rhythms you will tone your core, elevate your heart rate and strengthen your body.

No dance experience necessary.

Tuesdays & Thursdays 6-7pm

JUNE JULY AUGUST

Tues - \$18.75 for 3 classes Tues - \$31.25 for 5 classes Tues - \$25 for 4 classes Thur - \$18.75 for 3 classes Thur - \$31.25 for 5 classes Thur - \$25 for 4 classes

Try the class for an \$8 drop-in fee.

Classes are held at Crosby Recreation Center
1610 E. Crosby Rd. Carrollton, TX 75006
972-466-9810
Register online at www.cityofcarrollton.com/signupnow

