



# FAT BURNING FITNESS

**\$8**  
Drop-In

Tired of exercise that doesn't get results?  
You owe it to yourself to try this class.  
Great music, easy to follow, burns fat like crazy,  
and tones, tones, tones! Great mix for  
targeting abs and fannies, and  
good stretches for cool down.

**Tuesdays**  
**7-8PM**  
**@ RRC**

#130120-10	1/6-2/17	7 weeks	\$50/\$55
#130120-30	3/10-4/21	7 weeks	\$50/\$55