

## Ditch the Workout, Join the Party!

## Class Times

 Tuesdays
 2:15 pm to 3:15 pm

 Thursdays
 2:15 pm to 3:15 pm

Zumba Gold is specially designed for older and deconditioned adults.

Same fun and flavor as regular Zumba classes.

Patrons must be 50 years or older to attend this class.

## First class is free!

8 class punch card \$16 for residents/\$17.50 for non-residents \$2 drop in fee for residents/\$2.25 for non-residents

Carrollton Senior Center
1720 Keller Springs
972-466-4800
www.cityofcarrollton.com/parksandrec

